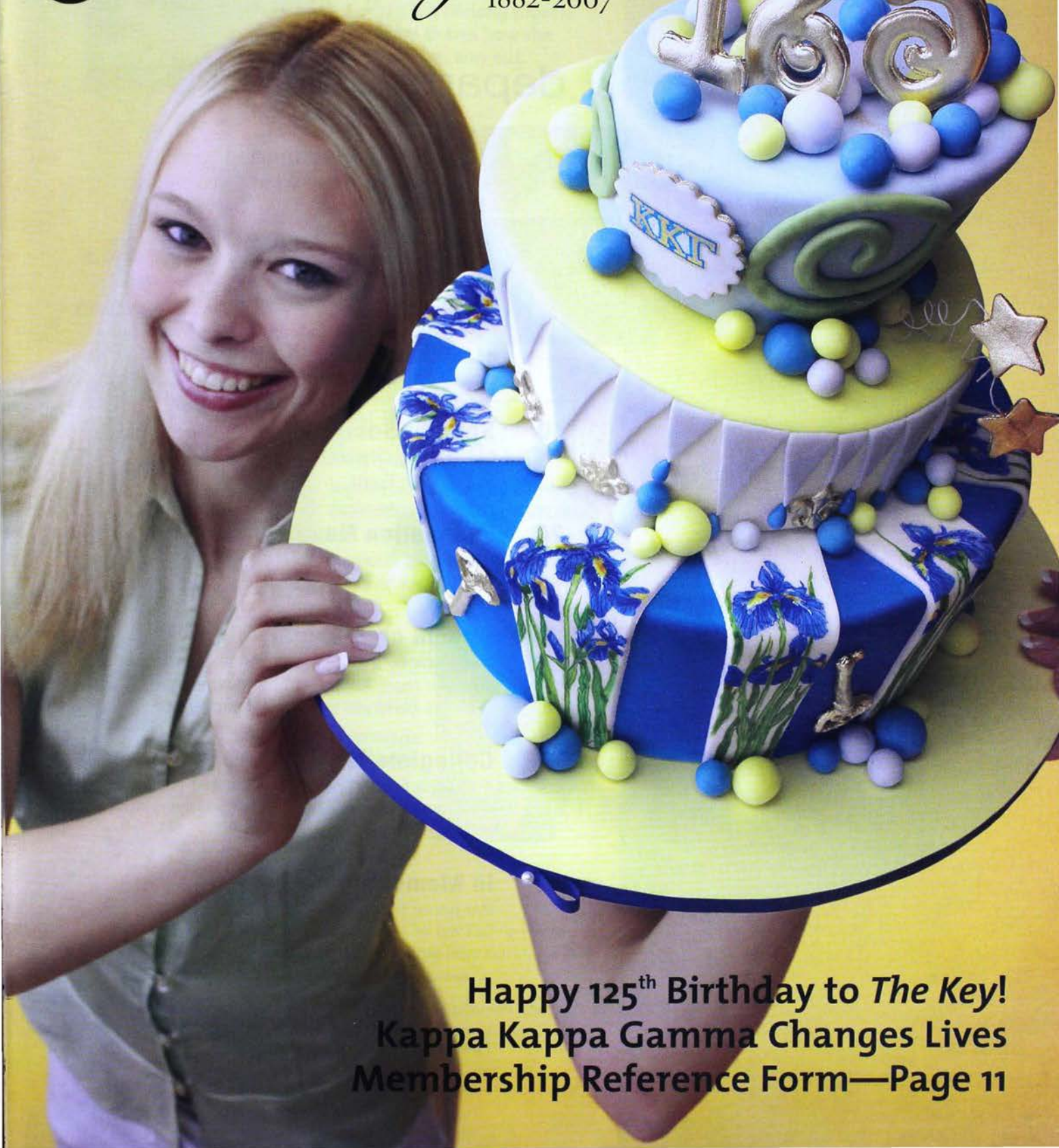


VOLUME 124, No. 2  
SUMMER 2007

# The Key 125 Years

A KAPPA KAPPA GAMMA PUBLICATION  
1882-2007



Happy 125<sup>th</sup> Birthday to *The Key*!  
Kappa Kappa Gamma Changes Lives  
Membership Reference Form—Page 11



VOLUME 124, No. 2  
SUMMER 2007

*The Key* is the first college women's fraternity magazine, published continuously since 1882.

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Printed by **The Watkins Printing Company**,  
Columbus, Ohio

*The Key* (ISSN 1063-4665) is published quarterly by Kappa Kappa Gamma Fraternity, 530 E. Town St., Columbus, OH 43215. Printed in the United States of America, copyright Kappa Kappa Gamma Fraternity 2007. Subscription price is \$3.

Preferred periodical postage paid  
at Columbus, Ohio

POSTMASTER:

Send address changes to:

The Key

P.O. Box 38

Columbus, OH 43216-0038

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College Fraternity  
Editors Association



National Panhellenic  
Editors Conference

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## **On the Cover**

125th anniversary cake by Jan Kish/la petite fleur,  
Columbus, Ohio. For more information, visit  
[www.jankishlapetitefleur.com](http://www.jankishlapetitefleur.com).

Photography by George C. Anderson Photography, Inc.,  
Columbus, Ohio. For more information, visit  
[www.georgecanderson.com](http://www.georgecanderson.com).

*The Key* of Kappa Kappa  
Gamma links each member  
with the Fraternity. The  
mission of *The Key* is:

- To inform, inspire  
and challenge
- To promote leadership,  
scholarship and friendship
- To sustain and nurture  
loyalty and interest
- To recognize the  
accomplishments of  
individuals, groups, the  
Fraternity and its Foundation
- To provide a forum for  
an exchange of information  
and opinion
- To be a permanent record.

## **Fraternity Headquarters Contact Information**

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Send information and  
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the Editor at the address  
above or via e-mail to:  
[kstyers@kkg.org](mailto:kstyers@kkg.org).

## **Submission Deadlines**

Spring—November 1  
Summer—February 1  
Fall—May 1  
Winter—August 1

## **Rose McGill Magazine Agency**

(800) KKG-ROSE  
(800) 554-7673  
[www.kkg.org/rose](http://www.kkg.org/rose)

# Tomorrow's Vision

Ahhh, summer ... my favorite time of the year. As an educator, it is the one time when everything slows down and I am able to contemplate what has been accomplished and how to build on that for the next year.

During the past year, you have had the opportunity to contribute your thoughts—via *The Key*, during the 2006 General Convention and at our most recent Province Meetings—on what Kappa Kappa Gamma has accomplished and should accomplish in the future. This collaborative effort has helped to build a strong framework for the 2007-2012 Strategic Plan, which will allow our Fraternity to continue to lead into the future. Below is an outline, based on feedback from Kappas around the world, of what we hope to accomplish in the coming years.

### **Kappa Kappa Gamma will be relevant to today's and tomorrow's women.**

Many members spoke about the importance of keeping Kappa relevant today and in the future. The key elements underlying this goal will address the changing demographics of our chapters and alumnae associations by working to:

- Determine how the Fraternity can best meet the individual and collective needs of our membership.
- Re-examine our infrastructure to provide the opportunity for our volunteers to "be Kappas," not just do Kappa.
  - ▶ Design volunteer positions to be more relevant and efficient.
  - ▶ Teach our volunteers portable life skills beyond the skills required to do their Kappa jobs.
  - ▶ Enhance our networking capabilities.
- Value the changing demographics of our chapters and associations.
  - ▶ Foster greater inclusion and diversity in our chapters and associations.
  - ▶ Identify ways to attract nontraditional students and alumnae.
  - ▶ Help our associations prepare to meet the needs of tomorrow's alumna women.

- ▶ Ensure that our college women recognize the Kappa experience as an opportunity for lifelong personal growth and connectivity.
- ▶ Share with our alumnae association officers how they can incorporate Kappa into the daily lives of their members and connect to issues of the day.

### **Kappa Kappa Gamma will champion active participation in the larger world.**

We hope to instill a culture of giving by developing members who are committed to helping others as well as identifying opportunities for participation in our Foundation and the larger world. We believe that we become better citizens through our association with Kappa. It is important for our organization to develop a communication strategy that recognizes members who share their good works and talents with other Kappas as well as the outside world.

- Instill in our membership a culture of giving.
  - ▶ Support giving through time, talent and treasure.
  - ▶ Continue to seek and develop those committed to helping others.
  - ▶ Educate members about the importance of the Kappa Kappa Gamma Foundation—sisters helping sisters.
- Develop an awareness that fosters giving.
  - ▶ Ensure that members recognize philanthropy and community service efforts in chapters, alumnae associations and communities.
  - ▶ Identify Kappas who are involved in service to others; recognize their efforts and share this information with the larger world.
  - ▶ Inform higher education administrators, parents, media and others about Kappa Kappa Gamma's commitment to giving.

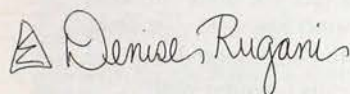
### **Kappa Kappa Gamma will be an innovator in the use of technology.**

The underlying goal is for our organization to create an infrastructure to support new technology and to be on the forefront of new ideas. Kappa Kappa Gamma will create a technology plan that will assess and incorporate our membership wants in technology, such as e-learning, online training and video conferencing.

- Broaden our use and understanding of technology to enhance the Kappa experience for our members.
- Develop and implement a technology plan.
  - ▶ Assess what our members want to see in technology.
  - ▶ Outsource technology solutions as appropriate.
  - ▶ Create an infrastructure to support the new technology, including using the skills of our members to execute technological solutions.
- Utilize technology to train our volunteers and Foundation/Headquarters staff.
- Continue to strive to keep abreast of new technology.

In order to accomplish these goals, we must go about our lives exemplifying the highest character and continue to be courageous women who lead with integrity, cultivate social responsibility, support one another and celebrate our diversity of backgrounds and interests. The Fraternity Council is committed to having the 2007-2012 Strategic Plan completed by the August 2007 Council Meeting with a final copy in a future issue of *The Key*. Please contact me or BETH SHARP, *Penn State*, Long-Range Planning Chairman, at [bsharp@aerosoles.com](mailto:bsharp@aerosoles.com) if you have any comments or suggestions. We look forward to continuing our partnership with all of you.

Loyally,



DENISE RUGANI, *UC Davis*  
Fraternity President  
[drugani@earthlink.net](mailto:drugani@earthlink.net)



Fraternity President DENISE RUGANI enjoys a moment with her sisters, who are also Kappas. Pictured are: LYNN RUGANI REILEY, *UC Davis*, DENISE RUGANI, *UC Davis* and ANNE RUGANI HALL, *UC Davis*.

## fraternity news

### Association and Chapter Anniversaries

*Congratulations to alumnae associations and chapters celebrating installation anniversaries from August to December 2007. To send greetings, association and chapter contact information is available at [www.kappa.org](http://www.kappa.org) under the "Directories" tab.*

Longview, N.Y.	08/30/1957	50 years
Big Bend, Texas	09/16/1957	50 years
Southern Nevada, Nev.	09/23/1957	50 years
North Sound, Wash.	09/26/2002	5 years
Laramie, Wyo.	09/28/1927	80 years
Buffalo, N.Y.	10/01/1907	100 years
Indianapolis, Ind.	10/02/1897	110 years
The Palm Beaches, Fla.	10/02/1997	10 years
Seattle, Wash.	10/22/1917	90 years
Eta Gamma, San Diego	10/24/1997	10 years
Delta Zeta, Colorado College	11/04/1932	75 years
Houston Northwest, Texas	11/05/1982	25 years
Delta Eta, Utah	11/11/1932	75 years
Zeta Iota, Villanova	11/13/1982	25 years
Colorado Springs, Colo.	11/14/1932	75 years
North Jersey Shore, N.J.	11/22/1957	50 years
Eta Eta, Central Florida	11/23/2002	5 years
Delta Mu, Connecticut	12/04/1942	65 years
Delta Nu, Massachusetts	12/12/1942	65 years
Ardmore, Okla.	12/20/1927	80 years
Phoenix, Ariz.	12/28/1927	80 years



## Virginia Tech Massacre Claims Life of a Gifted Young Kappa

Upon hearing about the killing spree on the Virginia Tech campus on April 16, 2007, the leaders of ZETA MU, *Virginia Tech*, sprang into action. Within an hour and a half, the chapter members knew a sister was missing.

The chapter President and other members contacted the more than 100 chapter members. A phone-tree system was used to contact all members, but cellular phone lines were overloaded, so the chapter also used the university's listserv to reach everyone. Only one member was not reached—sophomore student CAITLIN HAMMAREN, *Virginia Tech*. The chapter's Corresponding Secretary, KATHLEEN JOHNSON, says the response from members was "instantaneous, except from Caitlin."

Kappas who knew Caitlin's schedule confirmed that she had a morning class in Norris Hall, the site of multiple shootings. Chapter members drove to Montgomery Regional Hospital but did not find her there. Members gathered at the chapter facility and waited for news. Around 11 p.m., the chapter learned that Caitlin had been identified as a victim.

A French and international studies major, Caitlin served as a campus resident assistant. She was a talented violinist with a bright future and she was

dearly loved by her Kappa sisters and peers. Virginia Tech students interviewed on *The Today Show* expressed that Caitlin represented the university and Kappa Kappa Gamma well.

LIZ MCCLENDON, *Virginia Tech*, says Caitlin was an Audrey Hepburn fan and look-alike. An only child, Caitlin enjoyed her horse, named Poet. With a warm smile, "Caitlin had perfected the 'first impression.' She had a sophistication and uniqueness that I had never encountered before and I was drawn to her from that one moment. I met many of the people who would just drop by to see her at any time of the day or night," Liz recalls.

Faced with a tragedy on their campus, with personal ties on many levels, Zeta Mu members are not alone in dealing with this crisis. Advisers and Fraternity Officers at the Province, Regional and Council level are providing support. EILEEN MARIN, *Central Florida*, is the Greek Advisor at Virginia Tech. Eileen is an amazing source of support for the chapter, says Kathleen. "She was there for us the whole day, and came over the minute we heard about Caitlin. She arranged for two counselors to come to our house Monday night to be available for anyone who needed to talk." The chapter held

an emergency meeting to console one another and to make chapter members aware of the support available on campus and within Kappa.

Countless e-mail messages and letters from alumnae express the sadness of heavy hearts. ANN GRAHAM SCHNAEDTER, *Missouri*, Alumna News Editor of *The Key*, serves as an adviser to nearby GAMMA KAPPA, *William and Mary*. Ann says this incident has had a profound impact locally. She says, "Many of us know someone there [Virginia Tech]. I have offered to help members of Gamma Kappa Chapter if they are having a rough time since many of them have friends at Virginia Tech. It has hit close to home."

GINGER MILLER AMBLER, *William and Mary*, is Assistant Vice President of Student Affairs at William and Mary. She writes, "Many of us at William and Mary have close friends and some have relatives at Virginia Tech. On our campus, as on most campuses across the country, we are reviewing our own crisis response plans in light of what transpired. What a tragic week this has been—for the Virginia Tech family, for all of higher education, and for our nation."

Caitlin's friendly, nurturing personality will be greatly missed by Kappa Kappa Gamma, her family and Virginia Tech.

### In Lieu of Gifts

ZETA MU CHAPTER suggests donations to foundations near and dear to their hearts:

The Kappa Kappa Gamma Foundation in the name of Caitlin Hammaren. Please see Page 27 in this issue for additional information about the Caitlin Hammaren Memorial Fund. Online donations can be made at [www.kappa.org/donation](http://www.kappa.org/donation).

The Virginia Tech Foundation and specifically the "Hokie Spirit Memorial Fund" in the name of Caitlin Hammaren. For more information, visit [www.vt.edu/tragedy/memorial\\_fund.php](http://www.vt.edu/tragedy/memorial_fund.php).



CAITLIN HAMMAREN, *Virginia Tech*

## Letter to the Editor

*Alumnae and collegians sent hundreds of e-mails, letters, calls and notes of condolence in reaction to the Virginia Tech tragedy. Below is just one sample of the heartfelt outreach our membership has offered.*

### Tragedy Hits Home

Watching the Virginia Tech tragedy unfold in news reports, I was saddened by the details of the horrible news. Parents and friends spoke with such grace about loved ones murdered, injured or unaccounted for. They spoke with poise and clarity for loved ones who were unable to speak for themselves.

I was particularly touched by an interview of three classmates on *The Today Show*. All were mutual friends of a young student, fatally shot the morning before. The friend, CAITLIN HAMMAREN, *Virginia Tech*, had met each classmate under different times and circumstances, yet she profoundly touched each one in a unique way. She was an inspiration to one, a leader to another, a sorority sister to the third and a fun, positive and happy person to all. When I heard she was a member of Kappa Kappa Gamma, my already heavy heart sank even further. Now, it hit home.

I just turned 50 and my college days seem a thousand years ago. In my life after college I have made many friends. Strangely, on more than one occasion, I have befriended someone of like values and interests only to find out my new friend is a Kappa. My Kappa friends surround me every day. It's been more than 25 years since college and I still hold Kappa in the softest part of my heart. There is a connection that is always there.

Upon hearing the tragedy of Caitlin's death, I thought back to the Kappa house at Ohio State in 1975. How would we have stood the news? How would we have gone on after the devastation of losing more than 30 fellow college students? We would have, just as your chapter will, just as Virginia Tech will. The friendships you have made will follow you forever. In the peace of that knowledge find also joy that as long as Caitlin is remembered by any of you, a part of her will live forever. Hold tight to each other and feel her presence.

Loyally,

*Susan Pennell Bringardner*

SUSAN PENNELL BRINGARDNER, *Ohio State*

# New Orleans Reconnects After the Storm

—By **SUSANNE WOLFF VANDER HEYDEN**, *Washington State*  
Kappa Kappa Gamma Regional Director of Alumnae, Region 3

After a storm, an act of nature or a catastrophic event, people gather themselves and assess their needs. Initially an individual works within the confines that Abraham Maslow identified in his hierarchy of needs. Maslow's theory places emphasis on meeting basic needs before progressing to higher levels. The primary level is food, shelter, safety. This is what all survivors of Hurricane Katrina were forced to address: food, shelter, safety.

Kappa Kappa Gamma, along with hundreds of other organizations, was part of the support that provided such basic necessities. When Tulane University was closed for a semester, students attended other universities. If the university had a Kappa chapter, Tulane Kappas were welcomed with a bed, meals, a closet for their clothes, and were included in chapter activities. The Fraternity also made emergency grants available to actives and alumnae and helped 29 women affected by Katrina.

Once basic needs are met, an individual moves up Maslow's hierarchy of needs to levels that include self-esteem, confidence and achievement. This is where Kappa once again entered the city of New Orleans. After the initial aid was given, the Fraternity asked again, how can Kappa assist? The response came from a small, loyal group of BETA OMICRON, *Tulane*, advisers. Their request: We need more advisers, we need to make connections with other Kappas in the area and we need a functioning alumnae association.

AIMEE RHODES, *Tulane*, Chapter Council Adviser, writes:

*"So much had happened the year after Katrina. People had lost homes and moved from place to place. This was a perfect chance to get updated information and start fresh with the alumnae association. I began by contacting Headquarters for galleys that contained names of 855 Kappas with New Orleans area addresses. With the help of*

*ELAINE PERETT HANNER, Tulsa, Xi West PDA, I mailed out flyers with the simple request of letting Kappa know where you are and if there is interest in getting involved. In the first few weeks many were returned with bad addresses, but many Kappas responded. With these responses came a renewed interest in getting involved with Kappa, both with the alumnae association and with the Advisory Board at Tulane."*

At the same time, KATHERINE GAGE, *Tulane*, another Katrina survivor, contacted Fraternity Headquarters. Her interest was to recognize 50- and 75-year New Orleans Kappas at a formal luncheon in a manner appropriate for such honors. She asked for assistance in ordering 50- and 75-year pins.

