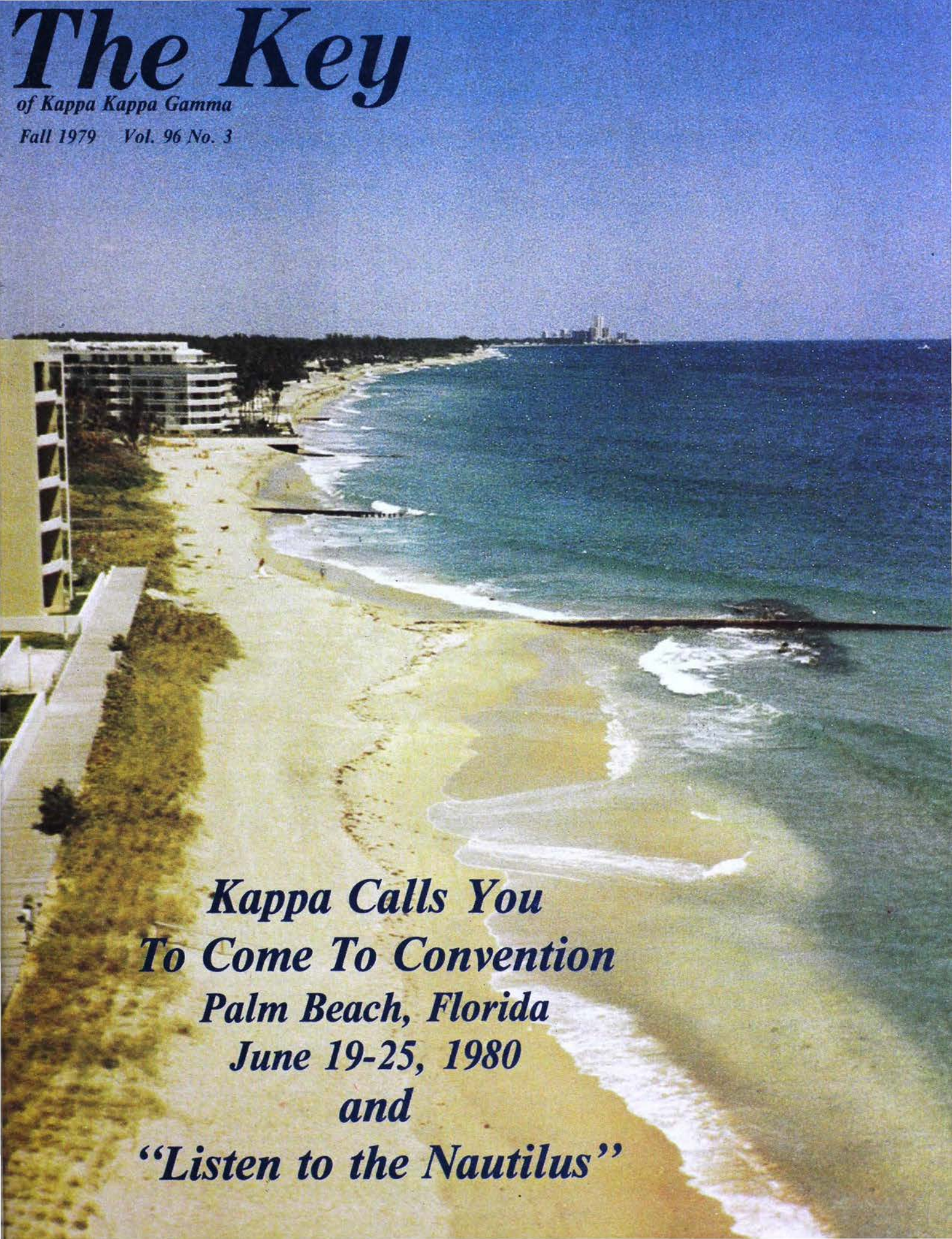


The Key

of Kappa Kappa Gamma

Fall 1979 Vol. 96 No. 3



*Kappa Calls You
To Come To Convention
Palm Beach, Florida
June 19-25, 1980
and
“Listen to the Nautilus”*

THE KAPPA KONNECTION

YOU and other Kappas who cherish the memories, good times, friendship and special Kappa sisterhood you experienced as an active can be the **KAPPA KONNECTION** as an alumna.

—Kappa is a lifetime experience of growing together, mutual concern and cherished friendship.—

If there is not an alumnae group in your area YOU can be the KAPPA KONNECTION. Contact the PDA of your province or the director of alumnae for help and information in organizing an alumnae group. We look forward to hearing from you and assisting in every way.

Highlights From Council

June, 1979, Council was busy, busy, busy! There was Council Meeting, Training School for our new Field Representatives—and Associate Council Seminar, which brought all of the 1979-1981 Province Officers to join us in Columbus.

Gray Roberts, Convention chairman, joined us mid-week and General Convention, to be held at The Breakers, West Palm Beach, Florida, June 19-25, 1980, became the focus for preliminary planning.

The main order of Council business was the reports from each member; some points of interest appearing below.

EXTENSION

The 1979-80 school year will be a growing one with colonizations at Babson College and at the University of Vermont.

FIELD

REPRESENTATIVES

The Field Representative program continues to grow. For the 1979-80 school year, 4 young women have been selected to travel as Field Secretaries and 15 have been chosen as Graduate Counselors . . . the largest group, ever!

MEMBERSHIP

Rush enrollment continues to increase! On the campuses where Kappa chapters are located, 49,878 young women registered for Rush. This is an increase of more than 4,000 over 1977-78.

MUSEUM

A total of 3,341 pledged Kappa during the 1978-79 school year!

With grateful thanks for the generous donations to the Loyalty Fund and toward the eventual incorporation of museum space in Headquarters,

PHILANTHROPIES

TREASURER

VICE PRESIDENT

WELCOME!

Council approval was given to initiate a 3-phase program: to develop a Master Space Use Plan; to develop a plan of priorities, time schedules and budgets; and finally, the implementation of the Master Space Use Plan.

105 grants and scholarships were approved for 1979-80, totaling over \$97,000.

Budget for fiscal 1979-80 was discussed and approved.

The *Songs of Kappa Kappa Gamma* is soon to be revised. All chapters will be surveyed this Fall to determine standard favorites. New songs to be included in this publication will also be collected.

To our new *Rho Province!* With the addition of our new chapters and colonies in Alpha Province, Rho Province was carved from this area. Rho includes Connecticut, Massachusetts, New Hampshire, Vermont, Rhode Island and Maine. New York, Ontario and Quebec will remain Alpha Province.

This Meeting was a working, productive session. Along with Council business, Training School and Associate Council Seminar also gave us the opportunity to be with the fine Field Representatives and Province Officers who will be working with our actives and alumnae during the coming year.

Again, we left Columbus feeling good about our accomplishments and looking forward to the lazy days of summer and the busy days of fall.!

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of Kappa Kappa Gamma

EDUCATIONAL JOURNAL

Vol. 96 No. 3

Fall 1979

The first college women's magazine.

Published continuously since 1882

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COVER: View of the ocean and shoreline from The Breakers Hotel, convention site for 1980 in Palm Beach, Florida. Photo taken by Jean Ashdown Matthews, ΔK—Rollins.

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Former Fraternity President Leaves A Legacy of Love!

Kappa Kappa Gamma is proud to honor the memory of Sarah Harris Rowe, Υ —Northwestern, ranking Grand President of the Fraternity, who died in her sleep on July 18, 1979 at the age of 90. She was a native of Ord, Nebraska, a woman of boundless energy, a national leader of the Girl Scouts of the United States of America, a generous advocate of handicapped children, a 54-year member of the Presbyterian church, a devoted wife, mother, grandmother, and great-grandmother . . . a roll that she loved and worked at all her life. She was a favorite speaker at conventions and always inspired Kappas "to hold the standard high of our beloved Fraternity!" (See Fall 1978 issue of *The Key*, pg. 17 for excerpts of her last banquet speech).

Gamma Iota Chapter wished to share a treasured letter they received from Sarah last Founders Day. It speaks so beautifully of Sarah's philosophy of living.

"Dear Kappa daughters—for I really feel you are my children. It was so good to see some of you at Convention and to hear such fine things about your chapter. Your caring friendliness and cordiality to me was so much appreciated and I thank you—God bless you and keep you in his care until I see you, which I hope will come about soon. I'm so sorry that it seems best for all concerned to postpone my visit, but it does seem that way. My Kappa associations and loyalties loom very large in my book of memory and you in St. Louis are, of course, right up there at the top.

Arthur Rubenstein has said, and I quote, "I am passionately involved in life. I love its change, its color, its movement, to be alive, to be able to see, to walk, to have houses, music, painting, it's all a miracle. I have adopted the technique of living from miracle to miracle. What people get out of me is an outlook on life which comes out in my music." Well, I'm not a great musician like Rubenstein; with me it comes out in relationships with people, my friendships and my loves and loyalties. This I believe and I hope, as I've gone through life, that I've given of myself, of my God-given talents such as they are and have not just received and been content to get.

Happiness is to be able to look back at a lifetime of important experiences, great loves and loyalties and find it good.

As I've grown older, I've developed a new life-style with my children and grandchildren. With a real zest for living and doing I've achieved a success and happiness for this period, even surpassing the earlier years, because this stage, regardless of the poets and prophets, who haven't lived it, is the most difficult of all. It *is* an achievement when it works. Much has been taken away, but much remains. We must dwell on what remains, not on what is lost. This is happiness. My love to you all on this your Founders Day."

She was initiated into Upsilon chapter in 1908, was the active delegate to convention in Bloomington, Indiana in 1910, and from then on did not miss a Kappa convention until 1922, when though Grand President, she could not go because of the expected arrival of her son. Sarah was an alumnae delegate to the Estes Park convention in 1914, nominated from the floor for Grand vice president and elected—Kappa's first G.V.P. as the office was created at this convention. Part of her job was being the alumnae editor for *The Key* and as such she wrote a letter to Dorothy Canfield Fisher, then in France in the summer of 1917. Her response which appeared in the October Key of that year, brought about Kappa's War Work, the high spot of the six years of Sarah Rowe.

At the 50th anniversary convention of 1920, at Mackinac, Michigan, she was elected president and served one term. Her



Her family—husband Richard who preceeded her in death, was involved in politics and was well-known in insurance circles; two sons and a daughter—Sarah Rowe Kanaga, Υ —Northwestern (Sally) (pictured at left); several grandchildren (Sarah Ann Kanaga, EN-Vanderbilt) (pictured on the right of Sarah Rowe); and finally great-grandchildren (twin girls—one named for her!) was always her special joy—her legacy of love. One of her favorite sayings is from the *Aeneid*: "I have lived and accomplished the task that destiny gave me to do."

Sarah Rowe was grand president 1920-1922 and served as grand vice-president on Council for six years prior.



Sarah enjoying her twin great-granddaughters on her 90th birthday.



great dream was for an endowment fund and a central office—both of which came to be in later administrations.

Sarah had a wish about the end of her life—it was noted with a little inscription at the bottom and was found in her papers by her daughter—"A favorite of mine for years, I do not know the author."

"Let me live out my years in the heat of blood. Let me not see this soul-house built of mud go toppling to the dust a vacant shrine. Let me go quickly like a candlelight, snuffed out just at the heyday of its glow. Give me high noon and then let it be night. Thus will I go."

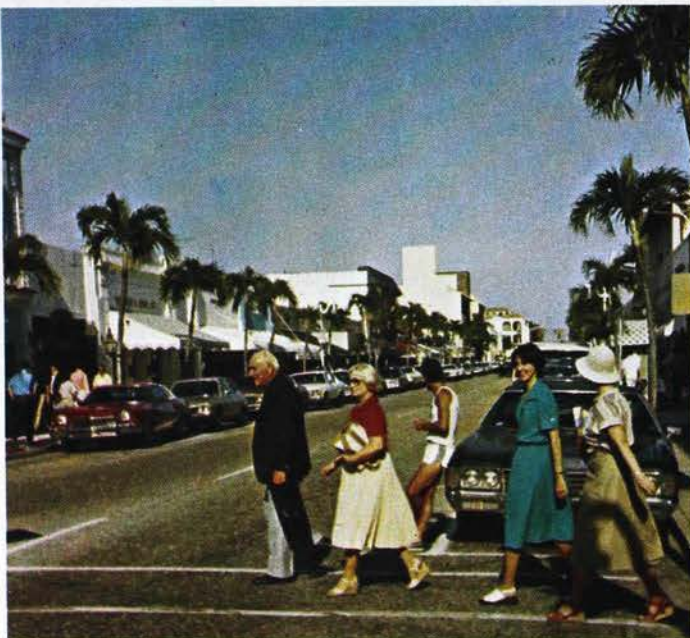
Apparently her wish was granted for after a full day which included Bible study, visiting with the family, dinner at a favorite restaurant and then a movie in the evening, she prepared for bed, went to sleep and quietly slipped away from this life.

Kappa Kappa Gamma is grateful for sharing the life of Sarah Harris Rowe—her grace, for all in her that was good and kind and faithful, her strength, her seemingly boundless energy, her joy in family and friends, her zest for life, her eagerness to keep up in new things, for as she said, "I am not afraid of the future, I have known the past and I love today."

Kappa Convention in to 'Listen to



Convention Chairman, Gray Roberts, observes the beauty of Bethesda-By-The-Sea Episcopal Church.



A trip down Worth Avenue is a must for all.

Swimming is available in the ocean, olympic size outdoor pool, and beautiful indoor pool.



A Kappa Convention on an island in the sun. How lucky can we be! There's nothing so rare as a day in June—unless it's a June day in Palm Beach, Florida, where the Kappas will hold their 1980 convention.

The Breakers, truly a "palace by the sea," will be your home and headquarters during your stay on this island paradise. It is a magnificent structure with elegance and friendliness within; and this combination along with the courteous personnel, make it the outstanding resort that it is . . . (children's activities; tours and cruises can be arranged . . . perhaps a scenic boat ride or a fishing trip would appeal to you.)

Other amenities include two 18-hole golf courses, tennis courts, bowling-on-the-green, croquet, putting; swimming in the ocean or olympic size pool; and plenty of sun. When you are in the area of the main dining room, take the time to look up at the lovely paintings on the domed ceiling of the circular dining room . . . the scenes are of Monte Carlo, Ponte St. Angels, Capri, Laco De Canda, Tivoli and the Piazzetta St. Marco . . . it is old world charm personified.

There are several ways to enter Palm Beach but my favored routes are by the way of the Royal Palm Bridge or the Southern Bridge . . . if you come over the Royal Palm bridge you proceed on Royal Palm Way—an avenue lined with majestic royal palms . . . a most beautiful sight. If you come over the Southern bridge you pass Mar-A-Lago, the 115 room mansion on 17 acres—the home of the late Mrs. Merriweather Post. Mar-A-Lago, meaning "from lake to sea," is bounded on the western side by Lake Worth and the Atlantic Ocean on the east.

For your added pleasure, before-during- or after convention, we have much to offer. Worth Avenue, worth the whole trip to Florida, with its Vias, shops and restaurants with fun and intriguing names. This world-famed avenue is always enchanting and glamorous for shopping, browsing and dining. The Worth Avenue Thrift Shop is like none you have ever seen. A hopper can pick up bargains in couturier gowns, furs, jewelry, furniture, books—fine china and silver. The shop is staffed by volunteers and all items are donated with the proceeds from sales going to various charities.

Adjacent to The Breakers is Bethesda-By-The-Sea, the first Episcopal church in South Florida, where the convention memorial service will be held. Visit its cloister and Cluett Memorial Gardens; stay awhile and take in its serenity, beauty and peace. Within walking distance is the Henry Morrison Flagler Museum. There are plans for guided tours for viewing and hearing about this marble mansion built in 1901. In the same vicinity you will find the Royal Poinciana Plaza with its shops and boutiques and an award-winning restaurant, Capriccio. Just over the Royal Palm bridge in West Palm Beach is the Norton Gallery of Art with many beautiful and fine exhibits. In the museum there is a shop where you may purchase various artifacts.

Before or after Convention you might plan some sightseeing—A short drive from Palm Beach is Lion Country Safari . . . an African wild life preserve where one can see lions, elephants, zebras, rhinocereos, giraffes, ostriches, antelopes and chimpanzees freely roam as you drive through the preserve . . . have your picture taken riding on an elephant or holding a lion cub.

A visit to Cape Canaveral is another suggestion and it can be done in a day . . . a conducted tour takes approximately two

Florida Invites You the Nautilus''

by Ellagwen Shaw Green, ☉—Missouri

hours . . . it is awesome and impressive . . . stops are made at the Flight Crew Training Building and the Vehicle Assembly Building . . . the Flight Crew Training Building is a maze of wires, cables, TV cameras, lights and space ships enabling the astronauts to make simulated flights . . . large steel balls represent planets and heavenly bodies . . . when in actual training the astronauts eat the same foods; drink the same liquids as when in actual flight . . . the Vehicle Assembly Building is as tall as a 52 story building and four and one half Empire State buildings would fit inside the area . . . it took 37 months to build at a cost of \$1,000,000.

Californians have their Disney Land and Floridians have Disney World . . . a monorail, boats and various types of surface vehicles transport the visitor to and from many points of interest . . . the monorail passes through the Contemporary Hotel at the 4th floor level . . . both the Polynesia Village and Contemporary have sand beaches, numerous shops and restaurants and night spots . . . in addition to the exhibits and attractions there is golf, boating, swimming, horseback riding, water skiing and tennis . . . children, 5-12 are well looked after in carefully supervised recreational adventures such as treasure hunts, nature walks, sailing instructions and games of all sorts.

If zoos are your cup of tea, the Dreher Park Zoo in West Palm Beach conducts special tours to let the public watch attendants feed the animals . . . the zoo also sponsors weekend lectures on many Florida animals, including endangered species.

For something really different Turtle Watching is an educational and fantastic experience; a marvel of nature and creation, taking place annually every May, June, July and August . . . the turtles range in size between 200-500 pounds for the loggerheads—and between 500-2,000 pounds for the humpback . . . they swim hundreds of miles to get to the Florida coast to deposit their eggs in the sand . . . the Chamber of Commerce and the Marine Patrol sponsor turtle watches at Jensen Beach . . . I have witnessed this phenomena of nature and it is well worth the trip . . . depending on size, the turtle lays between 100-300 eggs ranging in size from a ping-pong ball to a tennis ball . . . the turtle digs the nest, lays her eggs—then using her flippers covers up the eggs with sand . . . she then returns to the sea where her mate is waiting for her . . . it is estimated that only one turtle out of every nest survives to reproduce at about age six . . . if walking on the beach you see what looks like tractor tire marks you can be assured that a sea turtle has deposited her eggs in the vicinity.

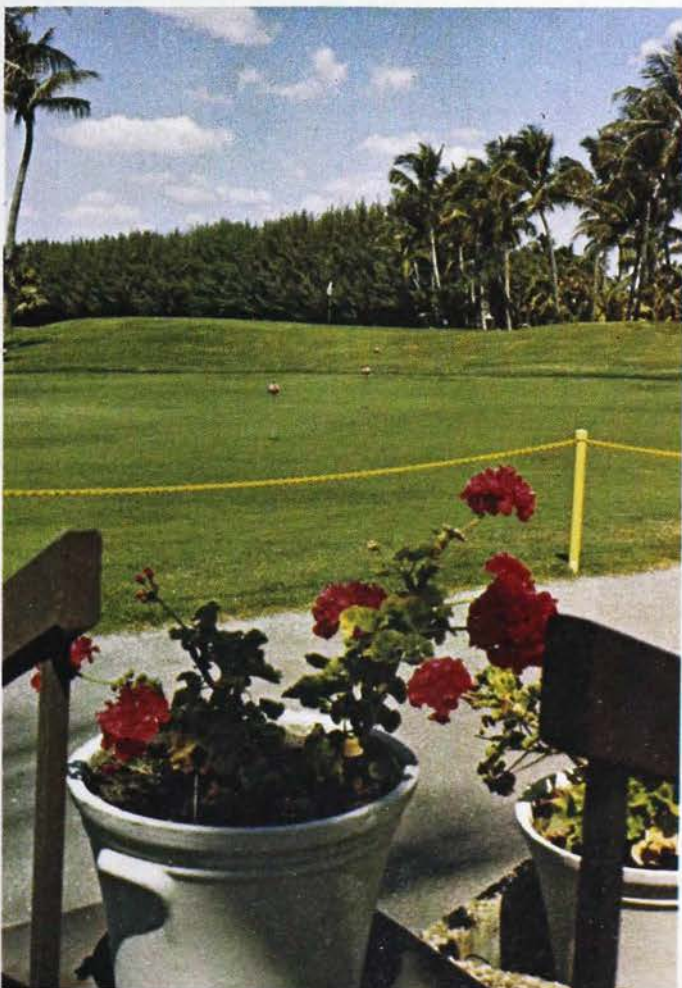
The Bahamas are only sixty miles away . . . you can go by hydrofoil or fly over for an all day or longer stay . . . try your luck at the gambling casino, stroll up and down colorful Bay street; watch native women weave baskets and hats . . . have a bird's eye view of Nassau from the top of Water Tower . . . see Fort Montague and Fort Charlotte . . . view the waterfall alongside the Queen's Staircase—so-called because the 66 steep angled limestone steps are the same number of Queen Victoria's reign.

Florida Kappas are eagerly anticipating your arrival . . . so come on down . . . so much to see, so much to do—and so little time will be your lament. The convention theme "Listen to the Nautilus" invites you to plan for a wonderful adventure in Kappa friendship.



The Breakers—truly a "Palace by the sea" is one of America's finest inns radiating elegance and friendliness for your Kappa convention.

Two 18-hole golf courses, tennis courts, bowling-on-the green, croquet, putting, and plenty of sun are waiting for you at The Breakers.



General information on the 1980 convention:

The early bird gets the booking!

Convention 1980 is quickly approaching with exciting preparations well underway. To assist you in advanced planning here are some facts.

Convention dates: arrival—June 19, 1980
departure—June 25, 1980

Location: The Breakers Hotel, Palm Beach, Florida 33480.

Hotel Rate: Hotel rate for the entire convention is \$260. This includes all meals. Visitors may make advance reservations for transient meals on forms which are in the fall and winter issues of *The Key*. The daily hotel rate (including meals) is \$43.50.

Who will attend? Fraternity officers, province officers, chairmen of standing committees, field secretaries, one delegate from each active chapter in good standing and each alumnae association in good standing desiring representation, an adviser delegate from each chapter, sponsored chapter visitors, and any and all Kappa visitors are welcome.

Registration fee: A non-refundable (after May 15) registration fee of \$60 (\$70 after April 15) must be paid by all visitors attending the entire convention and staying in the hotel. Visitors not attending the entire convention and staying in the hotel pay a registration fee of \$12 for each 24-hour period they are a guest in the hotel. Visitors not attending the entire convention and not staying in the hotel, pay a registration fee of \$12 per day per person, meals not included. This daily fee is to be paid at convention.

The Kappa convention rates also apply to non-Kappas who are visitors upon payment of the Kappa registration fee. A check for the proper amount, made payable to the Kappa Kappa Gamma Convention Fund, must accompany the registration blank when it is returned to the Fraternity Headquarters. All registration blanks **MUST** be returned by April 15.

Rooming: The Fraternity reserves the right of making rooming assignments in order that the individuals attending convention may benefit most from their associations with others at convention and may operate most efficiently in carrying out their convention responsibilities. Delegates are roomed with delegates, and advisers with advisers. Visitors may request a particular roommate, provided she is also a visitor, and every effort will be made to fulfill the request.

Transportation: Arlington Travel Service (2460 Brandon Rd., Box 5587, Columbus, Ohio 43221) is the exclusive travel agency authorized to arrange convention travel. The special telephone number for Fraternity members is (614) 488-0651.

Register as early as possible. This assures the lowest possible airfare.

Give careful thought to completing travel plans:

1. If you cannot leave your home city until after a certain hour or need to return home by a certain time, so indicate and attach to registration form.
2. If additional travel to or from convention is required, the arrangements and the additional cost are the responsibility of the individual and must be arranged directly with Arlington Travel Service.
3. Early registrants will receive a confirmation of airline

reservations. However, after May 15 the airline ticket will be mailed based on the information on the registration form.

4. In all cases, once a delegate or visitor has received an airline ticket from Arlington Travel (approximately May 15), all changes of itinerary and fare must be handled by the individual directly with the airline.

Visitors are strongly urged to send the registration to Headquarters as soon as possible to obtain best airline connections and lowest prices. Each visitor must receive a statement of cost from Arlington travel, and must then send the money to Arlington Travel before tickets can be mailed.

What to wear? White dress for the opening and closing business session, and the Sunday Memorial Service are required. The Presidents' Dinner and Candlelight Banquet are traditionally formal. Monday is Kappa "T" shirt day, casual clothes are in order for the Goombay Party. Comfortable, low-heeled shoes will be needed for the walk to the church for the Memorial Service. Bring a beach towel, swim suit, and light coat and/or sweater. We ask that the graciousness of the hotel be respected at all meetings and activities.

Meals: Transient Meals—Breakfast = \$5; Lunch = \$8; Dinner = \$15; and Sunday Brunch = \$10.

Special Meals

Special Meals			
Presidents' Dinner	\$16.50	June 20	
Habiteers' Luncheon	\$10.00	June 21	
Candlelight Dinner	\$19.00	June 24	
Order of Owl Luncheon	\$ 8.00	June 20	

EARLY AIRLINE BOOKING FOR VISITORS—Arlington Travel is offering a special service to all Kappas. Here's how it works. Fill out the form below. Send to Arlington Travel. Send no money. They will confirm your flight to Palm Beach by return mail. If you want to travel on other dates than June 19 and June 25th, please attach a separate piece of paper giving your travel plans. Of course, all airline reservations can be cancelled without penalty. **PLEASE NOTE**—this is not a registration for convention—it is just a transportation request. Send the form as soon as possible to: KAPPA, Arlington Travel, P.O. Box 5587, Columbus, Ohio 43221.

Kappa Kappa Gamma 1980 Early Booking Request

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

TELEPHONE () _____
area code HOME BUSINESS

DEPARTURE CITY _____

SPECIAL REQUESTS: _____



Province directors of alumnae gathered for a quick photo break on the roof garden at Fraternity Headquarters during their training. Seated left to right: Betty Jane Parks Gary, Nu; Nancy Nelson Schwartz, Eta; Lynn Latham Chaney, Zeta; Josephine Kerbey Shaw, Lambda; Carmelyn McMahon Johnson, Iota; Catherine Bernotas Gelhaar, Epsilon; Molly Morony Cox, Omicron; Willie Long Oates, Xi. Standing: Barbara Cranston Granat, Beta; Eloise Moore Netherton, Theta; Ann Fletcher Colvin, Pi; Barbara Coates Turner, Kappa; Carolyn Jones Laurie, Mu; Marjorie Bock Fergusson, Alpha; Nancy Harrington MacFarlane, Gamma; Beatrice Douglass Todd, Delta.

