

Play Ball!

It's All in How You Play the Game

By Lois Catherman Heenehan, Adelphi

Eight women play on our team. Our athletic ability ranges from couch potato to marathon runner and our ages range from 28 to 68. We hone our skills constantly but play only four games a year. We come from cities across the continent and meet once a year to negotiate, not salaries or signing bonuses, but how to improve our game plans and results. Our end-of-year scores are deter-

mined by those who watch us. Our equipment lockers contain computers, fax machines and lots of paper.

We are the members of *The Key* Editorial Board and we are typical of the many teams that play in the Kappa league. Among the dictionary definitions of team is "a group organized to work together" and teamwork is "cooperative effort by members of a group or team to achieve a common goal." In parallel, Kappa Kappa Gamma, believing that in union there is strength, is an organization that strives for mutual helpfulness in attaining the goals of the group and of its individual members.

To "play ball" means to step up to the plate and give it your best shot. Sometimes you're a star and hit a homer; sometimes you kick wide or miss the ball completely. (And please excuse me if I mix my game metaphors — I'm the couch potato on our team.) But you do your best as an individual and as part of the team.

As with any teamwork, there is direction from the managers and input from the members. The Fraternity Council and Headquarters staff provide guidance, administration and technical support. From across the United States and Canada, Standing and Special Committee Chairmen, Regional and Province Officers and members of their teams contribute leadership ideas,



The Fraternity Headquarters staff is one of the many teams that makes Kappa Kappa Gamma a winning organization.

techniques and impetus to keep the ball in the air, pass to the most able or creative member or go for the extra point when the opportunity arises.

But there's another meaning to "play ball," which includes bending the rules of the game. Individuals must make their own choices because to "play ball" can mean to go along with the crowd, and sometimes it involves negative actions and

results. "Playing" along with the crowd could mean accepting more change than you're entitled to from a purchase or listing more donations on your IRS form than you actually made. It could mean quoting someone else's writing without giving credit, sneaking a peek at someone's test answers or inflating your credentials in a job interview. And when questioned about such actions, the usual answer is, "Everyone does it."

"Playing ball" could also mean preparing a scavenger hunt for others to complete or having another drink because you're urged to be a good sport. It could mean taking any action, putting yourself in any position that you know isn't right or acting against your principles just to show you're "one of the gang." That has nothing to do with teamwork; it's more like a gang than a team and it is a far cry from mutual helpfulness.

Serving on a chapter committee, working toward a successful philanthropy, volunteering as a chapter adviser, learning how to work better with others toward a common goal through "Kappa Kinetics," Province Meetings and General Conventions are all practice sessions — maybe even rough scrimmages — in our Kappa ball game. They keep us thinking fast, trying hard, playing joyfully and working together. So don't let anything stop you — get out there and play ball!

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On the cover

Spring is a time to "Play Ball!" From family and social life to academics and athletics, Kappas succeed with "Girl Power!" Pictured (1 to r): cyclist GINA MURRAY, Indiana; executive COLLEEN LENIHAN, Illinois; "mompreneur" TINA CHAMPAGNE-EGGE, Puget Sound; gymnast Martha Strain, Iowa State; golf star Jane Blalock, Rollins; pilot June Braun BENT, Drake; matchmakers HEATHER SMITH, Indiana, and JENNI COLLINS, Syracuse; soccer player CHRISTY LA PIERRE, Stanford.







The Key is the first college women's fraternity magazine, published continuously since 1882.

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The Athletes of KKT

The New York Yankees, 1998 baseball world champions, have recently been described as a team with no real superstars. How, then, could they have become last season's "best" team? The simple answer is TEAMWORK, which means that each member of the team gave his best for "the good of the whole." No superegos made demands, and the result was a world championship!

Kappa volunteers bring their special skills to the team, and the result is a well-run, trendsetting organization. What makes Kappa unique in a world filled with nonprofit organizations? It is the great respect for Kappa's founding principles and mission that inspires members to join the team and strive to give their best.

There are various teams at work within Kappa Kappa Gamma, starting with the Fraternity Council. It is astounding that seven women with diverse backgrounds are able to come together and serve Kappa's best interests. Each one demonstrates remarkable skills, from knowledge of complicated finances and budgeting to leadership and "people" skills. The Council has endeavored diligently to work together as the most effective team possible, including an "understanding of and an allegiance to" each one's dreams for Kappa's growth combined with personal growth.

The regional team works with the province team which, in turn, gives support to the grass-roots membership. The chapters and alumnae associations are constantly working to build their leadership teams as they make Kappa an important part of their lives.

Work, work, work and the theme of this issue is "Play Ball!" Is it possible to work very hard (for some of us spend a large part of each day at the Kappa desk) and still have the fun and challenge of participating on the team? Ask any Kappa volunteer for the easy answer to that question. Most surveys of volunteer organizations reveal

that it is the prospect of friendship and fun that attracts members' participation. It's no wonder Kappa is blessed with wonderful volunteers! We may not realize how

truly athletic we are as members of the Kappa team. After all, do you know of any juggler who can keep as many balls in the air as a chapter or alumnae association officer? How many times do we rejoice in a "home run" of team-effort accomplishment, such as membership recruitment or a philanthropic event? The chapter officer has her academics, chapter responsibilities, job, extracurricular activities and interpersonal relationships to juggle throughout her college years. The alumnae association officer has many priorities including family, career and personal obligations which must be combined with her Kappa commitment. What skill and dedication they have, for they do all of this, and more, so well!

I invite each of our 124,000+ readers to "step up to the plate" and discover your "athletic skills." Whether you work with a collegiate chapter, an alumnae association or set your sights on a Fraternity officer position, I guarantee you'll have a wonderful and rewarding time, meeting new friends, learning more about your visible and undiscovered talents, and most important, making a real difference to Kappa Kappa Gamma!

Loyally,

A Cathy)

CATHY THOMPSON CARSWELL, Illinois Wesleyan, Fraternity President

To join a chapter Advisory Board or House Board contact Fraternity Headquarters for the name of the Province Director of Chapters in your area or visit www.kappa.org. To find or start an alumnae association near you see the "Owl on a Limb" coupon on Page 42.

NPC Goes Back to Basics

Kappa Kappa Gamma was well represented at the 1998 Interim Session of the National Panhellenic Conference, October 16-18, where member groups shared ideas and discussed issues dominating the Greek system under the theme "The ABCs of NPC/Back to the Basics."

Kappa's NPC Delegate MARIAN KLINGBEIL WILLIAMS, Missouri, is serving the second year of her term as the conference secretary and will proudly assume the chairmanship this fall. Other Kappa Kappa Gamma delegation members in attendance were First Alternate Juliana (J.J.) Fraser Wales, Ohio State; Second Alternate CAROL MORRISON SOBEK, Arizona State; Third Alternate KIM ROUNTREE LIEN, UCLA, Attending concurrent meetings were Executive Director J. DALE BRUBECK, William and Mary; President CATHY THOMPSON CARSWELL, Illinois Wesleyan; Associate Executive Director LILA ISBELL, Montana; Editor JENNY STRUTHERS HOOVER, Bowling Green; Meeting Planner SUSAN BURGMAN RAMSEY, Bowling Green; Chairman of Field Representatives MARTHA (MARTY) HAY STREIBIG, Indiana; and Director of Membership KATHERINE (KAY) SCHOLBERG WEEKS, Bucknell. The following Traveling Consultants served as pages during the meeting: MAUREEN EAGLE, UC San Diego; KATHLEEN FAY, Washington State; EMILIE NYBERG, Puget Sound; and NIKOLE RAWLINS, Penn State.

Highlights of Chairman Lissa Bradford's annual report included comments on the pervasive influence of alcohol on college campuses with the perception that Greek members are the most frequent abusers. Also reported was the increase in binge drinking among women, especially Greek women. For survival, NPC women must promote changing attitudes and cultures in cooperation with the National Interfraternity Conference (NIC), the National Pan-Hellenic Conference (NPHC is the governing body for historically African-American sororities), and the host institutions.

NPC has initiated several projects to help remove alcohol as a focus of campus life. The "Something of Value" program, which encourages values-based decision-making, is so popular that demands have been



Kappa Kappa Gamma was well represented at the 1998 NPC Interim Meeting by the NPC delegates and other Fraternity officers and staff members.

greater than NPC has funds or personnel to satisfy. Responding to these needs, Kappa Kappa Gamma has given \$25,000 to the NPC Foundation in honor of Marian Klingbeil Williams, *Missouri*, to enable the program to be presented on campuses where Kappa chapters are located. Campuses hosting the program this year include Lafayette, Bucknell, UC Davis, Nebraska, New Mexico, Idaho and UC Berkeley.

A letter to Fraternity President CATHY THOMPSON CARSWELL from NPC Chairman Lissa Bradford says, in part, "The NPC Executive Committee is still in a state of euphoria over Kappa's gift ... That Kappa has made this gift in Marian Williams' name is truly significant, in view of her involvement in 'Something of Value' from its inception. She 'birthed' it, massaged it and tweaked it in preparation for its initial outing. [It] is the most effective and important tool our NPC member groups have for student members' collaborative action regarding risky behaviors."

Other meeting highlights include:

- Alcohol-Abuse Prevention NPC continues to support the NIC fraternities espousing alcohol-free living environments.
- Alcohol 101, a CD-ROM about the effects and consequences of alcohol, has been endorsed.
- · A drug-awareness program focusing on

Mission Statement of The Key

The Key of Kappa Kappa Gamma links each member with the Fraternity. The mission of The Key is:

- to inform, inspire, and challenge
- to sustain and nurture membership loyalty and interest
- to recognize individual, group, and Fraternity accomplishment
- to provide a forum for an exchange of information and opinion
- to be a permanent record

To request advertising rates or to send information and photographs for *The Key*, please contact:

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Rose McGill Magazine Agency 800/KKG-ROSE (800/554-7673)

THE KEY SOURCE 800/441-3877 (orders only) women's health and social issues has been initiated.

 A study will provide data on the success of alcohol education and environmental changes relative to the collegiate Greek experience.

Unanimous Agreements and Resolutions

- Review and evaluation of the Unanimous Agreements brought several changes and clarifications, including one which better defines member groups' constitutional rights of assembly and freedom of association.
- Under Standards of Ethical Conduct, a new agreement denounced arbitrary priority rating of women's fraternities by administrative personnel.
- Resolutions include regulation of extension gifts to college Panhellenics, sponsorship of a national eating disorders program for February 2000, and recommendations to NPC member groups to cosponsor only alcohol-free functions in men's facilities by the fall term of 2000.

For more information, contact the NPC Central Office at 317/872-3185 or www.greeklife.org/npc.

Celebrate Women's History Month

March is U.S. Women's History Month. This year's theme, "Women Putting Our Stamp on America," is featured on a commemorative poster displaying 37 U.S. postage stamps honoring women. To order posters or for more information visit the National Women's History Project Web site at www.nwhp.org or call 707/838-6000.

The Heritage Museum of Kappa Kappa Gamma displays an exhibit this month featuring Kappas who have had an impact on American, Canadian or Kappa history.

Alumnae associations and chapters may want to celebrate Women's History Month by displaying past issues of *The Key* and *The History of Kappa Kappa Gamma 1870-1930* as well as association or chapter archival material. (For information about Kappa's new history book see Page 50 of this issue.)

Canadian alumnae associations and chapters may want to celebrate women's history in October in conjunction with Persons Day, the anniversary of the 1929 ruling that secured basic human rights for women.

Task Force To Research All-Member Program

In order to develop a greater appreciation of the Fraternity and enhance the lifelong skills of members, the Fraternity Council has appointed an All-Member Program Task Force to research fundamentals for chapters and associations to design a continuous education process for the Fraternity.

Led by Betsy Stilwell Strain, Nebraska, the task force met in December 1998 to design the framework for all-member education. The nucleus of this program centers on 1) leadership and skills building, 2) self-discovery and intellectual development, 3) an understanding of and an appreciation for Kappa Kappa Gamma, and 4) interpersonal development.

The task force will convene in late April and welcomes comments regarding the design of this program. What kind of personal development should the Fraternity offer? What issues do you envision surrounding the above mentioned areas? In what manner do you see education being presented to your alumnae association or chapter during the next 10 years? Comments may be sent to Betsy Strain, c/o Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 38, Columbus, OH 43216-0038, fax: 614/228-6515, e-mail: kkghq@kappa.org.

We Put the Ball in Your Court

The Key Readership Survey Results

Editor's Note: Many thanks to readers who have completed surveys or submitted letters. The Editorial Board values your input. The survey has allowed us to become more in tune with our readers and effectively plan future issues. Please continue to tell us what you think about your magazine, The Key!

Survey Highlights

A total of 516 Kappas (370 alumnae and 146 collegians) responded to the survey which was distributed to the 1998 General Convention attendees in June and to all association and chapter Presidents in the fall.

Reader comments are always appreciated and may be sent to Editor Jenny Struthers Hoover, Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 38, Columbus, OH 43216-0038; fax: 614/228-7809; e-mail: jhoover@kappakappagamma.org. For more information about *The Key* visit Kappa's official Web site at www.kappa.org. Letters and comments regarding *The Key* may be reprinted at the editor's discretion.

1. Readership

Out of the 516 respondents, 280 said they read *The Key* "regularly," while 223 read it "sometimes" and seven "rarely or never" read it. There are 150 cover-to-cover readers and 174 flip-through readers. A total of 141 read selected articles only, 68 read for mention of their chapter and eight read only alumna news.

2. Pride

When asked if *The Key* enhanced their pride in Kappa Kappa Gamma, 300 said "a great deal," 178 said "somewhat" and 24 said "no."

3. Overall Impression

Feedback varied but common responses included:

- · "well done"
- · "excellent"
- · "very professional"
- · "love it."

Fraternity NEWS

Other comments include:

- "I want to throw it out right away but when I flip through it, a few articles always catch my eyes."
- "Design could use updating pages sometimes too busy" with graphics and info."
- "Occasionally I see other Greek publications and The Key ranks well above."
- "I love receiving The Key at home. I get excited when my family and friends see how awesome Kappa is and how much we do in our communities."

4. What general topics would you like to see addressed in *The Key*?

Campus trends/chapter activities 283
Women's issues
Member profiles
Health/wellness
Fraternity programs/news196
Career tips
Life skills
Artists/authors155
Current events149
Philanthropy
Foundation news

5. Preferred Articles

When asked which types of articles readers prefer, many said "more on collegiate chapters." Other suggestions include more on: alumnae — specifically fundraising events; philanthropy/Foundation; regular history and wellness columns; hazing prevention; and inspirational stories.

Other suggested topics include motherhood; Kappas helping Kappas overcome hardships; "a day in the life of" a chapter; updates on campus problems; profiles of associations and chapters that win Convention awards; and gracious living/etiquette.

6. How can The Key serve you better?

Answers varied greatly although many want more space for "Kappas on Campus" and "Accent on Alumnae" as well as more photos. Other suggestions include: provide more programming ideas; focus less on individuals and more on groups; make photos and captions larger; use more humor; and write shorter member profiles.

Kappa Welcomes a New Association

The Fraternity welcomes the new FOUR CORNERS (COLO.) ALUMNAE ASSOCIATION established in Durango, Colo. To join, call RUTH CORBETT CROSS, *Arizona*, at 970/382-8077. To contact other alumnae associations see Page 42, call Fraternity Headquarters at 614/228-6515 or visit www.kappa.org.

The Key Submission Guidelines

What The Key is looking for:

- Feature stories that inform, inspire and challenge.
- Stories that show Kappas exhibiting the Fraternity's mission.
- Outstanding, unique or unusual events or accomplishments.
- · Stories that are informative, heartwarming or humorous.
- Honors at the international, national, regional or state/provincial level.
- Stories with broad appeal to our 124,000+ readers.
- Good ideas from one alumnae association or chapter that may be used by another group.

What we can't use - and why:

- Weddings, engagements, births and birthdays there are simply too many.
- "Kappa family" photographs. (Kappa grandmothers, daughters and granddaughters have special relationships, but these photos are of more interest at the local level. Submit them to alumnae association and chapter newsletters.)
- 50-, 65- and 75-year pin recipient photos. Again, there are too many.
- Announcements or invitations from one alumnae association or chapter. (Classified ads to announce events may be placed by contacting the editor.)
- Pictures that show glasses, bottles or cans which may contain alcohol.
- Obituaries. The Key prefers to applaud members while they are living. All Kappas are remembered in the "In Memoriam" section. (Only past Fraternity Presidents are featured with a full obituary.)

Research Identifies Greek Membership Benefits

Students who belong to a fraternity or sorority are more likely to stay in college than other students. A study by the Center for Advanced Social Research at the University of Missouri-Columbia found fraternity and sorority membership increased student retention by about 28 percent. The study also indicated that Greek membership contributed to financial success and increased involvement in community service. It was also shown that colleges receive more financial gifts — and in greater amounts — from fraternity and sorority alumni than other alumni. For more information about the study, contact the National Panhellenic Conference at 317/872-3185 or www.greeklife.org/npc.

Chapter Extension Drafts New Players to Kappa's Team

Editor's Note: The Key readership survey indicated a desire by some members to learn more about the Fraternity's Extension process. The Editorial Board asked Extension Chairman Carol George Sanders, Cal. State Northridge, to provide the following article.

Extension is the addition of a chapter of Kappa Kappa Gamma on a college or university campus. Few other aspects of Greek life can generate more excitement than the chapter extension process.

As a member of the National Panhellenic Conference, Kappa Kappa Gamma follows the NPC Unanimous Agreement pertaining to extension. This agreement outlines standards of ethical conduct that direct the need for approval from the college Panhellenic or a campus administrator before we may proceed with extension. If there is not an established college Panhellenic that operates within NPC policies, the extension process is less defined. In such a situation the administration usually develops the process with the interested students.

The Fraternity receives extension information in several ways. Individuals, local groups or administrators may contact Kappa asking the Fraternity to consider the establishment of a new chapter. Another method is for administrators to inform the NPC Extension Committee of the administration's permission for local sororities to seek national/international affiliation. Administrations may also contact the NPC extension committee when a college Panhellenic has voted to expand.

The Fraternity Chairman of Extension researches each request by contacting area alumnae and Regional and Province Officers for information. The most important criteria for the establishment of a new chapter include:

- 1. An outstanding institution of fine reputation.
- 2. A supportive administration.
- 3. Qualified undergraduate women.
- 4. Supportive alumnae willing to work with a new chapter.

Many would contend that alumnae support is the most important factor in a colony's potential for success. When considering this support, the Fraternity not only looks at the actual number of alumnae in proximity to the campus, but also the ability and willingness of these women to work with a new group.

When requested, a packet of information about Kappa Kappa Gamma is sent to Greek advisers, administrators, local interest groups and Panhellenic Extension Teams at the university level who have expressed interest. This packet gives a visual presentation of Kappa Kappa Gamma's history, new member program and general information including the Fraternity's educational resources.

Once an invitation to make a presentation is received, the Fraternity Council and Regional and Province Officers decide whether or not to accept. If the Chairman of Extension receives the go-ahead, she puts together a presentation team, usually composed of Fraternity officers, Field Representatives, area alumnae, collegians from nearby chapters, and one or two members of the Fraternity Headquarters staff.

The Fraternity may be asked to present to small groups such as Greek advisers, administrators, local Panhellenic extension teams or to meet with a local group along with other National Panhellenic Conference groups. The final decision is made by campus administrators or Panhellenic.

Once Kappa Kappa Gamma has been selected to establish a chapter the next steps are colonization and installation. The Fraternity appoints a Chapter Consultant and a Coordinator of Chapter Development to help the colony become a strong, vital addition to Kappa Kappa Gamma.

The Fraternity currently has 127 collegiate chapters. During March 2-3, 1999, an extension team made a presentation at Johns Hopkins University. The Fraternity awaits a decision from the University.

Long-Range Plan Updated

The Fraternity Council and Foundation Board of Trustees met jointly with the Long-Range Planning Chairman to review and update the Fraternity's Long-Range Plan. The result is a strategic plan for the future of Kappa Kappa Gamma with the following four goals:

- 1. To preserve, maintain and promote Fraternity values
- 2. To create environments that foster mutual support
- 3. To promote and enhance positive public relations
- 4. To strengthen the Fraternity and Foundation through growth.

