

VOLUME 123, No. 3
FALL 2006

The Key

A KAPPA KAPPA GAMMA PUBLICATION

LEADERSHIP Through Service



*Put your values and
leadership skills into action!*

Pg. 16

Charting Our Future!

*Fraternity President Shares
Biennial Goals—P. 2*

*See What You Missed
at Convention!—P. 9*

Clear Your Mental Clutter—P. 27

*A Sister Fights Back
After Senseless Violence—P. 22*



VOLUME 123, No. 3
FALL 2006

The Key is the first college women's fraternity magazine, published continuously since 1882.

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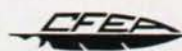
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Editors Conference

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special section

Convention highlights including the new Fraternity Council, chapter
and association awards, and more!

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The Key of Kappa Kappa
Gamma links each member
with the Fraternity. The
mission of *The Key* is:

- To inform, inspire
and challenge
- To promote leadership,
scholarship and friendship
- To sustain and nurture
loyalty and interest
- To recognize the
accomplishments of
individuals, groups, the
Fraternity and its Foundation
- To provide a forum for
an exchange of information
and opinion
- To be a permanent record.

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Charting Our Future

"We can chart our future clearly and wisely only when we know the path, which has led to the present." — Adlai E. Stevenson

Should we look to the past as we chart the future? Looking back, we find a long tradition of leadership. For 136 years, Kappa Kappa Gamma has taken the lead in many areas of Greek life and developed a reputation for being leaders on our campuses and in our communities.

We were the first women's organization to coordinate and host the National Panhellenic Conference. We believed then and now, in a spirit of cooperation, uniting all Panhellenic groups to enhance the overall strength of Greek organizations.

First to create a Fraternity magazine, Kappa celebrates *The Key's* 125th anniversary in 2007. I hope that when future Kappas look back upon this era of our Fraternity, they will take pride in our leadership and communication.

How do we develop leadership in our members? Kappa offers mentoring and training to teach and encourage our members to develop leadership skills. This fall Kappa will host its third annual Leadership Academy for actives and alumnae at Bradford Woods in Indiana. Sponsored by the Kappa Kappa Gamma Foundation, this intergenerational weekend teaches leadership principles and facilitates lasting friendships. It is the goal that each Leadership Academy participant, like ROSITA NAJMI, *Wake Forest*, Page 16 in this issue, returns to her school and community, enriched by what she has learned and, in turn, enriches her campus and community. We are grateful to our members who generously donate to the Kappa Foundation in support of our future leaders.

How will we stay on the cutting edge in the next century? Our organization is built not on goods or inventory, but on relationships. We are enriched by diversity and strengthened by teamwork. This summer, during the 66th Biennial Convention in Salt Lake City, a new learning opportunity was offered, the Leadership Festival. At the festival, each area of Kappa was represented and members were able to explore and learn about volunteer opportu-

nities and the history of our Fraternity. During the festival members participated in Future Think, which laid the foundation for a strategic plan.

With your valuable feedback shared at Convention and in the survey results from the summer issue of *The Key*, the members of the newly elected 2006-2008 Fraternity Council are charting a strategic plan. We are striving to preserve the history and tradition of the past while embracing change for the future. The Fraternity Council recognizes the importance of listening to members and encouraging involvement at all levels. Kappa is constantly evolving, relying heavily on the skills and commitment of its membership.

What will the future look like? Our future will depend upon each of us and our collective willingness to stay involved. We will continue to lead with integrity and remember to embody the ultimate Greek ideals of goodness, truth and beauty. We will encourage a stronger Panhellenic spirit as our future also depends upon the strength of the Greek system as a whole. It is through a flexible, diverse sisterhood of volunteers that we will successfully continue our Tradition of Leadership. Please let us know your ideas so that together we will continue to promote the greater good and keep Kappa a vital part of our lives in the 21st century.

Loyally,



DENISE RUGANI
Fraternity President
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Education Chairman,
Corresponding Secretary
ACTIVITIES: Student Government,
Student Development Council,
Golden Key, Omicron Delta



ANGIE BOYER, *Oregon State*
MAJOR: human development and
family sciences
CHAPTER LEADERSHIP: President,
Registrar, VPO
ACTIVITIES: Volleyball Coach, Assisted
Living Center Volunteer, Preschool
Assistant Teacher



LIBBY WEITH, *Furman*
MAJOR: political science and history
CHAPTER LEADERSHIP: President,
Membership Chairman, Marshal,
Standards Committee
ACTIVITIES: Student Government,
Mock Trial, Senior Order Honor
Society



MARY SHERIDAN, *Denison*
MAJOR: English literature and music
CHAPTER LEADERSHIP: New Member
Chairman
ACTIVITIES: Panhellenic President,
Recruitment Counselor, Choir,
Student Government, Greek Woman
of the Year



CRYSTAL MARCUM, *Oklahoma*
MAJOR: finance and international
business
CHAPTER LEADERSHIP: President,
Marshal
ACTIVITIES: honors program,
Crimson Club, Big Brothers/Big
Sisters



HELEN CARLSON, *DePauw*
MAJOR: communications
CHAPTER LEADERSHIP: President,
Panhellenic Delegate
ACTIVITIES: Panhellenic President, peer
mentor, Mortar Board



EMILY HAAKE, *Kansas State*
MAJOR: management and marketing
CHAPTER LEADERSHIP: President and VPS
ACTIVITIES: Business Ambassadors, Greek
Ambassadors, Marketing Club,
G.A.M.M.A.



JESSICA MYERS, *Washington*
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political science
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Chairman, Marshal, Education Chairman
ACTIVITIES: ASUW Senator, Sports
Marketing Association Officer, Ronald
McDonald House

Chapter Consultants



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Georgia Southern*
MAJOR: sociology
CHAPTER LEADERSHIP: VPS, Marshal
ACTIVITIES: Mortar Board, Dance
Marathon, Teammates Mentoring
Program



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returning to Creighton*
MAJOR: psychology/English
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ACTIVITIES: Eating Disorders Prevention and
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KATIE STILWELL, *Arkansas to Tennessee*
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Chairman, Recording Secretary,
Nominating Committee Chairman,
Standards Committee
ACTIVITIES: NSSHLA fund-raising
co-chairman, dance teacher

Where in the World Is _____?

You fill in the blank. Who are you? Where are you? Why don't we hear from you?

"I live in Zilchville," you may say. "I miss my Kappa friendships but there's no alumnae association or chapter anywhere around. I've been out of touch for so long I can't imagine how it could be possible to become part of things again."

Or you may be part of things—well, sort of. You may be an adviser or House Board member for a chapter with no alumnae association nearby. You may be a Kappa Trainer or other member who volunteers in a specific area. Fraternity *Bylaws* state that you should be a "member in good standing" ...i.e. having paid your dues.

There's a way you can take part, give back some of what you have received, feel the link of friendships, the satisfaction of scholarship and the fulfillments of leadership. You can "Pay It Forward" by paying your alumna dues directly to Fraternity Headquarters.

Begun a few years ago, the Pay It Forward program enables Kappas everywhere to participate in the growth of the Fraternity and ensure its continuing strength. Your **annual** payment of \$15 is the amount that would go to Fraternity Headquarters from your alumna dues if you were an association member. This money supports Kappa programs, Headquarters staff and technology, including the Kappa Web site.



Remember that this is an **annual** occurrence, just like renewing your magazine subscriptions (which of course you do through the Rose McGill Magazine Agency) or paying your PTA or health club dues. Kappa's fiscal year begins July 1, so your \$15 is payable now for the 2006-2007 year. Use the coupon below.

For 136 years Kappa has offered leadership, scholarship and friendship to each of us. How can we not recognize that gift? We are not paying back what was given to us. We are Paying It Forward so that others may enjoy the same benefits.

Pay It Forward *Kappa Can Count on Me!*

Name (first, maiden, last): _____

Address: _____

City: _____ State/Province: _____ Postal Code: _____

E-mail: _____

Chapter & Initiation Year: _____

☐ Enclosed is my check for \$15 payable to Kappa Kappa Gamma Fraternity for alumna dues.
(Dues are not deductible for federal tax purposes.)

☐ Please charge my VISA/MasterCard (circle one)
My credit card # is: _____ Exp. Date: _____

☐ I would like to be contacted by the nearest alumnae association.

Signature: _____

Kappas Lobby for Advisory and House Boards

Each fall many young women move into Kappa Kappa Gamma chapter houses or facilities. Properties require constant maintenance and upkeep by House Boards and our undergraduate members need guidance from Advisory Boards. With millions of dollars in property under our management and more than 11,000 thousand undergraduate members, Advisory and House Boards are crucial to the future of the Fraternity. There are efforts underway to study and improve our services in these critical areas.

The Fraternity Council chartered an Advisory Board/Housing Task Force to assess the Fraternity's structure for providing Advisory Board and House Board services and support and to make recommendations for improvements. In addition, Kappa undergraduates and alumnae are lobbying Congress to pass the Collegiate Housing and Infrastructure Act (H.R. 1548/S. 713), a bill that will permit tax-deductible donations for upgrades to fraternity, sorority and other campus housing provided by nonprofit organizations.

These Housing and Advisory Board efforts apply to every member, whether alumna or collegian, whether you have served as an adviser before or not, whether you lived in a chapter facility or off-campus. You can help preserve and improve our future by sharing your thoughts and ideas with the Advisory Board/Housing Task Force and by writing to Congress in support of the Collegiate Housing and Infrastructure Act.

Advisory Board/Housing Task Force Needs Your Input

The task force will examine other NPC/NIC organizational models, including a national housing corporation; determine whether any of these models have application to Kappa Kappa Gamma; review staffing needs—paid and volunteer—and assess the impact on the Fraternity budget; and present recommendations to the Fraternity Council no later than June 2007.

Of critical importance to the study is input from those who have served on Advisory Boards and/or House Boards, as well as those who have not been involved. The successful recruitment and retention of advisers and house board members are essential.

House Boards deal with occupancy rates; maintenance, upkeep and repair; capital expenditures; and more. On the Advisory Board side, the emphasis is academics, chapter finances, event planning, standards and overall chapter operation.

The Task Force requests all alumnae to share their thoughts on improving the structure and function of the Advisory Board/Housing program. Please respond to the following questions via e-mail to CYNTHIA HARRIS CASHORE, *William and Mary*, Advisory Board/Housing Task Force Chairman, at crcashore@cox.net, or to Fraternity Headquarters via fax: (614)228-7809 or regular mail: P.O. Box 38, Columbus, OH 43216-0038. Thank you for your participation.

- Are you a current/previous member of an Advisory Board or House Board? If not, have you ever considered serving Kappa in this capacity? Why or why not?
- What can the Fraternity do to encourage more alumnae to serve on Advisory and House Boards?
- If you are serving or have served, did you receive training for the position(s) held?
- Was it useful? If not, why? How could it have been improved?
- Did you have adequate written guidance for your position(s)? If not, what was lacking?
- Do/did you use online resources (Kappa Web site)?
- When you have/had questions, where do/did you go for help?
- Does a mentor program for new advisers have merit? If yes, how would you set it up?
- What type of change(s) would improve our AB/H structure?
- What advice would you like to give to the AB/H Task Force?
- Please share any other thoughts not covered by these questions.

Grassroots Letter Writing Campaign

In addition to responding to the Advisory/Housing Task Force, please take the time to write to Congress on behalf of the Collegiate Housing and Infrastructure Act, which, if passed, will greatly impact our House

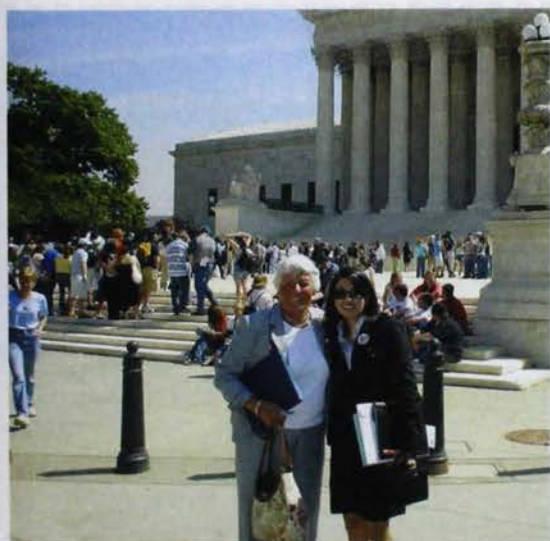
Boards' ability to make improvements in our facilities. More than 7,500 letters have been sent to members of Congress by Greek alumni concerning this bill. This campaign will continue through the end of the 109th Congress in December 2006. The time to act is now!

Representing Kappa in this lobbying effort are DEANNA ARMIJO, chapter President of GAMMA BETA, *New Mexico*; PRIS MURPHY GERDE, *Purdue*, former Fraternity President; ERIN BRUMMETT KLEIN, *Kansas State*; and former Fraternity President MARIAN KLINGBEIL WILLIAMS, *Missouri*.

When these members of Kappa visited Washington D.C., in April, they focused on the following agenda:

1. Allow tax-deductible contributions to fraternity and sorority foundations to be used to make important, much-needed safety improvements.
2. Preserve language in the Higher Education Reauthorization Bill that protects free speech and freedom of association rights for all students.
3. Federal funding for fire safety upgrades for collegiate housing by passing the College Fire Prevention Act (H.R.128).

Your letters to Congress will help! For more information, visit www.kappa.org and choose the link to the NPC Web site, and then choose "Write to Your Congressmen Today." Sample letters are provided. You can find your members of Congress at www.senate.gov/ and www.house.gov/.



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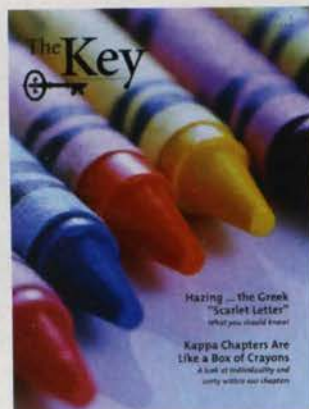
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GO VOTE 2006

Campus and community Greeks are urged to vote for candidates who support Greek issues currently before Congress. GO VOTE 2006 stands for Greeks Organizing Voting Opportunities, Transportation and Education in 2006. The Web site, www.fraternalcaucus.org/GOVOTE2006, offers a guide to getting out the vote.

Go Vote is a project of the Washington, D.C., based Capital Fraternal Caucus (CFC). The CFC represents fraternity and sorority national organizations in Washington and serves as the voice of the Greek-letter community in our nation's capital.



The Key Takes First Place

For the second year in a row, *The Key* received first place in the news feature article category of the publication awards presented by the College Fraternity Editors Association and the North American Interfraternal Foundation at the 2006 CFEA conference in Memphis, Tenn., in May.

The article, "A Mother Shares a Tragic Story: What You Should Know About Meningococcal Disease," written by LESLIE MAIER, *Arizona*, earned first place for news feature article. Other awards include third place in the Fred F. Yoder Award for Overall Excellence category (for excellence in four consecutive issues); and third place in the Critic's Choice Cover category for the fall 2005 issue (featuring a close-up of crayons on the cover).

Kappa Needs You

How can you help? Volunteer roles are flexible and constantly changing as each individual brings different skills and schedules to her position. The face of the volunteer has changed: our members now find themselves with demanding careers, energetic families and other volunteer commitments that limit their abilities to make time for Kappa. You may think that you are too busy to get involved or don't have the skill sets to be an adviser or Fraternity volunteer.

Don't hesitate. Your day-to-day experiences and organizational skills will help our organization continue to become more streamlined and efficient. Volunteer opportunities abound, so check out our Web site, at www.kappa.org, for both volunteer and employment opportunities with Kappa.



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Are You an Owl Out on a Limb?

Continue the Kappa Experience...

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Please provide the following information via e-mail to kappaowls@kappa.org or complete the form below and send it to CAROLINE POOLE CAMERON, *Florida State*. She will put you in touch with the alumnae association nearest you or with your Province Director of Alumnae.

YES! I want to know more about Kappa Kappa Gamma alumnae association opportunities near me!

Name: _____ Street Address: _____

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Telephone: ____ / _____ Chapter/University: _____ Init. Date: ____ / ____

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WATERWAYS and CANALS of Holland and Belgium

April 23-May 1, 2007

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CHIANTI in a TUSCAN VILLA **May 6-14, 2007**

Enjoy the Villa Tavolese in the ancient village of Marcialla. Experience the brilliant artistic and architectural heritage of Florence, visit Siena's magnificent Duomo and stroll the Piazza del Campo. See the Leaning Tower of Pisa, the ancient city of Lucca, and San Gimignano, the center of Tuscan crystal blowing. Exclusive cooking demo by talented chef of Hotel Villa Tavolese. Only \$2,095 pp, dbl. occ., plus air. Book by October 17, and save \$200 per couple. Call AHI (800)323-7373 for reservations. Join Kappas on this delightful trip.



TREASURES of JAPAN **June 10-20, 2007**

Explore the fascinating culture of Japan from the capital of Tokyo to Hakone and snow-capped Mt. Fuji, ride the bullet train to Kyoto, and visit Nikko and Nara. Stay in Japan's best five-star hotels with all sightseeing tours included. Fly home from Osaka after enjoying this uniquely-designed itinerary. Experience the exotic allure of the Land of the Rising Sun. \$3,495 pp, plus air. Book by November 21, 2006, and save \$300 per couple. Call AHI (800)323-7373 for details and reservations.