It was a rather unusual request since there had not been an active alumnae association in New Orleans in years, and yet local Kappas felt the need to bestow upon their own this special honor. MELISSE CAMPBELL, *Mississippi*, Xi East PDA and a resident of Baton Rouge, assisted Katherine.



KATHERINE GAGE, *Tulane*, and her mother JANE PHARR GAGE, *Tulane*

Photographs courtesy of Melisse Campbell.

The results of the mailing were spectacular. Aimée Rhodes and the Beta Omicron advisers held a wonderful event, recruited seven new members to the Advisory Board and reorganized the NEW ORLEANS ALUMNAE ASSOCIATION. They elected officers, celebrated Founders Day, planned for an upcoming holiday party, formed a night-owl group, arranged for a newsletter and discussed how to get involved with Kappa's official philanthropy, Reading Is Fundamental.

Just a few days later, Katherine Gage hosted a beautiful luncheon and pinning ceremony at a continuing care facility, graciously honoring 13 50- and 75-year Kappas. Attendees joined the newly reorganized alumnae association and inquired how they might be able to support the local chapter. After the initial mailing and two events the association grew from zero to 80 new members!

Why did this reorganization work? The types of gatherings and invitations were driven by the local Kappas who were keenly aware of the nuances of the city, its strengths and limitations. Katherine felt that women of the 50-year status and higher deserved to be recognized in a time-honored, traditional manner. Aimée Rhodes credits the message in her invitation. "Many things happened this past year and Kappa wants to hear from you." It emphasized "let's get connected" and asked for contact information for any "lost" Kappas.

Today, the New Orleans Alumnae Association is alive and well with 118 dues-paying members.

They are planning gatherings that will attract all age groups and are aware of how important they are to each other and the challenges they face in their community.

The people of New Orleans are working diligently to rebuild their beloved city. Collegians are continuing their education at Tulane; women have returned to work; the restaurants of New Orleans have reopened; music is playing in the jazz halls; the streetcar lines are being reconstructed and updated; devastated homes are being rebuilt and the bonds and strong ties of sisterhood that once held these women so tightly together in their individual lives have reemerged in their "new lives" as Kappas, following the ravages of the storms.

If you wish to be a part of the New Orleans Alumnae Association, contact Aimée Rhodes at [rhodesaimée@gmail.com](mailto:rhodesaimée@gmail.com).

*\*Abraham Maslow, 1943 paper—"A Theory of Human Motivation," Wikipedia.*



BETA OMICRON, Tulane, President CAROLINE NABORS pins JANET BOISFONTAINE RENAUDIN, Tulane, with a 50-year pin.



Five 50-year Kappas: ANN TERRELL WOLFE, Tulane; BARBARA ECHOLS RACKLEY, Washington Univ.; ANN MAHORNER, Tulane; JANET BOISFONTAINE RENAUDIN, Tulane; and BARBARA HAMMOND CAIN, Tulane, receive their pins.



JENNIFER KITNER, Emory; AIMÉE RHODES, Tulane; and SARA JOHNSON, Illinois Wesleyan, are young alumnae from different chapters who have come together in the spirit of the revived NEW ORLEANS ALUMNAE ASSOCIATION.



**BIG SKY (MONT.) ALUMNAE ASSOCIATION** gathers for a charter meeting.

## New Associations Chartered

Congratulations to the newly chartered **BIG SKY** and **RAPPAHANNOCK ALUMNAE ASSOCIATIONS**. For more information, contacts are listed below.

### Big Sky

(Bozeman, Mont. and surrounding areas)

#### Contact:

**ROBIN MACNAB CHOATE**, *Montana*  
3300 Graf St. Unit 54  
Bozeman, MT 59715-7177  
(406) 624-6207  
robinchoate@bresnan.net

### Rappahannock

(City of Fredricksburg and the following Virginia counties: Prince William, Stafford, King George, Spotsylvania and Carolina.)

#### Contact:

**MOLLY AMMAN**, *Iowa*  
54 Melanie Hollow Lane  
Fredricksburg, VA 22407-2870  
(540) 446-0730  
amman@abanet.org

## Navigating Kappa Reunions

A few chapters have posted upcoming reunions on the Fraternity Web site. The listing of reunions can be found on [www.kappa.org](http://www.kappa.org) under the "Stages of Membership/Alumnae" tab. From the Alumnae page, under News, select "more," and then navigate to "Upcoming Kappa Reunions." This information is for members only. First-time users of [www.kappa.org](http://www.kappa.org) are required to register on the Web site with your member number, which can be found on *The Key* mailing label.



**DELTA SIGMA, Oklahoma State**, members of 1968 and 1969 pledge classes gather in Oklahoma City. Members enjoyed seeing the 55-foot-tall Chihuly glass tower at the Oklahoma City Museum of Art.

# Connect with Kappas Around the World!



Kappa Kappa Gamma now offers an online network, which is a new and improved way for you to tap into the vast network of Kappa sisters through the expanded Kappa Connections program.

Not to be confused with the Fraternity database, which members may continue to use for contacting Kappas in specific locations and/or career fields for mentoring purposes or relocation assistance, Kappa Connections is an online network that includes the ability to send e-mail messages directly to members of the new "Kappa Connections" online network. You'll get immediate value when you join the Kappa Connections online network because it is already loaded with helpful content, including mp3 files you can download and listen to at your convenience (or play online) to learn networking and career-management skills, plus you'll find lots of other helpful tools and links.

Come for the content—stay for the community! Simply visit [www.kappaconnections.com](http://www.kappaconnections.com) and you'll be auto-forwarded to the "Yahoo Group," which hosts the site. The value of the network grows as more Kappas join, so tell a Kappa friend! If you don't already have a free Yahoo.com account, registering is quick and easy.

While we hope you will make connections that enhance your career and other endeavors, please keep in mind that this network is not to be used to advertise or promote businesses, organizations or political/religious views. Do feel free to include pertinent details about your career or special interests in your e-mail signature so network members will be able to identify with you.

Please contact DIANE BASSETT, *UC Santa Barbara*, the Kappa Connections moderator, at [diane@dianebassett.com](mailto:diane@dianebassett.com) if you have any questions. Don't wait—get connected today!

**EDITOR'S NOTE:** *The Fraternity membership database, maintained by Fraternity Headquarters, is not connected to the Kappa Connections online network. All Fraternity business, such as address updates, should be performed by using [www.kappa.org](http://www.kappa.org), or by calling (866) KKG-1870.*



EMILY WOOD, *Arkansas*, Catherine Schroeder Graf Museum Intern

## Kappa's Museum Intern Researches Women's History

EMILY WOOD, *Arkansas*, was selected as the 2007 Catherine Schroeder Graf Museum Intern. A history and European studies major, Emily is in the honors college and will receive a bachelor of arts in May 2009. As a member of GAMMA NU CHAPTER, Emily serves on Chapter Council as the Registrar. Additionally, she is a member of the Arkansas Booster Club, serves as an Honors College Ambassador and is a member of Gamma Beta Phi, an academic honorary for undergraduates.

Emily began her internship on May 14, 2007, and works closely with KYLIE TOWERS, *Simpson*, Archivist/Curator. Kylie and Emily traveled to The Stewart House in Monmouth, Ill., to assist with the care and interpretation of Kappa's founding home. Throughout the summer, Emily will conduct research on Kappa Kappa Gamma and women's history to aid the Museums Committee in further interpreting Kappa's role in the women's movement.

## Recruitment—A Partnership for Success

*Membership recruitment is the shared responsibility of alumna and collegiate members. It is the alumnae's responsibility to recommend qualified women for membership and it is the chapter's responsibility to select a new member class.*

### Membership Reference Form

The Membership Reference Form found on Page 11 is reprinted for your convenience from the spring issue of *The Key*. For additional information and the membership recruitment directory, please refer to your spring 2007 issue. Contact information for sending references can also be found on [www.kappa.org](http://www.kappa.org) under the "Directories" tab.

### Recruitment Dates

Membership Reference Forms and letters of reference should be sent to the chapter 10 days prior to Membership Recruitment. Recruitment dates are available online at [www.kappa.org](http://www.kappa.org). These dates are subject to change. It is best to contact the Association Reference Chairman, college/university or the chapter if you want the exact dates.

### Legacy Policies

The membership growth of Kappa is enriched by the many Kappa legacies who join our chapters every year. Kappa's 137 years have resulted in an outstanding growth of legacies—sometimes more than space allows in a chapter. To ensure a positive recruitment experience,

please familiarize yourself with the Fraternity's legacy policy. Kappa Kappa Gamma's *Fraternity Policies* state:

**Legacies.** A legacy is a sister, daughter, granddaughter or great-granddaughter of an initiated Kappa. Because of those built-in loyalties to the Fraternity, legacies shall be given careful and thoughtful consideration by the chapter.

1. Every chapter shall establish a legacy rule.
2. Legacies shall be voted upon at a time determined by the individual chapter and after the members have had an opportunity to meet the legacy.
3. If a legacy is invited to the preference round, her name must be included on the bid list, above the quota break.
4. If a legacy's reference has been received at least 10 days prior to the first day of formal Recruitment, acknowledgement shall be sent to the legacy's closest Kappa relative (mother, sister, grandmother, great-grandmother).
5. To protect a legacy's privacy, chapters are not expected to notify a legacy's closest Kappa relative if the legacy is not invited to a recruitment event or extended a bid.

To let the chapter know that a legacy will be participating in recruitment, send the Legacy Notification Form and a Membership Reference Form.

### Legacy Notification Form

To assist our chapters in identifying Kappa legacies, please complete this form and send it to the chapter address listed in the membership directory in the spring issue or at [www.kappa.org](http://www.kappa.org).

*Please note: This notification does not replace a Membership Reference Form or letter of reference.*

This is to advise you that my ☐ daughter ☐ sister ☐ granddaughter ☐ great-granddaughter will be attending \_\_\_\_\_ this year.  
College or University

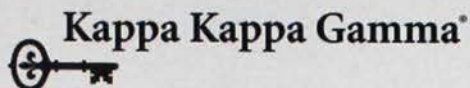
#### Member Information

First Name	Maiden	Last Name
Street Address		
City	State/Province	Postal Code
Chapter	Initiation Date	
Telephone	E-mail	

#### Legacy Information

First Name	Middle	Last Name
Street Address		
City	State/Province	Postal Code
High School Attended		
Academic Class Entering		

# membership recruitment



## MEMBERSHIP REFERENCE FORM

(To be used by members of Kappa Kappa Gamma only)

ATTACH  
PHOTO  
(OPTIONAL)

Name of Potential Member \_\_\_\_\_ Attending \_\_\_\_\_  
(Last) (First) (Nickname) (College/University)

Home Address \_\_\_\_\_  
(Street Address) (City) (State) (Zip Code)

Home Phone Number ( ) Home E-mail Address \_\_\_\_\_

Name of Parent(s) or Guardian(s) \_\_\_\_\_

High School \_\_\_\_\_  
(Name) (City) (State) (Zip Code)

Class Size \_\_\_\_\_ Rank \_\_\_\_\_ GPA \_\_\_\_\_ SAT/ACT (if known) \_\_\_\_\_ Year Graduated \_\_\_\_\_

School(s) attended after high school, if any \_\_\_\_\_  
(Name) (City) (State) (Zip Code)

GPA \_\_\_\_\_ Number of Terms Completed \_\_\_\_\_ Class: Fr. ☐ So. ☐ Jr. ☐ Sr. ☐

*Fraternity Bylaws' academic requirements are as follows: A woman student matriculated in any college or university having a chapter of Kappa Kappa Gamma may be elected to membership in this Fraternity provided that she has demonstrated academic interest and has attained at least a "B" average or its equivalent under any other grading system from high school or at least a "C+" average or its equivalent under any other grading system for the previous completed term as a full-time student at a college or university. In extraordinary cases, the chapter may petition the Director of Membership for an exception.*

**Kappa Kappa Gamma Legacy:** ☐ Sister ☐ Mother ☐ Grandmother ☐ Great-grandmother

Name \_\_\_\_\_  
(Last) (First) (Nickname) (College/University Attended)

Address \_\_\_\_\_  
(Street Address) (City) (State) (Zip Code)

Phone Number ( ) E-mail Address \_\_\_\_\_

Other NPC Affiliations \_\_\_\_\_

### Please check one of the following:

- ☐ Close KKG connection (i.e. aunt, cousin, stepmother, stepsister, other) \_\_\_\_\_ years
- ☐ Personally known the potential member for \_\_\_\_\_ years
- ☐ Personally known the potential member's family for \_\_\_\_\_ years
- ☐ Do not personally know potential member; information from \_\_\_\_\_

**I hereby endorse this potential member for membership in Kappa Kappa Gamma.**

(Signature) \_\_\_\_\_ (Print First Maiden Last Name) \_\_\_\_\_ (Date) \_\_\_\_\_

(Street Address) \_\_\_\_\_ (City) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip Code) \_\_\_\_\_

Phone Number \_\_\_\_\_ Chapter \_\_\_\_\_ Initiation Date \_\_\_\_\_

E-mail: \_\_\_\_\_

Attach school, athletic, community and leadership activities and honors. Comment on special interests, talents and work experiences.

☐ **PLEASE SEND AN ACKNOWLEDGEMENT THAT MY REFERENCE HAS BEEN RECEIVED IN THE SELF-ADDRESSED, STAMPED ENVELOPE I HAVE INCLUDED WITH MY REFERENCE FORM.**




# Battling an Eating Disorder

**I am who I am. You are who you are. It is what it is.**

— By **MICHELE BENNETT**, *Fresno State*

*At age 34, I was an experienced healthcare worker with an advanced degree. I drove a nice car, lived near the beach and had an active social life—I looked like I had it all together. But on the inside, I was dying—literally starving myself in order to deal with my emotions and the anxiety that results from trying to be perfect.*



As the result of a troubled childhood, I began showing signs of anorexia nervosa as early as age 10. (Anorexia is a serious disorder characterized by an aversion to food, an abnormal fear of becoming obese, and severe weight loss.) I was able to conceal my illness, and my obsessive behaviors took root as I entered my teens. My need to control food became a daily coping mechanism throughout my teens and early 20s. It was also during these years that I began to believe that being “thin and pretty” would make me feel accepted, and this need for acceptance became a secondary driving force to control my food intake.

*“It became nearly impossible for me to work or maintain relationships.”*

### **A Dangerous Secret**

I enrolled at Fresno State University and pledged Kappa Kappa Gamma in 1989, later serving as DELTA OMEGA CHAPTER’S Membership Chairman and President. Finding it difficult to socialize due to my need to control what I ate and drank, I temporarily began using bulimia (a disorder characterized by purging, or using laxatives after meals) and exercising compulsively to maintain a low weight. This was the first time it even occurred to me that I had an eating disorder, and I worked hard to keep it a secret. Although several Kappa sisters gently spoke to me on different occasions about their concerns, it fell on deaf ears. I wasn’t ready or willing to listen.

After graduating in 1993, I headed to graduate school at the University of San Francisco where I earned a master’s in genetic counseling, all the while suffering from anorexia. I then took a job at the Royal Melbourne Women’s Hospital in Melbourne, Australia, where I worked in cancer genetics. Secretly I was falling apart, but still I tried to maintain a “perfect” image.

After two years, I moved back to the United States and got married. My illness continued to progress while I worked at a large hospital system in San Diego. Anorexia dominated my life, contributing to the failure of my marriage. I divorced

my husband after five years of marriage, and my weight plummeted while I continued to make poor decisions. I entered a new relationship, which soon became physically and emotionally abusive.

It became nearly impossible for me to work or maintain relationships. I was down to eating only six types of food in miniscule portions. It was impossible for me to go out to eat with family or friends. I lived this way for several years, counting every bite of food, until my 5-foot, 5-inch-frame had shrunk from a healthy 125 pounds to a skeletal 89 pounds by early 2004.

### **A Second Chance**

My world was crumbling. I realized my most intimate relationship was with my eating disorder. No wonder I was overwhelmed with my emotions. I lacked a central skill—how to develop and maintain loving, honest relationships. I could no longer deal with the pressure of trying to keep up the facade. My body was eating itself, and I was near cardiac arrest when I took the money I had in savings and voluntarily entered an in-patient treatment center.

As I began treatment for malnutrition, I thought I had discovered a lump in my breast. I was surprised when the hospital staff told me it was just a rib bone. My body was not responding to the



Happy and healthy with Francis at Wind 'n Sea Beach in La Jolla, Calif.

food and nutrients and began shutting down; my family was asked to come to the hospital. By the grace of God, I began responding overnight to the love and care of my hospital-mates and concerned therapists and doctors. I had been given a second chance at life, and I started my long physical, emotional and psychological journey back to health.

## Life on the Outside

Once I had learned how to cope with life without using food as a crutch, I discovered that living outside the treatment center was more challenging than I had anticipated. I began discussing with Gianna Muir-Robinson, a friend I met during treatment, how we needed constant support during our path to recovery. We both had suffered from anorexia for most of our lives. We both were self-paying patients, and we were unable to continue the costly in-patient treatment. So, we decided to create our own peer-led treatment program. Gianna moved in to my Del Mar home, and the "It Is What It Is Foundation" was born. ([www.iiwiionline.org](http://www.iiwiionline.org).)

Gianna's experience in scientific research is an asset to our foundation. She has designed, written and published National Institutes of Health-funded studies in developmental neurobiology, and she has volunteered as an

eating-disorder counselor and mentor. When our third co-founder, Natalie Bradley, joined our efforts in January 2006, we had a powerful team in place. Natalie, who battled bulimia and compulsive exercising for many years, plans to assist the foundation with expansion in Northern California.

Using what I have learned through my University of San Diego master's program in marriage and family therapy, combined with my experience counseling cancer patients, I have been able to connect with women from all walks of life who are suffering like I was.

Because recovering from an eating disorder can take years, we saw a need for a long-term, affordable solution. The "It Is What It Is Foundation Mentorship Program" was created as one solution. As a person whose monthly grocery bill was \$30, I needed to learn how to grocery shop and prepare actual meals. I needed to share my pain with a partner instead of trying to numb my pain through controlling what I ate. A mentor was and is the key to my recovery.

The foundation not only supports those suffering from anorexia, but it also provides peer support for anyone dealing with compulsive overeating, bulimia, chronic dieting, compulsive exercising—any affliction that uses food to cope with stress.

## A Brighter Future

Working to help others overcome eating disorders has helped me to maintain healthier habits. I am back to a healthy weight, and I exercise for fun several times per week. Since I had been such a creature of habit and routine due to my illness, I now look forward to spontaneity, especially in my exercise routines. Now the purpose for exercise is to relieve stress and get my blood pumping! I enjoy walking on the beach or swimming in the ocean, and I look forward to walking each morning with my dog, Francis.

Even three years into the recovery process, I still meet with a therapist once every other week, and I talk with other recovering women weekly. I still require a little structure when it comes to food, so I use a flexible, exchange-type plan that helps me choose the foods I like and want at each meal while getting the right nutritional mix. This approach allows me to enjoy food again. What I find most powerful in

working toward a full recovery is my faith and daily prayer and meditation each morning. This helps me start my day with positive thoughts and a peaceful state of mind, which allows me to better help others.

