

# The Key

A KAPPA KAPPA GAMMA PUBLICATION

VOLUME 128, No. 2  
SUMMER 2011



*Don't Run  
From a  
Challenge*

# The Key

A KAPPA KAPPA GAMMA PUBLICATION

VOLUME 128, No. 2  
SUMMER 2011

*The Key* is the first college women's fraternity magazine, published continuously since 1882.

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FRATERNITY  
COMMUNICATIONS  
ASSOCIATION



National Panhellenic  
Editors Conference

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### Send Us Mail!

Letters to the Editor should be emailed to [thekey@kkg.org](mailto:thekey@kkg.org) or mailed to Kappa Kappa Gamma, Attn: The Key, P.O. Box 38, Columbus, OH 43216-0038. We regret that we cannot respond to all letters, but we genuinely appreciate hearing from you.

*The Key* of Kappa Kappa Gamma links each member with the Fraternity. The mission of *The Key* is

- To inform, inspire and challenge
- To promote leadership, scholarship and friendship
- To sustain and nurture loyalty and interest
- To recognize the accomplishments of individuals, groups, the Fraternity and its Foundation
- To provide a forum for an exchange of information and opinion
- To be a permanent record

## Kappa Kappa Gamma

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[www.linkedin.com](http://www.linkedin.com)  
Keyword: Kappa Kappa Gamma



<http://blog.kappa.org>

# Make Time for Friendship

Kappa Kappa Gamma has established a “Tradition of Leadership”—a capacity to foster leadership and cultivate leaders, helping to develop strong women willing to assume responsibility and take risks to achieve worthy goals.

But the best benefit may be sharing the bond of friendship while becoming well-rounded individuals.

Friendship is the foundation that encourages academic excellence and supports ethical leadership. It's about women supporting women in their studies and interests during college, and later in their civic, professional and personal lives.

Our friendships with women shape who we are and who we are yet to be. A study at UCLA suggests that women respond to stress with a cascade of brain chemicals that allow us to make and maintain friendships with other women. It seems that when the hormone oxytocin is released as part of the stress response in a woman, it buffers the fight-or-flight response and, instead, encourages her to tend children and gather with other women. When she engages in this tending or befriending, studies suggest that more oxytocin is released, which further counters stress and produces a calming effect.

Study after study has found that social ties reduce our risk of disease by lowering blood pressure, heart rate and cholesterol. Friends are helping us live longer. And friends help us live better. Who knew Kappa could be so healthy for us!

Yet, if friends counter stress, keep us healthy and even add years to our lives, why is it so hard to find time to be with them? Why is it a struggle for some alumnae associations to grow and flourish? Ruthellen Josselson, co-author

of *Best Friends: The Pleasure and Perils of Girls and Women's Friendships*, explains, “Every time we get overly busy with work and family, the first thing we do is let go of friendships with other women.... That's really a mistake, because women are such a source of strength to each other. We nurture one another. And we need to have unpressured space in which we can do the special kind of talk that women do when they're with other women. It's a very healing experience.”

We each need to find our “unpressured space,” a special place to share the sisterhood and inspiration that comes from recognizing the reasons why we joined Kappa, and to know that these friendships can be ours for a lifetime. Together we repeat the words of ritual; together we laugh about Kappa adventures; together we sing songs we haven't sung in years ... but we still know the words.

This Kappa of ours is a gift. Treasure it, nurture it, sustain and strengthen its health through your involvement. Give, honor and protect it for a lifetime, and then pass it on to younger hands to hold in cherished trust.

Loyally,



JULIE MARINE LESHAY,  
Colorado College  
Fraternity President  
kkgpresident@my.kkg.org



## fraternity news

# NPC Says No Online Ranking



The National Panhellenic Conference continues to receive queries, complaints and, more recently, requests for endorsements and participation in online ranking systems for sororities and fraternities. These practices are not acceptable and all Greek-letter groups should avoid them.

NPC has a history of discouraging participation in such rankings and does not engage in these kinds of practices. In 1919, the first standards of ethical conduct policy was passed, which states "... it is beneath the standards of fraternity women: to speak disparagingly of any fraternity or any college woman."

In 1998, after committee review of history and intent of the Unanimous Agreements, the following language was adopted, "The National Panhellenic Conference denounces the arbitrary priority rating of women's fraternities."

University communities have long been struggling with the negative fallout and sometimes cyber bullying that appears in ranking and gossip sites. Many sites eventually expire and fall of their own weight for the hurt they cause. Others lose advertising from major sponsors once advertisers receive negative press and complaints. In no way do we [NPC] feel these sites generate positives.

A renewed call to avoid participation was issued by NPC in January by Chairman Eve Riley [Tri Delta], which was distributed to all member groups and posted online. This message said, in part, "As women across the country engage in online chats, forums, and networks, we hope they apply the appropriate engagement of conduct online as they would in person. Be civil. Be appropriate. Be aware of the consequences of your words. Let each of us also remember the NPC Creed as important words to live by:

*We, as Fraternity Women, stand for service through the development of character inspired by the close contact and deep friendship of individual fraternity and Panhellenic life. The opportunity for wide and wise human service, through mutual respect and helpfulness, is the tenet by which we strive to live.*

—Excerpted from a message by the NPC Executive Committee. For more, visit [www.npcwomen.org](http://www.npcwomen.org).



## Bon Voyage with Kappa Travels!

### Normandy and Paris

**August 29–September 7**

Enjoy the charm and culture of historic Normandy, as well as magnificent Paris. Spend six nights in Honfleur and two in Paris. Visit Omaha Beach and Monet's gardens at Giverny. Most meals and excursions included. \$2,820. Plus taxes and airfare.

### Greek Isles

**September 5–15**

Discover the history, beauty and culture of Athens, including a visit to the Acropolis and the Parthenon. You will visit the Palace of Knossos on Crete and cruise on the beautiful blue Sea of Crete to scenic Santorini. Most meals and excursions included. \$3,620. Plus taxes and airfare.

### Chicago

**October 18–23**

Explore the vibrant city of Chicago with a firsthand look at local politics, renowned architecture, art museum and more. Stay at the deluxe Whitehall Hotel, steps from the Magnificent Mile. Meet the President of Kappa Kappa Gamma, Julie Leshay, a resident of Wilmette! \$2,245. Plus taxes and airfare.

*All trips include an expert trip director and local guides. Most meals and excursions are included, as well as tips for the trip director, local guides and bus drivers. Airfare and taxes are separate. Detailed trip information is available at <http://kappag.ahitravel.com> under the "Journeys" and "Destinations" tabs.*

For more information, contact **DALE BRUBECK**, William and Mary, Kappa Travels Coordinator, at 614-888-0685 or [dbrubeck@columbus.rr.com](mailto:dbrubeck@columbus.rr.com) or call Alumni Holidays Travel (AHI) **800-323-7373**. Family and friends are welcome on all Kappa Travels trips. <http://kappag.ahitravel.com>.

# Chapter Health Checkup

—By **SHARON PICKRELL GOBER**, Director of Standards, *Oklahoma State*

**H**ealth is an important issue as we age. As a nearly 141-year-old organization, Kappa Kappa Gamma knows something about aging gracefully! In the months I have served as the Director of Standards, I've learned that the health of our organization is directly related to the behaviors of our members.

Standards Committees serve as a guide for a healthy chapter. When the Standards Committee functions well, the chapter members find mutual support and derive mutual benefit from understanding limits and accepting responsibility. When challenged with serious issues facing collegians, those chapters who support their members with thoughtful guidance demonstrate accountability in action. The attitude with which the members encourage one another to do their best assists the Standards Committee with the sometimes challenging role of instilling the spirit of Kappa in those who need additional guidance.

I'm reminded of the elementary school chant, "We've got spirit, yes we do! We've got spirit, how about you?" What I've learned is that those chapter members who engage in activities of mutual support have a spirit that permeates their choices, decisions and behaviors. Too often, "spirit" and "fun" are not healthy actions because we fail to encourage accountability and responsibility. Helping sisters learn to live responsibly should be on the heart of every member. That shouldn't limit the spirit or fun—rather, it will enrich the activities and memories.

Alumnae, whatever their age, contribute to the wellness of our organization by serving as Advisory and House Board members or members of alumnae associations representing Kappa Kappa Gamma to our communities. Member accountability and responsibility should remain at the forefront of our efforts. Remember that special alumna who lived Kappa values? Whose inspiration will you be?

Our Fraternity is only as healthy as the members who invest their time and talents to create a spirit of genuine respect for self and others. I challenge you to a checkup! Carefully examine your Kappa spirit, encourage loyalty, reinforce healthy habits and this grand organization will continue to flourish.

## Meet the Director of Standards

I'm **SHARON PICKRELL GOBER**, a proud resident of Stillwater, Okla., home of the Oklahoma State University Cowboys and Delta Sigma Chapter. I have a daughter, Jayme, who is 25, and I'm a public school speech-language pathologist. I've been an educator for 36 years, also serving as a special education teacher and K-12 counselor.

I was born, raised and lived a large part of my adult life in a small rural southwestern Oklahoma town, Tipton. I pledged Kappa at Oklahoma State in 1969, served as "Pledge Trainer" and chapter President and attended my first Convention in 1972. I was hooked! I love to read, cook and travel, and I have a Kappa sister-in-law and Kappa niece. This summer I'll be reunited with my pledge sisters when we celebrate our 40th year as Kappas at the Delta Sigma house!



**SHARON PICKRELL GOBER**, *Oklahoma State*, Director of Standards

# Online Museums Exhibit a Must-See!

Have you seen the Kappa Kappa Gamma Foundation Museums Committee's new exhibit, *Tradition of Leadership® — Education to Enfranchisement?* Nearly 1,000 Kappas witnessed the debut of this exciting new project at the 2010 General Convention in Phoenix, Arizona. During the 2011 Province Meeting season, many more had an opportunity to see the exhibit at five of the 16 Province Meetings that took place throughout the country. Now, anyone with an Internet connection is able to see the exhibit in an online, interactive 3D gallery space designed to look much like the parlors of The Heritage Museum and The Stewart House Museum!

Visit [www.kappa.org/museums](http://www.kappa.org/museums) and check out the exhibit that is changing the way we see Kappa Kappa Gamma in the greater context of women's history. The graphics are stunning, the story is compelling; and the exhibit is open 24 hours a day! This online exhibit, *Tradition of Leadership® — Education to Enfranchisement*, was generously funded by InVision Learning and the Kappa Kappa Gamma Foundation.



Continue the Kappa experience by enjoying the friendships and fun that come with participation in an alumnae association.

Please provide the following information via email to [kappaowls@kkg.org](mailto:kappaowls@kkg.org) or complete the form below and send it to **Caroline Poole Cameron** at Fraternity Headquarters. She will put you in touch with the alumnae association nearest you or with your Province Director of Alumnae.

**Yes! I want to know more about Kappa Kappa Gamma alumnae association opportunities near me!**

Name: \_\_\_\_\_ Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Chapter/University: \_\_\_\_\_ Init. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

☐ New Address? ☐ New to Area? Email: \_\_\_\_\_

Last Address: \_\_\_\_\_

☐ I would like to work with a chapter in an advisory position.

Mail to **Kappa Kappa Gamma**, Attn: Owl Out On A Limb, P.O. Box 38, Columbus, OH 43216 ([kappaowls@kkg.org](mailto:kappaowls@kkg.org))

## Are you an owl out on a limb?

# Welcome, NYU, to the

**K**appa Kappa Gamma has been invited to colonize, by petition, on the campus of New York University in New York City. Active members of this 10-year-old local group, Kappa Psi Delta, will begin Kappa's New Member Program with the start of our pledging ceremony, scheduled for fall 2011. Joining our chapters at **ST. LAWRENCE, SYRACUSE, CORNELL, MARIST** and **COLGATE**, NYU's chapter will be Kappa's sixth in the state of New York.

*ETA PI Chapter will be Kappa's 138th chapter and complements the growing campus Panhellenic, which consists of Alpha Epsilon Phi, Alpha Sigma Tau, Delta Phi Epsilon and Pi Beta Phi, plus two local groups. Also, Zeta Tau Alpha is colonizing at NYU this fall.*

*New York University, one of the largest private universities in the U. S., is located in the heart of New York City and is a campus of more than 22,000 undergraduates. The university prides itself on more than 2,500 courses offered and more than 25 different degrees. The center of NYU is its Washington Square campus, located in the heart of Greenwich Village.*

*The women of Kappa Psi Delta are articulate, poised and organized. With an overall GPA of 3.452, they understand the importance of education, leadership opportunities and building relationships. The values of Kappa Psi Delta and Kappa Kappa Gamma align perfectly, making it an extraordinary fit.*

*Kappa is privileged and honored to join the NYU community and build a future with the women of Kappa Psi Delta.*

**NEW YORK CITY ALUMNAE ASSOCIATION** members  
have become fast friends in the big city.

# Kappa Family!

## Kappa Offers an Instant Bond in the Big Apple

—By **MEGAN MARCHESINI**, *North Texas*

From Kappa Bid Day to serving as House Chairman at **ZETA SIGMA**, *North Texas*, so much of my life has been shaped by the Fraternity. As an active alumna in one of the largest cities in the world, my experience in the **NEW YORK CITY ALUMNAE ASSOCIATION** has kept Kappa in my life.

In college, I was obsessed with “Go Kappa” T-shirts, Greek Week and homecoming floats, but who wasn’t? As an alumna, I realize that Kappa is so much more. My Fraternity experiences have not only taught me how to be a better leader and work with diverse groups of women, but also have given me the opportunity to learn more about myself.

My first true understanding of the significance and opportunities available through an alumnae association was after my sophomore year in college, when I spent the summer interning in New York City. Although I was a long way from my Mississippi Delta home, and my college bubble in Texas, I found comfort in the connections I made with Kappa alumnae—after all, they were Kappas, too! After graduating in 2006, I boarded a one-way flight to New York City: no job, no car, and no money—just a résumé, a two-bedroom Manhattan apartment I was sharing with three roommates and a Kappa key.

One of my first steps in this new city was to join the **NEW YORK CITY ALUMNAE ASSOCIATION**. Most everyone is a transplant—from across the continent and all walks of life. But, we share the common bond of Kappa sisterhood. New York City can be overwhelming, but I am fortunate to have Kappa sisters to share the experience. Just like in college, my Kappa sisters in New York are there for me whenever I need them.

Now, five years later, I serve as VP-Programming for the alumnae association. I live with two Kappas with whom I connected through our email newsletter, which



serves thousands of New York Kappas. Through the association, I have met driven, motivated and successful women. And, I have found my best friends.

