

the Key

KAPPA
KAPPA GAMMA

Volume 108, No. 2

Summer 1991

To the chamber-builders:

Power to keep control of our lives

Rush — the first chamber of Kappa life



"A woman student matriculated . . ."

Today Kappa Kappa Gamma is being challenged on some campuses as a single sex organization. On today's campus, how do conditions compare to those which existed when we were founded? Why a woman's fraternity? What are the functions of fraternity life?

In 1870, women were a minority on the college campus. Our Founders wanted to form an organization of women for support, friendship, and to further academic pursuits. Today, many women are enrolled on formerly all-male campuses where the attitude of male dominance continues and women need their own support group. Women are entering careers previously dominated by men; networking through Kappa Kappa Gamma friendships provides the support which empowers them to meet the challenges ahead.

Fraternities are the most important form of voluntary association created by college students; an association of people, chosen by the existing group who seek to achieve a purpose through social cooperation. Voluntary associations have been described by various social scientists as pioneers of progress, expressions of faith in the value of society, schools of democratic action, and socializing agencies aiding youth to develop maturity. It is widely accepted that voluntary associations have done much to shape American and Canadian history and to make life in these countries different from that in Europe.

Fraternities are a primary group. There are only a few important primary groups in society — the family, the elementary school classroom group, the church group, the team, and the college fraternity. In a primary group, members meet face to face frequently, and are extremely influential in shaping the behavior and character formation of younger members. Primary groups teach one how to behave, to help to adjust to and identify with society, and help in the achievement of stable personality.

One special characteristic of a democratic society has been social mobility, the ability to rise (or fall) fast and far in status by means of personal effort during one's own life-

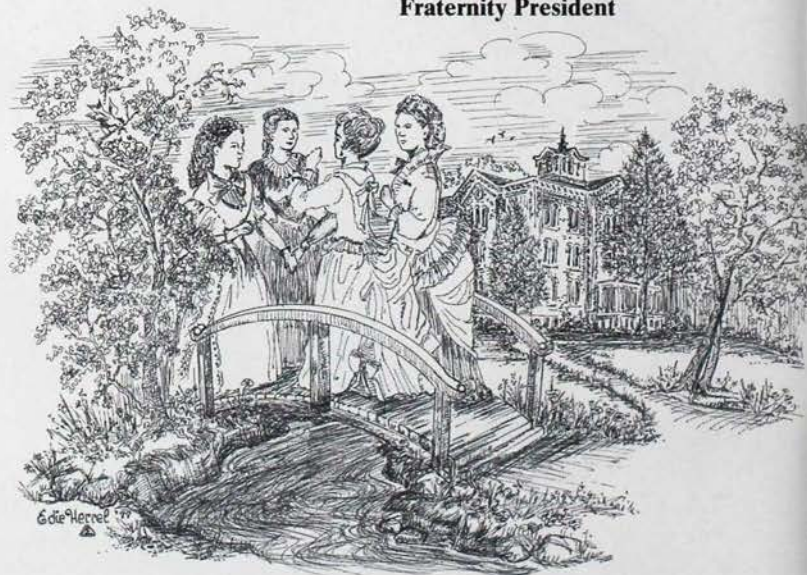


time. The college fraternity, by admitting both rich and poor to membership, regardless of race, religion, or ethnic origins, has afforded the children of immigrants and pioneers the opportunity to mingle, to learn from one another.

One does not learn to be a leader by reading a book. Young people are rarely able to find leadership roles in the classroom or adult organizations. By selecting the most potentially capable as pledges, preparing them for leadership, and giving all of them leadership practice in chapter activities, women's fraternities serve as schools of leadership training which are invaluable to both individual members and to the campus.

Kappa Kappa Gamma's role in college education has always been supplemental to the classroom. Members learn how other people's minds work, and thus be in a position to make the most of their assets in later life. No other talent is likely to be of greater value in the overcrowded world of tomorrow.

— **Kay Smith Larson, Washington, Fraternity President**



Edith Mae Hamilton Herrel, BN

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ON THE COVER:

Finding that special group in which to grow, learn, become more, and achieve inner beauty. Photos of Delta Kappa-Miami (FL) members and nautilus shells by Lucy Quist Mullins, BP³. Related articles: The Nautilus, page 13; Empowerment series begins on page 2.

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The first college woman's fraternity magazine, published continuously since 1882.

The mission of *The Key* is:

To inform, inspire, and challenge

To sustain and nurture member loyalty and interest

To recognize individual, group, and Fraternity accomplishments

To provide a forum for an exchange of information and opinions

To be a permanent record.

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We Are Empowered ...

Majestic. Serenely quiet. Thunderously ominous . . . the oceans roll on, never still, ever-changing, mighty, mysterious, and magnificent. Nurturing, sustaining and full of hope they are both threatening and enticing. The ebb and flow of changing tides beckon and repel.

Life is equally uncertain and beautiful, hurling us first one way and then the other into light and into darkness, order and chaos. At the best of times it is calm and secure; at others cold, turbulent, and confused. What a glorious dichotomy!

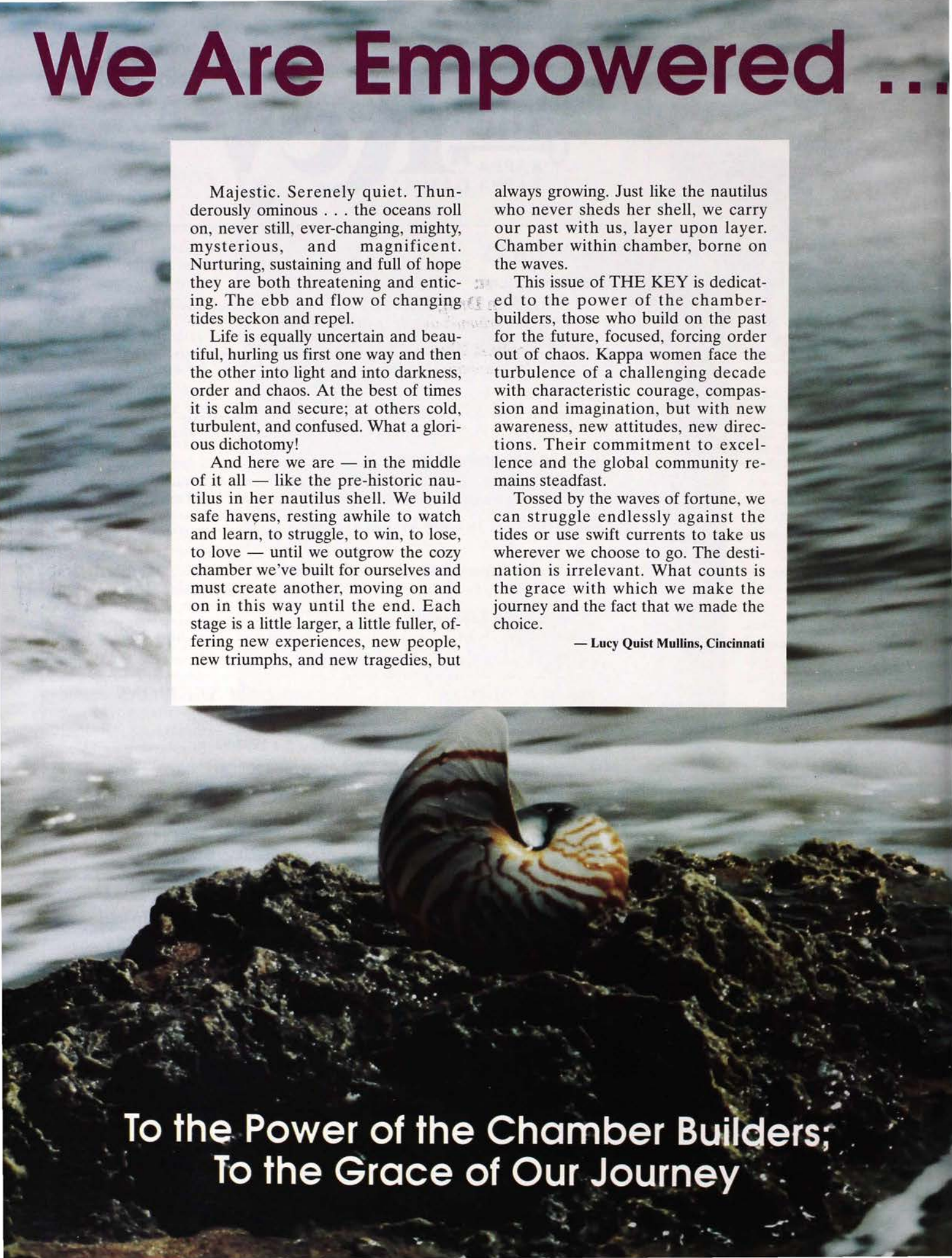
And here we are — in the middle of it all — like the pre-historic nautilus in her nautilus shell. We build safe havens, resting awhile to watch and learn, to struggle, to win, to lose, to love — until we outgrow the cozy chamber we've built for ourselves and must create another, moving on and on in this way until the end. Each stage is a little larger, a little fuller, offering new experiences, new people, new triumphs, and new tragedies, but

always growing. Just like the nautilus who never sheds her shell, we carry our past with us, layer upon layer. Chamber within chamber, borne on the waves.

This issue of THE KEY is dedicated to the power of the chamber-builders, those who build on the past for the future, focused, forcing order out of chaos. Kappa women face the turbulence of a challenging decade with characteristic courage, compassion and imagination, but with new awareness, new attitudes, new directions. Their commitment to excellence and the global community remains steadfast.

Tossed by the waves of fortune, we can struggle endlessly against the tides or use swift currents to take us wherever we choose to go. The destination is irrelevant. What counts is the grace with which we make the journey and the fact that we made the choice.

— Lucy Quist Mullins, Cincinnati



To the Power of the Chamber Builders;
To the Grace of Our Journey

To Take and Keep Control of Our Lives

We Are Also Empowered to Regain Control and Bring Order from Chaos

Prescription Drug Abuse: An Issue of Power and Control

by Elizabeth Phillips Runkle, Monmouth

"Prescription drug abuse is not a medical issue for me. It is an issue of power and control and the ownership of my life."

She smiles, and in that instant her grey eyes change from dark to bright. "Of course, I can only speak of my own experience. I am not a physician, neither am I a behavioral scientist. My authority comes from experience — from wrenching, heart searing pain, and inimitable, incredible triumph."

She is Ellen, she is a Kappa, and she is not what I expected. I expected an easy write-up — a couple of hours and *voilà!* done! Instead, I find her grey eyes pulling me back with her, back into time and memory . . .

"I grew up in a very dysfunctional family." Her voice is level and quiet as she continues. "Of course, I didn't know it then. I had no idea that other young women were being given the skills they would need to overcome the many difficulties of life. I had no idea that the overly-loving protected environment of my home would prove to be a monster arresting my personal growth and devouring my self-confidence. A monster which would, finally, under duress, spit me out into the world with absolutely no coping mechanisms to meet the challenges I faced there."

"My parents had an overwhelming need to be in control. In retrospect I can see the ways in which they set me up to fail at every attempt I made toward independence. They are enablers and rescuers, and started me on tranquilizers early in life. When the world seemed overwhelming it was easier to take a pill and go to bed than to face it head on. It was easier to give up without a fight than to go into battle and risk failure. Of course, it is in

life's struggle where much growth occurs. 'No pain, no gain . . .'

"There was a lot of pain during my college years. I avoided it by taking pills. It is surprisingly easy to get prescription drugs. Going from one doctor to another with this ache and that complaint, one can build up a true arsenal of numbing drugs. I spent years hiding inside myself . . . the only really good thing about my college days was Kappa. It was as though the Kappas saw something inside of me that I hardly knew was there. I will always be grateful for that, and I will always try to give back some of what Kappa has given to me."

"Finally, into my second marriage, with a trail of disasters and loss (by default) behind me, something changed. *Me*."

"I looked at my reflection in the mirror — *honestly* — and what I saw there made me feel deeply ashamed." Ellen looks up at me; those grey eyes are clouded and filling with tears. She takes a deep breath and I watch as she deals with the pain of her memory. She doesn't push the pain away, neither does she put it behind her. She

accepts it — and takes control over it. She speaks again . . .

"My face was bloated from antidepressants, my hair had lost its shine, and no matter how hard I tried, I couldn't seem to find my soul. My eyes, mirrors of my soul, were empty . . ."

Ellen stops speaking, and I have to ask, because I have to know, "How did you find your soul again?"

Laughter leaps unexpectedly into her eyes. "On the radio." My confusion is clearly evident and she says, "I heard an advertisement for a stress-management program called 'Refill' which was being offered at a local women's center. I called and made an appointment at the center, having no idea that in that moment I had absolutely changed my life."

"I qualified easily for their program. The only two prerequisites to registration were a dependence on prescription or over-the-counter drugs, and a desire to be free of them."

"I attended the program for almost a year. During that year I learned to trust my own instincts and to make my own choices. I learned about the

FIVE STEPS FOR OWNING YOUR OWN LIFE

1. Eat healthy foods. Your car can't run on empty and neither can you!
2. Avoid sugars and alcohol whenever possible to prevent "highs" and "lows."
3. Get plenty of rest.
4. Exercise daily. A brisk walk or refreshing swim is excellent.
5. Put a dollar value on each challenge — then spend only that much time and energy on it.

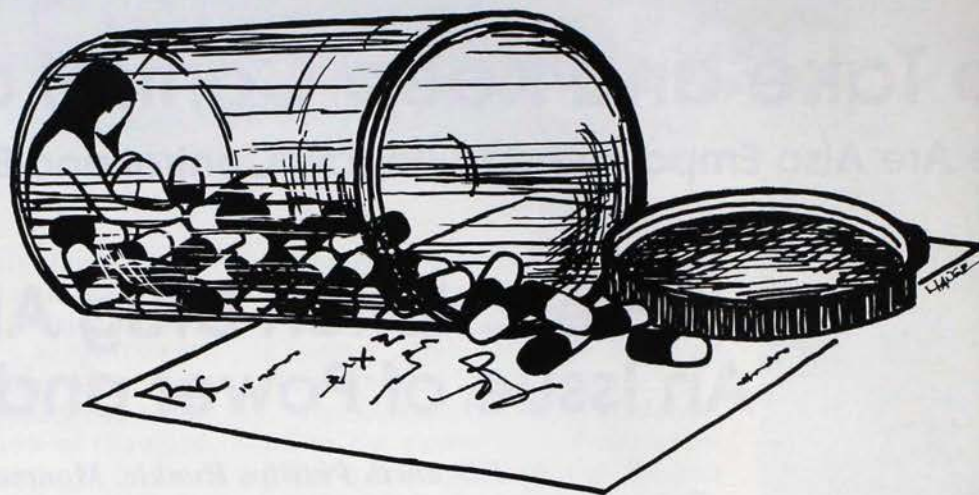
Take control over those things you *can* control, and you will have the energy to face those things you cannot control.

physiology of depression and the chemical balance of the body. I learned to use relaxation to control stress, and exercise to build energy. I learned to like myself again, and I earned my own respect. At the end of the year I was pretty again — inside and outside. I was empowered by the knowledge that my life was truly my own.”

It is difficult for me to imagine the attractive, neat, trim Ellen, with those expressive eyes, as dull and heavy. It is almost impossible to imagine this self-assured, contented woman as depressed and uncertain. I am intrigued and ask for more details about the Refill program.

“It was there that I developed coping mechanisms. They taught that energy is a measurable commodity, like gasoline. I learned to control those things which I *could* control, which left more energy to cope with the things I *couldn't* control. I began by removing caffeine and sugars from my diet, and eating healthy foods. I also got plenty of rest, and ate a good breakfast daily. I stopped popping an aspirin for every headache, and I gave up alcohol entirely. I added relaxation and exercise to every day.

“The next step was to take control



of my responses to the things which I could *not* change. Refill taught me to assign a dollar value to every problem — and then to invest only that much energy in it. You wouldn't pay \$10,000 for a candy bar — don't use \$10,000 worth of energy on a 50-cent traffic jam.

“In addition, as part of the Refill program, I worked with a physician at the local university and gradually weaned myself off the drugs. As I developed much needed life skills it became easier and easier to give up the drugs.

“It isn't always easy to be drug-

free. Drugs take away pain and replace it with numbness. The problem with that is, if you can't feel life's pain, you also can't feel its joys . . .

“I have, indeed, found my soul. I have a plaque which sits on my nightstand, an ever-present reminder of failure and triumph, emptiness and fulfillment, hellish agony and ethereal joy. Six simple words express the deep sense of peace which is mine. The plaque reads:

IT IS WELL WITH MY SOUL”

Ellen didn't really have to tell me that. I could see it in her bright and shimmering grey eyes.

EMPOWERMENT . . . to control our lives

The Loneliest Illness: A Mother's Story

by Carolyn Fields Wehner, Pennsylvania

Three A.M., November 1981

The telephone rang. Barely awake, I heard my son's frightened voice beg for help. Our third and youngest son, in college more than a thousand miles away, told an incredible story of how he had been followed and was hiding in his apartment in a building which was surrounded by people trying to capture him!

We had a crisis on our hands.

We were able to persuade him to call for an ambulance and go to the university hospital. It was difficult to stay calm, to control our emotions while talking, hoping that a matter-of-fact attitude would be effective.

Daylight came and with it back-to-back telephone calls which filled the anxiety-laden day. The doctor who had examined our son and admitted him for observation and treatment assured us that he had settled down. The staff was now requesting medical background information as well as any helpful personal history we could supply.

