

The Key

A KAPPA KAPPA GAMMA PUBLICATION



Expectations!

Stepping Out of the Darkness—

A Kappa Shares Her Struggle with Bipolar Disorder

**An Investment Banker Fights
Sexual Discrimination**

Meet Alexa Havins from *All My Children*

**Welcome Eta Iota Chapter,
Creighton University!**

president's message

Living Our Expectations

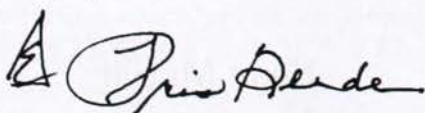
Close your eyes for a moment and think back to the day you pledged Kappa Kappa Gamma. What were your expectations of this organization? Did you have any expectations or were you just excited to be part of a strong group of women on a university campus? Were you a legacy and already knew some of the values that Kappa stood for? Whether or not we had any expectations of Kappa when we pledged, we soon found out that Kappa had high expectations for us as members and for the organization as a whole. Throughout college we learned the expectations of our organization. Kappa Kappa Gamma asks our undergraduate and alumnae members to live by our Mission Statement:

Kappa Kappa Gamma is an organization of women, which seeks for every member throughout her life bonds of friendship, mutual support, opportunities for self-growth, respect for intellectual development, and an understanding of and an allegiance to positive ethical principles.

It is important for us as alumnae and collegians to thoughtfully consider how we translate the intent of our *Mission Statement* into our daily lives. Do we live our lives congruently with Kappa's expectations and values? As undergraduates, have you created a chapter environment where respect for each other takes precedent over activities construed as hazing? Have you created an environment where intellectual development is embraced and opportunities for self-growth are evident? As alumnae, do we think about how our daily actions match with our Kappa expectations? Do we treasure our friendships? Do we value the tenets of our ritual? Do we cherish our rich heritage? It is essential that we reaffirm the expectations we have of ourselves as members of Kappa Kappa Gamma and members of the ever-evolving Greek system.

You will read about Kappa's key messages. These messages say in words who we are as members of Kappa Kappa Gamma; these are the messages we want to share with our publics—our expectations and our values as members of this wonderful organization we call Kappa Kappa Gamma.

Loyally,



PRISCILLA (PRIS) MURPHY GERDE
Purdue
Fraternity President



Kappa Kappa Gamma Tradition of Leadership

Key Messages

Kappas are dedicated to living by the ultimate Greek ideals of goodness, truth and beauty. Kappa at its core is about an arc of qualities: leadership, scholarship and friendship.

LEADERSHIP

- ◆ Kappas lead with integrity, recognizing, living and modeling ethical principles.
- ◆ Kappa has an intrinsic capacity to foster leadership, developing women who strive to set the standard on their campus or in their community.
- ◆ Kappas cultivate social responsibility by giving time, talent and treasure to serve the greater good.

SCHOLARSHIP

- ◆ Kappa fosters the pursuit of lifelong learning by promoting intellectual curiosity and self-confidence.
- ◆ Kappas celebrate a richness of common heritage while embracing each other's diversity of background and interests.

FRIENDSHIP

- ◆ Kappas demonstrate throughout their lives bonds of sisterhood and mutual support, sustaining members in bad times, celebrating in good times and sharing at all times.
- ◆ Kappa is women supporting women in their individual, academic and professional lives.
- ◆ Kappas are encouraged to respect the larger world, celebrate individual differences and take pride in shared accomplishments.

Leadership Academy 2005

Kappa Kappa Gamma is pleased to announce the 2005 Leadership Academy to be held Thursday, September 29, through Sunday, October 2, 2005. Funded through a generous grant from the Kappa Kappa Gamma Foundation, there is no cost to participants.

Leadership Academy is an intensive four-day retreat at Bradford Woods outdoor education center in Martinsville, Ind. A fun-filled experience, the Leadership Academy features outdoor leadership challenges, personal reflection and group interaction, while encouraging participants to reach their leadership potential. Programming was developed in partnership with The TomPeters! Company and Bradford Woods.

An intergenerational event, Leadership Academy is open to one representative from each chapter and 70 alumnae from across the United States and Canada. Plumb your leadership potential!

If you are interested in attending Leadership Academy this fall or simply want more information, please contact Marla Williams, Director of Education and Training, at 614/228-6515, ext. 132 or e-mail to mwilliams@kappakappagamma.org. Openings may still be available.



A group of 2004 Leadership Academy participants take a break from team-building activities.

50-, 65- and 75-Year Pins Reminder

Each year the Fraternity acknowledges members celebrating 50, 65 and 75 years of membership in Kappa Kappa Gamma. Congratulations to the 1,350 alumnae who are 50-year Kappas, the 594 alumnae who are 65-year Kappas, and the 157 alumnae who are 75-year Kappas! With a total of 2,101 special pin recipients, *The Key* is unable to recognize these members individually.

However, the Fraternity encourages each member to celebrate these milestones with Kappa sisters and loved ones. Recipients may choose to receive their pins through a local alumnae association, by attending a General Convention or Province Meeting or by making arrangements to receive a pin from Fraternity Headquarters.

Alumnae associations share in this special event by planning a celebration to honor these loyal sisters. The association's officers generally contact area members who are eligible for recognition and invite them to receive their pin at an association event. Although many associations honor members at Founders Day banquets in October, some associations plan separate events at other times.

If a member does not live near an association or is not able to travel to a General Convention or Province Meeting, a certificate is mailed to the member from Fraternity Headquarters. Enclosed with the certificate is an order form so she may purchase a pin at a nominal fee.

For more information, contact the Membership Services Department at Fraternity Headquarters at 866/KKG-1870 or kkghq@kappa.org.

Welcome to Our Newest Alumnae Association!

Kappa Kappa Gamma welcomes the GRAPEVINE, COLLEYVILLE/SOUTH LAKE (TEXAS) ALUMNAE ASSOCIATION in Theta Central Province. The association was chartered on December 7, 2004. To join, contact association President AMY BARDIN KASPAR, *Baylor*, at 817/685-6413 or aimkaspar@hotmail.com.

Membership Cards Available

Kappa Kappa Gamma membership cards are available through Fraternity Headquarters. Your card will be personalized with your name, chapter, school and membership number. The sturdy plastic card is wallet sized and only costs \$5 including shipping. If you have questions or would like to order a card, please contact JANE KETCHAM STEINER, Miami (Ohio), Membership Services Assistant, at 866/KKG-1870.



Reading Is Fundamental!

Actives and Alumnae Keep the Momentum Going with RIF Activities

The GREATER PITTSBURGH ALUMNAE ASSOCIATION, along with active members from GAMMA EPSILON, Pittsburgh, and ZETA LAMBDA, Washington & Jefferson, volunteer for the national kickoff of the Read with Me: RIF 2005 Community Reading Challenge held January 26 at the Pittsburgh Children's Museum. Pittsburgh area celebrities joined children from three RIF Pittsburgh sites for read-alouds and other literacy activities. Kappa volunteers greeted 150 school children and assisted in activities including a bookmark making station and reading with Mr. McFeeley from Mr. Roger's Neighborhood.



GAMMA EPSILON, Pittsburgh, members help children make bookmarks during a Reading Is Fundamental (RIF) kickoff event.

Membership Directories

Did you know that Kappa Kappa Gamma membership directories (lists of names and addresses of Kappas available on the Web site and directories created by alumnae associations and chapters) offer members an opportunity to search for old friends and renew friendships with women from their college days? Membership information may also be useful in finding a Kappa professional in your area.

It is important that these Directories contain private information about our members who have entrusted the Fraternity with individual contact and family information. Considering the personal nature of this information, the directories are to be used by members only and not furnished to or used by anyone outside the Fraternity. This information is not to be used for personal business or political or religious solicitation.

Association and Chapter Anniversaries

Congratulations to alumnae associations and chapters celebrating installation anniversaries from July through December 2005.

Albuquerque, N.M.....	07/05/192580 years
Tyler, Texas.....	07/05/194065 years
Shreveport, La.....	08/21/194065 years
Northwest Arkansas, Ark.	09/22/20005 years
East Bay, Calif.	09/28/195055 years
Zeta Gamma, Centre	10/04/198025 years
Scottsdale, Ariz.	10/06/195550 years
Highland Lakes, Texas	10/06/20005 years
Delta Lambda, Miami (Ohio).....	11/09/194065 years
Bloomington-Normal, Ill.	11/22/1895110 years
Rho ^a , Ohio Wesleyan.....	11/25/1880125 years

EDITOR'S NOTE: The winter 2004 issue omitted the 40th anniversary of the RICHARDSON-PLANO (TEXAS) ALUMNAE ASSOCIATION, founded March 19, 1965. Members celebrated with a high tea followed by a presentation of the association's history.

Kappa Comes to Creighton University

On April 2, 2005, 44 Creighton University women were initiated as members of the ETA IOTA chapter of Kappa Kappa Gamma. The new members were initiated and the chapter installed by Fraternity President PRISCILLA MURPHY GERDE, *Purdue*.

Assisting in the Installation service were SUSIE EYNATTEN HUGHES, *Missouri*, Director of Membership; JOAN COOK COHEN, *Colorado*, Chairman of Extension; STACIE QUINN NEELY, *Idaho*, Regional Director of Alumnae; MARY CAMPBELL FORD, *West Virginia*, Regional Director of Chapters; JAYME MORRIS-HARDEMAN, *Kansas State*, Province Director of Alumnae; and RISA PIERCE FLANDERS, *Kansas State*, Province Director of Chapters.

CARLAN LIND WOLFE, *Nebraska*, is serving as Eta Iota's Coordinator of Chapter Development and KARA ALBERT, *Westminster*, is serving as the Chapter Leadership Consultant. Greetings to the new chapter may be sent c/o of Carlan Wolfe, 5056 Magnolia Street, Omaha, NE 68137.

SIGMA, *Nebraska*, is Eta Iota's Key Sister Chapter with members of THETA, *Missouri*; OMICRON^A, *Simpson*; OMEGA, *Kansas*; CHI, *Minnesota*; BETA ZETA, *Iowa*; GAMMA ALPHA, *Kansas State*; GAMMA THETA, *Drake*; GAMMA IOTA, *Washington (St. Louis)*; DELTA OMICRON, *Iowa State*; and ZETA ZETA, *Westminster*, serving as key sisters for the charter members. All those involved in the weekend's activities provided a warm welcome to Kappa Kappa Gamma's 131st chapter.



PRIS GERDE, *Purdue*, Fraternity President, presents KATIE RIEFF, ETA IOTA Chapter President, with the president's badge.



Kappa Kappa Gamma welcomes the members of ETA IOTA, *Creighton*.

Have You Sent In Your Alumna Dues?

Support Kappa by paying your annual alumna dues today!

If you have paid your annual dues to your alumnae association, then you are a current dues-paying member. If you do not live near a Kappa alumnae association, please send in your \$15 annual alumna dues today! You'll feel great knowing you are supporting the development and distribution of Kappa Kappa Gamma's educational programs to collegians and alumnae. You'll also be providing resources for continued improvements in technology and member services including *The Key* and the official Web site, www.kappa.org.

Please send your dues along with the form below to Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 38, Columbus, OH 43216-0038. Thanks for your support!

Medical Insurance Plan for Alumnae

Through an affiliation with Fortis Health, Kappa Kappa Gamma alumnae are now eligible to enroll in **TempoCare**, a short-term medical insurance plan for women under the age of 64 and 11 months and their dependent children who have a temporary insurance need.

For a new graduate no longer eligible for health insurance coverage through a student plan or as a dependent on her family plan, this is a way to avoid expensive health care bills.

TempoCare policy provides the following advantages:

- ♦ Immediate health coverage
- ♦ Affordable coverage for 30 to 185 days
- ♦ \$2 million coverage maximum for duration of plan
- ♦ Excellent in-hospital and outpatient benefits
- ♦ Freedom to choose doctors and hospitals
- ♦ Convenient payment options

If you have questions, please call
800/992-2196, ext. 2215.

Kappa Can Count on Me!

Name (first, maiden, last): _____

Address: _____

City: _____ State/Province: _____ Postal Code: _____

E-mail: _____

Chapter & Initiation Year: _____

☐ Enclosed is my check for \$15 payable to Kappa Kappa Gamma Fraternity for alumna dues.
(Dues are not deductible for federal tax purposes.)

☐ Please charge my VISA/MasterCard (circle one)

My credit card # is: _____ Exp. Date: _____

☐ I would like to be contacted by the nearest alumnae association.

Signature: _____

Here We Grow Again!

The following Alumnae Associations have achieved a 15 percent or more increase in their dues-paying membership comparing 2005 to 2004. Congratulations to these associations that have embraced our goal, "Kappa to Kappa ... the personal touch." Their success can be attributed to reaching out to new members through personal contact and programming to appeal to all age groups.

Tacoma, Wash.	195%	Laramie, Wyo.	29%
Baltimore, Md.	156%	Sierra, Nev.	29%
Houston Bay Area, Texas.	144%	The Palm Beaches, Fla.	28%
Missoula, Mont.	138%	San Antonio, Texas	28%
Washington D.C./ Suburban Maryland.	100%	Olympia, Wash.	27%
Fresno, Calif.	97%	San Dieguito, Calif.	26%
Buffalo, N.Y.	94%	Down East Maine	25%
Fort Bend County, Texas	74%	Greenville, S.C.	24%
Hot Springs, Ark.	67%	Forsyth County, N.C.	23%
Auburn, Ala.	63%	Mid-Maryland.	23%
Grand Strand, S.C.	57%	Birmingham, Ala.	22%
Northeast Mississippi.	57%	Toledo, Ohio	22%
Waco, Texas	55%	Sarasota-Manatee Counties, Fla.	21%
Santa Fe, N.M.	51%	Gainesville, Fla.	20%
Asheville, N.C.	51%	La Grange, Ill.	19%
Lubbock, Texas.	50%	Midland, Texas.	19%
Tampa Bay, Fla.	46%	Fort Collins, Colo.	17%
Nashville, Tenn.	41%	Albuquerque, N.M.	17%
Richmond, Va.	40%	Orange County, Calif.	17%
Columbus, Ga.	38%	St. Petersburg, Fla.	17%
Cleveland, Ohio.	37%	Lexington, Ky.	17%
Boulder, Colo.	34%	Charlotte, N.C.	16%
Roanoke, Va.	33%	San Francisco-Marin, Calif.	16%
New Hampshire.	32%		

* These figures were based on per capita fees paid to Headquarters as of March 3, 2005.

2004 General Convention Update

Resolutions Committee Report

Eleven resolutions were submitted to the Resolutions Committee that were not reported to the General Convention body. *Robert's Rules of Order* does provide for this option with a three-fourths vote or a two-thirds vote of the committee's members imposed "not to report" a resolution.

For information purposes, the Fraternity Council wishes the membership to be aware of these resolutions. All 11 resolutions may be found in their entirety on the Kappa Kappa Gamma Web site, along with responses from the Fraternity Council. Following are some of the resolution topics that were proposed to the committee: Advisory Board/Housing Committee, alumna members in good standing, guard pin recognition for Advisory and House Board members, placing all issues of *The Key* in their entirety on the Web site, task force to examine the demographics of Kappa Kappa Gamma alumnae, redefinition of active alumna status and new Membership Recruitment options among a few others.

It is hoped that you will take the opportunity to visit the Web site and review these resolutions. Your comments are welcomed.

Web Site Listings

Kappa Kappa Gamma member names, addresses and professions are now available on the "Members Only" side of the Web site. If you do not want your contact information available on the Web site, please call the Membership Services Department toll free at 866/KKG-1870.

Although membership information may be useful in finding a Kappa professional in your area, this information is not to be used for personal business or political or religious solicitation.

Answers from the Webmaster

Do you have a question about starting a Web site? Finding a form? Making a donation to the Foundation? Here are answers to frequently asked questions.

Q. Do many chapters and alumnae associations have their own Web sites?

Yes! To date we have the Web site addresses for approximately 50 chapters and 11 alumnae associations that have been reviewed and approved.

Q. Are there Kappa guidelines for completing these Web sites?

Yes! You may access "Web Site and Internet Guidelines" on the Fraternity Web site under the Resource tab and then Forms for Alumnae or Forms for Chapter Officers.

Q. How do we register our Web site with Kappa so that its address will appear on the Fraternity Web site?

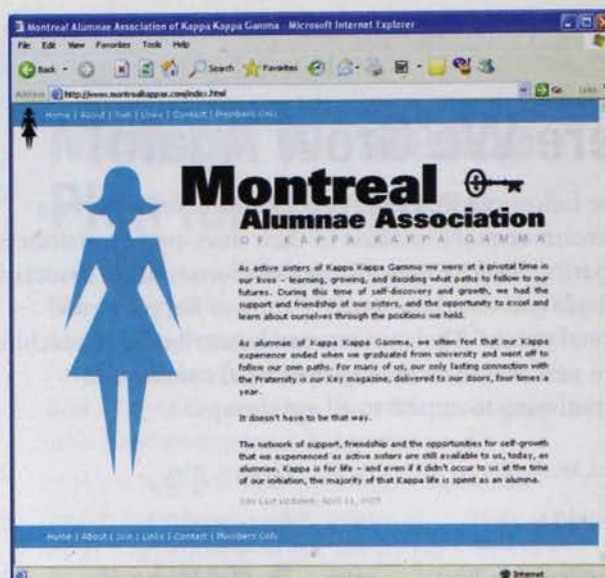
After reviewing the Fraternity Web Site and Internet Guidelines, send the Web site address to MARTHA ALLEN KUMLER, Fraternity Technology Chairman, at mkumler@columbus.rr.com, for approval.

Q. Where can we go to see some good examples?

Go to the on-line directory and click on any alumnae association or chapter. If a Web site address is listed, then that group has an approved Web site. They vary from one public page to many pages with both public and private password-protected areas. Chapter examples are: ETA THETA, *Harvard*, at www.krimsonkappas.com, BETA PSI, *Toronto*, at <http://kkg-uoft.cjb.net/>. Association examples are: Kansas City: www.kckappas.com, Montreal: www.montrealkappas.com.

Q. I want to donate to the Kappa Kappa Gamma Foundation on-line. How do I know this is safe?

Once you have the Foundation Donation Form open, you will see "https" in the address line at the top rather than "http," and you will see a small lock at the very bottom of the screen. The lock and https address signal security on any Web site.



Q. Are there forms, good ideas, reports and even the Fraternity Bylaws on our Web site?

Yes! In addition, under the menu "Learn About Kappa," you will find a public area featuring 10 good reasons for joining Kappa and information on how to start a chapter.

Q. Last month *The Key* had an article about the Web site and such things as how to locate my chapter members. I have lost that issue.

Visit the Fraternity Web site and look under *The Key*. You will find the current issue of *The Key* as well as archives for past issues.

Kappa Reunions

Planning a Kappa reunion is one of the best ways to rekindle memories and renew friendships made during college days. The Kappa Web site has a step-by-step procedure for planning a Kappa reunion.