Associate Council Seminar

All elected province officers of Kappa gathered in June at the Fawcett Center for Tomorrow on the Ohio State University Campus in Columbus, Ohio, for training, exchanging ideas, and general Fraternity education. The program chairmen for collegiate and alumnae groups were on hand, as was the Council, to answer questions and instruct.

Fraternity policies and guidelines were discussed and plans for the future were made. A preview of the 1980 convention was held with the accompanying feelings of eager anticipation. A tour of Fraternity Headquarters was given and all officers received needed supplies for the year.

Center for Tomorrow



Assisting with alumnae programming are Nancy Segersten Meeker, E—Illinois; and Lois Baird Jeffery, ΔΔ—Miami, on the right, who is chairman of Alumnae Fraternity Education. Many program ideas were shared as well as philanthropy projects, and ways to interest the young working Kappas in joining alumnae groups.



Chapter program chairmen check over some of the materials handed out at the seminar. Standing are Lou Ellyn Alexander Helman, ΔΔ—Miami, house/social; Sue Douglas Christensen, ΔH—Utah, Advisory Boards; Marian Reis Harper ΓΓ—Washington University, Fraternity Education; Gayle Gianniny, ΓΠ—Allegheny, Scholarship. Seated: Sara Schnaiter Lugar, ΓΔ—Purdue, Pledge; Sally Moore Nitschke, BN—Ohio State, director of chapters; Jan Singleton McAllister, ΔP—Mississippi, Chairman Chapter Programs; Judith Reamer Cox, Ψ—Cornell, Public Relations.

Province directors of chapters met outside the Center for Tomorrow for a photo. Seated left to right: Judy Farnham Preston, Alpha; Kathryn Welsh May, Omicron; Shirley Mertz Arther, Beta; Sally Moore Nitschke, director of chapters; Patti Ball Hillyard, Pi; and Barbara Rossiter Huhn, Zeta. 2nd row right to left: Catherine Axline Williams, Lambda; Lynda Smith Gamble, Eta; Roberta (Robin) Whitfield Brown, Theta; Joyce Wilson Carson, Xi; Sandra Berglund King, Iota; Juliana Fraser (J. J.) Wales, Gamma; Juliana Warner Deeds, Mu; Beverly Shumaker Scanlon, Kappa; Jane Weinhausen Ullom, Epsilon; and Cynthia McMillan Lanford, Nu. Not present—Marianne Bebout Beck, Delta. At the Council Meeting following Associate Council Seminar, a new province was added—Rho and Judy Preston was changed from Alpha PDC to Rho PDC; Carol Allen Baugh is now Alpha PDC; and Patricia Coffee Gesell is currently Rho PDA.



Anorexia Nervosa

by
Hilde Bruch, M.D.

Editors Note:

Dr. Bruch has been studying obesity since 1935, at first while associated with the Department of Pediatrics at the College of Physicians and Surgeons at Columbia University in New York. In the course of this study she recognized the importance of psychological factors for abnormal eating behavior. Subsequently Dr. Bruch acquired psychiatric training at the Johns Hopkins Hospital in Baltimore and psychoanalytic training at the Washington Psychoanalytic Institute. After her return to New York she continued the study of eating disorders with increasing attention to the problems of anorexia nervosa. She was supervisor of psychotherapy at the New York State Psychiatric Institute until she moved

to Houston in 1964 where she joined the faculty of Baylor College of Medicine as Professor of Psychiatry. She is now Professor Emeritus of Psychiatry. She has written more than 200 scientific papers on child development, obesity, anorexia nervosa, schizophrenia and the psychotherapeutic approach to these disorders. She summarized her experiences in two books, *Eating Disorders: Obesity, Anorexia Nervosa and the Person Within* (Basic Books, New York, 1973) and *The Golden Cage: The Enigma of Anorexia Nervosa* (Harvard University Press, Cambridge, 1978). Her experiences as a teacher of psychotherapy were published in *Learning Psychotherapy: Rationale and Ground Rules* (Harvard University Press, Cambridge, 1974).

Anorexia nervosa, the spectacle of self-inflicted starvation, used to be exceedingly rare. It occurs now with increasing frequency and is over-represented in the female college population. Relentless pursuit of thinness, a phobic avoidance of being fat, seems to be the driving motive. It occurs most often in adolescent girls from educated and successful families, only rarely in boys. The explanation for its more frequent occurrence is only conjectural. It seems to be related to the intense preoccupation of the whole Western culture with weight and appearance, whereby only slenderness is valued. Pressure toward excessive thinness is particularly harsh for girls of middle and upper class backgrounds. The new emphasis on achievement and greater freedom of women to pursue careers also play a role. Characteristic for anorexics is the enormous effort to be outstanding in everything they do. They interpret the cultural emphasis on slenderness, and the expectation of intellectual performance, in an over-ambitious way.

Though weight loss and sharply reduced food intake are the outstanding symptoms, the real illness must be sought in the underlying severe deficits in personality development and maturation. The frantic preoccupation with the body and its size is a late step in a lifelong struggle to establish a sense of control and identity. These young people may have tried for years to make themselves over, to be "perfect" in the eyes of others. By becoming as thin as possible they expect to receive the admiration and respect without which they feel non-existent. As the weight drops, the effects of starvation itself on physiological and psychological function begin to dominate the picture.

As long as anorexia nervosa was a rare disease there was much confusion about its psychological explanations. As observations on larger patient groups were made, a specific primary anorexia nervosa syndrome was recognized as distinct from various forms of undernutrition in connection with other psychiatric conditions, such as hysteria, depression or schizophrenia. The specific syndrome represents an effort to achieve a sense of separate

identity which is expressed in the relentless pursuit of ultimate thinness through control over the body. It is this primary form of anorexia nervosa that is observed in college students with increasing frequency.

The basic illness is not one of weight or diet but of a disturbance of personality maturation. These young people experience the ordinary demands of adolescence with its growing independence as threatening and dangerous. Not infrequently they approach new tasks and problems with exaggerated ambition, with concepts of achievement that are so extraordinary that they are unattainable. Thus they are continuously threatened by disappointment and failure. This overambition appears to be an effort to compensate for the serious self-doubt and low self-esteem.

The characteristic feature of the illness is severe weight loss, in the absence of organic illness, making a formerly blooming young girl look like "a skeleton only clad with skin." There is considerable wasting, not only of the fat tissues but of muscle as well, and every bone shows. Menses cease, the skin becomes dry with a yellowish tint, the hair is stringy and the abdomen is hollow. The face looks fallen in and the juncture between cartilage and bone in the nose may be visible. The protective layers disappear so completely that many find it painful to sit for any length of time or to take a bath. There are many physiological changes due to starvation, such as low blood pressure, slow pulse, low basal metabolism, anemia and sleep disturbances. There are also disturbances in the neuro-endocrine regulatory mechanisms. In contrast to people who suffer from starvation for external reasons and who complain about the weight loss, the anorexic takes excessive pride in it. She will claim not to "see" how thin she is and defends with vigor and stubbornness her skeleton-like appearance as just right, and actively maintains it, not only through food denial but also excessive exercising.

Though fear of being or becoming "too fat" is the explanation given by all, excess weight precedes the illness only rarely. Normal pubertal development is reacted to as excessive weight gain. They may tolerate this as long as

they are in familiar surroundings but become morbidly concerned with it when in a new setting. Some begin a program of self-deceptive training by looking at themselves in the mirror, over and over, taking pride in every pound they lose and every bone that shows. The more pride they take in it the stronger the assertion that they look just fine or still are "too fat."

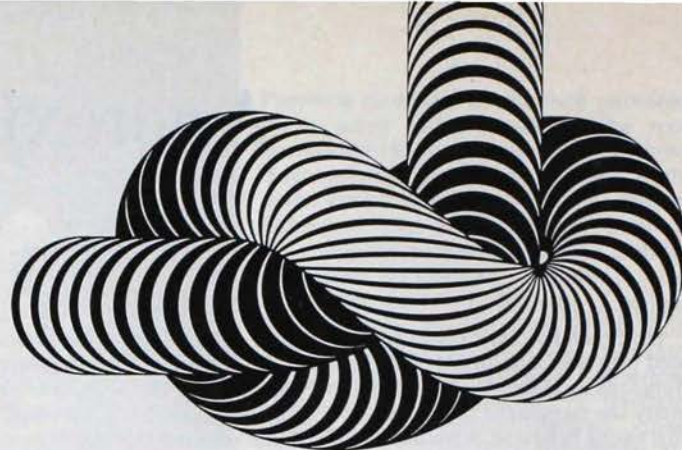
The symptom that arouses the most concern, compassion, frustration and rage is the anorexic's refusal to eat. "I do not need to eat" expresses what many feel most of the time. But they do not suffer from loss of appetite; on the contrary, they are frantically preoccupied with food and eating. After recovery many will confess that they actually suffered severe hunger pains but were afraid to eat because they felt that if they took just one bite they would not be able to stop. This confusion in hunger awareness with fear of losing control of the eating is part of the underlying personality disturbances and deficits.

Anorexics will complain about feeling "full" after a few bites of food and even after a few drops of fluid. After recovery they will describe how they had trained themselves to become aware of even the smallest amount of food in their stomachs. Most develop unusual, even bizarre, highly individualistic food habits. Some will restrict themselves to one meal, late at night, after which they go to sleep so that they will not suffer too much guilt for having eaten at all. A few admit that if they wait until they are absolutely famished eating will give them great pleasure, often indescribable delight. If they eat before being so weak and empty they feel depressed and guilty for having eaten.

As time goes on many give in to the tormenting hunger and go on large eating sprees during which they devour huge quantities of food and fluids. This is followed by self-induced vomiting and/or use of laxatives. This in turn leads to serious disturbances in the electrolyte balance and in gastric functioning. During such a binge they will eat anything they can lay their hands on, large amounts of what they call "junk food," mainly carbohydrates and sweets which are not disliked at all but are deliberately excluded during the starvation phase. Quite often they alternate episodes of binge eating with periods of starvation.

In the pursuit of extreme thinness they do not rely on dieting alone but also engage in frantic exercise programs, with swimming or jogging by the mile, playing tennis for hours or doing calisthenics to the point of exhaustion, without complaining about fatigue. This hyperactivity stands in contrast to the apathy that accompanies malnutrition for other reasons, and it persists until the emaciation is far advanced. They will also spend long hours studying. They usually have been good students; now they become frantically preoccupied with excellent grades. There is always a severe sleep disturbance; sometimes they sleep not more than three or four hours a night.

Though they give the impression of being vigorous in the way they defend their right to be as thin as they want



to be, anorexics actually suffer from a paralyzing sense of ineffectiveness which pervades all thinking and activity. They experience themselves as acting only in response to demands coming from others and not doing anything because they want to. This seems to stand in contrast to the report of normal or exceptionally good early development; they are described as having been perfect, obedient, hard-working, excelling academically, admired by their teachers and often the confidants of their parents. Actually their over-conforming behavior is a camouflage for underlying serious self-doubt and which leaves them unable to face the task of adolescence and more independent living.

It has always been a puzzle that some commonplace event or some trivial remark would precipitate this serious life-threatening illness. Most give a fairly definite time of onset and will recall the event that made them feel "too fat," not respected. Frequently this occurs when confronted with new experiences and expectations. They feel unprepared to step beyond their immediate families and to engage in relationships with members of their own age group. They suffer from a deep fear of being incompetent, "a nothing," of not getting or even deserving respect. What are the antecedents of this shying away from normal life and withdrawing to their own bodies and self-starvation?

The families give the impression of being stable, with few broken marriages, and the parents will emphasize the happiness of their homes. Underlying this apparent harmony deep disillusionment between the two partners can be recognized. Each parent expects conformation and loyalty from this, their "perfect child," who had been overvalued when younger and from whom obedience and superior performance is expected. Social and financial success of these families is often considerable, with great preoccupation with outer appearances and often great weight consciousness.

The later anorexics were well cared for as children, physically, educationally and culturally, but everything was done according to the parents' planning. Reconstruction of the early development reveals a pervasive deficiency, namely paucity or absence of confirmation of child-initiated clues. This is of particular importance in the feeding situation. Such children feel deprived of inner guideposts, helpless under the influence of internal urges and external demands. They do not experience them-

(Continued on page 60)



Chi Kappas and Carni are seen here counter-clockwise: Alexandra Lyons (thinking about her midterm), Shelli Ehrmann, Renee LeJeune, Melissa Morrissey, Lori Sherman (with Bigfoot, SAE-KKG Carni mascot), (from left) Bobbie Wills and Anne Frey and Melissa Morrissey and Patty Curtin, Anne Frey, Pam Woodhams, Molly Womack, Cheryl Lough, and Karen Bosch (chapter president).



Chi Kappas and Campus Carnival

by Sara Libby, X—Minnesota

Campus Carnival, or "Carni," held annually at the University of Minnesota, is the biggest student-run fundraiser in the country. Chi chapter has taken an active role for years in the staging of this extraordinary three-night event, the proceeds of which go to the American Lung Association. Total revenue from Carni 1979, held last April, exceeded \$57,000. The American Lung Association uses most of the money to defray the costs of Camp Superkids, a summer camp for children who suffer from asthma.

Held in the University Fieldhouse, Carni is put on by more than 47 student organizations whose members total more than 2000 students. There are two divisions: the immense traditional entries, and Food and Games.

The traditional entries consist of a paired sorority and fraternity, who build a two-story set of scaffolding and muslin stretched over two-by-fours. Paint, foil, and exotic lighting transform the set into a manifestation of the entry's theme. The front, or outside, holds a band composed of members of the two houses, with full electronic equipment. There is also a danceline that dances to the music of the band, commonly called "Ballyhoo." The bands and Ballyhoos of the 13 traditional entries perform simul-

taneously every half hour to the crowds gathered in front of each set to lure spectators through the set's front door, where they pay 25¢ each to see the skit inside. The "Inside Shows" run for 20 minutes.

Foods and Games entries complete the visage of Carni with their gaily decorated booths.

Competitive spirit is high among all entries, and trophies are given to the three top place winners for Inside Show, Band, Ballyhoo, Outside Set, and Foods and Games. The top six traditional entries who each total the most overall points are awarded, by place, the coveted OVERALL trophy.

Carni involves almost a year of organization, theme planning, set design and building, tryouts, rehearsals, costuming, script-writing. This year the Kappas and Sigma Alpha Epsilon fraternity created a Haunted House set and an Inside Show of a fast-paced blend of famous scenes from old horror movies. Our efforts were rewarded when we learned we had received the OVERALL third place trophy.

Carni in the flesh is much more than that to any Chi Kappa who has ever lived through it. To us, spring fever is CARNI fever!



Edited by
Anna Mitchell
Hiatt Pflugh
BM—Colorado
Chapter Editor

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Actively Speaking . . .



Nancy Olcott, M—Butler

Actively with Spirit

Spirit awards are finding their place in Kappa chapters. **Iota** chapter captured the coveted spirit trophy at DePauw's "Little 500" bike race and spirit competition this year. The "Little 500" follows the racing tradition set by INDY 500 and is a week of various games and sports culminating in the "Big Race." They paired with Lambda Chi Alpha fraternity in almost 100% involvement that meant commitment, concern and communication ending in success.

The spirit award at **Butler University's** 50-year Homecoming celebration game went to the Mu Kappas, paired with Tau Kappa Epsilon fraternity. During this Homecoming, Beth Wilson was named Homecoming Queen, and the chapter placed first in banner competition and second in house decorations.

Delta Pi chapter took the University of Tulsa's "Most Spirited" trophy at the Homecoming pep rally and bonfire. Their stadium sign also won first place and their house decorations took second.

What spirit!

Kappas Take Top Offices

At Butler University, two Mu actives have been elected to top campus offices. **Kim Rodebush**, M—Butler, is president of the 2,000-member student body, having won a majority of the votes with five candidates campaigning. She gained experience for the job from serving as news editor of the student newspaper and second vice-president of the student government her sophomore year. Kim is also in Mortar Board and Alpha Phi Omega (service honorary), and she was chosen one of Butler's Top Ten Outstanding Women Students for the second consecutive year.

Nancy Olcott, M—Butler, was elected president of the YMCA at Butler. This campus-wide organization coordinates Geneva Stunts, Spring Sing, weekly chapel services, Miss Butler scholarship pageant and publication of the student directory. Nancy is also Mu chapter president, feature editor for the student newspaper, and on the varsity tennis team. She was recently recognized by the Indianapolis YMCA with the Student Service Award. She also was



Laura Koenig, ΓΦ—Southern Methodist, president of Student Foundations, which is a 100-member organization responsible for Parents Weekend, Sustentations (a fund drive), the annual bike race, Mini-Marathon, the Christmas Festival of Lights and Campus Tours (recruitment).



Kim Rodebush, M—Butler

one of Butler's Top Ten Outstanding Women for 1979, and she has the Hilton U. Brown Journalism Scholarship and is a member of Sigma Delta Chi (journalism), Mortar Board, and Rho Lambda (Greek).



Beth Bryant, ΓΦ—Southern Methodist, chairman of Parents Weekend, chapter rush chairman and a member of Mam'selles (campus modeling club).



Judy Hine, EH—Auburn, president of the School of Education.

Actively Greek—in Panhellenic's Top Office, too

Many Kappa actives are also filling the top job in their campus Panhellenics. Kappas who are named as Panhellenic presidents are Tara A. Tobin, ΔM —Connecticut; Corrine Campbell, ΔN —Massachusetts; Debbi Doerfler, ΔE —Carnegie, Mellon; Joanne Lancaster, Λ —Akron; Sandra Laich, E —Illinois Wesleyan; Betty Rodriguez, Ω —Kansas; Joy Haven, ΓI —Washington U.; Lori Limbaugh, BK —Idaho; Elyse Wank, $E E$ —California State, Northridge; Karyn Jucker, ΔE —Rollins; Leigh Lovett, ΔP —Mississippi. At the University of Illinois, the president of Junior Panhellenic is a Kappa, Londa Jorgensen, $B \Lambda$ —Illinois. Londa is also the recipient of the 1979 Beth Dohme Wallin award for being the most outstanding pledge.



Participating in a **Baylor Panhellenic** workshop are these **EY** actives: (left to right) Debbi Drumwright, Panhellenic representative; Kay Kothren, Junior Panhellenic representative and treasurer; Betsy Dohoney, pledge chairman; and Lee Thompson, first vice-president. Organized by the National Panhellenic Conference delegate for that area, this workshop provided a clearer understanding of NPC and responsibilities of membership. Topics of discussion included the NPC unanimous agreements, scholarship, pledge programs, future trends, public relations between the Baylor sororities and between them and the university administration. All of the Baylor sororities sent representatives.



Nancy Hahn, EZ —Florida State, spent her junior year studying in Munich, West Germany in a program sponsored by Wayne State University in Detroit. She lived in a German dormitory and attended classes sponsored by the program as well as ones at the University of Munich.

Jeri Simon, BT —Syracuse, (pictured here second from left) wore her **KKG** workshirt in a hostel while travelling in Switzerland last Christmas and found out that other guests there were also Kappas. Melissa Helms and Kristen Hasley (pictured third and fourth from left, respectively) are Epsilon Nu (Vanderbilt) Kappas who were delighted to meet Jeri and Janice Nash (far left), K —Hillsdale. Melissa was with the Sweet Briar program in Paris and Kristen was studying with the Vanderbilt program in Germany.



The World Over

Cathy Cook, $\Gamma \Phi$ —Southern Methodist, spent her time abroad in Spain, learning traditions, customs and the language of the country and the people.



Lisa Cameron (pictured below) and Debbie Dobson, ΔO —Iowa State spent part of their summer in Europe. Debbie's travels were through an Iowa State program and coincided with her curriculum of French and business. She stayed with a family in Caen, France for two months. Lisa went on a "singing tour" of England with the Iowa State Singers.



While studying last spring in Aix-en-Provence, France, three Iota (DePauw) Kappas met and shared the joys and sorrows of their studies abroad with Pi Beta Phi's who were also there. They even had their own "Monmouth Duo Abroad" complete with invitations and decorations and a special menu. They are pictured here: (left to right) Sheila Consaul, Leslie Dixon, Mary Hume, and Kim Broderson, back row, all Pi Beta Phi's; Sheri Gates, Julie McQuiston, and Lisa Boyson, front row, all Iota Kappas.

Scholastic Honoraries

Alpha Province

Delta Mu—Connecticut

Lambda Kappa Sigma (pharmacy) Margaret Anne Noyes
Eta Kappa Nu (electrical engineering) Christina Eggert
Phi Upsilon Omicron (home economics) Karen Lewis

Delta Nu—Massachusetts

Beta Alpha Psi (business) Maureen Lee, Anne Lodigiani
Alpha Zeta (natural resources) Martha Wintheiser



Renee Woodford,
BY—West Virginia,
Psi Chi (psychology
honorary) vice-presi-
dent, Homecoming
committee, biochem-
istry research, and
chapter president.

Beta Province

Gamma Epsilon—Pittsburgh

Pi Lambda Theta (education) Nancy O'Donnell

Delta Alpha—Pennsylvania State

Phi Eta Sigma (freshman) Karen Strube, Linda Parker
Pi Lambda Theta (education) Cynthia Marie Stodart, Linda
Eugenia Parker

Phi Upsilon Omicron (home economics) Joyce Johnston
Omicron Nu (home economics) Joyce Johnston
Kappa Tau Alpha (journalism) Elizabeth A. Brensinger,
Karen Egolf

Alpha Pi Mu (industrial engineering) Carol Jean Hawks

Phi Epsilon Iota (language) Linda Pierson

Beta Alpha Psi (accounting) Margaret Gavenonis

Eta Kappa Nu (electrical engineering) Diane Irwin

Upsilon Pi Epsilon (computer science) Judy Louie

Phi Delta Theta (education) Linda Parker

Tau Beta Pi (engineering) Carol Jean Hawks

Phi Sigma (biology) Susan Lynn Hronsky

Delta Xi—Carnegie-Mellon

Tau Beta Pi (engineering) Amy Pierce, Cindy Baker, Heidi
Riedl

Delta Phi—Bucknell

Omicron Delta Epsilon (economics) Ann Rogers

Phi Sigma (biology) Sue Davis

Gamma Province

Lambda—Akron

Phi Chi (medicine) Judy Stoll

Kappa Delta Pi (education) Leslie Hayes

Rho Deuteron—Ohio Wesleyan

Phi Alpha Theta (history) Laura Ludwig

Kappa Delta Phi (education) Hope Halderman, Mary Mc-
Cracken

Sigma Delta Chi (journalism) Nancy Reed

Beta Nu—Ohio State

Phi Eta Sigma (freshman) Laurie Andrews

Pi Lambda Theta (education) Kitsy Carr

Phi Upsilon Omicron (home economics) Jane Weckesser

Beta Rho—Cincinnati

Phi Delta Kappa (education) Paula Young

Pi Chi Epsilon (business) Elizabeth Sypien

Psi Chi (psychology) Gretchen Vander Veer

Kappa Delta Pi (education) Sonia Koppatschek

Delta Lambda—Miami U.

Phi Sigma (biology) Cindy Patterson, Sally Weitendorf,
Cathy Ripkey

Lambda Sigma (freshman) Sue Grauer

Kappa Delta Pi (education) Carol Tesner

Psi Chi (psychology) Anne Dormire

Delta Province

Delta—Indiana

Omicron Nu (home economics) Patty Nichols

Phi Eta Sigma (freshman) Amy Edwards, Mary Beth
Terschluse

Phi Lambda Theta (education) Lynn Flaherty, Jennifer
Haywood, Carol White

Iota—DePauw

Omicron Delta Epsilon (economics) Julie Rudolph, Carolyn
Cook

Kappa Delta Pi (education) Julie Horton

Phi Eta Sigma (freshman) Julie McQuiston, Carolyn Cook

Mu—Butler

Sigma Delta Chi (journalism) Cindy Rust

Kappa—Hillsdale

Sigma Alpha Iota (music) Sue Strand

Phi Alpha Theta (history) Susan Young

Epsilon Province

Alpha Deuteron—Monmouth

Psi Chi (psychology) Merideth Mastic

Epsilon—Illinois Wesleyan

Alpha Mu Gamma (social sciences) Vicki Harper

Alpha Kappa Delta (sociology) Kathy Dillon

Kappa Delta Pi (education) Kay Cunningham

Beta Beta Beta (biology) Shelley Mahin

Eta—Wisconsin

Phi Eta Sigma (freshman) Judy Miller

Upsilon—Northwestern

Zeta Phi Eta (speech) Melissa Page, Sara Berkoff, Elizabeth
Gerhold, Sarah Partridge

Kappa Alpha Pi (junior) Ann Sofios

Beta Lambda—Illinois

Phi Eta Sigma (freshman) Belinda Bonsall, Alison Smith,
Ann Floody

Omicron Nu (home economics) Lynn Gunderson

Zeta Province

Theta—Missouri

Phi Lambda Theta (education) Mary Saale
Delta Sigma Pi (Spanish) Agnes June Otjen
Alpha Zeta (agriculture) Beth Loan

Omega—Kansas

Tau Beta Pi (engineering) Nancy Bissell
Sigma Delta Pi (Spanish) Elizabeth Jervis
Phi Epsilon Kappa (physical education) Patricia Harris

Sigma—Nebraska

Omicron Nu (home economics) Ann Bever
Phi Upsilon Omicron (home economics) Lisa Leonard, Sandy Swanson
Phi Eta Sigma (freshman) Gretchen Goaley, Vicki Renner, Beth Johnson, JoAnn Myers, Julie Naaf, Sara McKie
Phi Epsilon Kappa (physical education) Sharon Slattery, Jane Kay Hopp
Sigma Delta Chi (journalism) Kathy Sjulín, Shelley Smith
Pi Sigma Alpha (political science) Connie Casari

Gamma Iota—Washington U.

Pi Tau Sigma (mechanical engineering) Meg Cherry
Pi Mu Epsilon (mathematics) Jane Chastain
Omicron Delta Epsilon (economics) Joy Haven

Eta Province

Delta Zeta—Colorado College

Pi Gamma Mu (social sciences) Cynthia Lea Anschutz, Ellen Lee Burton, Anne Hartley, Ruth Alice Henss, Nancy Helen Noah, Shannon Mary O'Toole



Amy Hall, EΔ—Arizona State (left), Beta Gamma Sigma (business honorary), Mortar Board, Dean's Honor List, Louise Diercks Memorial scholarship, ASU Faculty Wives scholarship, Arkesis, and chapter president.

