

# The Key 125

A KAPPA KAPPA GAMMA PUBLICATION

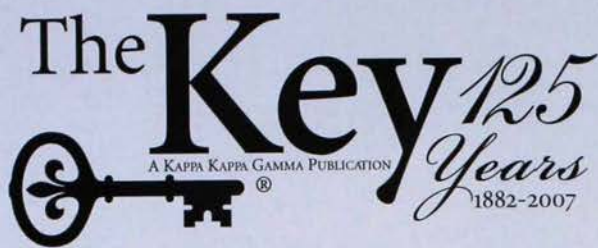
## Years

1882-2007



- Call to Convention 2008—Page 8
- Make Your Dreams Reality—Page 16
- A Precious Gift of Time—Page 22





VOLUME 124, No. 4  
WINTER 2007

*The Key* is the first college women's fraternity magazine, published continuously since 1882.

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College Fraternity  
Editors Association



National Panhellenic  
Editors Conference



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The best gift you can give back  
to a chapter is taking time to  
become an adviser. Which myth is  
standing in your way?



## **On the Cover**

Photojournalist ELIZABETH KREUTZ, *Texas*, captures the moment as JENNIFER MILIKOWSKY, *North Carolina*, nears the finish line of the 100-mile Livestrong Challenge in Philadelphia. On Page 46 find out how Jennifer fulfilled a dream motivated by a very personal inspiration and was supported by friends, family and her Kappa sisters.

*Photo by Elizabeth Kruetz: [www.kreutzphotography.com](http://www.kreutzphotography.com).*



*The Key* of Kappa Kappa Gamma links each member with the Fraternity. The mission of *The Key* is

- To inform, inspire and challenge
- To promote leadership, scholarship and friendship
- To sustain and nurture loyalty and interest
- To recognize the accomplishments of individuals, groups, the Fraternity and its Foundation
- To provide a forum for an exchange of information and opinion
- To be a permanent record.

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Send information and  
photographs for *The Key* to  
the Editor at the address  
above or via e-mail to  
[kstyers@kkg.org](mailto:kstyers@kkg.org).

## **Submission Deadlines**

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Summer—February 1  
Fall—May 1  
Winter—August 1

## **Rose McGill Magazine Agency**

800-KKG-ROSE  
800-554-7673  
[www.kkg.org/rose](http://www.kkg.org/rose)



# A Giving Tradition

Imagine what it was like to be one of our Founders or early members—you would have been among visionaries, innovators and leaders. These women introduced our beautiful ritual that still connects us today. They understood the importance of partnership and upheld the spirit of Panhellenic cooperation. But what truly made them visionaries was their philanthropic spirit and their idea to create a magazine to be given to all members.

Take one of our oldest philanthropic traditions—the Rose McGill Fund. In 1922, a Kappa named ROSE MCGILL, *Toronto*, was suffering from tuberculosis. Our early members recognized the importance of helping a sister in need and in 1933 created a financial aid program in her memory. Today, through the generosity of our members and others, the Rose McGill confidential aid program continues to support Kappas in need. You can support Rose McGill by going to our Web site, [www.kappa.org](http://www.kappa.org), and purchasing magazines for friends and family. This easy process allows the Kappa Kappa Gamma Foundation, through Rose McGill, to continue helping Kappas who have fallen on hard times.

How do you give? Many choose to give time by volunteering in community organizations or acting as the “go to” mom for carpools and activities. Those who have a specialized career may volunteer their talent (attorney, accountant, doctor) to a particular need or role. Women who are singers, actresses or musicians may put on a performance to help raise money for a cause. For many, donating treasures is the most fulfilling. The key to giving is choosing a method that helps the cause and is meaningful to you.

Have you ever considered donating blood or platelets at a local Red Cross center? Although some may be daunted by the thought of a

needle, this is one of the most direct ways to help save a life. Many women are in need of blood after childbirth or surgery, yet statistics show that few women actually give blood. The next time your campus, office building or place of worship has a blood drive, I encourage you to take the time to donate this life-saving treasure.

During the past 125 years, Kappa Kappa Gamma has continued to embrace the vision of its early members by giving *The Key* magazine to every member. Today we still believe that our Fraternity magazine, *The Key*, is a privilege of membership and a link to all members. It is a gift that Kappa will strive to keep giving.

Although we have much to be proud of when we think of our early members and what they accomplished, we continue to act as visionaries and philanthropists today. Therefore, make sure to celebrate your innovative ideas and philanthropic spirit and thank each other for the good deeds that you and your sisters do on a daily basis. And I thank you for keeping the vision of our early members alive through your endless generosity and commitment to serve the greater good.



Loyally,

A handwritten signature in cursive script that reads "Denise Rugani".

DENISE RUGANI, UC Davis  
Fraternity President  
[drugani@earthlink.net](mailto:drugani@earthlink.net)



# Commitment to Our Future

## *Strategic Plan Initiative Creates Roadmap for Kappa's Future*

When our Founders gathered to form their small, close sisterhood they surely could not have conceived of how it would grow over the years. At the same time, college campuses grew and changed. Alumnae developed paths in many varied careers and family concerns. The Fraternity as a whole embraced the continent and the world as knowledge exploded, industry expanded and human need grew.

Growing with the times, Kappa Kappa Gamma has seen the need for a Strategic Plan to address the needs of today and plan for those of tomorrow. The creation of the plan took a year. Province and Regional Directors and the Fraternity Council sought input from members of all ages. Feedback was constant and ongoing. At the 2006 Biennial Convention focus groups, through the Web site and *The Key*, members shared their thoughts, hopes and aspirations for Kappa. Research was done on today's college woman—not just those currently on campus, but also those whose college education promoted their thinking, decision-making and life path.

The message is clear. Kappa Kappa Gamma will focus on **relevance, commitment and innovation**. The Strategic Plan for 2007-2012 will state:

**Kappa Kappa Gamma will be relevant to today and tomorrow's women.**

Among the programs already in progress—programming for college seniors giving impetus for involvement in alumna life; life skills training with all programming; virtual connection for those living abroad; valuing inclusiveness during chapter recruitment.

**Kappa Kappa Gamma will champion individual commitment to the larger world.**

The goal is 100 percent of chapters and alumnae contributing to the Foundation. A PowerPoint program will provide chapters with information about the broad scope of

the Foundation and ways in which they can contribute now and later. No amount is too small and everyone's time and treasure is valued.

*"Innovation inspires individuals to lead. This plan will further Kappa's Tradition of Leadership throughout the 21st century."*

—DENISE RUGANI, UC Davis,  
*Fraternity President*

**Kappa Kappa Gamma will be an innovator in the use of technology.**

In a field that can only continue to grow with exciting new capabilities, some of those planned or in process include—Kappa songs and Ritual songs on the Web site. Real Time video of parts of Convention will enable members anywhere to watch programs such as the awards banquet, keynote speakers, Alumnae Achievement Awards, etc. Training programs in technology will be provided and all chapters and associations will have a micro Web site specific to their group.

Fraternity President DENISE RUGANI, UC Davis, says, "Innovation inspires individuals to lead. This plan will further Kappa's Tradition of Leadership throughout the 21st century."

The many members of the Fraternity Family will work together to make aspirations become accomplishments. Members of all ages and interests will find something that appeals to them, something to apply to their daily lives, something to make their day easier, something to support and uphold. **Relevance, commitment and innovation** will be our reality.



# Leadership Academy Is a Success

On September 6, 230 Kappa alumnae and collegians converged on the property of Bradford Woods, in Martinsville, Ind., for Kappa Kappa Gamma's fourth annual Leadership Academy. This fun-filled experience, provided through a generous grant from the Kappa Kappa Gamma Foundation, allows Kappa Kappa Gamma members to participate in outdoor leadership challenges, share in intergenerational group interactions and reflect on their personal leadership journey.







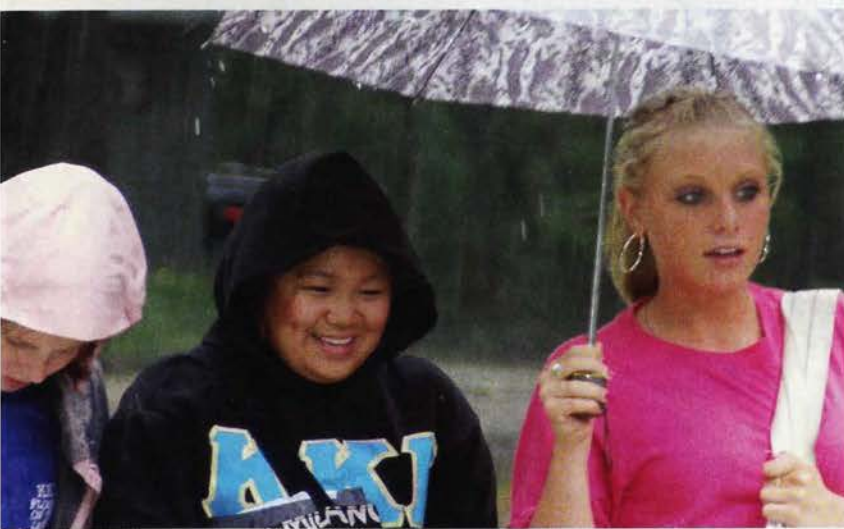
The weekend consists of three intensive days of leadership development based on *The Leadership Challenge*, by Jim Kouzes and Barry Posner. This curriculum allows participants to assess their leadership skills and continue to build these talents through the five leadership practices of:

1. Modeling the Way
2. Inspiring a Shared Vision
3. Challenging the Process
4. Enabling Others to Act
5. Encouraging the Heart

Through these practices, participants were able to evaluate and define their values, create their personal vision for leadership and discover the importance of enabling and encouraging one another to act.

Despite the sometimes soaking rain, these Kappa women persevered and not only enjoyed their time at Leadership Academy but also took back to their chapters, professions and communities a new determination for leadership and a sense of pride in Kappa Kappa Gamma.

*Excerpted with permission from The Leadership Challenge by James M. Kouzes and Barry Z. Posner. Copyright © 2007 by John Wiley & Sons, Inc. Published by Jossey-Bass, A Wiley Imprint. All Rights Reserved. For more information, please visit [www.leadershipchallenge.com](http://www.leadershipchallenge.com).*





## Improved Support for Advisory and House Boards

**I**n January 2006, an Advisory Board/Housing Task Force was appointed to address the needs and structure of the Advisory Board/Housing Committee. In June 2007, Fraternity Council approved the recommendations designed to improve business practices for the benefit of our chapters and AB/HB volunteers.

A significant change in our Advisory Boards structure is the establishment of a Coordinator of Chapter Support (CCS) for each Province. The CCS, appointed to a two-year term, will work with Province Directors and alumnae associations to recruit and train volunteers for Advisory and House Boards. The task force found that many volunteer roles were too big, the regions too large, and the problems too complex for one person to handle, which negatively impacted efforts to recruit and train.

House Board members manage multi-million-dollar properties on a volunteer basis and they need a centralized source of professional support. The task force recommended that this expertise be established at Fraternity Headquarters by adding a full-time Supervisor of House Board Finance, reporting to the Director of Finance. In today's world of litigation, fire and safety concerns, liability issues and financial complexity, the Fraternity can no longer rely solely on volunteers who, in most cases, do not have professional property management expertise. Although our House Boards are independent entities incorporated in their state, they deserve dedicated expertise to provide continuity, guidance and management systems that will make volunteer jobs easier.

In addition to the staff position, the task force recommended establishment of seven volunteer positions (Housing Specialists) to help with human resources, legal issues, fundraising, interior design, and investment and property management—one for



Multi-million-dollar properties like this Kappa house will be better supported by recent changes suggested by the Advisory Board/Housing Task Force.

Kappa-owned property and one for university-owned properties.

The task force also recommends Web-based training to meet the need for in-time training for volunteers. By implementing better business practices and utilizing technology, volunteers will be more willing and better equipped to serve as Advisory and House Board members.

## Coordinators of Chapter Support

**Alpha:** TBA

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**Gamma:** TBA

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**Pi:** Lila Isbell, BΦ, lisbell2000@yahoo.com

**Rho:** Andrea Martinez, ΔM, andreamarissa.martinez@gmail.com

### REGIONAL HOUSING FINANCE SPECIALISTS

**Regions (2, 3, 5):** Mariann Wilson Lyon, BΞ, grandtx@aol.com

**Regions (1, 4, 6):** Cynthia Harris Cashore, ΓK, crcashore@cox.net



## Association and Chapter Anniversaries

Congratulations to alumnae associations and chapters celebrating installation anniversaries from January to May 2008. To send greetings, contact information for chapters and associations is available at [www.kappa.org](http://www.kappa.org) under the "Directories" tab.

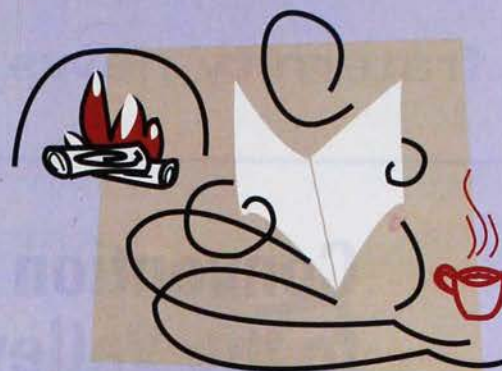
Marshall, Texas	1/24/1983	25 years
Champaign-Urbana, Ill.	1/25/1918	90 years
Evansville, Ind.	1/25/1928	80 years
Kingwood Area, Texas	1/27/1983	25 years
Indian River, Fla.	3/05/1968	40 years
St. Louis, Mo.	3/21/1903	105 years
Brevard County, Fla.	4/03/1968	40 years
Gamma Beta, <i>New Mexico</i>	4/05/1918	90 years
San Antonio, Texas	4/10/1928	80 years
Eta Delta, <i>Valparaiso</i>	4/18/1998	10 years
Gamma Gamma, <i>Whitman</i>	4/29/1918	90 years
Zeta Kappa, <i>Bowling Green</i>	4/30/1983	25 years
Lincoln, Neb.	5/01/1903	105 years

## Fee Increase Proposed

During the 2006 biennial budget presentation at Convention, the Fraternity Treasurer informed delegates that a small fee increase might be necessary beginning with the 2008 fiscal year.

As of July 1, 2008, it will be four years since the last fee increase. Operating expenses continue to escalate as our members expect better value, streamlined reporting, real-time training and more reliance on technology, staff and infrastructure. This summer, Fraternity Council voted to propose amendments to the Fraternity *Bylaws* at the 2008 Convention, increasing the alumna per capita fee from \$15 to \$17 and the active per capita fee from \$75 to \$82.

These amendments will require delegate approval during the Convention business meeting. Associations and chapters should allow for this possibility when planning the 2008-2009 budget and sending out dues notices.



*Cozy up this winter  
(with a good magazine!)*

Browse more than 900 titles  
and order at: [www.kappa.org/rose](http://www.kappa.org/rose)  
or call (800) KKG-ROSE

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Magazine Agency

## Paid Internship at Fraternity Headquarters

*Work with The Heritage Museum in  
Columbus, Ohio, for the summer of 2008!*

- Twelve weeks of work experience
- A stipend paid for the 12 weeks
- Up to \$500 if college course credit will be sought
- Housing provided
- A trip to the General Convention in Phoenix, Ariz.