Reunions that are registered on the Kappa Web site will be posted and advertised on this site.

To log on to the Kappa Web site at www.kappa.org, you will need your member number, which can be found on your mailing label from *The Key* magazine. Once logged on, go to the alumna page by clicking the tab Stages of Membership at the top, then click on Alumnae: Stay Connected: Planning a Reunion.

A Legacy of Service

"I don't know of many people who can say they have worked for a company in which they were personally and professionally guided by the values and ideals held by the organization." With these words about Kappa Kappa Gamma, LILA ANNE ISBELL, *Montana*, ended her years as the Fraternity's Executive Director. A native Californian, Lila felt it was time to move closer to her family.

After her experience as a Traveling Consultant in 1987-88 and other volunteer service, Lila joined the Headquarters staff in 1992 as Director of Business and Operations. She became Associate Executive Director in July 1998, Interim Director in June 2000 and was named Executive Director in July 2001. Her position brought her into contact with other fraternity executives in the Greek world, where she represented Kappa Kappa Gamma with style and grace.


The sixth Executive Director in Kappa's history, Lila has made her own unique impression upon the position. Known for her "thousand-

watt" smile and hearty laugh, Lila has been a gracious hostess for many meetings held at Fraternity Headquarters, as well as for visitors to our Heritage Museum. With warmth and people skills, she has generated a welcoming atmosphere for all at 530 East Town Street, Columbus, Ohio. Her degree in business administration and marketing supports personal leadership and coaching abilities, problem-solving techniques and team-player qualities, which have made her an excellent administrator. She supervised the renovation of three major areas of Fraternity Headquarters, a technology review that resulted in conversion of the entire membership database, and a Web site revision, while serving with four Fraternity Presidents. Lila's rare spare time was spent enjoying golf, gardening, skiing, reading and her church, along with loving care for her delightful home and two cats.

Reflecting on her service, Lila says, "A bridge offers a method of convenient passage between two subjects. The job of Executive



Director is a bridge that connects ideas and projects of Council and volunteers with the operations and support services of Headquarters staff." The five women who preceded Lila as Executive Director "provided a legacy of outstanding business practices," she says. "As 'number six' I added boisterous laughter, high standards for staff performance and a passion for giving my all to the position."

Remembering meetings at Headquarters, Lila recalls sharing "laughter, tears, brilliant ideas, life events and lots of M&Ms with so many incredible people." Anyone who was part of one of those meetings will smile with every bite of an M&M, recalling sweet times with Lila. 

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Are You an Owl Out on a Limb?

Continue the Kappa Experience...

by enjoying the friendships and fun that come with participation in an alumnae association.

Please provide the following information via e-mail to kappaowls@kappa.org or complete the form below and send it to SALLY COWDERY SPENCER, *St. Lawrence*. She will put you in touch with the alumnae association nearest you or with your Province Director of Alumnae.

YES! I want to know more about Kappa Kappa Gamma alumnae association opportunities near me!

Name: _____ Street Address: _____

City: _____ State/Province: _____ Postal Code: _____

Telephone: ____ / _____ Chapter/University: _____ Init. Date: ____ / ____

☐ New Address? ☐ New to Area? E-mail: _____

Last Address: _____

Mail to: SALLY COWDERY SPENCER, *St. Lawrence*, 2 Butterback Lane, Savannah, GA 31411 (kappaowls@kappa.org)



Expectations!

— By LOIS CATHERMAN HEENEHAN, Adelphi

We all have expectations of things to happen in our lives. They may be vague ... be happy, or specific ... be a doctor. They may depend on the expectations of others for us. Certainly every parent wants, works toward and expects the best for a child. Each of us may have dreamy expectations of a good life or well-visualized expectations of how to go about making what we want of life.

Expectations are generally things we look forward to, perhaps plan for and strive to achieve. We talk about “meeting expectations”—our own or those of others. We may have Great Expectations, as Charles Dickens titled his book. Or we may just aim to get through one more day as we face the expectation of blowing a fuse!

One thing we can be sure of in our expectations ... to expect the unexpected. You may have heard the expression, “Life is what happens when you’re making other plans.” We never expect some of the things that happen in our lives. How we deal with them comes from who we are, what we believe in and how we can adjust future expectations to work with reality.

Kappa Kappa Gamma has expectations for each of us and we, in turn, expect certain things from Kappa—friendship, support, the strength of unity and the joy of individuality. Some of the Kappas who tell their stories in this issue have faced events expected and unexpected. They may be making lemonade from lemons or rejoicing in reaching goals. Whatever their expectations, individual and group support from Kappa has helped them in their journey.

Stepping Out of the Darkness

A Young Kappa Copes with Bipolar Disorder

— By JENNIE NASH RAASCH, *William and Mary*

Imagine finding yourself in a new city with new friends and what seems like a whole new life—it's your freshman year in college. All of us who have gone through Greek membership recruitment have found ourselves in the same situation. Suddenly everything is new and exciting. At some point things start to settle down; you're not missing home so much and you're participating in school and sorority activities.

What if, after all the whirlwind of change and adjustment, it seems as if everyone around you is falling into a routine that makes sense, but you find yourself not sleeping or sleeping too much? Maybe you're crying because it's raining or because you can't find matching socks. Maybe you are crying for no reason at all. What if at the same time you are crying, the thoughts in your brain are moving at warp speed, with one thought running into the next. In the fall of 1997, my life was taking this turn.

It was my first semester at the College of William and Mary. I couldn't believe that I had been accepted to this prestigious school and that I had received an invitation to join Kappa Kappa Gamma. I was living the life I had always wanted.

The changes didn't come slowly. It was as though I woke up one morning and my brain had been traded for one that was malfunctioning. Have you ever seen one of those children's flip books that, when flipped fast enough, create a moving cartoon? My brain was a flip book ... only every page was different from the last. Horse, car, pink, toothbrush, book, cookies—they moved so fast sometimes the thoughts weren't even present long enough to form a picture. These "rapid thoughts" were reflected in my "pressured speech." I could not speak fast enough to express what I was thinking or feeling. This speech has earned me the somewhat endearing nickname of "buckshot" like the ammunition fired out of a rifle that goes ALL OVER.

Though amusing to some now, it was annoying and sometimes frightening to my friends and family. All were signs of the mental illness that was plaguing my young brain. Soon, I stopped showing up for classes because not only had I lost patience for Faulkner and statistics, but I also started indulging my brain in the two things that slowed it down: alcohol and sleep.

Sleep was the escapee in my life that I could not catch. It took large amounts of alcohol to get me to sleep for only a few hours. Alcohol doesn't help any situation, but out of desperation it seemed like a good option. It was just another sign that my life was not normal.

College life grew progressively worse until I had to withdraw a year later. A few tumultuous years went by before I was finally diagnosed as manic-



Despite battling bipolar disorder, JENNIE NASH RAASCH, *William and Mary*, is living the life she dreamed of with her husband, Eric.

depressive, or bipolar. Though frightening to face such a diagnosis, there was huge relief to have a grasp on what had been affecting my thoughts, actions and decisions for the past several years. It took a couple more years to settle on a medication that helped with the insomnia, rapid thoughts and other effects of the illness, without causing negative side effects.

Throughout the course of my first few years dealing with and adjusting to the illness, I struggled with suicidal behavior and a few hospitalizations. Though never hospitalized against my wishes, my experiences in behavioral clinics were eye opening to the fact that so many others are facing this struggle with mania and depression.

Lining the many layers of any struggle with mental illness is the stigma attached. This stigma often slows the diagnostic process and hinders true help for those who need it most. Though I too faced struggles within myself and with my family and friends, over time I learned where I could turn for support. I knew that I had to find a way to depend on myself and know my limits, but I also knew that once my friends and family learned what they could do to help me, they would step up to the plate.


In my situation, being surrounded by a military family gave me the comfort of health insurance, but it also made it harder to seek help when I felt that my diagnosis could affect and hinder my family and my father's career. Now, married to a Marine officer who is the love of my life, I find strength in his support and do not hide from the fact that information about my continuing struggle with bipolar disorder may help others.

Four years after being diagnosed, I am living in sunny California and finally back in college pursuing my interest in dentistry. A number of things that helped me reach this point were a few good doctors, continuing therapy, an extremely understanding and loving family and husband, and the realization that I couldn't wait for the right kind of medication to be invented to take my life back. With a more balanced diet, exercise, regular visits with a doctor and therapist and careful monitoring of my moods and emotions, I am back on my feet and taking only one type of medication.

As research expands our understanding of mental illness, I hope it will always be a priority for Kappa Kappa Gamma to support its members and their families. Though exercising the respect of one's privacy is paramount, caring and under-

standing a member's struggles is something that can expand from the chapter Standards Committee to entire chapters and beyond.

There were many Kappas who showed me complete support. Whether it was Meredith getting me out of the house to a movie or dinner when I couldn't drive, or Tiffany meeting me for tea and listening to my fears and frustrations, or the many sisters who simply helped get my mind off of my daily struggles to remain balanced, I was shown love and loyalty, for which I am eternally grateful.

Even though I almost lost my way during some very dark times, I can now look back and see that I am stronger for facing the darkness and fighting my way back into the light. 

*Jennie can be reached via e-mail at
sunshinejmn@hotmail.com.*

Jennie's Tips for Finding Help

If this seems familiar to your life or the life of a friend or family member, here are a few places to go for help.

- ♦ The National Institute of Mental Health:
<http://www.nimh.nih.gov/>
- ♦ The U.S. Department of Health and Human Services:
www.mentalhealth.samhsa.gov/databases/
- ♦ The Suicide Prevention Resource Center:
1-800-SUICIDE

For more information about bipolar disorder, here are some books that have been invaluable in my work to understand its effects on my life.

- *Bipolar Disorder, A Guide For Patients And Families*, Francis Mark Mondimore, M.D.
- *New Hope For People With Bipolar Disorder*, Jan Fawcett, M.D., Bernard Golden, Ph.D., and Nancy Rosenfeld
- Any of the books by Kay Redfield Jamison about her experiences as a patient with bipolar disorder and a psychiatrist treating the disorder, are helpful.

Leading the Way On a Path Least Expected

— By JULIE KROON ALVARADO, *Arizona State*

While many Kappas learn the names of our Founders, how many of us pause to consider the significance of their college attendance in the late 1800s—or what trailblazers they were when they created an educational and social fraternity for women? Remember, women were not allowed to vote until 1920 and were not admitted to Harvard's Business School until the late 1950s. Kappas have always celebrated a "Tradition of Leadership."

Setting out to lead does not necessarily mean we clearly know the path we will take, nor do many of us who set out to lead necessarily plan to be trailblazers. Certainly very few expect to step out onto a national stage with all the world watching.

ELIZABETH HYDIE SUMNER, *Colorado State*, has a free-spirited and outgoing nature, perhaps in part from growing up in Hawaii and jumping horses as a girl. When she chose to pursue a career in the financial services field, she envisioned that one day she might find herself in front of an international audience as a leader in a financial securities firm, not as a victim of discrimination. "I am really a very private person," said Hydrie. "I would prefer to be talking about stocks, bonds, investment strategies or investment banking services than about myself and my experiences."

Yet speaking in public is what she is doing, with a slight southern drawl that belies the steel beneath her words. Hydrie would like to think of herself as "giving voice to women and minorities who have faced discrimination." Although her education did not specifically focus on media or public relations, she has found herself catapulted into a very public life.

"When something is wrong," says Hydrie, "you cannot sit there and watch wrongdoing; it's incumbent upon you to step forward in any environment"—your career, your church, your school. "I always felt I was speaking up with reason and respect in hopes of making the workplace better for all."

Yet Hydrie found herself in a situation that defied reason. She is a credentialed investment banker with decades of experience and with her bachelor's in economics from Trinity University in San Antonio (where she transferred from Colorado State) and a master's in business from the McCombs School of Business at the University of Texas, Austin. For a man, these credentials would have brought more accounts,

more responsibility, mentoring from other brokers and eventually, with a proven track record, sponsorship into a management program at a leading financial services firm.

But in the 1990s, the firm Hydrie worked for seemed to operate as an "old boys network" where men were given what was needed to succeed and women had to make it on their own and were often treated like the only girl in the boy's locker room according to Hydrie.

Speaking up and pointing out wrongdoing within the firm was a difficult thing to do as Hydrie was labeled, passed over for accounts or assignments, denied a promotion into management and finally, made fun of. Ironically, Hydrie used all the proper management and human resources channels for speaking out for herself and for minority colleagues whom she had also watched being passed over.

"If women speak up, we are often called—well, not nice things," says Hydrie, but what I saw happening at the time was so egregious I had to take a stand."

In fact, 900 women joined Hydrie in speaking out through a discrimination case against the company. While 90 percent of these 900 women settled and silenced themselves with the financial giant in various stages, Hydrie went through legal recourse where she



HYDIE SUMNER, *Colorado State*, takes a stand against discrimination in the work place.



SISSY SAILORS, *Tulane*, CYNDY SANSING MYCOSKIE, *Texas*, E. HYDIE SUMNER, *Colorado State*.

The support of friends and family have sustained Hydrie as she journeys down an unexpected path in life. These three are all prominent women in San Antonio (lawyer, photographer and investment banker)—who first met at a Kappa Alumna meeting and now attend Kappa meetings together and go hiking.

was called even more names and endured more pressure and what might be called dirty tricks. And, of course, after her verdict the extensive news coverage began.

"When I saw how many other women had similar complaints and that the firm was still making little if any progress in the percentage of women financial advisers and managers, there was no choice but to move forward," says Hydrie about facing the pressure. "Litigation was my last resort in order to create a lasting, positive change," Hydrie explains. It was never about settling her case and accepting a financial offer. "It was so important to make sure this never happens to anyone else—male or female—and I wanted to return to the firm to be a leader and be put on a management track."

Financial firms will think twice about their promotion and management practices. The arbitration panel found in favor of Hydrie in the spring of 2004 and awarded her an unprecedented \$2.2 million. More important, they found a "pattern and practice" of discrimination, a legal precedent that can now be used in other cases. Hydrie spent spring 2005 back in the courtroom with her arbitration panel to discuss reinstatement to her job, another hurdle she wanted to face to again set precedent for those who feel they have to leave employment due to proven discrimination.

"I hope the publicity helps other people and other companies. I want them to take note and make change," declares Hydrie. "If you look around you and everyone looks the same as you do, get a consultant into your company to find out if there is a problem."

For someone who had not spent a lot of time being trained for media exposure, Hydrie found herself on *CNN* and *ABC World News Tonight*, among others. She continues to work in finance while speaking out about her experiences. Hydrie


intends to continue to interact with everyone with "humor and respect—appropriate humor," she says with a chuckle. "Men and women need to think a bit more about what is appropriate humor in the workplace." Hydrie has to keep a sense of humor and grace about her to counterbalance the negativity she has felt through the last decade.

Although she has now spent more years in litigation than she would have imagined and given up a lot of her privacy, Hydrie will not curtail speaking out nor curtail her community involvement.

Part of her community involvement has always included mentoring young women. As she has moved down the path she did not expect, she has found creative ways to educate young people about her career and her choices. In fact, she took two teenagers with her to one of the television interviews so they could see the internal workings of a studio. When a friend's daughter was having trouble with math, Hydrie said she could teach her in minutes. Hydrie changed the math problem to a shopping problem and talked the young woman through percentages and dollar value when buying an outfit at the mall.

When asked by one of the prominent women in San Antonio how she would know if she was successful, Hydrie gave an unexpected yet truthful answer that reflects what she has been through: "When I walk into a room and people treat me normally and do not walk away."

When receiving accolades from other women about her bravery and tenacity, Hydrie merely shrugs them off and talks about the women who fought for the right to vote, and the women of the civil rights movement and even Kappa's Founders. It's very simple to Hydrie: "Kappa teaches you to believe in yourself and your convictions, even when others believe you are wrong, and to have the courage to be a leader even if it is on a path you least expected."

Add another Kappa to the list of female trailblazers. 

Dissolving Ignorance About Drug-Induced Assault

— By SHANNON CLOUSTON, *Cornell*



MEGHAN GARDINER, *British Columbia*, performs in her one-woman show, "Dissolve," which educates audiences about drug-induced sexual assault.

Triumphing over pain to turn tragedy into art is a quality that has defined the contribution of some of the world's greatest talent and it's what has set apart actress MEGHAN GARDINER, *British Columbia*, from her performer peers.

During a night out on campus with friends, Meghan's drink was unknowingly "spiked" with drugs and she became a victim of an often overlooked and under-reported crime. Four years later, Meghan has turned her anger and frustration into a poignant one-woman show called "Dissolve."

"I consider myself a lucky survivor versus an unlucky victim," says Meghan. "Many victims have had more horrific experiences than mine."

First premiering in September 2003 at Vancouver's Fringe Festival, "Dissolve" takes a serious look at the subject of drug-induced rape with an ironic sense of humor intended to throw the audience off guard. "It's a bit of a black comedy," Meghan says. "I want the audience to recognize the characters and laugh about it so they can then recognize how bad it is to actually laugh. Ultimately it's like a big punch in the gut."

The main theme of "Dissolve" is how we, as a society, are not educated enough on the topic of sexual assault. "We don't think it will happen to us, our friends, or our daughters," Meghan says. "So, in the show, I play 14 characters whose common thread is ignorance. And their combined naiveté ultimately results in the lead girl getting drugged and assaulted, with no one seeing the signs or symptoms that culminate in this event."

Meghan and a close friend, who helps produce the show, first thought they would only perform the six shows at the festival. But,



Meghan's Safety Tips

- Never, ever, ever leave your drink unattended! If you want to dance, or go to the washroom, finish your drink before you go. And, if someone offers to buy you a drink, go with them and watch the bartender make it. Be especially wary of punch bowls, and remember, nonalcoholic drinks can be spiked, too.
- Stick with your sisters! Know their intentions before you go out, and make a game plan that doesn't change. These drugs take 20-30 minutes to kick in, so if you know how little your friend has had to drink, that may be your first clue. Don't assume they just decided to have a wild night and leave them.
- If you suspect that your drink or your friend's drink has been spiked, get to a hospital immediately! These drugs are flushed out of the system very quickly, and a urine sample is the most reliable source for testing. Try not to go to the washroom until you get to the hospital, and definitely don't shower or change your clothes. There could be very valuable evidence on you, and in you.
- If someone discloses to you that this has happened to them, BELIEVE THEM! If you don't, they may never tell anyone again, and your support is the only way they are going to get through this horrific event. There are also wonderful counseling services available across North America. Talk to your chapter Risk Management Chairman for more information.
- Have fun, but be safe! Awareness is the first step toward prevention.

by last count, the show has been performed more than 85 times. And universities and high schools aren't the only venues requesting a performance: "Dissolve" has been performed at conferences for police, doctors and counselors to name a few. "It doesn't have a specific audience," Meghan says. "It's harsh so it needs to be a mature audience, but there are many environments where all the 'ingredients' for sexual assault are out in the open."