For several years we had been watching a disturbing and difficult set of circumstances develop, but the nature of the problem our son was experiencing eluded us. The condition was not like anything we had ever known, since the problem arose periodically, subsided, arose again. And again. There were no clear indications of the

source of the problem, therefore, no solutions.

This was our son's fifth year in college. He had been a National Merit finalist. He had good grades in an impressive list of subjects both in undergraduate and graduate audited classes, but no completion in any one area. His great worry was “What kind of career do I want?” He never seemed able to make a definite decision, with a constant change of direction in a series of starts and stops. As his close friend remarked, “He likes to keep the meter running.”

There had been times when he thought he was “coming down with something.” Complete medical exams revealed nothing and were identified

as "college stress." Even doctors seem to be surprisingly ill-informed about the onset of mental illness.

Following that nightmare telephone call, we were advised by the university hospital psychiatrist to stay at home while investigation continued toward a diagnosis as they sifted through symptoms. Two weeks later we arrived in a very cold Midwestern college town. Our son was rational, concerned about his situation and, most evident, angry. Somewhere he had lost or abandoned his most endearing qualities, his special style of teasing and sense of humor. Visiting with him heightened our apprehensions. We were at a loss for an explanation, a plan of action to resolve the situation and his apparent involvement with emotions neither he nor we could handle.

There is nothing more frightening than the feeling of helplessness which results when you realize how little you know about something which severely affects your child. We needed to know what means there were to expedite his recovery; what future plans should be considered. If we had only known someone who had experienced what we were experiencing it would have been a godsend. The National Alliance for the Mentally Ill did not yet exist. There were no family support groups and at the time there were only a few public service announcements acquainting people with the signs and symptoms of mental illness and information about agencies which might help.

The week before Christmas, the psychiatrist recommended that our son take a medical leave of absence from college and return home with us, where referral appointments were jointly arranged for by our family doctor. We left, with an ambiguous diagnosis, and the comment "time will tell."

Regrettably, the new psychiatrist was a miss-match. It would have been wiser to arrange an initial visit during which our son could experience how he interacted with the doctor and reflect the benefits of counselling and therapy from that source. "Today's psychiatrist has a multitude of ways to help the patient and can work with the patient and family to create a treatment plan that fits the patient's need." (American Psychiatric Association, 1989) In short, if you are not comfortable with a doctor, look elsewhere.

A change of doctors, a different diagnosis, new selection of therapy method, and new medication was administered and adjusted as needed. Our son found a job, things began to look brighter, and we began to think that with proper medication and therapy the matter would be resolved.

By the fall of 1983, the doctor and our son decided he could return to studies at the Midwestern college. We would have preferred him to choose one closer to home but we were not included in the decision-making process.



Mental illness is like a prison without walls where persons suffer pain and isolation because of the insensitivity, fear and misinformation surrounding them.

January 1984

Our son called to tell us he had again been experiencing unbearable emotional burdens and delusional episodes and had admitted himself to the community hospital.

Another psychiatrist! Another diagnosis! New medication!

Was he now on the right track?

Alas, a major disagreement developed between doctor and patient. This usually bright and practical son of ours had researched his symptoms on his own, determined that he knew what was wrong, and would be his own expert. Agreeing to disagree, the doctor transferred him to a colleague, who in turn, followed the pattern of disagreeing with all former opinions, diagnoses, and treatment.

Most of the next two years were disasters, draining us emotionally and making the financial burdens seem unimportant in comparison. Our son rejected all medical help, would not

keep appointments, would not continue medications. Non-compliance, we learned, is the most frequent cause of relapse. Medications and therapy help the patient deal with situations and teach the skills to manage the troubling episodes.

He moved to Chicago and his situation became perilous since he refused all forms of treatment, convinced he did not need any. His life became a bare existence in a frightening environment of bus stations, public parks, and shelters.

That is when the question of commitment arose. Commitment is a serious action requiring supportive evidence that the individual is in personal danger to himself as well as a danger to others. The procedure requires a hearing before a judge and an attorney for the defendant.

Almost at the point of hopelessness in finding help for him, I thought of one last resource. I was almost unable to speak when the response to my query was, "I have an idea. Let me call you back."

The idea worked! A social worker in private practice agreed to try to make contact with our son and persuade him to come live in her home. It took a few weeks, but when curiosity got the better of him he agreed to give it a chance.

Can you imagine our feelings of appreciation, knowing that our son no longer faced the hazards of street living and exposure to harmful circumstances? Changes for the better took place with his reluctant acceptance of hospitalization to let medications work. He was living in a decent place, eating nourishing food; medical and dental assistance was available, and at long last he was enrolled in a local college to finish the few credits necessary to get a degree, which he duly acquired. Planning for the future was possible.

Best of all, that year he came home for Thanksgiving. Mental illness affects the whole family and what I find hard to bear is the breaking up of family ties, the absences from family reunions or celebrations and the collapse of the family network.

By the beginning of 1987 he was participating in a social and vocational rehabilitation program, employed part time in a field allied to publishing, living in his self-supported apartment. In November I began to plan for Christmas and wrote, asking what household items he would like for his



apartment. Once more my hopes crashed when I received a telephone call informing me that he was hospitalized again.

Some of those Christmas packages remain to this day in their unmailed cartons.

Sometime in the spring of 1987 a newspaper notice of a local meeting caught my attention. The program title was "Legal and Financial Planning for Families with a Disabled Child." This meeting was our introduction to the activities of the National Alliance for the Mentally Ill (NAMI), a family-based organization whose purpose is to eradicate mental illness and improve the quality of life for those suffering from these disorders. At last we had found an organization dedicated to addressing many of the problems with which our family was trying to cope.

January 1988

Discharged from hospital care, my son was denied access to his apartment because the sponsoring agency required him to take medication, which he refused to do. Nor did the caring social worker who had helped so much in the past find it possible to have him in her home again. But she did succeed in finding an SRO (single room occupancy) hotel in downtown Chicago. The rent consumes most of his income, which he supplements by selling newspapers and flowers and taking an occasional odd job. Whatever free time he has is spent in public libraries pursuing his lifelong passion of reading, and reading and reading.

During the fall of 1988 we arranged a series of appointments in Chicago with the hope of accessing a method to improve our son's situation, but to no avail. The caring social worker could no longer accommodate the time his needs would entail, nor could

she cope with the frustrations he presented. Others who had worked with him in the past now came up with all sorts of explanations why this was no longer possible for them, offering well-intentioned suggestions, often ending with the most wrenching comment, "Since he has a place to live and seems to be managing, he has learned to accept his illness."

The trip home from Chicago was long and very quiet.

DEALING WITH THIS EXPERIENCE

You learn to carry your grief and the loss of your expectations for a cherished child. You also carry the burden of what must be his grief and the loss of ambitions, dreams, and a future which once seemed full of potential. Time lets the grief move below the surface, just below, where it remains most of the time.

Next, you begin to ask questions. You know you did the best you could with the information at hand but what else can still be done? If you only knew what questions to ask, and of whom. You educate yourself because you truly need to know all you can about these diseases.

During an NAMI program evening a visitor asked for a few minutes to tell the group about the National Alliance for Research on Schizophrenia and Depression (NARSAD), a private foundation dedicated to raising and distributing funds for scientific research into the causes, treatments, cures and prevention of severe mental illnesses.

Volunteers were invited to join in the work toward increasing public awareness, education, and to share the hope that brain research offers. Here was the organization I had been looking for. NARSAD was an alliance founded on NAMI, NMDA

and the National Mental Health association (NMHA). I was already a member of all these organizations, but this one was special.

Being able to be a volunteer for NARSAD continues my lifelong interest in medical research, not as a trained professional, but as a lay person.

Research holds the promise for a better tomorrow.

I remember an incident that happened on a day close to Christmas in that cold, lonely, Midwestern town. We were chilled not only by the weather but also by the ominous outlook on our son's illness; the disappointment of not being with family and friends at what is usually a happy time. We had stopped to eat at a serve-yourself luncheonette. Only a few patrons were there, but one face is as clear today as it was ten years ago.

A pleasant-featured man, about 40-years-old, generally clean although his clothes had seen better days, had entered before us and ordered a large mug of tea. Then he helped himself to a handful of crackers, several packets of catsup, mayonnaise, sugar and cream.

Talking quietly to himself, the man spread catsup on some crackers, alternately covering some with mayonnaise, poured four or five packets of sugar and several of creamer in the tea and proceeded to eat and drink. When these were consumed he returned to the counter to get more hot water. The clerk glanced around the room to see if any one was watching and passed him a couple of rolls. In a whisper she said, "There's butter and jelly on the counter." The man nodded a thank you and returned to his table. His monologue did not resume. Instead he turned to us and said, "Merry Christmas."

Little did we know then that we were seeing the loneliest disease in the world. How we wish we had responded with more than a "Thank you." That man could not know we were just beginning to learn about mental illness.

Mental illness is like a prison without walls where persons suffer pain and isolation because of the insensitivity, fear and misinformation surrounding them. Most people do not think of someone with these illnesses as one who might have had a happy childhood, gone to college, fallen in love. Mentally ill people are not im-

paired intellectually. Their talents are often well developed . . . and often lost in the turmoil of a life that is lived under the oppression of a mental illness.

I have been asked for specifics in how we cope with our son's illness. First, it is not easy. Specifically, we have tried very hard to maintain our participation in long-time interests. In addition, I can needlepoint like wild fire (especially background) and my husband wallops a tennis ball.

Initially, it was either difficult or impossible to keep outside interests going and very hard to have friends in for dinner. We were focused on his needs and trying to adjust ourselves to accommodate them. The three of us were feeling our way. During these ten years there have been many times

when it was necessary to put things on hold, wait out the storm, and then gradually more forward. My Kappa membership has given me bonds of friendship and opportunities for self-growth.

During the first two years, while our son lived at home, I found a part time job in a small dress shop. I needed three days out of seven when my mind could be occupied elsewhere.

Recognizing the importance of putting space between yourself and the illness is a significant step. Concentrating most of your energy on that illness causes you to lose touch. There is just so much anyone can do, and the haul is a long one.

We found that, in the family's best interest, it is wise to truthfully, factually, and briefly explain what is happening to whomever it is appropriate, especially to close friends. What a re-

lief to find how often the response is one of appreciation for being allowed to share in the problem. The listener becomes a supporter, but what is most surprising is that he or she had an inkling because the illness is one that has been experienced personally or by a family member.

Sometimes there may be no response. That should not be attributed to disinterest or lack of understanding. More times than not, the person cannot think of anything to say then, but one day will quietly ask, "How are things going?"

For those who are in similar situations, I believe that whatever works for you is the way to go, but keep in touch with yourself, your family, and friends. "The most lonely day of all is the day on which we do not laugh,"... even through the tears.

Help for the "Sufferers" and the "Carers" of the Loneliest Illness

We can become tongue-tied trying to label victims of a brain disease, the "loneliest illness in the world." The simple wisdom of the Irish calls them "the sufferers," and those who advocate on their behalf, "the carers."

Support groups for individuals with a mental illness and for their families exist world-wide. They offer shared experiences, pooled information, the latest in research and treatment methods, and tools with which to get a handle on how to cope with these diseases.

For further information you may contact:

National Alliance for the Mentally Ill
(NAMI)
2101 Wilson Blvd., Suite 302
Arlington, VA 22201
Tel: 1-800-950-NAMI

National Depressive/Manic
Depressive Association
(NDMDA)
53 West Jackson, Suite 505
Chicago, IL 60604
Tel: 312-939-2442

National Institute of Mental Health
(NIMH)
5600 Fisher Lane
Rockville, MD 20857

D/ART Program of the NIMH
(Depression, Awareness,
Recognition, Treatment)
5600 Fisher Lane
Rockville, MD 20857

National Alliance for Research on
Schizophrenia and Depression
NARSAD
60 Cutter Mill Road
Great Neck, NY 11021
Tel: 516-829-0091

National Mental Health Information
Center of NMHA
1021 Prince Street
Alexandria, VA 22314
Tel: 1-800-969-NMHA

Possible Warning Signs of Mental Illness*

Sometimes inappropriate or extreme behavior can be a warning sign of a mental illness. Learning to recognize the common warning signs can be the first and vital step to getting someone you love on the road to better health:

- ✓ Marked personality change over time
- ✓ Confused thinking; strange or grandiose ideas
- ✓ Prolonged severe depression; apathy; or extreme highs and lows
- ✓ Excessive anxieties, fears, or suspiciousness; blaming others
- ✓ Withdrawal from society, friendlessness, abnormal self-centeredness
- ✓ Denial of obvious problems; strong resistance to help
- ✓ Thinking or talking about suicide
- ✓ Numerous, unexplained physical

ailments; marked changes in eating or sleeping patterns

- ✓ Anger or hostility out of proportion to the situation
- ✓ Delusions, hallucinations, hearing voices
- ✓ Abuse of alcohol or drugs
- ✓ Growing inability to cope with problems and daily activities such as school, job or personal needs.

While a single symptom or isolated event isn't necessarily a sign of mental illness, professional help should be sought if symptoms persist, worsen or reoccur. And because these warning signs frequently first appear in early adulthood, be careful not to confuse them with adolescent growing pains. If you have doubts about any symptom, be sure to consult a mental health professional.

• From *Warning Signs of Mental Illness*, American Mental Health Fund.

EMPOWERMENT . . . to control our lives

C₂H₅♀H — Women and Alcohol

by Sharon Carlson Wilsnack, Kansas State

Dr. Sharon Wilsnack and her husband, Richard, have received two grants from the National Institute on Alcohol Abuse and Alcoholism for research into drinking patterns and problems of women. A teacher at the University of North Dakota School of Medicine, she received a Fraternity Alumnae Achievement Award in 1990. Sharon was profiled in the summer 1990 issue of The Key, p. 38.

Women's use of alcohol has changed dramatically since the time of ancient Rome, when women were forbidden to drink and could be put to death, by stoning or starvation, if they violated this prohibition. Today most adult women drink alcoholic beverages, and substantial numbers experience alcohol-related problems.

The National Institute on Alcohol Abuse and Alcoholism estimates that the number of U.S. women alcohol abusers and alcoholics — women whose drinking creates serious troubles in the areas of health, relationships, or work — will increase by nearly 200,000 between 1985 and 1995, to an estimated total of nearly six million in 1995. This marked increase is due primarily to the baby-boom generation reaching middle age where rates of chronic alcohol problems among women are high.

The magnitude of alcohol abuse and alcoholism in women can be appreciated by comparing it to other major health problems. For example alcohol abuse and alcoholism affect nearly two-thirds as many women as do chronic heart conditions, and cause more than 20 times the number of deaths as heart disease or all forms of cancer combined.

Recent statistics on college drinking patterns indicate that approximately 85% of college women have consumed alcohol in the past 12 months. Of these, nearly 20% — one drinker in five — is a *heavy* drinker who has more than five drinks at a time at least once a week. Drinking at this level increases college women's risks of experiencing a variety of other problems, including date rape and other sexual abuse — problems

that are all too common on many college campuses.

Researchers have discovered some important differences in how women's and men's bodies react to alcohol. Women on the average weigh less than men and have less body fluid to dilute the alcohol they consume. In addition, men have more of a stomach enzyme that helps to metabolize (break down) alcohol than do women. The end result is that if a man and a woman have the same number of drinks, the woman will become more intoxicated more quickly than will the man she is drinking with. In addition to putting her in jeopardy for immediate detrimental consequences, such as impaired driving and other intoxicated behavior, over the long run alcohol will take a greater toll on her body than on her male drinking companion's — resulting in more medical complications such as alcohol-related liver disease. Other risks of heavy drinking for women include problems in sexual functioning, elevated rates of obstetric and gynecologic troubles such as infertility, miscarriage, and alcohol-related birth defects (fetal alcohol syndrome and other fetal alcohol effects).

If this is the bad news about women and alcohol, the good news is that researchers are discovering important new information about how and why women drink, information that may help women recognize when they are in high-risk groups or high-risk situations for alcohol abuse and modify their drinking behavior to reduce the chances of encountering problems. This article summarizes some of this emerging information, organizing it around three periods of life when women may experience al-

cohol problems: youth, midlife (the "success years"), and the later (retirement) years.

YOUTH

Young women (age 18-35) are the most likely of any age group to experience specific drinking-related problems, such as alcohol-impaired driving, belligerent behavior, or drinking-related conflicts with family or friends. Interestingly, younger women do not necessarily drink more *heavily* than older women, if we simply look at their average consumption over a period of time (for example, the number of drinks they consume during a typical week). They are more likely, however, to drink in "bursts" — to have relatively large numbers of drinks on a given drinking occasion. Having six or eight drinks at a time, such as at a weekend party, is likely to create more difficulties for a woman (including intoxication and associated risks such as sexual abuse) than would the same amount of alcohol spaced over a longer period of time.