Details and application are available at [www.kappa.org](http://www.kappa.org) or can be requested by contacting Fraternity Headquarters via e-mail at [kkghq@kkg.org](mailto:kkghq@kkg.org) or by calling 866-KKG-1870. Kappas of all ages and all backgrounds are encouraged to apply. Applications must be postmarked by February 1, 2008.



## Convention Calls Kappas to the Valley of the Sun

Planning for the future in an historically prominent hotel, Kappa Kappa Gamma calls you to join in the fun, business, learning and friendship of the 67th Biennial Convention taking place Wednesday, June 25 to Sunday, June 29, 2008. Come to Phoenix, Arizona, and take part in the many varied activities and connections that Convention offers in a beautiful desert location.

The name "Phoenix" came from a prediction by one of the town's founders that a great city would rise like the mythical phoenix from the ashes of the ancient Hohokam Indian settlement. Desert mountains surround the area, creating the "Valley of the Sun," a region of world-class resorts.

The Arizona Biltmore Resort and Spa was inspired by the work of fabled architect Frank Lloyd Wright, who oversaw construction as a consulting architect. The entrance is guarded by the famous "Sprites," a group of elongated mythological female figures Wright designed in 1914 for Chicago's Midway Gardens, relocated to the Arizona Biltmore in 1982.

Used as the setting for many Hollywood movies, the hotel has been a favorite spot for world leaders, superstars and industry moguls. Think of Marilyn Monroe and Clark Gable, as well as every U.S. President since Herbert Hoover enjoying the same hospitality that will surround you during Convention.

In this fabulous setting, you and hundreds of Kappa sisters will meet to conduct Fraternity business and share experiences with other collegians and alumnae. Leadership Festival provides an opportunity to learn more about every aspect of Kappa, to talk with Fraternity officers and absorb the broad extent of ways in which you can participate in Kappa.

A community service project will be the focus of an afternoon of service, in which everyone will give of her time and talent to support RIF (Reading Is Fundamental) and participate in creating items to be donated to local organizations.

Special events will include the wonderful Presidents Dinner, Celebration of Excellence





presentation of chapter and alumna awards, National Panhellenic Conference luncheon with guests from other NPC groups, celebration of the 125th anniversary of *The Key*, and more.

A sisterhood event for collegians will include an exchange of ideas, T-shirt exchange, songs, chants and games. Faithful members will be celebrated with 50-, 65- and 75-year pins at a tea, while the beautiful Memorial Service will honor those lost during the biennium. Presentations by the Foundation will explain opportunities for giving and honor past donors. Convention offers something for every age and interest.

Business and learning opportunities are eclipsed only by the memories of friendships made and renewed. Find someone from your college years whom you haven't heard from in ages. Talk with a bright and eager collegian to gain a better understanding of Kappa on campus today. Stay up late talking, sharing life experiences and get up early for the next unusual event. Spend time with a new acquaintance for a few days and make a lifelong friend.

General Convention is intergenerational, unique, informative, eye opening and fun. It is the reminder of the common bond we share through our ritual. It provides a different memory for each of us who attend. What will be yours?

***Convention registration materials will be available February 1, 2008. Visit [www.kappa.org](http://www.kappa.org) or e-mail [convention@kkg.org](mailto:convention@kkg.org) for more information.***



## *Tea and Tradition*

It is a tradition at each Convention to honor our members who are eligible during the biennium to receive 50-, 65- and 75-year pins, reflecting their years of membership in Kappa Kappa Gamma.

You are invited to be part of this very special occasion at the Arizona Biltmore Hotel and Spa in Phoenix for Afternoon Tea on Saturday, June 28, 2008, from 2:15-4:15 p.m. R.S.V.P. required.

Enjoy the excitement of attending Kappa Convention—visit with lifelong friends and meet new acquaintances. Reservations are required, so please call Fraternity Headquarters for more information about event details and costs. Call toll free 866-KKG-1870 or e-mail [convention@kkg.org](mailto:convention@kkg.org).





## Seeking Recommendations for Fraternity Leadership Positions for 2008-2010 Biennium

This is every member's opportunity to participate in the Fraternity's nominating process. Influence Kappa's Tradition of Leadership by recommending the most qualified candidates for the Fraternity Council and Regional Director positions. Complete the following form and mail it to **GAY CHUBA BARRY**, Penn State, Nominating Chairman, 1434 Quaker Ridge, West Chester, PA 19380, postmarked by February 1, 2008.

### Who is elected at the General Convention?

The seven members of the Fraternity Council, the six Regional Directors of Alumnae and the six Regional Directors of Chapters will be elected by the delegates to the 2008 General Convention in Phoenix, Ariz.

### Who may recommend a candidate?

Any Kappa may recommend a candidate. Suggestions also are solicited from chapters and alumnae associations. Interested individuals are encouraged to submit their names to the Nominating Committee.

### What are the required qualifications for a candidate?

Any alumna in good standing who has served the Fraternity within the past 10 years as a member of the Fraternity Council, Regional or Associate Council, chairman of a Fraternity Standing or Special Committee, Fraternity Council Assistant, Leadership Consultant or member of the Foundation Board of Trustees.

### What qualities are important?

The candidate must have proven leadership ability and strong managerial, communication and analytical skills. She should be mature, a good team player, self-motivated and able to relate well to others. She should be a role model—someone who will represent the Fraternity well.

### What is the term of office?

Fraternity Council members and Regional Directors are elected by a majority vote to a two-year term at each General Convention. No one may hold the same position for more than two terms.

### Responsibilities of the Fraternity Council Members

The members of the Fraternity Council are responsible for the management and administration of the Fraternity.

They set policy, determine the direction of the Fraternity, deal with Greek-related issues, have jurisdiction over all cases of loss of membership and reinstatement, appoint alumnae to serve on committees, supervise the work assigned to those committees, interpret the Fraternity *Bylaws* and *Standing Rules*, work closely with the Kappa Kappa Gamma Foundation, and report to the General Convention all action taken by the Council.

### Fraternity Council Positions

**President:** Presides over all meetings of the Fraternity and the Council, supervises Fraternity operations and administration, oversees relations with colleges and universities, presides at the Installation of new chapters, is an *ex officio* member of all committees except Nominating, and appoints individuals to vacancies with the approval of the Council.

**Vice President:** Presides in the absence of the President, assists the President in all ways, oversees all publications, public relations projects and special programs, including Education, philanthropy and technology.

**Treasurer:** Reviews the Fraternity's financial operation, develops a fiscal plan for the future, oversees all areas of Fraternity finance, directs the work of the Finance Committee, prepares the budget, serves as Treasurer of the Kappa Kappa Gamma Foundation, and reports to the Council and the General Convention.

**Director of Alumnae:** Supervises the organization and administration of alumnae associations, participates in the alumnae association extension program, and directs the work of Fraternity volunteers involved with the development and management of alumnae associations.

**Director of Chapters:** Supervises the organization and administration of all collegiate chapters, is responsible for the annual review of chapter management and needs, and directs the work of the Fraternity volunteers involved with the development and management of chapters.

**Director of Membership:** Directs the program and selection of new members, is responsible for membership policies and procedures, and assists in the annual review of chapter needs.

**Director of Standards:** Is responsible for Fraternity standards as outlined in the Fraternity *Standing Rules*, as well as policies and procedures, works with the chapter Standards Committees, and participates in the annual review of chapter needs.



### **Responsibilities of Regional Directors**

Regional Directors of Alumnae and Regional Directors of Chapters oversee the work of the Province Directors of Alumnae and Province Directors of Chapters. Regional Directors confer with the Fraternity Council regarding the effective operation of the regions and the business of the Fraternity. They make recommendations to the Fraternity

Council and Associate Council for the functioning of the alumnae associations and chapters within their regions. They are responsible for program development, implementation of policies and procedures and training.

### **Regional Director Positions**

Regional Director of Alumnae (seven positions to be slated)

Regional Director of Chapters (seven positions to be slated)

## **Kappa Kappa Gamma Recommendation for Fraternity Position**

Mail to GAY CHUBA BARRY, Penn State, Nominating Chairman, 1434 Quaker Ridge, West Chester, PA 19380, postmarked by **February 1, 2008**. Form also is available online at [www.kappa.org](http://www.kappa.org).

I recommend \_\_\_\_\_  
*First Name Middle/Maiden Last Husband's First Name*

\_\_\_\_\_  
*Street Address City State/Province Postal Code*

Chapter \_\_\_\_\_ Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

I have known this Kappa for \_\_\_\_\_ years.

I have worked/interacted with this Kappa in the following ways: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What skills, talents and experiences will this Kappa bring to a Fraternity Officer position?: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Recommended by: \_\_\_\_\_  
*First Name Middle/Maiden Last Husband's First Name*

\_\_\_\_\_  
*Street Address City State/Province Postal Code*

Chapter \_\_\_\_\_ Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Recommended by: ☐ Chapter ☐ Association ☐ Individual ☐ Other



# Letters to the Editor ...

**EDITOR'S NOTE:** We are delighted to receive your letters but regret that we are unable to print each one. Please keep writing to *The Key*, and know that we appreciate your input. Letters are edited for clarity and length.

## Protecting Children with Allergies

I just read the article about Allergy Kids in the fall 2007 issue. I am a professor of education at Eastern Michigan University where we prepare more school personnel than any other school in the nation. I applaud ROBYN MCCORD O'BRIEN's, *Washington and Lee*, work and will do my best to spread the word to my colleagues who prepare future teachers about their responsibility in knowing about allergies.

—KAREN MENKE PACIOREK, Pittsburgh

For more information, visit [www.allergykids.com](http://www.allergykids.com).

## The Smile Behind the Voice

What fun to see MARY ELLEN THOMPSON FIGGINS, *Ohio State*, in *The Key*! Now I have a face to see when I call the Rose McGill Magazine Agency. I hope the article will spur more activity in our association. Please renew my *Bon Appetit* subscription.

—JODY

We received several notes about the fall 2007 photo of Mary Ellen. Many Kappas have enjoyed speaking to Mary Ellen over the phone for years, but have never had a chance to meet her in person.

## Mystery Photo

On October 11, 2007, I went to my mailbox and found a complete surprise—my *Key* magazine with my mother's picture on the cover (left corner) and one of her knitting in an inside article.

We have a long line of Kappas from BETA TAU, *Syracuse*: My mother MARIE POWERS BROTHERS THOMAS; my grandmother INA WALLACE THOMAS; and I, BARBARA THOMAS HENDRICKS; and also a niece, CINDY THOMAS HAYES, *Emory*.

—BARBARA THOMAS HENDRICKS, *Syracuse*

Thank you for identifying your mother in the photograph. The photograph was scanned from a 1915-1918 scrapbook assembled by HELEN ROSS RUSSELL, *Syracuse*.



## Domestic Violence Story Has Impact

Thank you for researching my request and forwarding the domestic violence article from the spring 2007 issue to me. It's amazing that I remembered this one sentence ["Most women try to leave an abusive situation an average of seven times before actually being able to do so."] and how it restored some of my self-esteem. The article helped me realize that I am not crazy and not alone.

—CATHERINE

## Idea Sparked by Ponytail Hat

KATE MCCARTHY BALIOTTI and VANESSA FIORITO SCHENCK, both *Oregon*, have designed a really cute hat to be worn with a ponytail. It struck me immediately that this could be a boon to chemotherapy patients by attaching a fake ponytail and a few tendrils. It's just a thought, but as a seven-year breast cancer survivor, I think it would be well received, especially in the color pink.

—NANCY CALLAGHAN CLELAND, Washington



The *Key* has shared this idea with Kate and Vanessa, who were featured in the fall 2007 issue, Page 41. For more information about the ponytail hat, visit [www.girl32.com](http://www.girl32.com).

## Kappa Is for a Lifetime

Embarrassingly enough, I have not attended a Kappa alumna event in quite a number of years; however, I attended a book talk by author MARJORIE JACOBSON HART, *Iowa*, [*Summer at Tiffany*]. Listening to Marjorie reflect about the experiences she had in the summer of 1945 and her close, enduring friendships with her Kappa sisters was a perfect reminder of how important Kappa was during my own college years and still can be—that Kappa really is for a lifetime. So this occasion of the SAN DIEGO ALUMNAE ASSOCIATION author event rang a particularly meaningful "bell."

—POLLY MUELLER CIPPARRONE, *Puget Sound*

*Summer at Tiffany* was featured in the summer issue of *The Key*, Page 41. Marjorie's charming memoir is published by William Morrow/Harper Collins and was edited by JENNIFER POOLEY, *Colgate*.




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*by enjoying the friendships and fun that come with participation in an alumnae association.*

Please provide the following information via e-mail to [kappaowls@kkg.org](mailto:kappaowls@kkg.org) or complete the form below and send it to **CAROLINE POOLE CAMERON, Florida State**. She will put you in touch with the alumnae association nearest you or with your Province Director of Alumnae.

**YES! I want to know more about Kappa Kappa Gamma alumnae association opportunities near me!**

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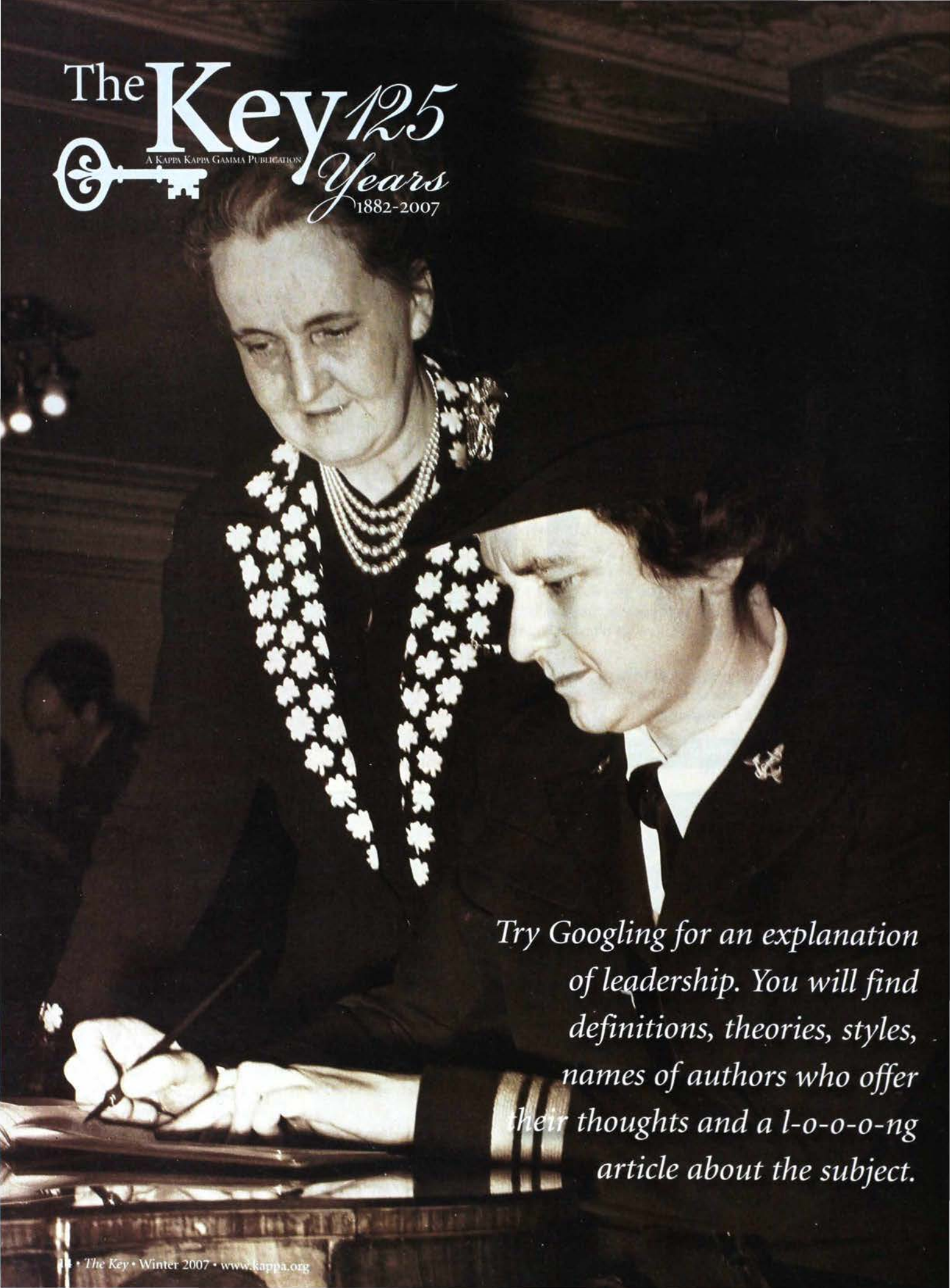
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☐ I would like to work with a chapter in an advisory position.

