

The Key



A KAPPA KAPPA GAMMA PUBLICATION

VOLUME 130, NO. 4
WINTER 2013

Protect Your Nest Egg

- Foundation Annual Report
- Smashing the Myth of Perfection

Volume 130, No. 4
Winter 2013

The Key is the first college women's fraternity magazine, published continuously since 1882.

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Statement of Ownership

STATEMENT OF OWNERSHIP, MANAGEMENT, AND CIRCULATION Title of Publication: The Key Issue Date: September 2013 Issue Frequency: Quarterly Number of Issues Published Annually: 4 Annual Subscription Price: \$3.00 Office of Publication: 530 E. Town St., Columbus, OH 43215 Mailing Office: 530 E. Town St., Columbus, OH 43215 Known by Name of: Kappa Kappa Gamma Fraternity Publication Title: The Key Issue Date for Circulation Data Below: September 2013		I, Kristin Johnson Sangid , Editor, do hereby certify that the above is a true and correct statement of the ownership, management, and circulation of the above publication for the issue date specified. Signature: Kristin Johnson Sangid Title: Editor Date: September 10, 2013	
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foundation annual report:



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The Key of Kappa Kappa Gamma links each member with the Fraternity. The mission of *The Key* is

- To inform, inspire and challenge
- To promote leadership, scholarship and friendship
- To sustain and nurture loyalty and interest
- To recognize the accomplishments of individuals, groups, the Fraternity and its Foundation
- To provide a forum for an exchange of information and opinion
- To be a permanent record.

Kappa Kappa Gamma Headquarters

P.O. Box 38
Columbus, OH 43216-0038

Phone: 866-554-1870 (866-KKG-1870)
Fax: 614-228-7809

Email Kappa: kkghq@kkg.org

Email *The Key*: thekey@kkg.org

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<http://uploads.kappa.org>

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Three New Chapters Are Georgetown, Wichita State and Elmhurst

Welcome, Eta Tau!

ETA TAU CHAPTER, *Georgetown*, was installed Oct. 26, 2013, with 24 charter members, as the first National Panhellenic Conference organization in the Georgetown community. **GAMMA CHI**, *George Washington*, members and local alumnae assisted during the initiation weekend in Washington, D.C.

Extension Chairman **BARB ADAMS GOETTELMAN**, *Syracuse*, with the help of Chapter Consultant **REBECCA SHAW**, *Virginia Tech*, Coordinator of Chapter Development **CORI EGNEW WOODS**, *Richmond*, and Headquarters staff implemented a colonization plan specific to the needs of the first NPC sorority in the area. Three collegians who attend Georgetown University were aware of the scholarship, philanthropy and leadership opportunities available through Panhellenic membership, and as a result, sought affiliation with Kappa.

The Fireside ceremony and installation service were held at the Georgetown Hotel and Conference

Center, with members of **GAMMA CHI** serving as the sponsoring chapter. The weekend was led by Fraternity President **JULIE MARINE LESHAY**, *Colorado College*; Director of Membership **SUSAN PILE**, *Miami (Ohio)*; Fraternity Ritual Chairman **SUSANNE WOLFF VANDER HEYDEN**, *Washington State*; Fraternity Extension Chairman Barb Adams Goettelman; Installation Chairman **VICKI TALLMAN EGNEW**, *Ohio State*; Region 2 Director of Chapters **LESLEY DILLON LAGE**, *Akron*; Region 2 Director of Alumnae **SELENA STALEY MYERS**, *Akron*; Lambda Province Director of Alumnae **HILDA CRUCETT GARRETT**, *William & Mary*, and Lambda East Province Director of Chapters **LIBBY WEITH**, *Furman*.

Chapter Consultant Rebecca Shaw knew just how special the weekend was for the charter members of **ETA TAU**. "I could see how each of the 24 women was hanging on to every word. It was a proud moment to see how much they wanted this membership in Kappa and just how appreciative they were."



Welcome, Eta Upsilon!

ETA UPSILON CHAPTER, *Wichita State*, was installed Nov. 16, 2013. The chapter joins Alpha Phi, Delta Delta Delta, Delta Gamma and Gamma Phi Beta as one of five Panhellenic groups on campus.

In March, the university agreed to extend members of Gamma Epsilon, a local organization, the opportunity to join Kappa. Included in this partnership was a traditional colonization plan to be led by Chapter Consultant **CHELSEA DYER**, *Oklahoma State*, Colonization Chairman Susanne Wolff Vander Heyden and Headquarters staff.

Fraternity President Julie Marine Leshay; Fraternity Treasurer **NANCY EYERMANN FOLAND**, *Tulsa*; Fraternity Ritual Chairman Susanne Wolff Vander Heyden; Fraternity Extension Chairman Barb Adams Goettelman; Installation Chairman **KRISTI MCCUNE ROWLAND**, *Kansas State*; Region 6 Director of Chapters **ANGELA DISALVO**, *Iowa*;



Installed



Region 6 Director of Alumnae **JENNIFER HAUGHEY KING**, *Utah*; Zeta West Province Director of Alumnae **MELISSA JONES SMITH**, *Kansas*; Zeta Province Director of Chapters **KATY STOVALL**, *Drake*; and Coordinator of Chapter Development **RISA PIERCE FLANDERS**, *Kansas State*; assisted in the Fireside ceremony

at Crestview Country Club and installation service at the Wichita Marriott. Members of **GAMMA ALPHA**, *Kansas State*, were also present in both ceremonies and in celebrating the initiation of 40 charter members and three alumnae.

“Installation weekend ... was one of the best weekends of my life. The whole experience was beautiful and will be a day I never forget. I can’t wait to see what our chapter can do on campus and what we can do in the future while working together to better those around us,” says **WHITNEY MCBRYDE**, chapter President.

Welcome, Eta Phi!

ETA PHI CHAPTER, *Elmhurst College*, celebrated a charter class of 43 initiates on Nov. 23, 2013. Located just west of downtown Chicago, Ill., Elmhurst chose Kappa Kappa Gamma to join Alpha Phi, Phi Mu and Sigma Kappa as part of the campus Panhellenic.

The process kicked off in the fall of 2013, led by Chapter Consultant **JESSIE PEREIRA**, *Santa Clara*, Colonization Chairman **SUZANNE BROWN MAHONEY**, *Kansas State*, and Headquarters staff.

Installation weekend took place at the Westin O’Hare, where members

of **ETA LAMBDA CHAPTER**, *Loyola*, participated in the installation activities. Fraternity President Julie Marine Leshay; Director of Alumnae **LORI GILMORE MILTENBERGER**, *Butler*; Fraternity Ritual Chairman Susanne Wolff Vander Heyden; Fraternity Extension Chairman Barb Adams Goettelman; Installation Chairman **ALEXANDRIA SHANKLIN**, *Emory*; Region 5 Director of Alumnae **JENNIFER BEARDSLEY FALES**, *Kansas State*; Epsilon South Province Director of Alumnae **BEVERLY HAYES**, *Miami*; Epsilon North Province Director of Alumnae **NANCY GREENSTEIN WORSLEY**, *Illinois*; Epsilon Central Province Director of Chapters **ALEXANDRA CAMPION YOUNG**, *South Carolina*; and Coordinator of Chapter Development **ANN MOENIUS**, *Nebraska*, were all present to welcome the initiates as members of Kappa Kappa Gamma.

Dr. Eileen Sullivan, Dean of Students at Elmhurst College, spoke to members and guests at the Saturday morning Installation Banquet. “Today we celebrate you—the start of what will be an incredibly enhanced undergraduate experience, and a lifetime of memories you will make with your sisters.”

With those words in mind, congratulations to all of our new chapters!



Fee Increase Proposed

As a leader in the Greek community, Kappa Kappa Gamma has been teaching and expecting sound financial management at all levels for 143 years. Kappa's operating expenses continue to escalate as our members expect better value, streamlined reporting, real-time training and more reliance on technology, staff and infrastructure.

This fall Fraternity Council voted to propose amendments to the Fraternity *Bylaws* at the 2014 General Convention. The proposals include increasing the alumna per capita fee from \$17 to \$22, active per capita fee from \$82 to \$87 and the new member fee from \$165 to \$170.

Fraternity Council is proposing what is right for Kappa Kappa Gamma today. This fee increase is necessary to stay relevant to our incoming undergraduates, stay competitive in the Greek community, and to allow Kappa to continue to offer the sisterhood experience to all members for a lifetime.

Per capita and new member fees will be used for member services that keep us running efficiently and staying connected. These include administrative support, chapter and alumna assistance, advancements in technology and establishing new chapters. Other items include *The Key* magazine, educational outreach, numerous meetings including Convention, offices at Fraternity Headquarters and more.

These amendments will require delegate approval during the 2014 General Convention. Chapters and associations should plan for this possibility when forecasting your budget next spring for the 2014–2015 fiscal year.

We thank you in advance for your support of these proposed fee increases, and, most importantly, your unwavering commitment to Kappa Kappa Gamma.

Bylaws and Standing Rules Amendments

The Fraternity Council welcomes recommendations for amendments to the Fraternity *Bylaws* and *Standing Rules* from all members.

Send recommendations to Kari Kittrell, Executive Director, kkghq@kkg.org, or via mail to Kappa Kappa Gamma Fraternity, P.O. Box 38, Columbus, OH, 43216-0038 by Feb. 15, 2014. Proposed amendments will be sent to chapters and associations in March 2014.

KAPPA KAPPA GAMMA

April 11-13, 2014

100

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ΦΧΥ

international badge day

March 3, 2014



National Panhellenic Conference
the voice for sorority advancement

NPC Is All About Collaboration

The National Panhellenic Conference met Oct. 10–13 at the Los Angeles Airport Marriott for the 2013 annual meeting. Participants reflected on the accomplishments of the past year and planned the ongoing commitment of sorority advancement in the next biennium.

A “family reunion” allowed attendees to meet one another or catch up before working sessions began. Social media was introduced as a positive vehicle for NPC ambassadorship by NPC Marketing and Events Manager **JULIA SCHENK**, *Butler*. Exciting moments and memorable photo opportunities were shared on Twitter, Instagram and Facebook with #NPCAM13.

Jane H. Sutton, Alpha Xi Delta, the 2011–2013 NPC Chairman, opened the 2013 annual meeting general session. She welcomed local College and Alumnae Panhellenics and recognized the women who are retiring from their delegations for their service to NPC. The Conference reviewed legislative items, which will be included in the 2014 revisions to the NPC Manual of Information.

Audrey Jeager, Ph.D., associate professor of education at North Carolina State University, presented the keynote address at the Alumnae Achievement Luncheon. She emphasized the need for women in the fields of science, technology, engineering and mathematics. Audrey received the Women in Higher Education Achievement Award from the NPC Foundation. In addition, NPC



Attending the NPC Annual Meeting on behalf of Kappa Kappa Gamma are: **KARI KITTRELL**, Alpha Phi; **LORI McDONALD**, *Utah*; **TERI VANDORN HAMPSON**, *Iowa State*; **MARIAN KLINGBEIL WILLIAMS**, *Missouri*; **JULIE MARINE LESHAY**, *Colorado College*; and **PATTY COFFEE GESSELL**, *Penn State*.

presented the Coachella Valley Alumnae Panhellenic with the Outstanding Alumnae Panhellenic award. NPC also recognized Dave Conner from The College of New Jersey as adviser of the year.

During the closing session, the Conference finalized legislation discussion and voting, led by Legislative Committee Chairman Dana Katz, Alpha Epsilon Phi. Jane Sutton concluded her tenure as chairman with the state of the Conference address and installation of the 2013–2015 Executive Committee, led by Jean M. Mrasek, Chi Omega.

In her final address as NPC chairman, Jane Sutton said, “There is a reason we have existed as a conference for 111 years, and I know your belief in the power of sorority will lead you to ensure the Conference survives and thrives

for future generations of women. Thank you for allowing me to have made this journey with you.”

Jane Sutton passed the gavel to Jean Mrasek, the 2013–2015 NPC Chairman. “Collaboration is essential to accomplish our goals and implement the strategic plan,” said Jean. She added that collaboration is a major focus in this biennium.

The 2013 annual meeting allowed for reflection, celebration and discussion. It also provided attendees with a renewed vision of the NPC mission and goals, which can be attained by advancing sorority together. 🔑

.....
EDITOR’S NOTE: Jennifer Wetzel, Pi Beta Phi, and Sydney Willmann, Zeta Tau Alpha, contributed to this report.

In Memoriam

Honoring Those We Have Loved and Lost

These names were submitted to Fraternity Headquarters between Aug. 23, 2013, and Nov. 14, 2013.