Joy Taylor, EH—Auburn (right), Delta Sigma Pi (business honorary), Alpha Lambda Delta treasurer, Auburn Special Events committee, Auburn Blood Drive, chapter treasurer.



Theta Province

Beta Xi—Texas

Pi Lambda Theta (education) Mary Kate Murray
Delta Sigma Pi (Spanish) Marilou Moursund

Beta Omicron—Sophie Newcomb

Phi Eta Sigma (freshman) Kelly Lisa Daniel, Dorothy Graham da Ponte
Tau Beta Pi (engineering) Emily Elizabeth Hayward, Wendy Anne Kennedy
Omega Chi Epsilon (chemical engineering) Elizabeth Skelly Cordes

Beta Beta Beta (biology) Susan Dickson Story

Gamma Phi—Southern Methodist

Psi Chi (psychology) Laura Koenig
Phi Eta Sigma (freshman) Carol Joiner, Laura Dotin, Marcia Regan
Sigma Delta Chi (journalism) Debra Young, Dana Dussing, Beverly Bell
Zeta Phi Eta (speech) Susan Cleveland, Kathy Jordon, Mimi Barry, Jenny Schubert

Delta Iota—Louisiana State

Alpha Zeta (agriculture) Cecile Holloway
Kappa Delta Epsilon (education) Nanette Lanigan
Kappa Delta Pi (education) Nanette Lanigan
Mu Sigma Rho (scholarship) Nanette Lanigan

Delta Psi—Texas Tech

Phi Alpha Kappa (finance) Denise Harvey, Tamara Neiden, Debbie Main

Epsilon Alpha—Texas Christian

Alpha Kappa Delta (sociology) Nancy Northway
Phi Upsilon Omicron (home economics) Polly Cook
Kappa Delta Pi (education) Beth Carmichael

Epsilon Rho—Texas A & M

Beta Beta Beta (biology) Sally Thorn
Lambda Sigma (freshman) Jeana Lehmann
Beta Gamma Sigma (commerce) Laurie Farwell
Beta Alpha Psi (accounting) Melsa Lockhart, Sarah Barrett, Laurie Farwell

Epsilon Upsilon—Baylor

Gamma Beta Phi (scholarship) Lee Ann Foreman, Lisa Hyde, Karol Kinder, Laura McBride, Julie Vinezce, Rene Younger, Becky Payette, Cynthia Roberts
Sigma Delta Pi (Spanish) Debbie Beck
Sigma Tau Delta (English) Lee Ann Foreman
Alpha Chi (top 5%) Betsy Dohoney, Sally Erwin, Stephanie Day
Zeta Phi Eta (oral communications) Beth Sampson, Terri Voight
Beta Alpha Psi (accounting) Susan Pruett, Brooksie Reese
Pi Delta Phi (French) Sally Erwin
Psi Chi (psychology) Betsy Dohoney, Kathy Dohoney
Kappa Delta Pi (education) Katie McWilliams
Phi Alpha Theta (history) Holly Myers
Sigma Delta Chi (journalism) Chereé Hamblen

Iota Province

Beta Kappa—Idaho

Phi Eta Sigma (freshman) Marybeth Netson
Alpha Zeta (agriculture) Stephanie Larson

Gamma Eta—Washington State

Phi Eta Sigma (freshman) Jane Jorgenson, Anne Gullikson, Cristy Crapser

Epsilon Iota—Puget Sound

Alpha Kappa Delta (sociology) Kathy Burch



Sheri Armistead, ED—Arizona State, Kappa Delta Pi (education honorary), Dean's Honor List, Outstanding Senior in College of Education, chapter public relations chairman for two years.

Kappa Province

Gamma Zeta—Arizona

Sigma Delta Chi (journalism) Ann Savage
Alpha Zeta (agriculture) Laures Foreman, Wendy King, Theresa Laugharn
Delta Sigma Pi (business administration) Nancy Niemann
Pi Omega Pi (business education) Jean Sharber

Gamma Xi—U.C.L.A.

Alpha Kappa Delta (sociology) Jill Gumbert
Phi Gamma Mu (social sciences) Andrea Popovich, Janet Joanov

Epsilon Xi—California State at Northridge

Alpha Mu Gamma (foreign language) Michele Flaum
Omicron Nu (home economics) Didi Tarne, Nancy Riccobono, Lisa Livesay
Beta Alpha Psi (accounting) Sandra Rosa

Lambda Province

Beta Upsilon—West Virginia

Zeta Phi Eta (communication) Debra Arslain
Kappa Delta Pi (education) Amy Harner, Kathryn Keller, Novenda Watkins
Psi Chi (psychology) Renee Woodford, Carol Crow

Gamma Kappa—William and Mary

Delta Omicron (music) Lynn Pasteris, Leslie Casson
Pi Sigma Alpha (political science) Julie Wheeler
Delta Phi Alpha (German) Susan Rappe

Gamma Psi—Maryland

Alpha Chi Sigma (chemistry) Janis Lloyd

Epsilon Gamma—North Carolina

Phi Eta Sigma (freshman) Beth Susan Adler, Holly Sue Palmer, Patricia Alison Timko, Jennifer Darrow Watson
Pi Delta Phi (French) Susan Kent Janeway
Beta Gamma Sigma (business) Harriett Lynn Boyett, Sherry Lee Reynolds

Beta Alpha Psi (accounting) Harriett Lynn Boyett, Mary Anna Jackson

Epsilon Sigma—Virginia

Beta Alpha Psi (accounting) Andrea Barton
Alpha Epsilon Delta (pre-med) Pamela Pyle

Mu Province

Delta Kappa—U. of Miami

Omicron Delta Epsilon (economics) Lynne Kresse

Delta Upsilon—Georgia

Alpha Epsilon Delta (pre-med) Kathy Butt, Karen Waldo
Phi Chi Theta (business) Tonja Bass, Joanna Gaines
Sigma Delta Chi (journalism) Lark Ledbetter
Phi Beta Lambda (business education) Carol McKenney, Faye Smith

Epsilon Zeta—Florida State

Phi Eta Sigma (biology) Kimberly Krueger
Omicron Nu (home economics) Claudia Harvey, Barbara Woody

Epsilon Kappa—South Carolina

Phi Eta Sigma (freshman) Kim Mitchell

Epsilon Mu—Clemson

Pi Delta Phi (French) Mary Lynn Van Sickle
Phi Eta Sigma (freshman) Julie Carter, Teresa Robbins, Delwin Blair, Debbie Thomas, Kay Hurst, Jackie Nye, Donna Kay

Sigma Tau Epsilon (mathematical and biological sciences) Suzanne Youngblood, Teresa Robbin, Mary Lynn Van Sickle, Kathy Hayes

Kappa Delta Pi (education) Leslie Kelvington, Kim Ammons, Kay Hurst, Jenni Wilson, Chantal Trotta

Sigma Theta Tau (nursing) Teresa Robbins, Lori Leach, Delwin Blair, Anne Taylor, Debbie Thomas

Beta Gamma Sigma (business) Libby Cooper

Pi Sigma Alpha (political science) Joy Wallace

Phi Gamma Nu (commerce) Jean Hunter

Omicron Delta Epsilon (economics) Mary Lynn Van Sickle

Alpha Epsilon Delta (pre-med) Jackie Nye

Pi Alpha Xi (floriculture) Carol Earle

Epsilon Phi—Florida

Tau Beta Pi (engineering) Judith Kathleen Macon



Lynne Pasteris, GK—William and Mary, Delta Omicron (music honorary), Sinfonicon Opera Company member, in cast of college/community production of "Godspell," performances in university production of "Carousel" and of Gilbert and Sullivan's "Patience."

Nu Province

Gamma Pi—Alabama

Phi Upsilon Omicron (home economics) Susan Hunter
 Psi Chi (psychology) Anne Blackwell
 Kappa Delta Pi (education) Honey Gothard, Ginny Lang
 Kappa Delta Epsilon (education) Honey Gothard, Beth Chandler, Ginny Lang
 Beta Gamma Sigma (business) Brownyn Smith

Delta Rho—Mississippi

Lambda Sigma (freshman) Patti Freemyer
 Pi Delta Phi (French) Hermine McClarty
 Sigma Tau Delta (English) Hermine McClarty
 Kappa Delta Pi (education) Jan Barnett

Epsilon Eta—Auburn

Delta Sigma Pi (business administration) Angie Watson, Joy Taylor, Lois Page, Wendy McElmurray
 Beta Alpha Psi (accounting) Marilyn Baggett
 Phi Chi Theta (business and industry) Karen Whitaker
 Pi Delta Phi (French) Karen Whitaker
 Omicron Nu (home economics) Martha Holibaugh, Kim Goodgame
 Tau Sigma Delta (architecture) Sharon Christian
 Lambda Tau (medical technology) Sarah Presson

Epsilon Lambda—Tennessee

Pi Delta Phi (French) Claire Abbott
 Phi Eta Sigma (freshman) Jan Hylton, Mary Ann Moon
 Sigma Alpha Iota (music) Vicki Dixon
 Gamma Beta Phi (scholarship) Vicki Dixon

Epsilon Nu—Vanderbilt

Phi Eta Sigma (freshman) Sarah Alyea, Liz Barrow

Epsilon Tau—Mississippi State

Phi Chi Theta (business) Melanie Newton
 Pi Sigma Epsilon (marketing) Jan Watson, Kim Horne, Betty Lynn Barnes, Sandra Hardeman, Twilla Gregory
 Kappa Delta Pi (education) Carolyn Yarbrough, Mary June Addikson
 Kappa Omicron Phi (home economics) Linda Kernback
 Alpha Zeta (agriculture) Betty Watts, Deb Odum
 Delta Sigma Pi (business) Debbie Jordan
 Kappa Pi (art) Lizan Skewes
 Phi Beta Lambda (business) Betty Sue Burkhalter
 Phi Eta Sigma (freshman) Debbie Hardin, Margaret Megehee
 Alpha Pi Mu (industrial engineering) Elizabeth Weissinger
 Beta Alpha Psi (accounting) Barbara Waddell

Kim Goodgame, EH—Auburn, Omicron Nu (home economics honorary), Mortar Board, president of Fashion, Inc., Angel Flight (women's auxiliary to the Air Force ROTC), and chapter marshal.



Beta Psi (Toronto) actives display the Toronto Panhellenic Scholarship Cup which they have won for the third consecutive year by holding the highest average of the seven women's fraternities on campus.

Xi Province

Beta Theta—Oklahoma

Phi Eta Sigma (freshman) Terri Klein, Aleda Toma, Serene Jones, Karen Fagin, Marsha Thompson
 Sigma Delta Chi (journalism) Kim Stott

Gamma Nu—Arkansas

Phi Eta Sigma (freshman) Carolyn Lindsey, Deana Lohnes, Kathy Lockhead, Mary Ann Tilley, Amber Bright, Julie Drewry

Kappa Delta Pi (education) Holly Henry
 Alpha Epsilon Delta (zoology, pre-med) Kathy Vanzant, Cynthia Mitchell
 Beta Alpha Psi (accounting) Lisa Lashley, Kelley Keisner
 Alpha Chi Sigma (chemistry) Kathy Vanzant

Delta Sigma—Oklahoma State

Beta Alpha Psi (accounting) Jane McGuffin, Mary Slusher
 Kappa Delta Pi (education) Kem Brock, Stephanie Coates, Nancy Eddleman, Karen Johnson, Robin Roberts
 Alpha Zeta (agriculture) Jill Heatly
 Phi Beta Lambda (teachers) Dayna Clark
 Phi Upsilon Omicron (home economics) Dacia Jones

Omicron Province

Beta Zeta—Iowa

Phi Eta Sigma (freshman) Barbara Hogg, Florence Sheil, Ann Schuchmann, Keri Chaloupka
 Pi Lambda Theta (education) Cynthia Ray
 Sigma Theta Tau (nursing) Debra Worl

Gamma Theta—Drake

Phi Eta Sigma (freshman) Jeanine Davis
 Phi Gamma Nu (commerce) Brenda Ganzel, Polly Kurrle
 Alpha Epsilon Delta (pre-med) Shelly Sayler
 Sigma Delta Chi (journalism) Liesa Hall

Delta Omicron—Iowa State

Phi Eta Sigma (freshman) Carol Cox
 Omicron Nu (home economics) Kim Thompson, Brenda Bryant

Pi Province

Pi Deuteron—California, Berkeley

Beta Alpha Psi (accounting) Lisa Elliott

Delta Omega—California State at Fresno

Phi Chi Theta (business and industry) Janet Sale
 Omicron Delta Epsilon (economics) Janet Sale



Eolia Woodall, EΔ—Arizona State, Betty Marshall scholarship, Dean's Honor List, Diamond Key award, Devils Advocates tours chairman and vice president.



Teri L. Ferguson, ΔΩ—California State, Fresno, American Business Women's Association scholastic award for four consecutive years, chapter first vice president.

"Outstanding" Names

"Outstanding" is truly a fitting description of these Kappas. Kathy Canada, M—Butler, was named a Top Ten Outstanding Women student this year and she also received the Wheel award from the university's Women in Communication chapter for her achievements. Kathy has been Panhellenic president, Butler's first Greek Week chairman, in Alpha Lambda Delta, Phi Eta Sigma (freshman) Phi Kappa Phi, Chimes, and Mortar Board in addition to being recipient of many scholarships.

Christie Kile Love, M—Butler, was named a Top Ten Outstanding Woman for the second consecutive year. She has been YMCA vice-president, Homecoming chairman, in Mortar Board and chapter second vice-president.

Carol Thomas, ΓE—Pittsburgh, was "Outstanding Pitt Woman."

Elizabeth Starr Braun, BΞ—Texas, has been her university's "Most Outstanding Woman Student" and recipient of the Ed Guleke Student Excellence Award 1979 and the Joe Whealdon Outstanding Business Student Award 1979.

Phi Beta Kappa

Cynthia Ahlgren, ΨΔ—Cornell
Margaret Barnes, ΔA—Pennsylvania State
Nancy Van Arsdale, ΔΦ—Bucknell
Cynthia Ross, PΔ—Ohio Wesleyan
Paula Young, Karen Stevenson, Jane Ziegler, BP—Cincinnati
Lucy Biddle, Lindsey Belew, ΓΩ—Denison
Leanne Chastain, BΛ—Illinois
Joy Haven, Amy Stevens, ΓI—Washington U.
Ruth Alice Henss, ΔZ—Colorado College
Elizabeth Starr Braun, BΞ—Texas
Jennifer Hall Jericho, BO—Sophie Newcomb
Beverly Bell, Carmondy Cronin, ΓΦ—Southern Methodist
Sarah Ducich, Cathy Orth, ΓΓ—Whitman
Nancy Tookey, ΓΞ—U.C.L.A.
Carol Arnold, Donna Eccard, Janet Steele, ΓK—William and Mary
Sherry Lee Reynolds, Nelie Virginia Waller, Josephine Kneale Witt, EΓ—North Carolina
Carol Close, EΣ—Virginia
Lisa Ann Miller, EΦ—Florida
Rebecca Casey, Deborah Carpenter, BX—Kentucky
Ann Sikes, ΓΠ—Alabama
Katie Colopy, Susan Cavanaugh, Dana Howard, BΘ—Oklahoma
Susan Robins, BZ—Iowa



The Nowell Scholarship was awarded by Dorothy McCampbell Nowell, BΞ—Texas, to Lisa Mathison, ΔΥ—Georgia, for the first time this year—a dream come true after 23 years. Mrs. Nowell and her husband had been a mainstay of Delta Upsilon chapter for many years—she as adviser, PDC and loyal friend, and he as a most devoted supporter. Upon his death in 1956, the chapter sought a way to honor his memory. The scholarship was established, and many fundraising activities and memorial contributions have made it grow. Mrs. Nowell is seen here making the presentation to Lisa in tribute to Mr. Nowell's memory.

Jodi Kempf, BΛ—Illinois, has been recognized for her outstanding performance in her major of accounting. She has been chosen for Beta Alpha Psi (accounting honorary) and Phi Kappa Phi and Alpha Kappa Psi. She graduated with high honors (4.5/5.0) in accounting. She was also active on basketball teams and was chapter corresponding secretary. Jodi is pictured below.



Pat Sweeney, M—Butler, has been recognized as the outstanding pledge in Mu chapter's 100th pledge class by the awarding of a scholarship to her by the chapter alumnae. This award commemorates an outstanding pledge of Mu chapter in 1913, Mary Elizabeth Howe, who died the evening before her initiation. Also recognized with the scholarship is Jennie Armstrong Howe, M—Butler, who was chapter president in 1887. Upon her marriage in 1890, she studied in Berlin and formed an alumnae association there with six Kappas. Her husband later served as Butler University's president.

Pat was selected as an outstanding pledge because of her always enthusiastic support of the chapter and her assistance with Homecoming, Parents Weekend, intramurals, Geneva Stunts, and other house projects.





Margaret Jackie Nye, EM—Clemson, Outstanding Greek Woman 1979 (the first time this award has been given at Clemson), Blue Key president, Mortar Board, Phi Eta Sigma (freshman), Alpha Lambda Delta, Alpha Epsilon Delta (premed), and Low Court and Supreme Court judges.

Phi Kappa Phi

Catherine J. Roessner, ΔM—Connecticut
 Dana Nangle, ΔN—Massachusetts
 Linda E. Parker, ΔA—Pennsylvania State
 Kathy Perry, BN—Ohio State
 Anne Dormire, ΔΛ—Miami U.
 Sandy Goebel, ΓΔ—Purdue
 Ann Waldron, Cathy Allmond, ΔΓ—Michigan State
 Jody Kempf, Leanne Chastain, BΛ—Illinois
 Nanette Lanigan, ΔI—Louisiana State
 Didi Tarne, EΞ—California State, Northridge
 Lynn Kresse, ΔK—U. of Miami
 Kay Hurst, Jackie Nye, EM—Clemson
 Karen Whitaker, EH—Auburn
 Barbara Waddell, Twilla Gregory, ET—Mississippi State
 Terri Betz, Kathi Evans, ΔO—Iowa State
 Paula Foran, ΔΩ—California State, Fresno



Sally Hartman, EΔ—Arizona State, named "Woman of the Year at Arizona State University."

Alpha Lambda Delta

Jane Beard Owen, ΔM—Connecticut
 Linda Parker, Karen Strube, ΔA—Pennsylvania State
 Cathy Capes, Karen Kiel, Ann Rodgers, Sue Davis, Joan Glaser, Becky Goodwin, ΔΦ—Bucknell
 Lisa McFadden, Judy Stoll, Karin K. Glenn, Patty Kirk, Ellen Kovacevich, Leslie Hayes, Λ—Akron
 Pamela Rosfeld, BP—Cincinnati
 Paula DuPonty, Anne Dormire, ΔΛ—Miami U.
 Amy Edwards, Δ—Indiana
 Lucinda Pierce, Margaret Orezeske, AΔ—Monmouth
 Belinda Bonsall, Allison Smith, Ann Floody, BΛ—Illinois
 Gretchen Goaley, Vicki Renner, Beth Johnson, JoAnn Myers, Julie Naff, Jane Kay Hopp, Σ—Nebraska
 Trilby Elaine DeJung, Jill Kathryn Inglis, Maureen Michelle Pauly, ΔZ—Colorado College
 Ann Howell Kampman, Winifred Swearingen Chumney, Beverly Elizabeth Brown, Marilou Moursund, Robin Rhea Clark, Elizabeth Leslie Harrison, BΞ—Texas
 Elizabeth Vann Alford, Deborah Bolin Goerlich, BO—Newcomb
 Carol Joiner, Laura Dotin, Marcia Regan, ΓΦ—Southern Methodist
 Kathy Conklin, Cecille Holloway, Theresa Maiuri, Laura Ayres, Nanette Lanigan, ΔI—Louisiana State
 Virginia Huddleston, Karen West, Brenda Blackwell, Kathryn Wood, ΔΨ—Texas Tech

Joni Lynne Tank, Σ—Nebraska, Alpha Lambda Delta, Phi Eta Sigma (freshman), university Foundations scholarship, Sertoma Club scholarship, 1979-80 *America's Outstanding Names and Faces*, Ruth Seacrest Memorial scholarship, university Medical Center faculty committee, university Health Center student advisor, chapter scholarship chairman.



Mary Bryce, Anne Atmar, Brenda Greenwood, EA—Texas Christian
 Carol Boone, Elizabeth Ann Richards, Lisa Hyde, Karol Kinder, EΥ—Baylor
 Jill Kassube, BΦ—Montana
 Jane Jorgenson, Ann Gullikson, ΓH—Washington State
 Jeanne Phelps, Carol Warner, EΨ—California, Santa Barbara
 Kathleen Pearce, Joanne Amorosi, ΓΨ—Maryland
 Lynne Kresse, Ruthann Hurwitz, ΔK—U. of Miami
 Pam Poulos, Cathy Smith, Anne Gray, Terry Thorson, Karen Waldo, ΔΥ—Georgia
 Kimberly Krueger, Carol E. Moore, EZ—Florida State
 Becky McAdams, Kim Mitchell, EK—South Carolina
 Debbie Thomas, Lyn Gorbett, Kay Hurst, Jean Hunter, Delwin Blair, Anne Taylor, Jackie Nye, Mary Lynn Van Sickle, EM—Clemson
 Heidi Lee Cranford, Cynthia Marie Keehn, EΦ—Florida
 Leah Anne Sawyer, BX—Kentucky
 Mareillan DeWine, Missy Clayton, ΓΠ—Alabama
 Debbie Hardin, Deb Odum, ET—Mississippi State
 Serens Jones, Karen Fagin, Aleda Toma, Anne Hogue, Betsy Bressler, Terri Klein, BΘ—Oklahoma
 Nancy Lameroux, Mel Wilson, Kathy Lockhead, ΓN—Arkansas
 Karen Baucus, Maribeth Burns, Virginia Hill, ΔΣ—Oklahoma State
 Cari Meilahn, ΓΘ—Drake



Julie Larsen, Σ—Nebraska, Alpha Lambda Delta, Phi Eta Sigma (freshman honorary), chapter registrar.



Anne Rush, BX—Kentucky, has made a name for herself across the Bluegrass links and may someday be known across the nation. Last summer she captured the prestigious title of Kentucky State Amateur Champion. Known to her competitors as the "easy-swinging, but long-ball hitting blonde from Tompkinsville, Kentucky," Anne was the youngest to win the title since 1969. She had been State High School Champion in 1977 and 1978. On a full scholarship for the university's women's team, Anne is the number one player. (Photo: David Perry, Herald Leader)

**Watch out world—
Here they come!!!**



Maureen Nelson, BΛ—Illinois, is now playing her fourth year of varsity tennis. Her college days started off right when she helped the team capture the state title. As a senior, she is the number one singles and doubles player. Maureen has also been chosen team captain—an honor well deserved.



Beta Chi (Kentucky) boasts of several talented athletes. Molly McCune, second from left, is on the junior varsity women's hockey team; Mimsy Huger, third from left, is on the track team as a cross country and distance runner;



Anne Rush, left, and Sherry Carpenter, far right, are on the golf team. Not pictured is Louise Parrish, who won the women's singles intramural tennis. Beta Chi also finished first in both swimming and volleyball intramurals.

Ida Chang, X—Minnesota (above), is a member of a number one gymnastics team, as well as being an individual champion. She has been state champion in floor exercise. In regional competition she was a finalist on the balance beam and floor exercise. As a freshman she was one of the finalists in the Big Ten competition in floor exercise. Ida enjoys gymnastics for its challenge and beauty.

Gymnast Sarah Shepard, BΛ—Illinois, is a member of the women's gymnastic team and was chosen to tour Japan as a member of the all-around team. To receive this honor, Sarah placed second in the Big Ten championship, missing first by an eighth of a point.



Jane Kienstra (left) and Jody Schulmeister, BΛ—Illinois, are members of the Flag Corps Team of the Fighting Illini Marching Band.



Kathy McGee (left) and Kim McCarty, front row, and Maureen Brooks, BΛ—Illinois, are members of the Illinette PomPon Squad.



Becky Baird, ΓΦ—Southern Methodist, is a cheerleader for S.M.U. whose games will be in Texas Stadium this year instead of the Cotton Bowl.



Missy Ofe, Σ—Nebraska, is captain of the junior varsity cheerleaders and is chapter social chairman and a big sister at Malone Center.



Laurie Sheahan (left), Theresa Boutwell (center), and Patti Nixon (right), ΔP —Mississippi, were all on the 1978 Homecoming court.



Ann Davenport, $B\Delta$ —Illinois, Miss Country Fair, selected in November 1978, and second runner-up in the July 1978 Miss Champaign County Fair.

Joan Ashley Timmons, EM —Clemson, 1979 Magnolia Queen (feature of the year-long Dixie Day competition in scholarship, sports, songfest, and the queen contest—Kappa won this year's Dixie Day trophy).



Diane Medina, EE —California State, Northridge, Homecoming Queen, head cheerleader, and chairman of the Tutorial Project and a member of Upper Division Council.

Ana Maria Rupert, ΓZ —Arizona, became the new reigning Miss Arizona 1979 in March. Representing Arizona in the national Miss U.S.A. pageant, she was one of the 12 semi-finalists.



Alexandra Bremner, EZ —Florida State, "Queen of Edisonia" for the week-long "Pageant of Light" honoring the late Thomas Alva Edison, who made his winter home in Fort Myers, Florida, where the pageant was held.

(Pictured to the left) Debra Edens, EY —Baylor, 1978 Baylor Homecoming Queen and a Baylor Beauty.



Arizona State Kappas say "Thanks for the Memories!" (From left) Lia Woodall, Susie Eastridge, Amy Hall and Julie Hager, $E\Delta$ —Arizona State, were in the Bob Hope show during ASU Homecoming festivities. Amy was on the Homecoming court.



Christine Dunn, EB —Colorado State, Miss Independence Stampede rodeo queen for 1979. (The rodeo, in Greeley, Colorado, is noted as the nation's largest Fourth of July rodeo.)

The Happy Place

by Lois Catherman Whittaker
BΣ — Adelphi

*Look to this day!
For it is life, the very life of life.
In its brief course lie all the verities
and realities of your existence:
The bliss of growth;
The glory of action;
The splendor of beauty;
For yesterday is already a dream,
and tomorrow is only a vision;
But today, well lived, makes every yesterday
A dream of happiness and every tomorrow
a vision of hope.
Look well, therefore, to this day!*

These words from the Sanskrit could serve well as a description of the spirit that is seen among all who are a part of the Institute of Rehabilitation Medicine. From patients to technicians, volunteers to medical staff, cafeteria to director's office, it is a place of work and of hope. Dr. Howard Rusk, Director, expresses the spirit of the institute by saying, "There are more severely disabled people in this building than in any comparable building in the world, yet almost every visitor who comes here mentions the cheerful expression on the faces of the patients. It is a happy place."