Mail to **CAROLINE POOLE CAMERON, Florida State**, 1612 Leaf Cove, Jonesboro, AR 72401 ([kappaowls@kkg.org](mailto:kappaowls@kkg.org))







# The Key 125 Years

A KAPPA KAPPA GAMMA PUBLICATION  
1882-2007

*Try Googling for an explanation of leadership. You will find definitions, theories, styles, names of authors who offer their thoughts and a l-o-o-o-ng article about the subject.*



# Tradition of Leadership

*Potential develops into achievement.*

—By LOIS CATHERMAN HEENEHAN, *Adelphi*

What is leadership to us, as Kappas? It is a basis of our history, for one thing. We were among the earliest fraternities for women. This year we are celebrating the 125th anniversary of *The Key*, the first magazine among these groups, published continuously since 1882. Kappa called the first gathering of women's fraternities in 1891, the origin of what became the National Panhellenic Conference. We were the first to establish a Central Office in 1922 and 30 years later it became the first permanent Fraternity Headquarters among women's groups.

Kappa Kappa Gamma also was the first women's fraternity to move from Grand Chapter to Grand Council form of organization (1881), first to adopt the Graduate Counselor system—currently the Chapter Consultant position (1928), and first to set up Service Women's Centers (1942). Undoubtedly, Kappa's Tradition of Leadership is time honored and varied.

But what does it mean to us individually as women and as members of Kappa Kappa Gamma? We cannot all be leaders, you might say. Perhaps not, at least by a generally accepted idea of leadership. Maybe that's a glass half-empty. But consider the half-full viewpoint. We may not run for a political office, but we may preside over the PTA or run a local walk for cancer or heart disease. We may not solve an equation equal to Einstein's work or write the great American novel, but we may teach our children to appreciate the value of math or open them to the joys of reading. In all of these ways we are leading.

Some Kappas have written to *The Key* because they are in awe of the women featured and feel diminished by not having accomplished so much in their lives. In response to that, consider this definition of leadership: "the ability of an individual to set an example for others." Or think about this statement in the United States Constitution: "The authority of leadership derives from the power of the voters as conveyed by the electoral college." Both concepts recognize the value of the individual and whatever contribution one person makes to the whole. Leadership is not accomplishment; it is potential. Kappa's Leadership Academy is built on that concept, providing the opportunity for sophomores to learn more about themselves, about Kappa, about interaction with others and, potentially,


about how each of the participants can become a leader.

Have you ever watched a flock of geese in flight? They are in a > formation...one member leading, on point. Continue watching and you will see that the leader may tire and fall back, but a member of the flock will move forward to head that > formation. Leadership need not be ongoing or drain the strength of the point person. Anyone can step forward when a need is seen and the need may be global, national, regional or local. The mother who forms a nonprofit organization to provide diapers for the babies of low-income families in her area, the volunteer who brings pet therapy dogs to a hospital or nursing home, the worker who sees health and safety violations and brings them to the attention of supervisors, or the "whistle blower" who shines the light on dark practices in corporate structure—all are flying forward to fill a need, to point in the right direction, to give of their strength.

And remember ... leaders need followers! There's no sense showing how to fly in > formation if no one is flying behind you! Setting the example inspires others. Going quietly about the business of filling a need, helping an individual or a group does not require a podium and a microphone. Leaders come in all shapes, sizes, mindsets and qualities. And leadership is not a goal to be sought or attained; it is a quality to develop, cherish and encourage in others.

Former Secretary of State Colin Powell said, "Leadership is the art of accomplishing more than the science of management says is possible ... If you are going to achieve excellence in big things, you develop the habit in little matters. Excellence is not an exception; it is a prevailing attitude."

Kappas continue to learn leadership all through their lives. Mother, volunteer, worker, executive—leadership is not where you are but who you are, not what you have done but how you have done it. Former Fraternity President HELEN SNYDER ANDRES STEINER, *Washington*, said, "The reward comes not from the greatness of the task done, but from doing it well."

As individuals and as a Fraternity, Kappa Kappa Gamma's Tradition of Leadership is our strength, our vision and our continuing pursuit. 



# Make Your Dreams Reality

## *Career Coaches, Mentors and Accomplished Women Share Secrets to Success*

— By ANN GRAHAM SCHNAEDTER, Missouri

Whether you are 6 or 60, do you still wonder what you want to be when you grow up? Some of us have been driven toward a goal for as long as we can remember—we know our passion. Yet others continue to search for their true passion for decades.

CAROL CARTER, Arizona, president of LifeBound ([www.lifebound.com](http://www.lifebound.com)), a national coaching and resource company for students and career seekers, helps people find their passion by using coaching techniques. "The coaching model is based on motivating people to do and be their best by inspiring them towards their own answers," Carol explains. LifeBound coaches ask questions like: Where am I in my life? Can I be better at what I do? Do I want to be better or has my passion run its course? If I change gears right now, what are my greatest fears? If I knew I couldn't fail, what would I do?

Answering these questions is the first step. "I think one of the biggest and most damaging myths people hear is that 'if you are following your true passion, success will flow easily without struggle,'" says DIANE BASSETT, UC Santa Barbara. Diane's 19 years of high tech sales and marketing management experience hasn't been without bumps in the road, but she has developed a method for



CAROL CARTER, Arizona, founder and president of LifeBound career coaching

setting explicit goals to keep her on track. She writes goals for five areas of her life: spiritual, family, professional, financial and personal. Each category has 90-day, 18-month and beyond-18-month goals. A template for Diane's goal-setting tool can be found at [www.kappaconnections.com](http://www.kappaconnections.com). Diane's method is just a guide—personalize it to fit your life.

Finding a mentor is also an important step in believing you can achieve your dreams because the mentor is a living example that what you desire can and has been done. One of



the great benefits of membership in Kappa Kappa Gamma is the infinite possibilities for mentoring and networking. Reach out to an alumnae association in your area, search the Kappa Web site member directory for contacts or join the Yahoo Kappa Connections ([www.kappaconnections.com](http://www.kappaconnections.com)) to connect with other members.

*The Key* has interviewed several members who are pursuing their dreams. Although these women are pursuing very different paths, they follow common themes of perseverance, tenacity and courage.

## A Long Road to Medical School in Her Retirement Years

Going to medical school always has been a dream for LISA BECKLEY, UC Davis. But sometimes dreams are in hibernation for years, waiting for the right moment to come alive.

Lisa has had a successful career as a dietitian. She authored the book, *Diet, Addiction and Recovery*, which concentrates on the role of nutrition in addiction recovery. She says it was always her intention to go to medical school, hoping to become a nutritional physician. She originally intended to work as a nutritionist for a couple of years for the experience and then go to medical school. But good jobs kept coming along, including a stint at the Betty Ford Clinic where she developed the concept for her book, and finally, private practice.

She says two years became 25 and now, at age 47, this is the first time in her life that the time is right and that her health allows her to return to school. Her goal is to get a medical degree before her parents advance in age and before her son leaves the nest for life as an adult.

Though successful, Lisa's life has had its share of ups and downs. She has been successful in spite of battling dyslexia, spinal surgeries, a litigious divorce and raising a special needs child. She says at times it was hard and she tailored her career around her health—the flexibility of her employers made it possible. Her son



LISA BECKLEY, UC Davis, with hospital nutritionist, Elena Wambui Gachau, at the Presbyterian Church of East Africa Hospital in Limuru, Kenya.

is now old enough to apply to colleges and as she takes basic classes needed for application to medical school, she finds they are experiencing the same challenges together, taking similar courses to prepare for admission. As a single mom, she hopes her work ethic has been a role model for him.

Lisa finds it ironic that, though a shy person, she can speak about nutrition in front of hundreds of people, and despite having dyslexia and making multiple attempts to pass remedial grammar, spelling and composition, she has authored several books and papers. Presently she is taking two genetics classes needed for admission while still working at Hope Memorial Presbyterian Hospital as a medical dietitian.

But through it all, Lisa maintains a sense of humor. She has worked with people in rehab who have permanent disabilities yet are trying to achieve and have a good attitude. Lisa believes, "Attitude is the lubricant which makes the impossible, possible."

Lisa has credited several of her Kappa friends from the San Francisco Bay Area for supporting her throughout her many trials and health challenges. She also credits inspiration from other single moms who overcame serious challenges. One was a mother with four children who returned to school full time. Another was a woman who coped with a son with a terminal illness with no family or support network available. From these examples, Lisa says, "Why not move forward to sow and harvest new circumstances?"





**BARBARA BASSUENER, William and Mary,** visits a young friend she met while on a missionary trip to a Honduran orphanage.

## Journey to Ministry

### *Kappa Pursues Lifelong Dream as a Second Career*

For some, the decision to enter the ministry comes slowly, but the desire to do so is like a magnet. For **BARBARA BASSUENER, William and Mary**, that desire has surfaced after 25 years as a lawyer with the U.S. Environmental Protection Agency, and the pull is enough for her to want to come out of retirement and begin the long process of, hopefully, becoming an Episcopalian priest one day. There will be many steps along the way and many challenges.

Barbara received both an undergraduate degree in government and a law degree from William and Mary and enjoyed her work as an attorney in the Brownfields Cleanup and Redevelopment program, helping to secure grants to aid in the cleanup of contaminated properties. She and her colleagues pioneered innovations in the way government can work to create healthy environments that recycle and reuse land.

Since childhood, and as she matured in her faith, Barbara has increasingly felt compelled to greater expression of that faith. She says she soon discovered that “my heart was telling me that what I had done was not enough anymore.” She felt there was something more than participating in a nursing home ministry or mission trips.

The first step in her journey, she says, was the realization. The second step was the scariest for her, she says, “When you have to tell someone, you have to tell your priest.”

After more than a year in discussions and meetings with other priests and with parishioners from her church, Barbara met with Virginia Diocesan Bishop Peter James Lee in Richmond, Va. At that meeting last summer she was accepted as a Postulant for Holy Orders and in the fall entered the Virginia Theological Seminary (VTS) in Alexandria; she began a three-year master of divinity program.

Before entering the Seminary, Barbara traveled with a missionary team to San Pedro Sula, Honduras, where they visited Nuestras Pequeñas Rosas (Our Little Roses), a safe haven for abused, abandoned and orphaned girls. Volunteers came from many countries to attend to the needs of indigent families and street children, giving them a source of food, clothing and medical care. Barbara says one of the great joys of the journey was the opportunity to play with the children. This may have been the last opportunity for a mission trip of any length while she attends seminary.

Like many other faith groups in the U.S., the Episcopal Church ordains women to the priesthood. It began doing so in the mid-1970s. There is no guarantee that ordination will follow for Barbara, but she is thrilled to have made it this far in the process.



World traveler **LISA LUBIN**, *South Carolina*, bikes toward Hoa Lu, during a two-week cycle trip through Vietnam.



## Kappa Treks Around the World

While some harbor a dream for years, **LISA LUBIN**, *South Carolina*, an Emmy-award winning writer-producer for ABC in Chicago, decided to sell her condo and follow her dream of traveling around the world.

Lisa loves exploring, and after college went backpacking for a month in Europe with a Kappa sister. She made a promise to travel somewhere far away every year, but the longest trip was for three weeks. She read, *“One Year Off”* by David Cohen, who traveled around the world with his wife and children for a year. She decided, “If they can do it, I can do it.”

Timing played a role in her decision. She had broken up with her boyfriend, her cat had died, and she quit her job producing travel specials. Lisa says that “for the first time in my life I was virtually free, no pets, no boyfriend, no job. It was the incentive to grab this amazing opportunity—now or never.”

To finance it, Lisa stays in hostels and budget hotels. Living in Chicago would have cost more than the trip. She says hostels average \$20 a night

and in Costa Rica she stayed in one that was \$6 for a single room.

Lisa is cost-conscious, but she does not deprive herself of opportunities like a one-week Galapagos Islands cruise or a two-week cycle trip in Vietnam. She found part-time jobs to offset expenses. In Australia she worked in a cafe in Melbourne, and in Istanbul, she tutored English. She even found a job cat sitting, gaining a free apartment for a month. Working provided opportunities to get to know the countries and locals in depth.

Before leaving, Lisa put out a “call” to everyone she knew, asking for contacts anywhere around the world. She has met many people and had more local experiences with friends of friends. Since she left in October, she went to Central and South America, then to New Zealand and Australia, Southeast Asia, Dubai, Turkey and is working her way through Europe.

She says language is not a barrier. She polished her Spanish with an immersion program in Costa Rica where she took classes during

the day and lived with a Spanish-speaking family. She’s picked up bits of Vietnamese, Cambodian, Thai, Turkish and Romanian—enough to get by. And, she says, English is prevalent everywhere.

A writer and photographer, Lisa hopes to write a book, and has a blog at [www.LLworldtour.com](http://www.LLworldtour.com). She feels there is no better “real life” education than seeing the world and meeting its people firsthand. Even on a “dream” trip, Lisa realizes that one day she’ll work for a living.

She feels that she has always been a strong, independent woman and this was what she liked so much about Kappa. She says her experience in **EPSILON KAPPA**, *South Carolina*, “complemented who I was and allowed me to grow even stronger as an individual and a woman.”

Visit [www.kappa.org/TheKey](http://www.kappa.org/TheKey) or [www.LLworldtour.com](http://www.LLworldtour.com) to see Lisa’s photos.



Lisa came upon these village children on her way to KonTum, Vietnam. They were all smiles and thrilled to “hang out” with her.



Lisa “chills out” on an iceberg atop Argentina’s Perito Merino Glacier in Southern Patagonia.



