

Tales of Exploration and Adventure!

Kappas, Kappas, Everywhere

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

Most of us enjoy traveling. Yet, we are often very glad to return home. For those who travel frequently, whether on business or for pleasure, one hotel room looks like the last, gourmet restaurants are no substitute for good, old home cooking and family is sorely missed.

But sometimes “home” is where we find it and Kappa often travels with us or we discover it waiting at our destination. JANE SEISER BOLDRICK, *Texas*, 94 years old and a 77-year member of Kappa Kappa Gamma, was fortunate in her discovery of Kappa friendship and sisterhood in the many places she has called home. Five years ago she wrote about it, saying ...

“Fortunately, [in 1928] I married a man whose oil business took him to many cities, and everywhere we went I found a Kappa or looked for one. My first experience was in Tyler, Texas, where the East Texas oil boom had taken us. I found a Kappa who had been in the chapter with me living just two doors from us. It was such a joy finding an old friend and Kappa sister so near.

“Then business took us to Mexico in 1935. As I stepped off the plane in Mexico City, I immediately spoke to someone I saw. My husband asked, ‘How could you possibly know anyone here?’ and I said, ‘She’s a Kappa.’ I found others in the city and was entertained by them.

“When we moved to the Rio Grande Valley in McAllen, Texas, my beautician told me about a Kappa from Virginia who lived there. I contacted her; she called on me and then had a big brunch in my honor. I was launched socially.

“When my husband and I vacationed in Barbados, I ran into a Kappa. You find them everywhere. I often mention Kappa in conversations and a lady at the hotel said she was a Kappa from DELTA DELTA CHAPTER, *McGill*, in Montreal, Canada. We became fast friends.


“In 1934, I was back in San Antonio, which is really my hometown. Two other Kappas and I decided we should organize an alumnae association. About five of us met for afternoon tea and determined that we wanted to become an affiliated association so we could recommend girls for membership and pledge more Kappas from San Antonio. We found a few older Kappas who had never belonged to an association and invited them to attend. We elected a President in 1934, and by 1937, had 12 members and I was President. We were encouraged to obtain a charter so

I collected \$12 and sent it to Headquarters with the charter request. It was granted and that is how alumnae associations are born. Now, in 1996, we have 600 members in the SAN ANTONIO ALUMNAE ASSOCIATION. I am the only one of the founding members who is still living.

“In 1989, the lovely BETA XI, *Texas*, chapter house celebrated its 50th anniversary and my husband and I drove over for the weekend festivities. I donated a Dresden compote that had been in my home for more than 50 years and it was placed on the grand piano in the living room. It was a delightful weekend and I treasure all

the Kappa friendships renewed while I was there. The beautiful home was designated a Texas Landmark and more than 1,000 Kappas and friends had contributed to its construction.”

Despite a little editing for space limitations, Jane’s story encompasses love of Kappa and a lifetime of warm and close friendships. She entitled the piece, “My Life as a Kappa” and ended by saying, “Time marches on and I have become older, but I have always been a loyal and faithful member of Kappa Kappa Gamma.”

Wherever our travels take us, whatever adventures life brings to us, may we all find a Kappa — many Kappas — who walk by our side and support us with their loyalty and friendship. 



Marian Klingbeil Williams, *Missouri*, National Panhellenic Conference Chairman and former Fraternity President, with Jane Seiser Boldrick, *Texas*, (center) and Karen Benignus Laurence, *Texas Tech*, Theta South Province Director of Alumnae.

CONTENTS

THE KEY OF KAPPA KAPPA GAMMA • FALL 2001 • VOLUME 118, No. 3



10 Pinning on the Key — Again

Kappas find and redeem lost badges on eBay.

12 A Journey Along the *Camino de Santiago*

Pilgrims gather in Spain for a life-changing journey.

15 Walking Tips from an Adventure Expert

16 The Wright Brothers Made Me Do It

Writer learns to hang glide in celebration of a century of flight.

18 “Old Kappa Broads” Abroad

Longtime friends explore China with humor and zest.

20 Peace Corps Volunteers Share Sisterhood

22 Lessons from a Life Abroad

24 Down Under — Why Not?

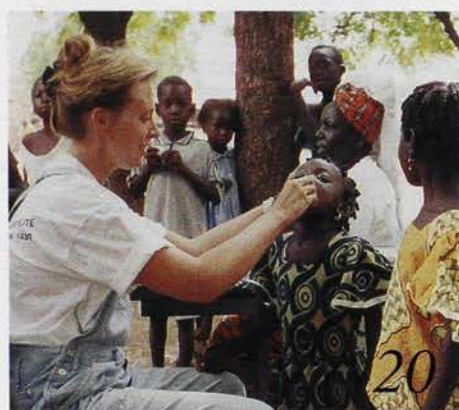
Tales of adventure in Australia, New Zealand and Fiji.

26 Are We There Yet?

Traveling with children can be fun for the entire family.

29 Folk Musician Uses Talent to Help Others

30 Meet Massachusetts’ First Female Governor



Meet Governor Jane Swift and her new twins!

On the Cover

A creation of LUCRETIA LEONARD ROMNEY, Indiana, this quilt depicts the destinations explored during a “Semester at Sea” program last summer during which Lucretia taught drawing and painting. She enjoyed meeting 10 undergraduate Kappas on board. Read about her on Page 46. For information on Lucretia’s art business, contact her at lromey@capecod.net.

SPECIAL SECTION

8 2001-2002 Fraternity Directory

DEPARTMENTS

2	President’s Message	34	Kappas on Campus
3	Fraternity News	40	Accent on Alumnae
29	Profiles	49	In Memoriam
32	Foundation News	50	Letters to the Editor



National Panhellenic
Editors Conference



The Key is the first college women's fraternity magazine, published continuously since 1882.

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President's Message

Why Sorority?

Why sorority and, in particular, why Kappa Kappa Gamma?

The Fraternity has begun taking a good look at itself through the eyes of its members and several other audiences with close knowledge of our organization. The findings are reassuring and honestly, not too surprising. These identified benefits of women's fraternities and sororities answer directly and indirectly, "Why Kappa Kappa Gamma?"

Greek-letter organizations on university and college campuses are criticized frequently. While this is not a new phenomenon (Greek-letter organizations have long been a target of anti-Greek ideologists), many efforts to counter these allegations have been developed. The National Panhellenic Conference and North American Interfraternity Conference collaborated on a series of studies. They hoped to identify the contributions of Greek-letter organizations and those of their members to their communities as alumni/alumnae and their college and university communities as undergraduates.

The Fraternity's identity study, conducted by Luxon-Carrá, an international consulting firm, has uncovered a consensus of what makes Kappa unique. Drawn from the interviews of members — undergraduate and alumna — and from parents, university administrators, Greek advisers, Foundation donors, Fraternity and Foundation officers and chairmen, the findings crystallize what sets Kappa Kappa Gamma apart. Additionally, Kappas shared what benefits membership in a women's Greek-letter organization provides. These points are as follows:

- Sororities represent a single-sex oasis in a mainly co-ed campus environment.
- Provide "sisterhood" support via alumna organizations in hundreds of cities.
- Offer surprising diversity of background and interests among members.
- Offer contrast in their variety to the narrower make up of college affinity groups.
- Focus on academics and study habits helping members appreciate learning.

- Telescope leadership opportunities for people and organization management.
- Emphasize the importance of interpersonal cooperation despite different views.
- Stress social responsibility and philanthropy as integral to citizenship.
- Help members in personal growth, self-awareness, esteem and confidence.
- Sustain members in bad times, celebrate in good times and share at all times.
- Become a family away from home, breaking down campus size and impersonality.
- Embrace ancient Greek values of goodness, truth, beauty and ethical living.

Kappa Kappa Gamma is proud of what we embody ... lifelong opportunities for scholarship, friendship and leadership that is "sister-centric," member-focused and designed to address women's developmental needs and interests. When asked "Why sorority?" feel free to share these benefits and those you have found as a result of your choice to be a part of Kappa's legacy of leadership.



Loyally,

ANN STAFFORD TRUESDELL
Ohio Wesleyan
Fraternity President

Meet Kappa's Sixth Executive Director

LILA ANNE ISBELL, *Montana*, was appointed in June by the Fraternity Council to serve as Kappa Kappa Gamma's sixth Executive Director. As Interim Executive Director from June 2000 to June 2001, Lila demonstrated the qualities the Council identified as important for the position. From September 1992 to June 2000, she was the Fraternity Associate Executive Director. Prior to her career at Fraternity Headquarters, Lila worked as the Assistant Alumni Director of the Oregon State University Alumni Association.

Lila, the woman with a thousand-watt smile, has wonderful people skills, sensitivity, warmth and the organizational development and management skills so necessary to the Executive Director as an administrator. The Council further credits Lila with understanding our fraternal purpose and the Greek culture.

Born in Greenville, Calif., her family moved to Burney, Calif., four years later, where her first "career" began with a paper route at the age of 10 until she was 17. Lila's mother, who named her after a fifth-grade classmate, decided she needed a job to learn more about responsibility. (Lila wanted no part of her family's interest in horses.)

Graduating from the University of Montana in 1987 with a degree in business administration and marketing, Lila's Kappa career began. She was selected as one of six Traveling Consultants, a job she had longed for. It was the opportunity to share further her love for Kappa as well as to demonstrate her excellent personal characteristics. Lila has strong leadership and coaching skills and is known for problem solving and mediating fairly. She is a team player and "finds the most satisfaction from serving and working in a group that has a purpose."



Lila Isbell, *Montana*, is proud to serve Kappa Kappa Gamma as Executive Director. Lila's predecessor, **J. Dale Brubeck**, *William and Mary*, served as Executive Director from 1987 to 2000.

Outside of the office, Lila has many interests. She is a deacon of her church and, as a member of its "Friends of the Homeless," she cooks and serves meals for 30 to 50 homeless each month. A member of the Junior League of Columbus since 1993, she has held many chairmanships including that of its major fund-raising event and currently as nominating chairman. Her hobbies include golf, gardening, skiing and reading. She shares her home and her lap with two cats, Chloe and Tash.

Lila's warmth, high professional and personal standards, sense of humor and infectious smile will serve the Fraternity and the Greek world well. Lila humanizes one of the goals expressed in the New Member Promise: "... to live up to all that is fine in life and thought and character."

(On a personal note, as Director of Field Representatives from 1984-88, Lila was one of "my girls." She always made me proud then and she continues to do so.)

— By GAY CHUBA BARRY, *Penn State*

Mission Statement of The Key

The Key of Kappa Kappa Gamma links each member with the Fraternity. The mission of The Key is:

- to inform, inspire and challenge
- to sustain and nurture membership loyalty and interest
- to recognize individual, group and Fraternity accomplishment
- to provide a forum for an exchange of information and opinion
- to be a permanent record.

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Convention 2002 Plans Underway

Mark your calendar for Kappa Kappa Gamma's 64th Biennial Convention, **June 19-23, 2002**. The Hilton, in the Walt Disney World Resort in Orlando, Fla., will be a magical site for these fun-filled days of Fraternity business and educational programs. Pre- and post-convention packages will be available, as well as a special sisterhood weekend package. More information will be provided in the Winter 2001 issue and on the official Web site at www.kappa.org.

New Alcohol-Abuse Prevention Resources

Don't miss two new videos recently added to Kappa's *Pathways* resources. *Wasted Youth* and *The Best Years of Your Life* were produced by Security On Campus, a nonprofit organization dedicated to raising awareness about crime and violence on college campuses. Visit its Web site at www.campussecurity.com.

Wasted Youth (10 minutes) discusses the dangers and consequences of binge drinking. *The Best*

Years of Your Life (20 minutes) looks at what happens when a tragic incident involving alcohol crashes in and turns the "best years" of your life into the "worst years."

Both videos address the real issues of binge drinking and alcohol consumption from all points of view. These videos are not preachy, but tell an important story using first-hand accounts of victims, family, friends and users. Use these videos for an easy program night at your chapter or association. Or, rent the videos to watch with your children or grandchildren. Each video comes with a list of discussion questions. Call 614/228-6515 to rent a copy of these compelling presentations.

A New Alumnae Association

Kappa Kappa Gamma welcomes the WESTERN COLORADO ALUMNAE ASSOCIATION, which was chartered on June 1, 2001. For information, contact association President SHANNON MOSNESS DAVIS, Wyoming, at 2930 N. 13th St., Grand Junction, CO 81506, 970-254-1741, or sdavis@westcomuseum.org.

Paid Education Internship Available at Headquarters

The department of Education and Training at Kappa Kappa Gamma Fraternity Headquarters in Columbus, Ohio, is looking for an intern for 12 weeks during the summer of 2002. Members with an interest in education who have a concentration of course work in education, adult learning, sociology, psychology, journalism, communication, marketing and other related fields are encouraged to apply. For more information or an application, please contact Marla Williams, Director of Education and Training, at 614/228-6515, ext. 132 or mwilliams@kappakappagamma.org. Applications are due February 1, 2002. This program is funded by a grant from KKT Foundation.



Pathways

KAPPA'S CONTINUOUS EDUCATION EXPERIENCE

Celebrate the Achievements of Kappa Volunteers!

In honor of the United Nations International Year of the Volunteer — 2001, Kappa Kappa Gamma Fraternity says THANK YOU to our many volunteers for sharing your time and lending your talent. Your dedication has made it possible for Kappa programs and services to flourish throughout the years. You are making a positive difference in Kappa Kappa Gamma and in the world!

Did You Know?

- 1,000 Kappa volunteers serve as advisers to our 128 collegiate chapters.*
- 900 Kappa volunteers serve on chapter House Boards managing properties and contents insured for \$85,000,000.*
- 30 Volunteer Regional Trainers offer educational workshops and programs to chapters, Advisory and House Boards, and alumnae associations.
- 226 Kappa volunteers oversee the charitable and educational purposes of the Kappa Kappa Gamma Foundation.
- 140 Kappa volunteers oversee the management and direction of Kappa Kappa Gamma.

Kappa needs your help! Discover the rewards of volunteering for the Fraternity. *Many chapters have openings on their Advisory and House Boards.

For information on these and other Kappa volunteer opportunities that will be meaningful to you, please e-mail SALLY COWDERY SPENCER, St. Lawrence, Volunteer Services Chairman, at kkghq@kappa.org or call Fraternity Headquarters at 614/228-6515.

Fraternity Officers Trained and Ready to Serve

The Associate Council Seminar (ACS) was held this June in Columbus, Ohio. The ACS provides education and leadership training for Regional and Province Officers and the Advisory Board/Housing Committee members. Leadership roles, Kappa policies and procedures, officer responsibilities and issues critical to the Fraternity and all Greek organizations were some of the topics discussed. A tour of the Heritage Museum and Fraternity Headquarters, complete with introductions to Headquarters staff, was a highlight of the weekend. See Pages 8-9 for a directory of Fraternity Officers.



Associate Council Seminar participants make new friends during their training in Columbus, Ohio.

Correction to Summer Membership Quiz

On Page 22 of the Summer 2001 issue, there was an error in the answer to question number eight of the Membership Recruitment Quiz. The question is: "What is the grade requirement for pledging Kappa Kappa Gamma? The correct answer is: "The grade requirement is a 'B' average from high school or a 'C+' from the previously completed term as a full-time student. The original answer said "part-time or full-time student." Grades must be based on a full-time schedule. Questions may be directed to MARTHA ALLEN KUMLER, *Ohio State*, Director of Membership, via e-mail at kumler@greenapple.com, or call Headquarters at 614/228-6515.

We Need Your Photos

The Fraternity needs current alumnae association and chapter photographs for use in Fraternity publications and presentations. Photographs submitted may be used to tell Kappa's story to our members, university administrators, Panhellenic organizations or unaffiliated women as part of Kappa's extension process. Founders Day celebrations, philanthropy events, sisterhood activities,

recruitment events and educational programs are a few examples of what is needed. Please make sure the photos conform to *The Key* photo guidelines (see Web site). All photos submitted become the property of the Fraternity.

Before adding your photos to your scrapbook, please make reprints and send them along with your association or chapter name and a brief description of the activity to: JENIFER JOHNSON PEPONIS, *Ohio Wesleyan*, Director of Public Relations/Marketing, Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 38, Columbus, OH 43216-0038.

Log On to www.kappa.org!

Check out the "Pathways" educational program! More new sections will be ready soon. If you have difficulty accessing the "Just for Kappas" site, try these tips.

1. Read all Web site instructions carefully.
2. To register for "Just for Kappas," use your full name: first, maiden, last.
3. Locate your member number on the back of *The Key*, or contact Fraternity Headquarters at 614/228-6515 or e-mail kkghq@kappa.org.

Calling All Desert Snow Birds

Do you spend winter months near Palm Springs, Calif.? The DESERT ALUMNAE ASSOCIATION would like to add you to its mailing list. Please send your name with home and desert addresses, e-mail and phone number to KAY SMITH LARSON, *Washington*, 78-560 Arapahoe Drive, Indian Wells, CA 92210, or e-mail: uw54@aol.com.

The Key Wants to Hear from You!

If you have not filled out *The Key* survey that appeared in the summer issue, please do so! If you want to fill out the survey online, visit www.kappa.org and click on "The Key."

Congratulations to the following Kappas who won copies of *History 2000 ... Kappa Kappa Gamma Through the Years*. Their names were randomly drawn from the surveys submitted by July 15. The Editorial Board thanks all of the survey respondents!

Winners:

DIANE DAWSON, *Northwestern*
 MARY-ELIZABETH GORDON WAGERS, *Butler*
 SARA HAMILTON, *Rollins*
 HILARY HARPER RIKARD, *Furman*
 SARAH WITKOWSKI, *Ohio Wesleyan*

Opportunity and Adventure Await!

Build career skills and explore the continent as a Traveling Consultant.

— By HANNAH ESKRIDGE, *George Washington*

But you won't make enough money." "Won't you be behind in your career?" "What if you get into law school — can you defer for a year?" "How is traveling for a year going to build your résumé?" These are questions my parents and I asked before I accepted the job as a Traveling Consultant.

In my first four years of membership in Kappa Kappa Gamma, I encountered several Traveling Consultants who positively influenced my life. They were each strong, committed, smart leaders with the ability to create lasting change while visiting a chapter for just one week. I admired these women and knew that I too wanted that experience.

As a senior, I was barraged with information about job fairs, graduate schools, LSATs and the new world of "dot-coms," but the Traveling Consultant job seemed right. The application and interview process was great practice because it forced me to market myself and to learn how to interview.

Although I had some concern about what I would do after my year as a Traveling Consultant and how I would complete a job search, my fears were alleviated because Kappa worked with me and provided excellent references. One week after I finished, I was hired by an advertising association in Washington, D.C. I started at a mid-level position since I already had a year of "real-world" experience.

The women with whom I traveled have had similar experiences. Each was hired immediately upon completing her year as a TC, and one is enrolled in an Ivy League law school and had no problem deferring her acceptance one year while she traveled.

In my job today, I am flexible and able to work under strict deadlines with a variety of people. I have learned to write concisely, analyze situations quickly and effectively deal with adverse situations. These skills can be attributed to my experience as a TC during which I developed relationships with and earned the trust of women in a variety of settings. These social skills translate to the business world because I will always be interacting with diverse people.

In addition to building career skills, the part I value most about my experience is traveling. I visited 32 states and two Canadian provinces. I was able to consider where I might want to eventually live, see some of the



Hannah Eskridge, *George Washington*, served as a Traveling Consultant during 1999-2000.

greatest landmarks and visit historical academic institutions. I have met amazing collegians and alumnae, and I've been able to explore career opportunities all across the continent.

Are you looking for an unforgettable experience that will polish your skills and prepare you for life after college? Serving as a Traveling Consultant will provide you with an opportunity to explore North America and build self-confidence to help you succeed in whatever career you pursue.

Traveling Consultants visit U.S. and Canadian chapters providing leadership skills and educational programming. Chapter Consultants are awarded a scholarship for post-graduate study while assisting a chapter in organization and educational programs. For more information or for an application, visit www.kappa.org or contact the Chairman of Field Representatives, c/o Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 38, Columbus, OH 43216-0038, 614/228-6515, fax: 614/228-7809, e-mail: kkghq@kappa.org.