Approaching the institute on a spring morning, the late rush hour traffic outside is found to be only a prelude to the busy pace inside. The six story building houses a variety of departments and activities. Specialists work as a team to encourage each patient to become self-sufficient within the bounds of his disability. The team includes physiatrists (physicians who specialize in rehabilitation medicine); nurses; occupational, physical and recreational therapists; social workers and psychologists. IRM's compassionate staff and comprehensive program provide for the individual needs of each patient. It is a cardinal rule of the institute that "... you don't tell handicapped people what they can't do, because you're never sure they aren't able to do it until you see them

try. When you work with a handicapped person, you must think of his abilities more than his disabilities." It works. Kappas everywhere can be proud of our association with the IRM and the field of rehabilitation.

But it was not always thus. Rehabilitation was unheard of until the "miracle drugs" developed during World War II enabled the badly injured to survive and reach a state of recovery in which they needed help to continue leading productive lives. Dr. Rusk recalls, "Someone asked me how paraplegics had lived up to that time (1944). The answer was, except in extremely rare cases, they usually died—their life expectancy in those days was often less than a year." The story of the development of rehabilitation medicine and the life of Dr. Howard Rusk cannot be separated.

Interest in medicine began early for Howard Rusk. As a young boy in Brookfield, Missouri, (a small town half way between Hannibal and St. Joseph) he scrubbed the operating room and cleaned instruments for the town doctor in exchange for being allowed to watch surgery being performed. Enrollment as a pre-med student at the University of Missouri was a natural and it was there that he met Gladys Houx, Θ—Missouri, later to become his wife. His interest in the special area of the handicapped began when, as a member of Phi Delta Theta, he observed a houseboy at the Phi Delt house who had lost a leg and thumped about on crutches.

Third year of medical school brought a transfer to the University of Pennsylvania and long separations from Gladys. Money was scarce; the stipends given to medical students and interns was abysmally small and allowed for few trips between Philadelphia and St. Louis. Internship at St. Luke's Hospital in St. Louis



A patient struggles to get out of his wheelchair for a therapy session.

closed the distance gap and after graduation, with a position as an assistant to a doctor in St. Louis, the future looked more secure, enabling Gladys Houx and Howard Rusk to be married in the fall of 1926. His practice flourished and by the time Europe began to tremble with the early rumblings of World War II, Dr. Rusk had a successful practice in internal medicine that required the help of several assistants.

War disrupts the status quo and in August 1942 Dr. Rusk enlisted in the air force, then just a fledgling branch of the army and was assigned as chief of medical services of a 1,000 bed hospital in Jefferson Barracks, just outside St. Louis. One of his first steps in the field of rehabilitation was recognizing the need for a method of handling convalescent patients. One young soldier complained that a thorough cleaning of the ward had taken away his only source of entertainment. As he lay in bed, the only thing he had been able to do was to watch a spider build her web, catch other insects and raise her young! Deciding to make use of focusing patients' attention on the ceiling, Dr. Rusk hung models of American and foreign aircraft so that convalescents could occupy their time usefully by studying aircraft identification. Soon

academic courses were being taught, as well as subjects included in ground school training, so that those who were hospitalized did not find themselves behind in their work when they returned to regular classes. It wasn't long until the value of this training became evident and Dr. Rusk was sent to Washington, D.C. to organize programs for other air force hospitals. It was found that a hospital is an ideal place to learn radio code via broadcasts through the wards. Eventually everything from planting victory gardens to engine-repair programs were successfully adapted to in-hospital training.

Despite such success, Dr. Rusk and others felt that the program was grossly inadequate. This feeling was intensified when wounded men from the battlefields were packed into our hospitals by the planeload. Suddenly faced with broken bodies and, all too often, broken spirits, they realized that there was no precedent for rehabilitation programs on a large scale in the military or, so far as they knew, in civilian life either. Amputees (double, triple and even quadruple), paraplegics, quadriplegics, the blind, the deaf, the disfigured, the emotionally disturbed—these men needed every possible type of care to enable them to return to mental and physical health. Somehow a way had to be found for them to function despite their disabilities.

With the help and interest of others, a spot was found in Pawling, N.Y. and the training program officially opened early in 1944. Old regular army people would have been shocked at the informal atmosphere but that was part of the program's success—patients grew stronger and more fit as they learned new things or enjoyed former occupations or pastimes. It was here that the team approach was found to be vital. Emotional, social, educational and occupational needs of each individual had to be met along with physical needs. The "whole man" had to be rehabilitated and his friends and family had to learn how to accept and help him.

Despite the success of the Pawling center, it was not easy to gain acceptance of rehabilitation as a medical field. However, those who believed in it were always ready to battle for improvement and extension of services. Bernard Baruch, the great philanthropist, was among those



A patient with a neuromuscular dysfunction selects paintings for his one-man show.



Easy access for wheelchair patients and modification of cabinet height are features of the model kitchen in Horizon House.

who supported rehabilitation programs with his own money and was also instrumental in gaining the support of other influential persons. His support was a strong force in securing President Roosevelt's approval of the establishment of rehabilitation programs for all branches of the service.

With the end of the war, those involved in rehabilitation began to take a tally of the effectiveness of their programs. They found that at least forty million man-hours of duty time had been saved and thousands of young men who might have spent years in veterans' hospitals just wasting away were returned to useful roles in civilian life. Statistically, of the four hundred men who became paraplegics in World War I, a third died in France, another third died within six weeks thereafter, and of the remaining third, ninety percent died within a year. However, in World War II there was 2,500 Americans who became paraplegics as a result of their service. Three fourths of them were alive twenty years later and 1,400 of these survivors were holding down jobs.

But there were other statistics to consider—and they were not pleasant to contemplate. While the military has accepted and implemented rehabilitation, little was known or accomplished on behalf of civilians with disabilities—an estimated twenty million persons in this country. Determined to make rehabilitation his field of medicine, Dr. Rusk carefully considered his plans for the future and, with the approval and support of Gladys and their children, then thirteen, eleven and nine, the family moved to New York City with the dream of establishing a rehabilitation institute. Dr. Rusk held positions as associate editor and columnist for the *New York Times* and as chairman of New York University School of Medicine's Department of Rehabilitation Medicine.

During those early days, Dr. Rusk says he "... spoke to any crowd that would stand still at breakfast, lunch, tea, cocktails, dinner or later in the evening. Whenever more than twenty people gathered in one place, they weren't safe from me." With the encouragement, support and financial assistance of many wonderful people, including Bernard and Alva Gimble, the first temporary institute of forty beds opened on March 1, 1948 in a converted loft building on 38th Street. The entire budget for the first year was less than \$60,000.



Joanne Hyatt, EM —Clemson, horticultural therapist, demonstrates the use of a C-clip to hold tools.

A man described by Dr. Rusk as one of the great champions for the cause of the handicapped, Dr. George Deaver, worked closely with Dr. Rusk. Formerly medical director of the Institute for the Crippled and Disabled in New York City, he is credited with developing the concept that the first objective of rehabilitation should be to train the individual to meet all the manipulative needs of this daily living. A check list of forty-five daily activities such as brushing teeth and combing hair was devised by Dr. Deaver and his staff. Most people do these things automatically and easily but for the handicapped they are major undertakings. The Activities of Daily Living (A DL) are still a major segment of rehabilitation training, with one hundred fifty checkouts now on the list, divided into sections such as eating, grooming and dressing. A beautiful tribute to Dr. Deaver, an oil painting of him with a group of handicapped children . . . and children were his first love and concern . . . is the first thing seen as you step from the elevator onto the children's floor of the institute.

Trained personnel was still the greatest need in successful treatment. Equipment was often makeshift and improvised but Dr. Rusk retained his belief that, other than the patient's determination, the vital ingredients of a successful program were the trained hands and dedicated hearts of the therapists, doctors and nurses. Over the years, more than 1,000 doctors from eighty-five countries have been trained at the institute. Ninety-five percent have returned home to help their own people.

Despite the increase in assistance given by trained personnel, the program never ceased improving; someone always sought new ways to grow. Dr. Deaver felt that too many polio cripples were housebound and that many could be helped by rehabilitation and this became the next classification of disability to receive help. The goal for each patient was independence and where possible this included job placement. A group of businesses and professional men interviewed patients in order to find work for them. Disabled persons have proved many times over their capabilities in job performance as well as their excellent attendance records.

Always swamped with referrals and in need of additional space, work was finally begun on the two million dollar permanent institute at First Avenue and Thirty-

fourth Street as the first unit of the expanding New York University Medical Center. It opened on January 25, 1951 and today is a beehive of activity that includes research, outpatient services, a Spinal Cord Injury Center, orthosesprostheses laboratories and innumerable other areas devoted to special services. There are many people involved with the IRM who deserve special mention and areas of work that appeal to the imagination. To describe all of them would be impossible here. One story is that of Jamie Coffman who became a paraplegic in her teens as the result of an automobile accident. Hers is a story of courage, determination and success. Jamie is now the hard-working and understanding head of the Activities of Daily Living, a part of the physical therapy department. In their facility, Horizon House, there is a model apartment in which disabled persons are trained to function independently. The unit has modifications for wheelchairs and similar modifications are suggested to each patient before he or she goes home. Another success story is that of Denyse Winters who is now on the staff of the occupational therapy department but who came to the institute some years ago with severe disabilities. Dr. Rusk has told the story of their rehabilitation and of many other determined people in his autobiography, *A World to Care For*, a paperback Reader's Digest Press Book, Random House, N.Y.

The program begun at the IRM has spread world-wide. In 1955, the World Rehabilitation Fund was organized and a system of training fellowships was sponsored by major American companies, including several pharmaceutical firms. To keep them up to date, IRM-trained physicians receive a packet of the latest literature in their specialties four times annually. More than five hundred packets are now sent out in each mailing. In addition, as experts in special fields pass through New York, they are asked to stop in at the institute and tape a presentation and answer questions asked by a panel for clarification. These tapes are translated into many languages and are sent world-wide to teach rehabilitation techniques. Dr. Rusk's work in Korea, Hong Kong, Vietnam and other farflung spots provided a solid basis for their rehabilitation programs and doctors there are anxious to keep their skills current.



Henry Louie and Myron Youdin, co-director, rehabilitation engineering center, play TV ball via hookup through the voice-operated wheelchair.

Continued need for additional space brought a three-story addition to the institute in 1956. However, in rehabilitation there are always more fields to conquer. Help for cancer patients and spina bifida birth anomalies were reminders that all that was known about rehabilitation was only a small part of what was not yet known. The need for research was essential and in 1968 a modern research center was added to the institute.

The story of rehabilitation is a continuing one, involving many people and many places. It was fairly early in the history of rehabilitation efforts that Kappa Kappa Gamma, under the leadership of Helen Cornish Hutchinson, BΘ—Oklahoma, adopted Rehabilitation Services Program as a Fraternity philanthropy at the 1952 convention. Acceptance by the general membership was enthusiastic as actives and alumnae discovered a variety of areas in which to serve the general field of rehabilitation. Invitations were later extended and accepted for Kappa to attend three meetings of the World Congress on Rehabilitation to share with others our successful volunteer story. In October 1971, Louise Little Barbeck, ΓΦ—SMU, Fraternity President, accepted on behalf of all Kappas the annual Organizational Award presented by the National Rehabilitation Association. Of our work in the field, Dr. Rusk has said, "I know of no comparable group in the United States that has made a greater contribution to the rehabilitation of the disabled people, not only in the United States but throughout the world, than Kappa Kappa Gamma. I am sure the disabled people are grateful to Kappa Kappa Gamma for helping them achieve new lives, self-sufficient and with dignity."

Contributions to rehabilitation may be in money or in work or the two may be combined when funds are made available for scholarships to study rehabilitation medicine or therapy. Joanne Hyatt, EM—Clemson, had a background in biology, genetics, physiology and anatomy and now works in horticultural

therapy at the IRM. There is a beautiful large greenhouse for the enjoyment of patients and visitors that serves another purpose. Joanne uses adaptive equipment to reinforce techniques taught in physical and occupational therapy. A patient who cannot grasp things with his hand muscles wears a C clip into which a fork is inserted for eating or a pen for writing. He may use the same clip to hold a small spade to pot plants in the greenhouse. In this way, he practices and strengthens his ability but it is done in a relaxed, "non-threatening" atmosphere where he is surrounded by green things rather than white walls. He can concentrate on the plants rather than on his disability and can take the plants home with him or back to his room for his enjoyment and as proof of his increasing ability. Joanne uses ingenuity to adapt ordinary items to her needs: a sponge cloth beneath a bowl or pot keeps it from sliding, the small spade is a kitchen spoon with an inverted v cut into the bowl, children's gardening tools are lighter weight to handle. Whatever works well is put to use.

In the Continuing Therapy Department, occupational therapist Esther Meadow also works to reinforce abilities learned elsewhere. Originally a conversation group for hemiplegics and aphasics, this is now a busy area with a broad range of patients and serves as an activity-therapy group. Patients find that it is a place to come together and share joys and misfortunes, a time to gain support from each other, to interact and enjoy socializing. It is often found that the best psychologists are the patients themselves. They show each other how many things are possible in spite of their handicaps. At present, the program is transitional and Esther's goal is to establish similar arrangements in the community, where skilled patients can serve as volunteers. One patient who was a polio victim some years ago now teaches needlepoint in a senior citizen center. A former legal secretary is now a volunteer in the Lenox Hill Neighborhood Association. Patients

feel a sense of accomplishment and try to do even more. A man who previously painted as an avocation suffered a neurological dysfunction. He switched from right to left-handed painting and, at the time of our visit, was almost ready to hold a one-man art show. Esther says, "Everybody thinks we are just basket weavers." They do use weaving as reinforcement training for weakened hands and to improve motor skills, but a great deal more is involved. An attractive woman in a wheelchair was eager to share her feelings with us. The cause of her disability was not mentioned but she confided that she had been a speech therapist and was now a volunteer reading teacher for a forty-five year old woman. She said, "I feel positive about myself. I come away feeling that I like myself after a year of hating myself. I am good; I am useful; there is a place for me." These patients are encouraged to learn new skills, rather than going back to old habits and not being as proficient. They have the freedom to interact around a table, to be a little more personal and less clinical as they develop their abilities.

Perhaps the most fascinating thing to be seen at the institute is the new voice-operated wheelchair. Designed for use by quadriplegics or others with severe neuromuscular disease, this chair operates on an adaptation of a voice recognition unit. The computer that is the heart of the operation has a "vocabulary" of thirty-



Henry Louie, research technician, demonstrates the many capabilities of the voice-operated wheelchair.



A newly-completed prosthesis is ready for the patient's use after construction in the well-equipped laboratory.

seven words; eight control the chair, four for the tape recorder, fourteen for various functions and six or eight are common to several responses. A microphone is mounted in front of the patient's face and all controls except for "stop" consist of two words; "forward" as a specific instruction and "go" or "run" to put the chair in motion. A safety feature is an emergency stop that can be activated by a tap of the patient's head against the headrest. There are incremental improvements in this second prototype that allow for course correction or speed of movement when the computer is told "small, medium" or "large." Each doubles the amount of the previous command. Would you believe that the chair can "jog?!" This is the term for short spurts of movement necessary to inch up to a table, for example, when longer commands would exceed the time available for the movement. This second prototype also has a seat back that reclines, making it suitable to load into a station wagon rather than a van. There is also a breath-control modification, since voice control can be swamped by outside noises such as sirens. This is the "sip and puff" method demonstrated by Dr. Peterson at Tan-Tar-A; the same as that used to operate the chair. These prototypes are research models and very expensive, but a manufacturer has said that a contract for five hundred chairs would allow them to sell for \$14-15,000 each, perhaps less. Ten percent of this cost is necessary to cover the manufacturer's liability insurance.

Operated by two golf cart batteries

weighing about one hundred pounds, the chair itself is about seventy-five pounds and the computer another thirty-five, for a total of about two hundred pounds. But what that two hundred pounds can do! When the chair was plugged into a power control center that operates other equipment, we watched in amazement as the occupant of the chair gave the command to turn on a fan, a reading light and the radio, open and close the window draperies, turn on the television change channels and volume and turn the pages of a magazine by operating a roller device. Dr. Rusk jokingly remarked at a demonstration in Denver that the chair was programmed to do everything but play "The Stars and Stripes Forever." Not to be slighted, the researchers did a little



A happy patient learns to use his wheelchair.

tinkering and now Sousa's march plays loud and clear!

The control mechanism operates on voice recognition as well as specific command and will respond to any properly taped commands. It is intriguing, therefore, to watch it respond to foreign languages, especially a tape in Mandarin, the classic dialect of China, as taped by technician, Henry Louie. Additional skills may be programmed into the computer when funds are available to implement current technology. A "vocabulary" increase of about 100 words would allow voice-controlled typing. Seemingly almost human, the chair is refined and improved by the suggestions of patients—"consumers" whose needs reflect more accurately than laboratory testing the specific abilities required of the chair.

While sophisticated aids such as the voice-operated wheelchair are awe-inspiring, handicapped people must not think that science is on the verge of solving all their problems. Teams of scientists and engineers are working for improvements but there are no magic formulas to create miracles for the disabled. These people must, and most of them can, create their own miracles by hard work and limitless determination.

It has now been proven beyond question that ninety percent of even the most severely disabled, given the proper training, have the capacity to take care of their own daily needs, and frequently to return to useful employment in a competitive society. "Normal" only means that a person is functional and comfortable in the particular environment he has found for himself. People ask if we can afford rehabilitation. Proven to be cost-effective, the answer is—we can't afford to be without it.

The satisfaction derived from working with disabled persons is overwhelming. Dr. Rusk says, "You don't get fine china by putting clay in the sun. You have to put the clay through the white heat of the kiln if you want to make porcelain. Heat breaks some pieces. Life breaks some people. Disability breaks some people. But once the clay goes through the white-hot fire and comes out whole, it can never be clay again: once a person overcomes a disability through his own courage, determination and hard work, he has a depth of spirit you and I know little about."

"To believe in rehabilitation is to believe in humanity."



Dr. Howard Rusk in front of international doll collection.

Kappa Grants 105 Scholarships

"The Kappa grant came just in time, I am so grateful to all of you for the help." "This means more to me than anyone could know!" "It shows me a different aspect of Kappa." These are only a few of the appreciative notes which we have received from our scholarship award winners. As you can see, our money, brought about by time and efforts of loyal alumnae, is greatly appreciated.

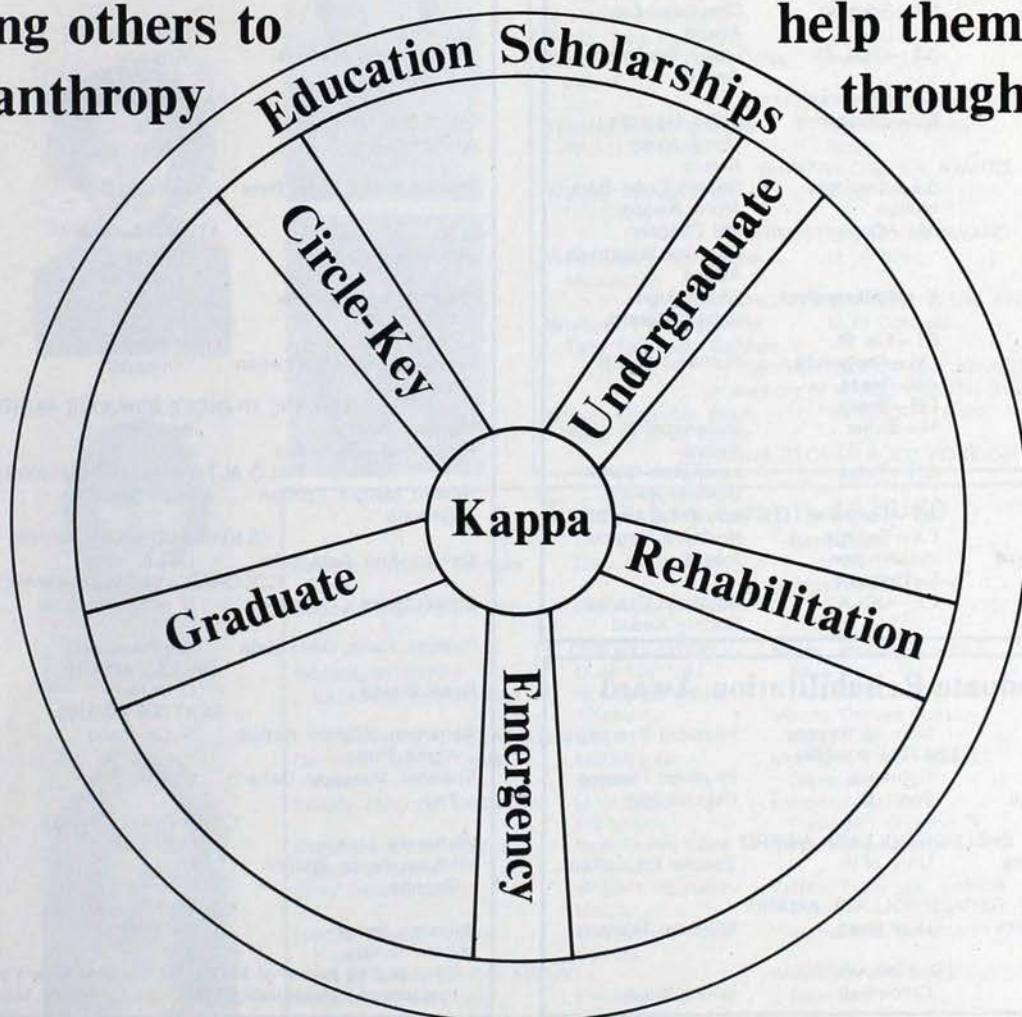
A resolution was placed on the floor of the 1978 convention "to consider increasing the scholarship grants to undergraduate students." Through the generosity of our alumnae, this has been accomplished. This past year, we have been able to grant 105 scholarships. We are sorry

that we were not able to give help to all of the 262 deserving applicants. In addition to those scholarships, we have given 23 Emergency Grants to undergraduates and 19 Circle Key Grants to alumnae this past year. We are proud of our accomplishments. Thank you Kappas for your continued loyal support of our most worthwhile scholarship and financial aid program. You have made possible Scholarship grants amounting to \$114,686.

A wheel is held together by spokes, giving it strength and stability. The wheel itself is a never ending circle, just as education is a never ending process.

By Marjorie Moree Keith
Γ A — Kansas State
Director of Philanthropies

**Like a wheel—a circle—a never ending process
of helping others to help themselves
with philanthropy through education**



UNDERGRADUATE SCHOLARSHIPS (\$500 UNLESS OTHERWISE INDICATED)

Name	Chapter/School	Name Award
Kristin Anderson	ΓΘ—Drake	
Anne Bailey	M—Butler	Indianapolis-Ann Zinn Nicely Award
Cynthia Baker	ΔΞ—Carnegie-Mellon	
Frances Brooks	BΨ—Toronto	Detroit North Woodward Award
Stephanie Coates	ΔΣ—Okla. St.	Mary and Richard Whitney Award
Shelly Coker	Ω—Kansas	
C. Amy Collins (\$250)	ΓΩ—Denison	
Barbara Dewey	ΔΩ—Fresno	
Laura Edwards	ΓM—Oregon St.	Lake Washington Award
Lori Edwards	BT—Syracuse	Westchester County Award
Marilyn Fletcher	A ⁴ —Monmouth	Hinsdale Awards
Diana Gross	ΓP—Allegheny	Indianapolis-Elizabeth Bogert Schofield Award
A. Anne Hall	ΔΥ—Georgia	Agnes and Clifford Favrot Award
Rebecca Johnson (\$250)	BK—Idaho	Spokane Award
L. Serene Jones	BΘ—Oklahoma	Albuquerque Award
Cynthia Keehn	EΦ—Univ. of Fla.	
Kelley Keisner	ΓN—Ark.	Grace Rogers Award
Lisa Lashley	ΓN—Ark.	Grace Rogers Award
C. Leigh Lovett	ΔP—Miss.	Richardson Award
Bethann Macera	BT—Syracuse	
Mary McBride	BΨ—Toronto	Cleveland East Award
Sarah McCoskrie	ΔΣ—Okla. St.	Lillian Rockwell Award
Kimberly Ralph	A ⁴ —Monmouth	
Sue Resler	BΘ—Oklahoma	Tulsa-Georgia Lloyd-Jones Award
Heidi Riedl	ΔΞ—Carnegie-Mellon	Sophie Cope-Beta Alpha Award
Catherine Roessner	ΔM—Conn.	Phi Chapter-Beatrice Woodman Award
Beth Rosenstein	Υ—Northwestern	Champaign-Urbana Award
Jennifer Ross	EZ—Fla. St.	
Sharon Ruminski	ΓM—Oregon St.	Portland Award
Donna Sasso	ΔN—Mass.	
Shelly Saylor	ΓΘ—Drake	
Therese Schmidt	M—Butler	Indianapolis Award
Caroline Taylor	ΔΠ—Tulsa	Lexington-Curtis Buehler Award
Theresa Thorson	ΔΥ—Georgia	Louisville Award
Maureen Vega	ΓX—George Washington	Northern Virginia Award
Karen Wilde	I—DePauw	
Patricia Young	ΓΞ—UCLA	Southern Orange County Award

Undergraduate Rehabilitation Award

Cram, Nancy	Univ. of Toronto	Physical Therapy
Goldstein, Debra	SEATTLE AWARD	
Hronsky, Susan, Delta Alpha	Columbia Penn. St.	Physical Therapy Psychology
Paterson, Martha, Beta Lambda	SHELDON POLLACK AWARD	
Patterson, Nancy, Delta Phi	Univ. of Ill.	Special Education
Singleton, Judy	GERALD POLLACK AWARD	
	U. of Penn.	Physical Therapy
	TOLEDO AWARD	
	Cincinnati	Social Work

Highlighting some of the activities of the recipients of the Graduate Fellowships is a challenge, as all are so outstanding! Three of the awards have gone to Kappas who were recently featured in *The Key*: **Rebecca Casey**, BX-Kentucky, president of her chapter, ΦBK, and *Who's Who in American Colleges and Universities*, is studying law at Kentucky Law School; **Lisa Miller**, EΦ—Florida, is studying law at the University of Florida and she adds OΔK, Florida Blue Key, and Rhodes Scholarship finalist to her list printed in spring *Key* 1979; **Mary Kay White**, A⁴—Monmouth, is studying genetics at Eastern Illinois University. **Heidi Jacobsen** is a charter member of the reestablished BH⁴. Her activities range from cheerleading and dancing as a member of "Stanford Dollies" to doing research in Organic Chemistry in the Stanford-in-Vienna Program during her junior year. After a rigorous accelerated three-year program she will be qualified to open a family dental practice. **Anne Elizabeth Smith**, an independent from Duke University, has been an economist with the U.S. Environmental Protection Agency. At Duke she was a member of the Performing Arts Committee, ΦBK, and a summa cum laude graduate. She is at Stanford in economics.