Being involved as an alumna is just as special as my undergraduate experience, and joining the alumnae association has offered life-enriching experiences, sharing and learning with fellow Kappa sisters. I am not sure where I will be in 10, 20 or even 50 years, but I do know that my Kappa sisters will be a part of my life forever. Kappa truly is a sisterhood for a lifetime. One of Kappa’s best kept secrets is that the fun you had as a Kappa in college continues well after the cap and gown are tucked into your box of keepsakes. 🗝️

### New York City Alumnae Association

<http://associations.kappa.org/newyork/>

Facebook: Search NYC Kappas

Twitter: @NYCKappas

Tumblr: nyckappas.tumblr.com/

LinkedIn: NYC Kappas

President: Rachel Dunlap, [nyckappas@gmail.com](mailto:nyckappas@gmail.com)



**KRISTEN HRANICKA** visited 28 Chapters, making time for fun, too.

## One-on-One Interview with Leadership Consultant Kristen Hranicka

**KRISTEN HRANICKA**, Illinois Wesleyan, who was a Leadership Consultant for the 2010-11 academic year, will serve as a Chapter Consultant while she attends graduate school. The Key asked Kristen about her experience.

### **The Key: How much did you travel?**

**Kristen:** I traveled to 28 chapters in more than 20 states in nine months.

### **The Key: Are you glad you applied to be a Leadership Consultant?**

**Kristen:** Working for Kappa was one of the best decisions I have made. I will be eternally grateful for the opportunities, the friends I have made, and the once-in-a-lifetime experiences.

### **The Key: Is it a good gap-year idea?**

**Kristen:** Yes! Traveling as a Leadership Consultant was the perfect job for my own gap year. I'm going to grad school next year and loved the break from school to travel the country.

### **The Key: What leadership skills did you gain?**

**Kristen:** Skills I gained are listening, patience, motivation, the ability to communicate with many different personality types, how to keep an upbeat attitude and organization. I thought I knew a lot after being chapter President, but I feel like I knew nothing compared to what I've learned this year.

### **The Key: Do you feel prepared for the next step—for launching a career?**

**Kristen:** I am very confident that I will be able to apply my rock-solid independence, communication

and organization skills, and professionalism to any career path. The job was not always easy, but it was always worth it.

### **The Key: What did your parents think of your decision?**

**Kristen:** Initially they had mixed feelings. My dad thought it was a great way to see the country and learn skills. Although my mom eventually came around, she was concerned that I wasn't using my biology degree. After explaining the details of the job, the places I would go, and the things I would be able to do, she said to go for it. They agree that it was one of the best things I could have done, and they are proud of me. This year also gave me time to figure out what I want to do.

### **The Key: What did you learn?**

**Kristen:** I learned about myself as a person—who I am and how I act in a variety of situations. I learned how to think on my feet and solve problems. I learned how to work with many different people and group dynamics.

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*The application to become a Leadership/Chapter Consultant for 2012-13 will be available at [www.kappa.org](http://www.kappa.org) after Aug. 1, 2011. Leadership Consultants travel to visit chapters throughout the year, while Chapter Consultants are based in one location, serving as an adviser to a chapter while attending a graduate program.*

# In Memoriam

## Honoring Those We Have Loved and Lost

*These names were submitted to KKT Headquarters between Feb. 5 and April 13, 2011. Send obituary notices to [membershipservices@kkg.org](mailto:membershipservices@kkg.org).*

### \* ADRIAN COLLEGE

Brown, Yvonne Crane, '39, d. 02/11

### AKRON, UNIVERSITY OF

Wright, Margery Sturdevant, '49, d. 10/10

### ALABAMA, UNIVERSITY OF

Cox, Elizabeth Brooks, '36, d. 03/11

### ARIZONA STATE UNIVERSITY

Graves, Susan Hazelett, '68, d. 12/10

### ARIZONA, UNIVERSITY OF

Cawley, Mary Hardy, '40, d. 02/11  
Edwards, Helen Brooks, '29, d. 06/06  
Eggleston, Marjorie Nutt, '45, d. 03/11  
Frazelle, Mary Jo Russell, '37, d. 12/10

### ARKANSAS, UNIVERSITY OF

Hamm, Sybil Ellis, '47, d. 01/11  
Loyd, Elizabeth Walker, '39, d. 03/11  
Rauton, Elizabeth Carlee, '42, d. 09/09  
Smith, Ruth Penrose, '36, d. 03/11

### BAYLOR UNIVERSITY

Cooper, Carla Francis, '85, d. 02/11

### \* BOSTON UNIVERSITY

Pearson, Elizabeth Zuerner, '59, d. 09/10

### BUTLER UNIVERSITY

Ashley, Nancy Cochrane, '44, d. 04/11  
Kiplinger, Martha Peterson, '52, d. 02/11

### CALIFORNIA, U. OF, BERKELEY

Carpenter, Cara-May Cutter, '40, d. 02/11  
Dyer, Jeannine Brown, '37, d. 01/11  
Jacobson, Patricia Standish, '36, d. 02/11

### CALIFORNIA, U. OF, LOS ANGELES

Bartel, Jean, '42, d. 03/11  
Spencer, Valerie Neve, '57, d. 02/11

### CALIFORNIA, U. OF, SAN DIEGO

Cano, Barbara, '08, d. 01/11

### CARNEGIE MELLON UNIVERSITY

Ambrose, Jean Zapolsky, '48, d. 01/11  
McKnight, Una Mechling, '49, d. 02/11

### CENTRE COLLEGE

Beargie, Katherine, '87, d. 08/10

### CINCINNATI, UNIVERSITY OF

Geoghegan, Mary Schulte, '43, d. 03/11  
Sieber, Carol Smith, '51, d. 12/10

### COLORADO, UNIVERSITY OF

Bartling, Nancy Storm, '50, d. 03/11  
Brown, Nancy Kent, '52, d. 02/11  
Manning, Pat Pflueger, '54, d. 03/11  
Wakeman, Suzanne Martin, '47, d. 03/11

### CONNECTICUT, UNIVERSITY OF

Venghiattis, Suzanne Storch, '59, d. 02/11

### CORNELL UNIVERSITY

Parker, Isabel Korherr, '29, d. 02/11  
Wright, Ella Thompson, '36, d. 02/11

### DENISON UNIVERSITY

Barnes, Ruth Freeman, '43, d. 10/05  
Kettering, Elizabeth Hornor, '35, d. 12/10  
Palenscar, Eleanor Childs, '45, d. 02/11

Plamondon, Nancy Bischoff, '76, d. 10/09  
Schweyer, Ruthanna Warner, '36, d. 03/11

### DEPAUW UNIVERSITY

Holth, Julia Gullett, '45, d. 03/11  
Hornbacker, Mary Snyder, '36, d. 02/11

### DRAKE UNIVERSITY

Burlington, Jeanne Tesdell, '33, d. 02/11

### DUKE UNIVERSITY

Ezell, Susan Bachmann, '39, d. 02/11  
Henderson, Margaret Addicks, '40, d. 08/10

### EMORY UNIVERSITY

Newcombe, Linda Barton, '59, d. 03/11

### FLORIDA STATE UNIVERSITY

Bacchus, Rebecca McMillan, '72, d. 07/06

### GEORGE WASHINGTON UNIVERSITY

Lang, Dorothy Whitley, '48, d. 02/11  
Spoede, Nancy Groves, '47, d. 03/11

### GEORGIA, UNIVERSITY OF

Ingman, Nancy Giblin, '48, d. 02/11  
McGee, Dana Davis, '60, d. 01/11

### IDAHO, UNIVERSITY OF

Streib, Ruth Boyer, '39, d. 02/11

### INDIANA UNIVERSITY

Bain, Kay Guffin, '42, d. 01/11  
Huddleston, Dorothy Hoesel, '33, d. 02/11  
Kress, Helen Fulk, '34, d. 02/11  
Pereira, Margaret McConnell, '29, d. 01/11

### KANSAS, UNIVERSITY OF

Lillard, Margaret Butler, '41, d. 02/11  
Pence, Libby Sifers, '46, d. 01/11  
Terlemejian, Lynn Arroyo, '78, d. 02/11

### KENTUCKY, UNIVERSITY OF

Alverson, Louise Wilson, '40, d. 03/11  
Garra, Frances Field, '42, d. 12/10  
Hansen, Patricia Parker, '39, d. 03/11  
Van Meter, Mary Fitts, '57, d. 03/11

### LOUISIANA STATE UNIVERSITY

Hughes, Mary Merklein, '47, d. 03/11  
Zody, Diana Coco, '53, d. 02/11

### \* MARYLAND, UNIVERSITY OF

Leser, Martha Souder, '43, d. 11/08  
McCorkle, Jane Hayden, '45, d. 02/11  
Steffey, Phoebe, '30, d. 08/08

### MASSACHUSETTS, UNIVERSITY OF

Donohue, Christine Roy, '87, d. 02/11

### MICHIGAN, UNIVERSITY OF

Bartlow, Georgianna Root, '42, d. 02/11

### MINNESOTA, UNIVERSITY OF

Quigley, Kathleen, '46, d. 11/10

### MISSISSIPPI, UNIVERSITY OF

Kirkland, Amy, '85, d. 03/11  
Sullivan, Elizabeth Kramer, '48, d. 04/11

### MISSOURI, UNIVERSITY OF

Bates, Ida May Lohman, '44, d. 11/07  
Rush, Jean Lucas, '39, d. 03/11  
Somerville, Kathleen Marley, '48, d. 02/11

### MONTANA, UNIVERSITY OF

Haskins, Mary Shanahan, '54, d. 01/11  
Sheridan, Doris Albert, '35, d. 02/11

### NEBRASKA, UNIVERSITY OF

Foote, Janel Toon, '69, d. 03/11  
Hauptman, Anne McLaughlin, '40, d. 02/11  
Ogle, Marjory Clark, '41, d. 07/09  
Short, Mary Hungerford, '79, d. 12/10

### NEW MEXICO, UNIVERSITY OF

Donnelly, Dorothea Berry, '34, d. 03/11  
Sanborn, Nancy Nohl, '60, d. 03/11

### \* NORTH DAKOTA STATE UNIVERSITY

Bolmeier, Ora Hammerud, '30, d. 03/02  
Bray, Eleanor Burnett, '31, d. 03/11

### NORTHWESTERN UNIVERSITY

Flinn, Marion Peterson, '38, d. 02/11  
Frank, Betty Crilly, '37, d. 12/10  
Hayes, Mary Blair, '53, d. 04/10

### OHIO STATE UNIVERSITY

Johnson, Eleanor Fuller, '39, d. 02/11  
Stamatou, Sandra Trbovich, '85, d. 04/11

### OHIO WESLEYAN UNIVERSITY

Easty, Mary Hall, '55, d. 01/11  
Postle, Patricia Kemerer, '48, d. 03/11  
Saliers, Jane Firmin, '56, d. 03/11

### OKLAHOMA STATE UNIVERSITY

Defenbaugh, Mary Stephenson, '54, d. 03/11

### OKLAHOMA, UNIVERSITY OF

Copeland, Mary, '18, d. 11/09  
Graves, Kathrine Pierce, '32, d. 01/11

### OREGON STATE UNIVERSITY

Baum, Marie Sims, '43, d. 07/09  
Jewett, Anne Allumbaugh, '51, d. 03/11  
Oelrichs, Patricia Snow, '53, d. 08/09  
Severson, Carole Skoog, '57, d. 02/11

### OREGON, UNIVERSITY OF

Hendrickson, Ann Williams, '64, d. 02/11  
Livingstone, Lloyd Hough, '47, d. 02/11  
McGill, Margaret Decou, '41, d. 06/06  
Spliid, Barbara Neu, '39, d. 03/11

### PENNSYLVANIA STATE UNIVERSITY

Schwartz, Joyce Goodale, '40, d. 10/10

### \* PENNSYLVANIA, UNIVERSITY OF

Fox, Virginia Campbell, '36, d. 03/11

### PITTSBURGH, UNIVERSITY OF

Eastman, Laura Bair, '34, d. 03/11

### PURDUE UNIVERSITY

Foster, Ruth Miller, '46, d. 01/11  
Lewis, Marilyn O'Hara, '42, d. 02/11  
Speer, Joyce Hollowell, '50, d. 02/11

### ROLLINS COLLEGE

Senne, Rachel Willmarth, '52, d. 03/11

### \* SAN JOSE STATE UNIVERSITY

Davison, Linda Travis, '57, d. 01/11

### SOUTHERN CALIFORNIA, U. OF

Voogd, Joanne Stevenson, '51, d. 8/10

### SOUTHERN METHODIST UNIVERSITY

Bell, Priscilla Rettger, '53, d. 02/11  
Grinnan, Susanna Saville, '33, d. 02/11

### ST. LAWRENCE UNIVERSITY

Livesey, Loraine Heaton, '30, d. 03/11

### STANFORD UNIVERSITY

Drewes, Jean Reynolds, '36, d. 03/11  
Meyer, Myrnela Hauser, '40, d. 02/11

### TEXAS TECH UNIVERSITY

Wilson, Voncile Gilkerson, '53, d. 04/06

### TEXAS, UNIVERSITY OF

Bellows, Lois Dubose, '46, d. 03/11  
Bronson, Christina Mitchell, '57, d. 01/11  
Harper, Judy Anderson, '59, d. 02/11  
Lawson, Beryl Rathbone, '39, d. 02/11

### TORONTO, UNIVERSITY OF

Hincks, Margaret, '36, d. 11/10

### TULANE UNIVERSITY

Robertson, Carolyn, '52, d. 01/11

### UTAH, UNIVERSITY OF

Blish, Ann Cunningham, '41, d. 05/08  
James, Janice Nystrom, '39, d. 03/11

### VANDERBILT UNIVERSITY

Saunders, Alexis, '94, d. 03/10

### WASHINGTON STATE UNIVERSITY

Oswald, Olive Davis, '42, d. 01/11

### WASHINGTON UNIVERSITY

Schultz, Mary Farrell, '41, d. 07/09  
Teague, Selenia Towle, '62, d. 05/10

### WASHINGTON, UNIVERSITY OF

Connelly, Catherine Deming, '33, d. 03/11  
Dunn, Virginia Varnell, '34, d. 01/11  
Ferguson, Marian Watchie, '48, d. 04/11  
Moore, Ann Smith, '52, d. 03/11

### WEST VIRGINIA UNIVERSITY

Brown, Marshall Versteeg, '40, d. 01/11  
Steptoe, Mary Pat Thompson, '63, d. 03/11

### WHITMAN COLLEGE

Burns, Patricia Murphy, '39, d. 03/11  
Durand, Pauline Drake, '36, d. 02/11  
Howell, Mary Armstrong, '38, d. 03/11  
Ridley, Jo Ann Davis, '44, d. 05/10  
Schuler, Sylvia Gates, '53, d. 02/11

### WILLIAM AND MARY, COLLEGE OF

Beard, Ann Washington, '41, d. 03/11

### WISCONSIN, UNIVERSITY OF

Koeze, Marybeth, '59, d. 11/10

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\* Indicates inactive chapters.