The power of her show has been to give a "voice" to those who are too afraid, too shamed or too scared to speak up, she says. "I deal with survivors all the time and for them to be able to tell me their story is powerful; just because they are silent doesn't mean no one is doing something about the issue—it's an epidemic."

The road to finding a way to communicate her pain and teach others has certainly not been easy. It was a year after the attack when an acting professor assigned Meghan and her class to develop a premise for a one-person show. She explored a lot of different topics before touching on this one—and once she started writing, she just couldn't stop.

Meghan is grateful for the support she received after her ordeal—particularly from Kappas. "I received instant support from my Kappa sisters," she says. "They were incredible and really helped me get through it."

And it's to her Kappa sisters that she wants to make clear the risks inherent to the campus environment. "It's important that Kappas know that education is the first step toward prevention," Meghan says. "It's so important to have a buddy system and look out for your friends and your sisters."

An aspiring actress, Meghan realizes that at some point she needs to turn her focus on her career and find a way to pass the torch of her effort. "I know I need to move on from it; it's a heavy topic, so I go through a lot of ups and downs of my own emotions," she says. "So I'm thinking about turning it into a screen play so it can be immortalized in a film that can reach as many people as possible—there is a bigger story here and it's important for as many people to see it as possible."

For more information about Meghan Gardiner and "Dissolve," please visit her Web site: www.meghangardiner.com. 

Chapter Advisers Are Key to Kappa's Future

— By ANN GRAHAM SCHNAEDTER, *Missouri*, longtime adviser to GAMMA KAPPA, *William and Mary*

A chapter adviser is in the best position to impact the future of our Fraternity.

Since advisers work so closely with our new members and the officers of our chapters, they become role models and examples of leadership, loyalty and lifelong service to Kappa Kappa Gamma. Many current advisers will agree that they receive much more than they give, and enjoy the relationships they establish with the young chapter members.

Advisory Board/Housing chairman and former Kappa North PDC, FRANCESCA DEMARCO, *William and Mary*, admits that there were times as an adviser to DELTA TAU, *Southern Calif.*, that she was tired and didn't feel like going to a meeting. She says, however, that she "always came away with renewed energy and feeling really positive." She credits her own adviser during college days as being a role model and the ideal of what a Kappa should be.

A young chapter officer writes to her adviser, "You are truly the backbone of all our successes. Your generosity with your time, sincerity and integrity provide me with great ideals and aspirations. So often in college I find myself not having the strong role models I always had growing up. However, fortunately, because of you and our advisers, I am quickly reminded of who I am and the ideals with which I was raised."

It is true that on the college campus today, our chapter members are bombarded with choices on attitude and behavior at a time when they are out on their own without the family safety net. A sorority provides this safety net plus a support group with, hopefully, the same ideals with which our young officer says she was raised. Advisers can help a chapter learn the tradition of leadership so that the members blossom into young women who will continue the tradition.

Advisers add continuity to a chapter's tradition, just by longevity. As new officers take on their duties,

they often are too ready to go by what the previous officer had done, which could have been wrong for several years. Advisers can keep them on track by pointing out Fraternity policies on the right way to conduct chapter business. Advisers also carry the chapter's history ... perhaps even knowing what is stored in closets or archive files, which most chapter members may know nothing about.



KATE HEALY, president of DELTA TAU, *Southern Calif.*, and president of the campus Order of Omega society, presents the John Hubbard Award for Alumni Support to FRANCESCA DEMARCO, *William and Mary*, (left). The award has been given since 1980 and its recipients include deans and faculty members as well as prominent community members.



An adviser to EPSILON ALPHA chapter, *Texas Christian*, watches actives and advisers conduct an interactive activity in communication skills and trust during Leadership Day.

How do we convince alumnae to accept these positions?

Many of our chapters are in need of advisers. These chapters have alumnae residing in the area but still are unable to recruit the help they need. Some of the excuses include, "I've been out of school so long that I've forgotten a lot," or "I can't imagine that these young women want someone my age hanging around." If it is possible to have an informal reception with a chapter, allowing the alumnae to meet active members, often the collegians themselves will win us over. We need to assure prospective advisers that there is so much support from the Fraternity, from training to resources, both human and written.

It is so important for outgoing advisers to thoroughly train their successors. Also, each adviser can learn about officer duties from information contained in the *Leadership Guide* and in our Fraternity Bylaws and *Standing Rules*. There is always immediate help from the Province and Regional Directors of Chapters. These women can help with questions or problems, or even visit a chapter to help with recruitment, Initiation, etc.

How can you become an effective adviser?

Chapters conduct a Leadership Training day, which you will attend with other advisers and the outgoing and newly elected chapter officers. You will also attend Triplet Meetings, where the outgoing officer goes through her duties with the incoming officer.

It also is beneficial to establish a relationship early with the chapter officer, either through a lunch or coffee date or some other means of

getting to know each other. Just listening to ideas on how she wants to run her office or learning what her hobbies or interests are and sharing yours will make her feel at ease in coming to you for ideas or assistance. The idea is to establish a friendship, not to be a stand-in for a parent.

What is the adviser's role?

It is not to do the officer's job, but rather to guide and assist her in doing it—to keep track of her calendar of activities, when reports are due and offer assistance, sign permissions when an event is planned, be there for support, make sure she understands the Fraternity policies, among other things. After all, it is their chapter, and the Fraternity wants them to be self-governing.

Holding a chapter officer position prepares our young women for leadership roles after graduation. At their side, as an adviser, you will share the joys of their successes, cheer as they welcome new members on Bid Day, and feel the pain of any failures. And, yes, it is okay to let them stumble once in a while. When they find they are stuck with a dozen un-paid-for T-shirts, the next time they will collect the money with the order. They learn from these challenges as much as they learn from their successes. One young businesswoman recently remarked, "When you learn to organize Recruitment, you can run anything."


How do you train your successor?

She will attend the Triplet Meetings and Leadership Training, but it shouldn't end there. By sitting down with her, one on one, going over the *Leadership Guide*, and even notes you might have compiled about the job, you will give her a measure of confidence ... that, plus the

assurance that you are only a phone call or e-mail away if she has questions. It is a good idea, if possible, for those on an Advisory Board to rotate jobs every two or three years. This way no one experiences burnout, and if one adviser is out of town, someone who had the job before could step in to help.

There are so many chapters without advisers, or with only one or two, that the concept of long-distance advising was born. If you travel, even once a year, to a city that has a chapter in need of advisers, you could apply to be a long-distance adviser. These days, with e-mail and cell phones so prevalent, it is not even necessary to visit the chapter. And if you live close to a chapter, with e-mail and phone contact you can still be a great source of help to a chapter in need.

At the 2004 General Convention in Kansas City, outgoing President ANN STAFFORD TRUESDELL, *Ohio Wesleyan*, challenged members by encouraging us all to "Do something that matters. Each of us," she said, "has a value to add, a strength to share." Maybe that "something" is being a mentor to a chapter.

Fraternity Vice President DENISE RUGANI, *UC Davis*, summed it up best, when, as Director of Chapters, she wrote, "Commitment to Kappa will preserve our past and inspire the future." Advise a chapter. Be a part of Kappa's future! 



Chapter Adviser JAMIE RALSTON HENDRY, *Bucknell*, (center) meets with members of Delta Phi Chapter.

Tips for Effective Advising and Mentoring

- ◆ Be a good listener—establish regular communication with your advisee.
- ◆ Be patient and open to change (Try to avoid "When I was in school ..." statements that dwell on the past.)
- ◆ Allow your advisee to learn from her mistakes.
- ◆ Know your Fraternity resources—make sure you have all the written resources recommended for your position.
- ◆ "Cue" your advisee well in advance of her report deadlines.
- ◆ Encourage your advisee to find her own solutions and to use her committee members.
- ◆ Praise and encourage whenever progress is made.
- ◆ Support other Advisory Board members when their officers are in peak periods (Recruitment, Initiation, etc.).
- ◆ Train your successor and follow up periodically to see if she would like a quick "refresher" on her responsibilities or if questions have arisen since your initial office change-over
- ◆ Be willing to rotate and learn a new job every two to three years, if possible.

How You Can Help

For a list of chapters needing advisers, please contact FRANCESCA DEMARCO, *William and Mary*, Advisory Board/Housing Chairman, c/o Kappa Kappa Gamma Fraternity Headquarters, P. O. Box 38, Columbus, Ohio 43216-0038 or via e-mail: fdemarco1870@earthlink.net.

Expectations

A Message from the Foundation President

It's hard to believe that we are nearly halfway through another year. For most, college terms have ended, families are planning vacations, and it's time to put our feet up and enjoy some time off. Where does the time go?

For the Kappa Kappa Gamma Foundation, there really isn't any time off. Throughout the year, the dedicated Foundation staff and volunteers continue their work of helping Kappa sisters around the world.

Expectations are discussed in this issue of *The Key*. Most of us have expectations of what we want to do in life. But things can change in an instant and worlds are turned upside down. The Kappa Kappa Gamma Foundation strives to help Kappa sisters whenever we can.

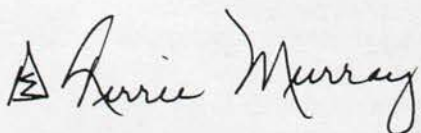
There may be a Kappa who didn't think she would need a scholarship, but family situations can change, and a collegian or graduate student may need our assistance. An alumna may be diagnosed with a serious illness or suffer through a catastrophic situation like a hurricane or tornado and need help from our Rose McGill Fund. On an ongoing basis, the Kappa Kappa Gamma Foundation offers leadership training opportunities to undergraduates and graduate members. It could be a training course at a chapter or alumnae association meeting, or participation in our Leadership Academy that inspires a new leader or a new direction in life.

We simply couldn't provide these opportunities if it weren't for generous contributions from our individual members, our chapters and alumnae associations. Our members are our lifeline, the link that connects Kappas everywhere.

Our hope—our expectation—is that you will consider a donation to the Kappa Kappa Gamma Foundation. Help us continue the good work of helping Kappa sisters.

Enjoy summer!

Loyally,



KERRIE QUINN MURRAY, *Idaho*
Foundation President

Kappa Kappa Gamma Foundation Board of Trustees 2004-2006



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Tech, Trustee

The Omega Society

The Omega Society honors those donors who significantly influence the future of Kappa Kappa Gamma by making a provision in their wills or through any deferred gift to benefit the Kappa Kappa Gamma Foundation. We are pleased to present five profiles of donors, each of whom has made future plans to benefit the programs of the Foundation. We thank them for their vision and support!



◆ **MARY JANE JACKSON CRIST**, Arizona, named the Kappa Kappa Gamma Foundation the beneficiary of a life insurance policy in 1988 as part of the Adelphe Campaign. Mary Jane is a charter member of the Adelphe Society which was formally announced at Convention in Boca Raton in 1988. She was the first Development Committee Chairman of the Kappa Kappa Gamma Foundation, which was founded in 1989. She served in that capacity through 1992. She was a member of that committee from 1986 to 1994. Mary Jane also named the Kappa Kappa Gamma Foundation the beneficiary of a retirement annuity when the Omega Society was formed.

When asked about the inspiration for these gifts, Mary Jane said, "I believe the Fraternity played a huge role in my life and who I am today, and I want to give something back. I also believe in leading by example." When Mary Jane made her gift naming the Foundation the owner and beneficiary of a life insurance policy, this was the best means for her to become a major donor. Mary Jane is the CEO of the St. Joseph's Foundation and the Barrow Neurological Foundation in Phoenix, Arizona.



◆ **SHELLEY MELVIN**, West Virginia, has named the Kappa Kappa Gamma Foundation the beneficiary of her charitable remainder unitrust. Shelley says she chose Kappa "because I have no children and Kappa has long been a part of my life. Kappa has had a significant impact on my life and I believe in what Kappa is doing. I have attended more than 10 Conventions, and I have held numerous volunteer positions. While scholarship is the program area most dear to me, I made my gift unrestricted so Kappa can use the funds for the greatest need at the time. I hope and know that some portion of my gift will be used for scholarships because that is always going to be a focus for Kappa."

While attending a planned giving seminar, Shelley learned about charitable remainder unitrusts and found that this was a sensible way for her to make a planned gift to the Foundation. She has enjoyed getting to know the Foundation staff and volunteers, and she is happy knowing that she is providing for the future of Kappa Kappa Gamma.



◆ **LAURA PALMER**, Auburn, has named the Kappa Kappa Gamma Foundation a beneficiary of her IRA. Laura learned about charitable giving at a young age from her father. She was taught to give to her church first and then to organizations that were important to her. When asked about her current and deferred giving to the Foundation, Laura said, "If you are inclined to give, then your IRA makes perfect sense from a tax planning perspective because you avoid ordinary income tax and estate tax. I have found that the more I give the more I have."

Laura's involvement in Kappa has continued to grow since college on both the local and national levels. She is impressed by the undergraduate and graduate scholarships and emergency financial aid that is provided to those in need. Laura is happy to give because she has found that "Kappa is for a lifetime." Laura is a group vice president in the Wealth and Investment Management division of Sun Trust in Atlanta, Georgia.

continued on page 22



◆ **ELIZABETH ALEXANDER PRICE, Texas,** decided that a charitable gift annuity was the way she wanted to make a planned gift to the Foundation. Elizabeth loves to travel, and she lists Australia, England and Hong Kong among her favorite destinations. When asked why she made this gift, Elizabeth replied, "Kappa has always meant so much to me, and I thought the charitable gift annuity was a way for me to give something back to Kappa. I was the Theta Province Director of Chapters in the early 60s. Our main slogan was, "Wear your key with pride and wear it so that others who come after you can wear theirs with pride." I was the president of the Dallas Alumnae Association the year the first McNaboe award was given, and Dallas was the recipient. This meant so much." Elizabeth pledged 72 years ago.



◆ **MARTHA "MARTY" GALLEHER COX, Ohio Wesleyan,** included the Foundation in her will. She said that she was most happy to include Kappa in her estate plans and even her husband said, "...shall we include Kappa?" When asked about her gift, Marty said, "From the day I pledged, but especially from the days when I worked at Central Office in 1940, Kappa has meant everything in the world to me. I met my husband through Kappa. I am fortunate to have friends all over the country because I was a Field Secretary."

Marty is also a 1984 Loyalty Award recipient, and former Director of Chapters, Director of Philanthropies, and Chairman of the Nominating Committee, among many other volunteer positions.

The Foundation is a tax-exempt 501(c)(3) organization, with the further identification of 509(a)(1) and 170(b)(1)(a)(vi), making our Foundation a public foundation with the broadest possible status. Our federal identification number is 31-6049792 and our legal name is the Kappa Kappa Gamma Foundation. For more information about *The Omega Society* or if you have included the Kappa Kappa Gamma Foundation in your estate plans and are not a member of the Omega Society, please call **MAGGIE SIMS COONS, Hillsdale,** Director of Planned Giving, toll free at 866/KKG-1870.

Foundation Contact Information:
Kappa Kappa Gamma
Foundation
P.O. Box 38
Columbus, OH 43216-0038
614/228-6515
866/KKG-1870 (toll free)
614/228-6303 (fax)
www.kappa.org

Rose McGill Fund— Supporting Those in Need

The Rose McGill Fund, established in 1922, provides confidential aid to deserving Kappas of all ages who unexpectedly find themselves in financial need due to misfortune or illness.

Dear Kappa Kappa Gamma Foundation,

How can I ever thank you and this wonderful Rose McGill program for coming to my rescue? All my options were running out, not to mention "myself" physically and emotionally. When I received the letter that you were going to help, my students asked me all day what was wrong? Why was I happy? I never knew how hopeless and down I obviously was in other's eyes, and children you can't fool! I really slept for the first time in months. No panic attacks—a feeling of warmth within.

You're all such wonderful and dedicated women and have no idea (yes, I'm sure you do) how you can literally change someone's life overnight. I've worked so hard and never wanted to be given anything that I could never repay. I'm more proud than ever to be a Kappa and will in some way repay what you're doing for me. In college, I was a member of the "Kappa Picker" song group (more common in the Southern states), and we played guitars and sang fun songs. The night after I got your letter, I sat down and started playing the guitar. I wrote a song and I will send it to "y'all." You won't know the tune, but the words describe how someone's life can be touched by the generosity of others.

I hope all involved with this are well, and please pass on my gratitude and deepest appreciation. This gift has shown the road I need to tackle, and I know I'm a survivor and will now, with a mind at peace, begin catching up. I will keep in contact with you and let you know how things are coming along.



MARY JANE CHALKLEY SCHOTT-TRUOG, *Missouri*, recently donated a jade belt buckle from the Qing (Manchu) Dynasty, 18th century China. The buckle is made of mutton fat jade, so named for its color and texture. The head of a dragon forms the main hook, and two upright archaic dragons are on the buckle.



ELLEN MARGARET FOWLER, *Drake*, has donated a 19th century burl walnut secretary to The Heritage Museum. The piece stands nearly eight feet tall and was the desk of her great grandfather. Ellen also donated Confederate documents that were collected by her great-grandfather during the Civil War.

Recent Acquisitions

The Heritage Museum and The Stewart House have rooms furnished with exquisite antiques and displays that depict what life was like in the 19th century. Each room has been decorated to the specifications presumed to be in place when their original occupants owned the buildings. Generally, the period represented in each museum is from 1850 until 1890.

What about objects that don't fit that period? It is well known that the people living during this period, the Victorian era, had a keen interest in collecting and antiques, so pieces from before 1850 may be displayed in the Museum since many Victorian homes contained interesting artifacts from previous eras. Then, as today, precious items were passed from generation to generation.

Committees for each of our museums search for pieces that fit the period of each home and also for objects that may not fall in the period but will greatly enhance the collections of our two museums. If you are interested in donating an item to The Stewart House or The Heritage Museum, please contact Archivist/Curator, KYLIE TOWERS, *Simpson*, at Fraternity Headquarters for details on the donation process.

Educational Area Grant Helps SMU Chapter

The Foundation Board of Trustees recently re-established an "Educational Area Grant" program to assist house corporations that are building a new house or making major renovations to an existing chapter house. The Gamma Phi Chapter House Corporation is the first house corporation to take advantage of this program. The Educational Area Grant Program will allow donors to make tax-deductible gifts to the Kappa Kappa Gamma Foundation to fund the

exclusively educational areas of the new Gamma Phi Chapter house, including such areas as study rooms, computer rooms and libraries.

The Gamma Phi House Board submitted supporting documentation and plans, and the Board of Trustees approved its proposal. Approximately \$1.2 million dollars of gifts will be sought to fund educational areas in the overall \$4 million dollar project, scheduled to be completed by June 2006. In

general, the educational area of a building project should be in excess of \$100,000 to be proposed for an educational area grant.



PGA Honors First Lady of Golf

— By ANN GRAHAM SCHNAEDTER, *Missouri*

ALICE O'NEAL DYE, *Rollins*, joins the ranks of such luminaries as Nancy Lopez, Judy Rankin and Barbara Nicklaus as the "First Lady of Golf," an annual recognition from the PGA of America for women who have had great influence on the game of golf.


