

the Key

KAPPA
KAPPA GAMMA

VOLUME 117, No. 1
SPRING 2000

Register Now for
Convention ...
P. 4



Jane Pauley Talks Candidly
About Family and Career — P. 8

Meet Other Kappas in the Media ...
Including *ET*'s Jann Carl — P. 14

Plus ... A Diary of an Eating Disorder,
Public Speaking Tips and More!

Communication Is Key

Kappas worldwide exchange ideas in a variety of ways

By LOIS CATHERMAN HEENEHAN, *Adelphi*

On a little wooden bridge spanning a small stream that flows through the northeastern corner of the (Monmouth) campus, two college girls one day had a schoolgirls' conversation out of which grew the Kappa Kappa Gamma Fraternity.

Thomas H. McMichael, then president of Monmouth College, described our beginning with those words. We haven't stopped talking since.

Like the stream, sometimes the words flow slowly, requiring deep thought. At other times they come swiftly as ideas become too exciting to contain or enthusiasm demands a burst of chatter.

From chapter meetings to General Conventions, alumnae gatherings to Fraternity Council meetings, Kappas talk — about our lives, our families and work, our world. We share moments of excitement and joy, times of troubles and problems, and ideas. Oh, the ideas we share!

We do more than talk — we communicate. That means listening, writing, seeing emotions expressed in facial expressions and body language, signing and using artistic and musical means, as well as a variety of modern technological tools to communicate our thoughts and feelings.

It begins again with "schoolgirl conversation" — now in casual campus meetings and also in the more organized process of membership recruitment. Chapter members discuss ideals, activities, costs and philanthropies while chatting with

potential members and, in turn, learn about their goals, talents and personalities.


Each individual contributes in her own way. Sympathetic words are spoken or a thoughtful note is written. A "keep-in-touch" e-mail comes as a surprise. A colorful drawing brightens the day. A peppy melody or soft song creates future memories. Whether in membership selection or at a 20th reunion, our conversations are ongoing. Founder LOUISE BENNETT (BOYD) wrote in later years that some time during 1869-1870 she, MINNIE STEWART and JENNIE BOYD met for a "pow wow." The pow wows have never ended, just grown in scope and numbers.

And what do we talk about? Ideas — philosophy, the classics, current events and perhaps "the vote for women" were topics shared by our Founders. Marriage and children are "then and now" topics. Careers, women's leadership, and national and world issues are sources of interest today.

Communication is an interactive process. One person may lead but all contribute. As students we absorb from teachers and add our own perspective. Mentors and interns continue the process. Meanwhile, the media provides a flood of ideas and information.

Women in the media have made a great impact on public perception. Not only are they role models, but they have also challenged us with new ways to view women's issues such as health management and daycare. Women respond and extend the discussion as they click onto the Web and share personal experiences.

Whatever the means or the subject, unlike the campus stream, today's stream of communication flows in many directions. Books have been written about women's style of leadership which promotes a multidirectional system of communication. Ideas are not imposed from the top exclusively; they are also welcomed and encouraged from the bottom — the worker who deals with pressures and progress each day. An idea surfaces and many minds and experiences plug in questions, additions, suggestions and affirmation as it is shaped and refined.

From quilting bees to parent-teacher organizations to corporate think tanks, women share ideas, enthusiasms, concerns and pride in their individual and collective conversations. We're talking and listening, writing and reading, seeing and understanding. We're communicating — join the conversation. 

Bridge artwork from the cover of the Fall 1992 Issue of The Key.

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Tips on creating and delivering an effective speech.



On the Cover

Dateline NBC's JANE PAULEY, Indiana, shares her thoughts on family and career — plus her memories of pledging Kappa Kappa Gamma. The Key is proud to feature Jane and numerous other Kappa communicators and artists!

(Cover photograph courtesy of NBC.)

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The Key is the first college women's fraternity magazine, published continuously since 1882.

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President's Message

Kappa Communication

<http://www.kappakappagamma.org>



What would life be like without the myriad avenues of communication we use in our daily lives? The events of the world are broadcast almost as they occur, and often we watch history unfold before our eyes! Thanks to ever-changing technology, we are able to gather information at breathtaking speed. We've even expanded our vocabulary to include new words such as "online," "Web site," "log on" and "e-mail" to name a few.

Does all of this make a difference to us as members of Kappa Kappa Gamma? Absolutely! Through e-mail and fax, our volunteers communicate daily with each other and Fraternity Headquarters staff to keep Kappa business running smoothly. There is an amazing number of ways to stay in contact with each other and the entire membership.

Have you logged on to the official Web site? I invite you to click on to the address above and take a look at our beautiful home page. This "public" site gives an overview of our mission. You can access the "private" side of our Web site by using your member identification number located on the address label of this magazine. The "private" side of our Web site gives information for Kappas only.

In this issue of *The Key*, you will be informed about the 63rd Biennial Convention, which will be held June 21-25, 2000, at Marriott's Desert Springs Resort and Spa in Palm Desert, Calif. This resort lends itself beautifully to a fun-filled and action-packed General Convention. Here you will have the opportunity to celebrate your Kappa membership in a setting with spectacular views of the mountains and desert.

The theme of this Convention, "Values: Pathway to the Future," promises to be exciting as well as inspiring. For those who have never attended a Convention, you will experience the unforgettable sight of our processional at the Opening Business Meeting where every Kappa attending wears white. You will participate in the moving and serene Memorial Service, which will be held in a lovely outdoor setting. And, of course, you will listen to outstanding speakers and interact with other Kappa sisters in informative educational sessions. The schedule even includes a free afternoon to enjoy some of the Palm Desert sights or some time around one of the five swimming pools or other luxuries at the resort.

Most of all, I can promise you an unforgettable four days of friendship, laughter and motivation. The business of Convention is serious, for it is here that the Fraternity officers are elected and the Fraternity *Bylaws* and *Standing Rules* are amended. A Kappa Convention is truly a perfect blend of business and fun. Come to Convention and you will return home more committed than ever to this wonderful organization, which is defined by its timeless values practiced by each one of us.

Loyally,

CATHY THOMPSON CARSWELL,
Illinois Wesleyan
Fraternity President

"Kappa Kinetics" Returns



Team up with Kappas of all ages to explore leading with integrity. Energize your soul and define your journey at the "Kappa Kinetics" Seminar: *Leading with Integrity; The Journey Never Ends.*

Kappa Kinetics is the Fraternity's own regional leadership seminar where Kappas can explore how to live up to all that is fine in life and thought and character. By exploring her values and ethics, each Kappa is encouraged to examine her personal life journey and determine the path she wishes to travel. Kappas will learn from each other in an intergenerational weekend setting.

Seminar Dates:

April 8-9 — Toledo, Ohio

October 28-29 — Portland, Oregon

November 11-12 — Kansas City, Missouri

November 18-19 — Richmond, Virginia

Total participant cost is \$35 — plus transportation. The Kappa Kappa Gamma Foundation is funding the remaining cost of the program, which includes a Saturday night stay and all meals during the seminar. A Friday and/or Sunday night stay may be arranged at the participant's expense. Any Kappa may attend Kinetics in any location and may attend more than one seminar during the year. Kappa Kinetics is a great way to renew old friendships and develop new ones. Come on your own, get your new member class together, call sisters from your chapter and discover your dreams and implement your ideals. Space is limited. Register early!

For more information or a registration form, call the Director of Education and Training at Fraternity Headquarters at 614/228-6515. Or visit the official Web site at www.kappakappagamma.org (go to the meetings section of "Just for Kappas").



Kappa Kinetics participants explore their values and goals with sisters of all ages.

New Alumnae Association

The Fraternity welcomes the SANDHILLS (N.C.) ALUMNAE ASSOCIATION! To join, call association President CLAIRE CHAMBERLAIN BRYAN, *Colorado College* at 910/673-8373.

The Extension Committee Needs You

The Fraternity is seeking members who work as college guidance counselors or professionals who have extensive knowledge of college campuses in the United States and Canada to serve as resource people for the Extension Committee. For more information, contact CAROL GEORGE SANDERS, *Cal. State Northridge* at 805/529-1646, jclsanders@earthlink.net.

Mission Statement of The Key

The Key of Kappa Kappa Gamma links each member with the Fraternity. The mission of The Key is:

- to inform, inspire and challenge
- to sustain and nurture membership loyalty and interest
- to recognize individual, group and Fraternity accomplishment
- to provide a forum for an exchange of information and opinion
- to be a permanent record.

To request advertising rates or to send information and photographs for *The Key*, please contact:

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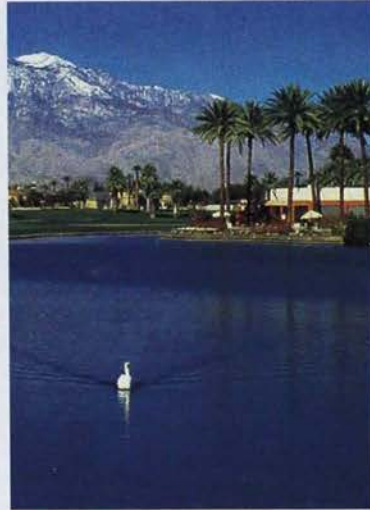
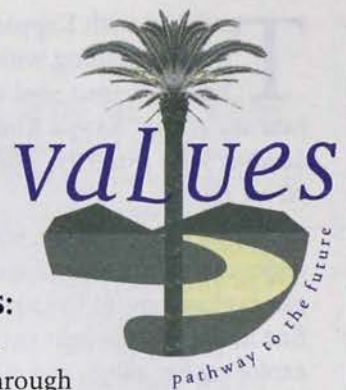
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The winner of the fall Kappa history contest is LILLIAN ABRAHAM MACKAY, *Mississippi*! She will receive a free copy of the soon-to-be-published *History 2000 ... Kappa Kappa Gamma Through the Years*.

Come to Convention 2000 — Don't Miss the Fun!

Values: Pathway to the Future — Be a part of the 63rd Biennial Convention at Marriott's Desert Springs Resort in Palm Desert, California, **June 21-25, 2000!**



Hotel and Meals:

- Full-time package — \$730 (Wed. dinner through Sun. breakfast)
 - Weekend package — \$410 (Fri. dinner through Sun. breakfast)
- (Both packages include double-occupancy hotel room and meals.)

Programs include:

- Memorial Service
- Presidents Dinner
- Chapter and Association Interacts
- Candlelight Banquet
- Business Meetings
- House/Advisory Board Training
- History 2000 Autograph Party
- Installation of Officers

Special resort features include:

- a 30,000-square-foot luxurious ultra-spa
- 5 swimming pools and 3 outdoor whirlpools
- 18 shops and boutiques
- 20 tennis courts (hard, clay & grass)
- 2 18-hole championship golf courses

For more information, return the coupon below; call 614/228-6515 or e-mail kkghq@kappa.org for a registration packet.

Yes, I am interested in attending the 63rd Biennial Convention, June 21-25, 2000!

Full Name: _____ Chapter/School: _____

Complete Mailing Address: _____

Phone: _____ E-mail: _____

Return this form to:

Convention Assistant, Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 38, Columbus, OH 43216-0038.


Gamma Omega, Denison, Reorganized

GAMMA OMEGA CHAPTER at Denison University has been officially reorganized through membership recruitment following the university's two-year suspension. New Members were initiated on November 6, 1999. Many alumnae in the central Ohio area participated, as well as collegiate members from BETA NU, *Ohio State*, and RHO^Δ, *Ohio Wesleyan*. Formal recruitment took place in January. For more information contact JONI MANOS BROWN, *Ohio Wesleyan*, Coordinator of Chapter Development, 614/451-5710.

Leading Ladies Wanted!

The Fraternity Nominating Committee is accepting nominations for the positions of Fraternity Council, Regional Directors of Alumnae and Regional Directors of Chapters. The Nominating Committee will submit its slate of candidates at the General Convention, June 21-25, 2000. Fraternity Council and Regional Officers are elected to a two-year term by majority vote at the close of Convention. No one may hold the same position for more than two terms.

Any Kappa may recommend any alumna in good standing who has served the Fraternity within the past 10 years as a member of Council or as a Regional or Province Officer, Traveling Consultant, Chairman of a Standing or Special Committee (for Council Nominees), a member of a Standing or Special Committee (for Regional Officer Nominees), or as a Council Assistant.

A candidate should have demonstrated leadership ability and strong managerial, communication and analytical skills. She should be mature, a good team player, self-motivated and able to relate well to various types of people. Every member is invited to become a part of the nominating process by submitting recommendations using the form below. 

Celebrate Women's History!

March is U.S. Women's History Month with the theme of "An Extraordinary Century for Women — Now, Imagine the Future." The Heritage Museum of Kappa Kappa Gamma is taking part by featuring an exhibit honoring several former Fraternity Historians, including MINNIE ROYSE WALKER, *DePauw*, who took it upon herself to write the first official Fraternity history, which she published at her own expense.

Kappa's Record: A Short History of the Kappa Kappa Gamma Fraternity was published in 1903 by the order of the 1902 Convention. This history was very brief, consisting of only 67 pages. In the forward, Minnie acknowledged the book's shortcomings and wrote that she intended it to be a signpost to make it easier for others to follow. The book consists mainly of lists: chapters, alumnae associations, prominent members, Council officers and "rival societies."

By Fraternity action, in 1904 *Kappa's Record* was made one of the required items in the archives of every chapter. It became an inspiration for many Kappas. The author continued to serve the Fraternity in various ways. She was the Alumna News Editor of *The Key* and also served the Alumnae Associations Executive Committee as Secretary from 1906-1908 and later as Alumnae Supervisor from 1912-1914. She served as President of the NEW YORK ALUMNAE ASSOCIATION for 12 years until her husband's illness forced her to retire from Kappa service.

For more information on Women's History Month visit the National Women's History Project Web site at www.nwhp.org.

— By Diane Mallstrom,
Fraternity Archivist/Museum Curator

Kappa Kappa Gamma Recommendation for Fraternity Position

Mail to: Adlon Dohme Rector, 1013 Hadley Dr., Champaign, IL 61821, Deadline: May 1, 2000

Form can be found and submitted online at www.kappakappagamma.org in the meetings/convention section.

Recommendation for:				
First Name	Middle/Maiden	Last	Husband's First Name	
Street Address				
City	State/Province		Zip	
Telephone:		E-mail:		
Chapter:		College:		
Alumnae Association:		Province:		
Position(s) for which this Kappa is recommended:				
Reasons for recommending this Kappa: (e.g., Fraternity experience, achievements, skills, qualifications, publications)				
Recommendation submitted by:				
First Name	Middle/Maiden	Last	Husband's First Name	
Chapter:				
Alumnae Association:				
Recommended by: <input type="checkbox"/> Chapter <input type="checkbox"/> Association <input type="checkbox"/> Individual <input type="checkbox"/> Other				

Kappa Own a Piece of History!



The four Monmouth College girls who planned a Greek letter fraternity for women and early in the year 1870 organized Kappa Kappa Gamma.



Mary Louise Bennett

Hannah Jeannette Boyd

Mary Moore Stewart

Anna Elizabeth Willis



THE HERITAGE THE FOUNDERS OF KAPPA KAPPA GAMMA

At the time of Kappa Kappa Gamma's founding, its birthplace — Monmouth — was a small Illinois town of just a few thousand. Located 20 miles east of the Mississippi River and about 180 miles from the great city of Chicago, the modest in geographical scope, the town of Monmouth was nicknamed the "Maple City" for its bounty of beautiful Kappa Kappa Gamma.



Monmouth Academy where many of the members of Alpha Chapter were educated in college.

Mrs. McMichael, wife of the President of Monmouth College, said that she made the first Greek letter from the letters of the word "Kappa". She presented the first Kappa Kappa Gamma to the Kappa Kappa Gamma.

Monmouth College described by the Kappa Kappa Gamma as a "nursery of the spirit of eternal youth" was a correspondence and post who passed a letter to the Kappa Kappa Gamma. The Kappa Kappa Gamma was founded in 1870. Through the years, the Kappa Kappa Gamma has been a part of the life of the college. The Kappa Kappa Gamma was founded by Louise Bennett Boyd, who died in 1911.



Little more than a decade later, Monmouth's enrollment had grown to 370. Two of those students, Mary Louise ("Louise") Bennett and Hannah Jeannette ("Jennie") Boyd, were pursuing the College Department's Classical Course of study when, in late 1869 or early 1870, they began questioning why women should be satisfied with literary societies while men on campus enjoyed full-fledged fraternity chapters. They shared this thought with fellow Classical student and friend Mary Moore ("Minnie") Stewart and concluded we would have something new. "We determined that nothing short of a Greek letter fraternity (we did not even speak of it as a society in those days) would satisfy us." The three "admitted to our solemn councils" Anna Elizabeth Willis, also in Classical study. "Our aim was to draw into the society the choicest spirits among the girls, not only for literary work, but also for social development." Susan Burley Walker and Martha Louisa ("Lou") Stevenson also were "drawn in" to this pioneering plan. Kappa Kappa Gamma's members numbered six when they first went public, proudly parading into Monmouth Chapel amid the cheers of fraternity boys on October 13, 1870, wearing Kappa keys in their hair. "The first Greek letter society for girls had appeared with their shining new pins," Bennett recalled. "Our dear old president smiled indulgently on us and we felt our future assured."

The long expected ship have into sight some days ago and came into port with the Admiral's personal flag into the harbor and the shouts of the multitude.

"A Sail! A Sail!"

When the crew came ashore among its islands, the delighted men and women which marked their presence, greeted the residents of their authority, but we are glad to note that, so far, no concealed weapons have been seen, and we are hoping that the location of our natural scenery and the "society" of our learning will induce the crew to permanently take up their abode with us and submit to the destiny which has cast them ashore in the newly discovered country. Further, we assure them civilization has not advanced — This is the alpha thesis. They wear a little gold key, sometimes on their forehead, sometimes on the little red or blue jacket, which very much become them. It has three letters on it — "KKΓ" and also AGO. We have been able to count only six of them as that has been initiated, they are on a voyage of discovery.

The students of Kappa Kappa Gamma's founding was captured in this picture taken by Monmouth's College student, which included that "The long expected ship have into sight some days ago and came into port with the Admiral's personal flag into the harbor and the shouts of the multitude."

Brought to love learning and literature, each of the six founders were educated, exceptional young women, ranging in age from 16 to 20, who felt very much able to take on the world and create something they believed was totally new — not only in coming up with the idea of Kappa Kappa Gamma but by planning to there, and choosing the lodge and name. When the six founders first embarked on their "voyage of discovery," as *The Monmouth College Courier* described their maiden public appearance, they were unaware that Kappa Alpha Theta was being founded that same year at Ashbury (later DePauw) University in Indiana "and always considered ourselves the first," Bennett later recalled.

"K. K. Gamma organized in 1870," eventually became K. K. Gamma, giving Monmouth College the distinction of serving as the birthplace for two women's fraternities that became national in scope.

Although nearly all of the archives of Alpha chapter have been lost to time, fire and the side effects of secrecy (fraternities were banned from Monmouth in 1874), it seems clear from founders' recollections and letters that the idea to form Kappa Kappa Gamma was born early in 1870, if not the year before, and that its public appearance was delayed to the fall season simply because the founders were waiting to receive their badges from the jeweler. Before October 13, now celebrated as Founders Day, meetings were held, a charter drawn up and certain rules were set. The founders felt confident and strongly about what they were doing, without necessarily realizing the legacy they were creating for thousands of young women who would follow.

Early on, Louise Bennett and Jeannette Boyd considered limiting membership to young women taking the Classical course of study, but decided their choices would be narrowed and "gave up that exclusive idea," Bennett later recalled. Of the six founders, all but one were Classical students. Susan Burley Walker, described in nearly all correspondence as the "honorary" of the group, was enrolled in the Scientific Course. To enter the stone and brick halls of Monmouth, all students required to demonstrate knowledge of what they had learned at the academy level, with particular weight given to proficiency in reading, spelling and penmanship, a means of artistic expression at the time. Once entered in college, Classical studies for "sub-freshmen," as Willis, Stewart and Bennett were classified in the spring of 1870, included Greek, Virgil, algebra, geometry, elocution and selections from the Old Testament. As a sophomore, as Boyd was classified, the curriculum covered Horace, Greek orators and philosophers, spherical trigonometry, analytical geometry, calculus and English. Walker, a "sub-junior" in the spring of 1870, was taking the basics — Virgil, French or German, algebra, geometry, English

and Selections from the Old Testament not yet plunged into scientific study. Lou Stevenson was the equivalent of the spring of 1870, enrolled in the "College Department." She was in when initiated April 1, 1870, in the named for the Amateurs des Belles which Jennie Boyd, Lou Bennett, A. Stewart were active members. Alpha chapter meetings were to discuss the drawing up of the charter at Anna Willis' home, where it came up with the idea of the key stands for something secret," she also met at Lou Stevenson's house. Boyd had received about ordering



This 208-page coffee table book contains highlights of the accomplishments of Kappa Kappa Gamma, its chapters and associations and the women who have led the Fraternity. Travel back in time through photographs, text, his-

toric document reproductions and memorabilia from Fraternity archives. This 9 1/2- by 12-inch hard cover volume is perfect for history buffs, new members or new initiates, alumnae of any age — and anyone interested in Kappa Kappa Gamma's history.

Experience Kappa's significant events — order yours today! *History 2000 ... Kappa Kappa Gamma Through the Years* will be available in June 2000 and shipped directly to you. The cost of the book is \$45 (includes shipping and handling).

