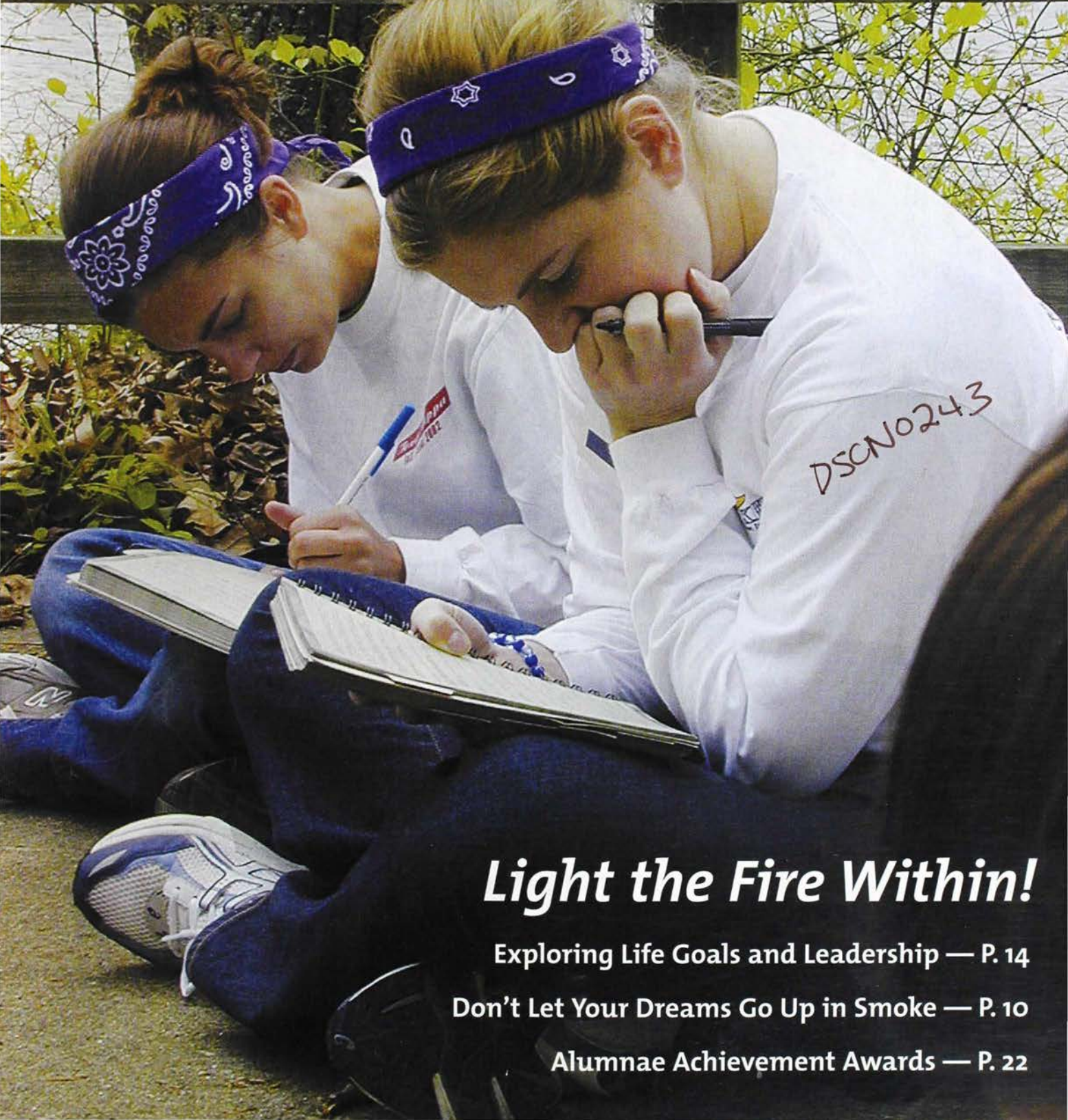


VOLUME 121, No. 2
SUMMER 2004

The Key

A KAPPA KAPPA GAMMA PUBLICATION



Light the Fire Within!

Exploring Life Goals and Leadership — P. 14

Don't Let Your Dreams Go Up in Smoke — P. 10

Alumnae Achievement Awards — P. 22



VOLUME 121, No. 2
SUMMER 2004

The Key is the first college women's fraternity magazine, published continuously since 1882.

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It's Who We Are — It's What We Do



So4.recruit.03

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Recruitment: Redefined and Redesigned

Here's what the National Panhellenic Conference is doing to ensure the benefits of Greek membership remain available to future generations.



On the Cover

Collegians LINSEY THRASHER, *Texas*, and MARGARET ELIZABETH PERRY, *Richmond*, journal their goals and dreams during Kappa Kappa Gamma's new Leadership Academy. Find out more on Page 14. Photograph by ALLISON GREINER, *Ohio State*.

Mission Statement of *The Key*

The Key of Kappa Kappa Gamma links each member with the Fraternity. The mission of *The Key* is:

- To inform, inspire and challenge
- To sustain and nurture membership loyalty and interest
- To recognize the accomplishments of individuals, groups, the Fraternity and its Foundation
- To provide a forum for an exchange of information and opinion
- To be a permanent record.

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Memories to Keep

How vividly I remember standing in my room after graduating from college, sorting through four years of mementos and keepsakes. Pausing, I re-read the words on my Kappa Membership Certificate; then, it went into the trash. After all, Kappa was my college group of friends, now a fond memory. Employment as an educator awaited me. And either I hadn't heard or didn't listen when the subject of lifetime membership was explained. Factors affecting that four-year Kappa experience were class schedules, dorm choices, leadership positions, campus involvement, work commitment and the ever-present social opportunities.

As an alumna reconnecting with Kappas, I learned that the organization we all pledged is not an isolated, singular experience but an amalgamation of experiences — both internal and external. Kappa Kappa Gamma is affected not only by our members' thoughts, decisions and actions, but we are influenced by external factors that push and pull the Fraternity as well.

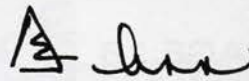
Today's trends, political and financial concerns and societal issues that ebb and flow, impact decisions made by the Fraternity's leadership. Legislation adopted by Congress affects how we legally operate as a single-gender, nonprofit organization.

In an era of declining resources, campus trustees and finance divisions increasingly scrutinize student affairs programs. Greek organizations are being assessed to determine their value. As a result, external requirements placed on our chapters also have multiplied. There are more programs to attend, more events in which to participate, and more requirements to fulfill in order to be a recognized student organization.

Campus Greek communities receive more scrutiny from the media in books, articles, videos and visuals painting a picture of fraternity life that holds some kernel of truth for a handful of undergraduates, but does not reflect or represent the greater whole that is Kappa Kappa Gamma. And the student of today, well connected to family, friends and cyberspace, has far more opportunities and resources available at the click of a button. Managing all of these factors, yet staying true to the purposes of Kappa Kappa Gamma, is a delicate balance.

Fortunately for me, my circle of Kappa friendships continued to grow despite disposing of my membership certificate. It has been an honor and privilege to serve as your Fraternity President. As I sort through the keepsakes of this four-year Kappa experience, I am keeping my replacement Certificate of Membership and all the many wonderful memories that accompany it: memories of an organization that is vital and influential, memories of women who are bright, articulate, confident and accomplished — women who lead with integrity. What wonderful memories to keep!

Loyally,



ANN STAFFORD
TRUESDELL
Ohio Wesleyan
Fraternity President,
2000-2004



Our Mission Statement

Kappa Kappa Gamma is an organization of women, which seeks for every member throughout her life, bonds of friendship, mutual support, opportunities for self-growth, respect for intellectual development, and an understanding of and an allegiance to positive ethical principles.

Kappa Partners with "Reading Is Fundamental"

For more than 50 years, Kappa Kappa Gamma has supported various philanthropies through fund raising and hands-on volunteer work. Today, the Fraternity continues this support by partnering with the oldest and largest nonprofit children's and family literacy organization in the United States: Reading Is Fundamental (RIF). RIF develops and executes marketing programs tailored to meet a company's business objectives, while raising money to purchase books and to provide effective literacy programs for children, families and communities who need them most. RIF and Kappa will be working together to identify and target specific programs that will fit well with our organization.

During Kappa Kappa Gamma's 1952 Convention, delegates voted to adopt "rehabilitation services" as our official philanthropy. It was chosen as a broad, flexible program so that chapters and associations across the continent might select local causes that fit their interests and abilities to help. From physical rehabilitation facilities, domestic abuse centers, eating disorder programs and cancer-cure walks to highway and stream clean-ups and building houses, actives and alumnae have been serving their communities in many ways.

Philanthropy is defined as "a desire to help mankind." Rehabilitation means, "to restore." What better service can we render than to open the world of reading to those who have never enjoyed it or been able to avail themselves of the advantages it offers. The Kappa Kappa Gamma Fraternity Council encourages each chapter and association to support RIF in whatever ways they can.

"Kappa does not want chapters and associations to stop doing the fabulous work they do today. Rather, this is a partnership with a single organization that aligns well with our Tradition of Leadership," explains PRIS MURPHY GERDE, *Purdue*, Fraternity Vice President.

In November 2003, *Readers Digest* named RIF in "The Best Charities: Who's Worth Trusting with Your Donated Dollars." RIF was also noted as the best charity in the literacy category, and in 2002, RIF was named among the "100 Best Charities" by *Worth Magazine*.

"RIF is excited to partner with a group of women who can bring their enthusiasm, creativity and leadership skills to help motivate youngsters to

read in local communities across the country. RIF is built upon a national network of dedicated volunteers who are committed to both children and literacy. We are always looking for new friends to help show children that reading is not only fundamental, but it is also fun, and I know that Kappas will embrace this role with gusto," explains TARA GRECO, *William and Mary*, manager, external relations for RIF.

For more information, please visit www.rif.org, a resource for parents, children, educators and the RIF community. The "Reading Planet" section contains resources, tips and activities for families as well as fun, interactive materials for children of all ages.

Literacy at a Glance

- Thirty-seven percent of American fourth-graders read below the "Basic" level on the National Assessment of Educational Progress (NAEP) reading test (NCES, 2001).
- The achievement gap is widening. Since 1992, NAEP average reading scores for high-performing students have improved, while those for low-performing students dropped (NCES, 2001).
- Sixty-three percent of African-American, 58 percent of Hispanic, 57 percent of American Indian and 60 percent of fourth-graders eligible for free or reduced lunch score below the "Basic" level on the NAEP reading test (NCES, 2001).
- A child from a low-income family enters kindergarten with a listening vocabulary of 3,000 words, while a child of a middle-income family enters with a listening vocabulary of 20,000 words (Hart & Risley, 1995).
- Forty million adults in the United States can't read well enough to recite a simple story to a child (NCES, 1992).
- From 1983 to 1999, more than 10 million Americans reached the 12th grade without having learned to read at a basic level. In the same period, more than six million Americans dropped out of high school (U.S. Department of Education, 1999).

Medical Plan for Alumnae

Through an affiliation with Fortis Health, Kappa Kappa Gamma alumnae are now eligible to enroll in **TempoCare**, a short-term medical insurance plan for individuals under the age of 64 and 11 months and their dependent children, who have a temporary insurance need.

For a new graduate no longer eligible for health insurance coverage through a student plan or as a dependent on her family plan, this is a way to avoid expensive health care bills. Without insurance, even a minor illness could lead to the burden of medical debt.

Although many new graduates are completely covered once they have found full-time employment, sometimes there are waiting periods before coverage begins.

TempoCare provides the following:

- Immediate, affordable health coverage for 30 to 185 days
- \$2 million coverage maximum for the duration of the plan
- Excellent in-hospital and outpatient benefits
- Freedom to choose doctors and hospitals
- Convenient payment options

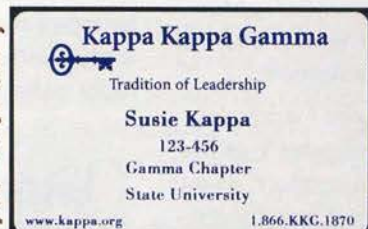
Please call 800/992-2196, ext. 2215 with questions.

Membership Cards Now Available

Kappa Kappa Gamma membership cards are available through Fraternity Headquarters. Your card will be personalized with your name, chapter, school and membership number. The sturdy plastic card is wallet size and only costs \$5 including shipping.

Your membership card is a convenient reminder of your member number, which you'll need to access the members-only sections of Kappa's Web site. By keeping your card in your wallet or near your computer, you'll always remember to keep your name and address up to date at Fraternity Headquarters.

Support the Fraternity and show your Kappa pride by requesting your card today! Please contact JANE KETCHAM STEINER, *Miami (Ohio)*, Membership Services Assistant, at 866/KKG-1870 or via e-mail at jsteiner@kappakappagamma.org.



MISSION STATEMENT

Kappa Gamma is an organization of which seeks for every member throughout bonds of friendship, mutual support, opportunities for self-growth, respect for intellectual development, and an understanding of and an allegiance to positive ethical principles.

Are You an Owl Out on a Limb?

Continue the Kappa Experience...

by enjoying the friendships and fun that come with participation in an alumnae association.

Please provide the following information via e-mail to kappaowls@kappa.org or complete the form below and send it to SALLY COWDERY SPENCER, *St. Lawrence*. She will put you in touch with the alumnae association nearest you or with your Province Director of Alumnae.

YES! I want to know more about Kappa Kappa Gamma alumnae association opportunities near me!

Name: _____ Street Address: _____

City: _____ State/Province: _____ Postal Code: _____

Telephone: ____ / _____ College/University: _____ Init. Date: ____ / ____

☐ New Address? ☐ New to Area? E-mail: _____

Last Address: _____

Mail to: SALLY COWDERY SPENCER, *St. Lawrence*, 2 Butterback Lane, Savannah, GA 31411 (kappaowls@kappa.org)



S04.FRAT.01

S04.FRAT.02

Honored for Dedication to Greek Life

It began when MARIAN KLINGBEIL served the THETA CHAPTER, *Missouri*, as Panhellenic Delegate. It culminated when MARIAN KLINGBEIL WILLIAMS, *Missouri*, served the fraternal world as Chairman of the National Panhellenic Conference. Her extraordinary service was most recently recognized with the presentation of the 2004 Evin C. Varner Award in May at the College Fraternity Editors Association (CFEA).

The Varner Award is the only interfraternal award recognizing an individual in the area of communication. As former president of Alpha Sigma Phi Fraternity and CFEA, Evin C. Varner greatly influenced the effectiveness of fraternal communication. Varner Award recipients are leaders who communicate the meaning of fraternity through service to their fraternity and the Greek community, service as a fraternal communicator and other outstanding characteristics.

ANN STAFFORD TRUESDELL, *Ohio Wesleyan*, Fraternity President, summed up Marian's gifts to the Greek world when Marian retired from the National Panhellenic Conference in 2003 after 12 years of service. "Directed by her deep convictions and strong character, Marian's outstanding leadership has provided an unparalleled legacy of vision and service not only to Kappa Kappa Gamma and the National Panhellenic Conference but also throughout the greater community of Greek-letter organizations."

Marian has influenced areas such as alcohol- and drug-abuse prevention, relationship building with university administrators, membership recruitment, Greek housing and educational programming. During her service to NPC, she initiated "Something of Value," a risk-management workshop focusing on responsibility and values, helping members identify risky behaviors and empowering them in taking action.

Over the past few years, leaders of the fraternity world have been working to educate the U.S. Congress and the executive branch about Greek-letter organizations and how Greek members enrich their communities and campuses. Marian has been involved in this effort since its inception. Her leadership is bringing our collective abilities together to advocate for public-policy initiatives

that will allow us to improve the membership experience we provide.

It is impossible to "fast-forward" through Marian's accomplishments within Kappa, which include numerous Council positions and committee chairmanships. Marian continues to serve Kappa as the Nominating Vice Chairman, Volunteer Services Chairman and member of the Bylaws Task Force.

Informed that she would be honored with the award, Marian said, "I am deeply touched to have been considered worthy of such a prestigious award. Among the past recipients are those whom I have held in the highest esteem in the Greek community. A values-based Greek membership is about lifelong opportunities for self-growth, bonds of friendship, mutual support, respect for intellectual development and opportunities to give of oneself for the betterment of others on our campuses and in our communities."



MARIAN WILLIAMS 04

Former Fraternity President and NPC Chairman MARIAN KLINGBEIL WILLIAMS, *Missouri*, was honored at the 2004 College Fraternity Editors Association annual conference.

EWE_045C

Recognition for *The Key* and www.kappa.org

During the annual College Fraternity Editors Association Conference Publication Awards banquet on May 8, 2004, *The Key* received first place in the Greek Life category for the Winter 2003 article, "Long Live the Date: A Look at Hooking Up and Hanging Out on Today's College Campus." *The Key* also received second place in the Critic's Choice Cover category for the spring 2003 cover with the theme "Live Your Best Life!" The official Web site, www.kappa.org, received second place for overall excellence in content and design.



Send in Your Story!

The Key is planning to feature Kappas in military service. If you would like to be featured, please submit approximately 300 words about your most meaningful accomplishments and goals and how your membership in Kappa has influenced you. Actual color photographs — NOT newspaper clippings, photocopies or reproductions from your computer — must accompany stories. Do not submit digital photographs unless they are 4 by 6 inches or larger at 100 percent and 300 dpi/ppi. Include full name (including maiden) and school/chapter. Submissions will be edited for style and length. Due to space limitations, we cannot guarantee that all submissions will be used. Stories received by September 15, 2004, have the best chance of being published. Send to: *The Key*, P.O. Box 38, Columbus, OH 43216-0038 or e-mail to jhoover@kappakappagamma.org.

Just for Kappas

Membership lists (names and addresses of Kappas) are for the use of undergraduate and alumna members of Kappa Kappa Gamma only in conducting Fraternity business and shall not be used in non-Fraternity business or furnished to or used by anyone outside the Fraternity. This policy also includes directories created and maintained by the alumnae associations. These directories are private and may be used only by members for Kappa-related purposes.

Association and Chapter Anniversaries

Congratulations to alumnae associations and chapters that are celebrating installation anniversaries from August through October.

Rocky Mountain, Colo.	8/14/1999	5 years
BETA THETA, Oklahoma	8/25/1914	90 years
Cedar Rapids, Iowa	8/22/1994	10 years
Arlington, Texas	8/27/1979	25 years
Arcadia, Calif.	8/31/1954	50 years
Cincinnati, Ohio	9/1/1914	90 years
Muskogee, Okla.	10/1/1924	80 years
British Columbia, B.C.	10/5/1929	75 years
Sandhills, N.C.	10/8/1999	5 years
Bryan-College Station, Texas	10/19/1964	40 years
Palo Alto, Calif.	10/21/1924	80 years
ETA EPSILON, Johns Hopkins	10/23/1999	5 years

Here We Grow Again!

The following alumnae associations have achieved a 15 percent or more increase in their dues-paying membership when comparing 2004 to 2003. Congratulations to these associations who are reaching out to new members through personal contact and programming to appeal to all age groups.