* ADELPHI COLLEGE

Klemenger, Cynthia Swan, '47, d. 9/13

AKRON, UNIVERSITY OF

Fuller, Janet Loomis, '34, d. 10/00
Hufford, Margaret Garver, '48, d. 10/11

Karg, Joanne McTaggart, '48, d. 7/13
MacDonald, Jane Stalnaker, '58, d. 1/11
Ufford, Betty Smith, '30, d. 7/01

ALABAMA, UNIVERSITY OF

Kilpatrick, Edwina Wyatt, '35, d. 6/13
Parker, Judith Justice, '59, d. 8/13

ALLEGHENY COLLEGE

Hollenbeck, Peggy Swanson, '48, d. 9/13

ARKANSAS, UNIVERSITY OF

Benson, Christina Dunn, '38, d. 5/12
Carter, Kelly, '81, d. 8/13
Johnson, Cynthia Dew, '58, d. 10/13
Johnston, Doris Owens, '44, d. 9/13
McNeil, Jean Pitts, '56, d. 10/13
Moore, Martha, '47, d. 10/13
Murray, Betty Hurst, '42, d. 7/13
Phillips, Elizabeth McCarty, '68, d. 9/13
Proctor, Dianne Simpson, '61, d. 8/13
Reagan, Mary Sue, '39, d. 8/13
Temple, Joan Cox, '48, d. 8/13

* BOSTON UNIVERSITY

Batchelder, Margaret Middleton, '37, d. 6/13

BUCKNELL UNIVERSITY

Hardie, Joie LaBarr, '48, d. 1/13

BUTLER UNIVERSITY

Alston, Elizabeth Nolte, '44, d. 10/13
Liverett, Jane Martin, '41, d. 10/13
Srader, Margaret Brayton, '43, d. 8/13
Turney, Martha Hostetter, '41, d. 10/13

CALIFORNIA, U. OF, BERKELEY

Roeth, Helen, '49, d. 8/13

CALIFORNIA, U. OF, DAVIS

Knopf, Sharon, '76, d. 8/13
McGrath, Susan Fox, '92, d. 12/12

CALIFORNIA, U. OF, LOS ANGELES

Isaacs, Marcia Rennie, '41, d. 10/13
Shay, Shelia Fitzmaurice, '48, d. 7/13
Tomlinson, Joan Coulter, '42, d. 8/13

CARNEGIE MELLON UNIVERSITY

Hanson, Martha Moore, '45, d. 9/13

CINCINNATI, UNIVERSITY OF

Deweese, Jane Stanley, '51, d. 6/07

COLORADO COLLEGE

Gould, Mary Sutton, '49, d. 8/13

COLORADO, UNIVERSITY OF

Barnes, Joyce Lindahl, '59, d. 9/13
Chisholm, Jane Hollenbeck, '57, d. 8/13
Corso, Virginia Nickels, '54, d. 6/13
East, Mary Bean, '48, d. 12/12
McCormick, Elizabeth Ross, '50, d. 9/13
Sanford, Dell McMillen, '54, d. 8/13

CONNECTICUT, UNIVERSITY OF

Bisbee, Susan, '87, d. 9/13
Courtney, Claire deMontigny, '45, d. 10/13
Taylor, Orinda Lewis, '76, d. 8/13

DENISON UNIVERSITY

Greenlee, Margaret, '53, d. 9/13

DEPAUW UNIVERSITY

Hughes, Jean Montgomery, '39, d. 8/13
Ruedig, Anne Keeney, '48, d. 9/13

DUKE UNIVERSITY

Emmenegger, Sheena Webster, '40, d. 9/13
Mansker, Bertha Bass, '59, d. 1/09

FLORIDA STATE UNIVERSITY

Blankfield, Julie, '02, d. 8/13

GEORGE WASHINGTON UNIVERSITY

Dunbar, Doris Thompson, '39, d. 5/12
Kostik, Shirley Sunderman, '48, d. 10/13
Willis, Virginia Kibler, '38, d. 7/13

GEORGIA, UNIVERSITY OF

Kenan, Anne Woodward, '54, d. 7/13

HILLSDALE COLLEGE

Bingman, Hazel Rice, '33, d. 9/13
Maxson, Mary Barbour, '33, d. 8/13
Nash, Donna Georgi, '55, d. 10/11

ILLINOIS WESLEYAN UNIVERSITY

Duguid, Dorothy Ramseyer, '43, d. 9/13

ILLINOIS, UNIVERSITY OF

Crocker, Marilyn Hannah, '44, d. 6/13

INDIANA UNIVERSITY

Apeland, Mary Havens, '49, d. 12/10
Curry, Jane Tournier, '40, d. 10/13
Lichte, Jeanne Thompson, '40, d. 12/02

IOWA, UNIVERSITY OF

Gilloon, Shirley Fitzgerald, '42, d. 7/13
Halverson, Helene Peck, '54, d. 5/13
Johnson, Virginia Snyder, '45, d. 10/13

KANSAS STATE UNIVERSITY

Frerking, Joyce Nicholson, '52, d. 11/13
Northrop, Shirley Hill, '47, d. 8/13
Pearson, Kathryn Black, '33, d. 9/13

KANSAS, UNIVERSITY OF

Ball, Catherine Piller, '45, d. 10/13
MacLaughlin, Joanna Mitchell, '51, d. 10/13
Mills, Nancy Clark, '42, d. 8/13
Shipman, Diane Durham, '48, d. 10/13

KENTUCKY, UNIVERSITY OF

Bruce, Mary Helburn, '23, d. 2/89
Hall, Betty Mauser, '52, d. 9/13
Justice, Jane Rhodes, '73, d. 10/13
Mounts, Lois Frey, '54, d. 8/13

LOUISIANA STATE UNIVERSITY

Scott, Rebecca Campbell, '48, d. 7/13
Stander, Julie, '61, d. 8/13

* MARYLAND, UNIVERSITY OF

Nunn, Jane Kudlich, '43, d. 1/13

MIAMI UNIVERSITY

Acker, Mary Brawley, '48, d. 7/13
Andersen, Joy Clark, '45, d. 9/10
Hoagland, Carolyn Talbot, '42, d. 9/13
Stoneburner, Marcia Wanamaker, '62, d. 10/13

MIAMI, UNIVERSITY OF

Harmon, Carol Engels, '48, d. 10/13
Naus, Peggy Bridges, '40, d. 8/13
Shelley, Becky Parham, '38, d. 8/13

MICHIGAN, UNIVERSITY OF

Haines, Marilyn Montross, '41, d. 4/07

* MIDDLEBURY COLLEGE

George, Harriet Lindenberg, '42, d. 4/09

MISSISSIPPI, UNIVERSITY OF

Benvenuti, Mary Shourds, '47, d. 9/13

MONMOUTH COLLEGE

Eavey, Mary Hutchison, '44, d. 6/06
Henrikson, Marcelyn Clements, '53, d. 5/13
Scholten, Joyce Hansen, '49, d. 5/13
Swanson, Jane Zimmer, '34, d. 8/13

NEBRASKA, UNIVERSITY OF

Rogers, Barbara Dunn, '47, d. 9/13

NEW MEXICO, UNIVERSITY OF

Anella, Mary Anderman, '48, d. 8/11
Bohner, Sally Arthur, '41, d. 5/13
Gere, Anne Lucas, '36, d. 8/13
Graham, Jane Wylder, '35, d. 10/13
Hueter, Patricia Hannett, '43, d. 8/13

NORTHWESTERN UNIVERSITY

Kountze, Elizabeth Maenner, '43, d. 3/13
Streeter, Katherine Ohair, '48, d. 9/08

OHIO STATE UNIVERSITY

Anderson, Suzanne Gruss, '47, d. 10/08
Crawford, Maxine Dyer, '30, d. 4/96
Krizov, Janice Grove, '53, d. 8/13
Ogilvie, June Clawson, '38, d. 9/02
Wallace, Kathleen Wahlenmaier, '56, d. 8/13

OHIO WESLEYAN UNIVERSITY

Ellis, Kathryn Spait, '27, d. 1/01
Peck, Anne Stillson, '51, d. 10/13
Saddler, Shirley Rogers, '48, d. 9/13
Sellers, Betty Brown, '49, d. 5/05

OKLAHOMA STATE UNIVERSITY

Perkins, Delores Linthicum, '50, d. 1/06

OKLAHOMA, UNIVERSITY OF

Ground, Billye Reynolds, '39, d. 5/13

OREGON STATE UNIVERSITY

Fuegy, Marjorie Dailey, '48, d. 8/13

OREGON, UNIVERSITY OF

Boquist, Katharine Becker, '46, d. 10/13

PENNSYLVANIA STATE UNIVERSITY

McSorley, Nancy Queer, '50, d. 2/13
Ritts, Ellen, '38, d. 7/06

* PENNSYLVANIA, UNIVERSITY OF

Lynn, Laura Miller, '39, d. 2/13
Sawyer, Mary Disbrow, '43, d. 7/13

PITTSBURGH, UNIVERSITY OF

Staley, Hedvig Brynoldt, '30, d. 7/07
Willey, Violetta Starr, '31, d. 9/93

PURDUE UNIVERSITY

Doyle, Mary Honan, '59, d. 9/13

* ROLLINS COLLEGE

Mitchell, Elizabeth Kessler, '92, d. 9/13

* SAN JOSE STATE UNIVERSITY

Cone, Maralyn Richards, '50, d. 5/13

SOUTHERN METHODIST UNIVERSITY

Carter, Virginia Harkins, '45, d. 1/13

ST. LAWRENCE UNIVERSITY

Dubois, Winifred Clark, '38, d. 8/13

SYRACUSE UNIVERSITY

Chase, Frances Storen, '35, d. 4/93
Orser, Charlotte Wilson, '24, d. 8/97

TEXAS CHRISTIAN UNIVERSITY

Morrill, Judith Bradshaw, '67, d. 8/13

TEXAS TECH UNIVERSITY

Barr, Doris, '60, d. 9/13

TEXAS, UNIVERSITY OF

MacLaughlin, Catherine Jacob, '64, d. 10/13
Sullivan, Eileen Crain, '32, d. 10/13

TULANE UNIVERSITY

Doerries, Sarah, '89, d. 10/13
Toye, Laurette Montgomery, '53, d. 7/13

TULSA, UNIVERSITY OF

Roach, Helen McAlpine, '53, d. 9/13

UTAH, UNIVERSITY OF

Kenny, Faye Knudson, '49, d. 10/13
Petralia, Mary Griffin, '48, d. 7/13

WAKE FOREST UNIVERSITY

Spell, Mary, '93, d. 7/13

WASHINGTON UNIVERSITY

Bemis, Jane Maize, '39, d. 10/13
Lake, Asa Knighten, '46, d. 2/13
Singleton, Laurian Taylor, '42, d. 9/13

WASHINGTON, UNIVERSITY OF

Flint, Dorothy Thomson, '32, d. 10/08
LeMond, Kristy, '07, d. 5/13
Richards, Sharyn Morris, '57, d. 8/13

WEST VIRGINIA UNIVERSITY

Alday, Martha Williams, '43, d. 9/12
Boldt, Joan Wolfe, '54, d. 10/13
Majesky, Eve Hilton, '43, d. 9/13

WHITMAN COLLEGE

Haugerud, Carol Gwinn, '52, d. 8/13
Marcum, Faye Lloyd, '38, d. 2/00
Taggard, Anne Jones, '40, d. 9/13

WILLIAM AND MARY, COLLEGE OF

Harvell, Amie Cobb, '38, d. 10/13
Wiley, Caroline Jones, '49, d. 8/06

WISCONSIN, UNIVERSITY OF

Mittag, Luette Freeman, '50, d. 3/05
Pansing, Nancy Keeler, '44, d. 12/95

WYOMING, UNIVERSITY OF

Harris, Barbara Duncan, '60, d. 7/13

* Indicates inactive chapters.

In Memoriam Reminder

When reporting a deceased member, please include her full name, including maiden name, her chapter or university, date of death, your name and contact information, and your relationship to the deceased. Copies of obituaries are appreciated.

Call Membership Services at 866-KKG-1870 or email membershipservices@kkg.org.

Protect Your Badge

To ensure that your membership badge is properly protected, please fill out the form below and keep it with your badge or personal papers. This simple step will help make sure that your precious badge, an official emblem of the Fraternity, does not fall into the possession of a nonmember who may not realize its significance.



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as a member of Kappa Kappa Gamma, request that
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Headquarters (530 E. Town St., P.O. Box 38,
Columbus, OH 43215).

___ left to my sister, daughter, granddaughter,
great-granddaughter or other direct legacy
connection.

___ left to _____ chapter to
be used as an award badge for _____.

___ left to _____ alumnae
association to be used as _____.

___ buried with me.

Date: _____

Member Signature: _____

Keep with your badge or legal documents.

June 25–29, 2014

Kappa's 70th Biennial Convention

Hilton Americas—Houston, Texas

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your maiden name and chapter.