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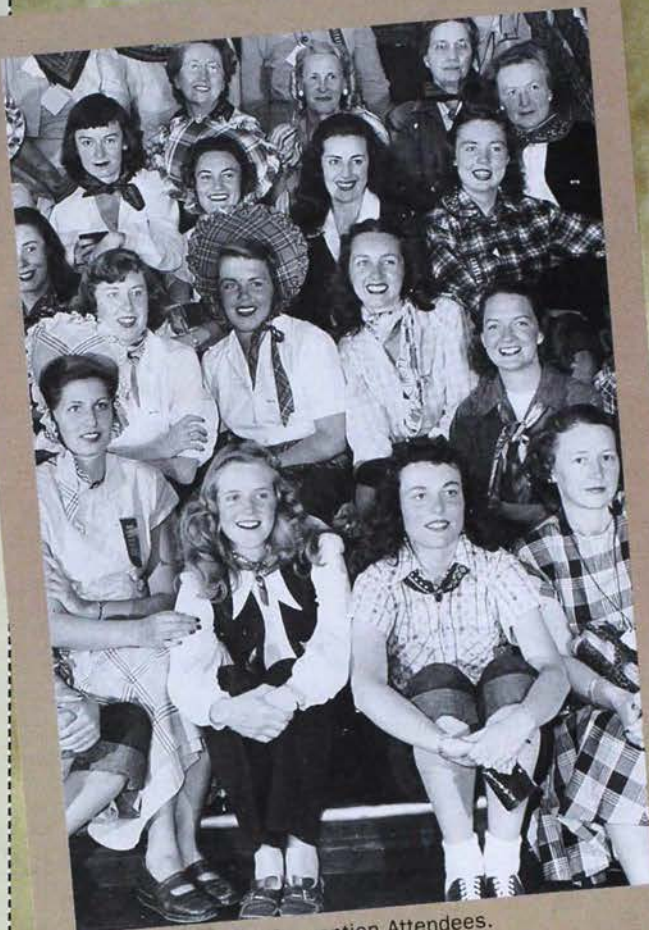
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Signature: _____



The 1948 General Convention Attendees.



During the "old days" at Fraternity Headquarters, staff members recorded and filed membership data by hand. Find out more about how the Fraternity has changed through the years.

In the middle of her term as Grand President, she married and moved to Oregon where her husband, Will Canby, was to take charge of a gold-mining site. She remembered great masses of wild iris in full bloom on the mountain where she honeymooned ... 'a true Kappa welcome.' While there, her mail was delivered by mule up a narrow, steep trail; the postmaster, whose sister was a Kappa, thought it should be delivered promptly because Mary was President.

— from *History 2000 ... Kappa Kappa Gamma Through the Years*

MARY GRIFFITH CANBY, Pennsylvania, Kappa's 11th Grand President from 1906 - 1908, had to overcome many challenges while communicating with the Fraternity she led. Read more about Mary and the growth of Kappa Kappa Gamma in *History 2000 ... Kappa Kappa Gamma Through The Years*. Order your copy now!

Jane of the Jungle

A survivor of the TV newsmagazine jungle, Jane Pauley talks about her success, her priorities and how she feels about turning 50

— By JENNY STRUTHERS HOOVER, Bowling Green

It's a jungle out there — in the world of television newsmagazines, that is. Nobody knows that better than *Dateline NBC* anchor JANE PAULEY, *Indiana*, who has been called “The Loved One” by *New York Magazine*. *TV Guide* calls her “Saint Jane.” Both names may account for her seemingly unbreakable bond with the American public. No matter what you call her, Jane Pauley has risen gracefully to the top of her field with Midwestern manners, no-nonsense integrity and plenty of spunk.

In addition to co-anchoring *Dateline* five nights a week with Stone Phillips, Jane is also known for her reflective feature stories as the anchor of MSNBC's Cable show *Time and Again*, which provides an in-depth look at current events and newsmakers through the historical prism of the *NBC News* archives. Between the two shows, it seems to Jane that she's on the air 12 nights a week. Yet her family, a party of five, still manages to eat dinner together every night.

How did the “girl next door” raised in Indianapolis, Ind., transform herself from local TV reporter to superstar? While she doesn't call herself an overachiever, Jane's determination and drive have brought her success time after time. Having been Governor of

Jane Pauley, *Indiana*

Girls State in Indiana during high school, she began her freshman year of college at Indiana University in Bloomington during the summer of her high school graduation in 1968. She then graduated from IU in December of 1971 before most of her classmates. Although Jane says she felt "clueless" about what she would do for a living, she was in a hurry to graduate.

She was not, however, in a rush to say good-bye to her Kappa friends. Although she had the support of her older sister, Ann, on campus, Jane felt lonely at first and insecure. But the DELTA CHAPTER of Kappa Kappa Gamma helped change all that. "Pledging a sorority was really a big deal for me," recalls Jane, who was impressed by the "artistic," "intellectual," and "talented" women she met at the Kappa house. During the fall of her freshman year, Janie (as she was called) settled into Kappa life, having found her home away from home until graduation.

"I was pretty sure I was unemployable," Jane says, but with 1972 being a presidential election year, this political science major immersed herself in state politics right after graduation. But she secretly dreamed about a career in broadcast journalism. "I had no particular reason to think I could have this career that was in the back of my mind ... I had no experience in journalism at all," admits Jane. What she did have was a high school state championship trophy in extemporaneous speaking and debate, plus natural abilities she was not yet aware of. Fortunately others recognized her potential.

When, in the early 1970s, Jane began to see more women and minorities in news careers, her thoughts of becoming a broadcaster seemed plausible. Working on a political campaign put Jane in close contact with broadcast journalists, giving her an edge. Thanks to being in the right place at the right time, she was hired as a TV reporter in Indianapolis. At least that was her recollection. But Lee Giles who first hired her at WISH-TV told Jane, as she was being inducted as a fellow of the Society for Professional Journalists, to give him a little credit for a wise decision rather than assuming she was a fluke. It took her breath away to realize she was one of dozens of contenders for that local news position.

A few years later, making an unprecedented career leap, Jane was promoted from an NBC-owned-and-operated station in Chicago to the co-anchor spot on the *Today* show. "It was pretty clear that I was either going to go out or up because in Chicago I was not an overnight sensation," says Jane. Yet, after a highly publicized talent hunt, NBC picked her for the *Today* show. "Fortunately I was still pretty clueless and didn't know how dangerous it was — that the stakes were pretty high for me and the odds were pretty long," Jane recalls. At age 25, still sporting a ponytail, Jane first worked alongside *Today* co-anchor Tom Brokaw, then Bryant Gumbel.

Jane Pauley on ...

Pledging Kappa Kappa Gamma —

"The night our pledge class was announced was one of the most thrilling nights of my life. I couldn't believe I'd gotten my first choice ... and my pledge class was just phenomenal. Kappa was just such a safe haven from which to explore the world. I can't conceive of not having had that basis of friendship."

Meeting Husband Garry Trudeau —

"When I first came to New York I was so helpless. Tom Brokaw and his wife, Meredith, helped me find an apartment, they helped me get my furniture, and most importantly they helped me find a boyfriend. We met at Tom's house — he and his wife are legendary matchmakers. Garry and I started dating immediately after that and the rest is history."

Working Mothers —

"I think the secret that working women are maybe just beginning to let out is that working women do have it easier. You get kind of a break from the emotional strain of all the responsibilities having a family implies. You get to go to work. That's why working women go to work even when they have the flu. I've been uniquely blessed in that I've been able to have the best of both."



Jane co-anchored the *Today* show from 1976-1989. At the time she left, Jane held the longest tenure as a *Today* anchor.



At age 25, Jane won the coveted spot on NBC's *Today* show.

Jane recalls that she didn't sleep the night before her first appearance on *Today*, comparing it to when a young girl gets to wear her Brownie or cheerleading uniform to school for the first time. "I can remember laying out my uniform the night before ... polishing the shoes ... and then trying to go to sleep, and you're so excited because tomorrow you get to wear your uniform for the first time," describes Jane. "It was like that, only mixed with terror."

A combination of anticipation and adrenaline forced Jane out of bed at 3:30 a.m. each weekday in order to get to the studio on time. Once she arrived, drank her coffee,

saw the announcer light go on and heard the theme music, Jane felt "totally at home" and "unnaturally calm." "Which is probably why I'm still here today, and I can't begin to explain that phenomenon because I'm not that comfortable in most of my life," Jane discloses.

After 13 years on *Today*, Jane left the show in what many perceived as a tumultuous exit in December of 1989 when she was replaced by Deborah Norville. But this was not the end of a brilliant career — it was simply a new beginning. The following summer Jane began anchoring the newsmagazine, *Real Life with Jane Pauley*, which was canceled in 1991 and immediately replaced by *Dateline NBC* where Jane has been a co-anchor ever since.

Through it all, Jane felt the undying support of the viewing public. Despite rough waters faced by *Dateline* in the early 1990s, due in part to a controversial report on the risk of gas tank fires in certain GM vehicles, Jane rode the storm with her usual grace and candor.

Now, in her ninth year on *Dateline*, Jane appears to have it all — a dream career and a well-balanced personal life. Too good to be true? Not necessarily.

Jane and her husband, Garry Trudeau, the creator of the comic strip *Doonesbury*, are proud of their successful family life. She traces her values and sense of priorities back to her parents who had struggled through the Depression and World War II. Jane learned from them resilience and perseverance — something she hopes to pass on to her three children. "My parents were not blessed with great luck as I have been," says Jane. Having been formed by their experience, Jane tends not to trust the good fortune she has enjoyed.

Although more confident than ever, Jane readily admits she's not perfect and that she's no "Supermom." "I have friends who are — the moms who always know

Contributions and Honors

AWARDS

Jane has been honored with many awards for her work, including Emmy Awards, a Gabriel Award, a Nancy Susan Reynolds Award from Advocates for Youth, and Commendation Awards from American Women in Radio and Television. Other honors include:

- Living Legend Award from Indiana Historical Society, 1999
- RTNDA Paul White Award for lifetime contributions to electronic journalism, 1998
- Inducted into the Broadcasting and Cable Hall of Fame, 1998
- Edward R. Murrow Award for feature reporting, 1997
- Salute to Excellence Award from the National Association of Black Journalists, 1997

- National Press Foundation's Sol Taishoff Award for Excellence in Journalism, 1996
- Named "Best in the Business" by Washington Journalism Review, 1990
- International Radio and Television Society's "Broadcaster of the Year," 1986

PROFESSIONAL AND CIVIC CONTRIBUTIONS

- Society of Professional Journalists Fellow
- Honorary Chairman of SPJ's Jane Pauley Task Force on Mass Communications Education
- RTNDF Board of Trustees
- Children's Health Fund Advisory Board
- Freedom from Hunger Advisory Board
- PENCIL (Public Education Needs Civic Involvement in Learning) Board of Directors

exactly what's going on in school and took trips to Williamsburg when their kids were studying Colonial America. ...," she says.

But Jane is proud of her parenting partnership with Garry. The couple will celebrate their 20th wedding anniversary in June. "I married very well," Jane says with affection, adding that Garry is a devoted father who has always been very hands-on thanks to the flexibility of self-employment.

Having won the Kappa "Good Housekeeping Award" as a joke during college, Jane laughingly admits she's not much of a cook (ordering out is not uncommon) but she has developed a tasteful recipe for successful family life. Trusted, long-term childcare providers (the first was with them for 10 years while their children were small) have allowed Jane and Garry to find the balance and consistency they desired. Now their children — twins (a boy and a girl) who were followed by a brother — are teenagers.

A key to their close-knit family is regular sit-down dinners. "When I look back on what we did right, the number one thing was inadvertent — having dinner with my kids," Jane explains. "We're not like the Kennedys growing up, talking about great things, but if everybody's got their butt to their chair for longer than 10 minutes, at least we all sat down together. This is no longer the norm in America."

Although Jane feels good about the rituals that have kept her family close, she admits to her share of "mommy guilt." Jane sheepishly admits to having once asked her children if she should quit her job. Her daughter, age seven at the time, said, "Yeah, mommy!" while her son said, "Why would you do that?"

Jane, whose father was a traveling salesman, believes kids are more resilient than most people give them credit for, as long as they know they are the number one priority. "I knew that when my father was on the road, his family was still the most important thing to him," says Jane, adding that women can achieve this balance too. She also says she never believed in the "quality time" theory. "Kids need quantity time in great big chunks," says Jane, believing that children will know they are your priority if you are there for them consistently. "Then, when work does call you away, you know you have a lot of capital invested and it's going to be OK."

A typical workweek for Jane includes three to four days in the studio taping *Dateline* plus one day a week taping several episodes of *Time and Again*. During gaps surrounding her studio obligations Jane makes time for meetings and brainstorming sessions on upcoming stories, new ideas and formats.

In addition to her studio commitments, *Dateline* stories often take Jane on the road. One trip she especially enjoyed was a visit with country music stars Naomi and Wynonna Judd at their Nashville, Tenn., estate. Jane was delighted when Wynonna told her that they were indirectly related since Wynonna's sister, Ashley Judd, is a Kappa too. That's not all Jane has in common with the Judds — she's also a singer! One of Jane's claims to fame



Jane received an honorary degree from DePauw University (1978). She also received a Kappa Kappa Gamma Alumnae Achievement Award at the Fraternity's General Convention that year.

is her stint as a Delta Chapter "Kappa Picker." Placing her singing abilities somewhere above amateur but below semiprofessional, Jane loves to sing but says, "I'm rarely asked to sing, and occasionally at home I'm asked to stop singing."

Like most working mothers, Jane put her social and recreational life on the back burner while her children were young. Now this baby boomer looks forward to the newfound freedom that comes with having older, more independent children. Jane even says she feels comfortable with middle age. "People tell me to stop talking about being middle-aged ... but there just isn't anything terrible about that."

"I don't like the sound of the number [50] — it's a little alarming — but I really accept where I am in life and in some ways I'm so much better than I used to be," says Jane, who will celebrate this milestone birthday on October 31, 2000. Assuming she won't spend the rest of her life in TV, Jane is taking stabs at various hobbies,



Jane's 1969 chapter composite picture.

including golf. "It was uncharacteristic of me to take on something that requires years of learning, and in a public setting where I can easily make a fool of myself," Jane says with a roar of laughter. "I feel like I look a little less ridiculous now."

Jane enjoys seeing her friends and women in general coming into their own in creative ways in their 40s and 50s. "I'm a much more interesting

person to myself than I was when I was younger," she explains. Now Jane has more courage to try new things and feels that she is a much better friend. "I'm rediscovering the truth that women friends are so key to emotional well-being," says Jane, and she looks forward to resuscitating the reunion tradition she and a few Kappa friends began after college but gave up when marriage and children became priorities.

Inspired by these Kappa reunions, Garry began getting together once a year with a group of his college friends — a tradition he's enjoyed for the past 15 years. "My husband just loved that I would get together with my college friends," Jane recalls. "I think it was kind of like a fantasy for him to walk in the house with all these sorority gals in the living room."

While enjoying her current endeavors, Jane also takes time to examine where she has been. What makes her most proud is her reputation for integrity. "I have seen myself described in various flattering terms in print that I knew were a bit of an

exaggeration," Jane says. "You tend to live up to that, or try to."

Living up to high expectations comes naturally for Jane, whose parents were hardworking people of integrity. "I knew from neighbors that my father was one of the most respected men in the neighborhood and at church, and to have colleagues, neighbors and church members tell you that your parents are so well thought of is very powerful," Jane recalls. "I hope my children experience that too."

Although Jane's mother was not a career woman, she did serve as a church organist for many years. Jane recalls her family planning schedules and vacations around weekly choir practices and church services. While Jane was being introduced on stage by Hillary Clinton during a special program recently, she was overwhelmed when the first lady described her as "the daughter of a musician." "I was so stunned at the realization that, until Hillary Clinton had said 'the daughter of a musician,' I had never given my mother the credit she deserved," remarks



Jane Pauley (front, kneeling) enjoyed singing and playing the washboard as a member of the Delta Chapter "Kappa Pickers" song group.

Jane. "She was a musician — she played the organ, which was a complicated, challenging instrument. All those years she was just my mom." Jane hopes that despite her career as a "TV lady," her children will think of her as simply "their mom."

While she tries to diminish her high-profile career status at home, Jane does want her children to see her working hard at a career in which she excels. Although they don't watch her shows regularly, Jane tells of a time when they were watching a segment on *Time and Again* that featured early *Today* footage showing Jane in her 20s. One of her children told her she was "trying too hard." "Which was true — you could really tell that I was reaching to be someone wildly more sophisticated than I was," Jane says, laughing at herself.

Although she downplays the celebrity factor, her children did make a fuss over her picture being plastered on the side of a city bus. "Other kids were telling them, 'Hey, I saw your mom on the bus!' And at first I didn't realize what they were talking about until I was sitting in the back of a cab looking at my face staring back at me from the side of a bus," laughs Jane. "That kind of impressed them." Jane deals with the pressures of celebrity status through frequent "reality checks." "You have to mistrust it, laugh at it a little bit and try to keep your feet on the ground," she adds.

Perhaps best described as a bundle of tenacity wrapped in small-town charm, Jane would laugh at the idea of being called a heroine. But ask any aspiring newswoman about her role models, and Jane is sure to be at the top of the list. And now that Jane Pauley has tamed her jungle, there's no telling what she'll jump into during a new phase of life in a new millennium.



Career Highlights

- *Dateline NBC* anchor, 1992-present
- MSNBC's *Time and Again* anchor, 1996-present
- Substitute for Tom Brokaw on *NBC Nightly News*
- *Real Life with Jane Pauley* anchor, 1990-91
- NBC's *Today* co-anchor, 1976-1989
- *NBC Nightly News* Sunday anchor, 1980-82
- WMAQ-TV, Chicago, evening news co-anchor, 1975-1976
- WISH-TV, Indianapolis, reporter and anchor, 1972-1975
- Worked in state politics in Indianapolis after graduation, 1972

Erin Moriarty of 48 Hours Continues to Excel

ERIN MORIARTY, *Ohio State*, got her start in television on a local news show in Columbus, Ohio. She is now a 14-year veteran at CBS and travels weekly as a news corre-



CBS *48 Hours* correspondent **Erin Moriarty**, *Ohio State*.


spondent for the newsmagazine, *48 Hours*. Prior to *48 Hours* she worked as the consumer correspondent for *CBS This Morning* and the *CBS Evening News with Dan Rather*.

Armed with a law degree, she plunged into broadcast journalism and accepted a job that forever changed her future for a life of nontraditional hours and family arrangements. She and her husband, Jim Musurca, shared a marriage by commute as Erin found herself working in Cleveland, Baltimore and Chicago before finally settling in New York.

During her 10-year stay on *48 Hours*, Erin has drawn on her training as a lawyer and has explored some of the most important social and legal issues of our day, such as teenagers facing the death penalty, the U.S. drug and alcohol abuse problem, battered woman's syndrome and the battle to save premature babies. Her exclusive interview with Stephen Jones, the defense attorney for convicted Oklahoma City bomber Timothy McVeigh, was broadcast on *60 Minutes*.

Erin has received numerous honors, including nine national Emmy Awards for her work on *48 Hours*. In 1988, she received the Outstanding Consumer Media Service Award presented by the Consumer Federation of America for "her many contributions of both local and national significance as a consumer reporter."

It's the stories and the people that keep her job interesting. "I've covered a story on and off for eight years and sometimes it takes a year to research a story." These stories motivate Erin because she believes in the importance of informing the public about important issues.

As Erin looks ahead to the rest of her career, she knows she'll stay in the TV news business. "The business is changing so fast. I don't know where I'll be but I know I'll be reporting," she says. "If you love the business, then you have to go out and cover the news. With my job, I have the opportunity to feel and see experiences I would otherwise not have the chance to know." Erin's audiences are likely to always see Erin at the scene of her story. 

Erin was previously featured in the Summer 1993 Issue of *The Key*, pp. 18-19.

The Power of the Voice and the Pen

Meet 10 Courageous Communicators

ET Correspondent Reaches the Stars

Whether playing in the sandbox with her children or “working the red carpet” at the Oscars, *Entertainment Tonight*’s JANN CARL SEARS, Missouri, makes balancing a family and a high-profile career look easy.

As a weekend anchor/correspondent for *Entertainment Tonight*, this former television reporter calls her work a “dream job.”

Getting up close and personal with today’s biggest stars on location or at movie premieres, Jann’s days are never typical. She has even appeared on the big screen herself with a part in the film *Bulworth*, starring Warren Beatty.

Shortly after graduating with a bachelor’s degree in journalism at age 23, she became one of the youngest journalists to launch a career in Chicago. Her work there led to an offer in Los Angeles to co-host a TV magazine, *Eye on LA*. She then joined KTLA’s prime time newscast as one of the youngest major market news anchors, where she worked for eight years before joining *ET* in 1995. Jann has also taught journalism classes at UCLA.

While she is proud of earning three Los Angeles Emmy Awards and numerous humanitarian awards for philanthropic work, Jann’s greatest honor was being chosen by Jerry Lewis to co-host the annual national Muscular Dystrophy Association’s (MDA) Labor Day Telethon in 1996, after co-hosting the Los Angeles segment of the telethon for eight years. Jann

has continued to work with MDA every year since. She even co-hosted the 21½-hour telethon while nine months pregnant, making Jerry Lewis very nervous. “I told him I felt great and not to worry,” says Jann. “Less than 48 hours later, my water broke. I think my son was trying to get me to slow down.”

Although she and her husband have sacrificed outside interests to devote time to their children (a 2-year-old son and 7-year-old daughter), Jann refuses to give up her work with the MDA. “It’s just too important,” she

emphasizes. “The FDA will soon approve genetic testing on humans, which gives us hope for a cure in this lifetime.”

Whether co-hosting with Jerry Lewis or interviewing celebrities for curious audiences, Jann loves meeting people. She has been face to face with Robin Williams, Jodi Foster, Will Smith and Tom Hanks to name a few. “My mom teases me about how as a child I’d always make friends in the grocery store,” says Jann with a laugh.

Now she puts her friendly enthusiasm to work to help celebrities feel at home. “Celebrities feel attacked a lot,” she explains. “I try to treat them like interesting people who just happen to be stars. They can be very tired after facing 60 interviews with a gauntlet of reporters.”