Braun



Starr Braun, BΞ—Texas, has maintained a 4.0 (straight A) grade-point average with a double major in marketing and French and is in both French and business administration honors programs. She was one of 80 students selected in 1977 for Princeton's Summer Work Program, which enabled her to work in a large corporation in Paris. With the Root Scholarship she plans to attend a graduate international business school in France. Starr is vice president of Kappa, OΔK, Mortar Board, ΦBK, and president of student council for College of Humanities.

Rehabilitation Scholarships—Graduates 1979-80

Blanchard, Joan	Colorado	Special Education
DuVall, Mary, Gamma Kappa	Virginia	Psychology
Egnaczky, Cynthia	PASEDNA AWARD	
Gregory, Jan	Emory USC	Speech/Audiology
Huston, Celia, Delta Beta	Georgia St.	Occupational Therapy
Johnson, Roberta	ATLANTA AWARD	Clinical Psychology
Kleiman, Lauri, Alpha Epsilon Pi	George Washington U. Illinois	Special Ed.
Liggett, Frances	Arizona St.	Speech
Lowery, Kathleen, Epsilon Iota	Colorado	Social Work
Morgan, Martha	SPOKANE FRANCES SIMMONS AKERS AWARD	Counseling
Moya, Sally, Delta Chi	Boston USC	
Newlin, Margie, Epsilon Gamma	PALO ALTO-SUSAN DYER AWARD	
	Michigan	Social Work
Oakley, Ann, Beta Zeta	CLEVELAND WEST AWARD	
Rines, Diane	UCLA	Nursing
Ruetzel, Karin, Delta Beta	COLORADO SPRINGS AWARD	
Ryan, Elaine	U. of Washington	Communication
Schuman, Virginia, Kappa Alpha Theta	Northwestern DALLAS AWARD	Disability
Spencer, Margaret, Delta Tau	U. of Nebr. SEATTLE AWARD	Clinical Psych
	N. Colorado	Speech
Wetteroth, Lois	USC	Clinical Psychology
Whitner, Banta, Epsilon Gamma	CINCINNATI AWARD	Physical Therapy
	U. of Utah	
Williams, Betsy	NYU	Social Work
Milton, Sandra	DELAWARE AWARD	
	Okla. St. Univ. IRM	Social Work
	Kansas City Award of \$1,000 for study at New York University's Institute of Rehabilitation Medicine Under Dr. Martha Sarno	Special Ed.
		Speech

Diane Dee Coburn, Delta Gamma from Butler University, is studying at New York University for a Master's in Dance Education. She plans to continue to perform, to choreograph, and to teach in a college dance department. At Butler she was in Student Assembly, Student Life Committee, member Butler Ballet and Homecoming chairman, 1978. A member of Spurs, Chimes, Vice-President of Mortar Board, she was voted the Most Outstanding Female Student at Butler in 1978.

Joy Anita Haven, Γ I—Washington, is working on a Master's in business administration. She was pledge class president and treasurer of her chapter, rush chairman and president of Panhellenic, and a member of Chimes, Mortar Board, and Φ BK, graduating with high honors in economics. She held the Chancellor's honors merit scholarship from 1975-79.

Allison Anne Welder, BE—Texas, is studying toward a doctorate in exercise physiology at the University of Texas. She writes, "I have always wanted to be a doctor, and my undergraduate degree was in biology following the premedical program. The reason I am not presently in medical school is that I feel most deaths in the U.S. stem from cardiovascular problems and obesity. In medical school not one course is taught in nutrition and exercise that I know of. Therefore, by following this program I feel I will be an expert in my field, and able to use my education to help mankind in the future."

Patricia Surtees Wishard, Δ Z—Colorado College, is at University of Colorado Medical School. She graduated summa cum laude and with Φ BK membership, also highest honors in Spanish and Biology. She will specialize either in obstetrics/gynecology or in surgery and internal medicine. She participated in the Antioch College Latin-American program in Bogota, Columbia, in the fall of 1974 after spending three terms at Mt. Holyoke. She is soon to publish, as senior author, the results of research concerned with a new approach to the treatment of chemically burned eyes.



Coburn



Casey



Smith, Anne

Jacobsen



Haven



Miller



Welder
Wishard



Graduate Fellowships

Name and Award	School	Field of Study
Austin, Kimberly, Canada, Katharine, Mu Butler	Yale U. of Ill.	Physicians' Assoc. Developmental Psych
WILLIAM B. WATERS AWARD		
Casey, Rebecca, Beta Chi, U. of Ky	U. of Ky.	Law
Coburn, Diane, Delta Gamma	N.Y.U.	Dance Education
Colopy, Katie Jean, Epsilon Theta U. of Ark. Little Rock	SMU	Law
Converse, Cynthia, Beta Chi, U. of KY	U. of Ky	Human Development
Edwards, Sandy, Delta Sigma, Okla. St.	Baylor	Public Administration
Hannah, Susan, Chi Omega	Columbia	Anthropology
Hart, Lynn Diane, Epsilon Kappa U. of S.C.	U. of Dayton	Law
CLEVELAND EAST AWARD		
Haven, Joy Anita, Gamma Iota, Wash. U.	Washington Univ.	MBA
CLARA O. PIERCE MEMORIAL AWARD		
Jacobsen, Heidi, Beta Eta, Stanford	U. of the Pacific	Dentistry
TACOMA, WASH. AWARD		
Miller, Lisa, Epsilon Phi	U. of Florida	Law
Pruitt-Glass, Johanna, George Washington	George Washington	Psychology
Ransdell, Anita, Gamma Phi Beta	U. of Oklahoma	Mathematics
Reynolds, Kimberly, Delta Alpha Penn St.	U. of Pittsburg	Medicinal Chemistry
PHILADELPHIA AWARD		
Sanders, Mary Baldwin, Gamma Pi U. of Ala.	Columbia	Public Health
Smith, Anne Elizabeth	Stanford	Economics
Smith, Tara Kathleen	Yale	Physicians' Assoc.
Tatlock, Carol Lynn, Delta, Ind. U.	Indiana U.	Germanic Languages
DETROIT, MICHIGAN AWARD		
Triplett, Melanie, Delta Rho U. of Miss.	Memphis Meth. Hosp.	Medical Technology
SHREVEPORT, LA. AWARD		
Welder, Allison, Beta Xi, U. of Tex.	U. of Texas	Exercise Physiology
HOUSTON, TEXAS AWARD		
White, Mary Kay, Alpha, Monmouth	U. of Wisc.	Genetics
CHARLOTTE BARRELL WARE AWARD		
Wishard, Patricia, Delta Zeta, Colorado College	U. of Colorado	Medicine
DENVER, COLORADO AWARD in memory of MARION SMITH BISHOP		
Braun, Elizabeth Starr, Beta Xi, U. of Texas	INSEAD—France	\$1,000 MBA
SUZANNA STOVER ROOT FOREIGN STUDY		

Circle Key Grants 1979-80

Benton, Cydnee, Gamma Zeta	Univ. of Arizona	Beta Zeta	Paralegal Inst. N. Seattle
Bogovich, Georgine, Delta Xi	Carnegie-Mellon	Meggs, Judith Goins	Community College
PITTSBURG AWARD		Miller, Jennie Hayden, Beta Nu	Columbus Tech. Inst.
Donaldson, Nancy Elizabeth, Epsilon Rho	U. of Tex. LBJ School of Public Affairs	COLUMBUS AWARD	
RICHARDSON TEXAS AWARD		Morris, Denise Dozzi, Delta Eta	Villanova
Durnford, Jessie, Delta	McGill Law School	Morrison, Tyree, Epsilon Gamma	Calif. St. Hayward
Goody, Marjorie, Delta Chi	U. of San Francisco	Simpson, Barbara Flanagan, Gamma Pi	U. of Northern Alabama
Gotchers, Lydia Stocks, Epsilon Alpha	East Texas State U.	Swift, Mary, Omega	U. of Mo. K.C.
Gray, Jane Gail, Eta	Virginia Polytech Inst.	KANSAS CITY AWARD	
Hart, L. Diane, Epsilon Kappa	U. of Dayton Law School	Talbot, Terry Lee, Epsilon Delta	Old Dominion Univ.
WESTCHESTER CO. AWARD		Welch, Leila, Gamma Pi	West Georgia College
Matheson, Paula Jean, Philadelphia	Philadelphia	Wood, Kendra Sue, Gamma Pi	Auburn

Record number of Graduate Counselors help chapters

Graduate Counselors enjoy living and working with an active chapter while they pursue their chosen field of study for the year. Each girl has been active in her own chapter and shown leadership there and on campus and also has a strong desire to help other Kappas. Their training is held by Fraternity Council and program chairman during the summer before they are sent to their "new" chapter. Room, board, and tuition are all paid for, and in return the graduate counselors give their time and energies to the chapter.

Jane Chastain, ΓΙ—Washington University, has a B.A. in math and is studying biological sciences while helping ΔΠ—Tulsa. She served as president and pledge trainer, 1st vice president of the pledge class, and attended the 1978 convention where she served on the Nominating Committee. She is a member of Pi Mu Epsilon and was a tour guide on campus, Newman Chapel executive committee and riding club.

Nancy Dodson, ΒΘ—Oklahoma, is interested in all sports and was on the Dean's Honor Roll all four years. She was 1st vice president of her chapter and 1978 convention delegate where she served on the Resolutions Committee. Her campus activities included Women in Communications, Inc., Panhellenic Alcohol Board, the Outstanding Girl Award, Church, and the Headstart Program. She is in the field of marketing at ΓΧ—George Washington University.

Carol Dryden, ΓΦ—SMU, is now studying psychology at Stanford with Beta Eta Deuteron Chapter. She was chapter president, and a member of the picker group. Carol was a homecoming queen finalist, research team in foster parenting, research in hyperactive and learning disabled vs. normal children, and on the Dean's

List and Psi Chi (psychology honorary).

Jannie Gustafson, ΒΜ—Colorado, served her chapter as registrar, assistant pledge chairman, Pickers, and personnel committee as well as Iota Province Meeting Chairman 1977. She transferred to University of Washington (Beta Pi) and is an English education major who likes to compile scrapbooks, sing, travel, and enjoy sports.

Carolyn Hines, ΓΠ—Alabama, is studying historical preservation and administration at Florida State (EZ). She was 2nd vice president, nominating committee chairman, convention visitor 1976 & 1978, most spirited pledge, and outstanding senior. Her honors include: Phi Alpha Theta (Hist. Honorary), Chi Delta Phi (English Honorary), outstanding student in Latin, Dean's List all four years.

Cheri Laitner, ΓΔ—Purdue, is enjoying Auburn University and EH Chapter while studying rehabilitation services and special education. She was membership chairman and house chairman while also being a Purdue Pep Girl for two years and receiving the academic honor as Purdue University Distinguished Student.

Corinne Mani, ΔΒ—Duke, is working with ΖΑ at Babson College. She was chapter 2nd vice president, and her field is business administration. Turn to page 59 to read her article on the recent colonization of the chapter.

Beth Meyer, ΕΣ—Virginia, is also studying architecture history and preservation planning and is at Cornell with Psi Deuteron Chapter. Beth was pledge chairman, 2nd vice president, nominating committee and outstanding senior. Her first term grades at Cornell were a 3.7! She

served on campus as a tour guide, rush counselor and student representative to faculty meetings.

Carol McCurry, ΕΡ—Texas A & M, is now in Gainesville, Florida with Epsilon Phi chapter. She was membership chairman, pledge chairman, president and a picker for three years. She helped install Epsilon Upsilon at Baylor, was in the convention choir 1976, and served on the By-Laws Resolutions Committee of the 1978 convention. She held an Aggie Club Scholarship and was Texas A & M Distinguished Student.

Carol Nichols, ΔΥ—Georgia, is in business administration at Tulane with Beta Omicron Chapter. With horse events and riding as her hobby, Carol was also Mortar Board, ΟΔΚ, and outstanding active (Jean Wells Award) for her chapter. She was chapter president, recording secretary, and president of her pledge class. She attended the 1978 convention.

Beth Points, ΔΣ—Oklahoma State, is in the field of social work and is studying at University of Georgia with Delta Upsilon Chapter. Her hobbies and interests are cooking, sewing, reading, sports, and conversation. She has a B.S. in fashion merchandising. She was chapter 2nd vice president and attended the 1978 convention. Her honors are Dean's Honor roll all four years, Alpha Lambda Delta, Omicron Nu, Phi Upsilon Omicron, and Orange and Black Quill.

Kelly Riggs, Σ—Nebraska, has switched hats from field secretary to that of graduate counselor for Epsilon Psi Chapter at University of California at Santa Barbara. Kelly was registrar, and 2nd vice president of her chapter for two years. She held the Lincoln Kappa Alumnae Scholarship and was student alumni editor, Greek Yearbook staff, Panhellenic judiciary board and in Angel Flight.



The Graduate Counselors gather on the front porch of BN—Ohio State house while waiting for transportation to the Associate Council Seminar where they participated in the training program. Having fun together and sharing ideas at all times was one of the real bonuses of the summer meeting.



Riggs



Schmidt



Towers



Vossler



Chastang



Dodson



Dryden



Gustafson



Hines



Laitner



Mani



McCurry



Nichols



Points

Lisa Schmidt, BΘ—Oklahoma, has also gone from field secretary to graduate counselor and is working with Epsilon Omega Chapter at Dickinson College. Lisa was chapter representative to Panhellenic, catalogue, slate, and membership committees, and chapter president. She was on the Dean's honor roll, College of Arts and Sciences Honor Roll and had a 4.0 her senior year. She was named Big Woman on Campus, and Top Ten Greek Women. Her hobbies include reading, politics, sewing and needlepoint.

Donna Towers, ΓA—Kansas State, is studying nutrition while working with Delta Omicron at Iowa State. Donna was the Individual All-University champion in track in 1977 and 1979 (880). She received the Kappa Friendship Key and was on

the Dean's Honor Roll, Alpha Lambda Delta, Phi Upsilon Omicron, Mortar Board and Gamma Sigma Delta (Agriculture Honorary). She was even a junior troop leader for the Girl Scouts.

Carla Vossler, ΓT—North Dakota State, is a graduate counselor for Beta Kappa Chapter at Idaho. She has the interesting field of sport science majoring in the physiology of exercise! She served as treasurer for her chapter, rush party chairman, Pickers, nominating committee chairman, and attended the 1978 convention. Her campus activities were centered around intercollegiate basketball and softball. She was hospitality chairman for AIAW National Small College Basketball Tourney and on the National Youth Sports Program Staff.

KAPPA KAPPA GAMMA SCHOLARSHIP AWARDS

GRADUATE COUNSELOR SCHOLARSHIP

For graduating Kappas who have held a major office in their own chapter and are interested in assisting another chapter while doing graduate study. Contact Mrs. Marjorie C. Bird, 601 Warren Landings, Ft. Collins, Colorado 80525

APPLICATION DEADLINE
DECEMBER 1ST

UNDERGRADUATE SCHOLARSHIPS \$500

For Kappas with at least a "B" average, and no "Fs", who have made an important contribution to their chapter and their campus, and who need financial help. For information, write the chairman: Mrs. W. James Aiken, Jr., 206 Maple Avenue, Pittsburgh, Pennsylvania 15218.

APPLICATION DEADLINE
FEBRUARY 15TH

EMERGENCY ASSISTANCE GRANTS

For Kappa upperclassmen who face sudden financial emergency, emergency grants are available during the year. These grants are confidential and the applicant must be recommended by the Advisory Board. Contact your Chapter Council adviser and the Emergency Assistance Grant chairman: Mrs. Leslie Woehlke, 1045 Circle Drive, Elm Grove, Wisconsin, 53122.

In order to qualify, you must be a woman college student, citizen of the U.S. or Canada, have completed two years of study on a campus with a chapter of Kappa Kappa Gamma; or be a graduate student on a campus with a chapter of Kappa Kappa Gamma.

Application forms are on file with your Scholarship Chairman. Forms may also be obtained from the chairman listed on this page, the "Directory" of THE KEY, or from Fraternity Headquarters, P.O. Box 2079, Columbus, Ohio 43216.

Address your questions to the chairman or director of philanthropies:

Mrs. Walter Keith
405 W. Vermont
Urbana, Illinois 61801

CIRCLE KEY GRANTS OF ROSE MCGILL

For Kappa alumnae needing educational assistance at any time of the year as long as funds are available. Awarded on basis of need, merit, and individual goals for study at a college, university, career, vocational or technical school for the purpose of aiding career qualifications. Available in varying amounts not to exceed \$500.00. Application forms available from: Mrs. Robert S. Beachy, 7908 Bristol Ct., Shawnee Mission, Kansas, 66208

GRADUATE FELLOWSHIPS \$500—\$750

For Kappa members and non-members with high academic standing, who need assistance in training and careers. Applications may be secured from: Dr. Miriam Locke, 1715 Fourth St., Tuscaloosa, Alabama 35401.

APPLICATION DEADLINE
FEBRUARY 15TH

REHABILITATION SCHOLARSHIPS

Undergraduate scholarships in Rehabilitation \$300—\$400

For Kappa members and non-members majoring in any phase of rehabilitation.

Graduate Fellowships in Rehabilitation \$300—\$1000

For Kappa members and non-members doing advanced study in some field of rehabilitation.

For information and application write the chairman: Mrs. Thomas F. Long Jr., 2901 Martin, Wichita Falls, Texas 76308.

APPLICATION DEADLINE
FEBRUARY 15TH

ROOT FOREIGN LANGUAGE SCHOLARSHIP \$1000

For Kappas to study a foreign language for a year in the country of that language. This fellowship is available for Kappa graduate students only. For information and qualifications contact: Dr. Miriam Locke, 1715 Fourth Street, Tuscaloosa, Alabama, 35401.

APPLICATION DEADLINE
FEBRUARY 15TH

ALUMNAE NEWS

edited by
Lois Catherman Whittaker
BΣ — Adelphi



Chari Beaudy, BΠ—Washington, president; Karen Lovsted, scholarship chairman and daughter of Louise Clarke Lovsted, BΠ, '78-79 alumnae president; Jack Sikma, Seattle Supersonics and All-star Center of the N.B.A. Champions; Joan Kronenberg, project chairman; Linda Nelson before a Sonic's game.

Seattle Is Super!

Kappas in Seattle, Washington, are proud of their membership in Kappa Kappa Gamma and are also proud that they live in Seattle. What could be more natural than to involve actives and alumnae in fun, philanthropy and programs that demonstrate their pride in city and Fraternity.

Seattle Day Nursery was chosen several years ago, after careful research, as the group's local philanthropy. With three branches in various areas of the city, the nursery program cares for children who might otherwise be alone or poorly supervised. Mothers pay according to their ability, if at all. To raise funds, alumnae members made and donated various arts and crafts and all proceeds from their fair and wine and cheese tasting party went to the nursery. A special interest was in providing money to assist the child abuse program, a pilot project which includes neighborhood visits as part of a prevention program. In addition to financial contributions, work parties spent two days painting a room at the nursery and Shirley Day Pitcher, BΠ—Washington, and husband Robert donated the floor covering. Kappas also serve as volunteers to feed infants and toddlers.

As enthusiastic supporters of the Seattle Day Nursery, the alumnae were delighted when Beta Pi Chapter actives expressed an interest in working with them to support the nursery program. Ten chapter members attended each home game of the Seattle Supersonics basketball team to hand out flyers promoting the all-star balloting and the chapter earned \$750 for the nursery. Past and present active and alumnae presidents attended the 70th anniversary celebration of the nursery, heard Eleanor McGovern speak and presented their contributions to Pat Gogarty, executive director of the nursery's three branches. He in turn, presented framed certificates to the actives and alumnae in recognition of their work and support.

However, Seattle spreads its eggs among many baskets. A Christmas party with a talk and demonstration of



A whimsical scene on the wall of the room decorated by Kappas in the Seattle Day Nursery.

wreath-making and holiday decor brought generous donations for the group's Christmas Sharing Program recipient. Lake Washington, Tacoma and Everett alumnae added gifts and all were touched by the letter of thanks from a grateful Kappa sister.

Among alumnae members in Seattle are many talented Kappas and they are called upon to share their expertise with the group. Dixie Thompson Porter, BΠ, gave a series of classes on personal financial planning last year and will be this year's Founders Day speaker. Peggy Baugh Newsom, also BΠ, presented a program for actives and alumnae jointly on life planning. She is a counselor on the staff of the Individual Development Center, Inc., a life-planning, counseling center for adults facing career or personal decisions. With Sheri Raders, she wrote *Seattle Career Hunter's Guide*, published last year and well received in the area. Noted in the summer issue was the innovative idea of spotlighting an alumnae member in the association newsletter. Special congratulations were recently given to Diana Thorp Holland, BΠ, first woman president of the University of Washington's Alumni Association.

Interacting with the local college chapter, involved in community activities, helping others in Kappa and locally, tapping each other's talents and abilities, and enjoying community, fraternity and the individual—the Seattle Kappas do it all. Perhaps the basketball team would allow adoption of its name and we'd have the Kappa Super Sonics!

Alumnae Activity . . .



Northern Orange County

Alumnae president Louise Danforth Muenstermann, ΓΓ—Washington University, and tournament food chairman Helen Halcomb Houlahan, ΔM—Connecticut, display big smiles upon hearing that the Fifth Annual Tennis Tournament of the Northern Orange County (CA) Alumnae Association netted over \$500 for their local charity, the Hereditary Disease Foundation.



Waco

A hearing aid loaner bank, the first of its kind in the area has been established at the Baylor University Speech, Hearing and language center as a result of donations from the Waco Alumnae Association and Eaton and Tweddale Hearing Aid Service. Twenty-one used hearing aids donated by the hearing aid service will be repaired with \$800 provided by Kappa alumnae and raised through a benefit dinner featuring Richard "Racehorse" Haynes, noted attorney, as speaker. The refurbished hearing aids will be available through the center to persons in need of a temporary aid or those unable to afford one, and will be of special help to children. Dr. Alan Richards, audiologist at the Baylor center; Ronald R. Tweddale of the service, and Alyce Beard, EY—Baylor, examine some of the aids.



Northern Virginia

Jeanne Jacques Glasgow, ΓK—William & Mary, (second from left) and Valerie White Freeman, BΠ—Washington, (right) helped to hostess an Easter party given by the Northern Virginia Association at the Virginia Training Center for the Retarded. The association has also helped the Northern Virginia Association for Retarded Citizens with funds raised from the sale of pecans and Kappa scarves, gourmet cooking classes and a cocktail party at the National Botanical Gardens. Proceeds from these activities have also supported Kappa's Student Aid Fund and the Y.W.C.A. Special Olympics for the handicapped.



Hinsdale

A small key plaque and a \$100 award has been presented for each of the past eight years to an outstanding senior girl at Hinsdale Central High School by the Hinsdale (IL) Alumnae Association. Displaying the plaque, with the names of past winners, that hangs in the high school lobby are Suzanne Shaughnessy, Y—Northwestern, and Candy Murphy Timson, BM—Colorado, chairmen of the association's Kappa Key Award Benefit Dinner Dance.



Lackawanna

The spring luncheon of the Lackawanna (N.J.) Alumnae Association was held at the Stillman Gardens, home of Virginia Brown Stillman, BY—W. Virginia. The gardens were fashioned out of farmland and designed by Takeo Shiota, who later designed the Japanese Gardens for the famed Brooklyn Botanical Gardens. Several movies were filmed at Stillman Gardens, including "Madame Butterfly," starring Mary Pickford. After her husband's death, Mrs. Stillman had the large home razed and built cooperative apartments tastefully arranged around the gardens. Enjoying the spring blossoms are Melody Murphy Hile, A^Δ—Monmouth, alumnae president, Emily Herzog Shipley, ΓΨ—Maryland; Virginia Stillman; Elizabeth Briant Lee, ΓE—Pittsburgh; Sunny Beam Lyles, ΕΓ—N. Carolina. Emily Shipley and Betty Lee were delighted to receive their 50 year pins in this lovely setting.



Wichita Falls

Last April, a tornado wiped out nearly one fourth of Wichita Falls, Texas, including the homes and business of 15 Kappas that were destroyed or damaged. The annual Kappa Kountry Kitchen of the Wichita Falls Alumnae Association, held five days previously, earned over \$1,000 through the sale of baked goods. Proceeds were divided among the tornado disaster fund, a scholarship for a nursing student at Midwestern State University and the Rose McGill Fund. Chairman Marie Hallahan Bundy, BE—Texas, Jamie Percy Estes, EA—Texas Christian and hostess Alice Williams West, BΘ—Oklahoma, are justly proud of their success.



Richardson

Last year's Flower Fair, sponsored by the Richardson (TX) Alumnae Association, was particularly appropriate since funds raised through the sale of plants and hanging baskets were donated to help establish a greenhouse at the Notre Dame School for Rehabilitation, a facility for exceptional young people—those who are mentally retarded, emotionally disturbed, language and learning disabled. This year's Flower Fair proceeds will help students start an outlet store where they may sell plants from their greenhouse and ceramics, macrame and other items. Richardson Kappas are especially proud of their contributions to the school, as one of several local philanthropies, since one of their most active alumnae members has a son attending the school. It's no wonder Susan Jones Copeland, ΔΣ—Oklahoma State, smiles as she presents Kappa's check to Carolyn Smith, director of the school.



Atlanta

The 17th annual philanthropy luncheon of the Atlanta Alumnae Association raised funds for Our Lady of Perpetual Help Cancer Home serving incurable cancer patients. Jewelry and fashions were modeled, a drawing for a money tree was held and several door prizes were given. Shown preparing for the luncheon are Betsie Schwarz Stuckman, ΔO—Iowa State; Marcia McGurn Tiedt, E—Illinois Wesleyan; Belle Drye Schafer, ΓΦ—Southern Methodist, luncheon chairman; Betsy Holman Evans, also ΔO.



Anne Perdue Herrscher, $\Gamma\Phi$ —SMU, has been selected as interim director of the society, having served in many capacities for several years. As museum program chairman for the Junior League, she worked closely with every museum in Dallas and has been on the society's board of directors and executive committee.



Dallas

Dallas Kappas are proud of their association with the Dallas County Heritage Society and its Old City Park. Charlotte Williams Finley, EA—Texas Christian, and Julie Lofland Bond, $\Gamma\Phi$ —SMU, present and past alumnae presidents, are shown with Mary Dell Dodson, also $\Gamma\Phi$, house tour chairman, and Susan Ellis Cooper, also EA, former president of the Heritage Society. Proceeds from the house tour bought an attractive welcome sign for the park.



