

A Matter of Balance

1994-1995 Fraternity Directory

# What

Life is full of "What ifs..."

What if you had never struck up a conversation with that cool guy in Psych 101? You could be married to someone else!

What if you hadn't managed to make a good impression on that job interview when you were coming down with the flu? You could be unemployed.

What if...you hadn't pledged Kappa? ...hadn't had two darling children?...hadn't been successful in your own business? What if?

The "what ifs?" of life are the risks we take every day. They are the fun risks of trying new things, the serious risks of investing money and effort, the dangerous risks of too much — too much speed, too much alcohol, too much time spent in unhealthy relationships.

But wouldn't life be dull if we never took risks! There would never be that trip to the Far East, hang-gliding, making money in the stock market, plunging into a career change, leading the fight against a toxic-waste dump, choosing the right man, buying a house, raising beautiful, intelligent children. How much of life would be missed if we never took risks, never walked "the road less traveled."

What a risk it was for young women to enter college in the mid-nineteenth century. The conventional wisdom of the time stated that women could not handle the rigors of academic life and, indeed, some credence was given to the notion that their brains would explode under the pressure. But enter they did, proceeding to demonstrate women's equal capacity and fitness for intellectual pursuits. Was there some trepidation, some feeling of taking a risky step, when six young women walked into chapel at Monmouth College as founding members of a women's fraternity? The 162,000 members who followed continue to take risks in their homes, work, and

many aspects of their daily lives. Kappa standards and the leadership of Kappa women continue to provide guidelines and empowerment to manage the risks we take by choice or circumstances. Taking a risk can be the most positive step of your life, rather than the most dangerous, if you take care to minimize hazards and maximize adventure.

Wouldn't it be great if Kappa's Risk Management Program could be

adapted to all the risks in life? Well, why not! Why can't we develop our personal EPF (Event Planning Form)? After all, a good financial adviser will tell you about the downside of an investment, as well as the potential profit. A good real estate agent will help you balance a great view against a possibly leaky basement. Par-

ents and friends may point out that the cool guy is often seen with some truly un-cool people. And the exhilaration of hang-gliding may be a bit rash for someone who hasn't an athletic bone in her body.

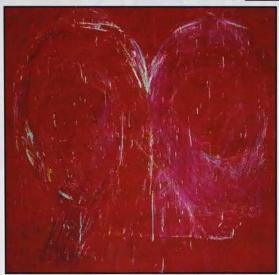
Determining if a risk is worth taking is rather like learning to walk on a balance beam. You may teeter and fall while others move smoothly across. You may also lose money on a stock purchase, slide softly to earth from your hang-gliding experience, see the Orient through mist

and rain, move to a better job or a more comfortable home. Each risk taken will teach you something. Each near miss or close encounter, success or failure, makes it a little easier to strike the right balance the next time you try.

Taking a risk and having it come to an exciting and successful conclusion depends on you. Investigate the variable factors — good and bad. Learn the necessary skills. Ask someone who has been there. Get the facts and impressions. Find a mentor. Get to know the person or people involved. Devote time, effort, attention, thought, and probably prayer to creating a positive experience.

And then jump in with both feet. Give it your all. Enjoy! You only pass this way once; make the most of it. Make an informed decision and go for it instead of looking back and asking, "What if...?"

- Lois Catherman Heenehan, Adelphi



Artist receives NEA grant Page 14



Convention coverage Page 36

#### **FEATURES**

Risky Business	
Handling the "What Ifs?"	
Women and HIV/AIDS	(
Taking control can save your life	
Balance Today's Income Against Future Needs .	8
Start a savings plan you can live with	
Are You Fiscally Fit?	8
Don't let credit cards get you off balance	
Not Only in Other People's Families	10
The problems of eating disorders hit home	
Helping the Children of Gasinci	1
First-hand tour of a Bosnian refugee camp	
Perfecting the Art of Balance	13
Why women can perform the ultimate juggling act	

#### **DEPARTMENTS**

Foundation	14
Profiles	16
Fraternity News	36
Kappas on Campus	
In Memoriam	47
Accent on Alumnae	48
Through the Keyhole	54

#### SPECIAL SECTION

Fraternity	Directory	y	.21

#### The first college women's fraternity magazine published continuously since 1882.

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#### ON THE COVER

Balance is part of life for Allyson Mehta, *Ohio State*. (See page 19). Cover photograph by KS Studios Inc./Mark Romesser

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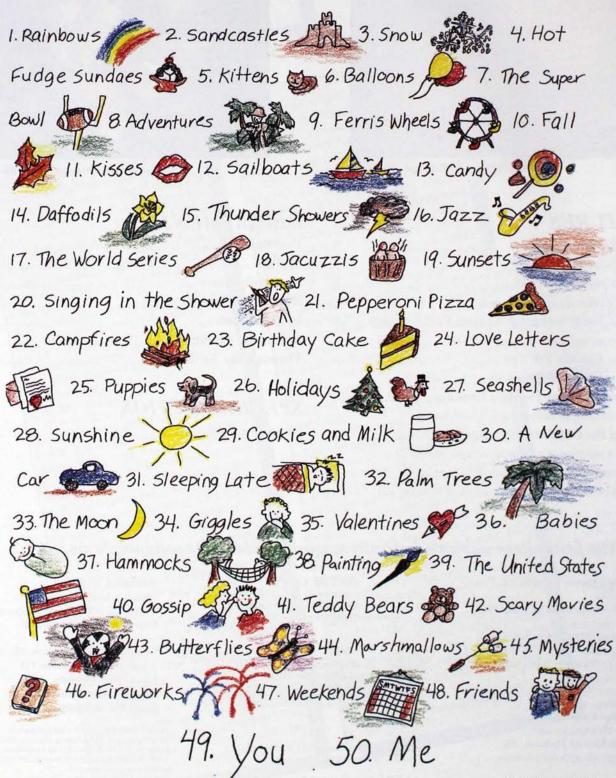
The Key (ISSN 1063-4665) is published quarterly for \$3.00 by Kappa Kappa Gamma Fraternity, 530 E. Town St., Columbus, OH 43215. Printed in the United States of America, copyright Kappa Kappa Gamma Fraternity 1994. Second-class postage paid at Columbus, OH.

POSTMASTER: Send address changes to:

The Key P.O. Box 308 Columbus, OH 43216.

National Panhellenic Editors Conference

# 50 GOOD REASONS NOT TO DRINK AND DRIVE



Used with permission from Mothers Against Drunk Driving

# isky usiness Balancing the ups and downs of event planning

Pilar Creveling, Oklahoma, finally started to relax.

As Social Chairman, Pilar had spent much of the day preparing for Beta Theta Chapter's fall party. Chapter members and their guests had arrived at the off-campus party location on chartered buses; a third-party vendor was checking IDs and issuing wrist-bands to those over 21, signifying their ability to legally drink; the security guards were accounted for and in place; and the band had started to play under the warm September sky.

With her "risk management ducks in a row," Pilar began to enjoy the party. Then, out of the corner of her eye, she saw a woman and man who held a clipboard talking with the chapter President.

Pilar's heart was in her throat. The two strangers were law enforcement agents from the State of Oklahoma Alcohol Beverage Laws Enforcement (ABLE) and they had come to "raid" the party.

"When I realized who we were dealing with and the seriousness of their presence, I almost panicked," Pilar says. "If they found anything illegal happening at this party, not only would the individual offenders be looking at penalties from fines to felonies, but also several chapter officers, including myself, would be held accountable for the chapter's negligence."

But the 21-year-old young woman had spent weeks preparing for the party, conscientiously following the Fraternity's Event Planning Form (EPF) and Pilar used the paper to document the precautions she had taken.

"I introduced myself to the ABLE Commission agents as the Social Chairman and asked if I could clear up any questions they had about the party," Pilar recalls. "I introduced them to the security guards and showed them the bracelets the bartender was placing on guests of legal drinking age. I explained that each of our members had signed a social contract stating they would obey all local, state, and federal laws regarding the purchase and consumption of alcohol."

The state agents toured the party, randomly checked a few IDs, and left satisfied that the young women in charge were running a legal and responsible event.

Pilar went back to enjoying her evening.

#### Controlling the "What ifs?"



The members of Beta Theta Chapter were not lucky - they were smart.

Using the Fraternity's EPF, they had organized the evening to be entertaining not legally challenging. They had thought of all the "What ifs?" and covered all their bases. Pilar and her chapter learned there really is a reason for the Fraternity's Risk Management Policy.

"Today the impact of unwise decisions has all sorts of ramifications," says Regional Director of Chapters Patricia (Patty) Coffee Gesell, Penn State. "As sisters we need to show care and concern for each other in planning mutual events. This is the basis of the Risk Management Policy."

While the EPF began as a tool to manage the risk of lawsuits and bad publicity from poorly-planned Fraternity functions, Kappa Kappa Gamma's risk management policies involve much more than the avoidance of legal liability. "True risk management is each member's responsibility to do the right thing," Patty says.

Jean Schmidt, Miami (Ohio), concurs. A practicing attorney and Chairman of the Long Range Planning Committee, Jean wrote in a 1993 newsletter, "As Kappas we have committed ourselves to certain standards things we stand for and are committed to friendship, mutual support, attainment of individual and social excellence, and understanding of and allegiance to positive ethical principles, adherence to local, state/provincial and federal laws. We each have a responsibility to conduct ourselves in a way that exemplifies and adheres to those standards."

Just as a Kappa would pull a sister out of the way of a speeding car, members have a responsibility to keep each other from engaging in dangerous behavior, Jean says, including insisting that underage members not drink and that members who have been drinking not drive.

#### **Get Real**



Some might argue, "Get real!" But running a reality check highlights some frightening facts.

- · Alcohol-related traffic fatalities are the leading cause of death among 16- to 24-year-olds. Alcohol-related drownings are second.
- Of the nation's 12 million college students, estimates predict between 240,000 and 360,000 will die this year from alcohol-related causes.
  - Over 120,000 students in this year's

freshman class will drop out as a result of alcohol-related problems.

• Collegians consume 4,000,000,000 cans of beer a year - enough to stretch 70,000 miles beyond the moon.

In addition, a recent report from the Commission on Substance Abuse at Colleges and Universities found that:

- 95 percent of violent crimes and 53 percent of injuries on campuses are alcohol related.
- In 90 percent of all campus rapes, the assailant, the victim, or both had been drinking.
- 51 percent of college men and 37 percent of college women reported going on drinking binges - five or more drinks at one time - in the previous two weeks.
- Students spend \$5.5 billion on alcohol each year, more than on books, coffee, tea, sodas, and other drinks combined.

At some campuses, the Greek system is literally partying itself out of existence. Increasingly, underage members are injured after being served alcohol at a fraternity or quasifraternity function. In addition to the psychological trauma of the loss or injury of a chapter member, fraternities are facing lawsuits and legal battles. A recent Alabama state law calls for criminal prosecution of anyone over the age of 18 responsible for planning or holding an event where party-goers under the legal drinking age are served alcohol. At Northwestern University a continuing series of alcohol-related injuries and deaths associated with fraternity and sorority parties prompted the NU vice president for student affairs to prohibit the entire Greek system from sponsoring social activities until chapters submit risk management policies - and those policies receive approval.

#### Alumnae at risk as well



It's not just collegiate chapters that need to be involved in risk management.

"The concept of Kappas accepting responsibility for sister Kappas is true for alumnae members as well," says Director of Alumnae Marilyn Nichols Bullock, Kansas State. "Kappas just shouldn't let Kappas drive drunk."

# 12 oz. Beer = 4 oz. Wine = 1 oz. 100 Proof Hard Liquor

A drink is a drink is a drink.

Whether you are sipping a gin and tonic or a wine cooler, your beverage contains a form of alcohol called ethanol.

The amount of ethanol varies in different beverages. One ounce of 100 proof distilled spirits ("hard" liquor), four ounces of wine, and 12 ounces of beer all contain roughly the same amount of ethanol - the approximate amount a person can metabolize in one hour. These amounts are known as a standard drink.

But not all drinks are standard. Uncle Joe may have a heavy hand with the bourbon bottle, pouring more than one ounce into a glass. Likewise, Aunt Mary may drink a wine cooler with almost twice the alcohol as four ounces of wine, and Cousin Jim may slake his thirst with an "ice" beer - a newly marketed drink often with more alcohol by volume than standard beer.

Once consumed, the ethanol becomes part of your bloodstream and is expressed as your blood alcohol concentration (BAC). The average body contains five quarts of blood; BAC is the percentage of alcohol in those five quarts. In most states a BAC of .10 is the legal level of intoxication (it's even lower in Canada) and some states have lowered the rate to .08. The ethanol remains in the bloodstream until it is metabolized by the body. This takes time. Only time can reduce your BAC not coffee, exercise or cold showers.

BAC is measured scientifically with a breathalyzer or blood or urine test. But you can roughly estimate BAC based on a person's weight, number or standard drinks consumed, and length of time spent drinking.

Consider this:

- · A 120-pound woman who consumes three drinks in an hour would have a BAC of .095 — close to if not over the legal limit. But her level falls to .065 if she spreads the drinks over three hours.
- A 180-pound man who consumes three drinks in one hour would have a BAC of .045. But his level falls to .015 if he spreads the drinks over three hours.

Dangerous BAC levels can arise from drinking too quickly, chug-a-lugging, and chain drinking, leading to acute alcohol intoxication - poisoning of the blood from alcohol. Those unused to drinking alcohol, on medication, or with a low body weight are also at risk. Vomiting and "passing out" are the first stages of the poisoning. In reality, your body is not "sleeping it off," but shutting down from the effects of the poison - alcohol.

Binge drinking can impair critical thinking skills for up to 30 days. Likewise, a serious alcohol spree may damage a fetus if you are pregnant. Large amounts of alcohol in a short period of time are dangerous - even if you aren't driving.

# The facts are that women

# are more susceptible to

# alcohol-related problems

# from less alcohol and

# shorter drinking

# histories than are men

With social host laws common, alumnae associations and ultimately the Fraternity could also face lawsuits if a member or her guest consumes an excess of alcohol at an association event and either is injured or injures someone else while driving later. Potential liability increases for an association - as it does for a chapter - if the event is held at a member's home and there is not a thirdparty vendor involved in the sale of alcohol. The premise of social host laws is that if someone is going to provide alcohol to guests, then the host can be held responsible for the actions of that guest if the alcohol is provided or served improperly.

While drunk-driving awareness has pushed substance abuse to the forefront of risk management, women need to consider other risks involved with the use of alcohol.

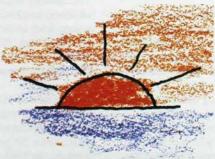
- · While college women are now drinking at "parity" with college men roughly 35 percent of both men and women now drink to get drunk - the generally smaller-bodied women will have increased impairment and run a greater risk of alcohol damage from the same number of drinks.
- Because women have a higher total of body fat and lower total body water than do men, women achieve higher blood alcohol concentration (BAC) levels from the same number of drinks.
- · Women's internal organs are generally smaller than those of men. It takes a woman's liver longer to metabolize alcohol.
- Women have half the alcohol dehvdrogenase (ADH) - the stomach

enzyme that helps eliminate alcohol from the body - than do men, heightening a woman's susceptibility to the effects of drinking.

· Fluctuating hormonal levels during a woman's menstrual cycle affects the rate of alcohol metabolism, making women more vulnerable to high BAC rates.

The facts are that women are more susceptible to alcohol-related problems from less alcohol and shorter drinking histories than are men. Yet women are trying to "keep up" and achieve "equality" in this dangerous area. Alcohol abuse can lead to dangerous consequences in addition to repercussions from drunk driving, including unplanned sexual activity, date rape, exposure to HIV/AIDS, blood alcohol poisoning, and death.

#### Responsible decisions



While the facts are frightening, the response from Kappa chapters has been heartening. "Following risk management policies is a chapter decision," Patty Gesell states. "The chapters are self-governing. We need to help them make responsible decisions."

As 1992-94 Risk Management Chairman, Patty helped chapters identify risks and revise events. With increased education, the collegians understand the problems. Patty cited several examples:

- · At Cornell University, members of Psi Deuteron Chapter decided during a party weekend that their tent would be alcohol-free. The entire chapter, including those over 21, proved you don't have to drink to have fun.
- Kappas at Washington and Lee University committed to risk management policies after the friend of a Zeta Tau Chapter member was killed in an alcohol-related accident.
- Delta Delta Chapter members at McGill University have been outstanding in adapting risk management issues to Canadian law.
- Members of Gamma Chi Chapter at George Washington University in Washington, D.C., and Gamma Iota Chapter at Washington University in St. Louis have taken advantage of the many interesting sites in their cities to plan outside functions where the location not the liquor is the focus of the party.
- · Officials at Iowa University applauded steps taken by Beta Zeta Chapter to develop procedures which restrict parties to invited guests only.

Back in Norman, Okla., Beta Theta Chapter is continuing its education in risk management. "We invited the ABLE commission to send a representative to one of our chapter meetings to better educate the members on the primary purpose of the agency, the laws which fall in its jurisdiction, and the consequences of breaking those laws." Pilar says. " I think the [young women] have a much clearer understanding of the laws and the prices we pay as individuals and as a Fraternity chapter if they are broken.

"But, perhaps most of all, it taught me the true value of Kappa's risk management procedures, Event Planning Forms, and the protection we provide ourselves and the chapter by following them."

Thinking through the risks, anticipating the unexpected, applying good sense, and obeying the laws all lead to successful management of the "What ifs?".

- Joann Barton Vaughan, Virginia

# Women and HIV/AIDS

# What you don't know can kill you

hat would your life be like if you were living with HIV or AIDS? What if one of your family members was tested HIV positive? How would you react? How would you feel? Angry? Confused? Depressed? Scared? Suicidal?

For the past three years I have been working with women infected with HIV/AIDS. I have learned that women infected with this disease feel almost all of these emotions.

In educating women about HIV/AIDS, I have passed out clean needles, bleach kits, and condoms in high-risk areas of Washington, D.C., and lobbied for legislation on Capitol Hill. I have addressed more than 30,000 people as they clutched red ribbons in their entwined fingers, joined hands, encircled the Capitol, and denounced the lack of federal funds for

HIV/AIDS research. From screaming protests at the Department of Health and Human Services to fund raising for basic equipment to prevent infection, I have worked to keep women from

contracting HIV/AIDS. Mostly, I have talked with women from all walks of life, and heard their stories and their fears.

Jane was one of these women.

She came to me, wanting to volunteer her time at a community-based AIDS service organization. Jane had watched her cousin die of complications from AIDS. The cousin had unknowingly contracted AIDS while in a

monogamous marital relationship with a former IV drug user. The husband had hidden his former habit from his wife; she learned of it only after her AIDS symptoms were well-advanced. For Jane, this emotional loss was a frightening awakening.

For two hours, Jane struggled out of her own denial, talking to me about her fears. She had not finished college and had moved from one job to another, one man to another. She tried to remember all of her sexual partners, but could not. She thought about her cousin's death from AIDS and her present lifestyle.

After battling her feelings, Jane realized she could be HIV positive and decided to be tested — a frightening experience as the results might foreshadow her death. Determined to prepare herself for the possibility of testing positive, Jane researched the disease's effects on the body, joined a support group for HIV positive women, and contemplated how she would tell her family. Jane was tested in a street van — protecting her anonymity and providing test results in only two days.

Those two days were the hardest of her life, Jane later explained. With relief, she learned that she was not infected. Viewing this as a second chance, Jane re-evaluated her life. She enrolled in school. She took charge of her sexuality, learning to say "no," and knows she governs her emotions and her body. The knowledge of how HIV/AIDS could affect her caused Jane to take control of her life.

HIV, Human Immunodeficiency Virus, attacks the T-cells in

your body — the helper cells that fight off infection. AIDS, Acquired Immune Deficiency Syndrome, is the state of the body after a percentage of T-cells have been infected with the virus. With little or no immune system, the body is open to a multitude of infections. Death comes from the secondary infections, often cancer or pneumonia.

Blood and semen can carry a high percentage HIV, but the disease can also be transmitted though vaginal secretions and breast milk. HIV can be transmitted during any sexual act (vaginal, oral, or anal), heterosexual or homosexual; through the exchange of dirty needles used while injecting insulin, using intravenous drugs, tattooing, and piercing; blood transfusions occurring prior to 1985; and from mother to child through birth or breastfeeding.

Thirteen years ago, when this epidemic began, it was considered a disease that infected only homosexual men. Today, no

In 1993, the CDC

reported that AIDS cases

among women had

increased 140 percent

over the previous year

matter who you are, you run a risk of becoming HIV positive. The disease is pandemic. Christians, Jews, African-Americans, children, singles, married couples, CEOs, the homeless, housewives, drug addicts, athletes, and people in your neighborhood are all at risk. HIV does not discriminate; it does not have a "look." HIV could infect the student sitting next to you in History 101, your spirited sorority sister, your best friend, or your mother.

The rate of HIV infection is increasing astronomically, especially among women. The fastest growing population of new infections is female, and predictions are that by the year 2000, more than 50 percent of HIV infections will occur among women. In 1993, the Centers for Disease Control reported that AIDS cases among women had increased 140 percent over the previous year (compared to a 105 percent increase for men). More than 70 percent of reported AIDS cases among women are among those aged 40 or younger. More than 50 percent of new AIDS cases are transmitted heterosexually. AIDS is the

leading cause of death for women between the ages of 15 and 40 in New York City and Newark, N.J. No matter what your age, your residence, or the color of your skin, you may contract HIV/AIDS if you engage in risky behavior. AIDS is an equal opportunity killer. As of October 1993, 40,702 cases of AIDS among women were reported in the United States, and a conservative estimate places the number of HIV infected women in the U.S. at 500,000.

In general, women take care of everyone - except themselves. As caregivers, women have an obligation to care for themselves as well. Women's bodies, however, are more susceptible to sexually transmitted diseases than are men's, since our bodies are made to receive. Because of our natural make-up, we are 20 times more likely to become infected than are men. Sexually transmitted diseases are at record levels, according to the Campaign for Women's Health, with 13 million non-HIV infections reported each year, and syphilis — one of the most dangerous — is at the highest level in 40 years.

To combat HIV/AIDS and other sexually transmitted diseases, women must take control of their lives and their sexual-

ity. HIV/AIDS is 100 percent preventable through abstaining from any risk behavior - primarily unprotected sex and dirty needles. Alternatives exist to mitigate the risk. IV drug users or anyone using needles for any purpose, must always use a clean one after every use and never share. Many cities have



needle exchange programs, trading a clean needle for a dirty one.

Heterosexual sex is currently the method with the highest transmission rate for the disease. To prevent transmission, always use a latex condom with nonoxynol-9 during all acts of heterosexual or homosexual sex. Women must insist that a condom is used every time intercourse takes place. Men should respect a woman's decision and a woman should control her own body and

Communication between partners, talking about sex and sexuality, should promote protected sex. If you are in a monogamous relationship, consider getting an HIV test together. Waiting to hear test results frightening, but getting tested could long your life - and save the life of someone you love.

There are risks in everything we do. Being informed lessens every risk and enables us to make intelligent decisions. Learn the facts and take control of your body. Knowledge about HIV/AIDS can CHAMBERSprevent life-threatening mistakes. Knowledge generates empowerment.

-Jennifer Chambers, South Carolina

Jennifer is currently pursuing a master's degree in women's studies at the University of Buffalo. Her thesis and dissertation focus on advocacy and empowerment in women's health/science issues, with an emphasis on HIV/AIDS. Jennifer welcomes reaction to her story and letters may be sent to her in care of The Key. Jennifer dedicated this story to the memory of two friends — Michelle Wilson and Bill Bailey.

# Prevent Death Through HIV/AIDS Awareness

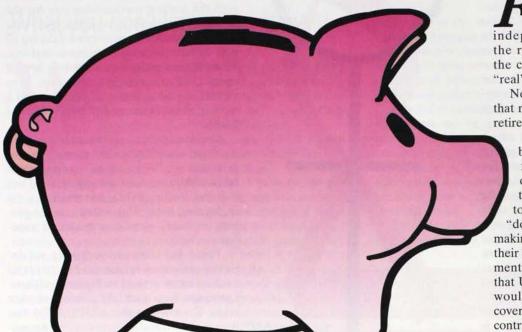
- When your body is infected with HIV/AIDS, you are unable to fight off infections. Death occurs from secondary infection — most often pneumonia or cancer.
- More than 50 percent of new HIV cases diagnosed in the next five years will be found in women.
- Sexually transmitted diseases are at record high levels, with 13 million non-HIV/AIDS cases reported each year.
- Blood, semen, vaginal secretions, and breastmilk can all carry HIV/AIDS.
- HIV/AIDS can be transmitted during any sexual act, through the exchange of dirty needles while injecting drugs, tattooing and piercing, through blood transfusions occurring prior to 1985, and from mother to child during birth or breastfeeding.
- More than 50 percent of new AIDS cases are transmitted heterosexually.
- Use of a latex condom with nonoxynol-9 during all sexual acts can greatly reduce the risk of becoming infected.
- · Partners in a mutually monogamous relationship should be tested if there is risk of prior exposure. Consider being tested together.
- HIV/AIDS is 100 percent preventable through abstinence from all risky behaviors.

For more information on HIV/AIDS and other sexually transmitted diseases, contact:

- National AIDS Hotline 1-800-342-AIDS
- National SDT Hotline 1-800-227-8922

# BALANCE Today's Income

## Saving today will make



or many recent graduates, a college diploma brings a new sense of focus and direction independence and self-sufficiency, the repayment of college debts, and the challenges associated with a first "real" job.

Nevertheless, financial experts say that now is the time to plan for a secure retirement. Retirement? Surely you jest!