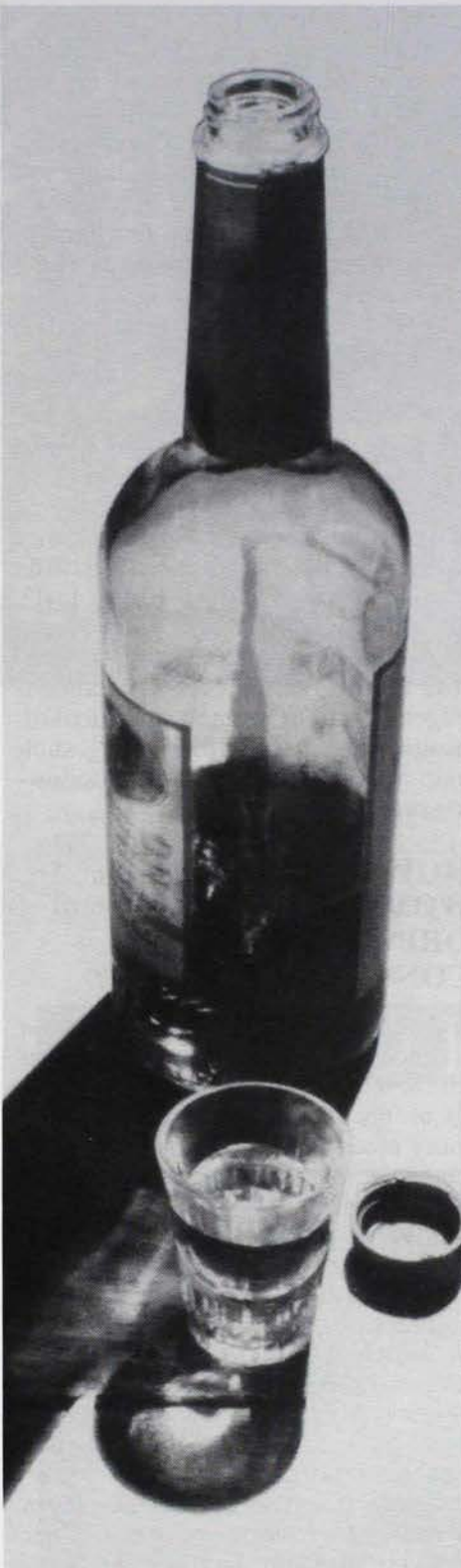
Drinking may have different meanings for different young women. For some, it may be a symbol of sophistication or liberation, a sign that we've "come a long way (baby)" since ancient Rome in overcoming sexual double standards of acceptable behavior. For other young women, research suggests, alcohol may be used as a disinhibitor in sexual situations, which — despite an alleged sexual revolution — may still entail tensions and uncertainties for many young women. One common effect of drinking, for both younger and older women, is to boost the drinker's self-esteem, to help her feel better about

herself. Women may use a variety of other substances for the same reason, including both prescription and illegal drugs, food, and even romantic or sexual relationships. An important question is why even many of the "brightest and best" of our society's young women suffer from underlying feelings of low self-esteem and lack of self-worth. What is it about our socialization as women that makes it hard for us to have a solid, internalized sense of personal worth, and that encourages us to depend on things outside ourselves — whether alcohol, other drugs, food, or relationships — for feelings of pleasure and self-esteem? Other factors that may increase young women's risks of alcohol abuse include having a mother or father who had a drinking problem, and having experienced incest or other sexual abuse as a child or adolescent.

Most young women who drink heavily or experience drinking-related problems will not go on to develop lifelong patterns of alcohol abuse. Indeed, studies show that young women are the most likely to move both into and out of problem drinking. This so-called "maturing out" of alcohol problems may relate to changes in social roles (for example, marriage or motherhood) and changes in drinking settings or drinking partners with increasing age. For young women, one of the best predictors of *continuing* to experience problems with alcohol is a pattern of using alcohol to self-medicate or "treat" negative feelings. A young woman who relies on alcohol to reduce feelings of tension and stress, depression, anger, or other emotional states will have a harder time moving out of youthful problem drinking than will a young woman whose drinking may be part of a "good time" or "party" lifestyle but who has not come to depend on alcohol as a means of reducing emotional pain.

THE "SUCCESS YEARS"

If younger women are the most likely to move both into and out of problems with alcohol, women in the middle years (roughly 35-55) are the most likely to *continue* in problem drinking once begun. Although midlife women are often at their peak of success and self-expression in career, family, or community activities, the middle years also involve life experiences and incentives to drink that



can increase women's risks of alcohol abuse. For example, midlife women with a tendency toward depression, and women whose husbands or partners are heavy drinkers, are at particular risk for problem drinking, as are women who experience sexual difficulties that alcohol may seem to make better. (In fact, women of all ages appear to view alcohol as an aphrodisiac, despite the fact that heavy drink-

ing actually *decreases* physiological sexual arousal.) There is some evidence that women in nontraditional roles, including women employed in traditionally masculine occupations, have higher rates of heavy drinking and drinking problems. If true, this may reflect the greater opportunities and incentives to drink that exist in traditionally male-dominated settings.

One earlier assumption about women's drinking that has *not* been supported by recent research is that women with multiple social roles are at increased risk for drinking-related problems. Unlike earlier findings that women who combined the roles of wife and paid worker had higher rates of alcohol abuse, our own research in the 1980s found just the opposite: in a national study of U.S. women which we conducted in 1981 and 1986, women who juggled family roles and employment outside the home actually had *lower* rates of problem drinking than did women who lacked these roles, for example, women who were unmarried, unemployed, or without children. In our thinking, *role deprivation* — not having enough meaningful social roles — may be a bigger risk factor for alcohol abuse than having too many.

THE RETIREMENT YEARS

Less information is available about alcohol abuse among women in their later years. However, we do know that older women are not immune, and indeed may have some special difficulties with alcohol that are less common in younger women. Alcohol abuse may be more hidden in older than in younger women, due to the stigma of alcohol problems (particularly for women who grew up during a time when drinking was certainly not "ladylike") and the tendency of family members to deny that mother or grandmother might drink too much. Another special concern for older women is alcohol-drug interactions. Although alcohol and other drugs (such as prescription sleeping aids or tranquilizers) can interact in life-threatening ways for women of all ages, older women on the average are likely to be taking more medications of various sorts for any number of chronic health conditions, increasing the risks of dangerous reactions to combined alcohol/drug intake.

Recent research has not supported the earlier idea that women's risks of

alcohol problems increase when children's departure from home results in an "empty nest." However, as discussed previously, a more general pattern of role deprivation does appear to be a risk factor for women. In our own national study, women age 50 to 64 who were not employed outside the home, had no children living at home, and whose husband was a heavy drinker had higher risks of alcohol abuse than all other women in the same age group. Other experiences that may trigger or reinforce problem drinking in older women include retirement (their husband's and/or their own) and loss of a husband or other loved ones through death.

HOW DO I KNOW IF I HAVE A DRINKING PROBLEM?

Given how common alcohol abuse is among American women, it is likely that most Kappas reading this article either will know a woman whom they feel may have a drinking problem *or* will have questions or concerns about their *own* drinking — or both. How do we know if our pattern of drinking is "normal" or if we are using alcohol in unhealthy ways?

Dr. Sheila Blume, a psychiatrist with extensive experience as an alcoholism therapist, notes that as women we are taught to be health-conscious, to "take good care of ourselves." We are instructed in breast self-examination and urged to have regular mammograms and Pap tests. Yet few of us are ever taught how to examine and evaluate our own use of alcohol. Dr. Blume believes that women should, at least twice a year, conduct their own "drinking behavior self-examinations." Such an examination involves asking ourselves — and answering honestly, without denial or minimization — the following questions:

- Am I drinking more now than I did a year ago? In what ways, and under what circumstances?

- Are there times when I really "need" a drink — to relax, to have a good time, to sleep, or for some other reason?

- Is alcohol taking on a more important role in my life than it used to have? Am I starting to organize my activities around drinking — for example, planning carefully to be sure that I always have a supply of alcohol at home, or avoiding activities where I

know drinks won't be served?

- Do I ever feel ashamed or guilty about my drinking or about my behavior while drinking?

- Have other people expressed concern that I might be drinking too much?

- Have I ever taken a drink in the morning, to feel better after drinking too much the night before?

- Have I sometimes forgotten what I said or did while I was drinking?

- Perhaps most important, if I had (or have) a daughter, would I want her to use alcohol in the way that I do now?

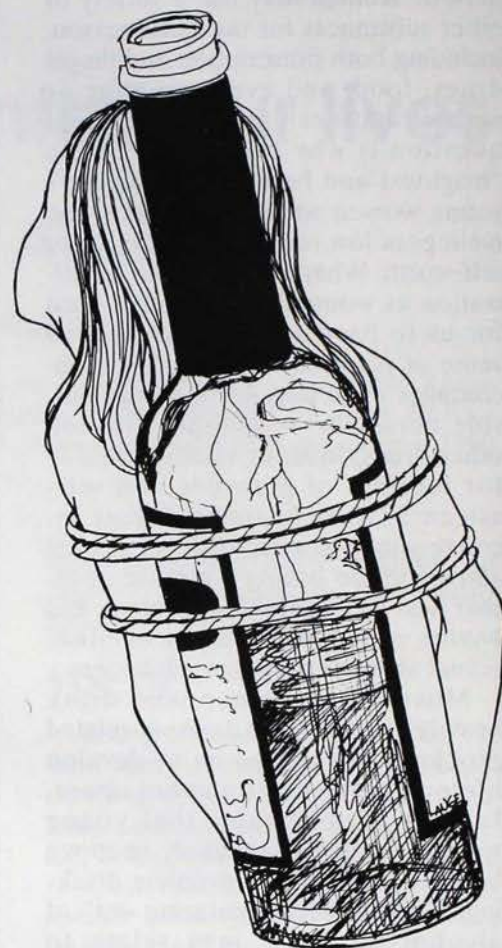
If a woman answers "yes" or "don't know" to any of these questions ("no" or "don't know" to the last), she may want to examine her own drinking behavior further, preferably with the help of a professional knowledgeable about women and alcohol. Some suggestions for finding such help appear at the end of the following section.

HOW CAN I HELP A WOMAN WHOSE DRINKING I'M CONCERNED ABOUT?

Even if we feel that drinking is not a concern in our own lives, most of us know women whose drinking seems to be creating problems in one or more areas of their lives — with their physical health or emotional well-being, with their work, or with their relationships with family or friends. What can we do, as caring family or friends, to help such a woman? The suggestions below come from the WOMAN TO WOMAN program, a national alcohol education and prevention program for women developed by the Association of Junior Leagues International.

Speak Up. You are not helping a friend by pretending not to notice her drinking problem. Ignoring the situation will simply help her continue to deny that anything is wrong and delay her getting the help that she desperately needs.

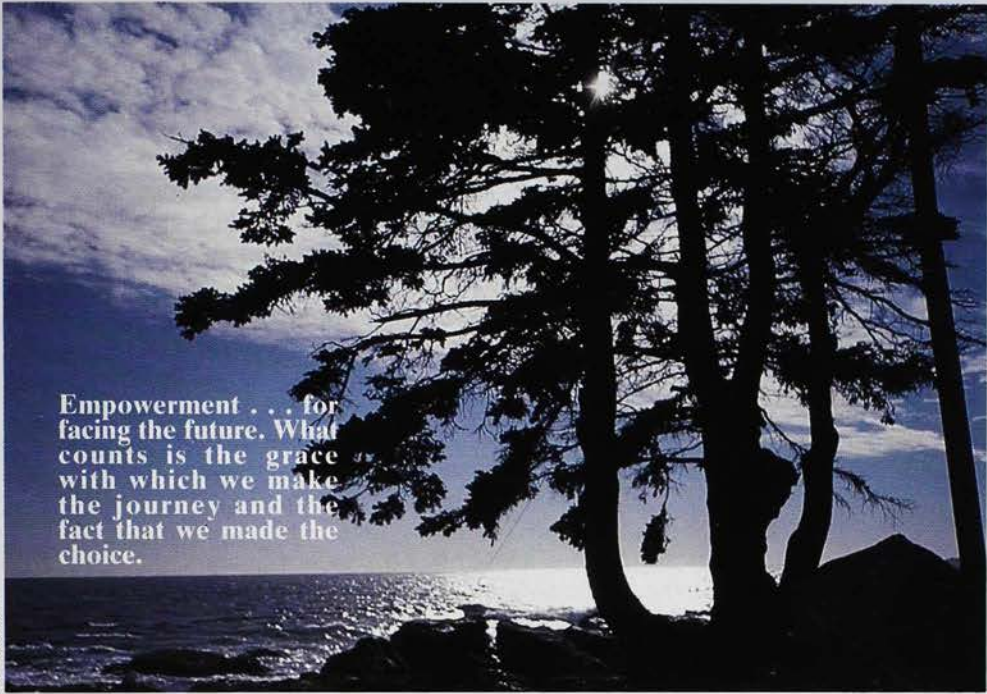
Be informed. Learn more about alcohol problems, particularly as they affect women. (Some suggested readings are listed at the end of this article.) Develop an attitude that fits the facts of problem drinking: that it is a health problem, not a sign of moral weakness. Learn how treatable alcoholism is.



Choose the occasion carefully. The best time to talk with your friend is when she is experiencing the consequences of too much drinking, for example, the day after a party where she drank too much or created a family scene or had a drinking-related accident. Don't try to talk with her when she has been drinking.

Emphasize your concern. Don't preach or be judgmental or accusative; instead mention specific behaviors or incidents that you have observed that cause you to believe she has a drinking problem. If she's angry, tell her you're sorry she's upset but that you care too much for her to remain silent.

Offer specific help. Know the resources in your community. In most urban areas, Yellow Page listings under "Alcohol" will include a listing for the nearest local affiliate of the National Council on Alcoholism and Drug Dependence (NCADD). These affiliates offer information about alcohol and other drugs, and provide opportunities for totally confidential individual meetings with trained counselors who can assist a woman in examining the role of alcohol in her life.



Empowerment . . . for facing the future. What counts is the grace with which we make the journey and the fact that we made the choice.

For women who have decided to seek treatment for a drinking problem, the Yellow Pages will also list alcohol treatment programs in your area (if there are several, call to see what special services they have for women), as well as the invaluable self-help support groups of Alcoholics Anonymous and Women for Sobriety. Most communities also have wonderful women who are recovering from alcohol problems and are willing to talk — day or night — with a woman who may be questioning her use of alcohol. Such women can often be reached by calling the NCADD affiliate, by dialing the Alcoholics Anonymous or Women for Sobriety “hotline” number listed in the Yellow Pages, or by asking a local treatment program for the phone number of such a woman.

Be positive, above all, about the woman's chances for recovery and assure her of your continued friendship and support. The fact that she's seeking help in the 1990s — when new knowledge about women and alcohol is being put to use in designing women-sensitive treatment programs — and that she has an informed and caring friend such as you, makes her chances excellent for fully recovering her health and well-being.

SOME SUGGESTED RESOURCES

Association of Junior Leagues International. *Alcohol & You* and *The ABC's of Alcohol Education*

for Women. Concise, informative brochures produced by the Association of Junior Leagues' WOMAN TO WOMAN Alcohol Education Program. Available from: Wisconsin Clearinghouse,

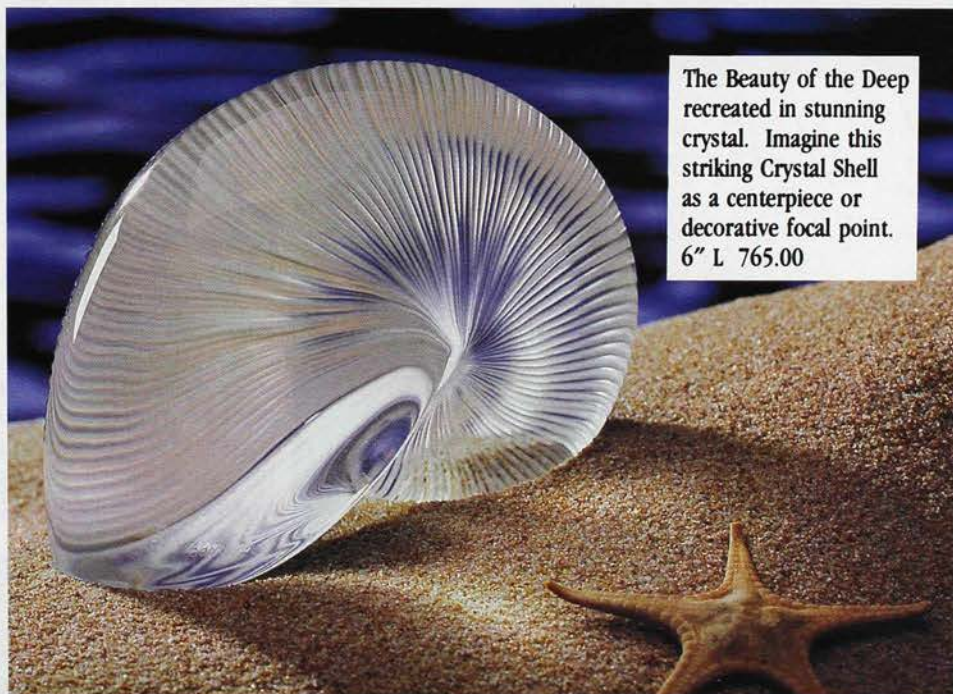
Dept. WW, P.O. Box 1468, Madison, WI 53701 (608-263-2797) (\$.30 each).

Sheila B. Blume. *Alcohol/drug dependent women: New insights into their special problems, treatment, recovery*. 50-page booklet providing an overview of current knowledge about the special characteristics and needs of alcohol/drug dependent women. Available from Johnson Institute, 7151 Metro Boulevard, Minneapolis, MN 55435 (1-800-231-5165) (\$3.00).