Meet Our 2001-2002 Field Representatives

Traveling Consultants



JULIETTE AST, *Kansas*

MAJOR: English

CHAPTER LEADERSHIP: VP-Organization; Philanthropy, Social, Public Relations and Education Committees

ACTIVITIES: Mortar Board; Order of Omega (VP); Golden Key; Gamma Sigma Alpha Honor Society; Panhellenic President; Student Leadership Institute facilitator; Alternative Spring Breaks



STACY RICKWALD, *Centre*

MAJOR: biochemistry/molecular biology

CHAPTER LEADERSHIP: President; Membership Chairman; Standards and New Member Committees

ACTIVITIES: dean's list; Order of Omega; Phi Sigma Iota; Beta Beta Beta; Delta Sigma Pi; Student Government; Rho Lambda Greek Society



ANNA CORPENING, *Clemson*

MAJOR: political science/communication

CHAPTER LEADERSHIP: President; VP-Standards

ACTIVITIES: Women in Communications; Congressional intern; College Republicans



BRIANNE TATARIAN, *San Diego*

MAJOR: philosophy

CHAPTER LEADERSHIP: Membership Chairman; Education Chairman; Recording Secretary; Nominating Chairman

ACTIVITIES: Panhellenic VP-Membership; Phi Sigma Tau; human relations/diversity training program; USD Dean's Trophy Committee



KYLEE DETERDING, *Iowa State*

MAJOR: liberal studies

CHAPTER LEADERSHIP: President; VP-Standards; Program Committee

ACTIVITIES: dean's list; Gold Circle Achievement Award; Freshman Council (treasurer); teaching assistant; blood drive PR director

Chapter Consultants



HOLLY HIHATH, *Albertson, to DELTA KAPPA, Miami*

MAJOR: elementary education

GRADUATE STUDY: emotional handicaps and learning disabilities

CHAPTER LEADERSHIP: VP-Standards; Registrar; Scholarship and Nominating Committees

ACTIVITIES: All-American scholar; dean's list; Phi Eta Sigma; student senator; campus ministry; choir tour



LESLEY DILLON, *Akron*

MAJOR: political science/criminal justice

CHAPTER LEADERSHIP: President; Philanthropy Chairman; Membership Chairman; Standards and Nominating Committees

ACTIVITIES: dean's list, Rho Lambda (VP); Club Water Polo Team; Office of Admissions Recruitment Club



JANE ELIZABETH (BETH) HOWARD, *Westminster, to DELTA RHO, Mississippi (Second-year Chapter Consultant)*

MAJOR: pre-pharmacy/chemistry and political science

GRADUATE STUDY: pharmacy

CHAPTER LEADERSHIP: Marshal; Scholarship Chairman; Standards Committee

ACTIVITIES: dean's list; Pi Sigma Alpha; student foundation; peer educator; alcohol/drug task force; varsity tennis captain, varsity golf



AMY OSTGULEN, *Marist*

MAJOR: business

CHAPTER LEADERSHIP: President; New Member Chairman; Alumnae Chairman

ACTIVITIES: campus ministry; peer support line; resident assistant; business math tutor

EDITOR'S NOTE: The Key does not list names and addresses of Fraternity Standing or Special Committee Chairmen, committee members, or alumnae association and chapter Presidents. This information is available from the KKG Web site at www.kappa.org or by contacting Fraternity Headquarters at 614/228-6515 or e-mail: kkghq@kappa.org. A complete Fraternity Officers directory is mailed to each alumnae association, chapter, Advisory Board and House Board in the fall.

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Pinning on the Key – Again

Kappas find and redeem lost badges — some with historic significance.

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

We are a mobile society. We change jobs, move our homes and families and travel for pleasure.

Amid these changes in our lives, things get lost. Sometimes they are precious items — symbols or memorabilia that are treasured, but still they are misplaced, stolen or somehow wander. Among them are Kappa badges.

An item in an old issue of *The Key* tells of a badge lost in 1917 and found some time later. It is not a new phenomenon to find a golden key, and it is becoming increasingly frequent to find one in space — cyberspace, that is — and at antique shows and flea markets. They are proving to be a fascinating pursuit for members and non-Greek collectors.

"After getting into eBay on-line auction, I decided to sort on the words Kappa Kappa Gamma, little expecting anything to crop up," says MARY RUDDICK SILZEL, *Whitman*, Fraternity Historian. "To my surprise, a large number of 'Kapparabilia' items were being auctioned, including two badges." That was the beginning of an ongoing effort to redeem badges from non-member sellers and collectors.

Mary has found that the seller usually includes information from the back of the badge. She e-mails this information to Membership Services at Fraternity Headquarters and receives current information about the member. If she is living and not "lost" (no current address), Mary tries to reach her and usually the member is delighted that her badge has been found and she has the opportunity to buy it back. (Haven't we all noticed our key, just in time, on a dress about to be sent to the cleaner?) In other instances, the member may be deceased or have resigned or may simply state that she wishes her badge to be available to another Kappa to purchase and enjoy.

The adventures of these wandering badges can rival any travel saga. Often they have been floating around for years through pawnshops, estate sales, etc. In some cases, the badge has been one of a few stolen items that could be reported in detailed description in a burglary report and the first item to surface. "It's very heart-warming," Mary says, "to talk with these women and share in their joy in getting their badge back and to see the respect alumnae have for their keys."

Unfortunately, there are "clubs" or swapping groups collecting Greek pins and keeping the badges circulating among non-members, hoping they will appreciate in

value. Some do their best to "snipe" the badge from a recognized Kappa bidder at the last second; others graciously take a badge off auction to assure its return to the original owner. One such cooperative seller, responding to pleas that a badge stolen in 1969 finally be returned to its owner, commented, "Wow! You girls sure define the meaning of love and looking out for each other!"

There are a number of Kappa alumnae and active members dedicated to redeeming badges. The list is shared and continues to grow. Some are identifiable as Kappas, others are not. KRISTEN DESMOND, *Indiana*, an adviser to ZETA ALPHA CHAPTER, *Babson*, has purchased several items but the prize is the badge of ANNIE BELL SARGENT (FAULL), *Pennsylvania*, initiated in 1895, just five years after the chapter was installed. It is a large, flat, custom-made key, bejeweled and engraved, from Shreve Jewelers, a renowned Boston firm. Although badges generally sell for \$200 to \$350 on eBay, Kristen felt a kinship with this one and paid quite a bit more.

Having obtained the key of JOSEPHINE HAYS, *DePauw*, Mary discovered through the database at Fraternity Headquarters that Josephine was initiated in 1875, the 15th initiate in the chapter and member of the first initiation class. What a delightful "find!" It is now being placed in an elegant shadow box for display in the chapter house. Old badges with significant history in a chapter are too precious to risk wearing and more members can appreciate their historical value and beautiful workmanship when they are displayed in the chapter house.


The crusade to redeem badges is an individual effort among a band of sisters who are dedicated to assuring that our badges remain symbols of membership rather

Disposition of a Badge

The Fraternity Bylaws, Article XIX, Section 1, A, 3 states:

"Badges are worn as an emblem of membership. When membership is terminated, the badge is to be returned to Fraternity headquarters. When the badge is received, one-third of the purchase price will be sent upon request. The badges of deceased members should be returned to Fraternity Headquarters unless provision in keeping with the tradition of the Fraternity for the disposition of the badge has been made by the member, her family or her chapter."

than jewelry and collector pieces. They are informally tied together via the Internet because of our bonds of sisterhood and invite any who might want to help keep Kappa badges “in the family” to e-mail Mary at msilzel@hotmail.com to join the group. Mary does issue this disclaimer: “For sheer Kappa fun, I would advise everyone to try hunting Kappa memorabilia online, at yard sales, pawn shops and antique sales, but I refuse to accept blame if they get hooked!”

Members who redeem lost badges and those who receive their treasured pin after a loss share once again in all the meaning that’s expressed in pinning on the key. 

Hints on Securing Your Badge

- Buy a bubble guard (a tiny device that prevents the badge from slipping off should it become unhooked while you are wearing it).
- Keep your address, phone number and e-mail address current at Fraternity Headquarters so you can be contacted if your badge is found.
- Make proper arrangements for its disposition.
- In searching eBay try a variety of headings. Kristen has tried such things as “sorority pin,” “key brooch,” “kappa + pin,” “old/antique key,” and “kkg.”

“Kapparabilia” rescued on eBay



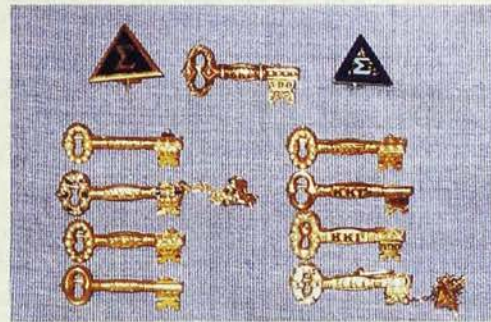
This one-inch-high enamel coat-of-arms pin is one of the many items purchased by Kappas on eBay.



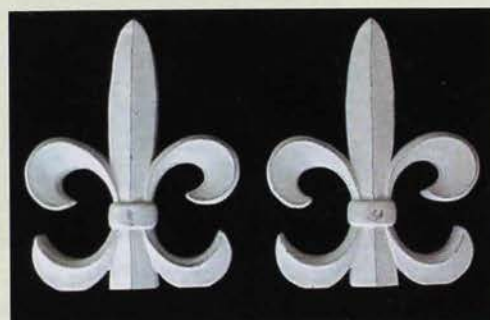
This Fraternity Centennial commemorative plate depicts Fraternity Headquarters and the Heritage Museum.



Photograph of the **Upsilon, Northwestern**, members in 1897 in caps and gowns, wearing their badges.



Kristen Desmond's treasured set of “refugee” badges.



White “chalk” fleur-de-lis bookends



A 1937 pearl badge from **Upsilon, Northwestern**

Just as the six young Founders of Kappa Kappa Gamma embarked on a voyage of discovery in 1870 when they formed our Fraternity, today's members continue the tradition of exploration and adventure. *The Key* thanks the many Kappas who submitted their adventure stories from around the world.

A Journey Along the Camino de Santiago

Pilgrims come from across the world for a life-changing journey.

— By JENNIE MILLER HELDERMAN, *Alabama*

A heavy mist fell at a mountain pass in the Pyrenees where Charlemagne planted his cross more than 1,000 years ago and where pilgrims today leave crude stick crosses. Here Jose gave us each a scallop shell to wear, this being the symbol of the pilgrim, and we set out on a rocky path amidst tall trees and high ferns into *Roncasvilles*, Spain, and onward to *Santiago de Compostela*, 450 miles ahead.

Thousands of people have traveled the *Camino de Santiago*, or Road to St. James, since the ninth century when the bones of the fourth apostle were enshrined in northern Spain in the cathedral at *Santiago de Compostela*. Among these travelers were Charlemagne, St. Francis of Assisi, Ferdinand and Isabella, Shirley Maclaine and NANCY FREY, *UC San Diego*, many times for Nancy.

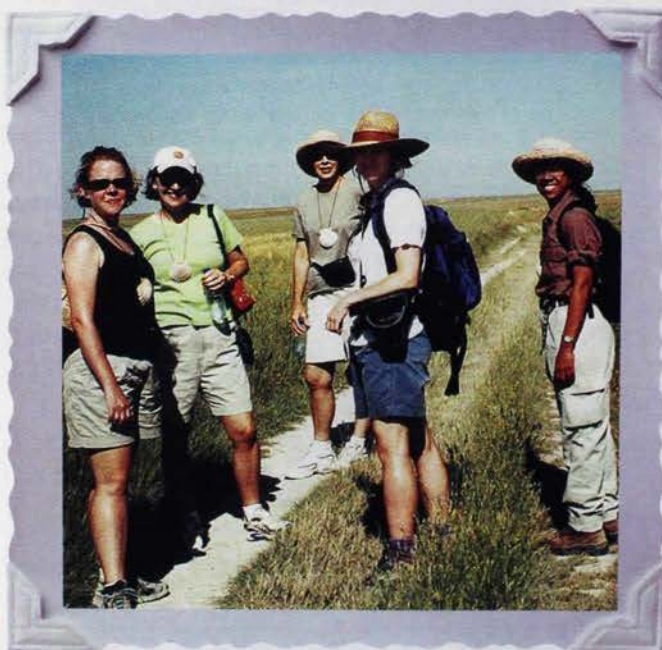
Nancy Frey was a Traveling Consultant for Kappa Kappa Gamma in 1990-91, after which she entered graduate school at Berkeley and emerged as a cultural anthropologist. Her doctoral research was on the *Camino* and resulted in her book, *Pilgrim Stories*. Now an authority on the *Camino*, she lives on the Galician coast in Spain as a writer, lecturer for the Smithsonian, and co-owner with her partner, Jose Plesenter, of On Foot in Spain, a walking tour company.

About 30,000 people each year walk or bike the *Camino*; even more, like us, both walk and ride. Pilgrims come from across the world; on average they tend to be well-educated men in their 30s.

Nancy's research shows that while the *Camino* has a religious foundation, people come to it for a variety of reasons: spiritual expectations, personal reflection, sight-seeing, the physical challenge, even an attempt to be in *The Guinness Book of World Records*. There is an 800-

year-old pilgrim's blessing read daily at *Roncasvilles* that says the way is open to all: sick, well, Catholics, heretics, idlers, pagans, the good and the worldly. Many are in some transition in life, or may be afterwards, as Nancy attests that the *Camino* can be life changing. Many speak of both an external and internal journey.

We were five women — two Spanish teachers, an M.D. marathon-runner from New York City, my daughter who is also a runner and me — accompanied by Nancy. Each day we walked six to 12 miles, following the scallop-shell trail markers. Jose would meet us somewhere with a picnic lunch of local foods and then scoop us up in the van at day's end. The two runners usually led the way, and I brought up the rear with Nancy dropping back as mother hen.



We cross the *meseta*, the high plateau, which stretches across much of northern Spain.

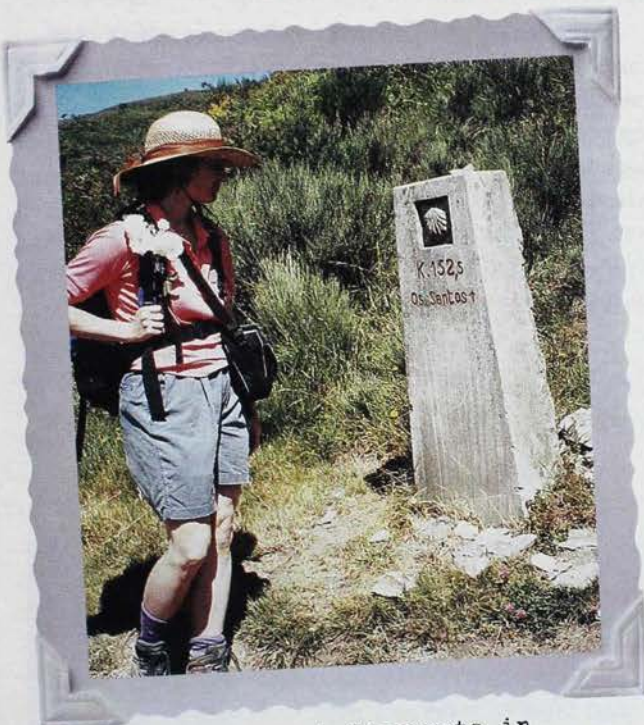
All along the *Camino* are *refugios* where pilgrims can stay overnight. They vary greatly but all offer sparse communal living; we opted for the certainty of hot water and clean sheets in other accommodations.

The others in our group either spoke or understood Spanish, so we visited along the way with farmers, shepherds and old women dressed in black, herding cows

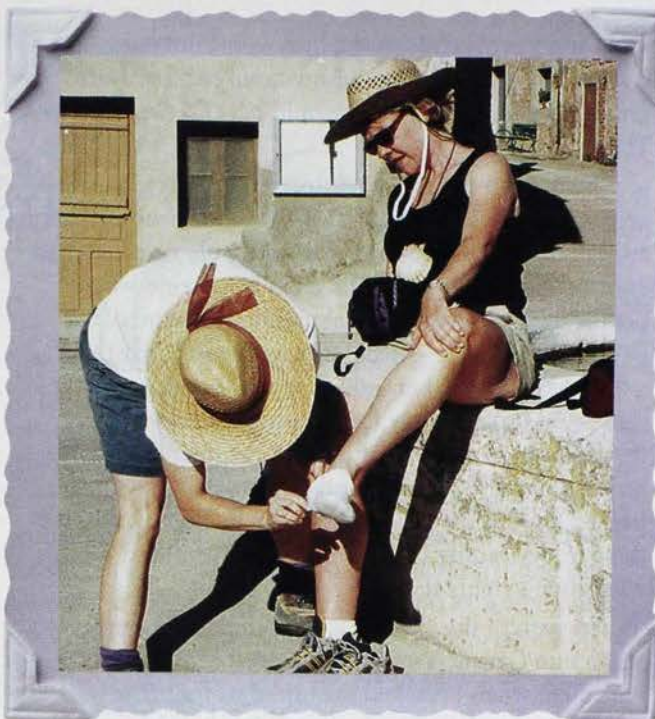
along the trail. A farmer in a field heralded us to stop. He proudly produced his satchel of postcards from earlier pilgrims and gave us his mailing address. In one hamlet, the town butcher was dressing a newly slaughtered goat, its pink carcass swinging on a hook outside his shop. At his feet lay the next goat, bound and bleating. The place is called the Valley of Silence.

When we came to a town, we visited its historic places. Fortunately, we were a few weeks ahead of the bulls in the streets of Pamplona, but we came to a town in Galicia in time to jump the midnight bonfire at the quasi-religious-Celt festival, and then dodge the pyrotechnic warriors in the streets. Nancy would point out architectural details such as doorknobs and shutter hinges, which were distinctive to different regions and centuries, or the blocks of stone, which had been recycled like Lego blocks through the Visigoths to the Romans to the Christians. She helped us read *The Bible in Stone* as the many religious carvings in medieval churches are sometimes called, even their esoteric and humorous symbols.

Many times we would be alone to explore a centuries-old church. There is a small eight-sided Romanesque church near Eunate that dates to the 12th century but no one knows who built it. It sits in a wheat field and is majestic in its simplicity and emptiness. Michener in *Iberia* talks about how tied to the earth it is. I was especially drawn to this church — to its mystery, how solid it is, and how it presides over its surroundings — and



Only 152 k. to go! Signposts in Galicia mark the distance to Santiago de Compostela. Galicia is the part of Spain north of Portugal, which borders the Atlantic.



"Nurse" Nancy administers blister first aid. Care of the feet is important as blisters can be painful and troublesome.

through it to an appreciation of Romanesque buildings. The Romanesque chapel in Cerauqui was hardly large enough for our group but it offered us cool asylum from the midday heat.

Across from the Cerauqui chapel, two friends of Nancy are restoring a 12th-century building to use as a *refugio*, and we got to explore the bare bones of this old building. We squeezed around old furnishings and new building supplies, climbed a ladder past a litter of kittens, and emerged in a new *refugio* to share birthday cake with Geronimo, its owner.

The evening in *Rabinal del Camino*, just as we finished dinner about 10 p.m., we heard music in the street and rushed out to see. It was the village's church bell ringer — now a one-man band with a drum and flute — leading a small parade. They waved us to join and we did, whirling, dancing and playing castanets as we wound through narrow lanes and back again. Then the castanet player stood a bottle on the floor, did a dance crossing over and around the bottle and challenged others to follow him. I shrunk into the circle that had formed, wanting to see but not be singled out, knowing I was not so nimble. My daughter was chosen, and fortunately she learned the step quickly. Soon others volunteered, until villagers and pilgrims all were dancing, laughing and having great fun. We left long before the party ended and I could still hear castanets when my head hit my pillow.

The next morning I put the usual water bottles, first aid supplies, camera and film in my backpack, then added a rock I had brought from home. It was not a big

rock, and purposefully not a heavy one, but large enough for the signatures of my family and prayer group. This was the day we would pass *La Cruz de Ferro*, The Iron Cross.

The path to the mountaintop led in a steady ascent across meadowlands colored with yellow broom. There, a small iron cross mounted on a tall pole rises from an enormous pile of rocks. The cross is a shrine where people leave stones, personal mementos, symbols of painful body parts — whatever is stressful that they would like to leave behind; or something or someone they would like to pray for. I placed my rock among these stones as my way of uniting the people it represented to all the pilgrims and prayers that had gone before. Should the cross be toppled by high winds, it is the parade-leading church bell ringer from last night's village who rights it again.

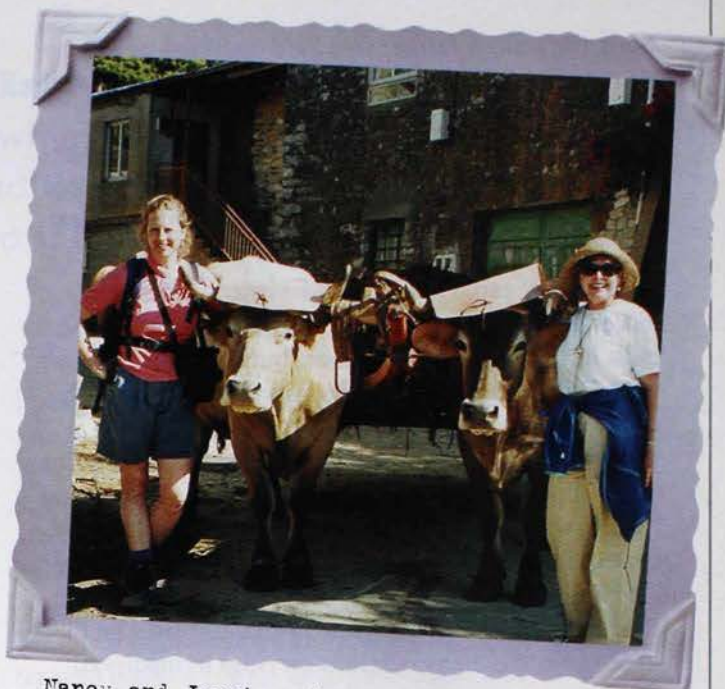
The path of the *Camino* is not difficult although the climb into Galicia is steep. I felt a great sense of accomplishment when I reached the top of its trail. The walk across the *meseta*, the high plateau, can be disconcerting as there are no trees, nothing to measure one's progress. For some people, this is depressing; for others, it is freeing. I thoroughly enjoyed it as the June wildflowers were in abundance, even swaths of red poppies across the horizon. In other seasons, it can be monotonous and dull.

Eventually we reached the cathedral and the reliquary holding the remains of St. James. At the Pilgrim's Mass a silver *botafulmerio* nearly as big as a Volkswagen spewed incense from overhead. We had come to our destination, journey's end or the end of the external journey.