The fact that Americans should begin to prepare earlier than ever for a secure future - even fresh out of college - is no joke. Uncertain economic conditions, the trend toward corporate "right-sizing" and "down-sizing" and other factors are making it imperative for young people in their 20s to initiate a disciplined investment strategy right now. It used to be that Uncle Sam or the company pension would provide a sufficient buffer to cover future needs. However, corporate contributions to retirement savings plans are falling; old-fashioned pension plans are disappearing, and the trend is not

# Are You Fiscally Fit?

Don't let credit cards get you off balance

or those of us who give our credit cards a real workout, maintaining fiscal fitness may be a "sink or swim" situation. Over the past few decades, credit cards have changed the way we look at personal finance. More than a billion credit cards are in use today. For many consumers, a credit card is a vital financial tool that provides flexibility, emergency resources, and records for personal budgeting and tax preparation. On the other hand, credit cards can have a disastrous effect if misused or misunderstood.

When used wisely, a credit card can be a useful tool to teach young adults about financial management. With a moderate line of credit, a student can develop good financial habits without the risk of getting too deeply in debt. Many parents like the assurance of knowing that if an emergency occurs, the student has a financial resource readily available.

Perhaps most important of all, the young cardholder can begin building a solid credit history.

When choosing a credit card, look first at the fees. Some cards charge no annual fee, while others may charge up to \$50 a year just to carry the card.

Annual percentage rate (APR) is also important, especially if you sometimes expect to "finance" purchases instead paying the full balance each month. A 17 percent rate is typical although better rates are available.

Check for a "grace period," a period between the statement closing date and the payment due date in which no interest is charged on purchases. Most cards allow approximately 25 days - but some charge interest from the first day a purchase is posted to your account.

Letting a credit card balance get out of hand is dangerous. Current statistics show that approximately two-thirds of all cardholders do not pay their full balance each month, which means that finance charges are part of their routine payments. Cardholders should be careful not to fall into a common trap of treating these plastic cards as a substitute for cash or an extension of their income.

It is important to be aware that your credit history becomes a record that will be reviewed by lenders before granting loans or additional credit. A credit bureau maintains your credit file which contains personal data such as current and former address, marital status, age, social security number, your employment history, and information on you from public records (such as judgments against you or bankruptcy).

A credit record will also include details about your credit accounts including the date each was opened, credit limit, balance, status of the

# **Against Tomorrow's Needs**

### sure you can pay later

likely to reverse itself. Additionally, early in the next century the number of retirees will grow much faster than the working population, making Social Security benefits increasingly hard to sustain. What's more, recent graduates will probably live longer and spend more than previous generations. While the latter is good news, the reality for twenty-somethings is that you'll have to pay for this privilege out of your own pockets to a greater degree than did previous generations.

While the creation of a disciplined savings plan is about as tasteful as a gulp of Granny's cod-liver oil, it can save you an ulcer in your 40s and 50s. The big advice for college grads is simply this: your youth is your greatest investment asset. Start small, but save consistently - now! Even on a modest entry-level salary, try to salt away about 10 percent of your net income. Time and compound interest are on your side.

Some tips for getting on the road to a stable financial future include:

WORK ON YOUR COLLEGE

DEBT. Discuss and review loan repayment options with your lender. Congress reformed federal student loan programs in 1993, with the change giving students the choice of repaying loans as a small percentage of income over time. Additionally, some universities have loan-forgiveness programs or are considering them for students who take low-paying jobs for nonprofit organizations, in government, or teaching. And if you're still in school, some universities are evaluating compressing undergraduate work into three years to reduce overall cost. Check on these options.

#### •WATCH CREDIT CARD DEBT.

While experts assert time works for the young investor, make sure that interest doesn't work against you. Don't take the first credit card offer that comes along, and comparison shop for lower base rates - not just low introductory rates to pull you in. Once you have a credit card, try to be a "convenience" user.

Make a commitment to pay off debts monthly without carrying over balances and too often double-digit interest rates. Don't try to be Teddy Roosevelt leading his troops up San Juan Hill while yelling "Charge!" as you furnish your first apartment. You may reach the summit only to find a long downhill slide into deeper debt.

•START AN EMERGENCY FUND. Sock away at least three months expenses to cushion yourself for unexpected jolts like illness or layoff. You may feel you're young and healthy, but your car may suffer a traumatic injury or terminal illness which deals a crippling blow to your monthly budget. And when you do build up a stash, promise yourself to keep hands off. It's for an emergency not your dream vacation.

•LOOK LONG TERM. Once you've made a commitment to the above issues, get ready to embrace retirement planning. Check out your company's 401(k) plan — a tax-deferred savings vehicle that's one of the best retirement options available. Most plans offer a menu of options with investment objectives ranging from conservative, fixed-income to aggressive growth. If your company doesn't have a 401(k), an individual retirement account (IRA) also carries a tax-deferred advantage. If you're in the position of being self-employed, a Simplified Employee Pension (SEP) is perhaps the easiest option, but a Keogh plan will allow you to increase your maximum contribution.

Given demographic changes such as increased longevity, a more mobile workforce, and decreased retirement support from Social Security and traditional company pensions, college graduates would be wise to make a commitment toward retirement planning now. Contemporary business periodicals and many non-credit college/university courses offer affordable information on how to take that first step.

Diploma in hand, it looks like you'd better get back to doing your homework.

- Karen Kahler Holliday, Mississippi

Karen Holliday is a 1994 Bankers Association Stonier Fellowship Recipient, and a 1994 National Press Foundation Business/ Economics Fellowship Recipient.

account, your pattern of payment, date of the last activity on the account, number of inquiries about your credit record, as well as the date and the name of the company making the inquiry.

#### How to avoid the plastic trap?

· Resolve to pay your full balance each month — the savings is very real.

· If you are currently paying the monthly minimum on an old balance, increase your payments as much as possible. By pre-paying a loan, you'll shorten your debt period and save

· Consider it a danger signal when you've lost track of what you owe - or when you start using one credit card to make the payment on other cards.

· If you're so strapped for cash that you can't pay the monthly minimum,

Credit Card 0000 0000 0000 JANE L. ANYBODY

> notify the credit card issuer and ask for a reduced payment schedule. Don't just ignore the problem!

· Should credit card problems become serious, seek help. The Consumer Credit Counseling Service, a nonprofit organization, will review your situation with you and offer advice. The national toll-free referral number is 1-800-873-2227.

# Not Only in Other People's Families

# Anorexia and bulimia should be every mother's concern

On a sunny day in August, I was out on the patio with one of my daughters catching the rays, reading, and visiting. Suddenly, quietly, she looked at me and said, "Mom, I'm bulimic. Do you know what that is?"

I could feel myself going numb as I replied, "Bingeing and purging. Eating lots of food in a short amount of time and then making yourself throw up." That's all I knew about bulimia. I assumed the only reason anyone did this was to eat a lot, yet still be thin — to "have your cake and eat it too." I had a lot to learn about eating disorders — anorexia and bulimia.

My daughter told me more. She had seen a magazine ad with a phone numbingeing and purging. I didn't have the awareness to look for it, to suspect it, or to see it. Bulimics are very careful to hide their problem and cover their tracks. Neither child was aware that the other shared her compulsive, destructive illness.

During the past two years I have read everything I could find on eating disorders, the causes and the symptoms. The Body Betrayed by Kathryn J. Zerbe, M.D., a psychoanalyst at the Menninger Clinic is a "must read" for all parents and anyone involved with young women. I have talked to therapists and peer-parents, learning of the growing epidemic. Increasingly, research focuses on the psychology and culture which

learning about the causes, the symptoms, and the treatments available for the sake of those we love.

- Susanne Shutz Kemper, Missouri

#### You can be too thin

Eating disorders are now recognized as major medical and psychiatric problems affecting millions of women in the United States and Europe. We live in a society obsessed with size, weight, and image.

Statistics about eating disorders

- 90 to 95 percent of people suffering from eating disorders are women.
- The fatality rate from anorexia nervosa ranges from five to 20 percent. Complications from bulimia can also lead to an early death, often causing significant psychological problems along the way.
- Numerous studies of patients following treatment have shown a recovery rate as high as 60 to 70 percent after five years.

Criteria for identifying two major eating disorders — anorexia nervosa and bulimia nervosa — include:

#### ANOREXIA NERVOSA:

Refusal to maintain body weight over a minimally normal weight for age and height.

Intense fear of gaining weight or becoming fat, even though underweight.

Undue influence of body weight or shape on self-evaluation, or denial of the seriousness of the current low body weight.

Absence of at least three consecutive menstrual cycles when otherwise expected to occur.

#### **BULIMIA NERVOSA:**

Recurrent episodes of binge eating and a sense of lack of control over eating during those episodes.

A minimum average of two bingeeating episodes a week for at least three months.

Self-evaluation unduly influenced by body shape and weight.

In some cases, regular self-induced vomiting or use of laxatives or diuretics.

Excerpted from The Body Betrayed by Kathryn J. Zerbe, M.D.

# Prevention can be achieved only with knowledge and

# open, informative discussion

ber to call for information on anorexia and bulimia or for referral to a therapist. On her own, my daughter had begun therapy. She had taken the first step toward understanding her disease and beginning her recovery.

My introduction to the subject of eating disorders was in the early 1980s, when two of my four children were away at college and two were still in high school. A classmate of my youngest child was hospitalized for approximately six weeks with severe anorexia. Her parents spoke openly about this in an effort to educate others. I paid some attention, but not a lot; I thought that eating disorders occurred only in other people's families.

I was to learn differently as two of my children confessed to me that they had experienced the shame, embarrassment, and self-disgust that accompanies bulimia. It began in high school and worsened in college. One child was able to stop on her own. The other was desperately, hopelessly afflicted until she sought out counseling, continuing therapy for many years.

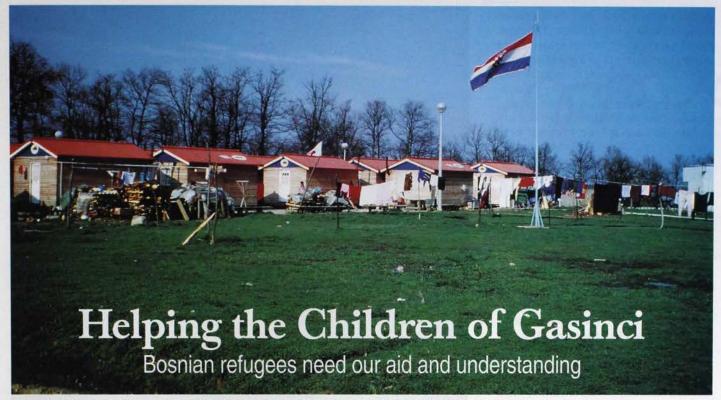
I hadn't known of my children's

cause eating disorders, and the treatments necessary to restore the health of those who suffer from them.

Adults must do everything they can to understand, to support girls in this struggle, and to become educated about the dangers of eating disorders. Vomiting robs the body of important nutrients, and damages teeth and the digestive system when done frequently. Excessive use of laxatives is part of this ugly picture. Anorexia — self-starvation — and bulimia are dangerous and life-threatening.

Parents, doctors, teachers, house mothers, and sorority sisters must take the time to investigate, educate, and talk openly about anorexia and bulimia. Prevention can be achieved only with knowledge and open, informative discussion. The causes are many, varied, and complex. Food is a readily available substitute for other needs — a temporary band-aid to cover an inner hurt — and can mask frustration, sadness, anger, isolation, disappointment, or low self-esteem.

Ninety to 95 percent of those who suffer from eating disorders are women. We women must take responsibility for



More than 3,000 refugees from the war in Bosnia-Herzegovina huddle in a Croatian Camp from brutal and senseless war.

ancy, come and meet our new heroine of Gasinci," shouted Alessandra "Alex" Morelli. Alex, the dynamic director of the Gasinci Refugee Camp, beckoned me to meet a small girl wearing a ridiculously large baseball cap.

"This is Ivana," she informed me as Ivana offered up a wan smile and a firm handshake. Big brown eyes peeking out from below the rim of the cap, Ivana seemed old beyond her years. Speaking in her delightful mishmash of Italian/English/Croatian, Alex announced loudly enough for everyone nearby to hear, "You will not believe what I have learned about my new friend Ivana." Then, as Ivana fidgeted uncomfortably nearby, Alex told me her story.

Ivana's house in northern Bosnia had been bombed, probably by Yugoslavia National Army (YNA) Mig jets. The house was destroyed. Ivana's mother was killed along with everyone in the house; Ivana was the sole survivor.

Trapped in the rubble for several hours, she was eventually rescued by passing YNA soldiers. Her brother, Alim, had been riding his bicycle at the time and also survived. Together the two children joined a convoy that brought them to Gasinci, Croatia. Initially, they lived with a family, but when that family was resettled to another country, a bureaucratic oversight left Ivana and her brother to fend for themselves.

For two months Ivana rose every morning to clean their house and wash their clothes. She went off to get their food and even enrolled herself in school. Learning the workings of the camp, she went about her business. She signed her brother and herself up for resettlement. Never complaining or asking for any special attention, Ivana and Alim could have gone on this way for months had Alex not finally learned their story. "What are we going to do with Ivana?" Alex asked.

housing more than 3,000 refugees from the war in Bosnia-Herzegovina. The camp is located in a converted Croatian army training facility. It now sports hundreds of small wooden houses, built primarily by the Danish, Dutch, and German governments workers.

Don't let the picture deceive you, however. While it may sound like a fairly pleasant small "town," Gasinci is a camp where people are forced to live against their will. Refugees huddle from a brutal

# Most of the refugees

have accepted that

they will never be

# able to return

The same question could be asked about all of the refugees at Gasinci. What is going to happen to them? Run by the United Nations High Commissioner for Refugees (UNHCR), Gasinci is currently the largest resettlement camp in Croatia,

and senseless war; almost everyone has lost loved ones, often under incredibly horrifying circumstances. They often must share their housing - cramped quarters at best - with total strangers. Their belongings usually consist of the

clothes on their backs and the cherished Bosnian family coffee grinder. The men, proud survivors of terrifying detention camps, have no work to keep them busy. While there is a school, it operates only three hours a day for some of the elementary-aged children. Many of the people, including young children, have already lived in the camp for two years and have little hope of being resettled to another country any time in the near future. Despite the warm smiles and friendly demeanor of the residents, an invisible veil of sadness lies over Gasinci.

I came to Gasinci with 11 volunteer lawyers recruited by the United Nations to conduct a month-long investigation of allegations of war crimes committed during the war in the territory of the former Yugoslavia. The legal team members were all women, since the primary, though not exclusive, focus of the investigation was on allegations of rape and sexual abuse. An international group, the lawyers came from the USA, Canada, Finland, Bangladesh, Slovenia, and Ireland. Assisting us was a team of mental-health professionals, primarily from the Chicago area.

After arriving in Zagreb, the capital of Croatia, we teamed up with an outstanding group of Croatian interpreters and, after a few days of orientation, the teams of lawyers and interpreters spread out across the country to interview as many people as possible during our fourweek mission.

Our team interviewed and documented the stories of more than 200 victims. Hearing tales literally beyond comprehension, we learned in stark detail the realities of war and man's inhumanity to man.

I will never forget the innocent victims of this terrible war. After spending a week at Gasinci, I had the opportunity to learn, first-hand, the sad and compelling stories that every resident had to tell. Proud people, the Bosnian, Muslim, and Croatian residents of Gasinci - as well as those at the dozens of other camps throughout Croatia want nothing more than the opportunity to go back to leading the kind of lives they led before the war forced them from their homeland. While the elderly still hold out some hope that they can return to their homes to die, most of the refugees have accepted that they will never be able to return. Even if they could, their homes have probably been destroyed or taken over by Serbian families.

As I walked among the houses, person after person would invite



Nancy Paterson chats with Ivana (middle) and other children from Gasinci.

me in and insist that I stay and share the ubiquitous Turkish coffee that is a large part of their culture. They talked fondly of their families and loved ones, many of whom had been killed or were missing. Everyone found it important to stress to

me how proud they were that Bosnia had been a peaceful, multi-ethnic country for centuries and that they had never hated their Serbian and Croat neighbors. Confused and baffled as much as anyone by how it had started and why this war was

taking place, the refugees pondered how the war might end and how it would affect them.

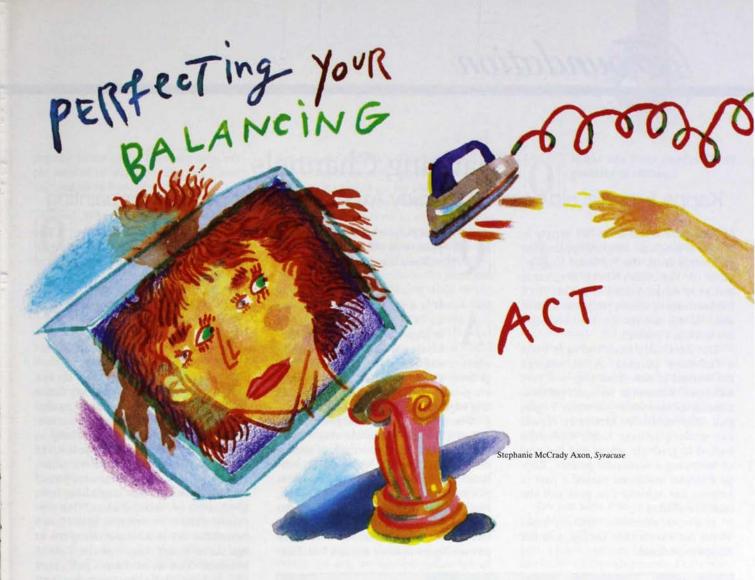
The courage and dignity of the residents is inspiring, as is the amazing work being done by Alex and her staff. Out of fairness to the refugees, it is important that the world, and particularly those in the United States of America, hear their stories and remember that they need our help. The USA provides money through the UN and its related agencies and is also taking in its share of refugees. The UN and other relief agencies provide assistance to thousands of refugees, but the needs are overwhelming. Much remains to be done.

A small heroine such as Ivana depends on the aid of world-wide agencies for her well being — probably for her very survival.

— Nancy Paterson, Miami (Ohio) Nancy is a former assistant district attorney for the county of New York. She is currently a prosecutor with the United Nations for the International War Crimes Tribunal in the Hague, the Netherlands.

### What can you do to help?

- 1) Consider becoming a sponsor for a refugee or a refugee family (you do not have to know or be related to the person). Ivana will be taken care of, but hundreds of her neighbors need a new home and a chance to start a new life. Anyone or any group can be a sponsor. While it is helpful to be able to provide housing, work, and/or financial support for the family or individual, all that is really required is a willingness to help. If you or your church or civic group is interested in becoming a sponsor, contact the International Rescue Committee 212-679-0010.
- It is difficult to send in packages and clothing is not really needed. Donations, however, are needed to pay for medical care and other services and to improve the facilities at the camps.
- If a collegiate chapter or alumna group would like to undertake a project, it might be possible to help build a playground, or supply a school, or purchase medical equipment and supplies.
- If you have a store or boutique, offer to sell handmade goods produced by refugees. (Contact the International Rescue Committee.)
- Children's groups or school classes can write letters or send drawings to the children at the camp.
- 6) When all else fails, be sure to write your congressional leaders and let them know that we should not forget these people and that we should do all that we can to help.



lose your eyes. Breathe deeply. Be at peace. Feel centered. Your life is in balance."

The woman speaking smiles at me from the center of my television screen. She has long black hair and sits with her legs folded beneath her in a yogatype lotus position. In my wildest dreams I couldn't make my body achieve the pretzel shape she advocates, much less with a smile on my face. She looks serene and unreal and I consider throwing the iron at her. I don't do that for three reasons:

- 1. The last time I threw something at the television the damage was irreparable and it cost \$1500 to replace it. (I was justified. It was a woman with three Ph.D.s and no children explaining that the only reason my kids aren't perfect is because I don't try.) Besides, I'm an adult.
- 2. Just as I pick up the iron, the phone rings, the oven timer goes off, and the bird, mistaking the chaos for a symphony, joins in. I don't have time for throwing.

3. I still have laundry to finish and I can't risk killing the iron.

I shut the television off just a second too late to miss her last zinger, "You, too, can achieve total balance in your life and the world around you..."

Balance? I could tell that woman on the TV a few things about balance.

Balance is keeping the mom-mobile on the highway while simultaneously signing the homework paper that was due last week, tying the five-year-old's shoes, keeping him from hitting his sister, and getting the whole carload to school only five minutes after the last bell and still arriving at work on time.

Balance is following the liturgy and looking prayerful while gently suspending the littlest one by the scruff of the neck and whispering in his ear, "We're in church! Cut out the anatomical sounds."

Balance is holding a kid on each hip and a two hundred fifty pound dog on a leash while watching the clouds open up with a vengeance.

Balance is climbing to the mountaintop at work all day and digging through the mound of laundry at night.

Balance is remembering that you are not only a professional woman and a mother, but a woman and a wife, and somehow finding time to be it all.

Balance, true balance, is stopping the insanity long enough to have lunch with your best friend. And quintessential balance is eating guilt-free tofu salad ("Hold the dressing, but extra spinach, please.") and then letting out all the stops and going for the bananas foster.

Balance is laughing until the tears come and crying until you giggle.

Balance is knowing that while you can't be all things to all people, you can come darn close.

Balance is looking at yourself in the mirror and knowing that even if you can't fold yourself into a lotus flower and breathe deeply, you are still a pretty terrific person!

Balance is finishing the ironing before the board meeting.

Balance is being a woman in the 1990s, and as soon as I get a moment to reflect on it, I know I'm going to discover that I love it.

-Elizabeth Phillips Runkle, Monmouth

# Foundation

# **Changing Channels**

### Kappa financial aid helped McCrady Axon pursue her passion for painting

This year more than 700 artists in the New England Region applied for 15 awards from the National Endowment for the Arts (NEA). Stephanie McCrady Axon, Syracuse, B.F.A. 1973, received one of these prestigious awards and she will use the grant to continue her work as a painter.

But McCrady hasn't always been a full-time painter. After college she worked in New York City as a very successful illustrator for such publications as Gentleman's Quarterly, Vogue, and Mademoiselle. McCrady repaid her undergraduate loans and then looked to graduate school and her goal of becoming a successful painter. Kappa financial assistance played a part in helping her achieve this goal and she hasn't forgotten.

In a recent interview, McCrady spoke about her career, her family, and her Kappa experience.



McCrady, what does it mean to receive an NEA grant and how will you use this award?

It is a great honor to receive an NEA grant. The NEA recognizes artists of high professional academic standing who are well versed in theory and aware of avant-garde ideas. You could say they are people who are working on the cutting edge or in experimental areas.

When I applied for this grant I submitted 12 slides for consideration. I will use the award money to continue to produce a solid body of work on the sublime. This is a subject I studied while getting my M.F.A. from Hunter College, City University of New York. I see the sublime as a huge force beyond our control — like the sea can be. There are powers bigger than we are and I'm interested in how we deal with them. I like theoretical issues, the evolution of thought and language, and boundaries of the extreme.



Have you always wanted to be a painter?

Yes, I think so. I grew up in a

very unusual home. My father was a musician and my mother was a totally creative person. We had crazy hours and didn't keep to schedules in the traditional sense. In school, I was always the best artist. However, I was also reprimanded for my wild handwriting which could have been interpreted as "spirited ideas," but certainly wasn't by my teachers. I can remember my mother enrolling me at age seven in art classes at the Toledo Museum. Yes, art has been a part of my life as long as I can remember and specifically I wanted to be a painter.

The lifestyle of a painter is something I don't think I really understood growing up, and I am concerned that young artists today don't know what such a life entails. I now work frequently with young people, telling them what it's like to be a professional artist.



On some university campuses art students are reluctant to join sororities. What was your experience at Syracuse?

My undergraduate experience

in the chapter was great. The best thing about the Kappa house was the art room on the top floor. The university didn't have enough studio space so we were lucky to have this room. Kappa art students used this room all the time. It's really pretty amazing now when I think back on it -Kappa was really supportive.

As undergraduate art students, all we did was work. I don't remember ever relaxing for an entire evening, but I do remember enjoying the candlelight dinners. I know that attitude wasn't very



Artist McCrady Axon pursued and received an NEA grant while caring for two small children.



popular in the early '70s when most people wanted to wear overalls, but I really enjoyed those beautiful dinners.



What was it like to work in New York as an illustrator and why did you change careers?



Working as a commercial artist in New York City was fun. I met interesting people, attended exciting events, and was

busy as an illustrator, as a designer of lux mohair sweaters sold at Bendel's, and I was also working as a painter. For me, commercial art was a means of repaying college loans and meeting other people who were interested in painting.

Friends like Andy Warhol were very helpful in moving my career along. Andy would visit my studio, we went to parties together, and he would ask photographers to take pictures of us together. Just before he died, Andy was putting together a special edition of Interview magazine about artists and I was included. By this time, I had paid off all my loans. It was time to get more education and devote myself fully to painting.



How did Kappa play a part in your career change?

In 1986, I applied to graduate school and saw a notice in The Key about financial assistance programs. I applied and received financial aid. This money helped me take a major step toward achieving my goal and I haven't forgotten it. I believe in giving back to organizations and have recently begun illustrating issues of The Key. (See page 13).



McCrady, you now have two young children. How have you managed family and career?



Actually I've been very lucky with timing. I finished my masters in 1989, at a time when the art market was down, and my husband and I wanted to start our family. Our son, Lovis, was born four years

ago and our daughter, Juliet, last year. I love being home with the children while being able to work on my painting.

I'm quite happy that I've had to reduce my exhibitions to only museums and universities. I feel it is an exceedingly good sign that the body of work I did was chosen by the NEA as significant work - work completed in the small but intense time I had available while caring for two red-headed babies. What it says to me is yes - a mother of young children thinks profound and universal thoughts, yes - a career in the arts and children are possible, and yes - more women should apply this holistic thinking to all professions.