Montreal, Canada	.280%
Northwest Ark.	.207%
Mobile, Ala.	.159%
Nashville, Tenn.	.131%
Wichita Falls, Texas	.127%
Hudson, Ohio	.82%
Norman, Okla.	.77%
South Bay, Calif.	.73%
Mississippi Gulf Coast	.69%
London, England	.65%
Fargo, N.D.	.63%
Morgantown, W.Va.	.53%
Akron, Ohio	.53%
North Sound, Wash.	.50%
Vicksburg, Miss.	.50%
Tallahassee, Fla.	.41%
Brownwood-Central, Texas	.40%
Boston Intercollegiate, Mass.	.38%
Chicago Loop, Ill.	.37%
Western Colo.	.36%
Baton Rouge, La.	.35%
Clarksburg, W.Va.	.33%
Clay-Platte County, Mo.	.33%
San Francisco-Marin, Calif.	.33%
Yakima, Wash.	.32%
Monmouth, Ill.	.31%
Columbia, Mo.	.31%
Southern Orange Co., Calif.	.30%
Lawrence, Kan.	.29%
Arcadia, Calif.	.27%
Charleston, W.Va.	.27%
Charlotte, N.C.	.26%
Columbus, Ohio	.26%
Little Rock, Ark.	.25%
Philadelphia, Pa.	.25%
Greater Pittsburgh, Pa.	.23%
Lafayette, Ind.	.23%
Jacksonville, Fla.	.22%
Boise Valley, Idaho	.22%
Phoenix, Ariz.	.21%
Cleveland, Ohio	.20%
Southern Nevada	.20%
LaCanada Valley, Calif.	.19%
Austin, Texas	.19%
San Diego, Calif.	.18%
Canton-Massillon, Ohio	.17%
Southern N.J.	.17%
Columbus, Ga.	.17%
Forsyth Co., N.C.	.16%
El Paso, Texas	.16%
Southern Ventura Co., Calif.	.15%
Charlottesville, Va.	.15%
San Fernando Valley, Calif.	.15%

Congratulations, Graduates!

The Kappa Kappa Gamma Fraternity Council extends best wishes to all 2004 graduates and encourages you to stay connected to Kappa by joining your area alumnae association. Friendship, support, networking and mentoring opportunities await you as an alumnae association member. Submit the form on Page 4 or visit www.kappa.org for information on how to join an alumnae association.

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BOUQUETS

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magazine subscriptions through
The Rose McGill Magazine Agency.
You have answered the question —

Why Wouldn't You ... ?

Through your
magazine purchases this year,
we will contribute
more than \$30,000 to the
Rose McGill Fund of the
Kappa Kappa Gamma Foundation.

Don't forget to continue to —

Call: 800/KKG-ROSE

E-mail:

mfiggins@kappakappagamma.org

or

Fax: 614/228-7809

with your magazine orders!

50-, 65- and 75-Year Pin Reminder

Each year the Fraternity acknowledges members celebrating 50, 65 and 75 years of membership in Kappa Kappa Gamma. Congratulations to the 1,336 alumnae who are 50-year Kappas, the 616 alumnae who are 65-year Kappas, and the 176 alumnae who are 75-year Kappas! With a total of 2,128 special pin recipients, *The Key* is unable to recognize these members individually.

However, the Fraternity encourages each member to celebrate these milestones with Kappa sisters and loved ones. Recipients may choose to receive their pins through a local alumnae association, by attending a General Convention, which is held every two years, or by making their own arrangements to receive a pin from Fraternity Headquarters.

Local alumnae associations share in this special event by planning a celebration to honor these loyal Kappa sisters. The association's executive board contacts area members who are eligible for recognition and invites them to receive their pin at an alumnae association event.

Although many associations honor members at Founders Day, October 13, some associations plan separate events at other times during the year. Regardless of which date is selected, many members comment that the event and memories are a highlight of the year.

If a member does not live near a local association or is not able to travel to a Province Meeting or General Convention, an award certificate is mailed to the member from Fraternity Headquarters. Enclosed with the certificate is an order form so the member may purchase a pin at a nominal fee.

For more information, please contact the Membership Services Department at Fraternity Headquarters toll free at 866/KKG-1870 or kkghq@kappa.org.

Protect Your Badge

In order to ensure that your membership badge is properly protected, please fill out the form below and keep it with your badge or personal papers. This simple step will help make sure that your precious badge and official emblem of the Fraternity does not fall into the possession of a non-member.

Kappa Kappa Gamma Badge Disposition Instructions

I, _____, as a member of Kappa Kappa Gamma, request that my membership badge, a one-inch golden key bearing the Greek letters KKG and AΩO, be ...

(Check one)

___ returned to Kappa Kappa Gamma Fraternity Headquarters (530 E. Town St., P.O. Box 38, Columbus, OH 43216-0038).

___ left to my sister, daughter, granddaughter, great-granddaughter or other direct legacy connection.

___ left to _____ chapter to be used as an award key for _____.

___ left to _____ alumnae association to be used as _____.

___ buried with me.

Date: _____ Member Signature: _____

Kappa Travel Opportunities

AUTUMN IN THE MARITIMES – October 1-10, 2004

Sail in style aboard the all-suite Radisson Seven Seas Navigator, a 490-passenger ship, from Montreal to New York. The Maritimes will be ablaze with colors from Quebec, Nova Scotia, Bar Harbor, Boston and on down the east coast. Call Nancy Grow soon at 800/654-4934 for further information and best suite selections.

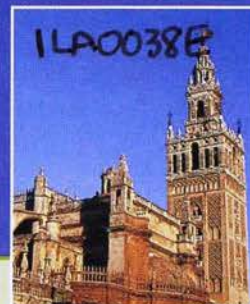


IMPERIAL TREASURES OF CHINA – October 18-31, 2004

This all-inclusive cruise/tour features the best of China and includes a seven-night Yangtze River cruise on a brand new ship. Every cabin has a balcony! Cruise from Chongqing to Wuhan plus enjoy five nights in five-star hotels in Shanghai, Beijing and Xian. See Tiananmen Square, the Forbidden City, The Terra Cotta Warriors and more. All tours, excursions, intra-China flights, meals and air from the West Coast are included. Very low air add-ons for other US gateways. Fully escorted. From \$2,729 with air! Call Linda Singleton at 800/522-8140 for reservations. Limited space during best weather in China.

ANDULUCIA in a SPANISH PARADOR - October 11-20, 2004

Join other Kappas for this luxury seven-night stay at the cliff-top Parador de Ronda in southern Spain. Unpack only once and enjoy excursions to Seville, Marbella, Costa del Sol, Cadiz, Jerez, and Gibraltar. Special Kappa price of \$2,995 includes air, all meals, excursions and educational programs. Call Alumni Holidays 800/323-7373 for reservations. Limited single accommodations an additional \$250.



***** TRIPS PLANNED FOR 2005 *****

ACA GREECE - PARTHENON



GREECE, April 1-10, 2005. Two nights in Athens — Explore the city, visit the Acropolis and the Parthenon. Transfer to the island of Poros for six nights.

Excursions to Aegina, Hydra, Epidauros, Mycenae, with lecture series by local experts. All meals and excursions inc. Price only \$1,895 plus air. Call Alumni Holidays at 800/323-7373 for information.

ACA SORRENTO - SORRENTO



SORRENTO, June 6-14, 2005. Delight in Sorrento's sunsets, historic buildings and beautiful gardens. Tour Pompeii, explore the Amalfi Coast and Positano, ride by

hydrofoil across the Bay of Naples to the Isle of Capri, visit Salerno's Landing Beaches and the Greek temple of Paestum. All-inclusive price of \$1,795, plus air. Unpack only once for this very special Kappa trip. Call Alumni Holidays at 800/323-7373.

ACA CRANS-MONTAN-PEOPLE



SWITZERLAND, August 3-11, 2005. Accommodations for seven nights at the elegant Hotel Excelsior in the resort town of Crans. Visit Zermatt/Matterhorn, Montreux,

enjoy a private cruise on Lake Geneva and more! Price \$1,895, plus air. Call 800/323-7373.

YORKSHIRE - HARROGATE



YORKSHIRE, September 12-20, 2005. September 12-20, 2005. Step back in time to olde England. Spend seven nights at Harrogate's Four-Star Yorkshire Hotel. Journey through the

Yorkshire Dales, visit Fountain's Abbey, York, Castle Howard, Haworth, historic Aske Hall, and the stately British home of Harewood House. Price \$1,895, plus air. Call Alumni Holidays 800/323-7373.

All friends and family welcome on Kappa Travels trips.

**KAPPA
TRAVELS**

For more information, contact Kappa Travels Coordinator VERA LEWIS MARINE, Colorado College, at kkgtrav@aol.com or call 626/446-3870 or toll free 866/KKG-1870.



Don't Let Your Dreams Go Up in Smoke

A Kappa sister helps lead the fight against tobacco and lung cancer.

— By PEGGY MICKE MCCARTHY, Arizona, leading cancer patient advocate and author

It seemed so smart and sophisticated to open the leather cigarette case that many coeds had back in the 1950s and pull out a filter cigarette. We were young, invincible and wanting to show that we were adults as we began our college lives.

Like many women, I began smoking during college. I was lucky, however. I stopped smoking during my 20s — first, each time I was pregnant because the smell made me sick, and then for good when my oldest daughter was 7. The first *Surgeon General's Report on Tobacco* had just come out and schools were conducting programs for children on the dangers of smoking. I remember the afternoon when I picked up my daughters, Susan and Pam, at daycare. They were in the back seat as we headed home and I lit a cigarette. A voice from the backseat said, "Mom, if you really loved Pam and me, you would stop smoking."

I must be honest and say that I did not quit right away. It took time and effort, but one day I woke up with the realization that if I ever touched a cigarette again, it would kill me. From that day forward I became an advocate against tobacco.

The Biggest Killer

More women in the United States die of lung cancer every year than of breast cancer and all female cancers (uterine, cervical, ovarian, vulvar and vaginal) COMBINED! This year more than 68,000 women in the United States will die of lung cancer. In fact, we have the highest lung cancer death rates for women in the world!

Lung cancer leads all types of cancer deaths for men and women in the United States and throughout much of the world. This year there will be approximately 173,770 people in the United States diagnosed with lung cancer. Of these, about 81,000 will be women. You have probably read or heard that the lung cancer rate in men has recently begun to decline. However, rarely do the media mention that the rate in women is alarmingly high and continues to rise every year.

How can this be? Large numbers of us who began smoking while in college, in particular, heard the message — from our children, as I did, from our friends and family, from our physicians or from public health announcements — and we quit smoking. Almost 50 million Americans have stopped smoking. But an almost equal number call themselves smokers. Most of them began smoking as children, as adolescents, during college or when first out on their own as young adults. Studies show that most smokers became addicted before the age of 20. Note that I use the word “addiction” rather than habit. Smoking IS an addiction!

Nicotine Addiction

College is a hot spot for people to continue the smoking addiction acquired in middle or high school or to become addicted for the first time.

It is estimated that it takes as few as three cigarettes for some people to become addicted. Studies show that between 15 and 25 percent of entering college students are already smokers. Of course, this varies from campus to campus. These same studies show that, once in college, another 15 to 20 percent of students begin smoking. Most often this occurs during the freshman year when the stress of acclimating to a new environment is greatest.

Couple this with the reality that, for the first time, many students are living away from parental supervision and have access to liquor at parties, which can result in impaired judgment. Most college students try just one cigarette, usually at a party or in a bar where friends are smoking.

One cigarette becomes two or three over the evening. The next morning that student will wake up with a horrible taste in her mouth and her hair and clothing

Project FOCUS:

Women & Girls, Tobacco & Lung Cancer

Project FOCUS is a collaborative program of the National Panhellenic Conference, the American College of Chest Physicians, the Chest Foundation and Innovative Medical Education Consortium, which trains Panhellenic women to educate college women especially about how smoking affects women. Each chapter selects a volunteer presenter to be trained with other presenters from Panhellenic. With the assistance of a mentoring physician, the members develop tailored educational presentations for their campuses.

For more information, please contact the National Panhellenic Conference central office at 317/872-3185 or via e-mail: npccentral@npcwomen.org.

will stink! She may wonder why she ever tried a cigarette. But the next night at perhaps another party, she may have a few more cigarettes and within weeks she considers herself a “social smoker.” She does not smoke except when she is in a social situation. And she is not buying cigarettes yet ... just “bumming” them from friends. Then, one evening, there is no one to bum a cigarette from so she buys a pack, and, suddenly, she is smoking every day. It happens so easily. And quitting is so hard.

Addiction to nicotine has been shown to be stronger than addiction to all known illegal drugs including heroin. One of the major reasons it is so addictive is that nicotine enters the brain just three seconds after tobacco smoke is inhaled into the lungs. Tobacco companies have spent years finding ways to enhance their cigarettes to produce this effect. Few people realize that the cigarette is actually a device for free-basing nicotine. However, the cigarette, or as some of us call it, the “nicotine-delivery device” can be purchased legally by anyone over 18. A greater percentage of people are able to stop using heroin than are successful at quitting tobacco.

Other Risks

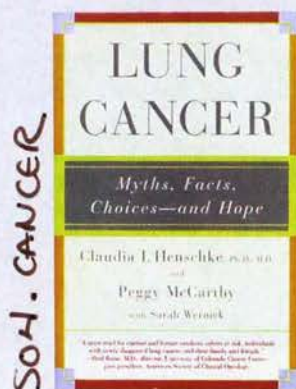
In addition to being the primary cause of lung cancer, smoking is linked to many other cancers including cancer of the bladder, kidney, throat, and pancreas. Women who develop breast cancer and who have smoked have a much higher risk of having their cancer spread to their lungs than those women who have never smoked. Tobacco is also the primary cause of much of the heart disease we have in the United States. Smoking increases cholesterol. It causes the arteries in our circulatory system including in our hearts and brains to become clogged. Tobacco is a

Lung Cancer: Myths, Facts, Choices — and Hope

By Claudia I. Henschke, Ph.D., M.D., and PEGGY MCCARTHY, Arizona, with Sarah Wernick, W.W. Norton and Company, Inc., 389 pages.

This authoritative book contains new lifesaving

strategies for those at risk and those already diagnosed with lung cancer. If lung cancer has touched your life — or if you have reason for concern — this comprehensive and compassionate book can help. Discover the latest advice as well as inspiring quotes from survivors.



major cause of early death; it is estimated that 50 percent of smokers will die 15 years earlier than they would have if they had not smoked. And it is not just smokers who die earlier; those exposed to heavy doses of passive smoke are also at risk. It is estimated that between 40,000 and 67,000 people die from second-hand smoke exposure every year.

In addition, tobacco use causes other problems that have impact on the young. It makes the teeth yellow. Fingers turn yellow from holding cigarettes. Smoking causes premature wrinkling and changes the pigmentation in the skin. For women who are using hormonal birth control, it increases their chance of early heart disease and stroke. Research has also shown that smoking can cause infertility in women and impotence in men. Smoking by a pregnant woman is harmful to her fetus causing low birth-weight, which can result in health problems for the baby. And it is causing a surprising increase in lung cancer in young women.

Take Deena, for example:

At age 26, Deena was a dynamic, creative and beautiful woman on her way up in the movie industry where she worked as a post-production coordinator for a major film studio. Her home was New York but she loved life in Los Angeles where she decided to "get healthy." She became a vegetarian, exercised regularly and enjoyed yoga. But she continued to smoke; she became addicted in her early teens.

As an adult, Deena developed breathing problems. Her doctor thought she might have allergies and treated her

with antibiotics and antihistamines. But the problems persisted. Finally, Deena went home to New York for a visit. Her parents were worried and insisted she be checked by a physician there. A lung scan showed a large tumor. A biopsy showed that she had non-small cell lung cancer. Deena died two years later at age 28.

Are You Already at Risk?

So who is getting lung cancer? Currently, more than 50 percent of the people being diagnosed with lung cancer are like many of us — former smokers. Another 15 to 20 percent are never-smokers. The greatest majority of people who are diagnosed with lung cancer are in their 50s, 60s, 70s or older, but there are a surprising number of young women like my dear friend, Deena, who are dying from lung cancer while still in their 20s, 30s or 40s.

One of the important things we were not told when we quit smoking was that our level of lung health would not return to that of a never-smoker. This is different from our hearts and circulatory systems, which do lose the effects of tobacco quickly. In fact, within a few years, a former smoker's heart and circulatory system cannot be distinguished from a never-smoker.

Not so with our lungs! I smoked about a pack of cigarettes a day for nearly 10 years. I quit smoking in 1969, about 35 years ago, but I still have the lung cancer risk of a 10-pack-year smoker. (One pack a day for one year equals one "pack-year" of smoking; two packs a day for one year equals two pack-years.) While this doesn't put me in the very high-risk group, I know a number of people who have developed lung cancer with the same risk I have or less.

What Can You Do About Your Risk?

- ✓ **Quit smoking** no matter how long you have been addicted. If you are a college student and just started smoking, especially when you are partying, quit now!
- ✓ **Talk to your doctor.** If you are a college student, go to your student health center and ask for help in quitting. If you are out of college, see your primary-care physician.

Test Your Knowledge

Think you have your facts right about tobacco? Take the "Cig Quiz" at www.tobaccofreeu.org to find out what you know. You also can learn more about the different types of tobacco, college students and tobacco use and priority populations.

✓ **Go online for information** or call the anti-smoking hotline in your state. No matter what happens to you or your health in the future, you will be better off if you are not a smoker.

✓ **Don't give up!** It usually takes a number of attempts to quit, so don't give up if it doesn't work the first time. Try until you are successful and never go back. The health benefits are many: Ten minutes after putting out that last cigarette your blood pressure and pulse will drop to a more normal level. Ten hours later the oxygen levels in your body will increase and the carbon dioxide levels will decrease. Three days later your lung capacity will improve and four years later your risk of heart attack will be that of a nonsmoker.

✓ **Get a spiral CT scan.** If you have been a smoker, ask your doctor where you can get a spiral CT scan as a baseline to see how your lungs have been affected. It has been estimated by one major cancer organization that only 15 percent of the former smokers in the United States have received a spiral CT scan to look for lung cancer. The CT, unlike the chest X-ray, can find lesions early when they are still small and treatable. The spiral CT also shows how badly damaged your lung tissue is and how much you may be affected by the development of chronic obstructive pulmonary disease (COPD) or emphysema.

✓ **Enroll in a clinical trial** if you can because the information that comes from your participation will help others. As of June 2004, the only U.S. lung cancer screening clinical trial being conducted is the Early Lung Cancer Action Project (ELCAP) study. There are many enrollment sites around the country. All participants receive a spiral CT. The study started by the National Cancer Institute to compare spiral CT to chest X-ray has closed enrollment. If you cannot participate in the ELCAP study, talk to your doctor about other options.

✓ **Encourage family and friends to quit.** Second-hand smoke is just as dangerous ... for you, your children and even your pets!