Robin Williams is the “most hilarious” interview she remembers. “I was still breastfeeding my son and it had been hours since I had pumped,” recalls Jann. In her usual candid way, she had mentioned her situation to him. “Robin Williams then joked about my postpartum cleavage and went off on some wild dialogue about breastfeeding, making crying



Entertainment Tonight’s Jann Carl, Missouri.

baby sounds, until we were all laughing hysterically. I could barely compose myself to finish the interview."

Jann takes motherhood as seriously as her career and does whatever she can to encourage other working mothers, especially when it comes to breastfeeding. She is proof that anyone can do it if someone with her unpredictable schedule can. While Jann has a knack for successfully managing her career and family responsibilities, she credits her husband, David, with making everything work. "Without him I couldn't have any of this," admits Jann. "We have a true partnership. He'll do anything — even fill in for me as room mother at our daughter's school."

Jann and David met when he turned out to be her blind date escort for the Maid of Cotton contest, which she won during college. A Kappa friend encouraged her to enter. "I saw pictures of former winners traveling around the world and it sounded neat," Jann recalls. This contest not only led her to meet her husband but also propelled her career. One of the judges suggested that Jann send a tape to her husband who was an agent, which resulted in Jann's first job in Chicago.

Jann does admit that the most difficult part about being a working mother is feeling guilty for not being at home when she is at work, and guilty for not being at work when she is at home. "I'm trying to get over it," says Jann. "I have such high expectations of myself and others and I tend to beat myself up when something doesn't go well." When the pressure does build, she fantasizes about running back to the Midwest and opening a clothing or stationery shop. Keeping in touch with Kappa friends is another source of stress relief for Jann, who has been invited as a special guest to help THETA CHAPTER, *Missouri*, celebrate its 125th anniversary in April.

Jann maintains a positive perspective during difficult times thanks to her mother who instilled

self-confidence in her. As a journalism major, Jann also looked up to Jane Pauley and Joan London for their integrity and courage. Displaying confidence of her own, Jann once told Ed McMahon that she'd be the first woman on *60 Minutes*. Her prediction was a little off the mark, however, Jann will certainly come out right on target as a rising star in broadcast journalism.

— By JENNY STRUTHERS HOOVER,
Bowling Green

Look Out Katie Couric

Her alarm rings at 2:30 a.m. and SHELLI LOCKHART, *Southern Methodist*, gets to her job by 4 a.m. at KXAS-TV in Fort Worth, Texas. As a news anchor for the 5-7 a.m. news program that airs before the *Today* show, Shelli says, "I love my job, especially because I get to tell people what happened while they were sleeping." She admits nobody's a morning person at 2:30 a.m. — her secret is extra eyeliner to help her look less tired. "Looking perfect is not as critical in the early morning hours," Shelli laughs. "Most viewers are probably still in pajamas themselves or hurrying to work." Twice a week Shelli reports for the evening news, which keeps her reporting skills alive.

When Shelli first started reporting, she got nervous when she went on the air — but not anymore. She just puts that adrenaline rush to work and tries to control the stress caused by a tight deadline or big breaking story.

One unforgettable story was the Branch Davidian standoff in Waco. Her station broke the news and taped the footage that was broadcast around the world. "I remember exactly where I was. I was waiting at the jail with my cameraman because we thought they would show up there after the tanks went in. When

we saw the compound on fire (on TV) we thought it was over — it didn't sink in that they had sacrificed themselves and their children." When she visited the compound it was "chilling." Later she interviewed cult members who had walked out prior to the standoff.

Shelli firmly believes that if an aspiring journalist wants to be a reporter, it is imperative to go out and get a reporter job — not just any TV job. "Don't let anyone tell you it can't be done," says Shelli. "People told me that they don't hire 24-year-olds in Dallas, but I was persistent, maybe even annoying."

She started her career in a tiny TV market in Ardmore Okla., right out of college and then she moved to Waco, Texas, where she worked for an ABC and then a CBS affiliate. Shelli enjoys her current home in Dallas at an NBC affiliate (KXAS) where she had previously worked as a college intern. During her internship, Shelli created a résumé tape which helped her land some of her first TV positions.

Spending time with her husband and her family is important to Shelli. Her parents are her role models. "Dad is driven and successful with a never-give-up attitude," she praises. "He says 'work hard and you'll probably get



Shelli Lockhart, *Southern Methodist*, is a news anchor and reporter in Dallas.

what you want.” Her mom is “genuine and sweet” and Shelli admires her commitment to service.

Her professional role model is Peter Jennings. “He’s a real person on the air — I strive to be like that,” states Shelli. “He’s a real journalist who has been to the key places and knows the ramifications of various events — he’s not just reading off the teleprompter.”

An advertising major, Shelli was slow to realize her career goals even though she wrote for the campus newspaper and was interested in current events. After taking a few journalism classes and being encouraged by a professor, she realized in her last semester her desire to be a broadcast journalist. Shelli feels her membership in Kappa Kappa Gamma has helped her to be a better reporter because she learned a lot about human nature and working with others.

Now when asked about her future career goals Shelli says, “I want Katie Couric’s job.” Perhaps JANE PAULEY, *Indiana*, won’t be the last Kappa to co-host the *Today* show.

— By JENNY STRUTHERS HOOVER, *Bowling Green*

A Phenomenal Climb to the Top

Who says a comic strip can’t have a positive influence on a youngster? SUE ANN WOOD POOR, *Missouri*, has said that the comic strip *Brenda Starr* drew her to the field of newspaper work. She may have been exercising her sense



Sue Ann Wood Poor, *Missouri*, enjoys a clear view of St. Louis — and the Arch she climbed while it was under construction.

of humor, but Sue Ann really did want to be a newspaper person and in early childhood she produced a homemade neighborhood newspaper.

A bachelor’s degree in journalism from the University of Missouri, followed by graduate study at the University of Edinburgh, Scotland, on a Rotary International Foundation Fellowship, provided the skills to begin a long and outstanding career in journalism. From a \$50-a-week starting job with the *St. Petersburg (Fla.) Times* to managing editor of the *St. Louis Post-Dispatch*, Sue Ann fulfilled her dream.

Only the second woman in the country to be named managing editor of a large metropolitan daily, Sue Ann rose to the top of the newspaper business in her 45-year career. This was literally true when she climbed to the top of the Gateway Arch in 1965 shortly before the final wedge was placed 630 feet in the air above St. Louis.

Being female in a male profession, she knew that she had to prove herself. Sue Ann recalls one time when the editor of the paper couldn’t find a male journalist available to follow a particular story. He reluctantly assigned the job to her and was “astonished” by her thorough, successful work. In her climb through positions as reporter, night city editor, city editor and managing editor, Sue Ann was admired for her ethics, honesty and reliability in meeting deadlines. Although she retired in April 1999, she is not finished writing.

“I look forward to getting letters and reading newspapers,” Sue Ann says. Although she admits to writing on computer, she often encloses a newspaper clipping with letters to friends. “I had a wonderful martinet of a high school English teacher,” she recalls, believing that the future of print media and handwritten letters will not be replaced by further advances in technology. Sue Ann is just the one to see that it doesn’t happen.

Now that she is retired, Sue Ann gives much of her time and talent to Kappa. She is currently updating the history of THETA CHAPTER, *Missouri*, preparing for its 125th anniversary this April.

— By LOIS CATHERMAN HEENEHAN, *Adelphi*, and
KATY QUINN POWERS, *Oklahoma*

Global News Voice Responds to Breaking Events

With a string of successful high-profile interviews and reporting assignments, ERIN BRUMMETT KLEIN, *Kansas State*, is now anchor/producer for *Voice of America News Now*. A 24-hour live broadcast news service based in Washington, D.C., *VOA News Now* covers major news events and beams its programming worldwide.

Proficiency in Spanish helped Erin rise from an assistant to the assignment desk to join the Latin America news desk as a writer and reporter early in her career. Later as a reporter, she traveled to Haiti in 1994



Erin Brummett Klein, Kansas State

to cover the return to power of President Aristide and to the U.S. Navy Base at Guantanamo Bay for the 1994 Cuban boat crisis.

As a producer, Erin managed a series of live broadcasts from Jordan to cover the funeral of King Hussein of Jordan. This included on-the-scene reporting, expert commentary and an exclusive interview with Secretary of State Madeline Albright. In October 1999, Erin sent a team to Nigeria for an in-depth look at each aspect of Nigeria's efforts to democratize, including an exclusive interview with Nigerian President Olusegun Obasanjo. She was particularly proud of this event because of the available equipment. "The week-long Nigeria broadcasts were unique because the field team reported using a satellite telephone," she explains.

"I also chase live interviews for *VOA News Now*, especially when news breaks," Erin says. In one instance, she received late word of a speech by President Yeltsin. "We quickly found a translator to come to our studio to provide simultaneous translation, and we had a Russian affairs expert on hand to provide live analysis immediately following the Yeltsin address."

U.S. political reporting adds to Erin's long list of global coverage. She traveled with Senator Dole and President Clinton during the 1996 campaign and conducted live election night and inaugural reporting. She served as an acting Pentagon correspondent in 1997 and worked as a substitute White House correspondent in press corps travel with President Clinton from 1995 to 1996.

With a news beat as big as the world, Erin helps *VOA News Now* educate its global audience.

Her schedule takes her all over the world but she still maintains a focus at home as a Kappa volunteer. Erin serves as a Regional Director of Chapters and recently took part in the extension effort to form a new chapter at John Hopkins.

— By LAURA SHOCK SCHERER, *Bowling Green*

From Navy WAVES to Stepping On Rainbows

Making organdy tablecloths in New York when Europe trembled on the brink of war in 1939 did not appeal to RUTH COBBETT BIEMILLER, *William and Mary*. As did many young women at that time, Ruth wanted to make a personal contribution to the war effort.

"I was having lunch with another Kappa at the Fifth Avenue Hotel in New York," Ruth remembers. "When we heard the news that afternoon, we looked at each other and knew we had to do something more constructive than stitch tablecloths," she says.

At the time Ruth served on the editorial staff at the Mutual Benefit Life Insurance Company. She had worked as a copywriter for Sears and Montgomery Ward. As Ruth recalls, "In 1935 there were no jobs for English majors, so I took what I could get."

Then, in 1939, Ruth signed up for the U.S. Navy and graduated as an ensign from the first WAVES (Women Accepted for Volunteer Emergency Service) class trained at the Midshipman School, Smith College. The Navy sent her to the Brooklyn Navy Yard, a New York Port



Ruth Cobbett Biemiller, William and Mary

Authority facility. Ruth later learned that same land had been her family's farm, dating to 1638, which the Navy bought in 1812.

Ruth's writing experience qualified her to assist Willet Weeks, editor of *The Shipworker*, a newspaper read by 70,000 workers at the yard and circulated to every other naval yard in the United States. When Mr. Weeks left for active duty, Ruth took over. She remembers those

thrilling days when she met such personages as then Senator Truman, saw Margaret Truman christen the U.S.S. *Missouri*, wrote speeches for the admirals (and took their wives to Saks Fifth Avenue), and performed myriad other duties in addition to editing the paper. She also remembers the Navy's resistance to women officers.

Soon after the war ended, and when her son Christopher was still an infant, Ruth received a telephone call from Willet Weeks, who now managed the syndicated section of the *New York Herald Tribune* newspaper. When asked what she knew about crossword puzzles, Ruth laughed. "I told him my father bought two copies of that paper every day when I was a child, so we could both have a puzzle to work on." Ruth was hired immediately. Until the *Tribune* folded, Ruth was crossword puzzle and cryptogram editor. She also wrote features for *New York Magazine* and *The Saturday Review of Literature*, and served on the Board of Governors of the Overseas Press Club.

Ruth's late husband, Reynard, worked for Rockefeller University Press as a graphic designer. Rey, "a consummate artist," designed books for the University Press, and Ruth produced the first three issues of those journals on a freelance basis. Throughout their lives they enjoyed working together on various projects.

Now Ruth is the author of three books: *Next Stop, Paris; Dance — The Story of Katherine Dunham*; and *Nat Fine's Animals*. Though legally blind, Ruth continues to write, committing time to her poetry which has always been a part of her life. With her son's aid and her reading machine, she is working on her memoirs, *I Stepped on a Rainbow*. Ruth remembers the crystal prism which hung from the chandelier in her childhood home. When the sun came through the window and hit the glass, the room was "simply filled with rainbows," says Ruth.

Even though today the colors are not quite so bright, Ruth, in writing about her life and creating poetry, is still stepping on rainbows and showing up for active duty.

— By DIANE PRETTYMAN DEWALL, *Missouri*

Magazine Editor Adds Special Touch

Browsing through *Better Homes & Gardens* magazine tempts even the novice to plant an English garden, spruce up a home or mix up cinnamon ice cream. Some of these inspiring projects come from MOLLY REID SINNETT, *Kansas*, editor of *Home Ideas*, a special interest publication for *Better Homes & Gardens*.

"If your impression of what it's like to be a magazine editor is what you get from the TV show *Just Shoot Me*, wipe that right out of your head — not even close," Molly

wrote recently in her editor's column. "I do have a fun job, though."

Some days Molly goes "prop shopping" for photo shoots. "There are so many stages to the magazine's production that I'm doing different tasks every day," says Molly, who is involved in production from start to finish. She generates 14 story ideas for every issue, orders photo-shoot locations, manages studio production, writes and edits much of the copy, works with the art department, and then finally signs off on the finished version, which arrives at newsstands every March and September.

Stories from her spring 2000 issue illustrate how to decorate a deck for a party, use a rug to change the look of a room, make your own art and more. Molly's dining room was used as the backdrop for that issue's cover, showcasing a floor mirror. "As editor, I'm bombarded with the newest and greatest furnishings," Molly says, admitting she constantly resists the temptation to change her wall color and decorating.



Molly Reid Sinnett, *Kansas*, is editor of *Home Ideas*, a special interest publication for *Better Homes & Gardens*. *Home Ideas* Spring/Summer 2000 hit newsstands on March 14. Molly's dining room is featured on the cover.

Because the publication is fairly new, Molly enjoys adding her special touch. "I have the privilege of molding the magazine more than other editors get to do. My colleagues will even say, 'that sounds like you.'" But getting the features just right doesn't always come easily. "This can be stressful because you have to find the perfect accessory in time for the shoot, find still another way to dress a window that the consumer hasn't seen before and draw in that first-time do-it-yourselfer." Then, if a layout doesn't turn out just right, production starts over — but the deadline does not budge. That can challenge anyone's

artistic edge. One way Molly combats stress is through keeping in touch with Kappa friends.

After college, armed with a journalism degree, Molly got her start as a sports writer for the *Kansas City Star*. She then delved into freelance after moving with her husband Kurt to Des Moines, Iowa, the home of the Meredith Corporation, which owns *Better Homes & Gardens*.

Molly's dream of becoming an editor seemed like a long shot at first, but when she joined Meredith she saw the dream could be a reality. Her first job there was in special projects where she did a lot of writing. Molly later found herself producing the *Kitchen Planning Guide* and *Garden & Projects Planning Guide*.

"Even though I love my job and it's a great one, our son is my first priority," says Molly, who is expecting their second child in April. "I admit that it's hard to juggle work and motherhood but my schedule is somewhat flexible and that helps." Molly has taken her laptop home and kept her production schedule on track while nursing her son Reid through a fever, effectively weaving her priorities.

— By LAURA SHOCK SCHERER,
Bowling Green

She Wakes Up Atlanta

As a television reporter, HELEN NEILL, *Missouri*, has covered stories throughout the United States as well as abroad. "Everyday there is something new and exciting," she says. One of her favorite stories took her to Russia, where she had the opportunity to report on a central Ohio family adopting a Russian child. She was able to be a part of the entire process from the beginning until they brought home the newest member of their family.

Reporting the news allows Helen to be one of the first people to know



Helen Neill, *Missouri*, (third from left) is a morning anchor for WGNX, a CBS affiliate in Atlanta, Ga.

the stories that will impact her community and the world. "I love meeting new people and sharing the situations that have impacted their lives and the lives of many others," she says.

Helen is now a morning anchor for WGNX, a CBS affiliate in Atlanta, Ga. "Anchoring everyday in Atlanta will be more challenging because it will be hard for me to find time to report in the field, which I love," she says. Prior to Atlanta, she spent three years as a weekend anchor at WBNS in Columbus, Ohio, where she won a Regional Emmy award for her reporting in 1997. She has also worked in Topeka, Kan., and Tucson, Ariz., but she is excited to be back in Atlanta, her hometown, so she can be close to her family again.

Deciding at an early age to explore the field of journalism, Helen chose to attend the University of Missouri because of its reputation of being one of the best broadcasting programs in the country. She was able to gain experience and learn what being on the air is all about since the university has its own television station.

While at Missouri, Helen joined THETA CHAPTER in 1987. Her mother, NANCY WALL NEILL, *Mississippi*, is also a Kappa. Helen remembers at an

early age her mother would take her to Kappa teas, and even then she could feel the uniqueness of Kappa and its lasting bonds and traditions. "I explored all the sororities on campus but I really liked Kappa because they felt like real people," she recalls.

One of Helen's special memories at the chapter house was preparing for Membership Recruitment. She looked forward to seeing her sisters again in the fall when the active members would return to school a week early to prepare. Kappa has touched her life forever because she carries the memories of the many philanthropic events they did as a chapter. "There will be a connection forever."

— By Rachel Swihart Norton,
Fraternity Headquarters staff

TV Ads Are in Her Blood

"My dad worked for an ad agency when advertising was in its heyday in the 1950s and 60s, so I grew up surrounded by very creative people," reflects KATHY WILTZ KELLY, *Wyoming*, co-founder and principal in the Cappelli, Miles, Wiltz, Kelly Advertising Agency of Eugene, Ore.

"We tried out new Pillsbury products in our kitchen before they were released to the public. ... and commercials were shot at my home," says Kathy. "My three brothers and sister and I watched TV to see which one of us could be the first to guess the name of the advertiser of various commercials."

But it took more than simply being the daughter of a successful ad executive to make Kathy and her company who and what they are today. She has helped to build this business by using a multitude of talents and skills she has honed since childhood.

While in high school, Kathy studied art and drawing and was inspired by some excellent science teachers. The artistic influence prevailed, and after studying graphic arts at the University of Wyoming, she moved to Eugene, Ore. and was immediately hired by an advertising agency. In 1982, at age 28, she and two coworkers bought the agency. It has since grown to serve many banks, resorts, hospitals, retail chains, and other businesses throughout the Pacific Northwest. In 1986,

they merged with a graphic design studio run by Tom Kelly, who became Kathy's husband. With a growing business and a family that includes two stepchildren, Kathy shows no sign of slowing down.

She keeps in touch with close childhood friends by phone and e-mail, and by attending every high school reunion for her class of 1972. A double Kappa legacy, Kathy pledged



Kathy Wiltz Kelly, Wyoming

her freshman year. She has memories of warm, encouraging young women who celebrated friendship and sisterhood over every dinner at a beautiful chapter house.

During 10 years of extensive community volunteer work, Kathy has received numerous awards, including the 1992 YMCA "Volunteer of the Year," the 1995 Eugene Chamber of Commerce "Shining Star" and the 1998 Mid-Oregon "Advertising Person of the Year." She is currently the chairman of the Eugene, Oregon Chamber of Commerce, a member of the Cascadia High Speed Rail Project and the community education chairman of a child abuse prevention program.

Some would advise Kathy to take time off from her busy routine, but she plans to continue venturing into new territory.

— By SUSAN BURCHINAL STENSON, *Arizona State*

Master Storyteller Captures Hearts

It all started with an evening of literature and poetry in 1955. DR. JANE J. JENKINS, *Washington Univ. (St. Louis)*, was "spellbound" by a world-renown author who read excerpts from children's literature. "She captured my heart," Jane says, "and I knew that was what I wanted to be — a storyteller."

And what a storyteller! Jane is using her stories to teach people to read, accept people with disabilities, and celebrate life. Jane created the PBS series *The Magic Teapot* during the 1970s, and she is still on television through her work at the famous store "Explore Book Sellers" in Aspen, Colo.

Everywhere she goes, Jane spreads joy as a storyteller. You can find her at private parties, The Aspen Music Festival or sometimes as a college lecturer. Joining Jane in weaving a tale is her guitar, George, and her monkey-puppet friend, Moo. She is a member of a group called "The Spellbinders" and she even has a Web page at www.storyteller.net. Jane encourages parents and teachers to check out her website or to e-mail her at janejenkins@ros.net, as she wants to spread the message that telling stories to children is not just for entertainment, it is critical in their development.



Dr. Jane J. Jenkins, Washington Univ. (St. Louis)

In 1976 Jane filled a special need when she wrote *The Little Fir Tree* for children with disabilities because she felt they "needed a story to help them develop a good image." This is a special book for Jane about the biggest tree in Aspen that is lighted every year on the first Sunday in December to begin the holiday season. Her youngest daughter has a learning disability so she knows first hand of the need for special stories. Her latest work, *Harry the Hamster*, will be published this year.

While raising children, Jane entered Case Western Reserve in Cleveland, Ohio, for a master's degree in

education and returned to St. Louis University for her Ph.D. in education in 1995. She believes that stories and storytelling are integral to the development of speech and reading.

Jane's educational achievements are a source of great personal pride. Last year, she attended the 50-year reunion of Washington University, with many WWII veterans who graduated as members of the class of 1949. She stood there with pride, in her Ph.D. shawl, and read one of the poems to the crowd. "There is so much negativity about getting older," declares Jane, "I want to accentuate the positive." She encourages Kappas to continue to celebrate achievements throughout their lives.

— By JULIE KROON ALVARADO, *Arizona State*

Pulitzer Winner Still Energized by a Good Story

No reporter ever really thinks they are going to win a Pulitzer according to TRACY BRETON, *Syracuse*. But in 1994, she did. "It's a feather in my cap that has produced more opportunities," says Tracy. The award hasn't changed her writing however. Tracy still attacks each new story the same thorough way.

The Pulitzer Prize is journalism's highest honor. Tracy earned this distinction, along with five other journalists, for investigative reporting. Their work exposed widespread corruption in the Rhode Island court system and led to the resignations and criminal indictments of the state's chief justice and his court administrator.