I am also involved in community issues. I initiated group letter-writing campaigns about breast cancer and about the high antibiotic and hormone levels in milk, and I've been involved in various local arts projects. I think one of the biggest contributions I can make is to get the word out about how important art is in people's lives. The arts need support if we are going to see the kind of work that tells us something about ourselves. In art, we see the reflection of where we stand as a culture in the development of ideas.



What are your professional goals for the future?



I want to continue working as a painter and to continue having my art shown in galleries and museums here in New York.

Painting is something I have to do. When I enter my studio, leaving behind the family and the outside world, I am transformed. All problems drop from around me and only the important things stay. That's the humanizing process, I think. My mind is in another dimension. The process of painting takes me beyond what I thought possible. It is a way of unfolding truths. Art is transforming.

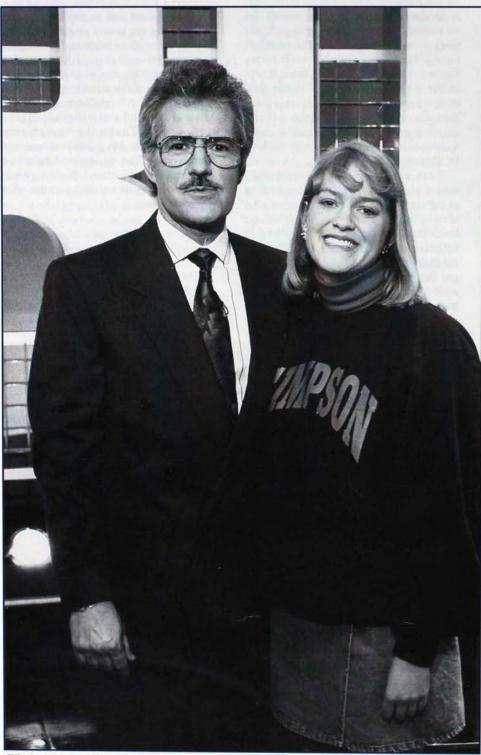
Do you have a story to tell? If you like McCrady Axon-have a story to tell of how Fraternity assistance helped you, please contact Marilyn Jennings, Director of Development, Fraternity Headquarters P.O. Box 38, Columbus, Ohio 43216.



Sublime 109-Body and Soul-is one of the works McCrady submitted for her NEA grant.

# And the Question Is

...Elizabeth Lizotte



Elizabeth Lizotte, Simpson, realizes a dream appearing on Jeopardy with host Alex Trebek.

y parents gave me last hugs, kisses, and wishes of luck as I boarded the plane. They made me feel as though I was destined not to see them for quite some time. Actually, I was just heading to California for four days to appear on the television game

Being on Jeopardy has been a dream of mine since I started watching the show in junior high. My three main goals in college were to graduate with honors, compete on Jeopardy, and be on The David Letterman Show.

show Jeopardy.

David Letterman has yet to call, but after a series of lucky breaks and preliminary tests, I was selected to compete in the *Jeopardy* College Championship. I've always had a mind for trivial things, but until last fall I had never made an effort to be a contestant.

Strangely enough, in the weeks preceding my trip, I felt no emotion regarding the show. I was ecstatic when I found out, but that leveled out into a nonchalance that amazed me. I ended up lying to a lot of people who asked me "Are you nervous and excited?" Since I thought I should be, I answered "Yes."

After arriving at the hotel I stopped pretending to be nervous, because at this point I actually was. I had turned on the television and what did I see? You guessed it, *Jeopardy*.

Although it is recommended that contestants watch the show prior to their appearance, I had just been too busy. Despite popular belief, contestants are not given study guides or any clues as to what the categories will be. Considering it might be a good time to practice, I watched for awhile. Much to my horror, I couldn't remember names, places, or even the name of my dog.

I awoke the next morning ready to forget the problems of the night before. I met my competitors, nine men and six women, in the hotel lobby. We were all introduced, but I promptly forgot everyone's name. At least everyone was wearing college sweatshirts so I could say "Michigan guy" until I got the names down.

A bus took us to the studio where I was surprised to see that the sacred *Jeopardy* set was smaller and "cheesier" than I expected. It was then that it all hit me — I, Elizabeth Lizotte from "I haven't heard of it" Indianola, Iowa, was going to realize my dream.

What followed was a series of promos, photo shoots, practice games, and more promos. We filled out paperwork until our hands cramped. I never would have realized how much work went into producing a half-hour game show. After all that, they locked us in a room.

The format of the tournament consisted of 15 contestants and 10 games. Everyone played in one of the first five games. To advance to the next round a contestant must either win a game or have one of the next four highest scores. This meant that wagering in Final Jeopardy was very important.

I did not play until the third game. The time spent with other contestants in the room served as great bonding time. We joked and laughed, and I found that almost everyone there had the same "off-the-wall" sense of humor I did. I had been cautious and wary at first due to my intensely competitive nature. But after I got to know my competitors, I liked them and had fun.

I was pretty relaxed, even when the contestant coordinator told me I was up next. My practice game had gone well, and I felt pretty confident. When my name was announced and I walked on the set however, my resolve evaporated like a drop of water in the desert. My legs were shaking violently, and I had to steady my buzzer against my side to hide my nervousness. Then the game began.

In the end, I came in second to the overall winner. The whole experience seemed almost unreal. It was odd seeing myself later on television. I almost didn't want to watch. I truly appreciated all of the support from my family, friends, and my entire chapter.

Without a doubt, being on Jeopardy was one of the most fun and unforgettable things I will ever do. It isn't often you get to do something you've always wanted to do, but thought the opportunity would never arise. It happened to me! And in the future it will provide endless fodder for trivial conversation!

- Elizabeth Lizotte, Simpson

# JEOPARDY!

This 22-year old political science and French major was graduated from Simpson College, Indianola, Iowa, in May. As an undergraduate she was a member of the tennis team for three years, served as Secretary/Treasurer for the College Democrats, and participated in Amnesty International.

As a member of Omicron Deuteron Chapter, she served as Panhellenic President, Pledge Educator, and a member of the Standards Committee. She says she loves being a Kappa and believes that the opportunities for leadership and close friends are invaluable. She is currently pursuing a masters degree in library science.

ANSWER:

Who is Elizabeth Lizotte?



#### A DECEMBER TO REMEMBER!!

December 2 - 7, 1994

Start your holiday season off with a fantastic shopping and theatre trip to New York City! This exciting six day/five night trip features:

- Accommodations at the luxurious Helmsley Park Lane Hotel, where we have reserved the very best
  for you large, deluxe rooms with fabulous views of Central Park for your entire 6-day/5-night
  stay! The Park Lane is superbly located next to the Plaza Hotel, just half a block from Fifth
  Avenue's finest shopping.
- Three of Broadway's latest and best hit plays, plus the world renowned Rockettes' Christmas Spectacular at Radio City Music Hall in Rockefeller Center.
- Free days for holiday shopping, sightseeing, museum and theatre-going, plus great dining. Lots of leisure time and never any regimentation!!

For Reservations and more information, please call: Nancy Grow 800-654-4934 or Lila Isbell 800-554-7673.

# Making Miracles Happen

### ... Laurie Ross Brennan

hrough a revolutionary technique, Laurie Ross Brennan, New Mexico, opens a whole new world for autistic children. Auditory Integration Training (AIT) can accomplish spectacular results in a short three-week span.

A three-and-a-halfvear-old who had never uttered a word pointed to an object and tried to communicate after only two days of treatment. After the next session, he uttered the word "cookie."

After eight days of treatment, a child who had previously only babbled, ordered a baby cousin to "get out" of the stroller. "Bye bye," he added. His grandmother heard him say her name, Betty, for the first time.

An eight-year-old girl who had withdrawn from all social contact hugged her mother and father and uttered the word "daddy" after six days of treatment.

These have been some of the accomplishments of Laurie's clients, and her entry into the field of Auditory Integration Training is almost as surprising as the results. Laurie had been a practicing speech and language pathologist since 1982, when she learned of this exciting, new treatment and became determined to bring it to her patients.

The centerpiece of AIT is the audiokinetron - a computer with earphones - which introduces the client to pleasing sounds of musical tones with high and low frequency modulation to re-educate the hearing mechanism. Based on the theory that behavior is a direct result of how well a person hears, improved hearing leads to improved behavior.

Only recently available in the United States, the technology of the audiokinetron was perfected by Dr. Guy Berard of Annecy, France, who treated more than 10,000 clients over 30 years. His own daughter's disability was greatly diminished.

Speech therapist Laurie Ross Brennan, New Mexico, tests her new audiokinetron.

Laurie learned of this revolutionary treatment while attending a seminar on autism in July 1993. A presentation highlighted The Sound of a Miracle by Annabel Stehli. Stehli's book describes the complete recovery of her autistic daughter through AIT.

Laurie left the seminar inspired, checked out Ms. Stehli's book from the library, and became determined to get the training to help her own clients. The book included a Westport, Conn. phone number for additional information. Calling to find out if she needed to go to France for training, Laurie learned that Dr. Berard would be giving a seminar in a few days in Westport, but the sessions were all filled. Persisting, Laurie requested that an application for admission be faxed to her. She filled out the application, returned it to the seminar immediately and - on faith - bought an airplane ticket. When the fax reached Connecticut, Mrs. Stehli insisted that Laurie be allowed to attend. As if by magic, a cancellation was received at the

> same time. Laurie was on her way.

Returning from the seminar, and with her husband's support, she borrowed \$10,000 to purchase the audiokinetron from France. Bringing the machine into the United States proved more difficult. An inspector with the Food and Drug Administration ruled the machine a medical device and refused to allow its entry into the country. Undaunted, Laurie located an American-made machine in California, completed additional training, and received her audiokinetron on December 23, 1993. Hers is the first audio-

kinetron in New Mexico.

Results of AIT are incredible, showing increased and improved attention span, auditory comprehension, interest in communication, willingness to interact, articulative skills, spelling, reading, and social skills. With these achievements irritability, lethargy, and restlessness decrease. The improvements derived from AIT are proven to be permanent and rarely is there a need for repeated treatment.

Through her treatment of autistic children with the audiokinetron, Laurie is making miracles happen - bringing children out of their formerly isolated worlds.

- Betty Huning Hinton, New Mexico

# Gymnast Learns the True Meaning of Balance

### ... Allyson Mehta

fter a series of injuries, college junior, Allyson Mehta, Ohio State, never dreamed she would one day compete as a Big Ten Conference gymnast.

A 20-year-old environmental engineering major, Allyson recently completed her first year as a member of The Ohio State University women's gymnastics team. Allyson's gymnastic experience began at age seven. "At first I only competed for fun, but then I began to improve and take it seriously."

Allyson eventually joined the Gym-

nastics of Ohio club and traveled to competitions all over the country. "During club gymnastics I advanced to level 9, which is two levels before elite, the Olympic level," she explains.

In the midst of her gymnastic success, Allyson tore a ligament in her knee during her senior year of high school and had reconstructive surgery. "I was not going to continue gymnastics after that. The injury was frustrating and I was feeling burned out."

After recovering from the surgery and starting college, Allyson began to miss participating in the sport. "I started watching the OSU team practice and realized how much I wanted to get back into it." She began working out with the OSU gymnasts, and walked on the team last fall. "Going back to gymnastics was one of the best decisions I've ever made," she says.

Her best event is uneven parallel bars, but each team member works on every event. Some of her goals are to learn six new elements for the uneven parallel bars and to perform more on the beam. "I'm driven to do my very best. I want to help the team qualify for the regional and national competitions," savs Allyson.

Making time for gymnastics and schoolwork has taught Allyson the art of balance. The gymnasts return two weeks prior to the first day of classes in the fall for two-a-day practices. During the fall season they practice five days a week followed by conditioning. The

gymnasts also return to school early from their winter break to get ready for the competition season.

Despite all of the hard work and shorter breaks, one advantage of being an athlete is having first priority in selecting classes. "We get to schedule before everyone else so we can get morning classes to accommodate practices and meets," Allyson explains.

A strenuous practice schedule combined with difficult classes requires careful planning. "I find it challenging to make time for everything, but the key

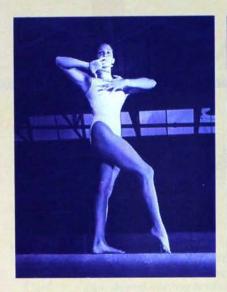
is to plan ahead. That makes it easier to get things done," Allyson says. Her solution to a busy life includes, making lists, planning a daily schedule, and even writing notes on her hand. "By the time I get home from practice and relax a little, it's hard to feel like studying. But I like to be busy and I get more done that way.'

During the off-season Allyson has a little free time to go out with friends and visit her family in Medina, Ohio, But for three months during the gymnastics season, the team spends every weekend in competition "Meets are a lot of fun and can get really intense when we know we need a certain number of points," says Allyson. "It's fun to cheer everyone on and make friends with other teams."

Allyson's biggest challenge has been injuries. "After injuring my elbow prior to the competition season, I wasn't sure I could compete this year,



Allyson Mehta, Ohio State, (pictured on pages 19-21) balances demanding academic studies with gymnastic practices and competitions.





but I try to look on the bright side of any situation." Allyson did recover in time to compete with the team and says that her belief that everything happens for a reason helped her become stronger as a result of the injury.

"Injuries are hard at first. You ask why it had to happen to me. But I've seen people dwell on their injuries instead of trying to move on and make the best of it." Allyson appreciates all of the support from her teammates, coaches, and her family. Her favorite part of gymnastics is how close the team is. "We work well together and push each other to do better."

# "Injuries are hard

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# happen to me."

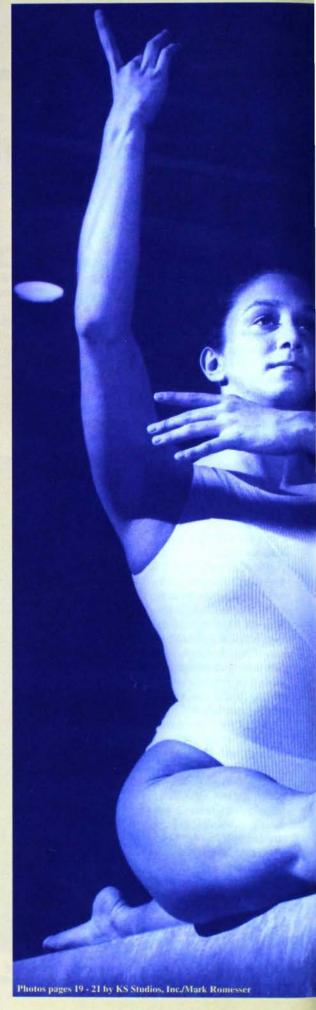
Although team morale is high, the home meets have low-attendance rates compared to many of the other universities. "It's fun to go to a school that has 3,000 people watching, but we may only have 100 to 200 fans at one of our home meets." Allyson attributes low attendance to a lack of promotion and the enormous number of other events going on at Ohio State, one of the largest universities in the United States.

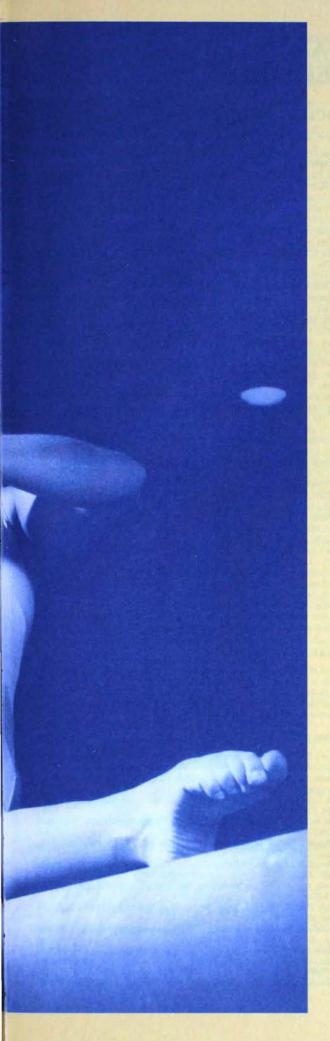
Allyson is grateful that her chapter is very flexible and supportive of her commitment to gymnastics. She has served Beta Nu Chapter as Activities Chairman and Greek Week representative. "Due to gymnastics I miss out on many chapter activities, but I go to meetings as often as I can. Even though I may lose a little of the closeness during the gymnastics season, it's there when I return," she adds.

Allyson's academic goals are to find an internship in her major and to graduate with good grades. "Engineering is very competitive, so I'll need an internship to even be considered for a job after college. I'm just now getting into the difficult courses like physics, so I haven't really thought long term about a career. I just want to work hard and still have time for fun."

Judging from Allyson's ability to balance, she should have no problem doing just that.

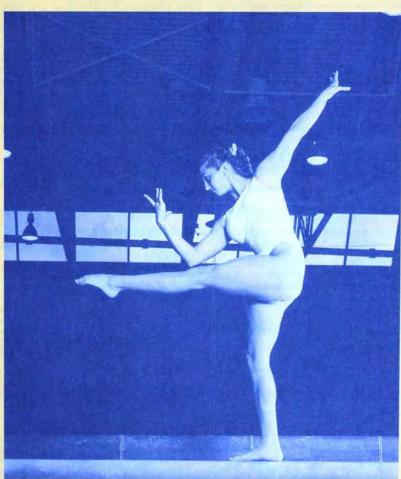
- Jenny Struthers Hoover, Bowling Green





# 1994 - 1995 Fraternity Directory





The complete Fraternity Directory is published once each year. Please save this section. Additional listings will appear in the Winter issue.

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Region #6 [land [I Provinces]: Carol George Sanders, EZ, (Jeff) 11700 Chestnut Ridge St., Moorpark, CA 93021

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> \* Fraternity directories are printed for the exclusive use of members in conducting Fraternity Business.

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LAPPA GAMMA BIENNIAL REPOP

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he 1992-94 biennium of Kappa Kappa Gamma can be characterized by the words, vision and planning. The Fraternity Council and Foundation Board of Trustees recognized the need to look long range in order to prepare Kappa Kappa Gamma for the future as a vital, vibrant organization for women. The vision was re-affirmed in the Mission Statement of the Fraternity and new mission statements developed for the Foundation and Headquarters. These statements are included in this Biennial Report. The vision was clearly identified, and the planning began to achieve the results. This blueprint for the future included goals for growth in Kappa's membership; exemplification and promotion of our values; continued financial security; and providing effective programs for women supporting women. Action plans discussed and developed by many volunteers were put in place to move Kappa closer to achieving the goals. This Report includes the long-range plan. The results of identifying the vision and planning for the future are not in, but already there is movement forward. Movement in the same direction; by a powerful group of women; cognizant of the need to achieve results. By the next century, Kappa Kappa Gamma will be better able to provide effective programs and services for women who share the belief in the worth of the individual and the value of human endeavor. Please join me in preserving our

Loyally

A Juliana J. Wale

timeless tradition and advancing our future vision.

Fraternity President



The right to associate privately for lawful purposes is protected by the First and Fourteenth Amendments of the U.S. Constitution. Kappa Kappa

Gamma is a private, not-for-profit organization founded in 1870 for women. The selection of members is a basic right of voluntary associations in a free society.

POSIȚION STATEMENT ON SINGLE-GENDER ORGANIZAȚIONS

In order to remain single-gender, Kappa Kappa Gamma and the other Greek social organizations were granted in 1972 an exemption under the Education Amendments to Title IX.

To maintain and protect the single-gender status of the Fraternity, three broad criteria serve as key variables in assessing our right to remain an organization for women:

Size and Selection - The Fraternity is a highly personal and closely knit organization; members are selected who are qualified to further its aims and purposes.

Use and Secrecy of Ritual - The private nature of the Fraternity is reinforced through the use of ritual in ceremonies and services for members only. The experience of sharing these services with only members of Kappa Kappa Gamma reinforces the values and ideals of our sisterhood.

Clearly Defined Purposes - The purposes of Kappa Kappa Gamma are stated in the Mission Statement of the Fraternity, adopted in 1985.

# Distribution of Foundation Funds:

	1992-93		1993-94*	
	Amount	#awarded	Amount	#awarded
Rose McGill Circle Key Alumna Grants Emergency Scholarships Confidential Aid to Members	\$30,000 24,275 64,560	23 37 19	\$26,000 23,610 41,270	28 38 14
Graduate Fellowship Awards	30,500	17	15,500	16
Undergraduate Scholarships	24,500	28	11,500	12
Rehabilitation Scholarships (Graduate and Undergraduate)	6,500	11	6,500	5
Adelphe Scholarships	7,250	7	18,625	19
Chapter Consultants	53,649	7	75,787	10
Other Scholarships from endowed and other designated funds	9,500	8	8,630	11
Total Allocations *Estimated through 6-30-94	250,733	157	257,422	153

#### Mission Statements

The Fraternity:

Kappa Kappa Gamma is an organization of women which seeks for every member throughout her life bonds of friendship, mutual support, opportunities for self-growth, respect for intellectual development, and an understanding of and allegiance to positive ethical principles. (Adopted 1985)

#### Foundation:

The Kappa Kappa Gamma Foundation generates and attracts financial support for the Fraternity's educational and charitable programs which assist members to achieve individual excellence and contribute to the universal community. (Adopted 1992)

#### Headquarters:

To advance the mission of Kappa Kappa Gamma by supporting the work of the volunteers, by fulfilling the managerial and administrative expectations of the Fraternity and Foundation, and by providing services for all its members. (Adopted 1993)

# POSITION STATEMENT ON ACADEMIC EXCELLENCE

Kappa Kappa Gamma is an organization of women which recognizes the value in developing intellectual excellence and opportunities for self-growth. Therefore, each chapter shall be required to maintain satisfactory scholastic standards equal to or higher than the university or college all sorority average or all women's average.

It is the responsibility of each chapter to seek women who are in agreement with the Fraternity's stated purposes including the advancement of scholarship and to provide an environment conducive to study.

Each chapter shall provide structured assistance for its members who experience academic difficulties.

Finally, it is the responsibility of each member to value her education, for in it she has placed her future.



# Scholarship Statistics

	Fall 1992	Spring 1993	Fall 1993	3 Semesters	
Chapters Reporting	113	101	86	300	
Average	3.02	3.07	2.95	3.02	
Chapters Reporting - All Sorority Average (ASA)	93	91	74	258	
Number of Chapters at or above ASA	67	72	55	194	
Percentage at or above ASA	A 72%	79%	74%	75%	

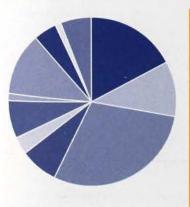
# Membership Statistics

	for the 1992 - 93 school year	for the 1993 - 94 school year (as of 3/22/94)
Number Pledged:	3,844	3,518
Number Initiated:	3,590	3,069
Percentage Initiated of those Pledged:	93.39%	87.23%
Number Pledged in informal Rush or Continous Open Bidding:	149	179
Legacies enrolled in Rush:	1,565	1,278
Legacies receiving Bids:	753	597
Legacies Pledged:	538	457
Percentage of legacies pledged of those in Rush:	34.47%	35.75%
Percentage of legacies pledged of those receiving bids:	71.44%	76.54%
Percentage of legacies enrolled in rush receiving bids from Kappa Chapters:	48.11%	46.71%
Total Membership Statistics		

Biennium Ending 6/30/92	Biennium Ending 6/30/94 (Thru 6/1/94)	
157,540	165,167	
377	357	
121	125	
	6/30/92 157,540 377	

1.3

# 1992-94 BIENNIAL BUDGET **EXPENSES**



12.3% CHAPTER & ASSOCIATION ASSISTANCE OFFICERS & COMMITTEES colonization & installation EDUCATION & TRAINING 5.6 KEY PUBLICATION 17.4 CONVENTION 10.5 SALARIES, WAGES & EMPLOYEE BENEFITS 29.4 supplies 7.3 PROFESSIONAL SERVICES 3.5 UTILITIES 7.2

INTEREST EXPENSE, OTHER

 Kappa Kinetics - Pilot Regional Leadership Conferences for alumnae and undergraduates.

## Here's what was new in 1992-94

- The Kappa Leadership Guide A single, resource notebook for each officer in the alumnae association and chapter and for each chapter adviser. It includes a section on leadership and organization skills.
  - Fleur-de-lis Sister A program for alumnae to become connected to the
     Fraternity when there is no nearby alumnae association.
    - New operations for The Key Bringing into Headquarters the production
      of the magazine and hiring an editor enables the magazine to be
      published more efficiently.
      - Foundation Board of Trustees Restructured to make committee chairmen voting members of the Board.
      - International Philanthropy Focus Membership survey results reaffirm rehabilitation as the focus with women's health issues an additional interest area.
      - Director of Development hired to enhance the Foundation's development efforts.
      - Four new chapters established Zeta Chi, Marist College; Zeta Psi, Wake
         Forest University; Zeta Omega, University of Waterloo; Eta Alpha,

Furman University

- SEEK Self-Esteem for Every Kappa was determined the primary educational focus of the Fraternity. The program received an Association of Fraternity Advisors award.
- Housing and Communication Task Forces As a result of Convention resolutions, these two areas were studied and recommendations made.

## Future Vision....What's Ahead

- Management Action Plan (MAP) Introduced at Convention. Implementation in all chapters to allow more efficient chapter planning and operation.
- Alumnae Association and Chapter Database Continued investigation of a computer database software program for easier management of membership data for alumnae associations and chapters.
- Manual Revision Individual booklets for chapter officers to insert in The Kappa Leadership Guide will be available soon. Keys to Housing, is currently being revised. Keys to Membership Selection will follow.
- Task Forces Appointed Four task forces will work throughout the next biennium to study critical issues in achieving the long-range plan.