Our ultimate goal for It Is What It Is Foundation is to eradicate eating disorders through education and outreach, advocacy, fund raising and research. The initiatives we are working on include writing eating-disorder education curriculum to be incorporated into junior-high and high-school health classes, as well as increasing eating-disorder awareness through speaking engagements with community-based groups, colleges and universities.

We also work to provide insurance-advocacy services for improved coverage, create educational literature and seminars for healthcare providers, coordinate peer-led support groups, and partner with existing eating-disorder treatment providers. We hope to open a residential recovery home in San Diego.

In addition to working with It Is What It Is Foundation, I am active in a project that resettles villages in the country of Malawi in Africa. I have traveled to Malawi to help feed orphaned, HIV-positive children, conduct HIV/AIDS education programs in remote villages and teach English.



**MICHELE BENNETT**, *Fresno State*, second from right, before receiving treatment for an eating disorder.

It is through these interactions that I stay focused on what is truly important, remembering that life is a gift.

## Get Help Now

If you or someone you know is showing signs of an eating disorder, act now before it's too late. Have courage and trust your instincts. Contact the It Is What It Is Foundation today for help in taking the first step toward recovery. Because there are so many different resources available, taking the first step can be overwhelming. We can help you navigate the various resources to make sure you are connected with the appropriate organization and find a "real person" to talk to. We can work with you to develop a personalized "Eating-Disorder Needs Assessment Package."

Although a loved one suffering from an eating disorder may not appear to want help, don't give up. Try to remember that she is who she is for a reason, and the disease simply "is what it is." With unconditional love and support, recovery is possible one day at a time, one meal at a time, one bite at a time. 🗝️

## "It Is What It Is Foundation" Contact Information

**MICHELE BENNETT**, *Fresno State*,  
Program Director

453 13th Street, #421, San Deigo, CA 92101

[mbennett@iiwiionline.org](mailto:mbennett@iiwiionline.org)

[www.iiwiionline.org](http://www.iiwiionline.org)

(619) 518-3415

### Related Resources

[www.nationaleatingdisorders.org/](http://www.nationaleatingdisorders.org/)

[www.something-fishy.org/](http://www.something-fishy.org/)

[www.edreferral.com/](http://www.edreferral.com/)

[www.raderprograms.com](http://www.raderprograms.com)

[www.remudaranch.com](http://www.remudaranch.com)

[www.mirasol.net](http://www.mirasol.net)

[www.edauk.com/](http://www.edauk.com/)

# Midlife Women with Eating Disorders: A Weighty Issue

— By JOYCE SARAT WHITE, *Massachusetts*

## Are you 35 or older?

- Have you been on a diet most of your life only to be heavier than you would like to be?
- Do you dislike your body, your weight and the way you look?
- Do you eat to comfort yourself when you are stressed, sad, anxious or lonely?
- Do your life and your eating feel out of control?
- Do you eat in secret?
- Are you grieving the loss of a loved one or the loss of a dream for your life?
- Are you a perfectionist?
- Are your hormones fluctuating?

If you answered yes to most of these questions, you are not alone and you could be a midlife woman with an eating disorder. Eating disorders at midlife have been occurring with greater frequency, partly due to the aging of baby boomers, and often go unrecognized.

Although there is little research in this area, there is compelling information about the extent of dieting and body-image concerns, which are precursors to clinical eating disorders. The following statistics apply to adult women (Source: Waterhouse, 1997):

- ▶ 60% have engaged in pathogenic weight control
- ▶ 40% are restrained eaters
- ▶ 40% are overeaters
- ▶ 50% say their eating is devoid of pleasure and causes guilt
- ▶ 90% worry about their weight

Along with the body-image concerns, a sense of loss, isolation or stress can affect midlife women. Disordered eating patterns are complex conditions with multiple causes, including social, individual, familial and biological factors. Consequently, disordered eating can be interpreted not as mere problems with food and weight, but as a complex expression of how an individual sees herself in the world and a response to how she experiences that world. Women under 35 suffer from these complex issues too, so the following tips can be of help to women of any age.

## How to turn away from an eating disorder and begin to love your body:


- 1 Accept your body as it is. Be realistic and befriend it. Be gentle and compassionate.
- 2 Be “in the present” with your body. Grieve the figure of your youth. Stop “futurizing.”
- 3 Affirm your right to be whatever shape and size you naturally are. Begin noticing the beauty in a variety of body types. Buy and wear clothes that you love and that fit you.
- 4 Stop dieting and stop weighing yourself. Concentrate on eating mindfully and listen to your body: Is it hungry? Is it tired? What do I really need?
- 5 Choose healthy foods not because you have to, but because you cherish your body.
- 6 Enjoy being in your body. Do activities you like: dancing, yoga, tai chi, karate, swimming, walking, biking, etc.

7 Find creative outlets for your feelings around your body: write about them, paint, read the writing of others, share feelings with a safe person.

8 Pamper your body with soothing rituals.

9 Take time to breathe/to be quiet: reflect, pray, meditate, journal.

10 Most important—get support.

Healing and recovering from an eating disorder ultimately evolves from learning to trust yourself, your body and eventually, others. 



JOYCE SARAT WHITE, Massachusetts, MA, LPC, is a 1968 graduate of the University of Massachusetts, where she was a member of DELTA NU CHAPTER. Joyce has a private practice in Yarmouth, Maine, called Weighty Issues, through which she serves primarily women with some degree of disordered eating. She can be reached at (207) 846-9053 or [weightyissues@juno.com](mailto:weightyissues@juno.com).

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# Are You an Owl Out on a Limb?

## Continue the Kappa Experience...

*by enjoying the friendships and fun that come with participation in an alumnae association.*

Please provide the following information via e-mail to [kappaowls@kappa.org](mailto:kappaowls@kappa.org) or complete the form below  
and send it to CAROLINE POOLE CAMERON, *Florida State*. She will put you in touch with the alumnae association  
nearest you or with your Province Director of Alumnae.

**YES! I want to know more about Kappa Kappa Gamma alumnae association opportunities near me!**

Name: \_\_\_\_\_ Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_ / \_\_\_\_\_ Chapter/University: \_\_\_\_\_ Init. Date: \_\_\_\_ / \_\_\_\_

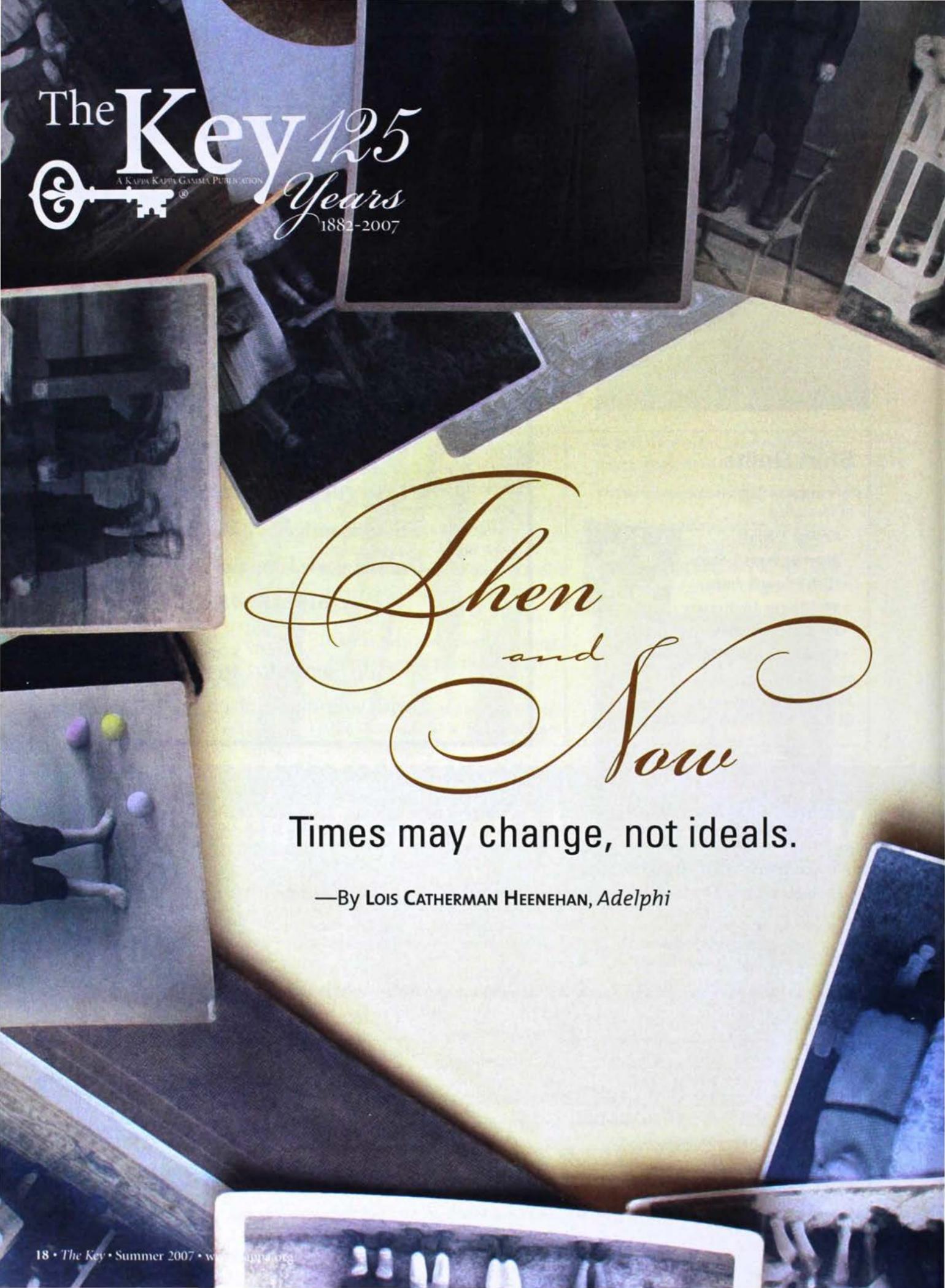
☐ New Address? ☐ New to Area? E-mail: \_\_\_\_\_

Last Address: \_\_\_\_\_

☐ I would like to work with a chapter in an advisory position.

Mail to: CAROLINE POOLE CAMERON, *Florida State*, 1612 Leaf Cove, Jonesboro, AR 72401 ([kappaowls@kkg.org](mailto:kappaowls@kkg.org))





The Key <sup>125</sup>  
Years  
1882-2007  
A KAPPA KAPPA GAMMA PUBLICATION

Then  
*and*  
Now

Times may change, not ideals.

—By LOIS CATHERMAN HEENEHAN, *Adelphi*

What's new pussycat? The times they are a changin'.  
You've come a long way, baby!

Have we really? What has changed since our Founders met on the bridge across that little stream on the Monmouth College campus 137 years ago? And, perhaps more important, what has remained the same?

Change is bound to happen and yet it can happen within the parameters of our beliefs, our foundations and our values. Dresses with long skirts and puffy sleeves morph into tank tops and shorts. Horse and buggy rides around town become intercontinental flights. Girls sitting behind screens in college classrooms evolve into women leading campus organizations. We have progress—and with it the need to examine who we are, where we come from and what will be our future.

The early mission of *The Key* was to be “a field for the literary labors and intellectual cultivation of the girls while current multigenerational issues are written by, about and for Kappas” as well as all their varied interests and activities, to quote *History 2000, Kappa Kappa Gamma Through the Years*.

Life has changed, perhaps more so for women than any other group. In 1907 an article in *The Key* told of the Martha Washington Hotel in New York City. It was for women only and was staffed only by women, even including the “bellgirls” in order to “give nervous women peace of mind and sounder sleep knowing that a strange man was not in the next room.” Today’s collegian and alumna travels worldwide with a backpack, perhaps staying at a hostel.

The year 1909 told of a discussion of coed education ... would it rob the American girl of her femininity and refinement? In 1994 an issue theme was “Women in Power/Power in Women.” One husband wrote to object, describing how his wife stayed home to raise their five children but missing the point that this was also a woman in power.

Some things change, but others recur throughout the years in articles such as that in 1893 on “Our Absent Sisters”—senior apathy or lack of alumna involvement, and in 1914, “Better Scholarship” and “I’d Love to ...” (being willing to volunteer). “Are Values Out of Style?” was the question asked in a 1973 article, along with one asking “Is Kappa Changing?” and answered with the statement from MARIAN SCHROEDER GRAHAM, *Montana*, then Fraternity President, “Perhaps a better word is adapting.” This is what Kappa did ... adapt to the changing times while never losing sight of our founding principles.

DORIS SEWARD, *Indiana*, educator and Alumnae Achievement Award Recipient, said at the 1974 Convention, “When, in a group, we stand head and shoulders above the crowd, it probably means that we are standing on the support and efforts of those who have gone

before us. And that is true in this Fraternity. As we in Kappa rise up as far as possible to look to the horizons of our future, we gain perspectives from the foundation of those who brought us this far, and that is the glorious heritage of our Kappa Kappa Gamma.”

Call them what you will; standards, values, ethics, we continue to strive for the best in every aspect of our lives and our part in Kappa. “The Greeks Had a Word for It!” (*arête* or excellence in all that is admirable) proclaimed a 1977 article. “Your Character, the Criteria of Hers” was the focus in a 1983 article and in 1989 it was “The Greeks Knew What It Was: Ethics.” “Standards, though updated in implementation, are as basic as when first stated,” said another article, adding a quote from an unknown source: “You have to live like it matters.”

While recognizing the changes taking place, MARY TURNER WHITNEY, *Cincinnati*, Fraternity President from 1960-1964, and later Fraternity Ritualist, said, “Times and customs have changed. Uncrowded, unhurried campuses are now complex student communities. Victorian young ladies have given way to independent young moderns. The Fraternity has also changed with the times. The Founders at Alpha have become 65,000 college women from 88 chapters.” Campuses have continued to become more complex and crowded and now the chapters number 134. We have grown in numbers, spread in territory, adapted practices but retained ideals. And we have grown stronger.

War has caused great change in women’s lives. A 1918 issue carried an account of the Russian Revolution, written by a Kappa who was there. A letter from a Kappa who was a nurse in Limoges, France, told of working with soldiers in World War I. Articles from 1943 to 1945 told of service women’s centers established and staffed by Kappas and of their enrollment in the armed forces. The Gulf War and involvement in Iraq continue to show Kappas in action. And with this leadership of women in war times came the next logical step—women in careers. Since 1960 or earlier, *The Key* has focused on the many and varied ways in which our members contribute to the world in its ongoing process of change.

It has been said, “Nothing is so powerful as an idea whose time has come.” The idea that is Kappa Kappa Gamma came to young women 137 years ago. We have built on that idea through times of change, good and bad. We have stood on the shoulders of those who have gone before us and we are offering a hand to those who would climb higher. Newsreels in the 1940s were titled “Time marches on!” and we continue our march. The beat may be faster, the melody have different tones, the words of the chorus change but “Then and Now” our magazine speaks to who we are and what we do, promoting and recognizing our dedication to scholarship, leadership and friendship. *The Key* is a mirror of our times, no matter how they may change. 🗝️

# KAPPAS AS COACHES:

*Motivating, inspiring and  
connecting with each other  
for greater success*

—By CAROL CARTER, Arizona, contributing writer and career coach



CAROL CARTER, Arizona, far left, President of Lifebound, with a new class of trained coaches, including several Kappas.

What I love most about Kappa Kappa Gamma is the foundation it provides for developing friendships and mentoring opportunities. Chapter “Kore Groups” offer support and friendship to new members. Advisory and House Board members, Leadership Consultants and Chapter Consultants provide guidance to chapter officers. Kappa alumnae associations are full of leadership and service opportunities.

The Leadership Academy, which is funded through a grant from the Kappa Kappa Gamma Foundation, is another example of how Kappa brings together emerging leaders of all ages and backgrounds.

The concept of “coaching” takes the mentoring experience to a higher, more professional level. A trained coach works with her client to see what is possible, to identify limits and remove obstacles, to take risks and to create advantages. Coaches look at every aspect of a person’s life, goals and aspirations, and work with clients to develop the concrete steps to make dreams happen.

Because of the leadership skills that are enhanced through our membership, Kappas are natural coaches. We generally are open to being coached, and are skilled at mentoring and coaching others. Here are some coaching experiences from

Kappas whom I’ve been fortunate to meet through LifeBound, the company I created to train and certify coaching professionals. I hope you are inspired to engage in the coaching process if you haven’t already.

ANDREA (ANDI) PETERSON STRAUS,  
Arizona:

“After college, I continued my involvement with Kappa in my hometown of Madison, Wis., where I served as an adviser to ETA CHAPTER, Wisconsin, and as President of the MADISON (WIS.) ALUMNAE ASSOCIATION. In 1992, my husband and I moved to the Chicago area, and we currently live in Winfield, Ill.

CAROL CARTER, *Arizona*, founder and president of LifeBound career coaching.



"At this time in my life, I wanted to find ways to use the leadership skills I had developed through Kappa to become a better parent to my teenage son and daughter. "The most awesome concept that I came away with was something I had not expected—I learned a great deal about myself and my own potential. Coaching has helped me to understand my own motivations and fears, which, in turn, has helped me to better understand and really listen to my children. I see a need among parents who are confused about how to best help their teenagers navigate through our rapidly changing society and educational systems."

BECKY HENLEY COX,  
*Michigan State:*

"Last year, I came across an article in *The Key* about coaching programs just as I was ending a 27-year career in sales and marketing. As the mother of teenage daughters, I'm not certain if the article touched me first on a professional level or if it touched my maternal instinct. But after seeing my children and their friends struggle with the question of what to do with their lives, coaching for teenagers seems to be a service that is badly needed and virtually untapped.

"Since attending the seminar, I have started my own consulting

business called, Passion For Results, LLC, which focuses on sales and business development. I have a strong desire to mentor and coach teenagers as well. I spent many years in a job, not because it was my passion, but because it was easier to stay than to make a change. Life is so much more gratifying now that I'm doing what I enjoy."

JENNIFER BURKETT, *West Virginia:*

"As a career counselor at Johns Hopkins University, I have always felt that coaching is crucial to student development and ultimately to success in college, career and life. It is gratifying to learn that coaching supports students by inviting them to discover what makes them unique, and it is a tool to help them recognize their gifts, talents and, most importantly, their potential.

"As Kappas, we often look to our alumnae as a source of encouragement and mentoring as they give guidance and inspiration. Collegiate members also benefit from incorporating coaching techniques into their own areas of leadership, as an officer, event planner, peer counselor, or any other leadership role in which a Kappa may find herself."

LAURA DAUGHERTY, *Colorado:*

"As a student who is often faced with the notorious question 'What do you want to be when you grow up?', my response of 'dancer, author and business executive' is often met with quizzical brows. When introduced to coaching, I was met with encouraging responses. Coaches listened to my goals and took them seriously. They took time to understand the intricacies of my ambitions and how they mirrored my personality and work ethic. They explained how long-term goals could be achieved through short-term plans.

"At the same time, I could see the benefits of coaching others. The

coaches' genuine interest in helping me spoke volumes about their character. Their ability to articulate their own experiences showed their level of self-awareness. Their enthusiasm about my lofty goals demonstrated their confidence in others, and was refreshing to witness. The coaches I know have provided the standard for how I hope to encourage others in the future, and I hope to motivate others as they have motivated me." 🗝️

## About the Author

CAROL CARTER, *Arizona*, is the founder and president of LifeBound, a national coaching and resource company. Carol provides training and certification to become a LifeBound coach, and offers professional development for high school and college faculty.