All friends and family are welcome on every Kappa Travels trip!

SPAIN, BARCELONA and SAN SEBASTIAN **Sept. 26-Oct. 7, 2007**

The fall is a perfect time to visit Spain. Spend five nights in Barcelona and five nights in the seaside town of San Sebastian. All meals included. Enjoy the enchantment of Spain's wine country, visit the world renowned Guggenheim Museum in Bilbao, and the town of Pamplona, famous for the running of the bulls. \$2,595 pp, dbl., occ. Plus air. Call AHI (800)323-7373 for reservations.



BAVARIAN CHRISTMAS MARKETS **Dec. 9-17, 2007**

Sip a mug of hot-mulled wine as you browse the ornate vendor stalls of Germany's holiday markets. From Rothenberg to Nuremberg where the Christkindl Market awaits, on to medieval Nordlingen and Dinkelsbühl. Special visit to the private market in Thurn and Taxis Castle. Experience charming Oberammergau, the Benedictine monastery in Andechs and more! Spend three nights in Nuremberg and four nights in Munich. Special Kappa price of \$2,295 pp, dbl. occ. plus air. Call AHI (800)323-7373 for reservations.



GOLFARI at PINE NEEDLES GOLF RESORT **April 2007**

The fourth annual Golfari will be held in April 2007 at Pine Needles Golf Resort, North Carolina. With one-on-one instruction and play, plus evening receptions and dinners, Kappas and their guests of all skill levels will enjoy Golfari. All beginning-to low-handicap golfers welcome.



For more information, contact Kappa Travels
Coordinator VERA LEWIS MARINE, Colorado College, at
kkgtrav@aol.com or call (626) 446-3870 or toll free:

(866) KKG-1870

KAPPA KTRAVELS



Meet the 2006-2008 Fraternity Council and Regional Officers



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Syracuse



REGION 6

LORI McDONALD
Utah

Convention Photographs
by Kathy and
Phil Gammel

Kappa Kappa Gamma's Highest Honor

Meet 2006 Loyalty Award Recipient Susannah Erck Howard

"My motivation for staying involved with the Fraternity all of these years has been the desire to give back to Kappa some of what I have received from being a member...the friendships, skills, support, sisterhood, sense of belonging...things you don't get anywhere else! Kappa is for a lifetime and has truly enriched my life," said SUSANNAH ERCK HOWARD, Florida State, the 2006 recipient of the Fraternity's Loyalty Award.

Established in 1956 in honor of HELENA FLINN EGE, Pittsburgh, Fraternity Director of Alumnae 1944-48 and Fraternity President 1948-52, the Loyalty Award celebrates 50 years of recognizing Kappas who have devoted hours and years of service to the Fraternity, often in quiet, behind-the-scenes positions. "Steadfast allegiance, faithfulness, devoted attachment and affection are terms that define 'loyalty' and HELEN CORNISH HUTCHINSON, Oklahoma, then Director of Alumnae, said at the first presentation: "If I were to choose one Kappa quality, I think it would be loyalty to the Fraternity, for Kappa loyalty implies the acceptance and execution of Kappa ideals."

Susannah exemplifies this statement through her many roles in the Fraternity during four decades of service. Chapter treasurer and president, alumnae association president, adviser to EPSILON LAMBDA, Tennessee and ZETA SIGMA, North Texas; Province Director of Chapters and of Alumnae in both Mu and Nu Provinces; Fraternity Historian, Bylaws Chairman, Fraternity Treasurer; Foundation Treasurer—these years of service only begin to list Susannah's involvement in Kappa.

Treasuring her Kappa memories, Susannah can recall when her grandmother, a member of IOTA, DePauw, pinned on her badge at initiation—a diamond key with both their names on the back. Years later she attended Delta Province Meeting and visited Iota's chapter house. Going through their minutes books of 1916, she found several references to her grandmother, who had served as chapter president.

Elected to the Fraternity Council, Susannah remembers her installation by Fraternity President JEAN HESS WELLS, Georgia, and the Council photo taken before the Candlelight Banquet. Staying at Fraternity Headquarters for the first time was a thrill and attending the initiation of both daughters, CARLA HOWARD LUGS



CAROL GEORGE SANDERS, Cal. State, Northridge, and SUSANNAH ERCK HOWARD, Florida State, enjoy Convention.

and AMY HOWARD, both Georgia Southern, was an "unimaginable experience of pride and joy."

As a community volunteer, Susannah's list of achievements is equally impressive. Jacksonville, Fla. Alumnae Panhellenic President, Museum of Science and History Board of Directors, Symphony Show House, PBS Channel, Girl Scout troop leader, Knox County and Memphis/Shelby County Public Library Systems, American Association of University Women and Woman's Club all benefited from her enthusiastic and thoughtful input.

With all she has done, Susannah has had the support of her family. Jim Howard, always a big supporter of Kappa, met Susannah at the Epsilon Zeta chapter house where he and his fraternity big brother were servers. Both married Kappas. With a Kappa grandmother and two

daughters, the family can see a future Kappa in granddaughter Emily Kate, now almost 4 years old. Add in Little Bit, the cat, and Madison, the cocker spaniel puppy and you wonder how Susannah finds time for her hobbies and interests: reading, cross-stitch, gardening, word puzzles, world travel and Florida State football. There is also their home in Knoxville, Tenn., with two more dogs, where Susannah and Bill will soon be living.

A special interest is NASCAR—Susannah and Amy enjoy going to the races. In 2003 Jim arranged with Lowe's Motor Speedway in Charlotte for Susannah to drive eight laps solo around a North Carolina track, something she had always wanted to do. A survivor of a rare type of breast cancer, Susannah continues to welcome challenges and in July attended an all-day school at Atlanta Speedway and drove 30 laps solo.

"Receiving the Loyalty Award was the absolute highlight of my Kappa life," Susannah says, adding, "having all of the Kappa friends that I've made through the years who supported and encouraged me during the past 3 years provided the support and encouragement that kept me going through what

has been the most difficult time of my life. Her daughters appreciate Susannah's years of devotion to Kappa and say, "We have watched her throughout life give Kappa 110 percent of her time and loyalty." Her service is a model of Kappa's Tradition of Leadership.

Celebrating Kappa

"Nothing is better than Kappas getting together from across the continent," reflected a collegian on her first General Convention. During four hard-working, fun-filled days in Salt Lake City, Utah, collegians and alumnae celebrated Kappa Kappa Gamma's past and present, while planning for the future.

During this Biennial Convention, the 66th, delegates carried out Fraternity business, elected Fraternity officers, recognized the achievements of chapters, associations and individuals, and participated in educational workshops. Two new, interactive events were enjoyed: an Afternoon of Service and the Leadership Festival.

Afternoon of Service

Friday afternoon the Convention attendees gathered for a hands-on philanthropic event. Kappas decorated and created literacy supplies including more than 700 book bags, bookmarks and hand puppets that were donated to local literacy programs. Participants also wrote letters to children, encouraging them to read. Prizes were donated by Starbucks, Barnes and Noble and Reading Is Fundamental (RIF). The Afternoon of Service reflected the many hours of service that Kappas give throughout each year.

Leadership Festival

More than 800 Kappas attended the first Leadership Festival, themed "Celebrate Kappa: All we are... All we can be." This event provided an opportunity to explore Kappa in a one-stop-shopping setup with displays grouped by the four color quadrants of *Pathways*. Members also helped plan the future of Kappa in "Future Think," a focus group discussion held during the Leadership Festival. Fraternity President, DENISE RUGANI, *UC Davis*, says the Leadership Festival was designed to allow Kappa leaders to learn how they can make a difference in the Fraternity.





Clear the Haze

Convention guest speaker Beth Stathos, Associate Director of Fraternity and Sorority Life at the University of Oklahoma and Panhellenic adviser, urged Kappas to make a difference by being leaders in preventing hazing. "Acknowledge hazing traditions and commit to change. Promote the values, ethics and purposes our Founders established many years ago," says Beth. Following Beth's presentation, members attended workshops with the challenge: "Powerful Sisters—Stop Hazing!"

Kamp Kappa

Collegiate delegates had the opportunity to get to know one another during Kamp Kappa, a Friday night sisterhood event for collegians. This festive evening included an exchange of T-shirts brought by each member from chapter recruitment or other campus events, games, prizes and best of all—a time to get to know other active chapter women.

Convention Traditions

While the 66th Biennial Convention was a place to enjoy new traditions and chart the future of the Fraternity, timeless Convention traditions were treasured by all. The Panhellenic and President's Luncheon shared the vision of the five former Fraternity Presidents in attendance: MARIAN KLINGBEIL WILLIAMS, *Missouri*; KAY SMITH LARSEN, *Washington*; JULIANNA (J.J.) FRASER WALES,

Ohio State; CATHY THOMPSON CARSWELL, *Illinois Wesleyan*; ANN STAFFORD TRUESDELL, *Ohio Wesleyan*; and outgoing President PRISCILLA (PRIS) MURPHY GERDE, *Purdue*.

For many, it wouldn't be Convention without Habiteers! This event began in 1938 to celebrate those who had attended five or more Conventions. CATHY THOMPSON CARSWELL, *Illinois Wesleyan*, Fraternity President 1996-2000, and MARILYN NICHOLS BULLOCK, *Kansas State*, were hostesses for the 135 members attending. J. DALE BRUBECK, *William and Mary*, Foundation Executive Director, provided a humorous look at past Habiteer luncheons.

Though they were not with us, the beautiful Memorial Service paid tribute to those we have loved and lost—the more than 1,000 members who died during the biennium. Fraternity Ritualist CAROL MORRISON SOBEK, *Arizona State*, led the traditional roll call of chapters for those gathered to quietly remember cherished relationships.

Perhaps the most anticipated Convention tradition is the Passing of the Light ceremony, which has closed each Convention since 1936. This moving event reminded everyone of our continuing strength as individuals and as an organization.

For those who are able to attend, Convention is a highlight of their Kappa experience. For the Fraternity, it is an opportunity to build upon our tradition of leadership, ensuring Kappa's vitality for the future. Taking four days out of their busy lives, members experienced something beyond their expectations. As one member reflected, "The entire experience has been one of the best of my life."

A Celebration of Excellence

2004-2006 Association and Chapter Awards Winners

ADVISORY BOARD AWARD – Chapter

Pi^α, UC Berkeley

HOUSE BOARD AWARD – Chapter

Gamma Epsilon, Pittsburgh

CHAPTER/ADVISORY BOARD RELATIONS AWARD – Chapter

Psi^α, Cornell

FINANCE AWARD – Chapter

Housed:

Delta Tau, Southern California

Unhoused:

Delta Lambda, Miami (Ohio)

SHRYOCK AWARD – Association

Associations with fewer than 19 members:

Twin Cities, Minn.

Associations with 20-49 members:

Morgantown, W. Va.

Associations with 50-119 members:

Greater Pittsburgh, Pa.

Associations with 120-199 members:

Boston-Intercollegiate, Mass.

Associations with 200-349 members:

Indianapolis, Ind.

Associations with 350 or more members: Denver, Colo.

HERITAGE AWARD – Chapter

Alpha^α, Monmouth

TECHNOLOGY AWARD – Chapter

Gamma Beta, New Mexico

GRACIOUS LIVING AWARD – Chapter

Housed:

Delta Upsilon, Georgia

Unhoused:

Delta Psi, Texas Tech

PATSY BREDWICK LEVANG PHILANTHROPY AWARD – Association

Associations with 20-49 members:

Cheyenne, Wyo.

Associations with 50-119 members:

Baton Rouge, La.

Associations with 120-199 members:

Philadelphia, Pa.

Associations with 200-349 members:

Albuquerque, N.M.

Associations with 350 or more members:

Denver, Colo.

PHILANTHROPY 1-2-3 AWARD – Chapter

Kappa, Hillsdale

SIGNATURE EVENT – Chapter

Epsilon Lambda, Tennessee

READING IS FUNDAMENTAL (RIF) AWARD – Chapter

Epsilon Eta, Auburn

PANHELLENIC AWARD – Chapter

Omega, Kansas

ALPHONSINE CLAPP HOWARD ASSOCIATION MEMBERSHIP AWARD – Association

Associations with fewer than 100 members:

Charlotte, N.C.

Associations with 100-250 members:

Birmingham, Ala.

Associations with 250 or more members:

Fort Worth, Texas

RECRUITMENT AWARD – Chapter

Five or fewer Panhellenic groups:

Eta Theta, Harvard

Six to nine Panhellenic groups:

Eta Alpha, Furman

10-14 Panhellenic groups:

Theta, Missouri

15 or more Panhellenic groups:

Beta Pi, Washington

COMMUNICATIONS/PUBLIC RELATIONS AWARD – Association

Associations with 20-49 members:

Fort Bend, Texas

Associations with 50-119 members:

Nashville, Tenn.

Associations with 120-199 members:

Philadelphia, Pa.



56th Biennial Convention Highlights

Associations with 200-349 members:
Fort Worth, Texas
Associations with 350 or more members:
Denver, Colo.

ACADEMIC EXCELLENCE AWARD – Chapter

Five or fewer Panhellenic groups:
Rho^α, *Ohio Wesleyan*
Six to nine Panhellenic groups:
Zeta Psi, *Wake Forest*
10-14 Panhellenic groups:
Eta, *Wisconsin*
15 or more Panhellenic groups:
Gamma Delta, *Purdue*

MEMBERSHIP GROWTH AWARD – Association

Associations with fewer than 19 members:
Howard County, Md.
Northeast Mississippi, Miss.
Associations with 20-49 members:
Fort Bend, Texas
Buffalo, N.Y.
Associations with 50-119 members:
Nashville, Tenn.
Associations with 120-199 members:
Birmingham, Ala.
Associations with 200-349 members:
Orange County, Calif.
Associations with 350 or more members:
Denver, Colo.

GREATEST SCHOLARSHIP IMPROVEMENT AWARD – Chapter

Five or fewer Panhellenic groups:
Zeta Pi, *Albertson*
Six to nine Panhellenic groups:
Epsilon Gamma, *North Carolina*
10-14 Panhellenic groups:
Gamma Chi, *George Washington*
15 or more Panhellenic groups:
Epsilon Phi, *Florida*

SALLY MOORE NITSCHKE LIFELONG EDUCATION AWARD – Association

Associations with fewer than 100 members:
Northwest Suburban, Ill.
Associations with 100-250 members:
Richardson-Plano, Texas
Associations with 250 or more members:
Denver, Colo.

SALLY MOORE NITSCHKE LIFELONG EDUCATION AWARD – Chapter

Gamma Nu, *Arkansas*

PUBLIC RELATIONS AWARD – Chapter

Beta Psi, *Toronto*



RISK MANAGEMENT AWARD – Chapter

Gamma Iota, *Washington Univ.*

NEW MEMBER PROGRAM AWARD – Chapter

Zeta Gamma, *Centre*

RITUAL AWARD – Chapter

Gamma Xi, *UCLA*

ROSE MCGILL AWARD – Association

Associations with fewer than 19 members:
Howard County, Md.
Associations with 20-49 members:
Arcadia, Calif.
Associations with 50-119 members:
Lake Washington, Wash.
Associations with 120-199 members:
Boston-Intercollegiate, Mass.
Associations with 200-349 members:
Columbus, Ohio
Associations with 350 or more members:
Denver, Colo.

ROSE MCGILL AWARD – Chapter

Group I (1-88 members):
Alpha^α, *Monmouth*
Group II (89-146 members):
Delta Gamma, *Michigan State*
Group III (147+ members):
Gamma Zeta, *Arizona*

STANDARDS AWARD – Chapter

Chapter with fewer than 74 members:
Delta Xi, *Carnegie-Mellon*
Chapter with 75-119 members:
Gamma Kappa, *William & Mary*
Chapter with 120 or more members:
Gamma Alpha, *Kansas State*



GREATEST IMPROVEMENT AWARD – Chapter

Gamma Omega, *Denison*
Delta Rho, *Mississippi*

McNABOE COMMITMENT AWARD – Association

Regional Winners:

Region 1: Buffalo, N.Y.
Region 2: Northern Virginia, Va.
Region 3: Houston, Texas
Region 4: Wichita, Kan.
Region 5: Denver, Colo.
Region 6: Scottsdale, Ariz.

Overall Winner:

Northern Virginia, Va.

EXCELLENCE IN CHAPTER MANAGEMENT AWARD

Chapter with fewer than 74 members:
Zeta Epsilon, *Lawrence*
Chapter with 75-119 members:
Delta Mu, *Connecticut*
Chapter with 120 or more members:
Beta Theta, *Oklahoma*

MOST OUTSTANDING CHAPTER AWARD

Epsilon Epsilon, *Emory*

Awards are listed in the order in which they were presented. Visit www.kappa.org for honorable mentions.

Leadership 1

Put Your Values and

— By ROSITA NAJMI, *Wake Forest*

I have supported the Leaning Tower of Pisa, climbed Mayan ruins, danced flamenco in Spain, eaten mussels in Brussels, crossed the London Bridge, entered ancient temples in South Korea, waded through rice fields in Vietnam, explored *favelas* in Rio, and dined on mangos in West Africa. My passport is not a log of family vacations, however. Each adventure has been a step along my path of servant leadership.