Pledge Programming
Initiation of Alumnae
Membership Reference Procedures
Volunteer Recruitment, Training, and Refention

## LONG-RANGE PLAN: "Women Supporting Women" APPA KAPPA GAMMA JLY 1993

#### By the year 2000 we will:

#### GOAL 1: Strengthen the Fraternity through growth.

#### Fraternity Objectives

- Increase undergraduate membership by 2 percent by retaining membership levels at current universities and by extending to two new campuses.
- Identify a Canadian member who will develop a plan for growth of our Canadian membership.
- Increase the awareness of our membership about the aspects of diversity.
- Develop a plan for studying the membership reference process.
- Increase by 20 percent dues-paying membership in alumnae associations on the galley.

#### Foundation Objective

Ensure funding for a sufficient number of Field Representatives to support extension.

#### GOAL 2: Exemplify and promote fraterity values:

#### Fraternity Objectives

- Develop an outline for creating the History 2000.
- Review Fraternity requirements for chapter organization and management and make recommendations
- Study the Fraternity procedures regarding communication with a chapter and its alumnae when a chapter is not performing to expectations
- Establish a program to train volunteers for chapter visits during initiation.
- Develop a public relations strategy for use by alumnae associations and chapters.
- Establish and distribute a position statement on the value of single gender organizations.
- Reaffirm the Fraternity's position on cooperation with universities while protecting the rights to exist as a private organization.
- Emphasize academic excellence by reporting chapter statistics at the 1994 Convention and implement a program to improve results.
- Emphasize the development of lifeskills for our members.

#### **Foundation Objectives**

- Develop a plan to encourage scholarship recipients, etc. to serve the Fraternity as advisers or in other areas.
- Tell the history of women and how Kappa led the way.

#### GOAL 3: Increase financial security to fund the fraternity's programs.

#### Fraternity Objectives

- Actively promote all auxiliary income programs to increase revenue by 75 percent.
- Increase potential donor base by hosting special events in communities where Fraternity and Foundation officers visit.
- Continually promote and practice sound financial management.
- To improve services, investigate technological advances which will make operations more efficient and less costly.

#### **Foundation Objectives**

- Increase the Foundation's financial assets.
- Continue to support the Kappa Kappa Gamma Foundation of Canada.
- Continue to develop sound policies and procedures for the financial management of the Foundation.
- Design a plan to encourage the habit of life-long giving to Kappa through gifts to the Foundation.
- Increase donations of furnishings to the Museum which could be lent to the Fraternity to save the cost of purchasing new items.
- Use the Heritage Museum and Headquarters to cultivate/entertain donors.

#### GOAL 4: Provide effective programs for members as women supporting women.

#### Fraternity Objectives

- Develop a plan to recruit, train, and retain Fraternity volunteers.
- Continually assess member needs.
- Develop a plan for the direction and promotion of CHOICES.
- Generate financial assistance to members by renewing interest in and understanding of the Rose McGill Confidential Aid program.
- Implement an evaluation of the pledge program.

#### **Foundation Objectives**

- Develop a plan to increase publicity for scholarship recipients and scholarship programs in order to educate members and the public about quality Kappa and Greek programs.
- Involve the membership in the selection of an international philanthropic focus.
- Confirm the validity of each financial assistance program by periodic evaluations and make appropriate program changes.
- Provide increased assistance to members looking for financial aid.
- Provide a quality Summer Museum Internship program for Kappa undergraduate women.
- Provide financial support for the pilot Regional Leadership Conferences for undergraduates and alumnae.

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## KKT Address Lists are Risky Business

Unless you remember to change your address!!

(For the postman to find you we pay 35¢!)

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Georgia Southern University - (Mu North) - Sandra Johnson, Landrum Box 12212 GSU, Statesboro, GA 30460; Rosanne Zink Tardy, Δ, (Richard) Rt.5 Box 306, Statesboro, GA 30458

Georgia, University of - (Mu North) - Meredith Humphries, 440 S Milledge Ave, Athens, GA 30605; Mary Fair Davis, ΔY, (Scott) 1114 Oakdale Rd., Augusta, GA 30904

Hillsdale College - (Delta North) - Joanna Bruce, 221 Hillsdale Street, Hillsdale, MI 49242; Sally Altman Giauque, K, (O.L.) 2412 Brookview, Toledo, OH 43615

Idaho, University of - (Iota East) - Billie Jean Siddoway, P.O. Box 3038, Moscow, ID 83843; Ann Girand Ulliman, ΓΒ, 730 E. 8th #3, Moscow, ID 83843

Illinois, University of - (Epsilon South) - Melisa Olson, 1102 South Lincoln, Urbana, IL 61801; Katherine Carpenter Bookwalter, BA, (Robert) 7 Shady Lane, Danville, IL 61832

Illinois Wesleyan University - (Epsilon South) - Lucy Nelson, 105 East Graham, Bloomington, IL 61701; Julie Boyd Bach, P<sup>a</sup>, (William) 203 Fleetwood Dr., Bloomington, IL 61701

Indiana University - (Delta South) - Suzy Linskey, 1018 East Third Street, Bloomington, IN 47406; Carol Conner Franklin, Δ, (Joseph) 2709 Blue Ridge Ct., Bloomington, IN 47408

Iowa State University - (Zeta North) - Erin Schreck, 120 Lynn Ave., Ames, IA 50014-7107; Teri VanDorn Hampson, ΔO, (Kenneth) 1702 Buchanan, Ames, IA 50010

Iowa, University of - (Zeta North) - Jane Ochsner, 728 E. Washington, Iowa City, IA 52240; Jane Carter Jones, ΓΜ, (Ron) 9 Cherry Lane NE, Iowa City, IA 52240

Kansas State University - (Zeta South) - Heather Moen, 517 Fairchild Terrace, Manhattan, KS 66502; Jean Sharp Waters, ΓΑ, (Clarence) 1300 N. Juliette, Manhattan, KS 66502

Kansas, University of - (Zeta South) - Anne Henson, Kappa Kappa Gamma, 1 Gower Place, Lawrence, KS 66044; Carol Jones Hatton,  $\Omega$ , (Donald) 1641 Hillcrest Rd., Lawrence, KS 66044

Kentucky, University of - (Nu North) - Cynthia Watson, 238 E. Maxwell St., Lexington, KY 40508; Julie Sigg, BX, 120 Bassett Ave., Lexington, KY 40502

Lafayette College - (Beta East) - Nicole D'Auteuil, Farinon Center Box 9484, Lafayette College, Easton, PA 18042-1784; n/a Lawrence University - (Epsilon North) - Erin Elizabeth Stahowiak, 307 E. Lawrence St., Room 108, Appleton, WI 54911; Amy Ricci Peterson, E, 2524 N. Alexander, Appleton, WI 54911

Louisiana State University - (Theta East) - Perri Bezdek, P.O. Box 25104, Baton Rouge, LA 70894; Amy Kramer, ΔI, 2100 College Dr. #14, Baton Rouge, LA 70808

Marist College - (Alpha South) - Laura Patterson, %Amy Hampton Knight, 12D Hudson Harbour, Poughkeepsie, NY 12601; Mary Hellman, ΔN, Marist College, 500 Leo Hall, Poughkeepsie, NY 12601

Massachusetts, University of - (Rho South) - Elizabeth Cullinan, 32 Nutting Avenue, Amherst, MA 01002; Elaine Chomyn Barker, ΔN, (Alan) RFD #3, 40 Teewaddle Hill Rd., Amherst, MA 01002

McGill University - (Alpha North) - Whitney Ralston, 529 Rue Prince Arthur, Montreal QU, H2X 1T6; n/a

Miami, University of - (Mu South) - Laura Brennan, PO Box 248106, Bldg #21-H, Coral Gables, FL 33124; Gina Caputo DePollo, ΕΦ, (Dean) 6911 Main St. #111, Miami Lakes, FL 33014

Miami U. - (Gamma North) - Katherine Rankin, 100 Hamilton Hall, Oxford, OH 45056; Kathy Melancon Burger, ΔΛ, (Rick) 1189 Edition Dr., Beavercreek, OH 45434

Michigan State University - (Delta North) - Patricia Malcheff, 605 M.A.C., East Lansing, MI 48823; Elizabeth Birchfield Putman, ΔΓ, (Daniel) 4415 Elmwood, Okemos, MI 48864

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Minnesota, University of - (Epsilon North) - Becky Burnside, 329 10th Ave. SE, Minneapolis, MN 55414; Julia Love Stonehouse, ZN, (Greg) 2351 Floral Dr., White Bear Lake, MN 55110

Mississippi, University of - (Nu South) - Meredith Magers, Box 8137, U. of Mississippi, University, MS 38677; Lori Miller Cooke, ΔP, (David) 329 Wise Dr., Wilmore, KY 40390

**Missouri, University of -** (Zeta South) - Brenda Le Van, 512 Rollins, Columbia, MO 65201; Sydne Shaffer Stansberry,  $\Omega$ , (Edwin) 3716 Bray Ct., Columbia, MO 65203

Monmouth College - (Epsilon South) - Amy Longenbaugh, Box 917, Monmouth College, Monmouth, IL 61462; Brigit Sparling Keefe, E, (James) 714 N. 9th St., Monmouth, IL 61462

Montana, University of - (Iota East) - Cheyan Towne, 1005 Gerald Ave., Missoula, MT 59802; Darlene Craven, ΒΦ, 2875 Fenton St., Edgewater, CO 80214

Nebraska, University of - (Zeta North) - Erin Willis, 616 North 16th Street, Lincoln, NE 68508; Stacey Switzer Hill, Σ, 4101 Normal Blvd. #8, Lincoln, NE 68506

New Mexico, University of - (Eta West) - Patty Lewis, 1620 Mesa Vista NE, Albuquerque, NM 87106; Kelly Corn Cunnion, ΓΒ, (Peter) 7012 Guadalupe Trail N.W., Albuquerque, NM 87107

North Texas, University of - (Theta West) - Molly Cook, P.O. Box 5383, Denton, TX 76203; Suzanne Bouffard Woodard, EP, 3004 Nottingham Dr., Denton, TX 76201

North Carolina, University of - (Lambda West) - Melissa Bonsall, 302 Pittsboro St., Chapel Hill, NC 27514; Elizabeth Shaw, ΕΓ, 407-C Coolidge St., Chapel Hill, NC 27516

Northwestern University - (Epsilon North) - Elizabeth Lang, 1871 Orrington Ave., Evanston, IL 60201; Amy Osborn, Y, 2520 N. Burling, Chicago, IL 60614

Ohio Wesleyan University - (Gamma South) - Jacqueline Grantz, 126 W. Winter St., Delaware, OH 43015; Marilyn Fouse Jennings, P<sup>3</sup>, 2029 W. Lane Ave., Columbus, OH 43221

Ohio State University - (Gamma South) - Abbi Ryckman, 55 East 15th Avenue, Columbus, OH 43201; Lisa Tootle, ZK, 1928 Waterbrook Ln., Columbus, OH 43209

Oklahoma State University - (Xi) - Carrie Blevins, 1212 W. 4th, Stillwater, OK 74074; Catherine Cooper Fowler, ΔΣ, (Roger) Rt. 3 Box 870, Perkins, OK 74059

Oklahoma, University of - (Xi) - Marni Hill, 700 College, Norman, OK 73069; Jamie Lewinsohn Davis, BH, (Joe) 3300 Goodger, Oklahoma City, OK 73112

Oregon State University - (Pi North) - Candice Brown, 1335 N.W. Van Buren, Corvallis, OR 97330; Audra Sasser, ΓΜ, 321 N.W. 15th, Corvallis, OR 97330

Oregon, University of - (Pi North) - Gwyndollyn Wheeler, 821 E. 15th, Eugene, OR 97401; Melinda Werle Hawkins, BΩ, 2755 N.E. Boyd Acres, Bldg. 300 #15, Bend, OR 97701

Pennsylvania St. University - (Beta West) - Kara Stephenson, 108 S. Cooper Hall, University Park, PA 16802; Beatrice Coleman Sullivan, ΔA, (Charles) 1616 Woodledge Circle, State College, PA 16803

Pittsburgh, University of - (Beta West) - LuAnn Pantalo, 4401 Bayard St., Pittsburgh, PA 15213; Barbara Beckert Sheffield, ΓΙ, (Elliot) 2523 Orlando Pl., Pittsburgh, PA 15235

Princeton University - (Beta East) - Tiffany Flik, PO Box 413, Princeton, NJ 08542-0413; Barbara DeMarco Reiche, ΕΩ, 211 Prince St., Bordentown, NJ 08505 Puget Sound, University of - (Iota West) - Carrie Carson, 1500 N. Warner, Tacoma, WA 98416; Betsy Ellington Davis, El, (Charles) P.O. Box 7284, Tacoma, WA 98407

Purdue University - (Delta South) - Ellyn Farley, 325 Waldron, West Lafayette, IN 47906; Kimberly Dougherty Darnay, M. (Brandon) 10930 E. Westfield Blvd., Indianapolis, IN 46280

Richmond, University of - (Lambda East) - Blythe Bailey, RC Box 1718, University of Richmond, Richmond, VA 23173; Margaret Ahl Beason, ZM, (Edward) 4509 Stonewall Ave, Richmond, VA 23225

Rollins College - (Mu South) - Ann Keeble, P.O. Box 1829, 1000 Holt Ave., Winter Park, FL 32789; Jane Goodnow Duvall, ΔE, (Jack) 1525 Bonnie Burn Cir., Winter Park, FL 32789

Simpson College - (Zeta North) - Melissa Keeney, 515 N. E St., Indianola, IA 50125; Michelle Nierling Jensen, O4, (Mark) 306 4th St. S.E., Altoona, IA 50009

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Southern California, University of - (Kappa North) - Melanie Doell, 929 W. 28th St., Los Angeles, CA 90007; Bolton Singelyn, AT, (Michael) 510 Sierra Vista Ave., Pasadena, CA 91107

Southern Methodist University - (Theta East) - Amy Williamson, 3110 Daniel Ave., Dallas, TX 75205; Margie Vestal Hegi, ΓΦ, (Frederick) 3318 Hanover, Dallas,

St. Lawrence University - (Alpha North) - Andrea Harovas, Box 606, St. Lawrence University, Canton, NY 13617; Karen Pflugheber Gunnison, BBa, 3 Broad St., Potsdam, NY 13676

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Texas A&M University - (Theta West) - Kim Horton, 1502 Athens Dr., College Station, TX 77840; Linda Winchell Grunkemeyer, EB, (Dennis) 9411 Twelve Oaks, College Station, TX 77845

Toronto, University of - (Alpha North) - Lori Iaboni, 32 Madison Ave., Toronto ON, M5R 2S1; Lyn Stubbs Coombs, BΨ, (W. Geoffrey) 83 Chudleigh Ave., Toronto Ontario M4R 1T4

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Tulsa, University of - (Xi) - Alissa McClure, 3146 E. 5th Pl., Tulsa, OK 74104; Janelle Truitt Dollerschell, ΓΦ, (Clayton) 220 E. 20th St., Tulsa, OK 74119

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Vanderbilt University - (Nu North) - Christa Sutphin, 2416 Kensington Pl., Nashville, TN 37212; Gina Folk Whitesell, EN, 2717 Wortham Ave., Nashville, TN 37215

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Virginia Tech - (Lambda East) - Michele Anzilotti, Kappa Kappa Gamma, 301 A SPH-J, Blacksburg, VA 24060-0033; Jennifer Hudgins, ZM, 4816 Buckhorn Rd. S.W., Roanoke, VA 24014

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Wake Forest University - (Lambda West) - Mary S. Stokes, Box 9088, Winston-Salem, NC 27109;

Washington, University of - (Iota West) - Ann DeFabio, 4504 18th Ave. N.E., Seattle, WA 98105; Karen Olson, ZN, 811 N.E. 67th St. #5, Seattle, WA 98115

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Washington & Jefferson - (Beta West) - Michele Streppa, Box #646, 50 S. Lincoln, Washington, PA 15301; Sue Messerly Blackhurst, AY, (Jeffrey) 121 Surrey Dr., Canonsburg, PA 15317

Washington & Lee University - (Lambda East) - Elizabeth Holleman, P.O. Box 1543, Lexington, VA 24450; Emily Smitherman Reel, M, (Robert) 1004 Shenandoah Rd., Lexington, VA 24450

Washington University - (Zeta South) - Stephanie Shackelford, 1 Brookings Dr., Campus Box 1182, St. Louis, MO 63130; Janet Van Meter Madigan, BY, (Thomas) 520 Willow Ln., Kirkwood, MO 63122

Waterloo, University of - (Alpha North) - Leslie Heubach, 114 Radcliffe Dr., Kitchener ON N2E 1Y5: n/a

West Virginia University - (Lambda West) - Townley Aide, 265 Prospect St., Morgantown, WV 26505; Nancy VanGilst Rice, BY, (Alexander) 1008 Pierpoint S. Dr., Route 12, Morgantown, WV 26505

Westminster College - (Zeta South) - Melissa Carter, Westminster College Box 8564, Fulton, MO 65251-8564; Susan Denty Lippincott, Θ, (John) 4355 Twin Oaks Dr., Fulton, MO 65251

Whitman College - (Iota East) - Jessica Singer, Prentiss Hall, Whitman College, Walla Walla, WA 99362; Kathryn Eubanks Zahl, EI, (Jerry) 1841 Rustic Pl., Walla Walla, WA 99362

William & Mary, College of - (Lambda East) - Erica Neubert, C.S. Box 4228, College of William & Mary, Williamsburg, VA 23186; Sharron Arnoldy Gloskowski, ΕΔ, (Edward) 507 Spring Trace, Williamsburg, VA 23185

Wisconsin, University of - (Epsilon North) - Elizabeth Scheffel, 601 N. Henry St., Madison, WI 53703; Catherine Hajnal, ΔΔ, 401 North Eau Claire #319, Madison, WI 53705

Wyoming, University of - (Eta West) - Mandi Rutledge, 1508 E. Sorority Row-KKG, Laramie, WY 82070; Margaret Burns Page, FO, (Thomas) 449 Carroll Lake Rd., Laramie, WY 82070

Yale University - (Rho South) - Su-jean Seo, PO Box 200491, Yale Station, New Haven, CT 06520; Charlene Koehler Wright, EΩ, 66 Beaver St., Hamden, CT 06514

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### **CHAPTER ANNUAL HONORS REPORT**

Congratulations to the following undergraduates who were honored during the 1993-94 academic year.\*

drawing by Lucretia Leonard Romey, A

ALPHA LAMBDA DELTA (1st-year Student Scholarship)

(1st-year Student Schol Alabama - TT Lauren Andrews Greer Blackwell Mimi Childs Leigh Davis Reynolds Edwards Kari Kubiszyn Betsy McKewen Amy McMullen Marian Northington Michelle Pieroni Ashley Sexton

Brooks Yarbrough

Arizona State - E∆

Susie Fawcett

Jamie Leary

Lisa Morrison

Lauren Mullican

Kearstin Switzenberg

Shelby Walker

Leanne Wiener

Allison Woychak

Katie Wolter

Baylor - EY
Kim Arnold
Jennifer Herbert
Heather Lennon
Evey Loudon
Amy Mack
Mary Ann Norris
Lacey Olinghouse
Jennifer Ross

Bowling Green - ZK
Kelly Bricking
Karyn Jack
Kellie Lamb
Laurel Selden
Lara Stoddard

Bucknell - ΔΦ
Katie Hunt
Shannon Wright
Randle White
Carrie VanAtten
Jennifer Trow
Devon Cruikshank
Kerrie Clifford
Tami Sands
UCLA - ΓΞ

Tracy DeAmicis
Kira Gunther
Shira Varon
Cincinnati - BP

Alexandra Simitses Melanie Wise Colorado College - ΔZ

Stacey Traylor
Jessica MacMurry
Connecticut - ΔM
Kathy Carlucci

Lisa Chapman Heather Dunn DePauw - I

DePauw - I Amy Eberle Anne Esteves Sarah Herrlinger Michelle Holmes Kristen Koerner Cathy Powell Amy Sputh

Georgia - ΔΥ Paige Russell Idaho - BK Alisha Braswell Illinois - BA Janet Flewelling Julie Naffziger Lindsey Pann Heather Rastorfer Jennifer Sherlock

London Summerville
Indiana - A
Kristen Barnett
Alison Barr
Monica Borgo
Meredith Campo
Afi Eframian
Rose Gallagher
Michelle Reynolds
Charlotte Tritch
Kris Williams

Iowa State - ΔΟ Kristen Toft Jennifer Bensen Kristyn Berghoefer Rebecca Siebler

Kentucky - BX Jen Carter Jennifer Urban Massachusetts - ΔN Ellie Tan Miami - ΔK

Christie Miles
Mississippi - ΔP
Courtney Brooks
Regan Christopher
Lucy Dixon
Nikki Duncan
Michelle Headley
Shane Henry
Elizabeth Macy
Ann Olivier
Libby Pugh
Elizabeth Schadt
Wendy Taylor
Abbie Thompson
Lisa Williams

Jami Wyatt

Monmouth - A<sup>a</sup>
Nicole Benedict
Kim Bruetsch
Ginny Martin
Melissa Scholes

Melissa Scholes
Nebraska - Σ
Lisa Holley
Jodi Petrig
Amy Reed
Anne Stockfleth
Amy Craig
Melissa Millard
Megan O'Hanlon
Jennifer Wolf
Kathy DeRosear

North Texas - Z∑ Kelly Beagle Jenni Daffin Oklahoma - B⊖

Oklahoma - BΘ Kim Brackett Jen Golm Oregon State - ΓΜ

Chelsea Bashor Oregon - BW Lija Huston Carrie Lovgren Niki Scott Lisa Shaw

Southern California - ΔT Harte Chaden Rachel McDevitt Ginny Schreiber Melissa Thomas Dee Dee Tyson Erica Weinberg

Southern Methodist - ΓΦ
Beth Boettcher
Landy Elliot
Ainsley Fitzgerald
Mary Jane Glasscock
Lane Reed

Shannon Stanford
Texas - BE

Erin Cooper Ellen Witt Paige McDonald Elizabeth Kreutz Kathleen Matthew Kristin Martori Anne Rehfeldt Eugenie Eisner Allison Bech

Allison Bech
Texas Christian - EA
Angie Amos
Pam Cortelyou
Stacey Holmes
Janice Jacobe
Holly Leider
Emily Schulz
Allison Whitley
Tulane - BO

Laura Brenner Emelie Kantrow Jane Lee Jessica Segal Nicole Valenti

Vanderbilt - EN
Beverly Barrett
Catherine Cooksey
Anne Farkas
Hilary Fey
Kara Hudson
Karly Randolph
Kimberely Schrage
Mary Helen Stephens
Christa Sutphin
Martha Tipton
Lindy Upton

William and Mary - FK
Julie Dickson
Jen Hlavna
Lynne Hozik
Caroline Mueller
Shama Patwardhan

PHI ETA SIGMA (1st-year Student Scholarship) Akron - A

Cara Quinn Alabama - ΓΠ Ashley Abercrombie Lauren Andrews Mimi Childs Leigh Davis Reynolds Edwards Meg Harrington Kari Kubiszyn Kris Loveman Betsy McKewen Amy McMullen Marian Northington Michelle Pieroni Ashley Sexton Elizabeth Turner Katie Wolter **Brooks Yarbrough** 

Bowling Green - ZK
Tamara Eggert
Mandi Goldi
Jackie Koesters
Robin Montri
Jennifer Rossetti
Laurel Selden
Bucknell -  $\Delta\Phi$ Katie Hunt
Randle White

Wendy Millman Tami Sands UC Irvine - ZH Mailyn Paige UC San Diego - ZN Heidi Swanson

Heidi Swanson

Colgate - ZP

Melissa Chua

Emily Gaenzle

Jennifer Hughes

Ashley Kayser

Liza Shibuk

Darcy Rollins

Heidi Von Allmen

DePauw - I

DePauw - I
Amy Eberle
Anne Esteves
Sarah Herrlinger
Michelle Holmes
Kristen Koerner
Cathy Powell
Amy Sputh
Florida State - EZ
Diane Bergeron
Amy Cohagan
Robin Curry
Nina Miron
Heather Binder

Heather Pinder
Miki Sakata
Georgia - ΔΥ
Paige Russell
Georgia Southern - ZY
Jenny Allen
Catherine Anliker
Idaho - BK

Mishi Hall

Beth Hamilton

Erika Hardisty

Nikki Nielsen
Aimee Schmidt
Illinois - BA
Paige Booker
Amy Durkin
Katie Knutson
Julie Naffziger
Lindsey Pann
Heather Rastorfer
Jennifer Sherlock

Jennifer Sherlock
Indiana - A
Kristen Barnett
Alison Barr
Monica Borgo
Meredith Campo
Afi Eframian
Rose Gallagher
Michelle Reynolds
Charlotte Tritch
Kris Williams
Iowa - BZ
Katie Brennan

lowa - BZ
Katie Brennan
Heather Buxton-Holmes
Poppy Crum
Elizabeth Davis
Megan Freeburg
Lisa Klauer

Beth LaRocque Amy Reschly Anne Zumwalde

Iowa State - AO
Jennifer Bensen
Kristyn Berghoefer
Rebecca Siebler
Kristen Toft

Kentucky - BX Jen Carter Massachusetts - ΔN Amy Skogen Mississippi - ΔP

Courtney Brooks
Regan Christopher
Lucy Dixon
Nikki Duncan
Shane Henry
Christina Humber
Brooke Ogilvie
Ann Olivier
Libby Pugh
Elizabeth Schadt
Wendy Taylor
Abbie Thompson
Lisa Williams
Jami Wyatt