Foundation Meeting Highlights

At the Foundation Board of Trustees Meeting held in November 1998, the board adopted an increase in award amounts for undergraduate scholarships from \$1,000 to \$1,500, and graduate scholarships from \$1,500 to \$2,000. Eightyseven scholarships have been awarded for the 1998-99 academic year.

Other business involved the recommendation of the Minnie Stewart Task Force, established in response to a 1996 Convention resolution, to merge the Minnie Stewart Foundation into the Kappa Kappa Gamma Foundation. The recommendation was adopted and a restricted fund will be established as well as a transition committee to facilitate this merger. The purpose of the Minnie Stewart Foundation is to promote and preserve the historic home of Kappa Founder Minnie Stewart in Monmouth, Ill.

Alumnae Achievement Awards

Who will stand among these high achievers?











The Fraternity honors outstanding alumnae by recognizing individual excellence in volunteer and professional pursuits, a tradition established in 1946. Your nominee must be active in her field with involvement on a **national** or **international** level. Many alumnae achieve local acclaim, but this award requires more than regional recognition. To be considered, your nomination must be received by **May 15**, 1999. Please use the form below to submit nominations.

Alumnaa	Achievement	Award	Momination
Alumnae	Acmevement	Awaru	Nomination

Date	1	1	
Date		1	

Nominations must be accompanied by a one-page supportive letter enumerating the manner in which the nominee has fulfilled criteria for the Alumnae Achievement Award. News clippings, magazine articles and pictures are also appropriate. Send completed form and supportive material to: ANN STAFFORD TRUESDELL, 395 Fern Hill Drive, Granville, OH 43023. All nominations must be received by May 15, 1999.

NOMINEE'S NAME (First, Maiden, Last) Street Address State/Province ______ Postal Code _____ City ____ Telephone _____ E-Mail ____ KKΓ Chapter____ University/College Initiation Year ______ Degree Earned _____ Field of Achievement: Outstanding Honors or Recognition of a National/International Scope Participation in KKT Activities Nominated by (First, Maiden, Last) City State/Province Postal Code Address ____ Telephone ____ E-Mail

Golf Pro Turned Entrepreneur Says —

"Tee Up"

Teaching women to compete in business by improving their golf game

By Jenny Struthers Hoover, Bowling Green

Pormer professional golf star Jane Blalock, Rollins, had amassed more than \$1 million in prize earnings when she retired from the pro tour in 1986. But retirement turned out to be a new beginning.

After her 18-year pro golf career, during which she won 29 titles including two World Ladies Championships, Jane worked as a stockbroker with Merrill Lynch for fours years. "Having a 'real job' was a great education," says Jane. But soon she gave in to her entrepreneurial spirit.

After playing in a number of charity and corporate golf outings that were poorly run, Jane felt she had found a niche. Now she is president of The Jane Blalock Co., a golf consulting firm based in Boston, Mass., which began as a grass-roots program to reach women



"Women miss out on quality time with clients when they aren't on the golf course during a sales meeting."

who needed to learn golf and wanted to learn with their peers.

Part of the company's mission is to encourage women to mix golf and business as men have been doing for years. "This is a way for women to catch up in a non-intimidating environment," explains Jane, who has the right idea considering that the National Golf Foundation reports that 52 percent of women surveyed say they want to learn golf in a "non-embarrassing atmosphere." Other surveys have shown that since 1986, the number of women playing golf has risen 24 percent — from 4.6 to 5.7 million.

Jane's firm, which began eight years ago in her Cambridge, Mass., home, consists of 12 full-time staff members. She hires 20 Ladies Professional Golfers Association (LPGA)-certified instructors for each clinic. "We teach women how to 'play the game' in every sense," explains Jane. "Women miss out on quality time with clients when they aren't on the golf course during a sales meeting."

Jane's 1990 pilot golf clinic in Washington, D.C., sold out in three days. Now the one-day, nine-hole LPGA golf clinics run by Jane's company are held in 14 markets and are sponsored by large companies. The clinics offer a networking session and feature a business speaker or a presentation on breast cancer in support of the Susan G. Komen Foundation.

"Women usually think of golf as fun and games, so they are less likely to justify spending their valuable time doing it," explains Jane. "Our clinics are business-oriented with speakers and networking opportunities, so they have all the ingredients for a perfect day." Some companies even sponsor events just for their female executives to invite their clients.

While women have made progress in the workplace, they have missed out on some relationship development opportunities. "Women need to get outside the office in a relaxed atmosphere," says Jane. "They need to hone their skills to play well enough in charity or corporate events." Jane feels this is especially important for women in positions that were previously held by men since



Former pro golf star **Jane Blalock**, *Rollins*, runs her own golf consulting firm.

Jane's Advice for Beginners

- Seek out good instructors. Don't rely solely on advice from your husband or friends.
- Start with three private lessons to get comfortable and to see if you click with the instructor. It's like buying clothes — sometimes it's a good fit and sometimes it's not.
- Play nine holes. Don't be intimidated just go out and do it. Be sure this type of activity is approved by your physician.
- Don't spend a lot on equipment until after your lessons. Ask for help in selecting the right equipment for you.

For more information contact Jane's golf hotline at 800/262-7888 or the main office at 617/242-3100.

"One woman said the golf pictures on her wall help initiate conversations and break down barriers."

there may be a perception that a woman will be less effective with clients if she can't play golf.

Many of Jane's clients have proven her philosophy about the importance of women mixing business and golf. One executive who learned to play through Jane's clinics enters every tournament she can. As one of the top three salespeople in her company, she was asked to play at a golf outing with the CEO. "Because she was known as a capable player, she had access to this important event, which helped her earn the recognition she deserved," explains Jane.

Many clients have told Jane how improving their golf game has helped them gain visibility. "It changes the playing field and gives women some common ground with men," Jane reiterates. "One woman said the golf pictures on her wall help initiate conversations and break down barriers."

Another client, an investment banker, invites her own clients to Jane's clinics, planning her business trips around the clinic schedule. "She does marketing and builds client rapport through these events, which is more effective than a phone conversation," says Jane.

Did You Know?

A Kappa was a pioneer in golf, when **Johnnie Anna Carpenter**, *Butler*, won the first women's city championship of Indianapolis, Ind., in 1895. As an undergraduate, she practiced on a three-hole course she had designed next to the women's dorm. She later became state champion after winning two more city titles.

Other well-known professional golfers who have been featured in past issues of *The Key* include Patty Berg, *Minnesota*; Lucile Robinson Mann, *Drake*; Hollis Stacy, *Rollins*; and Jane Geddes, *Florida State*.

Golf Web Sites

National Golf Foundation www.ngf.org

American Junior Golf Association www.ajga.org

Canadian Junior Golf Association www.jrgolf.com

British Columbia Golf Association www.bcga.org

Women in a variety of professions are likely to find parallels between golf and business. Beth Sharp, Penn State, a human resources director, says, "I think the key to playing great golf is in the strategizing of the game — and that's a skill required of successful women in business."

According to CLAUDEEN SMITH LINDBERG, UC Berkeley, a member of the Georgia State Golf Foundation Board, golf is a must for women who travel a great deal. "It's nice to be able to play wherever you travel," says Claudeen. "You don't have to compete against others — you can compete against the different courses."

Besides making good business sense, playing golf can improve a person's health through exercise and stress relief. "Golf is a reflection of the soul," says Jane. "It gives you time to reflect and enjoy being outdoors, and is a great way to spend time with friends and meet positive people."

While Jane has enjoyed merging her passions — golf and business — she has faced some challenges.

"In golf, when you play the best, you win," says Jane.

"But in business you may do the best job, but politics and things beyond your control can prevent you from winning."

Among the skills that have helped Jane succeed in both careers, discipline, adaptability and a positive attitude have been crucial. Her competitive nature has given her an edge as well. "I hate to lose," Jane admits. "By not settling for less and by being prepared and focused, you will do well under any circumstances."

A 1980 KKF Alumnae Achievement
Award recipient, Jane enjoyed camaraderie
and teamwork as a member of Delta Epsilon
Chapter. "Learning to interact with a variety of
women was a valuable lesson," she recalls.

"Through Kappa I discovered what real friendship, support and trust are all about."

Beyond Par

Voted best athlete in high school, PEGGY KIRK BELL, Rollins, was hardly a "natural" when she first tried to play golf. The first three balls she hit never made it to the green, going off into the woods instead. Knowing she needed help, Peggy took lessons and the following year won the championship at the Findlay (Ohio) Country Club.

Two years later she played in the first intercollegiate golf tournament in Columbus, Ohio, where she met future champion PATTY BERG, *Minnesota*. Columbus and Kappas — a natural match.

Peggy played in the North-South Amateur tournament while at Rollins, winning one match; a few years later she won the tournament. Other titles in the winning column include the Ohio Amateur, International Four-Ball, Everglades Two-Ball, Palm Beach Amateur, Eastern Amateur and Titleholders. A charter member of the Ladies Professional Golfers Association, she was named to the 1951 Weathervane team (the first LPGA golf team) and was honored as LPGA Teacher of the Year.

Peggy married childhood sweetheart Warren "Bullet" Bell and they, with others, bought Pine Needles, a Donald Ross golf course in Southern Pines, N.C., in 1953 — a course with no buildings, not even an equipment barn. After two years they bought out the others, and Warren designed the lodges, clubhouse and pro shop for what is now one of the top resorts in the country.

A consultant for 44 years with Spalding Goods Co., Peggy has been teaching golf since 1958. Pine Needles offers 12 golf schools annually, teaching about 1,200 women each year. Although she enjoys teaching golf and considers it a way of life, Peggy admits, "Teaching is hard work."

Pine Needles Resort is family owned and operated. Daughters Bonnie Bell McGowan, *Rollins*, Peggy Bell Miller, *Alabama*, and son Kirk are all involved.



LPGA charter member **Peggy Kirk Bell**, *Rollins*, owns and operates two golf resorts with members of her family.

At age 77, Peggy has enjoyed being a part of the growth of women's golf and has many treasured memories. Playing in an LPGA tournament with Babe Zaharias as her partner, Peggy recalls, "That was an exciting win! She is the greatest female athlete ever. Her timing, coordination and drive to win made her a success."

Enjoying the memory of hosting the 1996 U.S. Women's Open at Pine Needles, Peggy looks forward to doing it again in 2001.

By Lois Catherman Heenehan, Adelphi

Heritage Museum Replicas

Add a replica of the Kappa Kappa Gamma Heritage Museum to your Kappa collection. All proceeds benefit the Heritage Museum. To order, send \$15 to KKT Fraternity Headquarters, P.O. Box 38, Columbus, OH 43216-0038, attention Sue Milligan, Indiana, checks payable to KKT Heritage Museum Guild.



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How I Became an "Athlete" in My Mid-80s

SHORT and the

By RUTH BRANNING MOLLOY, Pennsylvania

A tiny token becomes a timeless trophy, and a T-shirt turns me into a team traveler. (Actually, I don't travel with the team or attend home games, but I love it when Penn women win!)

n 1929 I stood in a West Philadelphia row house where fencing coach Leonardo Terrone held his classes. As the gleaming blade of State Champion Ruth Brylawski

> reached for my blood, I dropped my own sword, did an about face

and ran to the far corner of the room. So much for my elective sport!

It is no surprise that I have reached the age of 88 without mention of achievement in sports on my résumé. I swam and I sailed, and I was a solitary swimmer and sailor.

I am not a team player.

On November 21, 1998, I stood on the floor of the Palestra at the University of Pennsylvania,

Ruth Branning Molloy, Pennsylvania, (in front holding T-shirt) poses with the "tall girls" (basketball team members) at the University of Pennsylvania.



RUTH BRANNING MOLLOY, Pennsylvania, has chronicled life in Philadelphia for many years. An accomplished photographer and writer, she served as editor of the chapters section of The History of Kappa Kappa Gamma Fraternity 1870-1976. taking in the impressive exhibition of women's sports and the Celebration of Generations (more than 80 years of women's athletics at Penn and 25 years of Ivy League Women's Championship Competition) when a reporter for Penn's *Daily Pennsylvanian* asked me, "What was your sport as an undergraduate?" He had mistaken me for an athlete.

"I was interested in fencing," I said but added quickly, "You don't want to talk to me about women's sports. You should talk to Cynthia Johnson Crowley." I pointed her out. "I intend to," he said, and left me.

Cynthia Crowley, a many-faceted athlete, member of Kappa Alpha Theta, and a longtime fighter for increased attention for women's sports achievements, a few years ago inserted an ad in the Penn alumni magazine, *The Gazette*, asking for pictures, names, anecdotes and clippings to help her in compiling a compendium of women's athletics. I had plenty of names, photos and clippings. I wrote her.

A few years earlier I had received a letter from an old friend, Jane Harshberger, *Pennsylvania*, sharing with me a little story that had pleased her. In the late '20s she had been awarded a little pin in recognition of her role on the women's basketball team. Now in her 80s she wanted to place her worldly goods in the right places. During alumni weekend she had asked a Zeta Tau Alpha classmate what to do with her tiny trophy. Adele knew the right person — Cynthia Johnson Crowley of Atlantic Highlands, N.J. Jane wrote to Cynthia and mailed her the pin.

After I'd sent Cynthia my list of women athletes at Penn she wrote me and told me the story of the pin she'd received from "a total stranger," a gesture that touched her deeply. "Her precious award, and she had never heard of me before." The little pin became precious to Cynthia too.

Jane, on a much-looked-forward-to holiday trip to Maine, died.

Every year the Penn women's basketball team enjoys a banquet with friends, relatives, coaches and guests. At this annual affair awards are presented. Notable among them is a silver salver, donated by Cynthia Crowley. It is called the HJB Award (J for Cynthia's maiden name, Johnson... B for a most talented player, Kristin Brendel, member of the Ivy League Honor Roll) ... the H stands for Harshberger. How proud Jane would have been and how surprised!

Cynthia invited me to the 1997 luncheon and program and asked me to say a few words about Jane. I met the coaches and the team. I was given a basketball T-shirt. My picture was taken in the midst of the tall girls. I said a "few words" about Jane.

Jane Harshberger was an unassuming, straightforward, likable girl and woman. She was not a scholar but she achieved in her profession. After earning a B.S. in education, she went to the Yale School of Nursing, became a midwife at Columbia and then earned a degree in public health. Before she retired she was director of public health at New London, Conn. Jane was sincerely liked by her Kappa sisters, never married, cared for her own sister until that sister's death, bequeathed her little dog to her minister's wife, and at one time gave her tiny basketball trophy to a "total stranger" who never forgot this small gesture and caused Jane's name to be put on a perpetual trophy.

So, as Jane is not here to enjoy this claim to fame, I have been asked to continue sharing the achievements of Penn's women's basketball team. I have never made a basket, but I do enjoy making new friends.

And I have a T-shirt which, in years to come, may take on some importance in the eyes of my great-grand-children. Long after my ignominious retreat from the sharp and fearful sword of my adversary is forgotten, my T-shirt may inspire one of these little girls to join the ranks of the tall girls of the future.

98-Year-Old Kappa Has Fond Memories of Shooting Hoops

Seventy-nine years ago, FLORENCE MONTGOMERY HIGHBERGER, *Pittsburgh*, wore the standard bloomers uniform of the University of Pittsburgh



women's basketball team. The team's star forward, Florence was elected captain her senior year. Florence says she is still perplexed by the university president's 1920 decision to dissolve the women's physical education department, but happy that the Carnegie Institute of Technology/Margaret Morrison School received all of the Pittsburgh students into its physical education department. It was at Tech that Florence met her husband, Frank.

A former referee for local girls' basketball teams in the Pittsburgh, Pa., area, Florence now shows her competitive spirit through bridge and gin rummy at Sherwood Oaks Retirement Community north of Pittsburgh. An avid golfer and tennis player in her 30s, Florence and Frank, an architect, raised two sons, Frank and Sam.

Later Florence used the leadership skills she had gained through athletics to run Montgomery Employment and Service Bureau, a family company. Before she sold the business in 1970, it had become known as the top employment agency in Pittsburgh. Those who know Florence consider her quite a competitor!

Florence as a freshman on the girls' basketball team in 1921.

How to Play the Dating Same

Two Kappas Say — "It's Just Lunch!"



Heather Smith, *Indiana*, and **Jenni Collins**, *Syracuse*, are matchmakers for It's Just Lunch, Inc., an innovative dating service for busy professionals.

By JULIE KROON ALVARADO, Arizona State, and JENNY STRUTHERS HOOVER, Bowling Green

Matchmaker when you grow up," laughs HEATHER SMITH, *Indiana*, who admits that she enjoyed setting up all the Kappas she could in college. The East Coast Regional Director for It's Just Lunch, Inc., one of the largest dating services in America, Heather was thrilled to meet Senior Director JENNI COLLINS, *Syracuse*, when they both joined the company in 1997. For these Kappa colleagues, matchmaking is much more than lunch, it's a serious career.

Jenni and Heather agree that there used to be a stigma attached to dating services, yet companies like It's Just Lunch are making it convenient, fun and safe to meet new people. Founded in 1991 by entrepreneur Andrea McGinty, It's Just Lunch allows busy professionals the chance to get acquainted casually

over lunch. With more than 2,000 members in each of the offices Jenni and Heather have managed, it appears the "yuppie" matchmaking service has found a niche.

Most clients sign up for a year's worth of services. This deal includes reservations at popular restaurants and careful, personalized matchmaking. "All the couples have to do is show up," says Jenni. The Wall Street Journal has called it "revolutionizing the blind date." And The New Yorker summed it up with, "If things don't click, then you're no worse for the wear, because an average lunch lasts only so long, and there is no awkward good-night kiss."

These professional matchmakers do a lot of their work the old-fashioned way. People — not computers — make the matches. "It's all very personal," says Heather, who spends most work days and many evenings talking to members to see who would be a good fit, or following up to see what went right (or wrong) with the lunches she and her staff put together. All potential members are given a low-pressure presentation and a lengthy first interview. Personal information — address, phone number or employer — is never given out.

Emphasis is not put on photographs; rather they try to move a professional into a new circle of people with common interests. "It's better than letting your friends set you up," says Jenni. "We have more candidates and we're more objective than your friends."

In addition to matchmaking, Heather and Jenni promote their business by giving speeches and volunteering in their communities. They feel they have made excellent career moves, and the weddings they have made possible are an added bonus. "I love to hear from married couples I've set up," says Jenni, "especially when they send a holiday card with a picture of their new baby."

"I love to hear from married couples I've set up."

The opportunity to change someone's life is what Heather enjoys most about her job as well. "I love connecting with our members and learning about their fascinating lives," she says. "The best part is helping to make people happy." Heather's advice to those playing the dating game is to give someone a second chance. "One couple I set up felt indifferent about each other after the first date but ended up getting married," recalls Heather, who has learned that not having a perfect first date doesn't mean a couple is not meant to be. "People are often a little nervous so the other person doesn't always see the real you on a first date."

One of the fastest growing companies in the United States, It's Just Lunch has plans to open branches in Canada, Europe and Asia. "What have you got to lose?" say these matchmakers. "Everyone needs to eat lunch!"

PLAY IT SAFE

When dating or developing a relationship, keep these tips in mind.

- 1. Let a relationship develop slowly. A casual, friendly atmosphere can be a better one in which to get to know someone and determine whether your trust is deserved.
- 2. Place importance on affection, which gives you an opportunity to judge the quality of a relationship. If he listens and responds to your communication of limits, you have the basis of trust. If he doesn't, it is time to question the relationship.
- 3. Take into account behavior on the part of dates, potential partners and friends that might give clues to their trustworthiness. The difficulty in judging male behavior, particularly, is that many of the actions that could be regarded as danger signals are common and accepted as "manly" or "macho."
- Excerpted from Keep Safe, a personal safety program published by Kappa Kappa Gamma Fraternity. For more information contact Fraternity Headquarters at P.O. Box 38, Columbus, OH 43216-0038, 614/228-6515, kkghq@kappa.org.