Servant leadership is a way of life that has been instilled in me by my mother, who, alone with four children, one an infant, fled religious persecution and violence in Iran, seeking refuge in America. Bravely abandoning her native culture and profession as a teacher, her commitment to her faith and family taught me devotion and servant leadership.

Servant leadership is a pure, effective form of leadership that emphasizes serving first, and leading as a means to expand service to individuals and institutions. This philosophy does not require formal leadership titles; instead, it encourages collaboration, trust, foresight, listening and the ethical use of power and empowerment.

I now realize my mother exhibited servant leadership throughout my upbringing. Showing courage and leadership by escaping



ough Service

ship Skills into Action



an environment that offered few opportunities for women, she sought to provide a better life for her children. Sacrificing her own dreams, she worked in retail jobs to support our immigrant family. Although these positions did not garner the respect of her former teaching career, she displayed the same dedication and integrity. Her work ethic and concern for others translated into everything she did.

Even though we were not much better off financially, my mother would encourage us to donate toys and clothes to other struggling families. From this, I learned how to prioritize true needs versus material desires.

Although my mother instilled her religious values in her children, she was respectful of the traditions and beliefs of others. During the Thanksgiving and Christmas seasons, she would help others in need. Despite her struggles with English (I was her little translator), she became known as a reliable volunteer and friend. While she could not edit my essays, she made the best egg sandwich and chocolate milk to go. She has been a leader by first serving others.

From my mother's teachings, I have sought out needs all over the world through educational grants and research opportunities, helping where I could and calling attention to needs larger than my resources. Everything I do is a form of worship. In my religion—the Bahá'í Faith — “work is worship,” and the purest form of work is service to humanity.

A central figure of my religion, Abdu'l-Bahá, wrote, “Man's life has its springtime and is endowed with marvelous glory. The period of youth is characterized by strength and vigor and

Rosita's mother congratulates her after a flamenco dance performance in June.

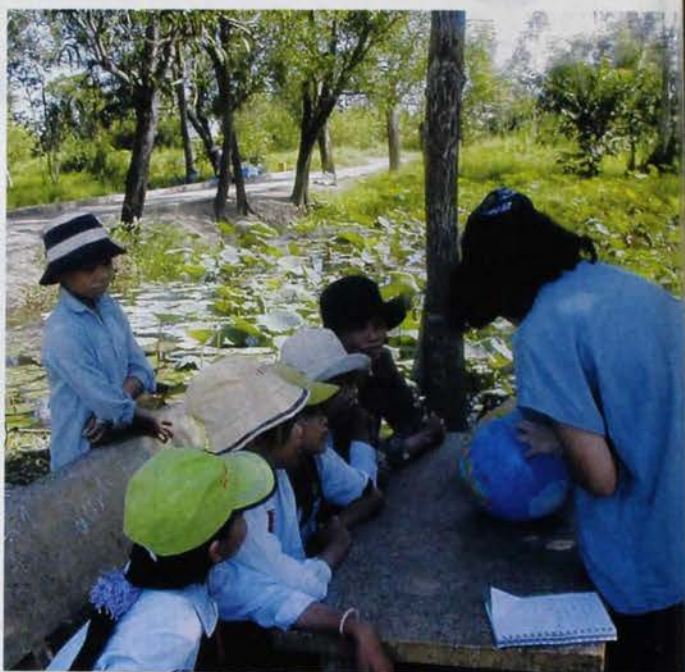
stands out as the choicest time in human life. Therefore, you should strive day and night...to become ornaments of the world of humanity and pre-eminent among those who are initiated into true learning and love." He went on to anticipate, "Each one of you may become even as a fearless lion moving in the pastures of human perfection and a musk-laden breeze wafting over the meads of virtue."

At age 15, looking at my scrawny arms, I saw little strength. Although I was doing a lot of learning, I certainly was not anywhere near the standards of pre-eminent, and as for being a lion, I was just getting over being scared of the dark. However, a few years later, I gained glimpses of the wisdom behind these tenets, which inspired me to do my part to change the world. Serving abroad shaped my college experiences, and Benin, West Africa, one of the smallest and poorest countries in the world, became my point of embarkation.

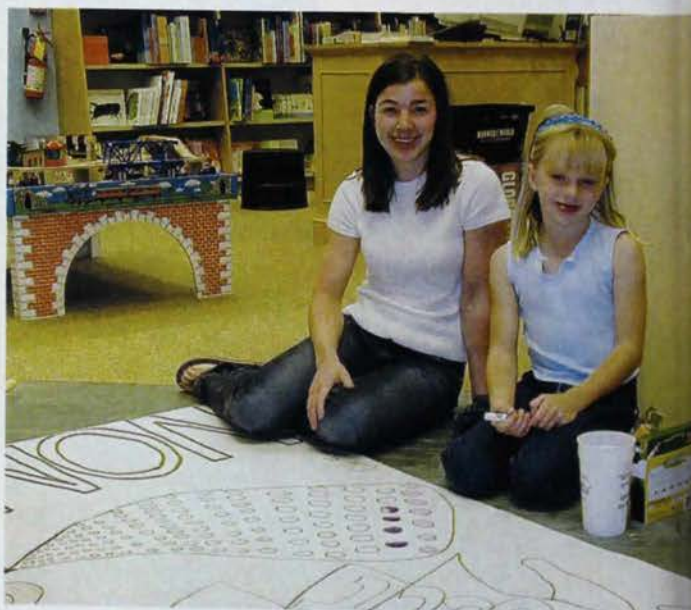
Researching economic development, I visited project sites and met with local leaders, including the first female presidential candidate. Next, I studied micro-finance and its capacity to improve welfare. While joining village women in dance and song under mango trees celebrating the maturation of their small loans, I realized both an academic and personal need to ensure, by reducing corruption, the perpetuation of such celebrations. Then, locals broached to other students and me a public health crisis, which we promised to alleviate with resources from America.

Thanks to engaging storytelling and unabashed fund raising, we transformed our promise into a nonprofit organization, Project Bokonon (meaning "medicine man" in Fon, a native language). The Project's mission is straightforward: efficiently connect a need with resources, while investing in capacity-building and sustainability. Volunteers and students linked this vision into action by supplying basic medical equipment, building a clinic and promoting public health education. Although I was not prepared for the hurdles, Project Bokonon (www.projectbokonon.org) emboldened my conviction and desire to create successful international development.

I drew strength from my mother's courage and spirit of service to guide me in village clinics in Benin, to sell Band-Aids to Americans to raise funds, and to lecture in classrooms and auditoriums. Visiting a Harlem middle school, I feared that some



Rosita uses a globe to teach Vietnamese women and girls during a service-learning project in Mekong Delta, where Zeta Psi members KATHLEEN STELLING HODGES and TYLER OVERSTREET, along with 11 other Wake Forest students, helped build a schoolhouse.



CATIE GRIFFIN, Wake Forest, one of Rosita's former roommates, shows a young girl one of several murals she designed to teach American children about West African culture through art activities. The murals were later taken to West Africa to cheer up patients.

of the poorest children in America might not understand why we were sending resources and money elsewhere. A question-and-answer session concluded with a student asking, "How can we help?" This same young boy waited until the auditorium cleared to open his wallet and hand me a lone dollar. His request: "Please spend this for me in Africa."

The Bahá'í Faith encourages one to "... behold [a] candle, how it gives light. It weeps its life away drop by drop in order to give forth its flame of light." I think about this quote and all of the individuals, including family and friends, who have sacrificed for my growth and success. I recall my ZETA PSI sisters who filled seats at events and offered support to efforts I organized at Wake Forest, no matter how inconvenient. They drew murals and designed a coloring book for children, solicited donations and scrubbed dirt floors of a new clinic in Benin. While none expected a thank-you note or won an award for her work, all are candles in my life and the lives of others.

In this same spirit of service, I dedicated my first year after college to full-time volunteer work for a nonprofit human-rights law firm, The Tahirih Justice Center, based in Falls Church, Va., (www.tahirih.org). Developing my spiritual virtues and improving my ability to serve others were my predominant objectives. Directing my attention to the motivations behind my work encouraged humility and allowed me to address truly important matters, instead of being distracted by tasks urgent in appearance. These lessons and a consulting post at the World Bank have prepared me for the next stage of my goal, when I hope to determine how best a sacrificed dollar or multimillion-dollar grant can be invested in the developing world.

Helen Keller wrote, "The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart." Nevertheless, after four years of economic and political science courses, I was disappointed that not one of the great theories or schools of

thought in my textbooks addressed such matters of the heart. Instead, we focused on intersecting supply and demand graphs and exploring ways to secure money and power—we focused on the bottom line, which is often measured in dollar signs. Is that the only bottom line?

As women who perpetuate Kappa Kappa Gamma's Tradition of Leadership, we set goals and delegate tasks to be carried out in a clear-cut manner; however, I encourage you to invest in the holistic experience that you as a leader and others will share when you connect your visions to actions in the spirit of servant leadership.

Servant leadership inspires and empowers others to act, while letting go and trusting. With patience and humility, you can intoxicate others with your

Rosita hosts an "Afternoon of Art" for clients of the Tahirih Justice Center. The artwork was used to decorate tables at a benefit dinner and some of the art was framed for awards.





Rosita greets a local woman and her infant daughter born at one of the clinics supported by Project Bokoron, which Rosita helped create in Benin, West Africa.

enthusiasm so that your vision lives on through them. Giving trust and confidence to others, a servant leader invites others to share in her vision, building critical partnerships. When shared with others, the vision will not rely on a single paladin; instead, a team of leaders will ensure its sustainability. Once your vision is adopted, you can develop an action plan and help people identify their roles in connecting the vision to action. This means personalizing the task for each individual so her skills and efforts are maximized.

For example, the next time your chapter or alumnae association needs photographs taken at an event, don't push the camera on someone who may be shy or inexperienced in taking pictures; instead, invite the member who has an interest in photography to take the pictures. In this way, the memories of your event are captured, and this volunteer has served the group by applying her skills and interests.

My college and Kappa experiences helped me to confirm that "matters of the heart"—a greater

commitment to a greater good—is what we need in addition to all our lesson books to guide us through issues we will face in our future. Remembering that behind every project, dollar sign and bottom line is a human heart—that is what guides me as I continue my growth process. That's my bottom line. It's not about how many leadership titles I have on my résumé or how much my starting salary is. It's about whom I've loved and whom I've hurt. It's about what I do and whom I've served...it's about the why...it's about servant leadership.

In focusing on the process of leadership rather than the end result, I have learned the importance of detachment—learning that my best will not always be the best, getting over failures, appreciating lessons in humility, and hopefully learning how to sincerely celebrate the success of others. With a spirit of service, you are worried less about what resources you do or do not have—you simply step up to fulfill a need. As long as you do what you believe and detach yourself from all else, while acting with a spirit of sacrifice,

Who Is the Servant-Leader?

Robert Greenleaf, the man who coined the phrase, describes servant leadership in this way: "The servant-leader is servant first. ... He or she is sharply different from the person who is leader first, perhaps because of the need to assuage an unusual power drive or to acquire material possessions. ... The difference manifests itself in the care taken by the servant—first to make sure that other people's highest priority needs are being served. The best test, and difficult to administer, is: do those served grow as persons; do they, while being served, become healthier, wiser, freer, more autonomous, more likely themselves to become servants?"

— From *The Servant As Leader* by Robert Greenleaf, 1970.

you will be a servant to your community, locally or globally—you will be a leader.

I am thankful for and I laud the ways Kappa helps its members mature socially, academically and spiritually, all while embracing loyalty, beauty, love and sisterhood. Whether you're an alumna or a collegian, define the name of Kappa Kappa Gamma with your values and actions—let it be more than letters on a T-shirt or a golden badge that you toss into your jewelry box. Employ it and its motto as you define your personal “bottom line.” Remember that while your parents decided your name, you have the capacity and responsibility to determine its legacy.

As you reflect on your values and envision your future, think about how you, too, can be a candle in the lives of others, while remaining true to Kappa Kappa Gamma's mission of friendship, mutual support, opportunities for self-growth, respect for intellectual development, and understanding of and an allegiance to positive ethical principles. Start planning today how your candle will illuminate the world. 🔑

A native of Knoxville, Tenn., Rosita is a 2004 honors graduate of Wake Forest University. Proficient in French and fluent in Farsi/Persian, Rosita has presented research at the International Conference on Globalization, Liberalization and the Role of Women in Africa's Development and published a case study in “Decentralization and Reform in Africa,” and contributed a chapter to “Women in African Development: The Challenges of Globalization and Liberalization in the 21st Century.” Rosita has translated depositions for asylum seekers through the Tahiri Justice

Center and provided research for social and economic development projects at Groupe Huit, a Parisian think tank. Since October 2005, she has served the World Bank as a consultant and is currently working on capacity-building at the World Bank Institute. For more information or to arrange for Rosita to visit your association or chapter, contact her via e-mail at rosita@alumni.wfu.edu.

EDITOR'S NOTE: If you have a story about leadership to share, please e-mail KRISTIN STYERS, Editor, at kstyers@kkg.org.

Related Resources

For more on servant leadership, check out these books and Web sites:

Servant Leadership by Robert Greenleaf

Stewardship by Peter Block

Focus on Leadership by Larry Spears, ed.

Practicing Servant-Leadership by Larry Spears and Michele Lawrence, ed.

Servant First! Leadership for the New Millennium by John J. Sullivan

From Good to Great: Why Some Companies Make the Leap...and Others Don't by Jim Collins

<http://www.greenleaf.org/>

http://en.wikipedia.org/wiki/Servant_leadership

<http://www.servleader.org/>

<http://www.leadershipnow.com/service.html>

At Kappa Kappa Gamma's annual Leadership Academy sponsored by the Kappa Foundation, participants are taught these “Five Principles of Leadership.”

1. Model the Way
2. Inspire a Shared Vision
3. Challenge the Process
4. Enable Others to Act
5. Encourage the Heart

To learn more about Leadership Academy, call Headquarters at (866) KKG-1870 or visit www.kappa.org.



ROSITA NAJMI

HOLLY DUNN PENDLETON, *Kentucky*, can spark a conversation with anyone—about anything. At a party, she's the gregarious one, a little loud even. Every fall, Holly talks to hundreds of college students about campus safety, and students seem to connect with her. Some contact her later to talk about subjects they were too uncomfortable to share in front of a crowd.

A Sister Fights Back After Senseless Violence

Whether it's talking one-on-one with a sexual assault victim or in front of a large crowd of eager freshmen college students, Holly speaks to you like your sister, your best friend or neighbor. The victim of a brutal assault herself, Holly speaks from experience.

On August 29, 1997, Holly and her boyfriend, Chris Maier, were walking along railroad tracks near the University of Kentucky campus. While talking and observing stars, Holly and Chris were attacked by Ángel Maturino Reséndiz, the notorious "Railroad Killer." Holly was raped, severely beaten, and left for dead. Chris Maier did not survive the attack. Holly is the only known survivor of the now-executed Reséndiz.

Immediately after the attack, breathing shallowly under a gag and bleeding badly, Holly dragged herself to the nearby house of a student who called 911. Even though Holly suffered a broken eye socket and had her jaw wired, from that night on, Holly began telling her story to anyone who would listen.

Holly speaks publicly and privately about her attack—everything from how to avoid an attack to what to do if the unthinkable does happen. Holly says that telling her story has allowed her to reclaim her life after the trauma. She finds her inspiration not in herself, but in the victims who share their stories with her. It is because of other victims that Holly became a certified sexual-assault advocate. "I saw people coming to me as an expert, so I decided to get training," says Holly, who now trains police and other first responders in how to talk and listen to victims of assault.



Holly speaks to high school students in Flemingsburg, Ky.

— By KRISTIN JOHNSON STYERS, *Georgia Southern*, Editor

Holly and ANNIE HULLER POLLCOCK, Kentucky. Holly has reclaimed her life after tragedy with the support of friends and family.



Sen. Richard Lugar presents **HOLLY DUNN PENDLETON**, Kentucky, with the Jefferson Award for outstanding community service.

Currently, Holly is working with the Evansville, Ind., Police Department to establish Holly's House, which will be a victims' advocacy center. When Detective Brian Turpin of the Evansville Police approached Holly about naming the center after her, Holly was honored and inspired. "I can't just have something named after me, so I got involved," says Holly.

For her work with victims, law enforcement and other agencies, Holly was nominated by Detective Turpin for a Jefferson Award for community and public service. Holly was one of 74 individuals who were awarded the Jefferson Award in Washington, D.C., in June 2006, and she was one of the five Jefferson Award recipients to receive a further honor: the Jacqueline Kennedy Onassis Award for Greatest Public Service Benefiting Local Communities.

With her family and husband Jacob Pendleton present, Holly says she felt special to receive the Jefferson and Jacqueline Kennedy Onassis awards, but that she was most inspired by being in the presence of the other amazing recipients. "I don't expect to be recognized because, although my work helps people, I also work to help myself."

While Holly has focused on the positive aspects of her life since her tragedy, she has relied on family and friends for support. Holly says she has also learned to recognize the need for professional help. She suffered survivor's guilt and a whole range of emotions that professional therapy has helped her address. "You have to watch for the cues that you need help," says Holly.