Sharon C. Wilsnack & Linda J. Beckman (Eds.) *Alcohol problems in women: Antecedents, consequences, and intervention*. A comprehensive review of biological, psychological, and social factors that increase women's risks of alcohol problems, including chapters on female adolescents, alcohol and reproduction, sexuality, alcohol and marital violence, effects on the family, treatment, and prevention. Available from: Guilford Press, 72 Spring Street, New York, NY 10012 (1-800-365-7006) (\$45).



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Moving Forward

"Put one foot in front of the other," says a song used in rush, "and soon you'll be walking 'cross the floor."

One step forward into college life, another into rush, still another into Greek membership, and each step moves forward, provides new experiences and new opportunities.

Like the chambered nautilus, we keep moving forward into larger rooms, wider experiences, greater challenges to build, to grow, to influence the forward steps of others. Unlike the nautilus, however, we are able to chart our forward movement; it is not a random thing. Nor do we seal away our past; we use it for better understanding of how to build the next chamber.

Rush, pledging, undergraduate membership, alumna life . . . each provides a chamber for growth, and sustenance for the effort to move on. The warm and caring women with whom you share Kappa in each chamber of life do not allow immobility. They support and promote your forward movement.

A new chamber does not just happen; it must be created. There are times when life's forward movement is interrupted by emotional or physical roadblocks. Illness, divorce, job loss, disillusionment, grief may temporarily paralyze growth. Kappas help to regenerate a positive outlook on the future. It is not just a whim that our philanthropy is rehabilitation, in whatever form it may take. To rehabilitate is "to restore to useful life through education or therapy." It is to put life back on track, to close the interruption, to revitalize the forward movement, to take charge of our lives and the paths we choose to follow.

The little nautilus has no understanding of why it builds another chamber, why it moves forward; it is following a basic instinct. The members of Kappa Kappa Gamma do know the reasons for their forward movement. We are women, a single sex organization dedicated to helping each other. We offer opportunities and skills to build new rooms in our lives . . . financial aid for the advancement of scholarship, choices of employment, support for the option of motherhood and family focus, volunteer service in a broad spectrum of fields, emotional and financial support for members in need. We know how to take charge of our lives and help others to do the same.

We begin through the process known as rush, in which all our members open the doors to a whole new series of rooms. The alumnae write references, providing information about the exceptional young women who are putting one foot out into a new world. This information is important to the rushee in her process of moving forward, of taking firm and confident steps into Greek membership. The collegiate members need to be aware of the rushee's interests and strengths as they guide her, one foot in front of the other, into Kappa and the new rooms that will continue to open for her.

Rush is not a hurried jump into a new social group. It is the first step in a long process of empowerment. It is the movement into a new chamber in which individual strength and the strength of unity combine to "make each temple nobler than the last."

— Lois Catherman Heenehan, Adelphi

Watercolor by Lucretia Leonard Romey

THE NAUTILUS

by Jean Hess Wells, Georgia

Long ago, in the fall of a certain year, a young girl wandered along a lonely beach searching . . . searching for just the right shell. She walked along the sand, sometimes near the edge where the water rippled in frothy bubbles and sometimes far up at the high water mark where most of the shells had been deposited during the high tide the night before. As she walked she stopped to pick up first one shell and then another. Carefully turning each over in her hand, she looked in wonder at the infinite variety of shapes and designs and colors of the shells. At a distance they all seemed so much alike; however, she was amazed at how each one was so distinctive, so different, unique.

Some she put into her pocket and some she carefully laid aside for another to find. It was early in the day and she was the first one on the beach. The sun was rising slowly on its daily journey across the sky and cast its warm, rosy glow on the sea and on the sand. There was a cool, soft breeze coming off the shore. She was quite alone as she had risen earlier than usual, before the others, for she was looking for something . . . something special, some sign, some answer, for she had an important decision to make. A decision that could change her whole life.

There were whelks and olives, clams and bishops miters, an occasional scrap of white coral, purple fan, a few sand dollars and a stray starfish or two. All of these she had seen many times before. She picked up the conch shells, both the small ones and the large, and held them to her ear to hear the ocean's roar as she had done countless times before. And then, at some distance she saw a shell different from any she had ever seen on her beach. She knew this fabled shell from tales she had previously heard. This was the fabled chambered nautilus.

The young girl picked up the nautilus and, holding it gently in the cup of both hands, walked to the dunes high up on the beach and sat down to



"What we build from within actually forms us. We must keep moving forward. In each new chamber we learn, build, and become more until we are complete."*

look at her shell. She had seen this shell in pictures and knew that it had little rooms — chambers — which the little nautilus had built as it grew. As each new chamber was built, it sealed off the smaller one it left behind. How it did this, no one knew. Just as we grow and get bigger without knowing how. Each new chamber was bigger than the one before which gave the small creature more room to grow. She wondered why it sealed off the one left behind. Maybe it was so that it could not go back but must continue to grow and move forward — to always be in the process of becoming.

As she held the shell to her ear listening to the ocean's roar, she thought she heard, not the lapping of the ocean as it drove to shore, but a tiny voice within speaking softly. It told her that in the beginning it had been very small and as it grew it had been protected and molded by its shell. As it grew it needed a larger and larger shell and ventured farther and farther

into the unknown. The seas had not always been quiet, for there had been calms and storms and sometimes in the storms it had been tossed about. The shell had served as protection but it had been scoured by the sand and its thin outer coating had worn away. But, as the girl could plainly see, what had been left in its place was the beautiful mother-of-pearl shell.

She knew that here in the nautilus was her answer. She too had been small and had grown. In each new stage of life she had been protected by her own shell and molded by it. As she grew she had needed a larger and larger shell and had ventured farther and farther with each new experience. She too would continue to grow and to go forward and each new experience would create a new room, a new space in which to grow.

Now at last she knew why she had wandered so far looking for just the right shell, picking only the few, leaving the rest behind for others to enjoy. For here, among all the beautiful shells upon the beach, she had chosen this special one. What she had been seeking was a sign to let her know that she had found that special group in which she could grow and, in growing, become all that she could be. The nautilus was her sign. Within the welcoming bonds of Kappa she could find inner beauty. In this special place she would continue to grow and take pride in all she creates, surrounded by the love and support of Kappa sisters. Now she knew that the tiny voice within the shell had been her own quiet voice speaking softly, . . . repeating . . .

**"Build thee more stately mansions,
O my soul,
As the swift seasons roll!
Leave thy low-vaulted past!
Let each new temple, (be) nobler
than the last."****

****Oliver Wendell Holmes**

***"Listen to the Nautilus," *Saturday Evening Post*, April 1976, by Nancy Tucker Hansen, Purdue.**

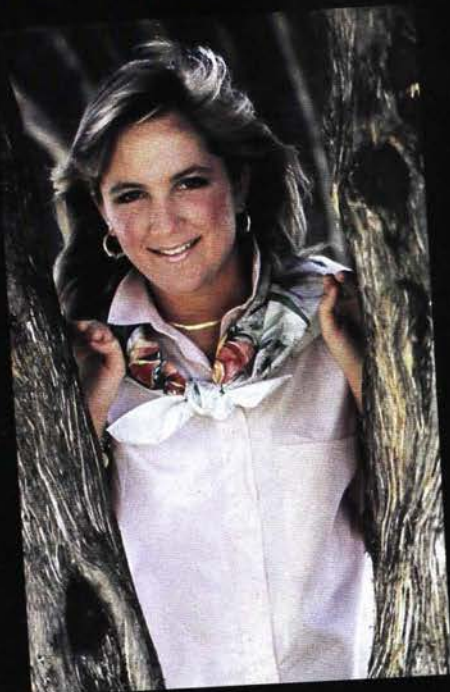




Every Kappa knows what "Pat says!" ΓΥ-British Columbia



Wired for Rush; ΕΓ-North Carolina



Kappa is You — Kappa is Me; ΓΦ-SMU

Kappa Rush Memories



Swinging with Rush; ΓΚ-William and Mary



Behind the Scenes; ΒΜ-Colorado



Bid Day — Hooray! Σ-Nebraska



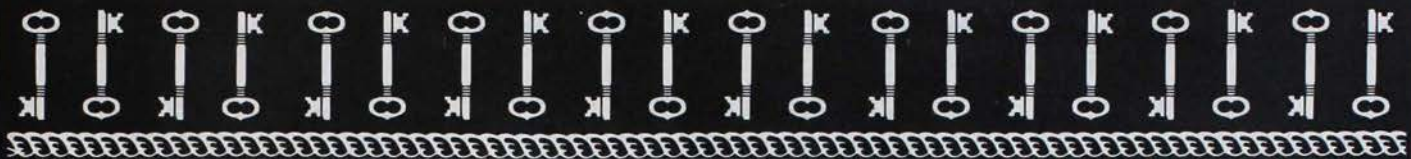
Those extra special sisters; ΓΦ-SMU



Happiness is ... being a Kappa!
ΓΠ-Alabama

A First-year Initiate Writes Home

by Carol Lash Armstrong, Miami (OH)



Saturday Morning — Rush Week

Dear Mom and Dad,

I LOVE RUSH!!! I never thought that my first year on "this side" could be so wonderful. I've met so many terrific rushees, but I've also become much closer to my sisters and I've learned so much about myself. This is the best!!!

Last week we practiced and practiced songs, conversation skills, rotation, and good hostessing techniques. Letters and references from our alumnae told us about outstanding rushees and made us eager to meet them.

An alumna presented a program on motivation and group dynamics. She made us feel good about ourselves individually and as a group so we're even more enthusiastic about sharing Kappa with our rushees.

We had a picnic for everyone at an adviser's home. All our advisers prepared the food and their husbands served as waiters! We all sang Kappa songs and had a great time.

On the last night of Work Week we had a "Cozy" and shared what Kappa means to each of us. It was a really special way to end a busy week.

Two days of ice water teas equals a lot of people in and out in 20 minutes! Despite a tired smile, I'm looking forward to the next round of parties and the chance to talk with the rushees again.

"Go Greek" was the theme for open rounds and we all wore shorts and our pledge t-shirts. Mrs. Abbott, our super House Director, got into the spirit and wore a blue dress, fleur-de-lis scarf, and her "I love KKG" button. The rushees got a kick out of her enthusiasm for Kappa! The house looked beautiful . . . sooo clean! All of our Kappa "stuff" like pillows and scrapbooks were out and gave the rushees the chance to ask lots of questions about the fun things we do.

Theme/philanthropy days found us dressed as tour guides or in international costumes for "It's a Kappa World." National flags, balloons in all colors, and small styrofoam globes with KKG flags made great decorations. We told the rushees about our philanthropy project, working with students at the School for the Deaf, and they helped make friendship bracelets. They really liked learning "It's a Small World" in sign language! Then we shared our activities of the past year in a beautiful slide show developed by one of our visual arts majors. The script and Kappa songs helped to explain a lot about the meaning of Kappa that is hard to include in conversation.

Today we have Preference Parties. Everyone looks so beautiful . . . We are nervous, excited and anxious! I am hostessing one of my favorite rushees at each party. They are wonderful women . . . sensitive, caring, bright, thoughtful, eager to be involved, and all the other characteristics that make a true blue Kappa. Keep your fingers crossed that today's parties make them feel how special they are to us and how much we want them to be a part of Kappa. Ooooooh, I'm so nervous!

P.S. — Sunday Evening

They pledged KKG!!! My three favorite rushees — Jen, Amy and Denise are new Kappa pledges!!! Am I excited?!!!

I thought it couldn't get any better than the Preference Parties, but today, when our Pledge Chairman brought back our new pledges, there were my three leading the group! I ran to give them their first official Kappa hug!

Kappa t-shirts, Kappa songs and dinner at the house were followed by the formal pledging ceremony. Our local alumnae provided a delicious dessert for all of us and they were excited about meeting our new pledge class, too! We escorted the pledges back to their dorms and they were surprised by the wooden key door signs on their rooms. Inside they found a lovely iris and a special poem about sisterhood signed by the chapter.

I was very thoughtful and a little sad going back to my room and then I also found a surprise . . . an iris and a poem from our Membership Committee with thanks for just being me. What a wonderful end to a very special day!

And to you, Mom and Dad, a note to say "Thanks for always listening and for loving Kappa because of what you know it means to me."

I love you!
Your Daughter

An Extraordinary Return on Investment

**The Kappa Experience = hidden value,
deferred benefit, future compensation**

by Mary Ellen Pohl Rodgers, Pittsburgh

Why did you want to be a Kappa? Why did you choose KKG? If you were like me, it was not to learn valuable life skills that lead to a successful career. That thought never entered my mind.

When I pledged 20 years ago, I was interested in friends with similar interests, a nice "home," a group that was well-liked and respected on campus for involvement, academics, fun and quality members — in addition to pretty colors, a "neat" pin, and a likeable mascot. When Kappa and I chose each other in 1971, the notion of becoming part of an international group with a rich heritage of commitment to personal and professional growth in all fields of endeavor was beyond my narrow vision.

Only now, on reflection, do I understand what Kappa membership and involvement have given me. As I retrace my steps, I see that the decision-making process I used in joining Kappa and the skills I acquired as a chapter member have played a major role in my career advancement during the past 15 years.

By way of background, I was an active member of Gamma Epsilon at the University of Pittsburgh from 1971 to 1974. After graduating I earned my master's in business administration the following year. I joined the Pittsburgh National Bank and had become a vice-president by 1981 when I moved to Indianapolis, married, and joined Eli Lilly. During the past nine years, I have held a number of professional and management positions, here and in Canada, as well as a two-year assignment in Geneva. In deciding which company to join, first a bank and then a pharmaceutical firm, I am able to identify specific qualities and skills which have their roots in Kappa Kappa Gamma.

At present, I am the controller of Lilly Research Laboratories, — Eli Lilly is a \$4+ billion dollar company that is engaged in the discovery, development, manufacture, and sale of a



Linda Lange

broad line of human health and agricultural products that are sold in more than 130 countries worldwide. Founded in 1876, the early philosophy of the company, stated in 1908 by the president, Josiah Lilly, "... keep steady and consistently to an honorable and correct policy ..." continues to guide Lilly's operations. The corporate culture is perhaps best described as an expression of basic human values, respect for the individual, and the attainment of excellence. The culture is integrated into daily management practice through a system of collective responsibility, which emphasizes consensus management, committee processes, orientation programs, and high performance standards. It sounds a lot like Kappa Kappa Gamma, doesn't it?

Let me offer some specific examples. Our normal practice is to invite a prospective employee to our headquarters for a day-long series of inter-

views with seven or eight different people in the financial component. Each interviewer probes for indications of leadership: communication skills, interpersonal dynamics, organizational know-how, and decision-making ability, in addition to financial proficiency. At the end of the day, the interviewers attend a "consensus" meeting to discuss the candidate and determine if an offer should be extended. The ground rules are based on respect for the individual; all comments must be positive and constructive. We are looking not only for business acumen but for a balance in a number of life skills.

Each decision is reached through consensus, not votes. It is important that the candidate have demonstrated the potential to be a valuable addition to the company, to grow personally and professionally within the Lilly corporate culture.

The first time I experienced this process as an interviewer, I vividly saw the parallels to the selection sessions during Rush. I had an immediate and dramatic flashback to my first Rush as an active when an alumna adviser reminded us of the ground rules. All selection meetings would be positive and constructive.

The qualities I was taught to look for in a potential sister — leadership, interpersonal skills, commitment, interest in academic achievement, etc., are the same ones Eli Lilly looks for in its future leaders! The entire process is based on the fundamental values of respect for the individual and potential for excellence.

As a collegian, I had the opportunity to serve as co-chairman of Greek Week, an event which involved a full year of planning, organizing, and executing up to 20 separate activities for the entire Greek system. I directed a committee of 40+, which ultimately involved 1,000 or more people, and I was responsible for a budget in excess of \$100,000. At the time it was loads of hard work and a whole lot of

fun! In hindsight, I learned how to incorporate widely dissenting views and opinions into a workable structure. Further, I learned to evaluate needs and time, motivate individuals, build a team spirit, and allocate scarce resources among competing interests.

Now, on a daily basis I use those skills. One of my job requirements is to serve as the secretary to one of the capital appropriations committees within Eli Lilly that forecasts, plans, approves, and controls the major expenditure requirements for a given part of the company. In that capacity, I am responsible for providing the forum for fair representation and the process for groups as diverse as systems, engineering, financial, manufacturing and scientific to reach agreement on how the capital dollars are to be allocated. Believe me, there are always more ways to spend the dollars than there are dollars — and everyone's "needs" are important.

My first time through that process reminded me of a chapter meeting where our Treasurer talked about

sources of chapter funds and how much each committee would be given for programming needs. I remember the debates and the ensuing discussions to prioritize the many chapter activities. Whenever we came to final agreement it was *not* by having one person lay down the law. We talked about relative pros and cons and proposed alternatives. This process of planning, budgeting, negotiating, seeking alternatives, compromising — all of these — are life skills that are used daily — by all of us. They were first nurtured by membership in Kappa.

So much that is written about the importance of leadership and team-building to the business world fails to identify the ingredients necessary for corporate success. It is not the organization and what it contributes to the individual in the abstract sense that is important. Rather, it is the spirit of that group which fosters, develops, and improves the qualities of leadership. It is found in chapter life in the spirit of Kappa. While Kappa makes

born leaders even better, the spirit of Kappa nurtures leadership skills in all its members.