There is a sense of belonging, of feeling connected to other pilgrims past and present that comes with making the *Camino*. Nancy says it is the shared journey and that




If there was a fountain or cistern available, we scooped boots and refreshed our tired feet at the lunch break.



Nancy and Jennie make new friends.

it becomes meaningful through movement and contact with the natural landscapes and people along the way. I think it begins with an awareness of one's feet, of the actual touching of the ground or pavement, feeling its firmness, feeling so close to it and knowing that one is stepping in the footprints of all the others who over time have traveled this path. I developed a new respect for feet and for the ritual of foot washing.

There is also a heightened awareness of self, of overcoming the physical discomforts of blisters and weary muscles, discovering anew one's surroundings, confirming one's inner strength and feeling at peace. I thought back to the church at Eunate, how it sat alone in the wheat field, how solid, enduring, and well grounded it was. That is the sense that the *Camino* imparts. That is its lesson, its gift, and its lure as it entices its pilgrims to continue the journey. 

JENNIE MILLER HELDERMAN is a contributing writer and former *Alumna News* Editor. She also served as Director of Chapters from 1990-92, and Vice President from 1988-90.

For more information about NANCY FREY's walking tour company, On Foot in Spain, visit www.onfootinspain.com. Contact her by phone: 134-686-99-4062, fax: 530/677-8100, or e-mail: info@onfootinspain.com. Or write to Nancy at Rosalia de Castro, 29, 15886 Teo, A Coruna Spain.



Walking Tips from an Adventure Expert

— By DELTA WILLIS, Arkansas

I love walking safaris in Africa, where you trek for 10 miles a day, looking for elephants and other wildlife. Last year, I did a five-day walk on the edge of the Serengeti, while the camp staff moved our tents. Everything was established by the time we arrived in the evening to enjoy incredibly good food in the middle of nowhere. Walking safaris, with small groups of four to six people, are great for families and friends, but everyone needs to be prepared.

Don't go on a long hike without getting yourself into condition. I put my bike into low gear to climb hills and walk three to four miles a day in city parks. Another way is to carry a full backpack as you hike. Mountain climbers put weights in their backpacks to train.

Wear comfortable, well-fitting shoes that are already broken in. Running shoes are fine if you don't need ankle support. Sandals with cushioned soles, such as TEVAs, are great if you won't encounter thorns or poisonous snakes.

Wear good socks; blisters are the most common problem for beginners.

Tape foot areas prone to blisters beforehand. Try to stop at the first sign of a potential blister, and treat it.

Keep the weight of your backpack to less than one-fourth of your bodyweight. On a good safari in Africa and Nepal, porters usually carry your bag, so all you really need in your pack are the essentials such as a camera, band-aids, water, sunscreen, rain parka and bird book. Carry trail snacks like granola bars, dried fruit and nuts in your outside pockets. Plan on carrying at least a quart of water. Include a small first-aid kit with moleskin or foam, waterproof bandages and pads, gauze, tape, swabs, anti-inflammation medication, Tylenol, Benadryl, cortisone cream for bites and itches, anti-bacterial cream, anti-fungal cream, hydrogen peroxide, Imodium for diarrhea, tweezers and folding scissors.

Wear the right clothes. Avoid cotton because it's a poor insulator, dries slowly, and when wet, cools the body by wicking away heat. Choose synthetic fabrics such as Supplex nylon, which is lightweight and dries quickly. Supplex fabrics are found in shirts, convertible pants and the "Ultimate Travel Skirt." See the "What to Pack" page at www.deltawillis.com.

As a general rule — dress in layers. Desert terrain cools astonishingly fast, and in tropical areas, you want the coverage of long pants, long sleeves and socks to discour-


age mosquitoes. For a weather forecast for your destination, check out the link on the "What to Pack" page at www.deltawillis.com for year-round rainfall and temperature averages, plus five-day forecasts.

If you plan to hike alone, tell friends and family of your starting and ending points, route and expected return time. Also, provide this information to the park warden or forest service in the area you expect to cover, and let them know where your vehicles will be left.

Check the weather forecast before starting out.

Leave only footprints. Respect the environment, stay on trails, haul out all garbage and don't harass wildlife.

Be a team player. Pack a sense of humor and a positive attitude. Change your pace if necessary to fold in with the group. You owe it to yourself and your companions to be prepared — physically and mentally.

Heed warnings issued by the U.S. State Department. (http://travel.state.gov/travel_warnings.html). 

DELTA WILLIS is an author and photographer who designs safaris for sophisticated travelers. She writes about her walk on the edge of the Serengeti and researching the Fodor's Guide to Kenya and Tanzania on her Web site, www.deltawillis.com. For more information, contact Delta via e-mail at info@deltawillis.com.





Flying Lessons: The Wright Brothers Made Me Do It

Celebrating almost a century of flight, an adventurous Kappa hang glides over Outer Banks, North Carolina.

— By SHARON LLOYD SPENCE, *Northwestern*

Harnessed and clipped to red and white wings, I am ready to fly. Perched on the Atlantic coast's highest sand dune, I am metamorphosing from woman into seagull.

"Sharon, I want you to run, fast as the wind," shouts Steve Bernier, my hang gliding instructor. "Run 'til your feet no longer touch the sand. Then you'll be flying." Long, graceful arms, beaklike grin; Steve is really a frigate, or maybe a peregrine falcon. I imagine this bird-man gliding into an ocean sunset, or flapping through a silent canyon. His bare feet do look like talons.

I go over this morning's lessons: relax, breathe deeply, look where you're going, hold the glider bar lightly to "feel where it will take you." But the dune drops sharply to a sandy field, and I'm not sure I can trust my borrowed wings.

But I've got to fly. Just five miles from here, over at Kill Devil Hills, Wilbur and Orville Wright took to the air trusting their motorized wings. In 12 short seconds, their courage and determination changed world history.

"Success," read Orville Wright's Western Union telegram on December 17, 1903. Sent from North Carolina to their father in Dayton, Ohio, the brothers' exhilaration was understated but clear. "Four flights

Thursday morning, all against 21-mile wind. Started from level with engine power alone, average speed through air 31 miles. Longest 59 seconds. Inform press. Home Christmas."

Who wouldn't be impressed and inspired by the brothers' determination to fly against all odds? Though their Dayton, Ohio, bicycle business made them prosperous, they were restless, obsessed with a dream that humans could fly. Sparked by their observation of birds, they tested wing warping on a five-foot biplane kite. By 1900, the brothers had created a 17-foot glider, which they kept aloft in free flight for 10 seconds. The 1902 version featured 32-foot wings, vertical tails and a hip cradle for the pilot to warp the wings. After some 1,000 test glides, Orville and Wilbur were convinced they had the first working airplane.

On a windy December 17, in Kill Devil Hills, the brothers mounted their engine on the 40-foot, 605-pound "Flyer," with double tails and elevators. Orville, smartly dressed in suit, tie and cap, crawled on his belly next to the engine, released the restraining wire, and took off into the sky. "Flyer" stayed aloft for 12 seconds, and then landed 120 feet away. Orville crawled aboard for his turn, achieving an even better record of 12 seconds and 175 feet. Wilbur topped him, with 15 seconds, 200 feet; and Orville concluded the amazing day with a

triumphant 59 seconds, landing 852 feet away. The Wright brothers had proven man could fly; the world was forever changed.

So, in honor of Wilbur and Orville, I too must fly. Wings spread wide on this sandy seaside dune, my own horizons are about to expand.

Bird Man Steve hovers nearby, ready with my take-off pep talk. "Let the glider fly you, Sharon," he smiles. "You'll love it, I promise."

Breathing deeply through clenched teeth, this flight's for you, Orville. For you, Wilbur. For every egret, heron, hawk, gull, pelican, flamingo, owl, eagle and raven I have envied, wishing I too could fly. For every swoop and flap, for every whistle and song, for all your millions of miles migrating over oceans, mountains and jungles. I join you — I am Bird Woman.

Running down the sand, my feet lift up, my legs swing gently back. Flying down the dune, I remember the song "You are the wind beneath my wings." Exhilarated, terrified, let my first flight last forever.

I inhale the sweet-salty air, hearing my friends screaming, "go Bird Woman!" I snap a mental photo of the swirling sand below. I flash back to the seagull I found on the water's edge that morning. She was almost dead when we discovered her, tormented by crashing shoreline waves. Hoping she might recover, my husband and I pulled her out of the water, placing her on a higher spot of beach. She looked deeply into my eyes, flapped her wings one last time, and spread them into an angel arch. I stroked them gently as she died. If I believed in angels, and I do, I would swear her soul passed into me. I would swear my arms became wings. However, I am just a landlocked human, not a sacred bird, not sure if miracles are just my hopeful dreams.




Sharon becomes Bird Woman!

And so, in honor of Wilbur, Orville, and my bird angel, I fly, then belly flop to earth, a heavy, wingless mortal once more.

"I did it!" I shout, hugging Steve with relief and happiness. "How long was I airborne?"

"Maybe around 12 seconds," he grins.

Thank you, Orville. Thank you, Wilbur. Thank you, bird angel. I am Bird Woman. I will fly again. 



Sharon Spence at Wright Brothers National Monument, Kitty Hawk, North Carolina.

SHARON LLOYD SPENCE lives at 7,200 feet, in Los Alamos, N.M. She is the author of eight books on travel, as well as hundreds of magazine articles on adventure, food and global destinations. She also teaches travel writing worldwide. Sharon would love to hear from Kappas via e-mail at sharonspence@cs.com. Read about her global adventures at www.greatestescapes.com.

Flying Facts

- Visit the Wright Brothers National Monument, site of their first powered flight, December 17, 1903. The Visitor Center features a full-scale reproduction of the "Flyer." (Open year round, admission, 252/441-7430.)
- Enjoy hang gliding courses at the world's largest hang gliding school, Kitty Hawk Kites, Outer Banks, North Carolina. For information call 877/FLY THIS, or visit www.kittyhawkkites.com.
- For information on other attractions, contact the Outer Banks Visitors Bureau at 704 S. Hwy. 64/264, Manteo, NC 27954. Or call 800/446-6262 or visit www.outerbanks.org.

Old Kappa Breads Abroad

Longtime friends explore China with humor and zest.

— By BEVERLY ESTABROOK ESSEL HIRT, *Miami (Ohio)*, and MARY LOU GRIFFITH GARDINER, *Missouri*

The beginning of a great adventure is fraught with expectations — good and bad. Just plan on it. The anticipation and excitement — that's good. The drudgery of packing — that's bad. If you think packing for a Kappa General Convention or business trip is difficult, it's a breeze compared to the challenge we faced for our Asian journey.

The tour company had a few rules that applied to this trip. The main one was luggage limitations. We were allowed one suitcase, weighing 44 pounds, packed, and one carry-on without wheels, 10 pounds, packed. This bit of information was a surprise and required an immediate trip to Target to purchase lightweight, durable luggage: A canvas duffle bag and a canvas carry-on without wheels. Our packing dilemma grew: What to pack for a 25-day jaunt in that one suitcase and one carry-on to cover freezing cold and tropical heat? Joint decision — a KKT sweatshirt was a must.

Also, these regulations necessitated numerous phone calls between Minneapolis and Spokane. Bev reported on her latest luggage poundage as she hauled herself daily to UPS to weigh her new bag and carry-on. Mary Lou opted to ignore all weight restrictions, as she was in charge of transporting our medical survival kit. Bev got to carry the extra Kleenex, handiwipes and toilet paper. Mary Lou knew that certain items are necessary to survive travel regardless of weight — and they may not be items of clothing. After having overcome all of the above travel rules to our satisfaction, we were ready — we were off to China!

We not only anticipated a wonderful and educational experience, but also knew we would return home at least 10 pounds lighter. No unidentifiable food morsels would be crossing our lips. A rice diet would sustain us. Little did we realize the joys of excellent Chinese cuisine plus a more than ample selection of Western foods. So much for our weight loss theory.

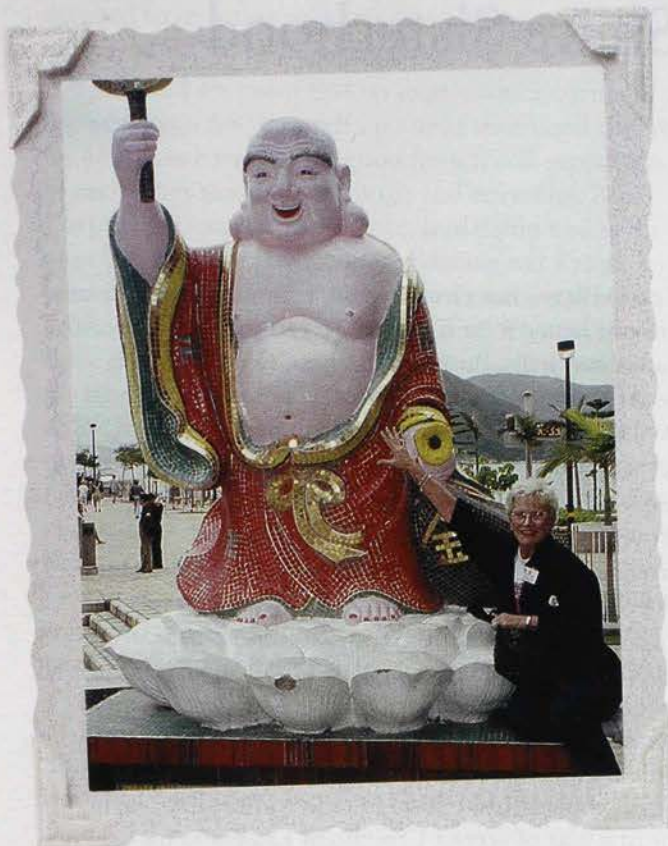
Our travels took us from Beijing to Hong Kong, with an extended journey to the land of *Anna and the King of Siam*. We moved by plane, riverboat, pedicab, peapod boat, taxi and shank's mare. (A peapod boat is like a very large canoe shaped like a peapod. Ours was pulled by six scantily clad boatmen.)

The first day found us at an orientation meeting with our 31 fellow travelers. We immediately saw the need to form a sisterhood, thus "The Merry Widows" began. What a delightful group of eight we were! New friends are wonderful. It was a bit disconcerting to learn that once we left our tour bus on our first outing we would walk and climb eight and a half miles before seeing our bus again. We were amazed that none of the other seniors gasped at this information. Appalling!

We cautiously boarded the bus and actually completed this arduous trek. After surviving our first day and some jet lag — thanks to Mary Lou's large bottle of ibuprofen, melatonin and a giant tube of Bengay, Mary Lou felt ready to see more of Beijing. Bev wasn't sure she could handle this until Mary Lou uttered the magic word — shopping! Bev was up and ready to go.



Mary Lou Griffith Gardiner, Missouri, and Beverly Estabrook Essel Hirt, Miami (Ohio), get ready for a ride in a pedicab.



The beach on the South China Sea at Hong Kong's Repulse Bay was a highlight of the trip. The Buddha of Long Life makes a great photo-op, too.

Sightseeing in Beijing included visits to Tiananman Square where we met the *Allo, Allo* people (Chinese illegal street vendors who are everywhere); The Forbidden City; the Summer Gardens; and the famous national treasures of China — the pandas. A highlight of our Beijing stay was a visit to the Hutong section of the Old City where we enjoyed tea and cookies in the home of a local Chinese family. A day tour through the country-side adorned with colorful fall foliage took us to the Great Wall, a breathtaking sight and truly a "Wonder of the World." A visit to Madam Sun Yat Sen's home gave us some insight regarding the importance of this lady of China. She is considered the Chinese Mother to this day.

So much for history. The afternoon left us free for shopping! After our assault on the shops, Mary Lou stated firmly, "Bev, never again forget your credit card on a shopping day and remember this is not *yen* country. China's currency is the *yuan*."

What artisans this country has! Intricately worked cloisonné, delicate double embroideries, exquisite porcelain, beautiful silks and sculptures are all crafted with meticulous care and pride. Thus began our slippery slide over that 44-pound luggage limit.

Mary Lou was happy to hear the Xian Terra Cotta Army Museum would ship her 400-pound (yes!) warrior to her backyard — for a hefty sum. We were not aware that Washington meant only Washington, D.C., to the Chinese. We are pleased to report that he finally arrived mid-March at Mary Lou's door in perfect condition. He was in D.C. for the presidential inauguration and is now well traveled.


We soon realized we could not cram anything more into our bulging bags. Our wonderful and knowledgeable tour guide bravely volunteered to carry our overflow — except for Bev's 20-pound jade Buddha, which meant she had to lug it around in her carry-on — the beginning of bursitis.

Before embarking on our four-day river cruise down the Yangtze, we felt such pride visiting the "Vinegar Joe" Stillwell Museum in Chongqing (Chungking) where this WW II American hero is still revered.

No trip is complete without an emergency. We had our moment of panic when Mary Lou misplaced one of her life-sustaining medications. Since we were only two hours from docking, one solution was to locate a Kappa sister in Shanghai to help us refill her prescription. Bev thought it best to unpack and search. After much argument and a few hissy fits, it was agreed and the pills were safely located in her fanny pack and jammed into her now unwieldy bag. Anyone who has traveled with Mary Lou knows she adamantly refuses to carry a purse. Unfortunately, Bev does carry a purse, usually weighing about 20 pounds — onset of bursitis in the other shoulder.

Following our debarkation, our accommodations would once again be four- and five-star hotels, all with Western plumbing. Actually, we found five-star "happy houses" for rest stops during the entire trip. (Just be prepared for a long line.)

We did have a unique experience for Americans abroad. It was the U.S. presidential election. Our entire group had voted absentee before departure — no hanging or pregnant chads for us! We anxiously awaited results via CNN broadcasts. This became a bit embarrassing. The Chinese kept asking, "Who is your president?" We were still unable to answer that question when we left China. The Chinese found this bewildering and so did we!

If you are interested in an exciting, enlightening destination with warm, delightful people and a cultural history that is beyond imagination — China is the place to go. Oh, and by the way, plan two months at home for recovery! 

BEV ESTABROOK ESSEL HIRT and MARY LOU GRIFFITH GARDINER (self-described "Old Kappa Breads") served together as Province Directors of *Alumnae*, Bev in *Omicron* and Mary Lou in *Iota*, from 1981-85. They formed a close friendship, which they have maintained ever since.

Peace Corps Volunteers Share Sisterhood While Helping Children

— BY KRISTI STILLWELL, *New Mexico*

Greetings from West Africa, where two Kappas who had never met before just happened to be stationed together as Peace Corps Volunteers in the country of Burkina Faso. CHRISTINA (CRIS) RUDEN, Kentucky, and I arrived in Burkina Faso in June 1999 as part of a group of 45 Peace Corps Volunteers to serve 27-month terms (ending August 2001). Cris and I are community health development volunteers, which means that we are stationed in rural healthcare clinics to work with the Burkinabe health staff in a variety of health education projects, such as HIV/AIDS prevention, proper hygiene practices, childhood vaccinations and family planning.

Our neighboring villages in the arid, dry North-western part of Burkina, are less than 25 miles apart. I am in Gassan, population 6,000, while Cris is stationed in Kassan, population 3,500. Burkina Faso is about the size of Colorado and is often cited as one of the five poorest countries in the world. It is a land-locked country with very little water and poor agriculture prospects, yet it is rich in culture and full of warm people. We live in small mud-brick houses. Cris' "house" consists of a small room attached to her clinic's pharmacy. Neither


of our villages has electricity or running water. We use kerosene lanterns for light and get our water from nearby pumps and wells. Burkina Faso is a French-speaking country; Cris and I conduct our work in French and a bit of local tribal language as well.

Cris is the director and sponsor of a successful theater troupe of young people from Gassan. The troupe travels all over the region to educate the local populations through drama, song and dance on important health issues such as AIDS prevention, nutrition and vaccinations. I am leading a project in Gassan to build latrines at the three elementary schools and we are just beginning a weekly radio station, reaching 100,000 potential listeners. In addition to our health commitments, Cris and I are involved in education projects: we mentor and award scholarships to local middle school girls. During our first year of service Cris taught English to high school students in a neighboring village, while I taught biology at the middle school in Gassan. There is a severe shortage of teachers in Burkina Faso, which is why Peace Corps health volunteers often serve double duty as education volunteers. Recently, Cris and I met with some other PCVs in a nearby village to work on the Peace



Kristi gives the polio vaccine to schoolchildren during a national campaign to eradicate polio from Burkina Faso in the village of Gassan.

Corps World Map Project, in which we painted and donated large-scale world and African maps to local schools to aid in teaching geography.

Cris and I are proof that no matter which corner of the world you find yourself in, Kappa sisterhood is never far away! We have become good friends and supporters of each other through our rough and rewarding Peace Corps experience. The patience, leadership and spirit of volunteerism that we acquired during our Kappa years are serving us well during our Peace Corps years. While we sometimes miss the comforts of home, we agree this experience has profoundly changed our lives for the better. Dealing with everyday cases of malaria, AIDS, infection, malnutrition and the frustrating lack of in-country resources, we have managed to make lifelong friends, exchange ideas with our Burkinab counterparts and gain an eye-opening education we never could have experienced in any classroom. We will continue to work toward educating current and future populations on the trials and challenges of the people of Burkina in order to promote understanding, peace and tolerance. 

KRISTI STILLWELL served Kappa Kappa Gamma as a Traveling Consultant (1992-93) and as the Albuquerque Alumnae Association President (1998-99). She graduated from the University of New Mexico in 1992 with a nutrition degree and in 1997 with a master's in public administration.