Boston

Former chapter presidents never fade away, they just go on to help new chapters! Jane Brock, $\Gamma\Delta$ —Purdue, Nancy Chandler, $\Delta\Phi$ —Bucknell, Carolyn Bodie, $E\Sigma$ —Virginia, all former chapter presidents, met through the Boston alumnae and traveled to EX—Dartmouth to help with the fledgling chapter's first initiation on their own. Shown kneeling are Nancy, Margie Hall, EX—president, Barbara Briggs, also EX. Standing are Jane, Sue Wolcok, $\Psi\Delta$ —Cornell, EX graduate counselor, Carolyn, Lorna Telfer, $\Delta\Delta$ —McGill, then Alpha Province Director of Chapters.



Cleveland

Cleveland Alumnae Association presented a check for \$200 to the Hanna Pavilion Recreation Fund. Hanna Pavilion, a psychiatric hospital, is the largest tertiary care hospital complex in the area and Alice Cronquist, chairman of the Kappa volunteers, is proud of the work Kappas do with the children in the hospital. Jane Robb Davis, A Δ —Monmouth, alumnae president, presented the check to Lydia Oppmann, Women's Committee president.



Chapter Finance

Jane Ellen Coombs, $\Delta\Delta$ —Miami, has been appointed Supervisor of Chapter Finance at Fraternity Headquarters. Jane comes to us from Elder Beerman Department Store in Cincinnati, Ohio, where she was an advanced manager trainee and department manager of the Bath Shop and Luggage. Prior to that she had been a realtor for Wilson Realtors and worked for Lazarus Department Store in Columbus, Ohio.

Jane graduated from Miami in 1977 with a B.S. in business and served as Kappa treasurer her senior year. She says, "I just loved being treasurer: the planning, the implementing, and the success I had with the budget. I am interested in data processing and administrative type work."



Ruth holds her college scrapbook and wears her key as she enjoys reminiscing about Kappa with the members of ΔA at the dessert given in her honor in the suite. To her left is Margaret Tschan Riley, who nominated Ruth as an alumnae fellow and who is a devoted adviser and helper in many chapter activities.

Seagoing Sisters

Ruth Johnson Holden, ΔA —Penn State, is the navigator aboard her husband, Scott's, 48 foot ketch "Phonic Ear." Using the sextant and world-wide navigation systems, during the past three years Ruth has navigated over several thousand miles, from Spain to France, Corsica, Sardinia, Italy, Yugoslavia, Greece and Turkey.

Jean Barnett Rowley, B Θ —Oklahoma, is the "radio man" aboard her husband, Craig's, 50 foot yawl, "Hubris." They sailed from Houston, Texas, in April 1978 and after stops in Palm Beach, Florida, Bermuda and the Azores, and surviving a severe storm, arrived in Gibraltar on July 4th.

Six weeks later, "Hubris" sailed into Marina Baie des Anges and the Holdens hailed her over to lie beside "Phonic Ear." There Jean and Ruth began what is to be a lasting friendship between two Kappas who had never known each other. Realizing that there was something special about Jean, one day Ruth asked if she might be a Kappa. To the delighted surprise of both, they found that they shared this special bond.



Ruth Holden and Jean Rowley try the grip after becoming acquainted at a marina on the French Riviera.

Ruth Holden has had a busy and successful career unrelated to the sea. She invented several devices to aid those with speech or hearing handicaps. (See "Names in the News," *The Key*, spring 1978.) She and her husband founded HC Electronics for world-wide distribution of her inventions and Ruth credits Scott with the major portion of their success. They sold the business three years ago and now live aboard the yacht full time.

This spring Ruth was named an Alumni Fellow, the highest award given by her alma mater, Pennsylvania State University and returned to the campus in April for four days of intensive workshops and meetings with students in speech, engineering, business, human development and education classes. She breakfasted with deans, dined with alumni and was honored at a reception hosted by University President John Oswald and Mrs. Oswald, but she writes . . .

"Visiting the ΔA suite was the highlight of my week. It was thrilling to see the sisters return, not to tradition, but to the social graces of the era in which I was a Kappa. I spoke primarily to them about their having a sense of urgency that I had learned as a ΔA when, as scholarship chairman, I brought the chapter from last to second place. Also, how KKG had helped me define my objective, set priorities, organize myself, be sensitive to people, criticize constructively and keep profit as a motive. I particularly referred to the book *The Millionairess* by McCoy that tells about 12 women who, with no capital and no family wealth, are today millionairesses because of their sense of timing, analyzing a need, tremendous drive and a very positive attitude. It was an exhilarating evening . . . almost like the night before pledging!"

She also recalled that the chapter gave her so much as an undergraduate. Helen Kinsloe, also ΔA , helped her obtain financial assistance to complete her education, for example.

Linda Pierson, ΔA president, feels that the chapter was extremely fortunate to meet Ruth and experience her warmth, sincerity, openness, sense of humor, dedication to her career and enthusiasm in encouraging them to pursue their own career goals. Chapter members were interested in Ruth's observation of the similarities in her college days and the present.

By the time this reaches print, Ruth may be almost anywhere on the high seas. Plans called for a September sailing to Madeira, Cavarias, Cabo Verde off the coast of Africa and across the Atlantic in November to Barbados. Full circumnavigation of the globe is expected to take several years.

We may not know when we will hear from her again, or where, or what her next project will be. But one thing is certain, even without a sextant in hand, Ruth Holden knows where she has been and where she is going.



Ruth sits at her desk aboard "Phonic Ear" before departure to circumnavigate the globe. She wears a Kappa blue and blue scarf with the design of Penn State's Nittany Lions. On the wall to her right is the plaque she received when named an Alumni Fellow.

Names in the News . . .



Susan Fox Graham, BA—Pennsylvania, is a producer with Channel 33, WITF-Hershey, PA, the local educational station. She has an active role in a weekly news magazine program, 360, and recently produced a half-hour segment of special note. Entitled "The Governor Speaks to the Class of '79," it showed Governor Richard Thornburg addressing the graduating class at the Milton Hershey School, a private school founded by the late Milton Hershey. Susan featured the reactions of the students: optimism, serious approach, awareness of responsibilities in society and the problems of the world around them. It brought home to many adults the tremendous capability and potential of our young people. Editor's note: a letter from a proud husband, Dr. William P. Graham, III, chief of plastic surgery at the Milton S. Hershey Medical Center, brought the information about his wife, Susan, to *The Key*.

Donna Faw, ΔB—Duke, took only five years to rise from "go-fer" behind the scenes to executive producer of the PBS weekly television series "Consumer Survival Kit." Even though many local stations have consumer segments on their news reports, the half-hour show produced at the Maryland Center for Public Broadcasting is the only nationally broadcast consumer program in the country. The show has great appeal for the elderly and appears on over 200 stations nation-wide.



Mary Jamia Jasper Jacobsen, Δ—Indiana, is program director of the Indianapolis Site offices of the Association for Children with Learning Disabilities Research and Development Project. This is a federally funded program under the Offices of Juvenile Justice and Delinquency Prevention and was created to research the link between learning disabilities and juvenile delinquency. It provides an academic remediation program for randomly selected adjudicated juvenile delinquents, 12 to 18 years old, with learning disabilities. Jamia has published several articles, spoken on TV and to civic groups, has been active in many organizations, is a wife and mother of two grown children and proudly states that she is the daughter of a 50 year Kappa, Mary Tucker Jasper, also Δ. Jamia has extensive teaching experience in many areas of the handicapped and is currently completing her doctorate in special education.



Edith Mulhall Achilles, BE—Barnard, received the Alumnae Recognition Award for outstanding service to Barnard College. An active worker since her undergraduate days, she became the youngest president of the alumnae, served as alumnae trustee and as member and chairman of many alumnae committees. Cited for her lifelong commitment to Barnard, Edith's dedication contributed to the college and its graduates in achieving their highest goals.



Jane Purdy Cable, Ψ^{Δ} —Cornell, was named 1978 Woman of the Year by the Canton (Ohio) Junior League. Nominated by the Woman's Advisory Council of Malone College and the Canton Women's Club, Jane was cited for her volunteer contributions in the fields of health, social welfare, the arts and education. She is currently a member of the board of trustees of Malone College and former chairman of the Women's Advisory Council.

Betty Lou McVay Varnum, H—Wisconsin, hostesses and produces the nation's longest-running locally produced children's show, "Magic Window" on WOI-TV, Des Moines. She also produces a weekly public affairs show, "Dimension Five," as well as occasional specials. The puppets who share the screen with her are very real to Betty Lou and, in turn, she is often recognized by Iowa State students as she crosses campus to the television studio.

Owl's Eye Glimpses . . .

Looking west, **Rosemary Lynch Mitchell, ΔT** —U.S.C., owns her own shop, "The Happy Cooker," in Pasadena and another U.S.C. Kappa, **Cheryl Knudson Wegge**, operates "The Chocolate Moose," a shop featuring antique and modern baskets and other decorator items in San Marino.

Across the United States in New York City, **Pamela Parish Hirsch, $\Gamma \Delta$** —Purdue, owns and operates "Mary Arnold Toys" and **Virginia Lester Mapel, B Θ** —Oklahoma, owns and operates "The Gazebo," a shop offering antique wicker furniture and silk flower arrangements.



Catherine Santa Maria Marshall, B A—Pennsylvania, says she has a "whole bunch of titles" connected with her work at Penn's Annenberg Center. She is artistic adviser for student performing arts, assistant managing director of the center with responsibility for the technical staff, director of educational programs and lecturer in the Faculty of Arts and Sciences. She has seven children of her own and is most interested in directing the Penn Players in children's theatre. She feels that the center should bring the best of theatre to every age group in Philadelphia and hopes to start a series in children's theatre at the center.

Betsey Bement Lovelace, $\Delta \Gamma$ —Michigan State, is known as the angel of the surgery family room at the University of Michigan Hospital. She greets relatives and friends of surgical patients as they anxiously await the results of operations and performs any service she can to make them more comfortable and relaxed.



Betsy Lovelace chats with Henry Daprich in Surgery Family Room.



Caroline Lexow Babcock, B E—Barnard, pictured as she looked in 1914, contributed her papers and recollections to the writing of *Ladies' Lib: How Rockland Women Got the Vote* by Isabelle K. Savell. Caroline was one of New York's leading suffragists and an ardent battler in Rockland County, a suburban area just northwest of New York City.

Irene Wells Foley, B Ω —Oregon, with her husband Robert, served in Narita, Japan, under the Missionary Assistants Corps program of the Conservative Baptist Foreign Missionary Society, where they helped to establish a core group from which a church might be developed.



Melody Griffin, $\Gamma \Phi$ —Southern Methodist, has appeared in the active chapter section of *The Key* as the Miss New Mexico contestant in the 1977 Miss America Pageant and as a chapter member with many campus activities and honors. Today Melody continues to bring fame to Kappa as a member of The New Christy Minstrels, and is having a great time on tour. She is pictured third from the left.

HAZING

By Willa Jones
ET—North Carolina

It brings us closer together, they say.

Tradition. Everybody's always done it.

Challenge. A way for pledges to prove they're worthy of membership.

Entertainment. Lined-up, road-tripped, costumed, blindfolded, ridiculed, ostracized, mortified. All in fun. Always for a good laugh.

Hazing. It's known as the traditional game of American fraternity life. And it's killed at least 12 U.S. students in the past six years.

Students like Bruce Wiseman. Bruce was 18, a fraternity pledge at Louisiana State University. He and 18 other pledges were soon to be initiated. They were blindfolded and taken to the west bank of the Mississippi River. Blindfolded—and told to cross a winding river road to reach a secluded site for a solemn brotherhood ritual. Bruce never made it to initiation. He was killed when a car struck the line of pledges, walking single file with their hands on the shoulders of those in front of them.

Thomas Fitzgerald, 19, made it to his ROTC fraternity initiation at St. John's University in 1976. But he never became an active brother. He was accidentally stabbed to death during the initiation. A cadet officer was later acquitted of charges, and the fraternity disbanded.

There's a fitness craze sweeping the country—especially on college campuses. Running shoes and warm-up suits are basics in collegiate wardrobes. Run-a-thons and jog-a-thons, all kinds of marathons are popular activities among Greeks. Great ways for pledges to prove themselves. Right? Wrong. Prolonged running and lack of sleep during pre-initiation week, and a 19-year-old undergraduate died of a heart attack in 1976. Another Greek at a major university died when his heart failed after calisthenics.

Hazing has a long history. Although it is usually considered a creation of the fraternity system, it's a comparatively recent development in fraternity life. And it's not even an American invention. It began in Europe.

Dr. Frederick D. Kershner Jr., Delta Tau Delta national president and professor of history at Columbia University, traces European hazing, or pennialism, back to the Middle Ages. He cites detailed descriptions from the early 1400s. "The underlying idea . . . was that the newcomer to the university was an untutored, uncivilized man, who had first to be polished before he could become a regular member of the university; before he would taste the sweets of a student's life he should suffer hardships," one authority says.

The freshman had to prove himself. The test included weird dress, physical abuses, coarse jokes, extortion of money and dinners for the hazers—all to help the freshman find his place in the academic community.

Some freshmen died trying to prove themselves. Others were seriously injured. And during the 1600s, instead of moving to outlaw pennialism, European universities reinforced it. They required prospective masters

students to produce an official statement proving they had completed pennialism. Parents saw the custom as barbaric. They pressured the universities, and the end of the medieval period in the 1700s also marked the end of pennialism.

As pennialism faded away in European universities, a similar practice was taking hold in England. Fagging. Also a form of "civilizing" the freshmen, it was a means of teaching humility and proper behavior by emphasizing personal menial service and drudgery.

"Each upperclassman selected a 'fag' from among the new boys, made him run errands and clean up his 'digs' or quarters, and administered physical punishment along with verbal abuse to the miserable fag," Dr. Kershner says. All designed to teach humility and proper behavior. The 1770s found "fags" cleaning up "digs" in many aristocratic prep schools, and in Oxford and Cambridge, too.

It was almost a century later that hazing became prominent in the United States. The first American colleges were in the East. These schools had strict rules for freshmen—rules enforced by the faculties. About 1850, faculties gave sophomores the enforcement task. And the sophomores changed enforcement to hazing. They said it built class unity and enhanced school spirit. So hazing became an American college tradition. It had developed earlier at the military academies—West Point and Annapolis. Now it spread to Ivy League and older state universities.

Like pennialism and fagging, hazing produced injuries and deaths. But there was a difference in these practices, too. "American hazing stressed crude pranks, while English fagging centered upon personal servitude of a very undemocratic kind," Kershner says. "It was erratic and occasional, rather than an everyday affair."

But what about hazing, the traditional game of American fraternity life? It is the sport of those "men who think alike, drink alike and dress alike, leaving the isolation of their secure houses only to attend occasional classes, but otherwise huddled together in socially snobbish, academically irrelevant, politically unconcerned herds, for the purposes of social advancement, self-admiration and psychological security." (That's the public impression of "frats" according to one university president.)

Well, fraternities didn't practice hazing during their first 100 years. Political and religious influence had something to do with that. After the American Revolution, American universities wanted to be different—better than their European counterparts. Fraternities were proud of that difference. Democracy was in, and pennialism and fagging were undemocratic. Fraternities founded between 1825 and 1890 had strong religious bases. Morality was serious business, and pennialism and fagging seemed immoral.

There were other reasons that hazing and fraternities didn't go together. The Gay Nineties were still a few years away, and so was the big university era. And fraternity chapters were small. They rarely pledged more than 12 members, had no pledge period and had simple initiation

ceremonies.

With the 1890s came bigger universities, and with that growth, competition between freshmen and sophomores. Hazing spread from those rivalries to fraternity circles. How ironic that fraternity men learned hazing from independent students—probably the loudest critics of Greek groups today.

Fraternity hazing had critics by 1920. But the critics attacked hazing as a general practice, not specific hazing tragedies. "The fact was that hazing was widespread and growing, against the will and legal sanctions of the alumni," Kershner says. "And the undergraduates now believed that hazing was invented by the founders—secretly, of course."

So fraternities hazed and had their secrets. But hazing was still not the traditional game of American fraternity life. Fraternities contributed only 5 percent of total hazing. Military academies and athletic and freshman class hazing made up the rest.

A special committee was appointed in 1900 by the U.S. House of Representatives to investigate hazing at West Point. They found a whole code of unwritten laws governing the relations of upper-class men with fourth-class men, or plebes. It took four volumes to publish their findings: Things like the deaths of two cadets; and more than 100 ways to annoy and harass fourth-class men.

"Eagling.—This consists of the fourth-class man standing on his toes with his arms extended, dropping down to a sitting posture, rising part way, waving his arms like wings, again depressing his body to a sitting posture, rising in like manner, and continuing this during the period or for the number of times required." Usually required three or four hundred times.

"Choo-chooing.—This consists in lying on the back and working both legs and arms in imitation of the motion of the wheels of a locomotive.

"Swimming to Newburg.—This consists in lying face down and working the hands and feet as if swimming.

"Sitting on bayonet.—This consists in assuming, while on one's feet, a sitting posture, with the bayonet standing, point up, under him, so that if through weariness he allows his body to sink down he will be punctured with the bayonet.

There were lots of ways to play the game. Plebes stood on their heads in water-filled tubs, slid naked on soapy floors and had cold baths in the street. There were refreshments—quinine tablets, and prunes. One plebe ate 130 of them. For a little spice, there was hot sauce, known at the Academy as "hell sauce" probably because the plebes were forced to take one or two tablespoons at a time.

Hazing happened at West Point, on athletic fields and in fraternities. Sounds like it was a game just for men. Maybe so—if hazing is considered physical abuse alone. But the definition of hazing goes beyond that. Kappa Kappa Gamma's Policies of the Fraternity state:

Any activity which is demeaning, embarrassing, injurious mentally or physically to an individual or a

group, is considered *hazing* and is *not* permitted.

Women played the hazing game long before they could play little league baseball. Fraternities for women, just like the men's groups, experienced an increase in hazing activities from 1880 to 1940. They had mock initiations and they "rode the goat." They didn't kill their sisters but they damaged them psychologically.

Without knowing it, our groups still make pledges ride a psychological roller coaster. According to Kappa's 1978-1979 field secretaries, one of the hardest things for chapters to do is to determine what is considered hazing. Thomas R. Dougan, a University of Florida dean in charge of Greek affairs, says it's all a matter of attitude. "Some groups make a distinction between actives and pledges. Instead of carefully assimilating pledges into the group, actives try to make them feel different."

That difference makes the difference. It leads to embarrassment, humiliation, shame and feelings of subservience. Even deep emotional hurt, say our field secretaries. It sometimes results in pledge resignations—all because pledges have to line up, sound off, dress up and drink up, have their paddles signed, scavenger hunt, use a different door to come in and different stairs to go up, wear clothes that are conspicuous and not normally in good taste, taste things that don't taste good, drink things early in the morning.

Earlier this year, in an open letter to all chapters, Kappa Kappa Gamma Fraternity President Jean H. Wells said, "Hazing practices occurring across the country . . . have focused national attention upon the Greek system as a whole on college and university campuses. The thoughtless, immature, and irresponsible behavior of the few has brought general discredit to the good of the whole and the benefits to be derived from fraternity membership . . . If any of your activities could be construed as hazing, eliminate them. If you are in doubt, ask."

Because there's little doubt that negative press about hazing will continue, and bad press can only hurt our membership, the challenge to the Greek community is obvious. "Fraternities must develop better programs of community and public education, both on and off campus, to highlight their purposes and overcome the images of the past," says the editor of the *Interfraternity Advisory Council Bulletin*. Images of the past are ever-present in films like "Fraternity Row" and its television off-shoot, "Delta House," "The Initiation of Sarah" and "Stranger in the House." Adele Williamson, Phi Mu NPC delegate says "We can expect keener criticism of our programs and of any latent hypocrisy in our sisterhoods. We must be ready to offer opportunities for collegiate members' development in all areas in which women of the 1980s will excel . . ."

Hazing. The only fraternity activity with nationwide publicity. Known as the traditional game of American fraternity life.

"It's like putting your fiancée through hell during your engagement," said one pledge. "And then telling her you love her after it's all over."

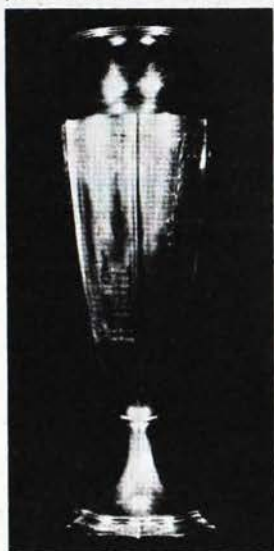
Tennis Feature:

"Get your first service in!"

Hazel Wightman, on right, donor of Wightman Cup (pictured below) is shown with Dorothy Green in 1910.



Bottom right—the pig-tailed Helen Wills was US Junior Champion in 1921 and 1922, below left, at the age of 18 she is looking characteristically poker faced.



Kappas playing tennis have amassed twenty-one Wimbledon trophies, 76 United States championships, 34 Wightman Cups, four Olympic gold medals, and 45 international championships. Kappas have won on clay, grass, wood, and composition; indoors as well as outdoors; in England, France, Australia, Italy, South Africa, and Canada.

Spanning 70 years and still charging the net, there is no ending to the Kappa tennis story. Beginning with Hazel Wightman in 1909, the racket passed to Helen Wills,

By Carol Cheny Williamson ΓΨ-Maryland

Doris Hart, and Nancy Chaffee, all of whom were national champions. Two sisters, Marjorie and Hope Leeming (ΓΥ-British Columbia) were Canadian national champions. In 1979 Wendy Overton will try for the U.S. title. Incredibly, all these champions knew each other to be Kappas. At one time or another Hazel coached Helen and Doris, and Doris coached Wendy. All of them had been houseguests of Hazel, whom they called, "Mrs. Wightie."

"The Odd Couple" might describe the partnership of Hazel and Helen. Teamed as doubles partners they won Olympic gold medals in 1924, and U. S. doubles championships in 1924 and 1928. At that time Helen was eighteen and Hazel was a 38-year-old mother of five. Where Hazel was under five-feet tall and compact, Helen was five-feet seven inches of lithe teenager. As partners they were never beaten.

HAZEL HOTCHKISS WIGHTMAN (Pi—U. of Cal. Berkeley) won her first national championship in 1909 wearing the acceptable ladies' tennis attire of the day: a corset; starched petticoat; starched shirtwaist dress with long sleeves and cuff links; a high collar with four-in-hand necktie; a belt with silver buckle; and sneakers with large silk bows. Over the years she did wear her skirts shorter, but never the way they are today. According to Hazel, "I'm almost embarrassed to see a lady's pants. To me your pants are your own. And you only wear pants just because it's your own business, see? And a woman's behind isn't very pretty anyway. When they serve and you can see all the way up to their waistbands—it's hideous!"

Tennis came to the United States in 1874, and tournaments for women were inaugurated in 1887, but garnered little attention until Hazel Hotchkiss appeared on the scene. During her fabulous career which spanned four decades, she captured 44 national titles, the last of which was a senior's championship when she was 68 years old. Hazel came to be known as "The Queen Mother of Tennis."

Born in Healdsburg, California, in 1886, Hazel was the daughter of a pioneer who drove there in a covered wagon from Kentucky and became a successful winery owner and farmer. She played baseball and football with the boys, who called her "Sis" and thought she was the best girl around. Never seeing tennis played until she was sixteen, Hazel was immediately fascinated by a ball with so much bounce. Since there was only one tennis court in Berkeley, the family's new hometown, she played mostly in her driveway, which was gravel. In her tennis career Hazel was known as an expert volleyer (which is returning the ball before it hits the ground), and she learned to volley because the ball didn't bounce accurately on gravel.

Women used to serve underhand and play standing near the baseline. Hazel, however, served overhand from the beginning and played the net. She never had a coach, but because she was a cerebral player, she thought out the best way to succeed. Hazel figured that if her opponent was going to stay way back there, she'd have lots of space even if she rushed the net. She was also the only girl who could smash.

"You see, I'm a player that if any ball comes over the net and there isn't anybody to play it but me, I'll be there. And I didn't win by *losing* the points, you know," Hazel said jocularly.

Hazel was so short that she could not cover the distances as fast as her opponents, so she tried to make her shots so difficult that she wouldn't get caught on the next shot. Another tactic she employed was the lob—if she put the ball way over her opponent's head, Hazel found out that many times they wouldn't have the sense to go over and get them.

Today most players train by staying on certain diets and practicing four or five hours a day. Hazel's idea of training was "eat, drink, and not be too merry." She was always either having a baby or nursing a baby, so if she happened to play one hour a day, that was pretty good.



Hazel was happier teaching tennis than anything else. Every winter beginning in 1923 until her death at the age of 87, she conducted Saturday-morning tennis classes at the Longwoods Club near her home in Chestnut Hill, Massachusetts, for twenty to thirty girls. Her advice to tennis teachers is: "I think the only way you can teach tennis is slow motion to begin with, so the ball is hit smoothly, rhythmically, nothing jerky about it. I always demonstrate with my own racket because people *see* easier than they *hear*." She has probably developed more players than any other, and given more lessons than any professional.

Her book, *Better Tennis*, was published in 1933. Hazel wrote a lot of it in short installments in her car while waiting to collect her five children at their various schools. It is written in low-flying prose advocating nothing more bizarre than good old-fashioned practice. At the end of the book, she distills her advice on the game into an alphabet of alliterative maxims including "Quash Qualms" (for the letter Q) and "Xceed Xpectations" (for the letter X).

Hazel Wightman will always be remembered as much for her sportsmanship and femininity as for her unprecedented championships. She once told Billy Jean King, "Please don't swear when you miss a point. Men swear, but ladies don't. After all, if YOU miss a ball, who's to blame?" She didn't like to hear noise from the gallery because she realized that she depended on hearing the sound of the ball on the racket to determine how far the ball was going to go. Her well-demonstrated conviction that good sportsmanship is crucial to the game makes the ill-mannered Jimmy Connors and Ilie Nastase look like spoiled juveniles.



Hazel Wightman said, "Practice makes perfect, and your enjoyment increases as your skill improves." (*Sports Illustrated* photo by Roy De Carava © Time, Inc. April 10, 1972.)

LETTERS OF ADVICE <i>Mrs. Wightman's Tennis Alphabet</i>		
		
Always Alert	Just Jump	Stand Straight
Be Better	Keep Keen	Take Time
Concentrate Constantly	Less Loafing	Umpire Usually
Don't Dally	Move Meaningly	Vary Volleys
Ever Earnest	Never Net	Work Wiles
Fair Feeling	Only Over	Xceed Xpectations
Get Going	Praise Partner	Yell Yours
Hit Hard	Quash Qualms	Zip Zip
Imitate Instructor	Relax Rightly	

In 1920 Hazel offered a trophy similar to the male Davis Cup for international competition among the ladies. When the new 13,500-seat stadium had just been built at Forest Hills in 1923, her idea was accepted, and the stadium was dedicated with a match between the best women players in Great Britain and the United States. Hazel Wightman put up a silver vase which she called "The International Ladies' Trophy." It has come to be known as the "Wightman Cup." The series consists of five singles matches and two doubles.