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*JEAN BARTEL, UCLA, was Miss America 1943. According to the Miss America organization, "Jean was instrumental in posing the idea that Miss America should be awarded a college scholarship, which has remained the hallmark of the Miss America Organization."*

*Rub the bannister as you walk down the staircase and know your  
It will bring you home for a moment.*

During my college years, I watched as new members would run up the hill like I had. Many of my friends had younger sisters joining, and I would wonder if my sister would have been a Kappa at Kansas if her life were not cut short. While I didn't have my sister in my life, I had more than 100 other "sisters" who stood in her place and still do.



## The Magic Bannister

—By **KATE UNGER**, *Kansas*

*R*“Running up the Hill,” as the **OMEGA** Kappas at the University of Kansas call it, was a very special day for me. It was Bid Day 1995, and as I made the jog up the driveway to the majestic Kappa House, I couldn't believe I was lucky enough to be a Kappa.

Thirteen years earlier, at the age of 6, I had lost my parents and little sister in a car accident. One of my fondest memories of my mom, **SARAH MOORE SABER**, *Kansas*, was her singing to me as a child the Kappa songs she had loved—the songs she learned as a member of Omega Chapter at the University of Kansas in the 1970s. Many of the songs I remember from her I did not connect to being Kappa songs—until I joined the Fraternity. It was beyond special when I realized that the sometimes silly songs my mom and I had sung during bath time were actually Kappa songs that she had

learned in the very same house I was now sitting in. It was like a hug from my mom.

Raised by my loving aunt and uncle, and a very close extended family from the age of 6, I learned about Kappa from my grandmother, **NANCY SMART MOORE**, who pledged Kappa at Kansas in the 1940s. In the fall of 1995, I had come from Arizona to attend Kansas, well aware that being a triple legacy to the same chapter was uncommon. Despite pledging Kappa and having a house full of sisters, there were times when I missed my family and friends back home.

My grandmother would tell me, “Rub the bannister as you walk down the staircase and know your mom and I did the same when we were there. It will bring you home for a moment.” The bannister, with the magic and history it held, was a way to connect to my mother and grandmother when I felt lonely. I

mom and I did the same when we were there.



Kate and her grandmother, Nancy Stuart Moore, on move-in day at Omega Chapter.

would rub the wood grain as I ran downstairs, knowing my mom had done the same, and my grandmother before her.

As wise grandmothers do, Nancy Moore knew just what was in store for me at Kappa—the college fun with dear friends, traditions that taught loyalty, meetings that encouraged grace and class, a connection to my past, and most important, friendships that would last a lifetime. When my chapter lost one of our dearest sisters and brightest lights, **MEGAN MCBRIDE FRANZ**, a few years ago at age 31 to cancer, we rallied as a pledge class for our friend at the end of her journey, and for each other after her passing. It is comforting to know that we will gather annually in her name, and for one another, for the rest of our lives.

On initiation day, I stood with my grandmother. She stood there for me, for herself and for my mom who couldn't. Living in the same Kappa house she and my mom did, and learning the same secrets and traditions they had, was a connection I needed. It had all begun when my grandfather served as a waiter at the very same Kappa house 50 years prior, where he met and wooed my grandmother in the dining room.

I came back to the beloved house to pin a 50-year pin on my grandmother, and return the favor of honoring her, as she did on my initiation day. I will always be grateful for the special gift of Kappa membership. 🗝️

## Membership RESOURCES

Membership information appears every spring in *The Key*. In case you missed it or for chapters with deferred Recruitment, here is a guide to help you find membership resources.

### Where to Find a Membership Reference Form

- See Pages 16–17, spring 2011 issue of *The Key*
- [www.kappa.org](http://www.kappa.org) (Community tab—select “Write a Reference” link)
- Call Fraternity Headquarters at 866-KKG-1870 (866-554-1870) or
- Email Fraternity Headquarters [kkghq@kkg.org](mailto:kkghq@kkg.org)

### Where to Send a Reference

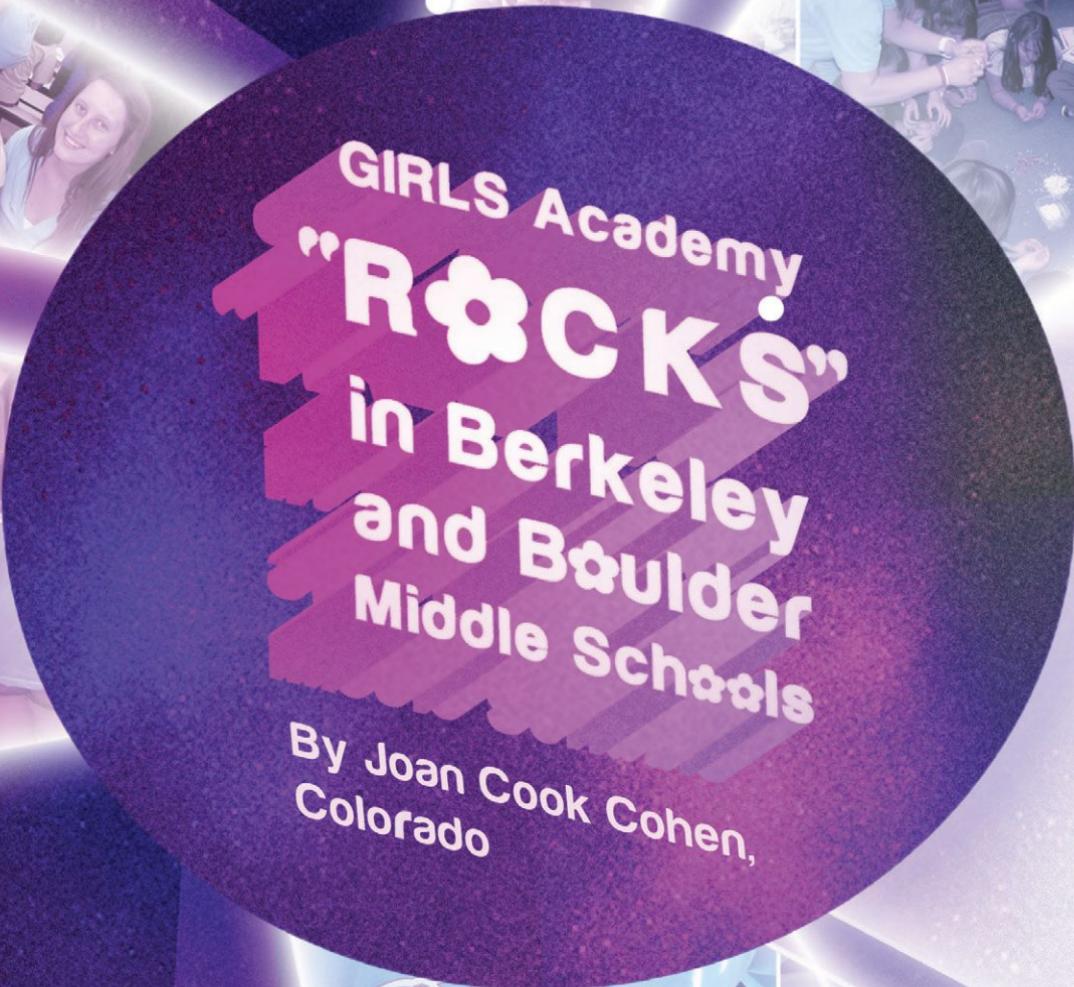
See Pages 14–15, spring 2011 issue. Or, find chapter contact information at [www.kappa.org](http://www.kappa.org), Directories tab, Chapter Directory.

### Legacy Notification Form

Mothers, sisters, grandmothers and great-grandmothers should submit this form to help chapters identify legacies. See spring *Key* 2011 issue, Page 11 or download it at [www.kappa.org](http://www.kappa.org) (see Community tab on home page.) Select the “Write a Reference” link to find all membership forms. Or, contact Fraternity Headquarters.

### Legacy Policies

Familiarize yourself with Kappa's legacy policies. See spring 2011 issue, Page 11, or visit [www.kappa.org](http://www.kappa.org). Questions should be directed to **ELIZABETH BAILEY**, Director of Membership. To protect a legacy's privacy, chapters do not notify her relatives if she is not invited to a round or extended an invitation to membership.



GIRLS Academy  
"ROCKS"  
in Berkeley  
and Boulder  
Middle Schools

By Joan Cook Cohen,  
Colorado



## GIRLS Get Inspired

Imagine Kappa active members mentoring groups of middle-school girls in conversations about bullying, body image, nutrition, exercise and leadership. Kappa's newest Fraternity outreach program is a weekend retreat for middle-school girls. The first two GIRLS Academies were offered in Berkeley, Calif. (spring 2010) and Boulder, Colo. (April 2011).

Lead facilitators and the inventors of the GIRLS (Girls Inspiring Respect, Leadership, Service) Academy, **Janet Meinheit**, *Wisconsin*, and **Julie Love Stonehouse**, *UC San Diego*, arrived on these campuses to train the **Pi<sup>A</sup>**, *UC Berkeley*, and **Beta Mu**, *Colorado*, members to be facilitators and event staff on Friday evening. The middle-school doors opened early Saturday morning when excited sixth-, seventh- and eighth-grade participants arrived, anticipating a weekend of learning and fun.

The first day's activities were filled with large-group presentations, small-group discussions and journal writing led by Kappa collegians, bookbag decorating and stuffing (with new books), outdoor exercise and Saturday night nail and make-up salon, games and scrapbooking. Sleeping overnight in the middle-school classrooms was a unique experience. Sunday morning came early with healthy breakfast, yoga and stretching, more workshops and preparations for the graduation celebration.

Breakfasts, lunches and dinner were served by Kappa event staff and Boulder-area alumnae, and the event culminated in a reception for families with skits presented by each small group and a slide show of the weekend's highlights. Decorated bags full of new books, pencils, personal testimonials and Kappa GIRLS Academy bookplates were donated to local elementary schools, delivered by the collegiate Kappas and their middle-school group members.

Kappas are eligible to apply for GIRLS Academy to come to your hometown and the chapter near you. Apply through [www.kappa.org/girlsacademy](http://www.kappa.org/girlsacademy). Funding must be provided by the organizations applying.

# The Good Fight

Six things  
you can do  
when the  
odds are  
against you

#1 **Bend**, Don't Break

#2 Have **Hope**

#3 **Do** Something

#4 **Inspire** Others

#5 Leave a **Legacy**

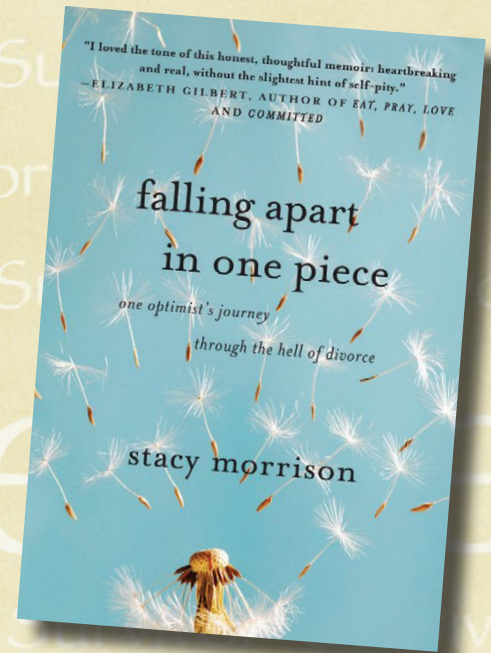
#6 **Share** Your Story

*Women are strong. If you ever doubted the strength of the so-called "weaker" sex, just put her in a health challenge or personal crisis, and watch her transform, before your eyes, into a warrior.*

*The women on these pages have bounced back, stood tall and faced insurmountable challenges with grace and dignity. Some women are born resilient; all find it when tested. It's not about might, it's about resilience.*

STACY MORRISON, former *Redbook* editor, is a self-proclaimed eternal optimist.

## #1 *Bend, Don't Break*



# Falling Apart in One Piece

—By **STACY MORRISON**, *Washington & Lee*

At 34, I was one of those women who seemed to “have it all”—a successful career, a 10-year marriage to a man I’d fallen in love with when I was 21, a new (old) house with a backyard (rare in New York City), and a buoyant, sunny 10-month-old son. In my role as editor-in-chief of *Redbook* magazine, I was often asked, “How do you do it all?” Little could they know that my husband was in the process of ending our marriage and our tiny home had sprung leaks, requiring months of renovation. A few months after my husband moved out, workmen jackhammered the basement floor and carried it out in chunks, leaving nothing but dirt walls, bare pipes and a mud floor. I felt like I was staring at my own innards—raw, ugly and exposed.

But slowly, my divorce started to bring me more than the initial guilt, self-recriminations, panic attacks and tears. I found moments of grace in accepting how weak I felt. I realized that anger was leading me only toward more pain. My friends carried pieces of my history back to me, to help make me whole again. I accepted that I didn’t need to name the exact reasons my marriage ended, that those “whys” had no answers. I came to terms with the inherent fragility of life and brushed up against simple, poignant truths. Life is good. Life is hard. And no matter how much we try

to connect these truths, they have nothing to do with each other. What comes to us in our lives is ultimately not our doing, but how we react to what comes into our life IS.

I learned the hard way that resilience is made of acceptance, grace, learning, forgiveness, and the ability to live in the moment and know that the future will be good enough. Even though my divorce, a flooding house, two ER visits with my son, and a house fire were caught in a summer of hard-on-hard, it gave me the greatest gift—perspective.

Resilience isn’t a special talent. It is a power we all possess, to be able to struggle and struggle some more, and still believe we will succeed if we change our terms of success. It’s not about being perfect, not to make plans and have them come to life, but instead to be flexible, forgiving, to bend like the reeds in life’s stormy winds, and bounce back up, ever ready to reap the rewards of the next sunny day.

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Stacy Morrison is the author of *Falling Apart in One Piece—One Optimist’s Journey Through the Hell of Divorce*, which can be found on Amazon.com.

# Ella's **Hope**

## *Early Intervention Is Key for Autistic Children*

—By **ANN GRAHAM SCHNAEDTER**, *Missouri*



**HOPE MALONE MCPHEETERS** helps her daughter Ella with her early intensive behavior intervention therapy at the Thompson Center for Autism and Developmental Disorders at the University of Missouri.