GIRLS Academy

On Oct. 5 and 6, the **GREATER LOS ANGELES ALUMNAE ASSOCIATION** co-hosted the Los Angeles Kappa Kappa Gamma GIRLS (Girls Inspiring Respect, Leadership and Service) Academy in partnership with the women of **DELTA TAU, USC**. The academy is a retreat for middle-school girls who are mentored for a day and a half by Kappa Kappa Gamma collegians and alumnae to help them reach their leadership potential. Volunteers prepared and served meals and organized activities at the 32nd Street Magnet School. Four speakers presented courses on time management, money management, public speaking and goal setting. During the weekend, the middle-school girls discussed the challenges they face, wrote in a journal about their dreams and participated in a community service project.

Upcoming GIRLS Academy Events

Eta Lambda, *Loyola*, and Northwest Suburban AA—February 8–9

Beta Pi, *Washington*, and Seattle AA—February 8–9

Beta Nu, *Ohio State*, and Columbus AA—March 1–2

Beta Chi, *Kentucky*, and Lexington AA—March 1–2

Fall 2014:

Chi, *Minnesota*, and Twin Cities AA

Epsilon Zeta, *Florida State*, and Tallahassee AA

For more, email education@kkg.org.

Members of **DELTA TAU, USC**, join with the **GREATER LOS ANGELES ALUMNAE ASSOCIATION** to mentor middle-school girls as part of a GIRLS Academy weekend in October.



2012–2013 Foundation Financial Report

Advancing Inspired Women Leaders

Through the Kappa Kappa Gamma Foundation's

Scholarships

The Foundation awards annual scholarships to qualified Kappas for both undergraduate and graduate education. These scholarships are awarded based on scholastic achievement, financial need and participation in chapter or alumna activities.

Educational and Leadership Programming

The Foundation supports the development and use of educational and leadership programs that benefit our members, including Leadership Academy.

Rose McGill Aid

The Rose McGill Aid programs provide confidential aid to deserving Kappas of all ages who suddenly and unexpectedly find themselves in financial need due to misfortune or illness. Recipients may be undergraduates or alumnae, and aid may be a one-time grant or for ongoing support.

Museums

The Foundation supports the operation of The Heritage Museum in Columbus, Ohio, and The Stewart House in Monmouth, Ill., and the preservation of Kappa Heritage within the context of women's history.



In the Spirit of Hope

For many years, the Kappa Foundation has been serving our sisters, one woman at a time, honoring the bonds of friendship that link us together. The Foundation takes the gifts from your hearts and transforms them into lifelines by the giving of scholarships, providing confidential aid, encouraging educational opportunities and preserving women's heritage through our two museums. Your continued gifts make a difference!

In this issue, you will find stories of struggles and triumphs—told by the women in whose lives a difference was made. The stories are heartrending. Behind each of those stories, however, there are Kappas supporting each other and that is what we celebrate as we look back on another successful year. Success lies not just within the numbers presented within our annual report; but rather with our commitment of assistance to one another. We are hopeful that one day we will be able to assist all of the applicants for financial aid and scholarships.

I am inspired by the work that Kappas do together! This year the Kappa Foundation was able to give more scholarships, assist a record number of Kappas in need, hit a new all-time high for giving to educational programs—and The Stewart House has its new roof. Because of your involvement, the Kappa Foundation remains strong. There is a great need for women helping women in today's world. You are the key in continuing our quest to do just that.

Please know that there are sisters who have a renewed spirit of hope because so many of you took the time to share your gifts—both of money and time. As the Kappa Foundation continues to make a positive difference in the lives of others, thank you for your continued support.

A Kay Tennison

KAY REID TENNISON, *Arizona State*


*Tribute gifts are a
wonderful way to honor
a friend or mentor
while helping Kappas in need.
www.kappa.org/donate*




2012–2013 Foundation Financial Report


for years ended June 2012 and 2013*


STATEMENTS OF FINANCIAL POSITION

 Assets	2013	2012
Cash and Cash Equivalents	\$773,223	\$1,241,310
Pledges and Accounts Receivable	\$345,681	\$469,358
Property and Equipment, Net	\$1,004,321	\$880,089
Investments	\$36,543,992	\$33,097,848
Other Assets	\$134,851	\$127,853
Total Assets	\$38,802,068	\$35,816,438

 Liabilities and Net Assets	2013	2012
Accounts Payable and Other Accrued Expenses	\$141,869	\$407,447
Charitable Gift Annuities	\$32,333	\$33,956
Total Liabilities	\$174,202	\$441,403
Total Net Assets	\$38,627,866	\$35,375,035
Total Liabilities and Net Assets	\$38,802,068	\$35,816,438

STATEMENT OF ACTIVITIES

 Revenues	2013	2012
Gifts and Bequests	\$2,293,823	\$2,581,000
Net Investment Income	\$3,244,041	(\$1,184,514)
Rental and Other Income	\$87,240	\$87,434
Total Support and Revenues	\$5,635,104	\$1,483,920

 Expenses	2013	2012
Program Services	\$1,402,773	\$1,390,129
Management and General	\$397,909	\$320,782
Fundraising	\$571,591	\$697,329
Total Expenses	\$2,372,273	\$2,408,240
Net Assets, Beginning of Year	\$35,375,035	\$36,299,355
Change in Net Assets	\$3,252,831	(\$924,320)
Net Assets, End of Year	\$38,627,866	\$35,375,035

* The above financial data were derived from financial statements audited by Crowe Horwath and Company, LLC, which are available on request.

Chapter and Alumnae Association Giving

These chapters and alumnae associations supported the Kappa Foundation with gifts received between Aug. 6 and Nov. 8.*

Chapters gave a combined \$13,492

Kappa, Hillsdale
Beta Xi, Texas
Beta Omicron, Tulane
Gamma Delta, Purdue
Gamma Nu, Arkansas
Delta Beta, Duke
Epsilon Phi, Florida
Zeta Omega, Waterloo

Alumnae associations gave a combined \$9,038

Fort Lauderdale
Fort Worth
Lancaster
Memphis
Mid-Maryland
Monterey County
Peoria
Rhode Island
Salem
San Mateo
Scottsdale
Seattle
Spokane
West Tennessee
Whittier

*Gifts received after Nov. 8, will be recognized in the next issue.

Summary of the Kappa Foundati

The Kappa Kappa Gamma Foundation is always planning for the future. For the 2012–2013 fiscal year, the Foundation reports a solid financial position. Last year's downtrend turned around, and as predicted, the Foundation saw a positive shift as evidenced by an overwhelming increase in general income. Not only did the Foundation end the year on a positive note, the final number exceeded what was budgeted.

Although general gifts and donations decreased from last year, the Annual Loyalty Fund campaign saw a 17 percent increase. Restricted donations also decreased this year, but there were several areas with a marked increase. Project 2000 and the Rose McGill Fund realized significant increases, and giving for scholarships increased more than 70 percent.

With good investment performance, overall income increased by \$4.2 million. Total expenses were \$2.6 million, 96 percent of the budget. This resulted in a \$3.2 million change in net assets.

Each year the Foundation's Finance Committee reviews one of the professional services used by the Foundation. Under review this year was the investment consultant firm. Requests for Proposals were sent to seven recommended companies, including the current investment advisers. After narrowing the prospects to four, each presented and a new firm was selected. Cary Street Partners in Richmond, Va., was selected as the new investment advisers. Although a young firm, they are experienced and knowledgeable professionals. The partners average more than 25 years of experience



The 2012–2014 Foundation Board of Trustees gathered in Columbus, Ohio. Seated in front: **PAT MCINNIS COOPER**, *Mississippi*; **KAY REID TENNISON**, *Arizona State*; **JULIE MARINE LESHAY**, *Colorado College*. Second row: **NANCY EYERMANN FOLAND**, *Tulsa*; **JULIE MARTIN MANGIS**, *George Washington*; **MARY JANE JACKSON CRIST**, *Arizona*; **MITCH HIETT PFLUGH**, *Colorado*. Third row: **JEAN SCHMIDT**, *Miami (Ohio)*; **KELLY COX BILEK**, *TCU*; **KAY SCHOLBERG WEEKS**, *Bucknell*; **ELIZABETH BAILEY**, *Mississippi*; and **LORI GILMORE MILTENBERGER**, *Butler*. Not pictured, **BETH UPHOFF BLACK**, *Illinois Wesleyan*.

on's 2012–2013 Financial Results

in financial services and deal with many foundations. Both the Foundation and Fraternity are excited to begin this new relationship with Cary Street. The Foundation believes Cary Street will be able to assist in building the reserves necessary to grow educational programming.

The investment strategy is reviewed annually and includes investment asset allocation and the 4.25 percent spending rate. The spending rate is based on a trailing three-year average of market value. This disciplined investment strategy continues to support operations and programs.

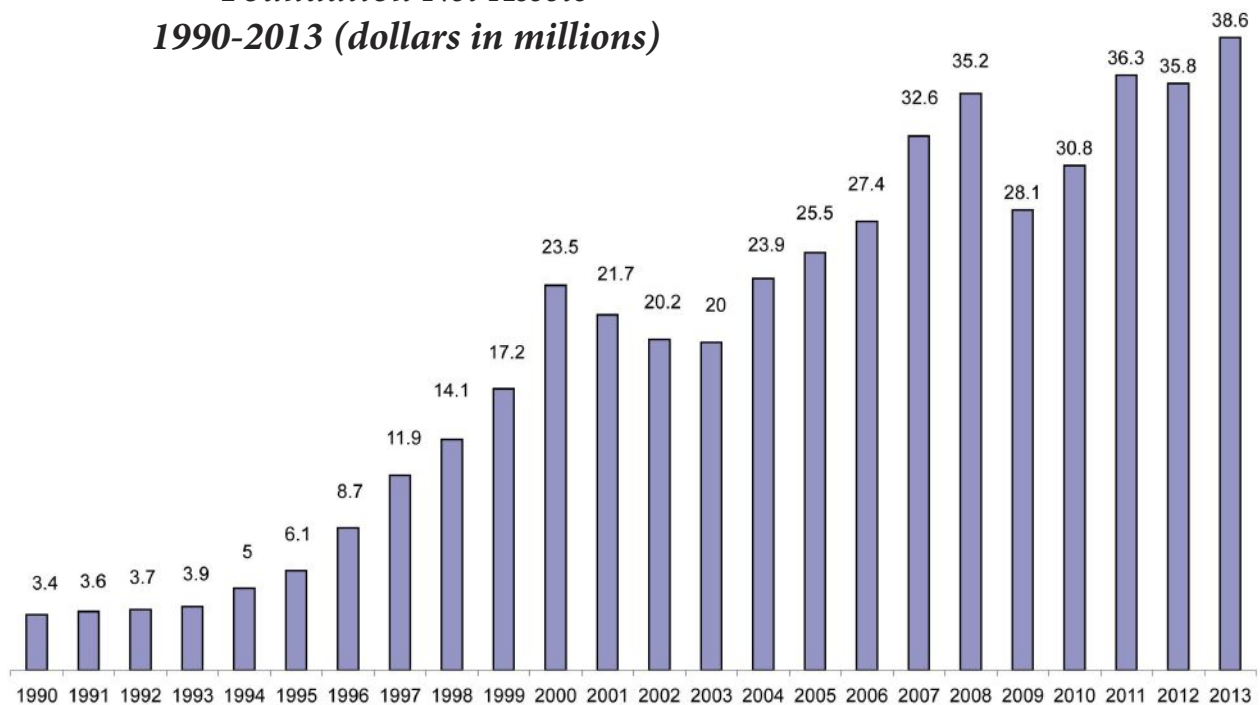
The Foundation's sound financial performance is key to the continuing support of scholarships, Rose McGill Aid, historical preservation through The Stewart House and The Heritage Museum, and educational and leadership programming.

About the Foundation

The Kappa Kappa Gamma Foundation is a section 501(c)(3) nonprofit corporation incorporated in the state of Ohio.

Contributions to the Foundation are tax deductible as charitable contributions as provided by law.

***Growth in Kappa Kappa Gamma
Foundation Net Assets
1990-2013 (dollars in millions)***



Foundation Welcomes a New Executive Director



Excited about what lies ahead for the Foundation and for Kappa, the new Foundation Executive Director Beth Burkes says—"I'm all in!"

Beth is a senior-level executive and fundraising professional with consistent success in major gift and planned gift programs. She received a bachelor's degree in health and sports medicine from Wake Forest University and a master's in business administration and health administration from Pfeiffer University. She is a certified fundraising executive.

A member of Delta Delta Delta sorority, Beth served as a national board member for their foundation from 2006–2011. She has an appreciation for Greek organizations and the working relationship between fraternities and their foundations. Beth is passionate about advancing inspired women leaders and growing the resources the Kappa Kappa Gamma Foundation needs to accomplish its mission.