CRIS RUDEN graduated from the University of Kentucky in 1994 with a nursing degree and has worked as a registered nurse in addition to earning a master's in public health from George Washington University.



Cris Ruden, Kentucky, (left) and **Kristi Stillwell**, New Mexico, (right) serve together in the Peace Corps in West Africa. They were delighted to find a Kappa sister among their fellow volunteers.



Are You an Owl Out on a Limb?

Come join the group!

You too can enjoy the privileges, friendships and fun that come with participation in an alumnae association. Please provide the following information via e-mail to kappaowls@kappa.org. If e-mail is not available to you, then please complete the form below and send it to **Christine Erickson Astone**, Wyoming. She will put you in touch with your Province Director of Alumnae and the alumnae association nearest you.

YES! I want to know more about Kappa Kappa Gamma alumnae association opportunities near me!

Name: _____

Address: _____
(Street) (City) (State/Province) (Zip)

Telephone: ____/____ College/University: _____ Init. Date: ____/____

☐ New Address? ☐ New to Area? E-mail: _____

Last Address: _____

Former Fraternity Experience: _____

MAIL TO: Christine Astone, 4113 Zephyr Way, Sacramento, CA 95821 (kappaowls@kappa.org)

Now We Can All Get To Know Each Other Better

Lessons from a Life Abroad

— By NANCY SWING SUNSHINE, *West Virginia*

I have reached the time of life — parents and even contemporaries gone — when I have begun to reflect upon my adventures. It all started when I was living in the Kappa house.

One of the reasons I pledged Kappa was that it seemed to nurture individuality and exploration, yet it also gave a sense of belonging and home. Because of that blessed combination, I felt comfortable applying for a seminar in Asia during the summer after my junior year. Happily, I was one of 18 students selected nationwide. My father picked me up at the Kappa house and drove me to the airport. Sitting on the back seat was an intriguing package, wrapped as a present, but unfathomable in shape and size. When we got to the gate, Dad handed me the gift and said, "I only have one piece of advice — never look for America in someone else's country." He had lived in Japan after World War II, and I knew he was sharing the secret of his successful experiences there — accept each country and its culture for what it is, don't become bogged down in what it isn't. As the plane rose into the sky, taking me on my first trip

by air, I opened the package. Inside was a Nikon camera to capture my memories.

Years passed. I graduated and served as a Peace Corps Volunteer in Afghanistan. I earned advanced degrees, got married and began a life of consulting in developing countries. I wrote and produced a documentary film in East Africa. I conducted communication workshops in Guyana, Jamaica and Pakistan. I advised the World Bank on training methodologies in Egypt and Kenya. I wrote and edited guidebooks on Vientiane, Laos and Almaty, Kazakhstan. In each of those places, I learned many lessons. The ones that have stayed with me most, like the valuable advice my father gave me, occurred in Somalia.

I went to Somalia twice, in 1980 and 1981. I was the project leader for a team of communication specialists helping improve the Agricultural Extension Service. Our project was part of a huge program funded by the United Nations Development Program, the U.S. Agency for International Development and the World Bank. This five-year collaboration was aimed at helping Somalia become more efficient in food production.



Nancy Swing Sunshine, *West Virginia*, (first row, far right) visits with workshop participants in Somalia in the early 1980s.




Nancy poses in Somali national dress with three extension agents who attended her communication workshop.

When I first arrived, I was handed a cable informing me that my mother had finally passed away after a long bout with cancer. I phoned my father, and he urged me to finish the eight-week project. "There are lots of people here now. I'm okay, but I'll need you when they're gone." Therefore, the next day found me bouncing in a jeep on rutted roads up to the provincial town of Baidoa. Within the first week, word of my mother's death had gone out, and strangers walked through the desert heat to take me by the hand and say, "We have heard of your loss, and we have come so that you will not be alone." The Somalis are the most communal people I have known; they understand the strength of solidarity with friends and family. And strangers.

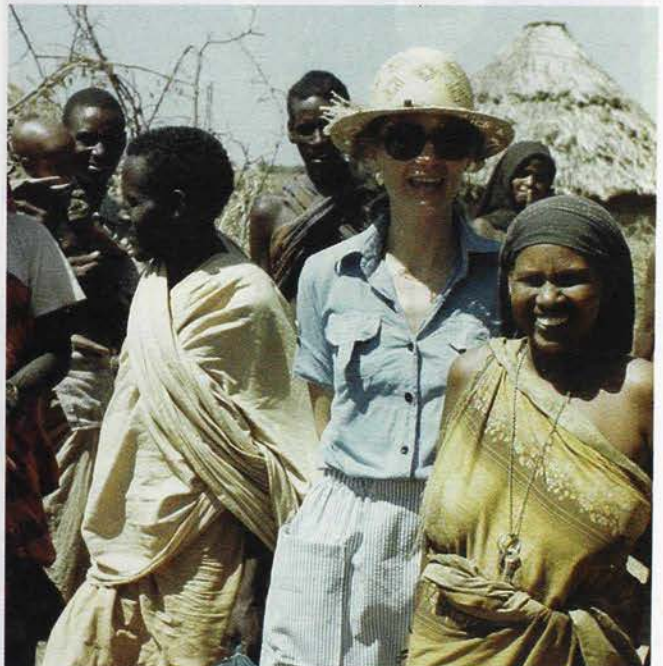
Later, I was in Baidoa to conduct a workshop to help extension agents communicate more effectively with farmers. During a break, we wandered over to watch an agricultural engineer demonstrate tractor maintenance. Traditional Somali culture is nomadic; most Somalis have not grown up with our casual experiences with screwdrivers and wrenches. So, the trainees were having trouble understanding. The agricultural engineer became so frustrated with their efforts that he shouted, "What's the matter with you people? Don't you know anything?" One of my brightest workshop participants leaned toward me and whispered, "How long do you think he would survive in the desert with a she-camel, a knife and a gourd?" This was not a threat, but a comparison. A Somali could live forever like that. That engineer might last three days. There are talented people everywhere, even if they can't use a wrench.

During my second tour in Somalia, I was returning to the capital, Mogadishu, after a trip upcountry. In the Cherokee were four Somalis — the driver, the governor of the province, two extension agents, another American and myself. As we bounced over dried mud, we heard two loud bangs, and the jeep began to swerve. Our driver fought the vehicle to the side of the road, and we surveyed the damage — two tires totally blown out. We were stuck until the next vehicle came along. It might arrive within minutes, hours or days. The American man began to curse and shout because he wanted to get back to Mogadishu for a bath and dinner.

The Somalis took the blowouts much more calmly. They unloaded what they could from the jeep and spread out the items on a tarp under a thorn tree. The American man stomped down the road, kicking rocks out of his way. The rest of us sat in the shade and shared a tin of tuna, sun-dried camel-meat, bread, tomatoes, two warm Cokes and four bottles of water. A bird was singing in the tree, and a soft breeze began to blow. "Isn't this fortunate?" said the governor. "Now we can all get to know each other better."

I have had the privilege of getting to know many people better all over the world. And, I have never forgotten the lessons my adventures have taught me — the lessons that began the day my father came to collect me at the Kappa house many summers ago. 

NANCY SWING has given up the international consulting life for an olive farm in Umbria, Italy. She is finishing a mystery novel, the first in a series based on her experiences overseas. Nancy can be reached via e-mail at sunswing@tin.it.



Nancy visits a Bantu village in up-country Somalia.

Down Under — Why Not?

Tales of Adventure in Australia, New Zealand and the Fiji Islands

— By WILMA WINBERG JOHNSON, *Massachusetts*, and Aldie Johnson

For armchair adventurers, it is convenient to explore exotic, far away places via NOVA and PBS. However, forsaking the small screen for a personal visit is truly an adventure. Such was the case when we decided to go "Down Under."

It is impossible to condense a month-long trip that included Australia, New Zealand and the Fiji Islands into a short article, but we will hit the highlights (and a few low- or no-lights). Having perused brochures from a variety of travel companies, we decided to see as much as possible without the "If this is Tuesday, it must be Belgium" syndrome. Thus, we were able to package many (certainly not all) of the sites and places on our personal shopping list into one tour with options.



Wilma Winberg Johnson, *Massachusetts*, and husband Aldie enjoy the view from the top of Bob's Peak overlooking Queenstown, New Zealand.

In a nutshell, we were able to explore non-European cultures: The Aborigines of Australia, the Maori of New Zealand and the Polynesians in Fiji. The Aborigines, of course, are the original people of Australia whose ancestry dates back thousands of years and thus probably are related to the peoples of Africa before the separation of the landmass, which became Australia, Africa and Antarctica. The Maori are the descendants of the first Polynesians to migrate over the hundreds of miles of open water centuries ago. The Fijians are a mixture of peoples from Polynesia, Micronesia and Melanesia. The Maori and Fijians, in particular, are a happy people, proud of their

heritage, who have joined the modern world while retaining their basic values of honor, integrity and respect for family and proper authority.

Did we see the standard tourist sights in Australia? Not all, of course, but the major attractions of the Australian Outback — Ayers Rock and the Olgas — are amazing stone outcroppings in the midst of a flat plain. They are sandstone monoliths with some Fe_3O_4 , which gives them the characteristic iron rust color. We spent a day at the Great Barrier Reef, viewing the coral and fish from a semi-submersible boat and appreciating the tidal currents 40-50 kilometers offshore as we tried to swim against it. A memorable visit was at the wildlife sanctuary in the rain forest of northern Australia where we saw koalas, crocodiles, kangaroos and hundreds of birds in their native habitat. We spent an evening as dinner guests at the Botanical Ark — a private preserve of endangered species of plants from around the world — with a couple originally from New York who have dedicated their lives to this project. We visited the Alice Springs Station of the School of the Air. From this radio link, children, grades K-6, within a 600,000-square-mile radius, receive their public school education. Another far-reaching group is the Royal Flying Doctor Service in Cairns, one of the bases that provides medical coverage for the entire continent and a service that provides periodic visits and emergency care to all the outlying regions in the outback and the even more remote western Australian areas.



A koala lounges in a eucalyptus tree.



A Fijian woodcarver works at his trade.

Finally, not being avid mountain climbers, we did not attempt the walk over the top of the famous “coat hanger” bridge, content to view it from our sail in Sydney Harbor.


Nor could we see all the possible tourist sights in New Zealand. We missed the standard postcard view of hundreds of sheep being driven down a major road by one shepherd and his dog — it wasn’t the season to be moving sheep — and the weatherman was uncooperative the day we went to Mt. Cook. We wished we could have extended our short afternoon at the Antarctic Center in Christchurch on the South Island. Its museum and displays of life on the coldest, driest, darkest continent gave a completely new perspective on tough living conditions.

A visit to a sheep ranch showed off the intelligence and capabilities of border collies as herders, followed by an actual sheep shearing done slowly enough so we could observe. In contests, some shearers can do more than 300 sheep a day. The trip to Milford Sound (actually a fjord) through the “Southern Alps” by motor coach was spectacular because the day was clear, and the trip across the mountains rivaled anything we had seen in

Europe or the American West. We were told the odds of having a good day for a boat trip down the sound to the Tasman Sea were about one in 10, but we hit that one day, and the view of magnificent waterfalls was one to savor and remember. During a wonderful night with the Maori, we learned about their customs, their lives and their use of the thermal springs for heating and cooking. In Auckland, we sailed in the harbor where the America’s Cup became New Zealand property. We regretted having only limited time in the Maritime Museum, which contained examples of sailing from the ancient Polynesians to the America’s Cup racers.

Our sojourn in Fiji was a bit of “R and R” after a busy month and before the long flight home. However, we did spend a morning in a Fijian village participating in its welcoming ceremony. We sampled their native drink, Kava, and saw demonstrations of pottery making (without wheels — all by hand) and native dances and songs. We observed woodcarving by one of the few remaining native craftsmen still carving using an ax, handmade adz and chisel. Of course lolling around on the beaches, swimming and kayaking in the 80-degree water of the ocean and walking the shore looking for shells after an exceptionally high tide filled the hours to capacity.

The scenic and cultural overload was nicely interspersed with “Three R” stops for relief, refreshment and retail therapy, with attractive local crafts well displayed by low-key vendors.

Beauty, education and appreciation of The Land Down Under were packed into a memorable journey by air, bus and boat rather than cable TV. Why not, indeed! 

WILMA WINBERG JOHNSON is a 1994 Loyalty Award recipient and has served the Fraternity and the Foundation in numerous positions including Foundation Member-at-Large (1994-96), Director of Philanthropies (1986-90), and Director of Alumnae (1982-86). She is currently the Foundation’s Holiday Sharing Chairman.



The Olga Mountains in the Australian Outback, Ayers Rock region.

Are We There Yet?

Traveling with children can be fun for the entire family.

— By JOANN BARTON VAUGHAN, *Virginia*

It's as traditional as motherhood and apple pie — the "Family Vacation."

As a baby boomer born the same year Disneyland opened, I basically grew up in the back of a Pontiac station wagon, long before seatbelts even existed. I was driven through 45 of the contiguous 48 states and much of Canada by my mother, JO CLOUGH BARTON, *Oklahoma*. (Somehow, I missed North and South Dakota and Vermont). If a president lived there, I've seen it. If it's a national monument (excluding Mt. Rushmore), I have been there. I've been on all tours offered at Niagara Falls, toured every building open to the public in Washington, D.C., seen the changing of the guard in Ottawa, been through the Painted Desert and the Petrified Forest and climbed the cliff dwellings in Mesa Verde. I've battled crowds at Gettysburg and the Plains of Abraham. I've read every roadside marker in Mississippi.

Naturally, when I had children of my own I couldn't wait to drag them across the continent as well. In addition to the required trips to Disneyland and the beach, we've panned for gold in California, eaten gumbo in New Orleans, climbed the Statue of Liberty and joined the Continental Army in Williamsburg. And we have also toured every building open to the public in Washington, D.C.

Nevertheless, how do you begin to plan a trip with children without feeling that you've become an extra in a Chevy Chase movie?

Plan first, pack later

First, realize that a "vacation with children" is an oxymoron. You may be taking a vacation from your paying career, but you are bringing along your most important work — your children. Therefore, it pays to put some planning time in before packing your bags.



If what you are looking for is relaxation and some time alone, then plan to visit an all-inclusive resort — one that caters to families and can provide babysitting and children's activities. This is a growing segment of the travel market, with Hyatt resorts leading the way with their Camp Hyatt program. Other favorite resorts that cater to families who want to get away from it all — and occasionally from each other — include Kiawah Island Resort in South



Joann's children Robbie, Elizabeth, Caroline and Barton are seasoned travelers with unforgettable family memories to cherish.

Carolina, Smugglers Notch in Vermont and Inn of the Seventh Mountain in Oregon.

Spending vacation time away from my children is not something I know a lot about. Our vacations have a more earthy aspect full of raisins and crayons. This is my chance to share my enthusiasm for travel and history with my children and I have tried, although not always succeeded, to plan with their interests and comfort in mind.

My four children were all seasoned travelers early — and we never let the youngest, who flew coast to coast twice before she was four months old, slow us down. If you start traveling early, they learn to expect long car rides, waiting in lines and airport delays. Older children have an expectation of travel from television that whisks them to magical places full of swimming pools spouting fountains. Children who start traveling early know the joys of discovering a McDonald's with **two** playgrounds, or, even better, a picnic spot with a stream.

Think of what passions you want to share with your children. As an American history major and an experienced reader of roadside markers, places with historical interest were important to me. But you need to temper your interests with what your children are interested in. My son's enchantment with Davy Crockett prompted a trip to San Antonio and another son's fascination with the Civil War led us to Gettysburg. While younger children may not quite be ready to understand the ins and outs of America's greatest struggle, they will enjoy fresh baked gingerbread from Williamsburg or enjoy seeing the statue of Pocahontas at Jamestown. Try to match what the location has to offer with what your children enjoy.

Never rule out a location because you think it may not be appropriate for children — there is always something they will enjoy — a zoo, a water park or a show. My children thoroughly enjoyed Las Vegas with its water parks, circus acts and themed hotels. Also, leave your itinerary loose enough to enjoy new discoveries. In New Orleans, the children and I sat mesmerized by a street performer for almost an hour. Before the trip, see if you can interest them in the sites along the way through books or videos. The Metropolitan Museum of Art is much more understandable for children if they've seen Sesame Street's *Don't Eat the Pictures*, and Boston becomes an adventure if they've read *The Midnight Ride of Paul Revere* and *Johnny Tremain*.

Be careful not to overdo it though. When my son was studying California history, I dragged the family through 14 missions in five days. Their favorite mission was the one in Whittier that was closed due to earthquake damage. When asked why it was their favorite, they answered, "Because we couldn't go inside!"

Money and time, two critical factors in planning any vacation, will help dictate where you are going — and how you are going to get there. Sometimes you can stay with family and friends in interesting locations. A great-uncle in Huntsville, Ala., who really was a rocket scientist, gave the children a tour of the U.S. Space and Rocket Center. Other times, you may fly to a resort with planned activities for all. Either way, whether traveling by plane, train or automobile, the trip goes faster if you think of this as time you **get** to spend with your children — rather than time you have to spend with your children.

Look, in the sky, it's a bird, it's a plane

No, you don't have to be "Supermom" to fly with four children under 7 coast to coast, but being organized and anticipating problems helps.

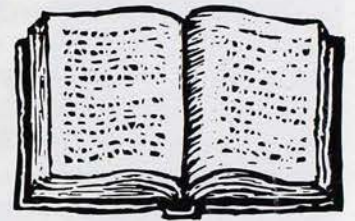
Book the flight as early as possible and select your seats. Always try to get a seating chart so you know where in the airplane the rows are. Travel agents and online travel booking companies such as Travelocity.com often can show you exactly where in the airplane your seats are. Children are prohibited from sitting in the emergency exit row, but often can sit in the bulkhead seats where there is more room, allowing children to stand or sit on the floor after the seat-belt sign is turned off. Never book seats in the row before the emergency exit — these seats often will not recline. When booking, always order special meals for the children and just hope that the meal includes something your child will eat!

Give every child his or her own carry-on — either a backpack or a bag on wheels — that is appropriate in size. My rule was that the children could take whatever they could fit in their own backpack — as long as they could carry it. Within these limits, let the children decide which stuffed animals can come and what personal toys they want, judiciously suggesting a few that pack well, have no

small parts that can get lost on the plane, and can entertain for hours. Hand-held electronic devices such as Gameboys are appropriate for older children, but smaller children will enjoy storybooks with buttons that make noise and small electronic music games. Don't be afraid of bothering other passengers — they'll never hear the toys over the roar of the engines.

Dress comfortably and wear black. Plastic would be preferable if it were possible. Everything imaginable will be spilled on you so just expect it. Dress the children in clothes they can manage, without too many buttons and snaps, with shoes that slip on and off easily as their feet will swell in flight.

Bring books. What a great time to spend reading with your children — no telephone, no distractions. While books are heavy, plan to bring as many thin paperbacks as you can carry — after all, you can only read *The Very Hungry Caterpillar* so many times.



Remember that on airplanes, you are at the mercy of the flight attendants. They control the two things that matter most to children — food and drink. I always packed three juice boxes, a box of animal crackers, and a few non-chocolate granola bars in each backpack and carried extra food of my own. Not only will your children be hungry and thirsty before the meal comes, but often the special meals ordered in advance fail to be loaded on the airplane and the adult meals may be less appealing.

While in the air, remember that unlike labor (which can go on forever) this trip is finite. You know when it will end — and most likely, the trip will be under six hours. A car trip, however, normally lasts much longer. It can go on for hours, even days, so be prepared.

The wheels on the car go round and round

I've always said that if Eisenhower had been a woman, D-Day would have happened sooner. All he had to do is move people, equipment and supplies — and he had help!

Like the army, children march on their stomachs so take plenty of food — both to eat in the car and for picnics. We ate junk food in the car and made up for the nutritional deficit with nourishing picnics in roadside parks. Pringles and cheese that squirts out of a can may not be the most nutritionally sound snacks, but they travel well and make less mess — and can be a special treat only allowed on car trips. If you bring cookies, buy individual packages so the entire box doesn't end up spilled on the floor. Small servings of dried fruit and ready-to-eat carrots also work well while en route, supplemented by apples and oranges at lunchtime. Under no conditions do bananas travel well.

Drinks should be in containers the children can open with a minimum of help and can be stored in a cooler close to a child's feet, ready to be opened when needed. Keep only juice boxes and plastic water bottles in the car.

While it is tempting to stop for fast food, children benefit from an old-fashioned picnic. Not only is it cheaper and healthier, the children will benefit from a long lunch break with the freedom to run around. Be sure to bring a Frisbee or soccer ball to provide a little activity. Along the interstates most rest areas have picnic tables, or look on your map for a state park not too far from the road.

Taking a long trip in the car with children goes much more smoothly if you have the right equipment and supplies. When the children were small I traveled with a collapsible crib, stroller and baby backpack — as well as the luggage, food — oh, and the children. If possible start the trip with a trashcan in the car or, if space does not permit this, a large trash bag with many more to spare. Baby wipes are a necessity, no matter how old your children are and never travel without Ziploc bags — having a carsick child is bad enough without some way of handling the situation.

Pack in small, soft-sided suitcases. Small bags can tuck more easily around larger, bulky items (such as the stroller). And, pack the bags by day — not person. This way, on a long trip, you only have to pull out one bag at each stop.

Also, while crayons are great on airplanes (no tops to keep track of) washable markers work better in the car. It is very hard to get melted wax out of the upholstery if you leave a box of crayons on the seat in Palm Springs in the summer! For the same reasons, chocolate is not a great idea.