An alumna of GAMMA ZETA CHAPTER, Carol has co-authored more than 20 books on college, career and life success. Her *Keys to Success* series is used by 200,000 students each year in colleges throughout the United States, Canada and Mexico, and has been introduced in China.

Before starting LifeBound, Carol was an executive with Pearson Education for 15 years. To contact Carol, please call (303) 327-5688 or e-mail her at [caroljcarter@lifebound.com](mailto:caroljcarter@lifebound.com). For more information about coaching, contact LifeBound toll free at (877) 737-8510; in Colorado at (303) 327-5688; via e-mail at [contact@lifebound.com](mailto:contact@lifebound.com) or visit [www.lifebound.com](http://www.lifebound.com).

JENNIFER BURKETT, *West Virginia*



# A Priceless Gift

## How a Selfless Act of Friendship Made One Couple's Dream Come True

—By JENNIFER STRUTHERS HOOVER, *Bowling Green*

When best friends STACEY BOYES GILES, *North Texas*, and STACIE CASHMAN JONES, *North Texas*, first met as members of Zeta Sigma Chapter in the early 1990s, neither would have guessed that one day their friendship would result in a life-changing experience.

Ever since their friendship began, Stacey and Stacie have leaned on each other during difficult times and have celebrated the good times. After Stacey Giles got married in 1999 and settled in Flower Mound, Texas, she and Stacie remained as close as ever. They even ended up working for the same company.

When Stacie got married in 2002, she and her husband, Wallace Jones, found a home in Lewisville, Texas, which is not far from where Stacey and her husband, Randy, live. When Stacey and Randy had children (two boys, now ages 5 and 3), Stacie and Wallace couldn't have been happier for their friends.

Hoping to conceive a child right away but facing fertility challenges, newlyweds Stacie and Wallace sought the help of a fertility specialist. In vitro fertilization (transferring an embryo—or fertilized egg—into the uterus) would be their best chance. To the Jones's surprise, their first attempt at in vitro was successful.

Overjoyed by the pregnancy, Stacie and Wallace did everything expectant couples do to prepare for a baby. However, four weeks before the due date, Stacie realized she had not felt their baby move in several hours. A trip to the emergency room confirmed the worst. Baby Brycen Carter's heart had stopped; their precious son was delivered stillborn on September 13, 2004.

Devastated by their loss, the Joneses waited six months before attempting the complex process of in vitro again. During 2005, Stacie underwent the procedure four more times.

Although twice the procedure resulted in pregnancy, early miscarriages were the painful result. Ready to give up the emotionally draining struggle, they attended classes to become certified foster-to-adopt parents

hoping to be matched with a child who would be just the right fit for them.

Stacey and Randy Giles had been watching helplessly as Stacie and Wallace Jones struggled through two years of heartbreak. Blessed with "easy and uncomplicated" pregnancies and deliveries, Stacey, with Randy's support, was determined to help their friends in a most personal way. So on Christmas Eve 2005, while exchanging gifts in Stacie and Wallace's kitchen, the Giles family presented their best friends with a priceless gift—another chance at becoming biological parents.

Through in vitro, Stacey Giles would attempt to become the gestational carrier (or surrogate) for the Jones's biological child. Overwhelmed by this heartfelt gesture, Stacie and Wallace gratefully accepted, and preparations began.

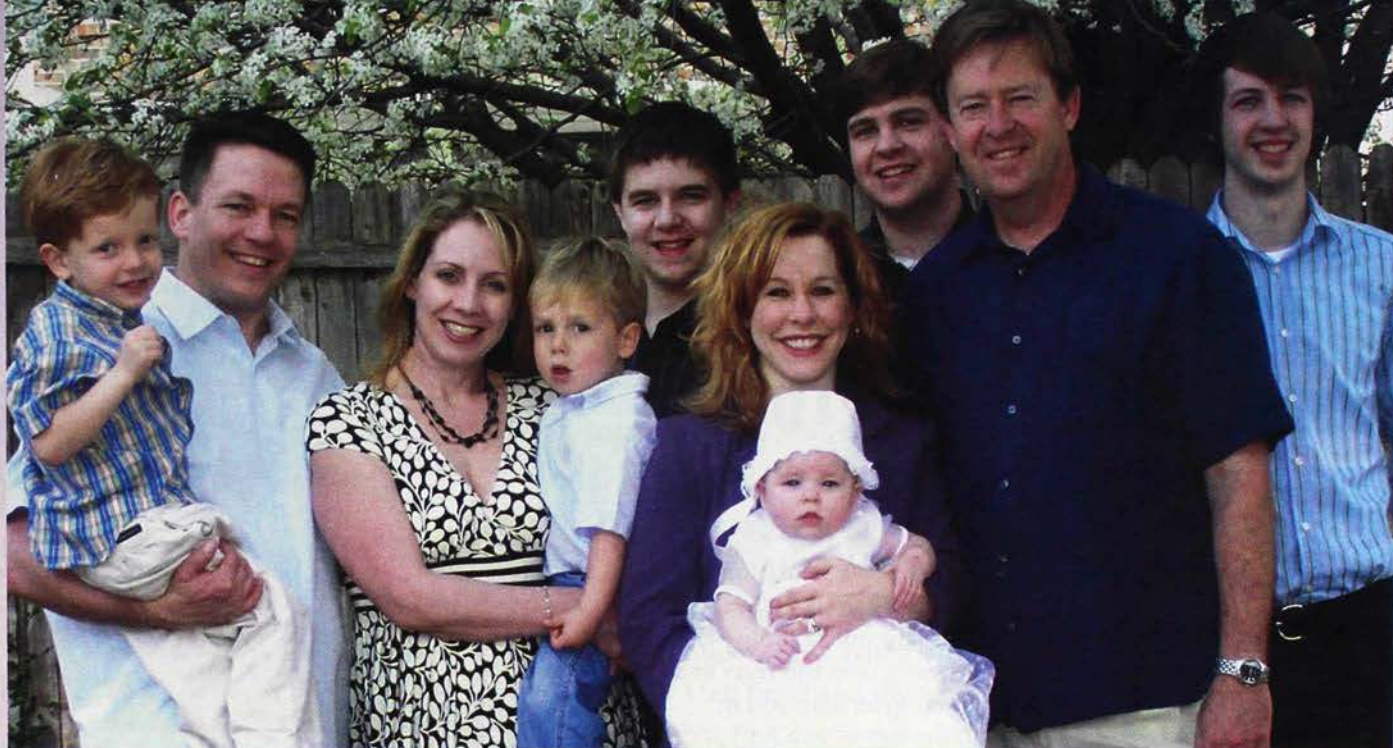
After a flurry of physiological and psychological examinations and the signing of legal contracts, Stacey Giles was ready to begin taking the "pre-embryo transfer medication."

By February 10, 2006, Stacey was ready for the embryo to be transferred. The foursome maintained positive thoughts despite being told there would be only a 20 to 25 percent chance of pregnancy with only one embryo.

One week after the transfer, an early morning call to the Joneses confirmed good news. Stacey was pregnant!

Stacie and Wallace "held their breath" while waiting the three long weeks to hear their baby's heartbeat. In the meantime, Stacie and Stacey would "instant-message" each other about everything from Stacey's nausea to coordinating all four of their schedules for doctor's appointments.

"Wallace and I were nervous," says Stacie. "After everything we'd been through, it was difficult to relax and believe this was for real." But when they finally heard the comforting sound of their baby's heartbeat, they began to breathe easier. "I still had major anxiety about the doctor's appointments," Stacie admits, "and



Hadley Faith Marie Jones, the baby girl surrounded by the Jones and Giles families, will always be connected to the special Kappa friendship shared by **STACEY BOYES GILES** and **STACIE CASHMAN JONES** (holding Hadley).

*"Most people will never experience friendship at this deep level."*

some difficulty letting go of my dream of being the one to give birth to a healthy baby." But with her supportive husband and friends by her side, those feelings began to fade into the background.

Discovering they were expecting a girl added to the anticipation since Wallace has three sons from a previous marriage.

Now Stacie and Stacey were ready to tell others the good news. "We always tried to share the news together," says Stacie, who would begin the conversation by saying that she and Wallace had decided to give in vitro a final try. Then, with Stacey Giles standing by her side, Stacie would go on to say that, this time, the embryo had been transferred into someone else. Everyone who knew these two best friends realized right away that it was Stacey Giles who was the gestational carrier for the Jones's baby. Both women enjoyed the excited responses from their friends, many of them Kappas.

"Most people will never experience friendship at this deep level," says Stacie. "Stacey and I have had many tender moments through this amazing experience, even when we were taking turns freaking out!"


While continuing to work full time and care for her young sons throughout the pregnancy, Stacey relied heavily not just on Stacie's support but also on Randy's. "Having a wonderfully supportive husband who is a great father to our boys is what got me through this," says Stacey, who admits that her swollen ankles and tired back were a small price to pay for a miracle.

On October 19, 2006, Stacey was admitted to the hospital to have labor induced. With Randy by her side, and the Joneses camped out on an inflatable bed in the corner of the hospital room, the long, mostly sleepless night began.

The next morning, the exhausted but excited group welcomed Hadley Faith Marie Jones into their lives.

Stacie and Wallace felt their little girl needed two middle names to honor the two main reasons she came into the world—their faith in God, and their friend Stacey Marie Giles.

"It is very seldom that one gets the opportunity to do something this significant in life," says Stacey. "I couldn't imagine Stacie not having the biological child she so strongly desired and deserved. This was simply the right thing to do."

"How do you thank someone for a gift like this?" says Stacie, adding that she is constantly full of gratitude. "Stacey is now a part of my soul and will forever be a part of Hadley's soul, too." 

## Related Web Sites

[www.creatingfamilies.org](http://www.creatingfamilies.org)  
[www.everythingsurrogacy.com](http://www.everythingsurrogacy.com)  
[www.surrogacy.com](http://www.surrogacy.com)  
[www.surrogenesisusa.com](http://www.surrogenesisusa.com)

**EDITOR'S NOTE:** The content of these Web sites is not endorsed by Kappa Kappa Gamma. They are simply a starting point for anyone interested in doing online research.

## Questions & Answers:

Omega Society Member **LYNN ASBURY, Tulsa,**  
Shares Her Thoughts on Giving Back

**Q:** Why did you decide to include Kappa in your estate planning, and how did you structure your bequest?

**A:** I decided to include Kappa in my estate for two reasons: (1) to offer another Kappa the same opportunity that was given to me when I received an undergraduate scholarship in memory of Catherine "Kaky" Stoner, our DELTA PI, Tulsa, housemother who passed away in 1969 at age 70. Kaky had been the Delta Pi housemother for 15 years; we had a mutual admiration for each other. She was so wonderful; I used to shovel her sidewalk when it snowed. (2) To honor my mother, Phyllis F. Asbury (84 years old), a Tulsa University student in the 1940s and alumna of Chi Omega sorority. The donation is to be divided between a scholarship honoring my mother, with a preference for Delta Pi members, and open-ended needs.

**Q:** How did receiving a Kappa scholarship impact your life?

**A:** I received \$500, which may seem like small change by today's standards but was monumental for me. I remember being so honored, and the impact was immediate relief that I wouldn't have to wonder how to pay for all those mundane incidentals of college, including things as simple as pens and paper (we didn't have computers back then!) and gas for the car as I was putting myself through school earning a bachelor of science in economics.

**Q:** What have you gained through your membership?

**A:** My Kappa experience was a watershed in my life. I prospered emotionally, psychologically and socially, and I learned in all arenas, not just didactic education. I gained self-confidence and lifelong friends with whom I still remain connected.

**Q:** Why do you feel it is important for alumnae to make Kappa a part of their estate plans?

**A:** I feel making a donation is a way to serve an organization that gives young women the opportunity to prosper and contribute their best to their chosen professional and personal life. ... Donating is a way to think that in some small though significant way, you made a lasting contribution during your life. It is rewarding to honor someone of significance (in my case, my mother) by making a donation in her name to help someone else.

With 34 years in the field of radiological science, Lynn works as a radiation therapist in Albuquerque. Serving as "a bridge between technology and healing," Lynn delivers high-dose radiation to cancer patients—a career she finds challenging yet rewarding. Lynn also serves as the adviser to the chapter Marshal at GAMMA BETA, New Mexico, because it is another way to give back to Kappa.

Lynn's other interests include biking, hiking and cross-country skiing. She has completed several ultra-runs including a couple of 50-mile runs in Texas. One of the highlights of her life was carrying the Olympic Torch in January 2002 for the Winter Olympics; she ran right by the Kappa House in Albuquerque. Lynn and her husband enjoy traveling, and their most recent "big trip" was a bike tour in the Tuscany region of Italy in 2000 to celebrate her 50th birthday.



Omega Society Member **LYNN ASBURY, Tulsa**

For information on joining the Omega Society or if you have general estate-planning questions, please contact the Kappa Kappa Gamma Foundation office at (866) KKG-1870 or via e-mail at [mcoons@kkg.org](mailto:mcoons@kkg.org).

CONNIE LOVEDAY LURIE, *San José State*, (in the blue scarf) joins PHYLLIS FORWARD SIMPKINS, *San José State*, at the 150th anniversary of their alma mater.

## Alumna Shares Her Time, Talent and Treasure

"Kappa has always been in my life ever since I pledged in college," says Kappa Kappa Gamma Foundation donor CONNIE LOVEDAY LURIE, *San José State*. "It has provided a wonderful circle of friendship with people who share my values."

Because so many Kappas have shared their friendship and leadership with her over the years, Connie eagerly shares her time, talent and treasure with Kappa. From making substantial donations to the Foundation to hosting Kappa reunions at her home, Connie keeps Kappa at the top of her priority list. A resident of Atherton, Calif., she served as President of the SAN FRANCISCO ALUMNAE ASSOCIATION for a number of years and currently enjoys a weekly bridge group with members of the DESERT ALUMNAE ASSOCIATION in the Coachella Valley (Palm Springs) area. Some of her best friends are Kappas whom she has met through alumnae associations, and she continues to serve with many of them on various charity and community boards.

"One of the things I have enjoyed about Kappa is that it gives you the opportunity to have friends from different generations," says Connie, who was thrilled to participate in the Initiation of her granddaughter, OLIVIA FAY, *George Washington*, last November. "It is very special for both of us to be able to share Kappa."


In addition to contributing to Kappa, Connie is a loyal supporter of her alma mater. In 2006, the San José State University Tower Foundation named Connie the recipient of its 2006 Tower Award for service to the university. Connie and her husband established the Lurie Distinguished Chair in Creative Writing at San José State. Since 2000, their endowment has enabled the English Department to bring a nationally or internationally known writer to teach at SJSU for the entire spring semester each year. Connie also helped establish the Connect, Motivate and Educate Society, a program that assists SJSU students who were once foster children. Most recently, she made a \$10 million gift to name the College of Education at San José State.

Connie also supports many other organizations and institutions including the San Francisco Zoo, where the Connie and Bob Lurie Education Center serves



hundreds of thousands of children annually. A director emeritus of the zoo, Connie served for 20 years on the board and created an innovative program called Zoo II, as well as established an endowment fund program. She is also a member of the zoo's Wildlife Associates advisory board and chairman of the annual fundraiser.

Connie also has served for 27 years on the California State Parks Foundation Advisory Board. In addition, she serves as director emeritus to the Damon Runyon Cancer Research Foundation, has set up a leadership committee for the Bay Area and has hosted a number of special events.

A shining example of someone who continues to put her Kappa values and leadership skills to good use, Connie says, "I think it is important to support the organizations that have made your life special, and Kappa has certainly been special for me." 

### Virginia Tech Memorial Fund

The Caitlin Hammaren Memorial Fund, set up through the Kappa Kappa Gamma Foundation following the tragedy at Virginia Tech, has received \$22,857 in gifts from individual Kappas, alumnae associations and chapters. This outpouring of support truly epitomizes the essence of our sisterhood. We hope to raise \$60,000 so that a permanently endowed scholarship may be established as an everlasting memory of Caitlin. Based on qualities which best represent Caitlin, the criteria for this scholarship will be determined by Caitlin's family and will be awarded annually to a member.

If you would like to help, please make a contribution online at [www.kappa.org/donation](http://www.kappa.org/donation) and specify your gift in memory of CAITLIN HAMMAREN. Gifts may also be sent to:

**Kappa Kappa Gamma Foundation**  
530 E. Town Street  
P.O. Box 38  
Columbus, OH 43216-0038



Kappas from the 1967 new member class of **KAPPA, Hillsdale**, reunite, celebrating 35 years of sisterhood.

Six alumna members of **GAMMA CHI, George Washington**, meet in Reno for five days to reminisce about their 60 years of friendship. They were members of the classes of 1942 and 1943.



**MICHELE FRENCH** and **LINDSAY OSLUND, Minnesota**, unpack food with members of the **TWIN CITIES ALUMNAE ASSOCIATION** who volunteer at **Second Harvest Heartland**, a hunger relief organization in Minneapolis. This event is co-sponsored with **Pi Beta Phi** alumnae.



Kappas from **UPSILON's 1966** new member class at **Northwestern** return to their chapter house for a 40th reunion.

Members of the **WICHITA FALLS (TEXAS) ALUMNAE ASSOCIATION** gather at a Christmas luncheon to celebrate 80 years as an organization.



Members of the **PENSACOLA ALUMNAE ASSOCIATION** gather for a Founders Day luncheon at Azalea Trace, a retirement community in Florida where many of their members reside.



**CHRISTY BRITTON**, *Tennessee*, right, attends a White House Christmas Party with her sister, **DEANNA BRITTON**, *Tennessee*. A journalism and political science graduate, Christy serves in the White House as the first editor of all written correspondence that is sent out by President George W. Bush.



**DELTA RHO**, *Mississippi*, alumnae **WENDY ASBURY SULTENFUSS**, **PATTI ROLWING PEPPER**, **THERESA WITTJEN QUINN** and **LISA BLACKMAN MILLER** enjoy a reunion at their chapter house during an alumna reception.



Members of the **COLORADO SPRINGS ALUMNAE ASSOCIATION** gather at High Valley Farm for their annual summer party.



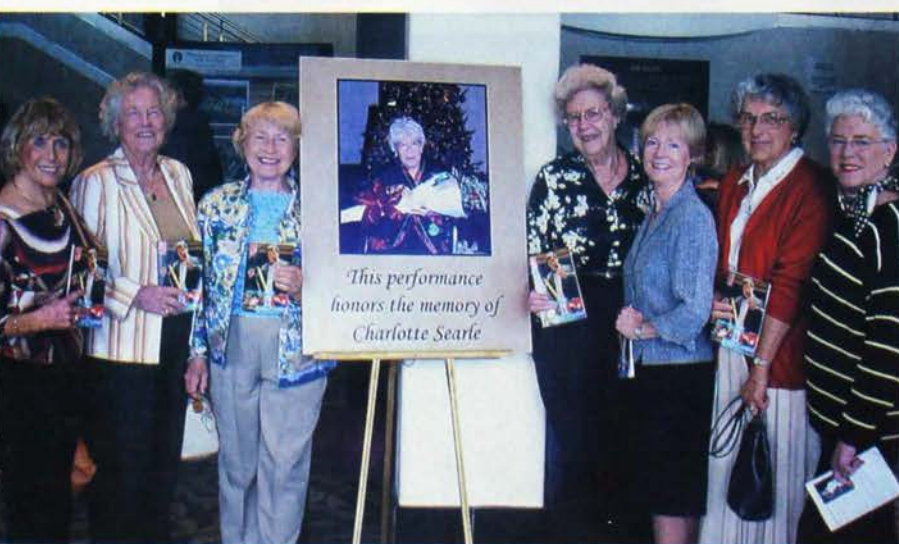
JENNIFER DELLAPINA, Kentucky, proudly displays the Emmy she and her advertising team won for Outstanding Commercial for the Ameriquest ad "Surprise Dinner" that appeared during the 2005 Super Bowl. Jennifer calls the statue her "best friend Emmy."