In *Leaders, The Strategies for Taking Charge*, Bennis and Nanus discuss the concept of power and leadership; they see power as "the capacity to translate intentions into reality and sustain it," while leadership "is the wise use of power." Further, they are convinced that "effective leadership can move organizations from current to future states, [because leaders] emerge when organizations face new problems that cannot be solved by unguided evolution. They assume responsibilities for reshaping organizational priorities to adapt to environmental changes." These keys for effective leadership describe chapter organization. For example, nomination and election procedures in a chapter nurture the entire process of leadership development. Chapter positions are decided through evolution by consensus: identifying skills, chapter needs, and candidate qualifications. The actual voting process takes place



It all begins on Bid Day; members of Epsilon Nu-Vanderbilt welcome their new wearers of the blue and blue.

only after a well-thought-out period of self-examination: "Where are we going?" "What do we need?" This process facilitates the chapter decision by clarifying thinking about the upcoming challenges and specific practices that need attention.

With each new election of officers, the group reviews and possibly reshapes the chapter practices in the face of a changing environment. When I was a senior on the Nominating Committee, there was one session when the committee members wrestled at length through a discussion about the changing nature of the Greek system on campus. We decided that our strongest people needed to be the Membership Chairman and Panhellenic Delegate because they would represent our positions to the campus Greek organization and that external involvement would be more important to our long-term success than an internally focused chapter officer.

As a manager of many people today, I need to consider the future and succession, internal and external forces. What Bennis and Nanus say about "leading others" and "managing yourself" was true 20 years ago



During an informal chapter meeting rush plans are reviewed. Epsilon Eta-Auburn

when I was involved in "managing" our chapter and "leading" others through our involvement in the campus Greek system.

How and why did all of these things happen so long ago in chapter life? Did any of us even glimpse how our weekly meetings and various activities were shaping our futures? determining the success of our professional lives? Probably not, but it is my belief that all the signposts were there.

Kappa has a proud heritage. We were founded on basic principles that are as true today as they were when Kappa began. We actives had alumnae advisers who shared that Kappa heritage and offered a visible connection to the past and a bridge to the future. The advisers offered wisdom, experience, and counsel. Given the strength of a proud past, healthy present, and attractive future, young women ages 18-22 were allowed to try, fail, grow, try again, succeed, grow, and progress in a relatively risk free environment. We were surrounded by a supportive network of caring, sharing people. We were taught to understand and able to experience that what we did, what we said and what we felt mattered and made a difference.

It may sound mystical and magical, but it really wasn't, yet it was not that carefully thought out. But in looking back 20 years to my Kappa collegiate

experience, it was magical and it did matter.

My Kappa experience and family taught me to believe in myself. Being a woman was not a handicap — it is what I am. I could not change that, nor would I want to. Kappa taught all of us to achieve, manage, lead, excel! As actives, we never thought "We can't do that because we're women." We just set out and did it. That confidence-building experience has served us all well. Today those "sisters" are doctors, lawyers, artists, pharmacists, business people, therapists, chemists, entrepreneurs — you name it. Our chapter represented a microcosm of the world, reflecting a wide range of interests, talents, skills and ambitions.

In addition to being a fun group, with a gracious house, a "neat" pin and pretty colors, we made a contribution to our campus, our community, and Kappa. In return, Kappa gave us the opportunity to nurture and develop those life skills which we continue to use.

Was I looking for that? No, I don't think so. Did I realize it at the time? Certainly not. Was it worthwhile? Absolutely!

Hidden value, deferred benefit, future compensation — call it whatever you wish. In my business world, the life skills developed by my Kappa experience come into play regularly. In financial terms I call that "extraordinary return on investment!"



Chapters keep well supplied with butcher paper and poster boards for visual aids in evaluating and planning, constants in chapter management.



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1991-92 Addresses

*CHAPTERS AND MEMBERSHIP ADVISERS

Send References To Chapter Mailing Address, Attention: Chapter Reference Chairman

Akron, U. of - A (Gamma-North) - Rush Mid Sept.; References due Aug. 15; KKG, 237 Spicer St., Akron, OH 44304; Angela Guagliardo Wahl (Frank), 834 Penn Wood Dr., Tallmadge, OH 44278

Alabama, U. of - ΠΠ (Nu-South) - Rush Mid Aug.; References due July 1; KKG, P.O. Box 6569, University, AL 35486; Lauren Clark Minto (Ben), 404 19th Ave., Tuscaloosa, AL 35401

Allegheny C. - ΓP (Beta-West) - Rush Mid Jan.; References due Nov. 15; KKG, Allegheny College, Meadville, PA 16335; Joan Henry Caldwell (Peter), 2714 Powder Ridge Rd., Somerset, PA 15501

Arizona State U. - ΕΔ (Kappa-South) - Rush Mid Aug.; References due Aug. 1; KKG, Palo Verde Main, A.S.U.; Tempe, AZ 85281; Marsha Schultz Griffith (Michael), 6407 College Ave., Tempe, AZ 85283

Arizona, U. of - ΓZ (Kappa-South) - Rush Mid Aug.; References due July 15; KKG, 1435 E. Second St., Tucson, AZ 85719; Belinda Kaye Oden, 206 E. Pastime, Tucson, AZ 85705

Arkansas, U. of - ΓN (Xi) - Rush Mid Aug.; References due Aug. 1; KKG, 800 W. Maple, Fayetteville, AR 72701; Kristi Hase Hudnall (Ron), 117 Stone Ridge Rd., Rogers, AR 72756

Auburn U. - EH (Nu-South) - Rush Mid Sept.; References due Sept. 1; KKG, Sasnett Hall, Auburn U., Auburn, AL 36849; Laura Young Palmer, P.O. Box 52082, Atlanta, GA 30355

Babson C. - ZA (Rho-North) - Rush Early Feb.; References due Jan. 15; KKG, Box 2077, Babson College, Babson Park, MA 02157; Jane Terrell Barry (Kevin), 12 Madison Rd., Wellesley, MA 02181 (ABC)

Baylor U. - EY (Theta-East) - Rush Early Jan.; References due Oct. 1; KKG, BU Box 85617, Baylor University, Waco, TX 76798; Chris Rowland McSwain (Andy), 308 N. 30th St., Waco, TX 76710

Bowling Green State U. - ZK (Gamma-North) - Rush Mid Aug.; References due Aug. 1; KKG, Bowling Green State U., Bowling Green, OH 43403; Barbara Spletzer-Cheetwood (Craig), 222 W. John St., Maumee, OH 43537

British Columbia, U. of - ΓY (Iota-West) - Rush Mid Sept.; References due Sept. 1; c/o Ann Marie Copping, 1086 16th Ave., Vancouver, BC, Canada V6H 1S6; Deborah J. Ratcliffe, 4561 Beverly Cres., Vancouver, BC, Canada V6J 4E7

Bucknell U. - ΔΦ (Beta-East) - Rush Early Sept.; References due Sept. 1; KKG Box C2919, Bucknell U., Lewisburg, PA 17837; Kimberly Marie Babcock, 304 S. 7th St., Lewisburg, PA 17837

Butler U. - M (Delta-South) - Rush Mid Aug.; References due Aug. 1; KKG 821 W. Hampton Dr., Indianapolis, IN 46208; Cathie Hahn Mills (Bryan), 208 Ashford Ct., Noblesville, IN 46060

California State U., Fresno - ΔΩ (Pi-South) - Rush Mid Aug.; References due Aug. 15; KKG, 5347 N. Millbrook, Fresno, CA 93710; Lindy Cope Rojas (Ernie), 3372 W. Alluvial, Fresno, CA 93711

California State U., Northridge - ΕΞ (Kappa-North) - Rush Late Aug.; References due Aug. 15; KKG, 8932 Darby St., Northridge, CA 91325; Julia Louise Finn, 15232 Dickens St., Sherman Oaks, CA 91403

California, U. of, Berkeley - Π³ (Pi-South) - Rush Mid Aug.; References due Aug. 1; KKG, 2328 Piedmont Ave., Berkeley, CA 94704; Holly Engs, 1916 Pine St. #2, San Francisco, CA 94109

California, U. of, Davis - EO (Pi-North) - Rush Mid Sept.; References due Sept. 1; KKG, 311 Russell, Davis, CA 95616; Margaret Shannon Powell (Kent), 2874 S. El Macero, El Macero, CA 95618

California, U. of, Irvine - ZH (Kappa-South) - Rush Early Sept.; References due Aug. 15; KKG P.O. Box 4827, Irvine, CA 92716; Stephanie Miller Caldwell (Joseph), 1075 Westward Lane, Costa Mesa, CA 92627

California, U. of, Los Angeles - ΓΞ (Kappa-North) - Rush Late Sept.; References due Sept. 1; KKG, 744 Hilgard, Los Angeles, CA 90024; Melissa Messmer, 3213 Maple Ave., Manhattan Beach, CA 90266

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Centre C. - ZΓ (Nu-North) - Rush Early Nov.; References due Oct. 15; KKG, Box 814 Centre College, Danville, KY 40422; Adanna Keller, 451 Westwood Tr., #A-6, Frankfort, KY 40601

Cincinnati, U. of - BP³ (Gamma-South) - Rush Late Sept.; References due Sept. 15; KKG, 2801 Clifton Ave., Cincinnati, OH 45220; Nancy Waltz Hollingsworth (Samuel), 2906 Saddleback Dr., Cincinnati, OH 45244

Clemson U. - EM (Mu-North) - Rush Mid Aug.; References due Aug. 1; KKG, Box 3852, Univ. Sta., Clemson, SC 29632; Amy Pitts, 106 Abingdon Way, Greenville, SC 29615

Colgate U. - ZP (Alpha-South) - Rush Mid Feb.; References due Feb. 1; Marian Laidlaw LeFevre (John), Brookview Dr., Hamilton, NY 12346

Colorado C. - ΔZ (Eta-East) - Rush Late Oct.; References due Oct. 1; KKG, 1160 N. Cascade, Colorado Springs, CO 80903; Laura B. Moylan, 845 N. Spruce, #6, Colorado Springs, CO 80905

Colorado State U. - EB (Eta-East) - Rush Late Aug.; References due Aug. 15; KKG, 729 S. Shields, Ft. Collins, CO 80521; Sharon Marie Durfee, 906 Vanderbilt Ct., Ft. Collins, CO 80525 (ABC)

Colorado, U. of - BM (Eta-East) - Rush Late Aug.; References due Aug. 15; KKG, 1134 University, Boulder, CO 80302; Kie Ann Ellington, 3329 E. Bayaud Ave., #1315, Denver, CO 80209

Connecticut, U. of - ΔM (Rho-South) - Rush Early Sept.; References due Aug. 15; KKG, 13-15 Gilbert Rd., Storrs, CT 06268; Susan Ridgway Esposito (Raymond), 515 Ocean Ave., Newport, RI 02840

Cornell U. - Ψ³ (Alpha-South) - Rush Mid Jan.; References due Jan. 1; KKG, 508 Thurston Ave., Ithaca, NY 14850; Mary Neville Kubiak (John), 214 Christopher Lane, Ithaca, NY 14850

Dartmouth C. - EX (Rho-North) - Rush Early Jan.; References due Dec. 15; KKG, Hinman Box 5060, Dartmouth C., Hanover, NH 03755; Lee Spencer McClure (G.K.), 207 Brookhollow, Hanover, NH 03755

Denison U. - ΓΩ (Gamma-South) - Rush Mid Oct.; References due Oct. 1; KKG, 110 N. Mulberry St., Granville, OH 43023; Suzanne R. Cole, 2615 Wexford Rd., Columbus, OH 43221

DePauw U. - I (Delta-South) - Rush Early Oct.; References due Oct. 1; KKG, 507 S. Locust St., Greencastle, IN 46135; Mary Vines Weisiger (Carroll), 832 Wedgewood Lane, Carmel, IN 46032

Dickinson C. - ΕΩ (Beta-East) - Rush Late Jan.; References due Dec. 1; KKG, HUB Box 700, Dickinson College, Carlisle, PA 17013; Toni Ann Filchak, 14 Stewart Dr., Carlisle, PA 17013

Drake U. - ΓΘ (Zeta-North) - Rush Late Aug.; References due Aug. 15; KKG, 1305 34th St., Des Moines, IA 50311; Laura Ann Leonard, 930 45th St., Des Moines, IA 50312

Duke U. - ΔB (Lambda-West) - Rush Early Jan.; References due Dec. 1; KKG, P.O. Box 7922, Duke Station, Durham, NC 27708; Amy Herbrechtsmeyer, 3221-21 Shore View Rd., Raleigh, NC 27613 (ABC)

Emory U. - EE (Mu-North) - Rush Mid Jan.; References due Dec. 1; KKG, Drawer NN, Emory U., Atlanta, GA 30322; Laura Weeks Harp (Terry), 110 Jaywood Dr., Woodstock, GA 30188

Florida State U. - EZ (Mu-South) - Rush Mid Aug.; References due Aug. 1; KKG, 528 W. Jefferson St., Tallahassee, FL 32308; Maria Violante Sommer (George), 1187 Tumbleweed Run, Tallahassee, FL 32301

Florida, U. of - ΕΦ (Mu-South) - Rush Late Aug.; References due Aug. 1; KKG, 401 S.W. 13th St., Gainesville, FL 32601; LeeAnn Schwartz Richeson (James), 346-1 S.W. 62nd Blvd., Gainesville, FL 32607

George Washington U. - ΓX (Lambda-East) - Rush Early Sept.; References due Aug. 15; KKG, 2031 'F' St., Washington, DC 20006; Rosemary Bassett Stull (Larry), 4856 W. Braddock Rd. #102, Alexandria, VA 22311

Georgia Southern U. - ZY (Mu-North) - Rush Mid Sept.; References due Sept. 1; KKG, Landrum Box 12212, GSU, Statesboro, GA 30460; Elizabeth Green Blount (Leonard), 106 Lancaster Pt., Statesboro, GA 30458

Georgia, U. of - ΔY (Mu-North) - Rush Early Sept.; References due Aug. 15; KKG, 440 S. Milledge Ave., Athens, GA 30605; Susan Frech Schmitt (Herb), 540 Mt. Washington Ln., Alpharetta, GA 30201

Hillsdale C. - K (Delta-North) - Rush Mid Jan.; References due Dec. 1; KKG, 221 Hillsdale St., Hillsdale, MI 49242; Nanci Inman, 98 Westwood St., Hillsdale, MI 49242

Idaho, C. of - ZΠ (Iota-East) - Rush Early Oct.; References due Sept. 15; KKG, 1901 Cleveland Blvd., Caldwell, ID 83605; Celeste Bithell, 5050 N. Farrow, Boise, ID 83703

Idaho, U. of - BK (Iota) - Rush Mid Aug.; References due Aug. 1; KKG, 805 N. Elm, Moscow, ID 83843; Jeanne Maxey Reese (William), 3001 Hayden Point Dr., Hayden Lake, ID 83835

Illinois, U. of - BA (Epsilon-South) - Rush Late Aug.; References due Aug. 15; KKG, 1102 S. Lincoln Ave., Urbana, IL 61801; Jennifer Fox Luzenske, 1904 Karen Ct. #1, Champaign, IL 61821

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Indiana U. – Δ (Delta-South) – Rush Early Jan.; References due Oct. 15; KKG, 1018 E. Third, Bloomington, IN 47401; Judith Hinds McNary (Patrick), 2522 North St., Logansport, IN 46947

Iowa State U. – ΔO (Zeta-North) – Rush Mid Aug.; References due Aug. 1; KKG, 120 Lynn Ave., Ames, IA 50010; Terri Ann Marshall, 602 Clark Ave., Ames, IA 50010

Iowa, U. of – BZ (Zeta-North) – Rush Late Aug.; References due Aug. 1; KKG, 728 E. Washington, Iowa City, IA 52240; Jane Carter Jones (Ronald), 9 Cherry Lane, Iowa City, IA 52240

Kansas State U. – ΓA (Zeta-South) – Rush Mid Aug.; References due Aug. 1; KKG, 517 Fairchild Terr., Manhattan, KS 66502; Meg Kuhn Braun (Mark), 135 Woodlawn Ave., Topeka, KS 66606

Kansas, U. of – Ω (Zeta-South) – Rush Mid Aug.; References due July 1; KKG, Gower Place, Lawrence, KS 66044; Mary Dillon Esau (John), 3609 Quail Creek Ct., Lawrence, KS 66047

Kentucky, U. of – BX (Nu-North) – Rush Mid Aug.; References due July 15; KKG, 238 E. Maxwell St., Lexington, KY 40508; Elizabeth L. Marshall, 328 Duke Rd. #3, Lexington, KY 40502

Lafayette C. – ZB (Beta-East) – Rush Late Jan.; References due Dec. 1; KKG, Box 4030, Lafayette College, Easton, PA 18042; Karen Stewart Mitton (Greg), 1445 Linden St., Allentown, PA 18102

Lawrence U. – ZE (Epsilon-North) – Rush Mid Jan.; References due Dec. 1; KKG, 307 E. Lawrence, Coleman Hall, Appleton, WI 54911; Susan Sherwood Stone (C.T.), 61 Sunset Trail, Winneconne, WI 54986

Louisiana State U. – ΔI (Theta-East) – Rush Mid Aug.; References due July 1; KKG, P.O. Box 25104 L.S.U., Baton Rouge, LA 70894; Mary-Virginia Lancaster, 633 Stoney Creek Ave., Baton Rouge, LA 70808 (ABC)