The challenge of car trips is how to occupy children who are strapped in their seats. Singing songs and musical tapes work for a while. As the children get older, books on tape are fantastic, but when buying (or better yet, going to the library) be sure to ask for recommendations. The quality of the experience is determined by the quality of the reader — often stories that will enchant your older children may be too complex for younger ones. I recommend the *Bunnicula* tapes and the *Harry Potter* series for children of all ages.

The advent of television in the car has totally changed auto trips, and I have been known to resort to the use of TV to get us through a long day. Again, the television often served as a way of introducing the children to another cultural icon — the American musical. And, you can relate the movie to your destination. It's fun to listen to *Music*

Man while driving across Iowa or *Oklahoma* when in the Sooner State. *Guys and Dolls* and *Annie* work on the way to New York City, *White Christmas* on the way to New England, and *Seven Brides for Seven Brothers* when headed through the Northwest. The older children will appreciate the stories, younger children will listen to the songs and you can follow along while keeping your eyes on the road.

Take the Train


If an airplane ride seems too confining but the car seems too challenging — and you are lucky enough to live in an area served by railways, then train travel may be perfect. While obviously slower than flying, trains offer you the chance to interact with your children in a more spacious environment. Smaller children especially appreciate the ability to travel without the confinement of seatbelts and car seats — and they all relate to *Thomas the Train*. They will be excited to see a real conductor (even if he doesn't look like George Carlin) and a trip to the dining car takes up time, exercises small legs and fills tummies.

Pack in small bags, preferably that you can carry or roll — and get the children to help! Getting everyone and everything on and off the train is easier if the one-person, one-bag rule applies.

Another advantage of train travel is the ability to take a one-way trip. One year we flew to the East Coast to visit friends, who then dropped us off at the beach. When we needed to get from the beach to visit relatives, a quick train ride took us from Charleston to Richmond easier — and cheaper — than renting a car.

Hit the Road

While it may seem daunting to travel with two children under five — or in my case four under seven — the lessons children learn about travel will last a lifetime. Children learn what they live, and if they live on the road they'll become adept at recognizing remarkable picnic spots, appreciating new playgrounds and ways of life. They will also become adept at standing in line and standing in line. Also, they have a bank of family memories to share with their brothers and sisters — and later their own children. Travel truly is a family affair.

Just last month my mother, the veteran station wagon driver, took my 13-year-old daughter to Scandinavia for a two-week cruise. Four airplane rides, two weeks on a ship, and Caroline and Nana came out smiling. Chevy Chase could never top that! 

JOANN BARTON VAUGHAN served as Editor of *The Key* from 1993-97.



Melodies from the Past Enrich the Present and Future

Folk musician uses special talents to help others

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

Translating old traditions, folklore and folk music into presentations as modern as her Web site, MITZI COLLINS, *Southern Methodist*, combines her successful career in music with family, business and community work. Her 30-year journey sharing her love of music has made her a nationally recognized name in folk music.

Having earned a degree in piano study from the Eastman School of Music, Rochester, N.Y., Mitzi worked as a church organist, married and became a mother. She began to search for different directions in music as her life moved in different directions — divorce, raising children and remarriage. The emergence of folk music in the late 1960s led her to play guitar, then to other traditional instruments, including the dulcimer. Years later, her studio contains wonderful samples of hammered dulcimers, mountain dulcimers and other folk instruments.

Attending a folk music festival, Mitzi saw musicians who played for an entire weekend without sheet music. "I was so excited," she recalls. "Folk musicians play by ear, transposing — all these things that some of we Eastman grads had to have written music to do. So I set out to learn all that." She learned a great deal and in 1977 produced an album entitled "A Sampler of Folk Music," with plans to sell it at her concerts. Those simple plans were the beginning of Sampler Records, Ltd. Mitzi is president of the company; husband Tom Bohrer is graphic designer, co-producer of recordings, and webmaster. Twice retired from teaching science, Tom is also a puppeteer with "T Bohrer's One and Only Punch and Judy Show," among other artistic endeavors.

To date, Sampler Records has produced 31 albums featuring a variety of traditional instruments and artists. Shaker spirituals, hymns for the hammered dulcimer, Celtic melodies, Jewish songs and children's songs are among the productions. Three Christmas recordings, "Ornaments," "Nowell" and "Rejoice" are among the most popular, earning national acclaim and the comment for "Ornaments" that it is "beautifully simple and simply beautiful."

Experiencing the joy of teaching contributes to Mitzi's success. "When I play my music," she says, "I am sharing with others and, in a sense, I am also teaching. Folk music deals with American history and it's a way of teaching chil-



Mitzi Collins, *Southern Methodist*, is an internationally recognized name in folk music.

dren, adults and myself about American life and about our origins." In addition to recordings, she shares her music through concerts, performing everywhere from classrooms to concert stages and radio, from the Northeast to Texas, Seattle and Novgorod, Russia, Rochester's "sister city," through the Russian-American Friendship Society.

As the mother of two disabled children, Mitzi has devoted time and effort to education for disabled individuals, earning the prestigious Direct Service in the Arts Award from the Rochester United Way. She believes that the direct rhythm and clearly pronounced words of folk songs encourage favorable responses among people with disabilities.

Wife, mother, musician, business owner, community volunteer — Mitzi is even more. She continues to give of her time and talent to Kappa Kappa Gamma, presenting a program at Alpha Province Meeting in 1999 and one in support of Sojourner House, a home for battered women and philanthropic endeavor of the ROCHESTER ALUMNAE ASSOCIATION. For more information, contact Mitzi through her Web site at www.samplerfolkmusic.com. 

Balancing Public Policy and Family Focus

Massachusetts' first female governor is gutsy and nurturing.

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

Jane has always been able to do two times as much as anyone else in half the time," said her mother in an interview with *The Boston Globe*. This ability will be vital as she combines the roles of governor, wife and mother of three daughters. However, undertaking tremendous responsibilities is not new to JANE SWIFT, *Trinity*, and she approaches them with determination and persistence.

Raised in an average middle-class home in North Adams, a former mill town nestled in the Berkshire Mountains in the Northwest corner of the commonwealth, she is said to bring a blue-collar sensibility to all she does. It is typical of North Adams natives to be blunt and describe things as they see them. Jane cherishes her roots and the down-to-earth people in this rural area.

An energetic student, Jane graduated from *Trinity* in 1987 with a bachelor's degree in American studies. Three short years later, she became the youngest woman elected to the Massachusetts State Senate. She was re-elected in 1992, and in 1994 she married Charles Hunt and was re-elected yet again. Defeated in a run for Congress in 1996, she was named to a post in the state's port authority and later as director of the Office of Consumer Affairs. In February 1998, Governor Paul Cellucci chose her as his running mate and she was elected Lieutenant Governor at age 33, two weeks after giving birth to daughter Elizabeth. When he resigned to accept an appointment as Ambassador to Canada, Jane became governor.

Described as "committed, persistent and determined," she has also been called "gutsy and strong-willed." However, both fellow Republicans and opposition Democrats agree that she is "very smart" and cite her exceptional ability to absorb the smallest details of legislation.

It has not been easy to manage home and office responsibilities, especially with home being a two- to three-hour commute from Boston. Massachusetts has no governor's mansion and Jane has determined that

home will continue to be in her beloved Berkshires amid a strong family support system. Chuck, a former teacher and farmer, is a stay-at-home dad and takes to his nontraditional role very naturally. He cares for Elizabeth and the twins, with some assistance from daycare and extended family, to maintain a routine for the children. Jane established a home office and governed by phone, fax and e-mail for a while after the twins' birth, which occurred just a month after she moved into the governor's office.

Women politicians have traditionally raised children first, and then jumped into elected politics — a process known as "sequencing." Noting this, Jane says, "We have seen women combining work and family life in a whole

host of careers, but for some reason politics seems to be one of the last areas to experience this change. I think we will see more and more women getting into politics at an early age; in order to reach the highest offices in the country, they will have to. I believe that staying focused on the job is the most important thing.



Governor **Jane Swift** with newborns (left) Sarah Jane Hunt, and Lauren Alma Hunt. The twins were born May 15, 2001. Lauren, born at 9:11 p.m., weighed 6 pounds and measured 17.5 inches. Sarah, born at 9:12 p.m., weighed 5 pounds 4 ounces and measured 17.5 inches.


I have a responsibility to the families of Massachusetts that I take very seriously. I hope that more young women will consider careers in public service, and if they can look to my experience for some insight, well, that is great, too."

The Globe quoted a \$45-million-dollar, seven-year study by the National Institute of Child Health and Human Development, which showed that babies fare equally well whether mothers are at home or work while the baby is surrounded by good caregivers. It also showed that children of stay-at-home fathers did just as well. Women from a range of backgrounds support Jane and want her to succeed. A newspaper report likened them to "a sorority cheering section."

That description fits, since Jane says her Kappa experience was great leadership training. "My Trinity chapter adviser was the first person who taught me the art and importance of delegating. The planning process that Kappa requires of officers was a great introduction to skills I use today. And, of course, as the Social Chairman and as an adviser [to ZETA ALPHA CHAPTER, Babson], I developed great 'meet and greet' skills that are invaluable to a politician. Working crowds at events is a lot like rush!"

Asked what Greeks can do to better promote themselves to the negative media, Jane responds, "Unfortunately, most of what the media knows about Greek organizations is a stereotype from movies and television. Those of us who have benefited from the friendships and leadership opportunities that are part of Greek life know that there is much more to being Greek. I think it is particularly important that each chapter identify ways in which they can give back to the community and let those deeds speak for themselves."

Continuing to blend her options, Jane hopes to bring to this office a balance between strong decision-making and nurturing. Improving education, pro-family initiatives, downsizing government and fiscal conservatism are among her goals and policies. Said to have an infectious giggle, Jane wants to be herself but needs to be taken seriously.

At 36, the youngest governor in the nation, the first woman governor of Massachusetts and a self-described "policy wonk," long-distance commuter, wife and mother of three, Jane is dedicated to her work and her family. She says, simply, "I love public policy. I love being a mom." 

Own a Piece of

Kappa History

This 208-page coffee table book contains highlights of the accomplishments of Kappa Kappa Gamma, its chapters and associations and the women who have led the Fraternity. Travel back in time through photographs, text, historic document reproductions and memorabilia from Fraternity archives.



This 9 1/2- by 12-inch hardcover volume is perfect for history buffs, new members or new initiates, alumnae of any age — and anyone interested in Kappa Kappa Gamma's history.

Experience Kappa's significant events — order yours today! *History 2000 ... Kappa Kappa Gamma Through the Years* is available now and will be shipped directly to you. The cost of the book is \$45 (includes shipping and handling).

Mail completed order form with payment to:

KKΓ Fraternity Headquarters
P.O. Box 38 • Columbus, Ohio 43216-0038

Name: _____

Address: _____

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Address for book delivery (if different from above): _____

Please check one:

☐ KKΓ undergrad. ☐ KKΓ Alumna ☐ Other: _____

☐ I have enclosed my check for \$45 made payable to Kappa Kappa Gamma Fraternity.

☐ Please charge my Visa/MasterCard #:

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Signature: _____

"Under the Wing" of a Loving Kappa Sister

As we take steps to support a worthwhile cause, we demonstrate our willingness to commit much more than just dollars. Here is an example of how one donor made a special commitment to an undergraduate who had accepted the opportunity to attend graduate school as a Chapter Consultant. (Chapter Consultant Scholarships are awarded by the Foundation to exemplary members who pursue graduate study while advising a Kappa chapter in all aspects of organization and programming.)

This young woman would travel from her small college in a rural setting to a large metropolitan city. While she was excited about the opportunity, she was fearful of all the changes. I told her she would have a wonderful experience and that I would alert a Kappa friend and Foundation donor of her arrival.

This particular Foundation donor believes ardently in the Kappa scholarship programs, but more than that, she believes in sisterhood. I knew she would welcome the opportunity to make this young woman's experience an extra-special one.

I knew I could call this donor and ask her to reach out to this young Kappa. The response was as predicted, "We'll take her under our wing." There is nothing better than being "under the wing" of a loving Kappa sister.

Giving is never just about dollars, which simply open doors of opportunity. The quality of the opportunity is enhanced by the biggest part of giving — adding a part of ourselves to the dollars we give. I hope you enjoy reading about how your generous donations are improving lives. More than 150 sisters are currently receiving scholarships and more than

2,000 Kappas have benefited from educational presentations by our Regional Trainers!

Thank you for your support. It's what makes the life-changing programs of Kappa become a reality.



Loyally,

Patsy Levang

PATSY BREDDWICK LEVANG,
North Dakota State
Foundation President

Charitable Foundation of Houston Supports New Program for Undergraduates in Need

In May 2001, the Kappa Kappa Gamma Foundation was awarded a grant from the Kappa Kappa Gamma Charitable Foundation of Houston for \$20,000. This grant was designated to Rose McGill Confidential Aid for Undergraduates, a new program established in fall 2000 by the Board of Trustees.



On behalf of the Kappa Kappa Gamma Charitable Foundation of Houston, Texas, members of the **Houston Alumnae Association** give \$20,000 to the Rose McGill Confidential Aid for Undergraduates program.

At the Theta Province Meeting several years ago, CAROLE FULLER MONDAY, *San Jose*, and LYNN WEST, *Texas*, learned from the collegians attending about a growing need for financial assistance to help members stay in school. "Many of these Kappas are busy on campus, actively participating in their chapters, often working part time, and struggling to make ends meet," says JENNIE MACKENZIE HULL, *Texas*, President of the Kappa Kappa Gamma Charitable Foundation in Houston. "The Houston alumnae wanted to help provide funds to assist this type of undergraduate so she could stay in school, continue to support her chapter and then go on to become the kind of alumna who would work in the future to support Kappa."

The Kappa Kappa Gamma Charitable Foundation of Houston has given the lead gift of \$20,000 to the Rose McGill Confidential Aid for Undergraduates program. "In making this incredible gift, this group of Kappas has once again demonstrated their willingness to do all they can to help provide quality experiences for Kappas of every age," says PATSY BREDDWICK LEVANG, *North Dakota State*, Kappa Kappa Gamma Foundation President.

Kappa's Regional Training Program Explodes

"Effective Communication," "Self-Esteem," "Teamwork," "Decision-Making," "Healthy Lifestyles," "Leadership Development," "Conflict Resolution," "Goal Setting" — these are just a few of the educational programs that have been delivered by the Regional Training Program to chapters and alumnae associations through funding by the Kappa Kappa Gamma Foundation.

The Regional Training Program is composed of approximately 30 Kappa trainers residing throughout the United States and Canada. "These trainers are taught to respond to the educational programming needs of chapters, associations and other members," explains Marla Williams, Director of Education and Training for the Fraternity. "The trainers come from a variety of backgrounds, varying in age and Kappa expertise."

Regional Trainers come to Fraternity Headquarters for leadership training where they refine their skills so they can facilitate educational programs to a variety of Fraternity groups, including but not limited to chapters, associations, and Advisory and House Boards. "To help facilitate group processes, trainers are taught skills necessary to improve group dynamics, stimulate interactive discussion and improve their presentation style," adds Marla.

During the 2000-01 academic year, the Regional Trainers made 42 visits, doubling the number of presentations from the previous year. Through the support of the Kappa Kappa Gamma Foundation, approximately 2,000 Kappas have benefited from educational programs that enhance personal life skills and leadership development. For more information, call Marla Williams, Director of Education and Programming, at 614/228-6515.

New Archivist/Curator Hired

The Kappa Kappa Gamma Foundation is proud to announce KYLIE TOWERS, *Simpson*, as the new Archivist/Curator to oversee the operation and programs of The Heritage Museum and maintain the archives of the Fraternity. Kylie will work with the Museums Committee of the Kappa Kappa Gamma Foundation to develop educational outreach programs for the membership and the public.

Kylie graduated from Simpson College in May 2001, with a bachelor's degree in history. She served OMICRON CHAPTER as Membership Chairman, Vice President — Standards and chapter President. She also served as the Student Body President during her senior year.

Kylie was also the recipient of the CATHERINE SCHROEDER GRAF HERITAGE MUSEUM SUMMER INTERNSHIP sponsored by the Foundation.

Foundation Awards 155 Academic Scholarships for 2001-2002

In June 2001, the Foundation awarded 155 academic scholarships to Kappa sisters for the 2001-02 academic year, totaling more than \$433,750 in financial support. More than 330 Kappas applied for the full-time undergraduate and graduate scholarships. This was an increase of 50 percent from last year.

The Foundation Board of Trustees voted in the fall of 2000 to increase the scholarships from \$1,500 for undergraduates and \$2,000 for graduates to \$3,000 for both.

"Kappas everywhere can be proud of the financial assistance provided by the Foundation to outstanding collegiate and alumna members," says LIBBY TUCKER GESSLEY, *Colorado State*, Scholarship Chairman.

Initiated members, enrolled as full-time students, who are in good standing with their chapters and maintain a B average are encouraged to apply for scholarships from the Foundation. Applications are available from chapter/alumnae association Presidents, on the official Web site at www.kappa.org or by calling the Foundation at 614/228-6515.

2002 Heritage Museum Paid Internship

- Housing and stipend provided.
- Hands-on experience in museum and archival studies.
- Attend 2002 Fraternity Biennial Convention in Orlando, Fla.
- Work for 12 weeks at Fraternity Headquarters.



The Heritage Museum of Kappa Kappa Gamma in Columbus, Ohio, is accepting applications for the 2002 CATHERINE SCHROEDER GRAF SUMMER INTERNSHIP. This is a 12-week paid internship available to members interested in museum studies, history, art, women's studies, or related fields. Please contact Archivist/Curator, KYLIE TOWERS, *Simpson*, at ktowers@kappakappagamma.org or 614/228-6515, ext. 129.

2000-2001 Collegiate Honors

Mortar Board (Senior Scholarship and Leadership)

ALPHA^A, *Monmouth*
Stephanie Frye

THETA, *Missouri*
Anne Scott

UPSILON, *Northwestern*
Georgia Borovilos
Penelope Campbell
Sarah Chacko
Lauren Eslicker
Lindsey James
Anita Kulkarni

OMEGA, *Kansas*
Juliette Ast

BETA ZETA, *Iowa*
Kristy Cole

BETA OMICRON, *Tulane*
Carrie Patterson
Allison Liebman
Christina McMahon

GAMMA IOTA,
Washington
Lauren Pugliese

GAMMA ZETA, *Arizona*
Emily Holland

GAMMA PHI,
Southern Methodist
Jodi Warmbrod

DELTA XI,
Carnegie-Mellon
Nicole Owings
Elizabeth Page-Gould
Erika Wetzel

DELTA OMICRON,
Iowa State
Sarah Maul

DELTA RHO, *Mississippi*
Jenny Zeleskey

DELTA PHI, *Bucknell*
Paige Brewster
Katie Croft
Caitlin Deily
Katie Richardson
Laura Ryan

DELTA PSI, *Texas Tech*
Ashley Floyd
Laura McCulley
Shelby McPherson
Julie Owen
Brooke Swallow
Denise Vest

EPSILON EPSILON,
Emory
Julie Alonso
Kristine Doyle
Jennifer Kitner
Emily LeVeen
Aimee Midei
Erin Mintz
Sarah Yerkes

EPSILON ZETA,
Florida State
Jennifer Vogias
Hillary Hyland
Suzanne Clark

EPSILON KAPPA,
South Carolina
Joann Johnston

ZETA MU,
Virginia Tech
Anne Magee

ZETA OMICRON,
Richmond
Erica Newmark
Amanda Herold

ZETA SIGMA,
North Texas
Kendra Gillespie

ZETA PSI, *Wake Forest*
Beth Doby
Becky Ham

Phi Beta Kappa (Senior Scholarship)

DELTA, *Indiana*
Liane Groth

ETA, *Wisconsin*
Ginny Bartleson
Erika Wilson

THETA, *Missouri*
Katie Rahmeyer
Anne Scott

UPSILON, *Northwestern*
Liz Tobin

CHI, *Minnesota*
Angie Keller
Jolaine McNamara

BETA XI, *Texas*
Kathrine True

GAMMA PHI,
Southern Methodist
Elizabeth Heard
Carrye Rudolph

Lucy Trenary
Elisabeth Preston
Brooke Alexander
Alexis Zipp

DELTA XI,
Carnegie-Mellon
Rebecca Frederick
Michele Savery

DELTA PHI, *Bucknell*
Cara Fisher
Stephanie Jones
Jessica Rennie
Kathryn Yingling

EPSILON EPSILON,
Emory
Lisa Brown
Stacey McGavin

EPSILON KAPPA,
South Carolina
Ashley Blackmon
Bridget Gibbons
Joann Johnston

EPSILON UPSILON,
Baylor
Lindsey Matwijecky

ZETA GAMMA, *Centre*
McKay Bradley
Allison Elliot
Antonia Lindauer
Julie Morgan
Stacy Rickwald
Nancy Seaver
Shara Sisney

ZETA THETA, *Trinity*
Kerry Hartz

ZETA OMICRON,
Richmond
Amanda Herold
Katherine Ponzio

ZETA RHO,
Colgate
Laura Zanotti

ZETA PSI, *Wake Forest*
Courtney Cantwell
Beth Doby
Lindsay Yount

ETA ALPHA, *Furman*
Marisa Poston

ETA EPSILON,
Johns Hopkins
Jessica Shapiro

Fall 2000 Scholarship Report

Chapters at or Above the All-Sorority GPA

**REGION 3:
Mu Province**
Emory
Rollins

**REGION 4:
Delta Province**
Hillsdale

Epsilon Province
Wisconsin

Zeta Province
Drake

**REGION 6:
Kappa Province**
Arizona State
UC Riverside
UC San Diego

Scholastically Ranked First on Campus

**REGION 6
Kappa Province**
UC San Diego

Kappas with 4.0 GPA

**REGION 2:
Lambda Province**
Duke:
Laurie Samach
Courtney Jane Slagle
Johns Hopkins:
Jessica Shapiro

**REGION 3:
Mu Province**
Emory:
Jennifer Peresie

South Carolina:
Lauren Anderson
Mireille Dizard
Sarah Huskamp
Joann Johnston
Jennett Lockrow
Kathleen Mahan
Audrey McCall
Lauren Propst
Amy Weeter

**REGION 4:
Zeta Province**
Drake:
Amanda Bowers
Amber Clapp
Jeanie Fitzgerald
Tracy Gerber
Anne Marsch
Sutton Meagher
Wendy Palmer
Paula Phariss
Courtney Rickert
Audra Stock

**REGION 6:
Kappa Province**
Arizona State:
Jennifer Bannister
Heather Boykin
Shanna Jespersen
Janice Lindsey
Nicole Mazer
Melanie Rodwell
Alexis Vance
UC Riverside:
Carminia Paulilio

*Continued from the
partial scholarship
report in the Summer
2001 issue. Based on
reports received at
Headquarters by
June 21, 2001.*

Entrepreneur Inspired by Horses, Supported by Sisters

"Beep! Beep! Beep!" It's 6 a.m. and the alarm clock signals that the day must begin — not a typical wake-up time for collegians in their junior year, but it is a normal day for TRACIE CALLER, Wyoming. After crawling out of bed, Tracie greets the day with equestrian practice, heads to class, later fulfills her duties as chapter Vice President — Organization, and tops off the day by fulfilling her passion — painting and sculpting horses.