The BETA CHI, Kentucky, chapter members have been some of Holly's biggest allies. "I joined this organization

not even thinking what it would mean to me in the future. It was a social opportunity and it has helped me for the rest of my life. I receive letters of support all the time," Holly says.

Recently a Beta Chi alumna from Lexington read about Holly's House in *The Courier Journal* of Louisville, Ky., and was inspired by Holly so she sent a donation of \$2,500. It's the largest contribution made in Holly's honor and it was from a sister whom Holly has never met.

Holly believes that everything has happened for a reason, but she does not take herself too seriously. Whenever she finds herself getting overwhelmed, especially in front of a crowd, she just makes a silly noise, like a snort, to ground herself. Perhaps it's Holly's ability to laugh at herself that allows others to open up.

To learn more about Holly's House or to contact Holly Dunn Pendleton, visit www.hollykdunn.com or www.hollyshouse.org. Holly was featured in *The Key*, summer 1999, Pages 11-12. The archived story, which includes details about Holly's attack and the support she received from her Kappa sisters, can be found at www.kappa.org. 

Don't Let Tragedy Repeat Itself

Tips for Improved Safety on Campus

— By **JENNIFER McCLOY**, *Clemson*, Kappa Kappa Gamma
Department of Education Intern

As an undergraduate member of **EPSILON MU**, *Clemson*, I looked forward to a summer 2006 internship at Kappa Kappa Gamma Headquarters in Columbus, Ohio. Upon moving to Columbus, for the summer, my orientation included safety tips, and I met my roommate, **LAURA BIEDIGER**, *North Carolina*, the Catherine Schroeder Graf Museum intern. While Laura and I enjoyed a safe and educational summer experience, summer ended early and tragically for my Epsilon Mu sister, **TIFFANY SOUERS**, *Clemson*.

Photo Courtesy of Digital Pix & Composites



TIFFANY SOUERS, *Clemson*, was strangled in May. A Tennessee sex offender is accused of the attack.

A memorial service was held on campus this fall at Tillman Hall, Clemson University.

A civil engineering major, Tiffany stayed at Clemson over the summer so she could continue volunteering with Sharing, Inc., a local charity that provides funding for extracurricular activities for underprivileged children. On May 25, 2006, Tiffany toured a new, larger facility that would serve as a resale shop for Sharing, Inc. She was also planning a fall fund-raising event for Sharing, Inc. Sadly, Tiffany was not able to carry out her plans because a recently released sex offender, Jerry "Buck" Inman, is accused of raping and strangling her on May 26, 2006, in her off-campus apartment.

The perpetrator who took Tiffany's life had no knowledge of the undeniable mark that Tiffany left on people's hearts. Chapter President **LEIGH ALSTON**, *Clemson*, recalls Tiffany's outstanding character: "Tiffany embodied the values of our organization through her academic pursuits and personal commitment to the service of others."


Tiffany's story is a tragic reminder of the dangers that surround us and the people we love. Violent sexual offenders lurk in our communities and, while we don't need to be paranoid, we do need to be vigilant for our safety. Kappa Kappa Gamma offers two safety workshops that are invaluable training resources for all members: *Keep Safe* and *Insight to Domestic Violence*. These resources can be found at www.kappa.org or on the *Pathways* Resource CD; or you may call the Kappa Kappa Gamma Department of Education and Training at (866) KKG-1870 for more information, or e-mail MARLA WILLIAMS, Director of Education and Training, at mwilliams@kkg.org.

Campus Safety Awareness

In addition to the safety programs available from Kappa Kappa Gamma, collegians and their parents, and chapter Advisory Board and House Board members should be aware of the nonprofit organization, Security on Campus, Inc. SOC was formed by Howard Clery and CONNIE BENJAMIN CLERY, *Massachusetts*, as a result of the murder of their daughter, Jeanne Clery, in 1986 on the Lehigh University campus. The Clerys, through SOC, have spent two decades advocating for crime-prevention and awareness legislation. The Jeanne Clery Act requires campuses to report on campus crime statistics and security policies. To read more about the Clery Act, visit SOC's Web site at www.securityoncampus.org.

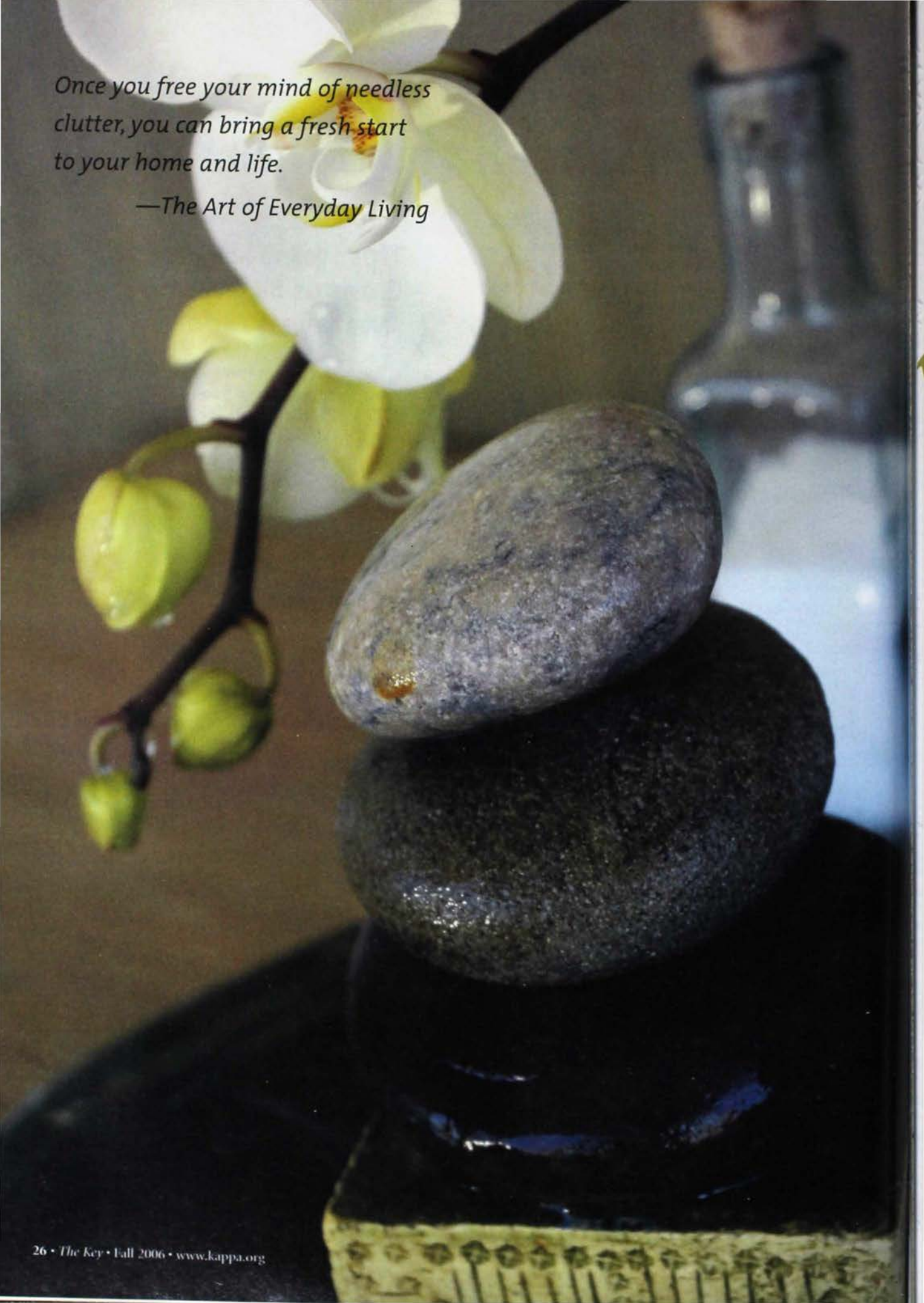
While college campuses are required to report crimes, the information is useless if students and parents don't use it to educate themselves. Most college and university Web sites have links where important safety information can be accessed. Also, many campuses offer safety orientation at the beginning of the academic year.

Campuses and SOC are using the Internet to promote campus safety. Every September is National Campus Safety Awareness Month. On college campuses, the first six weeks of school is a "red zone," when statistically the highest rate of crime occurs. To promote awareness, SOC has set up a Web site, www.campus safetymonth.org. This site offers programs for campus administrators and individual groups to promote safer campus communities. Resources cover many safety topics including hazing, high-risk drinking, sexual assault, hate crimes, Internet safety, stalking, drug use and fire safety.

As a new school year unfolds, please honor the memory of our dear Kappa sister, Tiffany Souers, by taking extra steps to keep yourself and others safe on campus, in the workplace and in your community. 

Tips from National Campus Safety Awareness Month

- **Be Aware.** Know where you are, where you're going and what is going on around you. This includes people, events and potential exit routes.
- **Don't walk alone**, especially after dark. Stay on populated, well-lit paths.
- **Keep emergency numbers by the phone**—including resident advisers and campus police.
- **Trust your feelings** of fear and your instincts that things are not right.
- **Watch what you post** on the Internet (especially sites such as Facebook and MySpace). You never know who is looking at your information. It could be stalkers, future employers, recruiters, family, etc.
- **Do not prop doors.** Rather, remove props and report repeat problems.
- **Refuse to accept drinks from strangers** (a drug could easily have been slipped in).
- **Avoid being alone in isolated places** such as the laundry room, deserted study labs, etc.
- **If someone is in danger, go for help right away or call 911.** Do not try to get involved if anyone has a weapon or if a fight is out of control.



*Once you free your mind of needless
clutter, you can bring a fresh start
to your home and life.*

—The Art of Everyday Living

Clear Your Mental Clutter

Tips to Free Yourself from Needless Anxiety

— By ALISON FORBES, *Tulane*, and LAURA FORBES CARLIN, *Northwestern*

Whether you are a neat-freak, with everything labeled, stacked and color-coordinated, or if a small child could hide for days among your stacks and piles, the details of life can weigh on our minds. Closets, junk drawers and e-mail inboxes are all mental clutter that can weigh us down. Mental clutter is your personal to-do list, everything from important meetings to replacing a light bulb.

Organizing your life doesn't have to be a dreaded task nor a compulsive ritual. Employing the principles of Feng Shui, the ancient Chinese art of placement, you can arrange your surroundings to enhance your life. The first step is to put your mind in order by freeing yourself from neglected small tasks that create anxiety. Have you ever put off going to the hardware or grocery store to pick up something? How many times did you think about doing this chore? Every day until you finally made the trip? When your mind is filled with unfinished responsibilities and errands, your thoughts are scattered, you can't enjoy the present, and you have less energy for truly important projects.

If you're frequently distracted because your mind is scanning an endless to-do list, then it's time to clear your mental clutter. Set aside some quiet time when you know you will have an uninterrupted half hour. Have a calendar and a notebook at hand. Then take a blank piece of paper and write down absolutely everything on your mind—from defrosting your freezer to asking your boss for a raise. No task is too small or too big so don't stop to judge or organize what you're putting on your list, just keep writing. The simple act of writing down all the things on your mind will help clear your mental clutter.

The next step is to organize your list. Identify any items that have a deadline and put them on your calendar. Next, flag anything that can be done quickly, like picking up your dry cleaning, then set a goal to complete one or two of those tasks every day. Each time you complete a task, cross it off—striking tasks off the list is liberating, so take a second to enjoy the feeling of satisfaction.

For larger tasks that take time to complete, write down the first step that would need to be completed to achieve your goal. For example, if you want to write a book someday, the first step may be researching your subject, or learning how to write a book proposal or thinking of a title. Once you've crossed that task off your list, write down the next step and so forth. By breaking down projects into smaller, more manageable tasks, you will feel more focused and less overwhelmed.

As you organize your list, you may realize that some tasks aren't as pressing or important as you first thought. You may even decide that some items can be crossed off the list immediately because they are not necessary. We can carry an idea around in our heads for weeks or even months, just because we never asked ourselves how important it is to us.

Commit to the process of creating and maintaining a list at least weekly. If during the week you experience "mental overload," then take 10 minutes to write down everything on your mind. Review and process it later during the weekly time you have set aside and get back to the moment at hand. By clearing your mental clutter, you will be able to identify what is really important to you and then give those things and people your undivided attention. You are then truly free to experience and enjoy living in the moment!



ALISON FORBES and LAURA FORBES CARLIN

Once you free your mind of needless clutter, you can bring a fresh start to your home and life. Central to Feng Shui is the idea that all things in the world—including our house and possessions—are made up of energy. This life force energy is unique to every object and impacts our well-being either positively or negatively. When you look at the contents of your home or office from this point of view, you see why it is essential to live with things that bring you joy. Feng Shui teaches that as you let go of clutter, you make space for something new and better.


Broken appliances, things you don't like, or objects associated with negative memories block the flow of energy and dampen spirits. Conversely, possessions that you love, functional items, beautiful objects, and things that you associate with positive memories will boost your energy.

Another principle of Feng Shui is that everything is inter-related. For example, not finding what you need in your closet may lead to being late, impacting your job and finances. If you put off changing a light bulb for a week, the unfinished task weighs on your mind. Each time you think about it, you tie up your energy and hinder your ability to be creative and available in the present moment.

How often have you picked up a magazine in the grocery line or newsstand with a promise of "25 Tips to Organize Your Life," or "Ten Weekend Decorating Projects"? While how-to tips are irresistible, they may not solve your real dilemmas. The following guidelines will allow you to free your mind and arrange your surroundings, while freeing energy for more important things.

Five Steps to Clear Clutter:

1. Start small. Begin with one drawer, one shelf, or one cabinet. Successful completion of one area will motivate you for the challenging areas.
2. Leave yourself a realistic amount of time. It sometimes gets worse before it gets better. Don't begin de-cluttering your kitchen an hour before you plan to have dinner.
3. Take everything out first. Everything. This step will ensure that you address each item.
4. Clean the drawer, shelf, or cabinet before putting things back inside. You will be less apt to place anything that is less than excellent in your now clean and fresh space.
5. Give each item the useful, beautiful, or loved test. If the item matches one or more of these criteria—keep it. If not, throw it away or consider donating it; someone else may really need or appreciate it.

Good luck! 

The Art of Everyday Living

Co-founders of their own home-and-lifestyle consulting company, The Art of Everyday Living, sisters ALISON FORBES, *Tulane*, and LAURA FORBES CARLIN, *Northwestern*, teach clients how to create homes and lifestyles that nurture their mind, body, and spirit, and support their everyday life.

The principles taught by Alison and Laura can be especially helpful for new or expecting parents. In their new book, *The Peaceful Nursery*, Alison and Laura demonstrate how to apply the best principles of home decorating, Feng Shui, and healthy living to create a warm and welcoming nursery. Available at www.bantamdell.com, *The Peaceful Nursery* includes how to arrange a nursery to encourage a good night's sleep, making healthy choices when selecting paints, fabrics and furniture and efficiently organizing the nursery.

Alison and Laura are graduates of the Western School of Feng Shui. Alison has a master's degree in education from Harvard and a bachelor of arts from Tulane. Laura holds a master's degree in spiritual psychology from the University of Santa Monica and a bachelor of science in communications from Northwestern.

For more information about the authors, visit www.artofeverydayliving.com.

THE PEACEFUL NURSERY

Preparing a Home for Your Baby with Feng Shui

LAURA FORBES CARLIN & ALISON FORBES



in memoriam

These names were submitted to Fraternity Headquarters between April 11, 2006, and July 17, 2006.