DATING DOS AND DON'TS

- Always display good manners. Dress well and appropriately.
- · Be positive and enthusiastic!
- · Turn off your cellular phone and/or pager.
- · Don't talk only about yourself ask questions.
- · Don't talk about past dates or boyfriends.
- · Smile and say "Thank you" at the end of the date.
- From Just a Note newsletter, Volume 8, Issue 1, by It's Just Lunch. For more information contact It's Just Lunch Headquarters at 432 N. Clark Street, Suite 400, Chicago, IL 60610, 312/644-9999.

DATING TRENDS

A recent survey of 2,000 It's Just Lunch clients revealed the following differences between men and women.

- Sixty-two percent of women say it takes at least one hour to decide if a man is worth going out with a second time. Fifty-six percent of men say it takes them 15 minutes or less.
- A vast majority of men (86 percent) will call a woman for a second date within 24 hours of their first date if interested.
- As long as they had a good time, most women (79 percent) would still go out with a man a second time if there was no physical attraction on the first date (they would hope the physical attraction would develop). However, less than half of the men (46 percent) would do the same.
- Ninety percent of women list income of their date as an important dating criteria, but only 51 percent of the men say the same.

THINK SAFETY FIRST!

A warning about date-rape drugs



Deana Mattingly Blackburn, Baylor, is a counselor and crime victims' advocate.

The two most common compounds used in drug-facilitated sexual assaults are Rohypnol and Gamma Hydroxy Butyrate (GHB). Commonly known by a variety of street names, the drugs are fast acting, widely available and inexpensive. This makes them particularly dangerous among teens and young adults who are socializing, meeting new people and seeking new experiences.

While Rohypnol and GHB are dangerous and potentially deadly by themselves, they are even more potent when combined with alcohol. They are easily slipped into an unsuspecting person's beverage. Within 10 to 15 minutes the victim begins to feel disoriented and out of control. The person targeting the victim can then "befriend" the unsuspecting victim. Others at the gathering are not necessarily alarmed because it appears as if the victim is willingly leaving the party with a companion.

Many victims become semiconscious at times throughout the assault but do not have a complete memory of the incident. Prosecution of the crimes and emotional healing for the victims are particularly difficult because of the lack of memory. The disorientation of victims often lasts past the time frame during which they can be effectively tested for the sedating drugs.

These compounds were used previously to treat insomnia and as a surgical anesthetic since they suppress portions of brain function, including memory. Medical usage in the United States was discontinued because of dangerous side effects such as seizures. Their use continues, however, in many

foreign countries so the compounds are still marketed abroad. The manufacture, distribution, sale and possession of Rohypnol and GHB are illegal in the United States.

Ways to Reduce the Risk

 Be alert! Rohypnol is a dime-sized white pill usually carried in zip-lock bags or in foil-backed bubble packs. It quickly dissolves in liquids and is odorless and tasteless; older pills available via the black market are still colorless.

GHB is available in a laundry-flake powder or a clear or syrupy liquid. It is most often carried socially in small containers similar to hotel shampoo samples or eye dropper bottles. Drinks containing GHB might have an unpleasant plastic, salty taste or eyen a mild odor.

- 2. Plan ahead. Use the buddy system and make sure you and your friends are watching each other for any unexplained behavior changes. When alcohol is being consumed, be alert for anyone appearing more inebriated than her consumption would explain.
- Avoid social settings where you would be the only woman or where men greatly outnumber women. Do not allow yourself to be the last woman at a party.
- 4. Do not leave beverages unattended even for a brief time while dancing.
- Do not accept any beverage, including alcohol, from someone you do not know well and trust. At a bar or club, accept drinks only from the bartender or wait staff.
- At parties, do not accept opencontainer drinks from anyone.
- Never leave a bar, party or other gathering with someone you do not know well — even if he appears to be a friend of someone you know.
- Be alert for any of the following sedating drug symptoms in yourself or a friend: dizziness, confusion,

nausea, weakness or a general feeling of disorientation.

- 9. If you have reason to suspect that you or a friend has been drugged or sexually assaulted:
 - Get to a safe place and call a rape crisis center. The national sexual assault hotline is 800/656-HOPE. Your call will be forwarded to the nearest rape crisis center where you can receive information and continuing support.
 - If possible, save a portion of any beverage you were given and the container.
 - Do not change anything about your clothing or the setting where the assault happened.
 - Avoid going to the bathroom or cleaning any portion of your body.
 - Go immediately to an emergency medical facility where staff is certified to perform a sexual assault exam, treat injuries, provide preventive treatment for infections and collect forensic evidence in case you decide to prosecute. (Note: Sedating drugs clear the system quickly, so a victim may need assistance from trusted friends to get the treatment she needs while she is still recovering from the effects of the drugs.)

— By Deana Mattingly Blackburn, Baylor

Deana has a master's degree in family studies from Texas Women's University and has written six books on family-related topics. Her husband, Bill, is a pastor. Since 1988 Deana has been on staff at the Hill Country Crisis Council in Kerrville, Texas, where she serves as a counselor and crime victims' advocate for victims of sexual assault and family violence. For more information contact the Hill Country Crisis Council, P.O. Box 1817, Kerrville, TX 78029-1817; 830/257-7088; fax: 830/257-7097; e-mail: hcccadm@ktc.com.

Women Can Level the Playing Field

Mother-daughter team helps others cope with attention deficit hyperactivity disorder

By Gay Freebern* and Jenny Struthers Hoover, Bowling Green



*Gay Freebern is an Oklahoma City, Okla., writer who directed the video, Dismissed and Undiagnosed Dreamers.

Becky Stanford, Oklahoma, never thought she would stand on a stage giving lectures to large groups of educators. As a student with attention deficit hyperactivity disorder (ADHD), she struggled just to keep up. Organizing and articulating her thoughts were difficult tasks. Simply being called on during class was often a humiliating experience.

"Eventually, I just quit asking questions, and that's really unfortunate," says Becky. But after years of effort and a lot of encouragement from her mother, PAULA CAYTON STANFORD, Oklahoma State, a licensed counselor, Becky has not only earned a master's degree in social work but has overcome her fear of public speaking. Together, Becky and Paula have committed themselves to educating others about ADHD and learning disabilities.

No stranger to attention problems, Paula was able to reflect on her own struggles as an unidentified sufferer of ADHD when daughter Becky was diagnosed at age 13. Growing up in a time when accommodations for learning

differences were rare, Paula fought the odds to earn an education and enter a career in psychology. She now operates a counseling and diagnostic clinic in Oklahoma

City, Okla., where much of her work is with children and adults who have academic and/or vocational problems as a result of learning disabilities and attention disorders.

Becky, who resides in Great Falls, Mont., works with foster children. Like her mother, she has made a career of helping others overcome obstacles and achieve success. Even with early diagnosis, supportive parents and educational accommodations, Becky has struggled with self-esteem issues. Despite her uncertainties, she willingly retells stories of her challenges during childhood and adolescence to captive audiences.

A Serious Disability

According to Becky and Paula, attention deficit hyperactivity disorder (sometimes called attention deficit disorder, or ADD) is a common brain disorder that affects a person's ability to focus, sit still, internalize thoughts, regulate emotions, reconstitute information and properly perceive time. Although symptoms include daydreaming and distractibility, ADHD is most often associated with behavioral problems such as hyperactivity and poor academic performance. A person with ADHD might experience far-reaching consequences as a result of the disability. It is not uncommon for an ADHD person to suffer from low self-esteem, problems with relationships, anxiety and/or eating

disorders, depression or even substance abuse.

While these extreme consequences may not manifest for all ADHD sufferers, many simply must struggle harder than the average person in their vocations and daily routines.

Becky and Paula have experienced first hand the difficulties associated with ADHD. In addition, they have encountered another hurdle: being female. Until recently, it was believed that the ratio of boys to girls with ADHD was 10 to 1. Current studies have shown that there are many more instances of ADHD in females than was

previously thought. In fact, the distribution is almost even for boys and girls. "Approximately four out of five girls with ADHD go untreated, because four out of five

girls with ADHD go undiagnosed," explains Becky. "The reason for this is that past studies done to determine the symptoms and criteria by which ADHD is identified (and thus, named attention deficit hyperactivity disorder) were performed on boys. "The assumption was that the disorder would manifest itself in girls the same way it manifests itself in boys. We now know this is not the case," explains Paula.

In most instances, boys with ADHD will display outward behavioral problems and hyperactivity. Girls, on the other hand, tend to withdraw, often going unnoticed. Boys with attention problems will externalize by becoming loud and distracting, drawing attention to themselves. Girls most often will become quiet dreamers - disconnected and distracted by their own fragmented thinking but not causing problems in the classroom. Many girls with ADHD are simply thought of as "dingy," or even stupid, by their teachers. But because they are usually quiet, not displaying the hyperactivity traditionally associated with ADHD, their disorders seldom receive the attention they need. Undiagnosed girls take their symptoms with them into adulthood and often have great difficulty managing the daily activities required to run a household.

including making a budget, planning family activities, and balancing work and home life.

Becky and Paula want to change all that. Several years ago they began lecturing together about the specific ways that attention disorders manifest in girls and women. They have spoken to groups of educators, parents, counselors, and women who, themselves, suffer from ADHD. In 1997 the mother-daughter team collaborated on a videotape called *Dismissed and Undiagnosed Dreamers*, which explores this issue in detail. Including interviews with several authorities on ADHD, segments from Becky and Paula's lectures and concrete information to help identify girls with ADHD, this resource is



Paula Cayton Stanford, Oklahoma State, and daughter Becky Stanford, Oklahoma, work together to help others deal with attention deficit hyperactivity disorder.

"Girls most often will become quiet dreamers — disconnected and distracted by their own fragmented thinking but not causing problems in the classroom. Many girls with ADHD are simply thought of as 'dingy,' or even stupid, by their teachers."

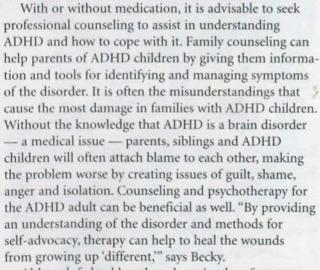
available through the Paula Stanford Human Resource Network, 3121 Tudor Road, Oklahoma City, OK 73122. (See the ad on Page 52.)

What Can Be Done?

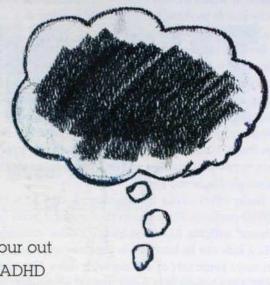
Fortunately, once ADHD is identified and diagnosed, many things can be done to manage the disorder. One option is medication. The most commonly prescribed treatment for ADHD is Ritalin, a stimulant that keeps the brain active. It may seem unusual to prescribe a stimulant to treat hyperactivity and/or distractibility. Actually, it is the slowed-down functioning of the neurotransmitters in the frontal lobe of the brain that appears

to be the most common cause of ADHD. "The hyperactivity, distractibility and tendency to daydream are overcompensations that occur as a response to this slow processing," explains Paula. "Often, with a correct dosage of Ritalin or a similar medication, the brain can focus for longer periods of time without external stimulation, reducing or even eliminating the symptoms of ADHD."

"Approximately four out of five girls with ADHD go untreated, because four out of five girls with ADHD go undiagnosed."



Although federal laws have been in place for years within the U.S. public school system to provide accommodations for learning disabilities, ADHD children do not always fall within the scope of these programs. With the passage of the Americans with Disabilities Act, ADHD was recognized in higher education and in the workplace as a disability. Under this act, people suffering from ADHD have the same rights to accommodations as a person with a more traditionally recognized disability. One of the simplest and most helpful accommodations is un-timed or extended-time testing. Because the ADHD student's brain functions are slower than average, extra time is often needed to process and reconstitute information.



Also, because the ADHD student is easily distracted, maintaining focus on the test is difficult, if not impossible. "It takes extra effort to bring attention back to the subject in question, and extra effort takes extra time," says Becky. "Fortunately, most educators now know that ADHD is a manageable, treatable condition, and not a character flaw or a sign of low intelligence." In fact, Becky points out that ADHD children are often "very smart kids who have learned other ways to cope with things...to overcompensate in certain areas so they can succeed."

Becky was accommodated throughout her college and graduate programs. Even her licensing exam for social work was taken with extended time. Thanks to a

Warning Signs of ADHD

- · Difficulty getting organized
- · Difficulty with time management
- · Trouble getting started and completing tasks
- Chronic procrastination
- · Many projects going simultaneously
- · Intolerance for boredom
- · Easy distractibility (tuning out)
- · Impatience and impulsivity
- Daydreaming
- · Needless worrying
- · Restlessness
- · Childhood history of ADD
- Provided by PAULA CAYTON STANFORD, Oklahoma.
 For more information contact Paula at 405/524-4610 or pjstan@nstar.net.

system in which ADHD is recognized as a disability, Becky is able to share her talent and passion as a successful social worker.

Perhaps the most significant factor in ADHD treatment is early diagnosis. The earlier the disorder is identified, the less long-term emotional damage will occur, and the sooner the healing will take place. Some schools and colleges offer diagnostic testing, as do many private counseling facilities. "A team approach is best," says Paula, whose clinic includes a network of psychologists, neuro-psychiatrists and educators to conduct thorough diagnostic testing.

Becky offers advice for educators in dealing with ADHD students. She suggests that teachers make "an alliance" with the ADHD student. "I know attention deficit kids can be horrible in the classroom, but if you can make some sort of alliance with them, like a peace treaty, then maybe they won't make it so difficult for you and they'll know that you support them," Becky pleads. "Support is so important."

A Sisterhood of Support

Paula sees attention deficit disorder in females as a "feminist issue." Within the nurturing environment of a fraternity for women, female ADHD sufferers can find much needed support. Something as simple as using a friend's lecture notes to study, or having a friend or mentor act as a monitor or coach can make an enormous difference.

"With a learning disability," Becky says, "you have to become a tremendous advocate for yourself." Telling your instructors about your disability or attention disorder is a crucial step toward getting the accommodations you need. And having someone pulling for you doesn't hurt. In the final moments of their video, Dismissed and Undiagnosed Dreamers, Paula urges her audience to stick together. "It's about little girls. It's about women. It's about all of us."

ADHD Resources

Organizations

CHADD (Children and Adults with Attention Disorders) 800/233-4050 or www.chadd.org

ADDA (National Attention Deficit Disorder Association) 216/350-9595 or NatlADDA@aol.com

Publications

ADDvance Magazine (A Magazine for Women with ADD) www.addvance.com

Driven to Distraction by Dr. Ed Hallowell (1994, Pantheon Books)

The ADD Woman by Sari Solden (1995, Underwood Books)



Self-Worth Is the Reputation You Have With Yourself.

As Becky and Paula point out, low self-esteem can lead to a number of problems, including problems in relationships, eating disorders, depression and substance abuse.

Three factors are important to every woman's self-esteem:

- Competency the ability of an individual to complete the tasks and programs that are important to hr.
- Belonging the commitment of a group to an individual and the commitment of an individual to a group.
- Sense of Worth the decision of a person as to worth as determined by how she lets others treat her and by what others say to her and about her.

Recognizing the importance of positive self-esteem, the Fraternity publishes SEEK (Self-Esteem for Every Kappa)
— a comprehensive workshop that addresses self-esteem issues in women.

For more information about SEEK, please call JOANN BARTON VAUGHAN, Virginia, Director of Education and Training at Fraternity Headquarters, 614/228-6515.

How to Stay in the Career Game During a

TIME-OUT

Tips from a career consultant

By NANCY JARMUL COLLAMER, North Carolina



A re you a stay-at-home mother or caregiver who considers returning to the workplace or starting a home-based business? Do you find yourself browsing through classifieds, thinking you might be perfect for a job but hesitate to apply? Do you wish you could start a new career that is more conducive to your lifestyle?

If you answered, "Yes," to any of these questions, take comfort in knowing you are not alone. Many women, some of whom have left impressive professional careers for full-time motherhood or to care for elderly loved ones, grapple with these concerns. The good news is that taking a hiatus from your career does not mean it is permanently derailed. In fact, many women have moved on to exciting flexible jobs and home-based businesses after staying home full time.

As with all major transitions in life, a new career takes planning and forethought. Even if you don't plan to return to work for several years, it is never too early to plan for your

future. The more time you take to explore your options, the greater the probability of long-term career satisfaction.

Steps To Stay on Track

Step One – Ask, "What do I want to be when I grow up?" Some of you may be thinking — "I'm 40 years old and I should have answered this question 20 years ago. Isn't it too late to make big changes now?" or, "I'm just starting out in my career — What if I don't like what I'm doing down the road? How will I juggle family commitments?"

Many people, even after a number of years of working, remain confused about what they would truly enjoy doing." I have listened to countless women who are miserable because they have spent years in a job they don't enjoy. Having ended up in a career without giving it much thought, one job led to another, and before they knew it 20 years had gone by.

If you know what you want to do, consider yourself lucky and move on to step two. But if you're uncertain, start exploring new options now. Finding a direction that excites you and keeps you motivated, even when you have a dozen other commitments vying for your attention, is the most important step in determining your future career success. Fortunately there are many resources available to assist you.

For starters, there are a number of excellent resources available to get your creative juices flowing. If you enjoy learning in a group environment, consider taking a career development workshop. You can locate inexpensive programs through your local continuing education department, community colleges or YWCA. Or, if you prefer more personalized assistance, career counselors can provide one-on-one counseling and testing.

Step Two – Address any knowledge or skill deficits.

Once you have a general career direction or home-based business idea in mind, you'll want to update your skills to increase your marketability. Going back to school, either for specific classes or for a degree, is the most efficient way to upgrade your skills. Taking classes

Web Sites for Starting Home-Based Businesses

- BizyMoms –
 http://www.snowcrest.com/folger
- · Business @ Home http://www.gohome.com
- · Entrepreneurial Parent http://www.En-Parent.com/
- · Home-Based Working Moms http://www.hbwm.com
- WHAM (Work-at-Home Moms) http://www.wahm.com/
- · Working Solo http://www.workingsolo.com

"Taking a hiatus from your career does not mean it is permanently derailed."

Nancy Jarmul Collamer, North Carolina, runs her own career counseling center for



through an adult education program is a low-cost, low-commitment way to get your feet wet. These days, you can take courses in a wide variety of entrepreneurial pursuits — from Web page design to wedding planning. Attending classes gives you an opportunity to meet professionals in the field while expanding your network of contacts and increasing your knowledge base. (For scholarship and educational grant information see the sidebar on Page 23.)

Trying out your interests in new fields through volunteering or temporary work is another avenue worth pursuing. Seek out volunteer opportunities that allow you to learn new skills and meet valuable contacts. Thinking about becoming a teacher? Volunteer in your child's classroom. If you are interested in public relations, handle the publicity for a large fund-raising event.

Choose volunteer assignments carefully, resisting the trap of being cornered into jobs that do not really interest you. Working for a temporary employment agency or small business on an "as-needed" basis is another way to gain exposure to different skills and career fields. According to the National Association of Temporary Staffing Services, 38 percent of temporaries report receiving full-time offers when working on temporary assignments — a great strategy for women interested in securing work on a regular basis.

Step Three –Upgrade your computer skills.

Technology is so pervasive in our lives that being computer literate is a must-have skill for virtually every type of business opportunity. Because technology changes at light speed, anybody who has been out of the work force a few years or more probably needs help in this area. At a minimum, you should be comfortable operating in a

Windows environment, know a basic word processing system such as Word or Works, and have exposure to the Internet and e-mail. To get comfortable with the computer, try to use it on a weekly basis. Send e-mail to friends; plan a vacation using the Internet; use the word processor to send a letter to a friend. The more you use the computer in your daily life, the easier it will be to transition into a paying position.