This past fall, Beth moved to Columbus, Ohio, from Kansas City, Mo. She stopped en route at The Stewart

House Museum in Monmouth, Ill., as she felt it was important to begin her journey with Kappa where Kappa began. Accepting the executive director position is symbolic for Beth, who has "an abiding love" for **ADELE CORYELL HALL, Nebraska**. Early in Beth's career, she was inspired by Adele, who set an example as a compassionate leader. "I keep a letter from Adele from 2005 in my work bag. It reminds me that if she believed so much in me that there is virtually nothing I can't do, as long as it's in service to others," says Beth.

Beth purchased an 1880 home in Columbus' German Village community and is enjoying getting to know her new neighborhood. She is looking forward to meeting Kappa volunteers, donors and members at the 2014 General Convention in Houston in June.

Annual Loyalty Fund

Thank you to all of our Annual Loyalty Fund supporters! Your gifts from the heart help us meet a broad range of immediate needs. Together, we are **advancing inspired women leaders**. Join us in celebrating the Foundation's 25th anniversary by making your gift before June 30, 2014.

www.kappa.org/donate

by the numbers ^{2012 to 2013}

education

\$410,134

in total expenditures

77 ... educational programs
... delivered by kappa trainers

participants in
leadership academy ... **210**

169 ... middle school
... participants in
girls academy

museums

\$163,893

in total expenditures

1 ... new roof at
... the stewart house

3,000
... visitors to kappa museums

rose mcgill

\$253,902

in total expenditures

33 ... confidential aid grants
... to alumna recipients

confidential aid grants to
undergraduate recipients ... **11**

9 ... undergraduate emergency
... grants given

disaster relief grants given
to alumnae ... **2**

11 ... circle key grants
... given

scholarships

\$514,005

in total expenditures

107 ... scholarships awarded
... to undergraduates

scholarships awarded
to graduate students ... **32**

3 ... leadership consultant
... scholarships awarded

chapter consultant
scholarships awarded ... **2**

11 ... guthery-moyer
... scholarships awarded

marisol undergraduate
scholarships awarded ... **2**

Iris Circle

The Iris Circle, established through the Annual Loyalty Fund, is the Kappa Kappa Gamma Foundation's annual giving society. We gratefully recognize the following donors who made an unrestricted gift of \$1,000 or more last fiscal year.

Iris Circle Society Members *

**from July 1, 2012,
to June 30, 2013*

Barbara Merinoff Albert
Karen Keck Albin
Marsha Black Allen
Kay Bozarth Anderson
Christine Armstrong
Janet Crawford Baines
Ann Mammel Balusek
Faith Bailey Barcroft
Jannie Thomas Barron
Janet Ream Bauer
Deborah Sidwell Bautch
Jennifer Jackson Beckham
Jeanne Hudson Bellish
Mary Fair Berglund
Susan Bagby Biggar
Kelly Cox Bilek
Marjorie McKee Blanchard
Laura Boland
Betsy Cullum Bolin
Vicki Ueberroth Booth
Cynthia Breen
Diana Sammis Brookes
Judith Schaepe Brubaker
Diane DeGarmo Bruton
Anne Blalock Bunten
Janice Jamison Burg
Peggy Scanlon Cabaniss
Marilyn McMahon Caldwell
Beverly Brown Carmichael
Wendi Moore Carns
Kim Chandler
Luellen Demoise Charneski
Helen Chatfield
Patricia Wright Cochran
Susan Buden Colvin
Marjorie Matson Converse
Anne Bradley Courtney
Kathleen Weatherill Coyle
Charlotte Parham Craft
Geraldine Williamson Cramblit
Kellye White Crawford
Mary Jane Jackson Crist

Molly Crean Crooks
Joanne Strauss Crown
Betsy Amis Daugherty
Michelle Klotz Daugherty
Mollie Villeret Davis
Janet de Michaelis
Frances Ronshausen Dittmer
Sylvia Faubion Dodson
Mimi Fitzpatrick Donnal
Judy Stewart Ducate
Lora Lee Buchanan Duncan
Janet Jackson Egert
Betsy Marsh Ellis
Patty Van Antwerp Empie
Julie Lorenz Erickson
Nancy Eyermaun Foland
Phyllis Schmidt Foster
Robertta Frink
Michele Tedford Garren
Louise Mosier Gaudin
Ginger Geoffrey
Melissa Ulrey Gill
Jill Powell Goldberg
Karen Kolbe Goodenow
Sally Ives Gore
Bonnie Norton Graff
Diane Finch Grant
Janet Scudder Grisemer
Barbara Ann Taylor Guthans
Doug Kelley Hall
Carol Coates Halvorson
Margaret Eccleston Halvorson
Nancy Frumkin Hamburger
Elizabeth Bennett Hamilton
Yvonne Franz Hamlin
Nancy Hobbs Hanley
Hillary Harpster
Claire Schlumberger Henry
Nancy Herring
Julie Hertzberg
Patricia Guest Horne
Holly Hartwell Huffines
Mary Lou Beesley Hurst
Pamela Meadows Jacobs
Carolyn Gillett Jelks
Judith Ausman Jellinek
Marianne Schildmeyer Klekamp

Diane Wallace Klemick
Heather Knight
Katie Smith Lambert
Tamela Jones Lanier
Fay Sims Lathrop
Marcia Wood Lea
Judy Lenkin Lerner
Patsy Bredwick Levang
Karen Schutte Linck
Carolyn Swearingen Lohman
Nancy Plasket Lukemeyer
Mariann Wilson Lyon
Jane Sugden Martinovich
Ashley Anderson Mattei
Betsy Clifton McClendon
Suzanne Ecke McColl
Suzanne Moffitt McDonald
Cathleen Morrow McKinney
Jean Naslund McLaughlin
Sherry Noland McManus
Mary Anne Chenault McPhail
Margaret Marsh Mebus
Diana Meehan
Elaine Atha Merriman
Ellen Benson Merriman
Margaux Merriman
Rory Mangeri Meyers
Katie Crider Miller
Kathy Miller
Laurie Nichols Montague
Marty Stephenson Mos
Kerrie Quinn Murray
Barbara Koval Nelson
Maria DiSano Niemi
Connie O'Dell Nolte
Judy Kieffer Olson
Olivia Fisher Orr
Maureen Orth
Roxelyn Miller Pepper
Anna Mitchell Hiatt Pflugh
Lynne Sparks Pickard
Jan Radke Pishny
Jayne Harper Plank
Jean Urse Popoff
Karen Koenig Post
Marilyn Propstra
Lou Ann Yardley Ransom

Isla Carroll Reckling
Louella Hodges Reese
Cherry Moslander Ridges
Dolly McManus Rogers
Ellen Lembke Ryan
Shirley Welsh Ryan
Judy Schaper Sanders
Martha McCartney Schar
Rosemary Stubblefield Schertz
Jean Schmidt
Patrice Harrison Schoonmaker
Susan Scheneman Schuppan
Katy-Jo Friley Sebastian
Sylvia Wilkins Sharplin
Cynthia Stewart Simon
Linda Hervey Simpson
Sandee Hill Smith
Sara Rife Smith
Jane Arries Solomon
Audrey McIntyre Spiegel
Patricia Tarvin Stager
Joan Zieg Steinbrenner
Lucia Bassett Steinhilber
Patricia Miller Stichnoth
Mary Louise Villeret Stites
Emily Johnson Stolz
Beth Howard Stubbs
Kelly Cebold Sundberg
Kay Reid Tennison
Jean Marie Thomas
Tina Schumaker Trott
Ann Stafford Truesdell
Donna Lambert Weaver
Marguerite Sipes Weed
Katherine Scholberg Weeks
Nancy Scott Weinert
Robin Gilliland Weir
Carolyn Seely Wiener
Beth Bronson Wiggins
Nancy Swartz Wilson
Sonia Wolf Wilson
Alexa Isbell Wolman
Twila Coe Woods
Laura Koenig Young
Diane Harrison Zent

Annual Donor Lists Are Online

The annual list of Kappa Kappa Gamma Foundation donors is available to members online at www.kappa.org/members. Nonmembers may contact the Foundation for this information at 866-KKG-1870.

KAPPA KAPPA GAMMA FOUNDATION MISSION STATEMENT

To enhance the lives of Kappa women, and therefore their communities, by providing the funds for educational programs, scholarships, financial aid and the preservation of Kappa heritage within the context of women's history.

GIVING LEVELS

Annual Giving

Iris Circle—annual unrestricted giving totaling \$1,000 or more

Lifetime Giving Levels

\$100,000+	Diamond Key Society
\$50,000–\$99,999	Golden Key Society
\$25,000–\$49,999	Fleur-de-lis Society
\$10,000–\$24,999	Adelphe Society
\$5,000–\$9,999	Keystone Circle
\$2,500–\$4,999	Presidents Circle
\$1,000–\$2,499	Founders Circle
\$500–\$999	Heritage Circle
\$100–\$499	Loyalty Circle
\$0–\$99	Friends Circle

To make a gift, please find the gift envelope in the center of the magazine or make your gift online at www.kappa.org/donate.

Protect Your Nest Egg

Financial psychologist Mary Gresham on women and money

Before you agree to that bachelorette trip to Vegas, consider Dr. MARY GRESHAM's, Tulane, advice.

Think Like a Man

After graduating from Tulane in 1969, I headed to Lake Tahoe with two Kappa sisters, eager to live and work in a beautiful resort for the summer. We worked in casinos, met interesting people and absorbed the California lifestyle.

Years later as a single mother starting a psychology practice and needing income, I remembered that my Kappa sisters and I saved our money for travel and shopping trips to San Francisco, Napa Valley and Disneyland. The young men our age in Tahoe for the summer were busy pooling their money to purchase real estate lots to sell later for a profit. I wondered, did I need a more "male" perspective if I was going to meet my goals of earning a living and putting my son through college?

As I eavesdropped on conversations at the pool that summer, I realized that most of the women were discussing relationship issues and most of the men were sharing tips and leads on business, work, salaries and investing.

The Bad News

Women tend to graduate from college with more debt than men, both consumer credit card debt and student loan debt. Research shows that female college students have more negative views of money, less training about money from family, work and earn less during college, fear investing more and feel more intimidated by people who aspire to earn a lot of money when compared to male students at the same college.

Women are less likely to negotiate their first salary, contributing to the persisting wage gap of earning 78 percent of a male's salary for the same job. Over the course of a lifetime, women's additional debt and the non-negotiation of salaries are estimated to cause as much as \$400,000 difference in lifetime earnings and assets.

Since women tend to be the primary caregivers of children and the elderly, lost wages and lost work opportunities (lack of advancement, part-time work) contribute to a woman's decrease in financial well-being. A hiatus

from work significantly affects retirement funding for women, who live longer on average than men. Women are at financial risk when they get divorced or are widowed. The rates of poverty in elderly women are consistently higher than for elderly males. Women are more likely to be taken advantage of by fraud, mismanagement of funds and dysfunctional family members or spouses. Over a lifetime, the big picture is full of money challenges for women.

The Good News


In my psychology practice, I teach women that the most important financial principle is getting an early start and taking an early interest in money. Feeling empowered around money increases women's self-esteem, confidence and feelings of security. In addition, when women have access to money, they tend to spend it in ways to enhance the lives of children, the educational system, the community and the environment. Women are significantly more philanthropic than men. Women tend to have higher ethical standards about the use of money and are more interested in socially responsible investing. Women take fewer investment risks and as a result have better results when taught to invest for growth. There is no downside to becoming a money-wise woman.