Jami Wyatt
Nebraska - Σ
Lisa Holley
Jodi Petrig
Amy Reed
Anne Stockfleth
Kathy DeRosear
Amy Craig
Melissa Millard
Megan O'Hanlon
Jennifer Wolf

North Texas - ZZ Kelly Beagle Jenni Daffin Ohio Wesleyan - P<sup>Δ</sup>

Heather Mitchell Tressa Thompson Oregon - BΩ Lija Huston Carrie Lovgren

Niki Scott

Penn State - AA

Melissa Burkert

Michele Burkert

Betsy Evanoff

Jodi Hallam

Tina Harper

Dorian Readnour

Kari St. Clair

Pittsburgh - FE

Samantha Sembrat Jennifer Stuck Richmond - ZO Pam Dise Jennifer Vitale Andrea Stigall

Rollins - AE
Amber Parsell
Mimi Tran

Tennessee - EA
Katie Garts
Paige Johnson
Kelie Hayden
Ursula Stricklin
Heather Laney
Monica Wallis
Heather Palmer

Texas - BE Erin Cooper

Ellen Witt Paige McDonald Elizabeth Kreutz Kathleen Matthew Kristin Martori Anne Rehfeldt Eugenie Eisner Allison Bech Texas A&M - EP Kelly Gray Alison Hale Erin Mozola Caroline Schlemmer Tulane - BO Jessica Segal Nicole Valenti Utah -  $\Delta H$ Sarah Brown Sarah Cowley Kirsten Haughey Vanderbilt - EN Beverly Barrett Catherine Cooksey Anne Farkas Hilary Fey Kara Hudson Karly Randolph Kimberely Schrage Mary Helen Stephens Christa Sutphin Martha Tipton Lindy Upton Virginia Tech - ZM Amanda Weidner Washington and Lee - ZT **Amy Carrington** Kylie Edwards Stacy Williams William and Mary - FK Julie Dickson Jen Hlavna Lynne Hozik Caroline Mueller Shama Patwardhan Ashley Abercrombie Jenny Barnes Colleen Bell Greer Blackwell Courtney Butcher Mimi Childs Delia Christian **Amy Dennis** Ginger Gregory Meg Harrington Ashley Hunt

GAMMA BETA PHI (Soph. Scholarship) Alabama - ITI Kari Kubiszyn Laine Kuebel Kris Loveman Casey Luckie Amy McGehee Betsy McKewen Amy McMullen Michelle Pieroni Dana Schwalbert Jenny Shenefelt Rebecca Simmons Lesly Sommerville Elizabeth Turner

Courtney Wood **Brooks Yarbrough** Arizona State - E∆ Monique Drake Lauren Mullican Baylor - EY Robbin Grisham Laura Hilton

Charlotte Weatherly

Katie Wolter

Amy Mack Lainie Mangum Mary Ann Norris **Brandy Orebaugh** Susan Pedison Meka Schrader Katy Stamatis Deanna Townsley Lindsey Tubb Amy Walker Georgia - AY Helen Waldrop Caroline Hubbard

Paige Russell Georgia Southern - ZY Carolyn Aglio Jenny Allen Amy Beamer Kathleen Cook Mississippi - ΔP

Courtney Brooks Regan Christopher Lucy Dixon Nikki Duncan Shane Henry Christina Humber Ann Olivier Libby Pugh Elizabeth Schadt Wendy Taylor Abbie Thompson Lisa Williams Jami Wyatt North Texas - ZΣ

Shannon Bresnahan Holly Pace Tennessee - EA

Heather Palmer Heather Laney Ursula Stricklin Vanderbilt - EN

**Beverly Barrett** Catherine Cooksey Anne Farkas Hilary Fey Rachel Gough Kara Hudson Amanda Miller Jessica Randall Karly Randolph Amy Schafer Kimberely Schrage Mary Helen Stephens Christa Sutphin Martha Tipton

Lindy Upton Jennifer Wambach Dana Wilkerson Virginia Tech - ZM

Karen Burkholder Julie Casalegno Susan Chin Jeanne Jose Amanda Weidner

GOLDEN KEY (Jr. Scholarship) Akron - A

Isadora Almaro Christine Batina Maria Donatelli Rachel Ebie Merideth Hymes **Amy Lantz** 

Alabama - ГП Ashlev Abercrombie Jenny Barnes Greer Blackwell Delia Christian Leigh Davis **Amy Dennis** Meg Harrington

Ashlev Hunt Kari Kubiszyn Kris Loveman Courtney Rudolph Ashley Sexton Rebecca Simmons Lesly Sommerville Arizona State - EA

Julie Bergstein Sara Biel Jamie Leary Baylor - EY Kim Arnold Amy Mack

Susan Pedison **Bowling Green - ZK** Tamara Eggert Jennifer Fantuz Robin Montri Mary Anne Prohaska

Amy Schermer UC Berkeley - П<sup>∆</sup> Mutya Fonte Jamie Jefferson Kari Nelson UC Davis - EO

Suzanne Moser UC Irvine - ZH Jennifer Foote UC Riverside - E∏

Ilona Gerzon Melissa Goulet Shelby Jones Jennifer Kurlan Penelope Ross Kristen Taylor UC San Diego - ZN

Allison Booth Jill Cohen Batsheva Goldstein Maggie Lang Danielle Levene Jill Tommeraason Shanon Welch

Cincinnati - BP Dara Demaree Melanie Wise Clemson - EM

Amy Parker Elizabeth Bell Cornell - 4

Kristina Bogojavelensky Kelly Hays Dorothy Kim

Heidi Packard Eugenie Van Wynen DePauw - I Anne Esteves

Jessica Rupp Amy Sputh Florida State - EZ Amy Cohagan Robin Curry

Ruby Isla Heather Pinder Georgia - AY Ashley Jordon

Georgia Southern - ZY Jenny Allen Idaho - BK

Connie Anderson Jennifer Heuttig **Becky Lamarque** Billie Jean Siddoway

Illinois - BA Jamie Bukvich Beth Gshiel Sally Gschwendnter Jennifer Lung Annette Resteghene Sarah Schilling

Indiana -  $\Delta$ Meredith Campo Rose Gallagher Lisa Rocca Iowa State - △O Erin Schreck Heather Tolby

Carrie Allebach Kansas State - ΓΑ Carrie Brucken Michelle Eble Heather Moen Jennifer Viterise

Kentucky - BX Karyn Rode Stephanie Collins Anne MacCracken Preeti Bansal

Massachusetts - AN Kelly Chang Melissa Fogel Alexis Hersh Amy Skogen Ellie Tan Miami - AK

Patty Bestard Mississippi - ΔP Elizabeth Macv Sandy McKinney Candace Rogers Christina Tompkins Amber Young

Nebraska - Σ Christina Nielsen Amy Reed Anne Stockfleth Kristin Gasseling Heather Sinor Kathy DeRosear Erika Counselor Christina Jelinek North Texas - ZΣ

Molly Cook Holly Pace Oklahoma - BO Krista Gordan Lara Lambert Misty Jenkins Ashley Harris Holly Pauling Kylee Brunner Jonni Taylor Marni Hill

Oregon -  $B\Omega$ Taj Barnhart Penn State - AA Charlene Alexia Tina Harper Amy Herr Diane Kane Angie Leedy Amy Schneider Pittsburgh - ΓΕ

Kelly Matyas Jennifer Stuck Richmond - ZO Courtney Barg Wesley Bowman Jennifer Collins Terri Collins Lisa Dunlap Kim Fawcett Thea Hall Molly Hood Stephanie Lacovera

Susan Oldham Southern Methodist - ΓΦ Ouinlan McDonald Erin Nichols Brooke Wagner Tennessee - EA

Angie Leath

Becky Sabau Kathleen Clements

Texas - BE Erin Cooper Ellen Witt Anne Shirley Kristin Martori Texas A&M - EP

Kristy Ford

Shannon Durkin Texas Christian - EA Juliana Glover Julie Hardin

Shannon Sage Utah - AH Julie Johnson Wake Forest - ZY Tyler Bouldin

Karen Nunley Rebecca Thompson West Virginia - BY Kristin Sommers Erin Heflin

William and Mary - FK **Emily Ashmore** Sally Jones Amy Shaner Brooke Spelman Jen Triplett

MORTAR BOARD (Sr. Scholarship and Leadership)

Alabama - ГП Kari Kubiszyn Arizona State - EA

Kearstin Switzenberg **Bowling Green - ZK** Tamara Eggert Kellie Lamb Robin Montri UC Berkeley - ∏<sup>∆</sup>

Jamie Jefferson Annelie Lodge Jyoti Nanda

UC Santa Barbara - ЕЧ Nicki Belytschko Ashleigh Blackford Marnie Bozak Reina Hoegh Cincinnati - BP

Melanie Wise Cornell - Ψ<sup>Δ</sup> Sara Lulo DePauw - I

Anne Esteves Sarah Herrlinger Jolyn Phelan Emory - EE

Tanya Mazarowski Mary Skinner Florida State - EZ Fave Hant

Christy Wiggers Idaho - BK Susie Fulton Iowa - BZ Inger Hansen Julie Heinzel

Amy Mackin Iowa State - AO Erin Schreck Kentucky - BX

Debra Williams Massachusetts -  $\Delta N$ Melissa Fogel Miami - AK

Jenny Scott Mississippi - ΔP Meredith Magers

Monmouth - A Jennifer Hootselle Fiona Loomes Erika Witek

Nebraska - Σ Kristin Gasseling Sarah Duey Erika Counselor Ann Nelson North Texas - ZΣ Heather Black Molly Cook Oklahoma - BO Marni Hill Oregon State - TM Molly Comer Jen Rosales Oregon - BΩ Taj Barnhart Sherry Fairgrieve Alex Nally Penn State - AA Amy Buick Puget Sound - El Nadja Masura Richmond - ZO Holly Payne Stephanie Lacovera Southern Methodist - ΓΦ Michelle Montgomery Texas Christian - EA Shannon Sage Tulsa - ΔΠ Alissa McClure Anne Menzies Melanie Miller Vanderbilt - EN Kara Hudson Karey Nalle Christa Sutphin Vermont - Z∆ Angela Young

OMICRON DELTA KAPPA

(Sr. Scholarship and Leadership) Alabama - ГП Leigh Davis Kari Kubiszyn Baylor - EY Amy Mack Amy Walker **Bowling Green - ZK** Kellie Lamb Bucknell - △Ф Laurie Burkland Liz McCullough Kathy Wurster

Ellie Finkelstein Centre - ZI Rhonda Bailey

Erin Stevenson Leslie Wilson Emory - EE Jennifer Melnyk

Florida State - EZ Robin Curry Heather Pinder Iowa - BZ

Amy Mackin Kentucky - BX Preeti Bansal Sarah Bonewits

Miami - AK Jenny Scott Sam Southall

Mississippi - ΔP Meredith Magers Oklahoma - BO

Marni Hill Penn State - ΔA Charlene Alexia Richmond - ZO

Courtney Barg Jennifer Collins Terri Collins

Stephanie Lacovera Holly Payne Simpson - O<sup>A</sup> Angela Bailey Theresa Cannon Holly Ivy Tulsa - ΔΠ

Alissa McClure Ann Menzies Melanie Miller Thayla Painter Vanderbilt - EN Catherine Kurtz

Berkley Race Charnie Rich Christa Sutphin Wake Forest - ZY Anna Gatewood

Meredith Gaskins Washington (St. Louis) - FI Polly Shrewsbury

Washington and Lee - ZT Kelly Bass Carol Pierce Valerie Shannon Laura Voekel Kim Dickinson Rachel Zloczover Susan Moseley William and Mary - FK

Kristin Gould Gabriella Leite

PHI BETA KAPPA (Sr. Scholarship) UC Berkeley - ∏<sup>∆</sup> Jaime Jefferson Syida Long Erin Ulrich UC San Diego - ZN

Debbie Setton Kym Proctor Shanon Welch Centre - ZF

**April Boulton** Colette Cary Ally Russell Cornell - YA

Dorothy Kim DePauw - I Anne Esteves Sarah Herrlinger Amy Sputh

Duke -  $\Delta B$ Catherine Crutcher Emory - EE

Jennifer Melnyk Florida State - EZ Cathy Warren

Iowa - BZ Inger Hansen Iowa State - AO

Dianne Smart Kansas State - ΓΑ Sarah Caldwell

Kentucky - BX Melanie Julian Lafayette - ZB

Shelly Thompson Massachusetts - AN Kjeldy Haugsjaa Nebraska - Σ

Heather Hahn Heather Sinor Puget Sound - EI Brenda Longfellow Texas - BE

Anne Telle Amanda Harris Tulsa - ΔΠ Sharla Barklind Trinity - ZO Sandy Policloro Villanova - ZI

Megan Vnenchak Washington and Lee - ZT Anne Redford Valerie Shannon Rachel Zloczover

(Sr. Scholarship) Alabama - ΓΠ Kari Kubiszyn Arizona State - EA Kearstin Switzenberg Connecticut - AM Melyssa Kinney Cornell - Y

PHI KAPPA PHI

Dorothy Kim Georgia Southern - ZY Jenny Allen Illinois - BA

Jenefer Johnson Iowa State -  $\Delta O$ Erin Schreck Carrie Allebach Stacey Shulte

Kansas State - FA Sarah Caldwell Carrie Doctor Jennifer Johnson

Miami - AK Patty Bestard Alicia Dixon Mary Jo Wazlo Mississippi - ΔP Sandy McKinney Oregon State - I'M Heidi Marx

Texas A&M - EP Shannon Durkin

Tulsa - ΔΠ Alissa McClure Melanie Miller

HONOR SOCIETY PRESIDENTS UC San Diego - ZN Agnes de Guzman - Order

of Omega Cornell - 4 Jennifer Tsai - Ye Hosts

(Hotel Administration) Bucknell - ΔΦ Laurie Burkland - Omicron

Delta Kappa UC Davis - EO

Rebecca Teitelbaum - Order of Omega UC Riverside - ЕП

Melissa Goulet - Golden Key Centre - ZI

Rhonda Bailey - Omicron Delta Kappa Laura Weihl - Order of

Omega Connecticut - AM

Lisa Chapman - Rho Chi (Pharmacy) DePauw - I

Mollie Brown - Kappa Delta Pi (Education) Jolyn Phelan - Mortar Board Florida State - EZ

Christy Wiggers - Mortar Board Iowa State - AO

Heather Tolby - Golden Key Massachusetts - ΔN Kjeldy Haugsjaa - Upsilon Pi

Jennifer Carbone - Beta Alpha Psi

Nebraska - Σ Heather Sinor - Sigma Tau Delta

North Texas - ZΣ Kristana Kane - Rho Lambda Richmond - ZO Lisa Dunlap - Golden Key

Stephanie Lacovera - Omicron Delta Kappa Molly Hood - Beta Beta Beta

Stephanie Lacovera - Omicron Delta Kappa Tennessee - EA

Kathleen Clements - Alpha Phi Mu

Texas Christian - EA Elizabeth Alexander - Phi Alpha Theta (History) Meredith Norton - Beta Alpha Psi (Accounting)

Tulane - BO Jane Lee - Beta Alpha Psi (Accounting)

Tulsa - ΔΠ Liz Book - Pi Sigma Alpha (Political Science) Alissa McClure - Alpha Epsilon Delta (Pre-Med) Vanderbilt - EN

Charnie Rich - Omicron Delta Kappa

PANHELLENIC/ALL-**CAMPUS GREEK AWARDS** (Most Outstanding Achievement) Alabama - ITI Scholarship Award - Actives Akron - A Jill Castanien - Adviser of the

Year Allegheny - TP Marjohn Elyaderani - Greek Achiever Casey Ann Boocks - Most **Outstanding Member** 

Arkansas - ΓN Award of Excellence Chancellor's Award Highest G.P.A. - First Year Affiliates

Amy Martin - Outstanding Greek Woman Baylor - EY

Herbert H. Reynolds Award for Fraternal Excellence Sorority Intramural Champions Jennifer Ducate - Outstanding

Senior Woman **Bowling Green - ZK** 

Highest Chapter Average Highest Total Chapter Average Dean's Scholarship Award Michelle Barth - Most Outstanding New Member in the Greek Community

Bucknell - ΔΦ Outstanding Sorority Chapter Outstanding Drug and Alcohol Education Laurie Burkland - Outstanding Chapter President Outstanding New Membership Program Kathy Wurster - Outstanding

UC Berkeley - П<sup>△</sup> Deana Connell - Tali James Scholarship Molly Harcos - Tali James

Scholarship Audrey Heinesen - Tali James Scholarship

Greek Athlete

Tenaya Soderman - Tali James Scholarship Jyoti Nanda - Torch and Shield

Award

Tenaya Soderman - Torch and Shield Award

UC Davis - EO

Margaret Snow - Outstanding Member

Tasha Jablonski - Outstanding New Member

UC Irvine - ZH

Becky Sumrow - Panhellenic Executive Council, VP Rush

UC Riverside - EII Kristen Taylor - 1993 **Outstanidng Junior** 

Diana Finck - 1994 Outstanding Junior

UC Santa Barbara - ЕЧ Panhellenic Philanthropy Award 1994

Centre - ZI Philanthropy Award Cincinnati - BP

Alexandra Simitses - Most Active on Campus

Colgate - ZP

Jennifer Anker - Most Valuable Panhellenic Officer

Panhellenic - Best Sorority Colorado College - AZ

Alex Kennaugh - Greek Woman of the Year

Connecticut - AM Sara Gerke - Greater Hartford

Panhellenic Scholarship Cornell - YA

Trace Broyles - Most Outstanding Member Sara Lulo - Most Outstanding

Member Michelle Mallardi - Most

Outstanding Member Mari Converse Award for

Outstanding Panhellenic Relations Outstanding Chapter

Programing **Outstanding Chapter** 

Emory - EE

Katie Bilotta - Emory Humanitarian Award Shannon Duffy - Thomas

McDonough Award Florida State - EZ Heather Pinder - Seminole

Award for Outstanding Leadership Georgia - AY

Liza Andrews - Chairman of Scholarship for Panhellenic

Georgia Southern - ZY Catherine Anliker - Leadership/Community Service Award

Idaho - BK Greek Week - 1st Place

Overall 1st Place Songfest Chapter Excellence Award Scholarship Award

Indiana - A

Allison Bailey - Outstanding Jr. Scholarship Lol Bloomquist - Outstanding Jr. Scholarship

Iowa - BZ Fraternal Excellence Award **Outstanding Scholarship** Award Highest Pledge Class Grade Point Average Award **Outstanding Fundraising** Service Award Lafavette - ZB Janna Kludzuweit - Outstanding President Miami - AK Homecoming - 1st Place Overall Greek Week - 1st Place Overall Most Outstanding Campus Involvement Best Pledge Retention Highest Chapter Scholarship Award April Mossberger - Marilyn Gerstein Coller Award Jenny Scott - Mary B. Merritt Award Tonja Patrick - Rho Lambda Spirit Award Mississippi - ΔP Most Improved Scholarship Award Monmouth - A<sup>a</sup> Pledge Class of the Year Highest GPA among Greek Women 1st Place in Greek Games North Texas - ZΣ Most Improved Grades Heather Phillips - Best Panhellenic Delegate Molly Cook - Outstanding Female Greek Kristana Kane - Outstanding Female Greek Ohio Wesleyan - Pa Heather Mitchell - Outstanding Pledge/New Member Oregon State - I'M Michelle McKee - Greek Woman of the Year Oregon - BO Lija Huston - Greek Centurion Carrie Lovgren - Greek Centurion Laura Poole - Greek Centurion Top Pledge Class Most Improved Sorority Pittsburgh - FE Membership Education Award Puget Sound - El Brenda Longfellow - Greek Scholar of the Year Community Service Award Purdue - ΓΔ Most Improved GPA Rollins - AE Stacy Moss - Female Athlete of the Year Simpson - O<sup>A</sup> Adrienne Lamberti - Most **Outstanding President** Southern California -  $\Delta T$ Alumni Relations Award

Texas - BE

the Year

of the Year

Trinity - ZΘ Alissa McClure - Outstanding Junior Utah - AH Songfest - First Place Vanderbilt - EN Anne Farkas-Athenian Scholarship and Chancelor Heard Award Anne Hanahan - Outstanding President Vermont - Z∆ Most Athletic Most Improved **Outstanding Community** Service Washington (St. Louis) - ΓΙ Most Spirited Volunteer Group - Special Olympics Patty Wu - Outstanding Greek Woman of the Year Alecia Riewerts - Outstanding New Member Highest GPA for New Initiates West Virginia - BY 1st Place - Special Achievement William and Mary - FK Best Overall Best Philanthropy ORDER OF OMEGA (Greek Honorary) Arizona State - EA Sara Biel Jamie Leary Arkansas - TN Leslie Day Dana LeBlanc Robyn Sturey Ginny Freeman Amy Martin Sara Bland **Bowling Green - ZK** Kelly Bricking Jill Chambers Shannon Cinciarelli Tamara Eggert Jennifer Fantuz Elyse Haggard Julie Harris Kellie Lamb Tina Lear Robin Montri Julie Scherwin UC Berkelev - ∏<sup>∆</sup> Tenaya Soderman UC Irvine - ZH Lisa LeBlanc Donna Dimino UC Riverside - E∏ Sheri Espinoza Diana Finck Denise Joe Shelby Jones Kristen Taylor UC San Diego - ZN Allison Booth Shannon Welch Centre - ZI Erin Stevenson Jody Madird - Outstanding Leslie Wilson Sorority Woman and Laura Weihl Outstanding Woman of Ally Russell Elizabeth McGee Texas Christian - EA Cincinnati - BPs Angie Amos - Outstanding Sarah Deddens Freshman Greek Woman Anne Miller Alexandra Simitses

Tulane - BO

Sarah Goldstein - Most

Delegate

**Outstanding Panhellenic** 

Clemson - EM Gina Brown Amy Parker Colorado College - AZ Anne McGarvey Jill Pederson Connecticut -  $\Delta M$ Lauren Kenney Cornell - 44 Gina Aquaviva Traci Broyles Sara Lulo Michelle Mallardi George Washington - TX Frin Johnson Cora Vegafria Sarah Dohrman Georgia -  $\Delta Y$ Allison Baker Annie Sarpy Laura Thompson Georgia Southern - ZY Kathryn Hall Sandy Johnson Jennifer Moore Kim Rogers Illinois - BA Melissa Olson Iowa - BZ Sarah Schiavone Sarah Simpson Kentucky - BX Debra Williams Monmouth - A Kory Brown Jessica Bunch Michigan - B∆ Cori Jakubiak Barb Nolan North Texas - ZΣ Molly Cook Kristana Kane Karen Walton Ohio Wesleyan - Pa Maria O'Donnell Jacqueline Grantz Oklahoma - BΘ Marni Hill Wendy Illingworth Southern Methodist - ΓΦ Kristi Phelan Brooke Wagner Amy Williamson Southern California - AT Jessica Samuelson Tennessee - EA Kathleen Clements Ashley Bray Texas - BE Erin Cooper Texas A&M - EP Jamie Dodson Shannon Durkin Kim Horton Texas Christian - EA Shauna Sage Paula Pozzi Tulsa - ΔΠ Melanie Miller Thayla Painter Lisa Palluconi Vermont - Z∆ Katie Nelson Kadi Burroughs Villanova - Zl Jen Lally Erika Spangler Virginia - ΕΣ Wimberly Shinall Sarah Birdsong West Virginia - BY Kristin Sommers Lucy Marshall

**ELECTED STUDENT GOVERNMENT OFFICERS** Allegheny - TP Nancy Doran - Class Vice President Jody Matthews - Class Treasurer/Senator Season Rose - Senator Tara Wright - Senator **Bowling Green - ZK** Staff Bucknell - Ad UC Berkeley - П<sup>△</sup> Daisy Hatch - Senator UC Davis - EO Clemson - EM Elizabeth Corbett - Senator Colgate - ZP President Colorado - BM Amy Boatner - Business Government Ali Vogt - Tri-executive for Student Union Emory - EE Kara Silverstein - President Souzanne Abou-Shala - ISC Secretary Florida State - EZ Jamie Brooks - Senator Georgia - AY Laura Thompson - Senator Blair Voltz - Senator Illinois - BA Jennifer Roling - Senator Kansas State - FA Sarah Caldwell - Senator Marist - ZX Erin Early - Chief Justice Miami - ΔK Fara Pensky - Senator Michigan - B∆ Erika Kurtz - Assembly Mississippi - ΔP Monmouth - A Ginny Martin - Secretary Katie Hunter - President North Texas - ZΣ Amy Benbow - External Affairs Kris Wright - Assembly Kelly Shaw - Assembly Candice Carr - Assembly Ohio Wesleyan - Pa Heather Mitchell - Secretary Oklahoma - BO Terry Cater - Vice President Oregon State - ΓM Michelle McKee - Vice President Princeton - ZO Shefali Shah - Vice President Aisha Nawaz - Delegate Richmond - ZO Courtney Barg -Senator Jennifer Collins - Senator Holly Payne - Senator Karyn Sederberg - Cabinet Amy L. Smith - Senator Emily Wilkerson - Senator Rollins - ΔE Cary McWhorter - Junior Officer Chata Dickson - Sr. Officer

Southern California - AT Laura Barnes - Class Committ Laura Bass - Class Committee Southern Methodist - ГФ Beth Boettcher - First Year Council Allison Eidson - First Year Council Mary Jane Glasscock - First Year Council Erin Dewerff - Head Chief of Kellen Keaty - First Year Council Jennifer Marlow - First Year Leanne Hood - Class President Council Trinity - ZO Emelie East - Executive Board Maxine Skaggs - Senator Kim Howatt - Student Judicial Texas - BE Christy Young - Business Representative for the Students Association Kathleen Frekko - Class Vice Cabinet of the College Council Texas A&M - EP Emily Rusek - Class Treasurer Kelli Harman - Senator Toronto - BΨ Elizabeth Galway - Student Council Tulane - BO Jackie Holmes - Vice President Student Life Lee Samango - President Lisa Helfmon - Class President Tulsa - ΔΠ Liz Book - Senator Melanie Miller - Secretary Alissa McClure - Cabinet Vanderbilt - EN Rachel Gough - Treasurer Villanova - ZI Gina DeRosa - Senator Virginia Tech - ZM Liz Wharton - Member-at-Large Wake Forest - ZY Anna Gatewood - Judicial Board Chris Thayer - Legislature Washington (St. Louis) - ΓΙ Alecia Riewerts - Senator Washington and Lee - ZT Meredith Magers - President's Marguerite Nielsen - Student Cabinet Press Secretary Development Chairman Eve McDonald - Vice President Student Activities Amy Gorham - Executive Committee Representative Carol Pierce - Executive Committee Representative Waterloo - ZΩ Lisa Boegal - Public Relations Dalia Thomas - Secretary Connie Hergott - Treasurer West Virginia - BY Tamara Denmark - Board of Governors Maryclaire Atkins - Board of Governors Amy Boyd - Board of Governor \*Listing is based on Chapter the June 1 deadline.