**HOPE MALONE MCPHEETERS**, *Missouri*, watched daughter Ella smiling, turning over, sitting up, crawling and then walking before the age of 12 months. “Then something happened. We stopped hearing the babble; we noticed she was not pointing and clapping or showing interest in other kids her age,” Hope says.

At age two, Ella was completely nonverbal and diagnosed with “pervasive development disorder, not otherwise specified,” a type of autism. Ella started receiving Early Intensive Behavior Intervention therapy (EIBI) from the Thompson Center for Autism and Developmental Disorders at the University of Missouri. At age three, Ella was testing at the level of a one-year-old. Now, at age six, she is testing at her exact age and attends school.

But the story is not over. Hope continues to fight to educate people about early intervention. She says that the early therapy worked for Ella, and she wants to make sure research and development centers like the Thompson Center are there for other families. Hope’s nonprofit, Ella’s Hope Foundation, was started to promote autism awareness and support families affected by autism spectrum disorders. She is grateful Ella received early treatment at the Thompson Center, but knows it might not be available to other parents. “I’ve heard from a lot of moms from all the small towns around Columbia that they’re really without resources,” she says. To fund her Foundation, Ella started an autism walk in Columbia and applied for a \$25,000 grant through the Pepsi Refresh Project, and has received unbelievable support from Kappas everywhere.

To learn more about how Hope founded Ella’s Hope nonprofit organization, visit [www.kappa.org](http://www.kappa.org)>TheKey>Summer 2011 issue. Also, visit [www.ellashope.org](http://www.ellashope.org).

**DENISE RESNIK**, a 2008 Kappa Alumnae Achievement Award recipient, co-founded the Southwest Autism Research and Resource Center (SARRC). A longtime advocate and the mother of an autistic young adult, Denise’s current focus is on creating job training for autistic adults through SARRC’s Vocational and Life Skills Academy. [www.autismcenter.org](http://www.autismcenter.org)

How do people make it through life without a sister? — Sara Corpening



Hope celebrates with **THETA** Chapter Philanthropy Chairmen **AMY SICKMAN**, **BRITTANY WUENSCH** and **CAITLIN STUMP**, who helped spread the word on campus to get out the vote for Ella's Hope Foundation in the Pepsi Refresh Challenge. Theta Chapter also donated \$1,500 from their philanthropy events to Ella's Hope.

## Early Intervention

While early intervention is recommended in cases of autism spectrum disorder, it can be cost-prohibitive. Ella's Hope is raising funds to support research, as well as therapy for children. Some states are passing legislation to mandate coverage for early intervention.

In June, New York unanimously passed a bill to require insurance companies to provide screening, diagnosis and treatment for autism.

Twenty-six states have legislation mandating coverage for autism spectrum disorder, not including recently passed bills in New York and Rhode Island. To follow state legislative activity related to autism, visit [www.autismvotes.org](http://www.autismvotes.org).

# Ryan's Lucky Fin

—By **ANN GRAHAM SCHNAEDTER**, *Missouri*

When daughter Ryan was born without four fingers on one hand, **MOLLY RYAN STAPELMAN**, *Michigan State*, and her husband, Dan, could have asked “Why us? Why Ryan?” Instead, they asked, “Why not us?” Ryan has symbrachydactyly (a limb difference), and Molly and her family have taught Ryan that everyone is different, but some differences, like Ryan's, are on the outside and easier to see than differences on the inside.

As a toddler, Ryan's favorite movie was Disney's *Finding Nemo*, the story of a little clownfish whose fin was nipped by a barracuda. In the story, Nemo's father was so happy Nemo survived that he called the tiny fin Nemo's “lucky” fin. Molly and Dan began to refer to Ryan's hand as her “lucky fin.”

At a bead store, Ryan was attracted to a black, orange-and-silver bead that reminded her of Nemo. Molly bought the special bead and made Ryan a “lucky fin” bracelet. That day, the Lucky Fin Project was born. They started with a Facebook group, Lucky Fin Project, and now have shipped bracelets around the world and share resources at [www.luckyfinproject.org](http://www.luckyfinproject.org). The website includes a message board with an orthopedic surgeon, support and discussion groups, and other resources for parents faced with a newborn with a limb difference.

Molly says when Ryan was born people were available to show her how to change Ryan and feed her, but no one offered resources or support for dealing with the limb difference. “I hope that through the Lucky Fin Project we can encourage people, particularly children with limb differences, that their difference is something special to be celebrated, not to be hidden or feel shameful about,” says Molly.





**EPSILON GAMMA, UNC**, hosts the Tarheel Trot, which is one of the main events that funds Martha Kaley's Friends for an Earlier Test for Breast Cancer organization.

## Run for Prevention

**EPSILON GAMMA, North Carolina**, hosts an annual run, the Tarheel Trot, to fundraise for Friends for an Earlier Test for Breast Cancer, an organization founded by alumna **MARTHA HENDRIX KALEY**. After surviving breast cancer that was not detected by a mammogram, Martha put her pharmacy and science background to work to help others.

In December of 1991, before her breast cancer, Martha had a mammogram that was "fine." Three months later her dog, Matilda, jumped on her, scratching her right side. It left a straight line bruise that disturbed her. A surgeon removed a mass, which was benign, but behind it, against her chest wall, he found a malignancy. Martha says Matilda was her guardian angel and the cancer might not have been found until too late if it hadn't been for Matilda.

Now, Martha's full-time job is running Friends for an Earlier Test. Focusing on research, Friends funds \$40,000 seed grants for start-up research. Martha has chosen to support research because "we lose potential research funds because the funding process is difficult and complex." She also hopes that an earlier test will relieve women of the burden of finding their own cancer. She says with a blood test, "the weight of cancer diagnosis is not on the woman herself," as it can seem with the responsibility of self-exam and scheduling mammograms.

While Martha supports research to find an earlier test, she does not discount mammograms. "Imaging has its place, but we need to find a different route to that imaging," says Martha.

For more, visit [www.earlier.org](http://www.earlier.org).

## #4 Inspire Others

## Walk for Prevention

Two longtime friends have teamed up for the October 2011 Avon Breast Cancer walk in New York City. **CASSANDRA MARTIN WALKER** and **KELLI RAGAN FRANKLIN**, both **Auburn**, will walk the 39-mile, two-day Avon walk as the "Hoots & 'Lis" team. Having lost loved ones to breast cancer, Cassandra and Kelli will walk to promote awareness and prevention and to honor friends and family who have fought breast cancer.

Cassandra, a full-time volunteer supporting Army families in Fort Leonard Wood, Mo., and Kelli, a Boys and Girls Club volunteer in Beaufort, S.C., chose the New York City Avon walk because of their mutual love of the city. Their excitement has inspired friends to join the team, which is aptly named for their collective love for Kappa. They named their team Hoots "for all the women who are supporting their effort to keep their 'hooters' healthy," says Cassandra. 'Lis is short for fleur-de-lis, holding true to their Kappa Kappa Gamma roots.



Auburn alumnae **KELLI RAGAN FRANKLIN** and **CASSANDRA MARTIN WALKER** will represent team "Hoots & 'Lis" at the 2011 New York City Avon Breast Cancer walk this October.

## #5 *Leave a Legacy*



"We must come together as Kappa sisters to fight lung cancer and spread the word to find a cure"—**PIA**, *UC Berkeley*, which hosted a 5k Jog for Jill walk/run.

# Jill's Legacy—A Fight Against Lung Cancer

—By **KRISTIN JOHNSON STYERS**, *Georgia Southern*

*Jill's story is based on details recalled by **DARBY ANDERSON**, UC Berkeley.*

"Get the word out BIG" was one of **JILL COSTELLO'S**, *UC Berkeley*, late entries in her journal. At age 21, Jill was taken by surprise with a Stage IV lung cancer diagnosis. Although Jill's cancer was terminal, she didn't let that stand in her way. A senior on the Cal rowing team, Jill was a daughter, an athlete, a Kappa, a friend and an advocate. She leaves a legacy of hope for lung cancer victims by inspiring others to join the cause for awareness and research.

Despite rounds of chemo and exhaustion from treatment and illness, Jill joined the Bonnie J. Addario Lung Cancer Foundation and, after graduation, served as its director of public awareness. Three Kappa friends changed their life paths to join Jill's fight against lung cancer. **DARBY ANDERSON**, **K.C. OAKLEY** and **KELCEY HARRISON**, all *UC Berkeley*, are involved with the

Bonnie Addario Foundation. Darby works full time as events planner, K.C. volunteers as treasurer and Kelcey volunteers on the committee for public awareness. All three are part of a new young advisory board to the Bonnie J. Addario Lung Cancer Foundation. Called Jill's Legacy, the advisory board's focus is on awareness and funding research for people who have lung cancer and need treatment now.

In June of 2009, Jill had just finished a successful rowing season as coxswain for Cal. She wasn't feeling well, but only had mild symptoms of bloating, weight loss and a slight cough. The trainer's office at Cal discovered her white blood cell count was elevated, indicating some sort of infection. Further testing revealed two grapefruit-sized cysts on her ovaries, indicating possible ovarian cancer. As it turns out,

## *It's Not Whether You Win or Lose, but How You Choose to Fight.*

Jill had Stage IV lung cancer, despite never smoking. While smoking can provoke any type of cancer, lung cancer is not just a smoker's disease, especially in young women.

Jill's friends wonder, "Would early detection have helped Jill?" Unfortunately, there isn't a readily available form of early detection for lung cancer," says Darby. Currently, a CT scan is used to diagnose lung cancer. A Spanish major, Darby says Jill's lung cancer has "shifted my life." While the tragic loss of Jill has saddened many, it also has inspired thousands. Members of her chapter at UC Berkeley and nearby chapters at Santa Clara, UC Davis and Stanford join annually to participate in the "Jog for Jill" run, a series of runs that has raised more than \$500,000 for lung cancer research.

While some people may have retreated inward when facing such an illness, "Jill wanted to tell the world to beat lung cancer big time for all lung cancer patients," Darby says. Through her Kappa friends and the Bonnie J. Addario Lung Cancer Foundation, Jill is getting the word out about lung cancer—big time.

For more information about Jill's Legacy and the Bonnie J. Addario Lung Cancer Foundation, visit [www.lungcancerfoundation.org](http://www.lungcancerfoundation.org). Email Darby Anderson at [darby@lungcancerfoundation.org](mailto:darby@lungcancerfoundation.org).



Jill and her parents, Mary and Jim

### Did You Know?

- Lung cancer is the number-one cancer killer in the U.S.
- It is responsible for one out of every three cancer deaths.
- Lung cancer will kill more people than the next four deadly cancers combined.
- It will kill more than three times as many men as prostate cancer and nearly twice as many women as breast cancer—an average of **437** people per day.
- **More than 60 percent of new cases are never smokers or former smokers who quit decades ago.**
- One in five women and one in twelve men diagnosed with lung cancer have never smoked.
- Because of the false stigma that only smokers are at risk for this disease, lung cancer is the least funded in dollars-per-death of the four major cancers.
- Only 16 percent of lung cancer cases are diagnosed at its earliest and most curable stage.\*

*\*Data provided by the Bonnie J. Addario Lung Cancer Foundation*

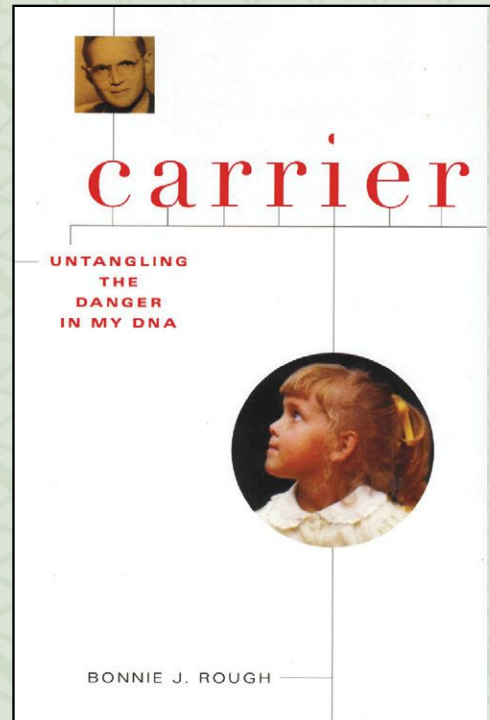
# Stories of Triumph

## Carrier: Untangling the Danger in My DNA

BONNIE YOCUM ROUGH, *Whitman*, was born with malformed teeth that required braces and cosmetic bonding to perfect her smile, a beautiful smile she is very protective of, flossing daily. What you can't see beyond Bonnie's smile is the moral and mental anguish that run much deeper than the roots of her teeth. Modern medicine gave her a diagnosis for the cause of her poor teeth—HED, or hypohidrotic ectodermal dysplasia, an inherited disorder carried on the X gene. But medicine can't answer the moral dilemma of whether to risk passing on the defective gene to your offspring.

The trouble with HED is its impact on boys, who can be born with few and misshapen teeth, dry and sparse hair, the inability to sweat and a poor respiratory system. Bonnie's grandfather was plagued with infections as a result of HED, so Bonnie pursued genetic counseling before becoming pregnant. The answers she discovered were not really answers at all, but a moral dilemma.

Bonnie's memoir, *Carrier—Untangling the Danger in My DNA*, is an honest and gripping account of her struggles with impossible choices.

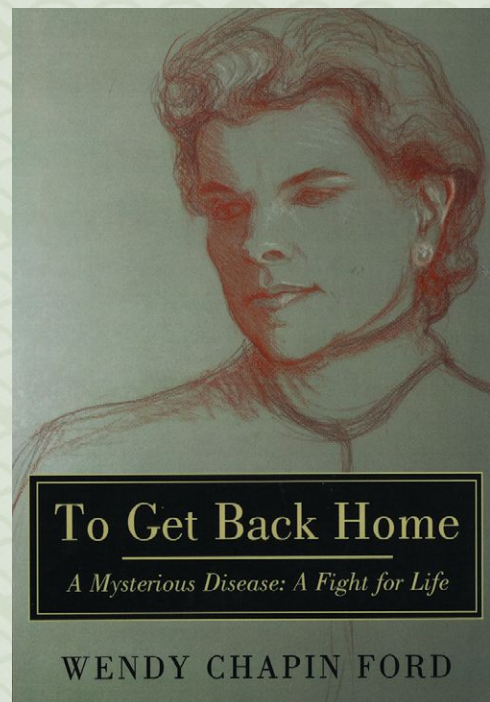


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## To Get Back Home

On a Saturday morning in her Boston-area home, what seemed to begin as a case of the flu quickly escalated into something that would leave **WENDY CHAPIN FORD**, *Michigan*, in a coma near death. The fact that she is alive to recount her fight to survive in a memoir, *To Get Back Home*, is called no less than a miracle by her doctors.