The Providence Journal hired Tracy in 1973 after she earned a dual degree in political science and newspaper journalism. Starting out on the suburban news beat, she wrote her first investigative piece within a year. She says that all reporters should be investigative reporters and not take anything at face value.

Tracy is not tired of writing or of the *Providence Journal* newspaper where she has spent her 23-year career as an investigative and legal affairs reporter. "When I'm done reporting, I'll stop because there is nothing worse than a cynical newspaper reporter. It can get frustrating because sometimes it can be hard to get in touch with people and the hours are crazy. But I still get a news high, a surge of adrenaline, when I get a good news story."

A year after winning the Pulitzer she received the "Master Reporter Award" from the New England Society of Newspaper Editors. The society analyzed 25 of Tracy's stories from the beginning of her career to the present. "From her first story to her last, Tracy shows a remarkable range of reporting and writing. She can write about anything," the contest judge from Wisconsin wrote.

Tracy has filled her career with more than writing. As a visiting professor at Brown University, she teaches three courses throughout the academic year and two in the summer. "I love it. I think it's important for students to learn the craft from someone in the field who's done it." Two years ago Tracy took a short leave from the paper to teach for a semester at her alma mater, Syracuse University, in the Newhouse School of Public Communications.



Pulitzer Prize winner **Tracy Breton**, *Syracuse*, with husband Doane Hulick.

She also enjoys exercising with her yellow Labrador retriever puppy and spending time with her husband, journalist Doane Hulick. A competitive tennis player, Tracy is the captain of a women's 4.0 team in the United States Tennis Association (USTA) league play and also serves on the board of the Rhode Island division of USTA.

With all that Tracy has going on, she still found time to work as a stringer for *The New York Times* (authoring articles covering news of Rhode Island) and is gearing up to serve as a writing coach at the Poynter Institute of Media Studios in St. Petersburg, Fla. Whether writing or teaching, Tracy continues to be energized by her career.



— By LAURA SHOCK SCHERER, *Bowling Green*

I DON'T DESERVE TO EAT

Destructive and healing thoughts revealed in
Diary of an Eating Disorder

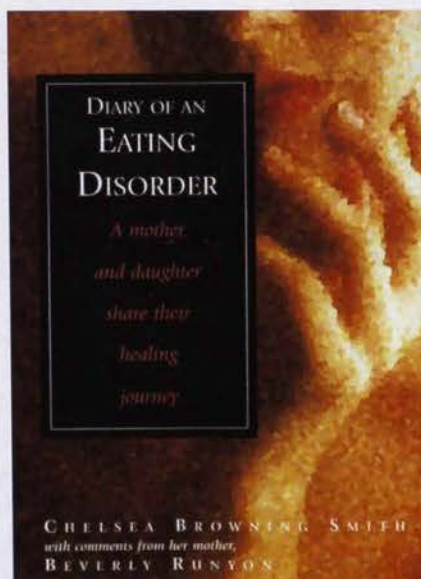
— By LAURA SHOCK SCHERER, *Bowling Green*

“I t hit me two weeks into a professional recovery program that I had an eating disorder and I was no different than the girls around me,” says **CHELSEA BROWNING SMITH**, Texas Christian, a recovering anorexic and bulimic. It has been almost six years since that day and, despite the pain it caused, Chelsea can now truthfully say she has found reasons to appreciate the agonizing disease that seized most of her teenage years.



Chelsea Smith, Texas Christian

Chelsea has chronicled her most personal thoughts in a diary and published it along with comments from her mother, BEVERLY BROWNING RUNYON, *Southern Methodist*, in a book called, *Diary of an Eating Disorder — A mother and daughter share their healing journey*. Bravely sharing her journal, Chelsea details the physical and emotional perils of anorexia and bulimia. In this moving account, her mother offers her perspective on Chelsea's life and describes the difficulties of watching a beloved child starve herself until she finally asks for help.



Walk of Death

Generally there is a trigger event in a woman's life that marks the onset of this disease — divorce, an alcoholic parent, sexual abuse, or even a comment about appearance. Girls who are perfectionists, have "Type A" personalities, are over-achievers and/or are the "pleasers" of the family are often more susceptible to the thoughts that plague a person with an eating disorder.

"I don't know when my disease started or when I had my first thought. Eventually your mind adjusts to a certain way of thinking and after a point it can't go back," Chelsea says. She explains that in the moment, the control feels good

but the deeper you get into the disease the more dependent you become on the behavior. "Even though I was at my most emaciated point, I was afraid that my family and friends wouldn't think I was skinny enough if I admitted I wanted to go to recovery." She was silently screaming for help. Chelsea writes in her book,

What do they think I do after dinner? When I get up from the table I tiptoe out of the kitchen and hope they don't ask where I am going. Are they fools for not knowing? The fact that they are so trusting or oblivious makes my secret all the worse. It is such a painful secret, but I always know I will feel better after I get it all out . . . I am falling apart. I am screwing up my body beyond repair . . . My throat and lungs are killing me. Why am I still doing this? God help me, please!

As her disease progressed, she had days where she didn't think she deserved to eat — a form of self-punishment for not being perfect in some way. However, Chelsea was fortunate to be surrounded by friends and sorority sisters who did not entertain the same thoughts that she did. They would tell her that her thinking wasn't right and it wasn't OK. That's rare to have friends with such solid self-awareness that they don't in some way encourage negative thinking. She also had a sister who called her disease what it was before Chelsea admitted to herself she had a problem. (It's common for time to pass before sufferers can identify and admit they have a problem.) She finally asked her mother for help after two years of incredible suffering, first with bulimia, then anorexia.

A New Beginning

Chelsea attended a nationally-renowned eating disorder treatment center, Remuda Ranch in Wickenburg, Ariz. The six-week program centered completely on

Anorexia Nervosa

A disorder in which preoccupation with dieting and thinness leads to excessive weight loss.

Danger Signs:

- Loss of a significant amount of weight
- Continuing to diet although thin
- Feeling fat, even after losing weight
- Intense fear of weight gain
- Loss of monthly menstrual periods
- Preoccupation with food, calories, fat contents & nutrition
- Preferring to diet in isolation
- Cooking for others
- Hair loss
- Cold hands and feet
- Fainting spells
- Exercising compulsively
- Lying about food
- Depression, anxiety
- Weakness, exhaustion
- Periods of hyperactivity
- Constipation
- Growth of fine body hair on arms, legs and other body parts
- Heart tremors
- Dry, brittle skin
- Shortness of breath

Medical Consequences:

- Shrunk organs
- Bone mineral loss, which can lead to osteoporosis
- Low body temperature
- Low blood pressure
- Slowed metabolism and reflexes
- Irregular heartbeat, which can lead to cardiac arrest

Bulimia Nervosa

A disorder in which frequent episodes of binge eating (rapid consumption of food in one sitting) are almost always followed by purging (ridding the body of food).

Danger Signs:

- Binging (eating uncontrollably)
- Purging by strict dieting, fasting, vigorous exercise, vomiting or abusing laxatives or diuretics in an attempt to lose weight
- Using the bathroom frequently after meals
- Preoccupation with body weight
- Depression
- Mood swings
- Feeling out of control
- Swollen glands in neck and face
- Heartburn
- Bloating
- Irregular periods
- Dental problems
- Constipation
- Indigestion
- Sore throat
- Vomiting blood
- Weakness, exhaustion
- Bloodshot eyes

Medical Consequences:

- Dehydration
- Damage to bowels, liver and kidneys
- Electrolyte imbalance, which leads to irregular heartbeat, and in some cases, cardiac arrest

Chelsea's recovery and helped her pinpoint a trigger event and underlying problems that fueled her disease. Chelsea walked away from this experience with tools to strengthen her recovery process and resources to reach for during inevitable stumbles in the near and distant future.

The self-talk that Chelsea wrote in her diary to help herself is language that took practice to believe, "Continually I will tell myself that I am not a number on a scale or a size in a piece of clothing. I am Chelsea above whatever else I choose to be, and I am not defined by my body, my appearance, or a number. Most important, I need to remember that a person's perception is not indicative of the world's perception."

For Chelsea, recovery had to be a spiritual process. "The most pivotal element in recovery was my relationship with God because sometimes I only wanted to continue living because of God," she remembers. She constantly reminded herself that God wouldn't burden her with anything more than she could bear. It was unimaginably difficult not to fall back into the old patterns of her disease because it was the easiest and most immediate way she knew to feel better. She believed that even during her darkest hour, she never lost hope because of her faith and that was her saving grace.

Professional treatment centers like Remuda Ranch exist throughout the United States to save the lives and heal those suffering from the severe stages of eating disorders. Support groups are also excellent avenues to share and connect with others dealing with similar struggles. College health/counseling services are often well equipped to offer assistance to young women who are searching for a trained ear and advice. It is important to know, too, that since disorders

often begin in the early teen years, prevention should start early.

A Serious Disease

The sheer number of women suffering from eating disorders compelled Chelsea to share her story. Eating disorders — anorexia nervosa, bulimia nervosa and binge eating disorder — are psychiatric illnesses that affect five to 10 million females and one million males according to Dartmouth College's Eating Disorders Education, Prevention and Treatment Program. A recent UCLA study

Eating disorders — anorexia nervosa, bulimia nervosa and binge eating disorder — are psychiatric illnesses that affect five to 10 million females and one million males.

found that the median recovery time from anorexia is seven years and anorexics have a mortality rate of nearly 20 percent, the highest of any mental disorder. The good news is eating disorders can be cured according to Dartmouth College nutritionist Marcia Herrin.

The same desire to help others that inspired Chelsea to write also took her to the front of her chapter as a new member to talk about her disease and recovery. She knew there could be someone in the group going through exactly what she did and had she kept her silence, she wouldn't be alive to talk to them.

A Bright Future

Chelsea has come a long way in the past six years in her strength and power of thinking. Now when she falls back into that old way of thinking, she knows there is something else bothering her. When dieting appeals to her now, she sees


those thoughts as a red flag that something else is wrong. Even early in recovery she understood this and wrote, "The control and comfort of my addiction has been removed. I am struggling to find a way to live without it." As she worked through various stages and challenges she discovered that life is a process for everyone and recovery is about becoming a better person — on life's terms.

Now that the worst is behind them, Chelsea and her mother are thankful for the disease they each hated. Beverly writes,

It is hard to imagine that I could be grateful for something that caused such pain and anguish, for something that almost killed her. But her disease helped all of us grow and learn more about ourselves. All of our relationships improved. All of us can experience strength, hope, and love in a way we did not even know was possible.

Her disease and recovery gave us an incredible life-changing experience. My gratitude list keeps growing daily. The miracles were always there. Now I just see them.

Chelsea's outlook on life is positive and full of happiness. Her future brings her joy. It didn't before because at one point she wasn't sure she would have the future she wanted for herself. Now she's planning a wedding with the man she loves, she's confident her body will bear children and she wakes up in the morning with a readiness to live life.

She currently has her own business as a wardrobe consultant and serves on a speaking circuit to share her story with doctors, therapists, schools and parents. Her message is that there can be a full life after the self-punishment of anorexia. Chelsea's hopeful that within the pages of her book, someone might gain insight, hope or understanding from her experience. 

Stick Figure

How an 11-Year-Old Falls Prey to Anorexia

From the diaries she kept as an 11-year-old, LORI GOTTLIEB, Yale, recounts her near-fatal struggle with anorexia nervosa in her book *Stick Figure, A Diary of My Former Self*. She confides in her diary, "I wish to be the thinnest girl at school, or maybe the thinnest 11-year-old on the entire planet. I mean, what are girls supposed to wish for, other than being thin?"

Growing up in Beverly Hills in the 1970s, Lori repeatedly heard the motto "You can never be too rich or too thin." Lori learned her lessons well, so when she was told that "real women don't eat dessert," and "no one could ever like a girl with thunder thighs," she decided to become a paragon of dieting. Soon Lori had become the "stick figure" she had longed to resemble. Yet despite the efforts of a family pediatrician and a psychiatrist, only the same iron will that brought her near death could bring her back. *Stick Figure* takes the reader on a poignant and

engaging journey as Lori struggles to find a way to reclaim her body and spirit.

Lori, a former Hollywood executive, is now a first-year student at Stanford Medical School.



STICK FIGURE

A diary of my former self

LORI GOTTLIEB

Lori Gottlieb, Yale, author of *Stick Figure, A Diary of My Former Self*, takes her readers through the distorted looking glass of eating disorders.

NPC Supports Women Seeking Help for Eating Disorders

The National Panhellenic Conference is joining the NCAA, the U.S. Public Health Service and other organizations in bringing free help to women dealing with eating disorders. Health professionals will be available to offer information and assistance during the National Eating Disorders Screening Program held at colleges, high schools, hospitals and treatment centers throughout the United States. Most of these screenings take place in February but some are held later in the year.

Designed to encourage individuals with anorexia, bulimia, and binge eating disorder to seek help, the screening program includes an educational presentation and video, self-test, opportunity to speak privately with a health professional, and educational literature to take home.

Collegians are encouraged to contact their campus health or counseling center, or visit www.nmisp.org for more information on the program, eating disorders in general and links to treatment centers. Information is also available from NPC Headquarters at its new Web site: www.npcwomen.org or by calling 317/872-3185.

TURN PANIC into Positive Communication



Tips on creating and delivering an effective speech

— By JUDITH McMANUS, Iowa, communication consultant

When asked about their fears in life, most people state public speaking as one of the most dreaded culprits. However, when asked about one of the most important skills in life, people also mention public speaking. What appears to be an unusual dichotomy is actually quite understandable. Research has demonstrated that good presentation skills can result in more success in school, hiring and promotions in the workplace, a more positive image and improved self-confidence and esteem. In other words, a behavior that causes sheer panic for most people can result in positive outcomes in their careers and personal lives.

If the thought of giving a speech causes you to panic — relax. You're not alone in your fear of public speaking, and you can take specific, concrete steps to become a powerful communicator. Here are six simple tips that can turn speech anxiety into a positive experience.

#1

Recognize that your audience will probably be unaware of your fear. Most famous celebrities, politicians, and CEOs of major corporations experience sweaty palms, an increased heart rate or a dry mouth before speaking, but as audience members we can't detect their anxieties. Just as an athlete experiences a rush of adrenaline before a sporting event, so do performers and speakers before presenting in front of an audience. The important thing is to recognize that few, if any, members of the audience will pick up on your anxiety and that you can channel this excitement and alertness into enthusiasm and passion for your subject matter.

#2

Stop thinking about yourself and how you will do, and concentrate on your audience and the information you are trying to relate. Just as in interpersonal relationships, when you spend too much time thinking about how **you're** coming across, you miss out on the purpose of your message and the feedback you'll receive from your audience. Switch your focus from yourself to the people who want to learn something from you, take charge of the situation and feel proud that you've been given an opportunity to impact others.

#3

Be natural. Realize that great speakers are not acting, but rather being themselves and being human. You'll never be effective if you try to put on airs or pretend to be someone you're not. Maximize your

own personal style by relating to your audience in a down-to-earth, heartfelt style. Make each member of your audience think that you are speaking directly to them and incorporate emotion into your speech by displaying enthusiasm, anger or whatever emotion your material commands.

#4

Recognize that organization is crucial for your audience's comprehension and retention. Always know **what the objective** of your talk will be, as well as what effect you want to have on your audience. It always helps to write out what behaviors, thoughts or feelings you want your audience to exhibit as a result of your talk. Remember that in speechmaking, as well as in life, if you don't know where you're headed, you may end up somewhere else.

Since an audience will more than likely remember best what you said first and last, create a dynamic introduction and conclusion. Rhetorical questions, brief stories, humorous anecdotes and illustrations are excellent devices to gain and hold your audience's attention. Most speech writers agree that it's best to prepare your introduction and conclusion last so that you can draw upon your main points and supporting material for the most effective beginning and ending.

When it comes to preparing the body of your speech, limit yourself to three or four major points in a 30-minute session — audiences have a tendency to tune out with too much information. And don't forget to incorporate evidence (statistics, definitions, quotations, etc.) to support your main points. Evidence can prove an assertion that you've made, clarify a concept, reinforce an idea, create a more interesting speech and increase your credibility.

Six Tips for a Great Speech

1. Channel your nervous energy into excitement and passion for your speech.
2. Take charge and pride in an opportunity to impact others.
3. Be natural and connect with each member of your audience.
4. Organization is a key for your audience's comprehension and retention.
5. Master the art of both verbal and nonverbal communication.
6. Get in the habit of evaluating your speeches.

Organize your material into an outline to use in the delivery of your speech. By using an outline you can be more spontaneous and interactive with your audience, creating a connection with the people you're trying to reach.


#5

Master the art of speech delivery. Although a speech may be well researched, clearly organized and based on strong evidence, it also needs to be presented effectively. Researchers have found that body language and verbal delivery have a tremendous impact on an audience. In fact, voice and physical movement can win over an audience even if the content is weak.

Audiences are consciously and unconsciously responding to a speaker's voice, gestures, posture, stance, vocal quality and eye contact. The bottom line in public speaking and in all communication is that, as a scholar once said, "One cannot *not* communicate." In other words, you're always relating something to your audience. The key is to make sure that your delivery enhances, emphasizes and reinforces your message.

#6

Evaluate your speeches. Use an informal or formal evaluation for your audience's feedback, audiotape or videotape your speeches and use self-evaluation as a means for improvement. Evaluate your speech on the basis of three components — content, delivery and preparation — and strive to get better. Recognize that no speaker is perfect and that only through practice and analyzing your strengths and weaknesses will you improve.

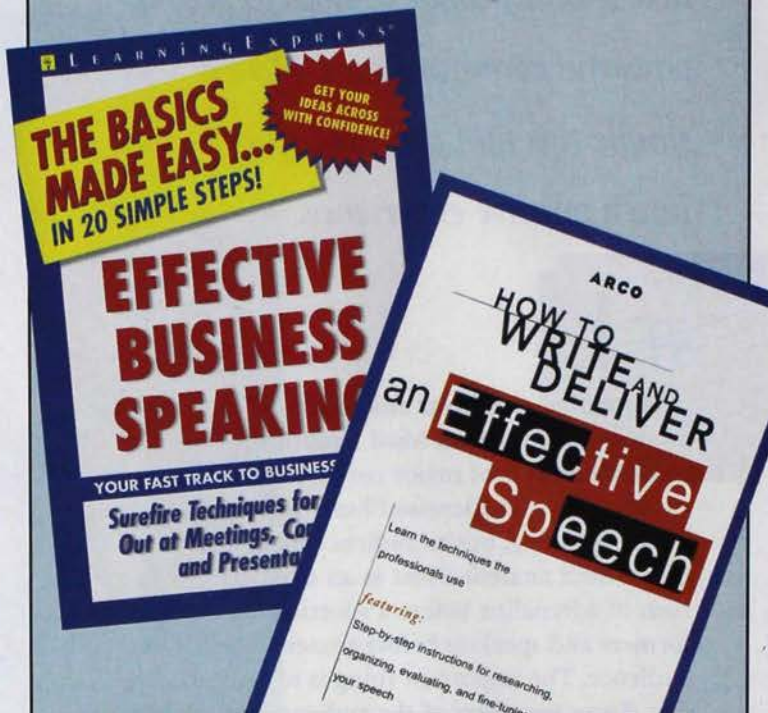
Public speaking is not a mystifying process; it's a logical, common-sense activity that can benefit your personal life, career and self-esteem. By applying these six simple steps to your next speech experience, you'll find that the speech anxiety you once experienced is only a distant memory. 

Speech Evaluation

Practice self-evaluation by examining the content, delivery and preparation of your speech. Ask:

1. Overall, how did I feel about my speech?
2. What were my strengths?
3. What were my weaknesses?
4. Next time I will work to improve ...

Judith, a former college president, is the author of three books and president of Judith McManus & Associates, a business communication training company located in Tucson, Ariz. For more information, contact Judith at 520/749-2268 or visit her Web site at www.judithmcmanus.com.



Judith McManus, Iowa, is the author of *How To Write and Deliver an Effective Speech* (Macmillan Publishing, \$9.95) and *Effective Business Speaking* (Learning Express, \$13.95).

Teacher of the Year Prepares Students for Life

"They can tell you that Mrs. Morella teaches English. As her student, I say she teaches life," says Shamako Donae Nobie about KRIS OXSEN MORRELLA, *San José State*. A high school teacher for more than 20 years and English department chairman, Kris has been named San José State University's "Outstanding Teacher" for 1999.

Giving students a chance has always been a priority for Kris, who incorporates public speaking training into her classes. Young students receiving bad grades, as low as failing, have the opportunity to take honors courses from Kris. These students, who would not be accepted in advanced placement courses at other schools, are taking and passing AP English exams at a rate surpassing the national average. Kris remembers one student in particular whom she saw as bright and articulate. She knew that with the chance and the right support, he would excel. After participating in her mock trials program, he was named the best pretrial defense attorney in the state.

Kris started and has coached the school's mock trial program at Lincoln High School for 10 years and has produced finalists in county competitions and a member of the state's top 10 teams. Success in motivating her students comes from her self-confessed stubbornness.

"I'm energetic, enthusiastic and dogged," says Kris. "I can talk people into things." One of her students was salutatorian of his class and was hesitant to give the graduation speech. Kris didn't give up and encouraged him to give the speech — and he did a great job.

Filling her kids with confidence is something Kris is good at, but she also instills in them an appreciation for literature. "I love literature and what it imparts to students — it teaches all about life, human nature and insights to improve society and ourselves, as well as empathy toward each other," Kris states.

Rewards along the way have kept her going. Students come back and confess they became a teacher

because of her example. "The long hours I put in toward shaping the people they will be is very rewarding. I don't always see the results right away. Sometimes I learn 10-15 years later what my former students are doing."

Rich, her husband of 33 years, and her three children keep her busy outside the classroom. Kris has also found time to reunite with nine sisters from her college days to offer support to a Kappa friend as she battled breast cancer. Since her passing, the group has stayed in close touch to support the family. Kris marvels how these treasured friendships are still significant 30+ years later — a lesson in life for an outstanding teacher.