A self-taught artist, Tracie has been painting and sculpting since she was 5 years old. As a child, she would collect miniature horses, melt them and rearrange their features. "I did not start sculpting until about 1996 and immediately found it much easier to convey my thoughts into 3-D," says Tracie. Today she runs a small business selling her sculptures.

Before the armatures are made, Tracie spends a great deal of time researching horses. She does this not only by reading books, but by riding as well. "I love sculpting horses because I am a horse nut plain and simple," she laughs.

Although she still loves to paint, Tracie does not spend as much time with her canvas because each painting takes longer and her paintings have more personal meaning. "I can make 50 copies of one sculpture but I only have one of each painting," she explains.

With Tracie's full schedule, she does not have much time to enter her work in art shows. However, she tries to enter at least one show each year, particularly the Art Guild of Kentucky and the Realistic Equine Sculpture Association show at which she has won many honorable mentions. She also enters shows held at the state fair and is currently grand champion in her area. All of the pieces are judged on workmanship and anatomical and biomechanical correctness.



Tracie's mother inspired her to paint horses. This painting is one of her favorites.



Tracie Caller, Wyoming, displays one of her many horse sculptures.

Tracie credits her mother for providing inspiration for painting and sculpting. "Mom always painted as a hobby" (she actually owns and operates a brew pub), Tracie says. "She always encouraged me to paint when I was little but sculpting is something that I ventured into on my own. She did paint horses a lot though — it must run in the family."

Tracie handles all of the packaging and shipping of her work as well as the bookkeeping involved with running a business. Currently she lives in the GAMMA OMICRON Chapter house where she has converted a spare closet into her mini-studio. On average, it takes 30 hours to complete one sculpture. The other chapter members are supportive and proud of Tracie's work and accomplishments. In addition to continuing her painting, sculpting and riding, she also plans to try her hand at judging art shows.

To view Tracie's artwork, visit her Web site at www.equinesculpture.net.

— By ALLISON GREINER, Ohio State

Kappas Kare

During Recruitment at DELTA RHO, *Mississippi*, a lot more goes on than songs and skits at the Kappa house. The philanthropy round of recruitment is not only special to active Kappa members but the potential members as well. This past year, members made "Kappa Kare Bears," which were eventually given to children with diabetes in Mississippi. The bears are given to the children as a friend when they are sick or receive shots. The Delta Rho chapter was recently recognized for its continued service and donations to the Mississippi Diabetic Association.



Oxford Regional Director of the Mississippi Diabetic Association, Stephanie Johansen presents **Jenny Zelesky**, **Mary Lyons Mitchell** and **Allison Weakly**, *Mississippi*, with a plaque of appreciation for their chapter's continued service.

Hoots 'N Salutes

The Scholarship Chairman at EPSILON CHI, *Dartmouth*, cooks dinner at the house for two to three professors and about 10 Kappas. Chapter members invite professors whom they want to educate about the qualities and achievements of the Greek system.

EPSILON PSI, *UC Santa Barbara*, sponsored an alcohol resolution program for the entire campus to support the 2000 NPC Resolutions relating to alcohol use.

DELTA ALPHA, *Penn State*, participated with Pi Kappa Alpha in a campus-wide dance marathon and raised \$82,000 of the total \$3,000,000 raised to benefit the Hershey Medical Center. It is reported that Penn State's dance marathon is the longest-enduring student-run philanthropy in the United States.

Two Kappas to Watch

Congratulations to STACY JAMES, *Baylor*, who was crowned Miss Texas, and to NATALIE WITWER, *Miami (Ohio)*, who was crowned Miss Ohio!



Stacy James, *Baylor*, celebrates with Kappa sisters after being crowned Miss Texas.

Stacy graduated from Baylor University this spring, and will be attending the University of Arkansas Law School next year. Currently, she is busy traveling across Texas enthusiastically promoting her platform, Alzheimer's Awareness: Educate a Nation. Stacy says that Kappa has contributed to her confidence and ability to communicate with others. "Kappa helped me in the pageant system by enhancing my speaking and leadership skills. I also had a lot of support from my chapter," says Stacy.

Natalie is a sophomore at Miami University in Oxford, Ohio. She has been competing in pageants for the last three years and was formally Miss Teenage America. "The chapter support and encouragement has played a really important role in my success," she explains. In the upcoming months, Natalie will travel extensively throughout Ohio to educate others on her platform, Youth Ministry Starts at the Core. Watch these young women when they compete in the Miss America Scholarship Program Saturday, September 22, 2001, on ABC at 8 p.m. ET.



Natalie Witwer, *Miami (Ohio)*, has been crowned Miss Ohio.

Kappas Trotting the Globe

How many days does it take to circle the globe? Well, for a handful of ZETA NU, *UC San Diego*, members, it was exactly 100 days of adventure during the Fall 2000 Semester at Sea. The women started in Vancouver, Canada; explored Japan, China, Vietnam, Malaysia; were rerouted through Kenya, South Africa, Brazil, and Cuba due to political unrest in the original route; and landed just before Christmas in New Orleans. Their experiences ranged from viewing the Great Wall of China and trekking through safaris in Kenya to having a personal conference with Castro in Cuba. Helping to stave off homesickness were the bonds of sisterhood.



Zeta Nu, *UC San Diego*, members during semester at sea.

Collegians Abroad Write Home

Nine ZETA ALPHA, *Babson*, members enjoyed the excitement of living abroad last year. From London to Florence and Japan, the sisters were excited to share some of their experiences with Kappas back home. LISA BRANDER says, "In the seven months I was gone, I had the opportunity to visit 15 countries ... here are some of the fun things I did: Saw a bullfight in Madrid, Spain; rode in a gondola in Venice, Italy; climbed Mt. Etna in Catania, Sicily; and went skydiving over the Swiss Alps in Interlaken, Switzerland." JEN YEZIK, spent the time in Japan absorbing the language and even joined an Aikido martial arts club.

Crossing the Kappa Bridge

Traveling abroad is a great opportunity to learn about new cultures and meet new people — and connect with Kappas from across the country. Kappas from the University of Texas and Baylor University enjoyed the beauty and rich culture of Spain for the summer. LESLIE MAY, *Texas*; CHELSEA BRINDLEY, *Texas*; ALISON LEDBETTER, *Texas*; PENELOPE POEHL, *Baylor*; and ERIKA SCHWARTZE, *Baylor*, enjoyed flamenco dancers, bullfighters and stunning art. Along the way, they met other Kappas from North America.



Enjoying the gardens of Princess Margarita in Seville, Spain, are Penelope Poehl, *Baylor*, Allison Ledbetter, *Texas*, Chelsea Brindley, *Texas* and Erika Schwartze, *Baylor*.

Traveling Generations to Share Kappa Warmth

ELIZABETH WOODALL, *Wake Forest*, is passionate about giving back to the elderly. Three years ago, she began visiting the Brookridge Retirement Home in Winston-Salem, N.C. Her experience was so powerful Elizabeth wanted to offer her Kappa sisters a similar chance to give back. So, Elizabeth started an adopt-a-grandmother program called "Kappa Kappa Grammas." To date, seven Kappas have formed close bonds with their "Gramma," and Elizabeth is excited to see the program grow.

Surviving the Greek Outback

ETA DELTA, *Valparaiso*, decided the TV "Survivors" shouldn't be the only ones challenging themselves mentally and physically for money. So, Eta Delta Chapter members decided to create their own survivor-like challenge for philanthropy. Each of the 20 teams paid a fee to participate in such events as a "worm hunt" where brave players searched through a bowl of pudding with their mouth to find a



Eta Delta, *Valparaiso*, members at their "Survivor" event.

gummy worm, and the elite mental challenge of making as many words as possible out of "Valparaiso University." With tribal councils and strategic alliances, the event was rife with drama and intrigue. But in this "Survivor," everyone was a winner with local businesses donating prizes to the intrepid participants and the event raising \$200 for the National Lupus Foundation.

An Island of Hope

Everyone dreams of escaping collegiate life from time to time, and the vision of a far-off tropical island is frequently a favorite thought. For MEREDITH KESSLER, *Dartmouth*, the reality of such a dream was much harder than anything she had faced on campus. Meredith spent three months working in the Marshall Islands — a 32-mile-long strip of land more than 2,500 miles southwest of Hawaii. Her days were spent in classrooms with no air conditioning, no windows, no books and hungry children. Whereas many students back home may have perceived Meredith's journey as a luxury, she saw firsthand how such beauty could be overshadowed by poverty. Truancy, pregnancy or alcoholism often eclipsed the English lessons for many of the 87 10th- and 11th-grade students in her classes.


Finding the lesson plans she arrived with to be ineffective, Meredith showed her students how to make paper mâché globes, maps of imaginary towns and travel brochures. They enjoyed games of "Where-in-the-World Jeopardy" and geography bingo. Returning home was a challenge, but the memories of the smiles and progress her students made helped Meredith integrate what she had learned into her day-to-day life.

Field of Kappa Dreams

Hearing about a beautiful iris garden, DANA MILLER, *Albertson*, thought such a place must be too good to be true. With her Kappa sisters in tow, Dana visited the garden and took pictures of the thousands of irises in



Zeta Pi, Albertson, members explore an iris garden.

every shape and color. The variety of flowers started her thinking: "Just as each iris has a different shape, size and color, each Kappa has a little different idea, goal, way of life, and appearance. We are all so different and yet so much alike. That's what makes Kappa Kappa Gamma beautiful!" 



Zeta Pi, Albertson, members **Sara Jordan High, Andrea Dawn Hansen** and **Melissa Ellen Jennison**, gather near the city crest in Avignon, France. They studied in France for a six-week semester with Albertson College.



Gamma Zeta, Arizona, members found that the sun shines just as bright on the other side of the world. Studying abroad in Seville, Spain, and Florence, Italy, were **Leslie Guthrie, Praecia Costley, Robyn Lende, Kristen Berger, Amy Fruen, Angela Hickel** and **Annika Reenders**.

Dates to Remember

October 2001 is the NPC Month of the Scholar. For information on how to promote academic achievement on your campus, contact the National Panhellenic Conference at 317/872-3185 or visit www.npcwomen.org. Also, don't forget to participate in National Collegiate Alcohol Awareness Week, October 14-20, or October 21-27, 2001. Check with your Greek Life office for details or visit www.bacchusgamma.org.

Great Holiday Gifts for Friends and Family

Why wouldn't you buy your magazines from the
Rose McGill Magazine Agency?

Are you aware that approximately 50% of the price of each subscription Kappa sells comes back to Kappa to be used for the Rose McGill Fund? What better way to share the holiday spirit — a gift of a magazine for family or friends and a gift of financial aid for Kappas.

Choose from the partial list below.* Then, call 1-800-KKG-ROSE,
e-mail mfiggins@kappakappagamma.org or call your local magazine chairman.

ADVENTURE

Backpacker	19.94
National Geographic Adventure	12.00
Men's Journal	19.97
Outside	17.00

ANIMALS

Cat Fancy	14.99
Dog Fancy	14.99
Equus	19.95
Horse Illustrated	15.97

BUSINESS AND FINANCE

Barron's	145.00
Business Week	54.95
Entrepreneur	15.97
Fast Company	23.94
Forbes	29.98
Fortune	29.98
Individual Investor	12.95
Kiplinger's Personal Finance	19.95
Money	29.95
Mutual Funds	14.97

CHILDREN (AGE RANGE)

American Girl (8-12)	19.95
Babybug (Up to 2)	35.97
Boys' Life (8-18)	18.00
Cricket (9-14)	32.97
Disney Adventures (6-12)	11.97
Girls' Life (9-15)	19.95
Ladybug (2-6)	32.97
National Geographic World (8-14)	17.95
Ranger Rick (7-12)	17.00
Spider (6-9)	32.97
S I for Kids (8-14)	29.95
Your Big Backyard (3-6)	15.00

COMPUTERS

Computer Gaming World	19.97
Computer Shopper	14.99
Gamepro	14.97
Macworld	19.97
PC Gamer	19.97
PC Magazine	26.97
PC World	19.97
Yahoo!	14.97

COOKING

Bon Appetit	19.97
Cookbook Digest	29.97
Cooking Light	19.97
Food & Wine	32.00
Gourmet	19.97
Saveur	19.95
Taste of Home	17.98
Vegetarian Times	17.95
Weight Watchers	13.97

ENTERTAINMENT

Biography	14.97
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Premiere	14.95
Rolling Stone	19.97
Soap Opera Digest	39.97
Vanity Fair	19.97

FASHION

Allure	14.97
Elle	19.97
Glamour	17.97
GQ	14.97
Harper's Bazaar	11.00
Instyle	24.96
Mademoiselle	16.00
Vogue	19.97

HEALTH

Health	15.97
Johns Hopkins Health after 50	
Medical Letter	24.00
Men's Health	24.97
Prevention	16.94
Self	14.97

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Architectural Digest	39.95
Birds & Blooms	17.98
Coastal Living	12.00
Classic American Homes	14.97
Country Living Gardener	19.97
Elle Decor	19.97
Garden Design	19.95
Garden, The English	29.97
House & Garden	19.97
House Beautiful	19.97
Horticulture	15.97
Martha Stewart Living	27.00
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Old House Journal	19.97
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Southern Accents	19.95
This Old House	24.95
Veranda	24.00

NEWS

Newsweek	29.97
Time	49.95
The Wall Street Journal	175.00
U.S. News & World Report	30.00
World Press Review	21.97

PARENTING

American Baby	13.97
Child	12.00
Parenting	8.97
Parents	9.97
Working Mother	12.97

POLITICAL/LITERARY/SOCIAL

Atlantic Monthly	14.95
Foreign Affairs	22.00
Harper's Magazine	11.97

The New Yorker	49.95
Weekly Standard	63.96
Writer's Digest	19.96

SCIENCE

Astronomy	39.95
Discover	15.97
Invention & Technology	15.00
National Geographic	34.00
Popular Science	11.97
Scientific American	24.97

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Bowhunting	11.97
Canoe & Kayak	14.95
Cruising World	16.00
Field & Stream	11.97
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Golf	13.97
Golf Digest	17.77
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Skiing	9.97
Sports Illustrated	49.95
Yachting	11.97

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Brio	15.00
Cicada	35.97
Cosmo Girl	11.97
MH-18	14.97
Seventeen	19.95
Teen	11.97
Teen People	15.97
YM	9.97

TRAVEL

Arizona Highways	21.00
Cruise Travel	14.97
Ireland of the Welcomes	18.00
Islands	19.95
National Geographic Traveler	19.95
Travel & Leisure	29.95
Travel America	14.95

WOMEN

Family Circle	16.98
Good Housekeeping	21.97
Redbook	15.00
Vanity Fair	19.97
Victoria	19.97
Woman's Day	15.97

*Prices listed are for one-year
subscriptions unless otherwise noted.
Prices are valid through February 1, 2002.



Kim Masius, Washington; Christy Jenkins Van Duinen, Baylor; and Brooke Cameron Scigousky, Illinois, of the Chicago Loop Group Alumnae Association volunteer at the Lincoln Park Spooky Zoo. They provide candy bags and maps for children and parents for a safe place to "Trick or Treat."



Denise Pickering Melas, Colorado; Carol Bruce Henderson, UCLA; and Cindy Stewart Simon, Indiana, were instrumental in renovating a 106-year-old one-room schoolhouse, which now serves as the library for Canyon Charter Elementary School in Pacific Palisades, Calif. Carol is the school principal.

For 57 years, these Beta Mu, Colorado, members have been circulating a round-robin letter entitled *The Bird*. Those residing in the Denver area meet regularly and recently attended the chapter's 100-year celebration.



Joining Vera Lewis Marine, Colorado College, (left) on the Kappa Travel cruise to the Greek Isles are Nancy Savory Hansen, Washington State; Eleanor Uridge Dunham, Denison; and Jean Steele Adams, Ohio Wesleyan.



Susan Christenson Lewis, Utah, and Patti Aljoe Secrist, Ohio Wesleyan, met for the first time while hiking in Patagonia, Chile. Susan, who resides in Silverado, Calif., and Patti, who resides on St. John's Island, S.C., became fast friends and continued their travels to Buenos Aires, Argentina.



The **Norfolk/Virginia Beach Alumnae Association** enjoyed its annual spring luncheon at Le Chambord restaurant in Virginia Beach. Of the approximately 245 Kappas in the area, the association has members from nearly 70 different collegiate chapters.



Delta Nu, Massachusetts, alumnae celebrate turning 50 together in Kennebunkport, Maine.



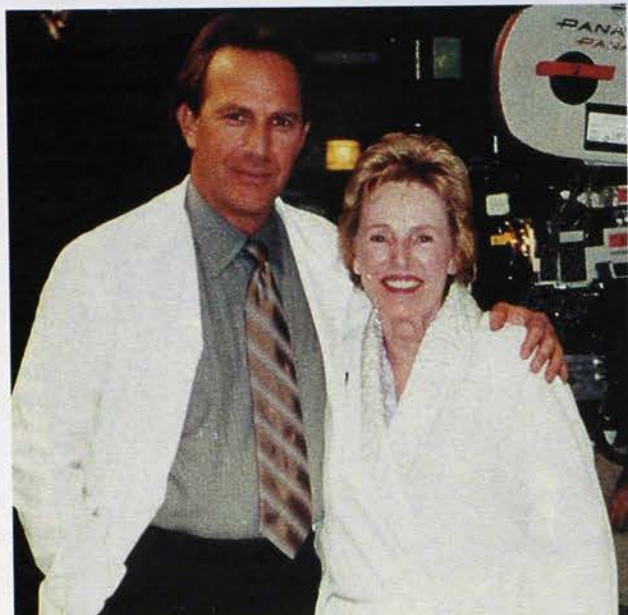
Lake Washington Alumnae Association members, and a husband, participate in the Alzheimer's Memory Walk around Seward Park in Issaquah, Wash., to raise money for research.

The Key Wants to Hear from You!

Send alumnae association news, individual profiles and photographs to *The Key*, P.O. Box 38, Columbus, OH 43216-0038, Attention: Alumna News Editor. Actual color photographs are preferred over digital files. Please include first, maiden and last name plus school/chapter.

On the Set with Kevin Costner

CHERI MOORE CARLISLE, *Kentucky*, has a role in the movie, *Dragonfly*, starring Kevin Costner. Her husband won a bid for the part during a live auction to raise money for the LeRoy Hayes Center for Children and Family Services in LaVerne, Calif., and promoted Cheri's tryout as a nurse. After four hours of rehearsal and shoots for a 45-second scene, Cheri remarks, "This experience helped me realize the time involved in producing a major film."



Kevin Costner pauses for a picture with **Cheri Moore Carlisle**, *Kentucky*, on the set of the movie, *Dragonfly*.

A Rare Disease Prompts Development of a Life-Saving Tool

FOR KATHY MCCLANAHAN, *Arkansas*, the prospect of being without her life-sustaining medicine or being treated by emergency medical staff unfamiliar with her rare disease was unacceptable. In response to her fear, Kathy, who suffers from diabetes insipidus, developed DataMed — a wallet-size card with important patient information. Emergency medical teams depend on standard protocols for treatment when they don't have a complete medical history. "In my case, that would kill me," says Kathy, who is recuperating from the second of two complex cranial surgeries to remove tumors from her brainstem.

Kathy encourages everyone, especially children, to carry the card, which costs less than \$15 and lists a person's complete medical history, doctor's phone number, names and dosages of drugs being taken, diagnosed conditions and emergency contact numbers. The DataMed package contains wallet emblems and win-

dow decals that direct emergency personnel to look for the card. "Having parents with health concerns, I feel much better knowing that they carry DataMed cards around town or around the world," says Kathy.