AKRON, UNIVERSITY OF
Bender, Mary Fenn, '41, d. 05/06

ARIZONA, UNIVERSITY OF
Lobley, Billie, '70, d. 11/03

ARKANSAS, UNIVERSITY OF
Hill, Sharla Boyd, '54, d. 01/06

*** BOSTON UNIVERSITY**
Hutchinson, June Pettingill, '44, d. 05/06
Lauer, Ernestine Ross, '33, d. 08/05

BUTLER UNIVERSITY
Freeman, Mary, '36, d. 12/05
Horner, Mary, '65, d. 05/06
Pritchett, Adelaide Gould, '29, d. 03/06

CALIFORNIA, U. OF, SANTA BARBARA
Babbini, Robin, '04, d. 06/06

CALIFORNIA, U. OF, BERKELEY
Sexton, Eleanor Wishard, '40, d. 02/06

CALIFORNIA, U. OF, LOS ANGELES
Miller, Mary Mattison, '33, d. 05/06
Phelps, Elizabeth Manwaring, '33, d. 01/06
Rose, Janet Kitzelman, '33, d. 04/06

CARNEGIE-MELLON UNIVERSITY
Cook, Catherine McKenna, '45, d. 05/06
Gough, Beverly Hughes, '54, d. 04/06

CINCINNATI, UNIVERSITY OF
Kelsch, Pamela Schoettinger, '70, d. 06/06
Schuch, Barbara Moore, '53, d. 06/06
Weingartner, Mary Hall, '45, d. 11/05

CLEMSON UNIVERSITY
Souers, Tiffany, '04, d. 05/06

COLORADO COLLEGE
Evans, Emma Burritt, '43, d. 04/06

CORNELL UNIVERSITY
Jacobs, Ruth Fielden, '33, d. 02/06
Schaufert, Jeanne Livingston, '46, d. 12/01

DENISON UNIVERSITY
Urch, Elizabeth Veale, '32, d. 06/06

DEPAUW UNIVERSITY
Jones, Martha Biggerstaff, '30, d. 04/06

DRAKE UNIVERSITY
Harper, Mary Brammer, '33, d. 05/06
Hyland, Elizabeth McDougal, '51, d. 04/06

DUKE UNIVERSITY
Hupp, Martha Phillips, '40, d. 07/06
Wallace, Nancy Akers, '39, d. 03/06
Weldon, Virginia Hobgood, '30, d. 01/06

GEORGE WASHINGTON UNIVERSITY
Grant, Claudia Stuart, '41, d. 10/05

GEORGIA, UNIVERSITY OF
Davison, Dianne Castle, '48, d. 08/05

HILLSDALE COLLEGE
Taylor, Helen Christensen, '40, d. 07/06

IDAHO, UNIVERSITY OF
Anderson, Evelyn Jenkins, '35, d. 12/05
Crofts, Elizabeth Walker, '40, d. 12/05
Faisant, Edith Smith, '49, d. 09/05

Read, Karen Sorenson, '68, d. 05/06
Russell, Kathryn Barber, '41, d. 04/06

ILLINOIS WESLEYAN UNIVERSITY
Aldrich, Helen, '30, d. 07/06
Cary, Ruth, '27, d. 05/06
Corley, Virginia Kerr, '38, d. 06/06
Fulkerson, Anne Hart, '45, d. 04/06
Smith, Miriam Wyatt, '42, d. 06/06

ILLINOIS, UNIVERSITY OF
Benner, Sandra Smith, '52, d. 08/05
Weiss, Coralie Shaffer, '31, d. 05/06

INDIANA UNIVERSITY
Blackwell, Mary Taylor, '38, d. 06/06
Bone, Jane Good, '54, d. 06/06
Ehlenberger, Enid Reed, '42, d. 04/06

IOWA, UNIVERSITY OF
Brown, Rebecca Frisbee, '34, d. 05/06
Flanigan, Margo Jacobsen, '72, d. 04/06
Hilger, Helen Sve, '34, d. 02/06
Horn, Grace Adams, '40, d. 06/06
Hornaday, Mary Mills, '51, d. 06/06
Kelly, Betty Stanzel, '51, d. 02/06
Zellhoefer, Helen Hospers, '42, d. 03/06

KANSAS STATE UNIVERSITY
Carraway, Catherine Gundy, '44, d. 06/06

KENTUCKY, UNIVERSITY OF
Gilchrist, Mildred Rohdenburg, '54, d. 04/06
Lane, Betty, '52, d. 03/06
Prichard, Lucy Elliott, '37, d. 06/06

LOUISIANA STATE UNIVERSITY
Butler, Marion Hall, '74, d. 03/06
Wills, Lillian Hatcher, '56, d. 09/88

*** MANITOBA, UNIVERSITY OF**
Charter, Elizabeth Tillman, '36, d. 04/06

*** MARYLAND, UNIVERSITY OF**
Decker, Diane, '59, d. 04/06
Falls, Nancy Nystrom, '56, d. 01/03
Lozupone, Patricia Royster, '38, d. 04/06

MASSACHUSETTS, UNIVERSITY OF
Grimham, Phyllis Hyatt, '43, d. 04/06
McGrath, Agnes McDonough, '48, d. 05/06

MIAMI UNIVERSITY
Young, Elizabeth Little, '43, d. 04/06

MIAMI, UNIVERSITY OF
Okell, Mary Shaw, '47, d. 03/04
Olson, Sue Harrison, '47, d. 04/06

MICHIGAN STATE UNIVERSITY
Clarkson, Eleanore Finch, '36, d. 06/06
Eissler, Ruth Hardy, '34, d. 01/06
Ladner, Margaret Weidner, '30, d. 03/06
Malone, Margaret Baker, '31, d. 12/05
Williams, Margaret Huston, '32, d. 07/06

MICHIGAN, UNIVERSITY OF
Oancea, Ann Cumings, '53, d. 06/06
Olds, Nancy Surgenor, '40, d. 01/05

*** MIDDLEBURY COLLEGE**
Green, Margaret, '41, d. 09/05

MINNESOTA, UNIVERSITY OF
Okie, Susan Shuman, '30, d. 04/06
Olson, Eleanor Mann, '26, d. 03/06

MISSISSIPPI, UNIVERSITY OF
Burrow, Jacquelyn Walker, '50, d. 02/06

MISSOURI, UNIVERSITY OF
Fitzgerald, Marita McGinnis, '48, d. 05/06
Koller, Hortense Peetz, '33, d. 04/06
Macoubrie, Dana Blue, '81, d. 07/01
McKim, Caroline Fischer, '45, d. 07/06

MONTANA, UNIVERSITY OF
McCaskill, Margaret Kerr, '42, d. 04/06

NEW MEXICO, UNIVERSITY OF
Abbott, Revis Bailey, '29, d. 05/06

NORTHWESTERN UNIVERSITY
Feltman, Elizabeth Fletcher, '25, d. 06/06
Russell, Valerie Horgan, '43, d. 10/01

OHIO STATE UNIVERSITY
Burke, Kathryn Kanengeiser, '36, d. 01/06
Kinsey, Diane Everhart, '61, d. 06/05
Lau, Jean Scott, '36, d. 05/06
Lucas, Phyllis Engler, '37, d. 06/06
Schmenk, Mary Heringhaus, '60, d. 11/05
Stern, Mary Gallen, '62, d. 06/06

OHIO WESLEYAN UNIVERSITY
Rogers, Dorothy Cohan, '40, d. 01/06

OKLAHOMA STATE UNIVERSITY
Lyon, Shirley Smalstig, '51, d. 05/06
McNatt, Muriel McMillan, '55, d. 02/06
Myers, Marilyn Bemis, '49, d. 04/06
Norton, Shirley Kyle, '47, d. 02/06

OKLAHOMA, UNIVERSITY OF
Harper, Madeline Bullard, '53, d. 03/06
Kersten, Nancy Dillon, '44, d. 03/06
Lowe, Sandra Barger, '69, d. 07/06
Phillips, Nancy Norton, '54, d. 01/05

OREGON STATE UNIVERSITY
Carlson, Mary Anderson, '42, d. 05/06
Keys, Nannette Burrone, '47, d. 07/06

OREGON, UNIVERSITY OF
Healy, Barbara Pearson, '44, d. 04/06
Schwieger, Dorothy Bates, '37, d. 06/06
Strebigh, Phyllis Schnell, '46, d. 04/06

PENNSYLVANIA STATE UNIVERSITY
Born, Nina Roach, '60, d. 02/03
McStay, Anne Plumb, '33, d. 04/05
Mears, Margaret Hart, '31, d. 05/99

PITTSBURGH, UNIVERSITY OF
Ballard, Ann Henry, '54, d. 06/03
Kunkle, Doris McCauley, '45, d. 04/05

PURDUE UNIVERSITY
Crump, Marilyn McKnight, '38, d. 05/06
Drever, Caroline Shaw, '38, d. 04/06
Johnson, Lillian Oyler, '44, d. 12/05

RICHMOND, UNIVERSITY OF
Labate, Kimberly Tracy, '88, d. 06/06

*** SAN JOSE STATE UNIVERSITY**
Monroe, Jacklean Burton, '57, d. 04/06
Wilson, Rose, '52, d. 04/06

SOUTHERN CALIFORNIA, U. OF
Adams, Camille Cummins, '54, d. 03/06
Dyer, Ashlyn, '98, d. 03/06

SOUTHERN METHODIST UNIVERSITY
Cave, Anne Irvin, '45, d. 12/05
Hairston, Cheryl Wilson, '80, d. 07/06
MacGregor, Dorothy Deshong, '52, d. 12/05

ST. LAWRENCE UNIVERSITY
Barnhart, Jean Moore, '45, d. 06/06
Morehouse, Jean Gutmann, '47, d. 02/06

STANFORD UNIVERSITY
Goodan, Mary Phleger, '41, d. 12/05
Starbird, Carolyn Hall, '29, d. 01/06

TEXAS, UNIVERSITY OF
Adkins, Ann Schumacher, '38, d. 04/04
Brown, Betsy Smyth, '43, d. 02/06
Ramsdell, Jacquelyn, '47, d. 04/06
Van Vleet, Rosemary Harwell, '43, d. 05/03

TORONTO, UNIVERSITY OF
Hartman, Margaret Haig, '43, d. 05/06
McNabb, Jeanne Stewart, '43, d. 02/06

TULANE UNIVERSITY
Robbins, Elizabeth Bres, '37, d. 04/06
Suthon, Warren Hayne, '51, d. 04/06

UTAH, UNIVERSITY OF
Barthelmess, Jane Jeremy, '56, d. 05/04
Henry, Virginia Forrest, '42, d. 04/06

WASHINGTON STATE UNIVERSITY
Baldwin, Mary Martine, '34, d. 04/06

WASHINGTON UNIVERSITY
Gamer, Betsy Boeck, '26, d. 07/05
Pfeifer, Harriett Yobski, '53, d. 05/06

WASHINGTON, UNIVERSITY OF
Agnew, Barbara Fischer, '33, d. 04/06
Blackstock, Carolyn Clark, '42, d. 03/06
Ernst, Arlene Swanson, '53, d. 04/06
Jolley, Tina Torstenson, '63, d. 05/06

WEST VIRGINIA UNIVERSITY
Cline, Margaret Brady, '52, d. 02/06
Zivic, Lee Lawson, '63, d. 06/06

WHITMAN COLLEGE
Congdon, Heather MacDonald, '61, d. 02/03
Naab, Mary Hulbert, '35, d. 05/06

WILLIAM & MARY, COLLEGE OF
Burns, Helen Wall, '35, d. 01/06

WISCONSIN, UNIVERSITY OF
Grimstad, Dorothy Whittet, '45, d. 01/06
Heun, Martha Jackson, '34, d. 06/06
Mackey, Mary Macmillan, '32, d. 10/05
Shaver, Linda Hitt, '54, d. 08/05

WYOMING, UNIVERSITY OF
Castle, Marjorie McCalla, '42, d. 05/05
Kramer, Joanna Rand, '53, d. 02/05
McElwain, Rosemary Schmuck, '31, d. 05/96
Robbins, Alice Moudy, '27, d. 12/05
Werre, Barbara Nickelson, '47, d. 01/06

* Indicates inactive chapters.

In order for names to appear in "In Memoriam," verification and date of death must be sent to Fraternity Headquarters and Foundation Office, P.O. Box 38, Columbus, OH 43216-0038. Memorial gifts may be sent to the KKT Foundation.

Friendship Replaces What Natural Disaster Destroys

— By KRISTIN JOHNSON STYERS, *Georgia Southern*, Editor

LISA THIEME, Lawrence, was lucky to be safe when Hurricane Katrina struck New Orleans. Her house, located within one mile of the 17th Street levy in New Orleans, was submerged in 12 feet of water. Lisa, however, was in Amsterdam on a work assignment when the levy failed. When she made it home to survey the damage, she found it a “war zone.” It was a total loss. Her few salvageable items were looted the next day.

With all of her possessions lost, it was the lifetime of photographs that were missed the most. In the soaked rubbish, Lisa found a photograph of herself and her first Kappa friend, DEANNE OLSEN CRAVARITIS, Lawrence. They had met during Recruitment, and Lisa was a bridesmaid in DeAnne’s wedding. They had not seen each other since, but as DeAnne explains, “We’re the kind of friends who immediately reconnect no matter how long it’s been.” The picture was beyond saving. The friendship, however, was steadfast.

DeAnne, who creates scrapbooks as a hobby, put her skills into action. Scanning more than 100 original photographs from their college days to the present, DeAnne created a scrapbook for Lisa complete with Kappa songs and a replacement membership certificate. ANDREA POWERS, Lawrence, another Kappa friend, replaced Lisa’s college yearbooks. DeAnne and Lisa met in Bethesda for a weekend reunion. Afterward, Lisa wrote, “It feels like no time has gone by when we hang out together ... I wish we lived closer.” Lisa is moving to Amsterdam but says she knows her friendship with DeAnne will last a lifetime despite the distance.



DEANNE OLSEN CRAVARITIS, Lawrence, left, replaced this photo and many more for her friend, LISA THIEME, Lawrence, who lost all her treasured photos in Hurricane Katrina.

Fortunately for Lisa, DeAnne had always carefully stored her photographs and Kappa memorabilia, which allowed her to create a replacement for some of the special keepsakes Lisa lost in Katrina. Many of us, including alumnae associations and chapters, have shoeboxes, suitcases and cardboard boxes filled with old photographs, documents and memorabilia. We all have family treasures stored in various locations. But some of these items may be at risk from natural disasters like Katrina, and most are subject to the effects of time and all kinds of abuse from rusty hinges to loose lids and broken seams on the boxes used to store them.



KYLIE TOWERS, *Simpson*, Archivist/Curator of the Heritage Museum of Kappa Kappa Gamma, archives photographs sent to Headquarters in acid-free containers.

Archivist/Curator of the Heritage Museum of Kappa Kappa Gamma KYLIE TOWERS, *Simpson*, offers guidelines for keeping photographs and other keepsakes as safe as possible. Using appropriate materials and following a few simple rules will help preserve your family treasures for future generations. Contact your local historical society or museum for additional advice.

STORAGE

When considering storage containers and locations for your treasures, it's helpful to imagine yourself living in the container in question. Most of us prefer a climate that is temperate or mild. Excessive moisture is generally disliked. The only difference is light. Ensure your items are exposed to little or no light when possible. Whether you're storing photographs, documents, objects or fabrics, strive for moderation and consistency in humidity and temperature. Above all, try to avoid attics and basements.

Documents and Photos

Try to store photos and documents flat. If items are too large to store flat, they are better stored rolled rather than folded. Avoid paperclips and rubber bands, which can cause permanent damage. When labeling modern photographs, avoid using pencil or pen, as they can dent the surface of the photograph. Use photo-marking pens instead, or a smooth-writing permanent marker. When labeling documents or antique photos printed on paper, use a pencil because it fades slower than ink. Because newsprint is highly acidic and breaks down quickly, it should be photocopied on *acid-free* paper. If the clippings are not replaced with photocopies, store them in an *acid-free* folder to keep them separate.


Textiles

Store folded fabric with as few creases as possible. Consider using *acid-free* tissue or a clean white piece of fabric (cotton or cotton muslin) between the folds to avoid sharp creases. (White bed sheets work great.) If you are hanging textiles, use padded hangers. Flat items like flags and shawls can be rolled onto a tube. PVC pipe covered in *acid-free* tissue or cotton can be used. If acidic cardboard tubes are used, cover them in tissue or cotton as well. Cover the rolled item with a final layer of cotton or tissue.

Look for albums or storage boxes that are acid-free and have passed a *photographic activity test*. Never put tape or other adhesives on photographs or documents; instead, use photo corners, photo sleeves or polyester mounting strips. Avoid using pins or needles. And remember, archival doesn't always mean safe or good for preservation. This is a popular buzzword that occasionally is misused by vendors. While handling your important paper items or photos, hold them by the edges. Make sure hands are clean or use white, cotton gloves.

DISPLAY

If displaying documents, photos or textiles in a frame, be sure the paper or photo is not touching the glass, and the glass is a high-quality glass or acrylic that filters *ultra-violet light*. Display copies of photographs rather than the originals. If displaying originals, consider rotating them so none are exposed to light for long periods of time. When displaying clothing or quilts, make sure they are situated in low light; avoid direct sun and fluorescent light. Displays of family history encourage conversation and help keep the family's story alive. If displayed in a safe manner, you can cut down on needed storage space when you rotate items into your general home décor.

Family history can bridge generations and bring relatives closer. Our family history as Kappas is compelling and profound: These histories are told most effectively using the objects, documents and photographs in our Fraternity archives. Without good chapter and association archives, the story would seem lackluster. The same is true for your personal archives. The aging of artifacts, photos and documents is unavoidable, yet you can help slow the effects of time and keep your story intact and accessible for generations to come. 

RESOURCES

Conservation Online (CoOL)—A project of the Preservation Department of Stanford University Libraries: <http://palimpsest.stanford.edu/> and <http://palimpsest.stanford.edu/bytopic/genpub/>

Archival Products—Elegant solutions for preservation: <http://www.archival.com>

University Products—Archival and library supplies: <http://www.universityproducts.com>

Light Impressions—Framing, photographic and archival supplies: <http://lightimpressionsdirect.com>

Blick Art Materials—Art and conservation supplies: <http://www.dickblick.com>

Thank You to Our New and Continuing Donors

Fall is in the air, and it is time to reflect on Kappa Kappa Gamma's 66th Biennial Convention, which was held in Salt Lake City. More than 900 members of our Fraternity met in June for an outstanding three-day event.

Your Kappa Kappa Gamma Foundation was busy from start to finish with meetings and events filling every waking minute. The Tribute Table program provided the opportunity for members to honor one another with donations. Even with two locations, the tables were busy!