✓ **Encourage daughters and sons NOT to start smoking!** It takes very few cigarettes to become addicted.

✓ **Become an anti-tobacco advocate.** Check the American Legacy Foundation Web site, www.americanlegacy.org, for great information. Look into participating as an anti-tobacco advocate on your campus through the TRICS program, Bacchus and Gamma Peer Education Network, Project FOCUS (designed for sorority women) or other campus or community groups.

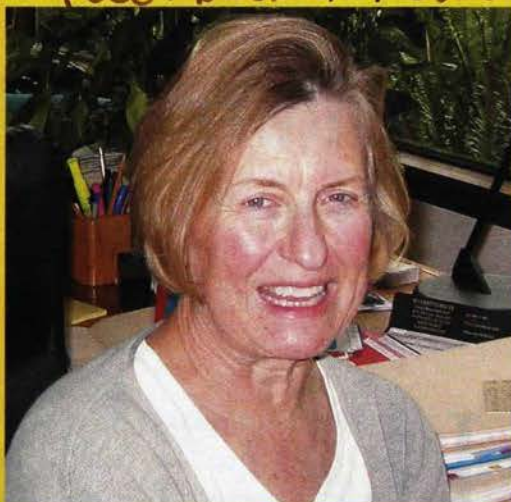
As members of Kappa Kappa Gamma, let's use our tradition of leadership, friendship and support to educate others about the facts of tobacco use and the hope that can be found through prevention, cessation and lung cancer screening and detection. Together, we can help prevent any more dreams from going up in smoke. ☺

About the Author

Co-author of *Lung Cancer: Myths, Facts, Choices — and Hope*, PEGGY MICKE MCCARTHY, Arizona, MBA, is also the founder and president of McCarthy Medical Marketing, Inc., and Innovative Medical Education Consortium, Inc. She is the founder of ALCASE (Alliance for Lung Cancer Advocacy, Support and Education) and a founding partner/member of the National Dialogue on Cancer, now C-Change.

In 2000, *Ladies' Home Journal* named her one of the year's "women to watch" in women's medicine. Peggy was instrumental in developing Project Focus in conjunction with the National Panhellenic Conference and the CHEST Foundation of the American College of Chest Physicians. Her company, IMEC, is the developer of the TRICS program to build awareness about the risks of tobacco use targeted toward college freshmen, which was developed through a grant from the American Legacy Foundation.

PEGGY MCCARTHY LUNG CANCER #2



Entrepreneur, author and leading cancer patient advocate MARGARET (PEGGY) MICKE MCCARTHY, Arizona.

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Related Web Sites

www.alcase.org
www.americancancersociety.org
www.americanlegacy.org
www.lungcanceronline.org
www.lungcancerhope.com
www.bacchusgamma.org
www.TRICSTobaccoInfo.org



DSCN0061



Leadership Academy:

It's Who We Are — It's What We Do

— By ALLISON GREINER, *Ohio State*

During the weekend of April 23, 2004, Kappa Kappa Gamma conducted a pilot program of an interactive retreat that would teach emerging leaders of Kappa Kappa Gamma — undergraduates and advisers — how to carry on the Fraternity's "Tradition of Leadership."

Designed to be a pilot for Kappa's newest program — Leadership Academy — the event exceeded expectations. "The Leadership Academy pilot was the most astounding event I have ever witnessed when it comes to leadership training. In the course of two and a half days, I watched undergraduates, as well as alumnae, grow in leadership skills and clarify their values to a

degree I have never seen before," explains PATSY BREDWICK LEVANG, *North Dakota State*, Kappa Kappa Gamma's Foundation President.

The weekend consisted of intensive leadership development with a professional curriculum developed in partnership with the TomPeters! Company and Bradford Woods, a renowned retreat location in Indiana. Participants took part in outdoor leadership challenges, personal reflection and group interaction. Leadership Academy is funded through a generous grant from the Kappa Kappa Gamma Foundation providing this experience at no cost to the participants.

*"In the course of two and a
half days, I watched
undergraduates, as well as alumnae,
grow in leadership skills and clarify
their values to a degree
I have never seen before."*

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Leadership Academy concluded with a graduation dinner featuring a speaker who exemplifies Kappa Kappa Gamma's Tradition of Leadership. The speaker selected for the Leadership Academy pilot was JENNA EDWARDS, Miami, founder of "Queen For A Day," an organization that helps build the esteem of girls with cancer.

Feedback from Kappas during their weekend at Leadership Academy demonstrates how this new program is an excellent opportunity for emerging chapter leaders and advisers to develop leadership skills and build lifelong friendships in a supportive, enthusiastic environment.

Upon the highly successful completion of the pilot program, the Fraternity Council has decided to offer Leadership Academy annually. All 131 chapters will be asked to send one undergraduate and one adviser to every academy. The first official Leadership Academy will be held October 1-4, 2004. Please visit www.kappa.org for more information or contact the Department of Education and Training at Fraternity Headquarters at 866/KKG-1870.

Photographs by ALLISON GREINER, Ohio State; JANET MEINHEIT, Wisconsin; KYLIE TOWERS, Simpson; SARAH WITKOWSKI GIPE, Ohio Wesleyan.

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"The information I learned this weekend will assist me in being a better adviser for my chapter and a better woman. Once again, I have learned that Kappa continues to help me grow." — ANNE REID, Westminster, adviser for ZETA ZETA, Westminster.

"... on Friday morning in the pouring rain, preparing to leave my family, I never dreamed that I would have enjoyed and learned so much from this experience." — ADANNA KELLER HYDES, Centre, adviser for ZETA GAMMA, Centre.

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"I never expected to 'find myself' in Indiana. Leadership Academy has given me an opportunity to look within myself and identify and clarify my own personal values. Thank you for this gift. It has been a life-changing experience." — KATIE JOHNSON, Washington and Jefferson, undergraduate.

"It was the determination of the Foundation and the leaders of Kappa that have made this weekend a success. I feel blessed to have had the opportunity to collaborate and be inspired by my sisters." — ALLISON OHANIAN, San Diego, adviser for ETA GAMMA, San Diego.

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"I have learned skills that will be priceless in the real world. This experience has allowed me to step out of my safety circle. I have helped my sisters (my new friends) to go to their chapters with new ideas. Thank you so much for a chance to become a better leader, person, woman, Kappa and most of all, the chance to grow." — ALICIA HAYDEN, Central Florida, undergraduate.



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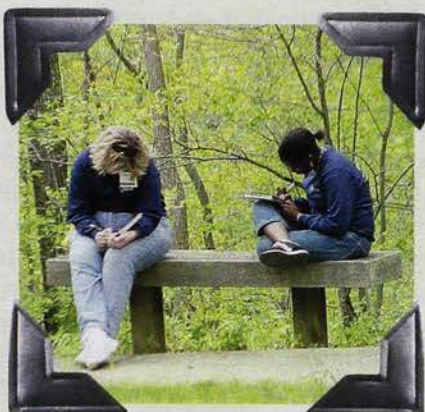
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"In the future, I look forward to women experiencing this leadership opportunity and having a positive experience like I did. I loved the team building and the challenging-the-process events we participated in." — ANNIE SCHOENLE, Purdue, undergraduate.



IMG29



"Over the last few months I have struggled with how to be an effective adviser and how I can lead the girls and the chapter. I was doing a good job, but I wanted to do better and was unsure how to. Now, with this Leadership Academy, I feel I have what it takes to accomplish this. I thank you for that." — STEPHANIE PEDERSON, New Mexico, adviser for GAMMA BETA, New Mexico.

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DSCN0001



"I must admit that I approached Leadership Academy with hesitation. I'm not athletic or outdoorsy. I was worried I'd get lost traipsing through the woods! However, now that I am here, I can honestly say that I would not trade this amazing experience for anything. I never imagined this experience would result in an opportunity for personal empowerment and growth." — MEGEAN KINCAID, Centre, undergraduate.

Recruitment: Redefined and Redesigned

Student demographics have changed. Membership recruitment in women's fraternities must change too. Here's what The National Panhellenic Conference is doing to ensure the valuable benefits of Greek membership remain available to future generations of women.

Remember rush? If you're over 30, you most likely had the following experience: visiting every sorority for a round of open house parties, waiting for, accepting and regretting invitations to subsequent rounds of parties, Preference Night and finally, Bid Day. During the structured daytime events held the week before classes began, your fellow rushees were primarily a homogenous group of coeds who were typically of European descent, from families in the middle to upper-middle financial range, entering college directly from high school, attending college full time to earn a degree in four years, dependent upon parents to take care of most, if not all, financial responsibilities, working part time or not at all, and living on campus.

Today, rush is called "recruitment," rushees are "potential members," and the decades-old model of the average collegian, upon which NPC's traditional membership-enrollment system was established, is no longer typical of contemporary college students. Only

16 percent of today's college students attend full time, are 18–22 years of age, and live on campus (Arthur Levine, "The Remaking of the American University," *Innovative Higher Education*, Summer 2001.); about 75 percent of all four-year college students now earn a paycheck, and about 25 percent of them work full time.

Contemporary students are ethnically, religiously and racially diverse and come from a wider range of socio-economic backgrounds. Thirty percent are minorities, 20 percent were born outside the United States or have a foreign-born parent and 11 percent spoke a language other than English while growing up. Many are also first-generation college students. All face more life pressures and bring with them a greater array of experiences than students in earlier decades. (Mary B. Marcy, *Diversity, Demographics, and Dollars: Challenges for Higher Education*, July 2002.)

The chart below illustrates the differences between today's students and the traditional-student model.

Comparison of the Traditional and Contemporary Student

Traditional Student

- Student studies full time; 0% work
- 18-22 years old, no family responsibilities
- Lives on campus
- Ethnically and socio-economically homogeneous student body
- Graduated in top 10-25% of high school class
- Completes bachelor's degree in 4 years
- Students spend all four years at college entered

Contemporary Student

- Over 70% of students work
- 41% over 25 years old, many with family responsibilities
- Commutes to campus
- Ethnically and socio-economically diverse student body
- Graduated in top 50% of high school class
- Completes bachelor's degree in 5-6 years
- Many transfer students

(Sources: National Center for Education Statistics, 2000; S. Choy, *Access and Persistence: Findings from 10 Years of Longitudinal Research on Students*, American Council on Education, 2002.)

Responding to the more heterogeneous student body, campuses have developed outreach and support programs, multi-cultural centers and ethnic-studies departments focusing on new student populations. As the number of older students grows, so are the offerings of evening and weekend programs designed to respond to working adults. Supplementing the traditional, structured classroom time and lecture, new systems of delivering education are being implemented: independent study, online learning, assessment-based grading, and credit for civic involvement, community service and professional achievement.

With this understanding of the changing campus environment, it became clear to NPC that, to maintain a stable or growing membership and offer relevant experiences for an increasingly diverse population, new systems must be developed to respond to the needs of new students. A new recruitment process to fit the needs of contemporary college women was of primary importance. In the 1990s there was a continuous effort by NPC to improve opportunities to recruit new members. Because the process no longer served students nor the institutions well on all campuses, variations on the traditional system mostly proved to be unsatisfactory.

Seeking clearer direction, in 2001 the NPC Recruitment Processes Committee gathered data from surveys, oral interviews, past NPC recruitment committees and campus statistics. Information was solicited from NPC national presidents, NPC's College Panhellenics and Alumnae Panhellenics Committees, student life professionals (such as campus Greek advisers), campus Panhellenic presidents, and Panhellenic vice presidents of recruitment. The majority of survey respondents, regardless of which group they represented, felt there should not be just one system of recruitment and that each campus is unique and therefore requires a unique approach.

As a result of these survey findings and NPC discussion, the following changes were among those agreed to at the October 2003 NPC meeting:

- A marketing plan that will encourage and assist all NPC member groups, College Panhellenics and Alumnae Panhellenics in developing marketing programs that will focus on a variety of publics at the international, community and university levels.
- New methodology for determining release figures that will provide realistic opportunities to encourage managed growth while balancing the need for parity

among chapters with membership opportunities for unaffiliated women. Quota will be set as late as possible in the recruitment process to place the greatest number of women. How we manage the expectations of potential new members plays a large role in whether or not they will complete the recruitment process and how satisfied they will be with the outcome.

- A menu of four recruitment styles has been adopted. The four styles each lead to the same goal, but in different ways. While the emphasis and details of each style will vary from campus to campus, the move from one rather inflexible formal recruitment

Attracting Today's Students

NPC groups remain viable for contemporary students by integrating social and academic support in dynamic, interdisciplinary communities that encourage students to learn from each other. These kinds of environments have been shown to:

- Increase student retention
- Expand levels of learning
- Enhance relationships between students, faculty and disciplines
- Tie education to experience
- Increase commitment to civic involvement
- Enhance students' capacity for cross-cultural understanding.

Effective campus social support systems contribute to increased student learning. Women's fraternal associations have a correlation with educational attainment, leadership, cultural awareness, tolerance, empathy, independence, and ability to relate to others.

As campus paradigms continue to shift, NPC must do the same to remain an important partner in the total education of women — integral to the learning process by providing community service, co-op learning environments, vital social support, and environments in which appreciation for a broader population is fostered.

system to a four-style system presents an opportunity to make clear choices by offering alternative recruitment methods, responsiveness to changing demographics and cost containment via the no-frills recruitment concept adopted in 1991. Here is a brief overview of the four recruitment models:

Continuous Open Recruitment (Formerly "Continuous Open Bidding"). Ongoing, informal events of all sizes organized by chapters and their alumnae. Bids offered directly to potential members.

Minimally Structured Recruitment. Potential members explore options at their discretion. Members and potential members get to know one another in a relaxed, informal atmosphere without structured events. Each chapter determines the times and types of social occasions they will have, and may include a Preference event. The campus Panhellenic organization determines the date for issuing bids.

Partially Structured Recruitment. Events established within a more loosely defined time frame provide potential members the flexibility to attend events according to their own schedules and interests. Potential members are required to visit each sorority at least once; a Preference event and Bid Day conclude recruitment.

Fully Structured Recruitment. Traditional, with structured rounds and events highlighting positive aspects of sorority life and responsible membership. Traditional recruitment works

well on some campuses, generally those with a large number of women interested in becoming part of the Greek system.

In consultation with the campus Greek adviser and with the approval of the NPC area adviser, college Panhellenics will determine which recruitment style is the best fit for their campus. Implementation of the recruitment styles will begin in January 2005 after the college Panhellenics on each campus have assessed their needs using material provided by NPC. No-Frills Recruitment will remain a goal on every Panhellenic campus.

NPC also established a Committee on Recruitment to monitor trends and recommend and implement recruitment strategies. The committee may include Greek advisers and other relevant experts. A new recruitment handbook will also be developed.

In light of the many ways recruitment is changing, here are a few ways to ensure the joys of sisterhood remain available to future generations:

- Seek personal and informative Panhellenic-spirited contact with prospective members at all times during the year.
- Let these young women know that only through Greek affiliation begun during college will they have a multi-faceted association dedicated to lifelong local and national support systems in which they are able to develop leadership skills; pursue knowledge, wisdom and scholarship; build career, personal and social networking; discover rewarding opportunities for community service and philanthropic endeavors; and form enduring



Psi^χ, Cornell, members regroup for the next round of recruitment.




Kappa encourages "no-frills" recruitment according to NPC resolutions. Conversation skills and philanthropic activities are emphasized rather than elaborate skits.

CHILIS 5

friendships built on common experiences, aspirations and respect.

- Relate to potential members your fondest memories of all-night chats with your sisters, the support you received from a senior English major that got you through a tough freshman writing assignment, the planning and execution of a fund-raising event to benefit breast cancer, the experiences you gained as a chapter chairman and then officer which later helped you advance in your career, the social skills you honed during recruitment, and the myriad new sisters you met and instantly connected with as an alumna.
- Tell them about the reunions you still attend, 10, 25 even 50 years after pledging. Tell them that your Greek affiliation has been a building block and a cornerstone of your life, and still is.

Tell them that women's fraternities are changing so that women in new circumstances and surroundings may enjoy these same life-affirming relationships, opportunities and memories, and one day fondly ask, "Remember recruitment?" 

EDITOR'S NOTE: *This article was written by Christine Barnicki of Chi Omega on behalf of the National Panhellenic Conference to be shared with all Panhellenic groups.*

If you missed the spring 2004 issue of The Key containing the special recruitment section and the Membership Data Form, visit www.kappa.org or contact Fraternity Headquarters at kkghq@kappa.org or 866/KKG-1870. For more information on the NPC Resolutions, contact the NPC Central Office at npccentral@npcwomen.org or 317/872-3185.

Campuses Are Different

- 63 percent have four NPC groups or fewer
- 28 percent have five to nine NPC groups
- 9 percent have 10-21 NPC groups

Quotas Vary

- 17 percent have Quotas less than 10
- 24 percent have Quotas of 11-19
- 18 percent have Quotas of 20-29
- 19 percent have Quotas over 30
- 22 percent have unknown Quotas
- Sixty percent of campuses have Greek communities considered small or very small, with no more than four NPC groups. Forty-one percent have new members numbering not more than 18 annually.
- Many campuses have growing recruitment numbers; others have declining numbers.
- Many campuses have a tradition of students living on campus; others are strictly commuter campuses.
- Only 9.8 percent of students estimate chances are very good that they will join a social fraternity or sorority while attending college. This is down from last year.



Successful recruitment begins with a smile!

S04. RECRUIT. 03



GAMMA OMICRON, Wyoming, members and potential members get to know each other during a philanthropy project.

GAMMA OMICRON PAINTING CHAIR

Meet Our 2004 Alumnae Achievement Award Recipients

An advocate for infant safety, a fashion icon, and the youngest former United States governor have more than their Kappa membership in common. Leadership, courage, perseverance and creativity are common traits of Kappa Kappa Gamma's 2004 Alumnae Achievement Award recipients.

A biennial tradition since 1946, Alumnae Achievement Awards recognize individual excellence in volunteer and professional pursuits on a national or international level. The 2004 awards will be presented to the three recipients at the 65th Biennial Convention this month. Congratulations to MARY SHUHAM DORE, Whitman, KATE BROSNAHAN SPADE, Kansas, and JANE SWIFT, Trinity.

Disturbing the Peace

— By JULIE KROON ALVARADO, Arizona State

Today, mothers know that SIDS stands for Sudden Infant Death Syndrome. And they know to treat with great care a parent whose infant dies of SIDS. But MARY SHUHAM DORE, Whitman, was among an unfortunate group of parents faced with the devastation of SIDS before it even had a name.

In 1961, Christine Marie Dore, the infant daughter of Fred and Mary Dore, died unexpectedly in her sleep. While the Dores were surrounded by loving friends and family plus three healthy children, they could not overcome their shock and grief. Few pediatricians were familiar with the condition and there was no Internet through which to seek answers. A literature search in the library turned up nothing.