BIRMINGHAM ALUMNAE ASSOCIATION members wield shovels and rakes to help at a local Habitat for Humanity project.



WILLIAMSBURG ALUMNAE ASSOCIATION members get a preview of spring during a trip to the Maymont Flower and Garden Show at the Richmond Convention Center.



Members of the ST. PETERSBURG (FLA.) ALUMNAE ASSOCIATION who regularly sit together at the Florida Orchestra Coffee Concerts pose in the lobby with a poster of the late CHARLOTTE DAY SEARLE, Kansas, who was one of their members. Charlotte left a trust fund to the orchestra for these daytime concert series and this performance honored her memory.



The **NORTHERN VIRGINIA ALUMNAE ASSOCIATION** holds neighborhood coffees and events throughout the suburbs of Washington, D.C., so that Kappas can become acquainted with members who live closest to them. This group attended a coffee at the home of **BETSY PAGE SIGMAN**, *William and Mary*, in McLean.



**CAROL MEYERS SCHUBERT**, *Cincinnati*, (top) smiles over her generations of Kappas. Also pictured are daughter-in-law **DEBRA ROSE SCHUBERT**, *Miami (Ohio)*, sister **BETSY MEYERS CRUMRINE**, *Cincinnati*, granddaughter **MARIA VAN BEMMEL**, *Kentucky*, and granddaughter **KRISTIN SCHUBERT**, *Miami (Ohio)*.



Friends for 40 years, eight **EPSILON ALPHA**, *Texas Christian*, members enjoy a reunion in Tuscany.

Celebrating 50 years since the colonization of **EPSILON BETA**, *Colorado State*, these charter members gather for a reunion at the YMCA of the Rockies Conference Center in Estes Park, Colo. At the conclusion of their visit, several journeyed to Fort Collins to participate in the Founders Day program presented by the chapter.



Members of **DELTA XI**, *Carnegie-Mellon*, hold a reunion during Homecoming to coincide with the 40th anniversary of the class of 1966.

# How Alumnae Support Our Chapters

Giving Back Long After College Years

—By ANN GRAHAM SCHNAEDTER, *Missouri*

*For many alumna members of Kappa Kappa Gamma, supporting a nearby chapter is a rewarding experience. Encouraging and mentoring young women establishes a tradition of support for future generations of Kappas. Collegians are grateful for the support and interaction with these role models. Beyond the work within Advisory Boards and House Boards there are a variety of fun ways that alumnae can show support for a chapter.*

## Silver Spoon Award

In 1960, SALLY MATTHEWS KELSO, *Indiana*, who was an adviser to GAMMA DELTA, at *Purdue*, a Province Director of Alumnae and a member of the LAFAYETTE ALUMNAE ASSOCIATION, sponsored what she named the Silver Spoon Award to recognize the most outstanding senior, someone who most exemplified the values of the Fraternity. At various times through the years the award took the form of a silver spoon, a silver bowl or some other piece of silver. The award was in existence for 36 years, and recipients include former Fraternity President PRIS MURPHY GERDE, *Purdue*.

When Sally, who passed away in 2004, was no longer involved with the chapter, the award was lost for several years. CHRISTINA (TINA) BENDER FAULKNER, *Purdue*, an adviser for Gamma Delta and a former recipient of the Kelso award, decided to reinstate it in honor of Sally and in the name of her 1971 pledge class and the LAFAYETTE ALUMNAE ASSOCIATION. She chose to give a silver bowl similar to the one she received in 1974. Since 2003 the award has been presented yearly at a senior dinner sponsored by the Lafayette association. This past year the chapter voted to return the award to a silver spoon, which is mounted and framed in blue and blue.

The Lafayette association has set up a fund to perpetuate the award for future generations of Gamma Delta members. There is a permanent plaque in the chapter house to list and honor the 40 years of award winners, but records of the recipients have been lost. Gamma Delta would like to hear from former recipients so that their names can be added. If you or someone you know received this award, please write to Kappa Kappa Gamma, Attn: Recording Secretary, 325 Waldron, W. Lafayette, IN 47906.

## Adopt-an-Active

When AMANDA CLYMA TURNER, *Tulsa*, and CARRIE HENDERSON BOWEN, *Tulsa*, graduated and joined the TULSA ALUMNAE ASSOCIATION, they started a program for DELTA PI, *Tulsa*, that is loved by collegians and alumnae alike.

Realizing how much they missed the excitement of Recruitment after they had graduated, they started a program called "Adopt-an-Active." They set out to find enough alumnae to "adopt" every member of the local chapter throughout Recruitment. The alumnae purchase three small gifts and write five cards to their assigned active. They can spend no more than \$20 on the cards, which can be either humorous or words of wisdom, and gifts, which can be

anything from Kappa mugs filled with candy, to photo frames, bath lotions or tote bags.

The alumnae enjoy shopping for their adopted members and Amanda and Carrie are met with excitement and smiles when they deliver the gifts. Local alumnae are now more involved and the chapter knows the local alumnae care about and support them.

## Sponsored Scholarships

Some associations help a chapter by funding scholarships. In addition to providing Advisory Board and House Board volunteers for GAMMA KAPPA at *William and Mary*, the WILLIAMSBURG ALUMNAE ASSOCIATION has instituted a Sapphire Scholarship, funded by Gamma Kappa alumnae and administered

by the Kappa Kappa Gamma Foundation. In just a few short years the fund has grown so that two recipients of the annual scholarship are possible. The House Board at THETA, *Missouri*, administers an even larger fund, the Golden Key Scholarship, which provides low-interest loans to the House Board and several yearly scholarships to local Kappas and other Panhellenic women on campus.

Associations who do not have a chapter nearby can adopt a chapter, long distance. Many chapters who have no local alumna support often need ritual material, initiation robes or items for their chapter residence. A list of chapters and their specific needs is available at [www.kappa.org](http://www.kappa.org). Consider how you might be able to help a chapter in your Province or Region.



PRIS MURPHY GERDE, *Purdue*, Fraternity President 2004-2006, congratulates KATHRYN GRAMELSPACHER, *Purdue*, the 2006 recipient of the Sally Kelso Silver Spoon award given to an outstanding senior. Pris was given the award in 1972. With them is CHRISTINA (TINA) BENDER FAULKNER, *Purdue*, 1974 recipient, and ASHLEIGH HAWES, *Purdue*, the 2005 recipient.

# Cruisin' Kappas

Life Behind the Scenes on the High Seas

**F**OR STEPHANIE TREPINSKI, *Tennessee*, it all started with a dream—a dream to be a dancer, wear beautiful costumes, go to exotic locations, and entertain people from all over the world.

LYZ BRIDGEFORTH, *William and Mary*, had been Event Chairman for her chapter and when she was hired as an activities director on a cruise ship, her excited comments to friends were, “Imagine getting paid to socialize!”

With a journalism degree and a minor in vocal performance, Stephanie boarded a plane for Los Angeles audition to become a professional dancer for Carnival Cruise Lines. She had been dancing since she was four, and had worked for American Entertainment Productions as the company manager and singer/dancer for Six Flags in Ohio. She had been told to expect as many as 500 people to be competing for the 11 spots. After four grueling hours of routines, she made the final cut but it wasn't until three weeks later that she got “the” phone call and headed to Miami with the allowed two suitcases for her eight-month adventure. She spent four weeks rehearsing in Florida and then another three weeks rehearsing on the ship, *The Conquest*, to learn the five shows performed each week.

Rough waters were one of the biggest challenges throughout Stephanie's Western Caribbean itinerary. “I mastered the art of running on a treadmill and dancing on revolving glass stairs while the ship rocked during a rough day at sea.” However, the fun and excitement of swimming with dolphins and stingrays, and being able to visit Montego Bay, Jamaica, Grand Cayman Island and Cozumel made it all worthwhile.

Lyz, in her first “real” job since graduating, found the days working on a Celebrity cruise ship “exciting, long, chaotic, exhilarating and exhausting.” Her job as a part of the activities staff was to be a host 24/7. Days and evenings were filled with organizing games and sports, emceeing

karaoke night, teaching line dancing and calling out bingo numbers. She compares her job as similar to sorority recruitment, hoping to give travelers the best experience possible so that they will want to cruise again.

Because her days on board were so hectic, Lyz often sought solitary excursions at ports throughout her Mediterranean itinerary. She found tranquility by venturing out in the opposite direction of the tourists and seeking out local haunts, discovering quaint villages on remote islands or riding a bus in Barcelona or Dubrovnik. When an adventure worked out successfully she says she felt like she had aced an exam she had written specifically for herself.



STEPHANIE TREPINSKI, *Tennessee*, poses in costume for a dance number aboard Carnival's *The Conquest*.

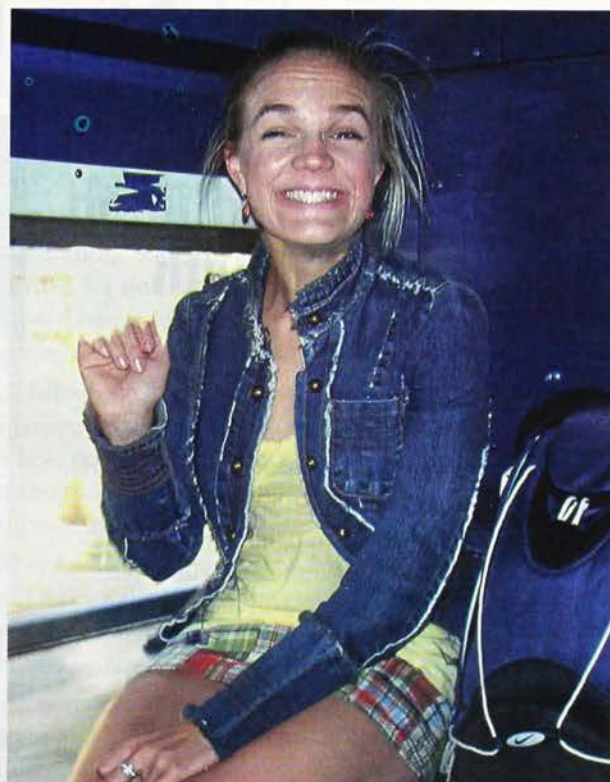


**LYZ BRIDGEFORTH, William and Mary,** pauses to watch a bocce tournament while exploring a village in Antibes, a stop on one of her cruises in the Mediterranean as an activities director aboard ship.

Lyz and Stephanie discovered another bonus: friendships made while working with an international crew. Stephanie worked with people from England, Australia, New Zealand, the Philippines, India, Russia, Canada, and China. "I have learned so much about different cultures, ideals and countries that books never could have taught me. For that I am eternally grateful," she says.

Lyz sums up her cruising experiences in this transient lifestyle as the opportunity to really get to know herself while living in a confined space, feeling alone among 3,000 people, having to always appear upbeat and positive. After her summer cruising in the Mediterranean, she spent the winter months on a Caribbean itinerary.

After taking time off to travel throughout Australia, New Zealand and Fiji, Stephanie embarked on another Carnival cruise. She says, "I can honestly say that Kappa helped me to always believe in myself. The friendships I developed over time at Tennessee and the support that my sisters always gave, were the exact tools that I needed to pursue my dream," says Stephanie. "I am now an advocate that if you believe you can achieve, then your dreams really can come true."



**LYZ BRIDGEFORTH, William and Mary,** an activities director for Celebrity Cruises, boards a train for an adventure in France.



KATHY GAYNIER MARTIN, *Kansas State*

## Alumna Elected to Kansas State Board of Education

Reading, writing and arithmetic are high on the list of KATHY GAYNIER MARTIN, *Kansas State*. Kathy is serving a four-year term as an elected member of the 10-person Kansas State Board of Education. The Board is charged with the general supervision of public elementary and secondary schools in the state.

A classroom teacher for almost 32 years, Kathy also owned and operated a preschool for 10 years. She was selected Clay County Teacher of the Year in 2000 and was a district semifinalist. A member of the Kansas Exemplary Educators Network, Kathy was selected as a master teacher for the National Teacher Training Institute. She has presented workshops and in-service training across Kansas and was a lead science teacher for her district. She is a member of the American Association of Educators, and former president and vice president of Alpha Nu chapter of Delta Kappa Gamma, an organization of women educators. Kathy believes in "educating the whole child" and feels that the "teacher in the classroom makes the difference."

Kathy earned her bachelor's degree in elementary education and her master's in special education from Kansas State University. She and her husband Max live on a farm near Clay Center, Kansas, and have three Kappa daughters and a Kappa niece. Kathy also has a Kappa twin, TAMMY GAYNIER STEEPLES, *Kansas State*.

## Association Revitalizes Declining Membership with Interest Groups

The LAWRENCE (KAN.) ALUMNAE ASSOCIATION, which had been dwindling for the past 10 years, has rebounded with increased membership after "interest groups" were instituted.

A recent pottery class taught by potter JAN TANDE GAUMNITZ, *Wisconsin*, held in Jan's studio, was a huge success with members. The instructor donated her time, and participants paid only for materials. Each person made two pieces, and a "pot party" was held at the conclusion to exhibit the "masterpieces."



Putting the finishing touches on pottery pieces before they were glazed are TUDY YOUNGBERG HALLER and JERREE JOHNSON CATLIN, *Kansas*.

## Social Studies Supervisor of the Year

IMMA JEANNE LASLEY ALEXANDER, *Texas Christian*, has been named National Social Studies Supervisor of the Year at the National Social Studies Supervisors Association Conference, held in Washington D.C. She was nominated for the national award after being named Texas Social Studies Supervisor of the Year.

Imma Jeanne is a social studies curriculum specialist in the Wichita Falls school district. She creates programs designed to keep students engaged, develop their critical thinking and understanding of their place on a global scale. In the diverse district students represent 18 languages and Imma Jeanne believes they appreciate their diversity as they understand their part in the broader world. Imma Jeanne also finds time to serve as President of the WICHITA FALLS ALUMNAE ASSOCIATION.



IMMA JEANNE LASLEY ALEXANDER, *Texas Christian*, receives the National Social Studies Supervisor of the Year Award. She is congratulated by her daughter ELIZABETH ALEXANDER, *Texas Christian*, also a social studies teacher whose students consistently outscore other middle school students in the district.



SHELLEY MOSES ZABOROWSKI, *Nebraska*, is named Forman Fellow for the University of Nebraska Alumni Association, where she serves as senior associate executive director.

## A Leader in University Alumni Relations

SHELLEY MOSES ZABOROWSKI, *Nebraska*, senior associate executive director of the University of Nebraska Alumni Association, has been selected by the Council of Alumni Association Executives to receive one of two Forman Fellows for 2007. This award is CAAE's highest and recognizes an up-and-coming leader in the alumni relations profession. It is named for Bob Forman, founder of CAAE and former executive director of the University of Michigan Alumni Association.

As a fellow, Shelley will visit Ohio State and LSU Alumni Associations. The visits give Forman Fellows the opportunity to see how other alumni associations operate, to learn more about their successes and challenges and bring home ideas to incorporate into their own alumni associations.

Shelley has served in many positions with the Nebraska Alumni Association including associate executive director for programs and director of student programs. In 2006 she was named to *Lincoln Business Journal's* "40 Under 40."

She has also served the LINCOLN ALUMNAE ASSOCIATION as President and has assisted SIGMA CHAPTER with Recruitment. Her husband, Keith, is Associate Director for Residence Life at the university and they have two young children.

Entrepreneur jewelry designer,  
LAURIE KLOPPER WARSHAWSKY, *Connecticut*,  
is also a judicial attorney by day.

## Kappas Enjoy Working in France as Teachers

EPSILON GAMMA members, *North Carolina*, teaching near Paris enjoy a holiday trip to Paris with two of their UNC sisters. STACI GRINER, second from left, and MACKIE BARHAM, third from left, are teaching assistants in Laon, France, a town of 26,000 located an hour and a half from Paris. Laon was once the original capital of France. The women applied for the French government's Teaching Assistant Program during their senior year and teach middle school students American culture, English grammar and oversee the English Club. During the holidays, EPSILON GAMMA alumnae MICHAELA IDHAMMAR, left, and MEG BARHAM, right, join them for a trip to Paris where they ham it up spelling out KKT.



## Attorney Moonlights as Jewelry Designer

LAURIE KLOPPER WARSHAWSKY, *Connecticut*, worked in retail fashion for 15 years, all through high school, college and law school. After she received her law degree at Cleveland Marshall College of Law in 1996, and began working as an attorney, she started creating jewelry as a way to express her flair for fashion in a world of business suits. People began asking her where she found the gemstone necklaces and earrings she was wearing, so she decided to market handmade jewelry.

Her one-of-a-kind designs use exotic precious and semi-precious gemstones, freshwater pearls and artisan glass beads. Laurie travels to gem shows, selecting only top-quality stones, and uses only sterling silver wires. She works with three glass artists who create glass flowers that adorn some of her designs. Several pieces in her collection are entitled "Fleur-des-Lis," made with amethyst, lime green and purple freshwater pearls, ametrine and peridot.

The first thing Laurie would advise a potential entrepreneur is to keep your day job. She remains a judicial attorney by day at the 8th District Court of Appeals in Cleveland. She also stresses the importance of researching your subject. She spent hundreds of hours researching her "competition." She got professional help in creating her Web site and initially she underestimated the amount of time it takes to get a new business started, so plan for extra time.

Reflecting on her fleur-de-lis designs, Laurie says that being involved with Kappa was a life-changing experience. She attended a school far from home and Kappa became her home away from home. See Laurie's designs online at [www.elle-a-belledesigns.com](http://www.elle-a-belledesigns.com).

## Early Childhood Educator Named to Oklahoma State Hall of Fame

Young children and their education has been the life mission of **RAMONA WARE PAUL**, *Oklahoma State*. Ramona recently was inducted into the Hall of Fame of the College of Human Environmental Sciences at Oklahoma State.

For the past 15 years, Ramona has directed Oklahoma's efforts in leading the nation in early childhood education as assistant state superintendent, professional services division, Oklahoma State Department of Education. Almost 30 years ago she wrote the model for preschool programs for Oklahoma public schools. Her program is recognized by the National Institute for Early Education Research at Rutgers as the top model in the nation. Teachers are required to have a bachelor's degree and an early-childhood teaching certification. An impressive 70 percent of the children in Oklahoma attend prekindergarten classes.

Ramona has been a faculty member at Oklahoma State, Texas Woman's University, and Purdue. She has held administrative positions at the University of Alabama Medical Center in Birmingham; and in the Edmond, Oklahoma, and Oklahoma City public schools. Ramona is an at-large director of the OSU Alumni Association. In 2002 she received the OSU College of Human and Environmental Sciences Outstanding Alumni Award. She has written the 35-book series, *Your World*, the first children's books published with color pictures of children and adults from diverse cultures.

Ramona holds bachelor's and master's degrees from OSU, and a doctorate in child development and family science from Purdue. She and her husband, Homer, are the parents of seven children who, combined, hold 12 college degrees. She has three Kappa stepdaughters and a Kappa niece.