Kris Oxsen Morella, *San José State*, (second from right), was named San José State University's "Outstanding Teacher." She is pictured here with Kappas and other friends from her college days.

Kris Morella's Public Speaking Tips

- When speaking, your voice should be loud and strong so that even if you're nervous, you appear confident.
- Eye contact is important even if you're just spot checking around the room.
- Now is the time to start pacing your voice. When you are nervous, it is natural to accelerate. The audience needs a chance to process what is being said.
- Posture is important. Stand with your feet flat on the ground and hands loosely at your side. This helps to avoid squirming and rocking, and you are more inclined to use hand gestures.
- Vary your pace, volume and inclination. Don't deliver in a monotone manner.
- Deliver your speech with energy, enthusiasm, passion and sincerity. If you care about what you're saying, the audience will too.
- Always Remember the Ps: Preparation and Practice, Practice, Practice.

Take A Trip With Kappa Travels!

CROWN ODYSSEY GREEK ISLES & MEDITERRANEAN May 7 - 20, 2000

Last Call! Limited space available on this exciting cruise. Join the Kappas on the much beloved *Crown Odyssey*! Visit the ports of Istanbul, Kusdasi, Mykonos, Santorini, Sorrento, Rome, Florence, Cannes, Mallorca to Barcelona ... a fabulous luxury cruise. Many Kappas will recall the beautiful accommodations aboard this smaller ship (1,000 passengers.) Priced from \$1,995 pp dbl occ. Low air available. Also, a 10-day Aegean cruise aboard the *Crown Odyssey*, May 24-June 4, at \$1,395. **Nancy Grow at 800/654-4934 will be happy to assist you.** Pre- and post-cruise packages available. Call today!



SPRINGTIME WEEK IN PARIS! June 1 - 8, 2000

Experience Paris with a custom tour just for Kappas! We're taking our own French escort with us so you don't need to speak French to make Paris your own. Discounted tour options — choose the tours *you* want. Escorted walking tours and excursions. Includes **round-trip Air France** from JFK, 6 hotel nights with daily breakfast, round-trip door-to-door transfers in Paris, an elegant and typical French dinner, hotel and city taxes. We've selected a deluxe hotel on the Right Bank, only moments from some of the famous landmarks. Just \$1,596 pp dbl occ. **Call Linda Singleton at 800/522-8140.** Join Kappas and their friends in this beautiful city. Pre- and post-extensions available. Book early for this extraordinary travel opportunity!

BRITISH ISLES ROYAL PRINCESS CRUISE August 10 - 22, 2000

If you've longed to shop for crystal and tartans, to explore quaint thatched-roof villages, to ponder the mysteries of Loch Ness and the Ring of Brodgar, our British Isles cruise offers all this and more. Enjoy the Military Tattoo and the International Festival in Edinburgh. Sail from London to Plymouth, Waterford, Dublin, Holyhead, Wales, Glasgow, Kirkwall (Orkney Is.) Inverness, Edinburgh, Paris/Normandy to London. \$3,280 — all outside staterooms. Low air available. Optional Pre- and Post-cruise packages. **Call Nancy Grow 1-800-654-4934.**



PACIFIC NORTHWEST/COLUMBIA RIVER CRUISE

October 7 - 14, 2000

Voyage by sternwheeler on the Columbia, Snake and Willamette Rivers aboard Delta Queen Steamboat Company's beautiful new *Columbia Queen*. Visit the Nez Perce National Historic Park and learn about the geology and natural history of the Columbia Gorge. Enjoy the autumn glow of Fall foliage colors along the rivers with a backdrop of the snowcapped Cascade Range. Tour Portland, the "City of Roses". Prices from \$2,106.50. Includes shore excursions. **Call Linda Singleton at 800/522-8140.**



All Kappas, their friends and families are welcome on our trips. I hope you will join us for one of our beautiful tours this year and experience the pleasure and fun of meeting Kappas from around the continent. We usually dine together and share the days events — but make your own choices of excursions and activities. Please call me for further information. — VERA MARINE, Coordinator

Photographs provided by Crown Odyssey, Royal Princess and the Kappa Travels program.

For more information call Kappa Travels Coordinator VERA LEWIS MARINE, Colorado College, at 626/446-3870, or 800/554-7673, ext. 307, or verakappa@aol.com

800/554-7673

**KAPPA
TRAVELS**



NOTICE: Applicants Wanted!

Circle Key Alumna Grants Available For Part-Time Study

A Message from Foundation President, Patsy Bredwick Levang

It is easy to move along in life with little thought of anything really changing. Then suddenly disaster



Patsy Bredwick Levang,
North Dakota State

strikes and splits our comfortable world apart. We find ourselves in need of help. The need to keep family members together can force women to seek employment after years of unemployment. Very often, sudden changes in a job setting bring with them the need for further education or specialized equipment in our home. Maybe our situation brings us to the realization that our existing employment

is not competitive in a changed job market.

The Kappa Kappa Gamma Circle Key Alumna Grants program provides much-needed solutions for difficult situations. Circle Key Alumna Grants are available, and interested parties are encouraged to apply for financial aid.

The Foundation is so thankful that generous donors, like many of you, have made it possible to give meaningful financial help when it is needed most. Our membership in Kappa Kappa Gamma is so much more than just an undergraduate experience, as is demonstrated again and again by the support shown through donations. Kappa Kappa Gamma and the Circle Key Alumna Grants program help to ensure that the quality of our members' futures is bright despite difficult circumstances that may arise.

Grant Recipients Share Their Stories

Kelly — a speech language pathologist, learned of new legislation that required a master's degree to maintain licensure, and she needed help in paying for course work. A letter of recommendation from her professor said that her dedication set her apart from other colleagues, and focused on her meaningful encounters with families of dying patients, as well as with the patients themselves. Kelly appreciated the funds she received through the Circle Key Alumna Grant, which will help her avoid the burden that student loans can cause in the challenging period following graduation.

Linda — The difficulties of raising a family and pursuing a career are enormous for women. It became even more difficult for Linda as a single mother, raising two children and trying to ensure a positive future for them and herself. After a divorce, Linda was compelled to return to school to pursue a career working with high school students. With two children (one in college), Linda studied part time while holding a full-time job. In order to complete her degree, Linda needed to student teach which could only be accomplished by leaving her job. This created a serious financial burden. The Circle Key Alumna Grant allowed her to continue her degree program and graduate last spring.

Circle Key Alumna Grant Application Criteria

Circle Key Alumna Grants provide financial assistance specifically for alumna members who have found it necessary to interrupt their education or who need further education for the purpose of career qualification or advancement. Grants are awarded on the basis of need, merit and individual goals for study at a college, university, vocational or technical school. These grants are designed for part-time study, usually for a specific course. The grants are made possible through the Rose McGill Fund of the KKG Foundation. (These grants are not available to full-time graduate students. For full-time graduate study, alumnae of all ages may apply for graduate scholarships.) Please call the Foundation at 614/228-6515 with questions or to receive applications.

For more information on Foundation programs, please contact:

KKG Fraternity Headquarters and Foundation Office
P.O. Box 38 • Columbus, OH 43216-0038
Tel: 614/228-6515 • Fax: 614/228-7809
E-mail: kkghq@kappa.org

Leave a Legacy

Many members of Kappa Kappa Gamma who would like to make a special gift to support the philanthropic efforts of the Foundation have perhaps hesitated to do so because of financial responsibilities to themselves and loved ones. As an alumna, you may choose to leave a legacy so future Kappas benefit from programs similar to the valuable educational and philanthropic programs that are available to our members today. As stated by LOIS CATHERMAN HEENEHAN, *Adelphi*, in the Summer 1999 Issue of *The Key*, "Kappa is not the flower or the colors or the badge or the songs. It's the beliefs and the standards, the love and the loyalty that we share, the commitment of women supporting women that makes our Kappa friendship so strong and enduring."

Charitable bequests in one's will offer the opportunity to lend support to important philanthropic programs beyond a member's lifetime, with the security of knowing the family's needs have been met. In the absence of a valid will, inflexible state intestacy laws (i.e., the laws governing distribution of property in the absence of a will) will dictate the disposition of property one worked a lifetime to obtain.

The Omega Society was established by the Kappa Kappa Gamma Foundation in 1995 to provide education about the importance of planned gifts and to honor those who help influence the future of our philanthropic programs by making a provision in their wills or through any deferred gift commitment. At this time, 170 members have informed the Foundation that their wills, trusts, or other deferred gift vehicles name the Kappa Kappa Gamma Foundation as a beneficiary. Look for a list of all current Omega Society members to be printed in the Winter 2000 Issue of *The Key*.

Attorneys or financial advisers are of great assistance in helping donors select the best charitable gift vehicle. Some of the most popular ways are a percentage of the estate, a residual bequest of whatever property remains in the estate after specific bequests have been fulfilled, or an outright bequest of a specific gift amount.



Please consider joining the Omega Society of the Kappa Kappa Gamma Foundation. For more information about the Omega Society please contact the Director of Development, at P.O. Box 38, Columbus, OH 43216-0038, 614/228-6515.

10 Ways To Leave a Legacy

1. Prepare a will. Without one, you lose control of the possessions you worked a lifetime to acquire.
2. Leave a gift in your will for the charitable organizations that have made a difference in your life. Imagine the positive impact if everyone made a donation to a non-profit organization.
3. Leave a specific amount or percentage of the assets in your will to your favorite charity. This can be part of a new will or added to your existing will as a codicil.
4. Consider using assets for your charitable gift. These can include, but are not limited to: stocks, bonds, CDs, real estate, vehicles, art and jewelry. Such gifts may even provide tax savings.
5. Name your favorite charity as the beneficiary of your IRA or pension plan.
6. Purchase a new life insurance policy naming your favorite charity as the beneficiary.
7. Name your favorite charity as the beneficiary of an existing life insurance policy.
8. Remember deceased loved ones with memorial gifts.
9. Encourage family members and friends to leave gifts to charities in their wills.
10. Ask your financial adviser to include charitable giving as part of their counsel to other clients.

Leave a Legacy is an educational campaign that encourages people to remember nonprofit organizations in their wills. The program was initiated by the Central Ohio Planned Giving Council and has been adopted by the Washington D.C.-based National Committee on Planned Giving.

Kappa Kappa Gamma Foundation Seeks Director of Development

MARILYN FOUSE JENNINGS, *Ohio Wesleyan*, Director of Development, has announced plans for her retirement effective June 30, 2000. After several years of outstanding work for the Kappa Kappa Gamma Foundation, Marilyn will now concentrate on travel and time with her three children and five grandchildren, as well as with her 93-year-old father. Thank you, Marilyn, for all your wonderful work! The Foundation is now seeking

applications from members interested in this position. The Director of Development is responsible for planning, developing, implementing and managing a comprehensive fund-raising program for the Foundation, including the annual Loyalty Campaign, major gifts and planned giving programs and special events.

Candidates should have experience in all aspects of fund raising and working with volunteers, outstanding oral

and written communication skills, knowledge of fund-raising software and the flexibility and willingness to travel. The Foundation hopes to find a member who would be willing to relocate to Columbus, Ohio. Résumés may be submitted to J. DALE BRUBECK, *William and Mary*, Executive Director, Kappa Kappa Gamma Foundation, P.O. Box 38, Columbus, OH 43216-0038, 614/228-6515, fax 614/228-7809, by **May 1, 2000**.


Notice of Annual Meeting of the Kappa Kappa Gamma Foundation of Canada

The Annual Meeting of the Kappa Kappa Gamma Foundation of Canada will take place on **Monday, May 8, 2000**, at 2 Chedington Place, #8A, Toronto, Ontario, Canada, M4N 3R5. The meeting is open to all members of Kappa Kappa Gamma. If you plan to attend, please call **Joyce Bainard Forster, Toronto** at 416/925-8639.

Kansas City Is Tops in Giving

Cumulative Gifts Total More Than \$212,000

JANET SLOAN WATKINS, *Vanderbilt*, the President of the KANSAS CITY ALUMNAE ASSOCIATION, invited Fraternity President CATHY THOMPSON CARSWELL, *Illinois Wesleyan*, and Foundation President PATSY BREDWICK LEVANG, *North Dakota State*, to visit Kansas City as they launched the celebration of their 100th

year as an association. Kansas City is also in the early preparation stage for the General Convention they are hosting in 2004. The Foundation hosted a "Celebration of Philanthropy" event for local alumnae and was presented with a check for \$24,000 from the proceeds of their annual "Holiday House Tour." The event netted \$72,000. The remainder of the proceeds were contributed locally to ALS (Lou Gehrig's disease). 



Foundation President **Patsy Bredwick Levang** (second from left) expresses gratitude for this significant gift and congratulates the association for achieving a total of more than \$212,000 in cumulative gifts to the Foundation. Their gift of \$24,000 was designated for scholarships (\$16,000), The Rose McGill Fund (\$6,000) and the Heritage Museum (\$2,000).



Are You an Owl Out on a Limb? Come join the group!

You too can enjoy the privileges, friendships and fun that come with participation in an alumnae association. Please complete the form below and send it to **Christine Erickson Astone, Wyoming**. She will put you in touch with your Province Director of Alumnae and the alumnae association nearest you.

YES! I want to know more about Kappa alumnae association opportunities near me!

Name: _____
 Address: _____ (city) _____ (state) _____ (zip)
 Telephone: ____/____ College/University: _____ Init. Date: ____/____
☐ New Address? ☐ New to Area? E-mail: _____
 Last Address: _____
 Former Fraternity Experience: _____

MAIL TO: Christine Astone, 4113 Zephyr Way, Sacramento, CA 95821 (astone@ns.net)

Love and Leadership Changes Lives

High profile PR executive builds non-profit supporting autistic children

Being interviewed by JANE PAULEY, *Indiana*, on the *Today* show as one of *Glamour* magazine's "Top 10 College Women" in the late 70s was an unforgettable experience for DENISE DREISESZON RESNIK, *Arizona State*.

Just as unforgettable are Denise's numerous accomplishments as a young entrepreneur and community leader. The student body president in college, Denise created one of the first university alcohol awareness/intervention programs, which received national attention. She stayed active with Kappa and Panhellenic offices before graduating in 1982 and went on to begin her own very-successful marketing firm, and co-found "The Golfer's Gym" (Phoenix-Boston-Seattle) with her husband Rob. That did not stop her from being a community and school volunteer and mother of two. She would meet many definitions of "having it all." Denise describes herself as having a comfort zone for leadership and credits tremendous advisers and role models with "leading, guiding and giving feedback" to her.

As Martha Netherton of Phoenix wrote in *The Business Journal*, "Resnik has spent her entire life doing lots of things right. She never got into trouble and did not experiment with alcohol or drugs. She's physically fit and has always embraced a healthy lifestyle. Her two children were born in perfect condition with no complications." Yet, there would soon be one area of Denise's "perfect" life that is described simply as "painful."

About a year after her son Matthew's birth, she and her husband realized there was something wrong. Matthew retreated into his own world and did not

appear to be hearing anyone. He was not deaf, however, and many tests revealed a more devastating diagnosis — autism, the third leading childhood disorder in the United States. Occurring in one out of every 500 children, the disorder is four times more prevalent in boys than girls and symptoms can range from mild to severe. Most people are familiar with the movie

character in *Mercury Rising* or the brilliant autistic savant in *Rain Man*. Yet, few people are truly knowledgeable about autism, and it can carry many stigmas.

There is no known cause or cure for this developmental disability that can interfere with the ability to communicate. For once, Denise did not want to be a leader, not for something so difficult. She immediately went about fortifying her family, adjusting and accepting. This entrepreneur privately set up another business — home care

for Matthew. "For the past five years, I have managed a home-based, one-on-one intensive behavioral therapy program for my son, which continues today," Denise explains. Six to 10 therapists provide Matthew with 30 to 40 hours of therapy per week, ranging from traditional speech, occupational and music therapies, to more unique applied behavioral and animal therapy.

Although it is her nature to put others first, Denise has realized that parents of children with special needs must take care of themselves and she has found great support with other parents facing autism. This led her once again to a position of leadership when she co-founded the Southwest Autism Research Center (SARC), which provides research, education and support. Together with a doctor and another parent (who is also a doctor), Denise founded SARC in 1997 with only \$38,000 in support. By the end of 1998 they opened



Denise Dreiseszon Resnik, *Arizona State*, and son Matthew.

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“Jack of All Trades” Shares Organization Tips

Many of us juggle intensely busy schedules such as a full-time job and course work, families, an ailing parent, or a toddler and six-month-old twins — maybe even all of these. Whatever your mix is, effective time-management is essential to achieving a balanced, healthy lifestyle.

DIANE MCFERRIN PETERS, *Missouri*, a best-selling author, business consultant and lecturer, perfected her time-management skills while writing a book, giving birth to a second baby and building a new home. Diane first combined her professional and personal lives when she left her high-profile job as chief communications officer for Rosenbluth International (a multi-billion-dollar corporate travel business) to care for her first-born child. She ran the company's corporate communications from her home for six months, then stayed on as a consultant.

At that point, she wrote the first half of the best-selling book *Good Company: Caring as Fiercely as You Compete* prior to her son's birth and the second half just after. “I told my family that I wouldn't go into labor until I had finished Chapter Four and sent the first half of the book to the publishers,” says Diane. Five hours after shipping it off, labor began — on schedule. Diane also gives keynote lectures for some of the most respected names in business including Arthur Andersen, AT&T, Cadillac, Federal Express, Johnson & Johnson and many more.

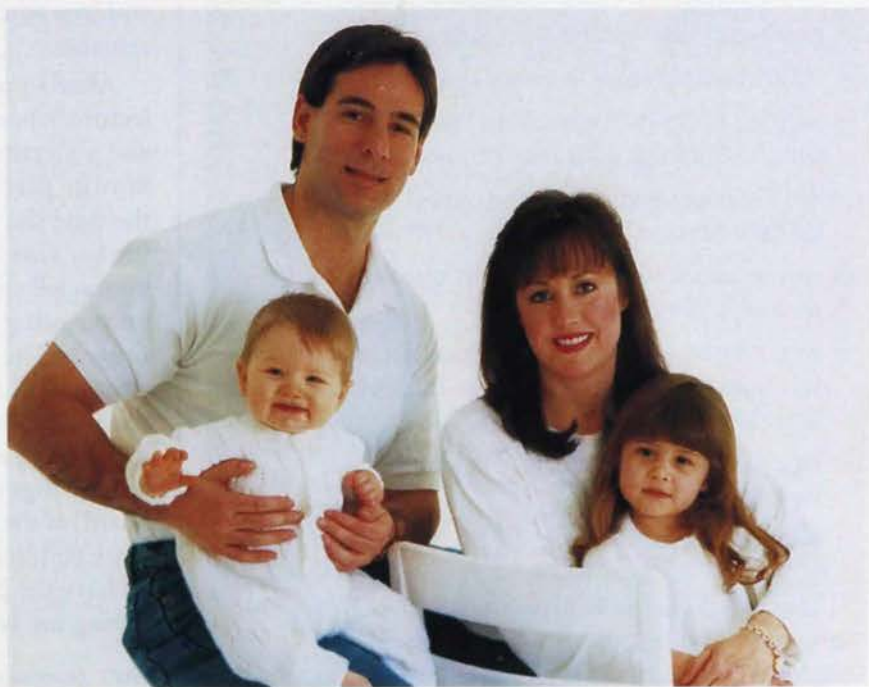
When putting her own time-management skills to use, Diane sets three rules. “I always try to keep a healthy mix of flexibility and structure, accomplish two things at once whenever possible, and separate the professional demands from family demands as much as I can,” Diane explains. When working from home, Diane figures there's an obligation to be flexible, but structure helps separate the “Mommy” responsibilities from the professional ones. She sets office hours, informs her colleagues about them and is strict about using that time to schedule all phone meetings.

When it's possible to “double up,” she does. She once held a five-person meeting in the waiting room of her doctor's office, took care of business during her daughter's ballet lessons and always works during nap time. But, it's important to separate work from home life too. “At first I tried to mix the two too much.” Now Diane is emphatic about giving both work and family their own quality time. Not every day may be equally balanced but her children receive the same respect as a high-profile project. She lets the phone ring if she's in the middle of an art project with her 5-year-old; and the same goes for a personal call during work hours.

Remembering back to collegiate days, Diane says, “I definitely learned skills as a Kappa that transfer into my professional career now. My chapter held study hours and stressed the importance of high academic standards. Kappa had a great support network. All the right mechanisms were in place to teach and encourage time-management.”

Diane strongly believes that mastering time-management means having the ability to say no. “I turn down all international requests for lectures.” For the keynotes she does accept, she takes the last plane out

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Diane McFerrin Peters, *Missouri*, and her family.

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their doors to a new facility and garnered more than a half-million dollars in support, and by 1999 topped \$1 million.

SARC is one of only a dozen centers for autism support and research in the United States, and perhaps the most comprehensive. The parents group is a mainstay. Together the families support the newly-diagnosed with facts, as well as providing long-term support to families who share the routine of intensive therapy and the ever-present search for a better life for their children. The center has one of the most extensive databases of patient information and some of the most current health studies and medical trials in the world.

This is incredible growth for a small nonprofit organization but it is not surprising considering Denise's combination of leadership and business skills, her knack for public relations — plus her heart and her hope. "Our love for Matthew, his sister Allyson and for each other, and belief that we can make a difference however large or small, has helped Rob and me to build new dreams," says Denise. "Our love has given us hope." 

— By JULIE KROON ALVARADO, *Arizona State*

Symptoms of Autism

- disturbances in the onset of physical, social and language skills
- usually appear during the first two or three years of life
- more common in boys than girls
- abnormal responses to sensations
- absence or delay of speech and language (while specific thinking skills may be present)
- difficulties in verbal and non-verbal communication
- abnormal social interactions, or unusual relations with objects or events
- severe forms of the syndrome may include extreme self-injurious, repetitive, highly unusual and aggressive behavior
- repeated body movements (hand flapping, rocking, etc.)
- abnormal sensitivities in the five senses

For more information visit www.autism-society.org or contact Denise at sarc@autismcenter.org or 602/340-8717.