The Discovery of Sudden Infant Death Syndrome by the National SIDS Foundation's first president, Dr. Abraham Bergman, explains, "... how a band of people with a cause triumphed over a bureaucracy that didn't want to be bothered." He credits Mary with "disturbing the peace" through decades of compassionate volunteer work to raise awareness and stimulate research efforts for SIDS.

By 1962, Mary and Fred had assembled other SIDS parents and formed what eventually became the National SIDS Foundation. A year later, due to the efforts of Mary and her partners, Senate Bill 180 was passed in the state of Washington. Along with a grant to carry it out, the bill mandated that all sudden "crib deaths" (as it was sometimes called) of children under age 3 must be autopsied and studied.

Mary also helped create milestone legislation that became the SIDS Act of 1974, which provided federal allocation of funds to assist communities in establishing



MARY SHUHAM DORE, *Whitman*, and husband Fred, prior to his death in 1996, gather with their five children.

RETIREMENT 93

programs for dealing with SIDS. She also fought for the inclusion of SIDS in the International Classification of the Causes of Death.

Through tireless efforts by Mary and her peers, the first International Conference on SIDS was held in Seattle and the first study of SIDS as a real disease was started. Mary was also influential in creating a national model of how to interact with devastated SIDS parents. Thanks to her, grieving parents would receive the comfort and information they needed, which previously had been lacking.


By 1975, a nationally backed and organized SIDS research effort began. At that time, few people realized what an unprecedented rise in prominence was occurring for a previously unrecognized medical condition, especially at a time when communication was much less immediate. "We didn't intend to challenge the medical/legal establishment, but that's what had to be done," says Mary. "We had no organizational structure at first and the cause just swept us along."

Mary is quick to point out how change can be affected more easily today due to technological advances, which she and her colleagues did without in the 1960s and 70s. "Our system of communication began with only manual typewriters, worn ribbons and carbon paper," Mary explains. "Long-distance phone costs were prohibitive and our original committee had no funds."

With all her spunk and nerve, Mary has also been called a "giver of peace." Through compassionate contact with parents in phone calls, letters and meetings, Mary has connected people with similar experiences and allowed them to find a measure of peace. In a world of baby monitors, voice mail, computers, faxes, cell phones, e-mail and the Internet, Mary believes it is still important to make one-on-one connections.

In addition to her intense work with the SIDS movement, Mary has participated in the SEATTLE and LAKE WASHINGTON ALUMNAE ASSOCIATIONS and received her 50-year pin. "Kappa has always been kind of a safety net for me wherever I lived," says Mary, who also was active in church and PTA projects. Mary and Fred eventually had two more healthy babies, and all five children are now successful in law, business or medicine.

Mary, who first worked in fashion merchandising after college, ran the family property management business for more than 20 years and assisted her husband with his law career and his election to the state supreme court.

A loving grandmother of 10, Mary will be remembered not only for her passion toward grieving families but also for her determination to unlock the mysteries and prevent the devastation of SIDS. 

profiles

Kate Spade Combines Midwestern Charm with Classic Style

— By ALLISON GREINER, *Ohio State*

She has been described as the Audrey Hepburn of the 20th century. Her classic designs with clean lines and a twist of modern pizzazz set her apart. This fashion icon is KATE BROSNAHAN SPADE, *Kansas*, who took a risk more than 10 years ago by starting a handbag company with her then boyfriend, now husband, Andy Spade. The company, kate spade inc., has since developed into a multi-million-dollar venture.

In 1991, Kate was the senior fashion editor and head of accessories for *Mademoiselle* magazine when she realized the need for stylish, practical handbags. After investigating costs and putting together sketches of handbags she would want to carry, Kate developed a line of classically shaped bags in a satin-nylon finish with fresh colors and textures.

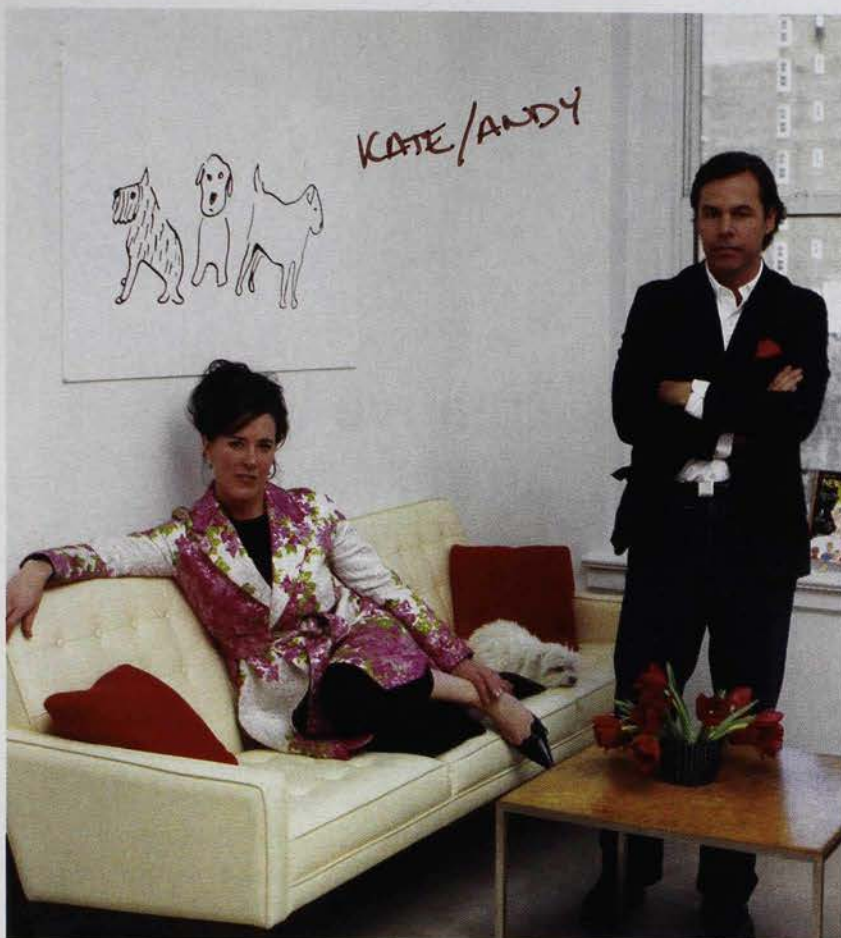
In January of 1993, Kate launched "kate spade handbags." In 1996, Kate was honored by The Council of Fashion Designers of America (CFDA) as America's New Fashion Talent in Accessories. In 1998, CFDA honored Kate again with the Accessory Designer of the Year award.

KATE BROSNAHAN SPADE, *Kansas*, never dreamed she would become a high-profile fashion designer.

According to a recent article in *Fortune Small Business*, Kate never dreamed she would become a high-profile designer. "Growing up in Kansas City in the 1970s, I liked fashion but I never imagined I'd start a handbag business." Now, Kate adds author to her list of credits with her three-book series, *Occasions*, *Style* and *Manners* (Simon & Schuster).

The first kate spade store, established in 1996, was located in Soho, New York. The company grew so fast that, in 1997, it moved around the corner into a larger space, which is currently an exclusive kate spade travel store. Today there are kate spade stores in Chicago, San Francisco, Boston, New York, Washington D.C., Atlanta, Charlotte, Dallas and Houston. Each store has a





KATE AND ANDY

KATE BROSNAHAN SPADE, Kansas, and husband Andy Spade have created a multi-million-dollar company that includes handbags, stationery, shoes and home accessories. They even have a men's line called Jack Spade.

simple, artful design and offers exclusive items including raincoats, pajamas, scarves, gloves and vintage jewelry, which Kate selects from flea markets around the world. In addition to kate spade boutiques, her bags and accessories can be found at a number of department stores including her partner, Neiman Marcus, which owns a 56 percent share of kate spade inc. Kate and her designer team, however, maintain design control.

Kate's company philosophy is simple: Be polite. "We remind people that customers are spending their money with us, and we should show them appreciation."

While business was already booming, handbags were just the beginning. In 1998, Kate introduced a paper line including stationery, personal organizers, address books, journals, illustrated note cards and classic pens and erasers. In 1999, the kate spade shoe collection was introduced and, in 2001, kate spade eyeglasses hit stores.


In 2002, Kate paired with Estee Lauder and launched kate spade beauty, a line of bath and body products with a white, floral bouquet scent. Most recently, Kate has debuted kate spade home, a line of bedding and bath accessories, china, wallpaper, textiles and more.

A savvy and sophisticated entrepreneur, Kate is not only proud of her Kansas City roots, she is also proud

to be a Kappa. "I adore all of the traditions of Kappa — the camaraderie, the support and the family-like atmosphere." All of these traits she has tried to instill into her company.

Kate donates time and resources to a number of organizations close to her heart. She raises money and awareness in Kansas City with the annual Amy Thompson Run to Daylight Race in memory of her childhood friend, Amy Thompson, who died after an injury in a gun-related robbery in 1986. One of Kate's first handbag designs is named the Amy T. after her friend.

Kate also donates annually to the Kappa Kappa Gamma KANSAS CITY ALUMNAE ASSOCIATION's annual Holiday House Tour, which benefits many children's charities in Kansas City. She supports breast cancer research and is a co-sponsor for Aid to Artisans, a nonprofit organization that works to create economic opportunities for craftspeople in developing countries.

In December 2002, *Glamour* magazine named Kate one of its women of the year. When asked how she would like to be remembered, Kate answered, "I hope that people remember me not just as a good businesswoman but as a great friend — and a heck of a lot of fun." 

Former Governor Finds Creative Ways to Balance Family and Career

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

“Youngest” is a word applied to many steps in the professional life of JANE SWIFT, *Trinity*. Three years after graduating with a bachelor’s degree in American studies, Jane was the youngest woman ever elected to the Massachusetts State Senate (then re-elected twice). In 1998, Governor Paul Cellucci selected her as his running mate and, at age 33, she was elected lieutenant governor. She later became the youngest governor in the country in 2001, when Governor Cellucci was appointed as Ambassador to Canada.

It’s no wonder that in 1996 *Glamour* magazine listed Jane as one of “Eleven Women Who Could Change the Country.” Her mother was quoted in *The Boston Globe* as saying, “Jane has always been able to do two times as much as anyone else in half the time.”

Personal life blended with political advancement. In 1994, Jane married Charles Hunt and their first daughter was born two weeks before her election as lieutenant governor. Continuing her dual roles in office and family, twin daughters were later born a month after Jane became governor. Jane and her husband now look forward to arranging new schedules as Elizabeth enters kindergarten in the fall and Lauren and Sarah begin preschool.

Focusing on family remains a priority among Jane’s interests and activities. Speaking at Rho Province Meeting in 2003, Jane stressed the importance of women having choices, achieving goals and being comfortable with their work/life balance. Issues she feels strongly about include providing opportunities for girls, improving the quality of public education and looking for better solutions to integrating work and family.

Realizing that each family operates with different dynamics, Jane and Chuck discussed their situation and concluded that their lives worked better when he assumed the role of stay-at-home dad. A former teacher, Chuck is now at home in the nontraditional role as primary caregiver, with extended family completing the support group for the children and for Jane in integrating work with life.

Since leaving the governor’s office, Jane has enjoyed a fellowship at Harvard’s Kennedy School of Government and has had numerous speaking engagements on work/family and education



JANE SWIFT, *Trinity*, became the youngest U.S. governor in 2001.

OFFICIAL GOV



Jane and her family enjoy the outdoors.

FAM SHOT

issues. Most recently she became a partner in a venture fund focused on investing in promising education companies, providing start-up assistance and enabling them to grow. She says she may return to politics "some day."

Reflecting on Kappa experiences that have been useful in her personal and professional life, Jane recalls a conversation with SUZETTE GOTTA, *Wisconsin*, who served two years as a Chapter Consultant at Trinity. Suzette talked with Jane about "the need to embrace the skills of delegating," pointing out that Jane was taking all the responsibility of her office as Social Chairman on herself. Looking back, Jane finds this was a very insightful conversation. "I still have to fight against that inclination," Jane says, adding that without learning to delegate, "I couldn't have run a state government or managed a job and family."

Suzette, now a wife, mother of two and executive director of the Wisconsin Heart and Vascular Clinics,

remembers Jane vividly. The Trinity chapter was only three years old, a small group on a campus that struggled with the value of Greek life. Academics were primary and Zeta Theta operated with "super committees," combining several functional areas into one committee. "I was proud of Jane as a young leader," Suzette says, recognizing "the level of commitment required by those young officers to fully perform their jobs as members, officers and students." She remembers Jane's enthusiasm, spirit, and smile and commends her for "continuing to perform an extremely challenging role, constantly making choices on how and where to dedicate her time."

In her busy life, there's always one more thing. Currently Jane and Chuck are planning an extensive renovation on their farm in the Berkshires. She says they are "planning on growing more than children." Whatever the effort of the moment, Jane will accomplish it with family support, skills, humor, dedication ... and delegation. 🗝️



Members of DELTA PI, Tulsa, gather during Homecoming celebrations last fall for their 20-year reunion.

S04. ACCENT.01

The GREATER LOS ANGELES ALUMNAE ASSOCIATION entertains Fraternity representatives at a Founders Day brunch. Pictured are LOGAN KROGH, UCLA, Kappa PDA; PEGGY WIENECKE HANSON, Oklahoma, association President; ANN STAFFORD TRUESDELL, Ohio Wesleyan, Fraternity President, and CAROL GEORGE SANDERS, Cal. State Northridge, Director of Alumnae.



S04. ACCENT.02

GAMMA CHI, George Washington, celebrates the opening of its townhouse. Based on scholarship, campus involvement, philanthropy and social conduct, the chapter was chosen to reside in the new building. Pictured are ELIZABETH EVERSON, Colorado State, Advisory Board Chairman; SARAH KONOPKA, chapter President; LEE BENNETT MILLER, Drake, Reg. 2 AB/H representative, and KELLY FOWLER NYLUND, Virginia Tech, Lambda East PDC.

FOUNDER'S DAY - ZETA PI #1B

S04. ACCENT.03

28



Actives and alumnae of ZETA PI, Albertson, celebrate Founders Day at Hillcrest Country Club in Boise, Idaho.



LITTLE ROCK ALUMNAE ASSOCIATION members collect toys for Arkansas Children's Hospital during their Christmas party. Shown are ASHLEY TUCKER PARKER, Arkansas, hostess JEAN MARIE RUSSELL SUGG, Arkansas; PATTI BOYCE COLEMAN, Arkansas; association President MARSHA MCNEIL ALLBRITTON, Arkansas, and CATHY MASK SCHWARTZ, Texas Tech (kneeling).



SO4. ACCENT. 04



RAVELLE RAINEY KUNDINGER, SMU, talks with author Sandra Brown at the 14th annual "Kappa Book and Author Dinner" hosted by the DENVER ALUMNAE ASSOCIATION. Proceeds provide scholarships for training and tuition for spinal cord and brain injured patients.

SO4. ACCENT. 05



PATRICIA ALEBIS STEVES, Texas A&M, JENNIFER SHAW HARPER, Texas, and STACEY McWILLIAMS TRIESCH, Texas A&M, work at the SAN ANTONIO ALUMNAE ASSOCIATION's seventh-annual "Tablescapes" event featuring author PRUDENCE MAHAFFEY MACKINTOSH, Texas. Beneficiaries of the sold-out event at which local designers decorate tabletops, were The Children's Shelter of San Antonio and the Kappa Foundation.

SO4. ACCENT. 06

29

SO4. ACCENT. 07



Gathering on the field of the new "Ole Miss Rebels" football stadium in Oxford, Miss., are 51 members of the 1960s DELTA RHO, Mississippi, pledge classes. Enjoying their first reunion, many had not seen one another for 35-40 years.

100-0059



While cruising through the Galapagos Islands, **LESLIE GREEN DINSDALE**, Oregon (left), met **MARY GRAHAM GILLEN**, Iowa State, traveling with her daughter, **MARTI GILLEN**, Kentucky. Although Leslie and Marti live on opposite coasts, they have become devoted e-mail friends and plan to reunite soon.

112-1227-



S04. ACCENT. 08

LAURA RUDISILL KIRKPATRICK, Georgia, left, a member of **FAIRFIELD COUNTY (CONN.) ALUMNAE ASSOCIATION**, is recognized for her work with the Children's Bank, which provides gifts for underprivileged children and is supported by the alumnae association. With her are **JUDY CHASE WEBB**, Texas Tech, and **MERI SMITH ERICKSON**, Colorado State.



30

S04. ACCENT. 09



Oahu, Hawaii, was the setting for a reunion of the 1960 class of **DELTA ALPHA**, Penn State. Hosted by **LUCY CAPELLA FAREWELL** and husband Tom, the group enjoyed swimming, sightseeing, hiking, sailing and kayaking.





Members of the **NASHVILLE ALUMNAE ASSOCIATION** enjoy a tour of the Second Harvest Food Bank following a dinner prepared by its executive chef. The nonprofit food bank aids 500 organizations in 37 counties in central Tennessee.

S04. ACCENT. 11



S04. ACCENT. 10



31

These **RHO⁺, Ohio Wesleyan**, alumnae who graduated in 1965 have reunited every five years. Recently they celebrated their 60th birthdays in Hudson Valley, N.Y., where they had so much fun they have decided to reunite annually.

KERRI HICKS, Georgia Southern, and **KAREN FALLON, Bucknell**, pose with the Georgia mascot during a football game at the University of Georgia in Athens, which they attended with other Kappa alumnae.



KKGgrp 2003a

Twenty-one members from the pledge classes of 1970-72 of **GAMMA ETA, Washington State**, meet on Lake Washington for a reunion. Many traveled from Arizona, California, Oregon and Idaho.

SO4. ACCENT. 12



IOTA, DePauw, members attend a holiday fund-raising auction and luncheon held annually by the ASHEVILLE ALUMNAE ASSOCIATION.

SO4. ACCENT. 13

Delta N. Province Director of Alumnae **MIMI PHELAN FUGER**, *Denison* (left), is a guest of the **DETROIT EAST SUBURBAN ALUMNAE ASSOCIATION** at a holiday luncheon at the Country Club of Detroit. **SARA HENDRIE SESSIONS**, *Denison* (center), performed piano solos and duets with her mother. Also pictured is association President **MARGARET SESSIONS PENIRIAN**, *Denison*.



32

SO4. ACCENT. 14



Seniors from **GAMMA IOTA**, *Washington Univ. (St. Louis)*, experience a special Founders Day celebration as they watch **St. Louis ALUMNAE ASSOCIATION** President **EDIE GOULD BROWN**, *Washington Univ. (St. Louis)*, right, receive her 50-year pin from her mother, **JANE POLLARD GOULD**, *Colorado*.



S04. ACCENT. 16



Members of the 1960 pledge class of **DELTA, Indiana**, reunite in Las Vegas.

GRAND CANYON 002



During a break from their visits to chapters, Traveling Consultants **AMANDA LANTZ, Butler**, and **ELIZABETH BUTLER**, Oregon, and visit the Grand Canyon.