For more than 50 years, Alice has accumulated an impressive résumé in golf, as a player, course designer and ambassador. Her accomplishments include: Two-time Champion, USGA Senior Women's Amateur 1978 and 1979; runner up 1977, 1981 and 1989; three-time champion Florida Women's Amateur; nine-time champion Indiana Women's Amateur; 11-time champion Women's Golf Association of Metropolitan Indianapolis; 12-time qualifier USGA Women's Open; Member of 1970 U.S. Curtis Cup team; plus a member of Indiana Golf Hall of Fame; and many more honors. Alice admits that these honors mean a lot to her, and that, like rolling in a birdie putt, they never get old. And, at 77 years old, she says it is still a thrill to be in competition in her city tournament.

Wife, adviser and assistant to well-known golf course architect Pete Dye, together they have designed some of the most famous courses in the United States. She admits that where she only sees piles of dirt, he envisions the finished hole, complete with flag. She says, in both marriage and their partnership; they use their differences ideally. She's the practical one where he's imaginative.

She has been an ardent crusader for changes in the way golf is played: for the use of forward tees and for shortening yardage to make holes more "player friendly." She was the first woman to be asked to join the American Society of Golf Course Architects, and in this overwhelmingly male environment, she also became its first female president. She was also the first woman member of the PGA of America Board of Directors.

Alice has written a book, *From Birdies to Bunkers*, offering a humorous insight into her personal experiences on and off the golf course. There are anecdotes on playing golf with the great Babe Didrikson, dining with Tiger Woods, working with

husband Pete on their projects while still winning tournaments and rearing two sons. In the foreword, Nancy Lopez calls her one of the greatest amateur golfers who ever lived. As a teen entering competitions against Alice, 30 years her senior, Nancy says she never forgot the lessons learned from this lady, her demeanor, her strategy, and how to accept both winning and defeat graciously. A great read for anyone who loves golf, the book also offers wisdom and life lessons.

Also in the book, Alice recounts how she became a member of Kappa Kappa Gamma. At age 16, in the Women's Western Golf Tournament, she met future golf great, PEGGY KIRK BELL, *Rollins*. She wanted to follow in Peggy's footsteps, attend Rollins, improve her golf game, and become a Kappa. Dreading "rush" (now Recruitment) she learned that sororities had to play intramural sports. She found that her ability to play golf was the first of many times where the game opened doors for her. 



2004 PGA "First Lady of Golf" ALICE O'NEAL DYE, *Rollins*

Learning Not to Be "Super-Mom"

— By ANN GRAHAM SCHNAEDTER, *Missouri*

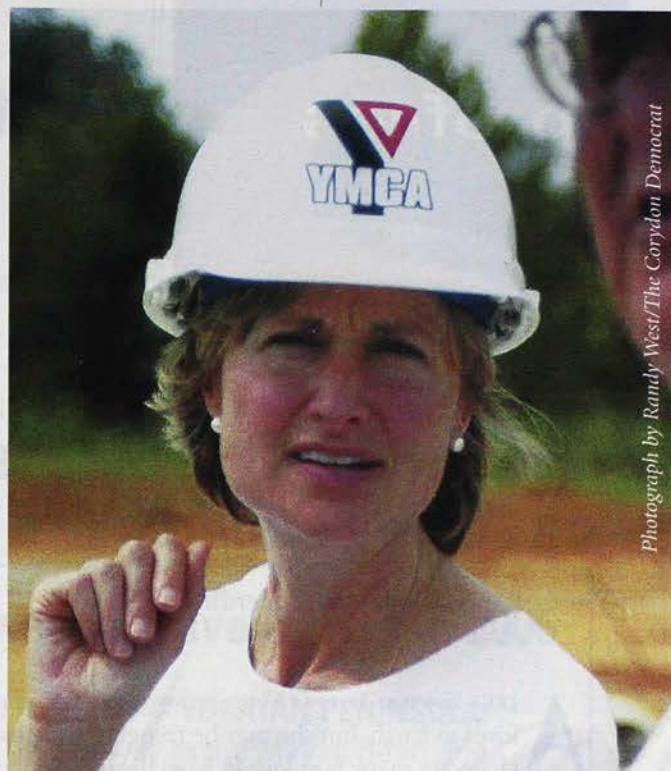
After several years as a stay-at-home mom, CATHERINE REIMAN TURCOTTE, *Indiana*, found her world turned upside down when a volunteer job turned into a full-time career. How she took an idea for her community and turned it into reality has earned her an award as a role model. She believes her Kappa experiences helped prepare her for the challenges.

In 2000, Catherine was happily rearing her daughters and enjoying her friends and Kappa alumna activities as well as volunteering in her community of Corydon, Ind. She had developed a vision for a nonprofit fitness facility and eventually she founded the Harrison County YMCA in Corydon. At the first planning meeting she agreed to serve as president of the board of directors, a position requiring about 20 hours a week. For two years she and her closest stay-at-home mom friends worked together organizing the YMCA and raising funds.

Later, when the executive director resigned after only 90 days on the job, Catherine agreed to act as interim director until the position was filled. She says, "I fell in love with the job, submitted my application and was hired." As executive director she oversees a \$6.1 million building project and 22 employees. While a new 40,000-square-foot facility is being constructed, 25 programs have been scattered among a variety of sites, including a temporary 2,500-square-foot fitness center. She is hiring additional employees and has managed to visit the building site about three times a week.

Catherine was recently given a "Gutsy Gal" award by *Today's Woman Magazine* of Louisville, Ky. As part of the magazine's Honoring Excellent Role Models program, Catherine was recognized as "A woman who has taken a position on an idea, and by pursuing her belief, influenced others to the betterment of her community."

A feature story about Catherine appeared in the magazine chronicling her transformation from full-time mother/homemaker to a 60-hour per week career outside the home. It wasn't easy. At first she tried to be "Super-Mom," starting a crockpot in the mornings or running home at lunchtime to marinate meat for dinner. After a few months, exhausted, she asked her husband, Arthur, a banker, for help with household chores. He happily took over some of the duties and has been instrumental in teaching their daughters, ages 13




Photograph by Randy West/The Corydon Democrat

After 10 years as a stay-at-home mother, CATHERINE REIMAN TURCOTTE, *Indiana*, returned to the workforce as the executive director of the local YMCA, which she helped create.

and 8, to take on age-appropriate responsibilities. The girls now prepare dinner three days a week with grandma's supervision. On the other two days they ride the bus to a soda shop near Catherine's work and then ride home with her. While Catherine exercises for 45 minutes in the mornings, the girls get themselves ready for school. They have not missed any after-school activities since one parent is usually available to leave work for a few minutes to drive them. She says this has taught her that it is OK to ask for help and that she does not have to be invincible.

Before she started a family, Catherine had worked as vice president of a large advertising firm and she had experience running a marketing/public relations company. The business experience gave her the background to hire and train staff, organize finances and oversee a tremendous budget. Her Kappa sisters during college encouraged her to take on campus leadership roles and she believes those experiences helped to mold her. Through Kappa she learned about networking, leadership, organization and parliamentary procedure. Her philosophy is that each person has a purpose and each part of life is a way of preparing us for what comes next.

The best lesson she has learned is not to try to "do it all." By learning to ask for help, she has found she can still be the kind of wife and mother she wants to be while enjoying a challenging career. She is thankful for a helpful husband and has proudly watched her children grow more responsible. 

Young Soap Star Shines on *All My Children*

— By NADINE NETTMANN, *Pepperdine*

ALEXA HAVINS, *Arizona State*, is down to earth and loves to laugh, but she may be recognized as the character many fans love to hate, Babe Chandler, from *All My Children*.

Born in New Mexico and reared in Arizona, Alexa wanted to perform since childhood. At age 3 she began dancing, and, by the age of 5, she was already performing in a professional dance troupe. Interested in singing and dancing as well as acting, it was when she entered college that she grew into the person she knew she wanted to be and set her heart on acting as a career.

Alexa majored in business and minored in theatre. Her parents had always been supportive of her performing desires but wanted her to get her degree first. After graduation, they treated the training process as 'graduate school' including voice lessons, acting classes and her attendance at the prestigious Circle in the Square Theatre School in New York. "I wouldn't be where I am today if it weren't for the support of my parents," Alexa says.

She was thrilled to learn she had landed a part on the long-running and highly praised daytime show *All My Children*, a show she grew up watching with her grandmother. It has been running since 1970, and many great actors got their start on the show.

Alexa sees acting as an extension of herself but with her current character, Babe Chandler, she gets to be a rebellious and free-spirited "wild child" who doesn't always think things through, thus landing her in some precarious situations, much different from Alexa herself.

Being cast on such a prominent show has changed her life in several ways, one being her relocation from Los Angeles to New York where the show is filmed. She also met her boyfriend, Justin Bruening, who plays Jamie Martin on the show. She is delighted with their



ALEXA HAVINS, *Arizona State*, enjoys her role as Babe Chandler on *All My Children*.

relationship. They are constantly laughing and help keep each other motivated.

But perhaps the most surreal experience of being on *All My Children* is Alexa's interaction with the public. When she is noticed, it tends to catch her off guard. Sometimes people will just stand and stare until she breaks the ice and asks them if they watch the show. They are then relieved and mention that they were too afraid to speak to her first.

A nominee for a Daytime Emmy, Alexa is learning to cope with fame and loves being able to use her name and her acting career to help people. Recently she helped raise money for charities including the Make-A-Wish Foundation and St. Jude's Children's Hospital. Helping others through her career was an easy transition thanks to her philanthropic work as a member of EPSILON DELTA CHAPTER, *Arizona State*. "The whole Kappa experience was wonderful, and it made the large ASU campus seem more like home," says Alexa. Kappa taught her leadership and commitment, especially when she served as Membership Chairman. Alexa is still in contact with many of her chapter sisters and is hoping to have a pledge class reunion soon.

Alexa spends her limited free time watching movies (especially comedies), going to the spa, catching up on sleep and, of course, studying lines. She has enjoyed meeting many celebrities but she was most excited to meet Kelly Ripa. She was about to tell Kelly how she is a fan, but instead Kelly began telling Alexa how she is a big fan of *All My Children*.

Alexa's advice to other Kappas following their dreams includes, "Don't be afraid of what other people think. See what you want and go for it. Don't take no for an answer!" 🗝️

Be A Kappa Traveler!

Enjoy stress-free travel, expand your mind with congenial, like-minded Kappas and friends when you book a quality, well-priced trip with KAPPA TRAVELS. We offer variety and value so you can travel to great places around the world.

Join us on one of our upcoming tours—a great way to celebrate a family reunion, a pledge class reunion or anniversary.

SWITZERLAND

August 3-11, 2005

Last call! Discover the Alps from Interlaken. Explore as locals do aboard trains, boats and funiculars. Stand on "Top of Europe" after a mountain ride to the Jungfrauoch. Relax during a steam boat cruise on Lake Thun and Spiez. Stroll historic Berne, Lucerne, Grindelwald. Unpack only once and stay seven nights at the 4-star Metropole Hotel, three full meals per day, welcome reception and farewell dinner. All excursions included in one price of \$1,995, plus air. Call AHI at 800/323-7373 very soon.



YORKSHIRE

September 18-26, 2005

All inclusive land program only \$1,995! Don't miss this special opportunity to visit England's dales, moors, villages and gardens with Kappas and friends. Stay seven nights at Harrogate's elegant Swallow St. George Hotel, a sprawling Edwardian manor. Journey to the Yorkshire Dales and have a private visit to Fountains Abbey. Explore York and visit its famous cathedral York Minster, Visit James Herriot Museum, Castle Howard, Haworth, and more. All meals, excursions included. Step back in time to this historic heart of England. Join other Kappas already booked on this beautiful trip...call AHI 800/323-7373 today for information and reservations.



Kappa Travels Trips in 2006

JANUARY — YUCATAN PENINSULA

The gateway to the Mayan Heartland.

MARCH — SICILY

Palermo, Corleone, Valley of the Temples at Agrigento.

MAY — ITALIAN RIVIERA

Explore Cinque Terre and Portofino and Genoa.

JULY — SCOTLAND

Visit Edinburgh, the Isles of Mull, Skye and Dunblane.

SEPTEMBER — PROVENCE

Beautiful Aix-en-Provence where Cezanne lived and painted.

For more information on these upcoming trips call Vera Marine at 626/446-3870.

All Kappa's Friends and Families are Welcome on Kappa Trips!

For more information, contact Kappa Travels Coordinator VERA LEWIS MARINE, Colorado College, at kkgtrav@aol.com or call 626/446-3870 or toll free

866/KKG-1870.

KAPPA TRAVELS



Monmouth College was the site of an art show featuring the works of several Kappas and their families. Enjoying the "All in the Family Art Show" are **KATY HUNT LEESE, Denison**; **CATHRYN TURNBULL MONGIAT, Oklahoma State**; **ELIZABETH HUNT O'BRIEN, Denison**; **NANCY TURNBULL BEHM, Monmouth**; and Nancy's son, Jeff Behm.



At a reunion in Telluride, Colo., these **UPSILON, Northwestern**, alumnae made plans to organize a scholarship for their chapter in memory of departed sisters.

Pledge sisters of **DELTA RHO, Mississippi**, enjoy a reunion at Gulf Shores, Ala., shortly before Hurricane Ivan struck in 2004. This group has kept a newsletter circulating since their graduation in 1961, and recently sponsored a collegian for Leadership Academy.



Members of the **LOUISVILLE (Ky.) ALUMNAE ASSOCIATION** participate in the Race for the Cure at the Louisville Waterfront Park Festival Plaza, raising \$500 for breast cancer research.



Enjoying a 63-year reunion on campus, these **BETA THETA, Oklahoma**, alumnae, who grew up in Tulsa and pledged together, board a trolley for a campus tour: **ELAINE YOUNG WOLF, MARY LOU ARNOLD LEWIS** and **BEVERLY BERRY DISNEY**.



Fifty members of the **GREATER LOS ANGELES ALUMNAE ASSOCIATION** attend a fall "Welcome Gathering." Six of the association's former Presidents, as well as women new to the area, were introduced. As an incentive to pay dues, names were entered into a drawing for a \$50 Bloomingdale's gift card.



The **LINCOLN (NEB.) ALUMNAE ASSOCIATION** named **MARY CAMPBELL FORD**, *West Virginia*, the "Outstanding Kappa of the Year." In addition to her work with local alumnae, Mary serves as Regional Director of Chapters for Region 4.



These **KAPPA, Hillsdale**, members of the class of 1970: **TRUDA YOUNG FAGAN, MARILYN HUEY PROCTOR, DIANE SMITH SOMERS, SUSAN McLAIN MILLER** and **JILL ROSS PATON**, enjoyed sailing, beach-walking and sightseeing in Hilton Head, S.C.



Three generations of Kappas gathered in Vail, Colo., for a family reunion and to celebrate the birthday of **NANCY COLEMAN KUHN**, *New Mexico*, left. Joining her are **KATHLEEN KUHN JOHNSON, ANN MARIE JOHNSON, SARAH PIERINI, CAROLYN KUHN PIERINI**, all *Oklahoma* and **KATHLEEN KUHN**, *Colorado*.

Members of **DELTA TAU, Southern Calif.**, enjoy a reunion at the Boise home of **PRISCILLA BARKER BRAUN** (left). Activities included a city tour, a Degas sculpture exhibit and a dinner theater presentation of Shakespeare's "As You Like It."



Celebrating their 86th birthdays, members of **GAMMA OMEGA, Denison's**, 1937 pledge class visit Yosemite National Park. Gathered in front of "Half Dome" Mountain are **JEAN SANBORN LOMBARD**, **JANIE KRIEG DRAKE**, **ELLEN CHALMERS McCANN** and **BARBARA WATSON SCOTT**. This is their sixth reunion in seven years.



Members of **OMEGA CHAPTER, Kansas**, enjoyed a reunion in Lawrence touring the campus and visiting the remodeled chapter house. Reminiscent of college days, **TERRY McCLUGGAGE LIGHTSTONE's** husband, Steve, who had been a waiter in the chapter house, served their dinner.



Members of **GAMMA DELTA, Purdue**, class of 1958, visit Williamsburg, Va., for a four-day reunion. Since 1978 they have met every five years.



Kappas from **THETA CHAPTER, Missouri**, gather for a luncheon reunion at the Kansas City lakeside home of **DIANE BLACK**, far right.



These **EPSILON RHO, Texas A&M**, roommates reunite annually, and recently celebrated their 40th birthdays in the Bahamas. At a "dolphin encounter" with Stormy the dolphin, are **SHELLY WYNN BISHOP, KIMBERLY BRAY PRUITT, SUSAN STEPHENS BROOKS** and **EMILY COX**.



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In Missoula, Mont., more than 100 actives, alumnae and friends watch as **MARLYS NELSON BARRETT**, (left), and **SUSIE MOORE CROCKER**, both *Montana*, set fire to a facsimile of the **BETA PHI CHAPTER** house mortgage at a "Burn the Mortgage" dinner party. Marlys spearheaded a drive to raise funds to pay off the loan.

Eighteen members of the 1990 pledge class of **BETA MU, Colorado**, celebrated the 10th anniversary of their graduation with a reunion in Boulder, where several of them also ran in the Boulder 10K race.



Following a tour of a Civil War-era plantation, which is now a bed-and-breakfast, members of the **WILLIAMSBURG ALUMNAE ASSOCIATION** try on vintage Victorian hats. After a luncheon on the property they conducted a meeting in the home's historic parlor. Pictured are **MARY ZIMMERMAN INNSKEEP, BOBBE LAMONT REDDING, CYNTHIA HARRIS CASHORE**, all *William and Mary*, and **SUZU ZACHERLE KLUNK, DePauw**.



ELIZABETH HARRIS KRUSE, *Missouri*, with an unfinished portrait of Matthew, one of her many pastel portraits of children.

Artist Specializes in Children's Portraits

With 10 grandchildren, artist ELIZABETH (IBBY) HARRIS KRUSE, *Missouri*, has an abundant source of portrait subjects. Since studying drawing at the University of Missouri and the Academie Julianne in Paris, she has continued her art education with watercolorists Charles Reid, Eric Wiegardt and Tom Lynch, as well as portraitists Paul Levielle and Leslie B. DeMille. Ibbey says pastels, used by the old masters and artists of the Impressionist period, lend themselves to the soft, brilliant, clear skin colors because they are pure permanent pigments. She can be contacted at rkruse@carolnet.com.

75-Year Kappa Still Shows Hollywood Glamour

A photo of MARGARET MCCONNELL PEREIRA, *Indiana*, taken during her days as a model and MGM starlet, adorned the invitation to the 30th Orange County Candlelight Concert, a Winter Wonderland fund-raising event for the Performing Arts Center.