Break the Money Taboo

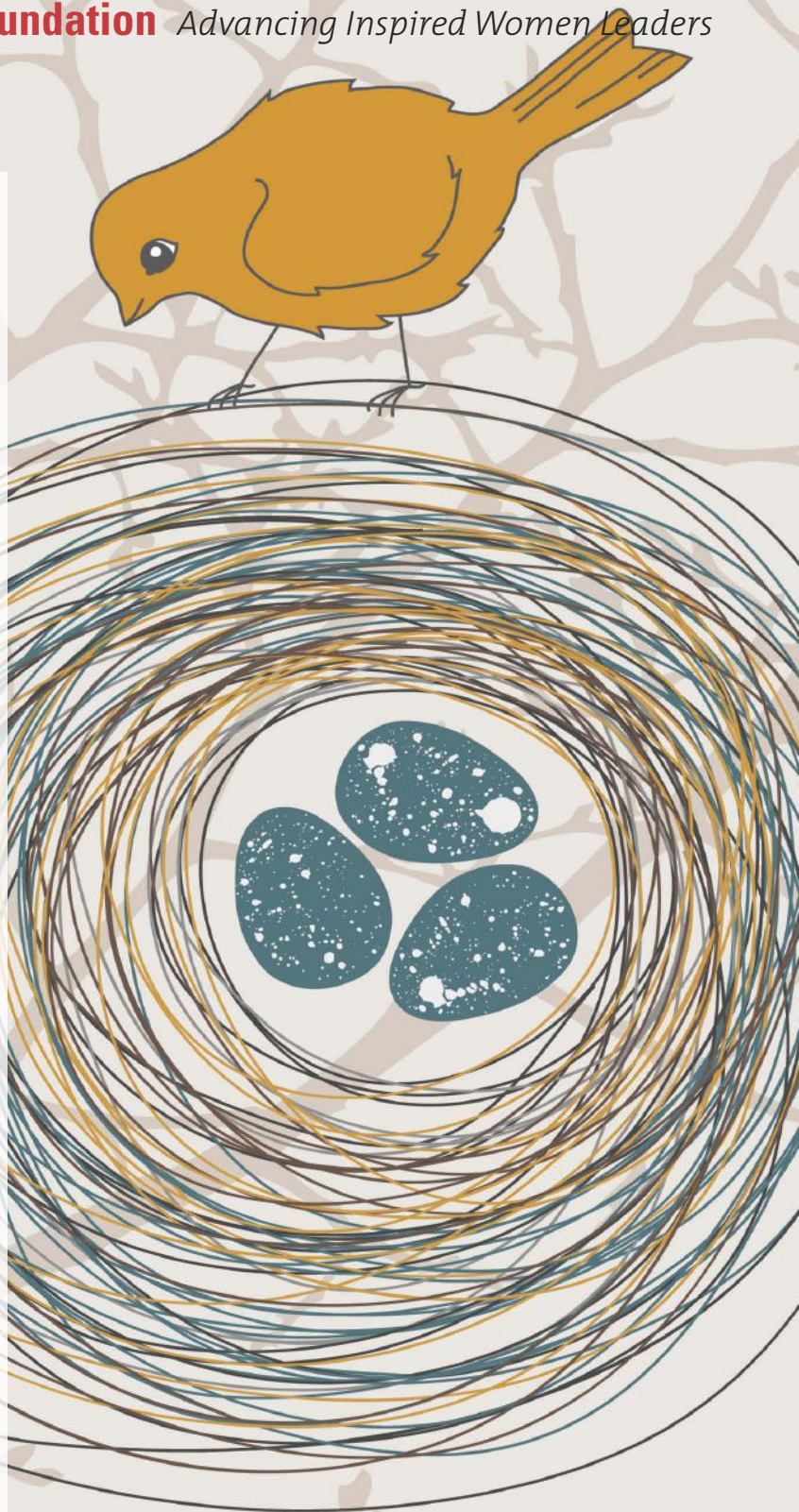
Talking about money and looking after our finances is not rude or socially inappropriate. Being honest with a friend that your budget will not permit you to purchase a designer bridesmaid dress or go on the bachelorette trip to Vegas should be encouraged. Asking friends to stay in for the evening instead of going out to dinner should be applauded. Social pressure to spend needs to stop with a simple comment about values (saving for grad school, paying off credit card). Creating a money group with a small group of trusted friends means that we can talk about issues openly and without judgments and share our knowledge and our points of view about money. Similar to a book club, a money club can motivate us to learn something so that we can share it with the group. We can support each other in debt repayment, sticking to a spending plan, salary negotiation and learning to invest.

The model for this kind of group comes from research on how women best learn material that is considered “male-expert”—economics, math, technology and science. When a woman is in a same-sex group, is supported and not criticized and the material is tied to a real problem in her life, she will learn male-expert material more easily. Unfortunately, most financial literacy programs do not teach this way. They are more likely to drone on about the relationship between interest rates and bond prices, which can be a boring topic for some. A topic of greater interest might be how you feel about buying a bond.

Women, who are socialized to be interested in relationships and feelings, may find that they are really interested in talking about how confusing it is to figure out how to buy a bond and the lack of trust they feel in financial advisers. They may want to discuss which companies fit their values and whether or not to buy a bond that benefits their own community. There are many aspects of financial life that have to do with emotions, relationships, values and decision-making topics that are inherently more interesting to women than traditional financial topics. It may be only at the end of this kind of deeper, more personal discussion that they care about bond prices falling when interest rates rise.

When women are financially astute and knowledgeable, we all benefit. My favorite quote from the Dalai Lama says it best: “Western women will save the world.” We cannot do so until we have access to more resources, including money. Our money needs to be used to care for ourselves, our families and our sisters both within Kappa and around the world. 

Dr. Mary Gresham works in Atlanta, Ga., as both a clinical and financial psychologist. Learn more at www.doctorgresham.com and www.atlantafinancialpsychology.com.



—By McCall Manning Dempsey, Mississippi

I Smashed the Myth of

McCALL MANNING DEMPSEY,
Mississippi, is in recovery from
an eating disorder. The founder
of Southern Smash, McCall
educates others about eating
disorders. A Circle Key Grant for
continuing education from the
Kappa Foundation allowed her
to attend the National Eating
Disorder Association Conference
in Washington, D.C., to become
more knowledgeable in the field
of eating disorders and mental
health advocacy.

My heart is in my throat and
beating out of control. "Am
I really going to do this tomorrow?
Have I completely lost my mind?" The
inner critic (eating disorder voice) is
yelling in my head: "You should run
some more. You should not eat. You
shouldn't have had steak and ice
cream last night. You can't do this
tomorrow. You are gross and huge
and have done nothing to prepare."

Perfection... And So Can You

What am I doing? **A photo shoot.**
What?! I know, my thoughts exactly.

Part of me is excited and the other
part is cursing for agreeing to it.
The ED (eating disorder) voice is
screaming, "I am not Gisele, I have
curves, I am not a size PERFECT!"
I actually dabbled in modeling in
my former life, my sick life. I would
rigorously prepare for all events
and jobs. Restrict, run, repeat.



ED becomes so intertwined in your soul, hiding in every corner and crevice. I was so angry with my eating disorder ... so angry for everything that it had taken from me. I realized how much my eating disorder thrived on minimization and rebellion.

—McCall

That old routine has been calling, trying to lure me back to Gisele-like standards. But self-talk and self-care have combatted that voice. Going head-to-head with old habits has been one of the toughest challenges of recovery, but it is the reason I agreed to do the photo shoot—to prove to myself and to everyone that you don't have to be a size perfect to embrace your body. But it hasn't come without some serious panic moments, desperate feelings of needing to prepare. But what does "prepare" really mean—eating lettuce and running too far? Well, that isn't me. They asked to photograph McCall and that is just who I intend to bring. Me, not Gisele.

The past few years of my life have been rocky to say the least. Even on my darkest days, the one thing I knew to be true was that one day I hoped to help others like me.

After years of silent struggle, I revealed to a close friend a secret that not even my husband knew—that behind the shadows of my smile, I was suffering from an eating disorder. I confessed that every waking moment of my life was consumed with food, calories, size and self-hatred. That friend took my hand that day and has never let go. For the first time in my life, I felt there was a chance I could finally be free from this suffocating lifestyle. My friend, Anne, found the outpatient center and came with me to my first appointment in July 2009.

After 16 months of outpatient treatment, it was clear I needed a higher level of care. On Dec. 14, 2010, I admitted myself to the Carolina House, a residential treatment facility in Durham, N.C. It was at the Carolina House that I slowly began to understand that I was killing myself, literally, to reach some point of unreachable perfection. For most of my life, my eating disorder led my inner-critic parade, constantly telling me my body and achievements were never good enough.

In my twisted and disordered mind, my life would be complete and fulfilled once I reached "that" goal. I always thought my next milestone would cure me: graduation, first job, second job, move, marriage, third job, fourth job, but my life never improved. My illness only became worse with each milestone. I could never reach perfection because it does not exist.

Recovery is not all sunshine and rainbows—it is hard work and certainly not perfect. The Carolina House and its staff gave me the skills and tools I needed to live a life free from the grips of my eating disorder. I had to learn to be gentle with myself and it gets easier with time.

Recovery has taught me to define my authentic self with, well ... just me. I am no longer solely defined by the activities and things in my life. There was only one way to thank everyone who helped me—and that was to pay it forward.

After being addicted to the scale for more than 10 years, I could not wait to get instant relief via hammers and scales—SMASH! And I wanted others to join me in this liberation. Scale smashing is nothing new in the eating-disorder therapy world. What is new is the idea of turning it into an event full of activities designed to literally and spiritually free you from the numbers and burdens that weigh you down.

I founded Southern Smash not to rid the world of scales or gyms, but to promote a wholehearted approach to living. My hope is to change the conversation from body bashing to body loving, embracing who we are without defining ourselves with numbers and sizes.

It's no secret that weight issues go far beyond the number on the scale. Our society promotes a body-bashing culture and we are inundated with messages that tell us if we wear a certain size or weigh a specific number, then we will be happy. I believed them. I've talked to hundreds of young women who believe these false messages.

Whether it is a perfect weight, jean size, calorie intake, grade point average, miles or speed, we allow numbers to define us. Through SmashTALK panel discussions, handouts and the scale-smashing event, Southern Smash aims to empower women to celebrate and embrace true beauty and self-love, and to redefine worth and beauty by letting go of those perfect numbers.

I continue on my mission to help others smash shattered images and see what is real and true inside them. I smash for every woman who opens her heart to the power of vulnerability and authenticity. I smash for the child who deserves to see what I see in her. I smash for every recovery warrior. I smash for my family and for my son so he can grow up knowing he is worthy and loved just the way he is. And most of all ... I smash for me.

For more about hosting a Southern Smash event or speaking to campus groups, email info@southernsmash.org. 

Southern Smash Events

► **Scale Graveyard:** Scales, donated by Smashers or local sponsors, are scattered throughout the graveyard. Smashers create a 'tombstone' and place it in the graveyard before smashing their scale. The tombstones are an opportunity for the Smasher to put to rest all of the negative and harsh words the scale has told them throughout their life.

► **Let it Geaux:** Whether it is a certain weight, jean size or grade point average, everyone has their 'perfect' number. This station encourages Smashers to let go of that number and anything else that may weigh them down. The table is filled with Perfect Number Tags, where the numbers are written down, tied to a balloon and later released to symbolize letting that perfection geaux.

Be(You)tiful: A non-booth photo booth with silly props and costumes. Smashers can take pictures and upload them to Facebook, Twitter and Instagram using #southernsmash.

► **SmashTALK:** An open discussion with leading body image and eating disorder experts, as well as the Southern Smash founder. The goal of these discussions is to increase awareness and provide a safe place for people to come and get answers and support.

www.southernsmash.org

Photos by David Humphreys

Art direction by Melisse Campbell

Stylist: Anne Blachford Shawhan

Eating disorders are real, complex and devastating conditions that can have serious consequences. They are not a fad, phase or lifestyle choice. They are serious, potentially life-threatening conditions that affect a person's health.

► In the U.S., 20 million women and 10 million men suffer from a clinical eating disorder at some time in their life. In addition, many individuals struggle with body dissatisfaction, which is the best-known contributor to the development of anorexia nervosa and bulimia nervosa.

► By age 6, girls start to express concerns about their own weight or shape.

► 40-60 percent of elementary school girls are concerned about their weight or about becoming too fat.

► 42 percent of 1st-3rd grade girls want to be thinner.

► 81 percent of 10-year old girls are afraid of being fat.

► For females aged 15-24 who suffer from anorexia nervosa, the mortality rate is 12 times higher than the death rate of all other causes of death.

► There has been a rise in incidence of anorexia in women aged 15-19 in each decade since 1930 and the incidence of bulimia in women aged 10-39 tripled between 1988 and 1993. These serious conditions are similarly prevalent among Non-Hispanic Whites, Hispanics, African-Americans and Asians in the U.S.

If you or someone you know is suffering from an eating disorder, you are not alone. Help is available through the National Eating Disorder Association at nationaleatingdisorders.org or by calling the helpline at 800-931-2237.

Finding Joy After Tragedy

The Colorado floods of 2013 destroyed Catherine Bedell's hometown, but she is working with a renewed perspective toward the future.

—By **JENNIE MILLER HELDERMAN**, *Alabama*

Fear and work go hand in hand for **CATHERINE BEDELL**, *Colorado*.

At age 33, Catherine watched an aerial performance blended with modern dance, and she decided to give it a try. "I was an overweight, out of shape, depressed single mom, yet I felt beautiful and light as a feather. It led to a new career," says Catherine.

From 1999 until May 2013, Catherine danced as a professional aerialist, a Cirque du Soleil-type

loss. Catherine recalls being a vice president of the Colorado Student Government from 1984–1988 but hardly remembers anything of her time in **BETA MU CHAPTER**.