S04. ACCENT. 17

New Year's Day found these *Southern Cal.* sisters at the Rose Bowl cheering their USC Trojans to victory over the Michigan Wolverines. These **DELTA TAU** members have kept in touch for 30 years.



33

S04. ACCENT. 15



Members of the 1989 pledge class of **OMEGA, Kansas**, celebrate the chapter's 120th anniversary. Women from classes in the 1920s to current chapter members celebrated with a Founders Day banquet, campus tours and a visit to the renovated chapter house.



Wee Exercise Benefits Infants

Baton Rouge native MARGARET GAIDRY-BARNES, LSU, a licensed pediatric occupational therapist, has developed an infant exercise and developmental play video series to help babies improve motor skill development. Margaret wants to put parents back in playtime because many baby products entertain infants rather than promote parental interaction.

Wee Exercise is a four-part video and DVD series with activities to encourage tummy time play, develop head control, balance and coordination, and motor skills to accomplish developmental achievements from rolling over to walking. She says, "Early movement and stimulation gets neurons firing in the brain laying the foundation for higher learning. It also sets the stage early for a lifelong commitment to an active, healthy lifestyle, especially important in light of rising rates of obesity in children today."

Margaret served DELTA IOTA, LSU, as Recruitment Chairman and later earned her master of science in occupational therapy from Touro College in Long Island. For more information on Wee Exercise, visit www.weeexercise.com.

MARGARET GAIDRY-BARNES, LSU, a pediatric occupational therapist, developed Wee Exercise, a series of infant exercise videos and DVDs focusing on early motor skills.

A Cultural Kaleidoscope

DR. SALLY McCUE LOVE, West Virginia, spoke recently to Kappas at a CHARLESTON (W.VA.) ALUMNAE ASSOCIATION meeting about how a dream four years in the making is now in its second year of reality. She is the president and founder of the annual Snowshoe Institute, which she describes as a "cultural kaleidoscope" held yearly at the Snowshoe Ski Resort in the Allegheny Mountains. The 2004 institute will be held July 29-August 1.

Modeled after the renowned Chautauqua Institution in New York founded in 1874 as an educational experiment in vacation learning, the Snowshoe Institute houses guests in condo-like settings and offers a range of cultural and social activities. Set in the scenic mountains of West Virginia, there are programs for adults and children.

After visiting Chautauqua, Sally, who holds degrees from West Virginia University and Marshall University, felt that West Virginia could produce something similar, though on a smaller scale. Even so, the diversity of activities to choose from can boggle the mind. There are seminars, lectures, workshops and concerts. The day can start with yoga and end with meditation. In between, participants



DR. SALLY McCUE LOVE, West Virginia, is the driving force behind the Snowshoe Institute, an educational vacation experience held in the Allegheny Mountains.

can take classes on everything from writing, art and drama, to lectures on medicine, politics or history. Concerts range from jazz to Celtic, bluegrass and classical music. Golf, hiking, horseback riding, biking, water-sports and other activities are also available.

Sally, a writer and teacher who has served on several boards, assembled a board of directors, advisers and a program board of faculty members from the universities, plus specialists in the arts, music, science, history and education. The Institute is sponsored jointly by Marshall University, West Virginia University, The West Virginia Humanities Council, IntraWest, which operates Snowshoe Resort and the West Virginia Symphony Orchestra.

The Snowshoe Institute is a nonprofit organization and Sally serves as a full-time volunteer. College lecturers are paid by their universities, while artists and musicians are gifted with honorariums. Several corporations underwrite the costs to produce the event. The goal is to keep the school affordable for families.

Sally is organizing a Kappa reunion at the Snowshoe Institute and hopes alumnae from all over the continent can use the experience as an educational and fun gathering.

For more details, visit <http://snowshoeinstitute.org> or call Snowshoe's Reservation Center at 877/441-4386.

Scrapbook Café Enjoys Instant Success

Taking a cue from sewing circles and quilting bees of old, KRISTEN COUTTS ENGELKE, *Colorado State*, has opened a business where busy moms can gather for camaraderie, coffee and scrapbooking while their children play safely nearby.

Situated in a strip shopping center in Centennial, Colo., "For Keep Sakes!" opened in October 2003 and the place has been packed since. Kristen has created a cozy place full of scrapbook supplies and handmade gifts and where a variety of classes and events keep the place jumping. She uses antiques to display craft products and homemade gifts sold on consignment. The "Krop Kafe" within the store dispenses refreshments and the "Kids Korral" provides a supervised play area. The shop is open from 8:30 a.m. until 8:30 p.m. so women can shop or "crop" (cutting pictures to put in a scrapbook) during the time that is best for them.

The craft of scrapbooking, the proper and archival preservation of photographs and memorabilia, has become a \$1.2 billion a year industry, according to a recent study by Unity Marketing. Twenty percent of all

households engage in the craft and the Hobby Industry Association says that number has doubled from what it was three years ago.

"People want to make sure their memories are properly saved for generations to come," explains Kristen. Photos and memorabilia are creatively preserved in albums using archival, acid-free products. The shop has workspace for 40 people and offers "krop time" where scrappers work together. "Saturday Girl's Night Out" offers a themed dinner and music along with the cropping. A "Weekender" entails 30 hours of scrapbooking from Friday through Sunday. Classes are held for all levels of scrapbookers and stamp enthusiasts who learn to use decorative scissors, acid-free pens, self-healing cutting mats, eyelets, brads and other embellishments.

Kristen says that some get started with brag books for grandparents or baby books for their own children. She works with women (and men) who are interested in genealogy or want to document travel adventures. Mostly, the shop is a gathering place where customers can enjoy a cup of coffee, friendship and share ideas while preserving memories.

SO4. ACCENT.20



KRISTEN COUTTS ENGELKE, *Colorado State*, owns and operates "For Keep Sakes!" a scrapbook shop with a café and a children's play area.

KATHY HOUGHEY LOO, *Kansas*,
is recognized for philanthropic work.

SO4.ACCENT.21

Tennis Match Results in Friendship

Kappa friendships can begin in the strangest ways. PAMELA HAWORTH BARBERA, *Mississippi*, says that while playing team tennis at an opposing club she learned her opponent was WENDY WEBER SMITH, *SMU*, an adviser to GAMMA PHI, *SMU*. As Province Director of Chapters for Theta Central, which includes *SMU*, Pam hoped to defeat her younger opponent. In the heat of a close match, however, Pam lost her footing and fell. Wendy rushed to her aid. Though only her pride was hurt, Pam eventually lost the match.

Though the two live 30 minutes of heavily traveled roads apart, Pam was astounded to find a bottle of wine on her doorstep the following day. At the end of the tennis season, at a banquet attended by more than 100 teams, a prize for sportsmanship was awarded. Pam nominated Wendy, and her prize was an autographed tennis racket used by the winner of the French Open.

IMG-0004



Philanthropist Honored

Former Colorado Springs City Councilwoman KATHERINE HOUGHEY LOO, *Kansas*, was recognized for her philanthropy two years after her late husband, Lester, received the same award.

Kathy was named outstanding individual donor by Partners in Philanthropy, having been nominated by the Cheyenne Mountain Zoo where she is honorary trustee and chairman of an \$11 million campaign to fund a new exhibit. She founded the zoo's auxiliary in 1969 and has served as president of the board of trustees.

She has been president of the Junior League, Headstart Advisory Board and the Women's Forum and has served on several boards including the Urban Renewal Board, the Colorado Springs Symphony and UMB Bank. She was a city councilwoman for six years and served on the Colorado Commission on Higher Education.

As an undergraduate, she was chapter President of OMEGA, *Kansas*. She joined the COLORADO SPRINGS ALUMNAE ASSOCIATION as soon as she graduated and at one time served as President. "I credit Kappa for much of my success in life," says Kathy. "I learned so much about organizations and working with people through my experiences ... it was a wonderful leadership training opportunity."

Kathy is a trustee of the Colorado Nature Conservancy and of the University of Kansas Endowment Association. She enjoys piano and music composition and has produced two CDs of her compositions — "Crystal Canyon" and "Leda and the Swan." In 2003, she participated in a fund-raising climb of Mt. Kilimanjaro.



Friends and tennis opponents PAM HAWORTH BARBERA, *Mississippi*, (right) and WENDY WEBER SMITH, *SMU*.

London Kappas Enjoy High Tea

"A small and fantastically diverse group of Kappas here in London," is the way association President JENNY RYALL KAPSZUKIEWICZ, *Purdue*, describes the LONDON ALUMNAE ASSOCIATION, a group she wishes she had discovered sooner.

The current membership of 28 represents 27 collegiate chapters. The youngest member is 24 and the oldest is 82. Many have been in London or in the United Kingdom for a number of years, mainly because they married British men. There is the expected mixture of career women and stay-at-home moms. GAYLE HUNNICUTT-JENKINS, *TCU*, actress/director, and LACY CURTIS WARD, *Missouri*, conference organizer, have been profiled in past issues of *The Key*.

KAPPA XMAS PARTY



Members of the LONDON (ENGLAND) ALUMNAE ASSOCIATION

Three meetings per year are usual and Founders Day was celebrated at a member's home in the western outskirts of London. Kappas and spouses gathered for a Christmas party at another home. The group sponsored a member of the Rose McGill Holiday Sharing program, sending a package of goodies from her wish list. Spring is welcomed with high tea at Browns, an elegant hotel and restaurant, and summer plans might include a pool party at a country home.

Any member can enjoy Kappa contacts at home or abroad. Discovering Kappas in London, or any country or city, is not difficult. For information on the alumnae association President nearest you, visit www.kappa.org or contact Fraternity Headquarters at kkghq@kappa.org or 866/KKG-1870.

First Woman to Head City Utilities

FIONA MCCrackEN ALLEN, *Texas A&M*, has been appointed Director of Utilities for Arlington, Texas, the first woman named to the position. She is responsible for the water and wastewater services for more than 350,000 citizens, the supervision of 232 employees and a budget of \$90 million.

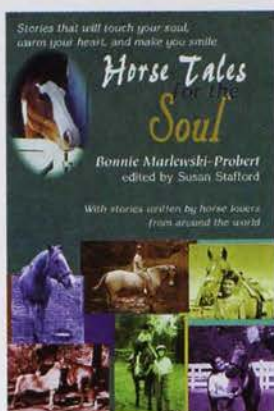
Fiona holds a bachelor of science in civil engineering and is a registered sanitarian. She joined the Water Utilities Department as a civil engineer in 1990 and has held the positions of field operations manager, assistant director of utilities/operations and assistant director of utilities/business services.

She has authored several industry papers and was named "Engineer of the Year" in 1999 by the Texas Society of Professional Engineers. She is currently a member of the Texas Municipal Utilities Association Board of Directors. Fiona also serves as president of the Arlington Area Alumnae Panhellenic Association as the Kappa representative.

504. ACCENT. 22



Civil Engineer FIONA MCCrackEN ALLEN, *Texas A&M*, is the first woman appointed Director of Utilities in Arlington, Texas.



S04. ACCENT. 23

Horse Tales for the Soul, Vol. 3

By Bonnie Marlewski-Probert, edited by Susan Stafford, includes three stories by **MARGARET (PEG) CRAWFORD HEVEL**, *Ohio Wesleyan* <http://thecompletepet.com>, 160 pages

Included in this book of stories written by horse lovers from around the world are three stories by **PEG CRAWFORD HEVEL**, *Ohio Wesleyan*, a driving instructor at Whitewater Therapeutic Riding Association in Salmon, Idaho. Her stories focus on her work with disabled individuals and how their interaction with horses has changed lives. A portion of the book's proceeds goes to therapeutic riding programs.

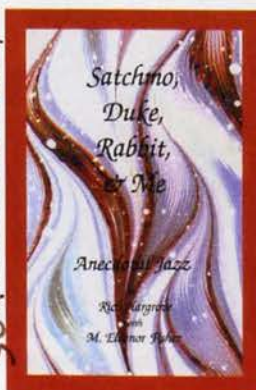
Peg is also a freelance writer whose work has appeared in a number of newspapers and magazines including *The Times Argus*, *The Recorder Herald*, *Miniature Horse*, *Bend of the River* and *The Western Horseman*.

Satchmo, Duke, Rabbit and Me

By Rich Hargrove with **MARY ELEANOR FISHER**, *North Carolina*
Saxy Jazz Musique, 163 pages

Having begun in New Orleans, circa 1870, and moving to Chicago and other cities by 1920, jazz developed from work songs, spirituals and the blues, along with other native rhythms from Africa. Anecdotes, history, background and riffs on jazz greats from Louis Armstrong to Thelonius Monk and Duke Ellington to Johnny Mercer are recalled from the memories of Rich Hargrove, an ASCAP composer.

S04. ACCENT. 24



Kappa Authors

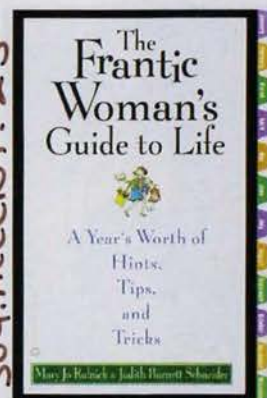
Mary Eleanor Fisher, co-author and editor, comes from an artistic family. Her photography and oil paintings have been shown in juried gallery exhibits. Honored with the North Carolina Special Volunteer Award, Eleanor has also published the creative *Outer Banks Coloring Book* for "intelligent children of all ages, 6 to 96." She is author and illustrator of a unique book that encourages artistic expression.

The Frantic Woman's Guide to Life: A Year's Worth of Hints, Tips and Tricks

By **JUDITH BURNETT SCHNEIDER**, *Dickinson*, and Mary Jo Rulnick
Warner Books, 400 pages

Every woman has said, "If I can get through this week, life will be easier." And we want to believe it. Then, we hit another snag in our well-planned agenda that leads to instant franticness. "The level of franticness and the cause are different for everyone," explain the authors. "And yet the very existence of it remains constant for most of us."

S04. ACCENT. 25



Part one of this book, "Year Round," addresses the primary responsibilities of a woman's daily life. Part two, "Month-by-Month," gives proven tips for each month including memory joggers, seasonal tidbits, holiday reminders, checklists, strategies for a happier family life and numerous resources. For more information, visit www.franticwoman.com.

Correction

Featured on Page 47 of the winter 2003 issue was an article about **KATHY MEYER**, *Akron*, a hospice nurse who helped create a choir group that produces CDs with inspirational hymns. The group's Web site, which was listed incorrectly, is www.peacetogetherchoir.com. Kathy can be reached at 330/645-9845. *The Key* regrets the error.

in memoriam

These names were submitted to Fraternity Headquarters between February 10, 2004, and May 17, 2004.

*ADELPHI COLLEGE

Cullen, Janet Crear, '33, d. 11/01
Gowling, Patricia O'Connor, '31, d. 02/04
McGloin, Virginia Wilson, '31, d. 10/03

AKRON, UNIVERSITY OF

Kreighbaum, Betty Sanford, '37, d. 11/03
Oatley, Julianne Mayfield, '40, d. 02/04

ALABAMA, UNIVERSITY OF

Abbot, Helen, '32, d. 07/03

ALLEGHENY COLLEGE

Pfundt, Dorothy Dehne, '27, d. 02/04

ARIZONA, UNIVERSITY OF

Moore, Laura Lee Sharp, '64, d. 02/04
Sancet, Kathryn Presson, '32, d. 01/04

ARKANSAS, UNIVERSITY OF

Matthews, Mary Humphreys, '52, d. 03/03
Nixon, Marian Hamp, '37, d. 03/04
Woodall, Audrea Yoe, '42, d. 01/04

AUBURN UNIVERSITY

Lounsbury, Alicia Verpillot, '86, d. 02/04

BUTLER UNIVERSITY

Lloyd, Ramona Winfield, '37, d. 02/04

CALIFORNIA, U. OF, BERKELEY

Macy, Deborah Keever, '28, d. 03/04
Nelson, Leta Howard, '56, d. 03/04

CALIFORNIA, U. OF, LOS ANGELES

Adams, Mary Seitz, '36, d. 01/04
Cleaveland, Catherine Wheeler, '35, d. 02/04
Halfyard, Lynda Rue, '52, d. 03/04
Perrin, Adelaide Mack, '25, d. 01/98
Renick, Betty Morgan, '35, d. 05/04

CARNEGIE-MELLON UNIVERSITY

Dolan, Jacqueline Vlaskamp, '44, d. 04/04
Hunter, Joy Ostergaard, '50, d. 02/04
Shoemaker, Karen Landau, '63, d. 03/02

COLORADO COLLEGE

Lundy, Kathryn Renfro, '36, d. 04/04
Stark, Mary Parker, '46, d. 10/03
Zimmerman, Jessie Ketcham, '45, d. 03/04

COLORADO, UNIVERSITY OF

Bechtol, Zoe Newman, '41, d. 09/03
Brown, Juliet Marsh, '35, d. 11/01
Marmaduke, Eleanor Lorenz, '22, d. 03/04
Maxwell, Gretchen Andrews, '31, d. 01/04

CONNECTICUT, UNIVERSITY OF

Doochen, Marcia Neville, '58, d. 02/04

DENISON UNIVERSITY

Reeder, Judith Gregg, '64, d. 10/03
Shreeve, Phyllis Heidenreich, '41, d. 06/00
Sutherland, Jacqueline Henderson, '47, d. 10/03

DEPAUW UNIVERSITY

Emison, Dorothy Gantz, '25, d. 01/04
Roberts, Alice Anne Longley, '39, d. 01/04

DUKE UNIVERSITY

Hiltabrand, Ida Cavins, '36, d. 04/04
Napier, Elizabeth Betts, '46, d. 02/04

GEORGIA, UNIVERSITY OF

Laws, Margaret Foote, '61, d. 03/04
Miller, Catherine Parker, '50, d. 01/03

HILLSDALE COLLEGE

Deming, Alice Turner, '28, d. 02/04

IDAHO, UNIVERSITY OF

Beck, Neill Barnett, '23, d. 02/04
Benson, Barbara White, '38, d. 02/04
Burke, Dorothy Hirschman, '28, d. 01/04
Jacobson, Carol Peterson, '50, d. 01/00
Owen, Kathryn Lane, '33, d. 10/03
Penfield, Mary Huff, '26, d. 02/04

ILLINOIS WESLEYAN UNIVERSITY

Burr, Charlotte Anderson, '24, d. 11/03
Green, Lora Smith, '46, d. 09/03
Horenberger, Mary Costello, '35, d. 03/04
Hume, Elizabeth Chambers, '26, d. 05/99

ILLINOIS, UNIVERSITY OF

Anderson, Janet Hoy, '47, d. 01/03
Finlay, Jane Fisher, '30, d. 01/04
Stanford, Donna Walker, '37, d. 03/04

INDIANA UNIVERSITY

Cash, Margaret Driscoll, '40, d. 02/04
DeFrees, Abby Dyer, '20, d. 11/02
Kelso, Sarah Matthews, '31, d. 05/04
Preston, Catherine Feltus, '33, d. 01/04
Warden, Marilyn Seward, '41, d. 02/04
Young, Frances Palmer, '36, d. 03/04