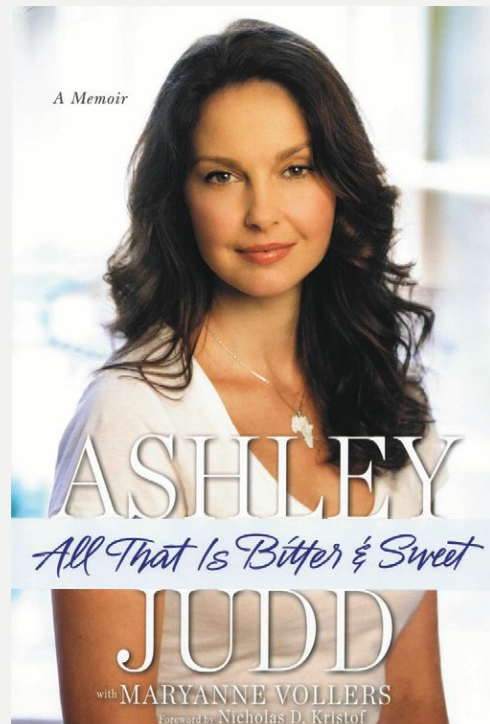
It was eventually determined at Beth Israel-Deaconess hospital, which is affiliated with Harvard, that Wendy was suffering from acute disseminating encephalomyelitis (ADEM), an illness that can follow a viral infection or immunization. At the time, Wendy's children were 3 and 7 years old. Her supportive family and young children certainly played a role in Wendy's will to survive and her drive to walk again after being left a quadriplegic from the illness.



### All That Is Bitter and Sweet

ASHLEY JUDD, Kentucky, keeps a journal to “process events” in her life. Drawing details from these journals, Ashley’s new memoir, *All That is Bitter and Sweet*, recounts growing up as a sensitive child in the sometimes chaotic Judd family. She recalls awkward moments of insecurity and painful moments from her childhood, which she dealt with during counseling for depression.

Drawing on her childhood experiences, Ashley empathizes with women and children who feel vulnerable. As a global ambassador for Population Services International (PSI), a public health nonprofit organization, Ashley has had the opportunity to visit children who have been smuggled from Vietnam to Cambodia to be sex slaves. During her travels, Ashley doesn’t just observe the atrocities; she listens and learns so that she can share their stories. By putting a name and face behind the stories, Ashley hopes to force change, to make a difference. This book is far more than Ashley’s memoir. It is a narrative that gives a voice to women and children who don’t have an audience without her star power behind them.

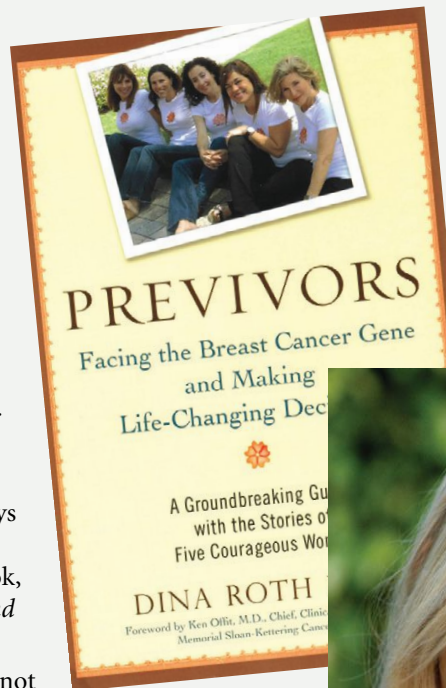


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### Previvors: Facing the Breast Cancer Gene

DINA ROTH PORT, Northwestern, a former editor at *Glamour* and *Parenting* magazines, followed five friends, all of whom were predisposed to cancer, through their journeys to making life-changing decisions. Dina chronicles their paths to decision in her book, *Previvors—Facing the Breast Cancer Gene and Making Life-Changing Decisions*.

Defining a previvor as “a person who has not had cancer but possesses a predisposition to develop it,” Dina’s book is a guide to the many options available to women who have a high risk for developing breast cancer. 🔑



## Kappa Kappa Gamma Welcomes New Foundation President

**T**he Kappa Kappa Gamma Fraternity Council and Foundation Board of Trustees welcome **KAY REID TENNISON**, *Arizona State*, as the newly appointed President of the Kappa Kappa Gamma Foundation.

As Kay takes on her new role, the Foundation officers and staff thank outgoing President **KERRIE QUINN MURRAY**, *Idaho*, for her years of dedication and service. Kerrie served as Foundation President since 2004.

"It has been my pleasure to serve alongside Kerrie for the past six-and-a-half years as she dutifully led our Foundation," said **JULIE MARINE LESHAY**, *Colorado College*, Fraternity President. "Kerrie's diverse qualities, which include years of banking experience, community and national board experience and serving the Fraternity as Finance Chairman, Treasurer and Bylaws Chairman, ensured the Foundation's growth."

Under Kerrie's leadership, new vision and mission statements were developed, and the Foundation continued to grow stronger. Procedures and policies were skillfully reviewed and updated to reflect changes brought on by increased accounting and governmental standards. Ways for donors to contribute to the Foundation were expanded through an increased presence of tribute tables, introduction of online donations and an improved scholarship application process. Kerrie's dedicated oversight of the Foundation's Leadership Academy Endowment Campaign took this five-year challenge grant in partnership with The Walton Family Foundation "over the top," one year ahead of schedule, as witnessed at our 2010 General Convention. Our Leadership Academy is now ensured to be forever a part of our educational support.

"As we say thank you and best wishes to Kerrie Murray, we look forward to working with Kay Tennison as she enthusiastically embraces her new responsibilities," said Julie.

Most recently, Kay served on the Foundation's Development Committee and Board of Trustees.

She calls Kappa Province her home and holds dual memberships in the **EAST VALLEY (ARIZ.) ALUMNAE ASSOCIATION** and **WESTERN COLORADO ALUMNAE ASSOCIATION**. For 20 years, Kay ran her own business, a small resort on the western slope of the Rocky Mountains in Colorado. She began her Kappa volunteer work in 1971, serving as an adviser to Epsilon Delta. Kay was then elected Province Director of Chapters for Kappa Province and later as Province Director of Alumnae. In addition, Kay served on the Fraternity's chapter programs team and on the Fraternity's housing committee.

"I look forward to working with the outstanding Foundation Board of Trustees to continue the Foundation's success," said Kay. "I hope to use my leadership skills and business experience to grow the Foundation so that we can provide financial aid to all qualified applicants, underwrite all of the innovative educational programs that our members desire, all the while meeting the needs of our sisters who rely on Rose McGill confidential aid and supporting our museums."



**KAY REID TENNISON**, *Arizona State*, is the newly appointed President of the Kappa Kappa Gamma Foundation.

*The Kappa Foundation thanks associations and chapters for your support. The following gifts were received between Feb. 8 and June 7, 2011.*

**Chapters Gave More Than \$36,000**

Beta Pi, *Washington*  
 Beta Theta, *Oklahoma*  
 Beta Upsilon, *West Virginia*  
 Chi, *Minnesota*  
 Delta Gamma, *Michigan State*  
 Delta Kappa, *Miami*  
 Delta Lambda, *Miami (Ohio)*  
 Delta Mu, *Connecticut*  
 Delta Rho, *Mississippi*  
 Delta Zeta, *Colorado College*  
 Epsilon Beta, *Colorado State*  
 Epsilon Eta, *Auburn*  
 Epsilon Nu, *Vanderbilt*  
 Epsilon Phi, *Florida*  
 Epsilon Pi, *UC Riverside*  
 Epsilon Xi, *Cal State Northridge*  
 Epsilon Zeta, *Florida State*  
 Eta, *Wisconsin*  
 Eta Delta, *Valparaiso*  
 Eta Iota, *Creighton*  
 Eta Theta, *Harvard*  
 Gamma Epsilon, *Pittsburgh*  
 Gamma Kappa, *William and Mary*  
 Gamma Mu, *Oregon State*  
 Gamma Nu, *Arkansas*  
 Gamma Omicron, *Wyoming*  
 Gamma Phi, *SMU*  
 Gamma Rho, *Allegheny*  
 Gamma Xi, *UCLA*  
 Gamma Zeta, *Arizona*  
 Rho<sup>4</sup>, *Ohio Wesleyan*  
 Sigma, *Nebraska*  
 Theta, *Missouri*  
 Zeta Kappa, *Bowling Green*  
 Zeta Mu, *Virginia Tech*  
 Zeta Omega, *Waterloo*  
 Zeta Omicron, *Richmond*  
 Zeta Psi, *Wake Forest*

**Alumnae Associations Gave More Than \$71,000**

Akron  
 Atlanta  
 Bainbridge Island  
 Big Sky  
 Birmingham  
 Bloomington-Normal  
 Boise Valley  
 Boston Intercollegiate  
 Boulder  
 Brevard County  
 Cedar Rapids  
 Champaign-Urbana  
 Chattanooga  
 Chico-Redding  
 Cincinnati  
 Clearwater Bay  
 Cleveland  
 Collier County  
 Colorado Springs  
 Contra Costa County  
 Dayton  
 Denver  
 Desert  
 Detroit East Suburban  
 East Bay  
 East Lake-Porter County  
 Fox River Valley  
 Fort Bend County  
 Glendale-Burbank  
 Grapevine-Colleyville-Southlake  
 Greater Daytona  
 Greater Katy Area  
 Greater Raleigh  
 Hattiesburg-South Mississippi  
 Highland Lakes  
 Hill Country  
 Hilton Head  
 Hinsdale  
 Houston  
 Indian River  
 Jacksonville  
 Kansas City  
 LaGrange  
 Lake Charles  
 Lawrence  
 Lee County  
 Longview  
 Lubbock  
 Miami  
 Milwaukee  
 Missoula  
 Mobile  
 Monterey County  
 Morgantown  
 Muncie  
 Nashville  
 New Orleans  
 New York  
 North Arkansas  
 North Gold Country  
 North Sound  
 Northern Virginia  
 Oklahoma City  
 Palo Alto  
 Phoenix  
 Piedmont-Carolina  
 Raritan Valley  
 Richardson-Plano  
 San Antonio  
 San Diego  
 San Dieguito  
 San Francisco-Marin  
 Sandhills  
 Santa Cruz County  
 Sarasota-Manatee Counties  
 Scottsdale  
 Seattle  
 Shreveport  
 Sierra  
 Southern Orange County  
 Spokane  
 St. Louis  
 Stillwater  
 Stuart Area  
 Toledo  
 Tucson  
 Wasatch Mountains  
 Washington D.C.-Suburban Maryland  
 West Valley-Arizona  
 Western Colorado  
 Whittier  
 Williamsburg

## Tribute Tables Surpass Goal

The Foundation's goal was to raise a combined total of \$35,000 at Province Meeting tribute tables. We also hoped to surpass the amount raised in 2009 at each of the 16 Province Meetings. Through generous donations, a total of \$52,789 was raised during Province Meetings this past spring. Thank you for this overwhelming support!

Alpha/Rho	\$4,460
Beta	\$2,925
Gamma	\$1,943
Delta	\$1,900
Epsilon	\$1,971
Zeta	\$3,695
Eta	\$3,401
Theta	\$10,000
Iota	\$7,465
Kappa	\$4,507
Lambda	\$1,901
Mu	\$1,840
Nu	\$1,935
Xi	\$2,916
Pi	\$1,930
<b>TOTAL:</b>	<b>\$52,789</b>

## *I Give Because ...*

In March 2010, I was diagnosed with ALS. Soon after, I emailed the news to my Kappa sisters with whom I have stayed in close contact for the past 44 years, since we were all together at **UPSILON, Northwestern**.

Since last spring, all of the ladies have taken time from their busy lives to come to Illinois to visit and support me. They have come from Maryland, Ohio, Michigan, Wisconsin, Illinois, Minnesota, Missouri and California! Some have visited two or three times. This is sisterhood. This is loyalty.

In honor of these loyal ladies of Kappa Kappa Gamma, my husband, Mike, and I are donating \$1,000 to the Annual Loyalty Fund. These Upsilon Kappas have defined what loyalty and sisterhood are all about.

Loyally,

**MARY SILER LARSON, Miami/Northwestern**



These Upsilon sisters who have been friends since 1964 enjoy a reunion at Mary's home in DeKalb, Ill.: (front) Mary Wege Nelson and Skitch Johnson Rosenthal; Sally Sedgewick Wherry, Marilyn McCann Lange, Barbie Thompson Hansen, Laurie Terry Cousins, Mary Siler Larson, Ginny Louth Probasco, and Kathy Garland Manson.

Foundation Trustee  
**MITCH HIETT PFLUGH,**  
Colorado



## Meet Board of Trustees Member Mitch Hiett Pflugh

A 50-year Kappa and President of the **HAWAII ALUMNAE ASSOCIATION**, Mitch also has held board positions in the **SAN DIEGO ALUMNAE ASSOCIATION** and served the Fraternity as Chapter Editor of *The Key*, Chapter Program Chairman and Chapter Public Relations Chairman, as well as being on *The Hoot* staff at biennial Conventions.

Mitch and her husband, Will, have lived in Honolulu for 11 years and are excited about their recent adventures in a six-man outrigger canoe club. They have a son, who lives with his wife and twin sons in Denver, and a daughter who lives in Liberty, Mo., with her husband and two daughters.

Mitch has a journalism background and a strong interest in leadership training. When asked about why she supports the Foundation, Mitch replies, "I want to do all I can to ensure that the same doors can be opened by all Kappas that were opened for me, and that the guidance and backing will be there to provide them, and thus their families and their communities, happy and productive lives.

"The more involved I become with the Foundation, the more in awe I am of this incredible organization. I wish every Kappa could know the behind-the-scenes efforts of the women who volunteer on the board and on committees, the unequalled staff, the way in which everything is managed with skill and attendance to regulations, and the forward thinking that not only keeps us abreast of world needs but prepares us for the next step to meet these needs."

# First Graduate Scholarship Recipient Says “Thank You!”

Dear Kappa Kappa Gamma Foundation,

In 1937, the year I graduated from Ohio State University, *The Key* had an article about a new graduate-level fellowship (now scholarship) worth \$500. I had a 3.2 GPA, was a member of Mortar Board and served as vice president of Women's Self Governance where I organized freshman orientation, and I was the Scholarship Chairman for Beta Nu Chapter. I believed I met the criteria for the fellowship, so I applied. I was very happy to be the first recipient of this graduate assistance because it allowed me to enroll in the University of Pennsylvania master's of psychology program at \$250 per semester for the first year. The University of Pennsylvania had the first psychological clinic in the U.S.