Maryland, U. of – ΓΨ (Lambda-East) – Rush Early Sept.; References due Sept. 1; KKG, 7407 Princeton Ave., College Park, MD 20740; Tracey McDaniel, 5901 Serenity Lane, Rockville, MD 20855

Massachusetts, U. of – ΔN (Rho-North) – Rush Early Sept.; References due Sept. 1; KKG, 32 Nutting Ave., Amherst, MA 01002; Elaine Chomyn Barker, RFD #3, 40 Teawaddle Hill Rd., Amherst, MA 01002

McGill U. – ΔΔ (Alpha-North) – Rush Late Sept.; References due Sept. 1; KKG, 532 Milton St., Montreal, QU, Canada H2X 1W4; Joanne Hewson Rees (Henry), 78 Sunnyside Ave., Montreal, QU, Canada H3Y 1C2

Miami U. – ΔA (Gamma-South) – Rush Late Nov. – Mid Jan.; References due Nov. 1; KKG, 100 Hamilton Hall, Oxford, OH 45056; Alanna Cleary, 915 Cottonwood Rd., Dayton, OH 45419

Miami, U. of – ΔK (Mu-South) – Rush Late Aug.; References due Aug. 1; KKG, P.O. Box 284106, Coral Gables, FL 33146; Trish McFadden, 16540 S.W. 153rd Pl., Miami, FL 33187

Michigan State U. – ΔΓ (Delta-North) – Rush Mid Sept.; References due Sept. 1; KKG, 605 M.A.C. Ave., E. Lansing, MI 48823; Patricia Wiggins Hartman (Ronald), 9171 Burning Tree Dr., Grand Blanc, MI 48439

Michigan, U. of – BΔ (Delta-North) – Rush Early Sept.; References due Aug. 15; KKG, 1204 Hill St., Ann Arbor, MI 48104; Colleen Devlin Cipicchio (Rick), 3868 Hillside Dr., Ypsilanti, MI 48197

Minnesota, U. of – X (Epsilon-North) – Rush Mid Sept.; References due Sept. 1; KKG, 329 10th Ave., S.E., Minneapolis, MN 55414; Carri Meilahn Tedstrom (John), 4700 10th Ave., S., Minneapolis, MN 55407

Mississippi, U. of – ΔP (Nu-South) – Rush Mid Aug.; References due Aug. 1; KKG, P.O. Box 8137, University, MS 38677; Mary Nell Patridge Sturgeon (Joseph), 216 Baker St., Batesville, MS 38606

Missouri, U. of – Θ (Zeta-South) – Rush Late Aug.; References due Aug. 1; KKG, 512 Rollins, Columbia, MO 65201; Vivian Eynatten Benedict (Norman), 111 Hollyridge, Columbia, MO 65203

Monmouth C. – A^Δ (Epsilon-South) – Rush Late Aug.; References due Aug. 15; KKG, Monmouth College, Monmouth, IL 61462; Vicki Nelson Moore (Mark), 328 S. 11th St., Monmouth, IL 61462

Montana, U. of – BΦ (Iota-East) – Rush Late Sept.; References due Aug. 15; KKG, 1005 Gerald Ave., Missoula, MT 59801; Helene Kallgren Streit (David), 6180 Upper Miller Creek Rd., Missoula, MT 59803

Nebraska, U. of – Σ (Zeta-North) – Rush Mid Aug.; References due Aug. 1; KKG, 616 N. 16th, Lincoln, NE 68508; Linda Dean Rocke (James), 832 S. 33rd, Lincoln, NE 68510

New Mexico, U. of – ΓB (Eta-West) – Rush Mid Aug.; References due Aug. 1; KKG, 1620 Mesa Vista, N.E., Albuquerque, NM 87106; Paula Oakes Seeker, 2700 Palo Verde N.E., Albuquerque, NM 87112

North Carolina, U. of – EΓ (Lambda-West) – Rush Late Aug.; References due Aug. 15; KKG, 302 Pittsboro St., Chapel Hill, NC 27514; Leslie Johnston Tinsley, 5905 Tahoe Dr., Durham, NC 27713

North Texas, U. of – ZΣ (Theta-West) – Rush Mid Aug.; References due July 1; KKG, P.O. Box 5383, Denton, TX 76203; Judy Walker Broadwell (Ronald), 3400 Ranchero Rd., Plano, TX 75093

Northwestern U. – Y (Epsilon-North) – Rush Early Jan.; References due Oct. 15; KKG, 1871 Orrington Ave., Evanston, IL 60201; Allison Everett McRae (William), 1016 Colfax, Evanston, IL 60201

Ohio State U. – BN (Gamma-South) – Rush Mid Sept.; References due Sept. 1; KKG, 55 E. 15th Ave., Columbus, OH 43201; Nanci Marie Melfi, 813 Stison, Columbus, OH 43214

Ohio Wesleyan U. – P^Δ (Gamma-North) – Rush Mid Sept.; References due Sept. 1; KKG, 126 W. Winter St., Delaware, OH 43015; Beth Ann Williams, 1474 Science Club Dr., Westerville, OH 43081

Oklahoma State U. – ΔΣ (Xi) – Rush Mid Aug.; References due Aug. 1; KKG, 1212 W. 4th St., Stillwater, OK 74074; Lori Lipe Glass (Robert), 549 Greenbriar, Stillwater, OK 74074

Oklahoma, U. of – BΘ (Xi) – Rush Mid Aug.; References due Aug. 1; KKG, 700 College, Norman, OK 73069; Toni Reddin Edzards (Jay), 600 Shadow Creek Ct., Norman, OK 73072

Oregon State U. – ΓM (Pi-South) – Rush Mid Sept.; References due Sept. 1; KKG, 1335 W. VanBuren, Corvallis, OR 97330; Lila Isbell, 4020 N.W. Witham Hill Dr. #80, Corvallis, OR 97330 (ABC)

Oregon, U. of – BΩ (Pi-North) – Rush Mid Sept.; References due Sept. 1; KKG, 821 E. 15th St., Eugene, OR 97401; Bonnie Burton Simmons (William), 4565 N.W. Kahneeta Dr., Portland, OR 97229

Pennsylvania State U. – ΔA (Beta-East) – Rush Early Sept.; References due Aug. 15; KKG, 108 S. Cooper Hall, University Park, PA 16802; Leslee Clemson Torsell (Daniel), 503 Blanchard St., Bellefonte, PA 16823

Pittsburgh, U. of – ΓE (Beta-East) – Rush Mid Sept.; References due Sept. 1; KKG, 4401 Bayard St., Pittsburgh, PA 15213; LeeAnn White, 410 Drycove St., Pittsburgh, PA 15213

Puget Sound, U. of – EI (Iota-West) – Rush Mid Jan.; References due Dec. 15; KKG, Smith Hall, Tacoma, WA 98416; Carla Myers Wiese (Gerald), 105 Lila St., Steilacoom, WA 98388

Purdue U. – ΓΔ (Delta-South) – Rush Early Jan.; References due Aug. 1; KKG, 323 Waldron St., W. Lafayette, IN 47906; Cathy Reynolds Scott (Steve), 2650 Yeager Rd., W. Lafayette, IN 47906

Richmond, U. of – ZO (Lambda-East) – Rush Mid Jan.; References due Dec. 1; KKG, Box 1718, U. of Richmond, Richmond, VA 23233; Betty Grandis LePage (Todd), 6 Bisley Ct., Richmond, VA 23233

Rollins C. – ΔE (Mu-South) – Rush Mid Jan.; References due Jan. 1; KKG, Campus Box 1649, Rollins College, Winter Park, FL 32789; Rebecca Harper McKay (John), 3626 Finch St., Orlando, FL 32803

St. Lawrence U. – BB^Δ (Alpha-North) – Rush Early Feb.; References due Jan. 15; KKG, 45 E. Main St., Canton, NY 13617; Emma Robertson Carmichael (Douglas), 14 Elm St., Canton, NY 13617

Simpson C. – O^Δ (Zeta-North) – Rush Mid Aug.; References due Aug. 15; KKG, Box 3695, 701 North C St., Indianola, IA 51025; Edie Sowers Butler (Brad), 1306 W. Clinton, Indianola, IA 50125

South Carolina, U. of – EK (Mu-North) – Rush Late Aug.; References due Aug. 15; KKG, P.O. Box 85128, Columbia, SC 29225; Lisa Tarlton, 1005 Charbonneau, Columbia, SC 29210

Southern California, U. of – ΔT (Kappa-North) – Rush Late Aug.; References due Aug. 1; KKG, 929 W. 28th St., Los Angeles, CA 90007; Laura Whittier King (Radford), 146 Paseo De La Concha Apt. B, Redondo Beach, CA 90277

Southern Methodist U. – ΓΦ (Theta-East) – Rush Early Jan.; References due Oct. 15; KKG, 3110 Daniel St., Dallas, TX 75205; Kristin Wagner Henderson (Stewart), 6411 Turner Way, Dallas, TX 75230

Stanford U. – BH^Δ (Pi-North) – Rush Mid April; References due April 1; KKG, P.O. Box 3626, Stanford, CA 94305; Marcia Pearson Moore (Rollin), 1395 Dry Creek Rd., San Jose, CA 95125

Syracuse U. – BT (Alpha-South) – Rush Late Aug.; References due Aug. 1; KKG, 743 Comstock Ave., Syracuse, NY 13210; Dorothy Miner Downing (Richard), 12 Thistlewood Lane, Fayetteville, NY 13066

Tennessee, U. of – EA (Nu-North) – Rush Mid Aug.; References due Aug. 1; KKG, 1531 W. Cumberland Ave., Knoxville, TN 37916; Robin Jo Pike, 721 Walker Springs Rd. #T-8, Knoxville, TN 37923

Texas A & M – EP (Theta-East) – Rush Late Aug.; References due Aug. 15; KKG, 1502 Athens, College Station, TX 77840; Sandra Thompson Cooper (Patrick), Rt. #3 Box 224, College Station, TX 77845

Texas Christian U. – EA (Theta-East) – Rush Mid Aug.; References due July 1; KKG, P.O. Box 29721, TCU, Ft. Worth, TX 76129; Medora Pitcock Eubank (Jeff), 3712 Briarhaven Rd., Ft. Worth, TX 76109

Texas Tech U. – ΔΨ (Theta-West) – Rush Late Aug.; References due Aug. 1; KKG, P.O. Box 4108, Tech Station, Lubbock, TX 79409; Vicki Lafitte Gay (Dib), 4605 7th, Lubbock, TX 79416

Texas, U. of – BΞ (Theta-West) – Rush Late Aug.; References due July 1; KKG, 2001 University Ave., Austin, TX 78705; Robin Gerner Doty, 12 Scott Crescent, Austin, TX 78703

Toronto, U. of – BΨ (Alpha-North) – Rush Mid Sept.; References due Sept. 1; KKG, 32 Madison Ave., Toronto, ON, Canada M5R 2S1; Margot White, 37 Morewood Cres., North York, ON, Canada M2K 1L8 (ABC)

Trinity C. – ZΘ (Rho-South) – Rush Early Oct.; References due Aug. 15; KKG Box 1391, Trinity College, Hartford, CT 06106; Gloria Santiglia Stalph (Clifton), 30 Loomis Ave., Windsor, CT 06095

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(+ Indicates that group does not wish to receive requests for references)

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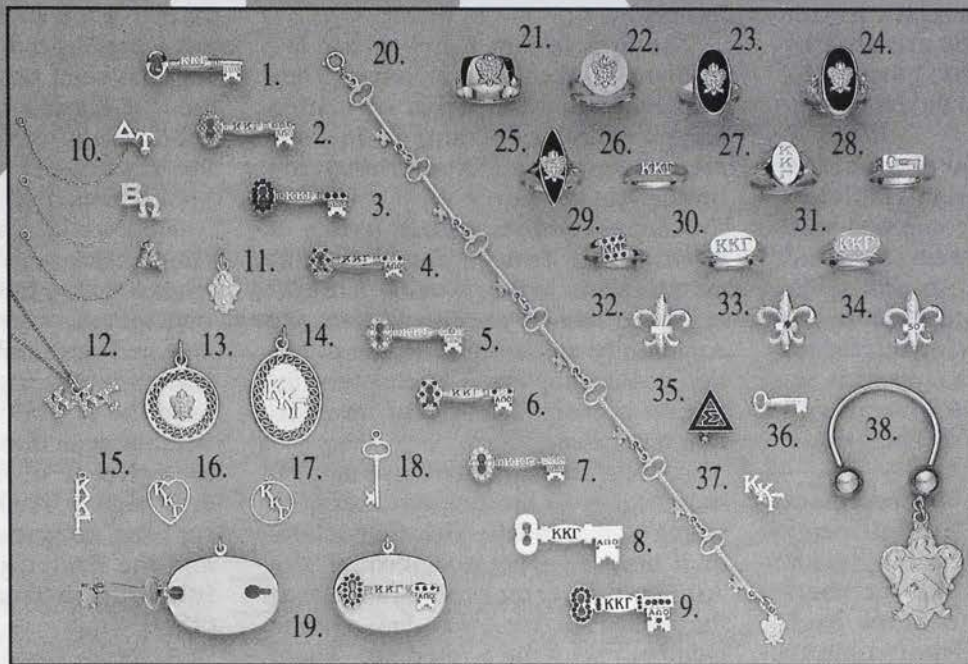
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17. Circle Lavalier	37.50	27.85	12.10	12.10
18. Key Lavalier	36.30	26.60	7.70	12.10
19. Pin-on-Badge Charm	149.80	107.00	50.00	50.00

NOTE: The prices above do not include necklace; add \$5.00 to above prices for 18 inch gold-filled or sterling silver necklace.

BRACELETS

20. Key Bracelet with Crest	211.75	82.50	82.50	
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RINGS

Please specify ring size

	14K	10K	GK	SS
21. Wide Band Crest Ring	157.30	121.00	-	55.00
22. Round Signet Crest Ring	139.15	108.90	-	49.50
23. Imperial Onyx/Crest Ring without Pearls	181.50	133.10	-	55.00
24. Imperial Onyx/Crest Ring with Pearls	192.50	144.10	-	66.00
25. Blue Enamel Marquis Ring with Crest	133.10	102.85	-	44.00
26. Mini Monogram Ring	96.80	72.60	-	33.00
27. Vertical Incised Letter Ring without Enamel	145.20	102.85	-	38.50
28. Scottsdale Incised Key Ring	133.10	96.80	-	33.00
29. Philly Swirl Ring				
a. All Sapphire	199.65	151.25	-	-
b. All Pearl (not shown)	181.50	133.10	-	-
c. Alternating Sapphire/Pearl (not shown)	193.60	145.20	-	-
d. Alternating Pearl/Diamond (not shown)	254.00	205.70	-	-
e. Alternating Sapphire/Diamond (not shown)	260.15	211.75	-	-
f. All Diamond (not shown)	290.40	242.00	-	-
30. Oval Incised Letter Ring without Enamel	145.20	102.85	-	38.50
31. Oval Raised Letter Ring	145.20	102.85	-	38.50

PINS

32. Fleur de Lis Pin	-	39.90	18.70	19.80
a. Fleur de Lis Pin with 3 Pearls (not shown)	-	42.35	20.90	22.00
33. 65 Year Pin	-	-	10.00	-
34. 50 Year Pin	-	-	6.00	-
35. Pledge Pin	-	-	3.00	-
36. Recognition Key Pin	-	19.00	4.40	-
37. Monogram Recognition Pin	-	-	3.60	-

KEYCHAINS

38. Horseshoe Fob Keychain	-	-	17.60	-
(GK) Gulkid is a 14K electroplate.				
(SS) Sterling Silver.				

Individual badge orders may be placed directly with Burr, Patterson & Auld Company. Chapter orders for badges MUST be prepared by Chapter Corresponding Secretary on official order forms obtained from Fraternity Headquarters.

•Cancelled orders are subject to penalty. •All prices subject to change without notice. •Prices are subject to state sales tax for Indiana residents. •Please allow 4 to 6 weeks for manufacturing.

MAIL PREPAID ORDERS TO:
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Effective October 1, 1990

References

Written information concerning an individual's qualifications is standard practice throughout today's society. References, recommendations, résumés and nominations are used by educational institutions, businesses, professions, civic and political organizations.

Selection from a field of applicants is usually based on the interviewer's personal impressions combined with personal endorsements and a record of achievements, interests and skills. On college campuses the trend is to increase requirements for references and interviews before a student is accepted for study and as a member of honoraries, campus organizations, and special programs.

References provide achievement records and personal information to help the rushee. Rush parties provide a setting for both chapter members and rushees to get to know each other. Actives have a short time to talk with prospective members during rush. To enable the actives to make *sound* decisions and to prepare for more effective and personalized rushing, they need specific, advance information.

Kappa Kappa Gamma has a refer-

ence system because Fraternity membership is for a lifetime. The Fraternity is only as strong as its membership selection. So the character and achievements of new members determine the future of the Fraternity.

The lives of new members are immediately linked with alumnae. They become representatives of Kappa Kappa Gamma on campus, in their communities, and in all endeavors throughout their lives.

Alumnae are the natural source of information concerning potential members and share an interest in seeing that qualified young women in the community are brought to the attention of the chapters. The chapters desire an organized source of information on rushees.

A Membership Data Form may be sent directly to the chapter where the young woman will be attending school or it may be processed through the Alumnae Reference Committee of the rushee's home area. Any alumna member may write a reference. There is no waiting period. The Membership Data Form in this issue of *The Key* may be used. It is easier to obtain information about rushees immediately after graduation and during the summer. Rush for many chapters begins in August. Thus, a reference received

early is very helpful to the chapter.