Step Four - Dust off your Rolodex. Given that 80 percent of jobs in the United States are found through networking, it is a smart move to maintain and cultivate friendships both personally and professionally. The best way to get information about new fields is to talk with people actively working in them. Sometimes you can learn useful information when you least expect it - at the hairdresser's, gym or PTA meeting. People love to talk about themselves and are usually more than willing to help out. But, if you are unable to get the information you need locally, expand your conversations to contacts available through your college alumni association, professional associations and through the "Kappa Connection" program. (For more information on the "Kappa Connection," contact Fraternity Headquarters at 614/228-6515 or visit the official Web site at www.kappa.org.)

Step Five – Sharpen your job-search tools. How many times have you thought about responding to a classified ad but stopped short because you didn't have an updated résumé? Even if you need to change it down the road, now is the time to pull together a basic résumé that incorporates both your volunteer and professional experiences. I highly recommend *The Damn Good Résumé* series of books by Yana Parker. In addition to a résumé, update your wardrobe to include a classic pantsuit or tailored suit outfit that is appropriate for today's more relaxed work environment. You never know when you suddenly might need to go to an interview.

Remember, it is never too early to prepare for your return to the paid work force. Taking small steps today will help you make leaps toward your career success in the future.

NANCY JARMUL COLLAMER, North Carolina, is a career counselor with a private practice based in Old Greenwich, Conn., tailored to assisting full-time mothers in search of flexible careers and home-based business opportunities. She also works in cyberspace as the "Jobs for Moms Pro" for Moms Online (www.momsonline.com). For more information contact Nancy at ncollamer@aol.com, 203/698-3160, or visit her Web site at www.bizine.com/jobsformoms.

Are you an expert on family or parenting issues? Share your experience with Kappas by submitting an article to *The Key*. Stories by stay-at-home mothers are welcome, too. Share good ideas from juggling family responsibilities to helping children with homework. Submissions will be reviewed for possible publication on a volunteer basis.

Do Your Homework!

Nancy recommends these career assessment exploration resources.

- Do What You Are by Paul D. Tieger and Barbara Barron-Tieger (Little Brown and Co., 1995). This book explores the connection between personality type and career choice.
- Finding Your Perfect Work by Paul and Sarah Edwards (G.P. Putnam's Sons, 1996). Geared toward anyone thinking of working on her own, this book is loaded with inspirational examples of people who left humdrum corporate jobs to seek more fulfilling work options on their own.
- Starting Out, Starting Over by Linda Peterson (Davies Black Publishing, 1995). Linda does a wonderful job of explaining the steps you should take to research and choose your best career options.
- What Color is Your Parachute by Richard Bolles (Ten Speed Press, 1997). Parachute has been revised annually for 28 years and has been said to have popularized the career development industry. For those who find it cumbersome, Bolles has condensed some of the most useful exercises into a smaller book called The New Quick Job Hunting Map (Ten Speed Press).
- Wishcraft by Barbara Sher with Annie Gottleib (Ballantine Books, 1979). An oldie but goodie!
 Barbara has a wonderful way of looking at life, work and the interaction of the two.

KKΓ Grants and Scholarships

Kappa Kappa Gamma Circle Key Alumna Grants are available to alumna members who have found it necessary to interrupt their education or who need further education for the purpose of career qualification or advancement. These grants are not available to full-time students. For full-time study, apply for a scholarship.

Emergency Assistance Grants are available to upperclassmen who face a sudden financial emergency. Applications are processed from August 1 through April 1.

Undergraduate and Graduate Scholarships are available to Kappas who have maintained a "B" average and will be studying full time. The next application deadline is February 1, 2000.

For applications, please send a self-addressed, stamped envelope and indicate your chapter membership and full- or part-time status to the Kappa Kappa Gamma Foundation at P.O. Box 38, Columbus, OH 43216-0038, or call 614/228-6515.

Meet an Enterprising Mom



Tina Champagne-Egge, Puget Sound, and husband Steve enjoy raising their children, ages 1 and 5.

Just over 10 years ago, single and in the midst of graduate school, Tina Champagne Egge, Puget Sound, envisioned a future of marriage, children and a fast-track career. She had never imagined being a stayat-home/work-at-home mother. But a decade later Tina finds herself doing the unimaginable.

Three years ago Tina left

her high-paying full-time job as a regional manager for a medical manufacturing company when her first child was 15 months old. "The 70 percent travel and juggling of job and household was the impetus for the change," she says. "I wanted something different that would allow me to utilize today's technology and keep current in my career. Since I didn't feel as though I fit in the career world or the stay-at-home mom arena, I was lost trying to find support with others who shared my goals."

Knowing there must be others like her, Tina founded the Association of Enterprising Mothers to help women find a better balance of family and career by working at home. She operated the Association of Enterprising Mothers from June 1996 through the end of 1997. After the birth of her second child she merged the group and its publication with <code>Work@Home</code> magazine and became editor of its <code>Family@Work</code> magazine.

In addition to spending more time with her family, Tina enjoys serving on the board of a children's charity and giving presentations on "Transitioning from Professional Woman to Household CEO" to local mothers groups. For more information contact Tina at momwork@aol.com.

Tina's Recommended Resources:

All Mothers Work: A Guilt-Free Guide for the Stay-at-Home Mom by Cindy Ramming (Available through amazon.com)

If You Can't Make Time, Don't Make Children by Steve Smith. (Available through kidsathome.com.)

Miserly Moms by Jonni McCoy (Available at amazon.com)

Shattering the Two-Income Myth by Andy Dappen (Available through 800/742-4847 or amazon.com.)

Surrendering to Motherhood: Losing Your Mind, Finding Your Soul by Iris Krasnow (Available in bookstores)

Two Incomes and Still Broke by Linda Kelley (Times Books)

Web Sites:

- · Babybag.com
- · En-parent.com
- · HBWM.com
- · Moms-refuge.com
- · Parentsplace.com
- · Parentsoup.com

Tina's Tips for Combining Family and Work at Home

- Realize that the age of your children affects how and when you can work at home.
- Set boundaries (between work and family) and clearly communicate and delineate what responsibilities are to be handled by each person.
- Spend time each morning going over everyone's schedules. Coordinate your day, week and month.
- Network with other home-based workers to get ideas on how to blend family and career.
- Hire help when necessary and affordable.
- Be adaptable as the demands of your business and family change.

Other Home-Based Business Resources

101 Best Extra-Income Opportunities for Women by Jennifer Sander Basye (Prima, 1997).

101 Best Home-Based Businesses for Women by Priscilla Huff (Prima, 1995).

Creative Cash: Making Money With Your Crafts, Needlework, Designs and Know-How by Barbara Brabec (Barbara Brabec Productions, 1991).

Going Solo: Developing a Home-Based Consulting Business from the Ground Up by William Bond (McGraw Hill, 1997).

How to Raise a Family and a Career Under One Roof: A Parent's Guide to Home Business by Lisa Roberts (Brookhaven Press, 1997).

Mompreneurs: A Mother's Step-by-Step Guide to Work at Home Success by Ellen Parllapiano and Patricia Cobe (Berkley Publishing, 1996).

The Best Home Businesses for the 90s: The Inside Information You Need to Know to Select a Home-Based Business That's Right for You by Paul and Sarah Edwards (J.P. Tarcher, 1995). Also see Making Money With Your Computer at Home (Putnam, 1993).

The Stay-at-Home Mom's Guide to Making Money: How to Create the Business That's Right for You Using the Skills and Interests You Already Have by Liz Folger (Prima, 1997)

Turn Your Talents Into Profits by Darcie Sanders and Marcie Bullen (PocketBooks, 1998)

Rose McGill Fund Helps Hurricane Victims

JUDITH "JAY" GOEHLER
DOUGLAS, Drake, spent her
birthday, September 21, 1998,
hiding beneath a mattress for
more than 13 hours as the
wrath of Hurricane Georges
picked up the beautiful Puerto
Rican beach front and hurled
sand into the walls and
through the windows of her
home and bed-and-breakfast,
while ripping off rooftops.

"After the storm, Kappa was the only organization to respond to our needs at first," says Jay, who also sought assistance from local government

agencies and her insurance company after the 130-milesper-hour wind and driving rain nearly destroyed her home and thriving business, as well as the morale of Jay, her husband, Fred, and their 14 employees. The Rose McGill Fund was the first to respond, followed closely by Kappa alumnae associations.



Judith "Jay" Goehler Douglas, Drake, and husband Fred, run their own bed-and-breakfast in Puerto Rico called Beside the Pointe.

"I had always known about the Rose McGill Fund, yet the true meaning was lost on me. I read in *The Key* about the program helping during the floods in the Midwest. But to me, it was really never more than collecting money from magazine sales," declares Jay, who has agreed to share her story as a message of thanks, hope and encouragement for continued support of the Rose McGill Confidential Aid Fund.

Their home and guest house (called Beside the Pointe) sustained extensive damage

along with their Surfrider Restaurant, Tamboo Tavern and small gift shop inside. "It looked like a bomb had gone off or maybe like being on the moon," she remembers. "Grim, gray, dark debris was everywhere." And while the more than 3.5 million people of the American Commonwealth of Puerto Rico were in the dark for several days, some for many weeks, they feared gangs or looters would try to overrun homes and businesses. People were desperate for food, water and shelter.

When Kappa aid allowed Jay to purchase a generator, which her brother rushed from Duluth, Minn., (because none was available on the island), her property became a place of refuge for neighbors from the town of Rincon. The generator powered a small cooler and the gathering place became one where people could enjoy not only a cool drink but also a moment of shared reflection.

"When I looked around, I realized there were so many worse off than we were," Jay reflects, "and I just can't put

> into words the emotional support that went along with the Kappa aid. It has really kept me going."

The Kappa financial support came with the first round of mail delivered, about four days after the storm. It arrived with little fanfare, few forms to fill out and many good wishes. Then came a supply of sheets, towels, stationery (paper was in short supply having become wet or blown away) and other necessities from Kappa



Above: The bed-and-breakfast before the storm.

Right: Sand and water carried in by the 130-miles-per-hour wind of Hurricane Georges covered and destroyed much of Jay and Fred's property.

GAMMA FOUNDATION KAPPA KAPPA

alumnae associations in Massachusetts, Texas and West Virginia through the Holiday Sharing Program. A shortwave radio sent from the AUSTIN (TEXAS) ALUMNAE Association was used throughout the holidays as the best way to receive news. Television and Internet access would not be hooked up again for several months.

Jay and Fred do have insurance on their home and business, yet paying a six percent deductible as well as employee payroll while no income was being generated will make things tight for a while. They were happy to be able to keep their staff busy and paid when most people in the area had lost their jobs. "So they were shoveling sand instead of tending bar," laughs Jay. "We just had to keep them working because their families depended on their paychecks."

The hard work paid off as the rooms have become presentable and buildings slowly repaired. When the power, electricity and water came back on several months later, they were ready for business. Tourism, however, has understandably declined this year due to the storm.

Although back in business, Jay and Fred try to cope with the stress caused by dealing with banks and the insurance company while continuing to put their life back together.

With economists estimating that it will take quite a while to recover, Jay says she will gladly offer discounts to Kappas who still want to come south to their beautiful Barro Puntes just outside Rincon on the tropical island of Puerto Rico. They are listed on the Puerto Rican Hotel and Tourism Association's Web site. Many Kappas have already enjoyed themselves at Jay's place. She knows because they ask who owns the Kappa memorabilia which hangs in the coastside bar. It hung all throughout the storm, never falling or being damaged, while everything around it crumbled.

She wonders why her Kappa memento, of all pieces, was spared in the storm. When Jay looks at it now, it means so much more, because she sees friendship that lasts a lifetime and a bond that turns strangers into friends. 0

By Julie Kroon Alvarado, Arizona State

A Celebration of Giving

The Kappa Kappa Gamma Foundation and The Key Editorial Board

(or computer glitches) in the recognition of donors in the Winter 1998

Issue. This biennial donor list detailed gifts received from July 1, 1996-

extend our sincere apologies for these unintentional omissions

June 30, 1998. We value every gift to the Foundation — each gift

BIENNIAL GIFTS

RECOGNITION OF \$1,000+ GIFTS RECEIVED FROM JULY 1, 1996 -**JUNE 30, 1998**

\$2,500-4,999 LAURA YOUNG PALMER, Auburn

\$1,000-2,499 JUDY CHASE WEBB, Texas Tech

ALUMNAE ASSOCIATIONS

\$1,000-2,499 Fairfield County Ft. Wayne Sacramento Valley Tacoma



is important to our mission of "Women Supporting Women." INDIVIDUAL GIVING (LISTED BY CHAPTER)

ARKANSAS

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BOWLING GREEN

\$100-249 Kelley Hecky Angela Barr Gresh Amy Haver Linda Martens Kemp Arleen Meier Tarrance Theresa Trowbridge Judy McIntire White

\$1-99

Delores Putnam Ashworth Kimberly Esgro Barca Michelle L. Barth Wendy Wessels Brightman Jennifer Booth Bullock Lori Christopher

Chamberlin Amy Yedinak Clark Deborah Cordes Anne Carleton Coughlin Lea Radford Cunningham Lisa Dentler Cunningham Kimberly Long Dangerfield Lisa delRosario Tamara Eggert Mollie Williams Evanichko Beth Williams Harris Jennifer Struthers Hoover Sandy Ireland Junanne Shultz Knott Michelle Pahl Kubitz Ellen Bittel Livingston Kristie Kohli Marlow Michelle McCarty McCarthy Allison McClintick Paige Nicholson Robin Schlundt Lisa Tootle Julianne Streb Ward Tracy Wheeler

BRITISH COLUMBIA

\$1-99 Patsy Lafon Miller Carole Perfonic Patmore

BUCKNELL \$500-999 Elizabeth Kelley Evans

\$250-499 Ann Sundberg Purcell

\$100-249 Delfina Betancourt Elizabeth Bryan Godrick Rose Scicchitano McGinnis Maureen O'Driscoll Eleanor Raup Jennifer Payne Reese Anne Saris Stevenson Sylvia Beauregard Van Cleave Eleanor Welsh

\$1-99 Carol Sarver Basch Joanna Walker Bradford Laure Brown Molly Brown Barbara Nelson Cassels Virginia Davis Coniff MaryEllen Crowley Gail Behrens Dickson Sarah Farrell Lynne Flavell Bette Eck Ganter Gretchen Garstka Susan Gedrick

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Josephine LaBarr Hardie



For more information on Foundation programs, please contact:

KKT Fraternity Headquarters and Foundation Office P.O. Box 38, Columbus, OH 43216-0038

Tel: 614/228-6515 • Fax: 614/228-7809 • E-mail: kkghq@kappa.org

IT'S A WOMAN'S GAME

Meet Kappas who "play" on male-dominated turf

By Julie Kroon Alvarado, Arizona State, Lois Catherman Heenehan, Adelphi, and Jenny Struthers Hoover, Bowling Green

Time Flies for Former Air Force Pilot

Transportation modes changed for June Braun Bent, *Drake*, from horses to airplanes. After her sophomore year in college, June left school for a semester to show her horse. Unfortunately, the Depression struck and altered family fortunes. June sold her horse and worked at various jobs, including as secretary to an attorney.

Along came World War II and June became a secretary in a company with defense contracts. Having taken flying lessons, and soloing in 1940, she joined the Civil Air Patrol and was vice president of the local branch of A.O.P.A. (Aircraft Owners and Pilots Association).

Air Force Commanding General H.H. "Hap" Arnold and Jacqueline Cochran, a famous woman pilot, believed that women could be trained to fly military aircraft as well as men and so relieve men for overseas duty. Thus the W.A.S.P. (Women Air Force Service Pilots) was formed.

There were 25,000 applicants for the program, from whom 1,830 were accepted. A total of 1,074 won their wings and flew 60 million miles for the Army Air Force. June's application, personal interview and the required Air Force physical were completed and, in October 1943, she received orders to report to Avenger Field, Sweetwater, Texas.



Since Congress had not passed a bill to make WASPs part of the Air Force, they were paid under Civil Service. Unlike male cadets, the women had to pass two check rides for each phase of training — military and civilian. The women lived in barracks under strict military discipline and flew military aircraft, but had no insurance.

KAPPA PROFILES

In Basic Training School at Merced, Calif., June did engineering test flying on BT13s and 15s. She also met her husband, a fighter pilot back from North Africa, and they were married in the base chapel.

In December 1944 the WASP organization was deactivated. They were no longer needed. In 1978 Congress finally passed a bill recognizing them as Air Force veterans. Biennial reunions keep the members in touch and a few are still flying. June notes, "One of the

gals in my class still performs aerobatics in her own plane at air shows."

Family life, with two daughters and one granddaughter, has taken some time, but June and her husband also took up soaring and enjoyed that for a few years. Now she says she could scarcely believe it when she recently received her 65-year-Kappa pin, and adds, "How time flies when you're having fun!"

26-Year-Old President Scores for Globetrotters

The designer and marketing probehind the Harlem Globetrotters' worldwide merchandise and licensing efforts, COLLEEN LENIHAN, Illinois, has been named President of Globetrotter Properties. Since her start in 1994 as executive assistant to Globetrotters' Owner Mannie Jackson, Colleen quickly learned the business and was promoted to national account executive, then retail director.

Under her leadership, merchandise sales increased by 100 percent. When merchandising and licensing were brought in-house, Colleen was put in charge. "Because I have seen the product grow for more than four years, I am excited to translate this 73-year-old tradition into clothing and memorabilia for our fans world-

wide," says Colleen. Her favorite part of the job is meeting fans who greet her with a smile and share fond memories of the first time they saw the Globetrotters. Since its start, the Harlem Globetrotters basketball team has performed for more than 100 million fans in 114 countries.

Although Colleen's career keeps her working almost nonstop, she has taken time to reflect on her accomplishments and is pleased that more women than ever before are joining this male-dominated field. Being a young woman and a company president has its ups and downs. "I enjoy my responsibilities and the opportunity to add a feminine touch," says Colleen, "but occasionally I have to remind some men in the business that the terms 'honey' and 'sweetie' are inappropriate."

Colleen realizes that her youth makes it difficult for some people to take her seriously; however, she admits



Colleen Lenihan, *Illinois*, is President of Globetrotter Properties.

that being underestimated can have advantages since she often exceeds expectations. Extensive knowledge of her company and its products combined with logic and decisiveness have helped Colleen succeed. Her advice to women interested in a marketing career is to take advantage of the creative freedom and opportunities available in the field and persevere to overcome obstacles.

While she enjoys the challenges of her career and plans to set and achieve new goals for Globetrotter Properties, Colleen hopes to attend medical school in the future to become a pediatrician. A resident of Phoenix, Ariz., Colleen is active in the fight against domestic abuse and enjoys traveling and cooking.

A Day in the Life of a Cowgirl

JOANNE (JOEY) COLE KUBESCH, Purdue, carries photos of her grandchildren but there's also a bovine or two in her brag book. Joey lives on what she fondly calls "The Funny Farm" in Peru, Ind., where she has spent 13 busy years breeding, raising and showing purebred Angus cattle with her daughter, Polly, the youngest of four children.

Joey's interest in cattle began during high school when she showed a heifer (young female cow) with 4-H. Many years later when Polly, age 8, also wanted to show beef in 4-H, Joey and her husband purchased a registered heifer for her. "We were so enamored of the calf that there was no way we could consider saying 'good-bye." So they started their own herd of "very pampered former show-queens." What started out as a hobby became a serious operation. Over the years Joey and Polly have won numerous shows and become known as successful breeders.

Starting the cattle operation was easy since they had a couple of barns and plenty of fields on their farm. Selecting black Angus cattle was in keeping with a family tradition since Joey's father and grandfather had raised them for years. Getting started may have been easy but years of hard work followed with long hours of feeding, grooming and cleaning stalls, as well as preparing for numerous shows at fairs. "We worked together and treated each other like partners," says Joey, who took the night feeding shift when Polly was in school, and checked on expectant mothers throughout the night.