Diane's Time-Management Tips

1. Maintain two "to-do" lists and keep them on the same page (one business, one personal).

Keeping the lists together is a fast reminder that both are equally important. Re-prioritize the list every night. Cross off completed tasks and highlight the tasks to do for the next day.


2. Get help whenever you can. Let a friend watch your kids, then return the favor. Enlist in services to clean the house and run errands.

3. Use e-mail whenever possible. We spend more time on the phone than we do sending a quick e-mail message. Use the technology that's available.

4. Learn to say "No" to personal and professional requests when possible.

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and the first plane back, minimizing her time away. During the trip, she maximizes work time to the fullest so that there's plenty of time to spend with her children when she returns.

After a professional lecture, a book signing and a meeting, Diane's favorite part of the day is the time she spends tucking her kids in. "We read books, tell stories, say our prayers, sing songs and snuggle. The snuggling is what means so much to me and I absolutely love it." Tugging at Diane's heartstrings (and keyboard) is the calling to write children's books. "I do have the perfect audience to test the story lines on during my very special 'tucking-in' time." 

— By LAURA SHOCK SCHERER, *Bowling Green*

HAL F. ROSENBLUTH and
DIANE McFERRIN PETERS
Authors of *The Customer Comes Second*



Good Company: Caring as Fiercely as You Compete hit the *New York Times* and *USA Today* bestseller lists as well as *The Wall Street Journal's* December 1998 top pick for holiday reading.



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PORTRAITS OF KAPPA ARTISTS

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

Art is not only a means of expression and communication, but also a lifetime of enjoyment for the artist as well as the viewer. Of the 10 artists covered in this section, all but one are “seasoned citizens.” *The Key* appreciates their dedication to art and their enduring talents.

Art Critic, Author, Actress, Gallery Owner

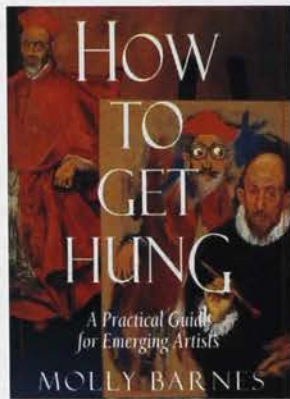
MARY MOCK BARNES, *UC, Berkeley*, known as Molly, has been described as a “Renaissance Woman.” Realizing that an artist’s life was too lonely for her, Molly worked as a dealer and eventually opened her own gallery. She has exhibited Willem de Kooning, Les Levine and Robert Cottingham and has launched careers for Mark Kostobi, John Beldessari and others.

Knowing the art world well, Molly wrote *How to Get Hung: A Practical Guide for Emerging Artists*, suggesting means of networking, self-promotion, working with dealers and gallery owners, display techniques, etc. She says, “Art is two things: it is a love affair and at the same time it’s a business.”

Sought out by collectors, Molly has provided her expertise about the value of fine art to Norman Lear, Billy Wilder, Johnny Carson and New York Mayor Rudy Guiliani. Magazine art editor, radio art critic and founding



Mary (Molly) Mock Barnes, *UC Berkeley*



member of the Los Angeles Museum of Contemporary Art, Molly received an Emmy nomination for *LA Arts*. With a radio show in New York and the Molly Barnes Gallery in Santa Monica, Molly lives bi-coastally, sharing her life with her well-known designer husband and their five children.

Young Impressionist Has Unique Style

An impressionist who draws from visual and musical inspiration, CYNTHIA HAMIL, *Texas Christian*, uses watercolors, acrylics and pastels for her unique style.

One of the youngest artists to be accepted into the San Diego Watercolor Society’s International Exhibition in 1996, Cynthia had also been honored in 1994 by having her paintings hung next to Andy Warhol’s traveling exhibition in the Milan Gallery, Fort Worth, Texas. Her



Cynthia Hamil, *Texas Christian*, displays two of her paintings, which have appeared on covers of *The Key*.

“angel” series has been exhibited in prestigious galleries along the West Coast and in Texas. In 1999, Cynthia enjoyed a showing in conjunction with Nordstrom’s department store.

Cynthia’s paintings have twice graced the cover of *The Key*. The Summer 1998 issue, themed “Families,” was reflected in her painting “Sisters,” and the Summer 1999 theme “Friendship” was illustrated by “Two Sisters.” For more information on her work, visit her new Web site at www.cynthiahamil.com.

She Captures Moments in Time

“Capturing a moment in time” is the expression NANCY OSBORN COLE, *Butler*, uses to describe her paintings. Children at the beach or ladies in fields of flowers show her love of people and nature.

Beginning as a commercial artist in Los Angeles, Nancy moved to the East Coast and now has her home and studio in Chatham, Mass., where she is a member of the Cape Cod Art Association and the Creative Arts Center.

In addition to commissioned portraits, landscapes and seascapes, Nancy’s work appears in charming scenes of children playing on the shore in borders for Chesapeake Wallcovering Corporation; in designs for Inkadinkadoo, a rubber stamp company; Janlynn Stitchery and Gifts and Marian Heath card company.



Nancy Osborn Cole, Butler



One of Nancy's children's borders for Chesapeake Wallcovering Corp.

Art in Slow Motion

Painter and former poet, **NANCY PFEIFFER TOWNER, Iowa**, is known professionally as Frey Pfeiffer. Stating that she is not comfortable with the feeling that time has sped up, she tried to convey slow motion by such means as dividing a horizontal canvas into three frames.

Having exhibited extensively in her home state of Iowa, as well as in Chicago, New York and globally, Nan realizes that her work may not be comprehensible to every viewer. That doesn't matter, however, because she believes that people go to art exhibits partly for the same instincts which draw them to church — there is something you don't know.



Nancy Pfeiffer Towner, Iowa, is known professionally as Frey Pfeiffer.



One of Nancy's oil paintings depicting her son, Bill, and her grandson.

Painting — A Daily Ritual

"I'm still painting daily — and selling. What a joy to have my art at this age!" says **BETSY DODGE PEARSON, Kansas**. She developed her eye for landscapes in Kansas and in Minnesota lake country during family travels.

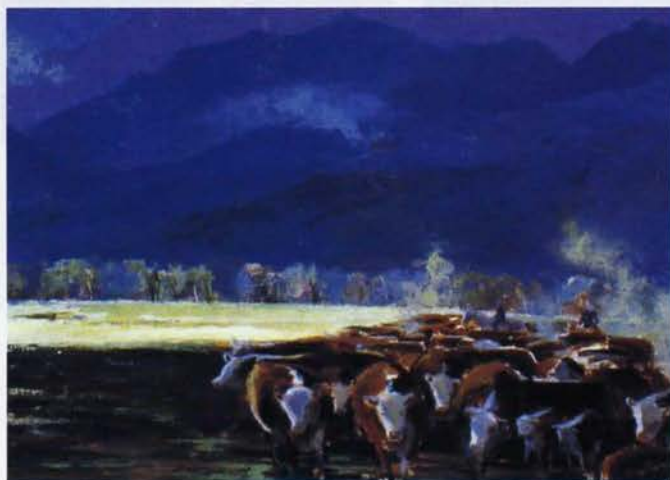
Seascapes, children, flowers and impressionistic scenes are included among her oils and acrylics shown in many galleries nationwide.

Dividing each year between homes in Sun Valley, Idaho, and Greenwich, Conn., in 1994



Betsy Dodge Pearson, Kansas

Betsy received the OWL Award for art from the Greenwich branch of the National League of American Pen Women. In addition to having made posters "for almost every Greenwich organization,"



"Cattle Drive" — one of Betsy's impressionistic scenes.

Betsy served in many volunteer positions. Abilities in the arts run in the family, with her husband and two sons who are writers, one of whom is Ridley Pearson, author of 10 "thrillers."

Honored for Watercolors

Painting has been a constant in the life of (**MARJORY JANE MARTIN LIVERETT, Butler**). A watercolorist, she devoted any time possible to her art during the years spent raising a family. Continually encouraged by her husband, Jane studied with internationally known watercolorists, perfecting her technique and attention to detail.

A watercolor of geraniums given to friends June and Joe Hennage years ago resulted in a special honor when she was asked to create eight floral paintings for the new garden room of their home in Colonial Williamsburg. The Georgian-style home, built to house their museum-quality collection of 18th-century furnishings, has been bequeathed

to the Colonial Williamsburg Foundation. Jane's paintings reflect her search for perfection and the 200 hours of research and work put into the paintings which hang four and four over the fireplaces at each end of the garden room.

Enjoying their retirement on Hilton Head Island, the Liveretts play a lot of golf; Jane enjoys the Kappa alumnae association and her painting. Her husband, a retired obstetrician, does the matting and framing to complement her work.



Jane Martin Liverett, *Butler*

Art Is a Journey

Sometimes being an artist involves month-long camping trips! LUCRETIA DONNELL COKE, *Southern Methodist*, spent 10 summers this way while studying with Frank Reaugh, noted painter of Longhorn cattle and dean of Texas artists. In very different terrain, she also studied at the Art Students League in New York City, culminating in a one-woman show in Manhasset, N.Y. A pastel landscape and portrait painter, Lucretia has exhibited at the Dallas Museum of Art, among many other venues, and is a member of the prestigious Pastel Society of the Southwest, based in Dallas. With three Kappa daughters — CARI NEWMAN VIEREGG, *Southern Methodist*,



Lucretia Donnell Coke, *Southern Methodist*

DOTTIE COKE STEWART, *Texas*, and BONNIE NEWMAN POHL, *Texas* — Lucretia readily admits that her favorite portrait subjects are her grandchildren.

A Lifetime of Excellence

It was in 1952 that ALETA CORNELIUS EASTMAN, *Carnegie-Mellon*, received a KKT Alumnae Achievement Award. She has continued her lifetime of excellence in art.

Currently president of the Flagler County (Fla.) Council for the Arts, Aleta has taught art in Pittsburgh, Pa., and Providence, R.I., and exhibited in New York City, Pittsburgh, Washington, D.C. and other major cities.

Awards include honors from the American Academy of Arts and Letters, Pepsi Cola "Paintings of the Year" and the Carnegie Institute. A former gallery owner and director, and veteran of 12 one-woman shows, Aleta continues working as a freelance artist and restorer.



Aleta Cornelius Eastman, *Carnegie-Mellon*

Needle and Thread Tell Her Story

Communicating with a needle and thread describes the art of LUCRETIA LEONARD ROMEY, *Indiana*. A former portrait artist, sculptor, metal worker and carver, she now works with colorful fabrics to create unusual quilts — works of art which she calls "diary quilts." They tell of the many interesting places she has visited.



Lucretia Leonard Romey, *Indiana*, created this "Antarctic Quilt."

Bangkok to Russia, India and the Antarctic, Lucretia has joined her husband Bill, a retired geologist/geographer, on cruises where he lectures as they travel. Sometimes she

teaches her art but always she sketches in preparation for reproducing scenes and memories of the voyage. Using a special technique she has perfected and always hand-piecing her quilts, Lucretia creates 45-by-60-inch wall hangings as visual histories of her travels.

Noting that people seem drawn to her when she is sketching, stitching or looking for special fabrics, Lucretia believes that the quilts open a line of communication, even when there is no common language. "A visual product is a universal language," she states, adding that she "sews a picture."

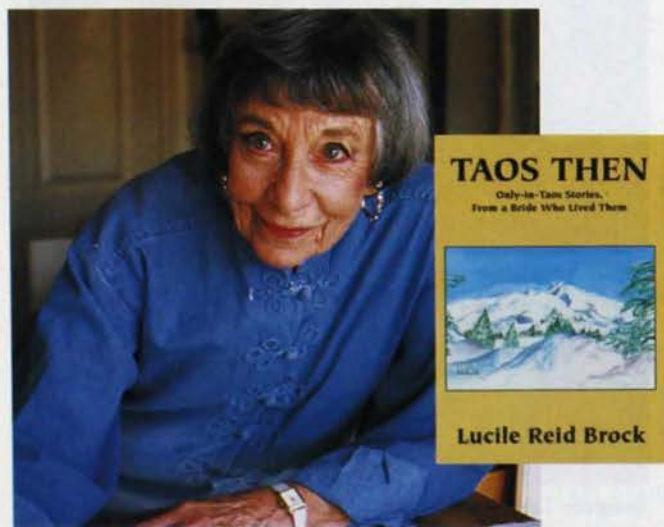
A 1996 KKT Alumnae Achievement Award recipient, earlier articles about Lucretia's work appear in several issues of *The Key* and as the covers for the Summer 1989, 1992 and 1993 issues. She will make a return trip to Antarctica this winter and, squeezed into her busy days, Lucretia is writing a book about diary quilts.

Painter/Writer Combines Passions

Artist and writer LUCILE LATTANNER REID BROCK, *New Mexico*, has recently published her second book, *Taos Then* — *Only in Taos Stories from a Bride Who Lived Them* (Morris Publishing, 1999.) The book not only features numerous drawings and paintings by Lucile, it describes her whimsical and unusual experiences as a young bride in an artists' colony.

Lucile's painting career has spanned 60 years. Her "format" involves visiting a part of one country for a month or more, getting to know the people there, painting and sketching "on location," completing additional paintings after arriving home, then displaying her work with a solo show featuring that country. She has used this format 16 times, featuring her work based on visits to Japan, Hong Kong, Egypt, Southern France, Northern Italy, Alaska, England, Greece, Jamaica and other countries.

Lucile was the art director of the Oklahoma Science and Arts Foundation in Oklahoma City in the 1960s and directed its school of art. Her work has been accepted and honored at numerous regional and national juried exhibitions.



Lucile Lattanner Reid Brock, *New Mexico*

NATIONAL POETRY MONTH CELEBRATES THE QUIET ART

— By LAURA SHOCK SCHERER, *Bowling Green*

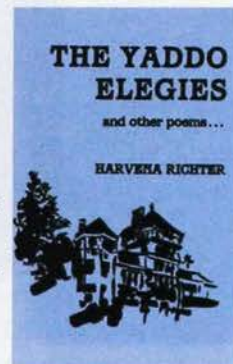
April welcomes the fourth annual National U.S. Poetry Month, an opportunity to pay tribute to this often under-recognized art form. In celebration of Kappas who have penned collections of poems, *The Key* is highlighting their published work and the inspiration that set them writing.

The Yaddo Elegies and other poems

By HARVENA RICHTER, *New Mexico*

North Valley Press

40 pages, \$5



Harvena Richter's volume of work is intriguing for serious scholars and poets as well as an illuminating experience for a wider audience. Her imagery mesmerizes the reader — images of color, texture, space and movement. These are pristine poems to be admired for their elegance, and delectable poems to be savored for their eloquence. A sample of her work (below) characterizes a favored flower.

CUTTING IRIS

They were tall as I
storming the gate,
flashing not flags but marvelous banners,
gold-fringed, wind-gusted —
nodding in the distance like plumed knights
possessing the field.
I stalked the garden with my knife
(their muscles froze to green glass)
wondering in what world I moved
with creature not flower,
nor animal, nor person,
but a being within: invisible, all-glorious;
outward only the violet flesh
in delicate folds
(I stepped more softly)
and inside that luminous fluted skull,
that exquisite goblet,
those three leaping eyes
sealed with gilt lashes,
what airy mind?

I cut them warily —
somewhere were words:
thin lilac discs,
vocal circles caught in the silken gorge.
Mute cry of outrage
at my daring to pick them?
at trying to grasp
the candelabra out of Revelations
seven flames on a branch
and in the midst, girt in a purple garment,
a golden girdle, Rilke's perilous angel?

Harvena Richter, *New Mexico*, has a wide range of stylistic capability as seen in her collection of poems titled, *The Yaddo Elegies and Other Poems*.



In addition to works of poetry, Harvena has published a novel, several nonfiction books and has taught creative writing and a course in "creative imagination" at the University of New Mexico in Albuquerque where she lives.

Advice for the Climb

By IMOGENE LAMB BOLLS, *Kansas State*
Bottom Dog Press, Bowling Green
State University
76 Pages, \$9.95

Four words keep Imogene Bolls inspired: creativity, compassion, integrity and balance. Balance is one of the hardest to maintain as she is pulled from her writing to tend to family and students. Teaching at Wittenburg and leading their journalism program brings on many interruptions — ones she welcomes for it makes the time for creating that much more special.

Advice for the Climb reveals advice she has gathered from three distinct areas: the self, family and friends, and the universe. Imogene wrote for the general reader but the beauty of this body of work is the critic and poetry buff



can delve into deeper layers. In these poems she embarks on the journey of the self, listening well to what both human nature and the natural world have to tell along the way. A sample of her writing follows.

WAR WIFE

Like Penelope, she weaves her fake
patience into every day for the children's sake,
unravels it by night before the mirror,
with trembling fingers combing out her hair —

while hope sits stoppered in a bottle overnight,
precious potion for tomorrows that come
hour by hour of inching light,
however passionately she prays them gone.

Again the night's long emptiness repeats
itself, folded in among cold sheets
like death; sometimes even death seems safe
beside this god-forsaken grief.

Fear at arm's length, with working mother's hands
she weaves her days; she dreams her nights alone,
when, trapped by smothering dark, her heart demands
her tangled tapestry of love undone.

Imogene is also the author of *Glass Walker* and *Earthbound*. She is the Resident Poet at Wittenberg University and a recipient of two Ohio Arts Council Writing Fellowships and the Ohioana Poetry Award. Her poems can be found in more than 600 national literary journals.



Imogene Lamb Bolls, *Kansas State*, embarks on the journey of the self in her book of poems titled, *Advice for the Climb*.

ALUMNAE IN ACTION

— By NANCY VOORHEES LAITNER, *Purdue*

Bouncing Success

VICTORIA CHUN, *Colgate*, has been inducted into the Colgate University Athletics Hall of Honor, recognizing her long list of accomplishments. As an undergraduate she lettered all four years in volleyball, and was voted the team's most inspirational player. Her career assists set a Colgate record, totaling 2,440. After graduation she returned to Colgate to coach varsity volleyball, and was named "Coach of the Year." Vicki went on to coach the first American women's team to be invited to an NCAA tournament. She serves on the NCAA professional administrative staff in



Victoria Chun, *Colgate*

Overland Park, Kan., and is an active member of the National Association of Collegiate Women's Athletic Administrators.

Connecting Women and Jobs Through Internet

DULANEY REEVES, *Colgate*, serves as a regional manager of the first Internet-based full-service recruiting and placement company for women.

The Women's Executive Network (WENetwork) is more than head-hunting; it seeks to contact within and across all industry lines women who will be active partners in sharing ideas and coaching each other in aspects of career pathing. This Web site will provide an informative service for job listings, business networking information, career advice, and the opportunity to research and discuss issues facing professional women at various phases in their careers.



Dulaney Reeves, *Colgate*

WENetwork will also help companies develop relationships rather than just matching a person to a position. The goal is to assist corporations in creating a more diversified workforce by helping them to attract and retain qualified women. Dulaney explains, "Through a partnership with companies, universities, associations and individuals, WENetwork can use the Internet as a singular marketing opportunity."

Restoring the Past

BETTIE PAINTER GARRETTSON, *Purdue*, and her husband, John, received the "Sagamore of the Wabash" award from Indiana State Senator Anita Bowser for continuous outstanding service to their community, Michigan City. Bettie was instrumental in the restoration of the Barker Mansion, currently the Barker Civic Center. She has served



Bettie Painter Garrettson, *Purdue*, is honored for her community service and restoration of a historical mansion.

on its foundation which gives grants to city and county organizations.

Navy Officer Sails Her Volunteerism

Joining the Navy was one of the first things SARA LLOYD PEKARSKY, *Whitman*, did after graduating. She then found herself in the first class of women to be accepted as regular Navy line officers. Through the years, Sara and her husband were stationed in ports from coast to coast. Upon returning to California she began to volunteer at the Maritime Museum where she showcased her volunteer and leadership skills. Twice, the Monterey History and Art Association presented her with the "President's Award."



Sara Lloyd Pekarsky, *Whitman*

At the museum, she organized 150 volunteers to work as guides for the

HM Bark Endeavor when it sailed into Monterey Bay, Calif. The Endeavor is a replica of the ship that Captain James Cook sailed on in his first of three trips to the South Pacific in 1769.

Founders Honored at Monmouth

Kappa Kappa Gamma and Pi Beta Phi alumnae from the Quad Cities (Ill.) area chartered a bus to Monmouth, Ill., to celebrate their dual founding and create their own special "Monmouth Duo." They toured the Minnie Stewart House and grounds (childhood home of Kappa Founder Minnie Stewart) and the Holt House, Pi Phi's founding home, before honoring their founders in Monmouth Cemetery.



Alumnae from the Quad City (Ill.) area gather on the patio of the Stewart House, finding the brick signifying their donation to the Minnie Stewart Foundation.

Education Improvements Garner National Attention

The YWCA of Metropolitan St. Louis (Mo.) selected MARY LEYHE BURKE, *Northwestern*, for membership in the YWCA Academy of Leaders in recognition of her achievements in the workplace. Under her leadership, the Whitfield School was transformed from a little-known private school to a highly sought-after college preparatory school which is the object of local and national acclaim. As director she raised public awareness for the school, spearheaded several capital campaigns, increased the size of the student body and provided an educational environment in which students develop as thinkers and productive members of society.



Mary Leyhe Burke,
Northwestern



Tiara Hallman,
Southern Cal.

Hollywood Edge Wins Entrepreneurial Award

The University of Southern California awarded TIARA HALLMAN, *Southern Cal.*, with the "Entrepreneur Alumni of the Year" award. Tiara was recognized for her entrepreneurial endeavor called "It's A Wrap" Production Sales, an exclusive wardrobe outlet where the major motion picture studios and production companies send wardrobes to be liquidated and sold to the general public (featured in the Spring 1995 Issue). "The public has access to clothing from their favorite movie or television series available no where else in the world! Shopping at "It's A Wrap" allows a person to select a piece of movie/television history..." says Tiara.