# Her Cheese Stands Alone

## *Mozzarella Maven Finds the Perfect Balance of Art and Science*

—By JUDY DARMER FERGUSON, *Texas*

She might be a mozzarella maven, but PAULA STEPHENS LAMBERT, *Texas*, is far beyond curds and whey. Paula has perfected cheese making, a blend of art and science. Founder of The Mozzarella Company, an artisanal cheese factory in Dallas, Paula continues to develop the art of cheese making after more than 25 years in the business.

Artisan skills are passed down through generations, but Paula is a relative newcomer on the cheese scene. After graduating from the University of Texas and teaching first grade for several years, she took a life-changing trip to Italy. She studied Italian and art history and also taught English and worked in a winery.

While in Italy, Paula developed a taste for pure, fresh Italian cheeses—a superior quality she couldn't find in the U.S. In 1981, during another visit to Italy with her husband Jim, Paula learned to create handcrafted cheese herself. The following year, Paula founded The Mozzarella Company.

Paula attributes her success to determination, hard work and an apprenticeship in Perugia, Italy—without it she would not have achieved more than creating a few batches of cheese in her home kitchen. Her dedication has elevated the art of cheese to something far more refined than a good disguise for broccoli. While she started by perfecting mozzarella, Paula has branched out to more than 35 different types of handcrafted cheeses.

Paula credits those who have shared her passion and assisted her over the years. To get started, she invited a professor from Italy to come to Dallas. Another mentor, Rodney Lockhart, advised her on the purchase of dairy equipment. Several of her employees have been with her for more than 20 years. Her friend Chuck Williams of Williams-Sonoma introduced her to a location in the Dordogne region of France where Paula teaches cooking classes. Paula's friendships grew quickly as she made deliveries and spoke personally with chefs and retail marketers.

Paula's cheeses, now famous, have been served at the Academy Awards and to Presidents and royalty. She has been featured in *Gourmet*, *Food & Wine*, *Bon Appetit* and *The New York Times*. While receiving more than 100 awards for her legendary cheeses, Paula says her passion for making cheese continues to offer her

stimulating interaction. She enjoys sharing ideas and expertise with others in the field and related areas.

"Cheesemaking is an art. It involves balance as well as technique. It is a dance. It is a symphony," says Paula.

Paula also enjoys "enduring" Kappa friendships. In 2005, she was the featured speaker at the Ft. Worth Tablescapes, a charity event sponsored jointly by Kappa Kappa Gamma and Pi Beta Phi. She continues to spend time with Kappa friends as she travels in her business or cooks with them in her classes.

### RESOURCES

- *The Cheese Lover's Cookbook & Guide*, Paula Lambert, 2000, Simon and Schuster
- *Cheese, Glorious Cheese!*, Paula Lambert, 2007, Simon and Schuster
- [www.mozzco.com](http://www.mozzco.com)



PAULA STEPHENS LAMBERT, founder of The Mozzarella Company



# Get the Life You Love!

—By PATRICE DICKEY, North Carolina

Have you spent more time planning a vacation than charting the course of your life? Vacations are fun—pick a fabulous destination and accommodations. But life requires more planning. Moving forward into a more authentic life requires building a foundation of self-awareness, self-acceptance and self-respect, which helps even the most successful people avoid self-doubt.

During “Get the Life You Love,” a six-week course that I’ve taught at Emory University since 1999, we begin by imagining what kind of animal we would be. A young mother, a puppy, says she needs to cultivate her own life because she has always done what others expected. Another woman, an independent cat, states she is happily single but wants to discover her passion, and experience life’s magic. We laugh about how many times we have followed life’s routines, but expected different outcomes.

Once illusions melt away, people recognize, “It’s not the world at fault for not delivering what I want; it’s my view of it—and how I engage it!”

We all seek to experience passion—a connection, a way to give back. In class, we reflect and commit in writing to simple shifts that have impact over the long term. A Spanish proverb states, “Habits are first cobwebs, then cables.”

By writing and discussing answers to questions about your most important endeavor, you will hone what you want from life, and what your legacy will be. One participant reflected, “I am my own movie.” It is our privilege, and our challenge, to write our own scripts. 🔑



## Simple Tips to Shift Your Life Script

1. Perfectionism cultivates self-doubt. Aim for progress, not perfection, and strive instead for personal excellence.
2. Throw lots of spaghetti against lots of walls and see what sticks. Did you know that Julia Child didn’t publish *The French Chef* until she was 49?
3. Create a treasure map or dream board of what you want to experience—include pictures and positive headlines. Place it where you will see it frequently.
4. Be conscious of your facial expressions—even a simple “face of concern” with knitted brows can bring you down. A smile lifts your physiology and kicks positive endorphins into gear.
5. Tap your creativity to discover your natural gifts. Think of activities you enjoyed in childhood and re-engage. Find books that resonate for you—determine their common themes for clues.
6. Get a new mantra: “All is well, all is well.” It doesn’t help to think that you are too old, too fat or too late. All is well!

---

PATRICE DICKEY, North Carolina, is an award-winning educator and registered corporate coach who has achieved outstanding ratings as one of fewer than 10 female Dale Carnegie Sales Training instructors in the world. For 20 years, Patrice ran a PR consulting firm, and she regularly writes magazine articles on wellness. She is the author of *Back to the Garden: Getting from Shadow to Joy*. For more, visit [www.patricedickey.com](http://www.patricedickey.com).





VICKI HILL CARRIGAN, UC Riverside, and LYNNE STANTON WHINNEM, Georgia Southern (both EPSILON Pi, UC Riverside, advisers) enjoy Convention.

To a young person, the most precious gift is that of mentoring. Kappa's collegians, young adults, mentor children by reading to them and setting up libraries through the Reading Is Fundamental philanthropy. Mentoring is not expensive—it's a gift of time and experience, and the rewarding relationship that develops is well worth the effort. Kappa has the opportunity to develop countless mentoring relationships—between 167,411 alumnae and 12,875 undergraduate collegians. Yet very few take advantage of this opportunity.

## Mentoring—a Precious Gift of Time

—By VICKI HILL CARRIGAN, UC Riverside

While some chapters are fortunate to have fully staffed Advisory Boards, others have few or no advisers. While I've had wonderful experiences as a Kappa, by far the most rewarding has been advising. I ask myself, "Do our alumnae know what they are missing?" It is my hope that you will take advantage of the opportunity that advising offers to both the advisee and adviser.

Common misperceptions are, "I don't have enough time" or "I'm too old—everything has changed since I was in college." Don't let your fears stand in the way of this tremendous opportunity to be a mentor to our younger members.

### Dispelling Advisory Board Myths

**"You have to be young."** Older advisers have a maturity and wisdom that come with age and experience. Also it may be easier to be a mentor if you are older, rather than a peer. An ideal Advisory Board spans the generations—a living exemplification that Kappa membership is truly for a lifetime.

**"You have to know everything."** When recruiting new advisers I often hear, "Everything has changed since I was an active member, and I don't know everything." Here's a little secret—none of us does, but we figure it out along the way. Many resources are available, from Kappas's Web site to personal guidance and mentoring from Province

Directors of Chapters and Advisory Board/House Chairmen. None of us is perfect and mistakes will happen—that's okay. Mistakes are important lessons for collegians as well. Let's learn together from our mistakes so that future generations can do a better job.

**"It's too time consuming."** Some positions are time consuming and others are not. What is really required is a commitment, regardless of the size. If your time is limited, volunteer for a smaller role that can be handled by e-mail or phone. But, I encourage those who think that they will never take a "big" position to keep an open mind. As Chapter Council Adviser, I commit to being at weekly meetings for one to two hours, but sometimes I cannot be there so we use a speaker phone, or another adviser attends for me. I communicate by phone or e-mail or text messaging; sometimes we meet for coffee or they come over for a home-cooked meal—yum. Other advisers cover chapter meetings, recruitment events, budget preparation, social events, etc. By having many advisers willing to do a part, we spread out the commitment among us so no one is overwhelmed.

**"I don't live near my chapter."** You are encouraged to advise any chapter of Kappa, not just the chapter you attended. In fact, it is more rewarding to bring a variety of diverse Kappa experiences to the Advisory Board. This diversity of members helps to expand the Kappa experience.




The best advice that I give to all advisers, is get to know your officer and other members of the chapter, as well as the other advisers. Come to at least one meeting or event per year, so that the collegians know who you are and vice versa. I promise you that once you get over the initial fear and start attending, you will want to be there because of the personal relationships with the chapter and other advisers—it becomes fun!

## What's in It for Me?

Being an adviser keeps you young and allows you to be selfless. Think of how Kappa has enriched your life. You have the opportunity to share that with the next generation by paying it forward. I cried tears of joy when two chapter Presidents I advised became Leadership Consultants. When I think of the tragedies that have struck college campuses lately—a Kappa sister killed by a drunk driver, or murdered by an enraged student—I am glad those remaining active members have advisers to embrace and help them survive tough times. When a crisis on campus occurs, the first ones there are typically the advisers. As an adviser, and as a mother, I find that very comforting.

## Calling All Kappas

Imagine if each collegian volunteered, after graduation, to be an adviser at some point in time; and each alumna volunteered to serve at least one year on an Advisory Board. We would have full Advisory Boards sharing wisdom across the generations, enriching the Kappa experience for all of us. There would be a waiting list to volunteer—that is my dream.

The experience of being a member of Kappa Kappa Gamma is truly for a lifetime. Make the most of that lifetime membership by experiencing each facet of Kappa membership: active, alumna and adviser. 

**EDITOR'S NOTE:** VICKI HILL CARRIGAN, UC Riverside, advises EPSILON PI CHAPTER. Vicki welcomes e-mails from advisers or those contemplating becoming an adviser: [carriganfamily3@charter.net](mailto:carriganfamily3@charter.net). Also, please see Page 6 of this issue for a list of Coordinators of Chapter Support (CCS), the newly structured volunteer system for support of chapters and Advisory and House Boards. Contacts for CCSs also will be updated on [www.kappa.org](http://www.kappa.org).

Adviser VICKI HILL CARRIGAN, UC Riverside, with chapter members at Convention: DOMINIQUE HERNANDEZ; MYOLI LANDIG; JESSICA COFFIELD; KAITLIN CORDOVA; BRITNEE VALLIERE; and LAUREN PEDROARENA





## Holiday Greetings to Our Kappa Family!

**T**his has been a special year for the Kappa Kappa Gamma Foundation, and we are so thankful to the many donors who have helped us fund our outstanding programs this year. In April, several members of the Board of Trustees traveled to Houston, Texas, to receive a check for \$30,000 from the **HOUSTON ALUMNAE ASSOCIATION's** charitable foundation. This money has been earmarked for Rose McGill assistance for undergraduates.

In late September, other Trustees and some of our Foundation staff met in Denver, Colo., to attend the **DENVER ALUMNAE ASSOCIATION's** Book and Author event, which celebrated its 18th year. This is a wonderful program that benefits Craig Hospital in Denver and the Kappa Kappa Gamma Foundation.

In mid-October the Foundation was represented at the renowned Tablescapes event in Dallas, Texas, which is coordinated by the **DALLAS ALUMNAE ASSOCIATION**. This remarkable program is popular in Dallas, and some proceeds from that fundraiser have been earmarked for our Leadership Academy.

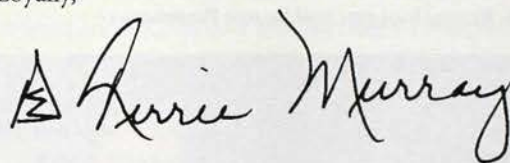
And, in early December, the **KANSAS CITY ALUMNAE ASSOCIATION** presented its Holiday House event. We have been fortunate over the

years to receive donations to our scholarship program from this very successful program, too.

Every contribution we receive is so important. Your donations fund scholarships for collegiate and graduate members, provide financial assistance to members in need, offer leadership training throughout the year, and help us operate two lovely historic museums that the Foundation owns. Thank you for believing in our work and helping us help other Kappa sisters.

From all the volunteers and staff of the Kappa Kappa Gamma Foundation, we hope you have a very prosperous 2008.

Loyally,



KERRIE QUINN MURRAY, *Idaho*  
Foundation President  
dkmurray@mindspring.com



## Why I Give ...

—By LINDA ADAMS WOODS, *Missouri*, Kappa Kappa Gamma Foundation donor

One of the reasons I support the Kappa Kappa Gamma Foundation is to help young women obtain their college education. When my daughter went to college, I was going through a difficult divorce and was unable to help her financially. She managed to earn her undergraduate and law degrees with sheer determination and hard work, but she graduated with a lot of student loans to pay off. My admiration for her, and the many other young women who find themselves needing assistance, has made this a very rewarding way for me to help others in similar situations.

I have many wonderful memories of my years as a member of **THETA, Missouri**, and many of my Kappa sisters are still a very close and important part of my life. We are amazed and thankful for the bonds that have lasted.



LINDA ADAMS WOODS,  
*Missouri*





AMANDA ENNIS MIKHAIL, Iowa, and the 1995 New Member Class of Beta Zeta Chapter.



The ZETA MU, Virginia Tech, Leadership Academy participants who were sponsored by the 1995 BETA ZETA New Member Class: JOANNA MOSER, LAUREN GROCHMAL, DANA TRASK.

## Support for Virginia Tech

Soon after the tragedy at Virginia Tech, the Kappa Kappa Gamma Foundation was contacted by AMANDA ENNIS MIKHAIL, Iowa, on behalf of the 1995 BETA ZETA, Iowa, new member class. When she and her pledge sisters heard that a member of Kappa Kappa Gamma was one of the shooting victims, they wanted to find a way to honor CAITLIN HAMMAREN's memory and support ZETA MU, Virginia Tech. After talking with a Foundation staff member, Amanda felt the best way to do this would be to sponsor Zeta Mu Chapter's participant for Kappa's Leadership Academy.

Fourteen members of the 1995 Beta Zeta New Member class contributed a combined total of \$935 in memory of Caitlin to help sponsor a Leadership Academy participant. Here is an excerpt of the letter Amanda sent to Zeta Mu:

*Dear Zeta Mu Chapter,*

*We are the 1995 New Member Class of BETA ZETA, Iowa, and we were incredibly saddened by the sudden loss of Caitlin Hammaren in the tragedy on your campus.*

*As you begin this school year, we would like you to know you are still in our thoughts. Since Caitlin was in her sophomore year, we would like to honor her dedication to education and to your chapter by supporting your participant to Leadership Academy.*

*One of my pledge sisters said it best: "I hope we can show them that the sisters we find through Kappa truly will be there forever, whether we know each other personally or not."*

*We come from all areas of the country—Iowa, Minnesota, Illinois, Colorado, Texas, California, and elsewhere. Bringing this gift together for you has brought us together—some of us for the first time in almost 10 years. Our hope is that the bonds of Kappa be with you throughout your collegiate years, and many years beyond.*

*Loyally,*

AMANDA ENNIS MIKHAIL, Iowa,  
and the 1995 New Member Class of Beta Zeta Chapter

## A Scholarship in Her Memory

The Kappa Kappa Gamma Foundation encourages donations to the Caitlin Hammaren Fund so that a permanently endowed scholarship may be established as an everlasting memory of Caitlin. The scholarship would be awarded annually to a Kappa.