And what grand results we have to share with all of you! Total contributions were \$36,494. General contributions were up \$4,894, up 20 percent more than the last Convention, and several members contributed more than \$7,000 for our flagship program, Leadership Academy. We acquired 112 new donors to the Foundation and had 106 more donors than at the 2004 Convention, including 49 undergraduates and four non-members. What a success!

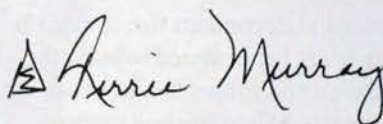
The Foundation hosted receptions for chapter and association delegates and special donors (contributors over \$2,500) to tell them a little about what the Foundation does and to ask them to spread the word about the work of the Foundation. We asked all of them to be ambassadors for us and to ask other Kappas to support our Foundation.

The first Foundation breakfast was held at Convention. Awards were presented to the top two donors in the various membership categories of our chapters and associations. We welcomed four alumnae associations to the Adelphe Society (\$10,000 and above) and four new members to the Adelphe Bronze level for giving \$25,000 and one new member to the Adelphe Silver level for giving \$50,000. And, we introduced the Adelphe Society for our chapters. We recognized 19 chapters as new Adelphe members and four chapters now belong to the Adelphe Bronze group.

But two of the most exciting announcements were the recognition of the DELTA UPSILON Chapter, *Georgia*, for contributing \$11,464, and DELTA IOTA Chapter, *Louisiana State*, for contributing \$22,000 to the Foundation. These are the largest chapter gifts our Foundation has ever received, and we are deeply honored and humbled by these gifts, which will be put to good use.

Yet, there are still many Kappas who need our help. If you haven't made a contribution, please consider making a tax-deductible gift so we can help other Kappa sisters who may need scholarships or financial assistance. Your contribution also will help us send members to educational training programs or help with the operation of our two historic museums. Our vision for the Foundation continues to be "Invest in Every Kappa." Please help us do just that!

Loyally,



KERRIE QUINN MURRAY, *Idaho*
Foundation President



At the 66th Biennial Convention in Salt Lake City, KERRIE QUINN MURRAY, *Idaho*, left, Foundation President, recognizes MARIAN KLINGBEIL WILLIAMS, *Missouri*, former Fraternity President, for reaching the Fleur-de-lis Society.

Scholarships Change Lives

A total of 85 undergraduate and 39 graduate scholarships were awarded by the Kappa Kappa Gamma Foundation for the 2006-2007 academic year, totaling \$378,182.

Scholarships are funded through gifts from individuals, alumnae associations and chapters, as well as from investment income from permanently restricted funds. Each Kappa who applies for a scholarship must be an initiated member with a grade-point-average of "B" or above. She must be a full-time student in good standing with her chapter.

Scholarship applications may be obtained through your alumnae association or chapter, or by contacting the Foundation at (866) KKG-1870 or online at www.kappa.org. The application deadline for the 2007-2008 academic year is **February 1, 2007**.

The First Marisol Scholarships Awarded

HELEN TAYLOR ABBOT, *Alabama*, established the Marisol Scholarship in her will as a bequest to the Kappa Kappa Gamma Foundation. This \$1.6 million scholarship fund will provide up to 75 percent of the cost for undergraduate tuition, fees, books, room and board for one year. The first two Marisol recipients are KATHRYN LECIEJEWSKI, *Butler*, and MONICA HARVEY, *West Virginia*.



KATHRYN LECIEJEWSKI, *Butler*,
Marisol Scholarship
Recipient



MONICA HARVEY, *West Virginia*,
Marisol Scholarship
Recipient

Kathryn, who has served as Membership Chairman and on the Standards Committee, is a doctor of pharmacy student. After graduation in 2009, Kathryn plans to pursue a residency in hospital pharmacy followed by a specialization in pediatric pharmacy for an additional year.

Monica, who is President of her chapter, will pursue a master's in elementary education with a specialization in science. After graduation she plans to further her education and earn a doctorate in curriculum and instruction.

Tribute Gift Honors Desert Alumnae Association

Dear Kappa Kappa Gamma Foundation,

This donation to the Kappa Kappa Gamma Foundation is a tribute to the DESERT ALUMNAE ASSOCIATION members and President ANN PLIMPTON BROADWELL, Southern Cal., who gave me such wonderful support during my recent bout with cancer.

I only joined the group a year ago, yet when they found out about my illness, the cards, good thoughts and prayers came to me in droves to Atlanta, where I had my surgery. I was always proud to be a Kappa, and when things like this happen, it makes me realize how very much Kappa is a part of my life.

PENNY PENROSE BIGNOLD, Whitman, our Foundation representative, kept the group informed of my progress, and when I returned to the desert, I was welcomed with open arms. What a group!

Loyally,

April Zorn Huff

APRIL ZORN HUFF, *Monmouth*



APRIL ZORN HUFF, *Monmouth*, encourages everyone to honor her chapter, alumnae association, friends or family members through a gift to the Kappa Kappa Gamma Foundation.

See What's New with the Kappa Kappa Gamma Foundation!

A Mother-Daughter Adventure at Leadership Academy

The mother-daughter trio of LYNN SHEAR BALINT, *Oklahoma*, and daughters ERIN BALINT HOGUE, *North Texas*, and SARAH BALINT, *North Texas*, attended last year's Leadership Academy at Bradford Woods Outdoor Education Center in Martinsville, Ind. The three say that they will use the "Five Practices of Leadership" they learned at Leadership Academy in their careers and in their Kappa volunteer roles.



LYNN SHEAR BALINT, *Oklahoma*, and her daughters enjoy Leadership Academy.



DOROTHY LEARY, *Duke*, a Rose McGill recipient, and BETH SHARP, *Penn State*.

Rose McGill Programs Reach Out to Help Our Sisters

BETH SHARP, *Penn State*, Long Range Planning Chairman and a resident of New York City, was thrilled to present DOROTHY LEARY, *Duke*, with her 75-year pin. Dorothy is a Rose McGill financial aid recipient who also lives in New York City.

It is through generous donations that the Rose McGill Fund, established in 1922, is able to offer aid to deserving Kappas of all ages who are in severe financial need or who need funds to complete their education on a part-time basis. Rose McGill aid is completely confidential unless a member, like Dorothy, chooses to share her story to encourage others.

When Hurricane Katrina displaced many of our members, Kappas responded with gifts of more than \$28,000 to the Rose McGill Fund. The Rose McGill Magazine Agency also supports the Rose McGill Fund. See Page 47 for the latest magazine specials!

A Tradition of Leadership—Helping Members in Need

Dear Kappa Kappa Gamma Foundation:

During the past year, the Kappa Kappa Gamma Foundation made generous donations to members of Delta Iota. Members whose lives were changed and homes were destroyed by Hurricane Katrina received relief as a result of your generosity. To be part of an organization that can give to people in a time of need is truly amazing.

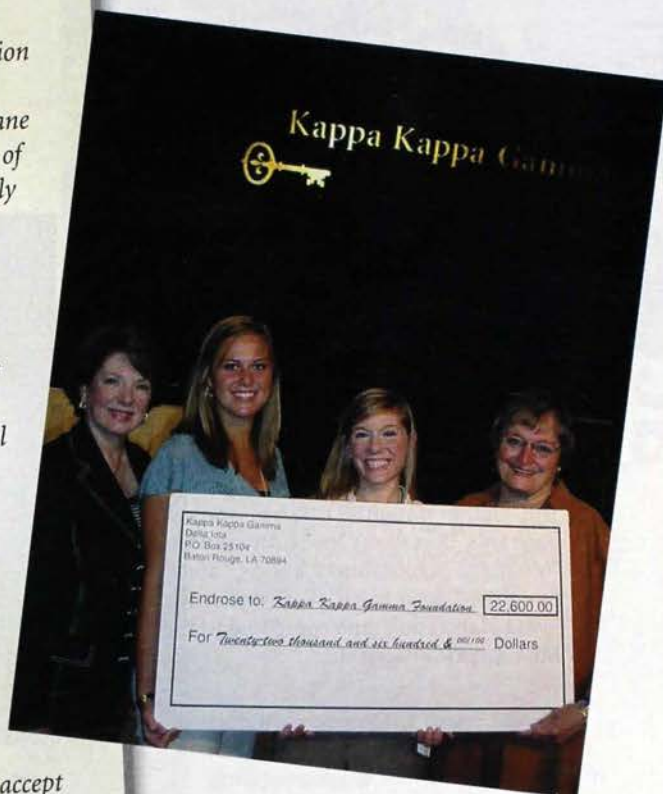
Delta Iota raised \$52,000 by holding our annual Kappa Klassic golf tournament this year. The proceeds from our golf tournament are donated to the St. Jude's Children's Hospital Dream Day Foundation. This year the Delta Iota Chapter has decided to give a portion of our proceeds to the Dream Day Foundation, and is proud to donate the remainder as a special gift to the Kappa Kappa Gamma Foundation. This decision was made unanimously by our chapter members and is rooted in thanks.

We, the Delta Iota Chapter, are proud to give back to the organization that gave so much to us. We hope that our donation of \$22,000 aids the Foundation and allows it to continue in the tradition of helping its members in a time of need. As a member of the Delta Iota Chapter and a native of New Orleans, I have experienced first hand the capabilities of the Foundation and am truly grateful. Please accept our donation as a sincere thanks.

Loyally,

Beth Washington

BETH WASHINGTON
President, Delta Iota, LSU



JEANNE LeVEQUE, LSU, presents a gift of \$22,000 to KERRIE QUINN MURRAY, Idaho, President of the Kappa Kappa Gamma Foundation at the 66th Biennial Convention in Salt Lake City.

How You Can Help

To make a donation to the Kappa Kappa Gamma Foundation for Leadership Academy, Rose McGill, or other program area, please call toll-free at (866) KKG-1870 or visit the Foundation at www.kappa.org. Checks may be sent to:

Kappa Kappa Gamma Foundation
530 E. Town Street
P.O. Box 38
Columbus, OH 43216-0038

These 1959 initiates of GAMMA DELTA, Purdue, gather at the chapter house during Homecoming weekend.



This mother-daughter duo has won major pageants. DINA RIDDLE JEWELL, *Montana*, is "Ms. Idaho Senior America 2005," and daughter TIFFANY JEWELL, *Washington*, was "Miss Idaho 2003" and competed in the Miss America Pageant.



Members of the incoming and outgoing executive boards of the NORTHERN VIRGINIA ALUMNAE ASSOCIATION enjoy a spring luncheon as new officers are installed. New President KELLY MATYAS MAGYARICS, *Pittsburgh*, is front, center.



DELTA TAU, *Southern Cal.*, alumnae DORI GRIFFIN FITCH, LIZ KEWELL DAVIS, MARGIE SPENCER YOUNG, Nanci ARRINGTON IRWIN and COLLEEN O'TOOLE KLOSTERMAN enjoy the sun in Cabo San Lucas.

CHARLOTTE (N.C.) ALUMNAE ASSOCIATION members enjoy a tour of the recently completed Johnson and Wales University in downtown Charlotte.





ABOVE: DEBBIE DICUS KENNEDY, *Kansas*, left, and ELLEN BENSON MERRIMAN, *Southern Methodist*, right, work in the studio of artist Irma Starr, whose works are in the Smithsonian American Museum of Art, to create the light-and-dark-blue snowman slipware ornaments sold at the KANSAS CITY ALUMNAE ASSOCIATION's annual homes tour, which benefits Kappa.



ABOVE: NANCY HUNTER SHERWIN, *Wyoming*, and BETTY SCHWARZ WILLIAMS, *Cincinnati*, read to children at Cleveland's Miles Park Elementary School. They are officers in the CLEVELAND ALUMNAE ASSOCIATION. Members tutor at the school and have donated books for the children to select as their own.



Left: Members of the DESERT ALUMNAE ASSOCIATION in Indian Wells, Calif., donate books to the Benjamin Franklin School library in conjunction with Reading Is Fundamental.



Kappas and guests enjoy a "KAPPA TRAVELS" tour, "Sicily/Rome—The Cultural Season," which included a stay at the seaside resort of Mondello.

Members of **GAMMA NU, Arkansas**, celebrate a 50-year reunion during a Founders Day coffee. **MARIE BUERKLE PORTER, Arkansas**, (seated) entertained them with stories of the chapter's early days. Marie, age 98, is a charter member of the chapter.



Alumnae initiated into **DELTA XI** Chapter at Carnegie Tech, now *Carnegie-Mellon*, are still best of friends after 50 years. **DODY CHIDESTER WILHELM**, back right, made the shirts for this reunion.

Members of the **STUART (FLA.) ALUMNAE ASSOCIATION** enjoy a trip to Blowing Rocks Nature Preserve in Florida.



Members of the 1989 pledge class of **GAMMA MU, Oregon State**, gather for their annual "Kappa Kristmas" party in Portland.



Members of **GAMMA NU, Arkansas**, circa 1958, enjoy a reunion on campus. **JEAN BUSSELL Sugg, Arkansas**, wife of the university president, arranged tours of Razorback Stadium, the Library, Old Main and the Student Union, all new complexes.



Enjoying the ruins of Pompeii on a "KAPPA TRAVELS" tour are **JANE BINDA JONES, Arizona**, and husband **Jim** and **PAT MOLL POHLMANN, Indiana**, with husband **Bill**.



Members of **DELTA ZETA, Colorado College**, enjoy a 50th reunion at their chapter lodge on the Colorado Springs campus.

The **ARCADIA (CALIF.) ALUMNAE ASSOCIATION** hosted a "Members Book Review" and donated a large number of books to the local Unity Center as part of their Reading Is Fundamental philanthropy.



Five **EPSILON ZETA, Florida State**, alumnae gather on the Isle of Capri for their first reunion since they graduated 29 years ago. From left are **MARY ALICE COLLIER COLLINS**, **MELANIE INK BROEGER**, **JUDY (JP) PORTINGA CRAMER**, **LILLI JOHNSTON COPP** and **MELANIE BEEM DUNN**.



In honor of its 75th anniversary, the RICHMOND (VA.) ALUMNAE ASSOCIATION held a "Big Blue Birthday." Lambda Province Director of Chapters, ALICE JACKSON CURTIN, *William and Mary*, was an honored guest. During the event, the association presented her with \$750 for the Kappa Kappa Gamma Foundation from funds earned through the sale of "Kappa Kare Bags" for ZETA OMICRON, Richmond.

Each December these five DELTA SIGMA, *Oklahoma State*, alumnae BECKY KERNAN, SUSAN PITTS SANTOLI, JEANNE HAGGARD BAKER, JOYE JONES ALBERTS and SHARON PICKRELL GOBER meet for lunch in Stillwater. Sharon serves the Fraternity as Theta Province Director of Chapters.



Ten BETA MU, *Colorado*, alumnae celebrate their 30th birthdays in Mexico.

The SOUTHERN VENTURA COUNTY ALUMNAE ASSOCIATION hosts a senior tea honoring graduating members of EPSILON XI, *Cal. State, Northridge*, and ETA BETA, *Pepperdine*.



Members of the **CLEARWATER BAY (FLA.) ALUMNAE ASSOCIATION** celebrate 50 years as an association. **MARJORIE FREEMAN COPENING**, Kentucky, a founding member of the association, is seated in second row on the left.



Jehan Sadat, widow of assassinated Egyptian president Anwar Sadat, and a senior fellow with the Anwar Sadat Chair for Peace and Development at the University of Maryland, spoke to the Girl Scouts of Suncoast Council 2006 Women of Distinction luncheon in St. Petersburg, Fla. From left are **PATRICIA GANSON**, *Rollins*, **LINDA PROBY FAIRWEATHER**, *Miami*, Mrs. Sadat and event chairman **MARION WILSON RICH**, *Cincinnati*. Mrs. Sadat's message mirrored Kappa values as she spoke of the value of reading, education and volunteering.



Celebrating 100 years as a chapter, members of **BETA UPSILON**, West Virginia, gathered for a weekend celebration in Morgantown, W. Va.



Kappas gather for a charter presentation and installation of officers for the new **NORTH CENTRAL OHIO ALUMNAE ASSOCIATION** in April and enjoy their first meeting as an association.

Ophthalmologist Brings Medical Aid to the Andes

— By ANN GRAHAM SCHNAEDTER, *Missouri*


While deployed on a humanitarian mission with the United States Air Force 21st Medical Group from Peterson Air Force Base in Colorado Springs, DR. JENNIFER ELEFThERIOU OWEN, *Bowling Green*, helped to provide free eye care to thousands of Ecuadorians in the Andes Mountains.

Clinics were set up at four remote, rural sites in the Andes chosen for their level of need. The group provided eye care, dental care, general medicine, pediatrics and OBGYN service to more than 9,000 patients in just 10 days.

Jennifer says her oldest patient was 100-years-old, blind, but still worked in the fields. Her most emotional moment was when she was able to provide a woman, who had been left severely far-sighted by a bad cataract surgery, with a pair of glasses. "I gave her the highest prescription I had. She could see with the glasses and when she cried, it made me cry."

The trip took two years to plan by the U.S. Southern Command Medical readiness program. More than 1,700 pairs of glasses were donated by the Lion's club, including sunglasses so essential to eye health when living so close to the Equator. Peace Corps volunteers aided the mission, mainly translating Spanish to English. Many natives did not even speak Spanish, but the ancient language of the Incas, Quechua. This often necessitated having two translators.