Dean Recognized for Model Alcohol Policy

Tucson's Panhellenic Award was presented to MELISSA VITO BOLLONG, *Arizona*, Associate Vice President for Campus Life. As the Dean of Students at Arizona she developed a model alcohol policy for the campus which many other schools have emulated. Melissa is deeply involved in the Greek community and expects only the highest of standards for its members. She also served as GAMMA ZETA, *Arizona*, Chapter Council Adviser for many years.



Melissa Vito Bollong, *Arizona*, (center) receives the Tucson Panhellenic Award.

Award Goes to Distinguished Alumna

The University of Tulsa named HELEN JO TAYLOR HARDWICK, *Tulsa*, a "Distinguished Alumna." Due to family illness years ago, she left college to assume the role of caregiver. Almost 30 years later she returned to college to graduate. Helen Jo is the director of marketing and public relations for Resonance, a support center for women and their families. Remembering the days when she needed the aid



Helen Jo Taylor Hardwick, Tulsa

of friends and volunteers for support has kept her active in many organizations that support women and their families. She has also received the "Pinnacle Award for Public Service" from the Tulsa Women's Foundation and the Mayor's Commission on the Status of Women.



Charter members of the newly organized **Sandhills (NC) Alumnae Association** meet with Province Director of Alumnae **Anne Todd Staples**, *Texas Christian*, (lower right) to discuss alumnae association requirements and plans for philanthropic work.

Leader in Occupational Therapy

In recognition of a lifetime of exemplary service to occupational therapy, **FLORENCE CROMWELL**, *Miami (Ohio)*, is the sixth recipient of the Wilma L. West AOTA-AOTF Presidents Commendation. Established by the governing boards of the American Occupational Therapy Association and the American Occupational Therapy Foundation, this award is reserved for the profession's most respected leaders, whose contributions are matched by a special gift of vision and commitment.

Prior to her 50 years of service to people with disabilities, Florence served as a Navy WAVE Officer. She has been described as a leader whose vision and wisdom have helped shape the OT profession and served to guide the development of a new generation of leadership.



Florence Cromwell, Miami (Ohio)



San Mateo (Calif.) Alumnae Association members enjoy a presentation by **Mary Evelyn**, *Michigan*, (third from left), the wine chef at Simi Winery in Healdsburg, Calif. Mary, who was featured in the Summer 1997 Issue, taught techniques for selecting compatible food and wine, and shared recipes ideal for entertaining.

Night Owls on the Town

REBECCA DIETZ, *Texas Christian*, serves as chairman of the "Night Owls" (young alumnae subgroup) of the **ATLANTA (GA.) ALUMNAE ASSOCIATION**. "We have a blast!" says Rebecca, who has built this group to about 230 members. "Atlanta is made up of so many young people who move here from all over the continent," she adds. "The Night Owls is a great way to meet new friends, network and even find a roommate." Rebecca plans two activities a month. Here is a list of recent "Night Owls" events:

- dinner with other area Greek alumnae association members
- IMAX theater with other area sorority alumnae
- cooking lessons
- Project Open Hand (prepared meals for AIDS patients)
- High Museum of Art tour
- pottery painting
- MS walk-a-thon
- Whole World Theater (improvisational theater)
- Braves baseball game



The Atlanta (Ga.) "Night Owls" prepare meals for AIDS patients.

Collegiate Spotlight

Champion Soccer Player Surpasses Collegiate Record

ALICIA VEGAS, *Simpson*, holds the NCAA Division III record for total career goals in women's soccer. With 113 career goals, Alicia surpassed the former record holder, Mia Hamm who had 103 goals. Alicia was a forward on the offense for Simpson's women's soccer and her team made it to post-season play last year. While Alicia's record is impressive, it is her dedication and selflessness that make her special.

An academic scholarship took Alicia from her home state of Hawaii to Simpson College in Indianola, Iowa near Des Moines. A freshman far from home, Alicia and 25 other young women joined the then seven-member OMICRON^A CHAPTER.

When Alicia speaks of her Kappa experience, she does not emphasize her role as Scholarship Chairman, Marshal or ultimately chapter President. Alicia is most proud of the team effort of the 26 members that joined a then struggling chapter and fought to elevate the chapter to a successful group that made quota this past year.

How did Alicia manage to be a successful chapter President, maintain an academic scholarship and surpass Mia Hamm's record? "It was tough, but I wanted all three equally," says Alicia. "If I had not really wanted any one of those goals, then I would not have had a chance, but I really wanted them." With the soccer field almost in the back yard of the Kappa house, chapter members were always there supporting Alicia and her Kappa teammates.

Looking back on her now concluded soccer career, Alicia would definitely recommend sports for young

women. It was at age 8 that Alicia began soccer. "Soccer taught me to be a team-player, manage my time and handle stress and disappointment," Alicia reflects.

Even though she made it all sound so easy, breaking Mia Hamm's college record is no small feat. Alicia admits, "It was tough. It took dedication and hard work." Natural talent? "Not really," says Alicia. "Just hard work and dedication."

Alicia lives by her own advice. While she does not aspire to have a professional soccer career, Alicia con-

tinues to give her talents by refereeing children's soccer programs in Des Moines where she will remain for one year after graduation because of yet another dedication: to an autistic student.

With a psychology major and social work minor, Alicia began working with a preschool-age autistic child. Thanks to Alicia's help the young boy will attend kindergarten in

another year — a journey that Alicia will see through. Speaking as if a guardian angel she says, "I just want to see him make it to kindergarten — and he'll be fine."

Always finishing what she starts, Alicia plans to attend graduate school to obtain a master's in social work (M.S.W.). Alicia's family is also proud of her achievements. It was her mother and grandmother who taught her perseverance, especially in terms of academics. "So many people don't even try to obtain scholarships. You have to seek out what is available," advises Alicia.

— By KRISTIN JOHNSON STYERS, *Georgia Southern*



Alicia Vegas, *Simpson*

While maintaining an academic scholarship, **Alicia Vegas, *Simpson***, managed to secure the NCAA Division III record for total career goals in women's soccer.

Collegiate Scholarship Report

Spring 1999 Results — Overall KKT GPA: 3.125

Chapters At or Above the All-Sorority Average

REGION 1

Alpha Province: Syracuse

Beta Province: Pittsburgh, Allegheny, Penn State

Rho Province: Connecticut, Massachusetts

REGION 2

Gamma Province: Akron, Ohio State, Cincinnati, Miami (Ohio), Bowling Green

Lambda Province: West Virginia, William and Mary, George Washington, Richmond

Nu Province: Kentucky, North Carolina, Centre, Wake Forest

REGION 3

Mu Province: Miami, Emory, Florida State, Clemson, Florida, Georgia Southern

Xi Province: Tulane, Arkansas, Alabama, LSU

Theta Province: Oklahoma, Texas, Southern Methodist, Tulsa, Texas Tech, Texas Christian, Texas A&M, North Texas

REGION 4

Delta Province: Indiana, Hillsdale, Butler, Purdue, Valparaiso

Epsilon Province: Monmouth, Minnesota, Lawrence

Zeta Province: Missouri, Iowa, Kansas State, Drake, Iowa State

REGION 5

Iota Province: Idaho, Washington, Washington State, British Columbia, Albertson

Eta Province: Colorado, New Mexico, Wyoming, Colorado College, Utah

REGION 6

Pi Province: UC Berkeley, Oregon, Oregon State, Cal. State Fresno, UC Davis

Kappa Province: Arizona, UCLA, Southern Calif., Arizona State, Cal. State Northridge, UC Santa Barbara

4.0 Members

REGION 1

Alpha Province

Syracuse: Carrie Guadagnino, Erika Lindhome, Liz Jacobowitz, Beth Vedovelli, Katherine McArdle, Caroline Rippeteau, Sheri Bonaglia, Karen Albourkrek, Andera Flexor, Yvonne Wiktorowski

Beta Province

Penn State: Giviana Laracca, Leslie Parker, Liz Potter, Bucknell University, Jenna Aurand, Sara Coates, Cara Fisher
Villanova: Elizabeth Yanno

Princeton: Lauren Dachelet, Jill Freund, Alexis Lipshultz, Elizabeth Peirce

REGION 2

Lambda Province

George Washington: Avi Kaufman

REGION 3

Mu Province

Emory: Cris Campanella, Emily Chin, Kelly Cunningham, Kadi Fountain, Stacy Friedman, Rachel Gerrick, Stephanie Macari, Daria Sandowsky, Karen Tegge

Florida State: Diane Lijek

South Carolina: Ashley Copeland, Joann Johnston, Wendy Lewis

Florida: Brooke Bockemuehl, Cori Bayless, Katherine Bovoso, Amy Cohen, Katie Horn, Erin Kucerik, Tricia LaMonda, Angela McClellan, Jeanette Plotkin, Stephanie Porter, Allison Stanton, Megan Tucker, Rachel Urban, Marcie Wakeman, Lindsay Vaughan

Georgia Southern: Amie Bloodworth, Carol Anne Garbin, Kyler Evans

Furman: Alison Cunnold, Stephanie Duke, Heather Jenkins, Laura Kelsey, Brigid Kennedy, Liz Patz, Marisa Poston, Mandy Riggins, Leigh Unterspan, Katie Van Mol

Theta Province

Oklahoma: Mindy Battle, Jenise Brawner, Alisa Burross, Jill Cline, Emily Clinton, Kim DeLapp, Laine Dickmann, Jessica Dodson, Emily Edney, Neely Gaway, Carrie Glass, Stacy Harris, Jodana Johnson, Taylor Land, Stephanie Lipe, Katie Lytle, Brooke Mabry, Neely Mackenzie, Kim Maggi, Magan McDavid, Lauren Mitchell, Amanda Morgan, Mandy Orr, Nicole Shirley, Sabrina Smith, Beth Watkins, Elizabeth Wright

Tulsa: Chrissy Bergeron, Nadine Bissonnette, Jen Geffert, Ashley Lamping, Erika Mares, Tarryn Martin, Jenny Smith, Amy Stutzman, Brandi Woodson

Oklahoma State: Ashlee Anderson, Kelli Crutchfield, Christy Dilthy, Kara Gowan, Anne Logan, Denise Shirley, Katie Burke, Rachel Davis, Nancy Fredrickson, Sarah Gareis, Kate Hanig, Laura McClain, Carrie Steelman, Leslie Stephens, Sarah Wade

Xi Province

Tulane: Brooke Bryson, Shannon Fuller, Rand Glenn, Anne Justius, Allison Liebman, Cori Locklin, Sarah O'Hare, Lindsay Wadler

Arkansas: Stormey Caldwell, Summer Davis, Jennifer Duty, Leigh Ann Fulkerson, Ashley Hillian, Kristel Hornsby, Lindsey Howard, Lee Lockhart, Jessica Maxey, Emily

McCoy, Lollie Meyer, Erica Penick, Cassie Sanders, Melanie Shannon, Angie Staley, Sommer Steifer, Erin Swain, Ann-Elizabeth Williams, Ashley Younger.

REGION 4

Delta Province

Indiana: Lindsay Colip

Hillsdale: Kathleen Althoff, Kathleen Driscoll, Susan Glenn, Rachel Hojnacki, Rebecca Simpson

Butler: Nicole Duncan, Megan Farley, Beth Farris, Melinda Harrauld, Melanie McCord, Sarah McDonald, Holly Piercy, Emily Smitha, Catherine Switalski

Michigan: Katie Donohue, Rebecca Berkun, Christina Migally

Purdue: Begum Akay, Nicole Ezra, Kristine Grandt, Paige Johnston, Julie Schwartz, Jill Butler, Tara Galambos, Julie James

Valparaiso: Stephanie Benson

Epsilon Province

Monmouth: Beth Dickey, Natalie Hacker, Jodi Martin, Diana Plack

Illinois: Nicole Harberts, Shannon Moore, Katherine Morris, Patricia Powell

Lawrence: Melinda Bayne

Zeta Province

Missouri: Sarah Adams, Kelly Beckemeier, Betsy Briggs, Rachel Cantlin, Amber Derryberry, Heather Emling, Julie George, Jen Giannakis, Lori Goldenhersh, Charity Hall, Sarah Keller, Nancy Kennedy, Leslie Maddox, Betsy Marshall, Trish Pelczynski, Anne Scott, Angie Soth, Jackie Wesselschmidt, Laura Whiteman
Simpson: Rosalyn Haskins, Julie Hatting, Jordan Marsh

Nebraska: Christine Aita, Sarah Danberg, Megan McGargill, Emily Millard, Amanda Romjue, Anne Soper, Andrea Uithoven, Lora Ullerich, Jill Warren, Katie Wright
Kansas: Katie Flaspohler, Christina Vizcarra, Rosa Hind

Kansas State: Megan Beattie, Miranda Boettcher, Keri Boydston-Wefald, Megan Christensen, Gretchen Dieckhaus, Sammie Ezell, Kelly Flynn, Megan Gangel, Marissa Krug, Suzanne Georing, Erica Guries, Kimberly Hermes, Amy Hughes, Erin Katzer, Kristin Liebl, Amy Monteen, Leann Nelson, Elizabeth Neufeld, Emily Ramsey, Sara Reser, Lindsey Roth, Leslie Small, Lauren Posladeck, Jana Steele, Susan Steele, Melynda Stein, Heidi Stephany, Andrea Steins, Jill Strandmark, Dara Swanson, Maryann Titterington, Kristin Trease, Kate Woldridge, Holly Young, Laci Zierlein

Drake: Kelly Jo Mennen, Beth Braver, Megan Byrnes, Megan Costello, Meghan Ellingson, Heather Harriman, Tamara Harswick, Sara Martin, Katherine Meyer, Katherine Pronk, Rebecca Sack, Audra Stock, Laura Turner, Stephanie Uglum

Washington Univ. (St. Louis): Kate Biggs, Carrie Gick, Melissa Leibling-Goldberg

Westminster: Amanda Albert, Jodi Fowler, Alice Hickey, Ruchi Kalra, Darcie Keith, Stacey McDowell, Audra Meyers, Pamela Miranti.

REGION 5

Iota Province

Puget Sound: Jessica Meyers

Eta Province

Wyoming: Affie Burnside, Erin Cook, Stacey Cunningham, Ginny Gill, Jennifer McDowell, Alison Ochs, Breck Spear, Kristen Stroh

REGION 6

Pi Province

Stanford: Andrea Anderson, Ilse Larson, Brooke Morrill, Andrea Wendt, Rhiannon Meier, Caroline Annis

Oregon: Kaleinani Brooks, Karen Curry, Meghan McDaniel, Melanie Molatore

Oregon State: Deena Rudd, Brianna Demo, Jill Moore

Kappa Province

UCLA: Jennifer McPherson, Julian Barraco, Lesley Valentine

Cal. State Northridge: Jennine Ihde

First on Campus

REGION 1

Alpha Province: Syracuse

Rho Province: Connecticut, Massachusetts

REGION 2

Gamma Province: Akron, Bowling Green

Lambda Province: West Virginia

Nu Province: Centre

REGION 3

Xi Province: Tulane, Arkansas

REGION 4

Epsilon Province: Monmouth, Lawrence

Zeta Province: Kansas State

REGION 5

Iota Province: British Columbia, Albertson

Eta Province: New Mexico, Colorado College

REGION 6

Kappa Province: Cal. State Northridge

Kappa Sunshine

As part of a philanthropy project in support of the Kentucky School for the Deaf, ZETA GAMMA, Centre, members learned to sign *You Are My Sunshine*. Chapter members also had fun corresponding with their secret pen pals from the school while encouraging the children to learn reading and writing skills. The chapter then sponsored a party where the children got to meet their special Kappa friends.

Popular Programs

- The Scholarship Committee of ZETA LAMBDA, Washington and Jefferson, invited a guest speaker to give a lecture on ethnic diversity.
- GAMMA KAPPA, William and Mary, invited a local police officer to lead the chapter in a self-defense lesson. Members wore



Delta Upsilon, Georgia, celebrates winning the "War of the Roses" flag football tournament to benefit hospitalized children.

sweats to the chapter meeting and learned how to kick, punch and shout "No!" in self-defense.

Good Ideas Scholarship:


- Organize a workshop to educate the chapter on

Fraternity Bylaws pertaining to academics.

- Divide the chapter into "Owl Teams" based on majors/schools of concentration. Teams meet several times a semester to discuss upcoming registration deadlines, goals, advice from older members, etc.

- Hold a Scholarship banquet at the end of the year to honor chapter members' academic achievements.

Recruitment:

- Choose the Girl Scouts as a philanthropy-round theme and make needed supplies for local troops with potential new members.
- Use Kore groups as rotation groups for membership recruitment events.
- On Bid Day, Kore groups wear colored "Key" necklaces as a fun way for new members to find their Kores. 



As a creative sisterhood event, **Upsilon**, Northwestern, painted pumpkins to decorate the chapter house and the campus.

CORRECTION:

KATY QUINN POWERS, Oklahoma, was listed incorrectly in the byline for her article entitled "Neurologist Meets Special Needs of Children" on Page 30 of the Winter 1999 Issue. *The Key* apologizes, for the error.

Collegiate News Wanted!

The Key wants to know what's happening at your chapter via e-mail! Just send news, individual or chapter accomplishments and community service work to kstyars@kappakappagamma.org. Then send your photos in the mail to *The Key*, Collegiate News Editor, P.O. Box 38, Columbus, OH 43216-0038. Tell us what makes your chapter special!

PHOTO TIPS: Please send clear, quality, color photographs that show action. Do not send photos showing beverages or open flames. Appoint a member to take pictures at all chapter events and send copies to *The Key* throughout the year! Do not submit digital photographs. Photos will not be returned and may be used in other Fraternity publications or the official Web site.



"Smokey the Bear" poses with **Epsilon Alpha**, Texas Christian, members who cleaned up a local park for Volunteer Day, a Panhellenic-sponsored event in which each sorority chooses a community service project.

Epsilon Delta, Arizona State, members **Jenny Bannister** and **Tina Grieger** spend time with two patients from Phoenix Children's Hospital. The chapter held an all-Greek dance marathon to benefit the hospital.



Zeta Xi, Yale, members, gather with **Fairfield County (Conn.) Alumnae Association** President **Judy Chase Webb**, Texas Tech, during the association's Founders Day luncheon. **Editor's Note:** For chapter member safety, Fraternity policy prohibits the use of burning candles in chapter facilities. Photographs showing lit candles or open flame will no longer be published in *The Key*. For additional photography guidelines or questions, contact the Editor at 614/228-6515 or jhoover@kappakappagamma.org.

Helen Snyder Andres Steiner, *Washington* 1907 – 2000

I've lived Kappa. It's my other "family" Helen said, just before her 90th birthday in 1997. Her other family treasures wonderful memories of Helen and mourns her passing on January 6, 2000.

A 92-year lifetime, beginning early in one century and ending shortly into the next, reflected the century — a time of change. Described as a "forward-looking woman," Helen lived several "firsts" in the Fraternity, starting with her birthday, October 13. With pioneering grandparents and a father with a remarkable memory, it is no wonder that Helen was both forward looking and a woman who "shared Kappa like a living history book."

Helen knew two of the Fraternity's Founders and had met with and visited TADE HARTSUFF KUHN, *Butler*, first Grand President. She received the Fraternity's highest honor, the Loyalty Award, and was referred to as a "Fraternity treasure."

A distinguished Kappa career began at BETA PI CHAPTER, *Washington*, where Helen was active in sports, a leader in the Athena Debate Club and chapter Panhellenic representative. Helen attended her first General Convention in 1928 at Breezy Point, Minn., where she remembered it was the last where "they still powdered their hair." A member of Mortar Board, Pi Lambda Theta, Phi Beta Kappa, and "Big W," Helen graduated *magna cum laude*. A year later, while teaching high school English, she was co-organizer (now called Chapter Consultant) of GAMMA UPSILON CHAPTER, *British Columbia*, and Marshal for its Installation.

The 1930 Convention at Mackinac Island, Mich. voted to support a field secretary (now Traveling Consultant) and Helen took on another "first." She later described those three years as one of the most significant experiences of her life.

"An added dividend of tremendous significance came in the meeting of Phi Gamma Delta's field secretary Eugen



Helen Snyder Andres Steiner, *Washington*, served the Fraternity in numerous positions including Director of Standards (1934-35), NPC Delegate (1935-39), Grand President (1935-36), Director of Chapters (1948-50).

Andres, Jr.," Helen recalled. A blind date with this "handsome and debonair Bostonian from Dartmouth" resulted in the announcement of their engagement at the Sweetheart Dinner at the 1934 Convention and a marriage of 40 years.

In 1935, after a short term as Director of Standards, another "first," Helen was installed as Grand President, filling out the term of Eleanor V.V. Bennet, *UC Berkeley*, who had resigned because of illness. Four years as National Panhellenic Conference Delegate, then Scholarship Chairman, Ritualist and a return to Council as Director of Chapters followed.


Late Depression years in Boston, World War II years in Seattle, and a 1946 move to San Jose saw Helen as president of a new alumnae association and her daughter, Vivienne, as President of DELTA CHI CHAPTER, *San Jose State*, installed in 1949. A fraternal family, the Andres' sons were Eugen, Phi Gamma Delta, and Frederick, Delta Upsilon. While raising their family, Helen was an active community volunteer and was

honored as San Jose's "Distinguished Citizen" and as "Mother of the Year."

Officially retired in 1972, Helen and Eugen enjoyed extensive travel until his death of cancer in 1975. Remarried later to Joseph Steiner, Helen continued to enjoy traveling, especially to Kappa Convention where thousands of Kappas gave standing ovations and roared with laughter at her humorous recollections. Her speeches always contained more than humor, however. They reflected wisdom and experience. In 1994 she said, "The things you are doing now are going to reflect what you do the rest of your life. And I think the journey is the destination. You are going to be, when you are old, what you are doing right now. ... Take a look at life with the idea you are going to get the most out of it for the talents that you have and do the most you can for people. ... *Carpe diem*; seize the day. The world is there to be seized."