Honors Reports received by

# Fraternity News

# Timeless Tradition...

f you want to innovate, to change an enterprise or a society, it takes people willing to do what's not expected."

This statement was made by Jean Riboud, and it captures the essence of Kappa Kappa Gamma's 1992-1994 biennium. I feel certain my Council friends had no idea what I was going to ask of them when they were elected two years ago. I am a firm believer in shared and participatory leadership, and I asked them to join me in a new venture and new experience—planning for how the Fraternity and Foundation would look in the year 2000. This is not an easy task; it's not something you can wrap your arms around. It's fluid and dynamic.

Why was it necessary to establish this

plan? The future is risky, but facing the future without a focus — a plan — can cause failure. We must balance our resources and our dreams. Change is happening rapidly, and to be reactive to this change causes waste - waste in financial resources, human resources - and creates a sense of falling behind. When a plan is in place, with priorities identified, the organization manages the change in ways to maximize resources - we stay out in front - and it gives further direction for improving the quality of the experience our members have

Inserted in this issue of The Key is the 1992-1994 biennial report. On the back is the actual plan that will take us to the next century.

Planning for the future with the development of a long range plan is the first step for preparing the member of the year 2000. This is something very tangible and something from which we

can work. But as women, as leaders, there are steps we need to take to make us ready for the risks of tomorrow.

We need to trust our own knowledge.

We need to value diversity.

We need to presume cooperation and collaboration.

We need to consider change as vital as life itself.

We need to be courageous; we need to take risks.

The old statement of working harder, smarter isn't enough anymore. We must add strategies of working technologically smarter, collectively smarter, reflectively smarter, and spiritually smarter.

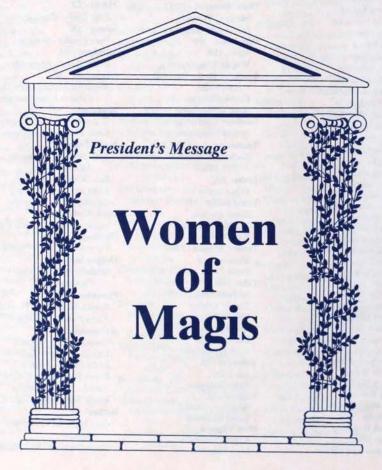
My husband and I have two teenage boys who are the brightest stars in our life together. We adore them and are extremely proud of them. They are fortunate to attend a high school where the pursuit of excellence is not only valued but expected. The boys are taught to be more, to do more, than they think possible. The school calls this "magis" — the Latin term for "more." The principal recently wrote about magis and it touched me. This is what I want for every Kappa.

My wish and challenge to each of you is to be women of magis. You are women of whom we expect more — more excellence in all areas of life. Women of magis are not satisfied with the ordinary, the commonplace, the routine. While we can be proud of what Kappa Kappa Gamma has accomplished, we must always ask ourselves "What more can we do? What more can we be? How can we shape our

future vision, so we can be more?" Magis is looking at ourselves, and asking "Who should we be?"

We are now beginning a new biennium — and this will be a magis time. In this biennium we will be challenged to do more, to be more. We will be challenged to examine our values, our habits, our conduct. We will be challenged to strip away the facades and address the tough questions.

Accomplishing this is only a matter of will. It is a matter of saying to yourself, "I am willing to do more; I am willing to be more." You will have the privilege of accepting this challenge in the most affirming environment for the friendship of those we serve is the foundation for our progress. Today is the day, and now is the time, to choose to be women of magis.



—Juliana Fraser Wales, Ohio State, President

## Wilma Johnson Receives 1994 Loyalty Award

"Always available and willing to give even more."

These were the words President Juliana (J.J.) Fraser Wales, Ohio State. used to describe the 1994 Loyalty Award winner, Wilma Winberg Johnson, Massachusetts.

J.J. honored the 50-year Kappa as one who "possesses competent leadership and has exhibited the desire to serve and always be loyal to the ideals of Kappa Kappa Gamma." The Loyalty Award is the highest honor that can be bestowed on an alumna whose work and devotion have enriched the Fraternity, who has inspired its members, who possesses competent leadership and the desire to serve, and who exemplifies Fraternity ideals.

The list of Wilma's service and achievements is impressive, from her term as President of Delta Nu Chapter through her years on Fraternity Council as Director of Philanthropy and Director of Alumnae. A member of the Adelphe Society, Wilma has also served as Rho Province Director of Alumnae, President of the Boston Intercollegiate Alumnae Association, advisory board chairman, and chapter consultant to Delta Omicron Chapter at Iowa State University.

With her daughter and husband in the audience, Wilma heard J.J. say, "No matter how difficult the task, Wilma is always able to see it in parts and divide it into manageable pieces." The Fraternity President then told the audience of Wilma's chairmanship of the Bedford School Board and her love of skiing and travel.

Wilma was presented a piece of antique silver. Former Loyalty Award recipients on hand to welcome her were Miriam "Doc" Locke, Alabama (1974); Helen Snyder Andrus Steiner, Washington (1980); Jean Hess Wells, Georgia (1988); and Marjorie Matson Converse, Purdue (1992).



President J.J. Wales and Loyalty Award recipient Wilma Johnson share in the joys of Kappa accomplishment.

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# Fraternity News

## 1994 Convention Award Recipients

The Fraternity honored the following chapters and alumnae associations which excelled in certain areas during the 1992 - 1994 biennium.

#### **Alumnae Awards**

MCNABOE AWARDS

Associations 0 - 19

Winner:

Coastal Carolina, NC

Runners-up:

Northwest Georgia

St. Charles, LA

Associations 20 - 49

Winner:

Glendale-Burbank, CA

Runners-up:

Houston Northwest, TX

Monmouth, IL

North San Diego County, CA

Associations 50 - 119

Winner:

Detroit East Suburban, MI

Runners-up:

Richmond, VA Treasure Valley, ID

Associations 120 - 199

Winner:

San Diego, CA

Runners-up:

Philadelphia, PA

Richardson-Plano, TX

Southern Orange County, CA

Associations 200 - 349

Winner:

Albuquerque, NM

Runners-up:

St. Louis, MO

Tulsa, OK

Associations 350 - 700

Winner:

Denver, CO

Runners-up:

Atlanta, GA

Houston, TX

## REVA OTT SHRYOCK GAVELS

Associations 0 - 19

Winner:

Pullman, WA

Runners-up:

Mid-Missouri

Ames, IA

Rose McGill Awards

**Most Magazine Subscriptions** 

#### Fayetteville, AR

Associations 20 - 49

Winner:

Lawrence, KS

Runners-up:

St. Lawrence, NY

Greater Hartford, CT

Norman, OK

Associations 50 - 119

Winner:

Missoula, MT

Runners-up:

South Bay, CA

Santa Barbara, CA

Williamsburg, VA

Associations 120 - 199

Winner:

San Diego, CA

Runners-up:

Richardson-Plano, TX

Toronto, ON

Associations 200 - 349

Winner:

Albuquerque, NM

Runners-up:

Tulsa, OK

St. Louis, MO

Associations 350 - 700

Winner:

Atlanta, GA

## ALPHONSINE CLAPP HOWARD MEMBERSHIP AWARDS

Winner:

Denver, CO

Runners-up:

Albuquerque, NM

Dallas, TX

Dayton, OH

Kansas City, MO

**Honorable Mention:** 

Columbus, OH

Delaware

Houston, TX

Kingwood, TX

Omaha, NE

St. Louis, MO

West Chester, PA

#### **Chapter Awards**

#### ADVISORY BOARD

Winner:

Lambda, Akron

**Honorable Mention:** 

Beta Kappa, Idaho

Delta Pi, Tulsa

Gamma Kappa, William and Mary

Gamma Phi, SMU

Pi Deuteron, UC Berkeley

Zeta Eta, UC Irvine

#### CHAPTER ADVISORY BOARD RELATIONS

Zeta Tau, Washington and Lee

**Honorable Mention:** 

Beta Omicron, Tulane

Zeta Alpha, Babson

#### **CHAPTER FINANCE**

(Housed)

Omicron Deuteron, Simpson

#### CHAPTER FINANCE (Unhoused)

Winner:

Delta Kappa, Miami

**Honorable Mention:** 

Delta Phi, Bucknell

Epsilon Epsilon, Emory

#### **CHAPTER PUBLICATIONS** AND PUBLIC RELATIONS

Winner:

Zeta Theta, Trinity

**Honorable Mention:** 

Epsilon Epsilon, Emory Epsilon Iota, Puget Sound

Upsilon, Northwestern Zeta Zeta, Westminister

#### CULTURAL

Winner:

Epsilon Sigma, Virginia **Honorable Mention:** 

Zeta Nu, UC San Diego

#### Runner-up: Denver, CO

#### Chapters

Winner:

**Alumnae Associations** 0-19

Winner:

Runner-up: Honorable Mention:

20 - 49 Winner:

Runner-up:

Honorable Mention:

50 - 110 Winner:

Runner-up: Honorable Mention:

120 - 199 Winner:

Runner-up: Honorable Mention:

200 - 349 + Winner:

Runner-up: Runner-up: Honorable Mention: Gamma Kappa,, William and Mary

Southern Ventura County, CA Victoria Area, TX

Greater Albany, NY

Kingwood, TX

Rhode Island, RI Southern Nevada, NV

Fairfield County, CT Lake Washington, WA

Marin County, CA

Baton Rouge, LA Boston Intercollegiate, MA Washington, D.C. - Suburban MD

Portland, OR Tulsa, OK Albuquerque, NM

Seattle, WA

38 The Key, Fall 1994

### FRATERNITY APPRECIATION

#### Winner:

Gamma Upsilon, British Columbia

#### **Honorable Mention:**

Gamma Kappa, William and Mary

Zeta Theta, Trinity

#### GRACIOUS LIVING

(Housed)

Winner:

Gamma Nu, Arkansas

**Honorable Mention:** 

Gamma Epsilon, Pittsburgh Gamma Eta, Washington State

#### **GRACIOUS LIVING**

(Unhoused)

Winner:

Epsilon Upsilon, Baylor

**Honorable Mention:** Delta Psi, Texas Tech

Zeta Epsilon, Lawrence

#### **GREATEST IMPROVEMENT**

Winner:

Beta Omicron, Tulane

**Honorable Mention:** 

Delta Phi, Bucknell

Zeta Beta, Lafayette

Zeta Omicron, Richmond

## GREATEST SCHOLARSHIP IMPROVEMENT

(10 or more Panhellenic groups)

Winner:

Delta, Indiana

**Honorable Mention:** 

Pi Deuteron, Berkeley

## GREATEST SCHOLARSHIP IMPROVEMENT

(nine or less Panhellenic groups)

Winner:

Delta Delta, McGill

#### HERITAGE

Winner:

Gamma Alpha, Kansas State

**Honorable Mention:** 

Delta Psi, Texas Tech Epsilon Rho, Texas A&M

#### **HOUSE BOARD**

Winner:

Gamma Pi, Alabama

#### **Honorable Mention:**

Beta Rho, Cincinnati Epsilon Nu, Vanderbilt Gamma Xi, UCLA

#### **MEMBERSHIP**

Winner:

Pi Deuteron, Berkeley

**Honorable Mention:** 

Beta Omicron, Tulane Beta Zeta, Iowa Beta Upsilon, West Virginia

Epsilon Sigma, Virginia

Theta, Missouri

Zeta Sigma, North Texas

#### **PANHELLENIC**

Winner:

Epsilon Rho, Texas A&M

**Honorable Mention:** 

Psi Deuteron, Cornell Gamma Beta, New Mexico

#### PHILANTHROPY

Winner:

Beta Zeta, Iowa

**Honorable Mention:** 

Beta Beta Deuteron, St. Lawrence

Delta Phi, Bucknell

Epsilon Iota, Puget Sound

Epsilon Upsilon, Baylor Gamma Omicron, Wyoming

#### **CHAPTER STANDARDS**

Winner:

Epsilon Epsilon, Emory

**Honorable Mention:** 

Epsilon Pi, UC Riverside

Beta Omicron, Tulane

Epsilon, Emory

Zeta Beta, Lafayette

Zeta Tau, Washington and Lee

#### PLEDGE EDUCATION

Winner:

Delta Phi, Bucknell

**Honorable Mention:** 

Beta Tau, Syracuse

Gamma Epsilon, Pittsburgh

## RISK MANAGEMENT AWARD

Winner:

Psi Deuteron, Cornell

**Honorable Mention:** 

Delta Delta, McGill

Gamma Chi, George Washington Gamma Iota, Washington

#### RITUAL

Winner:

Winner:

Delta Delta, McGill

**Honorable Mention:** 

Gamma Iota, Washington

Gamma Kappa, William and Mary

#### SCHOLARSHIP

(10 or more groups)

Beta Eta Deuteron, Stanford

**Honorable Mention:** 

Beta Tau, Syracuse Gamma Nu, Arkansas

> SCHOLARSHIP (nine or less groups)

Winner:

Zeta Pi, Albertson

**Honorable Mention:** 

Epsilon Pi, UC Riverside

Zeta Lambda, Washington and Jefferson

#### **EFFICIENCY** (Housed)

Winner:

Gamma Eta, Washington State

**Honorable Mention:** 

Delta Omega, Cal. State,

EFFICIENCY (Unhoused)

Winner:

Beta Eta Deuteron, Stanford

#### STANDARDS

Winner:

Kappa, Hillsdale College

# ..Future Vision



The 1994-1996 Council (from left), Vice President Cathy Thompson Carswell, Illinois Wesleyan; President Juliana Fraser Wales, Ohio State; Treasurer Kerrie Quinn Murray, Idaho; (second row) Director of Alumnae Marilyn Nichols Bullock, Kansas State; Director of Membership Martha Hay Streibig, Indiana; Director of Chapters Ann Stafford Truesdell, Ohio Wesleyan; Director of Standards Jane Young Barrett, Oklahoma

# Fraternity News

## Task Forces Tackle Tough Issues

# Four alumnae groups appointed to prepare Fraternity for the future

Kappa Kappa Gamma is getting ready for the 21st century as four task forces were commissioned to study areas of future concern. President Juliana (J.J.) Fraser Wales, *Ohio State*, the Council, and the Foundation Board of Trustees have asked alumnae who exhibit skills and experience in these key areas to serve as members of the study groups. Evaluations begin this fall and the results will be reported at the end of the biennium.

The task forces are studying the areas of Alumnae Initiation chaired by Vera Lewis Marine, *Colorado College*; Membership Procedures chaired by Jean Lee Schmidt, *Miami (Ohio)*; Pledge Programming chaired by Joan Cook Cohen, *Colorado*, and Volunteer Recruitment, Training and Retention chaired by Marjorie Matson Converse, *Purdue*.

#### Canadian Foundation Announces First Scholarship Winners

The first recipient of a \$5,000 graduate scholarship from the Kappa Kappa Gamma Foundation of Canada — Sylvie Landry — is shooting for the stars. Selected from a field of 96 applicants, Sylvie is an honor student seeking her Ph.D. in astronomy.

A second \$5,000 scholarship was awarded to Catherine Hajnal, *McGill*. Catherine is pursuing a Ph.D. in engineering at the Universoty of Wisconsin.

The scholarship announcements were made at the Canadian Foundation's third annual meeting in May. At the meeting, Carolyn Stark Coleclough, Vancouver, was installed as the Foundation's 1994-1996 President.

The Canadian Foundation continues to solicit scholarship funds. Gifts from Canadian Kappas are tax deductible and will provide financial assistance to Canadian women pursuing doctorate degrees and, thereby, will help change the lives of tomorrow's leaders.

Donations may be sent to the Kappa Kappa Gamma Foundation of Canada, 49-6A The Donway West, Suite 1115, Don Mills, Ontario M3C 2E8. TASK FORCE: Alumnae Initiation CHAIR: Vera Lewis Marine, Colorado College

AREAS OF STUDY: Should the Fraternity consider initiating as alumnae women who are not affiliated with a National Panhellenic Conference (NPC) group? What are the advantages and disadvantages?

Is an undergraduate experience necessary for a woman to be a good alumna of the Fraternity? What are the opinions of our members on this subject?

What are other NPC groups doing and how are their programs working?

If the women are initiated as alumna, what would the membership process and criteria be?

TASK FORCE: Pledge Programming CHAIR: Joan Cook Cohen, Colorado

AREAS OF STUDY: Are the purposes of the Fraternity pledge program appropriate for the future? Should this be considered an education program for all chapter members? Is the term "pledge" appropriate?

How do our members feel about the program? Is the current 10-week schedule meeting the needs of our chapters?

What are the advantages and disadvantages of a shortened program? What are other Greek groups doing? How are universities and colleges reacting to changes in pledge programming?

Is it imperative to have a grade requirement for initiation? Are initiation requirements meeting the future needs of the members? CHAIR: Jean Lee Schmidt, Miami (Ohio)
AREAS OF STUDY: Does the Fraternity
want to maintain the current membership process? Does a reference process
enhance or detract from the selection process?

Does the current membership selection

TASK FORCE: Membership Procedures

Does the current membership selection process meet the future needs of the Fraternity? Is there enough time in the current system to allow for adequate alumna input and collegiate selection? How is money spent in the process? What information aids the process?

TASK FORCE: Volunteer Recruitment, Training, and Retention

CHAIR: Marjorie Matson Converse,

AREAS OF STUDY: How can Kappa Kappa Gamma attract volunteers? What needs do volunteers have and how can the Fraternity meet those needs? What recruiting methods are used by other NPC and international volunteer groups.

How can we best develop and retain Fraternity volunteers at all levels of involvement? How can Province Meetings, Regional Leadership Conferences, Associate Council Seminars, and Convention be used for training opportunities? What information should be covered?

Can Fraternity volunteer opportunities be structured for long-term and short-term commitments? Would some volunteers prefer serving as Fraternity consultants or advisors? How can we best use retirees?

## Key Source is Key for Kappa

The Fraternity and Key Source are embarking on an exciting future together as the Fraternity has signed an agreement with business owner Jean Frost Wyman, *Indiana*, naming Key Source as the official merchandiser for Kappa Kappa Gamma.

Several reasons prompted the Fraternity to seek an agreement with a retailer, including:

- the desire to secure a source of high-quality merchandise of interest to Kappas
- the need to deal with a licensed vendor to protect the Fraternity name and rademarks.
  - the long-term financial gain from receiving a royalty on sales.

In business since 1985, Jean has a long-standing business relationship with the Fraternity as a frequent advertiser in *The Key* (see back cover).

As the official retailer of Kappa merchandise, Key Source will be contacting chapters, alumnae associations, and parents of collegians periodically about exciting new products.

## Historically Speaking

## Bringing Balance to War-weary Troops

Colorado State Kappa Pickers twice toured Vietnam

Viet Cong, Ho Chi Minh, Saigon, the Tet Offensive - these unmistakable words conjure vivid images of a controversial event in American history: the Vietnam War. The longest war in which the United States participated, Vietnam claimed approximately 58,000 American lives.

While grim pictures of the war were broadcast nightly into living rooms across the nation, a group of Colorado State Kappa Pickers toured the war-torn country with the United Service Organization (U.S.O.) and brought a bit of balance to weary American troops in South Vietnam, hoping to help their audiences forget the fighting, if only for a little while.

Epsilon Beta Kappas — Linda Massey (Binkley), Christine Mulkin (Sealy), Nancy Stratton (Slaven), Pamela Rowe (Smith), and Judith Wineland rallied to bring entertainment to Vietnam troops. Their adventure began with an audition for a Hollywood producer in a rented pizza parlor. That very night, these Colorado State Pickers were drafted.

Their first tour of Southeast Asia began in 1969, playing eight shows a day in hospitals filled with soldiers recuperating from war injuries. Christine Sealy remembers those trips to the hospital wards were often the most difficult. From the shocking burn units to the saddening amputation wards, these young women had to keep smiling to cheer up the unfortunate casualties of the Vietnam War.

Christmas vacation 1970 was spent on a second tour. Using Saigon as their home base, these Kappas were flown out daily by helicopter to remote fire bases. Wearing what Christine refers to as "very obnoxious outfits," the young women were costumed in short, brightlycolored skirts of purple, turquoise, and gold lamé - absolutely no green. These Kappas performed on the tops of bunkers, helicopter landing pads - anywhere available!

"Being treated like celebrities was thrilling," Nancy Slaven remembers, "but the real thrill was watching the



Using Saigon as their home base during a U.S.O. tour, Epsilon Beta Pickers perform for U.S. troops in forward area Quang Tri - overlooking Ho Chi Minh Trail in Vietnam.

faces of the G.I.s when we walked on stage. To them we were the sisters or girlfriends 'back home.' We brought the world to them. Our singing was good, jokes were crazy, costumes flashy."

Both Christine and Nancy agree that these servicemen were the most appreciative audience ever imagined. Christine asserts that the soldiers were "starved for it."

There was, however, one audience that was difficult for these Pickers to please - the famous Green Berets. Christine recounts that in a normal performance, the young women would flash the peace sign, talk about "being short" (meaning they would leave Vietnam soon) and refer to simply surviving and coming home. The Green Berets had another mission; they wanted to win. Fortunately the Pickers were saved by the legendary U.S.O. entertainer Martha Rae, who led them in "The Ballad of the Green Berets."

Christine recalls that it was easy to let Vietnam get her down. It took effort to concentrate on the job she had to do to be bright, to be cute, to take the men away from their reality.

Nancy remembers, "They would hand us phone numbers of their families back in the 'world' and ask us to 'Call Mom and tell her I'm O.K. - I'm still alive.' Christmas Eve we gave a show for

a troop of Marines who had been in the jungle for seven weeks. One Marine ran up and handed me a very small belt. He had tears running down his face as he told me 'This is my most prized possession. I took it off a V.C. [Viet Cong] I killed this morning.' I became ill at the thought and the irony of this belt that represented a prize to him and a sin to me."

These Kappas may have had mixed emotions about the Vietnam War, but they had strong convictions about supporting the servicemen fighting there.

Viet Cong, Saigon, Hanoi, the Tet offensive - just as the unmistakable words of the Vietnam War will never be forgotten, the unique effort of these Kappas will forever be remembered. Nancy credits the Fraternity with giving these five Epsilon Betas the leadership skills and confidence to tour the war-ravaged land. Kappa Kappa Gamma touched the lives of these young women - and they in turn reached out to touch others.

- Lara Gooch, Indiana

This article is excerpeted from Lara's research paper on the involvement of Kappas in the Vietnam War completed as a part of her internship assisting in the Fraternity Archives.

# Fraternity News



The 1994-95 Field Representatives are (from left) First Row: Sandie Snyder, Brandie Beebe; Second Row: Amy Hampton Knight, Lise Haxton, Jenny Scott, Annaliese Limb, Joeleen Morgan; Third Row: Kory Brown, Kristin Taylor, Jackie Koesters, Laura Colthurst; Fourth Row: Stephanie Bertrand, Chanda Bornemann, Katie Azuma; Not Pictured: Jennifer Haughey.

## More than a Job...an Adventure!

Field Secretaries — Field Representatives — over the years the title has changed, but the mission has not. Traveling Consultants visit chapters to share ideas and resources and provide assistance to officers, advisers, and house board members. Additionally, several graduated Kappas are awarded Chapter Consultant Scholarships each year which allows them to pursue advanced degrees while advising one particular chapter.

The job of a Field Representative is a once-in-a-lifetime experience. These women serve as liaisons among Fraternity officers, collegians, and alumnae. Careful observation by the Field Representatives allows Fraternity volunteers to plan for the Fraternity's future. With reliable information from "the field," Kappa Kappa Gamma can provide for the current and future needs of its members.

TC Technology

The Fraternity has kept up with the fast pace of today's corporate environment by providing its Traveling Consultants with tools to make their jobs easier and more efficient. Laptop computers with fax modems allow them to transmit reports in just minutes. Portable printers make report and letter writing a more manageable task. The newest communication tool for TCs is voice mail. This takes the mystery out of tracking down women who are always on the move.

On the Road Again

Traveling definitely has its ups and downs. The tale of the unfortunate TC who watched as her luggage was run over by a plane is often repeated amidst much sympathetic laughter. Missed connections, late flights, and interesting rides in planes, trains, and automobiles always make for crazy and laughable memories.

#### A Fond Farewell

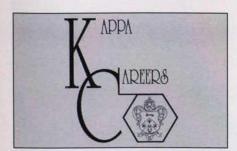
One special aspect of being a Field Representative is the opportunity to work so closely with outstanding Fraternity personnel, including the Council, Province and Regional Officers, and Headquarters staff. Whether explaining a policy, coaching through a touchy situation, or welcoming a weary traveler into their homes, these women truly are Kappa Family!