If you would like to help, please make a contribution online at [www.kappa.org/](http://www.kappa.org/) donation and specify your gift is in memory of Caitlin Hammaren. Gifts also may be sent to:

Kappa Kappa Gamma Foundation  
530 E. Town Street  
P.O. Box 38  
Columbus, OH 43216-0038





MARGIE MCKEE BLANCHARD, Ph.D.,  
Cornell

## Leadership Expert Gives Back to Kappa

MARJORIE (MARGIE) MCKEE BLANCHARD, Ph.D., Cornell, is a renowned motivational speaker, management consultant and entrepreneur. So it's no surprise that Margie supports Kappa's Leadership Academy.

Margie has donated \$25,000 to the Kappa Kappa Gamma Foundation for the Leadership Academy Endowment because, as she says, "There is a greater need, more than ever before, for leadership training."

Co-author of several books including *The One Minute Manager Balances Work and Life*, Margie speaks about leadership, managing change, and caring for aging parents. She and her husband, Ken Blanchard, co-author of the best-selling book, *The One Minute Manager*, are founders of The Ken Blanchard Companies, a multifaceted management consulting firm. Margie now heads their Office of the Future—a think tank charged with

shaping the future of the company and the training industry.

A 2000 Kappa Alumnae Achievement Award recipient, Margie says her time at Psi $\chi$ , Cornell, gave her "real world" leadership training and that "Kappa is a breeding ground for leadership development." She also valued the group of caring friends who made the large university seem smaller.

Through leading her peers, Margie discovered the importance of building on people's enthusiasm. Now, through The Ken Blanchard Companies, she encourages employers to imagine their employees as volunteers and to help them desire to "come to work not only because of a paycheck, but also because they love what they do and where they work." Proving that they "walk the talk," their company was named by *San Diego Magazine* as one of the best workplaces in San Diego for 2006.

Margie's leadership within Kappa didn't end in college—she later helped start the SAN DIEGO ALUMNAE ASSOCIATION because of the "immediate friendships that help women get established in a new community and the many service opportunities." Margie believes in the promises of Kappa sisterhood, especially when it comes to Kappas taking care of each other as they age, which is especially important for those without family nearby.

Family is a priority for Margie and Ken, who now have 300 employees in their company, which began as a family business in 1979. Several family members work with them, including Margie and Ken's son and daughter.

Margie and Ken not only instill a sense of family within the company, but they also promote philanthropy. "We try to model giving and encourage people to get in the habit of giving," explains Margie. Their company puts one percent of its profit into the "Give Back Fund," which is divided among employees to donate to charities of their choice.

Margie and Ken have developed a giving philosophy based on their core beliefs. Their philosophy is evident through their support of Cornell University, where they fund a chairmanship and also teach one weekend per year. They also created a leadership foundation with a focus on higher education in an effort to find solutions to today's problems by developing leaders.

Margie is excited about Leadership Academy because she believes Kappas of all ages and backgrounds want to make a difference in the world. Through the Leadership Academy Endowment, many more emerging leaders will be well on their way to doing just that.

## How You Can Help

To make a donation to the Kappa Kappa Gamma Foundation for Leadership Academy or other program area, please call toll free at 866-KKG-1870 or visit the Foundation at [www.kappa.org](http://www.kappa.org).  
**Checks may be sent to:**

Kappa Kappa Gamma Foundation  
530 E. Town Street  
P.O. Box 38  
Columbus, OH 43216-0038



## ACH Is a Piece of Cake!

To make donating to the Kappa Kappa Gamma Foundation quick and easy, **HANNAH MEEHAN SPECTOR**, *Utah*, filled out the ACH (automated clearing house) deduction form and now gives a small amount each month to the Foundation. At the end of the year, she is pleased to see that she has given a significant amount. "I give this way because it's easy, and I'm lazy!" says Hannah. "It really amounts to only giving up two Starbucks a month."

As Province Director of Chapters for Kappa South, Hannah sees how much the Foundation really helps Kappa sisters. "I got so much out of Kappa, and I want to give back." Hannah encourages everyone, especially first-time donors, to use the ACH method of giving.



HANNAH MEEHAN SPECTOR, *Utah*, and her daughter

## Automatic Account Withdrawal Now Available

### *Giving Made Easy!*



Preserving · Endowing · Inspiring

No need to find a stamp, write a check or fill out a form! Making gifts to the Kappa Kappa Gamma Foundation has never been easier or more convenient. Sign up today to make contributions on a regular basis through our automated debit program. This program allows you to start, stop or change your gift amount at any time while continuing to support the important programs of the Foundation.

### **Yes! I want to join the automated debit program.**

Amount per month \$ \_\_\_\_\_ Amount quarterly \$ \_\_\_\_\_

Name (include middle/maiden) \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone \_\_\_\_\_/\_\_\_\_\_ College/University \_\_\_\_\_

E-mail \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Bank Routing Number \_\_\_\_\_

Account Number \_\_\_\_\_

*(Please attach a voided check from your checking account.)*

Month to start program: \_\_\_\_\_ For office use only: Member ID # \_\_\_\_\_

\_\_\_\_\_ Please call me! I have questions about this program.

**Mail to:** Kappa Kappa Gamma Foundation, P.O. Box 38, Columbus, OH 43216-0038



Kappa Travels Coordinator, **ANNIE JOHNSON BUTLER**, *Arizona*, left, enjoys Amsterdam with fellow travelers during Queen's Day celebrations, the second largest holiday in Holland. Other travelers in the group include Claire Stickney; **COURTNEY CROWDER BENTON**, *Arizona*; **CYNTHIA DABNEY STEVENS**, *Mississippi*; **BETSY CALIFF WHEELAN**, *Northwestern*; and **WYNELLE (WYN) HUDSON SEILER**, *Syracuse*.



These **DELTA GAMMA**, *Michigan State*, Kappas have stayed "friends forever" since college days, exchanging fleur-de-lis or key gifts at holiday time, and enjoying frequent reunions, such as this one at the historic suburban Chicago home of **HOLLY MESSMER FRALEIGH** (second from left, bottom.)

Kappa sisters from **EPSILON GAMMA**, *North Carolina*, relax at The Spa at Pinehurst, receiving massages, pedicures and other pampering as they enjoy a reunion. Next year they will gather in Savannah.



Members of the new **MISSISSIPPI DELTA ALUMNAE ASSOCIATION** attend their very first meeting.







*Photo courtesy of William and Mary*

GLENN GEORGE, *North Carolina*, left, accompanies her husband, Gene Nichol, President of the College of William and Mary, as he escorts Her Majesty Queen Elizabeth II of England from the college President's House to the Sir Christopher Wren Building. The Queen visited the campus on May 4 while she was in Virginia to commemorate the 400th anniversary of the first permanent English settlement in Jamestown. She last visited the area 50 years ago for the 350th anniversary. Virginia Gov. Timothy Kaine, Chancellor Sandra Day O'Connor, Rector Michael K. Powell and members of the Virginia General Assembly were in attendance at the event at the college which was chartered by England in 1693.

FOR 14 years, MERIBETH BAUMER MORRIS, *Mississippi*, and her husband, Shan, have hosted a par-3 golf tournament in Atlanta to benefit their friend Michael Field, a C-4 quadriplegic. The event raises more than \$15,000 each year to help fund his living expenses and care. Michael's Sigma Phi Epsilon Fraternity hosts a fall tournament, which also benefits Michael's trust fund.



Kappas from **GAMMA ETA**, *Washington State*, gather on a Seattle beach for a reunion of the classes of 1986-1990.



Members of **EPSILON IOTA** chapter, *Puget Sound*, who were in school together in the 70s, gather at Gig Harbor, Wash., for a reunion.





Kappas living in Minnesota's White Bear Lake area signed a charter for their new **LAKE KOUNTRY KAPPAS ALUMNAE ASSOCIATION**. They shared photos of Leadership Academy and planned a Reading Is Fundamental project with the White Bear Lake Library.



Thirteen **Iota, DePauw**, Kappas gather on the staircase of the **IOTA** chapter house during the 50th reunion of the class of 1957.



Members of the **DAYTONA ALUMNAE ASSOCIATION** display the books they have collected for Reading Is Fundamental (RIF).





MARY BLAISDELL DEVANEY, *Fresno State*, RIF chairman for the **DESERT ALUMNAE ASSOCIATION**, presents a check for \$800 to Sam Klein, school librarian and Matt Budd, principal of Benjamin Franklin School in La Quinta, Calif. At right is ANN PLIMPTON BROADWELL, *USC (Calif.)*, Province Director of Alumnae for Kappa North.



LISA KATERMAN, *Wake Forest*, spent a year teaching English in the capital city of San Jose, Costa Rica. After a hike through the Corcovado National Park in the Osa Peninsula, she came across a little general store owned by an American. How surprised she was to see him wearing a T-shirt from a Kappa formal. She says it shows that Kappas and Kappa supporters are all over the world, even the remote jungles of Costa Rica.



GREATER LITTLE ROCK ALUMNAE ASSOCIATION members enjoy a mother-daughter tea at the home of PATTY PAYNE SMITH, *Arkansas*.

BETA XI, *Texas*, pledge class members of 1989, meet in San Antonio for a weekend reunion.



EPSILON, *Illinois Wesleyan*, members pose with figures of Abraham Lincoln and his family during a visit to the Abraham Lincoln Presidential Museum in Springfield, Ill.



LIBBY CHITWOOD APPEL, *West Virginia*, entertains members of the CHARLOTTE ALUMNAE ASSOCIATION at a book club meeting. Libby wrote a memoir, *"Dancing with GIs"* about her adventures as a Red Cross worker in India during World War II. The book details her adventures through her Red Cross training in Washington, D.C., to the jungles of India and a city club in Karachi.



Members of the CASPER, WYO. ALUMNAE ASSOCIATION gather for a spring meeting.



Members of the TULSA ALUMNAE ASSOCIATION participate in the "5K/Fun Run for Tulsa Autism Foundation," in support of a member whose son has Asperger's Syndrome. From left are SARAH GAREIS LAUNCHBAUGH, *Oklahoma State*; ASHLEE FOSSETT LOWRY, *Oklahoma State*; and CARRIE HENDERSON BOWEN, *Tulsa*.







Five members of the 1948 pledge class of DELTA ZETA, Colorado College, enjoy a four-day reunion in Tubac, Ariz.: BARBARA BRANDENBURG BRENNER; ANNETTE CLOSE PENNELL; CLAIRE CHAMBERLAIN BRYANT; JOANN TIMPTE STODDARD; and VERA LEWIS MARINE. Claire brought along an oil painting of an iris to show her sisters and it was decided to present it to the chapter.



Eight Kappas from GAMMA PHI, SMU, and EPSILON NU, Vanderbilt, enjoy their annual "girl's trip," gathering in Dallas where they toured the new SMU campus and the newly built Kappa house.



JAMIE BROOKS, CARMELA MANCINI and ANNA McCOMB, Florida State, take time to tour Costa Rica while studying Spanish language immersion.



Members of the CAPE COD ALUMNAE ASSOCIATION and their guests enjoy a boat trip to Hyannis and Nantucket. Celebrating 25 years, this association is enjoying its highest increase in membership to date.





These **BETA OMEGA, Oregon**, members helped **RHONDA MEADOWS, Oregon**, fill the tables for a luncheon to raise funds for Portland Hope Meadows, an intergenerational alternative to foster care: **NANCY FARMER CRANSTON, RHONDA, LAURIE MALETIS WARE, ANDREA EDELSON AND LAURIE FARMER WHITTEMORE.**

## Foster Care with a Twist:

An Intergenerational Community Offers Hope

—By **ANN GRAHAM SCHNAEDTER, Missouri**

When **RHONDA MEADOWS, Oregon**, read about **Brenda Eheart**, a University of Illinois sociologist who created an intergenerational alternative to foster care near Chicago, she knew she had to bring the model to Portland.

Rhonda, the mother of three high-school daughters, had spent a year as a foster parent. She knew there were more than 7,000 foster children in Oregon and that many who “age out” of the system are at risk of becoming homeless high-school dropouts with a bleak future.

The Illinois model, Generations of Hope/Hope Meadows, consists of homes built from barracks on a closed airbase in Rantoul. It is a five-block neighborhood of low-cost housing available to foster parents who will take in three to four foster children, with the promise to adopt. Residents also include “honorary grandparents” who volunteer as crossing guards or tutors in exchange for reduced rent. There, children have found not just loving parents, but surrogate grandparents who help nurture and educate them. The program has seen a 90 percent adoption rate over 12 years.

The Illinois model has attracted national attention and was featured on *60 Minutes* and *Oprah* as well as in *Parade* and *The New York Times*. The Kellogg Foundation has donated \$4 million to replicate the model in Florida and Ohio and, now, in Portland, Hope Meadows will find its first urban replication.

Rhonda, who owns a consulting company, visited Hope Meadows in Illinois and was determined to bring the model to Portland. The city of Portland granted Portland Hope Meadows the opportunity to build on the two-acre site of a recently closed elementary school. When Rhonda heard of concern from some neighbors, she immediately went door to door seeking and gaining their support.

Having served as board chairman of Self-Enhancement, Inc., in Portland, Rhonda is savvy in raising funds. At a kickoff auction, she raised \$100,000. She says that at one luncheon for 400 people, four of the tables were filled with 10 Kappa friends each. At that luncheon, \$250,000 was raised.

She has put together a 14-person board, hired an executive director and announced a capital campaign to raise \$2.5 million to build eight homes and an intergenerational center scheduled to open in 2009. A second phase will cost an additional \$6 million.

Rhonda says that the original model worked with infants, but in Portland they will concentrate on ages 8 and older, often placing siblings together. Rhonda and her team hope that because of the expectation to adopt, this will be a solution to the revolving-door stigma of the foster care system. The commitment of the families who will become part of Portland Hope Meadows is huge. The obligation is lifelong. But with the collaboration of each generation, the children will have the loving family and resources they need.



# A New Look at Learning

—By JANNIE THOMAS BARRON, *Missouri*

**W**hat is a school? Is it a building? Is it a classroom with maps, pictures and 20 children working on the same lesson? While this may represent a traditional elementary school, NICOLE L'HEUREUX FLYNN, *Kansas*, is learning first-hand about a completely different concept for "school."

With B.S. and M.S. degrees in education, Nicole taught algebra and French for six years in Shawnee Mission, Kan., before becoming a stay-at-home mom. Then, in 2006, she became an education specialist for the Lawrence, Kansas, Virtual School. Nicole reported for work on a Monday morning—from home. When 10 boxes of K-5 curriculum arrived on her front steps, she not only wondered where she was going to put them, but also what she had gotten herself into!

In Kansas, there are 28 virtual schools with 2,000 students—less than half a percent of the state's pupils. The schools serve Kansas children who are taught at home, usually by a parent. A comprehensive curriculum is used, and families are partnered with a state-certified teacher to help guide and track progress. Schools participate in state and federal school accountability systems. To move to the next year's studies, students must master 90 percent of their present curriculum in language arts and math, 85 percent in history and science, and 80 percent in music and art.

The Lawrence Virtual School was started in 2004 with 25 students. The current enrollment is more than 600. Families are charged \$97 per student for lessons, books, curriculum and the loan of a laptop for a year. Administrator Gary Lewis states, "The purpose is to provide an exceptional quality education in an alternative delivery model. ... Traditional thinking doesn't work for each student and should not be expected to. This is another education option that can help kids be successful."