Helen's keynote speeches at numerous General Conventions will be long remembered by Kappas of all ages.

"There is no such things as a Kappa type," Helen said, many years ago, and more recently, "Just the standard brand of Kappa is so top notch!" Kappa Kappa Gamma does demand a standard — one which is exemplified in the life and memory of Helen Snyder Andres Steiner. 

Names in this list are from information received by Fraternity Headquarters, October 12, 1999, through December 29, 1999.

AKRON, UNIVERSITY OF
Firestone, Jane Honeywell,
'31,d.10/99
Hummel, Charlotte Burdette,
'33,d.5/99

ALLEGHENY COLLEGE
Campbell, Florence Crandall,
'21,d.7/94
Carmichael, Emma Robertson,
'34,d.11/99

ARIZONA, UNIVERSITY OF
Seeds, Marguerite Morairty,
'32,d.5/99
Weir, Jennifer Booser, '64,d.10/99

ARKANSAS, UNIVERSITY OF
Robinson, Mary Ellen, '39,d.6/99

BUTLER UNIVERSITY
Hanson, Esther, '41,d.11/99
McCord, Shirley Snyder, '42,d.9/99
Payne, Elizabeth Means, '33,d.11/99

CALIFORNIA, U. OF, BERKELEY
Dorn, Jean Dunham, '36,d.6/96
Turbott, Nancy Lantz, '43,d.9/99

CARNEGIE-MELLON UNIVERSITY
Adams, Jane Dowling, '52,d.9/99

CINCINNATI, UNIVERSITY OF
Koop, Mildred Brokate, '23,d.9/99

COLORADO COLLEGE
Scott, Jean English, '42,d.4/99
Sherk, Katherine Herbert,
'32,d. 11/99

COLORADO, UNIVERSITY OF
Bain, Jean Knight, '28,d.6/99
Dunham, Jessica Gamble,
'24,d.7/92
Horstmann, Nancy Brummitt,
'51,d.4/98
Knight, Elizabeth Fedou, '32,d.7/99
Nevin, Frances Hamm, '27,d.8/99

CONNECTICUT, UNIVERSITY OF
Leake, Dorraine Bradley,
'42,d.12/99

DEPAUW UNIVERSITY
Lippincott, Mary Cramer,
'42,d.11/99
Sofios, Patricia Speropoulos,
'53,d.12/99

DENISON UNIVERSITY
Brink, Libby Plum, '35,d.11/99
Whipple, Joan Armstrong,
'39,d.11/99

DRAKE UNIVERSITY
Martin, Isabel Childs, '21,d.9/99
Schroeder, Frances McGlothlen,
'34,d.10/99

DUKE UNIVERSITY
Frazer, Doris Larsen, '35,d.11/99
Livingston, Molly Hershey,
'59,d.9/93
Van Arsdall, Mai Van Deren,
'34,d.7/99

FLORIDA STATE UNIVERSITY
Daly, Addie, '90,d.12/99

GEORGIA, UNIVERSITY OF
Rutland, Louise Berryman,
'54,d.12/99

HILLSDALE COLLEGE
Staebler, Marjorie Harvey,
'44,d.12/99

ILLINOIS, UNIVERSITY OF
Burnett, Marion Simpson,
'27,d.11/99
Ingwersen, Mariann Bradt,
'19,d.12/99

INDIANA UNIVERSITY
Brett, Jean Moffat, '40,d.10/99
Hartman, Kathy Kayser, '60,d.9/99
Phillips, Mary Rowley, '49,d.11/95
Vanderhoef, Minna Lauter,
'23,d.9/98

IOWA STATE UNIVERSITY
Boyle, Patricia Anderson, '59,d.5/99

IOWA, UNIVERSITY OF
Huiskamp, Jean McManus,
'30,d.11/99

Irons, Mary Winslow, '35,d.11/99
Schodde, Mae Gibson, '27,d.3/99

KANSAS STATE UNIVERSITY
Bradley, Lucia Haggart, '26,d.12/97
Combs, Mary Cooney, '48,d.10/99

KANSAS, UNIVERSITY OF
Darbyshire, Mary Cheney,
'26,d.11/99

KENTUCKY, UNIVERSITY OF
Brown, Caroline Rodes, '43,d.11/99
Mackey, Phoebe Dann, '39,d.2/99
Prichard, Ann Guthrie, '49,d.3/99

LOUISIANA STATE UNIVERSITY
Weilbacher, Karen Scott,
'68,d.10/99

***MANITOBA, UNIVERSITY OF**
Marshall, Eleanor South,
'44,d.11/99

***MARYLAND, UNIVERSITY OF**
Gaillard, Rosalie Grant, '31,d.12/99
Maxwell, Anabel, '33,d.3/99

MASSACHUSETTS, UNIVERSITY OF
Roche, Jeanne Sawdey, '49,d.6/98
Saunders, Marcia Tompkins,
'52,d.7/99

MCGILL UNIVERSITY
Downie, Helen Marriott,
'32,d.11/99

MIAMI UNIVERSITY (OHIO)
Belknap, Maryellen Pilliod,
'44,d.8/99
Bowen, Carroll Swaim, '42,d.11/99
Dintiman, Dorothy Evans,
'43,d.10/99

MICHIGAN STATE UNIVERSITY
Curtis, Marjorie Sanford,
'31,d.11/99
Herrick, Doris Cook, '38,d.9/98
Poe, Elizabeth Shigley, '31,d.10/99

MICHIGAN, UNIVERSITY OF
Loeffler, Helen McBratnie,
'21,d.11/99

***MIDDLEBURY COLLEGE**
Heatley, Adrienne McLeod,
'55,d.8/99
Perry, Constance Gooch, '34,d.9/99
Thomas, Caroline Balmer,
'28,d.12/97
Veronneau, Marjorie Marsh,
'36,d.6/99

MINNESOTA, UNIVERSITY OF
Hayes, Mary Dodge, '43,d.6/99
Walling, Isobel Gregory, '30,d.6/99

MISSOURI, UNIVERSITY OF
Dear, Arabelle Kennard, '43,d.8/99
Loughrey, Janie Yancey, '45,d.9/99

MONTANA, UNIVERSITY OF
Warden, Marian Mix, '34,d.8/99

NEBRASKA, UNIVERSITY OF
Stark, Pamela Chase, '75,d.8/99

NEW MEXICO, UNIVERSITY OF
Hines, Jane Blair, '35,d.10/99
Karcher, Betty Waggoner, '43,d.8/99

NORTHWESTERN UNIVERSITY
Brous, Patricia Catlin, '63,d.9/99
Brumbaugh, Annie Moore,
'38,d.8/99

Klamer, Dana Hutchins, '47,d.8/99
Levitt, Barbara Toot, '45,d.12/99
Lund, Mary Maxwell, '32,d.9/98
Simpson, Madeline Holmes,
'30,d.7/96

OHIO STATE UNIVERSITY
Anderson, Patricia Taylor,
'39,d.10/99
Swope, Virginia Gill, '27,d.9/99

OHIO WESLEYAN UNIVERSITY
Bach, Julie Boyd, '56,d.8/99
McConnell, Eileen McDermet,
'36,d.2/99

OKLAHOMA, UNIVERSITY OF
Stein, Margaret Teas, '59,d.3/99

OREGON, UNIVERSITY OF
Burrow, Phoebe Greenman,
'31,d.7/99
Claggett, Maxine Myers, '30,d.5/99
Gerber, Joanne Fitzmaurice,
'48,d.12/99
Werschkul, Mary Hays, '37,d.10/99

PENNSYLVANIA STATE UNIVERSITY
Haddrell, Laura Conabee,
'34,d.10/99
McCauley, Marjorie Siebert,
'41,d.3/99

PURDUE UNIVERSITY
Anderson, Marilou Van Bergen,
'38,d.10/99
Barbee, Martha Alexander,
'31,d.9/99
Barry, Betty Sexton, '37,d.10/99
Justin, Mildred Mills, '34,d.10/99
Ryan, Martha Dukes, '24,d.12/99

ROLLINS COLLEGE
Dowlen, Marie Smith, '37,d.10/99
Shrewsbury, Nancy Dickinson,
'32,d.10/99

***SAN JOSE STATE UNIVERSITY**
Brahm, Margo O'Brien, '63,d.11/99

SOUTHERN CALIFORNIA, U. OF
Henderson, Jean Hessel, '50,d.11/99

ST. LAWRENCE UNIVERSITY
Brown, Kathleen Gilroy, '80,d.9/99
Murphy, Ruth Buhrendorf,
'43,d.5/99
Murray, Fernabelle Brandow,
'23,d.11/95
Ward, Esther Wells, '54,d.2/99

STANFORD UNIVERSITY
Griswold, Harriet Ford,
'23,d.11/99
Stewart, Marcia Cass, '32,d.10/99

SYRACUSE UNIVERSITY
Hart, Betty Miller, '37,d.11/99

TEXAS, UNIVERSITY OF
Campbell, Claudia, '68,d.10/99

Gilliam, Emily Anderson,
'24,d.8/99
Marquess, Jane Webb, '28,d.11/99
Meredith, Mary Wilkins, '18,d.8/99
Phillips, Nancy Boxwell, '53,d.5/99
Steig, Evelyn Ryan, '25,d.3/98
Thompson, Mary Sayford,
'32,d.7/99

TULANE UNIVERSITY
Cockrell, Marian Brown,
'27,d. 12/99
Wetherbee, Ethelyn Leverich,
'33,d.6/87

TULSA, UNIVERSITY OF
Finks, Maxine Stemmons,
'49,d.3/99

UTAH, UNIVERSITY OF
Bernard, Emily Neff, '41,d.6/99

WASHINGTON STATE UNIVERSITY
Borgeson, Anne, '28,d.9/99

WASHINGTON, UNIVERSITY OF
Gearin, Jane Taubman, '40,d. 10/99
Goulter, Martha Harrison,
'35,d.7/99

Ingrim, Mary Torrey, '26,d.12/99
Snow, Ann Huston, '39,d.11/99
Wilcox, Marquerite Bone,
'23,d.11/99

WEST VIRGINIA UNIVERSITY
Bungard, Eleanor Hoard, '34,d.6/99

WHITMAN COLLEGE
Phillips, Elizabeth
Harris, '34,d.10/99

WILLIAM & MARY, COLLEGE OF
Langton, Jane Stanger, '33,d.10/99
Williamson, Dorothy
Rhodes, '28,d.11/99

WISCONSIN, UNIVERSITY OF
Bock, Sarah Benzie, '55,d.12/98

WYOMING, UNIVERSITY OF
LeBeau, Margaret
Dixon, '27,d.10/99
Palmer, Dixie Serr, '35,d.10/99
Robinson, Mildred
Nelson, '39,d.10/99
Wales, Lois Buck, '33,d.12/99

* indicates inactive chapters

CORRECTION:

MARGARETA STANTON HILLMAN, *Washington*, was listed in "In Memoriam" by mistake in the Winter 1999 Issue. *The Key* apologizes for the error.

In order for names to appear in "In Memoriam," verification and date of death must be sent to Fraternity Headquarters and Foundation Office, P.O. Box 308, Columbus, OH 43216-0308. Memorial gifts may be sent to the KKG Foundation, attention: Director of Development.

EDITOR'S NOTE: *The Key* only publishes obituaries for Fraternity Presidents, Council, and Regional and Province Officers are remembered with a listing of their Fraternity service. All members are listed in the regular "In Memoriam" department on a quarterly basis once proper notification is received by the Membership Services Department at Headquarters.

Comments on "Diversity" Issue

I suppose that "celebrating" diversity is preferable to opposing it, but I was still appalled by the hypocrisy of the theme of the Fall 1999 Issue. If you truly believe you are celebrating diversity, you have no idea of the meaning of this very important concept. I would prefer more introspection and honesty on the part of my Fraternity.

— MARY RANDOLPH WILLIAMS, *Washington Univ. (St. Louis)*

Kappa Connections

I was overwhelmed when I opened the Fall 1999 Issue and read your wonderful description of my dramatic book reviews. Thank you for such a dazzling section on amazing Kappa alumnae and for allowing me to be included. The best part is the terrific responses — Kappas have been approaching me at my reviews with big smiles and hugs saying, "I'm thrilled you're a sister!"

— BARBARA ALBERS RINELLA, *Duke*

EDITOR'S NOTE: Do you work with your spouse?

The Key is considering a feature article on Kappas who work with their husbands and/or other family members. Tell us how and why you work together, your tips for success and your greatest challenges. Send information via e-mail to jhoover@kappakappagama.org; send your story on a diskette with hard copy and photographs to P.O. Box 38, Columbus, OH 43216. Deadline: May 15, 2000.

The Key Deadlines

FALL 2000: Copy due June 1, 2000. Features will include articles on family issues plus a General Convention report.

WINTER 2000: Copy due Sept. 1, 2000. Foundation donors, programs and select scholarship recipients will be featured.

SPRING 2001: Copy due Nov. 15, 2000. Theme TBA.

SUMMER 2001: Copy due April 15, 2001. Theme TBA.

EDITOR'S NOTE: *Themes are subject to change. Stories related to the above themes may be submitted to The Key, Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 38, Columbus, OH 43216-0038; fax: 614/228-7809; e-mail: jhoover@kappakappagama.org. Written pieces and artwork are accepted on a volunteer basis only. Photographs become the property of The Key and will not be returned. Submissions may be used in other Fraternity publications or on the official Web site. The Editorial Board regrets that not all submissions can be used.*

CLASSIFIED ADS

Customized Kappa Dolls

Engel-Puppen customized dolls created by a Kappa for Kappas! Order a doll as a twin for your daughter,



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You choose face shape, eye color, hair style and color; choose lined velvet dress in blue, crimson or teal; dolls are 18 inches tall with soft cloth body and vinyl face, arms and legs; comes with official Burr, Patterson and Auld

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KKΓ HEADQUARTERS RESOURCES REQUEST FORM

The following resources are available from Fraternity Headquarters. Indicate the number of copies desired and mail completed form with check to Information Services, Kappa Kappa Gamma Fraternity, P.O. Box 38, Columbus, OH 43216-0038. Or, place your order by calling 614/228-6515 or via e-mail at kkghq@kappa.org.

A number of educational resources are being revised and will be available later this year. A new list of resources and order form will be provided in a future issue.

(Checks payable to Kappa Kappa Gamma Fraternity)

No. of Copies	Price
Membership Data Form	NC
Hazing Brochure	call
KKΓ Foundation Information	NC
Reflections video (Kappa history)	\$20.00
Stewart House Slide Tour (rental)	\$10.00
TOTAL AMOUNT	

Name: _____

Complete Mailing Address: _____

Phone No.: _____ / _____

E-mail: _____

JEWELRY COLLECTION

	14K	10K	GK	SS
1. Pin-On Badge Charm.....	\$157.00	\$112.00	\$52.50	\$52.50
2. Pierced Pin-On Badge Charm	125.00	90.00	45.00	50.00
3. Imperial Onyx/Crest Ring w/4 Pearls	202.00	151.00	--	69.00
4. Imperial Onyx/Crest Ring w/out Pearls	190.50	139.50	--	57.50
5. Dangle Ring	76.00	50.50	--	23.00
6. Round Signet Crest Ring ..	146.00	114.00	--	52.00
7. Wide Band Crest Ring	165.00	127.00	--	57.50
8. Mini Monogram Ring	101.50	76.00	--	34.50
9. Philly Swirl Ring All Sapphire	209.50	158.50	--	--
All Pearl (not shown)	190.50	139.50	--	--
Alternating Sapphire/ Pearl (not shown)	203.00	152.50	--	--
Alternating Pearl/ Diamond (not shown) ..	266.50	216.00	--	--
Alternating Sapphire/ Diamond (not shown) ..	273.00	222.00	--	--
All Diamond (not shown) ..	305.00	254.00	--	--
10. Vertical Incised Letter Ring w/out Enamel	153.00	108.00	--	40.50
11. Scottsdale Incised Key Ring	139.50	101.50	--	34.50
12. Blue Enamel Marquis Ring w/ Crest	139.50	108.00	--	46.00
13. Oval Raised Letter Ring ..	152.50	108.00	--	40.50
14. Oval Incised Letter Ring ..	152.50	108.00	--	40.50
15. Key Ring	152.50	108.00	--	40.50
16. GF/SS Oval Filigree w/ Engraved Vertical Letters ..	--	28.00 (GF)	--	28.00
17. GF/SS Large Round Filigree with Crest	--	50.50	30.00	31.00
18. GF/SS Small Round Filigree Charm w/Crest ..	--	45.50	25.50	26.00
19. GF/SS Heart Filigree w/ Engraved Horiz. Letters ..	--	18.00 (GF)	--	18.00
20. Crown Pearl Vertical Letter Lavalier	110.50	85.00	63.50	--
21. Vertical Letter Lavalier ...	38.00	28.00	8.00	12.50
22. Mini Vertical Letter Lavalier	25.50	16.50	8.00	12.50
23. Key Lavalier	38.00	28.00	8.00	12.50
24. Ingot Lavalier w/ Enamel	76.00	53.00	12.50	12.50
25. Staggered Letter Lavalier	38.00	28.00	8.00	12.50
26. Crest Lavalier	47.00	31.50	12.50	12.50
27. Heart Lavalier	39.00	29.00	12.50	12.50
28. Circle Lavalier	39.00	29.00	12.50	12.50
29. Mini Staggered Letter Lavalier	25.50	16.50	8.00	12.50
30. Horseshoe Keyring FOB ..	--	--	18.50	--
31. GF/SS Single Link Bracelet	--	11.50 (GF)	--	11.50
32. GF Festoon Bracelet w/1 Key	--	69.50	28.50	28.50
33. Key Bracelet w/Crest (7) ..	--	222.00	86.50	86.50
34. Plain Double Letter Guard	--	35.00	14.00	--
Plain Single Letter Guard (not shown)	--	30.00	11.50	--
35. Crown Pearl Single Letter Guard	--	65.00	33.50	--
Crown Pearl Double Letter Guard (not shown) ..	--	80.00	51.00	--
36. Chased Double Letter Guard	--	40.00	17.00	--
Chased Single Letter Guard (not shown)	--	30.00	14.00	--

Please specify chapter letters when ordering guards.



	14K	10K	GK	SS
37. Recognition Key Pin	\$--	\$22.00	\$5.00	\$--
38. Plain Special Award Key ..	--	62.00	--	--
39. Plain Bar Pin w/Greek Letters	--	57.00	20.00	--
40. Mono Recognition Pin	--	--	4.00	--

Badges

For enameled letters add \$1.00 to the badge prices below.

41. Crown Pearl Badge	--	82.00	--	--
42. Alternating Pearl/ Diamond Badge	--	162.00	--	--
43. All Diamond Badge	--	252.00	--	--
44. Plain Badge	--	45.00	--	--
45. Close Set Emerald Special Award Key	--	112.00	--	--
46. All Sapphire Badge	--	77.00	--	--
47. Alternating Sapphire/ Pearl Badge	--	75.00	--	--
48. Alternating Sapphire/ Diamond Badge	--	172.00	--	--
49. 65-Year Pin*	--	--	--	--
75-Year Pin* (not shown) ..	--	--	--	--
50. 50-Year Pin*	--	--	--	--
51. Fleur de Lis Pin	--	25.50	12.50	12.50
Fleur de Lis Pin w/ 3 Pearls (not shown) ...	--	31.50	18.50	18.50
52. Staggered Letter Stick Pin	--	--	9.00	--
53. New Member Pin	--	--	5.50	--
55. Glass & Mirror Box w/Crest	--	--	26.00	--
56. Oval Metal Trinket Box w/Crest	--	--	15.00	--

Not Shown

Official Recognition Dangles	24.00	16.50	7.50	--
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* Available through headquarters only.

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NOTE: The prices above do not include necklace; add \$5.00 to above prices for 18" gold-filled or sterling silver necklace.

KKK



Individual badge orders may be placed directly with Burr, Patterson & Auld Company. Chapter orders for badges MUST be prepared by Chapter Corresponding Secretary on official order forms obtained from Fraternity Headquarters.

NOTE: Returned or cancelled orders are subject to penalty. Prices are subject to change without notice. Prices are subject to state sales tax for Indiana residents. Please allow four to six weeks for manufacturing.

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P.O. Box 800 • 9147 W. 1000 N
Elwood, IN 46036
765-552-7366 • 800-422-4348
FAX 765-552-2759

Have you moved? Changed your name or occupation?

☐ Include my occupation in the Kappa Connection database to be available only to other Kappas.

Name: _____ Chapter: _____

Husband's Name: _____

Address: _____

Home Phone: _____ / _____ Occupation: _____

Send to Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 308, Columbus, OH 43216-0308; kkgHQ@kappa.org

Everything Kappa is in the Key Source Catalog!



new "patch" tanks & Tees... sleeve imprint shirts... slickers... everything blue & blue!



Convention 2000 "naturals"... Convention premium sportswear... Spring JACKET Sale!!!



Dad, Mom, & Alumnae apparel... blankets... Letters, from traditional to leopard Zip hoods...

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Vases... needlepoint pillows... frames... Lavalieres... Elegant handpainted Limoges boxes

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3/4 sleeve length fitted \$25.00
sleeveless tee/tank \$18.00
short sleeve (not shown) \$19.00
- X3 Super K sleeve imprint S-XL \$23.00
- X4 Slicker (KKΓ front) S-XL \$26.00
black corduroy cuffs, collar, detachable hood
- X5 Blue & Blue fitted raglan w/ KKG \$26.00
- X6-X8: celebrate June convention in Palm Desert!
- X6 Convention medallion tee (circle on back)
Short sleeve natural \$14.00
Long sleeve natural \$23.00
- X7 Fitted tee convention tee, blue \$15.00
- X8 Lt. bl convention tee 3/4 sleeve \$22.00
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