Catherine gave up the high wire to become a skydiver, training on the POPS World Record Team. Yet, when flood waters threatened her home in the Flatirons outside Boulder, Colo., in September 2013, Catherine faced a different kind of danger.

At 2:30 a.m. on Sept. 13, sirens pierced the rhythmic beat of the rain. Catherine sprang from her bed in the basement apartment under her doublewide. The couple who rented the main floor bounded out to see the danger. Unable to hear the words accompanying the alarm, they assumed the sirens sounded a general warning that the rivers were rising. "The St. Vrain was more than four blocks away—we went back to sleep," she says.

Four blocks away houses were breaking loose from their foundations and their neighbors were scrambling to safety.

The next morning Catherine was incredulous. "The river raged into homes and stores within one block of my house, and the National Guard was rescuing friends from rooftops."

Then a dam breached upstream and the three rivers merged into a muddy, roiling force eight blocks wide. Catherine watched cars, trees and houses spin by while the river carved a new path down main streets. It destroyed the water system and sewer plant, took out bridges and overpasses, and claimed one life.

When the rain finally subsided three days later, a new danger emerged. The water system was infected with E. coli and would require months to rebuild. The remaining 100 residents weren't required to evacuate, but without power, utilities, services, and with all roads closed, Lyon would be an island cut off from aid and rescue for six to eight months.

performance on wires, silks and the trapeze. She taught, she invented equipment, and she bungee-jumped from skyscrapers to dance on the sides of buildings. "There was always fear. You just had to calm it down to find the joy places," she says.

Unfortunately, three head injuries resulted in significant memory

Two rivers converge to form the St. Vrain, which then runs through Lyon, population 2,000, where Catherine lives. Ordinarily all three rivers meander beside picnic tables and tree-lined bike paths, shallow enough for children to wade across. In early September, though, relentless rain swelled the rivers out of their banks.



Photo courtesy of Frequent Flyers Productions




Catherine's house was intact, but she had no utilities, little food and only two bottles of water left. The prospect of isolation and E. coli stirred an unfamiliar fear in her veins. She loaded one elderly slobbering dog, another barking like a seal, and her belongings into her old Dodge pickup, and they bounced behind the National Guard trucks through mud and over rocks down to Boulder. There she camped out on the floor in her parents' leaky, mold-ridden house for ten days and took stock.

Her rental income and skydiving job had washed away and wouldn't resume until Lyon reopened, yet her living expenses and monthly mortgage on the abandoned house continued. She needed cash, temporary housing and a job.

"Never in a million years did I think I'd need assistance," she said when applying to the Rose McGill Fund for disaster relief. "I was amazed at how fast the money came and with so little hassle. I hadn't been active as an alumna, so it felt good to know I still counted with Kappa."

Since the flood, Catherine has found a skydiving job in Mollala, Ore., and affordable housing 100 miles away near Eugene.

"I'm fortunate," Catherine says. "I'm not a victim. I have a home and eventually a job to return to when Lyon is habitable again, unlike my neighbors who lost everything. The flood divided and wiped out a town but it also brought people together and made connections stronger. This tragic experience has renewed my faith in the bonds of community and Kappa sisterhood." 

Emergency Grants from the Kappa Foundation

Grants are available to initiated members who experience a sudden calamitous event causing great damage, loss or destruction. The application may be found at www.kkg.org, or by calling Fraternity Headquarters at 866-KKG-1870 (866-554-1870).

Floodwater in Lyon, Colo.

Photo courtesy of Catherine Bedell



Leadership Academy . . . In Their Words

With representatives from each chapter, 80 alumna positions available and many event staff openings, Leadership Academy is a one-of-a-kind intergenerational experience. Participants are given the opportunity to expand their leadership skills, connect with Kappas and renew their commitment to the organization by mentoring emerging leaders. www.kappa.org/education

Anna Stonehouse, Minnesota

- A sophomore at University of Minnesota, White Bear Lake, Minn.

"The team building, small-group sharing, and curriculum activities that my group participated in throughout the weekend helped to show me my value as a leader and gave me the confidence to effectively lead a group."



Rosemary Liu, UC Irvine

- Accountant with Ernst & Young Assurance Services beginning fall 2014, Torrance, Calif.

"Seeing Kappas of all ages and backgrounds was inspiring, and Leadership Academy introduced me to many role models to 'aspire to be.' I can't wait to get more involved with Kappa on a larger scale as soon as my career is on track because Kappa truly is for a lifetime."

"Leadership Academy gives you a safe place to self-reflect and push yourself to take risks. Attending this conference has given me confidence to go through the rigors of accounting career recruitment and take initiative in meeting potential employers and colleagues."



Courtney Simmons Goodwin, Massachusetts

- Human resources manager from Reading, Mass.

"The leadership principles emphasized throughout Leadership Academy were authentic and consistent with developing strong emerging leaders. The key takeaway was the importance of enabling others as part of my own leadership journey. It reaffirmed for me how empowering it can be to empower others."

"After college, I was extremely focused on developing a career, earning my MBA, and starting a family. Thirteen years and three children later, Kappa was still very much in my heart but not on my very busy schedule. Leadership Academy was the perfect opportunity for me to reconnect with the Fraternity while fine-tuning my leadership skills."



Allison Haddon Conover, Puget Sound

- Admissions manager at National Heritage Academies from Comstock Park, Mich.

"My company has invested thousands of dollars in sending me to professional development programs. Leadership Academy was one of the first professional development opportunities that I walked away from knowing that I had learned skills I could immediately implement in my career. Absolutely one of the best professional development programs out there."




Restoring the Seraphina

—By **KYLIE TOWERS SMITH**, *Simpson*, Archivist and Curator

In 1849, Bradbury T. Blodget and Henry B. Horton of Akron, Ohio, filed a patent for their “new and useful improvement in the musical instrument known as the ‘Seraphina.’” In 2005, The Heritage Museum received one of these improved instruments, also called a melodeon or a melopean, from the family of Anne and Mark Saylor in Upper Arlington, Ohio. The date of manufacture is unknown, but we know that Horton built these instruments between 1849 and 1855 and they ranged in price from \$45 to \$75. Although it looks similar to a small piano, it is a small reed organ. The melodeon arrived unplayable, but the donation was accepted based on the

age, beautiful rosewood case and local manufacture of the instrument. Oral history indicates that the instrument was once owned by the grandparents of Samuel Clemens (Mark Twain), and was in the family home in Hannibal, Mo.

The Heritage Museum Guild made a donation in 2010 for the repair of the melodeon, but a restorer could not be found within a 200-mile radius, or within the guild’s budget. In the spring of 2013, we found a local piano expert who occasionally works on reed instruments. Six months later, we have not only learned the history of the Seraphina, but for the first time in decades, her beautiful dulcet tones have been heard. 



This 1849–1855 melodeon would have cost from \$45–\$75 at the time, which is now approximately \$1,300–\$2,200.

How One Kappa Reaches

*Kappa
receives two
to three times
the number of
applicants as
scholarships
available.*



—By JOANN BARTON VAUGHAN, Virginia

Thousands of Alumnae

After graduation, **TAMELA JONES LANIER**, *Oklahoma*, stayed connected through letters and phone calls with many of the Kappas who graduated in the years just before and after her. “The Beta Thetas are my best friends,” she says. “We became friends when we didn’t have anything to give except love and support.

In honor of the chapter’s 100th anniversary in 2014, Tamela decided to go beyond the classes just before and after her—reaching 2,949 Beta Theta sisters to raise funds to endow two scholarships for members of Beta Theta.

“College is a stretch for many young women who may not qualify for need-based aid but who need help. They need help with tuition, books and more,” she says. Kappa receives two to three times the number of applicants as scholarships available.


Tamela knows from experience that money—or perceptions about money—can often keep young women from participating in Greek life. Tamela came from a small town and her parents did not attend college. When she went to OU in 1974, her parents were hesitant about her pledging a sorority as they were afraid that she would not fit in with “those rich girls.” Her older brother had gone to Oklahoma and had pledged a fraternity. He convinced their parents not to believe in sorority stereotypes. She pledged Kappa.

The feeling of sisterhood that Tamela experienced has continued since her college days. “I graduated before email,” she laughs. “We didn’t have that ease of connection.” She has sustained that bond by organizing reunions and creating a directory to help members stay in touch.

And she doesn’t want future Kappas to miss out on these lifelong experiences because of money. For several years, Tamela and her husband, Doug, have funded two \$3,000 scholarships. “We like the process the Kappa Foundation has for acquiring applications from undergraduate and graduate students, the process used to evaluate and match the applications and the thank-you notes from the recipients. The process is handled professionally and we get to learn about the Kappas we are helping each year.”

Tamela joined the Kappa Kappa Gamma Foundation Development Committee in 2012.

As she started reconnecting, she realized there were so many Beta Thetas who had passed away and a few of her sisters had lost daughters. Tamela suggested a Beta Theta Memorial Scholarship, with gifts in memory, and to support the education of future Beta Thetas. With more than \$75,000 so far, the challenge has been increased to \$120,000 to raise enough for two endowed scholarships.

The Beta Theta Centennial will be held April 11–13, 2014, at the Embassy Suites in Norman, Okla. Visit www.kappa.org/donation, Chapter Funds>Beta Theta Memorial Scholarship, to donate to the Beta Theta Memorial Scholarship. Donations can also be sent to Kappa Kappa Gamma Foundation, P.O. Box 38, Columbus, OH 43216. 

Endowed Scholarships

For more information about establishing an endowed or named scholarship, contact Maggie Coons at 614-228-6515 or foundation@kkg.org.

“I will continue to aspire to be something greater than I am, and remember that the Fraternity and the Foundation played a large role in making it all possible.” **ASHLYN MANNERY**, *Washington and Jefferson*, Marisol endowed scholarship recipient.



Exterior—The exterior of the Gamma Nu House maintains the charm of its original Greek Revival façade while adding essential new space. The structure has been completely renovated, and with the addition, the new house is a total of 46,365 square feet.



Full House

GAMMA NU CHAPTER, *Arkansas*, Completes \$7 Million Renovation

A Greek Revival façade and picturesque double-stair entryway are just some of the details that make the **GAMMA Nu** house a “home” to Kappa’s largest chapter. At 465 members and 46,365 square feet, Gamma Nu has both Kappa’s largest membership and largest chapter house—possibly the largest chapter house of any fraternity or sorority in the U.S. But more importantly, Gamma Nu is an example of the growing pains involved with Greek life’s skyrocketing participation numbers.

▼ **Entry Hall**— A grand double staircase is situated in the entry hall along with custom herringbone hardwood floors and an ornate chandelier. This spacious entry provides ample access to the main floor and a smooth transition to the living quarters of Kappa’s largest chapter.



House photos by Emily Minton Redfield, Denver, Colo.

Kappa Kappa Gamma **Foundation** *Advancing Inspired Women Leaders*

▼ **Lounge** — Easy comfort in the lounge transitions the formal areas into a more casual gathering space. Furniture in this room is easily moved toward the walls, allowing for more dining space when needed.

On Oct. 26, 2013, the Gamma Nu house dedication was a milestone for the Fraternity and a celebration for the collegians and alumnae. "Despite the pride we take in the ever-increasing membership of accomplished young women, this growth has strained the chapter house to a point where the facilities must grow to accommodate a new future," says **ALLY SMITH**, *Arkansas*, chapter President.

The Gamma Nu House Board, led by House Board President **MARY ANNE MALCOM CUPP**, *Arkansas*, set out to find solutions for a chapter that had clearly outgrown its facilities. The first step was purchasing the lot behind the chapter house. SCM Architects, PLLC of Little Rock was hired in 2007 to develop renovation plans.

Last renovated in 1965, the goal was to redesign the house to better accommodate the needs of an expanding membership. At the top of the wish list was the ability to house more women while providing dining space, study rooms, and gathering areas that met the needs of the whole membership. Prior to the renovation, Gamma Nu had been holding chapter meetings in an auditorium on campus for three years.

Collegians, alumnae and supporters raised nearly \$3 million to help fund the effort through the "Our Legacy, Our Future" campaign. The renovation cost \$7 million, which includes state-of-the-art systems throughout the house and an additional 15,000 square feet. The house now sleeps more than 90 women and the chapter room holds 350—considerably more than the 75 members the chapter room was originally designed to accommodate. A computer lab, library and multiple study rooms qualified the House Board for funds from the Kappa Kappa Gamma Foundation for an educational grant. Under tax rules, the Kappa Foundation may accept tax-deductible contributions to make grants to housing corporations as long as the grant is used solely to fund educational areas, equipment and materials. 🔑





▲ **Group study—second floor**—All 10 study rooms throughout the house are decorated in different color schemes that promote a calm and comfortable area for group and individual study.