**DR. RAMONA PAUL**, *Oklahoma State*



Enjoying Country in the Rockies celebrity ski event are Andrew Firestone (from "The Bachelor"), **STACY WILLIAMS**, *North Texas*; **LAURA SQUAIR HEATHERLY**, *Arkansas*; **SYLVIA LABRY ROBERTS**, *Alabama*, and Storme Warren (from "Country Music Across America").

## Country in the Rockies Ski Event Raises Funds for Medical Research

Members of the **NASHVILLE ALUMNAE ASSOCIATION** participated in a celebrity ski event in Colorado, that raised more than \$300,000 for the T. J. Martell Foundation, which supports cutting-edge research for leukemia, cancer and AIDS. One of the top research centers supported by the Foundation is the Frances Williams Preston Laboratories at the Vanderbilt-Ingram Cancer Center in Nashville.

The event, the 13th Annual Country in the Rockies, held at the Steamboat Grand Resort, brings together top names in country music to help raise research dollars. Some of the performers included Kenny Loggins, Richard Marx, Little Big Town, Robert Earl Keen and Blue Country.

**LAURA SQUAIR HEATHERLY**, *Arkansas*, is the executive director of the Nashville Division of T.J. Martell and the organizer of Country in the Rockies. **STACY WILLIAMS**, *North Texas*, works with Laura as the events assistant and worked on this event from beginning to end. **SYLVIA LABRY ROBERTS**, *Alabama*, was a participant at the event and a major contributor to the T.J. Martell Foundation and Country in the Rockies.

The Nashville Association also assists the T.J. Martell Foundation with other charity projects such as Celebrity Tablescapes, an event that matches celebrities and designers to create elegant tabletops.

# Kappa Authors

## ***A World War I Soldier's Story: Clair C. Harkey 1895-1918, Kansas Volunteer***

By **MARTHA ATKINS**, *Kansas State*

This book is a tribute to Martha's uncle, St. Clair Couch Harkey, who was killed at age 23 during the last major offensive of WWI. Incorporating letters written throughout his military service along with photographs of the war and other memorabilia, this testimony to a young soldier's life is dedicated to "all those who still dream of peace."

## ***Grace on the Go: 101 Quick Ways to Pray***

By **BARBARA LEMMON BARTOCCI**, *Colorado*  
112 pgs., Morehouse Publishing  
(www.morehousepublishing.org)

This tuck-into-your-purse book is divided into reflections that echo an ordinary day: drive time, work time, meal time, etc., and offers imaginative ways to turn everyday tasks into prayerful moments. Barbara, a 2002 Alumnae Achievement Award recipient, is the author of six religious books and a frequent contributor to consumer magazines.

## ***Quantum Success: 8 Key Catalysts to Shift Your Energy into Dynamic Focus***

By **ROBERTA (BOBBI) CLODFELTER DEPORTER**, *Washington*  
199 pgs., Learning Forum Publications  
(www.quantumlearning.com)

Bobbi is cofounder of SuperCamp and president of Quantum Learning Network (QLN), which offers learning- and life-skills in 50 states and 80 countries. The tools and strategies in this latest book are designed to help readers discover and integrate their unique vision into every aspect of life and find meaning and renewed energy in everything they do.

## ***Sojourn in Saudi***

By **NANCY (NAN) AUSTIN GARDNER**, *Oregon State*  
233 pgs., Magaling Co.  
(279 Del Mesa Carmel, Carmel, CA 93923)

The true adventures and misadventures of Nan Gardner who leaves the snowy winters of upstate New York to join her husband in the desert kingdom of Saudi Arabia, this book shares the sometimes amusing, often frustrating adjustments made during two years in the Islamic world of Jeddah.

## ***Good Morning, Sun!—a novel of transformation***

By **JOAN CLINE (J.C.) MCCRARY**, *Colorado State*  
154 pgs., Redite Press (541-997-9822)

A writer for 40 years, Joan's work is a combination of science fiction and spiritual mysticism and asks questions such as, "Are we truly spiritual beings having a physical experience?"

## ***Oliver's Book***

By **LISA DOWNEY MERRIAM**, *George Washington*  
26 pgs., Xlibris Corp. (www.xlibris.com)

Lisa wrote this book for children to help them deal with the pain, fear and loneliness that often accompany the death of a beloved pet. The story encourages children and adults to remember the good times and the enduring love.

## ***The Settlement Game: How to Settle an Estate Peacefully and Fairly***

By **ANGELINE (ANGIE) EPTING MORRIS**, *Georgia*  
119 pgs., Voyages Press, Inc.  
(www.thesettlementgame.com)

Based on her attorney father's advice, Angie offers this step-by-step guide to show families how to divide the estate of deceased parents in a fair and peaceful manner in order to avoid the pain and divisiveness often associated with estate settlement.

## ***Blossoms on the Olive Tree: Israeli and Palestinian Women Working for Peace***

By **JANET M. POWERS**, *Bucknell*  
184 pgs., Greenwood Press  
(www.greenwood.com)

Janet, a professor emerita of interdisciplinary and women's studies at Gettysburg College, enables readers to share in the experiences of Israeli and Palestinian women as they struggle with restrictions imposed on them by their political and religious systems.

Her interests in peace studies and women's studies have converged in her research on Palestinian and Israeli women's peace-building efforts.

**EDITOR'S NOTE:** Books written by Kappas may be sent to The Key, P.O. Box 38, Columbus, OH 43216-0038. If you have submitted a book, please be patient.

# Summer at Tiffany

By MARJORIE JACOBSON HART, *Iowa*

272 pages, William Morrow/Harper Collins Publishers



Do you remember the best summer of your life? MARJORIE JACOBSON HART, *Iowa*, does, and she shares the story of the summer she spent in New York City in 1945 with her best friend, MARTHA "MARTY" GARRETT JACKSON, *Iowa*. They arrive in the city fresh from the Kappa House hoping to find summer positions as "shopgirls." Turned away from the top department stores, they unexpectedly find jobs as pages at Tiffany & Co., becoming the first women to work on the sales floor. They were living the dream of every career girl of the 1940s.

Marjorie takes readers back to a magical time when she and Marty rubbed shoulders with the rich and famous, pinched pennies to eat at the Automat, experienced nightlife at La Martinique and danced away their weekends with dashing midshipmen. These wide-eyed Midwestern girls were dazzled by Judy Garland's honeymoon visit to Tiffany; they celebrated V-J Day in Times Square, and mingled with Café Society. Marjorie eloquently writes about falling in love, learning unforgettable lessons and making life-changing decisions with Kappa sisters by her side.

A resident of La Mesa, Calif., Marjorie (now 82) met her first husband, William "Bill" Hart, during her senior year at the University of Iowa. They were married in 1946 and later had three daughters and a son. An accomplished musician, Marjorie retired from professional cello performance in 2004 and continues to play several times per week with string quartets. Marjorie is the

former chairman of the fine arts department at the University of San Diego.

William Hart passed away in 1981, and Marjorie remarried in 1986. She and her husband, Peter Cuthbert, enjoy spending time with their 14 grandchildren, nine from her four children and five from his three daughters.

Marjorie has remained friends with Marty, who enjoyed a career in banking and was active in Junior League and served on the Women's Board of the American Heart Association assisting with fundraising events. Marty has three sons and was married to her husband, Paul, for 54 years prior to his death in 2003.

## "A Kappa Sister Changed My Life!" Essay Contest

Write in 300 words or less about the Kappa sister who changed your life. Submit by August 15, 2007, to KRISTIN STYERS, Editor, at [kstyers@kkg.org](mailto:kstyers@kkg.org) or mail to Kappa Kappa Gamma, Attn: *The Key*, P.O. Box 38, Columbus, OH 43216. A winning essay will be selected by *The Key* Editorial Board and the winner will receive a copy of *Summer at Tiffany*. All submissions become property of *The Key* and may be edited for clarity and style. Submissions may be printed at the discretion of *The Key*.



**BETA OMEGA, Oregon,** members get warmed up to volunteer at a 5K run benefiting EC Cares, which provides special education services to infants, toddlers, and preschool-age children.



**GAMMA ALPHA, Kansas State,** members co-host a "Pie a Greek" event. For a \$1 fee, students on campus can "pie" a Kappa or a Pi Kappa Alpha. Proceeds are donated to Boys and Girls Club of Manhattan, Kan.



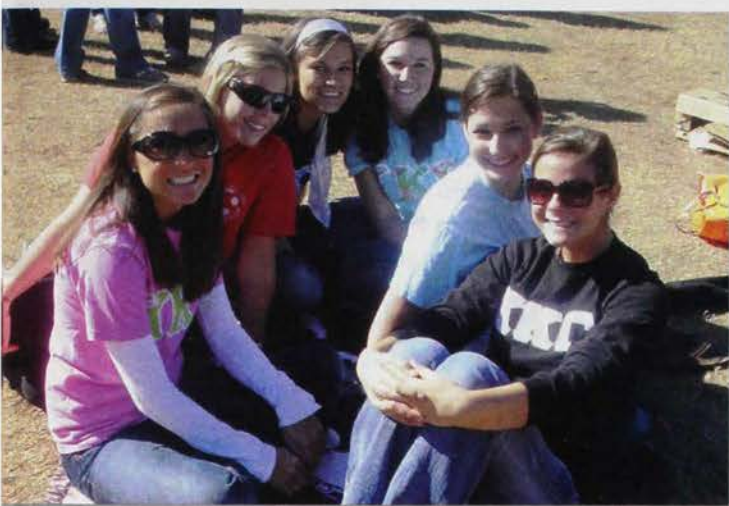
**DELTA PSI, Texas Tech,** members show their spirit with their school mascot, Raider Red, at Hands for Hope: A Walk for Autism. L to R: LAYTON SELLERS, TARA STREET, ERIN REAGAN, JENNIFER MAYO, and ELLE BURKHOLDER.



**EPSILON, Illinois Wesleyan,** members of the water polo team: BAILEE SOLTYS, SAM PODWIKI, and CARLIE MANGIERI. Practicing and traveling together has allowed them to become close friends.

**GAMMA CHI, George Washington,** members relax before a walk to benefit CARE, an organization that helps women combat poverty.





**EPSILON MU, Clemson**, members take a break during a lull in the action at their "Kappa Kick-off" fundraiser.



**EPSILON KAPPA, South Carolina**, members **DIANA MONTAGU** and **SARAH CHAKALES**, chapter President, celebrate after their spring 2007 induction into Phi Beta Kappa honor society at the University of South Carolina.

**ETA ALPHA, Furman**, chapter President **JAMIE STEPHENS** accepts a basket of goodies and Kappa shirts from **ASHEVILLE (S.C.) AREA ALUMNAE ASSOCIATION President ELIZABETH SCHWARZ MEYER, Missouri**.



**DELTA NU, Massachusetts**, members receive an award at Rho Province Meeting. Members **ANGELA NICKOLE, LAURA STANLEY, STEPHANIE SGROI** and **CASSIE CHENEY** are proud to represent the chapter.

# Study Abroad Students Need Connection to Chapters

—By **LIZ EVERSON**, *George Washington*, Overseas Studies Advisor,  
Office of International Programs, Georgetown University

The two best experiences of my college career are membership in Kappa and studying abroad. My time abroad led me to become a study abroad advisor, and I advise GAMMA CHI, *George Washington*, as well. When I went abroad in 1995, approximately 75,000 U.S. students studied abroad. By 2006, the number exceeded 200,000 students abroad.\* Study abroad is now an integral part of an undergraduate education, and is not limited to language majors.

Out of the 20 colleges and universities that send the highest percentage of the student body abroad, seven of the schools have Kappa chapters. In some chapters, as much as 85 percent of the junior class studies abroad. The majority of students study abroad spring semester of their junior year. The advantages of study abroad definitely outweigh any disadvantages in the life of collegiate women, but

their absence from the chapter can result in the following challenges:

- Junior class is underrepresented on Chapter Council
- Housed chapters may not be able to meet capacity in the chapter house
- New members pledging during spring Recruitment have not formed a bond with absent members
- Feelings of disconnection with Kappa while abroad, resulting in inactive seniors once they return.

## While She's Away

It is important for chapters to reach out to their members abroad. GAMMA CHI appoints an Abroad Liaison who is responsible for reaching out to the




ZETA OMICRON, *Richmond*, members gather for a "We Miss You" chapter photograph to send to sisters studying abroad.

women abroad, keeping them updated about chapter happenings, and encouraging them to keep in touch with the chapter. At ZETA OMICRON, *Richmond*, these duties are included in the Corresponding Secretary's position. Gamma Chi and Zeta Omicron ask its members abroad to send e-mails about their experiences, and they read the letters at chapter meetings. Zeta Omicron also sends Kappa care packages including letters from members, candy, and a picture of members with a "We Miss You" banner.

In addition to keeping in touch with their chapters, Kappas from different schools meet while abroad. At the beginning of her semester in Sydney, Australia, CASEY GOCH, *George Washington*, met KATIE HIBLER, *Vanderbilt*. They became very close, and still keep in touch. SARAH STRATTON, *Florida*, also met other Kappas while abroad. Sarah also found a way to be involved as a senior. "During my semester in Italy, the Vice President-Standards decided to transfer schools, so I decided to run for the position. From abroad, I sent in a speech to be read during the chapter meeting—and I was selected. I returned to Gainesville in May and assumed the position in the fall."

## Back to Campus Life

The most difficult part of studying abroad is transitioning back to campus, and many seniors reduce their involvement in Kappa. Re-entry into chapter life is enhanced by special events such as welcome-back parties and by encouraging the women to share their experiences. Another helpful program is to liaise with the career center or study abroad office for a "careers abroad" session. They can also take an active role in existing committees, and plan sisterhood or "kore" events such as an international progressive dinner, see an internationally-focused performance, and give travel and study abroad tips to members about to go abroad. It is crucial that this type of programming and involvement continue throughout the academic year, but is especially important to encourage participation in events from the beginning of the semester.

According to Casey Goch, "Upon coming back to George Washington we had many Kappa things going on, including Recruitment. It was nice to have events planned and organized so we could take part. Also, recruiting others to join Kappa felt a lot easier. While abroad you learn how to meet new people and embrace others different from yourself." 

*\*Statistics from the Institute of International Educations' annual Open Doors Report on International Educational Exchange.*

## Tips for Staying Connected While Abroad

Kappa relationships are important to members studying abroad. The member who decides to go abroad is not relinquishing her membership; she's seizing a rewarding opportunity that is temporary. With a little effort on both sides, Kappas can stay connected while abroad. Here are some tips to help maintain the connection between the chapter and member abroad:

### 1. Care Packages.

ZETA OMICRON, *Richmond*, sends a care package that includes:

- A letter from the chapter updating the abroad sisters on its activities throughout the fall semester
- Personal notes from Kore Group members and other sisters.
- One news magazine
- CD with all the newest U.S. pop songs
- "We Miss You" chapter photograph.

**2. Study Abroad Adviser.** Appoint a current member or young adviser who has already gone abroad. She keeps in contact with current sisters abroad, and advises future travelers.

**3. Show-and-Tell.** Hold a sisterhood event where older members share their experiences abroad with the younger members, helping them select programs and fill out applications.

**4. The Kappa Connection.** Plan to meet with other Kappas studying abroad or visit Kappas living as expatriates. Use the online Kappa Connections network before leaving to make plans for meeting with Kappas. Visit [www.kappaconnections.com](http://www.kappaconnections.com) for more information.

**5. E-mail.** In many countries, students abroad have access to e-mail. This may seem obvious, but take the time to use the available technology. Send an e-mail letter that can be read aloud to the chapter. This will help new members get to know the members who are studying abroad.

# No Time for Siesta, It's Time to Fiesta!

How one chapter makes philanthropy fun and successful

— By **RACHEL WEBER**, *Iowa State*

Inspired by Kappa Kappa Gamma's recent emphasis on "Philanthropy 1-2-3," chapters across the continent are (1) Donating money to the Kappa Kappa Gamma Foundation; (2) Sharing their time and talent with local charities; and (3) Supporting Reading Is Fundamental (RIF), the Fraternity's official philanthropic partner.

Like many chapters, DELTA OMICRON, *Iowa State*, has proven that dedication and hard work will lead to philanthropic success and a lot of fun. For example, what began as a downer of an evening turned out to be a huge fundraising success for Delta Omicron when it hosted its third-annual "Kappa Fiesta." Despite rainy weather, roughly 650 people indulged in this all-you-can-eat nacho bar.

"I couldn't believe how much it kept down-pouring," says 2006 Philanthropy Chairman, STEPHANIE REINHOLD, *Iowa State*. But having pre-sold many tickets, canceling the event wasn't a viable option, so the

members brought Kappa Fiesta indoors. "Since we normally have it outside, we had to completely rearrange the logistics while guiding people into our newly decorated dining room," explains Stephanie.

The rain didn't dampen spirits for the Delta Omicron members who were dressed in fun fiesta gear. "I wasn't expecting a big turnout because of the weather," says MACKENZIE DOLL, *Iowa State*. "But while I was taking tickets, it was fun to see everyone be so excited to be here." The event helped Mackenzie feel immersed in sisterhood with her new member class and older chapter members. "It was my first time really bonding with my sisters, and seeing the end result in our philanthropy was exciting."

Other chapter members agree that Kappa Fiesta is one of the biggest highlights of the year. "It motivates me to be excited because other people are so excited for it, and it can be hard to get people excited to spend money," says RACHAEL WATSON, *Iowa State*.

Another reason the philanthropy has been successful is that most of the food and utensils are donated. The Delta Omicron Philanthropy Committee works for months before the event to arrange with grocery stores, fast-food restaurants and Mexican restaurants to donate to Kappa Fiesta. "Most restaurants are happy to give us what they don't use during that day of business, and it's free advertising for them," says KARISSA LOHF, 2005 Philanthropy Chairman.



Whether you like it mild or spicy, Kappa Fiesta is a tasty philanthropy treat for DELTA OMICRON, *Iowa State*.



Smiles like these make it worth all the effort! **DELTA OMICRON** members support Iowa State's Dance Marathon, which benefits Children's Hospital of Iowa and the Children's Miracle Network.

In 2003, Kappa Fiesta made \$1,000. The second year it made \$2,600, and in its third year it made \$3,200. "I think next year it will be even bigger because people all over campus and other Greek chapters anticipate it," Stephanie says. "The good stuff works; food works. Everyone's always hungry."

"When planning an event, don't be afraid to delegate tasks so that everyone feels involved," says **KRISTIN ECONOMOS**, *Iowa State*, 2007 Philanthropy Chairman. "The Philanthropy Chairman should have the event mapped out and should assign each available member some task to make the event run as smoothly as possible."

In addition to planning effective fundraisers, Delta Omicron members have mastered the 1-2-3s of Kappa philanthropy: (1) They donate part of the funds from Kappa Fiesta to the Kappa Kappa Gamma Foundation. (2) They donate funds from their spring philanthropy, "Kappa Kakes," an all-you-can-eat pancake breakfast, to Iowa State's Dance Marathon, which helps support Children's Hospital of Iowa and the Children's Miracle Network. Kappa Kakes grossed \$900 in 2005, and \$1,100 in 2006. Members also participate in the dance marathon as dancers or as planning committee members to help raise money and awareness. (3) The chapter also donates a portion of Kappa Fiesta funds to Reading Is Fundamental, and members share information about RIF when selling tickets for Kappa Fiesta.

With the goal of increasing the success of their two philanthropies, Delta Omicron members mean it when they say "No time for siesta, we've got to fiesta!"