IOWA, UNIVERSITY OF

McClintock, June Dunn, '31, d. 03/04
Spriestersbach, Betty Bartell, '42, d. 02/04

KANSAS STATE UNIVERSITY

Ball, Patty Bullock, '53, d. 03/04
Bumpas, Margaret Kelley, '31, d. 05/03
Neal, Dorothy Jean Adams, '44, d. 02/04
Pickett, Margaret Hobbs, '42, d. 02/04
Prevette, Karen Jones, '70, d. 04/04

KANSAS, UNIVERSITY OF

Dudley, Catherine Andrews, '26, d. 09/02
Ziegler, Martha Laffer, '45, d. 12/03

KENTUCKY, UNIVERSITY OF

Cooper, Elinor Rounsavall, '40, d. 03/04
Mashburn, Theo Tebbs, '30, d. 03/04
Moore, Henrietta Whitaker, '31, d. 12/03
Scott, Barbara Dyer, '51, d. 04/04
Tanner, Georgia Turnipseed, '34, d. 03/04

LOUISIANA STATE UNIVERSITY

Ketcham, Virginia Coyle, '35, d. 01/04
Schober, Mary Fiser, '50, d. 03/02

*MARYLAND, UNIVERSITY OF

Elder, Dee Speed, '46, d. 04/04
Hockaday, Martha Pohl, '44, d. 04/04
Wells, Dianne, '68, d. 10/02
Whitcomb, Elsie White, '36, d. 01/04

MASSACHUSETTS, UNIVERSITY OF

Corke, Joan Peterson, '59, d. 10/03

MCGILL UNIVERSITY

MacGregor-Greer, Mary Coleman, '32, d. 02/04
Petrie, Elizabeth Drayton, '43, d. 02/04

MIAMI UNIVERSITY

Wittman, Marilyn Bath, '43, d. 01/04

MIAMI, UNIVERSITY OF

Ray, Elizabeth Shillingford, '60, d. 03/03

MICHIGAN STATE UNIVERSITY

Waldron, Verlene Parent, '45, d. 03/04

*MIDDLEBURY COLLEGE

Barber, Sylvia Clay, '45, d. 05/03
Cook, Lydia Pritchard, '23, d. 08/03
McGeehan, Marilyn Arey, '43, d. 03/03

MINNESOTA, UNIVERSITY OF

Clary, Jane Maxfield, '30, d. 03/04

MISSISSIPPI, UNIVERSITY OF

Huff, Mary Mc Dermott, '51, d. 03/04

MISSOURI, UNIVERSITY OF

Hughes, Rebekah Blair, '38, d. 01/04

MONMOUTH COLLEGE

Rudolph, Elizabeth Fribley, '37, d. 04/04

MONTANA, UNIVERSITY OF

Allen, Carole Domke, '56, d. 07/03
Soper, Helen Gunkel, '45, d. 08/03
Sullivan, Patricia Elder, '43, d. 01/04

NEBRASKA, UNIVERSITY OF

Capulli, Jeanne Warfield, '32, d. 01/04
Roper, Barbara Cogswell, '56, d. 05/04

NEW MEXICO, UNIVERSITY OF

Alexander, Mildred Botts, '30, d. 02/04
Boule, Betty Whitmore, '40, d. 02/04
Corrigan, Adeline Lawson, '29, d. 01/03
Wulff, Leona Talbot, '36, d. 07/03

*NORTH DAKOTA STATE UNIVERSITY

Glover, Marjorie Arnold, '35, d. 04/04

NORTHWESTERN UNIVERSITY

Lechner, Donna Parrott, '46, d. 02/04

OHIO STATE UNIVERSITY

Kinney, Harriet, '33, d. 02/04

OHIO WESLEYAN UNIVERSITY

Forsythe, Lillian Gates, '37, d. 01/04
Harvey, Mary Brooks, '33, d. 03/04
Peckinpaugh, Martha Mc Cray, '39, d. 03/04

OKLAHOMA, UNIVERSITY OF

Duncan, Doris Keeton, '54, d. 02/04
Jones, Phoebe Shull, '30, d. 02/04
Schwartz, Carolyn Carroll, '59, d. 04/04

OREGON STATE UNIVERSITY

Bocek, Marjorie Sonneland, '37, d. 05/97
Fish, Dona Grannis, '42, d. 02/04
Hughes, Marilyn Williams, '57, d. 01/00
West, Susan Miller, '31, d. 01/04

OREGON, UNIVERSITY OF

McClung, Janet Calavan, '38, d. 04/04

PITTSBURGH, UNIVERSITY OF

Hall, Betty Bryson, '35, d. 01/03

PURDUE UNIVERSITY

Bergevin, Ethelyn Ker, '30, d. 01/03
Ossenberg, Bettye, '37, d. 12/02

ROLLINS COLLEGE

Woods, Diane Barnes, '49, d. 01/04

SAN JOSE STATE UNIVERSITY

Creasey, Darlene Wescoatt, '49, d. 11/03
Foster, Geraldine Green, '49, d. 11/03

ST. LAWRENCE UNIVERSITY

Richardson, Marie Rossi, '52, d. 04/04
Stearns, Gloria McGillis, '54, d. 03/04

SYRACUSE UNIVERSITY

Randall, Kathryn Benner, '35, d. 02/04

TEXAS, UNIVERSITY OF

Donaldson, Joan Steinberger, '48, d. 02/04
Eppler, Jeannette Smith, '46, d. 05/04
Kline, Peggy Graves, '44, d. 02/04

Pipkin, Zenda Lewis, '29, d. 02/04
Reading, Daphne Mc Elhinney, '38, d. 12/03
Stephens, Jane Pendleton, '49, d. 11/01
Thompson, Betty Burgher, '44, d. 02/04

TORONTO, UNIVERSITY OF

Avery, Katherine Laird, '66, d. 12/03
Cooke, Marian, '34, d. 11/03
de Kerckhove, Mary Underwood, '65, d. 12/03

TULSA, UNIVERSITY OF

Black, Virginia Ekstrom, '51, d. 02/04

UTAH, UNIVERSITY OF

Holmes, Beverly Hamblen, '51, d. 03/04
Holst, Louise Woolley, '44, d. 04/04
Jensen, Marjorie Sutherland, '40, d. 03/04
Rich, Marion Falck, '42, d. 01/04
Willis, Helen Woolley, '33, d. 02/04

WASHINGTON STATE UNIVERSITY

Costigan, Eileen, '40, d. 02/04
Froula, Margaret Andrew, '26, d. 02/04
Roach, Lois Cunningham, '43, d. 02/04

WASHINGTON UNIVERSITY

Bedner, Candice, '47, d. 04/04

WASHINGTON, UNIVERSITY OF

Bowman, Maxine Beal, '30, d. 12/03
Griggs, Isabel Henderson, '34, d. 01/04
Higgins, Geraldine Krum, '46, d. 01/04

WEST VIRGINIA UNIVERSITY

Dye, Mary Chambers, '38, d. 01/02
Sutton, Louisa Powell, '31, d. 02/04

WHITMAN COLLEGE

Hudson, Elinor Trout, '29, d. 06/98

WILLIAM & MARY, COLLEGE OF

Druckemiller, Dorothy Spence, '36, d. 07/03
Fitzgerald, Mary Brooks, '32, d. 01/03
Mead, Harriet Council, '32, d. 03/04

WISCONSIN, UNIVERSITY OF

Bunge, Elizabeth Carpenter, '51, d. 04/04
Cresson, Elizabeth Keay, '36, d. 02/04

WYOMING, UNIVERSITY OF

Hemry, Mary, '27, d. 04/04

*Indicates inactive chapters.

In order for names to appear in "In Memoriam," verification and date of death must be sent to Fraternity Headquarters and Foundation Office, P.O. Box 308, Columbus, OH 43216-0308. Memorial gifts may be sent to the KKT Foundation.

Carrie-Mae Blount, a member of Pi Beta Phi who served as Kappa's Parliamentarian since 1988, passed away March 29, 2004. Carrie-Mae guided five Fraternity Presidents through eight Conventions and advised the Bylaws, Credentials and Resolutions Committees. A registered Parliamentarian since 1973, she was president of the New Mexico State Association of Parliamentarians.

GAMMA IOTA, Washington Univ. (St. Louis), members share handmade Valentine's cards with nursing home residents. SARAH HULTQUIST sits with one of the residents.

epsilon iota



EPSILON IOTA, Puget Sound, members prepare for recruitment.

ETA GAMMA, San Diego, members gather during "Breastival," an all-day event hosted by the chapter, which attracted more than 1,200 people and focused on breast cancer education.

S04. Kappas.01



OMICRON³, Simpson, members are proud of Homecoming Queen CHRISTINE WALSH, Simpson, celebrating with SHARA TIBKEN, Simpson.



S04. KAPPAS.02



S04. KAPPAS.03

GAMMA PHI, Southern Methodist, members help kick off football season by hosting a dinner for the varsity football team.



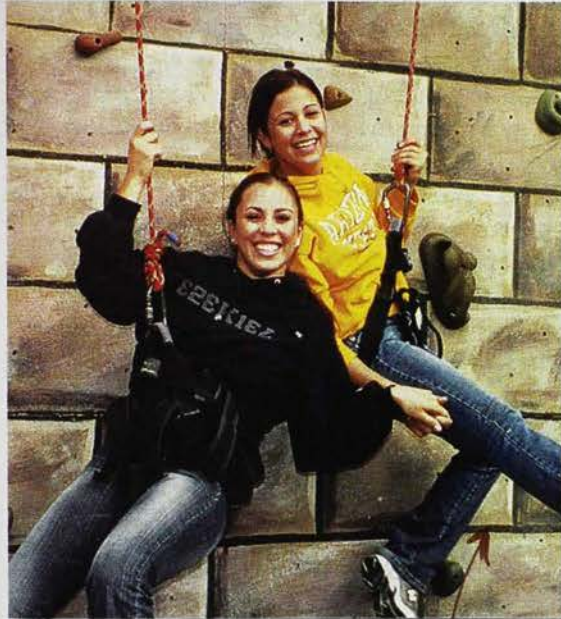
S04. KAPPAS.04

WHOLE PAGE:
SUM04collegiatespread.flat

BETA KAPPA, *Idaho*, wins the "spirit bell" at the homecoming pep rally. (Back) TEIA DEYOUNG, SAIGE BALLOCK, KIM BENZEL, ALEXIS ELLIOTT and LINDSEY UTTER (with spirit bell). (Front) ALISSA GUENTHER, Homecoming Queen JENNY SUE ANCHONDO and Homecoming Attendant AMIE PRICHETT.

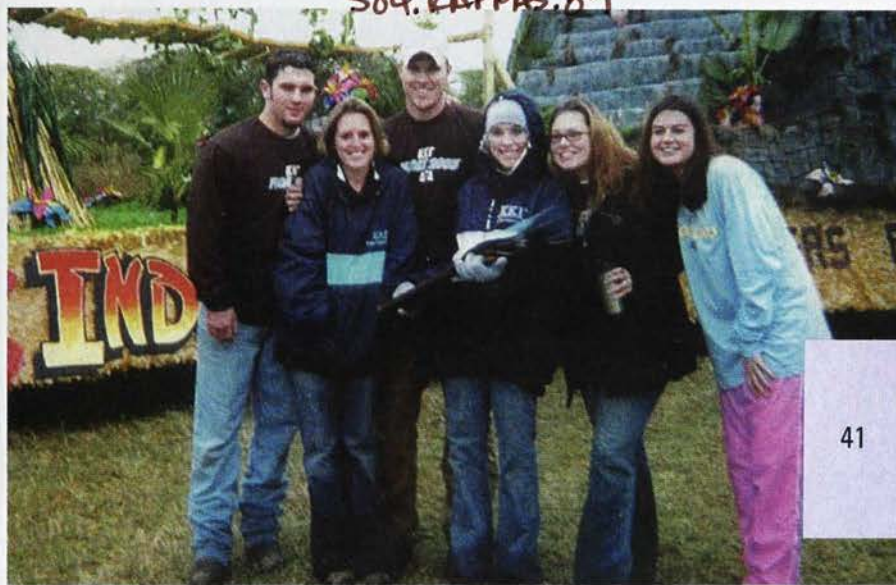


S04.KAPPAS.09



EPSILON DELTA, *Arizona State*, participated in the Arizona Renaissance Festival. ALANA GONZALES and STEFANIE ZIMMERMAN demonstrate their rock-climbing skills.

S04.KAPPAS.05



S04.KAPPAS.07

EPSILON UPSILON, *Baylor*, members are proud of their hard work on the 2003 homecoming float with the theme, "Indiana Jones and the Raiders are Doomed."

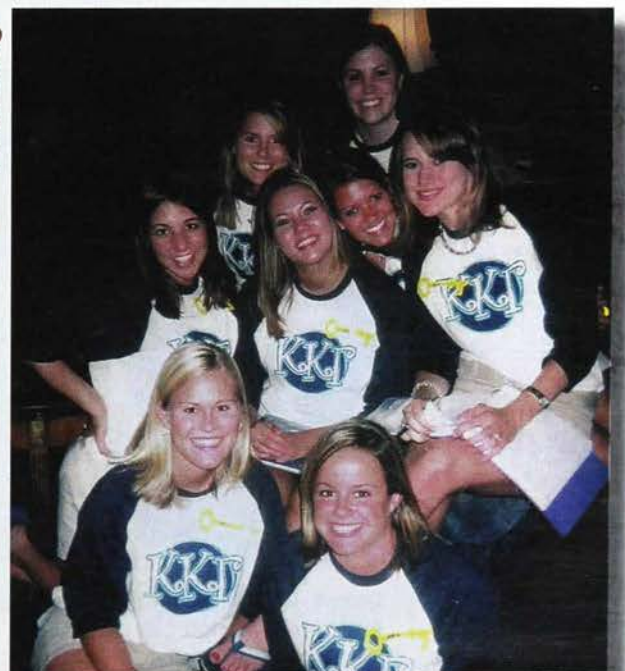
S04.KAPPAS.06



GAMMA NU, *Arkansas*, members are proud of Homecoming Queen ANNA REED, *Arkansas*.

S04.KAPPAS.08

DELTA SIGMA, *Oklahoma State*, members take a break during recruitment.



Delta Xi Chapter Celebrates 60 Years!

On February 21, 2004, DELTA XI, *Carnegie-Mellon*, celebrated its 60th anniversary with a banquet for alumnae and actives at the Pittsburgh Marriott City Center. The chapter contacted 600 of its alumnae to invite them to the banquet and worked closely with ALYSON GETTY COLE, *Allegheny*, President of the PITTSBURGH ALUMNAE ASSOCIATION, to reach out to alumnae in the Greater Pittsburgh area.

Three of Delta Xi's charter members, DOLLY WILLISON REED, MARIE SONSERI MADIGAN and PATRICIA WEAKLAND FOERSTER, attended the celebration. "Meeting charter members of our chapter was incredible," says EVELINE CHAO, former chapter President. "It was truly inspiring to see that after all these years, Kappa is still dear to them and that they remembered their Kappa experience with such fondness. We were thrilled to have the opportunity to show them how Delta Xi has grown and evolved and I hope that they're as proud of the chapter as we are."

At the end of the banquet, LAURA GRAF, chapter Public Relations Chairman, presented the charter members with a photo collage that displayed Delta Xi's progress over the past 60 years.

SHALEEN O'CONNOR DZIUBEK, *Pittsburgh*, Beta West Province Director of Chapters, attended as well, saying, "Even though I was the only non-Delta Xi member in attendance, it was easy for me to feel just as proud of their chapter as I would have been if it were my own. All active members in attendance, as well as their escorts, were wonderfully gracious and attentive to each alumna present. I'm so happy to have been included in the celebration!"

Delta Xi members decorated the room with photographs and display boards to illustrate Delta Xi's participation in Greek Sing and Spring Carnival events, its outstanding membership recruitment, improved chapter scholarship and other campus and community participation and leadership. Delta Xi greatly appreciates the generosity of ANN COVEY PHILLIPS, *Indiana*, and the rest of House Board for allowing the chapter to hold this event.

— By LAURA GRAF and REBECCA STEINBERG, *Carnegie-Mellon*

ALUMS



DELTA XI, *Carnegie-Mellon*, celebrates its 60th anniversary with a banquet for alumnae and actives at the Pittsburgh Marriott City Center.

Fraternity Headquarters Welcomes Intern

The Kappa Kappa Gamma Fraternity Headquarters staff welcomes intern AMANDA FILAK, *Kentucky*. In March 2004, Amanda was selected as the CATHERINE SCHROEDER GRAF Intern for this summer.

Amanda, an art history/French major, will receive her bachelor's degree in May 2005. She will work closely with KYLIE TOWERS, *Simpson*, Archivist/Curator, to assist with the care and display of Kappa Kappa Gamma's archives and museum collections. This internship is funded by the Kappa Kappa Gamma Foundation.



AMANDA FILAK, *Kentucky*, is the 2004 Catherine Schroeder Graf Intern at Headquarters.

The Key Wants to Hear From Your Chapter!

Get your chapter featured in *The Key* by submitting high-quality photographs and news about chapter events throughout the year. If only digital photographs are available, we can only accept **high-resolution** images at four by six inches or larger in .tif or .jpg formats. Images that do not meet *The Key* standards will not be used.

Chapter Public Relations Chairmen are encouraged to take high-quality photographs of chapter events and submit them to *The Key*, P.O. Box 38, Columbus, OH 43216-0038. Please remember to include a detailed description and contact information. Contact Editor JENNY STRUTHERS HOOVER, *Bowling Green*, at jhoover@kappakappagamma.org with questions.

Adviser Says "Thank You" for Acts of Kindness

As an alumna and adviser of ZETA GAMMA, *Centre*, I want to share a wonderful act of kindness and generosity I witnessed last winter. Through my position as a school counselor, I encountered a student in great need of hygiene items, clothing, shoes and love. I sent an e-mail to the Zeta Gamma members asking for any clothing or other unwanted items they might want to donate to a needy 13-year-old girl.

I had plans to attend a meeting at the Kappa house the next evening, and I truly did not think that enough time had passed for any clothing to be collected. With the holiday season and final exams approaching, I figured I might get some used clothing from chapter members after the holiday break. However, when I arrived for the meeting, I was given not only used items but also new items and wrapped gifts! These young women were so excited to help and even had a birthday card for the child. One member made a beautiful hygiene basket.

These were not just any donations but thoughtful gifts taking into account what a 13-year-old might need and want. The Kappas accomplished this task in less than 24 hours! Chapter members assisted me in carrying the packages that filled my SUV. I sobbed on my drive home at such thoughtfulness at this busy time of year. I cannot put into words how grateful I am. This is truly what sisterhood is all about! I am so proud to be associated with this chapter and Kappa Kappa Gamma Fraternity.