Jennifer says she also gave out several pairs of reading glasses, even though some of the patients couldn't read, but needed the glasses to help them see to sew in order to make a living. She feels it was very rewarding to provide services to so many people who could never afford access to this kind of care, and it made her all the more thankful for the privileges she enjoys in America.

In May, Jennifer deployed to the hospital ship, *USNS Mercy*, which provides medical and surgical services to support Marine Corps Air/Ground Task forces deployed ashore. The ship also provides humanitarian relief in peacetime, such as its mission in April 2005 to aid tsunami victims. Jennifer was aboard the *Mercy* for 90 days. 



DR. JENNIFER ELEFThERIOU OWEN, *Bowling Green*, uses a retinoscope to get the glasses prescription of a 100-year-old patient who was blind but still worked in the fields.



Jennifer works with an Ecuadorian ophthalmologist removing a cyst from a patient's eye.



Jennifer gets visual acuities on a patient using an eye chart. She says she was so tired she couldn't stand.



Jennifer with a woman who could finally see after receiving a pair of glasses.



ANN WILHOITE BRILEY, DePauw, displays her trophy after being named "Senior Women's Player of the Year" by the Minnesota Golf Association.

Minnesota Golfer Named Senior Women's Player of the Year

ANN WILHOITE BRILEY, *DePauw*, has been named "Senior Women's Player of the Year" by the Minnesota Golf Association (MGA.) Her successful year of golf includes five top-five finishes, winning the Minnesota Women's Public Golf Association's (MWPGA) State Senior Publinks Championship and being named captain of the Minnesota woman's team for the United States Golf Association State Team Championship. Ann also qualified to play in the USGA Senior Women's Amateur Championship.

While at DePauw, Ann played in three national collegiate championships and is a member of the DePauw University Athletic Hall of Fame.

Air Force Psychologist of the Year

DR. JENNIE "ANGIE" SIBLEY SHEFFIELD, *Georgia*, a clinical psychologist and captain in the U.S. Air Force, has been named 2005 Major Command Company Grade Psychologist of the Year for all bases encompassed under Air Mobility Command.

From May to October 2005, Angie served as sole psychologist at Kirkuk Air Base, Iraq, where she expanded base services including prevention, outpatient care, trauma response and outreach to Security Forces units.

Now stationed at Travis Air Force Base, Angie resides with her husband, Steven, in Fairfield, Calif. Her accomplishments at Travis include pioneering a "Healthy Living Workshop," which encourages participants to make healthy lifestyle changes. Her pre/post-deployment program helps airmen and their families handle potentially traumatic events and deal with stress related to deployment. She has had extensive training in the treatment of post-traumatic stress disorder at the national Center for PTSD in Palo Alto, Calif.

In the Air Force psychology field, there is a new focus on early intervention, helping servicemen and women recognize their increased levels of stressors before it becomes a diagnosis of PTSD. By that time, psychologists feel, the damage is already done. (Getting early help is important and the Department of Defense and Veterans Affairs provide mental-health services to veterans and their families. For those wanting anonymity, there is also an online test offered by the Department of Defense, Office of Health Affairs, to

help identify problems before they become serious. The site is www.militarymentalhealth.org and is accessible 24 hours a day.)

Angie also mentors social-work and family-practice residents on the mental health rotation. She is a consultant for the Victim Witness Assistance Program for victims of sexual assault, and also is part of the Travis AFB disaster-response team.

In addition to being named Air Mobility Command Company Grade Psychologist of the Year for 2005, Angie has also been recognized as the 60th Medical Operations Squadron 2005 Company Grade Officer of the Year.



DR. JENNIE "ANGIE" SIBLEY SHEFFIELD, Georgia, a clinical psychologist and captain in the U.S. Air Force, has been named 2005 Company Grade Psychologist of the Year.

Restaurant Chain Wins Award for Literacy Philanthropy

— By ANN GRAHAM SCHNAEDTER, *Missouri*

Long before Kappa Kappa Gamma chose Reading Is Fundamental (RIF) as its official philanthropy, two Nebraska sisters, who with their brother own a chain of restaurants, have been behind a push for literacy in their community, a feat that won them a National Restaurant Association award.

DAWN EVERETT AMEND and RENEE EVERETT SJULIN, both *Nebraska*, along with their brother, Donald Everett, Jr., own Runza Restaurants throughout Nebraska and neighboring states. In September 2005, Runza Restaurants was one of four national winners, and the first from Nebraska, to receive the National Restaurant Association's neighborhood service awards.

The recognition was for their "Great Books for Great Kids" program, a one-day fund-raising event in which each store in their chain donates a portion of its sales for that day to a public school foundation for the purpose of purchasing books or to a local public library. In 2005, Runza Restaurants, as a chain, donated more than \$20,000 to purchase books during this one-day event.

The award was presented in September in Washington, D.C., to Dawn and Renee and their brother by U.S. Senator Bob Nelson, along with representatives of the National Restaurant Association and American Express. Each company that won the national award was given \$5,000 by American Express to donate to a charity of its choice. The siblings donated their proceeds to the American Red Cross Hurricane Relief.

Renee says that while the award was given based on their "Great Books for Great Kids" philanthropy, their main philanthropic push is for literacy. "We are not tied to any certain organization but have chosen literacy as our own platform for the last 10 years. We do several literacy-based events throughout the year."

The campaign began in 2002, and since then the company has donated more than \$45,000 to buy books for schools and libraries in Nebraska, Colorado, Kansas and Iowa. In the first year, restaurants in six Nebraska towns donated 15 percent of their one-day sales, raising more than \$6,500. The next year the Runza Franchise Advisory Council approved a chain-wide event. Renee says, "In 2005, during that one day, we donated more than \$20,000 to purchase books."

Other literacy events that Runza Restaurants coordinates throughout the year include a promotion during the month of March where it advertises on radio and television for customers to bring in books to donate, and receive an ice cream cone in return. It also has a cartoon mascot called Runza Rex (a friendly T-Rex) and his dinosaur friends. Twice a year Renee and Dawn write and publish two new Runza Rex and friends books. The colorful books are distributed with children's meals.

Renee serves as vice president of the restaurant chain, Dawn as the purchasing director and their brother as president. The sisters are active in the LINCOLN ALUMNAE ASSOCIATION, which also supports RIF by collecting cash and book donations for "Splash Night," an event in which every child at McPhee Elementary School is given a book.



RENEE EVERETT SJULIN and DAWN EVERETT AMEND, both *Nebraska*, owners of Runza Restaurants throughout the Midwest, sponsor an award-winning philanthropy to promote literacy.



DEBBIE GARY, *George Washington*

Magic in the Air

— By JANNIE THOMAS BARRON, *Missouri*

The next time you go to an airshow and marvel at the dips and dives of the airplane above you, it just may be a Kappa sister piloting that airplane. DEBBIE GARY, *George Washington*, has been a professional aerobatic pilot for 35 years. "Being in the air is magic," says Debbie. She should know. She has flown more than 100 different types of airplanes and participated in hundreds of North American airshows including the renowned Experimental Aircraft Association's annual AirVenture in Oshkosh, Wis. At present, she flies the Italian-made SIAI Marchetti SF-260. Debbie was the first woman in the world to fly professionally on a formation aerobatic team. Five years ago she became part of one of the first all-woman wing

walking acts. She also is an aerobatic flight instructor and an aviation writer.

Debbie's passion for flying began with her first airplane ride in 1958. She began taking flying lessons during her two years at George Washington University and received her pilot's license in 1967. She has more than 8,000 flight hours. Her favorite adventure was when she joined the Carling Aerobatic Team of Toronto as a slot pilot in 1973. The next year the team flew in 74 public displays.

Twenty years later Debbie received her college degree from the University of Houston where she majored in journalism. Since that time, while still flying professionally, she has specialized as an aviation writer and contributed to such magazines as *Air & Space*, *AirShows*, *World Airshow News*, and *Airshow World*. Debbie says her theme for life is "adventure." She certainly has had her share.

Young Alumna Named PR "Rookie of the Year"

The South Carolina chapter of the Public Relations Society of America (PRSA) has named ASHLEY SHERRY, *Clemson*, "Rookie of the Year." The honor is given annually to a young and outstanding public relations professional. Ashley is director of public relations for Russell & Jeffcoat Realtors, Inc., in Columbia, S.C., one of the leading residential real-estate firms in the Southeast.

Ashley holds a bachelor's in English/journalism and a master's in professional communication. Her experience includes public relations, media relations, Web site design, writing and graphic design. The Public Relations Society of America is the world's largest organization for public-relations professionals. Ashley serves the South Carolina chapter of PRSA as membership chairman. She also has served for three years as Chapter Council Adviser to EPSILON KAPPA, *South Carolina*.



ASHLEY SHERRY, *Clemson*

Speedskater Overcomes Adversity to Make Olympics

— By ANN GRAHAM SCHNAEDTER, *Missouri*

When KRISTINE HOLZER, *Idaho*, traveled to Torino, Italy, for the 2006 Olympic Winter Games as a member of the U.S. Speedskating Team, just her participation was a victory in itself.

In early junior high school, Kristine was diagnosed with Juvenile Rheumatoid Arthritis. She could never compete in any high school or college sports that pounded her knees, ankles, wrists and elbows.

Transferring from Idaho to Gonzaga University she discovered the sport of rowing. When she visited Gonzaga, her tour guide assured her that this was a sport “anyone could do.” Here, finally, was a non-impact sport she could attempt—one that would fuel her competitive spirit. There, she became a top collegiate rower. She was team captain for the 1996-97 season and, as a senior, was named Gonzaga Female Student Athlete of the Year. She participated on the national level as well. In her early 20s, she began to outgrow her arthritis and, after graduation, spent a year on the East Coast rowing before she decided to switch sports.

The first sport she tried after rowing was speedskating. She didn’t know how to skate and says it was like learning to walk all over again. She says, “I had the opportunity to watch a competition at the USOC (Olympic) Training Center in Lake Placid. We were there for a training camp (and) I knew I would like it, and the potential for going really fast was fantastic.”

Kristine admits that when she was younger, she was somewhat shy. She says, “Kappa introduced me to new and different people, attitudes and ideas. My sisters helped me grow and taught me a lot about people, places and how to achieve goals. This led me to try things and pursue them as far as I could.”


In an Olympic sport dominated by Canadians and Germans, Kristine was not expected to be a medal contender, but winning the medal that put her on the team was a victory over her early arthritis and a sign of her determination.

She says her Olympic experience was difficult emotionally yet exciting. “I had many difficulties leading up to my race (the women’s 3000 meter) and in the end did not race well.” She finished 27th

on a track she said was slower than the one she trained on in Salt Lake City. “This was my last speedskating race, so the racing experience was very hard emotionally and tough to swallow as a competitor,” she says.

“After the race, I tried to experience as much of the Olympics as I could ... It was my first Games, and the reality of how big the Olympics is could not have been explained to me before I actually experienced it.”

When Kristine was at BETA KAPPA, *Idaho*, one of her sorority sisters was KRISTIN ARMSTRONG, who competed in the Summer Olympics in Greece in cycling events. Kristine remembers Kristin as being a lot of fun and constantly enlisting girls to play on intramural teams. Having never even participated in a sport at that time, Kristine could never have dreamed then that she, too, would also be an Olympic contender.

As for her future, Kristine says she’d like to become a rowing coach, maybe even coach a rowing team for the 2008 Beijing Olympic Games. 



KRISTINE HOLZER, *Idaho*, hangs out with Olympic mascot Neve in Torino Olympic Village.




KARI ROWLEY MAGILL, Washington, has been named to "40 Under 40" by the Puget Sound Business Journal.

Alumna Named to "40 Under 40"

The Puget Sound Business Journal has named KARI ROWLEY MAGILL, Washington, one of "40 Under 40" in the Pacific Northwest. Kari is chief operating officer for her family-owned real estate development company, Rowley Properties, Inc.

Originally wanting to become an astronaut, Kari studied aeronautical engineering but switched to industrial engineering. Following a job with a medical-device maker, Kari eventually joined her father in the family business begun by her grandfather, a company responsible for building most of her hometown of Issaquah.

Kari has used her engineering skills to update company systems and streamline processes and recently negotiated with Hilton Hospitality, Inc., for a new Hilton Garden Inn in Issaquah. Besides being active in her children's schools and her church, Kari is a member of the Chambers of Commerce in Bellevue, Issaquah and nearby Maple Valley. She says her greatest challenge is balancing work and family, but she just focuses on simply doing her best each day instead of trying to be the best at everything. 

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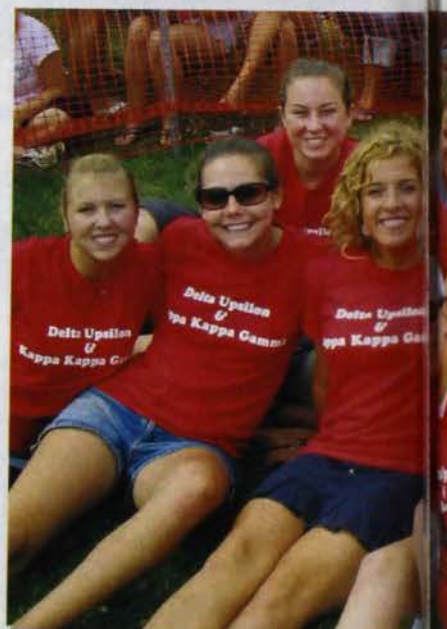
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GAMMA Nu Chapter, Arkansas, new members strike a pose with a life-size KKT.



KATIE SHOUSH, MADDIE LISLE and SHERIDAN SAMPLES, *Oklahoma*, members join other Kappas and Greeks in building a Habitat for Humanity home for a family in need.

Competing in the Puddle Pull, a specialized game of tug-of-war, is the highlight of Greek Week for these members of DELTA LAMBDA, *Miami (Ohio)*.



Houston-area collegians served as duchesses at the Knights of Momus Coronation Ball in Galveston. L to R: MEGAN HORTON, *Texas Christian*; MICHOLE LAZZARA, *Texas*; AMANDA SITOMER, *Auburn*; LAUREN LIJENWALL, *Texas A&M*; KIMBERLY KOPPENHAVER, *Auburn*.

ETA ALPHA, *Furman*, members relax with yoga during a chapter retreat.





RACHEL GARRETT and
JULIE VAN DAELE, *Pepperdine*,
explore London.



ZETA TAU, *Washington and Lee*, participates in many philanthropies including Habitat for Humanity.



ZETA PSI, *Wake Forest*, members have a little Kappa fun before they paint a house during a service trip to the Dominican Republic.



ANNE BRESNAHAN, *Michigan*, presents HILLARY SCHWARZENBACH, *Washington*, with the St. Louis Alumnae Association award for the most outstanding senior. The award is given in memory of MARIAN REIS HARPER, *Washington Univ. (St. Louis)*.



DELTA OMICRON, *Iowa State*, members have fun with local children on their new playground donated by Operation Playground.



GAMMA ALPHA, *Kansas State*, members enjoy friendship and football.



GAMMA GAMMA, *Whitman*, supports RIF and the local Walla Walla public library. Dr. Seuss Day is a fun way to promote the library.



ETA DELTA, *Valparaiso*, members team with Sigma Chi to learn car maintenance.



EPSILON UPSILON, *Baylor*, members express their creativity with their Homecoming float, "Reign over the Raiders."



GAMMA BETA, *New Mexico*, members raise funds for the National Multiple Sclerosis Society during its annual walk-a-thon.



EPSILON RHO, *Texas A&M*, members show their Kappa spirit: Go Kappa!



ZETA NU, *UC San Diego*, members enjoy a walk on the beach.

Nursing Students Work to Improve Conditions at School for Teenage Mothers

—By ANN GRAHAM SCHNAEDTER, *Missouri*

When ALEXIS ADAMJEE, *Michigan*, a third-year nursing student, was assigned to an inner-city school for pregnant teens as part of her community mental health rotation, she felt uneasy. Alexis and Brynn Wozniak, a member of Alpha Phi, were placed at Catherine Ferguson Academy on Detroit's west side. Working in the nursery and daycare center as part of their nursing curriculum, what they discovered on the first day would change them, and the school, forever.

Alexis says that they walked into nurseries filled with crying babies, bundled into swings. There was nowhere for the babies to crawl and develop motor skills, and crying was their only outlet. About 400 teenage girls are enrolled in the school. The daycare facilities handle 200 babies and toddlers.

Feeling unwelcome at first, Alexis soon realized that the students faced daily struggles, and simply getting to the school with their babies wasn't easy. She also learned that these teens were not pregnant because of lack of education or carelessness, but that the pregnancies were more about needing to be loved.


When Alexis and Brynn saw the need for educational toys, equipment and space, they took action. But Alexis knew that their demanding class schedule would not allow the time to put on a philanthropy event on their own. So, they enlisted their sorority sisters, who made postcards to advertise their campaign. They also wrote to Oprah Winfrey and Montel Williams. With their chapters' support, they initially raised \$3,500 to update the nursery with gross-motor toys.

Soon, the *Detroit Free Press* and *Michigan Daily* chronicled the fund-raising efforts and the hopes Alexis and Brynn had of raising \$10,000 for the school. Alexis was astonished when, "the morning the first article was published, the school received \$10,000 in donations before school even began." The overjoyed students were hugging them in the hallways, Alexis says.