Margaret began modeling part time to pay for art classes at the American Academy in Chicago. She eventually became the Camel cigarette girl and a contract player for MGM with a successful career until she married California architect William Pereira. A 75-year Kappa member, Margaret now resides in Scottsdale and is a member of the Kappa alumnae association there.

MARGARET MCCONNELL PEREIRA, *Indiana*



CAROLYN JONES LAURIE, *Kentucky*

Kappa Recognized as Super Volunteer

CAROLYN JONES LAURIE, *Kentucky*, is known in her hometown of Quitman, Ga. as a "super" volunteer. She is chairman of the Brooks County Public Library Board, is past president of both Brooks County Hospital Auxiliary and Rotary and serves on several boards. She volunteers for the Salvation Army Christmas bell ringing and numerous church committees. She was named Citizen of the Year of South Georgia for Victim Justice in 1997 and was Woman of the Year nominee in 1992 and 1995. She says she grew up with the philosophy that you don't know how much you can accomplish until you try.

Kappa Appointed to International Junior League Board

KAYCEE CARPENTER WIITA, *Utah*, president of the Junior League of Portland, Ore., has been tapped for the Association of Junior Leagues International, Inc. Board of Directors. Kaycee, a public relations consultant and an accredited member of the Public Relations Society of America, has been successful in building partnerships between nonprofit agencies and foundations for funding, resulting in new fundraisers and corporate sponsorships.

In her new position on the AJLI Board of Directors, she will be responsible for developing policies and structures that position Junior Leagues internationally as volunteer organizations that invest in the growth and development of their members and their communities. There are presently 294 Junior Leagues in four countries, making it one of the largest international organizations for women interested in making a positive impact in their communities. For more information visit the Web site, www.ajli.org.



KAYCEE CARPENTER WIITA, *Utah*



KEVIE GRIMES MIKUS,
Oklahoma State

VP of Human Resource Management Firm

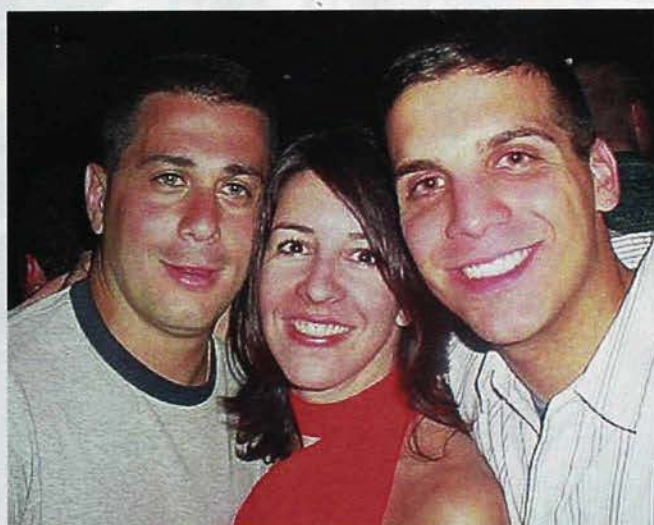
KATHERINE EVELYN (KEVIE) GRIMES MIKUS, *Oklahoma State*, has been promoted to vice president of The HR Group, a Nashville human resource management firm. She has worked for The HR Group for 10 years and is certified as a Senior Professional in Human Resources.

Kevie's areas of expertise include all areas of HR compliance, employee relations, disciplinary action and termination. She has extensive knowledge in conducting audits and harassment investigations, as well as the development of employee handbooks, performance management and evaluation tools, job descriptions and salary administration programs/compensation surveys.

Headquartered in Nashville, The HR Group is one of the Southeast's leading experts in employee benefits and human resources management. In her new role, Kevie will be working with all of The HR Group's clients and will be involved in developing new business for the company.

Kappas Raise Funds for FDNY Burn Center

The New York Firefighter's Burn Center Foundation is the beneficiary of a successful fund-raising event held by single members of the NEW YORK CITY ALUMNAE ASSOCIATION. With single members of the FDNY as guests, the young women hosted an after-work mixer at a local establishment, charging a cover fee, most of which went directly to the charity. More than \$1,500 was raised for the burn center at New York Presbyterian Hospital, which provides quality burn care to all in need. The basic happy-hour format, with food and a DJ, was so successful that this group plans to make it an annual event.



TONYA SEWELL, *Florida State*, participates in the New York City Alumnae Association's fund-raising event for the New York Firefighters Burn Center Foundation.

LEONE GUTHRIE REEDER, SMU

Chosen to Carry Olympic Torch

JOYCE GRAVES SAGE, *Texas A&M*, is one of seven employees of the Coca-Cola Company in the United States chosen to carry the Olympic Torch. A colleague nominated her for the inspiration she shows at work and in the community.

Joyce has a bachelor's degree in food science technology and has worked for Coca-Cola for 23 years. Though she has a neuromuscular disease (multiple sclerosis), Joyce says, "Being nominated makes me realize that people notice my positive attitude ... what you do every day can have an effect on those around you."

She says, "I never think of being an inspiration. I just do what I need to do to get the job done." Thirteen people, including her husband and children, traveled to Los Angeles with her for the event and lined the street holding handmade signs during her 400-meter leg of the relay.



Co-Chairman of U.S. Botanic Garden Fund

Long an active member of the Garden Club of America, LEONE GUTHRIE REEDER, *SMU*, has been elected co-chair of the National Fund for the U.S. Botanic Garden in our nation's capital. The fund was created to raise private sector funds to construct the \$15 million National Garden on the Mall adjacent to the U.S. Botanic Garden.

The garden, scheduled for completion in 2006, will serve as a teaching complex and outdoor annex for the Botanic Garden. The project is planned in three phases as funds become available. Phase one will be an area which will include rose and butterfly gardens. Phase two will be a regional garden showcasing plants native to the Mid-Atlantic; phase three, the First Ladies' Water Garden, and phase four, the Sen. John Heinz Environmental Learning Center. Leone, a member of the River Oaks Garden Club (Houston) and the Garden Club of Chevy Chase (Maryland) will play a key role in the fund's efforts to raise \$2.5 million this year. She served as president of the SHREVEPORT ALUMNAE ASSOCIATION several years ago, but says that this project is her passion right now. She says when the new National Garden is finished, it will have millions of visitors each year. "It will be the shining star on the grounds of the United States Capitol."



JOYCE GRAVES SAGE, *Texas A&M*



AILEEN MORGAN, South Carolina

Singer-Songwriter Releases New CD

Singer and songwriter AILEEN MORGAN, *South Carolina*, has released a self-titled CD, *Aileen Morgan EP*, which is presently getting airplay on radio stations from Canada to California, Boston to Greensboro. This is her second CD.

Self-taught on the guitar, Aileen's music spans several genres, from pop to jazz, Southern folk, rock and blues. Her music and lyrics are written from her own experiences and are distinctly her own, sung in a strong, clear voice that connects emotionally with the audience. Aileen began her musical education as a child living in Ireland, and earned a vocal scholarship to the University of South Carolina. While in Charleston, she absorbed the sounds and styles of music around her, developing her style.

Eileen has written music and performed with bluegrass artist Seth Morrison, studied with renowned jazz guitarist Bucky Pizzarelli and recorded with Southern folk artist Frank Carlier. As an artist, Aileen says she "tries to inspire people, enrich their lives and provide comfort and a sense of community" through her music.

She has recently been included on a compilation CD for the "Paris Blues Jeans" company carried at Nordstrom's and Macy's. The CD is to be given away during a national promotion.

Artist-Writer Enjoys Several Careers

One career isn't enough for KAYE BACHE-SNYDER, *Ohio State*. She holds two bachelor's degrees and two master's degrees (English and journalism) and has taught university-level English in the United States and Canada. A career in journalism saw her as correspondent for the *Denver Post* and region editor for the *Longmont Daily Times-Call*.

Kaye has had countless poems, short stories and feature articles published and, in 2002, the Denver Woman's Press Club honored her with their founder's award for a poem, memoir and personal essay. The Inland Daily Press Association, National Federation of Press Women and Society of Professional Journalists have also recognized her work.

She is also an artist, having studied at the Toledo Museum of Art, and she says that when she sketches outdoors, she writes notes that may become poems. And when she writes poems, she thinks scenically.

Finishing Line Press recently published a book of her poetry, *Pinnacles and Plains*, which expresses the appreciation of nature and life and the vastness of the Colorado plains and mountains. Called a chapbook, it is a short, focused book of poetry. One of the poems has been nominated for a literary prize and she was among 240 authors featured at Read, Colorado! in Denver during Colorado Author's Day.



KAYE BACHE-SNYDER, Ohio State



NANCY JOHNSON
JORDHEIM, *North
Dakota State*

Outstanding Alumna Makes a Difference

NANCY JOHNSON JORDHEIM, *North Dakota State*, has been recognized for her outstanding support of her alma mater with the 2004 NDSU Alumni Heritage Award. Her legacy includes a father, Roy Johnson, who received the honor in the '70s, and Johnson Hall, named for her grandfather, the late Roy Johnson. Nancy has served on the founding Board of Visitors for the College of Human Development and Education for six years. She also served on the Alumni Center Building Committee, Presidential Search Committee, the Memorial Union Board of Directors and became the first woman president of the NDSU Alumni Association.

Nancy was involved in campus life from the time she joined GAMMA TAU CHAPTER at NDSU. She participated in student government, speech, theater and Angel Flight. She holds two master's degrees: One in education from Arizona State University and a second one in guidance and counseling from Minnesota State. A former teacher, counselor and junior high principal, she presently is assistant superintendent for Human Resources for Fargo Public Schools and is active with the university's Development Foundation.

Nancy claims that the awards and recognition are not what drives her. Making a difference in one person's life for any amount of time keeps her going. "If I said the right thing, or hugged the right person, or listened in the right way ... I've done all I would hope to do," she says.

Creator of Fitness Products for Travelers

To help business travelers maintain an exercise schedule while on the road, KAREN HISER, *Virginia Tech*, has created the Healthy Travel Network. The mission of her company is to help travelers overcome the frustrations of limited hotel fitness equipment, lack of time or forgotten workout clothes.

Her first product is a Travel Fit Kit providing travelers with an easy workout in the privacy of their hotel room. The kit, in a convenient travel pouch, includes exercise bands and a CD containing three different training programs.

For travelers who prefer to use hotel facilities, Healthy Travel Network includes a database of hotel listings containing detailed information about each hotel's fitness equipment and access to running trails.

Karen provides healthy travel tips in the Healthy Travel Network's monthly online newsletter, as well as in a monthly column she writes for the *North Carolina Journal for Women*. When she's not designing exercise programs, Karen lives with her husband, Mark Uebel, in Morrisville, N.C., where she is vice president of services for a local software company. She also enjoys running, golf, Pilates, yoga and weight lifting.



KAREN HISER, *Virginia Tech*

Hospice Program Creator Honored

During the Children's Hospice International World Congress held at Edinburgh Castle, Scotland, SHANNON FLAGLER BRUGGEN, *Kansas*, is recognized for her innovative program development for children with life threatening conditions and her contributions to hospice and palliative care for children. The Rt. Hon. Jim Wallace, QC MSP, Deputy First Minister and Minister for Enterprise and Lifelong Learning presents the award. One of five recipients, Shannon was the only winner from the United States.



SHANNON FLAGLER BRUGGEN, *Kansas*



KAREN STEDTFELD OFFEN, (left), and SHARON IRWIN ALLEN, *Idaho*

Idaho Kappas Receive Honorary Degrees

The University of Idaho has conferred honorary degrees on KAREN STEDTFELD OFFEN, *Idaho*, left, and SHARON IRWIN ALLEN, *Idaho*. Karen, who has master's and doctoral degrees from Stanford, is an independent scholar and an affiliate with the Institute for Research on Women and Gender at Stanford. She is a prominent authority on women's history and one of the first to focus on the differences between European and American feminism. She has become one of the best-known American scholars in Europe for her works. She was awarded a degree of Doctor of Humane Letters.

Sharon, who also delivered the commencement address, was given the degree of Doctor of Administrative Science. She is chairman of the U.S. Board of Directors for Deloitte & Touche, the first woman to be named chairman of the board of a major accounting firm. *Accounting Today* recently named her as one of the Top 100 Most Influential People. Her commitment to the University of Idaho includes co-chairing the National Campaign Committee and serving on the College of Business and Economics Advisory Board.

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Young Actress Works with Big Names

Active in entertainment since childhood, CHANDRA LEIGH DURKIN, *Rollins*, enjoyed her recent role as stand-in/double for actress Renee Zellweger while filming the movie, *Cold Mountain*, in Romania for four months.

Chandra also played a supporting role in the movie, *Monster* (2003), and was actress Christina Ricci's stand-in/double. Now using Chandra Leigh as her professional name, Chandra graduated in 2002 with a theater arts degree. She says, "Dreams can come true. I have taken with me the values instilled from Kappa, which has helped enrich my life and career. I hope to inspire others to never give up on their dreams." More information can be found online at <http://hometown.aol.com/chandraact/myhomepage/business.html>.



CHANDRA LEIGH DURKIN, *Rollins*, (right) with fellow actress Renee Zellweger.




DEBORAH OATES ERWIN, Arkansas

Cancer Screening Program Brings Honors

The Arkansas Alumni Association names DEBORAH OATES ERWIN, *Arkansas*, associate professor of surgical oncology at the University of Arkansas, one of ten distinguished alumni. She was awarded the Community Service Award.

Deborah is also the associate director of education at the Arkansas Cancer Research Center in Little Rock and is co-founder of the Witness Project, a breast and cervical cancer education and screening program for African-American women. This project was developed in rural Arkansas and has expanded to include African-American cancer survivors and lay health advisors in programs in over a dozen states.

Deborah is also the recipient of the Susan G. Komen Breast Cancer Foundation and National Cancer Institute Community Service Award. 

Thank you to these Kappas for serving as local Alumna Panhellenic Association Presidents:

FIONA MC CRACKEN ALLEN, *Texas A&M*
(Arlington, Texas, Panhellenic)

ONDI ASHE LYON, *Tulsa*
(Clear Lake Area, Texas, Panhellenic)

AMY COWAN PETERSON, *Texas Christian*
(Elmhurst, Ill., Panhellenic)

PEM BARTON DOLLAR, *Missouri*
(Fresno, Calif., Panhellenic)

JONI FEIGER RAGLE, *Illinois*
(Georgetown, Texas, Panhellenic)

LAURA WHITEMAN, *Bucknell*
(Stuart Area, Fla., Panhellenic)

DEBBIE RIGGS GRILLOT, *Oklahoma*
(Tulsa, Okla., Panhellenic)

ANA-MARIA HOBROUGH, *British Columbia*
(Vancouver Panhellenic)

ALISON BRUNER WEWERKA, *Oklahoma*
(Ventura Area, Calif., Panhellenic)



DEBORA RIGGS GRILLOT, *Oklahoma*, is installed as president of the Tulsa Area Alumnae Panhellenic, the third generation in her family to hold the post. Her mother, MARILYN MALONEY RIGGS, *Kansas*, right, served from 1977-78, and her grandmother, BLANCHE SIMONS MALONEY, *Kansas*, served from 1920-21. Debora, who wears her grandmother's 1913 badge and has also served as President of the TULSA ALUMNAE ASSOCIATION, says that in her new role she faces the same challenges her mother and grandmother encountered regarding the Greek system.

Beauty Mogul Ponders Next Move

Former President and CEO of Victoria's Secret Beauty takes a break in the Caribbean

Beauty surrounds ROBIN BURNS, *Syracuse*, as she gazes at calming teal and blue water. She is relaxing in her new home on Jumby Bay, a private island off the Caribbean island of Antigua. Recently retired from Victoria's Secret Beauty, Robin is taking a well-deserved break to reflect on her career and determine how to channel her talents in the future.

Until now she's been leading companies to success in the beauty industry as president and CEO of Victoria's Secret Beauty, Estée Lauder North America, Calvin Klein Cosmetics Co., as well as a top executive with Bloomingdales. Robin received a Kappa Kappa Gamma Alumnae Achievement Award in 1992.

The decision to walk away from Victoria's Secret Beauty as president and CEO was an easy one as she envisioned more time with her family and husband. It was only difficult to leave the people that were her "family away from family." "The success I achieved was due in large part to the talent, camaraderie and teamwork that I surrounded myself with," Robin says. "What I value most are the people I've known ... The people who mentored me, the ones whom I mentored ... I learned a lot from those relationships."

Proud of her business accomplishments including countless product launches, corporate branding and product development, Robin says, "My career has been rich and rewarding—beyond what I ever thought I would have been a part of."

Yet Robin finds the present and future even more exhilarating. "I love the freedom to think and expand my mind around the world of possibilities. I can look at a day, my life and people with more time—you can't do that when running a corporation—it is so all consuming."

Robin's courage to enter a new chapter in her life recently took flight as she jumped out of an airplane at 14,000 feet. As she floated to her landing she marveled at the world below and the world of possibilities she knows is in front of her. Although next

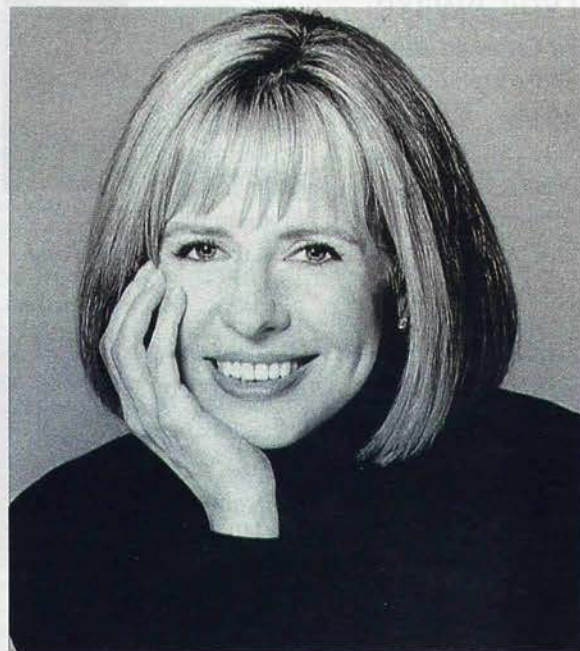
time her son tries to talk her into a jump, Robin plans to keep her feet firmly on the ground.

Her immediate future involves her "biggest product launch ever"—her daughter's wedding. (Robin's daughter is a proud alumna of GAMMA OMEGA CHAPTER, *Denison*.)

From there, Robin plans to embark on something different from what she's done before. She loves business but also has a passion for nonprofit work. And there is some carry-over from pre-retirement days as her work continues with Cosmetics Executive Women, S.C. Johnson Co., Fashion Institute of Technology and The Simmons Co.

It's easy to predict that as Robin takes on her next challenge, she will wrap herself in her own beauty of inspiration, creativity and talent.

— By LAURA SHOCK SCHERER, *Bowling Green*



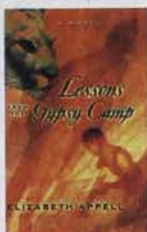
ROBIN BURNS, *Syracuse*, former CEO of Victoria's Secret Beauty.