Nicole's mission is to help each child's teacher do his or her job. The results of placement tests administered online are sent to the educational specialist, who then has a conference with the parents. Initially, Nicole may call and e-mail the families of her 60 pupils once a week to help home teachers with curriculum. As families become comfortable with their teaching role, she calls every two weeks and then once a month.

"Every day is different," says Nicole, who collaborates with other educational specialists via weekly conference calls. Some families meet in Lawrence to participate in "Enrichment Fridays," organized by parents. The educational specialists also plan monthly field trips.

Nicole enjoys the components of psychology and mentorship, and she feels she is helping families, not just students. While she enjoys working from home, Nicole does miss the face-to-face interaction of traditional teaching.

In the U.S., approximately 40 to 50 thousand students are educated through online programs. That number is growing at a rate estimated at 25 percent annually. For more information about the Lawrence Virtual School, visit [www.lawrence.ks.schoolwebpages.com](http://www.lawrence.ks.schoolwebpages.com) or e-mail Nicole at [nflynn@sunflower.com](mailto:nflynn@sunflower.com).



NICOLE L'HEUREUX FLYNN, *Kansas*, answers questions about the Lawrence Virtual School curriculum from one of "her" families in her home office.



## A Kappa Leads Support Groups for Rare Blood Disorder

KATHLEEN (KAY) IRWIN ROWLEY, *Idaho*, is a co-facilitator for the Pacific Northwest Amyloidosis Support Groups, helping others cope with this rare blood disorder. Kay has Primary Amyloidosis, diagnosed in 2002, and after many months of intense treatments is in complete remission, unusual for this auto-immune deficiency disease.

The support groups meet three times a year near Portland, Ore., at Providence St. Vincent Medical Center in Beaverton. It is open to anyone and includes complimentary breakfast and lunch. Guest speakers are experts who deal with this rare blood disease and attendees include patients, caregivers, medical staff, families and other interested parties. Amyloidosis is a condition in which the body produces abnormal proteins that travel to vital organs and destroys them via the blood.

For more information, visit [www.amyloidosis-support.com](http://www.amyloidosis-support.com) or call 866-404-7539, toll free in the United States.



KAY IRWIN ROWLEY, *Idaho*, at Arizona's Mayo Clinic with Dr. Craig Reeder, an expert in amyloidosis.



CHRIS CHANDLER, *LSU*, leads winegrowers association.

## Marketing Expert Leads Winegrowers Association

Appointed in June as the executive director of the Livermore Valley Winegrowers Association, CHRIS CHANDLER, *LSU*, will be at the forefront to further visitors' recognition of this wine region near the San Francisco Bay area.

Chris has previously held marketing positions in both the for-profit and non-profit sectors including the American Cancer Society and the Environmental Media Association. As a resident of the region, Chris has enjoyed the Livermore Valley wine country visitor experience and is happy to join the association and to be a part of the community of vintners and growers. With her experience in leadership, marketing and hospitality, she hopes to highlight the amenities of this wine region. The east-west orientation of the Livermore Valley near San Francisco is home to 38 wineries and more than 3,200 acres of vineyards. Coastal fog and cooling breezes from the Pacific Ocean and the Bay area result in warm days and cool nights to produce ripe, balanced fruit. Spanish missionaries first planted grapes in the 1760s and today a Tri-Valley Conservancy protects 3,000 vineyard acres in perpetuity.

Chris resides in Danville with her husband and looks forward to showcasing the Livermore Valley Wine Country. More about Livermore winegrowers can be found at [www.livermore-wine.com/index.html](http://www.livermore-wine.com/index.html).



## A Kappa Receives DePauw Varsity Letter

PRUDY DIX HILGER, *DePauw*, received a letter "D" blanket during the 50th reunion of DePauw's class of 1957. She is the first pre-Title IX female to receive a DePauw varsity letter. Prudy is a member of the Colorado Sportswomen Hall of Fame, recognized for her running accomplishments, having won several marathons, including three top ten finishes in her age group in the Boston Marathon. Before Title IX was enacted, women on college campuses did not have the opportunity to participate in varsity sports. Today, Prudy teaches four to six aqua aerobics classes a week.



## From Horse Racing Novice to Most Winning Owner

A successful attorney who has defended sensational murder cases, **MAGGI MOSS**, *Kentucky*, is a relative newcomer to thoroughbred horse racing. Yet in 2006 she led the U.S. in victories and was sixth on the money list in a sport dominated by men. Thus far for 2007, she is in the number two position in earnings.



**MAGGI MOSS**, *Kentucky*, with her favorite horse, Apak, is on her way to becoming the winningest racehorse owner for the second consecutive year.

Just over a decade ago, she knew nothing about horse racing.

As a young woman growing up in Idaho, she rode show horses and jumpers, but after the loss of her father and brother in a 1980 plane crash, she lost her interest in horses, since her father had been her inspiration for riding.

Instead, she says she concentrated on being a lawyer in Des Moines, Iowa, starting out as a public defender. She became the first assistant in the Polk County Prosecutor's office and finally, went into private practice. "At the time," she says, "there weren't many women doing trial work. We did a lot of high-profile trial work, a lot of homicides, and then I drifted into women's issues, rape cases, discrimination, etc."

A friend persuaded Maggi to attend a horse race, and from then on she became as passionate about horse racing as she was about the law. "I bought my first racehorse in 1997," she says, "and immediately realized it was sort of a man's game and not much for women." What she learned working in law prepared her

for male-dominated horse-racing. She says it takes huge amounts of money to compete against some of the most powerful men in the world, and she takes satisfaction that in winning her title, she used only 60 horses, most of them bought through claiming races.

Ironically, as she struggled to become the winningest owner, letters and e-mail messages from an old Kentucky University classmate encouraged her. "You go, girl," wrote Delta Gamma friend Ann Banks, wife of trainer David Banks, who knew how much of a man's world it was. Rekindling their college friendship, Ann and David helped her, saddling a horse with training and a rider, for the final race in December to win. The Banks now train several horses for Maggi, who owns approximately 70 thoroughbreds, which she races in New York, New Jersey, Kentucky, West Virginia, Illinois, Texas and Iowa. Maggi is presently on a leave of absence from law while she concentrates on horses at her Live Oak stud horse farm. In September Maggi was named breeder of the year by Thoroughbred Owners and Breeders Association.





MUFFIN MOFFATT CLARK, LSU, stands with one of the quilts decorated by grieving children at Bo's Place, Houston's oldest, free-of-charge grief support center for children. She recently retired as executive director.

## A Haven for Healing Helps Children Cope with the Death of a Loved One

Colorful quilts line the walls of Bo's Place in downtown Houston, but they are not ordinary quilts. MUFFIN MOFFATT CLARK, LSU, explains that they are the work of children ages 4 to 18 and express poignant feelings of grief over the loss of a parent or sibling, with phrases such as "I miss you, Dad," or "I remember you, Mommy."

Bo's Place is Houston's oldest and only ongoing, free-of-charge grief support center for children and their families. Muffin says that it was founded in 1995 on the belief that it is helpful and healing for grieving children to share their memories, grief experiences, thoughts and feelings with other grieving children. When families first come to the center, they are given a broken terra cotta pot with the challenge of putting it back together. She says, "It's not the same as it was ... but it is back together, and that's what we do, help put people and families back together."

Regularly scheduled sessions help adults and children mired in grief share their feelings, and the communication helps them to heal. Counselors help young children explore their fears and reminisce about their good memories, and teens are taught to explore their emotions.

Muffin, who has been involved in nonprofit organizations for 30 years has recently retired as the executive director of Bo's Place. She says the Kappa Kappa Gamma Charitable Foundation of Houston has been a wonderful supporter of this unique community service for children. Since 2000 they have underwritten programs and services, and recently underwrote the Memory Garden for the new facility, a quiet, reflective area where memorial services are held and a place where families can be at peace to meditate. The 2006 Houston Pilgrimage, run by Houston alumnae, made a sizable gift to Bo's Place, supporting training for volunteer facilitators, school counselors, faith professionals, health care professionals and many others. The gift this year, she says, will allow Bo's Place to train professionals from all over the United States next summer when Bo's Place hosts the National Symposium on Children's Grief Support.

Muffin says that several Kappas are involved on the board of directors and the advisory board and they receive tremendous support from the Greek-letter community in Houston. Recently they were recipients of funds not only from the Kappa Pilgrimage, but also from the Kappa Alpha Theta Charity Antiques Show and Pi Beta Phi's Divine Designs event. Muffin calls that "hitting the Trifecta." For more information on Bo's Place, visit [www.bosplace.org](http://www.bosplace.org).



## Kappa Inducted into Golf Hall of Fame

BETSY CROONQUIST BRO, *Minnesota*, has been inducted into the Iowa Golf Hall of Fame. When Betsy was 14, her father, Neil, a well-known amateur golfer, gave her an ultimatum, she remembers. "He told me I had to play golf or get a job," she laughs. "I chose golf. I made the right decision." Betsy won the Iowa Amateur title five times and the Des Moines City title seven times.



BETSY CROONQUIST BRO, *Minnesota*

## Alumna Bikes Coast to Coast to Benefit Leukemia Research

LINDSAY BROWN, *Dartmouth*, was one of six Connecticut students dedicating their summer to raising money and awareness for research



LINDSAY BROWN, *Dartmouth*, at a stop on her 4,000 mile bike trek to raise money for leukemia research.

on leukemia, lymphoma, Hodgkin's lymphoma and myeloma.

Presently studying medicine at the University of Connecticut School of Medicine, Lindsay and her team began their journey by dipping their wheels in the San Francisco Bay on June 10. Their two-month trek ended 4,000 miles later on August 11, as they dipped their wheels on the east coast on the shores of Long Island Sound.

Lindsay and her medical school classmates raised about \$40,000 for the leukemia/lymphoma research at the University of Connecticut Health Center in Farmington and Lea's Foundation for Leukemia Research, a Hartford nonprofit organization established to fund research.

While at Dartmouth earning degrees in biochemistry and molecular biology, Lindsay worked as a research assistant in an oncology lab. She continues her dedication to improving cancer treatments by participating in her second Coast-to-Coast Ride for a Cure. For more information about Coast-to-Coast for a Cure, visit [www.leasfoundation.org/downloads/coastTOcoast\\_07.pdf](http://www.leasfoundation.org/downloads/coastTOcoast_07.pdf).

## Singer Records Christmas Fairy Tale

Nashville singer-songwriter MELISSA CUSICK, *Washington State*, has recorded Christmas Fairy Tale CDs, on sale exclusively at Target stores nationwide during the Christmas shopping season. Titled "Cinderella's Christmas," *Christmas with Goldilocks and the Three Bears*, and "The Gingerbread Man's Christmas," the CDs are located in Target's "One-Spot" section, selling for \$1. Each CD contains 10 songs, one of which is a spoken word story.

Melissa left Washington for Nashville following graduation, and has spent the past six years learning the craft of songwriting. She has become a sought-after demo singer and has lent her voice and songs to three independent records, (Harry Luge, Jenna von Oy and Brooke Ludwick) and can be heard singing background vocals on JoDee Messina's recently released record. More information about Melissa can be found on [www.melissacusick.com](http://www.melissacusick.com).



Melissa is pictured with Kappa friends from GAMMA ETA, *Washington State*, who travel together every year: HOLLI DUNN MORRIS, KELLY DURGAN COLLINS, MELISSA and SUSIE PREUSS.





## Artist Captures Spirit of Sun Valley

A self-published book of water color and ink drawings of life in the Sun Valley area is the latest in a long list of accomplishments for 85-year old artist/writer **BETSY DODGE PEARSON, Kansas**.

Page after page of charmingly drawn illustrations with handwritten descriptions illustrate the events, lifestyle and the vast, open scenery of Sun Valley better than a travel journal ever could. For years Betsy has kept journals of sketches made during her trips abroad and decided it was time to do the same for the area where she and her husband have lived for thirty years. Like her oil and acrylic paintings, Betsy's illustrations show her close observance of the world around her. The book, *A Sun Valley Journal*, immediately sold out, and is now in its second printing.

With degrees in fine art from the University of Kansas and the Kansas City Art Institute, Betsy began as an art director at Lord & Taylor in New York, working on their catalog. She married her college sweetheart, Bob Pearson, a gunnery officer during WWII. They later collaborated as writer and graphic designer for *Shipmate*,

**BETSY DODGE PEARSON, Kansas**, continues to paint in retirement in Sun Valley. Betsy has published a book of her watercolor and ink drawings of life and events in the area, *A Sun Valley Journal*, now in its second printing.

a monthly Naval Academy alumni magazine.

Betsy wrote a column on parenting for the *New York Herald Tribune* for 17 years, has published three other books, and has had many of her art works shown in galleries. In retirement in Idaho, she still does paintings on commission and art projects for the local symphony and animal shelter. Several of Betsy's paintings have been made into notecards.

Betsy, whose mother, two older sisters, and daughter were Kappas, says she loves being a Kappa. "Kappa was a great teacher. We all learned from each other. I would definitely recommend a sorority life. Kappa taught me so much. It was a home for four years and a learning situation of fun and memories that I'll be ever grateful for."

## Former Iowa Coach Chosen to Lead U.S. Women's Golf Team at World University Games

Former University of Iowa golf coach, **DIANE HERTEL THOMASON, Iowa State**, was selected to lead the United States women's golf teams at the 2007 World University Games in Bangkok, Thailand.

Golf was included in the World University Games for the first time last August. The United States previously competed in World University Golf Championships, held in alternating years with the

World University Games. Both are sponsored by the Federation of International University Sports.

The games are "an exciting atmosphere for the student athletes," says Diane, who has coached teams from the United States 11 times in the World University Golf Championships. "This is Olympic-style competition for college golfers. It's a good test of golf in which the United States has experienced success."

Diane served as Iowa University's women's coach for 27 years, guiding the Hawkeye women to the Big Ten title in 1991. She was national Coach of the Year in 1985 and 1990 and Big Ten Conference Coach of the Year in 1990 and 1991. She was inducted into the National Golf Coaches Association Hall of Fame in 1994-95.

The USA women's team has won the competition six times, including the last two championships.



**DIANE HERTEL THOMASON, Iowa State**, Hall of Fame golf coach, led the U. S. women's team in the World University Games in Bangkok in August.



# Kappas Rally to the Aid of a Sister Stricken with ALS

Pledge sisters from **DELTA PSI**, *Texas Tech*, have gathered in Houston for the past two summers to participate in a golf tournament to help raise funds to offset mounting hospital and medical expenses of a sister stricken with ALS, Lou Gehrig's disease, for which there is no cure.

For more than 30 years, this group of Kappas has had frequent reunions. The organizer of many of these reunions, **SHARON WALLINGFORD HENDRIX**, says, "We consider ourselves one of the closest-knit groups of Kappa sisters. We have helped each other through the tough times and celebrated the happy times."

When Sharon learned in early 2006 that **SHELLEN RYAN RHODEN** was diagnosed with ALS, she got the word out to their Kappa network. Many visits to Shellen were organized and cards and letters and homemade videos helped pick up her spirits. When the sisters learned that a golf tournament was being organized to benefit Shellen, they decided to find a way to help out.

The first Shellen Open in 2006 was organized by Darryl Henning, who is the Director of Golf at Hermann Park Golf Course and the best friend of Shellen's husband, Scott. Both Scott's and Shellen's friends have rallied to work the tournament to help the family defray heavy medical expenses.