**EDITOR'S NOTE:** Share your chapter's stories and pictures of successful philanthropies. Visit [www.kappa.org](http://www.kappa.org) and click on "The Key" for submission guidelines or e-mail **KRISTIN JOHNSON STYERS**, Georgia Southern, Editor, at [kstyers@kkg.org](mailto:kstyers@kkg.org).

## 10 Tips for a Top Philanthropy

- ❶ Choose a creative event that appeals to a wide range of people, such as an all-you-can-eat meal with a festive theme.
- ❷ Select a time and location that is convenient, flexible and will draw the largest number of participants.
- ❸ Expect the unexpected! Plan ahead for the possibility of inclement weather and other challenges that may arise—and be organized down to the smallest detail.
- ❹ Ask local restaurants, businesses, vendors etc., to donate the food and/or supplies you need in exchange for advertising.
- ❺ Invite area alumnae, community members and campus leaders to join your efforts.
- ❻ Promote your event throughout the campus and community.
- ❼ Utilize the skills of chapter committees to share the workload and ensure success.
- ❽ Thank everyone who helped, and invite them to help again next year.
- ❾ Contact local media before and after your event to share your good news and send copy to *The Key*.
- ❿ Make a list of what worked well and what didn't so next year's chairman will be prepared to make the event even more successful.

—Tips provided by Delta Omicron members and Fraternity Headquarters





DELTA RHO members celebrate four Greek awards with the Mississippi Dean of Students. Pictured are ASHBY GEARY, ALICE KELLY, Dean of Students Sparky Reardon, MALLORY PHILLIPS and adviser JENNY ZELESKEY, Mississippi.

## Hard Work by Chapter Is Recognized

DELTA RHO, *Mississippi*, was honored to receive four university Greek awards for outstanding members whose efforts helped Kappa Kappa Gamma shine on campus.

Freshman MALLORY PHILLIPS received the Outstanding New Member and the Freshman Achievement Award. MARY MARGARET PETERSON, a sophomore, received an award for "Outstanding Community Servant" and JENNY ZELESKY was awarded Outstanding Adviser of the Year.

The women of the Delta Rho Chapter work hard every day to enrich the lives of others and strive to be positive role models to inspire others to achieve the highest standards of excellence.

Delta Rho was also recognized at Kappa Province Meeting in Baton Rouge, receiving the Gracious Living Award and the achievement award for Most Improved Chapter as well as recognition of the amazing alumnae who work tirelessly to support the chapter. Delta Rho is thankful for its outstanding members and is proud to have such an amazing group of friends, leaders and sisters!

## Work for Kappa!

Put your leadership skills and knowledge of the Fraternity to work. Kappa Kappa Gamma Leadership Consultants visit chapters in the United States and Canada providing training and support. Chapter Consultants receive a post-graduate scholarship to a specific college/university where they assist that chapter for one year. For more information and an application, visit [www.kappa.org](http://www.kappa.org) or contact the Chairman of Field Representatives, at [kkgHQ@kappa.org](mailto:kkgHQ@kappa.org) or (866) KKG-1870. Applications for 2008-2009 position are due October 1, 2007.

## Send Us Your Photos!

- *The Key* wants your high-quality, color photographs—NOT plain-paper copies or low-resolution digital images pasted into an e-mail message or Word file. Actual 4-by-6 prints (or larger) are preferred over digital files. If only digital files are available, *The Key* requires photographs that are originally taken at 100 percent/300 dpi (high-resolution). Send as jpeg or tiff attachments.
- Do not e-mail us links to online photo services—order the print you like and mail it to the address below. Include pertinent details and contact information via e-mail or on a separate sheet or sticky note if sending via regular mail—do not write directly on the backs of photos as this can damage the photo. Send news and photos to: *The Key*, P.O. Box 38, Columbus, OH 43216-0038 or via e-mail to [kstyers@kkg.org](mailto:kstyers@kkg.org).
- Aim for good lighting, minimal clutter and no beverage containers. Set down cups or glasses and move away from tables cluttered with food and beverages. Shoot up closely so faces can be seen.
- Provide a detailed description for each photo, including a contact name, phone number and e-mail address. Remember to include the chapter name and school.



## Kappa Scrappers

Summer is a great time to catch up on scrapbooking, and a great time to send photographs to *The Key*. As you preserve your Kappa memories, please mail prints or e-mail high-resolution, 300 dpi, digital photographs to *The Key*. Submitting your photographs to *The Key* will also preserve your chapter's history. Submitted photographs are stored in the Fraternity archives.

Send images to KRISTIN JOHNSON STYERS, *Georgia Southern*, Editor, [kstyers@kkg.org](mailto:kstyers@kkg.org), or P.O. Box 38, Columbus, OH 43216.

## Hoots and Salutes!

**DELTA LAMBDA**, *Miami (Ohio)*, was recognized on campus for the most improved chapter GPA and for the highest GPA among Panhellenic groups on campus.

Greek Awards for **OMEGA**, *Kansas*, included awards in six categories: excellence in external relations, community service, membership development, interfraternal relations, risk management and overall excellent chapter.

**WASHINGTON AND JEFFERSON**, *Zeta Lambda*, is proud of several Greek awards on its campus, including: highest overall Greek organization GPA, highest Greek new member GPA, Greek talent award (Greek Week), and Spirit Award for campus-wide Greek philanthropy.

Three members of **GAMMA OMEGA**, *Denison*, were elected to student government offices on campus: **JANINE WARANOWICZ**, Speaker of Senate; **MCKINLAYE HARKAVEY**, Public Relations Chairman; and **RACHAEL GRILLEY**, Rules Chairman.

# Scholastic Honors Report



(Fall 2006 data based on reports received at Headquarters as of April 9, 2007)

## Chapters at or Above the All-Sorority Grade Point Average

### REGION 1:

#### Alpha Province

Marist

#### Beta Province

Bucknell  
Dickinson  
Penn State  
Pittsburgh  
Villanova

#### Rho Province

Connecticut

### REGION 2:

#### Gamma Province

Akron  
Cincinnati  
Denison  
John Carroll  
Miami (Ohio)  
Ohio Wesleyan

#### Lambda Province

George Washington  
Richmond  
Virginia

#### Nu Province

Centre  
Kentucky

### REGION 3:

#### Mu Province

Central Florida  
Clemson  
Florida  
Florida State  
Furman  
Miami (Fla.)

#### Theta Province

North Texas  
Oklahoma  
Oklahoma State  
Tulsa  
Southern Methodist  
Texas A&M  
Texas Tech

#### Xi Province

Arkansas

### REGION 4:

#### Delta Province

DePauw  
Indiana  
Michigan  
Valparaiso  
Wisconsin

#### Epsilon Province

Illinois  
Illinois Wesleyan  
Minnesota

#### Zeta Province

Iowa State  
Kansas  
Kansas State  
Missouri  
Nebraska  
Westminster

### REGION 5:

#### Eta Province

Utah

#### Iota Province

Idaho  
Montana  
Washington  
Washington State

### REGION 6:

#### Kappa Province

Arizona  
San Diego  
UC Irvine  
UCLA  
Cal. State, Northridge  
UC Santa Barbara

#### Pi Province

Cal. State, Fresno  
UC Davis

## Scholastically Ranked First on Campus

### REGION 1:

#### Alpha Province

Waterloo

### REGION 2:

#### Gamma Province

Cincinnati  
John Carroll

### REGION 3:

#### Theta Province

North Texas

#### Xi Province

Arkansas

### REGION 4:

#### Zeta Province

Westminster

### REGION 5:

#### Iota Province

Washington

### REGION 6:

#### Kappa Province

Cal. State, Northridge  
UCLA

## Kappas with 4.0 GPA

### REGION 1:

#### Alpha Province

Colgate  
Ashley Olentine

#### Cornell:

Stacy Abrams  
Lisa Antonecchia  
Maddy Barenholtz  
Brittany Birrell  
Kristina Bisset  
Becky Carron  
Anna Dubenko  
Jamie Tsuzuki

#### Marist:

Nicole Reno

#### Villanova:

Rebecca Clement  
Shannon Doyle

#### Waterloo:

Alicia Grubb  
Stephanie Sin Yan Too  
Bari Friedman  
Mandeep Suri  
Linh Tran  
Lauren Vancea

#### Beta Province

#### Dickinson:

Sarah Flynn  
  
Penn State:  
Lindsay Allan  
Christina Gruchacz  
Anna Guthrie  
Laura Little  
Mary Muslow  
Jessica Phelan  
Megan Weidman

#### Princeton:

Emilie Aguirre  
Courtney Brein  
Rachel Farnsworth

#### Rho Province

#### Connecticut:

Kristina Forzaglia  
  
Dartmouth:  
Linda Lomelino  
Kelly Mothner  
Anna Stone  
Nichola Tucker  
Jo Hannah Hoehn

### REGION 2:

#### Gamma Province

Akron:  
Carolyn Hofer  
Allison Tuesday  
Tabitha Wilson  
Emily Troyer  
  
Bowling Green:  
Amanda Garrison  
Kerrigan Michael  
Peggy Zeligson  
  
Cincinnati:  
Abby Brehn  
Alison Dindelacker  
Katie Jansen

#### Denison:

Erica Minne  
Alison Reynolds

#### John Carroll:

Kathryn Stevens  
Kelsey Schafer  
Amanda Pizzi

#### Miami (Ohio):

Kelsey Kuptz  
Nicole Mercurio  
Melisa-Beth Rooke  
Sharon Santangelo  
Kristin Schubert  
Whitney Stevens

#### Lambda Province

#### George Washington:

Jenna Barsky  
Bari Friedman  
Laurie Gashin  
Emily Kahn  
Amanda Spray

#### Virginia Tech:

Heather Ahrens  
Lindsey Hassell  
Lyndsey Marchman  
Amanda Misiewicz

#### West Virginia:

Lauren Brantingson  
Emily Calandrelli  
Emily Carmichael  
Bethany Cooperrider  
Chelsea Cross  
Danielle DeCarolis  
Carrie Beth Ellis  
Whitney Frail  
Erica Ghareeb  
Kayla Gutta  
Monica Harvey  
Whitnie Kropp  
Jessica Lamp  
Elizabeth Mattingly  
Rynnie Ross  
Christina Tully  
Cassie Willis  
Morgan Wilt  
Jennifer Zook

### Nu Province

#### Centre:

Sam Bottom  
Karen Ellestad  
Claire Hagedorn  
Megan Hall  
Julia Hubbard  
Jillian Kenyon  
Katherine Luking  
Lindsay Maurer  
Alison McDaniel  
Kira Newcomb  
Laura Phillips  
Caitlin Rhodes  
Anne Rushing  
Sarah Samuel  
Becca Todd  
Meg Thompson

#### Kentucky:

Luna Aziz  
Julie Bates  
Robyn Brandenburg  
Laura Craver  
Carissa Dowden  
Stephanie Dansker  
Whitney Elswick  
Rebecca Fields  
Jamie Gardner  
Susan Hall  
Molly Hamilton  
Katie Harper  
Sarah Hogue  
Felicia Lozano  
Betsy Moore  
Kim Parsons  
Courtney Rothman  
Jordann Sullivan  
Katie Teets  
Megan Thompson  
Andrea Travis  
Jaclyn Zakin

#### North Carolina:

Keri Berman  
Bonnie Harrison  
Brienne Letourneau  
Rebecca Morgan  
Jennifer Smith  
Katherine Smith  
Carrie Stroud

#### Tennessee:

Mackenzie Cox  
Sarah Fitzgerald  
Brittany Kelsey  
Jessica Kile  
Lyndsay Newell  
Summer Rauchle  
Rachel Smith

#### Vanderbilt:

Kelly Cashen  
Lauren Courtney  
Danielle Di Benedetto  
Ashley McCarl  
Shani Shalev  
Kristin Smietana  
Greta Ulvad  
Kathryn Wile

#### Wake Forest:

Caroline Anderson  
Megan Connolly  
Samantha Mann

### REGION 3:

#### Mu Province

Central Florida:  
Lauren Albers  
Danielle Aming  
Kristen Buccigrossi  
Nicole Crooks  
Eliza Daumen  
Iara Dundas  
Jessica Haase  
Erin Johnston  
Christina Katte

Elaina Naughton  
Maria Pecoraro  
Christina Rushman  
Amy Sheer  
Megan Smernoff  
Suzanne Steele  
Samantha  
Steinemann  
Ashley Thompson  
Jessica Wildman

#### Clemson:

Carly Aasen  
Lauren Acsell  
Mary Allen  
Lauren Bowden  
Paige Buffington  
Stephanie Carroll  
Emily Choate  
Elizabeth Collins  
Sarah Dannelly  
Katherine Davis  
Lisa Gigliotti  
Elizabeth Guleke  
Jessica Heitman  
Jessica Hendrix  
Rebecca Kalinowski  
Lindsey Kitterman  
Hannah Lowe  
Madeline Martin  
Jo Mayberry  
Stefanie Mitchell  
Margaret Nicolson  
Margaret Nickles  
Elizabeth Peaks  
Sarah Scott  
Paris Simpson  
Amanda Slusne  
Margaret Stazak  
Chelsea Stewart  
Sara Suiter  
Amanda Wallace  
Kimball Zane  
Ansley Zarra

#### Emory:

Barbara Altimus  
Allison Archer  
Sarah Blenner  
Laura Boyer  
Diana Corwin  
Nicole Grifka  
Elise Harvey  
Joy Henderson  
Nicole Josko  
Kathryn Koch  
Laura Marbury  
Melissa Matles  
Rachel Zerkowitz

#### Florida:

Alara Aktan  
Virginia Aline Baker  
Kiki Bauer  
Allyson Cooper  
Nina DeJong  
Tessly Dieguez  
Adrian Erlenbach

Chellse Gazda  
Andrea Hardee  
Lindsey Hartsfield  
Kathryn Horst  
Lisa McCraw  
Sara Meerow  
Jessica Moore  
Erin Casey Osborne  
Lindsey Penn  
Lauren Peterson  
Annie Prescott  
Kristen Scheff  
Cammy Schulz  
Elizabeth Wallace

#### Florida State:

Celeste Block  
Katie Eiden  
Katie Erba  
Amanda Kapetanakos  
Rachel Sparks  
Amber Withrow  
Lindsay Wood  
Kaitlin Woods

#### Furman:

Stephanie Bass  
Mary Beth Hayes  
Danielle Lupton  
Emily Robinson

#### Miami (Fla.):

Rachel Ewy  
Sarah Ferguson-Brown  
Alexandra Henchy  
Courtney McCune  
Karrie McDonough  
Megan Porter  
Malini Reddy  
Renee Schmitt  
Stephanie Shulder  
Julie Wetmore

#### Rollins:

Lauren Savage

#### South Carolina:

Anne Ahuja  
Aliza Bell  
Blair Brackin  
Alexandra Campion  
Mary Catherine Caffrey  
Mallory Collins  
Sloane Dills  
Allison Edwards  
Alexa Erbach  
Amanda Sims  
Laurie Miller  
Lauren Ford  
Jeni Fridge  
Kara Frost  
Lael Whiteside  
Dana Yerace  
Randa Zakhour

#### Theta Province

North Texas:  
Belinda Cook

Bonnie Farrinella  
Samantha Hearn  
Sarah Miller  
Mary Frances Pharris  
Ashley Walker  
Adelle York

*Oklahoma:*  
Roni Albert  
Julia Allen  
Laura Allen  
Lindsey Ameen  
Meredith Ames  
Brittany Bollinger  
Melissa Bugg  
Mary Carter  
Ashlyn Chastain  
Cara Christoffersen  
Kimberly Coleman  
Whitney Cox  
Allie Dickinson  
Shannon Dobler  
Jill Donaldson  
Carly Hamilton  
Elizabeth Hullinger  
Anne Karns  
Emily Lester  
Candace Marcum  
Emily McGee  
Grace Meyer  
Shannon Mitrisin  
Katie Paton  
Sarah Pierini  
Lane Pilkington  
Becky Provence  
Sheridan Samples  
Lauren Schlueter  
Katie Shoush  
Allie Spears  
Lizzie Spears  
Helen Tracy  
Taylor Tompkins  
Claire Tucker  
Lauren Tucker  
Emily Watkins  
Alex White  
Calli Whitehill  
  
*Oklahoma State:*  
Elizabeth Bendel  
Ashley Blakely  
Allison Bryden  
Ashley Dowell  
Sara Hughes  
Megan Kirkpatrick  
Mary Lada  
Lauren Pitts  
Meredith Roberson  
Leigh Ann Spielberger  
Emily Stevens  
Brittany Sullivan  
Emily Switzer  
Emily Weir  
Jillianne Zwiackier  
  
*Southern Methodist:*  
Marisa Allen  
Kathryn Gresham  
Kathryn Lott  
Jessica Roska  
Lauren Smyth  
  
*Texas:*  
Bonnie Abell  
Catherine Baggett  
Megan Bennett  
Caitlin Cuniff  
Jessica Delaisse  
Annie Dishman  
Meg Dowdy

Kaki Gaines  
Camille Gavin  
Allyson Goodloe  
Sarah Hill  
Jaime Hopkins  
Lindsey King  
Taylor Kingshill  
Natalie Koeijmans  
Lucy Lawson  
Megan Looney  
Carlisle Maxwell  
Kaitlan Moczulski  
Julie Owen  
Kelly Parma  
Elaine Patterson  
Ashley Powell  
Lane Sealy  
Courtney Somerville  
Chelsea Tabor  
Shara Ticku  
Sarah Williams  
Beth Wilson  
  
*Texas A&M:*  
Kenyon Allen  
Jessica Anderson  
Nicole Baltzell  
Jena Barnard  
Blair Bass  
Cassidy Clark  
Abigail Gleason  
Catherine Grimes  
Catherine Hearn  
Whitney Herring  
Kristyn Hobbs  
Amanda Howe  
Paige Jarvis  
Kristin Kelly  
Kelli Kilgore  
Jennifer Leach  
Lauren Liljenwall  
Marcie McSwane  
Callie Mortimer  
Catherine Roark  
Kaylee Shepherd  
Natalie Snyder  
Emily Spurgeon  
Rebecca Webster  
Emilie Weissler  
Margaret Whitten  
Laura Wise  
Haley Wilcox  
  
*Texas Christian:*  
Camellia Blackerby  
Chelsea Cace  
Katie Cruz  
Ashley Dieterle  
Nicole Durham  
Erin Mai  
Julia Miller  
Amy Tatum  
Eily Wheeler  
Emily Zuber  
  
*Texas Tech:*  
Courtney Collins  
Holly Grzybowski  
Hallie Kerrigan  
Lee Bobbitt  
Elle Burkholder  
Christina Conway  
Meagan Crockett  
Cailey Davis  
Erin Hicks  
Lauren Huffman  
Abbye Irons  
Whitney Kahn  
Haley Layman  
Sarah Lueckenhoff

Cynthia McManus  
Elizabeth Meyers  
Carly Moore  
Teresa Natale  
Mary Roberts  
Amy Shahan  
Abby Turner  
Allison Wagner  
Jarrot Wilkinson  
Lindsey Yantis  
  
*Tulsa:*  
Bridget McKenna  
Megan James  
Megan Mitchell  
Leslie Sanders  
Jennifer Scowcroft  
  
**Xi Province**  
*Alabama:*  
Louise Acomb  
Lauren Bell  
Liz Dick  
Bryn Gardner  
Mary Lou Houston  
Sara Pohlman  
Emily Bell  
Holly Brown  
Caroline Crow  
Vance Irvine  
Jennifer Lewis  
Addie Mancuso  
Carson Maxwell  
Elizabeth McDonald  
Nancy Stimpson  
Catherine Stokes  
Caitlin Terry  
  