Kappa Authors

Lessons From the Gypsy Camp

By **ELIZABETH BENTON APPELL**, *Colorado*
Scribes Valley Publishing
(scribesvalley.com), 298 pgs.

This is a story of a 10-year-old girl who must defy her father, the county prosecutor and the person from whom she most wants approval in order to save the life of a gypsy accused of murder. The author of four novels and six screenplays, Elizabeth also has written a number of award-winning short stories.



M.D. Pursuit (and Beyond):

A Wife's Medical School Sketches in Word and Watercolor

By **LUCILE REID BROCK**, *New Mexico*
(www.reidpsychiatry.com/
lucilebrock_art.html)
Paladin International, 167 pgs.

Lucile's artwork hangs in more than 500 public and private collections in the United States and abroad. All proceeds from the sale of this book benefit the Lucile Reid Brock Art Endowment of the University of New Mexico Foundation to assist deserving art students.



Lyric Awake

By **CATHERINE ANNE COURT**, *Toronto*
Self-published (416/269-9017),
49 pgs.

In this, her second collection of poetry, Catherine explores the forces of good that have been her strength and refuge "along the rugged road" in her life as a single parent.



Beverly Hills Tutor

By **LIBBY KEATINGE**, *UC Santa Barbara*
One Hour Entertainment
(amazon.com), 160 pgs.

This book offers an insider's look at the lifestyles of the rich and famous based on the experiences of a tutor to children of celebrities. Libby resides in Los Angeles and is a contributing writer for *The Players Handbook* by Heidi Fleiss. This is her first book.



Chestnut

By **CONSTANCE W. MCGEORGE**, *Ohio*
State, illustrated by Mary Whyte
Peachtree Publishers
(peachtree-online.com), 32 pgs.

A charmingly nostalgic picture book, Chestnut is a tale of a steadfast horse whose faithfulness saves the day. Constance, who resides in Ohio with her husband, two dogs and a horse, is the author of numerous award-winning children's books.



Assault—The Crippled Champion

By **MARJORIE HODGSON PARKER**, *Texas Tech*,
illustrated by Charles Shaw
Bright Sky Press
(www.brightskypress.com)

A small, stumbling colt named Assault tells his story of courage and victory in this true account of King Ranch's Triple Crown champion racehorse. An award-winning author, Marjorie resides with her husband on a ranch in North Texas. They have two grown daughters, and this is her third book for young readers.



Manana, Iguana

By **ANN WHITFORD PAUL**, *Wisconsin*,
illustrated by Ethan Long
Holiday House Inc. (www.holiday-
house.com), 30 pgs.

Iguana is planning a fiesta, but a lazy trio loses out in this update of the story of the Little Red Hen with a Mexican twist. A glossary of Spanish words is included. Ann, who resides in southern California, also writes poetry and easy readers for children.



My Grandmother Was from Wales

By **ELIZABETH THOMAS ROOK**, *Oklahoma State*
Self-published (www.mgwfw.com), 103 pgs.

This book depicts the life of Jane GERTRUDE EDWARDS CHAMPLIN, *Oklahoma*, a pioneer woman whose grandparents migrated from Wales as children to America in the 1800s. Elizabeth, a writer and actress, resides in California with her husband and their two sons.



EDITOR'S NOTE: If you would like to be included in "Kappa Authors," please submit your book and a short bio to P.O. Box 38, Columbus, OH 43216-0038. We currently have a backlog, so please be patient.

in memoriam

These names were submitted to Fraternity Headquarters between January 8, 2005, and March 16, 2005.

* ADRIAN COLLEGE

Meredith, Esther Tamblin, '25, d. 01/05

AKRON, UNIVERSITY OF

Gardella, Barbara Fiordalis, '57, d. 11/04
Kannel, Beatrice Maglione, '42, d. 10/04
Morrisett, Betty Winkelman, '38, d. 07/03

ALLEGHENY COLLEGE

Mahoney, Florence Woods, '30, d. 12/04
McCullough, Margaret Robinson, '31, d. 12/04

ARKANSAS, UNIVERSITY OF

Bratvold, Julie, '98, d. 03/80
Gaston, Sue Darby, '57, d. 01/05

AUBURN UNIVERSITY

Walker, Sharon Ewing, '81, d. 03/05

* BOSTON UNIVERSITY

Ingalls, Lucy Davis, '30, d. 01/05

BRITISH COLUMBIA, UNIV. OF

Lind, Anne Rankin, '65, d. 07/04
Taylor, Betty Bolduc, '38, d. 11/04

BUTLER UNIVERSITY

Hebert, Josephine O'Neill, '27, d. 02/05
Shaffer, Mary Dodds, '31, d. 12/04
Taggart, Rebecca, '45, d. 08/04

CALIFORNIA, U. OF, BERKELEY

Cowden, Martha Haven, '36, d. 02/05
Douglass, Mary Painter, '30, d. 07/03
Wilson, Grace Hunter, '40, d. 01/05
Wright, Barbara Bellamy, '34, d. 01/05

CALIFORNIA, U. OF, LOS ANGELES

Barrett, Susan Edwards, '39, d. 04/03
Bassett, Jane Williams, '36, d. 02/05
Worthington, Elizabeth Clough, '29, d. 06/04

CINCINNATI, UNIVERSITY OF

Wilson, Elizabeth Cook, '27, d. 12/04

COLORADO COLLEGE

Karabin, Jean, '34, d. 01/05
Mathis, Lois Ward, '34, d. 10/01
Simpson, Laura Walker, '49, d. 02/05

COLORADO, UNIVERSITY OF

Bird, Marjorie Cross, '42, d. 02/05
Hamm, Emma Montgomery, '30, d. 09/03
Wertz, Charline Johnson, '28, d. 01/05

CONNECTICUT, UNIVERSITY OF

Cade, Beverly Ruoff, '60, d. 05/04

DENISON UNIVERSITY

Ruppen, Nancy Kniffen, '47, d. 01/05
Smith, Fanny Pease, '41, d. 02/05

DEPAUW UNIVERSITY

Coons, Barbara Hirt, '45, d. 01/05

GEORGIA, UNIVERSITY OF

Sullivan, Stanley Arkwright, '53, d. 09/04

IDAHO, UNIVERSITY OF

Acuff, Mary Fahrenwald, '38, d. 02/05
Meyer, Helen Collins, '42, d. 12/02

ILLINOIS WESLEYAN UNIVERSITY

Baker, Marjorie Dick, '41, d. 01/05
Morey, Doris Pullman, '37, d. 10/04
Zook, Betty Kane, '44, d. 12/04

INDIANA UNIVERSITY

Bonham, Kathryn Buckner, '49, d. 12/04
Mote, Flora Hunter, '29, d. 06/03
Neilson, Dorothy Davis, '30, d. 12/04
Ritter, Ruth Watson, '35, d. 11/04
Scott, Marjorie Mathews, '86, d. 03/05

IOWA, UNIVERSITY OF

Kennedy, Helen Clark, '28, d. 11/04
Merritt, Gretchen Kuever, '35, d. 01/05
Short, Joan Steffen, '37, d. 10/03

KANSAS STATE UNIVERSITY

Sloo, Betty Adams, '37, d. 02/05
Snyder, Louise Wheeler, '39, d. 10/04
Wingate, Dixie Warnick, '55, d. 02/05

KANSAS, UNIVERSITY OF

McMorran, Alexia Marks, '36, d. 01/05

KENTUCKY, UNIVERSITY OF

Edwards, Gloria Garner, '49, d. 01/05
Sherwood, Florence, '44, d. 01/05
Skinner, Mary Dantzler, '33, d. 12/04

LOUISIANA STATE UNIVERSITY

Marino, Mary Thomas, '46, d. 08/04

* MARYLAND, UNIVERSITY OF

Richter, Anne Swayzee, '50, d. 07/04

MASSACHUSETTS, UNIVERSITY OF

Munger, Norma Gibson, '42, d. 12/04

MIAMI UNIVERSITY

Melville, Suzanne Boian, '59, d. 12/04

MIAMI, UNIVERSITY OF

Dunn, Dorothy Ashe, '38, d. 06/04

MICHIGAN STATE UNIVERSITY

Churchill, Bette Baxter, '46, d. 11/04
Corson, Gretchen Griffin, '46, d. 01/05

MICHIGAN, UNIVERSITY OF

Stewart, Mary Van Deursen, '25, d. 02/05

MISSISSIPPI, UNIVERSITY OF

Hilburn, Frances Smith, '65, d. 01/05

MISSOURI, UNIVERSITY OF

Bushmeyer, Ruth Baldry, '35, d. 06/04
Cole, Olivia, '34, d. 02/05
Faurot, Mary Davidson, '25, d. 12/04
West, Patricia Bottome, '49, d. 12/04

MONMOUTH COLLEGE

Dolbow, Anne, '52, d. 02/05
Feld, Laura Davis, '38, d. 12/04
Laxson, Janet Randles, '34, d. 11/04
Martin, Joan, '38, d. 01/05
Stewart, Harriet Robinson, '34, d. 01/05

MONTANA, UNIVERSITY OF

Smith, Jerusha Murray, '33, d. 10/03
Snyder, Dolores Lowry, '50, d. 05/04
Stephens, Emily Stewart, '26, d. 06/04
Warren, Sibyl Flaherty, '42, d. 01/05

NEBRASKA, UNIVERSITY OF

Heggen, Betty Ray, '38, d. 01/05
Spinar, Alice Dow, '63, d. 01/05

NEW MEXICO, UNIVERSITY OF

Anderson, Louise Lipp, '37, d. 02/05
Brown, Billye Mc Dowell, '46, d. 01/05

* NORTH DAKOTA STATE UNIVERSITY

Drinker, Dorothy Smith, '29, d. 01/05
Hartung, Jane Canniff, '29, d. 01/02
Hovland, Mary Howe, '41, d. 02/05
Repikoff, Mary Clemens, '33, d. 12/04

OHIO STATE UNIVERSITY

Light, Vivian Chubb, '35, d. 02/05
Shepard, Lois Ledman, '51, d. 02/05

OHIO WESLEYAN UNIVERSITY

Hoag, Nancy Elliott, '42, d. 06/04

OKLAHOMA STATE UNIVERSITY

Elliott, Christy Gelmers, '74, d. 02/05

OKLAHOMA, UNIVERSITY OF

Baker, Mabel Swigert, '37, d. 01/05
Bateman, Martha Overlees, '28, d. 07/04
Brenholts, Heloise Smartt, '32, d. 02/05
Gers, Patricia Owen, '53, d. 01/05
Howard, Sally Polk, '58, d. 02/05
Lohrey, Kathleen Coad, '66, d. 02/05

OREGON, UNIVERSITY OF

Dick, Frances Johnston, '31, d. 12/04
Lockhart, Harriet, '29, d. 03/05

PENNSYLVANIA STATE UNIVERSITY

Bookhout, Winifred Watson, '37, d. 11/04
Rossignol, Carolyn Hinman, '36, d. 06/03

PURDUE UNIVERSITY

Crew, Marion Lively, '42, d. 01/05
Veon, Frances Novotny, '63, d. 01/05
Whyte, Judith Moneyhun, '59, d. 02/05

ROLLINS COLLEGE

May, Emily Showalter, '35, d. 11/04

* SAN JOSE STATE UNIVERSITY

Spooner, Mary Leusley, '55, d. 01/05

SOUTHERN CALIFORNIA, U. OF

Pegg, Molly Goodwin, '49, d. 08/04

SOUTHERN METHODIST UNIVERSITY

Fry, Carolyn Crews, '42, d. 11/04

ST. LAWRENCE UNIVERSITY

Henstenburg, Patricia Clark, '48, d. 12/04
Ward, Helen Pfund, '29, d. 11/03

STANFORD UNIVERSITY

Sullivan, Joan Boeck, '42, d. 11/04

TEXAS TECH UNIVERSITY

Schuler, Shirley Fields, '54, d. 11/03

TEXAS, UNIVERSITY OF

Blanton, Frances Crain, '34, d. 05/01
Herd, Harriet Daniel, '37, d. 10/04
McElwrath, Sarah McCammon, '34, d. 03/05
Moore, Peggy Collier, '51, d. 11/04
Sharp, Lois Starkey, '38, d. 11/03
Smith, Elizabeth Binyon, '33, d. 04/04
Spears, Anne Stacy, '41, d. 01/05
Vandale, Sally Dawson, '49, d. 06/03

TORONTO, UNIVERSITY OF

Baldwin, Jean Burns, '39, d. 04/03
Lewis, Jane Baetz, '50, d. 07/04
Walker, Helen Reid, '27, d. 12/04

TULANE UNIVERSITY

Riley, Elizabeth Carroll, '39, d. 02/05
Theus, Jane Walker, '32, d. 01/05

TULSA, UNIVERSITY OF

Short, Mary Duncan, '52, d. 01/05
Slate, Carolyn Raper, '54, d. 12/04

UTAH, UNIVERSITY OF

Matlock, Irene Hummer, '36, d. 04/04
Sansom, Larae Robbins, '56, d. 01/04

WASHINGTON STATE UNIVERSITY

Kaffen, Marian Cobb, '45, d. 07/04
Labreck, Lois Vanderpool, '39, d. 04/95
Mainwaring, Virginia Pemberton, '32, d. 02/05
Shively, Billie Cox, '38, d. 08/04
Ziegler, Elaine Salisbury, '37, d. 01/05

WASHINGTON UNIVERSITY

Dietrich, Virginia Spoor, '45, d. 12/04
Singleton, Bonnie Brown, '66, d. 02/05

WASHINGTON, UNIVERSITY OF

Alton, Janet, '56, d. 02/04
Murphy, Maxine, '36, d. 01/04
Skinner, Kayla Lagasa, '38, d. 07/04

WEST VIRGINIA UNIVERSITY

Bennett, Barbara Mc Whorter, '60, d. 10/04
Walsh, Betty Lou Freismuth, '39, d. 10/04

WESTMINSTER COLLEGE

Arnold, Janel, '99, d. 04/81

WHITMAN COLLEGE

Renfrow, Helen Henriksen, '44, d. 11/04
Williams, Catherine Landt, '31, d. 01/05

WILLIAM & MARY, COLLEGE OF

Herden, Betty Irons, '36, d. 01/05

WISCONSIN, UNIVERSITY OF

Mee, Jane Bliss, '28, d. 03/05
Wolf, Patricia Vollrath, '46, d. 02/05

WYOMING, UNIVERSITY OF

Beatty, Mary Redfield, '42, d. 01/05
Dilger, Mabel Power, '31, d. 01/05
Grant, Emilie Mc Keon, '29, d. 11/04
Yaap, Winifred Snyder, '52, d. 12/96

* Indicates inactive chapters.

SUE DARBY GASTON, Arkansas, served as Province Director of Chapters for Xi Province from 1983-85 and again from 1985-87.

MARJORIE CROSS BIRD, Colorado, served as Graduate Counselor, Field Secretary, Iota Province Director of Alumnae, Chairman of Chapter Scholarship Programs and Chapter Advisory Boards, Vice President, Director of Field Representatives, Public Relations Chairman, Nominating Committee Chairman and Chairman of the Long-Range Planning Committee. She received the Loyalty Award in 1990.

In order for names to appear in "In Memoriam," verification and date of death must be sent to Fraternity Headquarters and Foundation Office, P.O. Box 308, Columbus, OH 43216-0308. Memorial gifts may be sent to the KKF Foundation.

KATHARINE BRADSHAW, LYNDSEY FRIZZEL, WHITNEY CROSS, JENNY GILLENTE, KATHRYN LINE, and MARY YORK promote Kappa spirit during Recruitment at Delta Rho, Mississippi.



To promote Reading Is Fundamental (RIF), DELTA NU, Massachusetts, members team up with Big Brothers/Big Sisters of Hampshire County. More than 500 books were donated to the cause. Enjoying arts and crafts and reading with the children are MICHELLE O'NEILL, LAURA CHURCHILL, JENNA NIFOUSI, KELLY CHANDLER and BECCA ARNOLD.



Three generations of Kappas celebrate with DIANNE CAMPBELL McCREA, Southern Methodist, who receives her 50-year pin. Joining her is granddaughter EMILY DIANNE NUNLEY, Texas A&M, and daughter MELISSA McCREA NUNLEY, Texas.

GAMMA OMEGA, Denison, active members celebrate the chapter's 75th anniversary.





BETA THETA, *Oklahoma*, Chapter Council members present a check to the Rose McGill Fund of the Kappa Kappa Gamma Foundation for \$3,750 raised through their annual spaghetti dinner.



ZETA THETA, *Trinity*, members COURTNEY HOWARD, ANNA BORCHERT, JEANNE HAYES, CARRIE LANDIS and ALEX WEST select pumpkins for the sisterhood outing to the Pickin' Patch in Connecticut.



GAMMA PHI, *Southern Methodist*, sophomore members enjoy performing on the university dance team together.

EPSILON IOTA, *Puget Sound*, Ceremony Welcomes Newest Alumnae

In January, Fraternity representatives visited EPSILON IOTA, *Puget Sound*, for a special ceremony honoring the actives who have become alumnae due to the chapter relinquishing its charter in December 2004. Present for the ceremony were CAROL GEORGE SANDERS, *Cal. State Northridge*, Director of Alumnae; VIKKI HAAG DAY, *Whitman*, Province Director of Alumnae for Iota West; and STACY UNDERWOOD BJARNASON, *Washington*, Epsilon Iota's Coordinator of Chapter Development.

The newest alumna members received gifts and cards honoring their time and commitment to Epsilon Iota Chapter. The TACOMA (WASH.) ALUMNAE ASSOCIATION organized a wonderful buffet, which followed the program.



The newest alumnae of EPSILON IOTA, *Puget Sound*.

Hoots and Salutes!

Congratulations to the following chapters and individuals on their campus success!