Since then, the Detroit Tigers' wives organization, has taken on a project, providing volunteers in the nurseries. One woman contacted the school and offered to update the auditorium (\$60,000) and someone else contacted them about building a playground (\$30,000). Alexis says that the overwhelming response left her crying tears of happiness.

She says she is so proud of how the BETA DELTA Chapter embraced and supported her project, especially after she had been so skeptical about her clinical placement at first. She says it continues to warm her heart when her sisters ask her how her project is going.

Grateful for this experience, Alexis will be doing a research fellowship for the school of nursing this year and will be teaching a class at Catherine Ferguson once a week, helping girls with self-esteem. She has received an externship at Northwestern Memorial Hospital in the Neuro/Spine ICU and hopes to work there after graduation. Alexis is also applying to graduate schools, and would like to become a nurse practitioner in women's health.

The Catherine Ferguson Academy still needs nursery and medical supplies. For more information, call the school at (313) 596-4766. 



ALEXIS ADAMJEE, *Michigan*, helped raise funds for a Detroit school for pregnant teens and teenage mothers. She presents the principal, Dr. Asenath Andrews, with a donation.



ELESA BILLIE and JESSICA FUGITT, *Tulane*, were displaced from Tulane University by Hurricane Katrina. Elesa and Jessica temporarily transferred to the University of Arkansas where they were welcomed by GAMMA NU.

Kappas Displaced by Katrina Are Welcomed by Gamma Nu

—By ANN GRAHAM SCHNAEDTER, *Missouri*

JESSICA FUGITT, *Tulane*, was apprehensive as she approached the Southern-style, columned house of GAMMA NU Chapter, *Arkansas*. Displaced from her Tulane campus by Hurricane Katrina, Jessica decided to meet the Kappas on her new campus.

She first met Sunny, the House Director, and then chapter President, BREE GILL, who instantly offered a place to stay and a support network. At that time, Jessica says she could not watch video of the devastation without crying. However, she immediately connected with the members she met.

One of Jessica's BETA OMICRON, *Tulane*, sisters, ELESA BILLIE, also relocated to the University of Arkansas and the two became a part of their adopted chapter for the fall semester.

Jessica says, "I am so thankful I found the girls of Gamma Nu. They were there to support me, no questions asked. If I just needed someone to make me laugh, go to the movies, help me study for a test, or someone to cry with, they were there."

Through this experience, Jessica says, "my sisters at Gamma Nu showed me what Kappa is all about. It isn't just a social club like some people may think; it is a network of women who really care about each other and will be there for one another when they are called on to help."

Back from Iraq, a Collegian Rejoins Chapter Life

It has to be scary to leave campus life to shoulder a weapon in a war zone. RACHEL WILSON, *Babson*, returned after serving in Iraq with the 465th Transportation Company as a Private First Class with Pennsylvania's Army Reserves. She joined the Reserves to help pay for college, and was featured in the Spring 2005 issue of *The Key*. The story detailed how ZETA ALPHA members contacted Kappa collegians and alumnae throughout the country to send her cards, e-mails, letters and care-packages while she was away.

Back on campus, she still carries the pocket angel a Kappa sent to her and says it stayed in her pocket while in Iraq. She also carried a rosary bracelet given to her by a chapter sister, ERICA BARRY. A Kappa T-shirt came from KANSAS STATE. She wanted to take it to Iraq but decided to donate it to her chapter as a "Courage Shirt," passed each week to a deserving sister.

The letters and packages demonstrated the meaning of sisterhood. "I was a new member when I left for Iraq and while I enjoyed being a Kappa," she says. "I had no idea what it truly meant to belong to a sisterhood." She says to those who wrote, "You showed me what the meaning of loyalty is. You proved it by caring for a sister you never met."

After many "welcome-back" parties, Rachel is catching up on a missed year of school. She looks forward to attending Leadership Academy this fall and, perhaps, meeting some of the Kappas who wrote to her in Iraq.



RACHEL WILSON, *Babson*, right, enjoys a Coke with her Zeta Alpha sister AMANDA IGLESIAS.

Scholastic Honors Report



Please report corrections or omissions to jsteiner@kkg.org.

Honor Societies

Phi Beta Kappa

Founded in 1776 at the College of William and Mary, Phi Beta Kappa is a leading advocate for the liberal arts and sciences. Phi Beta Kappa elects 15,000 new members a year from 270 chapters across the United States. For more, visit www.pbk.org.

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Bucknell
Kristi Cashman
Vita Lamberson

Colorado
Carey Ritchie

Colorado College
Kellyn Coors

Denison
Colleen Hughes

Emory
Nicole Grifka
Jessica Moore
Cameron Schlegel
Rachel Zerkowitz

Florida
Jessica Moore
Sarah Stratton
Dana Trachtenberg

Furman
Mary Adkins

George Washington
Julia Friedman
Laurie Gashin
Kate Herman

Lafayette
Laurel Kalp
Molly McDonald
Kelli McMahon
Kaleigh Mountain
Marta Murczek
Tracey Williams

Miami (FL)
Katherine Maier
Gabrielle Rapke

Michigan
Lauren Hewell
Marissa Ross

Michigan State
Katie Wilcox

Mississippi
Katie Hiatt
Charlotte Saunders

New Mexico
Michelle Benson

Ohio Wesleyan
Sarah Blackburn
Julia Prince
Kim Rybold

Richmond
Taylor Scott McPherson

San Diego
Kristine Fargotstein

Texas
Leslie Green
Jacquelyne Maddox

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Cassie Sammon

UC Berkeley
Jessica Porter

Wake Forest
Amy Cuneen
Ashley Holets
Carolyn Wilner
Kelly McManus

Washington
Megan Melchior

Washington & Lee
Emily Bisso
Paige Halter

Washington Univ.
Jenny Beach
Megan Morley

William & Mary
Katie Burgess

Wisconsin
Laura Harrison

Mortar Board

Mortar Board, Inc., is a national honor society that recognizes college seniors for distinguished achievement in scholarship, leadership and service. Mortar Board began in 1918 as the first national organization honoring senior college women. For more, visit www.mortarboard.org.

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Lindsey Dameron
Rosie Holmes

Alabama
Jordan Davis

Baylor
Kimberly Garth
Andrea Westman

Bucknell
Kristi Cashman
Cynthia Koncick
Laura Mlyanarski
Julie Schwab
Anna Wakulchik
Carolyn Wakulchik

Butler
Janneane Blumenberg

Carnegie-Mellon
Kristen Livesey
Ashley McMakin
Phoebe Wu

Clemson
Emily Choate
Elizabeth Guleke
Elizabeth Miffleton
Margaret Nickles
Sarah Walker
Laura Young

Colorado
Laura Daugherty

Colorado College
Christine Bell
Rachel Feder

Connecticut
Kelly McCormick

Denison
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Julie Rogers
Mary Sheridan

Emory
Laura E. Boyer
Anne Dunbar
Danielle Gill
Neha Narikh
S. Elizabeth Newman
Michelle Tucker
Jasna Veledar

Kansas
Jenni Fox
Cristina Strubbe
Meghan Swallow
Jamie Wilkerson

Kentucky
Kathryn Bowling
Lindsay Cordes

Miami (FL)
Jennifer Connolly

Michigan
Beth Turk

Missouri
Laura Piper

Monmouth
Valerie Curtis
Katy Barrett
Lindsay Bero
Beth Brennan
Andrea Emery
Hilary Hawkinson
Nataha Kemmerling
Hayley Townsend
Alison Warren
Alexis Zanis

New Mexico
Deanna Armijo
Andree Johnson

Ohio Wesleyan
Hillary Su

Oklahoma State
Allison Bryden
Sarah Cooper

Oregon
Elizabeth Arwood
Brie Blackledge
McKenzie Borman
Mary Beth Boyd
Nicole Campbell
Dana Harlan
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Stephanie Scott
Rimma Zaltsman

Pittsburgh
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Jessica Vastyan

Purdue
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Texas
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Amy Rose

UC Santa Barbara
Melissa Mayers

Valparaiso
Allison Clark
Abby Jones
Kellianne Sempro
Molly Zeller

Wake Forest
Amy Cuneen
Anne Wood
Ashley Holets
Bennett Stulting
Danielle Pavela
Elizabeth Nurmi
Georgia Baker
Kendra Goodson
Lisa Katerman
Nina GInocchio

Washington Univ.
Samantha Davidson

William & Mary
Amanda Norris
Renee Parker

Chapters at or above the All-Sorority Grade Point Average

REGION 1:
Beta Province
Lafayette
Pittsburgh

Rho Province
Connecticut

REGION 2:
Gamma Province
Akron
Cincinnati

John Carroll
Miami (OH)

Lambda Province
Virginia
West Virginia
William & Mary

**REGION 3:
Mu Province**
Emory
Central Florida
Clemson
Furman
Miami (FL)

Theta Province
North Texas
Oklahoma

**REGION 4:
Delta Province**
DePauw
Indiana
Michigan State
Valparaiso

Zeta Province
Kansas
Nebraska

**REGION 5:
Iota Province**
Washington

**REGION 6:
Pi Province**
Oregon State
UC Davis

Kappa Province
Arizona
Cal. State Northridge
UCLA
UC Riverside
UC Santa Barbara

**Scholastically
Ranked First
on Campus**

**REGION 2:
Gamma Province**
Cincinnati
John Carroll
Miami (OH)

Lambda Province
West Virginia

**REGION 3:
Mu Province**
Emory
Central Florida
Miami (FL)

Theta Province
North Texas

**REGION 6
Kappa Province**
UCLA

Pi Province
UC Davis

**Kappas with
4.0 GPA**

**REGION 1:
Alpha Province**
Cornell:
Kristina Bisset
Brittany Birrell
Anna Dubenko
Samara Fetto
Ali Gardner
Bethany Ojalehto
Jenna Preuss
Anne Ready
Aimee Yanno

Toronto:
Whitney Hah

Rho Province
Dartmouth:
Lauren Botcheos
Cameron Delany
Teresa Delgado
Julia Dempewolf
Alexandra Galasso
Lydia Gensheimer
Katherine Goodman
Taylor Grant
Ann Irvine
Kathryn Jaxheimer
Jessica Kelly
Jessica Magidson
Rose McClendon
Margaret Miller
Kelly Mothner
Emily Salas
Ann Scott
Helen Sterling
Hannah Tsai
Nichola Tucker
Irena Tzekina

**REGION 2:
Gamma Province**
Miami (OH):
Nicole Brown
Allison DeSantis
Christina Ford
Amy Graham
Tyler Jamison
Diane Lewis
Molly McCully
Jane Dankenbring
Sharon Santangelo
Sara West

Lambda Province
West Virginia:
Christy Davison

Nicola DeAntonio
Whitney Frail
Jenny Margolin
Kristin Margolin
Kristina Revell
Kathryn Ross
Jennifer Ross
Lauren Westfall
Luanne Yang
Jennifer Zook

**REGION 3:
Mu Province**
Clemson:
Lauren Acsell
Alexandra Bedard
Kelley Brandstetter
Tracie Buffington
Sarah Donaldson
Elizabeth Guleke
Lindsey Heger
Margaret Herbert
Sara Hockstra
Kelly Kirkwood
Lindsey Lancaster
Stefanie Mitchell
Rosalyn Morrison
Nevin Murkley
Margaret Nickles
Elizabeth Peaks
Lindsay Simmons
Sara Suiter
Amanda Wallace
Laura Young

Emory:
Stacy Barron
Amy Bedford
Danielle Berman
Sarah Black
Sarah Blenner
Elise Borochoff
Kristen Fortin
Nicole Grifka
Kathryn Hale
Joy Henderson
Caitlin Hudgins
Abigail Jamieson-Drake
Nicole Josko
Neda Lajevardi
Casie Lindsly
Katie Lyons
Laura Nahm
Beth Newman
Carrie Putterman
Natalie Rallis
Stephanie Sheikh
Heidi Soeters
Mary Rachel Taylor

Furman:
Mary Adkins
Kathleen Arnold
Eva Clark
Mary Beth Hayes

Rachel Murphy
Lee Ann Wooten
Catherine Anderson
Lauren Evert
Bethany Fisackerly
Laura Schoonmaker

Theta Province
Oklahoma:
Veronica Albert
Laura Allen
Leah Ammons
Kelby Beale
Kendall Beller
Shelly Bowles
Amy Brawner
Paige Bryan
Morgan Byram
Ashlyn Chastain
Cara Christofferson
Kimberly Coleman
Kristen Dahlgren
Shannon Dobler
Lauren Donaldson
Brittany Fielder
Jordan Geurkink
Carlyne Hamilton
Becca Hartung
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Elizabeth Spears
Helen Tracy
Lauren Tucker
Rachel Walter
Emily Watkins
Brenna Wells
Kelsey Weston
Alexandra White

Zeta Province
Nebraska:
Amy Anderson
Sunny Backlund
Emily Dwornicki
Kirbi Long
Megan Missel
Kelsey Mitchell
Shelby Tilts

**REGION 6:
Kappa Province**
Arizona:
Ashley Cain
Katie Holter
Lauren Holtz
Blaira Laurent
Gwendolyn Luckey
Drue Madrid
Kristen Maier
Moriah Raiola
Brittany Russo
Jessica Thompson
Lindsay Uth
Allison Wedam
Meagan Yannitelli
Sabrina Jacobs
Annie Scruggs
Dani Ullemeyer

UC Irvine:
Karla Artavia
Mimi Chen
Marisela Galindo
Anne Lamsa
Jennifer Markham
Allison Mercer

UCLA:
Leah Abrass
Kate Brody-Adams
Julie Bennett
Robin Chiriboga
Gina Di Domenico
Emily Engel
Kimia Ghalambor
Tamara Jackson
Grace Lee
Katharine Lewis

Katelan Little
Anna Lund
Molly McKeown
Megan Meachim
Miranda Savani
Kenly Walker
Jenn Zhao

UC Riverside:
Jessica Wyatt

UC San Diego:
Shelby Anderson

UC Santa Barbara:
Carly Rose Jones
Meredith Perry
Karen Saks

Pi Province
Cal. State, Fresno:
Whitney Schwocho

Oregon:
Natalie Cannon
Stacey Ford
Nicole Campbell
Stephanie Scott

Oregon State:
Nicole Cecchini
Monica Craner
Sarah McCollister
Lindsey Shaw

UC Davis:
Lisa Altick
Kristen Bewley
Heather Clark
Cristy Green
Kira Stowell

Based on Collegiate Honors Reports and Scholarship Reports received at Fraternity Headquarters by July 18, 2006. The Key applauds our members who have been invited to join these and other honor societies. Due to space limitations, only newly inducted members of Mortar Board and Phi Beta Kappa are listed.

Courage, Determination, Service

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

“Celebrating 50 years of strong women,” says an ad for a women’s product. We can do much better than that. Kappa Kappa Gamma celebrates 136 years of strong women.

The old serial films “The Perils of Pauline” pale in comparison to the situations that Kappas have faced and conquered. The early days brought scorn from the campus male population and the belief that female brains would explode if they tried to join men in the classroom. Still moving forward as new territories were explored, women faced physical danger along with mental stress. Raising a family in a wagon train or a frontier shack did not include a washing machine, nor was there a supermarket or mall nearby to pick up a few necessities.

Today’s Kappa—today’s woman—faces different but still troublesome and hazardous events during her lifetime. Our Founders found strength in each other. They shared their personal and classroom experiences and valued the criticism, advice and support each gave to the others. The same is true today, on campus and in communities everywhere, though the problems differ greatly.

This issue tells the story of several women whose courage and determination overcame their doubts or fears. Their stories tell of women who could be thought of as victims, but who took charge of their lives, who recognized society’s flaws and who worked to alleviate the problems they saw. They drew support from other women—family, friends, Kappas. They found healing through helping others.

“The best way to find yourself is to lose yourself in the service of others,” said Mohandas Gandhi. Emerson made the same statement in different words: “The only true gift is a gift of thyself.” It is a special quality of Kappas that, when faced with tragedy or obstacle, we turn to service of others to

make our own way out of difficulties. Establishing safe places for abused women and children, seeing to the enactment of a law ensuring the report of campus violence, starting a foundation to support a loved one’s philanthropic interests and giving of heart, hands and funds in support of any cause that aids potential victims, women give service to any and all who pass their way.

For members of Kappa Kappa Gamma, this is part of our Tradition of Leadership. Campus and community events raise funds. Collegians and alumnae give hours of hands-on help. We give the gift of reading as we provide books and mentoring to those eager to take ownership of their minds’ possibilities.

Scholarships aid those who

train to continue this gift of service. Leadership Academy shows those who are already strong, as well as those who may hesitate, that they can succeed and that others will support them in the process. We join with other women on similar journeys in the National Panhellenic Conference to combine our strengths.

We are women of courage, determination, strength and the will to apply our lives’ challenges toward the greater good of society. We find ourselves in the service of others. ✚



Intern LAURA BIEDIGER, *North Carolina*, welcomes the opportunity to serve Kappa. Here, Laura assists NAN KRETSCHMER BOYER, *Colorado*, in crossing the street at Convention.

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