After I graduated, I went to the College of Chestnut Hill. I thought I was going to teach, but it turned out that the dean wanted me to be her secretary. So, I left and went to Ann Arbor, Mich., and got a job near my future husband who was doing his ob/gyn residency at the University of Michigan Hospital. I helped run the university's lab school, earning only \$100 each month, which we lived on. Then my husband joined the Navy, and during these years we had two children—a son and a daughter. After WWII we settled in Milwaukee and had three more, one of whom is a Kappa!

Many years later, after my first husband died in an accident, my master's in psychology helped me run the Counseling Center of Milwaukee. In addition to thousands of hours of counseling, I started its newsletter and coordinated large fundraisers. I was named Mother of the Year by our local newspaper and Volunteer of the Year by Alverno College, and later Woman of the Year by the Women's Fund here. I have served on several boards including the Patrick & Anna Cudahy Fund. It gives me great pleasure to help others through fundraising and leadership—values that were instilled during my undergraduate Kappa days.

I met my second husband through association with the World Affairs Council. Together we worked to help others achieve their dreams. After I received some funds due to my first husband's death, I decided to establish a graduate fellowship in Milwaukee, Wis., like the Kappa Kappa Gamma Fellowship I received. It is called the HER Scholarship and it is more than 10 years old. We have been able to support two to four scholarships of \$3,000 each for women over 35 years of age who know exactly what they want to do and who need to go back to school for skills training.

It makes me happy to give back to the Kappa Kappa Gamma Foundation scholarship fund, which supported me years ago. I hope that many others will give to the Kappa Foundation, too. I have always been a positive person and I attribute my longevity to this way of being, as well as my wonderful family.

Loyally,

ANNETTE STODDARD-FREEMAN, Ohio State



Kappa's first graduate scholarship recipient, **ANNETTE STODDARD-FREEMAN**, Ohio State, (third from left) gives back to the Kappa Kappa Gamma Foundation. Pictured with Annette are Fred Levitt, son-in-law; **ELOISE STODDARD LEVITT**, Syracuse, (Annette's Kappa daughter), Mariah Levitt, granddaughter; Dr. Frederick Jackson Stoddard, son, and Eve Stoddard, granddaughter.



Friends from **EPSILON ZETA, Florida State**, **JUDY LIBERATI JUDGE**, **SUSAN PETERS ROEHRICH**, **JUANITA DELOACH FLETCHER** and **CINDY LOMAZ CULHANE** enjoy a reunion at Judy's cabin in Maggie Valley, N.C. Judy's husband surprised them with "Kappa Kabin Getaway" T-shirts that he designed.

During a **DELTA OMICRON, Iowa State**, 1969 pledge class reunion, these Kappas enjoy staying at the chapter house for the weekend.



Following a yummy potluck dinner, members of the **EAST VALLEY ALUMNAE ASSOCIATION** in Phoenix gather by the tree for a white-elephant gift exchange.



New friendships were formed when hikers chanced to meet on the Cotswold Way near Winchcombe, England and discovered their Kappa connection. Despite the distance, **CANDISS KIDD WALDRAM**, and **PAULA SNORF HENDERSON**, both *Wisconsin* and living in England, have maintained their friendship with **BETH FIELD THOMAS, Auburn**, of Blacksburg, Va.





*Monmouth* Kappas enjoy a 40th reunion, nostalgically visiting The Minnie Stewart House. On the porch are **PAM MARSHBURN MORGAN**, **ANDREA HINMAN ELIA**, **NANCY JOHNSON MANOUGIAN**, **CINDY GREENHALGH TORELLI** and **SANDY SNYDER MONOUGIAN**. When they were collegians, Kappa did not own The Stewart House.



*Allegheny* alumnae from **GAMMA RHO CHAPTER**, **EMILY MARLATT**, **GINA FILIPPINO**, **MARY-ELLEN MITCHELL**, **JENNIFER DeSALVO** and **ALISON HELFRICH** visit their school's gator mascot on campus.

The **LAWRENCE, KAN. ALUMNAE ASSOCIATION** hosts sophomores from **OMEGA, Kansas**, at their annual Christmas cookie exchange. Each active member was given a goodie bag decorated with owls. This association also shares a philanthropy project with the juniors from the chapter, hosts the seniors for a spring tea and the entire chapter during Founders Day.



**NEW HAMPSHIRE** Kappas gathered on the afternoon of the Royal Wedding to celebrate British style. Crowned with colorful hats, the ladies enjoyed high tea with scones and finger sandwiches accompanied with clotted cream, lemon curd and Marmite.



Reunited after 20-plus years, these friends from **ZETA KAPPA, Bowling Green**, enjoy a trip to Napa Valley, Calif: **AIMEE FELDER VAUGHAN, KIMBERLY LONG DANGERFIELD, HOLLY REMEN HOUSMAN, TRICIA CAPRI, TRACY ZUBER DAVIDO** and **LESLEY POLLOCK BOHRES**.



Members of the **TALLAHASSEE ALUMNAE ASSOCIATION** enjoy an ornament exchange as they gather for their annual Holiday Tea Party.



During a 50th class reunion for members of **ETA, Wisconsin**, these Kappas pose with school mascot, Bucky Badger.



At a football game between Northwestern and Illinois held at Wrigley Field in Chicago, **JULIA TRAVIS**, **PAYAL ADHIKARI**, **ERICA LEVIN** and **ALANA MITNICK**, all *Northwestern*, enjoy a mini-reunion and cheer on their alma mater.



**MARY ELLIS MILLER**, *Illinois*, hosts eight of her **BETA LAMBDA** sisters at her home in Loblolly Pines, Hobe Sound, Fla. **JENNY MCCOOK LUDWIG**, back, second from left, and **BRIDGET DONISLREITER HOCH**, back, fourth from left, surprised the group with blue-and-white Lilly Pulitzer pajamas with fleur-de-lis designs for their weekend together.

Several friends from the pledge classes of 1969 to 1971 of **DELTA TAU, USC**, enjoy an annual holiday celebration in Newport Beach, Calif.



Juniors from **OMEGA, Kansas**, join members of the **LAWRENCE, KAN. ALUMNAE ASSOCIATION** for an afternoon of fun, philanthropy and fellowship making 150 pins for a Douglas County Visiting Nurses, Rehabilitation and Hospice Care benefit. Donning goggles as they work with glass are junior **ERIN ROSSITER, Kansas**, Visting Nurses Chief Executive Officer Judy Bellome, alumnae **SUE SUHLER, Kansas**, and **TAMMY GAYNIER STEEPLES, Kansas State**, association President, and junior **BRITTANY BARNDs, Kansas**.



Alumnae of **ETA GAMMA, San Diego**, visit a dairy farm owned by a member of their pledge class. During their Kappas and Kows reunion, they saw a newly birthed calf and got to milk cows. They are pictured in the pens with their new-found pals.

Members of the **NEW YORK CITY ALUMNAE ASSOCIATION** attended a belly dance workshop, "Shimmy Sisters," led by "Najla," association member **KRISTEN WINDMULLER, Yale**.



**WICHITA ALUMNAE ASSOCIATION**  
President, **MELISSA JONES SMITH, Kansas**, second from left, enjoys Thanksgiving with the many Kappas in her family, including her mother and two sisters.



Members of the 1960 class of **DELTA OMICRON, Iowa State**, meet for lunch at the chapter house during a recent reunion.



Leadership Consultants from 1998-99 who have kept in touch reunited in San Diego: **KATHLEEN FAY, Washington State**, **NIKOLE RAWLINS SALATA, Penn State**, **LAUREL APPERSON ROSA, UC Davis**, **MAUREEN EAGLE GELBERG, UC San Diego** and **THERESA DALURIA, Washington**.

# One Key that Binds Us

—By **NAOMI RATNER**, *Syracuse*

**V**IRGINIA (JINNIE) FERGUSON WHITE, *Syracuse*, could not be a better example of the bonds of sisterhood that last for generations. Recently celebrating her 100th birthday at the **BETA TAU** chapter house, Jinnie was delighted to receive birthday greetings from Willard Scott on the *Today* show and hear him say that she enjoys being a member of Kappa and visiting with dear Kappa friends. Jinnie is often found clad in blue and blue, can perfectly recall the words to “On the Heart of Each Sister,” and is always willing to sing for younger Kappas to listen.

Jinnie’s love for the Fraternity has grown since she stepped into the Beta Tau house at Syracuse University in 1930. From getting married in the chapter house to sticking up for the mischievous actives she advised, her passion for Kappa continues to inspire others’ dedication and love for the Fraternity.

“Jinnie has shown me that there is so much more to Kappa than the undergraduate experience,” says **JACLYN SIEGEL**, Beta Tau Chapter Marshal. “The connection and involvement with the Fraternity continues well after you leave school, and it’s special to see that live through Jinnie.”

A Syracuse native, Jinnie was offered a scholarship to attend Syracuse University in 1930, where she studied library science. She visited each on-campus chapter to find that perfect fit, and found herself right at home at Kappa.

Jinnie felt surrounded by “warmth and love” when she was with the Kappa sisters, and finding it hard to explain, shared that she was drawn to the chapter through the connection she felt when around them. With 10 to 12 women in her pledge class, (clearly pointing out that they were not called “New Members” back then), Jinnie was initiated in 1931 as part of the first class initiated in the chapter house.

Spending her collegiate years visiting the chapter house between classes and relaxing in the “City Girls” room, the current chapter art room, which was named after her in 2010, Jinnie went on to continue her involvement with Kappa after her graduation in 1934.

Serving as the go-to Beta Tau alumna for crisis situations and being introduced as a “cool” alumna during Recruitment, Jinnie worked closely with **SUZANNE PETERSON FREAM**, who was chapter President when Jinnie served as an active alumna in the early 1960s.

“Jinnie’s role was as a perfectly wonderful model of character, commitment, loyalty and devotion,” says Sue, Rose McGill Holiday Sharing Co-Chairman. From serving on the Beta Tau Advisory Board and House Board as an active **SYRACUSE ALUMNAE ASSOCIATION** member to becoming Alpha Province Director of Chapters involved in the Syracuse Panhellenic Association, Jinnie’s involvement in Alpha Province led her to connect with many Kappas whose lives she has truly touched. Through her leadership she met **MARJ CONVERSE**, *Gamma Delta*, who admires Jinnie’s dedication and fondness for the Fraternity.

“[Jinnie] was always there, ready to do anything that needed to be done,” says **MARJORIE MATSON CONVERSE**, Rose McGill Confidential Aid Co-Chairman. “We could always depend on Jinnie...and [are] fortunate she was willing to give her time and talent.”

Continuing her interest in helping others, Jinnie is a loyal donor to the Foundation, giving what she





can and recognizing the importance of Kappa aid that a friend receives.

“She loved being empowered and being around other strong and determined women,” says **KRISTEN WHITE PEASE**, *Massachusetts*, Jinnie’s Kappa granddaughter and Beta Tau House Board Trustee. “She loved feeling their energy and excitement and watching new women embark on the Kappa journey of love, tradition and leadership that they would have as lifelong members of Kappa.”


Jinnie’s love for the Fraternity is shared with her Kappa granddaughter. Kristen had always known of her grandmother’s love for the Fraternity, but upon her arrival at UMass in 1992 was unsure about joining the Greek community. On a whim, she visited Kappa during informal recruitment and immediately felt a connection—just like her grandmother felt decades before. Without telling anyone of her legacy connection, Kristen accepted a bid and deepened her connection with her grandmother through a bond unlike any other.

“Being a Kappa and going through all the same things and being able to share that with your grandmother is pretty amazing,” says Kristen. “She is

a very special woman and being able to share the Kappa bond with her has always meant so much to me.”

“To have her at my Initiation, singing along and knowing all the words—it was just something that we’ll always have and will just be ours,” says Kristen, who served as a Chapter Consultant for Beta Tau.

Jinnie’s presence continues within Kappa today, still present at every Beta Tau Founder’s Day Tea and other chapter celebrations, including the recent Beta Tau 125th chapter Anniversary and the 80th birthday of the chapter house. Always greeted with excited smiles from the actives, and by new members eager to meet this beloved Kappa (who has truly reached a celebrity status within Beta Tau), Jinnie has developed a special relationship with today’s active members.

“We really do all share the same experience, no matter the decade in which we were initiated,” says Jaclyn. “Generations of Beta Tau sisters have had the privilege of meeting Jinnie, hearing her stories, and sharing her love for Kappa. It’s the perfect example of how Kappa links together women of all ages.” 





# Art Appreciation Behind

—By ANN GRAHAM SCHNAEDTER, *Missouri*

There is a slight drizzle in the morning air as JUDY KELLY WEISSENBORN, *Washington Univ. (St. Louis)*, gradually approaches the stark gray buildings surrounded by large white pines and hardwoods that shield them from passing traffic. The place looks even more forbidding in the gray morning light, with slits for windows, announcing to any visitor that this is a prison.

Judy is alone. She parks her car and reaches for her briefcase that holds a small laptop and projector. She puts on her badge and is buzzed through two heavy doors. Entering the complex, the guards recognize her as she walks down a corridor toward the program room. For the past three years, Judy and other docents from the Muscarelle Art Museum at the College of William and Mary have been conducting art appreciation classes for the inmates of the Virginia Peninsula Regional Jail, as part of an outreach program, the only one of its kind in the state.

Judy says she never has any fear as she enters the facility. “However,” she says, “the first time I went through the series of metal doors and heard a loud slam echoing behind me, I had a new understanding of being locked up.”

In the beginning, there were six women divided into teams of two. Once a month, they would choose a topic, and armed with a book filled with art pictures, they would spend one hour with men and then one hour with women. Men and women inmates are still separated but now can be in the same class. Also, rival gangs are never put together in the same class. She says since most of the inmates identify with working with their hands, it also seems they can identify with artwork.

Since the art program has progressed, Judy and the others can now give weekly programs. They have all progressed from showing picture books to creating PowerPoint educational presentations. They have lectured on the various methods of painting including impressionist, Barbizon and Hudson River, hard edge and pop art, abstract expressionism, and over the years have covered a wide array of subjects such as graffiti, jewelry, military and African art. They have created a timeline of art history from cave painting to the 20th Century, divided into three sessions. A long list of artists has been covered, including Picasso, Goya, Michelangelo and Titian. Judy says they ask the inmates for topics and the docents always encourage their opinions.

Judy has a degree in art education from Washington University and was a fashion illustrator for Deb Shoe Co. in St. Louis. She has been a docent at the Milwaukee Art Museum, also serving on the docent council. Now living in Williamsburg, Judy has taught art at Jamestown Academy, and was a tour guide for several years at the Jamestown-Yorktown Foundation. Since 1998, Judy has been a docent at the Muscarelle Art Museum and has audited several classes in sculpture and advanced painting at William and Mary.