Shellen's Kappa sisters flocked to Texas for the Open, staying at the home of **KAREN CONGER WELTON**, to do whatever they could to help with the golf tournament, pushing raffle tickets and selling blue golf balls. The weekend became a huge slumber party with visits with Shellen. They managed to turn a sad event into a happy reunion, because, says Sharon, "that is what we do." That tournament raised \$53,000 on a hot, humid Houston day.

About that time, Sharon learned from Scott that a lay minister sent to work with Shellen turns out to be a pledge sister, **JANE LIVINGSTON PETITT**, with whom they had all lost touch. Sharon contacted Jane immediately and reconnected her with her Kappa sisters from 30-plus years ago, and Jane soon became a part of the reunions.

The second Shellen Open Golf Tournament, which raised \$40,000, was held in June, 2007, and again the Kappas rallied to support the event, wearing their blue shorts and their Kappa badges. They get to see Shellen for only a few minutes, and the reunion is bittersweet, but it has brought out the best in the sisters, and has brought the group even closer together.



In happier times, Kappa Pickers of **DELTA PSI**.



*Texas Tech* Kappas organize a golf tournament to raise money for their **DELTA PSI** pledge sister, **SHELLEN RYAN RHODEN**, who is battling ALS, Lou Gehrig's Disease, for which there is no cure.



**SHELLEN RYAN RHODEN**, left, and **SHARON WALLINGFORD HENDRIX** sport Texas Tech tattoos during a 2004 football game against Texas University.



ERIN CONNOLLY and ELEE BURKHOLDER, both *Texas Tech*, tour Magic Kingdom in Orlando.



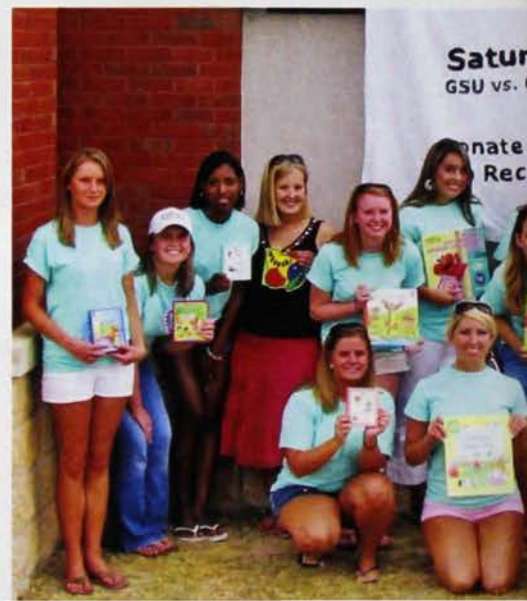
DELTA EPSILON, *Rollins*, members CHARLOTTE FROELICH, KERRIANE CREARY and CASEY DUNN support the Greek barbeque on campus.

The SAN DIEGO ALUMNAE ASSOCIATION presents the annual RUTH WORTMANN HEIN (*New Mexico*) Memorial Scholarship to ZETA NU, *UC San Diego*, chapter President KATRYNA MARTENS, who has the privilege of wearing Ruth's badge during her senior year. Presenting the scholarship are CAROL MORRISON SOBEK, *Arizona State*, Fraternity Ritual Chairman; MARY JEANNE BAHR SCHRAM, *Maryland*, San Diego Scholarship Committee Chairman; and AMANDA EADS, *Virginia Tech*, Zeta Nu Advisory Board Chairman.



Greeks from all over the United States meet in Colorado Springs for the Navigators annual Greekside Ski Conference. This group of Kappas from *Wyoming*, *Oregon State*, *Kansas State*, and *Florida* enjoyed a week of fellowship, fun and beautiful Colorado.

ZETA UPSILON, *Georgia Southern*, members show some of the 800 books they collected for the Boys and Girls Club before a home baseball game.





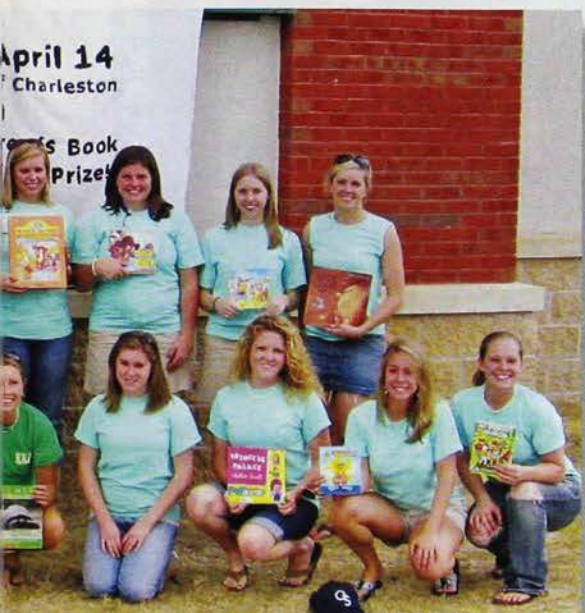
BETA PHI's, *Montana*, philanthropy round of fall Recruitment was themed, *Oh, the Places You'll Go!*, based on the popular Dr. Seuss book.



GAMMA RHO, *Allegheny*, hosted a luncheon in the Tippie Alumni Center. Each member invited one "special" person to spend the day with the chapter. A presentation about the chapter educated guests about the chapter's success and achievements.



KATIE MITZELL, *Indiana*, treasures this Kappa quilt that commemorates her 2007 Initiation. A small block in the lower right corner of the quilt lists all 15 Kappas in the family. Pictured are MARTHA HEINDEL TARDY; KAREN TARDY BROWN; KATIE MITZELL; SALLIE JO TARDY MITZELL; SUSIE TARDY MAXWELL; COURTNEY MAXWELL KIBBLE; and ELIZABETH TARDY HOLLOWAY, all *Indiana*.



EPSILON EPSILON, *Emory*, members RACHAEL HIMOVITZ, JENNIFER DiNICOLA and ERICA BREESE gather prize tickets at a sisterhood retreat.



## A Kappa Rides for Her Brother in Lance Armstrong Bike Marathon

—By ANN GRAHAM SCHNAEDTER, *Missouri*

When JENNIFER MILIKOWSKY, *North Carolina*, crossed the finish line of a 100-mile bike race in Philadelphia, she felt it was more symbolic than the actual completion of the ordeal. She had been determined to compete in Lance Armstrong's Livestrong Challenge to benefit cancer research, to finish a goal begun by her brother, Jon.

In October 2005, Jon was diagnosed with osteosarcoma, a common type of bone cancer. A regular long-distance biker, captain of his college crew team, marathon runner and outdoor enthusiast, Jon vowed to compete in Lance Armstrong's Ride for the Roses Race in Austin, Texas, as soon as he finished chemotherapy. In support of her brother, Jennifer also promised to ride in the race and as a surprise for Jon, was secretly raising \$15,000, the amount required to secure two spots so they could participate together in the race and meet Lance.

In June, 2006, three months short of the race, Jon lost his battle with cancer, never learning of Jennifer's surprise. Though devastated, Jennifer refused to change her goal of

raising \$15,000. She says, "I realized that my loss merely meant more money was needed to be raised. There are so many others with this terrible disease that we all need to fight for." Calling on friends and family and writing personal letters, Jennifer asked for contributions. She received more support than she could ever have expected, raising more than \$23,000.

Jennifer completed Philadelphia's Livestrong Challenge in little more than nine hours, bloody and bruised after a fall on some railroad tracks at mile 60. As she crossed the finish line, she remembers, "I was dripping with blood, covered in sweat and crying my eyes out. It was the best moment in the past three months of my life," she says. "I missed my brother unbearably, but as I crossed the finish line I knew he'd be so proud of me and that was comforting."

Because she had finished the 100-mile ride in Philadelphia, and because of all the support she received, Jennifer was able to head to Austin, Texas, to bike alongside Lance Armstrong in the Ride for the Roses there.

All along, Jennifer's EPSILON GAMMA sisters have supported her financially and emotionally. Many chapter members plan to join her in upcoming races, calling themselves Jon's Crew, and will continue to support her and her cause.

Jennifer with Lance Armstrong as he signs a poster of her biking photo after the Livestrong Challenge bike race for cancer in Philadelphia.



Photos by Elizabeth Kreutz/www.kreutzphotography.com

JENNIFER MILIKOWSKY, *North Carolina*, nears the finish line of the 100-mile Livestrong Challenge in Philadelphia, in memory of her brother, Jon.





CLAIRE CONNELLY, *Oklahoma*



Members of **BETA KAPPA, Idaho**, and **Pi Beta Phi** share mealtime with local firefighters who extinguished an electrical fire at the Pi Beta Phi house on the University of Idaho campus.

## Collegian Helps Bring Tradition Back to Campus

—By **PAULA MCKIE LONGAN**, *Nebraska*

CLAIRE CONNELLY, *Oklahoma*, has a job that is unique even for a vocal performance major. Whenever University of Oklahoma president David L. Boren calls on her, Claire attends university functions and leads those in attendance in the rousing Oklahoma chant. Having led the chant since her sophomore year, Claire has performed for dignitaries such as former President George Bush, former Mexican President Vicente Fox, and former Vice President Al Gore.

When President Boren came to the university in 1994, he found that the traditional chant had all but disappeared, with few students or alumnae who remembered the words. Feeling that it was an important part of the school's history, he began a campaign to bring it back. Claire was chosen after she led the chant during a recruitment trip.

The soprano from Tulsa, Okla., attends so many official events, she has become an ambassador of sorts, often mingling with dignitaries and answering questions. "This has been a stellar opportunity. I'm just so proud of it, the university and to be a student here," says Claire.

She aspires to be an opera singer, and spent the summer studying Italian language and culture at the Umbria Institute in Perugia, Italy. Singing is in her blood, as is Kappa—she has numerous Kappa relatives including her grandmother **ANN MAHONEY BRYCE**, *Oklahoma*, a great-grandmother, and many cousins and aunts.

## Pi Phi Fire a Near Disaster

At the beginning of August, **BETA KAPPA, Idaho**, learned that the chapter house of campus neighbors Pi Beta Phi had been seriously damaged by fire. The fire rendered the house uninhabitable—just as members were arriving on campus to prepare for fall Recruitment.

Although university officials quickly found alternate housing for the chapter as well as space for their recruitment activities, the members of Pi Beta Phi were left with no place to dine together. The women of **BETA KAPPA** swiftly stepped forward to offer assistance, hosting the 60 Pi Phi's for lunch and dinner. Members of the local fire department were invited to join them. (The firefighters not only extinguished the fire, but also managed to save several pieces of furniture, the charter and some photos). The Kappa and Pi Phi house mothers used the meal times to look over swatches of carpet and fabric samples for the new formal dining room.

The Pi Phi house was unoccupied at the time of the fire and there were no injuries, although the rebuilding process may take up to a year. It is believed the electrical fire started as the result of a faulty fan installation.



# Scholastic Honors Report

(Spring 2007 data based on reports received at Headquarters as of October 16, 2007)



## Chapters at or Above the All-Sorority GPA

### REGION 1:

#### Beta Province

Bucknell  
Carnegie-Mellon  
Dickinson  
Penn State  
Pittsburgh

### REGION 2:

#### Gamma Province

Akron  
Cincinnati  
Denison  
Miami (Ohio)  
Ohio Wesleyan  
Lambda Province  
George Washington  
Virginia Tech  
William and Mary

#### Nu Province

Centre  
Vanderbilt

### REGION 3:

#### Mu Province

Clemson

#### Theta Province

Baylor  
Texas A&M  
Oklahoma  
SMU

#### Xi Province

Arkansas  
Auburn

### REGION 4:

#### Delta Province

DePauw  
Indiana  
Purdue  
Valparaiso

#### Epsilon Province

Illinois  
Illinois Wesleyan  
Minnesota  
Monmouth  
Wisconsin

#### Zeta Province

Creighton  
Iowa  
Kansas  
Washington Univ.  
(St. Louis)  
Westminster

### REGION 5:

#### Eta Province

Colorado  
Colorado College  
New Mexico

#### Iota Province

Albertson  
Idaho  
Montana  
Washington

### REGION 6:

#### Kappa Province

Arizona  
Cal State Northridge  
San Diego  
UC Riverside  
UC Santa Barbara

#### Pi Province

Fresno State  
UC Berkeley

## Scholastically Ranked First on Campus

### REGION 1:

#### Alpha Province

Waterloo

#### Beta Province

Bucknell

### REGION 2:

#### Gamma Province

Miami (Ohio)

#### Lambda Province

George Washington

### REGION 4:

#### Epsilon Province

Monmouth

#### Zeta Province

Westminster

### REGION 5:

#### Eta Province

Colorado College

#### Iota Province

Montana

## Kappas with 4.0 GPA

### REGION 1:

#### Alpha Province

Waterloo:  
Stephanie Hunt  
Megan Steep  
Lauren Vancea  
Adrienne Walpert  
Sharon Wong

#### Beta Province

Bucknell:  
Annie Bacon  
Rosie Barr  
Sarah Cummings  
Ali Lehman  
Mandy Dearborn  
Nicole Kreiser

#### Dickinson:

Charlotte Cowdry  
Kaitlyn Maxwell

#### Penn State:

Lindsay Allan  
Katarzyna Bocian  
Anna Guthrie  
Megan Weidman  
Courtney Grugeon  
Elise Hunter  
Lara Little

#### Pittsburgh:

Melissa Doherty  
Alicia Heim  
Sarah Higgins  
Valentina Khoury  
Anna Trout

#### Princeton:

Courtney Brein  
Galen Laserson  
Lee Popkin  
Liz Skeen  
Ashley Soloff

#### Rho Province

##### Dartmouth:

Alexandra Galasso  
Michelle Glazer  
Cameron Houser  
Alexandra Levine  
Elizabeth Rippe  
Emily Chapman  
Kristin Lane  
Lauren Penneys

#### Massachusetts:

Christie Jennings  
Tiffany Thompson

### REGION 2:

#### Gamma Province

##### Akron:

Jill Speegle  
Emily Troyer  
Megan Gossett

#### Bowling Green:

Lindsey Gaal  
Samantha Massau  
Alyssa Sommer  
Mackenzie Whitmer

#### Cincinnati:

Abby Brehm  
Amy Dulle  
Christina Fugman  
Elise Koepp  
Stephanie Mincey

#### Miami (Ohio):

Robin Blusiewicz  
Blair Davis  
Christina Ford  
Sasha Hallagan  
Jenni Kim  
Ashley Kuntz  
Kelsey Kuptz  
Sharon Santangelo

#### Whitney Stevens

Amanda Van Doorn

#### Ohio State:

Courtney Collins  
Zara Lockshin  
Lauren Ruwe  
Margaret Seitz  
Meghan Slanina  
Mary Katherine Niksa  
Celine Hill  
Brittany Yurchyk

#### Lambda Province

##### George Washington:

Jenna Barsky  
Carolyn Cooperman  
Laurie Gashin  
Sarah Hirsch  
Emily Kahn  
Ali Kunen

#### Richmond:

Lindsey Cardwell  
Jamie Cooney  
Catherine Estevez  
Kathryn Vaska

#### Virginia Tech:

Jennifer Delaney  
Wendy Evans  
Carly Gebarowski  
Ashley Goodrich  
Lindsey Hassell  
Melissa Knuteson  
Amanda Misiewicz  
Joanna Sadler  
Amy Slife