Kappa Kappa Gamma encourages pledging legacies who bring with them strength and continuity. A legacy is a sister, daughter, granddaughter, or great-granddaughter of a Kappa. The importance of legacies cannot be over-emphasized. As with all rushees, legacies shall possess the basic qualities of Kappa membership: good scholarship, participation in school and community activities, leadership ability, and congeniality.

Kappa's long record of successful membership selection is based on the firm, strong, proven belief that membership selection is the shared privilege and responsibility between collegiate and alumna members. Actives have the responsibility of final membership selection and alumnae have the privilege of referring rushees for membership. Actives and alumnae accept the obligation to their chapters and the Fraternity in selecting and fulfilling their obligation to each other.

A special thank you to all Alumnae Reference Chairmen, State Reference Chairmen and alumnae for your time and effort in helping the rushees and chapters by sending references. Because of your interest and help, Kappa continues to grow.



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Membership Data Form

(To be used by members of Kappa Kappa Gamma only)

ATTACH
PHOTO

Name of Rushee _____

(Last)

(First)

(Nickname)

Hometown _____

College or University Attending _____

(Fraternity Bylaws, ARTICLE IV, Section 1, A., 5.)

A chapter of Kappa Kappa Gamma may pledge a woman student who..."has demonstrated qualities of personal and group responsibility, congeniality, and academic interest."

ACADEMIC INTEREST

High School _____ Location _____ Yr. Graduated _____

Scholastic Average _____ Class Rank _____ Number in class _____

School(s) attended after high school, if any _____

Scholastic Average _____ Number of Terms Completed _____ Class: Fr. ☐ So. ☐ Jr. ☐ Sr. ☐

_____ Honor Roll _____ National Honor Society

_____ Scholastic Award(s) _____ Enrichment Program

Check if involved in any of the above. List additional academic achievements.

PERSONAL AND GROUP RESPONSIBILITY, CONGENIALITY, AND LEADERSHIP

List activities, honors, leadership roles and work experience (volunteer and paid). Indicate rushee's special talents and interests. Please attach an additional page if necessary.

Provide information which might serve as a means for the chapter to know the rushee better.

Name of Rushee _____
(Last) (First) (Nickname)

Name of Parent or Guardian _____

Home Address _____
(Street) (City) (State) (Zip)

College or University Attending _____

Kappa Kappa Gamma Legacy: Sister _____ Mother _____ Grandmother _____ Great-grandmother _____

Name _____
(Last) (First) (Maiden) (Col. or Univ. Attended)

Address _____
(Street) (City) (State) (Zip)

Other Kappa Relatives: _____

Other NPC Connections: _____

I have known the rushee for _____ years.

OR

This information has been obtained from a reliable source. _____

I hereby endorse this rushee with the understanding she may become a pledge of the Fraternity if she so desires.

Date: _____

Signature: _____

Print Name: _____
(First) (Maiden) (Last) (Chapter and Initiation Date)

Address: _____
(Street) (City) (State) (Zip)

You may send this form directly to the Chapter or process through your Alumnae Reference Chairman if rushee is from the same area.

For Alumnae Reference Committee only.

This Data Form has been submitted to the Alumnae Reference Committee. _____
(Chairman Signature)

_____ Alumnae Association endorses this rushee. _____
(Chairman Signature)

FORWARD DATA FORM TO CHAPTER - Chapter does not need to contact Association if signed above

For chapter use only.

_____ Date Alumnae Reference Committee notified _____
(Chapter President Signature if Chapter Reference)

_____ Date of chapter vote if needed _____

_____ Date pledged _____
(Membership Chairman Signature)

_____ Date Affiliation Card mailed to alumna submitting reference _____

Check if: _____ (Membership Adviser Signature)

_____ Alumnae Reference Committee does not wish to be contacted _____

_____ Rushee from unorganized area _____
(Chapter & Province)

ATTN: Membership Chairman

If rushee is pledged to Kappa Kappa Gamma, send this form to the Province Director of Chapters within 20 days of Pledging.

Alumnae Reference Chairmen (Continued)

+SOUTH BEND-MISHAWAKA – Pam Bargholz Malec (Stephen), 21195 Clover Hill Court, South Bend, IN 46614

TERRE HAUTE – Leslie Kriebel Wilkinson (Curtis), 110 Briarwood Dr., Terre Haute, IN 47803

ZIONSVILLE – Jane Hicks McKinzie (Mack), 1165 Starkey Rd., Zionsville, IN 46077

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+DES MOINES – Ann Strief Beurle (James), 800 36th St., West Des Moines, IA 50265

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+IOWA CITY – Marilyn Gilchrist Smith (Evan), 1901 Glendale Rd., Iowa City, IA 52245

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+PITTSBURGH (W) – Gail Berry Bevan (William), 4499 Birchwood Ln., Allison Park, PA 15101
PITTSBURGH SOUTH HILLS (E) – Barbara Jacob Andrews (William), 2461 Kings Ln., Pittsburgh, PA 15241
+STATE COLLEGE (W) – Contact PDA: Nona Ostrove, 5 Sandpiper Dr., Voorhees, NJ 08043
WEST CHESTER AREA (E) – Gail Koenig Yard (Scott), 13 Downing Rd., Downingtown, PA 19335

RHODE ISLAND (Rho)

State Chairman – LIZANN GRIBBEN GIBSON (James), 149 Rollingwood Dr., N. Kingstown, RI 02852

SOUTH CAROLINA (Mu-N)

State Chairman – ALICE WESTFALL LITTLE (J.W.), 1115 Springdale Rd., Anderson, SC 29621

CHARLESTON AREA – Sharon Prybylowski Kearns (Mark), 710 Osprey Ct., Mt. Pleasant, SC 29464
CLEMSON – Carolyn Ruth Merchant, 307 Moultrie Sq., Anderson, SC 29621
+COLUMBIA – Suzanne Strange Benson (James), 520 Sims Ct., Columbia, SC 29205
GREENVILLE AREA – Peggy Batson Luther (John), 203 Chancelor Dr., Simpsonville, SC 29681
+HILTON HEAD – Barbara Burkhardt Emery (Charles), 28 Oyster Reef Dr., Hilton Head, SC 29926

SOUTH DAKOTA (Iota-E)

State Chairman – GAYLE MYHRE HOOPER (Donald), 3805 Birchwood, Sioux Falls, SD 57103
RAPID CITY – Myrna Tippetts Burnette (Barry), 216 N. Berry Pine Rd., Rapid City, ND 57702

TENNESSEE (Nu-W)

State Chairman – MARY CAROLYN HUMPHREY HARP-ER (Fredrick) 6923 Lark Lane, Knoxville, TN 37919
CHATTANOOGA AREA – Martha Cox D'Lugos, 308 Rolling Ridge Dr., Chattanooga, TN 37241
KNOXVILLE – Anna Whitesides, 1804-A Stonebrook Dr., Knoxville, TN 37923
MEMPHIS – Becky Ferguson Ehrlicher (Michael), 95 St. Albans Fairway, Memphis, TN 38111
NASHVILLE – Ruth Early Cannon (Charles), 4422 Warner Pl., Nashville, TN 37205

TEXAS (Theta-E&W)

State Chairman – SYLVIA FAUBION DODSON (R.E.), 3414 Overton Park E., Ft. Worth, TX 76109
ABILENE (W) – Dixie Boring Bassett (Don), 1417 River Oaks, Abilene, TX 79605
ALICE-KINGSVILLE (W) – Susan Smith Kimball (Milton), Rt. 1 – 2900 N. Armstrong, Kingsville, TX 78363
AMARILLO (W) – Caryl Cary Smith, 6208 McCoy, Amarillo, TX 79109
ARLINGTON AREA (W) – Pat Pierce Ellington (Richard), 712 Portofino, Arlington, TX 76012
AUSTIN (W) – Lanette Lehnertz Smith (Wallace), 4111 Deepwoods Dr., Austin, TX 78731
BEAUMONT-PORT ARTHUR (E) – Elizabeth Lathrop Phelan (Mickey), 2445 Long Ave., Beaumont, TX 77702
BIG BEND (W) – Martha Charless Pollard (Frank), P.O. Box 1350, Alpine, TX 79831
BIG SPRING (W) – Beverly Wheeler Warren (J. Wray), 2905 Navajo, Big Spring, TX 79720
BROWNWOOD/CENTRAL TEXAS (W) – Beverly Gramann Snyder (Ned), One Canyon Creek, Brownwood, TX 76801
BRYAN-COLLEGE STATION AREA (E) – Ginny Roberts VanStavern (Neil), 3006 Brothers Blvd., College Station, TX 77840
CLAY COUNTY (W) – Sandy Hamilton Douthitt (Frank), 102 S. Fannin, Henrietta, TX 76365
CORPUS CHRISTI (W) – Carol Paine Kendrick (Michael) 413 Bermuda Pl., Corpus Christi, TX 78411
DALLAS – (W) Margaret Marsh Mebus (Robert), 4532 Biefort, Dallas, TX 75205
DENISON-SHERMAN (W) – Harriett Hull Smith (Steven), 716 Westwood Dr., Sherman, TX 75090
DENTON-LEWISVILLE (W) – Rhonda Read Turner (T. Stephen), 1231 W. Washington Ave., Sherman, TX 75090
EAST ELLIS COUNTY (W) – Janet Todd Ward (J. Kenneth), Box 1208, Ennis, TX 75120
EL PASO (W) – Margaret Mayfield Meyer (Bruce), 813 Forest Willow Cir., El Paso, TX 79922
FORT BEND COUNTY (E) – Suzy Hull Quigley, 706 Chevy Chase, Sugar Lane, TX 77478
FORT WORTH (W) – Virginia Langford Tate (Wally), 2525 Shirley, Ft. Worth, TX 76109
GALVESTON (E) – Cynthia Lightner Sullivan (John), 51 Colony Park Cir., Galveston, TX 77551
GARLAND (W) – Cindy Wells Dews (Randy), 6405 Los Rios, Mesquite, TX 75150
GREATER KATY AREA (E) – Nancy Shoemaker Honey (William), 15703 Fleetwood Oaks, Houston, TX 77079
HENDERSON (E) – Sheila Smith Gresham (Buddy), 1206 Westwood, Henderson, TX 75652
HILL COUNTRY (W) – Megan McCarthy Bobbott (James), 2505 Birkdale Ln., Kerrville, TX 78028
HOUSTON (E) – Terry McCrocklin Price (Alan), 21 Hickory Ridge, Houston, TX 77024

LEGACY NOTIFICATION

To assist our chapters in identifying Kappa legacies (sisters, daughters, granddaughters, and great-granddaughters), please complete this coupon. Send it to the chapter address as listed in this issue of *The Key*.

PLEASE NOTE: This notification does not replace a Membership Data Form!

Date: _____

This is to advise you that my: (daughter) (sister)

(granddaughter) (great-granddaughter)

will be attending _____ this year.

College/University

Alumna:

Legacy:

First	Middle	Maiden	Married

Address			

City	State	Zip	
_____	_____	_____	
Chapter	Initiation date		
_____	_____		

First	Middle	Last

Address		

City	State	Zip
_____	_____	_____
High school attended		

HOUSTON BAY AREA (E) - Karen Smith McCorkle (Bruce), 3611 Lonniewood, Houston, TX 77059

HOUSTON NORTHWEST (E) - Linda Birchfield Rafael (William), 17734 Abby Lane, Spring, TX 77379

HUNTSVILLE (E) - Ann Scarborough Hodges (William), 241 Hickory, Huntsville, TX 77340

KINGWOOD AREA (E) - Julie Bridgman Roper, 2215 Thousand Pines, Kingwood, TX 77339

LONGVIEW (E) - Libby Moore Novy (Charles), 1400 Inverness, Longview, TX 75601

LOWER RIO GRANDE VALLEY (W) - Louise Yarbrough Dunkin (Dial), 1009 E. Parkwood, Harlingen, TX 78550

LUBBOCK (W) - Jan Smith Taylor (Robert), 4608 96th St., Lubbock, TX 79424

LUFKIN (E) - Cathey Puckett Friesen (Lee), 210 Sunset, Lufkin, TX 75901

MARSHALL (E) - Amanda Hall Wynn (Tom), Harrington Rd., Rt. #5, Box 7960 Marshall, TX 75670

MCKINNEY-NORTH COLLIN (W) - Judy Howell Cox (Carey), 2405 Forrest Ct., McKinney, TX 75069

METROCREST (W) - Gretchen Moran Best (Rory), 14106 Tanglewood, Farmers Branch, TX 75234

MIDLAND (W) - Liz McNeel Sloan, 721 W. Dengar #1A, Midland, TX 79705

MONTGOMERY COUNTY (E) - Nancy Couch Battle (Thomas), 26426 McDonald Rd., The Woodlands, TX 77380

NACOGDOCHES (E) - Wyndell Owen Westmoreland, 3616 Buckingham, Nacogdoches, TX 75961

NORTHEAST TARRANT COUNTY (W) - Beth Cappaert Certain, 2919 Northrope, Euless, TX 76039

ODESSA (W) - Anne Slack Faulkner (Wendell), One Versailles Cir., Odessa, TX 79762

PANHANDLE AREA (W) - Vickie Walker Moore, HCR #1, P.O. Box 118, Dalhart, TX 79022

RICHARDSON-PLANO (W) - Jean Gililland Wolfe (William), 14077 Brookridge Dr., Dallas, TX 75240

ROCKWALL COUNTY (W) - Elizabeth Meyers Coker (James), 114 Shepards Glen, Rockwall, TX 75087

ROLLING PLAINS (W) - Sydney Edwards Kent (Wendell), Rt. #1, Box 219, Sweetwater, TX 79556

SAN ANGELO (W) - Beth Mayer, 2524 West Ave. J., San Angelo, TX 76901

SAN ANTONIO (W) - Lisa Henkhaus Dennis, 25054 Summit Creek, San Antonio, TX 78258

SOUTHWEST DALLAS COUNTY (W) - Roblyn Nemmer Mai (Kurt), P.O. Box 1066, 1420 Wyndmere, De Soto, TX 75115

TEMPLE (W) - Bonnie Yarbrough Neal (Larry), 1204 N. 9th, Temple, TX 76501

TRI-CITIES (W) - Jane Shotts Folbre (James), 92 Mission Dr., New Braunfels, TX 78130

TYLER (E) - Jennifer Moore Bennett (Loren), 5011 Ivy Trail, Tyler, TX 75703

VICTORIA AREA (W) Susan Poole Patterson, 505 Santa Fe., Victoria, TX 77904

WACO (W) - Peggy Hicks McGregor (Charles), 4005 Westchester, Waco, TX 76710

WICHITA FALLS (W) - Libby Bolin Clark (Paul), 2101 Miramar St., Wichita Falls, TX 76308

WINTER GARDEN (W) - Joyce West Terry (Leslie), P.O. Box 420277, Del Rio, TX 77842

UTAH (Eta)

State Chairman - LYNDIA SMITH GAMBLE (D. Jay), 1956 Yalecrest Ave., Salt Lake City, UT 84108

+SALT LAKE CITY - Carol Wheat, 525 Second Ave. #1, Salt Lake City, UT 84103

VERMONT (Rho)

State Chairman - BETTINA MCCRADY (Mark Sanderson), 108 Summer St., Springfield, VT 05156

VIRGINIA (Lambda-E)

State Chairman - LORI LARSON WILLIAMS (Stephen), 1301 N. Courthouse Rd., #1512, Arlington, VA 22201

CHARLOTTESVILLE AREA - Martha Stoner Schneider (Robert), 1035 Old Garth Rd., Charlottesville, VA 22901

NORFOLK AREA - Alberta Baldwin Paris (Raymond), 629 Reasor Dr., Virginia Beach, VA 23464

NORTHERN VIRGINIA - Mona Anderson Shultz (Theodore), 9832 Arroyo Ct., Vienna, VA 22181

RICHMOND - Dotty Davis Napier (Richard), 2117 Hanover Ave., Richmond, VA 23220

ROANOKE - Elizabeth Hurt Wetherington (Donald), 2955 Rosalind Ave. S.W., Roanoke, VA 24014

WILLIAMSBURG - Marilyn Evans Duguid (Donald), 284 E. Queens Dr., Williamsburg, VA 23185

WASHINGTON (Iota-W)

State Chairman - MARY HASBROUCK WOOD (Ben), 3567 NE 166th, Seattle, WA 98155; Summer: General Delivery, Rolling Bay P.O., Rolling Bay, WA 98110

BAINBRIDGE ISLAND - Mary Edith Wilkinson Pasley (John), 11685 N.E. Sunset Loop, Bainbridge Island, WA 98110

BELLINGHAM - Darcy Jefferson Allsop, 2144 Dellesta Dr., Bellingham, WA 98225

BREMERTON AREA - Adele Stock Fisher, 1506 Lidstrom Pl. E., Port Orchard, WA 98366

EVERETT - Colleen Hulbert Fisher (Chad), 1159 Bayview Edison Rd., Mt. Vernon, WA 98273

LAKE WASHINGTON - Kim Brazier Schmidke (Raymond), 2514 41st Ave. E., Issaquah, WA 98027