She gladly accepted the captaincy of the American team, and among her four players she selected another Kappa, Helen Wills. The American women won 7-0. Out of the 49 clashes the Americans have won 40 times, and 34 times included winning Kappas.

Commemorating the 50th anniversary of the Wightman Cup, Hazel Hotchkiss Wightman was made honorary Commander of the British Empire. Her Queen's Honors medal was presented at the British Embassy in Washington, D.C. November 29, 1973. She sometimes wore the medal when she went out at night. Not many Americans could write a C. B. E. after their name!

In 1971 at the Pine Manor Tennis Camp Hazel was wearing a little plastic pin from a Virginia Slims tournament when Arthur Ashe came up to her, pointed to the pin, and told her, "You sure have!" The pin read, "You've come a long way, baby."

On December 5, 1974, Hazel Wightman died at her home in Massachusetts. She would have been 88 years old on December 20. The woman tennis player she admired most was Helen Wills.



The Charleston, tin flivvers, and speakeasies were the era of HELEN WILLS MOODY (Pi—U. of Cal. Berkeley), now Mrs. Aiden Roark. Helen is thought to be the greatest woman player of all times. Winner of 53 championships, she only lost three sets in the seven years between 1926-1933. Helen did as much as any other single person to make women's sports equal to men's, but always considered art and writing to be her life's work.

Her father, Dr. C. A. Wills, a devoted tennis player, introduced Helen to the game when she was thirteen. She took to it immediately and one month later was beating her father. The road to greatness is hard work, but she followed it with the help of William C. "Pop" Fuller, coach at the Berkeley Tennis Club.

Three afternoons each week for five years she practiced, some days repeating a shot a thousand times. "Pop" Fuller would give her a box of four-dozen tennis balls, and one after another she would serve them, aiming for a handkerchief on the service line. That was the basis for her accuracy and perfect execution. As a reward for faithful practice she could play a set or two with men players, which was her fun of the afternoon. Handling the hardest shots of the men made her game the most powerful in the ranks of feminine stars.

Helen's unruffled disposition and power of concentration enabled her to give 100% on the court, which was her secret of success. But she forgot tennis completely when not on the court, substituting other interests. She was awarded a college scholarship for highest grades, not athletics.

The most popular girl in the Kappa chapter at Berkeley,

her mother always remained her best friend. Mrs. Wills chaperoned her only child on all her tennis tournaments in America, England and France.

Helen's trademark was her middy blouse, pleated skirt, and ever-present visor shading her beautiful face. She also wore silk stockings, wool foot mits hand knit by her mother, and black-trimmed tennis shoes.

Something of an enigma to the general public, Helen was dubbed "Little Miss Poker Face" due to her seemingly emotionless style of play and aloof personality. Actually she was self-confident, somewhat shy, and possessed quite a sense of humor. "The secret of mirth," she said sagely, "is to keep it secret. Most of my laughing is done on the tennis courts in brisk fights. The fact that nobody has discovered it is one of the reasons why I laugh."

After winning 16 U.S. championships, 18 Wightman matches, five French titles, and ten Wimbledon trophies, Helen had to drop out the 1934 season. She had injured her back while lifting heavy rocks in her garden. After other treatments failed she had to have an operation.

In 1935 she came back and won at Wimbledon over rival Helen Jacobs. Departed from her usual "poker face," upon winning she let out a delighted scream, threw her racket in the air and raced to the net, laughing happily, to throw a friendly arm around her defeated opponent.

Helen retired in 1938 after winning her last Wimbledon. She turned down a professional contract for a reputed \$100,000 to settle down with new husband Aiden Roark.

Helen's life has been full of activity. She wrote mystery novels, the first entitled *Death Serves an Ace*, as well as tennis books. A feature-length movie was made about her life. Her paintings and etchings were exhibited in galleries worldwide. She sketched for a newspaper syndicate, created fashion designs for a New York department store, and did interior decorating for ocean liners.

Visitors to her home in Carmel, California, say there are no signs that a great tennis champion lives there. The place is bereft of the usual trophies, plaques, pictures, and newspaper clippings.

"I don't have a trophy room," Helen apologized. "It's too much a problem keeping trophies polished. I have them all packed away in a closet."

DORIS HART (Delta Kappa—Miami) has much in common with Helen Wills and Hazel Wightman. All three of them have been inducted into the International Tennis Hall of Fame, the Tennis Hall of Fame, and Citizen's Savings Hall of Fame Athletic Museum. Each has received a Kappa Kappa Gamma Achievement Award.

Champion of France, Great Britain, South Africa, Italy and Australia, Doris Hart ranked in the top ten players for fourteen consecutive years 1942-1955. She was Number One twice. At Wimbledon, Doris won eight times and held eighteen United States championships.

Recently Doris was interviewed by *The Key* and said, "While I was playing all those tournaments, Kappas

would come up and introduce themselves to me. I never figured out how they knew I was a Kappa."

The reason Doris became a Kappa was her sister-in-law, Hallie Mudrow Hart (Delta Kappa—Miami). As there were no sorority houses, rush was held at the Student Union. All the sororities must have tried to pledge our collegian, who was already a famous tennis star. Doris remembered well her initiation, which was held upstairs in St. Theresa's Catholic Church in Miami.

Her brother Richard "Bud" Hart was the captain of the University of Miami tennis team and ranked 17th among U.S. men. He was also Doris' coach. A P.E. major, she would be absent from college for a couple of weeks at a time to fly to different tournaments. Doris had been playing tennis since she was six years old as an exercise for an illness that threatened to cripple her.

In 1951 she was the triple Wimbledon champion, winning the singles, doubles, and mixed doubles. 1951-1954 Doris won the U.S. doubles championships with Shirley Fry, a Kappa Alpha Theta, who was also her partner in 1951-1953 Wimbledon triumphs. In mixed doubles with Chi Phi fraternity man Vic Seixas, Doris won three of her five straight U.S. mixed doubles titles, three Wimbledons and the Italian championship. Today Vic is professional coach at The Greenbriar.

Doris retired from tournament play in 1955 after two U.S. women's singles championships. She is now a professional coach at the exclusive Hillsboro Club in Pompano, Florida, from October through May.

Recently she has coached a Kappa family—grandmother, mother, and daughter. The first time they came up to her and gave the Kappa handshake, Doris was afraid she wouldn't give it correctly, but explained, "It just sort of fell in there." Evidently the trio was impressed.

This summer Doris has been suffering tendonitis in her wrist, which she received lifting groceries. She enjoys reading *The Key* which she has always kept up with.

In the summer of 1951, Doris Hart won a quarter-final match at Wimbledon en route to the title. That was not unusual. What is interesting about it is that the player she defeated was also a Kappa, Nancy Chaffee.

Known as "the glamour girl of tennis," NANCY ANNE CHAFFEE (Delta Tau—U. S. C.) ate, slept, lived and breathed the sport. Her lone ambition in life was to become the top-ranking player in the world. Instead, she fell in love and married major-league baseball's home-run king.

Nancy's father, a tennis professional, taught her the game as she was growing up in Ventura, California. En route to becoming a star, she practiced 3-1/2 hours a day, six days a week. Nancy won the National Junior Girl's championship and doubles championship in 1947, at age seventeen.

Entering the University of Southern California, she became a charter member of Delta Tau chapter. Big time tennis took up most of her life, and she was heartbroken when a back injury kept her out one whole season.



Doris Hart



Tennis star Chaffee gets instruction on holding a bat from slugger Kiner at Forbes Field, Pittsburgh, before a game. (Photo by Harry Saltzman)

Three times a week she co-hosted a T. V. talk show interviewing sports celebrities. Her co-host was Tom Harmon, a Phi Delta Theta All-American football player from Michigan.

Although she had never met Ralph Kiner, left fielder of the Pittsburgh Pirates and baseball's most eligible bachelor, Nancy's name was linked to his in a Hollywood gossip column. Tom Harmon promptly scheduled Ralph to appear as a guest on the show. Nancy tells of their meeting:

"If I said I fell hard for the man the minute I laid eyes on him, I wouldn't be telling the truth. I've met too many big, handsome athletes whose beauty was only skin deep. But Ralph impressed me by the way he talked. One of the few things I knew about baseball was Babe Ruth. So I asked him, 'Do you think you'll ever break Babe's record?' When he countered with the question, 'Do you think you'll ever win the national women's title?' I replied, 'I've got a better chance than you have.' Instead of getting mad, he roared with laughter."

A few months later Nancy was soaking in a warm bubble bath listening to the radio when Walter Winchell came on. To her surprise, the first thing he said was, "Flash! Ralph Kiner, baseball's home-run king will place a two-carat diamond on the finger of Nancy Chaffee, tennis glamour girl, tonight, to announce their engagement." The bubble bath went down the drain.



Wendy Overton at practice.



By the end of the 19th Century lawn tennis was being taken seriously by the fashion designers. Both pictures are taken from *La Mode Illustrée* of 1890. One can see why underarm service was universal among women at that time since an overhead service would have meant removing their hats.

Their wedding was highly publicized, and overflowed with sports celebrities, including matchmaker Tom Harmon. After becoming Mrs. Ralph McPherran Kiner, she appeared in the nationals and successfully defended the Wightman Cup with Doris Hart, but in 1952 she retired from tennis to concentrate on Ralph.

Many gifted athletes have been grown in Florida, and WENDY OVERTON (Delta Epsilon—Rollins) is one of them. Ranked #2 behind Chris Evert in 1972, she helped win the Wightman Cup, and ranked #2 in United States doubles.

Mrs. Overton spent many years driving her daughter to tennis lessons and tournaments, and told *The Key*, "One tournament athlete in the family is enough!" She is very proud of the fact that Wendy was #1 in the Florida juniors for four years before she was old enough for college.

At Rollins College Wendy pledged Kappa because, "It was the best and number one scholastically." She was pledge class president, later pledge trainer, and in her senior year, president of the chapter. She continues to remember Kappa's secrets and said, "I wouldn't trade my years in the Kappa house for anything. My best friend became Jane Blalock (see *The Key*, Summer 1978), now a professional golfer. Janie instigated all the pranks in the Kappa house." During college Wendy was the #1 player for Rollins. She graduated with a degree in History and Public Affairs, and with another Kappa, MONA SCHALLAU GUERRANT (Delta Epsilon—Rollins) competed in the 1969 doubles at Forest Hills.

On the Pro Tour, Wendy competed in the Bonne Bell Cup and Virginia Slims, and was also a member of three World Team Tennis organizations—in Toronto, Indiana

and Cleveland. Mona was also involved in WTT as well as another Kappa, NANCY YEARGIN (Delta Epsilon—Rollins) from Atlanta. Wendy estimates that it costs her \$25,000 in yearly expenses to be on the Pro Tour. She also appeared in T.V. commercials for Colgate and Lily of France (for their sports bra).

Last year she had to drop out of the tour to have surgery on her "tennis elbow." This summer Wendy is on location in Boston where she is coordinator of Offense-Defense Tennis Camps at Curry College for eight weeks. She directs 36 instructors who handle 140 children a week.

Wendy considers it a privilege to know many of the great Kappa tennis players, and also to call the best players in the world today her friends. She plans to try for the U. S. Open championship this year and stay with tennis always. "It's in my blood, she testified."

Certainly Kappas will continue to play tennis. The game itself refuses to be extinguished. First played in 13th Century France, the game was banned from monasteries because priests were neglecting their duties. A hundred years later tennis was banned in Britain because people were failing to practice archery. In 1397 France banned tennis from the general populace because people were neglecting their families and jobs, an indictment with a strangely modern ring to it.

Undoubtedly the first death attributable to tennis was that of James I of Scotland, who was trapped and assassinated because he had walled in an escape passageway to keep from having to chase stray tennis balls.

To all potential Kappa champions out there the best advice may be, "Get your first service in!"

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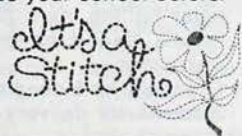
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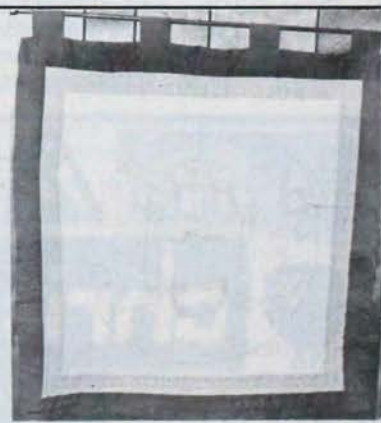
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Graduate Fellowships—Miriam Locke, ΓΠ, 1715 Fourth St., Tuscaloosa, AL 35401 (Chairman); Judges: Mary Elizabeth Brooks ΓΔ, 3, 3111 Stevens St., Apt. 3, Madison, WI 53705; Agnes Park Fausnaugh, P⁺ (H.A.) 20126 Westhaven Lane, Rocky River, OH 44116; Joyce Thomas Fuller, ΔΥ (Justin) 133 Tecumseh Rd., Montevallo, AL 351151; Cynthia Springer Harbold, M (Frederick E.) 10610 Morning Mist Trail, Ft. Wayne, IN 46804 Deadline for Applications, February 15.

Undergraduate Scholarships—Jean Risser Aiken, ΓP (W. James, Jr.) 206 Maple Ave., Pittsburgh, PA 15218 (Chairman); Judges: Marsha L. Love, EZ, 2000 S. Ocean Blvd., Apt. 402, Delray Beach, FL 33444; Sarah A. Ryder, A⁺, 3 Echo Lane, Wheeling, WV 26003 Deadline for Applications, February 15.

Undergraduate Emergency Scholarships—Lois Thompson Woehlke, ΓΔ (Leslie) 1045 Circle Dr., Elm Grove, WI 53122

Rehabilitation Fellowships, Scholarships and Services—Donna Simenson Long, BA (Thomas F.) 2901 Martin, Wichita Falls, TX 76309 (Chairman); Judges: Sandra J. Benzie, H, 1350 N. Lakeshore Dr., Chicago, IL 60610; Judith Latta, BΦ, 3900 Watson Pl., N.W., Washington, D.C. 20016; Gladys Houx Rusk, Θ (Howard A.) 330 E. 33rd St., Apt. 21-M, New York, NY 10016; Pat Burrows Vadopalas, BΩ (Paul) 781 Marion Ave., Palo Alto, CA 94305 Deadline for Applications, February 15.

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Rochester—Linda Grimes Stenstrom, H (Peter) 75 Brentwood Ln., Fairport, NY 14450

St. Lawrence—Doris Pike Gibson, BB^A (Theodore) Pike Rd., R.D., Canton, NY 13617

Schenectady—Pat Erickson Wertz, BT (James) 5 Heritage Pkwy., Scotia, NY 12302

Syracuse—Isabelle McCarthy Stoutenburg, BT (Henry) 29 Ely Dr., Fayetteville, NY 13066

Westchester County—Carolyn Bagnall Shivas, ΓΩ (James) 184 High St., Hastings-on-Hudson, NY 10706

NORTH CAROLINA (Λ)

*Asheville Area—Margaret Gwyn Latimer, EM, 3A Edgewood Knoll Apts., Asheville, NC 28804

Charlotte—Susan Johnson, K, 411 Dogwood Lane, Belmont, NC 28012

*Piedmont-Carolina—Nancy Alyea Schiebel, ΔB (H. Max) 1020 Anderson St., Durham, NC 27705

Raleigh—Sandra Gillis Rothschild, EΓ (Lloyd) 2601 Shelley Rd., Raleigh, NC 27612

NORTH DAKOTA (O)

Fargo-Moorhead—Susan Peterson Benesh, ΓT (Dwight) 2101 So. 11th St., Fargo, ND 58102

*Grand Forks—Lila Shepard Barcome, ΓT (Donald) 2424 Olson Dr., Grand Forks, ND 58201

OHIO (Γ)

Akron—Patricia Gill McKinstry, Λ (John) 1932 Thornhill Dr., Akron, OH 44313

*Canton-Massillon—Wendy Anne Turrell Bogniard, ΓP (John) 908 7th St., N.E., N. Canton, OH 44720

Cincinnati—Jane Glazer Koppenhoefer, ΓΩ (Ron) 5875 Mohican Lane, Cincinnati, OH 45243

Cleveland—Jane Robb Davis, A^A (Thomas) 2715 Bershire Rd., Cleveland, OH 44106

*Cleveland South Suburban—Dorothy Duerr Bates, BN (Donald) 20844 Oak Trail Ct., Strongsville, OH 44136

Cleveland West Shore—Katherine Rohwedder Strain, ΔO (James R.) 26699 Fairfax Lane, North Olmsted, OH 44070

Columbus—Louise Tyo Bigelow, M (William) 1764 Andover Rd., Columbus, OH 43212

Dayton—Pamela Krabbenhoft Gray, Δ (John C.) 1711 Southwood Lane, Dayton, OH 45419

*Elyria—Margaret Halsted Persons, ΔΓ (Charles) 302 Hamilton Cir., Elyria, OH 44035

*Erie County, Ohio—Michael McElwain Lenhart, K (Donald) 1205 Columbus St., Sandusky, OH 44870

Findlay—Lee Ann Ehrman McLaughlin, ΔΛ (Thomas) 2507 Sweetwater Rd., Findlay, OH 45840

*Middletown—Nancy Cameron Berg, ΔΞ (William) 135 Wexford Dr., Monroe, OH 45050

*Newark-Granville—Beverly Janzen Darling, ΓA (Robert) 4986 Caswell Rd., Newark, OH 43055

*Springfield—Sherry Feaster McKinnon, M (David) 1741 Crestview Dr., Springfield, OH 45504

Toledo—Marcia Irwin Gautsche, BM (Harry) 4550 Torquay Ave., Toledo, OH 43615

*Youngstown—Eugenia Kane Swanson, P^A (Philip) 6816 Tanglewood Dr., Youngstown, OH 44512

OKLAHOMA (Ξ)

*Ardmore—Sidney Snider Douglass, BΘ (Mark) 2323 Cloverleaf, Ardmore, OK 73401

*Bartlesville Area—Peggy Potter Clark, BΘ (Jim) 2529 Evergreen, Bartlesville, OK 74003

*Duncan Area—Ann Buchanan Geurkink, BΘ (Jack) 1202 Jones, Duncan, OK 73533

*Enid—Frances Moler Shipley, ΔΣ (Jerry) 2818 Whippoorwill, Enid, OK 73701

*Mid-Oklaoma—Mary Jane Jordon Richards, BΘ (Gordon, Jr.) 15 E. Franklin, Shawnee, OK 74801

*Muskogee—Christine Clark Wagner, BΘ (C. Warren) Box 512, Muskogee, OK 74401

*Norman—Ann Monsour Nuttle, BΘ (R. Marc) 1416 Greenwood Dr., Norman, OK 73069

Oklaoma City—Anna Noel Devanney Williams, BΘ (Gordon) 1603 Rochester Dr., Oklahoma City, OK 73120

*Ponca City—Ruslyn Evans, ΔΣ, ΔΣ, 939 N. 2nd, Ponca City, OK 74601

*Stillwater—Lynn Curlee Case, ΔΣ (Kenneth) 824 Oak Ridge, Stillwater, OK 74074

Tulsa—Susan Brooke Harris McColman, ΔΣ (Rodney) 4643 S. Jamestown, Tulsa, OK 74135

OREGON (Π)

Corvallis-Albany—Molly Edick Mikesell, ΓM (Richard) 3206 North Shore Dr., Albany, OR 97321

*Eugene—Linda Cecchini Kirk, BΩ (John) 2320 Charnelton, Eugene, OR 97405

Portland—Marilyn Hooper Pamplin, BΩ (Robert, Jr.) 3131 West View Ct., Lake Oswego, OR 97034

Salem—Catherine Root Coleman, ΓM (Don) 3258 Lorian Lane S.E., Salem, OR 97302

PENNSYLVANIA (B)

Beta Iota—Marian Pratt Burdick, B1 (E. Douglass) 205 Walnut Pl., Haverstown, PA 19083

*Erie—Ann Tannehill DiTullio, ΓP (John) 5106 Clinton Dr., Erie, PA 16509

*Harrisburg—Joanne Robb Ambrose, ΔA (Robert) 54 Old Federal Rd., Camp Hill, PA 17011

*Lancaster—Barbara Bell Cooper, BA (Herbert K., Jr.) R.D. #1, Manheim, PA 17545

*Lehigh Valley—Susan Ellis Clegg, ΔΞ (Herman) 4385 Clearview Cir., Allentown, PA 18103

Philadelphia—Leslie Ledden Sherman, ΔΣ (Stephen) 25 Oakhill Cir., Malvern, PA 19355
Pittsburgh—Lynn Gray Hecklinger, ΓΕ (E. Martin) 120 Grayfriar Dr., Pittsburgh, PA 15215
Pittsburgh-South Hills—Grace Ganter Anderson, ΔΑ (John) 511 Westover Rd., Pittsburgh, PA 15228
State College—Janet Carlson Kepler, ΔΑ (George) R.D. 2, Box 246-B, Spring Mills, PA 16875

RHODE ISLAND (P)

**Rhode Island*—Ellen Varian Kuster, Λ (Hans) 35 Nayatt Rd., Barrington, RI 02806

SOUTH CAROLINA (M)

**Clemson*—Jane E. Julian, EM, P.O. Box 6502 Clemson Univ., Clemson, SC 29631
Columbia—Brenda Bethune, EK, 2325 Blossom St., Columbia, SC 29205
Greenville Area—Margaret Ballard Spradlin, EM (Dwayne) Rte. 3, 81 Plaza, Piedmont, SC 29673

TENNESSEE (N)

**Chattanooga Area*—Nancy Doudna Mullady, Δ (Thomas) 1100 Cumberland Rd., Chattanooga, TN 37419
Knoxville—Susan Kane Barker, EΛ (Henry M., Jr.) 1312 Sumac Dr., Knoxville, TN 37919
Memphis—Sharon Gafford Ritz, BΘ (Michael) 1959 Corbin, Germantown, TN 38138
Nashville—Carolyn Stitt Spurgeon, ΔΠ (Andrew) 313 Lynwood Blvd., Nashville, TN 37205

TEXAS (Θ)

**Abilene*—Suzanne Childress Shahan, ΔΨ (Gary) 4649 Bruce Dr., Abilene, TX 79606
Alice-Kingsville—Charlene Menchey Gunter, ΓΡ (Billy) 409 Alexander, Kingsville, TX 78363
Amarillo—Suzanne Stokes Curtis, ΔΨ (Don) 2800 Ong St., Amarillo, TX 79109
Arlington, Texas Area—Catherine Boyer LoPresti, BM (Peter) 2815 Woodwind Dr., Arlington, TX 76013
Austin—Kay Kriegel McNabb, BΞ (James) 2422 Jarrett, Austin, TX 78703
Beaumont-Port Arthur—Vera Kinkler Martin, ΔΨ (James, III) 6155 Wilchester Ln., Beaumont, TX 77706
Big Bend—Douglass Adams Kerr, ΓΖ (James) Box 1546, Fort Stockton, TX 79735
Brownwood-Central Texas—Margaret Colston Chandler, BΞ, 2604 Southside Dr., Brownwood, TX 76801
Bryan-College Station Area—Joanne Petefish Velie, Θ (J. E.) 2805 Cherry Creek Cir., Bryan, TX 77801
Corpus Christi—Libby Rogers Healy, ΓΦ (Todd) 5305 Wentworth, Corpus Christi, TX 78413
Dallas—Margaret Dunlap Thompson, BΞ (Jere) 4217 Armstrong Pkwy., Dallas, TX 75205
Denison-Sherman—Judith Bradshaw Morrill, EA (Kenneth) 911 S. French, Denison, TX 75020
El Paso—Aline Lowman Schoch, ΔΖ (Donald) 808 Royal Oak, El Paso, TX 79932
Fort Worth—Anne Manning Newell, EA (Larry) 1401 Thomas Pl., Ft. Worth, TX 76107
Galveston—Joan Williams Walker, BΞ (William) 53 Cedar Lawn, Galveston, TX 77550
Garland—Susanne Smith Rahhal, ΓΝ (Alfred) 1609 Merrimac Trail, Garland, TX 75043
Houston—Martha Bybee Mills, BΞ (Herbert) 13503 Pinerock, Houston, TX 77079
Houston Bay Area—Kathryn Rosalie Kolb, BΞ, 2807 Plymouth Colony, Webster, TX 77598
Houston F.M. 1960 Area—Mary Ann Munn Putman, ΔΨ (Joseph) 1514 Pine Gap, Houston, TX 77090
Longview—Betsy Kay Stites, EA (William) 1115 LeDuke Blvd., Longview, TX 75601
Lower Rio Grande Valley—Ruth Neill Barber, Υ (Langdon) 2510 S. 2nd St., McAllen, TX 78501
Lubbock—Cathryn Vernon Price, ΔΨ (Michael) 3506 66th Dr., Lubbock, TX 79413
Lufkin—Len Arnett Medford, EA (Phil) 1519 Wildbriar, Lufkin, TX 75901
Midland—Wanda Slocum Watson, EΥ (Jimmie) 3102 Auburn, Midland, TX 79701
Odessa—Paulette Amburgey Waggoner, ΔΙ (John, Jr.) Box 2229, Odessa, TX 79760
Richardson—Susan Jones Copeland, ΔΣ (John) 7727 Lone Moor, Dallas, TX 75248
San Angelo—Jane Bagwell McCrea, ΓΦ (George) 2639 Vista del Arroyo, San Angelo, TX 76901
San Antonio—Ruth Hoeksema Plewes, ΓΠ (William) 912 Ivy Lane, San Antonio, TX 78209
Sugarland/Missouri City Area—Suzanne LaMaster Box, BΞ (Roy E.) 3110 Fairmont Ct., Sugarland, TX 77478
Temple—Ann Kimbriel Secrest, EA (Jerry) 509 W. Walker, Temple, TX 76701

**Texarkana*—See Arkansas

**The Plainview Area of Texas*—Eleanor Perry Jordan, BΞ (Rex) 1005 W. 11th St., Plainview, TX 79072

The Victoria Area—Rosemary Mahaffey Tucker, ΔΣ (Tommy) 206 Berkshire Lane, Victoria, TX 77901