▼ **Library**—The library incorporates richness through coffee-colored walls and bronze furnishings juxtaposed with a vibrant, jewel-toned painting of irises by **RACHEL MOSTERT DAVIS, Texas**.



▲ **ARKANSAS alumnae BETSY PETERSON MABRY, SUZY MCCURDY HLAVINKA, CAROL TURNAGE MEYER, DIANE SUITT GILLELAND and KAY BEASLEY MARTIN** toured the renovated home on dedication day. Betsy said the new chapter house is “a place to relax and escape the pressures of college.” Betsy loved every part of it, but said that the restrooms are a favorite—“the private dressing areas are much like a spa!” she says.

Kelcey Harrison ran
for four months
from coast to coast.



The Great Lung Run

Kelcey Harrison ran from New York City to San Francisco to honor a lost sister and to raise awareness about lung cancer.

—By **ANN GRAHAM SCHNAEDTER**, *Missouri*

On July 30, 2012, **KELCEY HARRISON**, *Harvard*, laced up her running shoes, took a deep breath and sprinted under a gauntlet of friends holding hands in an arch, cheering her on for The Great Lung Run. Setting off from Times Square, Kelcey embarked on what at times would be a lonely run—3,500 miles from New York to San Francisco—to raise money and awareness about lung cancer and to honor her childhood friend, **JILL COSTELLO**, *UC Berkeley*.

Kelcey and Jill had been best friends from kindergarten through 12th grade, and both went on to pledge Kappa at separate colleges. At the end of her junior year in June of 2009, Jill was diagnosed with Stage 4 lung cancer. She was a PAC-10 Women's Athlete of the Year and had never smoked. One year later, Jill died.

After losing Jill, Kelcey became more aware of the stigma facing lung cancer patients. Eighty percent have never smoked or quit decades before. It is the number one killer, especially in women. She also learned that lung cancer kills more people per year than breast, prostate, colon, liver, melanoma and kidney cancers combined. The five-year survival rate for lung cancer is only 16 percent, unchanged in 40 years.

Kelcey and **DARBY ANDERSON**, *UC Berkeley*, a **PIA** sister of Jill's, formed Jill's Legacy, (<http://jillslegacy.org>), a subset of the Bonnie J. Addario Lung Cancer Foundation.

Kelcey wanted to start a campaign to raise awareness and funds for research in order to beat lung cancer and to honor Jill, who never gave in to the disease. Kelcey started running marathons her senior year in college as Jill was battling cancer. And what is bigger than a marathon? She wondered, "What can my lungs do ... 30 miles a day?" She decided to take four months away from her job as a paralegal and trial division program coordinator at a Manhattan district attorney's office and began planning and training.

She set out to run 30 miles each day in six-hour stretches. At the beginning of a documentary about her run, Kelcey says, "I like the quiet in the mornings. There aren't any distractions, just me and the road. I often feel her presence with me."

The first six weeks she ran with a stroller, named "Bob," but it was heavy with all of her gear stored in it. For Kelcey, the hard part and biggest fear was not the physical adjustment but being alone with only her thoughts, "constantly finding yourself in your own mind." A Jill's Legacy member, Sydney Ford, saw the need to be a friend and followed Kelcey in an old car,

being there for support and conversation at the end of her six-hour run. She saw that just like Jill, who never complained about her pain and didn't give up, Kelcey wouldn't give up either.

It took the first few weeks for Kelcey's muscles and body to adjust and figure out how to do 30 miles a day, but finally one day, something clicked and she got into a routine. She was surprised how much support she found from strangers in different parts of the country as she made her journey from state to state. On days when she couldn't imagine continuing for 30 miles a day for two more months, she would check social media and see all of the support she was receiving. "I was really surprised by people being so enthusiastic and encouraging," she says.

At one point, Kelcey was interviewed from a stop in Arkansas City, Kan., in an episode of *The Doctors* during a program about lung cancer. Asked how she had avoided injury during the run,

she said that her body had been incredible to her, letting her do this (run).

Somewhere along the way, the old car driven by Sydney was beginning to break down. The only shop for miles was Oscar's Auto Shop somewhere in New Mexico, but instead of fixing the old car, the shop owner, Henry, a 49ers fan, loaned them his classic Chrysler 300 sedan, saying he would come pick it up in San Francisco.

"As I got closer to home I could feel the excitement," Kelcey says. But the last few days of the run were stormy, rainy and ugly. Kelcey and Sydney feared no one would show up to welcome them to San Francisco on their last day. During the last hour of the run, the weather cleared up in time for Kelcey's sprint across the Golden Gate Bridge. Hundreds of people showed up to run with Kelcey and to greet her in Chrissy Field as she put her feet in the Pacific Ocean on Dec. 1— Jill's birthday. 🗝️

Kelcey crosses the finish line on Jill's birthday.





MELISSA DORN URBANSKY, *Miami*, husband Michael and daughter Madelyn, prepare to deliver boxes filled with stuffed bunnies destined for Denver Children's Hospital.

Madelyn's Bunny Drive Cheers Sick

—By ANN GRAHAM SCHNAEDTER, *Missouri*

Just three weeks after giving birth, **MELISSA DORN URBANSKY**, *Miami*, learned her baby, Madelyn, had a large hole between the two chambers of her heart. As a result of Ventricular Septal Defect (VSD), blood was cross flowing in an abnormal direction. Doctors told Melissa that every time her baby ate, the exertion was akin to an adult running a marathon. Madelyn would feed for ten minutes and fall asleep so deeply she was hard to waken. Feeding her became terrifying.

Within months, the VSD led to an enlarged and leaky heart and Madelyn was scheduled for open heart surgery.

Melissa and her husband, Michael, are both in the Army stationed at Francis E. Warren Air Force Base, in Cheyenne, Wyo. "Emotions overwhelmed our family," says Melissa. At just five months old, Madelyn went into surgery. During the surgery, family waited together, but "knowing my baby's heart was no longer beating on its own is indescribable," says Melissa. The news was good—the surgery was a success.

During Madelyn's recovery on the cardiac floor, volunteers often walked by with a cart full of stuffed bunnies. One day, Madelyn

received a stuffed bunny and smiled instantly. "Madelyn's smile gave my husband and me the hope that she would be ok," Melissa says.

It was that bunny, and the cheer it brought to a sick child, that inspired Melissa and Michael to begin holding an annual bunny drive each spring in honor of Madelyn, who is now a healthy 2 1/2 year old. Melissa says it is incredible to see Madelyn's excitement in collecting the bunnies and delivering them. After the drive, the bunnies are delivered to Denver Children's Hospital, with the hope they will cheer other families and patients.

In 2012, the drive resulted in 700 bunnies (mainly through Facebook). The first year it took a truck and an SUV to deliver them, the second year they rented a U-Haul that became filled with 900 bunnies. Madelyn's original bunny is snuggled on her bed and each year Melissa takes a photo of her with it to commemorate the day that saved her life. Before delivering the bunnies, Madelyn gives a hug to every single one, and helps to unpack them and get them ready to donate.

Melissa has found a Kappa connection through her ordeal. Her best friend from



Knowing my baby's heart was no longer beating on its own is indescribable.

DELTA KAPPA, *Miami*, CELESTE TIA LUKSHIS, told her about the STARS AND STRIPES ALUMNAE ASSOCIATION, which provides a connection for all military-related alumnae. ROBBIE HEWSON GROGAN, *Kansas State*, soon contacted Melissa to let her know her son was stationed at FE Warren. Melissa and Robbi eventually met in person and Robbi introduced her to a close friend, Director of Chapters COLLETT BEERS RANGITSCH, *Wyoming*, who lives in Cheyenne. It had not occurred to Melissa to seek out a local alumnae association since Cheyenne is not a very big town. Since the CHEYENNE ALUMNAE ASSOCIATION and Stars and Stripes have helped spread the word about the bunny drive, Melissa has received donations from Kappas around the world.

In January, the Urbanskys welcomed a second child, Meredith. Even if transferred with the Army, Melissa hopes to continue the bunny project and eventually pass it along to Madelyn to lead. 🗝️

EDITOR'S NOTE: *members of Kappa Kappa Gamma who would like to reach individuals mentioned in The Key may use www.kappa.org to locate a member. On the Members page, use the "Search Members" tool. Information is for personal use only. Or call Kappa Headquarters at 866-KKG-1870 (866-554-1870) or email kkghq@kkg.org.*

Children

Madelyn is dwarfed by all the bunnies collected for Denver Children's Hospital, after giving each one a hug.





When **JULIE SHERMAN MORGAN**, *Tulane*, and Mary Tatum, Pi Beta Phi former Grand President, bought a sailboat together, they knew the name had to be “*Monmouth Duo*.” Julie, Mary and their husbands sail out of Rush Creek Yacht Club in Heath, Texas.

Submit photos at
<http://uploads.kappa.org>



The 1960 pledge class of **GAMMA KAPPA**, *William & Mary*, gather at the college for the 50th reunion of their 1963 graduation.



What began as a senior class ski-getaway during winter break two years ago for members from **GAMMA PI**, *Alabama*, has turned into a tradition of skiing, tubing and dog sledding in Big Sky Montana’s Moonlight Basin, making memories for a lifetime.



The Diablo Country Club in Diablo, Calif., was the setting for a Founders Day brunch for members of the **CONTRA COSTA COUNTY ALUMNAE ASSOCIATION**.



Three generations of Kappas welcome the newest Kappa in the family, **AUBREY DOWNING**, left, *Oklahoma State*. Celebrating with her on **DELTA SIGMA'S** Bid Day are her mother **KIM BROCK DOWNING**, *Oklahoma State*, her aunt **HOLLIE BROCK HARRIS**, *SMU*, and her grandmother, **DONNIE VAUGHN BROCK**, *Oklahoma*.



Kappas from the class of 2007 of **ETA DELTA**, *Valparaiso*, traveled from seven states for a reunion at a cabin near Nashville, Ind.

accent on alumnae



Members of the **ATLANTA ALUMNAE ASSOCIATION** executive board, the Advisory Board and House Board for **EPSILON EPSILON, Emory**, enjoy painting an owl on canvas.

The **HOWARD COUNTY (MD.) ALUMNAE ASSOCIATION** and **ANNAPOLIS ALUMNAE ASSOCIATION** celebrate Founders Day together.



The **Richwood Plantation Inn**, a bed-and-breakfast in Milton, Ky., was the site of a recent reunion of friends from the graduation classes of 1975 and 1976 from **MU, Butler**.



Submit photos at
<http://uploads.kappa.org>

PAM VENNERBERG OLSON and **PAM HENRY**, both *Oklahoma*, were among those featured in the “Breaking News: Oklahoma Women in Journalism” exhibit at the Pioneer Woman Museum in Ponca City, Okla. Pam Olson was the first female anchor at KWTW in the 1970s, covering the White House and Congress for CNN. Pam Henry was the first female anchor in the 1970s at what was then known as WKY-TV.



Wearing T-shirts with their initiation years are **VICKI BUTTRY VAN BUREN** and **TERI BUTTRY REECE**, both *Oklahoma State*, **WHITNEY REECE WELCH**, *Texas Tech*, **BRYNN REECE**, *Texas A&M*, and **MAKENZIE REECE**, *Texas Tech*.

More than 90 members of the **PORTLAND ALUMNAE ASSOCIATION** gather at the Oswego Lake Country Club to celebrate Founders Day. A silent auction raised more than \$600 for educational scholarships for **BETA OMEGA**, *Oregon*, and **GAMMA MU**, *Oregon State*.



NAPA VALLEY ALUMNAE ASSOCIATION purchased books for the Napa Valley County Library. **BETTY BELLOIS SHERER**, *St. Lawrence*, **JODY BEHRENS SLOANE**, *Michigan*, **NANCY CARLSON** and **CAROL LATTA SPENCER**, both *Iowa State*, help distribute books for the summer’s “Reading Is Delicious” program.

Key Achievements

🔑 **BARBARA MYERS COTLER**, USC, receives the Alumni Service Award during the 80th USC Alumni Awards banquet for her outstanding volunteerism. Presenting the award is Dr. Mitchell Lew, president of the USC Alumni Association Board of Governors. On Barbara's right is Patrick E. Auerbach, interim associate vice president for alumni relations.



Photo credit: Steve Cohn



Photo courtesy Women's Foodservice Forum.

🔑 **LORNA TIEMANN DONATONE**, Tulane, chief operating officer and Sodexo Education president has been elected chairman of the Women's Foodservice Forum's (WFF) Board of Directors. The mission of the WFF is to advance women in the food service industry. A champion for women in the workplace, Lorna encourages professional development through networking and mentoring. She has been honored for her work empowering young women including national recognition from Girls Inc. in 2009 and a 2010 Ascendancy Award from w2wlink.com. Sodexo ranks fourth on DiversityInc's 2012 list of Top 10 Companies for Executive Women.