A portion of the proceeds from the sale of DataMed cards is donated to the National Organization of Rare Diseases (NORD), which provides programs, resources and equipment exchanges to people dealing with rare diseases. Kathy learned about NORD after she contracted diabetes insipidus as a result of her initial brain surgery more than 14 years ago. "When you have a rare disease, you feel like you're out there all by yourself," says Kathy. "NORD was a God-send for me and my family." For more information, call 800/332-8407 or visit www.datamedcard.com.

Musicians Help Community

CAROLYN DAMERON EYNON, *Michigan*, is founder and artistic director of the Arizona Arts Chorale in Scottsdale. The 40-member chorale presents six concerts a year and has appeared with the Phoenix Symphony directed by the popular musician "Doc" Severinson. Chorale members donate their time and energy for fund-raising events for needy groups and provide a scholarship for a disadvantaged student. "Our purpose is to provide an outlet for musical and cultural diversity and inspiration with high-quality musicianship and an eclectic selection of jazz, classical and contemporary styles," Carolyn emphasizes.



Carolyn Dameron Eynon, *Michigan*, is founder and artistic director of the Arizona Arts Chorale.

Rotary President Serves as Interpreter

SUZANNE (SUSIE) LOVE SMITH, *Illinois*, was the first woman to serve as president of the Rotary Club in Peoria, Ill. She has also served as assistant district governor and is presently district governor of the 50-Club district, which has 2,800 members. Susie earned degrees in Spanish, Portuguese and French and served as an interpreter for Rotary doctors on an "Operation Condor" mission to Huanuco, Peru.



Suzanne Love Smith, *Illinois*, works with children in Peru.

Distinguished Psychologist

DR. MARILYN KOCH GOWING, *William and Mary*, recipient of the distinguished Psychologist in Management Award, received a congratulatory letter from former Vice President Al Gore, stating, "She is an inspiration to all Federal employees." Marilyn was the Director of the U.S. Office of Personnel Management (OPM). She received her doctorate degrees in industrial and organizational psychology from George Washington University. She has trained more than 60 professors and built strategic partnerships with federal, state and local government agencies to fund competency models for public sector occupations for 1.5 million employees.



Dr. Marilyn Koch Gowing, *William and Mary*, received the "Distinguished Psychologist in Management Award."

Marilyn has also received awards from the IRS, the U.S. Department of Housing and Urban Development, the U.S. Department of Veterans' Affairs and the American Society of Association Executives. She recently joined ASI Solutions, Inc., which provides human resources consulting and outsearching services for organizations seeking to hire, train and develop a more effective workforce to major corporations, with an emphasis on telecommunications, financial services and healthcare industries.

A Sweet Fund-Raising Project

Members of the SANDHILLS (N.C.) ALUMNAE ASSOCIATION sell honey purchased from a local beekeeper. They pour the honey into sterilized baby food jars and make fabric "hats" for the jars, which have fleur-de-lis labels saying, "Wild Flower Honey from North Carolina Bees."



Mary Lou Kern Forrest, *Duke*, a 50-year Kappa and charter member of the **Sandhills Alumnae Association**, helps with the "Bee Sweet" honey project.

Alumnae Walk for MS

More than 15 members of the NORTHERN VIRGINIA ALUMNAE ASSOCIATION joined "Team Kappa" for the Multiple Sclerosis Walk on April 29, 2000. Walkers were greeted at the finish line by a beaming, PAMELA SANGER, *William and Mary*, who has MS. Building on the success of this event and support for Pam, the alumnae association selected the National Multiple Sclerosis Society as its main philanthropy recipient. Northern Virginia alumnae continue to support the Kappa Kappa Gamma Foundation as well.

Members use the marathon to help educate people about multiple sclerosis, which is a chronic disease of the central nervous system. Symptoms may be mild such as numbness in the limbs or severe paralysis or loss of vision. Most people with MS are diagnosed between the ages of 20 and 40.

Positive Impressions

Kappas believe in "women supporting women," and the BOSTON INTERCOLLEGIATE ALUMNAE ASSOCIATION shows its support through Positive Impressions, a non-profit organization that facilitates women's entry into the workforce by providing interview-appropriate clothing to low-income women. In the past year, alumnae have donated \$8,000 worth of clothing to Positive Impressions and members have given 70 hours as volunteer personal shoppers to select outfits best suited to the client.



Boston Intercollegiate Alumnae Association provides interview-appropriate clothing for low-income women entering the workforce.

Therapeutic Riding Enriches Lives

When MARGARET (PEG) CRAWFORD HEVEL, *Ohio Wesleyan*, was offered a chance to drive a horse and cart as an adult, the experience rekindled a childhood fascination that began after she witnessed a sulky race at a local fair. "Someday," was the word that ran through her mind every time she saw one of those races. Now, Peg and her husband, Donald, volunteer with Whitewater Therapeutic Riding and Recreation Association in the small community of Salmon, Idaho.

A nonprofit agency operated by volunteers, the Whitewater Therapeutic Riding and Recreation Association serves more than 90 people from ages 2 to 92. Some aspire to perform in barrel racing, driving competitions or dressage while others only wish to experience the benefits of pleasure riding. Sessions are designed for 4-H students, at-risk youth, elderly individuals and people with various disabilities. Programs include vaulting on horseback, driving a horse and cart and hippotherapy (treatment of muscles and joints

with the help of a horse's natural rhythm). Participants enjoy physical, psychological, social and educational benefits.

One well-known therapy horse, Tater Tot (a miniature horse), captures the hearts of elderly residents at the Discovery Care Center while visiting at bedsides or pulling them in his cart through the hallway. "What a joy to be a part of this program, which offers a growth-promoting setting where horsemanship unites hearts of all ages," says Peg, who is certified as a riding instructor through the North America Riding for the Handicapped Association. For more information on therapeutic riding, visit the NARHA Web site at www.narha.org.



For therapeutic riding instructor **Peg Crawford Hevel**, *Ohio Wesleyan*, driving a horse and cart is a dream come true. Peg and "Eli" enjoy a ride near the mountains of Idaho.

State-of-the-Art Equine Center Named for a Kappa

Horse owners will soon have access to the Midwest's finest diagnostic, treatment and research facility for performance horses thanks to MARY ANNE CHENAULT MCPHAIL, *Michigan State*, and husband Walter. Longtime horse owners, the couple has made a generous donation to support the building project for the College of Veterinary Medicine at Michigan State University. The facility has been named the Mary Anne McPhail Equine Performance Center.

An accomplished rider, trainer and dressage judge, Mary Anne owned her first horse at age 9. After starting a family of her own, Mary Anne helped establish a nursery school at an old estate in Bloomfield Hills, Mich., and it didn't take long for her and Walter to



Michigan State University's College of Veterinary Medicine now has a high-tech equine performance center thanks to **Mary Anne Chenault McPhail**, Michigan State, and her husband, Walter.

purchase a number of horses to fill the pastures surrounding the estate. Soon after, Mary Anne developed a strong interest in dressage. One of her dressage horses, Lector, won a bronze medal at the 1992 Olympic Games in Barcelona.

Today, Mary Anne serves on the United States Equestrian Team (USET) Dressage Committee, the USET Board of Directors and the board of the Vinceramos Therapeutic Riding Center in Florida. For information about the Mary Anne McPhail Equine Performance Center, visit the following Web site — <http://cvm.msu.edu/dressage/epc.htm>.

Cancer Victim's Memory Lives On at Becky's Place

When BECKY WOODIN JOHNSON, *LSU*, lost her fight with cancer, her three daughters searched for a fitting way to honor their mother and her courage. Becky's Place, an information and appearance center for cancer patients, is the result. Becky's Kappa daughters SHELLEY JOHNSON BOYD, *LSU*, and SHANNON JOHNSON, *LSU*, along with their sister and other dedicated individuals, helped make this special boutique possible.

Located at the Lexington Medical Park building beside the Lexington Medical Center in South Carolina, Becky's Place offers breast prostheses, hats, scarves, wigs, bras, swimsuits, videos and books for women experiencing hair loss and other effects of radiation and chemotherapy. A well-trained staff helps cancer patients

minimize and manage changes in their appearance resulting from their therapy. For more information, visit www.lexmed.com and click on "Becky's Place," call the Lexington Medical Park at 800/756-4453 or contact Shirley Byars, Becky's Place Manager, at sfbyars@lexhealth.org.

Pilgrimage Home Tour Helps Many

The HOUSTON ALUMNAE ASSOCIATION's biennial Pilgrimage Home Tour and Marketplace benefits rehabilitation projects in Houston, Texas. Local florists decorated four elegant homes for the holidays. The Pilgrimage has consistently grown in size and scope since its inception in 1941, and now includes a luncheon and black-tie dinner. Led by Chairmen LYNN NORTHWAY SWANSON, *Texas*, and LINDA CROOKER HUNSAKER, *Texas*, the holiday house tour raised a record \$316,000 this year to distribute to eight local and national charities. Since 1976, the Pilgrimage has raised more than \$1.6 million.

The Houston Alumnae Association was honored on May 2, 2001, by the Institute of Rehabilitations and Research by receiving the "Hand in Hand Award" celebrating the continued involvement of Kappas with rehabilitation projects at TIRR. (Read more about Houston-area alumnae on Page 32.)



The **Houston Alumnae Association** was honored by the Institute of Rehabilitation and Research with the "Hand in Hand Award" celebrating continued involvement with rehabilitation projects.

Her Life Is an Adventure

Imagine camping with no shelter in Negev, Israel, while camels stand watch, or hiking to the Anapurna Sanctuary in Nepal, a seven-day hike each way. These are just two of the countless adventures of URSULA MANEWAL KEPLER, *Wyoming*, who, at age 77, continues to explore the world with her husband, "Kep" (a Kappa Sigma).

This energetic couple has visited 49 countries and every U.S. state, not just tourist attractions but the smaller communities and rural areas where they learn



Fifty-year Kappa and travel expert **Ursula Manewal Kepler**, Wyoming, gets a peek at the recreation center in Cody, Wyo., which she and her husband helped make possible.

more about the underlying culture. Spend some time with Ursula and she'll gladly tell you some of her endless stories, such as riding horseback in Java, Indonesia, at 4 a.m. to walk the rim of a burning crater before sunrise.

During the past 20 years, Ursula has been on 15 mountain trips, and she is known for her travel lectures. At home in Cody, Wyo., Ursula is a devoted volunteer for the Girls Scouts and the American Red Cross. A Girl Scout since age 10, Ursula received a 60-year membership pin and has held every volunteer leadership position for the organization. She also teaches swimming for the Red Cross, as well as dance, piano, drama and photography. For 15 years, she organized the local Christmas toy program and she organizes an annual Christmas bird count for the Audubon Society. Ursula enjoys leading bird watching trips for retired people to encourage them to remain active.

An avid musician, Ursula plays the organ and violin and enjoys singing in a local choir. She has been president of clubs too numerous to mention and her list of honors is endless. Of her numerous activities, one of her favorites is reuniting with a group of 12 Kappas who are participants, or whose husbands are participants, of the National Conference of Commissioners of Uniform State Laws. They have met as a group since 1972 at the eight-day conference each summer.

In 1995, Ursula was named an outstanding alumna by the College of Arts and Sciences of the University of Wyoming where she earned a bachelor's degree in zoology in 1943. After graduating, she went on to Yale where she met and married Charles "Kep" Kepler, an attorney. It is difficult to sum up such an adventurous life but Ursula simply says, "What fun I have in life! I try to help others do the same."

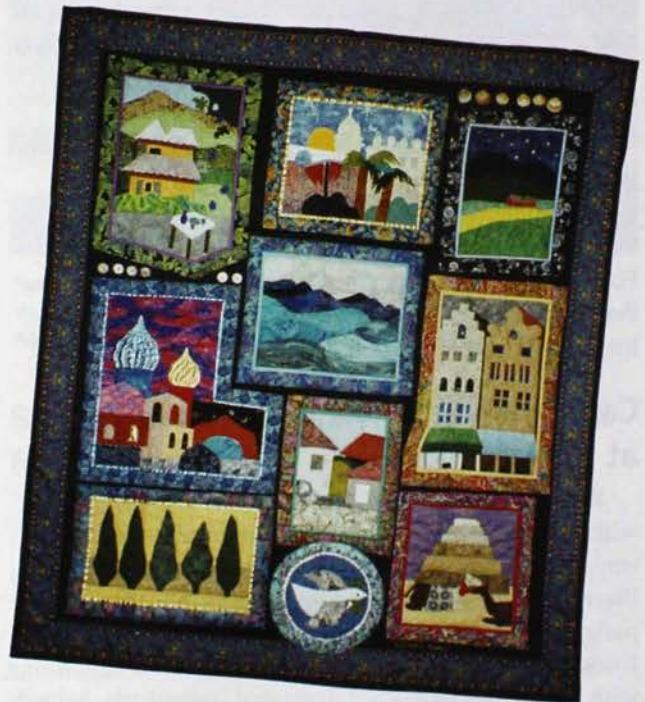
Artist Captures Adventures in Quilts

Water color artist and quilt designer LUCRETIA LEONARD ROMEY, *Indiana*, shares the following excerpts from her travel journal from the University of Pittsburgh's Semester at Sea program last summer. Lucretia enjoyed meeting 10 undergraduate Kappas on board from various universities.

"Athens, Greece: I am sitting on the deck of the *MTS Odysseus* painting the Acropolis. Thank goodness I am a Kappa — the Greek letters I have learned allow me to pronounce the street names here at the port in Piraeus. Soon, 400 students will arrive for our two-and-a-half-month summer voyage to eight ports in the Mediterranean and Baltic seas. I will teach painting and drawing while my husband teaches geography and oceanography.

"Week one: we sail through a calm Mediterranean Sea. Dolphins leap as we pass the Rock of Gibraltar on our way to Cadiz, Spain. My students are learning to keep a sketchbook. So far, the images are sunbathers, plants and lifeboats on the deck. Later, they will draw landscapes, buildings and people on shore.

(continued on next page)



Lucretia is known for recreating adventures in her quilts. This quilt, shown on the cover of this issue, depicts the various destinations of her most recent Semester at Sea experience. The top left panel is Athens, Greece; top center depicts Spain; top right is Norway; square center panel is the North Sea; left "L" shaped panel is St. Petersburg, Russia; to the right is Portugal then Belgium; bottom left panel is Italy; the dove panel represents Israel and the hope for peace; and the final panel is Egypt.

"Leaving Spain after a four-day visit, we head into the English Channel and then the North Sea. The students learn that the sea can be rough. I say Neptune is providing us with good waves to draw. In Oslo, we visit a silver mine, taking a spooky little train deep into the earth to see the diggings. We sail to St. Petersburg where we dock within view of several Byzantine churches giving us more good things to draw in the sketchbook. On our way south, we sail through the Kiel Canal. My students complain that the scenery moves too fast to draw.

"In Belgium, we visit a museum of cartoons — another aspect of drawing. In Portugal, we find lovely mountain landscapes to paint. My students find that drawing is a universal language. Five days in Italy gives them time to visit some of the wonders of the art world. In Egypt, we visit the pyramids and fabulous antiquities. A one-day sail takes us to Israel and the holy sites of Jerusalem. Students have had a unique taste of history. Our exhibit of student paintings as we returned to Greece shows that they have learned to see as well as paint."

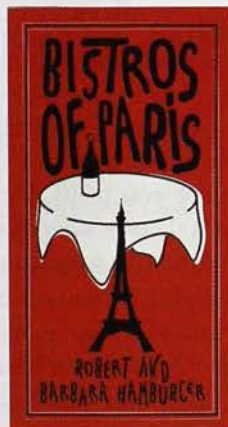
Kappa Authors and Adventurers!

Bistros of Paris

By Robert and
BARBARA WOLBERG HAMBURGER,
St. Lawrence
The ECCO Press/HarperCollins
300 pgs., \$18

Looking for an intimate bistro serving customary French fare? Searching for a fashionable wine bar where you can soak in the local color? From the traditional to the trendy — you'll find it in *Bistros of Paris*, the fully updated, classic guide to the best, most affordable restaurants and bars in one of the world's most romantic cities. Classified by *arrondissement* (neighborhood), rated by quality, with listings of the unique characteristics of each bistro, this handy guide takes you through the city's finest eateries while offering details like where to find special dishes, superb wines and particular places of interest.

Natives of New York City, Barbara and husband Robert have vacationed in France for the past 30 years, where they developed a special interest in food and wine. Barbara is also the author of *Zooming In*.

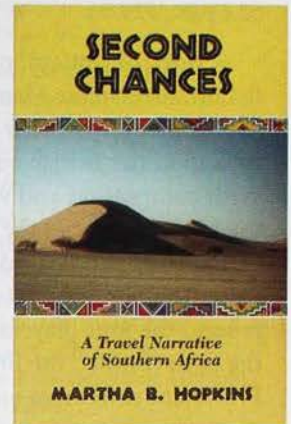


Second Chances: A Travel Narrative of Southern Africa

By MARTHA B. BRYANT HOPKINS, Michigan
Fithian Press
173 pgs., \$12.95

More than a travel narrative, this book explores conditions in Southern Africa in 1995-96. Apartheid has been gone for six years; Nelson Mandela has been president for two years. The area is a land of contrasts which Martha finds in many ways parallel to situations in the United States — old/new, rich/poor, urban/rural, black, white and colored. Reliving personal experiences, she wants "to get it right" the second time.

Mother of three, former geologist, real estate broker, civic activist and writer of nonfiction articles, Martha experienced a serious auto accident, life on a Karoo sheep farm and was inadvertently on the edge of a counterfeiting and diamond smuggling scam. Through it all, she saw hope, reconciliation, energy and building, but also greed, violence, despair and tribal, cultural, ethnic and petty rivalries.

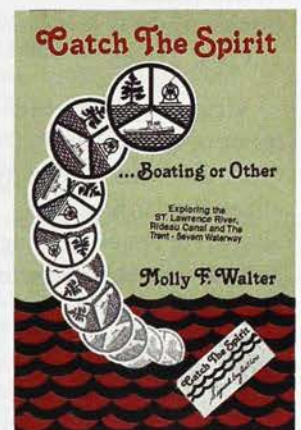


Catch the Spirit — Boating or Other

By (MARY) MOLLY FRISHMUTH WALTER, Pennsylvania
MFW Communications
235 pgs., \$18.95

A "70-plus" grandmother, Molly retired from the public relations firm she started in 1970. She came to boating late in life but immediately was "hooked." She purchased a houseboat and traveled through the Thousand Islands, the St. Lawrence River, Rideau Canal and Trent/Severn Waterway.

Investigating the environmental, cultural and political aspects of the area, while also enjoying navigation, rowing, swimming and snorkeling, Molly and friends had an educational and motivational experience. Molly feels theirs is a story of discovery through accomplishment that deals with "roots and wings, dreams and constant compromise," showing that people have a "remarkable ability to accept and meet new challenges."

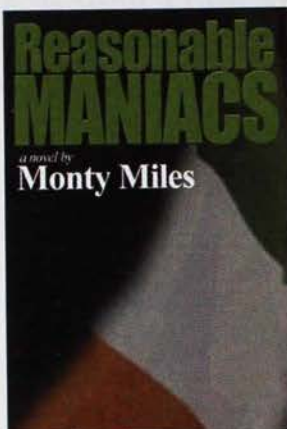


Reasonable Maniacs

BARB MONTY MILES, *Purdue Writers Club Press*
632 pgs., \$29.95

A work of contemporary fiction, *Reasonable Maniacs* tells of life in Northern Ireland under British rule. With compassion and verve, the book chronicles the daily existence of people under siege. The plot revolves around the four players in the Irish conflict: the British security forces, the IRA, the Protestant extremists and ordinary people. Using a theme of strife and partition, the author makes not only Ireland the battleground but also relationships.

Embroiled in English plots and Irish schemes, betrayal and deadly encounters, readers are thrown into a turbulent world where no one is safe, no one is who he appears to be, where war is the way of life. *Reasonable Maniacs* is available through Amazon.com and Borders and Barnes and Noble bookstores.



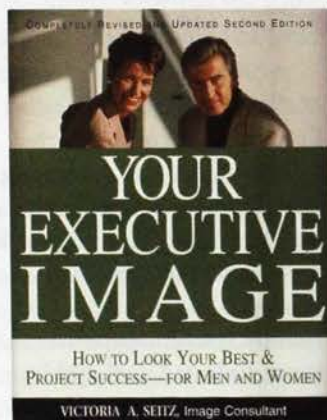
Your Executive Image: How to Look Your Best & Project Success — for Men and Women

By VICTORIA SEITZ, Ph.D., *Kansas State Adams Media Corporation*
273 pgs., \$10.95

Victoria Seitz is a professor of marketing at California State University at San Bernardino. She also wrote *Power Dressing* and has written articles in numerous publications on image making, marketing and public relations. Victoria has also appeared on TV and radio shows across North America.

Revised and updated from the original 1992 edition, the new version includes topics such as "International Savvy at Home and Abroad," "Business Casual" and "A Letter for All Occasions" under the headings of "Body Language," "Clothes" and "Etiquette."

Victoria says her comprehensive guide to personal and business success is a valuable tool for collegians, recent graduates and seasoned professionals alike. She hopes her




book will help Kappas build on their successes. "What I got from Kappa was the incentive to do well in school while having fun and building lasting friendships," says Victoria. "I couldn't have joined a more outstanding sorority."

Here are a few of Victoria's tips for those traveling abroad.