While most cattle operations are headed up by fathers and sons, and occasionally by fathers and daughters, there aren't many with a mother and daughter at the helm. Joey and Polly have often felt the need to prove themselves, but they don't hesitate to ask for help when



Joey Cole Kubesch, Purdue, is fond of her herd of registered Angus cattle.

they need it. Joey attributes some of their success to supportive family and friends. "It's been the biggest challenge and a tremendous joy for me to observe this herd of up to 57 head up close and very personally," says Joey. Since Polly has been busy with college, friends and the pursuit of a career during the past four years, Joey has been responsible for the operation. Unfortunately due to problems with her knees, Joey has sold down to 10 cows and turned the labor over to a partner. "I can still produce a loving circle of handsome black beauties whenever my five grandchildren want to love on the cows," says Joey.

A Feminine Side to Football

CYNTHIA (CINDY) COOPER OWENS, Ohio State, loves her side job as a sports reporter for WSYX-TV in Columbus, Ohio, but is disappointed that so few women are in this field. Cindy is currently the only female sportscaster in Columbus, which is the 34th largest U.S. television market. "Sportscasting has been deemed a male career in the past but as female athletes continue to become media figures and as women interested in the field become more confident, I hope we'll see more female sportscasters," says Cindy.

Although she has been co-hosting the pre- and post-game shows at The Ohio State University's football stadium for WSYX-TV, Cindy's main position at the station is full-time advertising account executive. For the past four years she has done sportscasting "on the side." Cindy began her career with WSYX-TV (ABC's Channel 6, Columbus) as a reporter for the *Sports Zone* program which is no longer on the air. The daughter of Ohio State University Head Football Coach John Cooper, Cindy says that growing up in a football family has given her valuable insight which helps her prepare commentaries for the pre- and post-game shows at OSU home and bowl games. "The other sports anchors are patient with me since I'm not a pro like them," says Cindy.

KAPPA PROFILES

Although she enjoys being live on the air, Cindy does not want to pursue a career in sports reporting. "The life of a newscaster is difficult, with demanding hours," explains Cindy. "Advertising sales is challenging, but I can work a more regular schedule."

For women interested in a sports reporting career, Cindy offers the following advice. "Do an internship in a sports department and don't be intimidated." She also suggests starting out in a small market to gain broad experience. "You don't necessarily need a background in athletics, just general knowledge of and interest in sports," says Cindy.

Prior to her TV job Cindy practiced law with the attorney general's office for a year. With a bachelor's degree in marketing and a law degree she hopes to turn her education and expereince into a career she can do from home after having children. Cindy and husband Rob were married last year, and they travel to all OSU football games together.

Whatever career or family responsibilities are in Cindy's future, she knows football will always be part of her life. "Columbus is a great city, and the fans are very serious about football, which creates a lot of pressure," says Cindy. "The worst thing is hearing people criticize my father." She does admit that when the team is winning the excitement from fans is contagious.



Pre- and post-game sports reporter **Cindy Cooper Owens**, *Ohio State*, gets a quick hug from "Dad" (Ohio State Football Head Coach John Cooper) before the OSU vs. Michigan game last fall.

Cindy transferred to Ohio State in 1988 after spending her first semester at Arizona State, where her father had been head coach. She explored the Greek system to meet people on the huge Ohio State campus. One of her best Kappa memories is flag football. "Because we were sometimes perceived as prissy, the other teams thought we'd be easily defeated," recalls Cindy. "Then we'd surprise them by being tough competitors and make it to the semifinals each year."

Sports Reporter Performs Juggling Act

A thletic ability can take many forms and, for LAURA REECE KEEP, Oklahoma, it means juggling — not plates or balls, but career, family, friends, community and Kappa.

Recently promoted to the position of weekend sports reporter and anchor for KJRH, Channel 2 News in Tulsa, Okla., she is only the third woman to become a sports personality in that market area. She finds it puzzling that there is a lack of women in sports journalism despite the fact that there is an increase in the number of women in various sports.

Always a sports enthusiast, Laura played soccer for 12 years. She likes to be on the move and, wanting to be a journalist, she also wanted to avoid a desk job. Along with being where the action is, she enjoys the challenge of paring a three-hour football game down to one minute of highlights. Another challenge Laura has cheerfully accepted is that of serving as Standards Adviser for Delta Pt, Tulsa. The chapter was so pleased with her participation that they changed their meeting time to accommodate her



Sports reporter Laura Reece Keep, Oklahoma.

KAPPA PROFILES

working hours, recognizing their need for flexibility in attracting area alumnae as advisers. On the other hand, Laura has reported Kappa events to the community.

Delta Pi's 5K run to benefit breast cancer survivors drew more than 100 people from Tulsa as participants and their success story was heard on KJRH. MISSY WILSON, Oklahoma, outgoing Chapter Council Adviser for Delta PI, regards Laura as a terrific spokesman for Kappa both on and off the air. She says, "It reminds us all that no matter what we do in our professional and personal lives, we all have so much that we can pass on to Kappa!"

Females Have a Flair for Fly-fishing

Women's hobby or even vocation," says JUDY DECKER, Pittsburgh. "I must admit," confesses Judy, "it is fun to be one of the minority and be able to land a fish just as a boat of the 'majority' (men) is passing by."

Judy says fly-fishing is "magical" and encourages women to try the sport. "Fly-fishing is one activity that truly restores one's connection to nature, God and one's companions," declares Judy, who deeply enjoys a peaceful body of water with the serenity of overhanging trees and bushes. "Of course there are hopefully a few fish (called 'heads') sticking their mouths out of the water to 'sup' on the mayflies, a yummy dinner," adds Judy.

Out near the water there are no cell phones, appointments (except those with the fishing guides), traffic, four-star dining reservations or computers. "It is surprising to hear the cows howl as the sky turns dark and the water begins to boil," says Judy. "This churning of the water is when the fish are feeding on the surface, and it is then that the fly-fisher casts with the speed of lightening to catch that one last fish."

"When we fish," says Judy, "we drive with what we call white-line fever for five or six hours north of town, stay in funky cabins, and although extremely diverse in our lifestyles, we come together because of the truth and power of our chosen sport."

Fly-fishing guru and Judy's teacher Mr. Jan Kurahara enjoys teaching the sport to women because he believes they have a tendency to finesse, rather than overpower, the cast of the line. He feels that because most women approach learning the sport with no preconceived notions of how to fish, they listen more closely and try harder.

To "hook up" with a trout, one only needs to realize that fly-fishing is an individual stroke sport (like golf or tennis) that requires a modicum of coordination, training and practice to perfectly present a dry fly on moving water to a rising fish who takes it. "Then there is sport in the struggle with the trout which runs forward, sideways, and even backward before finally submitting to being pulled ashore, admired, perhaps photographed and — for many fly-fishers — released," explains Judy,



Fly-fisher Judy Decker, Pittsburgh.

who also says all the sport requires is a rod (not a pole), a reel with a floating line, and "dry flies" (imitations of the insects on the stream). Judy serves as president of the Golden West Women Fly-fishers, a group of 140 that goes on fish-outs, raises money for scholarships for women in fishery studies and works with an in-school aquatic project for kids in San Francisco, Calif. Judy is also a member of the San Mateo (Calif.)

Alumnae Association and often takes Kappas on fishing adventures.

MAKE A KAPPA CONNECTION

Keep your skills and interests up-to-date in the Kappa Connection database!
Simply call 614/228-6515 or visit www.kappa.org.

A Distinguished Coast Guard Career

hen Admirals greet LINDA COLLINS REID, Puget Sound, they don't say, "Hi Linda." They do say, "Good Morning, Master Chief." As the director of the Sea Partners Program at the U.S. Coast Guard Headquarters in Washington, D.C., Linda oversees a budget of more than \$350,000 and coordinates education efforts across the United States to control water pollution, clean up harbors and waterways, and promote awareness of the need to protect the marine environment. Among the many awards Linda has received in recognition of her work is the Coast Guard Commendation Medal.

Prior to her Sea Partners directorship, Linda has been responsible for a number of Coast Guard communication and public relations operations and has been highly decorated for outstanding performance. She was also the first female master chief in her specialty rating. "I enjoy constantly learning new things," says Linda.

She also enjoys her Coast Guard career because she can work a compressed work week which means she works longer hours on some days to have two extra days off per month. This is especially nice for parents who are also entitled to two years of unpaid "extended leave" to care for newborns. Linda believes strongly in quality childcare and served as chairman of Our Kids, Inc., a nonprofit organization that established a day-care center at Coast Guard Headquarters.

Formerly in banking, Linda began her Coast Guard Reserve career in 1975. Her husband, Clyde, had already been in the Reserve for eight years when Linda became interested. As an ensign at the time, Clyde was authorized to swear in Linda, and she entered the U.S. Coast Guard Reserve as a third class petty officer.

Working her way through the ranks, Linda reached the milestone of chief petty officer in 1985. She has gone on to become a senior chief, followed by her promotion in 1993 to master chief petty officer. She is now a reservist on extended active duty.

Aside from regular duties, Linda has coordinated Coast Guard participation in three presidential inaugurations and played a key role in coordinating the Fall 1997 reunion of WWII Women of the Coast Guard

DO YOU KNOW A KAPPA ...

with an unusual or fascinating hobby or career? Let us know! Contact *The Key* at P.O. Box 38, Columbus, OH 43216-0038; jhoover@kappakappagamma.org.



Linda Collins Reid, Puget Sound, directs the Sea Partners Program at the U.S. Coast Guard Headquarters in Washington, D.C.

(known as SPARs – "Semper Paratus – Always Ready") in Washington, D.C. The climax of the festivities was the dedication of the new Women in Military Service to America Memorial in Arlington National Cemetery. "The SPARs were truly pioneers," says Linda.

Linda is also a member of the Foreign Joint Services Noncommissioned Officers Association, which is made up of military representatives serving as embassy staff members in Washington, D.C. The group promotes cooperation among men and women from NATO and other Allied nations. "It is fascinating to meet people from all over the world," Linda says. Outside of the Coast Guard Linda performs on a synchronized ice skating team which has qualified for a national competition this year. She also enjoys a variety of sports and serves as a Girl Scouts troop leader. Linda and Clyde have been married 29 years and have two daughters ages 21 and 12.0

KAPPA PROFILES

She Knows the Rules

**Rules are there for a reason," says MARIAN

KLINGBEIL WILLIAMS, Missouri, former Fraternity

President and now Kappa's National Panhellenic Delegate
and NPC Secretary.

Learning and following the rules has been a part of Marian's life since she played basketball in high school and then became a nationally rated official in women's basketball and field hockey.

"I had a fabulous coach in high school," Marian recalls. "She told the varsity players that they should learn how to officiate because that was the best way to learn the rules." Learn they did, and practiced what they learned by officiating at class games.

"My premiere mentor," as Marian calls her high school coach, "encouraged me to continue in college." Marian studied the rulebook and took the written and practical exams as a college junior, remembering now that they were about the toughest exams she ever took. She obtained her national rating.

Officiating as an undergraduate, Marian wore the uniform of the day — blue skirt (women did NOT wear slacks then) and blue and white shirt with the WBA (Women's Basketball Association) emblem. Having officiated in high school and college, she continued while teaching physical education from 1956 to 1960.

Learning the rules and playing the game provided life skills for Marian. She says there was so much of mediation and negotiating that she carried over into other situations, along with focusing on the game and tuning out the crowd when they disagreed with a call.

"Rules are there to make the game fair for both sides," she explains. "Playing as a team involves peer pressure to



Marian Klingbeil Williams, Missouri, uses skills learned as a referee to lead the National Panhellenic Conference as a member of the executive committee.

abide by the rules, knowing that there are consequences if the rules are broken and that if one person violates a rule everyone suffers."

As a player who believes in knowing and obeying the rules in all facets of life, Marian put her ideas and background to work in NPC, developing the program "Something of Value" for campus Panhellenics. A risk management seminar focusing on responsibility and values, the program was first presented at Penn State three years ago (see *The Key*, Winter 1995) and has been revised for use on campuses across the continent.

Knowing the rules, team playing and facing consequences all add up to values in Marian's personal life and translate into her work in Kappa and NPC.

Collegians Learn Something of Value

Members of several campus Panhellenics have discovered the value of working together through the National Panhellenic Conference's "Something of Value" program. This interactive, all-day program is designed to assist college Panhellenics in identifying risky behaviors, developing a plan to address the behaviors and empowering members to take action.

Coordinated by an NPC team leader and involving national representatives of each campus chapter, the program provides a framework for students to work together toward solving similar problems. An incident of hazing or alcohol abuse is usually the focus of a mock trial which features a practicing attorney as the prosecutor. The chapter members in the audience act as the jury, and discuss who they would consider to be negligent and liable, and why.

Participants then meet in small groups with their counterparts to prioritize the risky behaviors on their campus, and brainstorm ideas for dealing with the problems. Their ideas are interwoven with proven methods for effecting change and NPC sends back an action plan to the campus Panhellenic, chapter presidents, advisers, etc. Strategies include monthly roundtables for chapter presidents, social chairmen, new member chairmen, as well as Panhellenic officer training and peer education programs regarding alcohol and new member activities.

"Women gain from working together," states Merritt Olsen, NPC team leader. She adds, "Regardless of how well the campus Panhellenic works together, it is encouraging and empowering for all to see that they have partners and strength in dealing with issues together."

Doll Houses for Adults

Three years ago KAY FUHRMAN ROOT, Hillsdale, began a career in designing miniature houses. Inside the 12-by-16-inch rooms, each with its own name, are objects collected from flea markets, house sales, scavenger junking and antique expeditions. "I want to see a little bit of real life in each home," Kay says.



"I try to give the personality of a person who lives inside."

Furnishings in her miniature homes are moveable so her clients may rearrange if they wish.

"Bedroom," the first house Kay sold, shows a bed covered in red velvet, a pearl-studded fireplace, and a dresser drawer opened to reveal satin and lace inside, carefully detailed by hand sewing and cutting. Other unusual items include a broken watch face that serves as a wall clock, post-cards that function as carpets, an unusual button placed over a piece of wood to become a table, a thimble used as a wastebasket, an old belt



Left: **Kay Fuhrman Root.**, *Hillsdale* Above: Miniature house with parlor and bedroom.

buckle turned into a frame for a mirror, and tiny pieces of fringed ribbon that become towels on a rack made from a bar pin, and a pin cushion turned into a dog bed.

Attached to the back of each house is a tag with a quotation that reflects the house's theme. Kay says that this hobby brings back memories of her father's bedtime stories about a rabbit who furnished his "nest" with found objects.

A Winning Key on Regis and Kathie Lee

After taping the morning TV talk show, Live With Regis and Kathie Lee, CARLA KREHBIEL WINN, Kansas State, surprisingly found she could be in contention for a Pontiac Starfire convertible. By mailing in postcards in hopes of her name being drawn, she won an opportunity to answer a question about the previous day's program. The last week of the contest she received the call and answered the question correctly. Flown to New York City with other contestants, she chose a key, knowing only one of the keys would start the car. Kathie Lee dropped the flag as the finalists turned on their ignitions. And for the rest of the story - Carla Winn won!

Honoring a Dear Sister

When the OMEGA, Kansas, senior class members of 1948 gathered at the university for a 50th anniversary reunion, they had more than celebrating on their minds. They took time out of their weekend to remember "the glue that held their pledge class together," as one member described PATTY GLOVER KNUPP, Kansas, who died last year.

Patty was not only well known among her chapter sisters, she was an inspirational icon of courage and determination to Kappas around the world. A longtime recipient of financial aid through the Rose McGill Fund, Patty said in a 1994 article in *The Key*, "My wonderful Kappa sisters have demonstrated the true meaning of Kappa loyalty. They have cared enough to keep in touch and to share their good fortunes to help me pay expenses."

Since contracting polio in 1955, Patty spent four decades confined to her bed with only limited use of one hand and some neck muscles. Rather than give up on life, she relearned to draw and eventually sold note cards with her pictures. With the help of personal aids and a computer, she kept in close contact with many friends despite her confinement.

Patty's classmates remember her as a person who looked for the best in things instead of the worst, and lived with dignity and grace.



The London (England) Alumnae Association welcomed Fraternity Executive Director J. Dale Brubeck, William and Mary, with a tea party last fall. Dale took time out of her vacation in England to visit with alumnae. (left to right) Association President Paris Carlin Christofferson, Tulane; Patricia Early White, Vanderbilt; Deldrienne Gierhart Forster, Connecticut; Lacy Curtis-Ward; Missouri; Lesley Roberts Clover-Brown, Southern Methodist, Dale Brubeck, William and Mary; Paula Vercruysse Sokolowski, Michigan State.

Investor Honored

The Twin Cities Chapter of the National Investor Relations Institute has elected KIMBERLY ANNE LEES, North Dakota State, to the position of chapter president. This is a professional association of corporate officers and investor relations consultants responsible for communications between corporate management, the investing public and the financial community. Kim has served in various positions of the NIRI Board of Directors during the past several years. She is also Vice President of Investor Relations for Life USA Holding, Inc. Kim is a member of The TWIN CITIES (MINN.) ALUMNAE Association and serves as Public Relations Adviser for CHI, Minnesota.



Kimberly Anne Lees, North Dakota State, is president of The Twin Cities Chapter of the National Investor Relations Institute.

Association Action

The BUTTE (MONT.) ALUMNAE
ASSOCIATION has donated all past
meeting minutes, treasurer's reports
and scrapbooks (only non-secret
materials) to the Butte City Archives
for safekeeping. More than 40 years
worth of papers were given to the
archives and association members
may look at them or check them out
at any time. Association officers say
this is an effective way to ensure that
records won't be lost or forgotten in
someone's basement or attic.

The COLUMBUS (OHIO) ALUMNAE ASSOCIATION honors the memory of former Fraternity President SALLY MOORE NITSCHKE, Ohio State, with an award presented to an association

Peace Corps Dangerous Yet Fulfilling

An agriculture Peace Corps volunteer assigned to the Western region of Honduras, Jennifer Davis, *Emory*, lives in La Florida de Opatoro, La Paz, a community of 1,000 people. Her two-year commitment will end in April 1999.

Just as Jennifer had grown accustomed to her role in a new culture, she experienced firsthand the devastation of Hurricane Mitch, which destroyed much of Honduras. "It will take a long time to rebuild this country," says Jennifer. "Our homes are fine and we have food and water, but most of the bean harvest was ruined and the coffee crop has been hit hard. Despite the tragedy, morale is high and people are back to their routines."

In a letter to friends and family, Jennifer shared her frightening experience: "I was visiting Guatemala when the storm hit and was trapped in Salvador the weekend the storm tore through my host country. Tears ran down my face at the site of the capitol from the aerial view. It was worse when I saw the actual destruction and devastation around me. Family and friends were missing (they have since been accounted for); most bridges were gone, leaving the city practically paralyzed.

The Peace Corps volunteers were evacuated temporarily yet we worried about the people we left behind who faced diminishing food, water and supplies. Many crops were washed away and soil eroded. I have never seen survivors like these people — instead of asking, 'Why?' they focus on how God is going to help them remain strong and learn from the experience. What was amazing to me is that while the river was rising and their homes were in danger, they were worried about me."

"They still need as much help and support as possible as they rebuild their country and lives," says Jennifer, who points out that the Red Cross is still accepting donations



Peace Corps volunteer Jennifer Davis, Emory, (in white shirt) helps build an energyefficient stove in Honduras.

through 800/helpnow. (Specify donations are intended for Honduras.)

Jennifer's role has been to introduce the local people to sustainable agriculture practices and crop diversification in order to improve their diet, which consists of mostly beans and rice, and to conserve the land. Most of the women she works with don't have enough money to buy vegetables and fruits, but they have been working together in a communal garden and many have started gardens in their homes.

Jennifer also teaches English once a week in the elementary school and coaches girls basketball. In the middle school she leads an orientation class teaching self-esteem, goal setting, sex education and more. "Aside from my work, I feel that my presence as a woman is equally important because I provide a different perspective to the traditional role of women in this country, while still respecting the culture," says Jennifer.

member. The Sally Moore Nitschke Memorial Award is presented during the annual Founders Day banquet and recognizes a member who exemplifies Sally's traits of friendliness, caring, mentoring, high moral and intellectual standards and leadership.