Loyally,

DANA GILBERT STIGALL, *Centre*

Scholastic Honors

Fall 2003 data based on reports received at
Headquarters as of May 5, 2004.



Chapters Meeting or Exceeding the All-Sorority GPA on Their Campus:

REGION 1: Alpha Province

Marist

Beta Province

Lafayette
Penn State
Washington & Jefferson

Rho Province

Babson
Connecticut
Yale

REGION 2:

Gamma Province

Bowling Green
Cincinnati
John Carroll
Miami (Ohio)
Ohio State
Ohio Wesleyan

Lambda Province

George Washington
William & Mary
Virginia Tech

Nu Province

Centre
Duke
Kentucky
Vanderbilt
Wake Forest

REGION 3:

Mu Province

Central Florida
Clemson
Emory

Xi Province

Arkansas

Theta Province

Oklahoma
Oklahoma State
SMU
Texas
Texas A&M
Texas Tech

REGION 4:

Delta Province

DePauw
Hillsdale
Indiana
Michigan State
Purdue
Valparaiso

Epsilon Province

Illinois
Illinois Wesleyan
Minnesota
Monmouth
Wisconsin

Zeta Province

Iowa State
Kansas State
Missouri
Nebraska
Simpson
Washington University
Westminster

REGION 5:

Iota Province

Albertson

Idaho
Montana
Puget Sound
Washington
Washington State

Eta Province

New Mexico
Utah
Wyoming

REGION 6:

Pi Province

Cal. State Fresno
Oregon State
UC Berkeley
UC Davis
Washington

Kappa Province

Arizona
UC Davis
UC Irvine
UC Riverside
UC Santa Barbara
Southern Cal.

Scholastically Ranked First on Campus

REGION 1:

Rho Province

Babson
Yale

REGION 2:

Lambda Province

George Washington

REGION 3:

Xi Province

Arkansas

Theta Province

SMU

REGION 4:

Delta Province

Michigan State

Epsilon Province

Monmouth

Zeta Province

Kansas State
Washington University
Westminster

REGION 5:

Iota Province

Albertson

REGION 6:

Kappa Province

UC Irvine

Pi Province

Cal State Fresno

Kappa with 4.0 GPA

REGION 1:

Alpha Province

Colgate:
Alexandra Baker

Marist:

Jennifer Barckley

St. Lawrence:

Julie Barewicz
Katherine Livingstone
Elizabeth Mudie

Beta Province

Bucknell:
Amy Hafets

Meredith Sagers
Denise Tang
Jessica Hansley
Katie Kleinert
Vita Lamberson

Dickinson:

Colleen Haney

Lafayette:

Lauren Bogar
Samantha Krasner
Marta Murczek

Princeton:

Lauren Glaubach
Carolyn Wise

Penn State:

Elizabeth Herrold

Villanova:

Jessica Petrongolo
Elizabeth Schneider

Washington & Jefferson:

Bethany Adams
Rena Ciotti
Emily McGuire
Carolyn Mikula
Tamara Misyka
Brieyanna Ott

Rho Province

Babson:
Kim Nhuyen

Connecticut:

Maria Carboni

Dartmouth:

Suzanne Kim
Jennifer Gapinski
Vanessa Green

Yale:

Ashley Yeargan

REGION 2:

Gamma Province

Bowling Green:
Rebecca Dabbelt
Jenna Gable
Amanda Garrison
Ginenne Lanese
Tracy LaHote
Heather Pennell
Brittany Raburn

Cincinnati:

Jennifer Slesinski

Miami (Ohio):

Lisa Lowry

Jessica Popilowski

Stephanie Sales
Maureen Williamson

Ohio State:

Lisa Herman

Ohio Wesleyan:

Sarah Blackburn
Amy Collins
Heather Costello
Emily Kenny
Sarah Lord
Hallie McNaughton
Allison Morrell
Emily O'Neill
Julia Prince
Kimberly Rybold
Alexandria Stumpf
Leah Thomas

Lambda Province

George Washington:
Elizabeth Cox

Jana Possner
Jessica Lundin

Johns Hopkins:

Christina Kim
Katherine LeFevre

William & Mary:

Becca Velarde

Nu Province

Centre:

Katherine Abbott
Lindsay Apel
Lesley-Anne Bandy
Becky Barrick
Megan Breier
Rachel Bressman
Leigh Brown
Jenny Cheatham
Caitlin Donohue
Katherine Everett
Blair Glover
Rachel Harrod
Caroline Henderson
Stacy Hoehe
Courtney Holt
Rachel Johnson
Meagan Kincaid
Kat McFadden
Amanda Nall
Emily Sheern
Kaite Stubblefield
Emily Taylor

Duke:

Lisa Berghorst
Barbara Hauptfuhrer
Oriana Lisker
Jessica Mowry
Nicole Newman
Margaret Rutledge
Katherine Smith
Leigh Spoon
Emily Sweet
Sheena Wiesner

Kentucky:

Kristin Bailey
Tara Brooks
Erin Carr
Jillian Carrico
Rebecca Colley
Stephanie Dansker
Betsey Dedles

Michelle Eovino

Meg Farrell

Courtney Graham

Katie Hicks

Erin Hoben

Erin Irvin

Kristin Kinser

Ashley Lucas

Jenny Lynch

Allison Nienaber

Kim Parsons

Jodie Rueger

Amy Schaeffer

Liz Smith

Andrea Travis

Tennessee:

Laura Fitzgerald
Lauren Pharr
Rachel Reed
Allison Stewart
Laura Vest
Rebecca Wiese

Vanderbilt:

Elizabeth Rich
Annie Salem
Daisha Manfredonia

Wake Forest:

Sara Cattolica
Christy Crais
Emily Culp
Amy Cunneen
Sara Duckworth
Liz Sade
Elisabeth Sheridan
Kate Westmoreland

REGION 3:

Mu Province

Central Florida:
Angela Aiello
Courtney Austin
Kristin Bram
Christina Drummond
Brooke Hall
Stephanie Jankowski
Samantha Jurgens
Julie Rocheleau
Ashley Williams

Clemson:

Lauren Acell
Kelley Brandstetter
Tracie Buffington
Anna Callicoat
Katherine Davis
Elizabeth Engler
Summer Fitts
Molly Gardner
Catherine Grinstead
Elizabeth Guleke
Jordan Hartt
Lindsey Heger
Tinsley Iselin
Kelly Kirkwood
Allyson Ladd
Lindsey Lancaster
Kathryn Moore
Meredith Moss
Anna Paysinger
Roalie Poe
Catherine Runion
Stephanie Shafer
Lindsay Simmons
Andrea Stover
Erin Whitlock
Hope Yoder
Laura Young

Emory:

Lauren Abernethy
Sarah Black
Allyson Buendia
Laura Burns
Ashley Case
Amy Corwin
Sara De Young
Bethany Farrey
Mary Gwaltney
Kathryn Hale
Kelley Heinsman
Melissa Housman
Karen McMorris
Diana Moustoukas
Susan Newman
Ruth Porter
Kylie Quave
Anna Scruggs
Florida State:
Christina Yost
Amanda Jones
Sarah Moore

Furman:

Christi Hoffmeyer

Georgia:

Melissa Adams
Catherine Cole
Allison Earnhart
Christy Evans
Lauren Finney
Hannah Harvey
Stephanie Houghtlin
Julie Inman
Jill Koretsky
Sarah Luppen
Katherine Murphy
Susan Nowlin
Meredith Parnell
Tara Rotonti
Lauren Tapley
Kimberly Williams
Alexis Ziegler

Georgia Southern:

Lauren Ball
Laura Geesey

Miami:

Pooja Sheth

South Carolina:

Apryl Alexander
Eliza Bell
Mandi Dawkins
Stephanie Day
Carol Edwards
Shanna Rozier
Marie Wagoner
Randa Zakhour
Brenda Zosa

Xi Province

Arkansas:

Brady Barnes
Jacqueline Barry
Erin Bednarz
Amanda Billingsley
Elizabeth Bradley
Lindsay Cannedy
Cara Couvillion
Jennifer Ferguson
Emily Fleeman
Jamie Fotioo
Autumn Gardner
Katie Hoard
Kristen Jessup
Holly Johnson
Clare McCreery
Joy Moore
Janelle Munson
Mary Helen Peoples
Caroline Puddephatt
Anna Reed
Carla Sawatski
Leigh Shirey
Sarah Slaughter
Mallory Smith
Whitney Strack
Emily Striegler
Jaclyn Tucker
Allison Waldrip
Sarah Catherine Wilcox
Tiana Wolfenden

Auburn:

Katie Davis
Heather Fillmore
Alison Koenig
Elise Morrison
Shannon Nelson
Rooney Patterson
Andee Thompson
Megan Ziemak

Mississippi:

Ashley Alford

Ashley Hooper
Susan Lockart
Megan McKenzie
Meghan Nadeau
Susie Bell Phillips
Tiffany Ross
Lindsey Settles
Paige Blacker

Tulane:

Katie Brody
Pegha Hosseini
Linda Le
Alexis McKee
Rebecca Motley

Theta Province

Baylor:
Emily Conner
Taylor Davis
Grace Dyer
Rachel Grove
Meg Kirkendall
Ryan McFarland
Hillary Skelton
Brooke Spain
Sara Spain
Melanie Walsh
Sally Pryor
Veronica Quick

Oklahoma:

Kendall Beller
Meredith Bentley
Rachel Boorigie
Allison Bryce
Katherine Byrd
Jennie Chelf
Jillian Compton
Meghan Curley
Shannon Dobler
Lauren Dresser
Lauren Eckert
Kristen Geiger
Lauren Gibson
Stephanie Graham
Lindsey Itz
Laura Johnson
Jill Klopp
Sarah Longanecker
Katie McGinnis
Rachel McNear
Shannon Meyer
Lindsay Nelson
Kate Nemlowill
Andrea Oliver
Angela Papagolos
Somer Pfeifer
Michelle Pierce
Sarah Pierini
Rebecca Provence
Kimberly Reichenbach
Kathryn Ricks
Casey Shelley
Kristen Specketer
Meredith Steiner
Brittany Tavenner
Cody Thomson
Alexis Windsor
Oklahoma State:
Kyle Braaten
Jennifer Buckley
Laurey Chowning
Averi Cooper
Kylie Dewey
Kyla Holle
Beth Lowry
Laurie Massey
Lindsay Reavis
Michelle Slape

Alana Smith
Margi Wallace
Carol Ann Milberg

Southern Methodist:

Courtney Cooper
Lacy Davis
Tanny Graham
Katie Horgan
Farrar Johnson
Anna Jones
Cristin Lavelle
Chandler Rice
Courtney Ippolito
Noelle DeWitter
Liz Healy
Katie Henderson
Sarah McKinnon

Texas:

Jamie Comstock
Cameron Cook
Claire Crozier
Sara Gaudet
Katie Hill
Sarah Kessler
Margaret Madden
Ashley Maze
Mary McDaniel
Emily Schoenvogel
Linsey Thrasher
Erin Trimble
Kelly Vanderploeg
Leigh Vanderhamm
Evelyn Williams
Kristen Brodhead
Louise Burgher
Brianna Merry

Texas A&M:

Theresa Bando
Marian Bates
Melissa Cain
Laura Davis
Stephanie Duval
Marti Fleming
Jennifer Frank
Natalie Franz
Georgia Frondorf
Kathryn Gallagher
Amber Hadley
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Kristyn Hobbs
Jennifer Leach
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Audrey Lero
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Lauren Werner
Ashley Wilcox
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Traci Woodward
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Katherine Bounds
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Jessica Price
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Amy Wade
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Amanda McClendon
Jessica Massey

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Krista Luzio
Diana Madison
Tara McColgin
Lori Mikesell
Miranda Peters
Hilary Pollert
Gina Ruch
Michelle Sams

Hillsdale:

Joanna Chen
Bethany Decker
Amanda Proctor
Coral Shaw

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Jessica Boloven
Brooke Buwolda
Nicole Chelian
Denielle Lucido

Northwestern:

Kiel Alward
Jennifer Carter
Christina Fountain
Margaret Haston
Kristen Jenkins
Alexis Klein
Tracy Mulholland

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Jessica Crane
Meagan Garlanger
Mindy Gray
Stefanie Kamm
Lisa Kuper
Bethany LeMieux
Ashley Meadows
Lisa Monhaut
Monica O'Chap
Lisa Parrilli
Stephanie Rondot
Beth Schulte
Erin Schulte
Gina Shawver
Catherine Veeder

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Eleni Kametas
Beth Krauss

Epsilon Province

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Jiwon Sung
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Alicia Frankenberger
Janna Grandone
Heather Kwoka
Samantha Pavesich
Katharine Wenzel

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Mercedes Porter
Rebecca Santele
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Kristen Schwarzmann
Amy Young
Amanda Zellmer

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Marisa Truesdell
Nicole Gatens

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Anne Canakes
Staci Nash

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Hilary Beck
Ashley Cook
Jenni Fox
Julia Guinan
Amy Herbert
Katie Manley
Meghan Swallow
Hannah Morril
Jennifer Streit
Christina Strubbe
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Amy Appleyard
Anna Breitenbach
Megan Winkleman

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Leslie Bolz
Bronwyn Bridge
Kelly Burton
Jennifer Cavallaro
Danielle Cupryk
Ashly Dunbar
Elizabeth Goedken
Whitney Griffin
Edie Hall
Gabrianna Hall
Jenny Heller
Jenna Huston
Katie Jarmer
Jancis Klenda
Sarah Krug
Audry Ladenburger
Alex Lasley
Erin Leonard
Amanda Lewis
Alyssa McElwain
Emily McNamee

Amy Misak
Marisa Nigro
Amy Phares
Kelli Pitman
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Jackie Stanley
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Monika Lusiak
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Megan McFerson
Amber Park
Sarah Reedy
Jordon Sallee
Whitney Spake
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Heather Hubert
Erica Jasa
Alison King
Alyssa Pepler
Allison Stangel
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Rebecca Birke
Lindsey Borgelt
Amber Brandt
Laura Cohen
Abby Frolker
Sarah Goss
Sara Griffith

Jessica Howe
Sarah Schieffler
Nicole Schlotzhauer
Jennifer Swan
Sera Kate Timmerberg
Maggie Thiel

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(St. Louis):*

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Amelia Boone
Julianne Deur
Margaret Neely
Kristen Erickson
Robin Greene
Jenny Logan
Kathryn Zabelinski

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Iota Province

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Kristin Boyd
Laura Burpee
Manibhu Horvath
Mary Feusahrens
Paris Humphries
Anna Faller
Anne Wimer
Kerry Harris
Madelyn Lodge
Alissa Guenther
Amie Pritchett
Katie Quinn
Virginia Williams

Montana:

Ryan Hamilton

Puget Sound:

Polly Yorioka

Washington State:

Kendra Backes
Biggs London
Megan Bowman
Lindsay Laphorne
Rachel Rutz

Eta Province

Colorado State:
Brooke Koclanes
Katrina Storm

New Mexico:
Sara Saavedra

Utah:

Maryanne Wetzell

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Natalie Humes
Rachel Martin
Megan McKee
Anna Eason
Rhaegan Levang
Joanna Morris
Ellen Rutherford
Sarah Williams
Ashley Willms

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Pi Province

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Laura Ross

Oregon:

Poppy Abrego
Mary Elizabeth Boyd
Melissa Columbo
Kelly Hurst
Gillian Ronning
Jennifer Sullivan

Oregon State:

Angela Bloyer
Kristen Cook
Monica Craner
Katie DeVisser
Kristen Diez
Sarah Field
Amy Hudspeth
Rebecca Johanson
Julia Johnson
Laura Sneedeen
Stephanie Worth

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Ashley Dennany
Mary Dennis
Lauren Fleischner
Elizabeth Gissel

Kristen Gissel
Katie Holter
Courtney Jones
Kristyn Lingenfelter
Kristen Maier
Lauren Moses
Meredith Nelson
Abbey O'Rourke
Nicole Pryde
Jeanetter Schachter
Jamie Schell
Elizabeth Simpson
Kristen Snyder
Kristin Wolf

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Kimberly Dootson
Laura McBride
Meredith Perry
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Yuliya Shapiro

UC Irvine:

Amy Altomare
Nhu Muon
Poonam Patel

UCLA:

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UC Riverside:

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Meredith Perry
Amanda Wilson

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department at
Headquarters at
kkgqh@kappa.org or
866/KKG-1870.
The Key regrets errors
or omissions.

pearl pick



DELTA ALPHA, Penn State, honors outstanding academic performance during the Pearl Scholarship Ceremony, during which these top performing members were given pearl dangles to adorn their badges: **MARY MUSLOW, JENNIFER CURRAN, JESSICA VIOLA, KATELIN CAMPBELL** and **CARRIE VANWAGNER** earned a 3.8 GPA or higher. Jessica (center) was awarded the Pearl Badge for her 3.85 GPA with 19 credit hours.

Leadership for Life

Leadership is a vital part of the life equation. In all of our efforts, we are either demonstrating leadership by leading others or we are following good leaders. Life is full of challenges, yet it is through these challenges that we grow stronger. This reminds me of a poem:

*For every hill I've had to climb,
For every stone that bruised my feet,
For all the blood and sweat and grime,
For blinking storms and burning heat,
My heart sings but a grateful song —
These were the things that made me strong.*

— Anonymous

One of the primary goals of the Kappa Kappa Gamma Foundation is to lighten the load of sisters in need. Leadership is having the integrity to step in and challenge the process in time to make a difference. The Kappa Kappa Gamma Foundation leads by:

- Awarding scholarships
- Providing Rose McGill programs
- Supporting our Museums
- Funding the educational and leadership programs of the Fraternity.

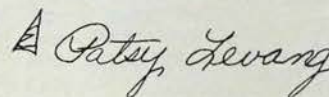
I just returned from the **Leadership Academy at Bradford Woods** near Indiana University. This was one of the most uniquely effective leadership training experiences I have ever been a part of. **The cost of sponsoring a delegate and an adviser is \$1,500** and your Fraternity President and I have each committed to becoming sponsors. Please join Ann and me in helping us to fund this most important project.

A lifelong leader looks at every challenge with an eye on the path of integrity. Help

must be given to our sisters who need us. We must not grow weary in the effort to raise the needed dollars to make dreams come true.

You and I have the joy of being leaders through our financial gifts. Allow yourself a great blessing by giving to the Foundation today.

Loyally,



PATSY BREDWICK LEVANG
North Dakota State
Foundation President



Foundation Contact Information

Kappa Kappa Gamma Foundation
P.O. Box 38
Columbus, OH 43216-0038
614/228-6515
866/KKG-1870 (toll free)
614/228-6303 (fax)
www.kappa.org
EIN# 31-6049792



Sandy and Randy Rolf have established the SANDRA JOURNEY ROLF Permanently Restricted Scholarship Fund.