- ◆ ZETA PHI, *Princeton*, raised \$400 for RIF through sales of "Kappa Kappucino" on campus.
- ◆ UPSILON, *Northwestern*, surpasses the average GPA of all sororities on campus, boasting 32 Kappas on the Dean's List and eight women with 4.0s.
- ◆ ETA THETA, *Harvard*, supports RIF with Boston area alumnae by creating inspirational bookmarks for the Women's Lunchplace. Also, actives raised funds for the Kappa Kappa Gamma Foundation by designing the first-ever Harvard/Yale T-shirt. Profits from selling the immensely popular shirt on campus were more than \$1,500.
- ◆ GAMMA PI President LACEY VALESKA, is the University of Alabama's 2004-2005 Homecoming Queen.
- ◆ DELTA MU, *Connecticut*, received the Panhellenic Award for Outstanding Academic Achievement and held the highest GPA among all Greek-letter organizations.
- ◆ BETH and JANE SACKOVICH, *Harvard*, helped lead the women's field hockey team to the NCAA tournament. Beth earned the honor of Second Team All-Ivy and Jane was named Honorable Mention All-Ivy.
- ◆ OMICRON^Δ, *Simpson*, combined philanthropy with sisterhood during Inspiration Period. They created RIF posters for schools and collected non-perishable food items.
- ◆ BETA UPSILON, *West Virginia*, received the Most Outstanding Chapter Award and Most Outstanding Leadership Award on campus.
- ◆ ZETA ZETA, *Westminster*, received the Panhellenic Scholarship Award, given to the chapter with the highest overall GPA among actives and new members.
- ◆ THETA, *Missouri*, was awarded the Director's Cup for Innovative Programming and the President's Cup for Outstanding Leadership.
- ◆ ERINN WISHCUM, *Penn State*, was honored as Panhellenic Woman of the Year.
- ◆ EPSILON ETA, *Auburn*, received the Best Philanthropy Program award.
- ◆ ZETA SIGMA, *North Texas*, was named Greek Intramural Champions and the Panhellenic Chapter of the Year.
- ◆ KATHERINE MOYNIHAN, *William & Mary*, was honored as the Outstanding Greek Woman.
- ◆ For two years in a row, RHO^Δ, *Ohio Wesleyan*, has won the Dean's Award for Chapter Excellence. Also, the Greek Woman of the Year award was received by ERICKA GREENE.

Adopt-a-Chapter Program Connects Actives and Alumnae to Fulfill Chapter Needs

Kappa chapters across the continent are now able to tell alumnae exactly what their needs are through the Fraternity's Adopt-a-Chapter program, which is designed to help chapters receive material goods and volunteers by communicating with alumnae through several vehicles including the Kappa Web site, www.kappa.org, and the monthly Province Director of Alumnae newsletter that goes to all alumnae associations.

Appropriate items are the things necessary to function as a Kappa chapter, such as Initiation robes, candlesticks, and even pipe and draping for Initiation backdrops. Requests for more advisers and House Board members also are included. "Wish List" items, like a new TV or furniture, are more appropriately requested of a chapter's House Board, rather than the Adopt-a-Chapter program.

Throughout 2004-05, a number of chapters were assisted through the Adopt-a-Chapter program. After learning of one chapter's need for initiation

robes, an alumna donated several of them, not because it was her own chapter, but because it was her son's school and he told her how great the Kappas were on his campus! An alumnae association made a decision this past spring to purchase initiation robes for several chapters that the group usually supports with small financial donations. And several chapters received much-needed computers to perform the chapter finance program.

It's easy to find out what chapters need by logging on to www.kappa.org and accessing the chapter information. Kappa chapters are listed by state and university, and their needs are included in a table that is easy to search. Anyone interested in participating in Adopt-a-Chapter also may contact Fraternity Headquarters at kghq@kappa.org and the inquiry will be forwarded to the coordinator of the Adopt-a-Chapter program.

— By **STACIE QUINN NEELY**, *Idaho*,
Region 4 Director of Alumnae

Work for Kappa!

Put your leadership skills and knowledge of the Fraternity to work! Kappa Kappa Gamma Leadership Consultants visit chapters in the United States and Canada providing training and support. Chapter Consultants receive a post-graduate scholarship to a specific college/university where they assist that chapter for one year. For more information and an application, visit www.kappa.org or contact the Chairman of Field Representatives at kkghq@kappa.org or 866/554-1870. Applications for 2006-2007 positions are due November 1, 2005.

Get Connected!

The Kappa Connection program allows you to get in touch with other Kappas who are willing to share their experiences, skills and interests. This program can link you to Kappas who may assist you by:

- ◆ Speaking to you about career goals
- ◆ Introducing you to Kappas with similar interests
- ◆ Providing contacts that may help during relocation to a new area after graduation
- ◆ Advising you about the pros and cons of a career field
- ◆ Helping you identify the types of careers that match your education, skills and interests.

Contact the Membership Services Department at Kappa Kappa Gamma Fraternity Headquarters toll free at 866/KKG-1870 or visit www.kappa.org to receive a list of Kappas who may be able to help.

The Key Wants to Hear from You!

To increase your chances of getting your chapter published in *The Key*, please submit high-quality, color photographs—NOT copies from your personal printer. Do NOT submit digital photographs unless they are 4 by 6 inches or larger at 100 percent/300 dpi (high-resolution) jpg or tiff attachments (or on a CD). Include complete names and school/chapter with stories and captions.

The Key is looking for individual and group accomplishments, philanthropic and community service events, campus activities, chapter gatherings, etc. Submissions will be edited for style and length. Due to space limitations, we cannot guarantee that all submissions will be used. Send news and photos to: *The Key*, P.O. Box 38, Columbus, OH 43216-0038 or via e-mail to jhoover@kappakappagamma.org.



RHO^Δ, *Ohio Wesleyan*, members raise money for Kappa Kidney Camp with their Balloon Pop event.

Pop for Fun and Funds

Combining fun, community and philanthropy, RHO^Δ, *Ohio Wesleyan*, sponsors Balloon Pop, an annual fund-raising event supporting Kappa Kidney Camp, a program of the National Kidney Foundation of Ohio.

Members sell raffle tickets for various items and services donated by local businesses. The tickets are then placed in inflated balloons and distributed to spectators at the Homecoming game. During halftime, the Philanthropy Chairman announces the time for participants to pop their balloons and discover their prize! The sea of red and black balloons (the school's colors) in the stadium helps to promote team spirit, too.

Approximately \$1,300 is raised at this event, making it one of the school's most successful philanthropies. Besides a monetary contribution, the chapter members donate their time by attending and making crafts for the camp in the summer.

National Hazing Prevention Week

National Hazing Prevention Week will take place September 26-30, 2005, at campuses across the United States. For more information about National Hazing Prevention Week and resources to use in planning, visit nhpw.com.

Chapters Continue Academic Excellence!

For spring 2004, the 131 chapters of Kappa Kappa Gamma made an overall grade point average of 3.2. In recent years, the Fraternity has increased the academic expectations for our collegiate chapters. Many Provinces have been able to attain this goal, but this is only the second time that an overall Fraternity goal of 3.2 has been met. Congratulations to our hardworking undergraduates!

A Winning Partnership

Congratulations to ASHLEY CASTEVENS and JESSICA CLINE, *North Carolina*, on their acceptance to the Teach for America program.

TFA is a program that assigns qualified graduates from various backgrounds to teach for two years in low-income school systems across the country.


Ashley became interested in TFA because of her concern with the education system. "I have personally seen the need for programs like TFA," she says.

After the thorough application process and nerve-racking interview, Ashley received her first-choice location and will be teaching elementary school in the Mississippi Delta region.

Jessica will be teaching Spanish in Baltimore. "I was so excited," she says. "It was exactly what I wanted. I could not be more happy."

After their two years of required teaching are over, the teachers will decide what their next career moves will be. For Ashley, this may not be the end of her career in education. "There's a very good chance I may stay in Mississippi longer than that."

Jessica has considered studying law and will decide when the time comes. "I think this will give me a good perspective on whether or not law school is what I want to do," she says. If she eventually becomes a lawyer, Jessica thinks her experience with TFA will be an asset.

"It's just such a great opportunity to make a difference, and at the same time it's a great career opportunity," she says. "That's why it was so attractive to me." 

Collegiate Scholastic Honors

Based on reports received at Headquarters as of April 6, 2005.



This list is compiled from reports submitted by the chapters. Please report missing information to JANE STEINER at jsteiner@kappakappagamma.org or 866/KKG-1870. The Key regrets any errors or omissions.

Chapters at or Above the All-Sorority Grade Point Average

REGION 1:

Beta Province

Allegheny
Bucknell
Carnegie Mellon
Lafayette
Pittsburgh
Princeton
Villanova
Washington & Jefferson

Rho Province

Babson
Connecticut

REGION 2:

Gamma Province

Cincinnati
John Carroll
Miami (OH)
Ohio State
Ohio Wesleyan

Lambda Province

George Washington
Virginia Tech
Washington & Lee
William & Mary

Nu Province

Centre
Kentucky

REGION 3:

Mu Province

Central Florida
Emory
Florida
Miami (FL)

Xi Province

Alabama

Theta Province

Oklahoma
Oklahoma State
SMU
Texas

REGION 4:

Delta Province

Butler
DePauw
Iowa State
Michigan State
Purdue
Valparaiso

Epsilon Province

Minnesota
Monmouth
Wisconsin

Zeta Province

Iowa State
Kansas
Kansas State
Missouri
Nebraska
Washington Univ.
Westminster

REGION 5:

Iota Province

Idaho
Montana
Washington

Eta Province

Colorado College
Colorado State
New Mexico
Wyoming

REGION 6:

Pi Province

Oregon State
UC Berkeley
UC Davis

Kappa Province

Arizona
UC Irvine
UCLA
UC Northridge
UC San Diego
UC Santa Barbara
USC

Scholastically Ranked First On Campus

REGION 1:

Beta Province

Carnegie Mellon
Washington & Jefferson

Rho Province

Babson

REGION 2:

Gamma Province

Cincinnati

REGION 3:

Delta Province

Michigan State

Epsilon Province

Monmouth
Wisconsin

Zeta Province

Washington Univ.

REGION 5:

REGION 6:

Kappa Province

UC Northridge

Pi Province

UC Davis

Kappas With 4.0 GPA

REGION 1:

Alpha Province

Cornell:
Margaret Ku rtzman
Zhao Yang
Laurie Zandberg

Beta Province

Allegheny:
Joellen Brandt
Genna Bebbko

Bucknell:

Julie Schwab
Allison Solano
Shannon Curd

Carnegie Mellon:

Jessamine Winer
Diana Carbonell
Jaci Feinstein
Grace Hwang
Catherine Mack
Alicia Wang
Aimee Malangyon
Phoebe Wu
Kristen Henry
Kristen Livesey
Ashley McMakin

Dickinson:

Colleen Haney
Kerry Susser

Lafayette:

Kristen Holahan

Pittsburgh:

Kristina Gaudino
Leighann Smith

Villanova:

Gale Girolami
Sonia Lettig
Jessica Petrongolo
Elizabeth Schneider

Rho Province

Connecticut:
Andrea Kroc
Rachel Shevlin
Laura Press

Dartmouth:

Jenny Gapinski
Jordan Friedman
Nicole Valco
Kate Wendell
Lauren Botcheos

REGION 2:

Gamma Province

Akron:
Sarah Antonucci
Korisa McCoy

Bowling Green:

Samantha Massau
Brittany Raburn
Allison Opelt
Andrea Whitmer
Ashley Hettle
Jenna Gable
Alexis Kallas
Kristin Katakis

Cincinnati:

Margot Brehm
Jessica Kinnemeyer
Leyla Marie

Miami (OH):

Allison DeSantis
Amy Graham
Mary McCully
Sarah Pickle
Karyn Pollenz
Kristin Riekels
Whitney Stevens
Amanda Wolfe

Ohio State:

Lauren Houtaling
Kelly Murray
Lauren Radvansky

Ohio Wesleyan:

Sarah Balckburn
Elisabeth Calhoon
Amy Collins
Arah George
Suzanne Gill
Erin Hoagland
Sarah Lord
Andrea Minich
Sarah Ottney
Julia Prince
Meredith Richards
Kimberly Rybold
Anna Schneider
Lauren Woods
Melissa Yinger

Lambda Province

George Washington:
Jessica Feig
Emily Kahn
Jana Posner
Amanda Spray
Lesly Weber

Johns Hopkins:

Andrea Christman
Katherine LeFevre
Emily Nalven

Virginia Tech:

Emily Obenski
Amy Slife

Washington & Lee:

Lilla Theus
Kathleen Glaser
Priscilla Powell
Meredith Walker

Washington Univ.:

Jessica Feig
Emily Kahn
Jane Posner
Amanda Spray
Lesly Weber

Nu Province

Centre:
Lesley-Anne Bandy
Becky Barrick
Caitlin Donohue
Jamie Zuehl

Kentucky:

Brenna Brooks
Whitney Elswick
Jamie Gardner
Susan Hall
Molly Hamilton
Courtney Rothman
Callie Schott
Kattie Bowling
Jillian Carrico
Sarah Friend
Courtney Graham
Erin Irvin
Allison Leet
Ashley Lindemann
Marci Palmieri
Andrea Travis
Lisa Williams

North Carolina:

Virginia Doster
Brienne Letourneau
Emma Hodson

REGION 3:

Mu Province

Clemson:
Alexandra Bedard
Kelley Brandstetter
Tracie Buffinton
Emily Choate
Christina Crabbe
Katherine Davis
Elizabeth Guleke
Laura Haseldon
Lindsey Heger
Margaret Herbert
Kelly Kirkwood
Allyson Ladd
Lindsey Lancaster
Lindsey Nesbitt
Kelly Reed
Catherine Runion
Lindsay Simmons
Margaret Smith
Katie Spearman
Caroline Wilson
Hope Yoder
Laura Young

Emory:

Marisa Abernathy
Elise Borochoff
Laura Burns
Meredith Carpenter
Jenn DiNicola
Casey Dunning
Tracy Friedlander
Samantha Harris
Jennifer Lieberthal
Melissa Matles
Karen McMorris
Beth Newman
Ruth Porter
Kylie Quave
Margaret Yuan
Liz Yurkevich
Alyssa Zelkowitz

Florida:

Amanda Baron
Jessica Fandre
Kathryn Gade
Jessica Harster
Lindsey Hartsfield
Elizabeth Oehl
Cammy Schultz

Furman:

Kathleen Arnold
Diana Maley

Georgia:

Stephanie Foley
Margaret Golden
Elizabeth Staines
Hannah Westmoreland
Marla Ball
Kristen Charbonnet
Lauren Giles
Jolynn Hayes
Kathryn Head
Julie Inman

Jill Koretzky
Sarah Luppen
Katherine Murphy
Lillian Sprague
Rachel Strubinger

Georgia Southern:

Jackelyn Ray
Laura Stone
Kaite Cory

Miami(FL):

Heather Davis
Lisa Radkey
Sam Bazzell

Rollins:

Sara Roach
Cecily Schaefer-Spritz
Ashley Skinner

South Carolina:

Alexandra Campion
Karen Copeland
Nicole Guthrie
Kerry McClurg
Laura Miller
Diana Montagu
Katlin Silberg
Marie Wagoner
Randa Zakhour

Xi Province

Alabama:
Mary Jordan Beasley
Courtney Crosby
Natalie Lyons
Courtney Maddox
Cayce McCain
Emily Middleton
Elizabeth Perry
Alex Terry
Yaicha Farr
Ashley Joiner
Emily Meadows

Auburn:

Kathleen Abercrombie
Rachael Blalock
Kristin Cameron
Katie Davis
Susanne Fancher
Natalie Fidler
Kristen Hamilton
Dana Harbin
Emily Irvin
Alison Koenig
Kristin Cameron
Emily Irvin
Amy Jacobson
Alison Koenig
Valerie Malone
Erin Mathews
Sarah Warren
Elizabeth Williamson
Kendal Willoughby
Sandra Wolf

LSU:

Ashley Burns
Alexandra Calligas
Jessica Cartledge
Katherine Creed
Taylor Easterling
Julianna Dawes

Margaret Glass
Christina Holley
Mallory Morvant
Sara Mullins
Kate Musso
Anna Nesom
Alexandra Smith
Victoria Sterling
Christine St. Germain
Sarah Trufant

Theta Province

Oklahoma:
Kendall Beller
Meredith Bentley
Rachel Boorigie
Shelly Bowles
Jennie Chelf
Cara Christofferson
Hannah Colclazier
Lindsey Cox
Emily Curley
Shannon Dobler
Lauren Donaldson
Brittany Fielder
Regan Fried
Kristen Geiger
Jordan Geurkink
Lauren Gibson
Brittney Gilliam
Kathryn Gore
Erika Hadley
Ronni Hitt
Marjorie Howard
Kristin Huffaker
Anndrea Huneryager
Carey-Jayne
Jimmerson
Margaret Johnson
Jill Klopp
Natalie Koeijmans
Katherine Lane
Lindsay Lane
Jessica Lee
Victoria Lippert
Cheyenne Martin
Lauren Massad
Ashley Meador
Katherine Meek
Lyndsay Mendenhall
Lindsay Nelon
Kate Nemlowill
Katherine Paton
Emily Prieto
Rebecca Provence
Chelsea Scott
Elizabeth Spears
Karen Stark
Meredith Steiner
Alyssa Taylor
Allyson Vernon
Rachel Walter
Kathryn Warren

Oklahoma State:

Averi Cooper
Ashley Gober
Amy Harper
Kyla Holle
Rachel Davis
Kylie Dewey
Erin Gray
Jessica McClain
Diana Newman
Meghan Harback
Mindy McDiffet

Alex McNeal
Brittany Sullivan
Emily Stevens
Sarah Cooper
Sasa Jackson
Jesse Jarvis

SMU:

Lizzie Bowling
Julie Cato
Jen Dudney
Liz Healy
Farrar Johnson
Anna Jones
Jennifer Jones
Sarah McKinnon
Melissa McQueen
Courtney Underwood

Texas:

Catherine Baggett
Ellen Brown
Louise Burgher
Nancy Burgher
Logan Dryden
Elizabeth Farmer
Holly Fooshee
Leslie Guinn
Katie Hill
Sarah Kessler
Ashley Maze
M'Lynn Parra
Julie Simpson
Melissa Smith
Kellen Stailey
Marion Vance
Elizabeth Rosellini
Leila Thompson

TCU:

Audrey Bell
Kara Bergstein
Brooke Bounds
Cathleen Cook
Nicole Durham
Ashley Flahive
Allison Gilley
Lindsay Goode
Mary Katherine
Goodrich
Katrina Griffith
Megan Haverkorn
Emily Henderson
Brett McAllister
Kristen Olson
Lisa Parker
Tracy Russell
Elizabeth Serio
Caroline Williamson
Allison Wylie

Tulsa:

Jenn Bianco
Rachel Garcia
Susan Oakley
Jennifer Scowcroft

REGION 4

Delta Province

Butler:

Janneane Blumenberg
Julia Dreher
Jenna Gross
Meg Lange
Katie Leciejewski
Lauren Lovda
Diana Madison

Laura Miars
Ashley Muhlenkamp
Kelly Ognibene
Sarah Reis
Susan Ritzi
Karen Roper
Carrie Van Huss

DePauw:

Lauren Guggina

Michigan:

Elizabeth Allison
Lauren Heise
Lauren Silverstein
Margaret Winter

Michigan State:

Jessica Boloven
Jennifer Chiroyan
Jillian Jolliat
Denielle Lucido
Mary Wilcox

Purdue:

Michelle Breen
Ashley Eiler
Laura Farley
Kathryn
Gramelpacher
Emily Jones
Kathleen Jones
Kara Kesler
Sara Marketos
Monica Mitcheff
Kylie Mueller
Monica O'Chap
Whitney Palmer
Megan Phares
Jessica Platt
Anna Plewes
Taryn Rex
Stephanie Rondot
Danielle Sarchilli
Jill Schaefer
Beth Schulte
Cassie Schwass
Gina Shawver
Anna Wahl
Renee Wahl