#### The Real World

The skills gained as a Field Representative are invaluable no matter which career path is chosen. Public speaking and presentation skills, individual and group consulting, longrange planning, budgeting, and risk management awareness are all skills that will be attractive to potential employers. What better way to prepare for a career!

> -Cynthia Hepler, Indiana 1993-94 Traveling Consultant

## The 1994-95 Field Representatives



## CHAPTER CONSULTANTS

A role model...friend...resource...adviser... pursuing a post graduate degree...

Stephanie Bertrand, Michigan State to Wake Forest Hometown: Erie, Pa. Major: political science Chapter Contributions: Pledge Social Chairman, Scholarship Chairman, Standards Committee

Chanda Bornemann, Fresno

to Oklahoma State

Hometown: Fairfield, Calif.

Major: psychology

Chapter Contributions: Membership Chairman, House Chairman, Assistant

Public Relations Chairman

Jennifer Haughey, Utah

to Florida State

Hometown: Woodbridge, Va. Major: secondary education

Chapter Contributions: Vice President -

Organization, House Chairman,

Standards Committee

Lise Haxton, UC Riverside

to UCLA

Hometown: Buena Park, Calif.

Major: theatre and creative writing

Chapter Contributions: President,

Corresponding Secretary, Pledge Class V.P.

Amy Hampton Knight, South

Carolina to Marist

Hometown: Summerville, S.C.

Major: English literature and art studio

Chapter Contributions: President,

Alumnae Chairman, Parents Weekend

Chairman

Jackie Koesters, Bowling Green

to Tennessee

Hometown: Dayton, Ohio

Major: art therapy

Chapter Contributions: Vice President -

Standards, Standards Committee

Annaliese Limb, North Texas

to Furman

Hometown: Fort Worth, Texas

Major: political science and philosophy

Chapter Contributions: President, Vice President - Organization,

Social Chairman

# Fraternity News

Joeleen Morgan, Cal. State, Northridge to UC, Irvine Hometown: Chatsworth, Calif. Major: health education Chapter Contributions: President, Scholarship Chairman, Assistant Philanthropy Chairman, Standards Committee.

Sandie Snyder, McGill to Waterloo Hometown: Moffat, Ontario Major: business/commerce Chapter Contributions: President, Vice President - Standards, Pledge Educator, Pledge Class President

#### TRAVELING CONSULTANTS

Loyalty...sensitivity...diplomacy...flexibility... stamina...

Katie Azuma, McGill Hometown: Etobicoke, Ontario Major: psychology Chapter Contributions: President, Treasurer, Registrar, Philanthropy Chairman Brandie Beebe, *Idaho* Hometown: Hayden Lake, Idaho Major: public relations Chapter Contributions: Pledge Educator, Standards Committee

Kory Brown, Monmouth Hometown: Spring, Texas Major: government and business administration Chapter Contributions: President, Membership Chairman, Social Chairman

Laura Colthurst, Washington Hometown: Bellevue, Wash. Major: political science Chapter Contributions: President, Scholarship Chairman, Junior Panhellenic Delegate

Jenny Scott, Miami (Ohio) Hometown: Lancaster, Pa. Major: literature, psychology, and women's studies Chapter Contributions: President, Treasurer Kristin Taylor, UC Riverside Hometown: San Jose, Calif. Major: administrative studies and international relations Chapter Contributions: President, Fraternity Education Chairman, Pledge Class President



#### KAPPA CAREERS -THE ADVENTURE AWAITS!

Put your leadership skills and knowledge of the Fraternity to work as a Chapter Consultant or Traveling Consultant. Applications will be in the Fall Chapter Mailing or apply now! The application deadline is November 15, 1994.

CONTACT: Gail Simpson Owen, Monmouth, 348 S. Minnesota, Morton, IL 61550.

### Gravesite Marker Honors Founder

Ann Miller Copeland (left) and Sara Miller Johnson, *Missouri*, placed flowers beside their grandmother's grave, honoring Martha Louisa Stevenson Miller as a Founder of Kappa Kappa Gamma Fraternity. The marker was dedicated April 24

in Tarkio, Mo.



At the age of 15, Louisa Stevenson was one of the six young women who proudly entered the chapel of Monmouth College on Oct. 13, 1870, with golden keys in their hair. Louisa was graduated in June 1874 and later that year married William Oliver Miller. The couple made their home in Tarkio, Mo. before moving on to Kansas City, Mo. Louisa died in 1937, and was buried in Tarkio Home Cemetery.



# Kappas on Gampus

#### In Honor of Timeless Tradition

Epsilon Zeta, Florida State, created "Heritage Week" in honor of Kappa's founding sisters. Heritage Week included displays of scrapbooks, photographs, and chapter archives to allow members to view a bit of Epsilon Zeta's heritage and tradition. Area alumnae joined the chapter for a Founders Day banquet.

Big and Little Fun

Beta Upsilon, West Virginia, kicked off Big Sis/Little Sis Week with Big Sisters giving Little Sisters handmade collages full of hints about themselves. Little Sisters were also showered with baked goods and treats and presented with wooden keys decorated by the still unknown Big Sisters. Finally, fortune cookies with names inside revealed to Little Sisters who their Big Sisters were. The fun concluded with a banana-split ice cream party.



Epsilon Nu, Vanderbilt, members hosted "Kappanello," their annual spaghetti dinner which raised \$6,000 for Buddies of Nashville.



Lauren Appleton, Lawrence, stands with her host sister near "Monmouth Drive" in Bulawayo, Zimbabwe.

A Sign of Kappa in Zimbabwe

While studying in Zimbabwe, Lauren Wetzel, Lawrence, noticed a street sign that read "Monmouth Drive," in a city called Bulawayo. "I was so surprised to see the name of the college at which we were founded. It reminded me of home and my Kappa sisters," said Lauren. She spent five months studying the history, economics and politics of Zimbabwe through a Lawrence University program.

#### Cheers from Tokyo

Sasha Barr, Princeton, performed as a cheerleader in the annual Japan Epson Ivy Bowl, which consists of allstar football players from Ivy League schools competing with the Japanese allstar team in the Tokyo Dome. Each participating university selects one cheerleader to represent her school and support the players. Sasha served Zeta Phi Chapter as Corresponding Secretary and Scholarship Chairman.

Kappas Lend a Hand

Epsilon Delta, Arizona State, members volunteer for the Christmas in April program in Phoenix. They spend a weekend cleaning homes and yards and assisting with repairs including plumbing, painting, and landscaping for members of the community who qualify for the program.

Making Wishes Come True

Zeta Omega, Waterloo, raised money for the Make-A-Wish Foundation by hosting a swing-a-thon with the Sigma Chi Fraternity chapter. Other philanthropic activities include volunteering at St. John's Soup Kitchen, Winston Hall Retirement Home, and Kitchener-Waterloo Hospital.

# Rappas on Gampus

Spaghetti Pull

Zeta Omicron, Richmond, hosted the Spaghetti Pull tug-of-war, which raised \$475 for the Kappa Kappa Gamma Rose McGill Fund and the Women's Advocacy Group of Richmond. Twenty teams competed over a large tarp full of greasy spaghetti. Prizes such as pizza and bowling tickets were awarded to finalists.



Adoption is a Hoot

Gamma Epsilon, Pittsburgh, adopted a snowy owl through the Pittsburgh Aviary Adopt-A-Bird program. In honor of the adoption, the chapter was recognized by a bronze plaque displayed at the aviary.



Epsilon Upsilon, Baylor, members take a break from team-building exercises during a chapter retreat.

**Facing Obstacles Together** 

**Epsilon Upsilon**, *Baylor*, enjoyed a weekend of obstacle courses, boundary-breaking groups, and sisterhood during its fall retreat at Sky Ranch. Chapter members participated in a ropes course designed to build confidence and trust among groups. Boundary-breaking activities involved sharing personal experiences and feelings within small groups. Colorful signs with members' names were posted for everyone to write special messages to one another. Two seniors and an adviser shared a "spiritual diet" which challenged members to discard selfish habits and focus on meeting the needs of others.



Gamma Nu, Arkansas, Kappas are seen "calling the hogs" before the Univeristy of Arkansas men's basketball team won the NCAA championship game.

Holiday Giving Ideas

Delta Sigma, Oklahoma State, adopts a needy family from the community for Thanksgiving. Each chapter member donates a part of the meal so the family can enjoy a thanksgiving feast. During the past winter holiday season, Delta Sigma adopted 15 "angels" through a Salvation Army program. Members donated gifts to their "angels" who ranged from infants to elderly individuals.

The Winter issue of *The Key* will focus on undergraduate philanthropies. Please let *The Key* know of any activities and projects relating to this theme.

## In Memoriam

#### Honoring those we have loved and lost.

Names which appear in this listing are from information received by Headquarters from April 7, 1994 to July 14, 1994.

\*Adelphi College McGehee, Alice Hannah, '25,d.4/94

Akron, University of Dodge, Janice Miller, '19,d.12/93 Horvath, Betty Smeltzer, '46,d.6/94

Alabama, University of Drouin, Elizabeth Cooper, '39,d.4/94

**Allegheny College** Eckert, Jane, '26,d.4/94 Hesselgesser, Sara Ralston, '35,d.5/94 Kennedy, Muriel Matson, '39,d.3/94

Arizona, University of Gallagher, Mary Cromwell, '20,d.6/94

Arkansas, University of Hout, Margaret Treadway, '55,d.3/94

**Baylor University** Wade, Linda Barnard, '80,d.6/94

\*Boston University Mollander, Emily Gillis, '18,d.1/91 Tibbo, Ruth Hewitt, '34,d.1/94

**Butler University** Shrader, Grace Fairchild, '35,d.5/93

California, U. of Berkeley Hass, Myrtle Henrici, '14,d.3/94 Lovekin, Marion Roads, '22,d.4/94 Shlaudeman, Katherine Orban, 19,d.6/94

California, U. of Los Angeles Hill, Mathilde Phelps, '34,d.7/94 Wilds, Deborah Barrington, '31,d.11/93

California, U. of San Diego Craft, Lisa, '91,d,6/94

Cincinnati, University of Hicks, Dorothy Decker, '45,d.4/94

Colorado College Irwin, Frances Thatcher, '32,d.6/94 Robbins, Virginia Stevenson, '32,d.5/94

Colorado, University of Allen, Betty Walter, '40,d.4/93 Munroe, Edith Lucas, '31,d.12/93 Peterson, Sonja Sundman, '35,d.4/94 Stannard, Edith Walton, '16,d.4/94

**Dartmouth College** Harper, Barbara, '87,d.2/94

**Denison University** Clark, Rebecca Galloway, '37,d.4/94 Gwinn, Patricia Emerson, '42,d.3/94

**DePauw University** Cleaves, Margaret Shurtleff, '35,d.12/93

**Drake University** Futch, Katharine Farber, '38,d.6/94 Graff, Mary, '29,d.4/94 Leach, Lois Hill, '33,d.1/89 Martin, Dorothy Arant, '22,d.4/94 Tretter, Marilyn Carman, '47,d.12/93

**Duke University** O'Connell, Barbara Jones, '49,d.4/94 **Furman University** Prevette, Jennifer, '94,d.5/94

George Washington University Syme, Suzanne Burgess, '43,d.5/94

\*Goucher College Hayes, Jo Stafford, '35,d.3/94

Hillsdale College Haag, Winona Ford, '44,d.10/93

Idaho, University of Driscoll, Inez Sanger, '19,d.6/93 Harman, Jeanne Perkins, '36,d.1/94

Illinois, University of Cleveland, Ruth Glass, '21,d.3/94 Herbst, Letitia Holt, '39,d.6/94

Indiana University Hamilton, Sara Woods, '17,d.5/94 Meyer, Mary Mobley, '24,d.3/94 Parker, Anne Jamison, '52,d.5/94 Robinson, Julia Sefton, '43,d.4/94 Wohlford, Marian Heitman, '43,d.3/94

Iowa, University of Foy, Joan Carney, '40,d.6/94 McFadden, Mary Clapsaddle, '37,d.4/94 Thielen, Nancy Beier, '54,d.6/93 Verhille, Harriete Brody, '54,d.4/94

Kansas State University Newell, Josephine Ricksecker, '26,d.4/94

Kansas, University of Bartlett, Julia Jackman, '23,d.11/93 Beck, Ruth, '28,d.2/94 Cox, Dorothy Allen, '31,d.3/94 Kay, Vera Hurt, '43,d.4/94 Seltzer, Eleanor Smith, '33,d.5/94

Kentucky, University of Kunz, Barbara Hillborn, '56,d.4/94 Seibel, Ruth Robinson, '25,d.4/94 Street, Henrietta Rogers, '20,d.5/94

Louisiana State University Horn, Barbara Faulk, '41,d.1/94 Maestri, Janna White, '56,d.5/94

\*Manitoba, University of Carson, Ann, '51,d.5/93 Dennis, Judith Johnston, '51,d.8/93 Lebel, Olyve Hogan, '28,d.4/86

\*Maryland, University of Colteryahn, Peggy Bradley, '51,d.2/93 Remsberg, Sarah Morris, '29,d.4/94

Massachusetts, University of Ryan, Constance Scott, '43,d.5/94 Snow, Cynthia Woodward, '58,d.11/93

McGill University Johnson, Margaret Harkness, '34,d.1/94

Miami, University of Tait, Donna Hinkleman, '52,d.3/94

Michigan State University Northcott, Alice Stewart, '30,d.4/94 Nylen, Mary Tracy, '33,d.7/92

Michigan, University of Casey, Margaret Moyer, '31,d.4/93 Sumner, Isabelle Kanter, '32,d.5/94

Minnesota, University of Cavin, Dorothy Pickett, '38,d.3/94 Sprafka, Virginia Locke, '43,d.6/94 Missouri, University of Clark, Virginia Hollingsworth, '44 d 4/94

Eastman, Ganald Stout, '18,d.4/94

Montana, University of Keating, Ann Hample, '44,d.8/92

Nebraska, University of Hargrave, Faye Loucks, '20,d.5/94 Heldt, Jane Walcott, '35,d.5/94 Jeffrey, Pauline Coad, '21,d.5/91

New Mexico, University of Amorous, Karen Davis, '56,d.7/94 Richardson, Wilma Lusk, '29,d.5/94

\*North Dakota State University Gibbons, Lucille Vaughan, '52,d.3/94 Martin, Harriet Horton, '33,d.5/94 Van Houten, Delphine, '29,d.3/94

Northwestern University Baldwin, Suzanne Pratt, '29,d.5/94 Golan, Carol Pepper, '48,d.5/94 Howley, Virginia Curtis, '34,d.3/94 Seymour, Thelie Wilde, '44,d.4/92

**Ohio State University** Busbey, Sara Clough, '45,d.5/94 Davis, Mary Harris, '32,d.6/93 Lindsley, Patricia Parrish, '44,d.7/91 Martin, Elizabeth Rasor, '25,d.3/94 Tidball, Elizabeth Houstle, '36,d.5/94

Ohio Wesleyan University Clymer, Mary, '31,d.1/93 Critelli, Mary McKillop, '33,d.5/94 Hill, Margaret Mikesell, '27,d.4/94 Roberts, Eleanor Pierce, '25,d.8/93 Wertz, Beatrice James, '35,d,5/94

Oklahoma State University Ramsey, Sarah Lemaster, '63,d.1/94

Oklahoma, University of Burke, Ann Duffy, '27,d.5/94 Elston, Augusta Hollis, '45,d.11/93 Hart, Marthell Mayes, '22,d.5/94 Kaplin, Mary Heflin, '38,d.6/94 McCollough, Mary Midkiff, '46,d.5/94 Pipkin, Mildred Spurlock, '38,d.1/94

Oregon, University of Anderson, Josephine Potts, '30,d.7/94 Bourassa, Margaret Kerr, '35,d.5/94

\*Pennsylvania, University of Long, Elizabeth, '68,d.11/93

Pittsburgh, University of Hartman, Gertrude Clark, '21,d.11/93

**Purdue University** Byram, Sarah Black, '28,d.5/94 Ellis, Joyce Minor, '19,d.7/94 Wolf, Helen Watson, '26,d.3/94

Rollins College Folken, Betty Peterman, '53,d.5/94

\*San Jose State University Aichele, Lou Newby, '65,d.4/94

South Carolina, University of Foster, Ashley, '89,d.4/94

Stanford University Backer, Maria Hart, '85,d.5/94 Goodell, Barbara Nourse, '23,d.4/94



Syracuse University Eason, Ruth Dowding, '22,d.5/94 Hamel, Dorothy Mackrell, '36,d.5/94 Stuart, Grace Miller, '22,d.6/94

**Texas Christian University** Pittman, Letty Walsh, '63,d.7/93

Texas, University of Harris, Vivian Rogers, '20,d.4/94 Mahony, Judith Jacobs, '57,d.5/94 McCracken, Meredyth Mann, 33,d.10/93

Oldham, Suzanne O'Leary, '40,d.3/94

Toronto, University of Snider, Winifred, '20,d,1/94 Sundstrom, Margery Howe, '42,d.5/93

**Tulane University** Barkerding, Frances Senter, '38,d.2/94 Kearny, Floy Mooney, '25,d.4/94 Pigman, June Barkerding, '42,d.12/93

Tulsa, University of Marr, Rosemary Chancey, '46,d.11/89

Washington State University Harkenrider, Elna Beste, '28,d.4/85 Rendle, Carrie Ott, '20,d.3/94 Shafer, Cora Griffin, '33,d.3/94

Washington University Niekamp, Martha Strickler, '26,d.9/93

Washington, University of Bergman, Emily Sturtevant, '19,d.5/94 Gates, Mary Maxwell, '47,d.6/94 George, Lora Harvey, '23,d.6/94 Jones, Jean Gertridge, '38,d.2/94 Miller, Elizabeth Carey, '33,d.3/94

West Virginia University Woofter, Mary Lindsay, '63,d.5/94

Whitman College Brown, Sue Hartley, '43,d.2/92 Gilmore, Hulda Gaiser, '22,d.6/94 Yenney, Mary, '19,d.4/94

William & Mary, College of Grigg, Ella Repass, '30,d.2/94

Wisconsin, University of McDermott, Ann, '38,d.3/94

Wyoming, University of Brammer, Helena Barkey, '30,d.1/94 Bunting, Nancy Moncur, '35,d.5/91 Lloyd, Elizabeth O'Marr, '35,d.1/94

\* Indicates inactive chapters

Kathryn Wolf Luce, Denison, '29 died in June. She served the Fraternity as Director of Alumnae 1962-1966, 1969-1970 and as Province Director of Alumnae 1955 - 1959.

In order for names to appear in the "In Memoriam" section, verification and date of death must be sent to Fraternity Headquarters, P.O. Box 308, Columbus, OH 43216.

Memorial gifts may be sent to the Kappa Kappa Gamma Foundation, Fraternity Headquarters, attention Marilyn Jennings.

## Accent on Alumnae

### **Alumnae Achievements** Make all Kappas Proud

Whether it is supervising billions of dollars in contracts for the Navy, being honored as a layman in a society of architects, selling millions of dollars of real estate in Utah, or being named state Mother of the Year, when individual Kappas excel, their achievements shine through the Fraternity.



Kathryn Kelly Roberts Murray, Texas, was recently appointed Director of Contracts at the Naval Computer and Telecommunications Station in Washington, D.C. Her responsibilities include administration of 19 Automatic Data Processing contracts with ceilings in excess of \$3 billion dollars. Academically trained in social work, Kathryn entered government service in 1982 with the National Science Foundation. She has subsequently worked with a variety of Naval programs such as the Cruise Missiles Project, logistics and purchasing, electronics and engineering-all based in the D.C., Virginia, and Maryland areas.

Prior to entering government service, Kathryn was employed as a social worker in Norfolk and Newport News,

Virginia. Here she volunteered on a number of community and state boards. She was active for more than 23 years in naval officers wives clubs in California, Connecticut, Hawaii, South Carolina, Virginia, and Japan. Her daughter is on active duty as an intelligence officer for a Seal Team in San Diego, and her son and grandson live in Richmond, Va.



Only 10 individuals in the United States were selected 1994 honorary members of The American Institute of Architects (AIA), the highest honor the AIA can bestow on a layman, and Elaine Kollins Sewell Jones, Oregon State, was among them.

Elaine is a Los Angeles-based communications specialist, public relations counselor, and writer who belongs to the Santa Monica/Westside Alumnae Association. "Dedicating her professional lifetime to communicating the architect's vision to the lay community, to corporations, and to industry, [Elaine] has enhanced the profession as mentor, communicator, facilitator, friend, and archivist with the highest professional standards," according to the jury who selected her. "For over 40 years, her selfless contribution to and passion for architecture have inspired a sense of commitment in others" resulting in "a culture of architecture bespeaking the sensitive values that architects bring to society and the built environment."





As Illinois Mother of the Year, Marilyn Gahm Ames, Illinois Wesleyan, of Champaign represented her state at the national meeting in Salt Lake City.

A 1947 initiate of Epsilon Chapter at Illinois Wesleyan has been named the 1994 Illinois Mother of the Year. Marilyn Gahm Ames of Champaign, Ill., represented her state at the National Convention of American Mothers in Salt Lake City.

Marilyn taught history at a juniorsenior high school from 1961 until her retirement in 1990. Her students had 123 articles published in Illinois History and won many state honors. Marilyn received the "Outstanding Teacher Award" from the Illinois Historical Society in 1977 and again in 1989. The Daughters of the American Revolution (DAR) named her "Outstanding Teacher of American History" in 1982.

Marilyn is mother to three sons and a daughter, and they have given her eight grandchildren. A teenage neighbor made his home with the Ames for two years after losing his parents in an accident.



The "Commish," San Mateo County, Calif., Juvenile Court Commissioner Pat O'Connell Bresee, Purdue, has been named Juvenile Court Judge of the Year by the California Judges Association, a particular distinction because the honor



Elizabeth Dole, president of the American Red Cross, recognizes Bobbi Smith Arnold, Massachusetts, for more than 25 years of outstanding service. Bobbi has also served as a state legislator for New Hampshire and has been active with collegiate and alumna activities.

went to a commissioner rather than a judge. Commissioners fulfill many judicial duties but technically are not judges.

Appointed in 1987, Pat was honored by the association for her leadership and expertise in juvenile law, including extensive participation in education programs for the juvenile court bench around the state. She has been a regular lecturer and instructor at juvenile justice conferences, helped rewrite the judicial court guidelines for California, and was a founder of the San Mateo County Children's Executive Council. Pat is a member of the San Mateo Alumnae Association.



Having put aside her career on the stage and screen to raise her family, Juin Whipple Foresman, Illinois, of San Juan Capistrano, Calif., is the recipient of the Orange County, Calif., Panhellenic's Woman of the Year "Athena" Award. The award, a gold medallion depicting the goddess Athena, recognizes Juin's outstanding volunteer involvement with the Assistance League — a community clinic, Opera Pacific, Boy and Girl Scout leadership, the arts, and the Orange County Alumnae Association.

Juin originated, wrote, and produced a series of "life-lesson" puppet shows for special education classrooms and created a Public Library Junior Theatre featuring the young patrons. She is a ceramic artist, a silversmith, and a newspaper columnist. Her collection of toy antique sewing machines has grown to



Juin Foresman (left) receives the 1994 Woman of the Year Athena Award for Southern Orange County (Calif.) Alumnae Panhellenic. Debbie Clow Graves, *Nebraska*, Awards chairman, presented the gold medallion.

Columbus Alumnae Share Tips for Building Membership

"Hats off to Columbus!" says Gamma Province Director of Alumnae Carol Lash Armstrong, Miami (Ohio). "By midyear, paid membership had ballooned well over 50 percent from where the group was a year before. Today Columbus boasts Gamma Province's largest number of paid members — 231!"

Association President Martha Allen Kumler, Ohio State, shares credit with her board. Together with Carol, they pass along these suggestions to which they attribute their success:

- Spring Newsletter included a self-addressed dues envelope and questionnaire of committee interest for the new year.
- From the questionnaire responses, committees for the new year were quickly formed in late spring/early summer, making all jobs easier.
- Summer Newsletter included a self-addressed dues envelope and list of names of all duespaying members to date.
- Fall Newsletter included a blue dot on address label of each Kappa who had not paid her dues and an updated list of dues-paying members.
- Names were kept on a data base, for easy separating of dues-paid vs. non-paid alumnae.
- As soon as a name of a new Kappa in the area was directed their way, immediate follow-up calls were made by the President and Newcomer Chairman.
- · Quick follow-up throughout the year on any suggestion of a volunteer willing to help.
- Sign-up sheet for board members to hold a meeting in their homes or to bring refreshments;
   the hostess did not have to do both.
- Board minutes sent monthly with reminder of next board and membership meetings time, place, directions, etc.
- · Newsletters timely, informative, and welcoming.

be one of the finest in the country. She and her husband Bob have been married for 45 years and have four children and six grandchildren.

Juin says, "All members of society, regardless of income, education, or cultural background, can and should want to be involved in helping others and in activities that enrich community life. Participation not only lends support to

those in need of aid but also brings a deep sense of purpose, dignity and values to each giver, who by such efforts become integral parts of their communities."



Twelve people received the highest award bestowed by Denison University's Society of Alumni, and two of the 12 were Kappas, Seattle resident Helen L. Yeakel and Cincinnati native Fanny Pease Smith. From the class of 1924, Helen wound her way to Indiana University's department of physical education where she remained for 30 years. Responsible for the administration and development of an intramural program at Indiana, Helen extended her professional interests nationally through the American Association for Health, Physical Education, and Recreation.

Building on a 1944 degree in art, Fanny has been a stellar volunteer in the Cincinnati arts arena, working with children's theatre, fundraising, and museums. Beginning as a docent with the Cincinnati Art Museum, Fanny advanced to become volunteer coordinator, a position she held until her retirement in 1988.