International Etiquette Tips

- Read up on the country you are visiting. Get an idea of the language, history and food.
- If you don't speak the language, learn key words such as "please," "thank you," "good morning" and "restroom." Carry a dictionary to help you translate.
- Promptness is not the rule in many parts of the world such as Asia, Latin America and the Middle East. However, in Germany, Switzerland and the Scandinavian countries, punctuality is appreciated. In Spain and Portugal, the workday does not start until 10 a.m and lunch is served around 2 p.m.
- Gift-giving is a common practice when visiting a foreign country. Understand what types of gifts are appropriate for that country before buying something that will be an embarrassment to you and the receiver.
- If staying at someone's home, bring gifts for the children if they are present, as well as the spouse. Ideas include toys, books and games.
- Women traveling to Arab countries should be mindful of their wardrobe. In Saudi Arabia, women are covered from head to toe. This is not the place to wear short skirts, short sleeved or sleeveless tops, deep necklines and such. You may be expected to cover up as a matter of respect but do not wear pants. Also avoid wearing white or winter white dresses, suits and shoes since white is the color of mourning in some countries.
- Be sensitive to your body language, particularly hand gestures and eye contact. For example, the OK sign in the United States is an insult in many other countries as well as the "V" for victory sign.
- Direct eye contact is not made in Asian countries so don't try to look at the person all the time or try getting him or her to look at you — it is out of respect that they don't make direct eye contact.
- In China, Thailand and Japan, you will be served lots of food buffet style but try each dish without gorging on your favorite. There will be much more to come.
- Do not eat or drink until your host does and don't leave the table to conclude the meal before them.

For more information, visit www.cbpa.csusb.edu/vseitz. Victoria's book is available from Amazon.com and most bookstores. 

I N M E M O R I A M

Names in this list are from information received by Fraternity Headquarters, April 10, 2001, through June 21, 2001.

***ADELPHI COLLEGE**

Rablen, Madeline Keller, '33,d.4/01

***ADRIAN COLLEGE**

Dent, Jane Lamkins, '42,d.4/01

ALABAMA, UNIVERSITY OF
Hines, Elinor Brooks, '39,d.5/00

ALLEGHENY COLLEGE

Haag, Alice Evans, '47,d.12/00
Kreitler, Kathryn Drury, '36,d.4/01
Paul, Dorothy Myers, '29,d.11/00
Pettit, Sara Wakefield, '27,d.7/97

ARIZONA, UNIVERSITY OF
Wilkinson, Virginia Spear, '50,d.4/01

ARKANSAS, UNIVERSITY OF
Ulmer, Lori, '73,d.10/00

BAYLOR UNIVERSITY
Lough, Peg Schultz, '78,d.4/01

BRITISH COLUMBIA, UNIV. OF
Keate, Letha Meilicke, '35,d.9/00

BUTLER UNIVERSITY
Fallet, Blanche Wilson, '30,d.5/01
Highley, Ann Aufderheide, '37,d.3/01
Nell, Deborah Berg, '67,d.6/01
Raffensperger, Juanita Kehn, '34,d.4/01

CALIFORNIA, U. OF, BERKELEY
Holt, Mary Eberhardt, '50,d.4/01
Nye, Pilar Jensen, '47,d.1/01

CARNEGIE-MELLON UNIVERSITY
Armstrong, Betty Michel, '44,d.2/01

CINCINNATI, UNIVERSITY OF
Hoffman, Dorothy Davis, '42,d.12/00
Lammers, Marilyn Troeger, '41,d.7/95

COLORADO COLLEGE
Cortelyou, Mary Quillen, '54,d.4/01
Kinkade, Dorothy Waldo, '41,d.3/01

COLORADO, UNIVERSITY OF
Clayton, Charlotte Bliss, '36,d.3/01
Lagerquist, Geraldine Heim, '43,d.4/01

DEPAUW UNIVERSITY
Arnold, Marjorie Secord, '39,d.1/01
Hill, Elizabeth Tracy, '32,d.3/01
Morton, Edna Haworth, '21,d.4/01

DENISON UNIVERSITY
Ellis, Shirley Hardman, '52,d.5/01
Kerr, Dorothy, '41,d.4/01

McCleary, Mildred Bigelow, '29,d.4/01
O'Rourke, Martha Craig, '31,d.11/00

***GOUCHER COLLEGE**

Woodaman, Elsa Sharp, '33,d.3/01

IDAHO, UNIVERSITY OF
Collins, Mary Nelson, '38,d.12/00

ILLINOIS, UNIVERSITY OF
Dumas, Ruth Reddish, '34,d.4/01
Pratti, Mary Wham, '48,d.12/00
Sargent, Ada Pfitzenmeyer, '19,d.4/01

INDIANA UNIVERSITY
Gray, Pam Krabbenhoft, '62,d.4/01

IOWA, UNIVERSITY OF
Dunn, Ann Trave, '43,d.3/01
Norcross, Patricia Steadman, '46,d.3/00

KANSAS STATE UNIVERSITY
Pryne, Marie Julian, '18,d.6/01

KANSAS, UNIVERSITY OF
Barritt, Virgil Crook, '34,d.8/00
Goolsby, Margaret Brown, '21,d.5/01
Reyburn, Melba Reineke, '34,d.1/01
Trousedale, Dorothy McIlhenny, '21,d.2/01

KENTUCKY, UNIVERSITY OF
Clark, Laura Lyons, '38,d.3/01

*MARYLAND, UNIVERSITY OF
Grant, Tempe Curry, '37,d.5/01
O'Neill, Eleanor Woodson, '47,d.4/01
Price, Barbara, '43,d.5/01
Smith, Mildred Chapin, '34,d.5/01

MIAMI UNIVERSITY
Bingham, Marilyn McLean, '41,d.1/01

MIAMI, UNIVERSITY OF
Stauffer, Willomette Williamson, '39,d.5/01

MICHIGAN STATE UNIVERSITY
Brogan, Laura Taylor, '30,d.5/01
Jarratt, Betty Wells, '41,d.4/00
Morrow, Marian Bennett, '30,d.1/01

*MIDDLEBURY COLLEGE
Langey, Jane Giblin, '39,d.11/00

MINNESOTA, UNIVERSITY OF
Bjorkman, Catherine Andrews, '39,d.1/00
Chase, Helen Hayden, '39,d.3/99
Moore, Lydia Ahern, '53,d.5/01

MISSOURI, UNIVERSITY OF
Haydon, Sally Truog, '31,d.4/01

MONMOUTH COLLEGE
Lauder, Catherine, '42,d.7/00
Monroe, Mary McClanahan, '34,d.8/00
Staat, Margaret Merillat, '34,d.4/99

MONTANA, UNIVERSITY OF
Agamenoni, Enid Overturf, '56,d.8/94
Keenan, Margaret, '25,d.9/00

NEBRASKA, UNIVERSITY OF
Perry, Gertrude Marsh, '28,d.4/01
Scott, Mildred Sandall, '27,d.9/00
Suyematsu, Ellen Crowley, '35,d.5/01

NEW MEXICO, UNIVERSITY OF
Holland, Frances Noble, '34,d.4/01
Rohn, Mary Blanchard, '48,d.5/01

NORTHWESTERN UNIVERSITY
Byron, Suzanne Champine, '57,d.1/01
Johnson, Jaynell Masters, '42,d.1/01
Scudder, Elizabeth Patton, '41,d.4/01
Trees, Miriam Hamilton, '20,d.4/01

OHIO STATE UNIVERSITY
Palmer, Eleanor Meyer, '36,d.6/01
Wine, Martha Gardiner, '44,d.5/01

OHIO WESLEYAN UNIVERSITY
Alford, Janet Henshillwood, '34,d.12/00
Currie, Maren Churchill, '56,d.3/01

OKLAHOMA STATE UNIVERSITY
Clark, Cindee, '86,d.5/01

OKLAHOMA, UNIVERSITY OF
Burson, Peggy Henry, '61,d.4/01
Kauffman, Linda George, '61,d.4/01
Lynn, Kristin, '92,d.9/99
Pierce, Kathryn Miller, '43,d.5/01

OREGON STATE UNIVERSITY
Eggers, Jean Pickens, '49,d.6/01
Fehler, Mabel Forster, '39,d.5/01
Wheeler, RaeArlene, '44,d.5/00

OREGON, UNIVERSITY OF
Francis, Myrtle Clark, '29,d.12/99
Mitchell, Mary Compton, '33,d.2/01
Strang, Marie Schmidt, '33,d.1/00

PENNSYLVANIA ST. UNIVERSITY
Hunter, Kathleen Noerr, '37,d.1/01
Koser, Helen Gould, '30,d.5/01
Stephenson, Alice Murray, '40,d.9/00

*PENNSYLVANIA, UNIVERSITY OF
Crowell, Margaret, '38,d.12/90
Erickson, Muriel Grove, '32,d.4/98
Rezny, Catherine Minnick, '38,d.1/01

PITTSBURGH, UNIVERSITY OF
Boggs, Willa Jean Smart, '46,d.4/01

PURDUE UNIVERSITY
Brooks, Mary, '46,d.3/01

SOUTHERN METHODIST UNIVERSITY
McCartney, Martha Hendry, '46,d.4/01
Neugebauer, Bessie Orgain, '30,d.12/00

SYRACUSE UNIVERSITY
Connelly, Jean Cavanaugh, '44,d.1/01
Osborn, Shirley Ritchey, '46,d.5/01

TEXAS, UNIVERSITY OF
Amerman, Dorothy Kenyon, '35,d.3/01
English, Carroll Bever, '46,d.6/01
Hatch, Marti McClain, '74,d.4/01
Maze, Claire Daniel, '31,d.1/01
Schuhmacher, Paula Holland, '32,d.3/01
Sinclair, Mary Crow, '35,d.6/01
Thomason, Patience Chance, '36,d.4/01

UTAH, UNIVERSITY OF
Bird, Virginia Sharp, '32,d.4/01

WASHINGTON UNIVERSITY
Bridwell, Mala Gusman, '73,d.1/01
Ingham, Grace Artz, '38,d.4/01

WASHINGTON, UNIVERSITY OF
Harrington, Helen Armstrong, '33,d.5/01
Holt, Nancye Turner, '52,d.5/01
Lockert, Mary Knapp, '41,d.1/01
Molitor, Elizabeth Griffiths, '30,d.12/00
Porter, Louise Keenan, '41,d.2/01

WILLIAM & MARY, COLLEGE OF
Meili, Jean Murphy, '48,d.5/01
Swartz, Virginia Horton, '31,d.6/01

WISCONSIN, UNIVERSITY OF
Barnhill, Kaia Johnson, '57,d.5/97
Hutchison, Nancy Harford, '45,d.1/01
Linneman, Sally Bell, '51,d.3/01
McGrann, Elizabeth Stiehm, '60,d.11/00

WYOMING, UNIVERSITY OF
Allott, Welda Hall, '29,d.2/01
Cummings, Nancy Seeburg, '51,d.5/01

*Indicates inactive chapters.

In order for names to appear in "In Memoriam," verification and date of death must be sent to Fraternity Headquarters and Foundation Office, P.O. Box 308, Columbus, OH 43216-0308. Memorial gifts may be sent to the KKI Foundation.



EDITOR'S NOTE: We are delighted to receive your letters but regret that we are unable to print each one. Please keep writing to *The Key* and know that we appreciate your input. Letters are edited for clarity and length. When submitting a letter, please include your first, maiden and last name and chapter/school. For contact information, see Page 3.

What an Inspiration

I, along with 3,000 + other women, recently participated in the Washington, D.C., Avon Breast Cancer Three-Day Walk. During the event, we walked 49 miles from Fredrick, Md., to D.C. One of the things that gave us the strength and determination to keep going when we could not take one more step was the crowd of supporters that cheered us along the way. Among these people on day two of our journey was a group of Kappas from the University of Connecticut.

These young women were amazing. They reminded me why I became a Kappa. After passing them on the trail, I did not expect to see them again, but when I arrived at camp that night — there they were, helping weary walkers put up their tents and carry their luggage.

At this point, I had the chance to speak with them. They were at the event for two reasons. First, a sister of one of the girls, also a Kappa alumna, and their mother were walking in the event. Second, they were going to be volunteering at the closing ceremonies the following day.

Before they left camp that night, we planned to meet the next day after the ceremonies ended to take some pictures. Due to many different circumstances, this did not happen, but what did occur was even more incredible. On day three of the event after six long hours on the road, I entered the chute, which was made up of volunteers, crew and walkers who had already finished. Once again right at the beginning of the chute were these 10 amazing young ladies cheering us on. They made me feel proud to be a Kappa — what an inspiration!

— ELIZABETH WOLFE, *Ohio Wesleyan*

An Article to Share

The Spring 2001 issue was informative, full of hope and showed the strength and resourcefulness of women. I shared the article, "A Mother's Plea" with my co-workers and received many acknowledgements of thanks. Thank you for putting together such a wonderful publication.

— MARCIA McDERMOTT TALKOVICH, *Akron*

Keep Safe — a Great Resource

Thank you so much for the wonderful "I Will Survive" issue. The articles about date rape drugs, dealing with grief and campus safety are all relevant topics for collegiate and alumna members alike. We also enjoyed reading the stories of the Kappa "survivors" — what remarkable women!

After reading about your *Keep Safe* program, we called to order a copy. It arrived just a few days later and we were delighted — such a wonderful resource for women! Great job and thanks again for the wonderful articles!

— Ashley Dye and Lisa Ruster, University of Illinois
Office of Greek Affairs

Spring Issue Invaluable to All Ages

I want to tell you what a fine magazine *The Key* is. There was a time when I hardly looked at it, except for the membership recommendation information. (Perhaps that is because we were busy raising four children.) Now, I look forward to its arrival. The articles are interesting, timely and pertinent to what is going on in the lives of Kappas.

The Spring 2001 issue was particularly noteworthy. The article, "A Mother's Plea," and the related articles that followed are invaluable to Kappas of all ages. I intend to speak to and give copies to a granddaughter now at Wake Forest University and a grandson who is in the college selection process. The thought of "educating your sons" on this topic had not occurred to me before reading this article. I ordered four copies of the *Keep Safe* brochure mentioned in that issue, and I plan to pass them on.

— NATALIE WALKER WATTERS, *Tulane*

Dee Gee and Kappa Connection

In reading the Summer issue, (my daughter-in-law is a Kappa), I saw former National President FRAN FATOUT ALEXANDER's picture, noting her 75 years of membership. I was the Delta Gamma National President at the same time she served. Fran and I met several times at deans meetings, Panhellenic meetings, or when having our Council meetings in Columbus. Having just received my Delta Gamma 75-year recognition, I think our paths should cross again! Will you please forward Fran's address or e-mail? I doubt there are very many 75-year former presidents still around. I guess we should be called "survivors" too!

— Elizabeth C. Kloppenburg

Hope for the Future

I just read the summer issue for the fourth time. There is so much that one cannot absorb it all at once. I really think this is the best issue to come along in a while. I was fascinated by the collegians who promoted philanthropy projects while indoctrinating new members. It gives one a lot of hope that future generations will follow the values of our Founders. Through the years, *The Key* has continued to improve. Times change — and I think it clever of you and your staff to be on top of this.

— LAURIAN TAYLOR SINGLETON, *Washington Univ.*

Another Kappa Connection with Kidney Donor Story

In the Summer 2001 issue, I was pleasantly surprised to see my husband's picture with the story "Angels Among Us — Bonds Between Us." My husband, David Allen Gerber, is the surgeon who placed the kidney from JANE MCDUFFIE SMITH, *North Carolina*, into Michael Carter. Jane Smith and I had the opportunity to meet but our conversation was quick — not enough time to discover we are Kappa sisters. Such a small world!

— ANN GRIESSER GERBER, *Kentucky*

EDITOR'S NOTE: In regard to the above-mentioned article, "Angels Among Us," JANE MCDUFFIE SMITH's maiden name was omitted when the story was first published. The Key apologizes for the mistake.

The Key Deadlines

SPRING 2002: Copy due Nov. 1, 2001.

SUMMER 2002: Copy due Feb. 1, 2002.

FALL 2002: Copy due May 1, 2002.

WINTER 2002: Copy due Aug. 1, 2002.

The Editorial Board is discussing themes for future issues. Visit the Web site at www.kappa.org and click on "The Key" for an update on themes. Articles and photographs may be submitted to *The Key*, Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 38, Columbus, OH 43216-0038, fax: 614/228-7809, e-mail: jhoover@kappakappagamma.org. Written pieces and artwork are accepted on a volunteer-basis only. Unsolicited photographs become the property of *The Key* and will not be returned. Color copies will not be used. Please send actual photographs. Submissions may be used in other Fraternity publications or on the official Web site. The Editorial Board regrets that not all submissions can be used.

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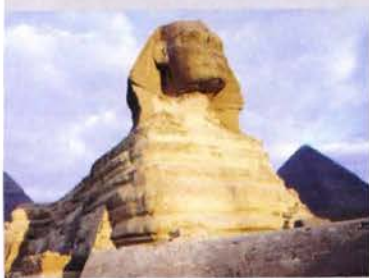
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KAPPA NTRAVEL

If you would like to receive the KAPPA TRAVEL newsletter via e-mail, please send your request to kkgtrav@aol.com. Keep up to date with details on our latest travel selections plus travel tips. Be the first to know — stay connected! (You may unsubscribe at any time.)

JEWELRY COLLECTION

	14K	10K	GK	SS
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2. Pierced Pin-On Badge Charm	125.00	90.00	50.00	--
3. Imperial Onyx/Crest Ring w/4 Pearls	222.00	161.00	--	74.00
4. Imperial Onyx/Crest Ring w/out Pearls	210.50	149.50	--	62.50
5. Dangle Ring	96.00	60.50	--	28.00
6. Round Signet Crest Ring	166.00	124.00	--	57.00
7. Wide Band Crest Ring	185.00	137.00	--	62.50
8. Mini Monogram Ring	121.50	86.00	--	39.50
9. Philly Swirl Ring All Syn. Sapphire	229.50	168.50	--	--
All Pearl (not shown)	210.50	149.50	--	--
Alternating Syn. Sapphire/ Pearl (not shown)	223.00	162.50	--	--
Alternating Pearl/ Diamond (not shown)	286.50	226.00	--	--
Alternating Syn. Sapphire/ Diamond (not shown)	293.00	232.00	--	--
All Diamond (not shown)	325.00	264.00	--	--
10. Vertical Incised Letter Ring w/out Enamel	172.50	118.00	--	45.50
11. Scottsdale Incised Key Ring	159.00	111.50	--	39.50
12. Blue Enamel Marquis Ring w/ Crest	159.50	118.00	--	51.00
13. Oval Raised Letter Ring	172.50	118.00	--	45.50
14. Oval Incised Letter Ring	172.50	118.00	--	45.50
15. Key Ring	172.50	118.00	--	45.50
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17. GF/SS Large Round Filigree with Crest	--	55.50	33.00	34.00
18. GF/SS Small Round Filigree Charm w/Crest	--	50.50	28.50	29.50
19. GF/SS Heart Filigree w/ Engraved Horiz. Letters	--	20.00 (GF)	--	25.00
20. Crown Pearl Vertical Letter Lavalier	120.00	90.00	67.50	69.50
21. Vertical Letter Lavalier	45.00	30.00	10.00	15.00
22. Mini Vertical Letter Lavalier	30.00	18.00	10.00	15.00
23. Key Lavalier	43.00	30.00	15.00	15.00
24. Ingot Lavalier w/ Enamel	80.00	65.00	15.00	15.00
25. Staggered Letter Lavalier	45.00	30.00	10.00	15.00
26. Crest Lavalier	50.00	35.00	15.00	15.00
27. Heart Lavalier	45.00	33.00	15.00	15.00
28. Circle Lavalier	45.00	33.00	15.00	15.00
29. Mini Staggered Letter Lavalier	30.00	18.00	10.00	15.00
30. Horseshoe Keyring FOB	--	--	21.50	--
31. GF/SS Single Link Bracelet	--	14.50 (GF)	--	14.50
32. GF Festoon Bracelet w/1 Key	110.00	79.50	33.50	33.50
33. Key Bracelet w/Crest (7)	370.50	232.00	91.50	91.50
34. Plain Double Letter Guard	--	35.00	16.50	--
Plain Single Letter Guard (not shown)	--	30.00	14.50	--
35. Crown Pearl Single Letter Guard	--	65.00	36.50	--
Crown Pearl Double Letter Guard (not shown)	--	80.00	53.50	--
36. Chased Double Letter Guard	--	40.00	20.00	--
Chased Single Letter Guard (not shown)	--	30.00	16.50	--

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37. Recognition Key Pin	\$--	\$22.00	\$6.50	\$--
38. Plain Special Award Key	--	62.00	--	--
39. Plain Bar Pin w/Greek Letters	--	62.00	25.00	--
40. Mono Recognition Pin	--	30.00	10.00	--

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42. Alternating Pearl/ Diamond Badge	--	162.00	--	--
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44. Plain Badge	--	45.00	--	--
45. Close Set Syn. Emerald Special Award Key	--	112.00	--	--
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47. Alternating Syn. Sapphire/ Pearl Badge	--	75.00	--	--
48. Alternating Syn. Sapphire/ Diamond Badge	--	172.00	--	--
49. 65 Year Pin*	--	(thru HQ only)	--	--
50. 50 Year Pin*	--	(thru HQ only)	--	--
51. Fleur de Lis Pin	47.50	31.50	15.00	15.00
Fleur de Lis Pin w/ 3 Pearls (not shown)	53.50	37.50	21.50	21.50
52. Staggered Letter Stick Pin	--	--	18.00	--
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