Valparaiso:

Stephanie Lewis
Mary McGee
Kellianne Semro

Epsilon Province

Illinois Wesleyan:
Jessica Biro
Laura Eisenmenger
Jessica Wiley
Jen Landers
Mary Roth
Megan Files
Claire Hagemann
Stephanie Reynolds
Katie Simpkins

Minnesota:

Christina Muldowney
Alexandra Starr

Monmouth:

Elizabeth Brennan
Christine DelRe
Sarah Dwyer
Marisa Kratochvil
Hayley Townsend
Sara Poggi

Northwestern:

Nicolette Gorder
Lauren Hahn

Wisconsin:

Christa Amundson

Danielle Assa
Terra Lyn Chorney
Victoria Dickens
Laura Harrison
Leah Kirschling
Emily Liesch
Kerrrie Reiser
Jennifer Rohr
Emily Schroeder

Zeta Province

Drake:

Melissa Byers
Diane Johansen
Ashley Mattoon
Caroline Pakenham
Kejal Patel
Elizabeth Rancine
Rachel Sanders
Tiffany Shaheen
Anne Hammell
Megan Pruter

Iowa:

Heidi Kruger
Chrissy Squire

Iowa State:

Allison McCulloh
Stephanie Baumert
Makalla Jensen

Kansas:

Amy Appleyard
Annie Breitenbach
Emily Kenagy
Katie Manley
Lensie Mayhew
Norie McEwen
Jennifer Streit
Caitlin Warhurst
Meryn Fogt
Vanessa Radeke

Kansas State:

Hannah Anderson
Emily Armstrong
Kourtney Bettinger
Abby Brownback
Sarah Burdick
Casey Devore
Kara Fritz
Emily Haake
Gabrianna Hall
Jennifer Heller
Jenna Huston
Kelli Jarmer
Stacy Johnson
Audrey Ladenburger
Alexandera Lasley
Erin Learned
Mary Ludwig
Alyssa McElwain
Erin Musil
Amy Phares
Kelli Pitman
Jessica Rzeszut
Alison Weber
Andrea Weber
Nicole Young

Missouri:

Sarah Austin
Brooke Benage
Lindsey Estes
Kate Gildner
Brooke Knehan
Leanne Maxwell
Beth Moore
Allie Welch
Amanda Dirnberger

Nebraska:

Caitlin Bals
Lauren Howell

Heather Hubert
Meggan Kroeker
Kirbi Long
Megan Missel
Allison Smith
Shelby Tilts
Maggie Tunning

Simpson:

Nicole Anderson
Jami Crawford
Jennifer Chambers
Tonya Thomas
Cassie Hull
Jasmynne Sloan
Nicole Molt

Washington Univ.:

Amelia Boone
Priscilla Duncan
Jaclyn Ehrhardt
Lindsey Grossman
Sarah Hutnick
Melissa Katz
Megan Larson
Kelly Lazaroff
Megan Morley
Neha Shah
Emily Vallandingham

Westminster:

Laura Cohen
Elizabeth Bentz
Ashley Crow
Sara Griffith
Emily Hunter
Julie Linden
Eva Rader
Sarah Schieffler
Nicole Scholtzhauser
Kate Simonds
Kelly Shepard
Amanda Walters

REGION 5:

Iota Province

Idaho:

Danielle Breeding
Kristin Boyd
Kate Elgee
Anna Faller
Katie Leichter
Madelyn Lodge
Katie Quinn
Jeni Rose
Whitney Sweat
Laura Tucker
Anne Wimer

Montana:

Jenni Hepner
Katherine Koelsch
Rebecca Simms
Stephanie Vander
Heyden

Eta Province

Colorado State:

Meghan Farrell
Amy Johnston
Kristin Pribble

New Mexico:

Karen Davidson
Deanna Armijo
Haley Dodson
Jamie Lesperance
Tanya Potts
Beth Moore
Nicole Aiken

Wyoming:

Jennifer Hardy
Megan Monahan
Ashley Spear
Lauren Tonolli

REGION 6:

Pi Province

Berkeley:
Jillian Abernathy
Kristen Bardwil
Phoebe Harlan
Linden Mahler
Erin Reding
Lindsey Sherman
Anne Marie Simms
Elizabeth Weinberg

Oregon:

Melissa Columbo
Kelly Hurst
Jessie Janego
Jennifer Ness
Mary Sleasman
Megan Ward

Oregon State:

Angela Bloyer
Monica Craner
Caitlyn DeMars
Kari Harding
Jennifer Keudell

Stanford:

Alli Denker
Hilary Faust
Eleni Greenwood
Erica Hanson
Jennifer Zimbroff

UC Davis:

Kate Adams

Kappa Province

Arizona:

Chrissy Andrews
Kristin Bullock
Sarah Burner
Liz Gissel
Chelsea Keller
Gwen Luckey
Kristen Maier
Brittany Martin
Meredith Nelson
Amanda Raes
Kelly Robinson
Brittany Russo
Beth Rook
Jamie Schnell
Liz Simpson
Jen Strole
Blaira Laurent

San Diego:

Mackenzie Atkinson
Kristine Fargotstein
Rachel Goldfarb
Erin McKinley

UCLA:

Julie Bennett
Jessica Croze
Nicole Lindstrom
Toni Maraviglia
Emily Masamitsu
Brittany Redgate
Brittany Rolfe
Ashley Wellinger

UC Northridge:

Eleni Monos
Alisha Murray

UC Santa Barbara:

Jenna Fox
Alexis Goswiler
Meredith Perry
Colleen Riley

Congratulations Graduates!

The Kappa Kappa Gamma Fraternity Council extends best wishes to all 2005 graduates and encourages you to stay connected to Kappa by joining your area alumnae association and completing the dues form on Page 6. Friendship, support, networking and mentoring opportunities await you as an alumnae association member. Submit the form on Page 9 or visit www.kappa.org for information on how to join an alumnae association.

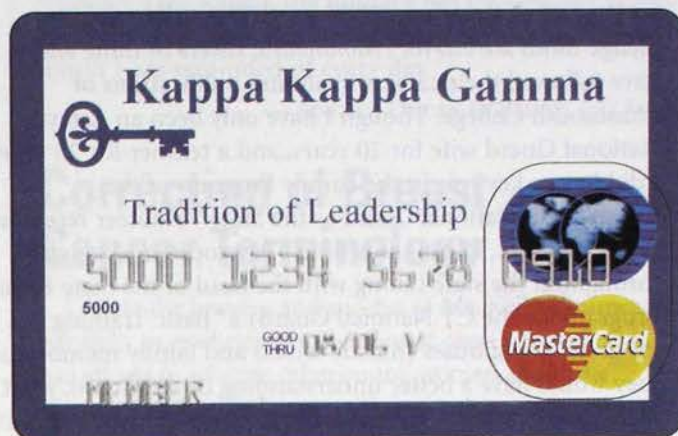
Please remember to keep your address and contact information current with Fraternity Headquarters so you will continue to receive *The Key* and other official materials.

Calling All Military Kappas and Kappa Military Families

Do you know of Kappas currently serving in the armed services or Kappas who have family members serving? Kappa Kappa Gamma Fraternity would like to provide connections to Kappa military personnel or Kappa families of military personnel either at home or overseas. Please contact:

Lee Miller
2080 Harper's Mill
Williamsburg, VA 23185
lbmill@widomaker.com

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EDITOR'S NOTE: We are delighted to receive your letters but regret that we are unable to print each one. Please keep writing to *The Key* and know that we appreciate your input. Letters are edited for clarity and length.

Response to "Military Mentoring" Letter

I so enjoyed reading the letter titled "Military Mentoring" on Page 94 of the winter 2004 issue. The writer and her pledge mom are ALPHA^A, *Monmouth*, sisters of mine and I have followed their careers in alumni publications of Monmouth College. Though I have only been an Army National Guard wife for 20 years, and a teacher for 25 years, I did have a key role in the Family Program of the Connecticut National Guard as the State Volunteer representative, 1988-92. During this time I developed and taught throughout the state (along with the head of the State Family Program for the CT National Guard) a "Basic Training Program" for spouses (mostly wives) and family members so they would have a better understanding of the Guard, what their spouse was doing, resources, deployment, and support programs that were available.

This was such a wonderful experience and very heart-rending assisting spouses during the time of Desert Storm when many Guard members were deployed. "How will we pay the bills? Where do we go for medical help? How will our children manage? How do we use the Exchange and Commissary?" So many of these questions were part of this "Basic Training Course." Through the success of the CT National Guard Family Program, the CT National Guard was recognized nationally by the Army Community of Excellence in Washington, D.C., So I guess, I did a bit of "military mentoring" too!

I think it is remarkable that we three ALPHA^A members who graduated in the 1970s—me, LUCY HYDE JOHNSON and ANN BOLEY PARKER were all involved in military mentoring. I am certain it is from Kappa Kappa Gamma that this trait evolved after our experiences with Kappa's philanthropies and our community services as undergraduates at Monmouth, the original chapter of Kappa Kappa Gamma.

— LOUISE "BUNNIE" LAINE LUBS, *Monmouth*

Born into the Military

I was born into the military. On my first birthday, I had already moved three times. By my 20th, when my father retired, I had moved 16 times. My way of life began with countless packing boxes, new apartments, new schools, new friends, new everything. Well, not everything—despite enormous amounts of



TERESA CORONADO, *Hillsdale*, and friend.

government spending on the U.S. military, there is little for its servicemen and their families. I may have pitied myself for the things I lacked when I was too young to comprehend my father's job, but I no longer do.

We may have been poor by some standards but we grew rich in experiences. While we lived in Germany, we traveled to France, Greece and Italy because these destinations were close and inexpensive. Now I have friends in all parts of the world! And I cherish the few close friends I have kept through multiple moves. While I did not have a stable neighborhood for my childhood and adolescent memories, I had the military community. I had the civilian spouses who led after-school groups such as Girl Scouts and soccer and the servicemen who would look out for my family when my father was on duty or too far away. The most difficult part of growing up as an "Army brat" is that I was retired from the military "family" when my father retired from the Army. There is nothing like "growing up khaki." But I found that in Kappa I had, and still have, a sisterhood I can count on no matter where I go. I have never stopped moving and traveling, and I don't think it's something I will ever get out of my system. After all, my first crib was a packing box. However, I no longer need the military for my support system—I have Kappa.

— TERESA CORONADO, *Hillsdale*

Army Wife Draws on Her Kappa Experience

Many of my fondest memories and dearest friends are a result of the years I spent as a Kappa at Auburn University where I learned much about the meaning of sisterhood. I learned how to lead other women. I learned to understand and appreciate women with personalities and backgrounds much different from my own. Most importantly, I learned how difficult times can forge the strongest friendships.

Shortly after graduation, I joined a new sisterhood when I became an Army wife. It was not a position I particularly relished, and I looked forward to the day when we would be free to leave the military behind. Even as I pushed through graduate school, I despaired of ever actually "using" my engineering degrees in the mobile and unpredictable military lifestyle.

Then came September 11th, 2001, and my husband's deployments to Afghanistan and Iraq. As the wife of a young Army officer and a leader in the Family Readiness Group, I had daily contact with families struggling to cope with the realities of combat deployments. I found myself drawing on the skills I learned from Kappa. Once again, I was learning to appreciate and understand women much



Leigh with husband Andrew

different from me. Again, I found that common adversity fosters the deepest forms of sisterhood.

This was not the career path I had planned. I did not enroll in courses and cram for exams to become an "Army wife." I know now, however, that Kappa helped prepare me for this role even as I was pursuing other objectives. The military wives' already difficult job has become even more so in this post-9/11 world. I am proud to count these brave women as my sisters and plan to serve along side them for many years to come.

— LEIGH GUMBINER D'AMICO, *Auburn*

Married to the Military

As an undergraduate, I could have never imagined how being a member of Kappa could have prepared me for life in the military.

In the summer of 1998, a pledge sister introduced me to the man of my dreams. But, what I had never dreamed of was marrying someone in the military.

Being a military family takes sacrifice. I left my family and friends to follow my love around the world. We've lived in England, North Carolina and Florida in our six years of marriage. Moving every two and a half years takes its toll. It can make things like career progression a challenge. My "career" in public relations stopped before I really had a chance to get started—the English countryside didn't offer a lot of opportunities. Instead, I took a job answering phones in the optometry clinic on base. When we moved the next time, I was pregnant and have been a stay-at-home mom since.

I see my family about once a year. I've missed family events and weddings of pledge sisters while my husband was deployed and I stayed home with two young children. My husband has been to war, missing his pregnant wife and young son. Friends have lost their lives.

But, being married to a man in the military has its rewards. It also means I am a member of another type of sorority—the military spouses. In a lot of ways, being a member of Kappa has prepared me for this unexpected path. As an undergraduate we had weekly meetings and as a military wife we have the monthly "coffee" where we get together to discuss what's going on in our base community and to get to know one another.

Just as Kappa was a home away from home, the military spouse network is its own support system. When our significant other deploys to foreign lands, we are left behind to take care of one another. We celebrate birthdays, holidays and even wedding anniversaries together. Like Kappa, the military has become my family. Kappa taught me the meaning of sisterhood and it is a lesson I am reminded of every day.

— ANGELA DUDEK O'REILLY, *UC Irvine*

Correction of Breast Cancer Terminology

I salute the bravery and success of Ms. Kelln Zimmer in her fight to eradicate her own breast cancer, as well as in her efforts to educate other young women about the disease. As a healthcare practitioner, I also seek to educate my own patients and the public about the importance of early detection and wellness exams.

In reading her article, "But I'm Too Young to Have Breast Cancer," in the Spring 2005 issue of *The Key*, I noticed a statement that could cause undue alarm in many women. The reference to "calcifications" as a "code word for cancer" I would note as inaccurate. In fact, healthy breast tissue often has calcific deposits present. These are often referred to as "microcalcifications" or "calcifications." These areas could suggest changes in normal tissue, and should indeed be monitored for suspicion by a radiologist familiar with breast imaging through the use of routine mammograms and/or ultrasound as directed by the individual's own medical provider.

However, by no means does "calcification" automatically mean "cancer." Calcifications are often benign formations in healthy breast tissue. I would suggest anyone concerned about this issue speak to her medical provider. The following Web sites further support my information: emedicine.com, hersource.com.

— JENNIFER GIVENS GROVE, *Mississippi/Georgia*, PA-C, MPAS

Attn: Univ. of Washington Alumnae!

BETA PI CHAPTER, *Washington*, will celebrate its Centennial with a luncheon on **Sunday, October 23, 2005**. Save the date and plan to attend! Contact chairman JANNIE MCINTYRE WERLE at 425/828-4284 or werlegig@msn.com. Details will be sent to Beta Pi alumnae. (The spring 2005 issue listed an incorrect date. Please mark your calendar for October 23.)

Be Our Guest!

Consider what Kappa can do for you and what you can do for Kappa.

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

A visitor to our gracious and busy Fraternity Headquarters and Heritage Museum might be given a blue pamphlet titled *Fraternity Headquarters Guest Guide*. This pamphlet was designed for the many Fraternity and Foundation officers who have the pleasure of spending the night in one of the beautiful Victorian guest rooms in the upper floors of The Heritage Museum during Kappa business meetings. The pamphlet begins with a Welcome section and goes on through Meeting Information, Overnight Guest Information, Important Phone Numbers and ends with a Map and Visitors Guide of the building and surrounding community.

It makes me think of our journey through Kappa Kappa Gamma. We are welcomed through Recruitment and the New Member Program. Our knowledge and understanding of Kappa expands through chapter meetings and activities. It is as alumnae that we reflect “overnight guest” status as we move around the country and the world. Important phone numbers are our connection to old and new friends and the Fraternity as a whole.

What about that Map and Visitors Guide section? It familiarizes us with where we are in relation to others and how to find the special events, people and places to make the most of our “visit” in Kappa Kappa Gamma. There is great variety in the “sights” to be seen, such as:

- Buy a ticket to an Alumna Association. Costs are reasonable and doors open to other attractions. Can’t find a ticket booth? Use the “Owl Out on a Limb” coupon on Page 9 or visit www.kappa.org.
- Tour of the area. Stop off at the local collegiate chapter. These young women welcome alumna help from food preparation for Recruitment to an experienced member’s help as an adviser. There will be something for everyone and sharing memories, old and new, is a great free ride.

- Have an eye for décor, architecture and restoration? Serve as a member of the House Board. Safe and comfortable housing for our youngest members is a concern for all of us. Apply your expertise as a professional or as an experienced homemaker to making a Kappa home attractive and warm.
- Explore outside the map. Look for special events: Founders Day features a look back along with plans for the future. Attend your area Province Meeting or a General Convention and catch a glimpse of people, places and ideas that you might not have experienced before. Kappa is for a lifetime—a lifetime of exploring, enjoying and expanding vistas.
- Has your service at the local level inspired you to take on new and exciting responsibilities within the Fraternity? Apply for a Province or Regional Director position or committee position. (Visit www.kappa.org for an officer nomination form.) It takes close to 200 official Fraternity officers to keep Kappa moving in the right direction.



Advisers and chapter officers of **GAMMA KAPPA**, *William and Mary*, enjoy hot cocoa and cookies as they make covers for children's books to be donated to elementary schools in support of Kappa's RIF philanthropy.

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- Look at the people you meet. Some will be smiling and prosperous. Others may be needy—in body or spirit. Give to the Foundation to provide funds for scholarships, personal needs, training and leadership opportunities. And, RIF (Reading Is Fundamental) and other philanthropy efforts, financially and physically, offer myriad ways to give.

- Circulate and enjoy the party. Plan a reunion with any group of Kappas you feel particularly close to but haven't seen for a while. Renew old friendships and make new ones. Support and promote Kappa. Wear your badge and other Kappa symbols. You'll be surprised how many women you meet—or already know—who will say, "Oh, you're a Kappa, too!"

Enjoy your lifelong tour of Kappa ... hitting the high spots or closely examining all possibilities. It's fun to be a guest and even more fun to be part of the family. 



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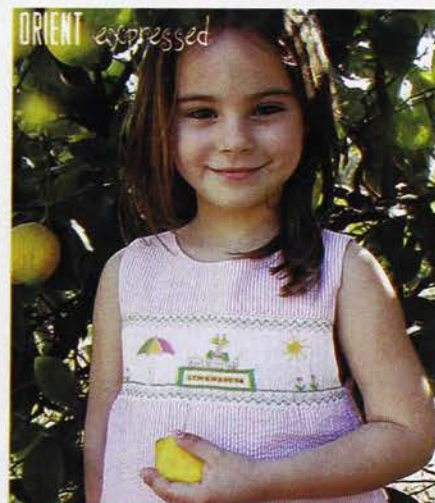
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Send to Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 308, Columbus, OH 43216-0308, kkghq@kappa.org, 866/KKG-1870.

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