The 1998 recipient, BARNA HURT GRAVES, Arkansas, was recognized for her Kappa service including Chairman of the Heritage Museum; BETA NU, Ohio State, House Board Secretary; and community service including participation on the local board of directors of the American Cancer Society.



Members of the Saddleback/Capistrano (Calif.) Alumnae Association enjoy a day at sea.

Members of the Albuquerque (N.M.) Alumnae Association.

The Albuquerque (N.M.)
Alumnae Association greeted and entertained chapter members at the University of New Mexico with narrations of life at the university through the decades spanning 80 years. By sharing their humorous recitations, the alumnae showed their longtime sisterhood and promoted the benefits of membership in an alumnae association.



Fraternity Vice President Ann Stafford Truesdell, Ohio Wesleyan, spoke to members of the Toledo (Ohio) Alumnae Association at its fall meeting. Pictured are: Association President Beverly Humenuk Rohman, Pittsburgh; Barb Price, Ohio Wesleyan; Ann Stafford Truesdell, Ohio Wesleyan; and Suzanne Gerbe Rorick, Ohio Wesleyan.

The SADDLEBACK/CAPISTRANO (CALIF.) ALUMNAE ASSOCIATION "went to sea" sailing wingand-wing past the Balboa Island ferry, John Wayne's old vacht The Wild Goose, Buddy Ebsen's home and other points of interest before heading out into the Pacific. The Kappa visitors took turns at the helm. This alumnae association supports its local alumnae Panhellenic association, the San Juan Capistrano Boys and Girls Club, a number of local charities, as well as the Kappa Kappa Gamma Rose McGill

Fund. Association members also assist the following chapters: Zeta Eta, *UC Irvine*; Eta Beta, *Pepperdine*; and Eta Gamma, *San Diego*.

Sculpture Honors Pledge Sister

Since graduation, the 1979 pledge class of Beta XI, Texas, has held biennial reunions. This year's reunion was especially meaningful since pledge sisters chose to honor Nancy Ghormley Walls, Texas, by commissioning a bronze sculpture and an endowment in Nancy's name at the University of Texas M.D. Anderson Cancer Center to support the Brain Tumor Center.

In the summer of 1984 Nancy was diagnosed with a brain tumor. Surgery, chemotherapy, radiation and many prayers enabled her to survive and go on to have two children. Years later the tumor returned and Nancy died in September 1996. Years later a letter went out to friends asking for donations to a memorial in Nancy's name. Within three weeks \$25,000 was received, a quarter of the goal. MILEY TUCKER-FROST (BUSIEK), Texas, a nationally renowned artist and 1990 Alumnae Achievement Award recipient, will create the sculpture to be displayed on the park-like grounds of the University of Texas Ex-Students' Association in Austin. Nancy's friends want the area to be a welcoming and peaceful haven of reflection in memory of a woman they feel had a genuine, humble and unassuming spirit and who impacted many lives by giving of herself.

An International Kappa

It's a long way and a difference in culture from Holland to the state of Washington. ANNETTE GOUDEKET EDDES, Washington, made that journey in the 1950s and adapted to that change when she was assigned to the University of Washington as a Fulbright scholar, and the BETA PI Chapter house was chosen for her housing.

The chapter members were delighted to have Annette in their midst and offered her a bid for membership, which she accepted. Annette's

pride in her Kappa membership has remained strong during the ensuing 43 years, and she is always happy to see Kappa friends during their visits to Holland. Their pride in Annette swelled this year when

Annette Goudeket Eddes, Washington.



she was honored by Queen Beatrix with a royal medal. Annette founded a judicial "shop" where people who cannot pay for legal advice can get help. For the 25 years since its founding, Annette has been offering her legal services.

The royal medal was presented by the mayor of Eindhoven, where Annette and her family live. Annette is married to Dr. Piet Eddes and they have three sons. Carolyn Alexander Hobson, Ohio Wesleyan, with Hillary Clinton at the Congressional Club's annual luncheon honoring the First Lady.

A Kappa Goes to Washington

Carolyn Alexander Hobson, Ohio Wesleyan, serves as president of the U.S. Congressional Club, a bipartisan service organization comprised of spouses of members of Congress. Wife of Congressman Dave Hobson (Ohio), Carolyn has worked to educate women about breast cancer prevention.

"We leave the politics behind and are able to work together very well," says Carolyn, "I've made some dear friends in the organization from all over the political spectrum, and have had the chance to speak out and work on issues that are important to me."

Carolyn served RHO ^a, Ohio Wesleyan, as chapter President in 1957, and her daughter, Susan Hobson Nunner, Ohio Wesleyan, served as chapter President in 1985.

Coupon Queen Says "Don't Throw Money Away"

Not using coupons is like throwing cash in the trash to Carla McKnight Buchanan, Arkansas. She saves them carefully and is known as the "Coupon Queen" in several stores. Once, she walked out with 36 boxes of cereal and 18 gallons of milk without paying a dime — about \$150 worth of free food. It may sound too good to be true but Carla proves it can be done with a little extra time and effort.

Carla shops in the Orange County area of Los Angeles, Calif., however, several of her tips work anywhere. Joining a coupon club is an excellent way to trade coupons and make use of extra purchases. Most true bargain hunters have a shelf or room for storing extra bargain purchases. Carla runs the City of Orange Coupon Club with members ages 30 to 60, who meet weekly to exchange information on specials, swap coupons and products, and celebrate their victories.

In addition to coordinating the coupon club, Carla writes for the U.S. magazine, Refunding Makes Sense, and for the local Orange County Register, and speaks to audiences in person and on the radio. She notes that it is not just grocery stores that accept coupons or give rebates. Many major office supply chains offer substantial rebates as well.

Carla's Coupon Tips

- Trade coupons with friends and coworkers.
- Treat coupons like money — use them everywhere.
- Sort coupons and keep them in the car.
- Shop at stores that double or triple coupons.
- · Buy the maximum on the coupon (often three).
- · Take time in the store, look for bargains.
- · Don't shop with kids, if possible.
- · Stock up.
- · Go for a "triple play" (on sale, coupon and rebate).
- · Don't be brand loyal.



Holding On — Letting Go

Every parent of a young college student experiences the sinking feeling of establishing a child and a multitude of belongings in a dormitory room and leaving, wondering all the while how either will survive. One mother believed she could do something to ease that feeling. It happens that she is the wife of the university president and she put her belief into action.

Susan Brown Hardesty, West Virginia, and her husband, WVU President David Hardesty, sent their son to a school away from home, and they know how uneasy parents feel. Three years ago Susan, a former Kappa Traveling Consultant, founded the Mountaineer Parents Club, now a network of 6,300 WVU families in 61 locations coast-to-coast. A help line, parent newsletters and club brunch meetings provide a connection between parents and WVU staff. Keeping parents informed about what's going on

around campus and in student life is the club's most important function.

The club "deinstitutionalizes the university and makes it personal," said one member. Subjects such as off-campus student housing, course choices and obtaining a hotel room for visits are all items of interest.

Realizing that parents sometimes need more help than students, Susan established a 24-hour toll-free help line in January 1996 and more than 6,000 calls have come in with questions and suggestions — anything from "Do you have football tickets?" to "My student is having problems in class."

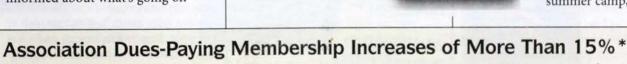
"I know, with a student eight hours away, what it can be like not to be around in a difficult time," says Susan. She not only knows, she has done something to help remedy the situation.

Kappa Authors

Bunnies in My Head
By Tricia Tusa, Texas
The University of Texas M.D.
Anderson Cancer Center
30 pages, \$20

Showcasing 25 years of the Children's Art Project, Bunnies in my Head weaves original artwork by young cancer patients into a charming story. It expresses the important role of imagination in a child's life and the wonder of what will happen next — tomorrow.

The Children's Art
Project offers greeting
cards for every season
and gift items featuring the art of children
receiving treatment at
the M. D. Anderson
Cancer Center. In
1997, proceeds from
card and gift sales
totaled a record \$1
million, funding
programs such as
summer camp, ski



Greater Albany 30% Laramie 25% IOTA EAST	
0111.0	
SW Ontario 61% Nu North Treasure Valley	20%
BETA EAST Knoxville 31% Twin Falls	133%
Fssex 27% Nu South North Idaho Panhandle	53%
Birmingham 93% Missoula	50%
Erie 29% Huntsville 72% IOTA WEST	
Pittsburgh 42% Mobile 324% Lake Washington	15%
Tuscaloosa 25% Pullman	41%
Cleveland West Shore 27% X1 Columbus 33% Northeast Arkansas 23% Southern Ventura County Elyria 33% Pine Bluff 47%	
DELTA SOUTH Norman Norman 103% KAPPA SOUTH Oklahoma City 43% Southern Nevada	43%
THETA EAST LAMBDA WEST EPSILON NORTH Alexandria 45% Coastal Carolina	19%
Chicago Loop 42% Milwaukee W. Suburban 140% Door County 17% Shreveport 27% Beaumont-Port Arthur 25% Mu North Macon & Middle Georgia	24% 25%
Madison 100% Houston Bay Area 82% Spartaphurg Area	15%
EPSILON SOUTH LaGrange 25% Greater Katy Area 20% Mu South Central Florida	180%
ZETA SOUTH THETA WEST RHO Cape Cod	21%
Lawrence 16% Midland 27% Manhattan 87% San Antonio 24% P1	
Springfield 37% Waco 97% Santa Cruz	75%

trips, music therapy, pediatric parties and an in-hospital classroom.

Tricia has written and illuminated nine books. A former volunteer for the Children's Art Project, she has a special perspective on the young patients' art. Her last book, Camilla's New Hairdo, was chosen as Parents Magazine's "Best Children's Book." Other Kappas provided expertise in production and promotion of the book in addition to their volunteer time for the Children's Art Project.

The appeal of the book is best described by the remarks of a patient: "When I draw, I'm in control. It takes me to another place. Sometimes, it takes my mind off cancer." For more information call 800/231-1580.

Oh, Jackie
By Maudy Benz, DePauw
Story Line Press
224 pages,

\$19.95



This debut novel describes a young girl's 15th summer living on a Michigan lake shore while her parents tour Europe. Set in 1963, North Wagoner is an avid admirer of First Lady Jackie Kennedy, whom she resembles.

Exploring local dating rituals and all the hopes and perils of adolescence, North relies on her image of Jackie Kennedy for strength and inspiration.

Maudy has won awards for her short stories and other writings.

Stories from her collection, The Borders of France, have been published in Farmer's Market and Ontario Review. She also performs multimedia shows adapted from her fiction. She teaches writing in the short courses program at Duke University. Riding a White Horse: Ted Turner's Goodwill Games and Other Crusades

RIDING A

WHITE

HORSE

By Althea Elwell Carlson,

Connecticut Episcopal Press 272 pages, \$19.95

Told in his own words, Riding a White Horse relates Ted Turner's crusades for world peace, disarmament, forests, ozone and the survival of the

human species, as well as the Goodwill Games — a celebration of peace between the United States and Russia.

A business writer and editorial consultant for books and a local newspaper, Althea was Executive Director of the World Trade Center Wilmington, interacting with 156 World Trade Centers. Her hobbies include sailing and boating with her children near their home in North Carolina.

Making the Most of Marin
By Patricia Larry Arrigoni, Arizona
Travel Publishers International
338 pages, \$15.95

The table of contents tells it all—the Golden Gate Bridge, hidden beaches, sweeping vistas, Sausalito, San Rafael, the Old West. From bay to mountain, this newly revised guide to Marin County covers all of "the most stunning county on the California coast."

Information on transportation, entertainment, lodging, restaurants and equestrian facilities is provided and a carefully compiled index points

the reader to the exact information desired. Patricia has been writing about Marin County since 1965 and for several years wrote a weekly travel column for the Marin Independent Journal. She has had a one-woman photography show at several area sites.

Also the author of *Harpo – The Baby Harp Seal*, a children's book available through the same publisher, Patricia is a cofounder of the Marine Mammal Center, and is deeply interested in wildlife.

Conversing with the Future

– Visions of the Year 2020

By Jenna Catherine, Colorado

Wild Flower Press
208 pages, \$16.95

VIRGINIA (JENNA) ICKE BROWN, Colorado, (whose pen name is Jenna Catherine) believes that the future should be used as a frame of

reference — at least as much as the past. About 10 years ago Jenna began communicating with a spirit guide, learning how to expand her awareness and transcend time. She experienced a very loving society of the future, one which does not reflect our



CONVERSING

current fears about health care, for example. Family life, humor and entertainment, business and learning methods change, creating greater awareness and capacities.

With a master's degree in mass communication, Jenna has also written a short film about children's soccer entitled, *Firebirds!*, and a one-act play, *The Phone Call*, which was televised. She also has taught at the International Women's Writing Guild's Summer Conference.

Facing the Extreme

By RUTH ANNE KOCOUR, Colorado, with Michael Hodgson St. Martin's Press 256 Pages, \$22.95

Through this book Ruth Ann tells the story of her death-defying survival and her quest for the summit.



When she and a team of nine men began their ascent of Mt. McKinley in

Alaska, they were unaware that their climbing dream vacation was about to become their worst nightmare. Only nine days into the climb, the most violent weather system on record slammed into the mountain, pinning them on an ice shelf at 14,000 feet. In what would become the deadliest two weeks in McKinley history (11 climbers died), Ruth Anne and the others fought for their lives and clung to a weakening thread of sanity.

This book is described as a story of physical and spiritual courage and the ultimate test of human endurance. Ruth Anne is a veteran mountaineer with nine international summits under her belt. She is also an artist and resides in Nevada.

Rain Forest Girl

By CHALISE BOURQUE MINER, Kansas State Mitchell Lane Pub., Inc. 48 pages, \$16.95

Subtitled More than an Adoption Story, this book reveals the journey of a child born deep in the rain forest of Brazil who is now an American teenager living in Oklahoma City, Okla.

Christened Daiane (Portugese, pronounced Die-on-ee), Diana was reluctant to leave her jungle home, but her grandmother could not care for her. At age nine she had never attended school.

Chalise and Phil Miner devoted time, energy and love to helping Diana adapt to her new life. It took two years to work out adoption arrangements and even then they had to stay in Brazil for six weeks until the government completed paperwork.

Written from the child's viewpoint, the book offers a caring, sensitive and perceptive story of cross-cultural adoption, from descriptions of Diana's life in the jungle to her fears and triumphs in

learning English, making new friends and becoming part of an American family. Photos by Phil Miner show Diana in both settings.

Chalise is at work on two more books and Phil is a physician. They are also the parents of Phillip, a composer and jazz musician, and Nathan, a sculpture major at Rhode Island School of Design.

The Long Blue Edge of Summer

By Doris Fleming Scharfenberg, Hillsdale

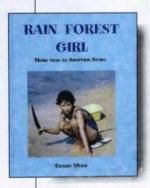
Momentum Books Limited 231 pages, \$12.95

"Some Things Fishy," "What's the Ketch," "Our Debt to the Glaciers" and "Put Rocks in Your Head." The titles of some of the sections of Doris' guide to the shorelines

of Michigan make the reader curious to know the subjects they cover. (Fish, boats, the Great Lakes and mineral and coral deposits are the answers to the above.)

Long Blue Edge of Su

Covering areas near four of the Great Lakes, Doris provides statistics and descriptions of cities and recreation lands, as well as background on the people and wildlife of each sector. Everything from fishing license fees

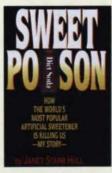


Sweet Poison: How the World's Most Popular
Artificial Sweetener Is Killing Us — My Story
By Janet Hull Smith, Texas Tech
New Horizon Press
300 pages, \$23.95

"Don't pick up another diet drink until you've read Sweet Poison," says the book's dust jacket. For the millions who consume quantities of diet drinks, Janet issues a wake-up call and a warning about possible disastrous effects.

As a hazardous waste and emergency response specialist, volunteer firefighter, certified nutritional counselor and professor of environmental science and international geography at Collin County Community College in Texas, and the mother of three small boys, good health was important to Janet. In the course of trying to lose weight, frightening symptoms developed.

Loss of hair in great clumps, heartbeat rising to as much as 180 beats per minute, bodily pain and migraine headaches beset her. Diagnosed with Graves' Disease and told she must have her thyroid destroyed and take medication for the rest of her life, Janet refused to accept the verdict. Conducting her own investigation through medical texts and journals, personal interviews, reports



and clues, she discovered what she believed to be the real culprit — aspartame — the chemical sweetener and sugar substitute found in Nutrasweet and other products.

Fighting her way back to health, Janet also fought drug companies and government officials regarding the chemical's effect, most alarmingly on children. Reports showed that some pilots who had been drinking diet sodas suffered

tremors, vision loss and seizures during flights. Some children who were given vitamins or yogurt containing aspartame were subject to grand-mal seizures and even permanent brain damage. And a Food and Drug Administration toxicologist had testified before Congress that aspartame was proven to cause cancer.

Currently on the board of directors of The Aspartame Consumer Safety Network, Janet is also founder and CEO of Starr Resources International and Starr Productions which provide environmental-nutrition research and information to schools, corporations and government agencies. She lives with her children and a menagerie of animals in a small town outside Dallas, Texas. 0

through fairs and festivals, water-skiing safety and aids for the disabled is detailed, along with a pronunciation key for Michigan names.

Winner of the Governor's
Award and designated an
"Ambassador of Michigan
Tourism," Doris describes
herself as "Detroit's own kid."
As a child, she traveled with the
family to Lake Huron and Lake
Michigan and followed the same
pattern with her husband and
their children.

Seduction of the Lesser Gods: Life, Love, Church, and Other Dangerous Idols

LESLIE MILLER WILLIAMS, Oklahoma Word Publishing 246 pages, \$12.99

This book asks, "Can you be committed to doing good, devoted to your family and church, dedicated to making your life count ... and still be missing the mark of what God wants for your life?" Leslie's answer is "Yes." From a Christian perspective, Leslie



points out how performing good works can become a form of idolatry, tempting people to miss the true meaning of life. Leslie has a Ph.D. in literature and serves as chairman of the Fine Arts/Communication Division at Midland

College. She is married to Stockton Williams, a rector of a local Episcopal church, and is the mother of two children.

By Request
By Betsy Mehryle Mann,
Missouri
Northland Publishing
151 pages, \$9.95

"Most Wanted Recipes from Arizona's Favorite Restaurants" is the subtitle and the author says, "Think of this book as a giant menu, one that was created by popular demand for people who adore Arizona and all it has to offer."

When Betsy lived in Scottsdale, Ariz., she wrote a popular column for the food section of The Arizona Republic in Phoenix. After several moves, she now works from her Overland Park, Kan., home preparing gourmet dishes created by some of Arizona's finest chefs and, through the ease of modern technology, continues her column for the Republic as well as working with The Kansas City Star and The Atlanta Journal-Constitution, Cream of Adobo Chicken Soup, Beef Panang and Uproarin' Sonoran Fried Ice Cream are some of the intriguing names of recipes.

REQUEST

Most Wanted Recipes from
Arizona's Favorite Restaurants

Working at home enables Betsy to simultaneously enjoy work and family — her husband, 4-year-old daughter and 7-month-old twin daughters.

Are You an Owl Out on a Limb? Come join the group!

You too can enjoy the privileges, friendships and fun that come with participation in an alumnae association. Please take a moment to complete the form below and send it to Christine Erickson Astone, Wyoming. She will put you in touch with your Province Director of Alumnae and the alumnae association nearest you.

YES! I want to know more about Kappa Alumnae Association opportunities near me!

elephone:/	College/University:	postal code Init. Date: /
☐ New Address?	☐ New to Area?	Int Date
Last Address:		
Former Fraternity Expe	rience:	

Kappa Kudos!

ELIZABETH ANDRE. Iowa State, was one of 10 Iowans chosen to receive the "Iowan of the Day" honor at the 1998 Iowa State Fair. She was also the voungest person ever recognized for the honor. The Iowa State Fair Blue Ribbon Foundation created the Iowan of the Day Award to recognize an Iowan for each of the 10 days of the fair who has made a significant contribution to their community while exhibiting characteristics of integrity, dependability, sense of community and a strong work ethic.