Judy explains a docent’s job is to interpret the museum’s collection. She says, “Hopefully, I am opening a door to understanding the world of art to people who, for the most part, have never had that opportunity.” The two outreach programs developed at the Muscarelle in which Judy participates are the Tactile Tour for the sight challenged and the art appreciation program for the Virginia Peninsula Regional Jail. Judy says these programs have been created for two of the largely forgotten portions of the

# Prison Bars



**JUDY KELLY WEISSENBORN**, *Washington Univ. (St. Louis)*, during a presentation of her outreach work, shows members of the **WILLIAMSBURG ALUMNAE ASSOCIATION** how she can teach a person with challenged vision to “feel” art, by touching a tactile version of a painting, moving their hands in the positions of a clock. At this meeting she also presented a program to be shown to inmates at the Virginia Peninsula Regional Jail as a part of an outreach program.

Hopefully, I am opening a door to understanding the world of art to people who, for the most part, have never had that opportunity.


community. “Both programs,” she says, “help promote learning ‘to see’ art—the blind by a sense of touch and the inmates by learning to appreciate and see art through design elements.” The goal of the Muscarelle program is to create three years of materials that can be offered as outreach programs to other groups in the community.

At a recent meeting of the **WILLIAMSBURG ALUMNAE ASSOCIATION**, Judy premiered a program the inmates had requested, a history of fashion design depicting costumes from ancient Egyptian times through Greece, Rome, and the Renaissance to modern times. Some of the slides showed how works of art inspired early couture designers and continue to do so.

Judy also demonstrated for the alumnae how she was taught to describe a painting to someone visually challenged by using a tactile version of a famous painting, directing a person’s touch around the painting like positions of a clock. The tactile boards

must have a different feel or texture for each area that is described, and must be true to the colors in the painting, since some people have enough vision to see that element. She once sacrificed, from her closet, a nice pair of velveteen slacks to get the right color for a waistcoat of Titian’s “Duke of Mantua.”

For the work with the jail, the docents all take mandatory training classes once a year. Judy says the docents are never told why any of the inmates are incarcerated, but they seem to come from all walks of life. Judy mentions the time when she gave a bit of art history information on a subject and one inmate questioned her on some details. She went back to her source and found out the inmate was correct.

After each session, Judy and the others are always thanked by the inmates, who want to know when they will be back. Judy says, “For those behind these walls, this contact with people from the outside is important.” 

# Key Achievements



🔑 **ASHLEY BOWEN COOK**, Kansas, has been named associate vice president for the Wichita-based branding agency Greteman Group, serving a diverse clientele that includes FlightSafety International, Flexjet, Bombardier Aerospace, Royal Caribbean and Celebrity Cruise Lines, the Kansas Health Foundation, the City of Wichita, Kansas State Fair and many others. In 2008, Ashley was named one of Wichita Business Journal's 40 Under 40. She brings to the company a deep business aviation background and is a 2000 graduate of the William Allen White School of Journalism at Kansas.



🔑 **CATHY VANBUREN BOMBERGER**, Cornell, received the Liberty Bell Award from the Indiana State Bar Association. Cathy, with the help of her husband, Peter C. Bomberger, former president of the Indiana State Bar Assn., made civic education possible for thousands of children in northwest Indiana. She is a retired district coordinator for the "We the People: The Citizen and the Constitution" national civic education program. In 20 years, she grew the program from two teams to 45 teams competing at district, state and national levels. By recruiting lawyers, judges and community leaders, she planned and organized mock congressional hearings to take place following the eight-week curriculum provided through the Department of Education. During her tenure, more than 10,000 students participated in the program.

🔑 **KATE BROSNAHAN SPADE**, Kansas, known to all as Kate Spade for her chic apparel line, has partnered with Women for Women International, marrying traditional handcrafts with signature designs and bringing beautiful accessories created in Rwanda to kate spade shops. This organization provides women in war-torn countries with the resources they need to move from a state of crisis and poverty to stability and self-sufficiency. Proceeds from the products support these women and their families. Current kate spade WFWI offerings include beaded bracelets and raffia totes. Read more at [katespade.com](http://katespade.com).



🔑 Several Kappas worked to bring Super Bowl XLV to Dallas. **TARA NORMAN GREEN**, North Carolina, second from left, is Vice President and COO of the North Texas Super Bowl XLV Host Committee, responsible for all operations including stadium and training sites, security, transportation, hospitality, accommodations and volunteers. She was part of the regional team to win Super Bowl XLV for North Texas, serving as the executive director of the North Texas Super Bowl Bid Committee. Formerly with the Dallas Convention and Visitors Bureau, she is successful in a male-dominated sports industry. Also part of the Host Committee are **TAYLOR ANNE EASTMAN**, Baylor, Communications Assistant; **KATHERINE ANNE RHODES**, Texas, Director of Executive Services; **KRISTEN CLAY BERRY**, TCU, Executive Services Assistant; and **AMANDA NICOLE WHITELAW**, Florida State, Volunteer Services Manager.





🔑 As Mrs. Boulder Colorado last year, **DR. CHRISTINA TANGORA SCHLACHTER**, Miami, placed in the top 15 of the Mrs. Colorado competition, which honors married women for their accomplishments. Christina has a Ph.D. in Human and Organizational Systems and is a managing partner for Two Hemispheres Consulting, a global facilitation and leadership development firm. She is an internationally recognized speaker, published author, a two-time Ironman triathlete, plus a mom and a wife. She has recently started a series of seminars and workshops under the Dr. Mommy trademark, geared toward inspiring women in their work and lives.



🔑 **LINDA SWANTZ DAVIS**, William and Mary, received the College of Engineering Staff Leadership Excellence Award at Purdue. Linda demonstrated “uncommon initiative” in developing innovative programs for women in chemical engineering, serving on strategic planning teams, and pioneering a chemical process safety curriculum that is the first of its kind in Purdue engineering schools. After earning a master's in chemical engineering and a successful 24-year industrial career in engineering and management, Linda joined Purdue's School of Chemical Engineering as the Director of Industrial Education in 2007. Linda is fueled by her passion to develop the next generation of engineers and she is also involved in the next generation of Kappas, as the Academic Excellence Adviser to **GAMMA DELTA**, Purdue.



🔑 **JELEEN FISH GUTTENBERG**, Montana, has joined the firm Bracewell & Giuliani, LLP as partner in the Employee Benefits, ERISA, and Executive Compensation group. Bracewell & Giuliani is an international law firm serving Fortune 500 companies, major financial institutions, private investment funds, governmental entities and individuals concentrated in the energy, technology and financial services sectors. Jeleen brings key experience in the Northwest region and will serve in its Seattle office.

Submit news and photos to [thekey@kkg.org](mailto:thekey@kkg.org). Only high-quality, high-resolution digital files or prints will be accepted. Visit [www.kappa.org/thekey](http://www.kappa.org/thekey) for further guidelines.



🔑 **MARY SACKETT**, Iowa, has been chosen the 2010 California Big Sister from more than 19 California Big Brothers Big Sisters agencies. In 2009, Mary was named Big Brothers Big Sisters North Bay Sister of the Year. She is shown with Little Sister Stephanie, one of five children being raised by a single mother. Mary, a senior associate with the Goldman Law Firm in Tiburon, has been a big sister to Stephanie for the past three years, staying connected even though Stephanie and her family moved between shelters and motels every six months. Stephanie's mother finds it hard to describe her gratitude toward Mary, who manages to find Stephanie through the constant moves, and is there for Stephanie without fail. With a toddler and a baby on the way, Mary manages to do simple, enjoyable activities every week with Stephanie, who calls Mary her friend.

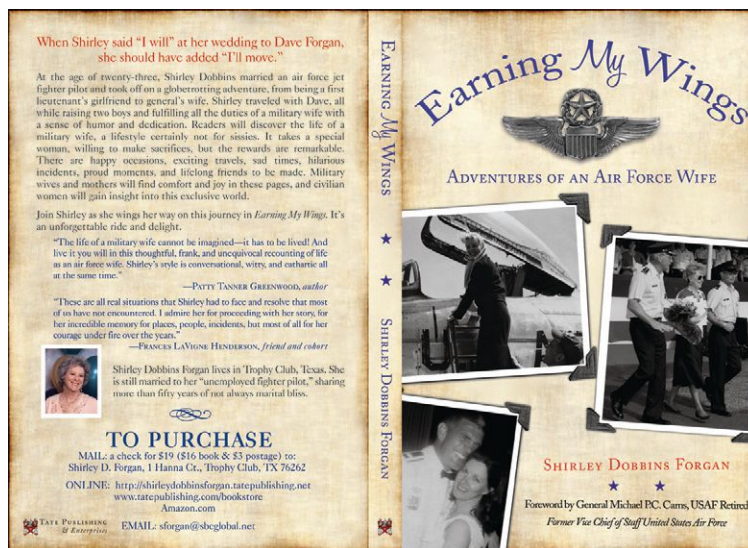


🔑 **KARISSA FRAAZA KIENAST**, Valparaiso, celebrates with her husband after being named one of the Rockford, Ill., Chamber of Commerce 40 Leaders Under 40. Nominated for community involvement, she serves as president of Ignite, the region's young professionals organization, coaches youth soccer, and serves on various committees. Karissa is the communications officer at Prairie State Legal Services, a nonprofit organization serving Northern and Central Illinois, in charge of the marketing and public relations efforts throughout the 36-county area. At age 24, Karissa is the third youngest recipient of the award.

# Arts & Letters

## *Earning My Wings: Adventures of an Air Force Wife*

By **SHIRLEY DOBBINS FORGAN**, *Oklahoma State*



● Reviews by **JULIE ROBISON**, *Hillsdale*

▶ At age 23, **SHIRLEY DOBBINS FORGAN**, *Oklahoma State*, married a first lieutenant in the Air Force and began a whirlwind adventure. She and her family have lived in 22 houses, nine states, and four foreign countries—Japan, the Netherlands, Germany and Spain.

Shirley, whose husband Dave retired after more than 33 years as a general, wrote *Earning My Wings* about her more than 50 years of “not always marital bliss” for “military wives and mothers who can relate,” as well as young women, mothers and civilians.

In her memoir, we first meet Shirley in 1957, as a self-proclaimed “pool floozy.” Shirley graduated from college and found work as a secretary, after deciding that teaching was not

for her. With honesty and subtle humor, Shirley recounts how she raised two boys, Bruce and Todd, while on the go as a military wife.


Her anecdotes are many, brief and memorable. She describes some rather precarious situations she faced while raising two rambunctious boys. Todd, for instance, would loudly squeal his car tires around the neighborhood—until the husband of a friend of hers, a member of the Army’s secret Delta Force, threatened to shoot the car if he didn’t slow down.

While there are certainly challenges to the military life, Shirley focuses on the positive. “I would like for my adventures and experiences to be an inspiration and motivation to what can be achieved.”

Although upbeat and funny, her perspective is not sugar-coated. She acknowledges that while her humorous method of coping with stress and fear works for her, it’s not for everyone.

She tells about a time when several military wives (including Shirley) wrote a poem about a husband’s demise. Shirley thought the poem was clever and biting, but says that some of the other wives didn’t like it. Shirley’s response personifies many people’s necessary coping mechanism—wit. “Perhaps it was disgraceful and insensitive, but it demonstrated one way we faced danger—with laughter,” wrote Shirley.

More recently, on February 26, Shirley was a keynote speaker at the Theta Province Meeting in Fort Worth. She told of the three support systems she has in her life—her sorority sisters, her military friends and her family. Emphasizing the importance of Kappa, Shirley spoke about how “being in a sorority gave me a foundation for being a good [Air Force] wife.”

Shirley belongs to the Grapevine-Colleyville-Southlake Alumnae Association, as well as the Stars and Stripes Alumnae Association for Kappas who are connected to the military. She lives with her family in Texas, where she plans on staying until her “final move.” 

# Dear Editor of *The Key*

## **We Are Thankful**

In the bottom right-hand corner of a kitchen cabinet in the house where I grew up is taped a small piece of paper. The top is adorned with little dark-blue and light-blue swirls and little golden fleur-de-lis. Underneath is printed a prayer. "Father we are thankful, may we ever be, mindful of our blessings, we of KKG." My mother [KELLY COCKER STRONG, Florida State] taped it there when I was in elementary school, and I must have read it thousands of times since then.

Excerpted from essay by ALEXI STRONG, Florida

## **Vintage Badges Find New Homes!**

I was amazed when the emails began appearing—one after another—inquiring about whether a member's lost key badge might have been found, whether a mother of a chapter Marshal could adopt an orphan key, wanting to know more about the GOLDEN KEY ALUMNAE ASSOCIATION and Keepers of the Key. Then it dawned on me—the spring issue of *The Key* had begun arriving in mailboxes with the story of Daniel and Jacey Kunka's wedding gift. I've already had two badges find homes with excited Kappas who wanted a particular "vintage" badge—one because it was from her mother's era, the other because the initials on the back are the same as hers. What's always most heartwarming is the obvious love for Kappa and the lifelong commitment that our members share, even if they haven't been active in Kappa life since graduation.

Also inspiring is the message that Kappa is more than four years and friends in college—it is truly for a lifetime. The message has gone far and wide to advance our mission of educating members about the importance of our badge and the need to protect and preserve its integrity. Several alumnae have in their hands the list of "orphans" and are considering giving one a home, reimbursing the rescuers so they can continue to bring wandering keys home to Kappa.

Thank you from all 35 members of Golden Key Alumnae Association and also for the many Kappa sisters whose loyalty and bonds of sisterhood are prompting them to respond. It is so heartwarming to hear their stories!

Loyally,

MARY RUDDICK SILZEL

Golden Key Alumnae Association

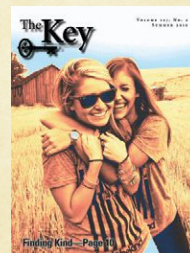
mrsilzel@earthlink.net

## **From Facebook**



## **A Winning Cover**

We are excited to announce that *The Key* of Kappa Kappa Gamma won the Critic's Choice Award at the Fraternity Communications Association conference for its Kind Campaign summer magazine cover!



## **Rose McGill Offers Disaster Relief**

Through the Rose McGill Fund, the Kappa Kappa Gamma Foundation is working to help sisters who have been affected by disasters. You can help by visiting [www.kappa.org](http://www.kappa.org) and clicking on "Sisters Supporting Sisters."