ROLF PHOTO FOUNDATION

Helping Others as They Have Been Helped

SANDY JOURNEY ROLF, *Missouri*, married Randy Rolf while they were students at the University of Missouri. They both worked to put themselves through school, and Sandy received a Kappa Kappa Gamma scholarship. After graduation, they moved nine times in 10 years, and everywhere they went Sandy made Kappa friends through alumnae associations. They also spent nine years in Canada before moving back to Kansas City, Mo., in 1986.

Around this time, Randy and Sandy were discussing financial matters when Sandy expressed her desire to increase their charitable giving. "Randy and I think it is important to help people achieve higher education," explains Sandy. "We appreciated help when we needed it, and we are delighted to be able to help others now. I am thankful that I can give back to Kappa."

Randy and Sandy established the Sandra Journey Rolf Permanently

Restricted Scholarship Fund through the Kappa Kappa Gamma Foundation. They also have established a scholarship at the University of Missouri for undergraduates studying engineering.

Sandy is a member of the GREATER KANSAS CITY ALUMNAE ASSOCIATION and the INDIAN RIVER (FLA.) ALUMNAE ASSOCIATION. In 1987, Sandy was the co-chairman of the Kansas City Holiday House Tour.

LAUREL KYLLIS KYLIE



LAUREL PALMER, *Ohio State*, Director of Annual Giving and KYLIE TOWERS, *Simpson*, Archivist/Museum Curator, visit donor PHYLLIS KINDLEY, *Indiana*, at her home in Gaithersburg, Md. When asked why she supports the Foundation, Phyllis replied, "Because I have been a Kappa for 75 years, and I think it is important, don't you?"

"Thank You" from a Rose McGill Recipient:

Dear Kappa Sisters,

The enclosed check is sent to the Rose McGill Fund in great appreciation for the financial help Kappa was to me in the past — not once, but twice. Kappa's Rose McGill Fund helped me earn a master's degree in 1978-79 with financial assistance, and then helped me again with support in 1983-84 after I was raped in my home. As a struggling single parent at both times, the financial help, Christmas gifts and emotional support our Fraternity gave me was extremely meaningful and helpful.

I am in different circumstances now (remarried, have earned a Ph.D., my son is grown and successful). As I decorated our Christmas tree with ornaments sent by caring Kappa sisters in 1983, I was reminded again how much I appreciated the help I was given twice. I am extremely proud to be part of such a strong, loving, fraternity.

My niece is an undergraduate Kappa. When I told her about Kappa before she pledged and was initiated (with me participating, of course!), it wasn't the undergraduate experience I stressed as Kappa's main benefit. It was the lifelong friendships I've made through alumnae associations in several cities and the way we Kappas help each other when times turn difficult.

Please use this check to help another Kappa as you helped me. Thank you so very much again for being there when I needed you.

— A Rose McGill Aid recipient

Cincinnati's "Feast and Fleur-de-lis" Supports Foundation and More

On February 28, 2004, the CINCINNATI ALUMNAE ASSOCIATION held its second "Feast and Fleur-de-lis" fund-raising luncheon with individual tables decorated by individual hostesses each with a different theme. Event chairman, MARCIA "MARTY" ROBERTS HUMES, *Purdue*, and friends decorated their table like the head table at the wedding reception in the hit movie, "My Big Fat Greek Wedding." Marty and her guests wore "vintage" wedding gowns and even broke their plates after dining. PATRICIA "PATTY" WRIGHT COCHRAN, *Maryland*, DOROTHY "DOTTIE" LANG, *George Washington*, and their guests were in their Easter finery at a table with a theme of Easter bonnets. Other tables had themes such as "The 3 R's" and "Some Like It Hot," complete with flaming dessert!

In addition to a festive luncheon, guests enjoyed a raffle, verbal auction and silent auction. The event raised more than \$5,200, which will be distributed between Hope House in Cincinnati, which provides housing for cancer patients and their families during treatment, Kappa Kidney Camp, a program of the National Kidney Foundation of Ohio, and the Kappa Kappa Gamma Foundation.

The Cincinnati Alumnae Association is a member of the Adelphi Society, Silver Level, with more than \$50,000 in donations to the Kappa Kappa Gamma Foundation.



MARTY ROBERTS HUMES, *Purdue*, (back, center), and friends at their "My Big Fat Greek Wedding" table.



The Stewart House Committee and Guild enjoy a spring afternoon on the patio.

The Stewart House — Live!

The Stewart House welcomed spring with an open heart in April when heavenly blue scilla emerged in the rock gardens along with a host of golden daffodils surrounding the patio. Early flowering lavender crocuses and multi-colored hyacinths were harbingers of spring in late March signaling that the best was yet to come. The Stewart House gardens and trees are its crowning glory, lovingly familiar to Monmouth College and Kappas, as well as all townspeople.

The Stewart House Committee and Guild continue to hold regular meetings at The Stewart House, which is also a favorite meeting place for many local and college groups. Regular tours of the house are conducted by trained docents including several members of ALPHA^Δ CHAPTER, *Monmouth*. Private dinners, lunches and reunion celebrations are often planned particularly to enjoy the privacy and welcoming ambience of the house. Wedding and baby showers are held throughout the year along with weddings and receptions.

The MARJORIE MOREE KEITH engraved brick patio with its background of beautiful iris gardens along with all the flowering shrubs and trees provides an exquisite setting for a picturesque summer wedding.

Kappas from across the continent are frequent visitors along with nearby alumnae associations. A frequently heard comment is: "I just HAD to see the house that was the birthplace of Kappa Kappa Gamma!" Overnight accommodations are available by reservation for Monmouth College and Kappa alumnae, as well as visitors.

New Painting Added to The Heritage Museum

In February 2004, The Heritage Museum Committee purchased an exquisite painting in its original gilt frame. "River Landscape" hangs on the east wall of the formal dining room. The artist, William Stone, was a British Victorian landscape painter active in the 1860s and 1870s. He exhibited at the Royal Academy from 1865-1878 and worked primarily in Birmingham, England, specializing in rural scenes and figurative works. The painting was purchased with funds donated in honor of PATSY PILLER SHELTON, Kansas. Patsy served as a member of The Heritage Museum Board of Trustees from 1984-1986 and as Chairman from 1986-1988.



The "River Landscape" painting now hangs in the formal dining room of The Heritage Museum.

You Too Can Buy a Brick!

A brick in honor or in memory of a favorite Kappa can be purchased for \$50 by an individual or \$100 by an alumnae association or chapter to be placed in the Keith Memorial Garden Patio at The Stewart House. Please send your check by October 1, 2004, made payable to the Kappa Kappa Gamma Foundation, along with the name of the honoree to: The Stewart House/Brick Project, 1015 Euclid Ave., Monmouth, IL 61462.

EDITOR'S NOTE: We are delighted to receive your letters but regret that we are unable to print each one. Please keep writing to *The Key* and know that we appreciate your input. Letters are edited for clarity and length.

504. LETTERS .01



VIRGINIA COUNCELL HAVENS, *Michigan*; NANCY HEBERER GRANDFIELD, *Kansas State*, and NANCY FREY, *UC San Diego*, walk together along the Camino de Santiago in Northern Spain.

Sisters on a Pilgrimage

Three Kappas, all strangers, met at the trail head of the Camino de Santiago in May 2003 to begin the 450-mile pilgrimage across Northern Spain during which we would trek through fields of heather, broom, amapola poppies, foxglove, wild roses, grapevines, white asparagus and forests of pine, beech, eucalyptus and chestnut trees.

The fall 2001 issue of *The Key* featured tales of exploration and adventure, and it was there that I read the article by JENNIE MILLER HELDERMAN, *Alabama*, about On Foot in Spain, a walking tour company owned by NANCY FREY, *UC San Diego*. Jennie's pilgrimage so inspired me that I knew I had to be a pilgrim too ... soon, before I became too old to walk!

I contacted Nancy, and two years later I was there with her in Roncesvalles, Spain, with the traditional scallop shell around my neck and my walking stick at the ready. To my surprise and pleasure, another Kappa, VIRGINIA COUNCELL HAVENS, *Michigan*, had the same desire to make this journey. So there were the three of us, all strangers at the start, but dear friends at the end.

Many articles have been written recently about the Camino de Santiago in anticipation of the Jubilee celebration on July 25, 2004, of St. James, the Apostle, after whom the road is named. Thousands of pilgrims will be walking, bicycling, and driving to the cathedral city to celebrate that special year when his Feast Day falls on a Sunday. I am glad that my journey was at a leisurely pace, meeting an occasional pilgrim from a far-away country.

My journal is full of the enriching transformations ... spiritual, physical, cultural, and each day the Camino becomes a deeper wellspring within my heart. The wonders that I found around each curve on the path, the laughter brought on by the sheer joy and freedom of being there and the glorious sense of accomplishment at the end of each day were enhanced by having Kappa sisters as companion peregrinas.

— NANCY HEBERER GRANDFIELD, *Kansas State*

EDITOR'S NOTE: For information about *On Foot in Spain*, visit www.onfootinspain.com.

Show More Diversity

I love learning about the interesting things Kappas are doing. I especially enjoyed the profile of ROSITA NAJMI, *Wake Forest*, in the spring 2004 issue and I welcome more items illustrating the diversity of our membership.

— CAROLINE MULFORD OWENS, *Cornell*

Badge Day Builds Friendships

In the winter 2003 issue, I read the article, "Wear Your Badge" about the National Panhellenic Conference international Badge Day. I thought this would fit into our activities program at Cypress Village retirement community in Jacksonville, Fla., where I reside. I approached the administrators who expressed enthusiasm about the project. Two other Panhellenic members met with the staff and plans were underway.

The Cypress Village public relations office put announcements in several Jacksonville newspapers and arranged for a local business to provide a cake and Cypress Village supplied additional refreshments. Eleanor Hughes, a member of the residents committee and an Alpha Phi alumna of Boston University, gave a presentation on Panhellenic history and the many philanthropic activities with which NPC groups are involved. Each Panhellenic member shared her name, sorority and school plus a comment about sorority life.

The ladies met new sisters and enjoyed reminiscing about the "old days." Thanks for sharing the idea.

— JOAN FLUKE ROWAN, *Carnegie-Mellon*

Legacies Are Special

Given that I am not a legacy of any sorority, I did not truly understand the importance of legacies when I pledged EPSILON EPSILON, *Emory*. I first realized the importance of what legacies mean to our Fraternity when I

attended a dinner at the home of our Chapter Council Adviser, ELIZABETH BAILEY, *Mississippi*, (Currently PDC for Mu Central Province). When you enter Elizabeth's home, you notice the three Kappa initiation certificates framed and hung on her wall. They are the certificates of Elizabeth, her mother and her grandmother. Elizabeth is always proud to share their stories.

My first chance to share my Kappa legacy will be with a daughter that I hopefully will have someday. I look forward to filling out a Legacy Notification Form and passing along my sacred golden key. There is always a chance that a legacy of any sorority will not find her place at her legacy chapter; however, the legacy should be afforded the opportunity to make this decision.

I have close friends who were heartbroken when their legacy sisters were not pledged at other schools. How unfortunate it is that these young women were unable to carry on the legacy that their sisters began. How disappointing it is that some chapters seem to be minimizing the value of legacies.

It is my desire to hear stories where friends' sisters become the second or third generation in their family to wear the key. Please help collegians fully realize the importance and sacredness of Kappa legacies. They are a significant part of our heritage and our future.

— ERIN MINTZ, *Emory*

EDITOR'S NOTE: Legacy information appeared in the spring 2004 issue. As was stated, "Due to the Fraternity's continued growth, collegiate members often meet more legacies than the chapter has spaces in a new member class, with some schools having more than 70 legacies going through recruitment." For more information, visit www.kappa.org or call Fraternity Headquarters at 866/KKG-1870.

The Backbone of Sisterhood

Throughout college, Kappa sisters suggested that I share this story with *The Key* but I have only just now, as an alumna, found the time to sit down and write to you about a unique bond of sisterhood.

During membership recruitment at the University of Wyoming, I met ANDIE FREY who showed me that Kappa Kappa Gamma was a warm, welcoming place. After I joined Kappa, we had an instant connection and she took me under her wing.

There was one day in particular that enhanced our connection forever. It was a day at the beginning of the school year (warm enough to wear a tank top) and I noticed that Andie had a scar running down her back, exactly like mine. When I asked Andie about her scar, she showed a sense of protection, similar to my reaction when people ask about mine. I told Andie about my back scar and an amazing discovery began.

My back surgery had occurred several years before college, two weeks prior to Andie's surgery. We discovered that our similar operations were performed by the same surgeon at the same hospital (Aurora Regent Medical Center). Andie had been placed on the same floor I had been on after surgery. As I was leaving the hospital, I had decided to leave my flowers behind for a girl who was scheduled to have back surgery that day.

Andie told me that on the morning she went into surgery, she received flowers from a girl who had been recovering from back surgery. I distinctly remember no other children on that floor who had been recovering from back surgery. Therefore, we believe that Andie was the recipient of the flowers I had left behind.

Andie and I not only shared the bond of sisterhood throughout college, we also gave each other strength when we were self-conscious about our scars showing. We would help each other find dresses that met our needs and we often shared this touching story with new members. Next time, we'll be sure to leave an iris behind in case there is a Kappa or a future Kappa on the same hospital floor.

— ALISHA HAVENS, *Wyoming*

Grateful for Kappa

Thank you for your review of my book, *All Things Altered*, in the spring 2004 issue. Several years ago you reviewed another book of mine and I had a wonderful response from Kappas I did know, as well as Kappas I didn't know.

Kappa has played an important role in my life and I am most grateful. My best friends are Kappas with whom I went to college and Kappa sisters I have met through my alumnae association. Keep up the marvelous job you are doing with *The Key*!

— MARILYN MAYER CULPEPPER, *Michigan*

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a cluttered world"*

Choosing Door Number One

Kappa provides guidance and support in our quest to make good choices.

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

From the time Mom makes yum-yum noises and tries to feed us that mushy green stuff labeled strained peas, which we quickly and forcefully spit out, we are making choices. Clothes to wear, books to read, college to attend, major, sorority, career path, marriage ... to whom? Children? Rent or own — apartment or house? “What’s for dinner?” isn’t just an advertising slogan; it’s a choice we make daily — one among many.

As we grow and learn, our choices become more complex. In dealing with complex choices we rely on what we have been taught by our parents, church, mentors and the women we look up to within Kappa Kappa Gamma.

From the time we are collegians through all the days of our lives, Kappa provides opportunities to make choices in a supportive environment and allows us to learn from our mistakes and go on to make better choices.

Emphasis is placed on positive ethical decision-making. It continues to guide us as we maintain friendships with women of like ideals, meeting similar problems and making thoughtful choices through our working, parenting and retirement lives.

Many years ago, noted author and Kappa DOROTHY CANFIELD FISHER, *Ohio State*, wrote, “The only single absolute essential in anybody’s education is to learn to live with others, because the one thing you can predict of every human being’s future is that she will be forced to do just this.” In addition to her writing, Dorothy was a philanthropist who spearheaded an effort, supported by Kappas nationally, to relieve the suffering of war-scarred children in a Paris suburb during and after World War I. She knew what it meant to aid others in great need.

Making ethical decisions applies to everything and everyone ... from a group of frightened children to the

person who lives next door and whose lifestyle varies so much from our own. Why, then, are so many of us so critical of others that we choose to deny the worth of their choices? The relatively simple matter of choosing to be a “stay-home” or a “working” mother can become a point of strong dissension.


What do we really know of someone’s personal situation? During the Great Depression, my mom went back to teaching to support otherwise shaky family finances — not to have a bigger house, but to help keep food on the table. As a “latch-key kid” I learned independence, some basic financial management, how to think and plan ahead, self-reliance and yes, making decisions.

Kappa Kappa Gamma celebrates diversity and states our purpose as including, “seeking to instill in them [members] a spirit of mutual love and

helpfulness, to the end that each member and the Fraternity-at-large, may attain social, moral and intellectual excellence.”

It is the right, privilege and

expectation of every Kappa to make choices in her life, just as she chose Kappa. Those choices, based on clear thinking and positive principles, and possibly “with a little help from her friends,” merit the support of her sisters. Eleanor Roosevelt said, “Nobody can make you feel inferior without your permission.” Nor should anyone feel inferior because of her choice of path to follow in life.

We are intelligent, well-educated, philanthropic, responsible, diverse, accomplished women who strive to assist others in acquiring similar traits and abilities. We cherish our Tradition of Leadership. Let us lead with respect — for the choices others make or the roles they assume. It can only increase their respect for us and our respect for ourselves. 

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Flip flops Full sizes 5-11 \$19.95

- Free Gift with \$75 purchase on Web Code FREEGMAG Thru 9-1-04
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TOTAL TOTE

- '04 \$37.50
- 13"x14" tote \$14 (navy or black)
- Thermal mug \$4.50
- Acrylic Frame \$4.95
- Pen (not shown) \$2
- 5 x 8 Notepad \$3.85
- Post It \$1.50
- Long Sticker \$2.25
- Glass Iris Pin Box, one inch \$4.95



NEEDLEPOINT



5" in-charge pillow/ hanger \$10.75

6x9" key pillow \$19.50 w/ KKG ribbon \$21

Velvet pillow \$8.25



Handpainted 3" Limoges Trunk from France with keys, fleurs, and irises, KKG inside \$129



Most Popular KKG Lavalier \$14.50 3/4" Sterling key: \$15 For gold pendants or chains, call for prices.

New Engraved Bracelets

Square or round silver slides on black or blue jelly band \$25

Round, square, or oval slide on stripe or polka dot adjustable ribbon \$32



"KLEARLY KAPPA"

Desk Set \$16.40

Desk Caddy \$4.75
Note cube \$4.99
KKG Pen \$1.85
Sports bottle \$5.50



SILVER GIFT KIT \$29.75

Great for welcoming a new Kappa... or remembering an "old" friend!

- Galvanized 7 x 4.5" fleur bucket \$7.50
- reusable tissue \$1
- liter mug \$3.75
- Pewter KKG keychain \$7.50
- Polka dot fleur writing pad \$3.90
- List Pad \$3.50
- Sticker assort. \$3
- Pen \$1.50



NEW! SWEATSHIRT BLANKETS

can be personalized, too!

54" x 84" twin bed size extra heavy and super thick cotton. Hemmed edges. Choose from light blue or sports grey \$35.00

Personalized embroidery in corner! Up to 2 lines: \$6



blankets shown folded

Free sticker set (\$3) with this tee! 'til Oct. 1

back collar

Free! new "butterfleur" notecards with tee

gingham fitted tee.



I love KKG with glitter heart. Fitted S-XL \$14 Matching sticker set \$3



Trim white polo with small crest on front, KKG on back, S-XL junior sizing \$24



Blue & blue heather fitted tee with Kappa imprint. S-XL junior size, also avail. unisex size \$13



"Butterfleur" tee with rhinestone accents. S-XL fitted or unisex. \$19 with KKG or without KKG notecard 'til 10/1/04



Anorak jackets available in double or single blue stripes. OTHER COLORS, see web \$49. S-XL Add school name with KKG \$5



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