In addition to a long list of campus volunteer and extracurricular activities — including a spring break trip to Tijuana to help build a community center and preschool —



Elizabeth Andre, lowa State, received statewide recognition as one of ten honored as "lowan of the Day."

Elizabeth was involved in her community as Miss Teenage America in 1994. She was also recently honored by the Ames (Iowa) Alumnae Panhellenic Association as "Sorority Woman of the Year."

Kappas Lend a Helping Hand

BETA TAU, Syracuse,

members recently helped their community survive the aftermath of a terrible storm that caused more than \$14 million worth of damage to the campus alone. As a result, many food banks and local charitable organizations were short of supplies. So Beta Tau Chapter decided to lend their support to a women's organization they often work with the Dorothy Day House, Members collected canned goods, toiletries, baby supplies and more.

EPSILON ETA, Auburn, members chose children's services as their philanthropy two years ago and have continued to help those younger members of their community who are in need. Every Friday for an hour, five or six Kappas visit the Moton Day Care Center to read books to the center's children. Most of the children at the center have parents who cannot read so the Kappas' intervention is especially appreciated.



Rho *, Ohio Wesleyan, members create cards for Meals on Wheels recipients.



Upsilon, *Northwestern*, members found a fun and decorative way to spend bid night with a "Grease" theme party.

Kappas Go the Extra Mile

ZETA ALPHA, Babson, members have been busy logging hours - and miles - in the name of community service. In addition to walking the five miles around Boston's Charles River for the American Cancer Society's Annual Walk for Breast Cancer, these 37 collegians logged more than 200 hours of community service in just the first semester of the academic vear.

Kappa Good Sense

MEGHAN MARSHALL, Penn State, has become known as an expert on the topic of collegiate academics. Having recently served as Academic Chairman for the Penn State Campus Panhellenic Council, Meghan helped to bring the all-sorority grade point average to a record high.

The Academic Chairman oversees an academic council with members from all the campus sororities. The group discusses issues such as why new member grades are low. Meghan recognizes how challenging the position of Scholarship Chairman can be, "Academics are such a personal thing" she says. But it doesn't take much to send the message "that academics are important," Meghan adds, and says that "early intervention is important." So, to get your chapter reaching new highs on the GPA scale, Meghan offers these tips:

Ten Tips To Lead Your Chapter to Academic Success

- Become familiar with your academic calendar. Remind members of important dates like drop/add period.
- Start with new members. Make sure older sisters lead by example and impress upon the younger members the importance of scholarship, not only to your chapter, but also to the Greek system as a whole.
- 3. Reward achievement publicly.
- 4. Share good ideas with other chapters.
- Share frustrations with other chapters. They may be able to help.
- 6. Be a resource for your members by asking them at the end of each semester to evaluate their classes and professors. Keep this information on file for other members to consult when they're doing their class schedules.
- 7. Conduct all-sorority study hours.
- 8. Set a chapter GPA goal.
- Keep track of available scholarships and honor society applications and due dates. Make copies of the applications available to your members.
- During recruitment, focus on selecting women who have demonstrated high academic standards.

A Renewed Commitment to Academics

The Panhellenic Creed emphasizes scholarship: "We, the under-graduate members of women's fraternities, stand for good scholarship." Most, if not all, Panhellenic association constitutions have as one of their objectives the promotion of superior scholarship; and most, if not all, chapter constitutions emphasize good scholarship as one of their chapter's highest ideals.

If everyone is stressing the importance of scholarship in the Greek system, why do our grades not always reflect this? I would agree that it is because Panhellenic associations have shifted their focus away from academics.

We all know it's difficult to balance all of the inherent obligations of a sorority. That's why it is of paramount importance to bring the focus of your Panhellenic council back to the basic reason we are all in college: to make the most of our education and our academic experiences.

The Panhellenic Council at Penn State University has seen impressive results by focusing on scholarship. This spring the all-sorority average rose to a 3.19 (on a 4.0 scale). This is up from a 3.08 average in the fall of 1997 and the 3.19 GPA is the highest all-sorority average in nine years. The all-women's average also increased from a 3.03 (fall 1997) to a 3.09 (spring 1998) indicating that admission standards are getting stronger for all students and the Panhellenic Council needs to do the same to keep attracting stronger members. In addition, 19 of 21 sororities achieved a GPA of over 3.0 (the two that did not had a 2.96 and a 2.98 GPA), and the two sororities that tied for the top score earned a 3.45 GPA.

What it boils down to is this: We decided that academic achievement was something that we value, and we were going to focus our time, efforts and resources on this in order to affect change. We've learned that anything is possible if you believe it and have the courage to make it work.

— Excerpted from an article written for the National Panhellenic Conference by MEGHAN MARSHALL, Penn State.

Chapters Ranked No.1 on Campus*

ALPHA5, Monmouth; ETA, Wisconsin; LAMBDA, Akron; BETA TAU, Syracuse; BETA UPSILON, West Virginia; BETA THETA, Oklahoma; BETA KAPPA, Idaho; GAMMA BETA, New Mexico; GAMMA DELTA, Purdue; GAMMA Nu, Arkansas; GAMMA CHI, George Washington; DELTA KAPPA, Miami; DELTA XI, Carnegie-Mellon; EPSILON GAMMA, North Carolina; EPSILON XI, Cal. State, Northridge; EPSILON OMEGA, Dickinson; ZETA GAMMA. Centre; ZETA OMEGA, Waterloo. *Where ranks are reported.

Chapters at or Above the Fraternity Goal of 3.1

REGION 1: PSI^A, Cornell; BETA TAU, Syracuse; DELTA ALPHA, Penn State; DELTA XI, Carnegie-Mellon; DELTA PHI, Bucknell; EPSILON CHI, Dartmouth; ZETA LAMDBA, Washington & Jefferson; ZETA XI, Yale; ZETA RHO, Colgate; ZETA PHI, Princeton.

REGION 2: GAMMA CHI, George Washington; GAMMA KAPPA, William & Mary; DELTA BETA, Duke; DELTA KAPPA, Miami; DELTA UPSILON, Georgia; EPSILON GAMMA, North Carolina; EPSILON EPSILON, Emory; EPSILON MU, Clemson; EPSILON NU, Vanderbilt; EPSILON SIGMA, Virginia; EPSILON PHI, Florida; ZETA GAMMA, Centre; ZETA OMICRON, Richmond; ZETA TAU, Washington & Lee; ZETA PSI, Wake Forest.

REGION 3: ALPHA⁵, Monmouth; DELTA, Indiana; EPSILON, Illinois Wesleyan; ETA, Wisconsin; MU, Butler; RHO⁵, Ohio Wesleyan; KAPPA, Hillsdale; UPSILON, Northwestern; BETA DELTA, Michigan; GAMMA DELTA, Purdue; DELTA LAMBDA, Miami.

REGION 4: THETA, Missouri; SIGMA, Nebraska; GAMMA

KAPPAS On Campus

BETA, New Mexico; GAMMA THETA, Drake; GAMMA IOTA, Washington Univ.; GAMMA OMICRON, Wyoming; DELTA ZETA, Colorado College; ZETA ZETA, Westminster.

REGION 5: BETA XI, Texas;
BETA OMICRON, Tulane; BETA
THETA, Oklahoma; GAMMA
NU, Arkansas; GAMMA PHI,
Southern Methodist; DELTA
IOTA, LSU; DELTA PI, Tulsa;
DELTA PSI, Texas Tech;
EPSILON UPSILON, Baylor.

REGION 6: PI⁵, UC Berkeley; BETA PI, Washington; BETA KAPPA, Idaho; GAMMA GAMMA, Whitman; EPSILON IOTA, Puget Sound; ZETA PI, Albertson

Focus on Philanthropy

Collegians who are busy juggling school, sports, jobs and chapter activities often ask themselves, "Why volunteer?" Philanthropy Chairman JUANITA CHIANG, Waterloo, gives a compelling answer to that question in an

article for her chapter's newsletter:

Good Will Hunting

Philanthropy events are always the highlight of Kappa activities. However, most people misuse the definition. One day, for instance, I asked someone what philanthropy meant to her. She replied, "Equivalent to more work, I assume."

I never assumed that it meant more work. I think it provides an opportunity to give an extra hand to someone in need, and creates a sense of belonging within the community.

This statement sounds great but takes a lot more effort than most people can imagine. Sometimes, the only people who show up to a philanthropy event are the Philanthropy Chairman and her committee. Ironically, almost everyone shows up for parties. I am afraid that one of the basic chapter ideals is getting lost.

Attitude is everything. Once you have made up



Delta, Indiana, Vice President – Standards Megan Sampson receives the badge of the late Cecilia Hendricks Wahl, Indiana.

your mind to accomplish something, you go for it. It might take some time to adjust busy schedules but eventually things get done and there is still lots of time for socializing. You will never find enough time to do everything, but once you devote your time, the commitment is easy. You might even find those philanthropy events more enjoyable. After all, it is a matter of good will toward good causes. It's a matter of good will hunting! *

Kappas Bridging the Generations

DELTA, Indiana, House Board President BRENDA MONTGOMERY TEWEL, DePauw, spent precious time with friend CECILIA HENDRICKS WAHL, Indiana, talking about what it means to be a Kappa. Brenda says, "Her husband Henry called and said Cecilia wanted to talk about Kappa with me, so I immediately went to their home. Henry brought us tea, and left us alone to chat about the Kappa we both love." Among a number of treasures Cecilia wished to assign before succumbing to Lou Gehrig's disease, she gave her key to Brenda and asked that Delta Chapter do something special with it. Brenda proposed that it be used as an honor badge to be worn by the Vice President - Standards during Fireside services and by the chapter President during Initiation. When Brenda asked what Cecilia thought of this idea, she wrote on her note pad, "That would be lovely."

Now Delta members will enjoy Cecilia's thoughtful gift and keep her memory alive for future generations.



Mu, Butler, members Laura Adams and Kristie McBeath enjoy a day at the Indianapolis Children's Museum with the children of Coburn Place, a transitional women and children's facility.

Fair Play for Female Athletes

June 23, 1997, marked the 25th anniversary of Title IX, the law that bans sex discrimination in schools. The law reads: "No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving federal financial assistance."

While Title IX was designed to prevent discrimination in many areas from access to higher education to standardized testing, one of the prominent areas it affects is athletics. Prior to Title IX, few schools offered athletic programs for females, and if they did, the programs were often underfunded and lacked support.

According to the National Coalition for Women and Girls in Education, before Title IX girls made up only one percent of U.S. high school athletes, and fewer than 32,000 women competed in intercollegiate athletics. Thanks to Title IX, girls now account for 40 percent of high school athletes, and women are 37 percent of college varsity athletes. Although progress has been made, female athletes receive only 23 percent of athletic scholarship dollars. Clearly there is much work to be done in enforcing the law.

It appears that enforcement of Title IX has come mostly through the legal system as a result of lawsuits filed by athletes and/or parents. According to the National Association of Girls and Women in Sport, several court cases have required schools and colleges to add female sports programs, provide playing and dressing facilities and improved funding to female athletes. The Department of Education is responsible for the enforcement of Title IX but has been slow to remove funding from institutions that are not in compliance.

While female athletes continue to struggle for equality, women's fraternities must adapt to the membership recruitment challenges caused by more women playing sports. "We have seen an increase in competition for potential members as more colleges offer more athletic scholarships to women," says KKT Director of Membership Kay Scholberg Weeks, Bucknell. "Many athletes question whether or not they have time for the responsibilities of sorority life. We can meet these challenges through Continuous Open Bidding, 'No Frills' membership recruitment and campus-specific membership development programs," Kay explains. She also believes it is important for chapter members to support each others' diverse interests and responsibilities, whether it be athletics, student government or other activities requiring a significant time commitment. 0-

COLLEGIATE NEWS WANTED!

Please send to: Collegiate News Editor, P.O. Box 38 Columbus, OH 43216-0038

e-mail: kkgnews@aol.com



Members of **Gamma Pi**, *Alabama*, got involved with National Library Week. To show their support, members conducted a book drive to benefit the Tuscaloosa Public Library. The chapter collected more than 2,000 books and periodicals.

The Name of the Game Is Time Management

Athletic activities have been a major part of my life, and I knew that I would continue them in college. My first year, I was a member of the varsity field hockey and women's lacrosse teams. Though I enjoyed both immensely, I resolved to choose between them during my sophomore year when I realized I could only handle one varsity sport at the Division 1 level. That was also the year I joined Kappa Kappa Gamma. I was excited to meet new people and participate in Greek activities. Kappa offered a group of wonderful young women, of which I was proud to be a part. I found a great deal of support and encouragement, even though I often missed events due to lacrosse. During my junior year I realized how important Kappa had been to me and decided it was my turn to give something back.

As Philanthropy Chairman, I was exposed to even more positive aspects of my chapter. Balancing officer duties, lacrosse and academics was not easy, but it was a challenge I was happy to pursue. It meant many late nights and early mornings, some stressful days and a few headaches along the way, but the experiences I gained were invaluable. I learned the true meaning of delegation and time management. Committee members were extremely helpful and took charge when I was unavailable due to practices or games. My Kappa sisters were flexible and understanding of my hectic schedule.

I knew when I accepted membership in Kappa that many aspects of my college life would change. It was my responsibility to realize that regardless of my other activities, if I wanted to be a part of Kappa, then Kappa would have to be a part of me every day. It was so important to give back to Kappa and my sisters the time, care and support that they had given me. I am proud that with their help I proved that being an athlete and an involved member is achievable.

- By Theresa Frezzo, Bucknell

Join the winning team!





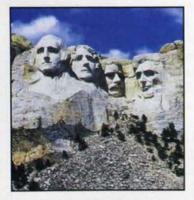
Alaska July 10 - 17, 1999

Cruise aboard the new *Sea Princess* from Vancouver, B.C., to Anchorage, Ala. Visit Ketchikan, Juneau and Skagway; cruise the Inside Passage; see College Fjord and Glacier Bay — the best route for seeing Alaska's biggest and best. Denali National Park and the Canadian Rockies may be added to this trip. Cruise only — \$1,299, dbl. occ., with low air add-ons. Book soon for best selections, and plan now to join Vera and the Kappa group on this spectacular cruise. **Call Nancy Grow 800/654-4934 for details.**



Journey of the Czars August 20 - September 2, 1999

Fourteen day cruise exploring the waterways of Russia on the River Volga from Moscow to St. Petersburg. See forested islands, blue lakes and villages along the way. Special events in Moscow and St. Petersburg. Great price of \$1,498! Low air add-on. This is a fabulous rate and itinerary. All meals and transfers included. English-speaking crew. Call Linda Singleton 800/522-8140.



Yellowstone & Grand Teton National Parks

September 8 - 16, 1999 (Tauck Tour)

See Mt. Rushmore and the Black Hills, Bighorn Mountains, Cody, Old Faithful and Yellowstone Canyon/Lake, Grand Teton National Park and Salt Lake City. Stay in Park Lodges — Jackson Lake Lodge, Old Faithful Inn, Lake Yellowstone Hotel and The Ranch at Ucross. Visit Park City and the Olympic Site, Kennecot Copper Mine, Great Salt Lake, Buffalo Bill Historical Center and the Whitney Gallery of Western Art. Trip begins in Rapid City, S.D., and ends in Salt Lake City...22 meals inc. \$1,640 with low air add-ons. Call Linda Singleton 800/522-8140.



The Chesapeake Bay

October 3 - 10, 1999 (Tauck Tour)

Explore three centuries of American history in Chesapeake Bay's "harbor" cities — Brandywine Valley, Wilmington, Longwood Gardens, Baltimore, Annapolis, Assateague Island and Norfolk. \$1,690 — 8 days (7 nights) 15 meals included.

Call Nancy Grow for information and reservations 800/654-4934.

For more information call Kappa Travels coordinator Vera Lewis Marine, Colorado College, at 626/446-3870, or 800/554-7673, ext. 128, or verakappa@aol.com



800/554-7673

Mary Turner Whitney, Cincinnati 1902-1999

In physical stature, Kappa presidents have come in all sizes. From the early '50s until the mid-'60s, a trio of the smaller variety guided the Fraternity though a decade critical for American education and the college fraternity system."

These were Mary's own words, written for possible use as an introduction to presenting past Fraternity Presidents at Convention. Mary included herself among the "smaller variety" in physical stature, and small she was, physically. But there was nothing small about her heart, her mind, her strength of character or her love of Kappa Kappa Gamma. The Fraternity is deeply saddened by her death on January 19, 1999.

It was the good luck of many in the Fraternity to know Mary, since her husband's career determined that the family move numerous times. Mary lived in five Kappa Provinces, including the Canadian part of Alpha, and in each Province she held Kappa offices. She attended the 1948 Convention in Sun Valley as Hartford (Conn.) Alumnae Association delegate and later said that as chairman of the Resolutions Committee she learned more about the Fraternity in five days than in the previous 25 years. Her knowledge and continuing process of learning would benefit countless Kappas.

After serving as Beta Province "President" (now Province Director of Chapters), Mary was elected Director of Chapters in 1950. During the following nine years Mary developed a close association with EDITH REESE CRABTREE, Wooster, then on the executive committee of the National Panhellenic Conference. While serving as Kappa's Vice President, Mary continued her involvement as NPC delegate until shortly after her 1960 election as Fraternity President.

It was a time of tremendous change in the academic world and increased pressure at all levels, and Mary led the Fraternity Council in addressing campus needs. Greater participation in the cultural life of the campus community and simplification of chapter organization was the two-pronged focus of a successful program.

It was during these years that long-recognized values and standards were questioned, especially on college campuses. However, a relationship of mutual respect and confidence existed between Kappa officers and college administrators. During Mary's term as president, three new chapters were established: Epsilon Zeta, Florida State; Epsilon Eta, Auburn; and Epsilon Theta, Arkansas, Little Rock.



After only two years of "retirement," Mary was appointed as Fraternity Ritualist and the 1970 Centennial Convention authorized a Ritual Study Committee, headed by Mary, to examine the Fraternity ritual in relation to its current effectiveness in expressing the philosophy of Kappa Kappa Gamma. The two-year study and subsequent report reaffirmed the value of the ritual and its ability to express the spirit of Kappa, itself. Continuing as Fraternity Ritualist until 1976, Mary instilled a deeper understanding of and appreciation for our ritual in anyone who read her ritual study materials or encountered her personal example of Kappa spirit.

In recognition of her long and varied service, her love of Kappa and her exceptional involvement in the Greek world through NPC, Kappa Kappa Gamma presented Mary with the Loyalty Award, the Fraternity's highest honor, in 1972.

Love of music and literature, community involvement, delightful sense of humor and dedication to home and family were measures of Mary's life. She is survived by one son, three grandchildren and two great-grandchildren.

Mary's devotion to Kappa and her attitude toward life were expressed in her own words in 1961:

"The ideas expressed [in the ritual] will never become old fashioned as long as truth and goodness and beauty prevail ... as long as love and friendship are cherished."

IN MEMORIAM

ames in this listing are from information received by Headquarters from October 7, 1998, through January 5, 1999.