Three Kappa realtors in Salt Lake City have been added to the Million Dollar Club for their each topping \$1,000,000 in sales the past year. Jodie Laybourne Bennion, Wisconsin, and Sue Douglas Christensen, Utah, are Lifetime Members and hold masters status. Nanette Kibbee Pratt, Utah, joins them as a member. Jodie and Sue have each been named salesperson of the year in the past.

## Accent on Alumnae

#### Action and Variety Entice Busy Kappas To Attend Association Affairs

Savvy alumna programmers know how to compete for the time of busy Kappas with activities that are fun, worthwhile, and educational — or all three in one program.

"It takes some creative minds to think of appealing programs. Kappas represent an assortment of interests and backgrounds. Most have limited discretionary time with many competing demands," says former Director of Alumnae Betty Hines Bloore, Mississippi. "Successful alumnae groups reach out to all their members."

While alumnae range in age from 20 to beyond 100, more than half of the Fraternity's members are under 40. Most alumnae are employed, according to national statistics. Many are single, whether as recent graduates, divorced mothers or widows. However, these national norms may vary widely in local areas, especially in small communities. Local alumna groups must consider the needs and interests of their members.

"Do a survey to find out what your members would like. Give them a checklist of suggestions. That spurs their interest," advises Regional Director of



Under "B, 5"—Tulsa Kappas deck out in "casual glitz" for Kappa Country Bingo with a trip for two to Las Vegas as the grand prize. University of Tulsa collegians helped out as cashiers and donated baby-sitting time in the Silent Auction.

Alumnae **Shirley Swan Jorden**, *Tulsa*. "But above all, do something different! No matter how small the group is, don't get in a rut!"

Many groups have had success balancing new, different activities with one or two traditional mainstays. For fun with fantasy, the **Contra Costa County** (Calif.) alumnae dressed in 1945 attire to dine at the Cafe Noir for a Bogart-style comical murder mystery played around a delicious three-course meal. For Hal-

loween fun, **New York City** Kappas took a walking-tour of haunted houses in Greenwich Village.

**Baltimore** alumnae will enjoy a guided tour of an Asian art collector's home in September and lunch at a quilt display at the Maryland Historical Society in November.

Memphis Kappas donned aprons at a Christmas meeting and baked goodies for families spending the holidays at the Ronald McDonald House.

For those who like to "get physical," there's the Minneapolis Breast Cancer Foundation Run for the Cure and Boulder, Colo.'s annual one-day ski trip. Lacing up their bowling shoes and dusting off bowling balls, the Kappa Nite-Owls of the Pasadena (Calif.) Junior Alumnae Association have challenged their Pi Phi counterparts to a Key and Arrow Social Bowl, an event they expect to become the annual fall season-opener.

Some associations are large enough to offer interest groups, such as Kansas City's book club for "enriching conversation and mind-expanding reading." Several have bridge clubs and lunch bunches.

Associations near active chapters often involve chapter members, especially the graduating seniors, who are inducted as alumnae. Lafayette (Ind.) Association entertains Purdue seniors with salads and desserts before a presention of the Kappa Symphony.



The bumps were soft! One foot of new snow and the Boulder, Colo. alumnae hit the slopes for their annual one-day ski trip, complete with their own private instructors. One member is a ski instructor and another teaches snowboarding, both working at Eldora Mountain Resort.



Alumnae in Williamsburg, Va., paint picture frames for gifts to graduating seniors at the College of William and Mary.



Arcadia, Calif., Kappas tour the attractive new Zeta Eta Chapter house in Irvine. The alumnae gave a cash donation for its furnishings.

At the College of William and Mary, the president is married to a Kappa and the Williamsburg (Va.) Alumnae Association takes advantage of her membership, hosting a brunch for seniors at the president's historic home. One of the oldest buildings in America. the house was visited by Charles, Prince of Wales, during the college's 300th anniversary last year.

Speakers on health, women's issues, money, and Kappa heritage are also popular with association members.

Only four years old with a membership of 31 and counting, the Mid-Maryland Alumnae Association is still a young group - but judging by what it has done, it is a busy, well-established organization. Programming is varied and fun. For

example, members will enjoy Handel's "Messiah" sung by the U.S. Naval Academy Choir in November, go outlet shopping in March, and browse for antiques on their fourth annual Antique Walk in New Market, Md., in May. In the summer, local collegians are included in the reference writing meeting.

Common threads to successful programs seem to be variety, fun, sisterhood, involving others, learning something, and, of course, food.

#### Bits and Pieces

Will you marry me? Bonny Russell, Baylor, ran 26 miles in a Dallas marathon to find a surprise at the finish line. Her boyfriend of four years was

waiting with a banner reading, "Bonny Russell, will you marry me?" In the midst of her family, other runners, and TV cameras, Bonny's answer was "Yes!"

Connecticut resident Jessie Zimmerman Ketcham, Colorado College, exclaimed at her 50-year pinning that she has 19 Kappas in her family. This comment led to some speculation about whether this holds a record among Kappa members. Can anyone claim more than 19, living and/or deceased?

A "round robin" letter was started by a 12-member pledge class at Washington State University almost 50 years ago and has been circulating ever since. Each member adds a few lines and sends it on to the next person.



New Hampshire alumnae include husbands in a potluck dinner. Of the nine Kappas, five attended the University of Illinois, two went to school in Colorado, one in Kansas, and one in Massachusetts.



Delta South Province Director of Chapters Pris Murphy Gerde, Purdue, digs into the yummy salads and no-cal desserts as Lafayette, Ind., alumnae treat Purdue seniors to a special dinner.

## Accent on Alumnae

#### Canada's Barbara McDougall Returns to Private Life

The Honourable Barbara Leamon McDougall, Toronto, former cabinet member, member of Parliament, and 1990 Kappa Alumnae Achievement Award recipient, has accepted an appointment as a director of the National Trustco Inc. Barbara left a career in finance to enter public service and held several cabinet posts, most recently serving as Secretary of State for External Affairs.

Barbara is sitting as director of E-L Financial Corporation, Empire Life Company, Dominion of Canada General Insurance Company, and the Canadian Institute for Strategic Studies. She is a public governor of the Toronto Stock Exchange and Canadian representative to the Inter-American Dialogue, Washington, D.C.

National Trustco Inc. is a public holding company for a group of trust and loan corporations. National Trust Com-



It's not time for Santa yet, but Northern Orange County (Calif.) Kappas got a jump on the season with a fall auction of beautiful homemade items at an annual couples party.

pany, its principal operating subsidiary, is one of Canada's largest companies. It provides a complete range of retail, personal, and corporate financial services from a branch network of more than 195 offices across the country.



An oil portrait exhibited in a recent New York one-woman show of works by Florence Hutchinson Lonsford, Purdue. Florence was Arts and Chapter Editor for The Key and Arts Editor for The Hoot at Convention.

### **Artist Captures Human Qualities**

"Warmth and intimacy are qualities that are all too often sadly absent in contemporary art," comments Sean Simon in Artspeak (May, 1994). A refreshing exception, he continues, is the recent solo show in New York City of Florence Hutchinson Lonsford, Purdue, former Art and Chapter Editor for The Key.

"Lonsford is an artist who does not overwhelm her portrait subjects with stylistic excesses...her unassuming, almost self-effacing, approach pays high dividends in the subtleties of mood and character that she captures....

"There is a lovely gentility in these pictures, yet they are also insightful. Through her sympathetic interaction with sitters, ranging in age from a two-year-old child to a 96-year-old woman, Florence Lonsford conveys a strong sense of humanity."

Florence is a renowned contemporary portrait painter, working in oils, watercolors, and drawings, who resides in New York City. In 1977 she received the Metropolitan Museum of Art Award. A past President of the New York City Alumnae Association, Florence is also an illustrator and widely-published author of verse, short stories and articles.

## ...Books...

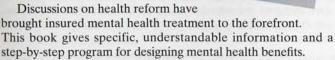
"Of all the ways of acquiring books, writing them oneself is regarded as the most praiseworthy method..."

- Walter Benjamin

Mental Health Benefits: A Purchaser's Guide

by Nancy Nesbit Bell, Denison, and Dr. William M. Glazer, available through International Foundation of Employee Benefit Plans, P.O. Box 69, Brookfield, WI 53008-0069, \$55 incl. shp. and hdg.

A comprehensive guidebook for business decision-makers, human resource professionals, and benefit managers about evaluating, purchasing, and managing the cost and quality of employee mental health and substance abuse benefits; this book fills a critical gap in information about managed health care.

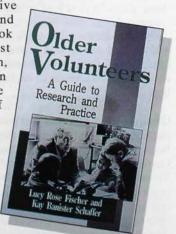


Nancy is currently writing and speaking nationally about managed care, health care, and mental health. Recently remarried after being a single parent of one son for 16 years, Nancy is a member of the Tampa (Fla.) Alumnae Association. She says the most meaningful part of her Kappa experience has been as an alumna because she always finds a warm Kappa welcome wherever she goes.

Older Volunteers: A Guide to Research and Practice by Lucy Rose Fischer and Kay Banister Schaffer, Monmouth, Sage Publications, Newbury Park, CA., \$19.95

Offering a comprehensive review of current research and case study practices, this book provides a synthesis of "best practices" for those who plan, implement, and participate in volunteer programs. authors examine the range of volunteer roles and organizations, the multiple motivations for volunteering, techniques of recruiting and keeping volunteers, and managerial issues.

Currently pursuing a Ph.D. in sociology at the University of Minnesota, Kay was a research assistant for the Older Volunteer Project at the Wilder Research Center.



Purchaser's

Bluebonnet at Johnson Space Center by Mary Brooke Casad, SMU, illustrated by Benjamin Vincent, Pelican, Gretna, LA., \$14.95.

Bluebonnet, the most traveled armadillo in Texas, is blasting off to new heights. Accompanied by her sister Normadillo, she visits the Johnson Space Center in Houston to learn the history of the space program and meets the scientist planning the next shuttle mission. Bluebonnet volunteers for the program and experiences first-hand what it takes to become an astronaut.

Mary, a native of Louisiana, resides in Farmersville, Texas. Currently a freelance writer for church publications

and a member of the executive committee of the United Methodist Reporter, her latest book is the fifth in a series of "Bluebonnet" books, which highlight various Texas landmarks for children of all ages.

DNA Pioneer: James Watson and the Double Helix by Joyce Yurko Baldwin, Con-

necticut, Walker and Company, New York, \$14.95

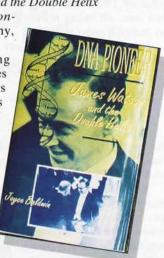
This biography for young readers tells the story of James Watson who was only in his twenties when he and Francis Crick cracked the mystery of DNA. This scientific discovery, one of the most important this century, earned Watson and Crick, with Maurice Wilkins, the 1962 Nobel Prize for Science.

Drawing on research materials and interviews with James Watson, members of his family, and his col-

leagues, Joyce tells the story - from childhood to the present — of one of the world's best known biologists.

This is Joyce's second scientific biography for young readers. A freelance writer specializing in medical and science subjects, her work has appeared in many publications including The New York Times, American Medical News and Newsday. A high school science teacher for 15 years, Joyce and her husband, Jim, live in Oceanside, N.Y.

(Continued on page 54)



# Through the Reyhole



Editor's Note: We are delighted to be receiving so many letters, but regret that we are unable to print each one. Please keep writing The Key and know that we appreciate your input. Letters are edited for clarity and length.

I was very gratified to read the article "You've Been Out in the Sun too Long" in the Summer issue of The Key. It is imperative that we do all we can to dispel the myth of a "healthy tan." My sister, Ann Uphoff, Illinois Wesleyan, died at the age of 26 from malignant melanoma. Like many other women, she was a sun worshipper. While her cancer can't be totally attributed to sun damage, it was probably a contributing factor. Even knowing the horrible trauma our family has faced has still not convinced many of my friends to wear sunblock and avoid the midday sun. It is tragic that people who should know better are putting their lives at risk for the sake of vanity. The healthy glow of a tan is really a sign of irreversible skin damage.

#### - Beth Uphoff Black, Illinois Wesleyan

I cannot tell you how impressed I was with the Winter issue of The Key. Every article was better than the previous one...so many moving, inspirational stories shared by so many Kappa sisters.

I just had to write and say "Congratulations — you did a wonderful job — keep up the good work."

—Toni Norman Haynes, LSU

I was thrilled to read about your plans for a [leadership] workshop for collegians and alumnae and if I were a younger person, I would be there to get ideas to use in youth work.

I have always been a careful reader of The Key. When I was working with 4-H and other groups, I would study

hair styles and current interests of girls.

The last four issues of The Key ring with a quality of thought that I have not seen lately in the national magazines. I read every word. So I am happy to borrow from some other charity to increase my giving for your [leadership conference] meeting.

- Polly Johnson Hanst, West Virginia

Congratulations on The Key. Our local Kappa Gavel Club (past Presidents of the Denver Alumnae Association) met recently and when The Key was mentioned, all agreed that the magazine (with emphasis on a particular topic each issue) has never been better! I don't know how you get so many splendid articles written quarterly, and I can imagine the amount of research each one takes...and on every possible subject — from osteoporosis to owls! I read every word.

- Nan Kretschmer Boyer, Colorado

In the article "Picture This," Summer issue, you spoiled the beautiful images with non-inclusive language ["...Terry Hoyt Evans, Kansas, endeavors to explore the ecological balance between man and his environment.] I am very disappointed. This is a bad example for a woman's organization.

- Mary Ann Huesgen Curry, Missouri

(Continued on page 55)

Boomer's Big Day by Constance Workman McGeorge, Ohio State, illustrated by Mary Whyte, Chronicle Books, San Francisco, CA., \$12.95

Boomer's ready for his morning walk, but he can't get anyone to pay any attention to him. Strangers are running around packing all the things in Boomer's house into boxes. The day gets even more unusual when Boomer takes a long, uncomfortable ride in the car and arrives at an empty house. Exploring

the new house, Boomer delights in the large backyard and the new friends he finds.

While parents often think about where the furniture will go and forwarding the mail, a move may be more confusing to children — and their pets. Connie's insightful book gives parents and teachers a chance to explain moving to the younger members of the family.

Connie, a former high school teacher, lives in Columbus, Ohio, with her husband and three dogs. Longtime friends, Connie and illustrator Mary Whyte came up with the idea for the book when Mary's family moved from Pennsylvania to South Carolina with their eight-year-old golden retriever, Boomerang. This is Connie's first children's book.

The Key occasionally highlights books of general interest to our readers written by Kappas and produced by major publishing houses. To be considered for review, a copy of the book should be sent to Fraternity Headquarters, attention The Key, with a brief biography of the author, including recent involvement in Kappa Kappa Gamma.

I was distressed to read in the Spring issue of The Key the publicity and endorsement of NOW [National Organization for Women] and of Hillary Clinton. These groups are against family values —and certainly DO NOT uphold Kappa values. In fact [these groups] stand for greed and selfishness.

- Jean Swanson Guernsey, Iowa State

#### IN RESPONSE

In response to Albert Albrecht's letter [Summer 1994], I would say that the breakdown of the family is due to neglectful fathers, not career women. Although I grew up in a traditional family, Daddy spent a lot of time with my sister and me, encouraging us to try new things. As a result, I manage his thoroughbred farm for him, we play tennis, and are close. Many of my friends' fathers felt the same as Mr. Albrecht and never really knew their daughters.

Someday I would like to marry and have children—not four in this overpopulated world—but I will always have my career. Couples who share family responsibilities are closer. I don't want to prove something or satisfy my ego, I just like being part of an exciting world and being financially independent.

- Amanda Tuttle, Tulane

In response to Albert Albrecht's letter to The Key Mail, Summer 1994, I think that it is precisely the misogynistic closed-mindedness as displayed in Mr. Albrecht's letter that keeps women oppressed in our society. I do hope no Kappa who prides herself on being independent and strong (two qualities endorsed by our Fraternity) will heed his chauvinistic drivel. Furthermore, it was added weight against Mr. Albrecht's comments that his letter appears in the same issue that honored Marian Burr Johnson — a woman who lamented "[having] never worked for pay."

I applaud The Key's "Women in Power" issue and look forward to future issues dealing with similar positions. It is understandable that the editors print all viewpoints in the interest of fairness, but I'm happy to see that Mr. Albrecht's letter was printed where it belonged in

The Key — last and least.

-Adrienne Lamberti, Simpson

In reaction to Albert Albrecht's letter in the Summer issue, I can only say that I am appalled. Obviously Mr. Albrecht is of a very narrow mind and completely missed the whole context of the Spring issue, "Women in Power."

Why does Mr. Albrecht feel only women must stay home and raise children? Why does he believe women cannot have a career of any kind outside the home? He is, I believe, ignoring the facts that women can secure a life within and outside the home, just as men are able to do. He missed the entire core of the issue. None of these women "sought" out power or fame; it came with their

(Continued on page 56)

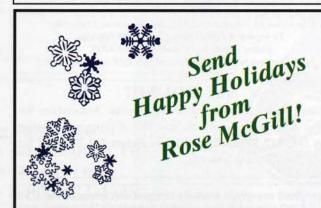
#### The Key Takes Top Honors at CFEA

"To Be Old Before You Are Young," the story from Ann Red Barstow, Texas, of her son's death from AIDS that appeared in the Winter 1993 issue, won first place at the College Fraternity Editor's Association meeting in Tucson, Ariz., July 6-10.

While Ann's four-page narrative took top prize in the "News Story" category, The Key received two other awards: a second place in the "Featurette" category for "Caring for Jenni," an account from Elizabeth Phillips Runkle, Monmouth, of her young daughter's struggle with diabetes that also appeared in the Winter 1993 issue; and an honorable mention in the "Feature Layout" category for "TB/AIDS Diary" in the Fall 1993 issue with photographs by Linda Troeller, West Virginia, and story by Lisa Morris, Allegheny.

The Key also received a second place award from the National Interfraternity Foundation for a Spring 1993 article "Kappa Collegians Feel the Crunch" written by Edith Sayre Auslander, Arizona.

The Key salutes and applauds the volunteer writers, photographers, and artists who make the magazine so interesting — and award-winning.



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# Through the Reyhole

jobs — as it comes with the jobs of many men. The issue wanted to convey that women have a power within themselves to be strong, free-thinking, independent, nurturing, and most of all to believe in themselves and their own capabilities. To use the "power" within themselves to further their education (knowledge is power), to be homemakers and raise their children with 100 percent help from their husbands, to tap into their intellects, and succeed in their fields of interest. "Women in Power" was about having the power within ourselves to make choices — and using that power.

—Catherine Flores, LSU

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Several often-requested items are available directly from Fraternity Headquarters.

- 1. Check the item and number of copies desired.
- 2. Phone (614) 228-6515, or mail this form to: Information Services Kappa Kappa Gamma Fraternity

P.O. Box 38 Columbus, OH 43216

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INSIGHT on Domestic Violence	\$5.00
Kappa Kappa Gamma Cruise Information	NC
Kappa Kappa Gamma Foundation Information	NC
KEEP SAFE Brochure	\$1.00
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(OK) Golklad is a 14K electroplate.				
(SS) Sterling Silver.  GREEK LETTER CHAPTER GUARDS				
Please specify chapter letters				
10a. Plain Single Letter Guard	2	30.00	11.50	3.7
b. Plain Double Letter Guard	-8	35.00	14.00	- 5
c. Chased Single Letter Guard		30.00	14.00	
d. Chased Single Letter Guard		40.00	17.00	
e. Crown Pearl Single Letter Guard	-	60.00	33.50	
f. Crown Pearl Double Letter Guard	-	75.00	51.00	
NOTE: Guards available in ruby, sapphire, emerald and diam	ond ston			
Price available on request.	TOTAL OLOT	e comona		
LAVALIERES				
11. Crest Lavaliere	47.00	31.50	12.50	12.50
12. Crown Pearl Staggered Letter Lavaliere	110.50	85.00	63.00	-
13. GF Small Round Filigree Charm with Crest	-	45.50	25.50	25.50
14. GF Oval Filigree Charm with Greek Letters	-	48.00	28.00	28.00
15. Vertical Letter Lavaliere	38.00	28.00	8.00	
16. Heart Lavaliere	39.00	29.00		12.50
17. Circle Lavaliere	39.00	29.00	12.50	
18. Key Lavaliere	38.00	28.00		12.50
	157.00	112.00		52.50
Note: The prices above do not include neckchain; add \$5.0	10 to abov	re prices fo	r	
18 inch gold-filled or sterling silver neckchain.		1011	011	00
BRACELETS	14K	10K 222.00	GK	SS
20. Key Bracelet with Crest RINGS	- 7/4	222.00	00.30	00.30
The state of the s	1/10			
Please specify ring size 21. Wide Band Crest Ring	165.00	127.00		57.50
	146.00	114.00	- 59	52.00
	190.50	139.50	- 5	57.50
	202.00	151.00	18/	69.00
	139.50	108.00	1/2	46.00
	101.50	76.00	10	34.50
	153.00	108.00	-	40.50
	139.50	101.50	-	34.50
29. Philly Swirl Ring				1130
	209.50	158.50	1	-

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3. 29. 30. 31. 11. 29. 32. 33. 34. 34. 32. 35. 35. 36. 38. 37. 18. 37. 18. 37. 18. 37. 19. 37.	10 40 2.	25 1 26 27 28
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	19.	Вокко 9.

b. All Pearl (not shown)	190.50	139.50	12	-
c. Alternating Sapphire/Pearl (not shown)	203.00	152.50	12	-
d. Alternating Pearl/Diamond (not shown)	266.50	216.00	-	-
e. Alternating Sapphire/Diamond (not shown)	273.00	222.00	1	-
f. All Diamond (not shown)	305.00	254.00	-	-
30. Oval Incised Letter Ring without Enamel	152.50	108.00	-	40.50
31. Oval Raised Letter Ring	152.50	108.00	-	40.50
PINS				
32. Fleur de Lis Pin	-	25.50	12.50	12.50
a. Fleur de Lis Pin with 3 Pearls	-	31.50	18.50	18.50
33. 65 Year Pin	- 1	-	15.00	-
34. 50 Year Pin	-	-	10.00	-
35. Pledge Pin	-		5.00	-
36. Recognition Key Pin	-	20.00	5.00	-
37. Monogram Recognition Pin	-	-	4.00	-
KEYCHAINS				
38. Horseshoe Fob Keychain	-		18.50	-

Individual badge orders may be placed directly with Burr, Patte & Auld Company. Chapter ord for badges MUST be prepared by Chapter Corresponding Secreta on official order forms obtained from Fraternity Headquarters.



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Post Office Box 800 Elwood, IN 46036
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Please provide Headqu	arters with current inf	ormation. Career inf	ormation will be entered in the c	data bank for CHOICES.	
Name:					
	Last	Fire	it .	Middle/Maiden	Chapter
Spouse's Name:					
	Last	Fir	et .		
Street Address		City		State	Zip
Home Phone:			Occupation:		



## EMBROIDERED & APPLIQUED



#### 18. EMBROIDERED VICTORIAN KAPPA:

40,000+ stitches in rich golds & blues, a design unrivaled in collegiate sportswear. With or without Kappa. Heavyweight 9 oz sweatshirt: \$52 Crossgrain: \$62 M-XL



#19 Blackwatch applique on navy 80/20 Sweatshirt, L-XL \$45

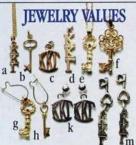


#20 MOM Iris Sweat M-XL \$43.50





#21 Appliqued letters in plaid: (a) Stewart (b) Campbell (c) Blackwatch Your choice of garment color, M-XL 9 oz Sweatshirt \$29 Crossgrain:\$42 Short sl. tee \$17 Long sl.\$20



LAVALIERES & CHARMS	Sterling	10K	14K
a. KKG regular	8.00	22.00	29.00
b. Key	12.00	24.00	36.00
c. KKG circle	11.00	32.00	38.50
d. KKG jumbo	11.00	24.00	39.00
e. KEY, ornate med			38.00
f. KEY, ornate large			59.00
EARRINGS (PAIR)	Sterling	10K	14K
g. med key, wires			67.00
h. sm. key, wires			39.50
k. circle KKT posts	13.75	76.00	96.00
m. key KKT posts	17.00	67.00	79.50

#### 1994 COLLECTOR SERIES ORNAMENT

The first in a series of limited edition collectable ornaments. Engraved Kappa key floats within three dimensional rings of fleur-de-lis & interlocking keys. Marked with Kappa and founding date. 24 Karat finish. Boxed with enclosure card. #42...\$11.75 or 3 for \$29



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"Victorian Kappa," the popular KKT motif reminiscent of the founding era of Kappa, is now available in an elegant embroidered sweatshirt (above). ceramics and stationery (#23-26 at right.)

- 23. MUG: Wraparound Victorian design: \$7.50
- 22. 8 Long Victorian notecards & envs: \$4.90
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- 25. 15 unlined letter sheets, 10 envs: \$3.95
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- 27. 40 sheet plaid pad: \$2.75
- 28. 15 plaid letter sheets, 10 env: \$3.95
- 29. 8 key & iris notecards, no KKG: \$5.50
- 30.8 key & iris notecards, with KKG: \$5.50
- 32. Sterling keychain: \$20
- 33. Mug with cobalt lining: Kappa Dad: \$5.75
- 34. Mug with cobalt lining: Kappa Mom:\$5.75
- 35. Key & fleur de lis Keychain w/ KKG: \$7.50
- 36. Iris pewter desktop calendar, 4 inch: \$20
- 37. Fleur-de-lis Kappa pen, blue: \$4.50
- 38. Premium blue pen with engraved KKG:



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catalog.

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