🔑 **CONNIE LOVEDAY LURIE**, San Jose State, SJSU's 2013 commencement speaker, received an honorary doctorate of humane letters for her "lifetime dedication and generosity to San Jose State, as well as her visionary philanthropic spirit." Connie established the Guardian Scholars program to provide support to former foster youth and endowed the university's Lurie Author-in-Residence program. The Connie L. Lurie College of Education is named for her, in recognition of her service and support, including a \$10 million gift. Connie is a member of the **DESERT ALUMNAE ASSOCIATION**.



CAROLE RIGSBY DARST, Denison, was awarded Denison's Alumni Citation, the highest award bestowed to its alumni, for her lifelong work in the arts. Carole has been a toy designer, graphic artist, interior designer and assistant director at the Indianapolis Museum of Art. She served as director of the Indianapolis Arts Center and exhibits coordinator for the Indiana Arts Commission.



CAROLYN DAMERON EYNON, Michigan, is the artistic director of the Arizona Arts Chorale (AAC), which has performed at Carnegie Hall and the Kennedy Center for Performing Arts. Carolyn has created a 24-voice adult community choir that performs North American choral music at hospices, hospitals, the Sun's basketball games and concerts around the Valley of the Sun. She is President of the **SCOTTSDALE ALUMNAE ASSOCIATION**.

KATHRYN CLARK RUSAK, Michigan, was appointed executive director of the Oakland Community College Foundation. Kathryn joins OCC from Wayne State University where she served as director of development for the College of Education and the Irvin D. Reid Honors College. During her 10-year career at Wayne State she managed the Honors College capital campaign and provided major gift support to the College of Liberal Arts and Sciences and the alumni association. Kathryn is a former Kappa Traveling Consultant 2002–2003.

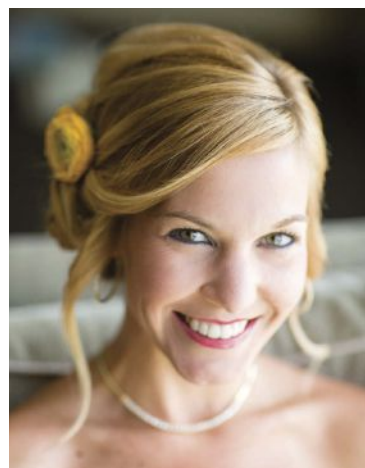


TERRIE EGERT WOOD, Rollins, serves in the Connecticut House of Representatives as ranking member on the Human Services Committee and also serves on the Appropriations, Children's and Regulations Review Committees. She is co-chair of the Mental Health Working Group of the Gun Violence Prevention and School Security Committee, which was formed in response to the Sandy Hook school shootings in Newtown, Conn. The bill became law on April 3, 2013, addressing mental health, gun

violence and school security. "Serving as a state representative has been a pleasure far beyond what I ever expected. Many of the leadership lessons I use in Hartford, I learned as a Kappa."



EVELYN EVERETT COSTOLO, Indiana, is CEO of Wipe Out Kids' Cancer (WOKC), which raises awareness and funds for childhood cancer research. She was unexpectedly pulled into the world of children's cancer when her 4-year-old godson, Michael Malone, was diagnosed with stage 4 high-risk neuroblastoma. Several months later she was given the opportunity to make a difference by taking on the job as CEO.



CLAIRE BLOXOM ARMSTRONG, Pepperdine, has been recognized by the Fort Worth Business Press as one of the city's "40 under 40." Claire heads the public relations and social media departments at Concussion, a local agency. She also has won four "Worthy Awards" from the Public Relations Society of America's Greater Fort Worth chapter where she serves as a board member. Claire won a MarCom Creative Platinum Award for writing/editorial and a Katie Award from the Press Club of Dallas.

Email news and photos to thekey@kkg.org.
High-quality, large digital images are accepted.
Not all submissions are printed.



FLORIDA. Biological sisters **STEPHANIE** and **BRITTANY BATTEN** welcome their younger sister, **TIFFANY BATTEN**, into **EPSILON PHI CHAPTER**.



BUCKNELL. **DELTA PHI** members welcome potential new members during Recruitment with a mashup of popular songs using their own Kappa-inspired lyrics.



COLORADO STATE. The **NORTHERN COLORADO ALUMNAE ASSOCIATION** hosted a dinner for seniors of **EPSILON BETA CHAPTER** at the home of **MERROLE PENCE STEINWAY**, *Kansas State*. The seniors were glad that **CATHERINE (KAT) WILLIAMS CHRISTOPHER**, *Michigan*, a 100-year-old alumna, was able to attend.





SMU. GAMMA PHI members represent red, white, blue and blue! **COURTNEY CAPE, MERRILL GRACE HARTLINE, CAROLINE BARTELSMEYER, and SHANNON RUSSO** celebrate the Fourth of July in Innsbruck, Austria, while studying abroad.



NORTH CAROLINA. CHLOE PATERSON had no idea that there were so many Kappas in the family until after she went Kappa! Pictured are her grandmother **MARTHA FISHER HALLWARD**, great aunt **MARGARET FISHER KERRIGAN**, cousin **CAROLYN KERRIGAN**, all *McGill*, and **ELIZABETH LESSLIE**, *Toronto*.



FLORIDA STATE. EPSILON ZETA members celebrate a successful Recruitment.

SIMPSON. OMICRON^A members create a Kappa haystack at a local pumpkin ranch.

SUSIE BRIDGES, Auburn, center, is a Disney cast member.

For Panhellenic Women, It's a Small World

—By **LAURA VINCI**, Kansas

Who is your favorite Disney princess? I wanted to grow a fin and be a princess in the ocean (Ariel, anyone?). I first read from a *Beauty & the Beast* wordbook. I grew up with my favorite Disney characters and still feel the magic whenever I visit a Walt Disney park or resort.

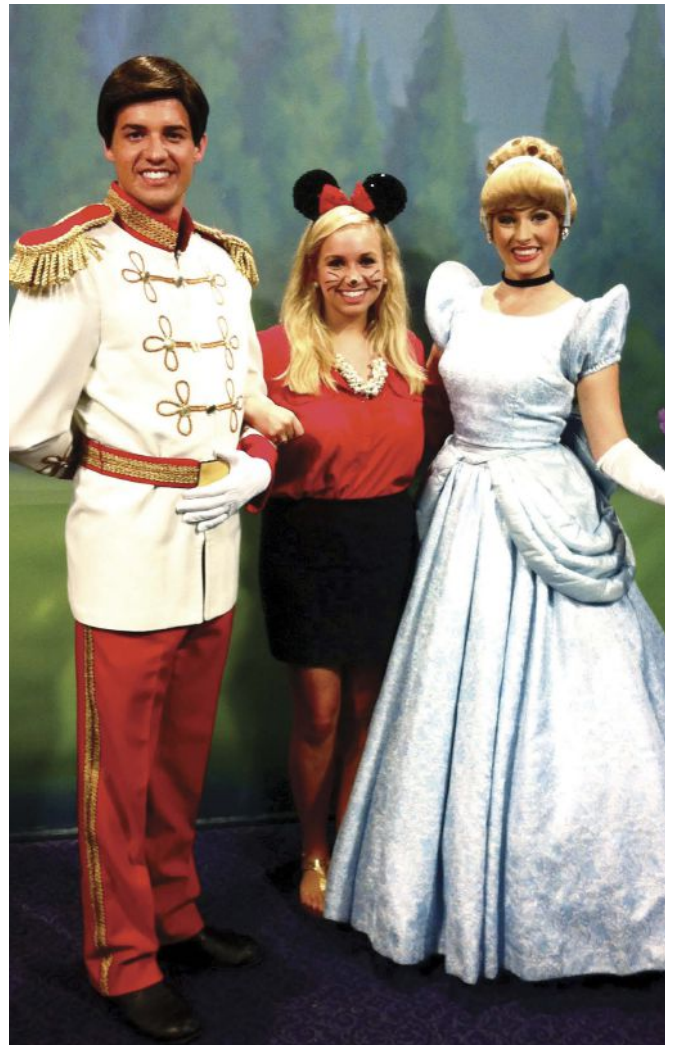
SUSIE BRIDGES, Auburn, is one of the thousands of Disney cast members who work at the parks and resorts in Orlando, Fla., and create that magic for the millions of tourists that visit each year.

"I wanted to work with Disney because I always loved the company. I thought it would be a fun place to do an internship, and then I realized I could actually make a career out of this," says Susie.

Susie got started with the Walt Disney Corporation through the Disney College Program. This program offers participants on-the-job experience in Disney parks and resorts and continues to educate them in an Epcot-ly diverse classroom.

"It was important that I was learning about topics I was interested in that would benefit me in my career path in public relations. For my specific cast position, I also had to take classes. We were taught the basic concepts of Disney and what is expected of us as Disney cast members. One time I sat through a four-hour class on how to be nice to guests!"


With a full-time work schedule of being a tour guide at "The Great Movie Ride" in Hollywood Studios and a fulltime class schedule of marketing and leadership



management, Susie expected to learn a lot. What she didn't expect to learn was how her involvement in Kappa Kappa Gamma would help her in this role.

Early summer 2012, Susie packed up her belongings and left her small town in Alabama to make the seven-hour drive to Orlando. In the Panhellenic spirit, Susie quickly befriended her manager, who is a Tri Delta and, like Susie, from an SEC university. The two met on the day Susie "earned her ears," Disney lingo for passing the mandatory training week and assessment at The Great Movie. Susie's manager asked about her background and the two of them immediately bonded over their similarities to each other.

"It was that connection that made me realize how truly special the bonds of sisterhood are. I mentioned how I was a Kappa and it was like a whole different door opened for me because most people working at Disney World are not in sororities."

Susie is currently a senior at Auburn University. She serves as Membership Chairman and is a seasonal cast member at Disney World and is also a campus representative for the Disney College Program at Auburn. 

Stomping Out Juvenile Delinquency

—By **KATE GREENE**, *Ohio State*

Research has shown that physical activity has a positive effect on people and may prevent juvenile delinquency. **RYANN HART**, *West Virginia*, is on a mission to help prevent juvenile delinquency by encouraging at-risk youth to stay active and engage in the positive aspects of their communities.

Ryann began her crusade at a young age and devotes her free time to volunteering at her local Boys & Girls Club. “Kappa gave me many volunteer opportunities, but I want to make an even bigger impact on juveniles after college,” she says. To help fund her plan to continue in research, she applied for the Robert E. McNair scholarship.

Robert E. McNair was one of 35 men and women chosen out of 10,000 candidates for NASA’s space program in 1978. In 1984, he became the second African American to fly in space, but in 1986 his life was cut short as a part of the crew of the ill-fated Challenger space shuttle. The Robert E. McNair Scholars Program, funded by the Department of Education and offered at 200 institutions across the U.S. and Puerto Rico, is a post-graduate program that offers an annual stipend, a six-week summer internship program, GRE preparation and graduate school visits. It is meant to inspire first-generation or minority students to continue their pursuit of an advanced degree.

Ryann’s drive and vision inspired her to apply for this scholarship. She was shocked to learn that she had won the scholarship of her dreams.

The daily activities of her summer internship have helped put her another step closer to making her dreams a reality. “This internship is getting me one step closer to my career in social work,” she says. Ryann’s ultimate goal is to run her own nonprofit agency or program that promotes organized sports and

activities to at-risk youth. “I want to be able to personally help at-risk youth,” she says.

Robert McNair once said, “Before you make a dream come true, you must have one.” Ryann Hart is well on her way to making her dream come true. 🗝️



Ryann Hart plans to work with at-risk youth.


Choosing Sisterhood for a Lifetime

You've heard it before, "Sisterhood is for a lifetime." If you say, "I was a Kappa . . .," you might just get corrected, "You **ARE** a Kappa!" The advice is good, but unless you actively seek Kappa after graduation, it can become a distant memory. Facebook keeps younger members in touch and allows older ones to reconnect with long-lost friends.

Being a sister for life means many different things—finding an alumnae association in your area or starting a new one, keeping your profile current at www.kappa.org so friends can contact you, contributing to the financial well-being of Kappa through association dues or Dues Direct and supporting the efforts of the Kappa Foundation. But what you get out of

it in return is a connection that never goes out of style, doesn't get divorced and knows no bounds.

5 Ways Kappa Can Help After Graduation

- ▶ Locate Kappas in your area, update your info and more at www.kappa.org.
- ▶ Use your local alumnae association to stay involved in the Fraternity.
- ▶ Find mentors.
- ▶ Find jobs through Kappa's LinkedIn.
- ▶ Find leadership opportunities in your community. 

Seniors of **BETA CHI, Kentucky**, create a photo keepsake to remember their time as active members.



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