ADRIAN COLLEGE McVey, Ruth Van Schoik, '28,d.12/98

AKRON, UNIVERSITY OF Kammer, Eileen Reagle, '44,d.11/98 Macey, Catherine Ebbert, '37,d.10/98 McKinstry, Patricia Gill, '46,d.12/98 Shaw, Celia Stein, '24,d.5/98

ALABAMA, UNIVERSITY OF Gunby, Ethelind Roberts, '52,d.11/98 Shaw, Charlotte Eros, '47,d.2/98 Stallings, Jean Andrew, '52,d.7/98

ARIZONA, UNIVERSITY OF Griffin, Gretchen Warner, '24,d.11/98 Sessions, Janet Conelly, '59,d.11/98 Smallhouse, Dorothy Salmon, '26, d.11/98

ARIZONA STATE UNIVERSITY Misle, Laurie Simon, '75,d.11/98

ARKANSAS, UNIVERSITY OF Sanders, Sylvia Rankin, '61,d.9/98

Baylor University Blaylock, Marjorie Adams, '77, d.7/98

*Boston University Grant, Sirkka Vuornos, '24,d.8/98

BUCKNELL UNIVERSITY Brown, Judith Beery, '57,d.5/98

BUTLER UNIVERSITY Arnold, Margaret Woessner, '25,d.8/98 Braunlin, Louise Cantwell, '23,d.11/97 Felt, Frances Brubeck, '20, d.12/98

CALIFORNIA, U. OF, BERKELEY Chickering, Margaret Roeding, '29, d.11/98 Drewes, Caroline Clifton, '35,d.11/98

CARNEGIE-MELLON UNIVERSITY Casey, Margarette Fox, '49,d.12/98

CINCINNATI, UNIVERSITY OF Ahlering, Marian, '41,d.10/98 Sanger, Margaret, '28,d.2/98 Whitney, Mary Turner, '21,d.1/99

COLORADO COLLEGE Hubbell, Dorothy Saunderson, '39,d.9/98 Nelson, Dorothy Rawlings, '48,d.10/98

COLORADO, UNIVERSITY OF Cunningham, Katharine Knisell, '15,d.9/98

DEPAUW UNIVERSITY Wadsworth, Bethel Williams, '29,d.5/98

DRAKE UNIVERSITY Thrasher, Norma Harmon, '53,d.6/98

DUKE UNIVERSITY Glover, Erma Williams, '30,d.2/98

GEORGE WASHINGTON UNIV. Barnes, Roberta Shewmaker, '29,d.11/98 GEORGIA, UNIVERSITY OF Wentworth, Janet Jeffrey, '66,d.7/98

IDAHO, UNIVERSITY OF Galloway, Mary, '28,d.9/98 Hodgen, Ruby Pool, '29,d.9/98 Sharp, Ethel Lafferty, '25,d.11/98 Wilson, Patricia Fraser, '39,d.11/98

ILLINOIS, UNIVERSITY OF Kaska, Bernice Bien, '37,d.1/98 Wootten, Barbara Tuthill, '39,d.11/98

ILLINOIS WESLEYAN UNIVERSITY Kemp, Rozanne Parker, '24, 11/98

INDIANA UNIVERSITY Coffin, Mary Compton, '35,d.4/96 Giuffre, Doris Dixon, '27,d.6/95 Tiffany, Emmy Shively, '43,d.10/98

Iowa State University Bartels, Sharon Briggs, '55,d.11/98

Iowa, University of Mallory, Dorothy Bennett, '22,d.2/98 Webb, Barbara Clark, '40,d.9/98

Kansas State University Hagen, Nora Scott, '51,d.10/98

Kansas, University of Coleman, Myra Hurd, '40,d.7/98

KENTUCKY, UNIVERSITY OF Bousfield, Patricia Hamilton, '37,d.9/98

LAWRENCE UNIVERSITY Goetz, Cecilia, '82,d.7/98

LOUISIANA STATE UNIVERSITY Hilburn, Susan Laubenthal, '66,d.10/98 Roger, Katherine, '37,d.8/97

*Manitoba, University of Fotheringham, Marjory Smith, '33,d.7/98 Hunter, Elizabeth Young, '38,d.10/98

*Maryland, University of Coleman, Virginia Ijams, '33,d.3/98 Crosby, Helga Frankwich, '47,d.7/98 England, Curry Nourse, '29,d.10/98 Inglis, Elizabeth Chamberlin, '41,d.7/94 Murphy, Sharon Williams, '77,d.12/97 Schmid, Laura King, '39,d.12/98 Williamson, Helen Rodgers, '37,d.10/98

MASSACHUSETTS, UNIVERSITY OF Kelley, Dorothy Hefferan, '51,d.11/98

MIAMI, UNIVERSITY OF Bell, Inza Fripp, '38,d.12/98 Lady, Elaine Staggers, '40,d.11/98 Rendlen, Shirley Raible, '45,d.10/98 Ricketts, Margie Stinson, '42,d.7/98

MICHIGAN STATE UNIVERSITY Morrissey, Helen Dutmers, '42,d.7/94

MICHIGAN, UNIVERSITY OF Long, Elizabeth, '34,d.8/97

MINNESOTA, UNIVERSITY OF Cook, Jean Moore, '25,d.11/98 Cross, Marion, '23,d.11/97 Dau, Virginia Adams, '35,d.10/97 Moore, Frances Fletcher, '35,d.11/98 Roberts, Isabel McDonald, '23,d.3/98 MISSISSIPPI, UNIVERSITY OF Hanner, Leclair Heidenreich, '49,d.10/98

MISSOURI, UNIVERSITY OF Dwyer, Betty Crisp, '38,d.12/98 Sullivan, Anne Fisher, '35,d.10/98 Van Woodward, Dorothea Harris, '33,d.1/97

MONMOUTH COLLEGE Payne, Elinor Allen, '47,d.11/98

Montana, University of Pease, Gertrude, '22,d.10/98

NEBRASKA, UNIVERSITY OF Clark, Katherine Southwick, '34,d.6/98 Loetterle, Jean Woods, '38,d.11/98 McDonald, Ruth Talhelm, '35,d.11/98

New Mexico, University of Barker, Christine, '97,d.10/98 Cornish, Cornelia Hall, '49,d.12/98 Lapine, Virginia McManus, '25,d.11/98 Palmer, Jean Hess, '35,d.10/98 Tackett, Martha Brownfield, '33,d.10/98

Northwestern University Wilbern, Jean Perrill, '37,d.4/98

OHIO STATE UNIVERSITY Claparols, Helen Smith, '17,d.10/97 Dingledine, Elizabeth Kinney, '27,d.10/98

Ohio Wesleyan University Horr, Ruth Ferguson, '33,d.11/98

OKLAHOMA STATE UNIVERSITY Slutes, Carol Cooper, '55,d.8/98

OKIAHOMA, UNIVERSITY OF McKinney, Mildred Goodman, '19,d.10/98 Turnbull, Melville Cannon, '34,d.10/98 West, Mareta, '36,d.11/98 Wolf, Susan Wegener, '59,d.10/98

OREGON STATE UNIVERSITY Robinson, Lois Foskett, '43,d.12/98

OREGON, UNIVERSITY OF Dunson, Dione Hemenway, '46,d.7/98 Hansen, Cynthia Griffin, '46,d.12/98 Range, Mary Ray, '40,d.10/98 Yankey, Connie Ancott, '59,d.6/98

*PENNSYLVANIA, UNIVERSITY OF Dybvig, Dorothy Schumaker, '29,d.7/93 Everett, Catherine Bell, '33,d.8/98

PITTSBURGH, UNIVERSITY OF Jennings, Adelaide Megahan, '25,d.1/98

PURDUE UNIVERSITY Burch, Mary, '58,d.7/98 Neale, Helen Harmeson, '26, d.10/98 Stidham, Marjorie Jansing, '46,d.9/98

ROLLINS COLLEGE Sherlock, Elisabeth Smith, '35,d.10/98

*San Jose State College Carle, Elaine Paulsen, '57,d.11/98

St. Lawrence University Harwood, Helen Atwood, '15,d.11/98 SOUTHERN CALIFORNIA, UNIVERSITY OF Albert, Joan Fenwick, '67,d.7/98 Prassas, Susan Rowe, '76,d.11/98 Sibley, Carol Duckwall, '58,d.10/98

SOUTHERN METHODIST UNIVERSITY Ferguson, Ann Northcutt, '43,d.11/98

STANFORD UNIVERSITY Merrell, Betty Wright, '35,d.8/94 Whitehead, Fritzi-Beth Bowman, '32,d.2/98

*SWARTHMORE COLLEGE Smith, Marion Smith, '26,d.9/98

SYRACUSE UNIVERSITY Chesbro, Maxine Sharpe, '29,d.10/98

TEXAS, UNIVERSITY OF Bertron, Winifred White, '47,d.11/98 Cochran, Jane, '49,d.9/98 Ford, Bernice Green, '24,d.10/98 Freels, Edna Stout, '37,d.8/93 Pryor, Dorothy Bunkley, '32,d.12/98 Townsend, Alice Haughton, '25,d.11/98

TORONTO, UNIVERSITY OF Gordon, Patricia Walker, '53,d.6/98 Poag, Mary Roberts, '38,d.9/97 Thompson, Dorothy, '16,d.9/98

TULANE UNIVERSITY Lombardi, Margaret Hendren, '44,d.9/98 Willkomm, Dorothy Woods, '46,d.10/98

UTAH, UNIVERSITY OF Adix, Shauna McLatchy, '50,d.12/98 Ellsworth, Florence Borg, '33,d.6/95 Miller, Bernice Johannesen, '35,d.8/98 Pitman, Alice McShane, '33,d.10/98

WASHINGTON STATE UNIVERSITY Holcombe, Dorothy Farrell, '27,d.4/98 Kaesche, Norma Howard, '40,d.9/98

Washington University Sooy, Elizabeth Thompson, '43,d.6/98

WASHINGTON, UNIVERSITY OF Martine, Millicent Johnson, '14,d.11/98 McKay, Janet Doust, '48,d.7/98 Spaulding, Margaret Sheldon, '32,d.9/98

WEST VIRGINIA UNIVERSITY Bradford, Harriett Davis, '31,d.6/98 Guthrie, Daisy Fultz, '32,d.9/98

WHITMAN COLLEGE Dotson, Patricia, '56,d.9/98

Wisconsin, University of Anderson, Carolyn Turgrimson, '23,d.12/98 Tuttle, Diane Haukom, '67,d.9/98 Weed, Jeanne Perham, '42,d.7/98

Wyoming, University of Wolf, Mary Ellen Weybrecht, '40,d.3/92

* inactive chapters

Continued on next page.

CORRECTION:

The "In Memoriam" section of the Fall 1998 Issue failed to mention that former Fraternity Council member RUTH HOEHLE LANE, '27, Boston, served as Director of Alumnae from 1970-72.

In order for names to appear in "In Memoriam," verification and date of death must be sent to Fraternity Headquarters and Foundation Office, P.O. Box 308, Columbus, OH 43216-0038. Memorial gifts may be sent to the KKΓ Foundation, attention: Director of Development.

Remember When ...

You danced to Elvis Presley's songs?

You wore Peter Pan-collar blouses or bobby socks and saddle shoes?

Kappa established the first permanent Fraternity Headquarters?

Disco dancing was the rage?

College students crammed into Volkswagens?

Izod shirts and khaki skirts were cool?

The women's lib movement changed the world?



Remember this and so much more in History 2000 ... Kappa Kappa Gamma Through the Years. Relive the early years of the Fraternity as the young Founders embarked on their "voyage of discovery."

Travel through time and experience the growth of the Fraternity through the establishment of collegiate chapters and alumnae associations and learn about the women who led the Fraternity through this journey.

This, and so much more, will be detailed in History 2000 ... Kappa Kappa Gamma Through the Years.

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History 2000 ... Kappa Kappa Gamma Through the Years will be unveiled at the 2000 General Convention, and will be available for sale to all members. But right now for \$100 you can be a History 2000 ... Kappa Kappa Gamma Through the Years sponsor.

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Proceeds from the sale of sponsorships will provide each chapter with a copy of *History 2000 ... Kappa Kappa Gamma Through the Years* for its archives. By being a sponsor, you will help provide collegiate chapters with a valuable resource that will make their Kappa journey one of great discovery.

Contact KK Γ Headquarters at 614/228-6515 to reserve your sponsorship — and be part of Kappa history!



Through the Keyhole... Letters to the Editors

EDITOR'S NOTE: We are delighted to receive so many letters but regret that we are unable to print each one. Please keep writing to *The Key* and know that we appreciate your input. Letters are edited for clarity and length.

Appreciation for Diverse Experiences

I have read and thoroughly enjoyed each issue of *The Key* I have received; however, I felt that after reading the Fall 1998 Issue, I really need to tell you how much I appreciate this publication.

I was particularly impressed by your focus on the travel and living abroad experiences of Kappas. I felt a connection with each woman featured because I have also traveled and worked overseas. I also applaud you for covering Kappas who have performed significant volunteer work while overseas or who have gone to unconventional and remote destinations. This truly demonstrates the amazing diversity of interests and capabilities among Kappas. I feel proud to have a connection with these women!

My mother is a member of a different sorority and I have seen quite a few of her group's magazines. There is no comparison in the quality of articles, coverage of issues and organization. My mother and I agree that *The Key* is exceptional.

- RACHEL McDevitt, Southern Cal.

Wow!

Wow — we were blown away by the outstanding job you did on the "Alcohol 101" article by Joann Barton Vaughan, Virginia, in the Fall 1998 Issue. Your graphics and attractive design elements are great. The article is making the rounds of our staff and consultants, who will most certainly share our pleasure in your treatment of our program and in the visibility it will receive. The fact that your fraternity has been publishing for 116 years may have something to do with the extraordinary product you turn out.

— Evon Gotlieb, "Alcohol 101" Program Manager, The Century Council

Language is Power

I applaud *The Key*'s attempts to use gender neutral and gender specific language whenever possible. In the Winter 1998 Issue, linguist ANN WERMUTH ROBINSON, *Lawrence*, commented in a letter to the editor on how she would like to see more consistent use of what many consider "masculine-biased" language (e.g. spokesman). Masculine-

biased language (such as the use of the masculine pronoun, he, or fireman to describe both men and women) has been shown to be detrimental to women's self-esteem and self-perception. Studies show that little girls doubt their ability to become police officers, presidents, etc., due largely to words like he, mankind and policeman. These phenomena have been documented in literature (e.g. see Thorne et al. 1983; Hamilton & Henley 1982; Bodine 1975).

Language is power. To embrace the English language in its current state is to embrace a suite of anti-female dogma. As any linguist knows, language evolves regionally and culturally. Masculine-biased language leaves women out of the picture. I commend any publication that takes the initiative to undo the damage masculine-biased language has done and continues to do. We should expect nothing less of a magazine devoted to women.

- APRIL BOULTON, Centre

Editor's Note: The Key Editorial Board appreciates this debate and will discuss its use of gender-neutral and gender-specific language.

Inspired by Shared Adventures

I am delighted with the way my story in the Fall 1998 Issue turned out; in fact, that whole section, "Oh, the Places We Go!" was extremely interesting. The reader could certainly tell that JUDITH BLAKELY MORGAN, Montana, is a professional writer in her descriptive account of her adventures. GINGER HOLMES ROBINSON'S, Missouri, story was heartwarming and inspiring, and SHELLY GISMONDI, West Virginia, showed real ingenuity and spunk in providing for her "personal education." Amy RUSH'S, UCLA description of the highlands in Peru inspired me to put that place on my list of places to go. As Amy Davis, Cincinnati, described it, all of us had stepped out of our "comfort zones" resulting in memorable adventures for which we shall all be ever thankful.

Thank you for giving us the opportunity to share this part of our lives with Kappa sisters. I also appreciate the care you took to make sure our stories came out just right. You are the kind of editor with whom it is a joy to work.

- MARY ELIZABETH SALTER BILLINGTON, Oklahoma

Canada Correction

I must point out that DORIS FLEMING SCHARFENBERG, Hillsdale, in her article on Canada in the Fall 1998 Issue claims she saw an Inuit carving a totem pole near Vancouver. The Inuit are the people of the far north, once known as Eskimos (I believe they are still in Alaska). They do not have a tradition of carving totem poles because there are no trees in the far north. The person she saw was undoubtedly a member of one of the First Nations bands (or native peoples) of British Columbia.

- VALERIE HAIG-BROWN, British Columbia

Through the Keyhole...

A Key Find

My family has vacationed in Estes Park, Colo., for many summers. One of our traditions is dining at The Baldpate Inn, which boasts the world's largest key collection. However,



my Kappa daughter, PAIGE WOOD, Texas, and I could never find a Kappa key! This past summer we were prepared with the Summer 1998 Issue of The Key with the gold key on the cover, which we presented to the inn for its collection.

— JANET SKELTON WOOD, Tulsa

The Key Deadlines & Themes

· Summer 1999 - "Friends"

The Key wants to hear your inspirational stories of friendship. This issue will also feature Kappa reunions. Reunion photos will be published once a year at the discretion of the editor and will not be returned. Copy due March 30.

· Fall 1999 - "Celebrate Diversity"

Tell us your thoughts on diversity within Kappa, the Greek system, your community or the world. How is your alumnae association or chapter diverse?

Copy due June 1.

· Winter 1999 - "Healing Hands"

We're interested in stories about Kappas in the medical/health fields who are making a difference. Copy due Sept. 1

Photographs become property of *The Key* and will not be returned. Submissions to *The Key* may be used in other Fraternity publications or on the official Kappa Web site. The Editorial Board regrets that not all submissions can be used. Themes are subject to change.

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Dismissed and Undiagnosed Dreamers – An Across-the-Life-Span Look at Females with ADHD and Learning Disability. Written and developed by Kappa mother/daughter mental health professionals PAULA and BECKY STANFORD. (See story on Page 17.) Cost is \$52, including postage fees. Call 405/943-5073, e-mail to pjstan@nstar.net or write to PAULA STANFORD at 3121 Tudor Rd., Oklahoma City, OK 73122.

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Several often-requested items are available directly from Fraternity Headquarters.

- 1. Check the item and number of copies desired.
- 2. Phone 614/228-6515, or mail this form to: Information Services Kappa Kappa Gamma Fraternity P.O. Box 38 Columbus, OH 43216-0038

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	INSIGHT on Domestic Violence	\$5.00
	Kappa Kappa Gamma	NC
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	KEEP SAFE Brochure	\$1.00
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	All Pearl (not shown)	190.50	139.50		
	Alternating Sapphire/				
	Pearl (not shown)	203.00	152.50	377	7070
	Alternating Pearl/	200.00	246.00		
	Diamond (not shown).	266.50	216.00	170	3.5
	Alternating Sapphire/ Diamond (not shown)	273.00	222.00		
	All Diamond (not shown)	305.00	254.00	-	
10.	Vertical Incised Letter				
1	Ring w/out Enamel	153.00	108.00	77	40,50
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13.	Oval Raised Letter Ring	152.50		-	40.50
14.	Oval Incised Letter Ring	152.50		100	40.50
15.	Key Ring	152.50	108.00	100	40.50
16.	GF/SS Oval Filigree w/				20.00
177	Engraved Vertical Letters		28.00	(GF)	28.00
17.	GF/SS Large Round Filigree with Crest		50.50	30.00	31.00
18.	TOTAL LAND	-	50.50	44.00	
	Filigree Charm w/Crest		45.50	25.50	26.00
19.	GF/SS Heart Filigree w/				
- 20	Engraved Horiz. Letters	000	18.00	(GF)	18.00
20.	Crown Pearl Vertical Letter Lavaliere	110.50	85.00	63.50	
21	Vertical Letter Lavaliere	38.00		8.00	12.50
	Mini Vertical Letter				
- C - C - C - C - C - C - C - C - C - C	Lavaliere	25.50	16.50	8.00	12.50
23.	Key Lavaliere	38.00	28.00	8.00	12.50
24.		WC 00	F0.00	12.50	12.50
- mp	Enamel	76.00	53.00	12.50	12.50
25	Staggered Letter Lavaliere	38.00	28.00	8.00	12.50
26		47.00		12.50	12.50
27		39.00		12.50	12.50
28		39.00		12.50	12.50
29		200			12.00
20	Lavaliere FOR	25.50	16.50	8.00 18.50	12.50
30	Participation of the Control of the		-	10.00	
31	Bracelet		11.50	(GF)	11.50
32					
	w/1 Key	75	69.50		
33			222.00	86.50	86.50
34	Plain Double Letter Guard	140	35.00	14.00	-
	Plain Single Letter	7			
	Guard (not shown)		30.00	11.50	No.
35			pr no	22.00	
	Letter Guard	(A)	65.00	33.50	-
	Crown Pearl Double Letter Guard (not show	n)	80.00	51.00	
36	Chased Double				
	Letter Guard	-	40.00	17.00	-
	Chased Single Letter		200.000	14.00	
	Guard (not shown)	when and		14.00	-
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