## **A Simple Act of Kindness**

Remember to think of others during your day-to-day actions—realize how you might affect them. You never know the impact a simple act of kindness, such as a smile, will have on a person. And, eventually, that small act of kindness will manifest itself in your life from another.

A devotion from EPSILON ETA CHAPTER, Auburn

**PURDUE.** The **GAMMA DELTA CHAPTER** at Purdue University celebrated the American Heart Association's Go Red for Women by wearing red and decorating the house. Chapter members learned about the risks of women's heart disease and how they can help.



**OKLAHOMA STATE.** **DELTA SIGMA** President, *Chelsea Dyer*, along with *Samantha Garrison* and *Whitney Anderson*, both Vice Presidents, cheer on their team at the homecoming football game after winning first place for Delta Sigma's float.

**JOHNS HOPKINS.** At a powder puff football tournament, the **ETA EPSILON** team gathers in for a huddle and quick spirit-raising cheer.



**COLLEGE OF IDAHO.** *Lauren Parsekian*, **PEPPERDINE**, and the Kind Campaign visit the chapter of **ZETA PI** at the College of Idaho.





**MIAMI.** Winning is so much fun! **DELTA KAPPA** members celebrate a win over rival Florida A&M.



**DEPAUW.** The **IOTA CHAPTER** volunteers at the Special Olympics Women's Basketball Tournament. For the past 23 years, DePauw University has hosted the tournament that allows more than 300 athletes to compete.



**COLORADO.** A flower-power cosmic bowling Bid Day at **BETA MU** includes 76 new members.



**RICHMOND.** The **ZETA OMICRON CHAPTER**, in conjunction with its Advisory Board, hosts a "Kappa Konnections" networking event for senior Kappas and local alumnae to network and discuss entering the post-graduation work force.

**VILLANOVA.** ZETA IOTA makes chapter dinner fun with a denim-themed night. The women embrace the theme and enjoy their sisterhood.



**GEORGIA SOUTHERN.** Megan Fussell, Katherine Weinkle and Reba-the-Pig draw attention to ZETA UPSILON's donation booth, where they handed out red and white ribbons and collected donations for "Helping Hands for Japan." Proceeds went to the American Red Cross-Japan.

**UC MERCED.** ETA XI members proudly pose with their newly made letters. These women are ready to represent Kappa Kappa Gamma on the five-year old campus.



**COLORADO COLLEGE.** The graduating seniors of DELTA ZETA are recognized for their contributions to the chapter after a Monday night meeting. The women say they will miss the weekly meetings as they venture into life as alumnae.

**NORTH CAROLINA.** Founders Day celebrations are more enjoyable when there is a governor in your presence. North Carolina Governor Bev Moore Perdue, KENTUCKY, and the GREATER RALEIGH ALUMNAE ASSOCIATION joined EPSILON GAMMA at the Executive Mansion in Raleigh for Founders Day.





**CENTRAL FLORIDA.** While Leadership Consultant, *Vicki Luciani*, **ARIZONA**, visits **ETA ETA**, members *Monica Martinez*, *Amanda Schofield*, *Nicole Smith*, *Mallory Carlton* and *Diana Elbanna* take her to “the happiest place on earth,” Disney World.



**TEXAS A&M.** **EPSILON RHO** President *Diane Roberts* and Vice President-Organization *Emily Johnson*, take Leadership Consultant *Kristen Hranicka*, **ILLINOIS WESLEYAN**, to the Aggie Ring statue on campus.



**CREIGHTON.** *Nicole Landowski*, **ETA IOTA**, completes a “who’s your hero” activity with two new friends during a Reading Is Key event. Every child in attendance from Children’s Respite Care Center went home with a new book.

# One Kidney Kate

By **KAIT SMITH**, *Marist*

**W**hen **KATE PHILLIPS**, *Arkansas*, stepped foot on the University of Arkansas campus in the fall of 2010, she brought with her more than suitcases—she brought the strength and wisdom that come from facing a life-changing illness. Just over one year before starting college, Kate was diagnosed with kidney cancer and had a kidney removed.

*The Key* asked Kate to share her journey of hope, faith and healing.

## Q: What symptoms led to your diagnosis?

**A:** In the summer of 2009, I started experiencing episodes of severe abdominal pain, vomiting and uncontrollable shaking. During my first visit to the ER, the doctor blamed a “bad banana” I had eaten for breakfast. After the third episode, I had a yearly physical and told my doctor about what was happening. She scheduled an ultrasound to see if an ovarian cyst was a possible cause. But the doctors told me they saw something in my left kidney. They gave me a CT scan and sent me home, saying they would call with results. That night I was cheering for our school basketball team at a sub-state tournament. During halftime, I asked my mom if the doctors had called, and she responded, “We’ll talk about it later.” I felt an instant pit in my stomach. After the game, my dad told me the doctors found a suspicious tumor in my left kidney. I cried all the way home.

The next day, I met with a board of doctors. They told me the tumor was cancerous and had cut off the function of my kidney. It was the beginning of the most terrifying days of my life. But my faith in God and the support and prayers from family and friends kept me going. I had my left kidney removed on April 1, 2010, April Fool’s Day.

## Q: After your kidney was removed, the tumor was found to be benign. What was your reaction?

**A:** After I woke up from surgery, my mom told me three times that the tumor was benign. Three times, because every time she told me, I thought I was dreaming!

My tumor was called angiomyolipoma, which is a benign tumor. It took a while to diagnose because there were abnormal and rare characteristics to the tumor. Angiomyolipomas is composed mostly of fat and some smooth muscle, but my tumor was made of almost all muscle. Also, the average age of patients with this tumor is 43! This tumor is also known to almost always occur in the right kidney, but mine was in the left.

When I was told I had a cancerous tumor in my left kidney, I started a blog and hundreds of people from all over the country began to pray for me. I believe in miracles!



**KATE**, center, celebrates becoming a Kappa with high school friends and fellow Kappa sisters, **ALLY SMITH**, left, and **DANIELLE TROTT**, right.



To celebrate a snow day, Kate and her **GAMMA NU** sisters spend the afternoon sledding.



**Q: You were diagnosed during your senior year of high school. What challenges did that present?**

**A:** I was unable to attend the entire fourth quarter. My principal and teachers were so gracious and helped me figure out my grades, and I was able to graduate with my class.

**Q: How did you feel about heading to college in the fall?**

**A:** At that point, I was ready for a new chapter of my life to begin at the University of Arkansas.

**Q: What has Kappa meant to you?**

**A:** I was torn during Recruitment; Kappa really took me by surprise, even when I thought I wanted a different organization. But when I sat with a preference card in front of me, my fog of uncertainty had lifted. I knew my heart belonged to Kappa.

The Kappas read my blog during Recruitment, so I was automatically known as “One Kidney Kate.” It felt really special to know that Kappas took an interest in what I had been through. **I am proud to call them my sisters!** 🗝️

### About the Author

*KAIT SMITH, Marist, is an editorial assistant for Bauer Publishing. She contributes health, home and lifestyle articles to First for Women magazine.*

# Pack It Up—Delta Rho Hosts



**ADRIENNE PINGEL** and **MARY KATHERINE PERRY** met this young girl on their first trip to Africa. They were elated to see her again, a year later.

**A**DRIENNE PINGEL and **MARY KATHERINE PERRY**, *Mississippi*, were destined to become sisters. After joining Kappa Kappa Gamma, they quickly bonded over a common interest and desire to help people in Africa.

“I always wanted to go to Africa, and when I joined Kappa, I met Adrienne, who became my best friend and shared the same interest in Africa,” recounts Mary Katherine.

In the summer of 2009, the two young women were given the opportunity to travel to Africa on a two-week mission trip, where they distributed books that were donated by Kappas. This was just the start of a love affair with Kenya.

After their summer in Kenya, the women say that their perspective on life was forever changed. “Africa is more

than a place, more than a continent, more than poverty, and more than every need in the world,” says Adrienne.

In the fall after their initial trip to Africa, they shared their story and experiences with their Kappa sisters. After hearing their story, four Delta Rho sisters accompanied them to Africa in the summer of 2010.

“It was amazing to experience the reactions of people we know so well in a completely different world. Everything we told them to expect before the trip finally came alive,” says Adrienne.

These six Delta Rho members returned to Kenya with an organization called Feed the Hunger, which is an outreach program that feeds poverty-stricken children all over the world. In Kenya, they distributed food and water to many of the schools and the tribal people in the villages.

# Food Pack-a-Thon

By **LINDSEY CROCKER**, *UCLA*, Collegiate News Editor, and **ADRIENNE PINGEL**, *Mississippi*

After visiting the holding container that stores about 300,000 meals and delivering some of those meals to a tribe who had never seen *Mzungus* (white people), the women had a change in their life perspective. When they returned to Ole Miss, they hosted a philanthropy event to help feed starving children around the world.

Students at the University of Mississippi and in the surrounding Oxford community joined the Kappas for a food “pack-a-thon.” Volunteers packaged nutritional meals for children in Feed the Hunger programs during a multi-day food-packing event.

Delta Rho has taken on the role of being leaders of the first college campus to host a pack-a-thon of this kind. Africa not only changed six women’s lives, but it is influencing an entire college campus and the surrounding community. 🗝️

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## EDITOR’S NOTE

*Photos from their trip and from the Ole Miss Pack-a-Thon event can be found by searching Feed the Hunger: Ole Miss Pack-a-Thon on Facebook.*



Six Delta Rho members returned from Kenya to their Oxford, Miss., campus to start a Feed the Hunger Pack-a-Thon, which provided hundreds of meals for children living in poverty.

# Focus on Philanthropy and Foundation

By BROOKE ADAMS, *Ohio State*

**BETA NU**, *Ohio State*, stepped up philanthropy efforts this year. New events included a pen pal program with a Title I school and a Reading Is Key event.

## Pen Pals

NANCY SLADE, *Oregon*, contacted Beta Nu from central Phoenix, Ariz., where she is a third-grade teacher at a Title I school. It is Nancy's dream that all of her students will be prepared for college through a "rigorous academic curriculum and exposure to the wide range of universities available throughout the country," a goal that she has set out to tackle through the College Bound program. Each classroom in her school has chosen a different college to represent, and Nancy chose The Ohio

State University. She has provided her students with knowledge of our school, our traditions, and even taught them some of our cheers!

In an effort to contribute, we set up pen pals between Beta Nus and Nancy's students. We discuss our favorite aspects of college, from academics to how we love attending football games, as well as asking them questions about their favorite parts of school. In our first batch of letters, we wrote to them during football season and made buckeye necklaces for each of the students to wear. The students responded quickly with the

most adorable letters asking more about our lives. Many came complete with self-portraits or drawings of their home lives, which was eye opening—to see how they lead such different lifestyles.

## Reading Is Key

This year **BETA NU**; *Ohio State*, **RHO**; *Ohio Wesleyan*, **GAMMA OMEGA**; *Denison*, and the **COLUMBUS ALUMNAE ASSOCIATION** teamed up for a central Ohio Reading Is Key event that took place at the main branch of the Columbus Metropolitan Library in February. It consisted of a book reading and craft time. Each child received a new book. Every one of our chapter members volunteered at this event, which was an inspiring opportunity to volunteer with other local Kappas of all ages and help the community.

## Supporting our Foundation

This past spring, Beta Nu hosted its annual Kappa Dog Night and the Kappa Golf Classic. We hope to have many more new opportunities to involve ourselves in the community and work to advance the service aspect of our chapter. We continue to enjoy the efforts of the Kappa Kappa Gamma Foundation and are glad to make donations to the Kappa Foundation whenever possible to ensure it continues to provide for future women.



**BETA NU**, *Ohio State*, made an effort to focus on philanthropy this year with several new events and a contribution to the Kappa Foundation as well.

# Rising Leaders

In July 2010, **SHEILA WILSON**, *William and Mary*, beat out 448 other Army ROTC cadets in the Army Physical Fitness Test held as part of cadet training. The fitness test, which was held at Joint Base Lewis-McChord, in Washington, is part of the series of requirements a student needs to become commissioned as a US Army lieutenant. The test measures strength and endurance through a series of sit-ups, push-ups and a two-mile run. Sheila qualified in the top two percent of her peers. Recognized as a talented student and athlete among both students and faculty at William and Mary, Sheila traveled to the Army base last summer to attend the “Leader Development and Assessment Course.” She continues to prove her leadership qualities as an education major and proud member of Gamma Kappa Chapter at William and Mary.




**ELLE LOGAN**, *Stanford*, is a gold-medalist. At the 2008 Beijing Olympics, Elle won gold in women's rowing. In 2010, she won a gold medal at Rowing World Championships in New Zealand as a member of the U.S. national eight team. Upon graduating from Stanford this spring, Elle returns to Princeton, the U.S. Rowing National Training Center, to begin training for the 2012 summer Olympics in London. Elle's coach, Tasmin Farooq, says, “Elle is one of the younger women in the boat, but she's battle-tough and really blossoming into a top-notch elite rower.”

Elle Logan, fourth from left, celebrates a gold-medal win with her rowing team.


**KATIE DAVIS** and **GABBY BLADDICK**, *Valparaiso*, are two members of a five-person team that won a national collegiate marketing contest by SAP, the world's largest business software company. The Valparaiso team's marketing plan was selected as the most innovative in the final round of the SAP Marketing Innovators 2010 Competition in November. More than 100 teams entered the contest. Finalists received a paid trip to the SAP Headquarters in Philadelphia, Pa., and the opportunity to pitch their marketing plan and meet with SAP executives. Both women are public relations majors at Valparaiso. They entered the contest as a challenging complement to routine homework, papers, and exams, and they each came out as the recipient of a \$3,000 scholarship. 🗝️







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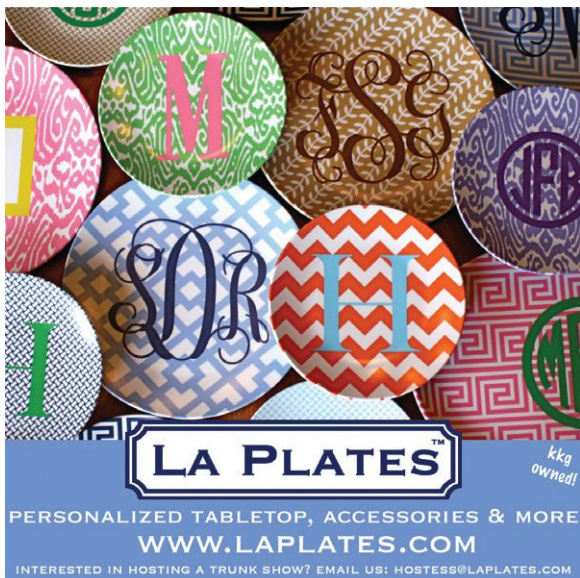
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