**Tyler*—Joan Hertz Taylor, BΞ (Leon Glenn) 2929 Old Jacksonville Rd., Tyler, TX 75701

**Waco*—Jacquelyn Hollowell Wooldridge, EΥ (W. Robert) 2637 Glendale Rd., Waco, TX 76710

Wichita Falls—Imma Jeanne Lasley Alexander, EA (Ted, Jr.) 2108 Wenonah, Wichita Falls, TX 76309

UTAH (H)

**Ogden*—Eleanor Winston Lipman, ΔΗ (Allan, Jr.) 2830 Fillmore Ave., Ogden, UT 84403

Salt Lake City—Nanette Kibbe Elliott, ΔΗ (James) 5246 Highland Dr., Salt Lake City, UT 84117

VIRGINIA (Λ)

**Charlottesville Area*—Sara Ridgeway Dassance, ΓΡ (Charles) 209 Brentwood Rd., Charlottesville, VA 22901

**Hampton Roads*—Kristen Anderson Kerr, BN (Paul, III) 39 Cedar Lane, Newport News, VA 23601

**Norfolk Area*—Alberta Baldwin Paris, ΔΜ (Raymond W.) 699 Baal Ct., Virginia Beach, VA 23462

Northern Virginia—Mona Anderson Shultz, ΓΖ (Theodore) 9832 Arroyo Ct., Vienna, VA 22180

Richmond—Linda McIndoe Chenery, ΓΚ (James H.) 7000 W. Franklin St., Richmond, VA 23226

Roanoke—Frances Haller Jones, ΓΨ (Jean) 3462 Peakwood Dr. S.W., Roanoke, VA 24014

WASHINGTON (Ι)

**Everett*—Elizabeth Black Bell, BΠ, 10830 Vernon Rd., Lake Stephens, WA 98258

Lake Washington—Bonnie Beaudry Edwards, ΓΗ (Glen) 411 Lake Ave. W., Kirkland, WA 98033

Pullman—Janily Nessen Patrick, ΓΗ (Robert) S.E. 310 Nebraska, Pullman, WA 99163

Seattle—Sally Milbank Thomson, Π (Herbert) 4302 N.E. 38th, Seattle, WA 98105

Spokane—Mary Lou Griffith Gardiner, Θ (Eugene) W. 931 33rd, Spokane, WA 99203

Tacoma—Virginia Skagen Hedberg, BΠ (John) 4122 Beechwood Dr. W., Tacoma, WA 98466

Tri-City—Barbara Owens Shields, ΓΜ (George) 3008 S. Jean St., Kennewick, WA 99336

**Vancouver*—Blair Proctor Porter, ΓΔ (Michael) 20212 N.W. 34th Ave., Ridgefield, WA 98642

Walla Walla—Patricia Sherry Phillips, ΓΓ (Charles) 426 S. Palouse St., Walla Walla, WA 99362

Yakima—Nancy Nutley Mayo, BΠ (John) Rte. 1, Box 157M, Moxee, WA 98936

WEST VIRGINIA (Λ)

Charleston—Dana Cowgill Adams, BΥ (Harry, III) 1730 Huber Rd., Charleston, WV 25314

**Clarksburg Area*—Sally Wilson Greene, BΥ (J. Thomas) 211 Candlelight Dr., Clarksburg, WV 26301

**Huntington*—Germaine Lawson, ΔΥ, 1147 13th St., Huntington, WV 25701

Morgantown—Mary Schmitt McClain, ΔΑ (Richard) 476 Rebecca St., Morgantown, WV 26505

**The Parkersburg Area*—Judith Bunn Clovis, EΓ (David) 105 Colony Rd., Vienna, WV 26105

Wheeling—Mary Phillips Pitkin, ΔΒ (Stephen) Washington Farms, Wheeling, WV 26003

WISCONSIN (E)

**Fox River Valley*—Virginia Rogers Rose, BN (Stanley) 1136 E. Moorepark Ave., Appleton, WI 54911

Madison—Betty Haggarty Spurrier, Δ (James) 506 Isle Royale, Madison, WI 53705

Milwaukee—Mary Ladd Loots, BΖ (Robert) 9931 N. Otto Rd., #2W, Mequon, WI 53092

Milwaukee West Suburban—Lorraine Guernsey Strand, ΔΟ (Reuben) 14560 Lilly Heights Dr., Brookfield, WI 53005

WYOMING (H)

Cheyenne—Dorothy Dominy Torkelson, EA (Richard) Little Bear Rt., Box C-1, Cheyenne, WY 82001

**Cody*—Meredith Hall Crouse, ΔΖ (Douglas) 905 W. Bighorn Ave., R.R. #1, Box 187, Basin, WY 82410

Laramie—Judith Troxel Gould, ΓΟ (George) 1203 Park, Laramie, WY 82070

MEMBERSHIP DATA

(To be used by members of Kappa Kappa Gamma only)

PICTURE

Name of Rushee _____
(Last) (First) (Nickname)

To _____ chapter of Kappa Kappa Gamma at _____
(College or University)

Age _____ College Class: Freshman _____ Sophomore _____ Junior _____ Senior _____

Name of Parent or Guardian _____
(Give full name)

Home Address _____
(Number) (Street) (City) (State) (Zip Code)

School Address (if known) _____

Has Rushee a Kappa Relative? Sister _____ Mother _____ Grandmother _____ Other _____
(Check one)

Name _____
(Married) (Maiden) (Chapter)

Address _____
(Number) (Street) (City) (State) (Zip Code)

Has Rushee connections with other NPC groups? _____

High School _____
(Name) (City, Suburb, or community where located)

Scholastic Average _____ Rank in Class _____ Number in Class _____

School Attended after High School _____

Scholastic Average _____ Number of terms completed _____

Activities: Please list names of organizations (explain type-school, church, community) with the rushee's participation and leadership in each one. Attach additional information on separate sheet if you choose.

Special Recognition and Honors Awarded:

Please use this portion of the form to provide information about the rushee's character traits, leadership qualities, and personality characteristics, using examples whenever possible. Indicate rushee's special interests, talents, and any other information which might serve as a means to know her better:

Check one: This information is submitted on personal acquaintance with the rushee. _____ I have known the rushee for _____ years.

Although I do not know this rushee personally, this information has been obtained from school, friends, or other reliable sources. _____

Did the chapter request this reference after rush started? Yes _____ No _____

I hereby endorse this rushee with the understanding she may become a pledge of the Fraternity if the chapter so desires.

Signed _____ Date _____
Maiden Name _____ Married Name _____
Chapter _____ Initiation date _____
Address _____
Number Street City State Zip Code

If the rushee lives in a city where there is an alumnae association or club, the signature of the MEMBERSHIP REFERENCE CHAIRMAN of that group is requested. Please forward for her counter-signature. (See the Directory in the Spring Issue of the *KEY*.)

THE ALUMNAE MEMBERSHIP REFERENCE COMMITTEE OF _____
(Association or Club)

endorses this rushee. Date _____

Signed _____, Chairman

Address _____

Other Authorized Fraternity Signature (To be used if necessary) Date _____

Signed _____ Title (Check One) State Chairman _____

Membership Adviser _____ Chapter President _____

TO BE COMPLETED BY THE CHAPTER MEMBERSHIP CHAIRMAN:

Reference Endorser Acknowledged _____ Date pledged _____

Signed _____, Active Membership Chairman _____ Chapter _____

IF RUSHEE IS PLEDGED TO KAPPA KAPPA GAMMA, SEND THIS BLANK TO THE DIRECTOR OF MEMBERSHIP WITHIN 10 DAYS OF PLEDGING.

It is with deep regret that The Key announces the death of the following members:

In memoriam

Akron, University of—Lambda
Amy Saunders Goehring, '02—May 31, 1979

Alabama, University of—Gamma Pi
Katherine Eugenia Belser, '74—April 29, 1979

Arizona, University of—Gamma Zeta
Donna Jean Mahoney, '70—November 25, 1978

Butler University—Mu
Patricia Kelleher Tarpey, '65—May 27, 1979

California, University of—Pi Deuteron
Edith Goodfellow DeFremery, '11—February 11, 1979

Barbara Cole Leister, '41—May 10, 1978
Marjorie Stanton Riddell, '08—June 1, 1979

California, University of at Los Angeles—Gamma Xi
Emily Marr Patterson, '31—July 23, 1979

Carnegie-Mellon University—Delta Xi
Dessa Lazick Conway, '44—July 10, 1979

Cincinnati, University of—Beta Rho Deuteron
Helen Mosset Lowry, '20—April 28, 1979
Virginia Weisenfelder Winkelman, '43—November 18, 1978

Colorado, University of—Beta Mu
Virginia Platts Cohagen, '41—July 29, 1979
Winona Dickson Kirk, '20—May 19, 1979

Denison University—Gamma Omega
Faye Loving Cleveland, '29—July 6, 1979
Gladys Miller Exman, '29—April 18, 1979

DePauw University—Iota
Marguerite Carnegie Pierson, '10—July 7, 1969
Kathleen Law Richardson, '47—November 18, 1977

Lotta Marie Thomas, '08—May 7, 1979
Drake University—Gamma Theta
Jeanette Peck DonCarlos, '27—March 27, 1979

Duke University—Delta Beta
Clara Varnes James, '35—July 9, 1979

Hillsdale College—Kappa
Mary Naylor Hadden, '37—April 27, 1979
Helen Austin Hayes, '14—January 21, 1979
Catherine McKay Walley, '41—May 11, 1979

IIndiana University—Delta
Marjorie Ann Wilson Benzel, '38—June 2, 1979
Morna Hickam Knipe, '07—June 30, 1979
Lucy Lewis Vonnegut, '00—June 1, 1979

Iowa, University of—Beta Zeta
Ruth Emery Tyrrell, '20—November 10, 1976

As the In Memoriam section is prepared by Fraternity Headquarters, please send all death notices giving full name and verification of date of death to Fraternity Headquarters, P.O. Box 2079, Columbus, Ohio 43216.

Kansas State University—Gamma Alpha
Frances Ahlborn Gripton, '34—June 17, 1979

Kansas, University of—Omega
Geraldine Shelly Andrew, '28—June 16, 1979

Betty Winne Brady, '33—July 4, 1979
Mareita Hipple Fraley, '22—March 10, 1979

Lois Dillie Lukens, '10—December 8, 1978
Mary Bechtel Patrick, '09—November 3, 1978

Gertrude White Rathfon, '19—April 12, 1979
Jean Hoffman Read, '42—April 6, 1979

Kentucky, University of—Beta Chi
Carolyn Bascom Propps, '24—June 2, 1979

Louisiana State University—Delta Iota
Kathryn Elizabeth Tempel Childs, '41—April 20, 1979

Miami, University of—Delta Kappa
Barbara Ann Durgy Marko, '55—May 8, 1979

Justine Rainey Menninger, '39—June 16, 1979

Michigan State University—Delta Gamma
Anna Van Halteren Vernier, '30—January 8, 1979

Minnesota, University of—Chi
Dorothy Shearer Cooper, '11—May 19, 1978

Missouri, University of—Theta
Margaret Jane Gutelius Aspin, '34—April 27, 1979

Mary Lindsay Watt, '09—May 26, 1978
Margaret Corbin Young, '10—August 13, 1978

Montana, University of—Beta Phi
Allie Keith McFadden, '19—July 22, 1978
Florence Brandegee McFadden, '22—October 10, 1977

Grace Stipek Severin, '23—February, 1979

Nebraska, University of—Sigma
Mecia Stout Morehouse, '08—January 14, 1968

Sara Sheffield Sauerman, '22—July, 1979
Ella Williams Scott, '14—July 13, 1979
Robertta Prince Thomas, '21—July 14, 1979
Maude Birkby Weller, '10—May 14, 1979

Northwestern University—Upsilon
Lillian Billow Heyman, '16—June 18, 1979
Sarah Harris Rowe, '09—July 18, 1979

Ohio State University—Beta Nu
Margaret Wood Sater, '18—July 25, 1979

Oklahoma, University of—Beta Theta
Charlie Nickle Coffman, '14—June 19, 1979

Grace Ford Drummond, '20—June 19, 1979
Alma Clark Foster, '14—September 23, 1978
Nona Hobbs Wolfe, '18—June 16, 1979

Oregon State University—Gamma Mu
Susan Spruill Hornstein, '62—July, 1979

Pennsylvania State University—Delta Alpha

Kathryn Metzger Moriarta, '42—March 22, 1979

Pittsburgh, University of—Gamma Epsilon
Patricia Gordon Smith, '46—May 26, 1979

St. Lawrence University—Beta Beta Deuteron

Doris Brace Reichart, '15—July 10, 1979

Southern Methodist University—Gamma Phi

Nancy Kathryn Moses, '69—May 11, 1979

Stanford University—Beta Eta Deuteron
Edith Cory Ott, '04—January 21, 1976

Syracuse University—Beta Tau
Helen Beattie Cline, '07—March 20, 1975
Agnes Vivian Fox Colegrove, '07—April 30, 1975

Texas, University of—Beta Xi
Marie Adove Thomson, '04—May 13, 1972

Tulane University (H. Sophie Newcomb College)—Beta Omicron

Mary Louise Giles, '27—June 7, 1975
Alma Louise Hammett, '41—December, 1977

Maude Fox Moore, '20—June 1, 1979
Dorothy Hebert Pigman, '11—June 22, 1979

Tulsa, University of—Delta Pi
Mary Ann Ramsey Edwards, '48—May 27, 1979

Linda Murdock Wilson, '66—July 8, 1979

Washington State University—Gamma Eta
LaVelle LaFollette Knoblauch, '37—June 24, 1979

Lucia Carruthers Shaw, '34—January 25, 1979

Washington, University of—Beta Pi
Charlotte Thomas Chase, '22—June 1, 1979

Doris Nelson Mount, '55—July 14, 1979

West Virginia University—Beta Upsilon
Christine Arnold Keener, '27—July 12, 1979

Lou Lanham Sinsel, '14—April 3, 1979

Whitman College—Gamma Gamma
Virginia Wilhelm Floyd, '33—May 2, 1979

William & Mary, College of—Gamma Kappa

Charlotte Sanford Koontz, '26—April 30, 1979

Mary Snyder Spitzer, '49—July, 1969

Wisconsin, University of—Eta
Cosalette Lee Elliott Lindsay, '04—May 16, 1979

INACTIVE CHAPTERS

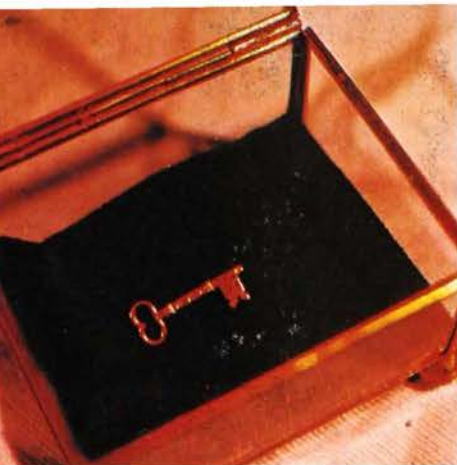
Adrian College—Xi
Margaret Jones Buck, '12—May 7, 1979

Goucher College—Delta Theta
Ruth Lacey Barber, '33—August 9, 1975

Middlebury College—Gamma Lambda
Elizabeth Ball Watts, '23—January 28, 1978

Swarthmore College—Beta Iota
Marian Pyle Fehr, '14—August 23, 1958
Reba Camp Hodge, '11—May 29, 1979

Wooster College—Beta Gamma
Florence Revennaugh Townsend, '13—January 20, 1979



Only founder's badge on display.



Nancy Pennell and Jean Elin examine gift of 1880 dress received by Fraternity



Display case of rituals and charter papers—Delta Red Book in left.

Kappa Loyalty Makes Museum Possible

By Catherine Schroeder Graf
BN-Ohio State

Those who have had the pleasure of a visit to Fraternity Headquarters will agree that it is a memorable experience. The historic building at 530 East Town Street in Columbus, Ohio, serves a three-fold purpose: administrative, residential, and display. The hub of Kappa Kappa Gamma's far-reaching business operation is centered there. Fraternity officers, committee personnel, and field representatives live there when they have meetings and training sessions in Columbus. Fraternity memorabilia can be seen in many areas of the old mansion. At the present time the display function is combined with the residential.

George Bellows, father of artist George Wesley Bellows, was the architect who designed the building in the Renaissance Italian Villa style. A fleur-de-lis wrought iron fence decorates the front of the property.

The lovely old house was built in 1852, in the heart of what was then a fashionable residential section within walking distance of downtown Columbus. Kappa acquired it nearly a hundred years later, in 1951. The building had been occupied as a private home throughout most of its first century, and governor's mansion during the Civil War, but the Columbus Women's Club bought it in the 1920s and used it for meetings and performances. The Depression years forced the Women's Club to give up the residence. It became run down during the years that followed, and in time, as a rooming house, it nearly lost its proud identity.

Our Fraternity remodeled and decorated the old home with great care, and in 1973, the first City Beautiful Award was presented to Kappa Kappa Gamma by the Columbus Convention and Visitors Bureau and its affiliate, the Helmsman. The property also is listed in the National Register of Historic Places.

A step inside the massive cherry front doors is like a step into the Victorian Era. The house has an aura of grace and nostalgic charm. Early Kappas met in homes furnished in much the same manner as our Fraternity home.

The focal point of the hallway is a staircase that circles up to the third floor. The only existing badge of a founder is displayed in this hallway, along with a shadow box containing a collection of antique keys.

The drawing room is presided over by a life-sized portrait of Kappa's first grand president, Tade Hartsuff Kuhns. It is a priceless example of aquarelle, a watercolor technique mastered by the Kappa artist, Elizabeth Gowdy Baker. The antique silver candlesticks which held the wedding candles of Charlotte Barrell Ware, our second grand president, grace the bookshelves on either side of the portrait. Among other period furniture in the room, a sofa, formerly belonging to Tade Kuhns, and a table on which the first Kappa minutes were written in the home of founder Louisa Stevenson Miller can be seen.

Other valuable items, gifts from Kappas and friends, are on display in the reception room, executive secretary's office, powder room, and dining room.

The first floor includes a catalog room where a microfiche viewer is used in connection with a computer system for the retrieval of information on hundreds of thousands of record cards stored in fireproof vaults. Handsomely framed photographic collages depicting "What Kappa Is" are a recent addition to the walls of the room. A large map, pinpointed with chapters and alumnae groups with a color overlay to indicate our provinces, is in the planning stage.

A reference room contains resource material—slides, tapes, and movies available to our undergraduate and alumnae organizations. A bookkeeping office, a mailing room, and a machine room also are located on this floor. Most of the printed material sent out by Headquarters is produced on equipment in the machine room. Behind the machine room is a large storage area for supplies, Fraternity publications, historic documents, jewelry, gowns, choir robes, officer and special regalia.

The second floor is made up of a small parlor in the large upper hall, six bedrooms, and five baths. A sitting room adjoins the bedroom used by the Fraternity president when she is in town. The other bedrooms are occupied by Council and committee members when they meet in Columbus. Antique furniture, pictures, and art objects can be seen in every room. Some of these have been placed in stately secretary bookcases located in several areas of the house.

There is also a large conference room on this level. It contains a long table that was once in the Board of Directors room

of a bank. A gentleman's chair from the home of Louisa Miller and her framed college diploma, along with a gavel carved from the stair rail of the "Old Main" building on Monmouth's college campus, are among the many items of interest in this room.

The third floor consists of two more bedrooms and a bath. These are used by our field secretaries and graduate counselors when they are in Columbus. The structure is crowned with a belvedere whose windows offer a top flight view of the area around this portion of East Town Street.

It is the display function of Fraternity Headquarters which is of major concern to Kappa's Council. Headquarters is a living museum, with many historical treasures scattered throughout the building, but many more valuable objects are hidden away in drawers, closets, and vaults—or are collecting dust on shelves because of the lack of formal display areas. Consequently, a Museum Committee has been set up, in order that its members might find ways to display to greater advantage items that are not in storage, and find a place where items currently in storage can be seen.

The committee, comprised locally of Betty Cameron, Jean Elin, Edith Mae Herrel, Nancy Pennell, and Diane Selby, with Kay Graf (Fraternity historian) as chairman, met throughout the spring with an advisory group: Edmund Kuehn, curator and artist; Charles Nitschke, architect; and David Watts, interior designer. Sue Swan, assistant registrar of Winterthur, and Ruth Molloy, who has been responsible for a variety of historical projects in Philadelphia, have agreed to help the Museum Committee as best they can.

The Council recently approved the committee's proposal to hire an architectural firm as consultant in the development of a Master Plan for Fraternity Headquarters which will include museum space.

The Museum Committee has great expectations for this endeavor, and hopes that Kappas everywhere will help locate and send to Headquarters items such as these:

Historic letters and documents

A charter issued by a grand chapter (before 1881, when the Grand Council system of government was adopted)

Hand-illustrated rituals

Copies of the *History of Kappa Kappa Gamma, 1870-1930*, which are not presently in chapter archives

Identified photographs

Antique or other interesting badges

Gowns and accessories from other eras

Convention souvenirs and scrapbooks

Books by Kappa authors

Paintings by Kappa artists

Compositions and recordings by Kappa musicians

A Victorian-age piano in playing condition (There is a perfect place for a square rosewood piano in the drawing room, which would provide a lovely setting for Kappa recitals!)

As a pebble when thrown into water creates many ripples, Kappa's museum venture will produce other benefits for Headquarters. The staff has participated in space utilization surveys to determine each department's furniture, equipment, space and storage requirements, as well as its traffic patterns. The Master Plan developed by the architectural firm will provide more efficient usage of existing space for staff functions in the process of creating space for the museum.

The Fraternity also needs better training and project facilities. The Master Plan will include a practicable solution to this prob-

Rituals of KKT.



Sarah Miller Johnson, granddaughter of Founder Louisa Stevenson Miller, sits in chair Mrs. Miller willed to the Fraternity.



Shadow box display of old badges.

lem along with a proposal for a library where Kappa books and other pertinent publications can be made accessible.

Our historic gowns and accessories are crowded into one small closet along with Fraternity regalia at the present time. More adequate breathing space and the most effective showcase possibilities for them will be investigated.

Future conventions will be enhanced by these developments because a number of our displays will be transportable to convention sites. Many Kappas will remember the excellent Centennial Convention Museum which was designed by Edith Mae Herrel. How her committee would have appreciated the mobility projected for our Headquarters Museum displays!

The comprehensiveness of the museum project presents exciting possibilities. The finished product promises to be beautiful, functional, well coordinated. It will have to be financed over a period of years. Hopefully, continuing contributions to the Loyalty Fund will help bring this dream of a permanent museum at Kappa Headquarters and its attendant benefits to fruition.

(Continued from page 8)

selves as living their own lives but feel like the property of their parents. The deep fear of having no control over their eating appears to be directly related to these early experiences.

Disturbed hunger awareness is only one of many disturbances resulting from these faulty transactional patterns. Long before the anorexia develops these youngsters had difficulties with decision-making. Anorexics seem to be arrested at an early level in their conceptual development. The new ability to perform abstract thinking and evaluations which is characteristic for adolescents and which Piaget has called formal operations, is a developmental step which seems to be deficient or absent in anorexics. They continue to interpret human relationships in the rigid way of younger children; disturbances in their thinking are also reflected in the distorted expectation of what weight loss will do for them. Often they become socially isolated during the year preceding the illness. The new ways of acting and thinking that are characteristic of other adolescents are strange and frightening to them and they withdraw from their former friends and do not take part in new social activities.

Dissatisfaction about having felt enslaved and exploited, of not having developed as self-directed autonomous individuals, emerges during adolescence, in particular upon separation from home. More than other students these girls are concerned with how they measure up in the eyes of others in regard to their personality, intelligence and attractiveness; most of all they are preoccupied with their shape and weight, and being "fat" is considered the worst possible fate. Since society praises slenderness they expect that excessive thinness would help them in their struggle for self-assertion.

The freedom of college life may create difficulties for these youngsters who, when growing up, had been conforming and complying, never expressing their own opinions and desires but always trying to fulfill expectations of others. In high school they had been outstanding students because they memorized everything that was assigned. They are overpowered by the many choices and opportunities that college offers. Some will enroll in too many courses, others are preoccupied with the fear of not knowing what career to choose and prepare themselves for every eventuality. Some potential anorexics work so many hours that they have no time for meals. The initial weight loss may have been unintentional. When they receive favorable or even envious comments for looking slimmer, getting thinner becomes a goal in its own right. It gives them a feeling of being special and in their self-doubt they find reassurance in this.

They also seek reassurance by striving for perfect grades. This they attempt while in a state of severe malnutrition. Relatively little attention has been paid in the study of anorexia nervosa to the psychic effects of starvation, the extent to which it interferes with brain functioning in general, with the ability to concentrate and memorize in particular. Starvation leads psychologically

to an extreme narrowing of interests, self-centeredness and self-absorption, continuous preoccupation with food and eating, irritability, regression to earlier levels of functioning and fragmented and psychotic-like thinking. I have observed these features in otherwise highly intelligent, capable anorexic college students, under the strain of starvation alone or with the added stress of examinations. As one anorexic girl expressed it: "You are really caught. When you are hungry and don't eat you cannot concentrate and remember things; but when you eat you feel so upset and guilty that you cannot study at all."

Marked individual differences are observed in the severity of the starvation and the damaging effects of increasing isolation. During the illness most anorexics are reluctant to give direct information but they will speak openly about these experiences after recovery. The effect on the psyche of the severe undernutrition is to a large extent responsible for the drawn-out course of the illness, sustaining it in many ways and making recognition and resolution of the underlying psychological issues difficult.

TREATMENT

Anorexia nervosa is a complex condition with difficult and often frustrating treatment problems. Treatment involves several distinct tasks that need to be integrated. Restitution of normal nutrition, or at least correction of the severe starvation, is essential. Non-attention to the nutrition in the unrealistic expectation that the weight would correct itself with psychological understanding, may unnecessarily prolong the course of the illness. But weight-gain alone is not a cure. It needs to be combined with resolution of the disturbed patterns of family interaction and the clarification of the underlying psychological problems.

Family therapy is particularly effective with young patients soon after the onset of illness. When the condition develops later, as in the college group, or has existed for any length of time and is associated with serious psychiatric problems, disengagement and redirection of malfunctioning processes in the family are also essential, but not sufficient. The deficits in the psychic development require individual psychotherapeutic help.

According to the theoretical model presented here, deficits in the sense of active self-awareness and the conviction of ineffectiveness are the core issues and patients need help with these aspects and underlying identity problems. Therapy must encourage the patient to become an active participant in the treatment process by evoking awareness of impulses, feelings and needs originating within herself. With repair of at least some of the cognitive distortions they can learn to rely on their own thinking, become more realistic in their self-appraisal, capable of living as self-directed, competent individuals who can enjoy what life has to offer and no longer need to manipulate the body and its functions in this bizarre way.

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