*Arkansas:*  
Marissa Amerine  
Brady Barnes  
Kalee Beason  
Kaylea Booth  
Sarah Barrow  
Becca Carlson  
Andrea Coker  
Christin Cooke  
Jenny Culver  
Rebecca Fleeman  
Taylor Goins  
Jenny Hardin  
Katie Hoard  
Ashley Jones  
Tina Korbe  
Kelli Kostelnik  
Marcy Manly  
Mallory Maulden  
Clare McCreery  
Kristin Monnig  
Hunter Ochsner  
Caroline Puddephatt  
Jordan Richter  
Carla Sawatski  
Leah Stamper  
  
*Auburn:*  
Ashleigh Anderson  
Jennifer Carswell  
Lauren English  
Jean Hestley  
Carolyn Kuhn  
Amy Larue  
Carrie Laurendine  
Leslie McClenny  
Shannon Nelson  
Rebecca Roberts  
Molly Tate  
Lauren Vernon  
Sandra Wolf

**REGION 4**  
**Delta Province**  
*Butler:*  
Mary Beth Arnold  
*DePauw:*  
Ashley Baxstrom  
Sarah Hile  
Marisa Mokodean  
Kathryn Phillips  
Susannah Ramshaw  
  
*Purdue:*  
Michelle Breen  
Ashley Eiler  
Stephanie Evans  
Angela Fast  
Anne Gindele  
Heather Harman  
Emily Jones  
Mary Koss  
Kathryn Kowal  
Emily Mangan  
Molly Matel  
Ashley McMahon  
Megan Mitcheff  
Monica Mitcheff  
Elena Montgomery  
Whitney Palmer  
Anne Plewes  
Gretchen Reifeis  
Elizabeth Reitz  
Renee Wahl  
  
*Valparaiso:*  
Jessica Doerrfeld  
LaShelle Finke  
Courtney LaFerte  
Kellianne Semro  
Elayna Strell  
Brittany Winebar  
Christine Witt  
Ellie Wulliman  
Molly Zeller  
  
**Epsilon Province**  
*Illinois:*  
Christine Downing  
Neha Gore  
Amy Hillier  
Amy Huckstadt  
Jacqueline Jachymiak  
Melissa Johnson  
Ann Kempf  
Natalie Kenna  
Margaret Lenz  
Eva Lindsay  
Ana Martinez  
Sarah Mason  
Ashley Nordlund  
Christel Ryndak  
Laura Schmidtke  
Katherine Stackwell  
Jiwon Sung  
Kristine Urugami  
Stacy Weber  
  
*Illinois Wesleyan:*  
Jessica Biro  
Amanda Hentsch  
Cynthia Klein  
Katherine Klowden  
Melissa Koeppen  
  
*Minnesota:*  
Alli Euson  
Kristen Newman  
Sarah Wilson  
  
*Monmouth:*  
Natasha Kemmerling  
Elizabeth Rizki

Hayley Townsend  
Alison Warren  
  
*Wisconsin:*  
Terra Lyn Chorney  
Emily Liesch  
Elizabeth Albert  
Jeannette Anderson  
Laura Hacker  
Kristine Keller  
Catherine Matloub  
Mallory Geschke  
  
**Zeta Province**  
*Iowa:*  
Stephanie August  
Madeline Ryan  
Catherine Tefer  
  
*Iowa State:*  
Jessica Hansen  
Sydney Harman  
Lindsay Quilling  
  
*Kansas:*  
Sarah Arnsperger  
Megan Bailey  
Emily Baird  
Whitney Beaver  
Kristen Dixon  
Kyleigh Gould  
Lauren Gray  
Lauren Gross  
Kristen Hageman  
Christine Hartigan  
Jamila Saadi  
Stacey Shields  
Danielle Sloan  
Christina Tuohy  
Mary Annie Van Allen  
Molly Wayne  
  
*Missouri:*  
Lauren Babcock  
Lauren Beussink  
Erin Birke  
Lauren Brucks  
Maggie David  
Elizabeth Donovan  
Katherine Griffith  
Mallory Hynes  
Ashten Kimbrough  
Kayla Maule  
Megan McFerson  
Lisa McGrath  
Allison Palmatier  
Meredith Rash  
Whitney Deforest  
Amy Doerr  
  
*Nebraska:*  
Melissa Adamson  
Justine Caniglia  
Hayley Epstein  
Elizabeth Farrow  
Melissa Maher  
Emily Head  
Marena McManus  
Marcie Minchow  
Kathryn Thelen  
Shelby Tilts  
Maggie Tunning  
Stephanie Turner  
  
*Simpson:*  
Elise Ahrens  
Allison Chapin  
Courtney Jensen  
Kim Opatz  
Rebecca Peterson  
Meredith Shelquist  
Shara Tibken

*Washington Univ.:*  
Sarah Beth Berry  
Amelia Boone  
Julie Brodell  
Alison Curran  
Stephanie DiFazio  
Megan Eberhard  
Kathi Fine  
Ellen Fuson  
Alison Goulding  
Lindsey Grossman  
Safiya Karsan  
Meg Larson  
Ellen Pratt  
Karen Shefland  
Amrita Singh  
Marissa Styne  
Jessica Winzelberg  
Kathryn Zabielski  
  
*Westminster:*  
Lauren Brohammer  
Kelly Dye  
Emily Hunter  
Kiera Jarvis  
Alexandra Klaus  
Margaret Larkin  
Mary Beth Miller  
Alexandra Saucier  
Maggie Thiel  
Rachelle Wilson  
  
**REGION 5**  
**Eta Province**  
*Colorado State:*  
Tiffany Holly  
  
*New Mexico:*  
Amber Cannon  
Rachel Holter  
Kristina Klein  
Patricia Warne  
  
*Utah:*  
Jen Bushi  
Shadie Ghaibi  
Riann Robbins  
  
**Iota Province**  
*Albertson:*  
Jessica Austin  
  
*British Columbia:*  
Priscilla Chan  
Leanne Dale  
Andrea Libman  
Meghan Gilley  
Stephanie Kosseim  
Lauren McLaughlin  
Lise-Anne  
McLaughlin  
Laura Starcevic  
Rachel Zylka  
  
*Idaho:*  
Kristin Boyd  
Ashleigh Crawford  
Kathryn Elgee  
Alyson French  
Hayley Guenther  
Katrina Lechlitter  
Jennifer Mano  
Keanna Moy  
Tess Nally  
JoAnna Seely  
Casey Siegwarth  
Jessica Snow  
Whitney Sweat  
Chivonne Sweeney  
Breanna Thompson

*Washington:*  
Emily Cox  
Hailey Topliff  
  
**REGION 6:**  
**Kappa Province**  
*San Diego:*  
Mackenzie Atkinson  
Emily DiAmico  
Natalie Goldfarb  
Rachael Goldfarb  
Laura McCaffrey  
Erin Monley  
Julie Scott  
  
*Southern Cal.:*  
Genevieve Ang  
Sari Berman  
Kim Gilmour  
Brittany Karlen  
Nora Murrell  
Alexis Pelekanos  
  
*UC Irvine:*  
Amanda Eacker  
Anne Lamsa  
Emerald Telebrico  
  
*UCLA:*  
Julie Bennett  
Robin Chiriboga  
Gina DiDomenico  
Molly Duffey  
Katelan Little  
Allison Rossi  
Sara Rossi  
Kenly Walker  
  
*UC Riverside:*  
Jessica Coffield  
Magali Juarez  
  
*UC Santa Barbara:*  
Katie Clemons  
Rony Ghoraihy  
Carly Jones  
Sara Northrop  
Colleen Riley  
Juliana Voth  
  
**Pi Province**  
*Cal State Fresno:*  
Lauren Kwiatkowski  
Tara Paul  
  
*Oregon:*  
Nicole Campbell  
Eryn Meinhart  
Stephanie Weller  
  
*Oregon State:*  
Kaitlin Koosman  
  
*Stanford:*  
Jennifer Avrin  
Brittany Billmaier  
Alexa Binns  
Nada Boutros  
Rachel Buehler  
Meredith Ely  
Eleni Greenwood  
Margaret Krummel  
Katie Ostrager  
Kathryn Rickertsen  
Kelly Wright  
  
-----  
**Please report  
corrections or  
omissions to  
jsteiner@kkg.org.**

# in memoriam

These names were submitted to Fraternity Headquarters between January 19, 2007, and April 9, 2007.

## \* ADELPHI COLLEGE

O'Brient, Marjorie Roth, '47, d. 01/07

## ALABAMA, UNIVERSITY OF

Chandler, Ann Wilkinson,

'56, d. 02/07

Hayes, Margaret Brannan,

'43, d. 02/07

Plewes, Ruth Hoeksema,

'42, d. 03/07

## ARIZONA, UNIVERSITY OF

Taylor, Kimberley, '72, d. 01/07

## BRITISH COLUMBIA, UNIV. OF

Allan, Mary Messinger, '49, d. 10/06

Nicholson, Beverley Dixon,

'48, d. 01/07

## CALIFORNIA STATE U., FRESNO

Martin, Patricia Stout, '54, d. 01/07

## CALIFORNIA, U. OF SANTA BARBARA

Bartnicki, Linda, '87, d. 01/07

## CALIFORNIA, U. OF, BERKELEY

Harvie, Nancy Reid, '43, d. 08/06

## CALIFORNIA, U. OF, LOS ANGELES

McWethy, Ann Pulliam, '39, d. 03/07

Shinner, Ellinor Vetter, '38, d. 01/07

## CARNEGIE-MELLON UNIVERSITY

Madigan, Marie Sunseri, '44, d. 01/07

## CINCINNATI, UNIVERSITY OF

Brandt, Dorothy Freese, '37, d. 11/06

Quist, Kathryn Seitz, '42, d. 02/07

## COLORADO COLLEGE

Layton, Cynthia, '77, d. 11/98

## COLORADO STATE UNIVERSITY

Sample, Mary Mayhugh,

'58, d. 03/02

## COLORADO, UNIVERSITY OF

Franklin, Nancy Lee, '45, d. 01/07

## CORNELL UNIVERSITY

Knott, Jane Knight, '41, d. 02/07

Leonard, Mary Wells, '41, d. 01/07

Lundahl, Mary Hvid, '35, d. 10/86

## DEPAUW UNIVERSITY

Hurst, Lucy Richardson, '42, d. 03/07

Lavidge, Margaret Zwigard,

'42, d. 08/06

Steinmetz, Barbara Haig, '31, d. 05/06

## DRAKE UNIVERSITY

Dorn, Ariel Corry, '29, d. 05/06

## GEORGE WASHINGTON UNIVERSITY

Candland, Barbara Hamma,

'38, d. 08/02

Kennedy, Ruth Molyneux,

'32, d. 02/07

## GEORGIA, UNIVERSITY OF

Simmons, Eleanor Jones,

'69, d. 03/07

Wilkins, J. Lovat Anderson,

'54, d. 03/07

## HILLSDALE COLLEGE

Custis, Phyllis Hodson, '36, d. 12/05

Echlin, Margaret Nigro, '61, d. 02/06

Haley, Janet Lipke, '49, d. 12/05

## ILLINOIS WESLEYAN UNIVERSITY

Grimes, Mary Ricks, '32, d. 03/07

Long, Myra Peairs, '34, d. 01/07

Schwulst, Anna Wilcox, '43, d. 03/07

Weger, Edith Thomas, '34, d. 04/06

## ILLINOIS, UNIVERSITY OF

Redlick, Jeanne Aubineau,

'43, d. 03/05

Wall, Jane Diener, '30, d. 12/06

## INDIANA UNIVERSITY

East, Martha Sailors, '35, d. 01/07

Morris, Doris Hayward, '42, d. 01/07

Reid, Peggy Burrell, '39, d. 11/06

## IOWA, UNIVERSITY OF

Gay, Dorothy Wallace, '42, d. 01/07

MacDonald, Josephine, '29, d. 02/07

Ramsey, Mary Carroll, '39, d. 02/07

## KANSAS, UNIVERSITY OF

Denney, Dolores Teachenor,

'47, d. 11/05

## KENTUCKY, UNIVERSITY OF

Gaitskill, Ruth Gay, '37, d. 02/07

## LOUISIANA STATE UNIVERSITY

Donnell, Madeleine Roach,

'37, d. 02/07

## \* MARYLAND, UNIVERSITY OF

Murphey, Billie Jones, '35, d. 03/07

## MIAMI UNIVERSITY

Newsom, Margaret Copeland,

'44, d. 03/07

## MICHIGAN STATE UNIVERSITY

Otto, Helen Beebe, '39, d. 02/05

Schreiber, Emmajean Leroy,

'37, d. 04/07

## MICHIGAN, UNIVERSITY OF

Crue, Kathleen Watson, '45, d. 02/07

## MINNESOTA, UNIVERSITY OF

Moxness, Karen, '56, d. 01/07

## MISSISSIPPI, UNIVERSITY OF

Nash, Margaret McLellan,

'49, d. 11/06

## MISSOURI, UNIVERSITY OF

Lake, Evelyn Myers, '34, d. 01/04

## MONMOUTH COLLEGE

Watson, Marjorie Elliott, '39, d. 01/07

## MONTANA, UNIVERSITY OF

Laird, Dorothy Root, '33, d. 11/05

Miller, Joann Ryan, '45, d. 11/06

O'Connell, Patricia McDonald,

'36, d. 11/02

O'Loughlin, Patricia Lake,

'42, d. 02/07

Streit, Helene Kallgren, '45, d. 01/07

## NEBRASKA, UNIVERSITY OF

Knudsen, Sally Stebbins, '45, d. 01/07

Phelps, Charlotte Huse, '34, d. 03/07

## NEW MEXICO, UNIVERSITY OF

Ballenger, Nancy, '61, d. 01/07

Gidden, Jacqueline Anderson,

'48, d. 01/05

Haegelin, Margaret Roser,

'61, d. 02/07

## \* NORTH DAKOTA STATE UNIVERSITY

Richardson, Jane Alexander,

'46, d. 09/06

Stockman, Lavonne Schwartz,

'57, d. 03/06

## NORTHWESTERN UNIVERSITY

Barton, Amy Veerhoff, '32, d. 08/04

Melum, Bettie Seymour, '34, d. 07/06

## OHIO STATE UNIVERSITY

Walker, Hazel Lee, '39, d. 02/07

## OHIO WESLEYAN UNIVERSITY

Jacobson, Elizabeth Fearheiley,

'41, d. 11/06

Waldock, Mary Speers, '49, d. 01/07

## OKLAHOMA, UNIVERSITY OF

Barclay, Martha Thomson,

'38, d. 04/04

Blair, Margaret Berry, '24, d. 01/07

Thompson, Leslie Crawford,

'31, d. 06/05

## OREGON STATE UNIVERSITY

Emory, Betty Major, '38, d. 01/07

Stafford, Margaret Robinson,

'41, d. 03/07

## OREGON, UNIVERSITY OF

Creel, Rosemary Loder, '46, d. 11/06

De Alvarez, Betty Casey, '35, d. 10/05

Dielschneider, Gay Hamilton,

'31, d. 03/07

Forrester, Eleanor Aldrich,

'34, d. 01/07

## PENNSYLVANIA STATE UNIVERSITY

Nolt, Ruth Metzger, '46, d. 03/07

Scofield, Marielle Hobart,

'34, d. 12/04

## \* PENNSYLVANIA, UNIVERSITY OF

Boakes, Ann Schrenk, '38, d. 03/07

Danforth, Elise Duncan, '41, d. 05/06

Hall, Elizabeth Schade, '49, d. 12/06

Lenhard, Helen Loving, '31, d. 02/07

Lysaught, Gwen, '42, d. 11/06

## PITTSBURGH, UNIVERSITY OF

Foldessy, Dorothy Getsinger,

'30, d. 10/06

## PURDUE UNIVERSITY

Carroll, Betti Murphy, '44, d. 02/07

Dehnert, Bettye Benson, '44, d. 03/07

## RICHMOND, UNIVERSITY OF

Rash, Emily Reed, '91, d. 05/06

## ROLLINS COLLEGE

Ely, Shirley Bassett, '40, d. 04/06

Giles, Molly Rugg, '44, d. 02/07

## \* SAN JOSE STATE UNIVERSITY

Shields, Roberta Thompson,

'49, d. 01/07

## SOUTHERN CALIFORNIA, U. OF

Coyne, Patricia Davis, '58, d. 10/06

## SOUTHERN METHODIST UNIVERSITY

Dobson, Peggy Hendry, '37, d. 10/06

Reynolds, Rose Young, '47, d. 01/04

## ST. LAWRENCE UNIVERSITY

Adams, Martha Paige, '45, d. 05/06

Zimmermann, Jane Kane,

'46, d. 03/07

## STANFORD UNIVERSITY

Mitchell, Jean Bothwell, '33, d. 12/06

## TEXAS CHRISTIAN UNIVERSITY

Rowley, Elizabeth Hamilton,

'81, d. 03/07

## TEXAS TECH UNIVERSITY

Hansen, Elizabeth Haltom,

'53, d. 12/06

Shaud, Janelle Ohlenbusch,

'57, d. 12/06

## TEXAS, UNIVERSITY OF

Adams, Virginia Bratten,

'41, d. 01/07

Brown, Carol Smith, '65, d. 01/07

Burke, Elena Tyng, '29, d. 11/06

Cartwright, Nancy Casey,

'36, d. 02/07

Dougherty, Jane Chiles, '36, d. 12/06

Fawcett, Ann Ingram, '51, d. 08/06

Hollamon, Elizabeth, '49, d. 03/07

Hunt, Alice Daniels, '41, d. 06/06

Lee, Frances Carrington,

'42, d. 01/07

## TORONTO, UNIVERSITY OF

Asselstine, Marjorie Dawe,

'41, d. 12/06

Mac Feeters, Diana Hamilton,

'44, d. 12/06

Millar, Lilian Staples, '26, d. 01/07

Walker, Elizabeth Smith, '29, d. 01/07

## TULANE UNIVERSITY

Gourley, Mary Sayle, '78, d. 03/07

Minshall, Dorothy Bland,

'51, d. 11/06

## VIRGINIA TECH UNIVERSITY

Hammaren, Caitlin, '06, d. 04/07

## WASHINGTON STATE UNIVERSITY

Ouillette, Teresa Murphy,

'30, d. 03/07

## WASHINGTON, UNIVERSITY OF

Harnan, Virginia, '39, d. 11/06

Stewart, Dorothy Gilardi,

'37, d. 12/06

Wagner, Marian Mahncke,

'42, d. 01/07

## WEST VIRGINIA UNIVERSITY

Hanst, Polly Johnson, '26, d. 02/07

Patton, Laura, '51, d. 05/06

Phillips, Joana White, '44, d. 02/07

## WHITMAN COLLEGE

Adams, Donna Despain, '42, d. 02/07

Harris, Marjorie Stirling,

'27, d. 11/06

## WISCONSIN, UNIVERSITY OF

Rasmussen, Elizabeth Hillis,

'39, d. 12/06

## WYOMING, UNIVERSITY OF

Swenson, Catherine Erb, '38, d. 08/05

\* Indicates inactive chapters.

CAITLIN HAMMAREN, *Virginia Tech*, a sophomore French and international studies major, died in the campus shootings at Virginia Tech University on April 16, 2007. Members who wish to send condolences to ZETA MU CHAPTER should send them to:

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