#### William and Mary:

Rebecca Hammond  
Amanda Norris  
Malini Roy

#### Nu Province

##### Centre:

Cornelia Gordon  
Lindsay Maurer

#### Kentucky:

Erin Blanchard  
Rachel Botto  
Kathryn Buck  
Lindsay Cordes  
Carissa Dowden  
Jamie Gardener  
Hilda Guerra  
Molly Hamilton  
Katie Harper  
Sarah Hogue  
Emilie Hunt  
Felicia Lozano  
Mary Kate McGuire  
Jennifer McLaughlin  
Kim Parsons  
Britani Shoemaker  
Abbi Stewart  
Jordann Sullivan  
Morgan Thomas  
Andrea Travis

#### Erin Witte

Jaclyn Zakin

#### Vanderbilt:

Anne Ardington  
Blair Brown  
Stephanie Bultinck  
Drew David  
Danielle DiBenedetto  
Anne Dietz  
Katherine Hacker  
Siri Larsen  
Ashley McCarl

### REGION 3:

#### Mu Province

##### Clemson:

Mary Allen  
Betsy Cockerham  
Suzie Fellows  
Lisa Gigliotti  
Emily Hardeman  
Jessica Heitmann  
Jessica Hendrix  
Sally Key  
Kristin Kierspe  
Lindsey Kitterman  
Maggie Martin  
Christen Mayberry  
Stefanie Mitchell  
Margaret Nicolson  
Katy Ormand  
Ellie Peaks  
Caroline Pike  
Hayley Thorson  
Lauren Vaughan  
Kimball Zane  
Ansley Zarra

#### Florida State:

Ruth Baffa  
Celeste Block  
Lauren Mion  
Amber Withrow

#### South Carolina:

Anne Ahuja  
Katherine Battista  
Eliza Ryan Bell  
Blair Brackin  
Lauren Bulloch  
Mallory Collins  
Laura Dority  
Alexa Erbach  
Sierra Forbes  
Kara Frost  
Andria Jones  
Amber Martin  
Amanda Sims  
Dana Yerace

#### Theta Province

##### Baylor:

Kate Bailey  
Blair Bishop  
Elizabeth Cluff  
Tori Davis  
Anna Dille  
Paige Foley  
Eryn Humphrey

#### Katie Kamperman

Allyson Kuhl  
Kim Kuhl  
Blair Littleton  
Jessica Luttrell  
Carla Matwiejczyk  
Sara Sommers  
Lauren Tipton  
Kalyn Van Slyke  
Melinda Walterscheid  
Betsy White  
Lauren Whitley  
Annie Williams

#### Oklahoma:

Veronica Albert  
Julia Allen  
Lindsey Ameen  
Brittany Bollinger  
Ashlyn Chastain  
Cara Christofferson  
Kimberly Coleman  
Lesley Crabbe  
Taylor Crawford  
Emily Curley  
Kristen Dahlgren  
Shannon Dobler  
Jillian Donaldson  
Murphy Eskridge  
Claire Garahan  
Susan Gordon  
Carly Hamilton  
Heather Hoelscher  
Lindsay Holbrook  
Heather Holt  
Elizabeth Hullinger  
Sarah Hutchison  
Jaime Jones  
Kaci Kaiser  
Anne Karns  
Emily Lester  
Whitney Martin  
Skye Massay-Cook  
Mandy Mayhall  
Andrea Oliver  
Katie Paton  
Sarah Pierini  
Becky Provence  
Cassie Redd  
Amy Reinking  
Sara Segulja  
Allie Spears  
Lizzie Spears  
Stacey Steinmetz  
Kristen Tam  
Helen Tracy  
Keelie Ward  
Emily Watkins  
Brittani Webb  
Julia Yadon

#### Texas:

Bonnie Abel  
Alexandra Ashcroft  
Catherine Baggett  
Afton Bailly  
Shelby Bell  
Calie Brown  
Melissa Cole  
Brittani Elliot



Mary Gaines  
Martha Hablinski  
Sarah Hill  
Kelly Hunsaker  
Lindsey King  
Lauren Lucas  
Darryl May  
Megan Morse  
Anne Niblo  
Julie Owen  
Leigh Owens  
Kelly Parma  
Lane Sealy  
Meredith Thompson  
Shara Ticku  
Catherine Umstattd  
Rachel Upshaw  
Marion Vance  
Sarah Williams

*Texas Tech:*  
Ellee Burkholder  
Meagan Crockett  
Cailey Davis  
Lauren Groenteman  
Lisa Guisinger  
Alison Hare  
Erin Hicks  
Lane Holder  
Lauren Huffman  
Neely Jones  
Whitney Kahn  
Haley Layman  
Katherine Livingston  
Sarah Lueckenhoff  
Elizabeth Meyers  
Teresa Natale  
Meredith Parker  
Amy Shahan  
Brooke Smith  
Casside Street  
Lindsey Yantis  
Angela Zatopek

*SMU:*  
Jillian Ballard  
Liz Healy  
Margaret Lackie  
Sarah Qureshi  
Sarah Riser  
Lauren Smyth

*Texas A&M:*  
Jena Barnard  
Alison Benedict  
Ashley Brown  
Cassidy Clark  
Paige Clark  
Melissa Defoe  
Stephanie Duval  
Katelyn Finch  
Abigail Gleason  
Katy Goughnour  
Catherine Grimes  
Meredith Gunter  
Catherine Hearn  
Kristyn Hobbs  
Amanda Howe  
Paige Jarvis  
Kristin Kelly  
Kelly Kilgore  
Noel Luepnitz  
Callie Mortimer  
Emily Nunley  
Errinne Reue  
Brittany Rhinehart  
Lindsey Richardson  
Catherine Roark  
Kaylee Shepard  
Rebecca Webster

Leslie Whelen  
Haley Wilcox  
Laura Wise

#### **Xi Province**

*Arkansas:*  
Amy Acuff  
Marissa Amerine  
Kasey Barber  
Brady Barnes  
Lindsey Bass  
Jourdan Benton  
Kathryn Booth  
Lindsey Brown  
Rachel Carlisle  
Rebecca Carlson  
Lesley Charles  
Andrea Coker  
Laura Cole  
Elissa Edwards  
Emily Fleeman  
Christi Hankins  
Jenny Hardin  
Katie Hoard  
Ashley Jones  
Mallory Maulden  
Lindy Milburn  
Catherine Moll  
Kristin Monnig  
Michelle Pope  
Caroline Puddephatt  
Carla Sawatski  
Whitney Spencer  
Emily Striegler  
Tara Teff  
Molly Volmer  
Jennifer Walker  
Tera Shea White  
Alice Whitlow  
Malarie Yocum

*Auburn:*  
Ashleigh Anderson  
Sara Barber  
Megann Gallagher  
Meredith Hart  
Carolyn Kuhn  
Rebecca Lakin  
Amy Larue  
Carrie Laurendine  
Emi Lyden  
Shannon Nelson  
Kristen Pallazo  
Lauren Sparkman  
Erin Taylor  
Kacey Wilson

*LSU:*  
Kate Leithead

#### **REGION 4: Delta Province**

*DePauw:*  
Hannah Harp  
Kristen Irgens  
Meredith Kohr  
Tara Langvardt  
Elizabeth Lathrop  
Marian McLaughlin  
Patty McShane  
Shelby Sleight  
Nishita Trisal

*Purdue:*  
Jenna Arseneau  
Jennifer Cole  
Ashley Eiler  
Stephanie Evans  
Amelia Foster  
Caitlin Huxhold

Emily Jones  
Emily Mangan  
Ashley McMahon  
Allyson Minch  
Megan Mitcheff  
Kathryn Mitchell  
Whitney Palmer  
Jessica Platt  
Anne Plewes  
Monica Randolph  
Elizabeth Reitz  
Elizabeth Robinson  
Sarah Troyer  
Renee Wahl  
Monica Weilbacher

*Valparaiso:*  
Jessica Doerrfeld  
LaShelle Finke  
Jessica Freburg  
Molly Zeller  
Katie Springer

#### **Epsilon Province**

*Illinois:*  
Christin Connolly  
Victoria Coraglio  
Catilin Deom  
Kara Dolezal  
Amy Hillier  
Kelly Holpuch  
Amy Huckstadt  
Jacqueline Jachymiak  
Melissa Johnson  
Cassie Kiefer  
Eva Lindsay  
Alexandra Morgan  
Kate Nisbet  
Amanda Pierce  
Mallory Purdom  
Leslie Schmitz  
Kimberly Staley  
Lindsey Strand  
Jiwon Sung  
Stephanie Swanson  
Kristine Uragami  
Molly Ureel  
Stacy Weber  
Jenna Wiza

*Minnesota:*  
Amy Dahlke  
Kristyne Dahnert  
Christine Muldowney  
Kirsten Newman  
Rebecca Santele

*Monmouth:*  
Natasha Kemmerling

*Wisconsin:*  
Patrice Arnold  
Alyssa Freedberg  
Mallory Geschke  
Laura Hacker  
Katherine Hejna  
Kristine Keller  
Emily Liesch  
Susan Light  
Robin Zornes

#### **Zeta Province**

*Creighton:*  
Elizabeth Anderson  
Erin Bennett  
Lauren Bodhaine  
Courtney Bohn  
Kristen Daniels  
Mary Enze  
Courtney Foote

Catlyn Foy  
Emily Riester  
Rachel Huggins  
Kylie Immethun  
Katherine Medici  
Hailey Rademacher  
Courtney Tejitan  
Tara Singhal  
AnaMaria Seglie

*Drake:*  
Holli Brown  
Kristen Grinstead  
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Please report  
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# Sleep Like a Chinese Emperor!

**A**t age 63, with seven young grandchildren, JANIE SPEIRS BURKE, *Kansas*, had plenty to keep her busy. She says, however, “A Kappa trip changed my life in several ways. It gave me a business idea, although I was not a business woman, and it improved my health.”

Having retired from 24 years of teaching, Janie found that Kappa Travels opened a whole new chapter in her life. As a young child, Janie was infatuated with China, even though back in the 50s it was considered one of America’s most feared enemies. Six years ago she read in *The Key* about the Kappa Travels trip to China and the Yangtze River and signed up immediately. For three weeks, she and her sister and 22 new Kappa friends traveled throughout China. She was amazed that after all the years since college, the Kappa bond was so instant and gratifying.

The group toured a silk factory where they watched workers unravel silk from cocoons and spin it into thread. Next the thread was woven into a small cap of fabric about the size of a shower hat. That same piece of silk fabric was placed in the middle of a plywood frame the size of a bed. Four very strong workers standing at each corner hand-pulled it to cover the frame. Kappas were given the opportunity to pull the silk and it was like pulling a piece of woven steel. Impossible!

Each comforter was made with delicate layers of silk. The final product was encased in a white cotton covering. The Chinese promoted the benefits of sleeping under silk, claiming that it lessened aging facial wrinkles. After all, Chinese emperors had been doing it for centuries and they lived a luxurious lifestyle.

They also said silk was hypoallergenic and most beneficial to those who suffer breathing problems. Janie had developed adult asthma



JANIE SPEIRS BURKE, *Kansas*, founded Silky Slumber after a trip to China with Kappa Travels.

and was interested in a natural way to lessen her symptoms. She bought one. After using it for a year, she decided the emperors were right—and so were the factory workers. Sleeping under silk was wonderful. Knowing that millions of people suffer from allergies, including many who are allergic to dust mites found in down, she decided to start her own import business. With careful research and planning, Silky Slumber was formed. Now Janie travels around the United States explaining the healthy benefits of sleeping under silk.

“I have a Kappa Travels trip to thank for opening yet another adventure in my life,” says Janie. “Thank you Kappa for all you have done for me through the years.”

You can find more about the benefits of sleeping under a silk-filled comforter at [www.silkyslumber.com](http://www.silkyslumber.com).

## What will your travel adventure be?

Check the wonderful opportunities currently offered by Kappa Travels. Read on the next page about ... golfing in Ireland, sailing among the Greek isles, the icebergs of Alaska or the rivers of Europe. And if Janie’s trip inspires you, once again China and the Yangtze River are available from Kappa Travels.



# By Land and Sea, So Much to See— Kappa Travels

**NEW!**



**NEW!**

## San Francisco Bay and Wine Country

*April 17-21, 2008*

Sunset bay cruise begins the weekend. First night at Parc 55 Hotel near Union Square. City tour and lunch at California Culinary Institute before traveling to Sonoma. Three nights at Sonoma Valley Inn, lunch on the Sonoma Valley Wine Train and more servings of wineries and history before returning to San Francisco. \$1,080. Contact: Amy Muffoe at [pbt@pleasurebenttour.com](mailto:pbt@pleasurebenttour.com) or 800-584-6831 for reservations.

## Ireland—For Golfers and Non-Golfers

*October 15-21, 2008*

Guided by Kappa Golf Professional **ANN LOUGHLIN**, Iowa, this trip is a perfect way to visit Ireland for golfers and non-golfers alike. Play fabulous links courses each day or tour nearby scenic villages and historic sites. Shopping abounds. Six nights at the four-star Radisson overlooking scenic Sligo Bay. \$3,595 (\$3,090 non-golfer) per person. E-mail Ann Loughlin at [annloughlin@hotmail.com](mailto:annloughlin@hotmail.com).

## Alaska Glaciers Cruise

*\*Add Kenai, Mt McKinley and Denali*

*July 21-27, 2008*

Anchorage to Vancouver

Cruise price begins at \$1,395 inside; \*cruise and tour \$2,995. Contact Nancy Grow at [nsgrow@sbcglobal.net](mailto:nsgrow@sbcglobal.net) or 800-654-4934. Alumni Travel Group.

## Cruise the Face of Europe

*July 26-August 11, 2008*

Amsterdam to Budapest

Fifteen nights on the MS Switzerland (100 guests) cruising rivers of Europe. All meals and excursions are included in four capital cities/five countries. Great value at \$4,095. Contact AHI 800-680-4244.

## Italy's Magnificent Lake District—

*Alumnae to Alumni*

*August 19-27, 2008*

Seven nights at the Lido Palace Hotel in Braveno on beautiful Lake Maggiore. Most meals included: \$2,195. Contact AHI 800-680-4244.

## Aegean Adventure with Oceania Cruises— Free air!

*September 5-19, 2008* Istanbul to Athens, Greek Isles to Dubrovnik

Prices start at \$3,299. Price includes air from 20 gateways if booked by Feb 8. Contact Nancy Grow at [nsgrow@sbcglobal.net](mailto:nsgrow@sbcglobal.net) or 800-654-4934.

## China and the Yangtze River Discovery

*September 24-October 6, 2008*

Eleven nights/four hotels. \$2,295. Contact AHI 800-680-4244.



*All prices listed per person, double occupancy, plus air (except Oceania cruise).*

Alumni Holidays International Travel (AHI) and Alumni Travel Group trips include alumni travelers from other organizations and offer alternative dates. Family and friends are welcome on all Kappa Travels trips.

For more information, contact **ANNIE JOHNSON BUTLER**, Arizona, Kappa Travels Coordinator at **520-795-7856**, or [annjb2702@aol.com](mailto:annjb2702@aol.com) or toll free:

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