OLYMPIA - Toni DeBiose Weaver (Parks), 2517 Vista Ave., Olympia, WA 98501

+PULLMAN - Mary Jane Cowan Neill (Howard), Rt. 1, Box 106, Pullman, WA 99163

SEATTLE - Cynthia Quillian Cutter (Mel), 4423 52nd N.E., Seattle, WA 98105

SPOKANE - Nina Jenkins Bartlett (Robert), S. 4715 Tipaway, Spokane, WA 99206

TACOMA - Pam Parr Tacke, 7607 Emerald Dr. S.W., Tacoma, WA 98498

TRI-CITY - Robbie Renz Flickinger (John), 1311 Acacia, Richland, WA 99352

VANCOUVER - Barbara Crabtree Gregg (James), 8618 N.W. Lakeshore Ave., Vancouver, WA 98665

WALLA WALLA - Barbara Tuttle Knowlton (John), 1801 Sturm Ave., Walla Walla, WA 99362

WENATCHEE - Susan Wade Heinicke (Gus), 364 Whitebitch Pl., Wenatchee, WA 98801

+YAKIMA - Rhea Raiton Lewis (Gary), 4702 Hilltop Way, Yakima, WA 98908

WEST VIRGINIA (Lambda-W)

State Chairman - JENNY HOLLANDSWORTH AMSBARY (Joseph), 91 Kings Highway, Huntington, WV 25705

CHARLESTON - Barbara Webb Rose (Herschel), 711 Myrtle Rd., Charleston, WV 25314

CLARKSBURG AREA - Sally Pierce Hall, Rt. #1 Box 314, Clarksburg, WV 26301

HUNTINGTON - Nancy Meadows Ghiz (Paul), 2118 Miller Rd., Huntington, WV 25701

MORGANTOWN - Laura Colborn Walker (Stephen), 109 Lakeside Drive, Morgantown, WV 26505

PARKERSBURG AREA - Linda Humphries Hall (F.Richard), 105 Colony Dr., Vienna, WV 26105

WHEELING - Sarah Ann Ryder, 3 Echo Lane, Wheeling, WV 26003

WISCONSIN (Epsilon-N)

State Chairman - DEBBIE BOLON BLOTNER (Donald), 4568 Green Ridge Rd., Oregon, WI 53575

FOX RIVER VALLEY - Sue Sherwood Stone (Tim), 61 Sunset Trail, Winneconne, WI 54986

MADISON - Sandra Goebel Hoel (Mark), 3039 Osmundsen Rd., Madison, WI 53711

MILWAUKEE - Susie Meulendyke Fondrie (David), 4423 N. Stowell Ave., Milwaukee, WI 53217

+MILWAUKEE WEST SUBURBAN - Ann Wermuth, 915 Katherine Dr., Elm Grove, WI 53122

WYOMING (Eta)

State Chairman - MICHEL BRADLEY GODDARD (Paul), P.O. Box 370, Jackson, WY 83001

CASPER - Contact State Chairman

CHEYENNE - Kay Osborne Jessen (Gerald), 3664 Foxcroft Rd., Cheyenne, WY 82001

CODY - Susan Strannigan Diehl (Everett), 801 13th St., Cody, WY 82414

+LARAMIE - Marilyn Snyder Thelen (Tom), 3423 Alta Vista Dr., Laramie, WY 82070

POWDER RIVER - Ann Kokjer Scott (Emerson), 31 Hilltop Dr., Buffalo, WY 82834

Of Legacies and Love

Who is a legacy? She is the baby I held in my arms. Her laughter is brighter than the sky in the morning and her smile fills my heart. She is my daughter, and I love her deeply . . .

Who am I? I am an alumna — and a sister. My key shines with the same treasured and symbolic gold as does yours. Kappa is a part of my history and my memory, my youth and my adulthood. Kappa is a part of me, just as it is a part of you.

Who are you? You are the active, the lifeblood of Kappa. You keep it vital and vibrant, pulsating with life. I am the backbone. I support Kappa with my time and my expertise, my experience and my money.

Together, we *are* Kappa — the ALUMNA, the ACTIVE and the LEGACY — yesterday, today and tomorrow.

I do *not* ask you to pledge my daughter — I do *not* ask her to pledge Kappa. I would not want her to become a part of your chapter if you and she were not comfortable together. I *do* ask you to get to know her, to try to pick her out from among the crowd of eager, polished, hopeful young faces. I ask that you take an extra moment to see beyond her shyness and her tension, and look into her heart.

I believe in Kappa and all that it stands for. I have lived my life with its ideals as a guiding star. I have tried to teach my daughter to find beauty and goodness. Those are seeds sown within her soul — they are there, ready to blossom.

Did I rush my own daughter? If singing a Kappa song softly, like a lullaby, is rushing, then yes, I did. If answering her small girl question, "Mommie, can I be a Kappa, too?" with a heartfelt, "Yes, child, I *hope* so," is rushing, then yes, I did. If living and loving Kappa every day for more than twenty years is rushing, then yes, I did . . .

I will sit by my telephone and wait for her call. I pray that I will hear her voice, happy and excited, saying, "Mom, I pledged Kappa . . ."

I will rejoice with her in whichever sorority she pledges, and I will always love her. I will also always love Kappa, and yes, I hope that she will have the opportunity to love Kappa, too. That decision rests with her —



and with you. Please make it with care.

Who is a legacy? She is the daughter I held in my arms — and she is the daughter whom you may someday hold in your arms, too.

— Elizabeth Phillips Runkle, Monmouth

LEGACIES

Kappa's most precious link between the generations of our membership is legacies.

Listed are the current *legacy policies of Kappa Kappa Gamma Fraternity.*

- A legacy is a sister, daughter, granddaughter, or great-granddaughter of a Kappa. Because of these built-in loyalties to the Fraternity, legacies should be given careful and thoughtful consideration by the chapter.

- Legacies shall be voted upon at a time determined by the individual chapter, and after the members have had the opportunity to meet them.

- If a legacy is invited back to the final party, her name must be included on the bid list, either above or below the quota break.

- A legacy letter shall be sent to the rushee's closest Kappa relative (mother, sister, grandmother, great-grandmother) provided the rushee's reference has been received ten days before the first day of rush. The letter shall state the chapter's standing rules regarding legacies.

- To protect a legacy's privacy, chapters are not expected to notify her closest Kappa relative if the legacy is not invited to a party or extended a bid.

Alumnae Involvement in Rush Can Be Helpful . . . or Harmful

Kappa Kappa Gamma is one of 26 Greek Women's Fraternities composing the National Panhellenic Conference. Since 1902, the member groups have unanimously agreed to pursue certain procedures and ethics in the conduct of their mutual functions. All Kappas must abide by the agreements. This means it is necessary to check local and campus Rush rules before making any contact with a rushee.

Chapters are held responsible for rush infractions, even if they are committed by alumnae. Penalties are imposed for infractions by campus Panhellenics. No alumna would knowingly place a chapter in jeopardy, but it happens when alumnae do not know the rules. The chapter Panhellenic Delegate will have information about campus rules, and chapter addresses are in this issue of *The Key*.

The way alumnae can help chapters most is by sending references and letters EARLY, introducing rushees and providing information which will help personalize their rush.

In Memoriam

Honoring those we have loved and lost.



Names which appear in this listing are from information received by Headquarters from December 22, 1990, to March 28, 1991.

Akron, U. of-A

Bodman, Virginia Butler, '31, d. 2/91

Alabama, U. of-ΓΠ

Burdin, Ruth Elliot, '27, d. 1/89

Allegheny C.-ΓP

Alter, Verna Lauffer, '07, d. 8/90
Dawson, Sharon Romig, '64, d. 5/90
Krueger, Pauline Eiler, '29, d. 4/90
Shaw, Hazel Devereaux, '24, d. 2/89
Sutton, Nancy Leauah, '41, d. 8/90

Arizona, U. of-ΓZ

Iramajiri, Maki, '89, d. 8/90
Jordan, Joan Luscher, '50, d. 3/90

Arkansas, U. of-ΓN

Ellis, Frances Garrett, '47, d. 2/91
Swearingen, Erlene Blackshire, '27, d. 12/90

Baylor U.-EY

Pitzer, Suzanne Elizabeth, '86, d. 12/89

California, U. of, Berkeley-Π¹

James, Natalia Avril, '90, d. 9/90
Weaver, Brenda Best, '57, d. 6/90
Wilson, Joan von Schlegell, '61, d. 6/90

Cincinnati, U. of-BP¹

Scheve, Carol Scheid, '39, d. 1/91
Stegner, Martha Reuwer, '34, d. 2/91

Colorado C.-ΔZ

Evans, Alice Carlile, '41, d. 11/87

Colorado, U. of-BM

Shelton, Katharine Morley, '12, d. 1/91

Cornell U.-P¹

Damon, Felicia Riemer, '52, d. 2/91
Siverson, Eunice Scott, '45, d. 3/91

Denison U.-ΓN

Nickels, Elise Payne, '30, d. 1/91

DePauw U.-I

Costin, Mildred Chandler, '16, d. 12/90
Hurt, Mary Carson, '35, d. 3/91
Orbison, Dorothy Powell, '23, d. 7/89

Drake U.-ΓΘ

Emmert, Margaret Wentz, '24, d. 10/90
Gilbert, Mabel Smith, '22, d. 3/91
Peterson, Mary Miller, '34, d. 4/90

George Washington U.-ΓX

Carlson, Eleanor Sherburne, '38, d. 1/91

Hillsdale C.-K

Bogen, Ruth Whitney, '24, d. 3/89
Carr, Dorothy Haynes, '41, d. 5/90
Cowan, Alice Watkins, '19, d. 1/88
Harvey, Elizabeth Knapp, '19, d. 2/91

Idaho, U. of-BK

Marker, Winnifred Mellison, '23, d. 8/88
Shaffer, Vida Robinson, '22, d. 10/90
White, Ruth White, '24, d. 12/90

Illinois, U. of-BA

Wynn, Laura Hirth, '13, d. 1/91

Illinois Wesleyan U.-E

Best, Dorothy Dunaway, '26, d. 2/91
Wampler, Dorothy Williams, '23, d. 4/90

Indiana U.-Δ

Blair, Mary Scott, '36, d. 7/90
Hansen, Betty Conley, '36, d. 3/88
Hart, Sylvia Ehrmann Michau, '62, d. 12/90
Howard, Gloria Gilmore, '49, d. 2/91
Wright, Abby Ervin, '58, d. 2/91

Iowa, U. of-BZ

Mason, Jeannette Rogers, '17, d. 3/91
Snoke, Florence Blackmar, '15, d. 2/89
Stuart, Ruth Bewsher, '12, d. 1/91

Kansas State U.-ΓA

Bedell, Jennifer Dawn, '90, d. 2/90
Ketchersid, Hazel James, '30, d. 12/90
Reid, Marybelle Churchill, '36, d. 11/89
Sauer, Marie Nissen, '22, d. 9/90

Kansas, U. of-Ω

Bagby, Alice Guenther, '13, d. 8/90
Olinger, Davida, '23, d. 2/91

Kentucky, U. of-BX

Romweber, Geraldine Garvey, '34, d. 11/89

Louisiana State U.-ΔI

Hartman, Margaret Lynn Churchill, '40, d. 12/90

Maryland, U. of-ΓP

Bull, Laura Amos, '29, d. 11/90
Doores, Mariana Grogan, '39, d. 11/90
Jayne, Helen Farrington, '31, d. 7/90

Miami U.-ΔA

Nixon, Marilyn Cavanagh, '42, d. 12/90

Michigan State U.-ΔΓ

Baker, Margery Besser, '50, d. 12/88

Michigan, U. of-BΔ

Burkman, Ruth Yerkes, '25, d. 5/90
Duncan, Virginia Bauer, '48, d. 1/91

Minnesota, U. of-X

Grandin, Dorothy Fritsche, '16, d. 1/91
Rising, Lucy Beatrice, '23, d. 12/90
Stacy, Armilla Clement, '19, d. 1/91

Mississippi, U. of-ΔP

Cason, Barbara Jean, '49, d. 6/90

Missouri, U. of-Θ

Cummings, Cornelia Compton, '21, d. 1/91
Otto, Marjorie Stone, '30, d. 9/90
Shaw, Patricia Lawrence, '50, d. 12/90

Monmouth C.-A¹

Fischer, Marilyn Jones, '42, d. 1/91
Lashly, Jean McCrory, '35, d. 3/91

Montana, U. of-BΦ

Erickson, Virginia Wyman, '54, d. 9/83
Underhill, Lucille Diamond, '40, d. 6/90

Nebraska, U. of-Σ

Bemis, Florence Selleck, '36, d. 12/89
Garver, Margaret Fought, '27, d. 12/88
Matzke, Pauline Burkett, '22, d. 12/90
McDonald, Katherine Hammond, '32, d. 11/90
Pate, Margaret Finn, '32, d. 12/90
Waters, Lois Phillip, '45, d. 9/90

New Mexico, U. of-ΓB

Davies, Margaret Cox, '27, d. 3/91
Dick, Orell Gambrell, '32, d. 11/90
Noble, Jean Gray, '44, d. 2/91
Thompson, Ruth Cisco, '32, d. 1/91

Northwestern U.-Y

Anderson, Mary Ann Mayfield, '50, d. 1/90
Moore, Helen Fryberger, '22, d. 8/90
Myers, Lulu Wood, '21, d. 2/91

Ohio State U.-BN

Carruthers, Evalyn Parker, '50, d. 12/90
Ebright, Elma Hamilton, '15, d. 12/90

Ohio Wesleyan U.-P¹

Eesley, Edla Scaife, '25, d. 5/90
Osborn, Ruth Starr, '25, d. 3/90
Ratchford, Doria Ward, '41, d. 7/90
Ullery, Margaret Brown, '25, d. 5/90

Oklahoma, U. of-BΘ

Gordon, Dorothy Burwell, '23, d. 10/90
Ponzer, Willetta Woody, '38, d. 1/91
Schafer, Dorothy Grisso, '52, d. 6/90
Walcott, Zala Elder, '26, d. 6/89

Oregon State U.-ΓM

Walkley, Elvira Von Hollebeke, '26, d. 2/91

Oregon, U. of-BΩ

Hagen, Shellie Ann, '88, d. 9/90
Hobart, Gladys Graybill, '13, d. 3/89

Pennsylvania State U.-ΔA

Olejer, Marian Leigh, '45, d. 2/91

Pittsburgh, U. of-ΓE

McLuckie, Harriet Smith, '19, d. 12/90
Steele, Helen Drew, '34, d. 12/90
Woll, Dorrit Bock, '37, d. 12/90

Purdue U.-ΓΔ

Gay, Genevieve Snow, '27, d. 7/90
Maudlin, Eva Wright, '19, d. 1/91
Reisner, Virginia Meguiar, '33, d. 12/90

St. Lawrence U.-BB¹

Brewer, Nancy Erickson, '54, d. 12/90
Gregory, Nancy Schilling, '46, d. 8/90
Nalton, Patricia Louise, '48, d. 12/90
Peterson, Julie Joslyn, '52, d. 12/86

Syracuse U.-BT

Holway, Irene Clark, '32, d. 9/90
Lowry, Elizabeth, '08, d. 12/84
Von der Veer, Joan Williams, '43, d. 3/89

Texas Tech U.-ΔP

Cobb, Geraldine Taylor, '53, d. 2/91

Texas, U. of-BΞ

Herder, Emily Crain, '40, d. 3/89
McNamara, Wilma Boyle, '38, d. 11/90
Reid, Wanda Robertson, '43, d. 6/89
Russell, Ora Eggleston, '50, d. 12/90
Wiggins, Frances Thompson, '17, d. 1/91

Toronto, U. of-BP

Jolly, Margaret Wingfield, '21, d. 12/90

Tulane U.-BO

Hardie, Dorothy Thomas, '27, d. 6/88
Kelly, Winder Dudley, '24, d. 7/88
Thistlethwaite, Charlotte Frere, '12, d. 10/90

Tulsa, U. of-ΔΠ

Hawn, Margaret Morris, '71, d. 12/90

Utah, U. of-ΔH

Pannier, Georgene Harris, '44, d. 12/89

Washington State U.-ΓH

Frame, Gwendolyn Boone, '25, d. 8/90
Helton, Bernadine Wiese, '20, d. 5/87
Simmons, Iva Marie, '28, d. 9/90

Washington U.-ΓI

Dittmann, Catherine Siegmund, '33, d. 12/90
Maguire, Jane Conzelman, '36, d. 1/91

Washington, U. of-BΠ

McLean, Elisabeth Lewis, '20, d. 7/88
Montgomery, Mary Norris, '36, d. 11/80
Wickens, Aryness Joy, '19, d. 2/91

West Virginia U.-BY

Blohm, Melissa, '88, d. 8/90
Currence, Nancy McNeel, '26, d. 1/91
Newton, Lake Lambert, '22, d. 3/91
Wallace, Betty Canniff, '39, d. 7/90

Whitman C.-ΓΓ

Crandall, Julia Whaley, '35, d. 12/88
Yancey, Ruth Yenney, '20, d. 8/90

William and Mary, C. of-ΓK

Clark, Jean Wilson, '33, d. 12/90
Gunter, Anne Lindsay, '29, d. 1/91
Smith, Janet Laskey, '48, d. 12/90

Wisconsin, U. of-H

Heuston, Caryl Parkinson, '19, d. 1/91
Smith, Nanette Gustin, '64, d. 12/89
Thomas, Catherine Heath, '19, d. 11/90

INACTIVE CHAPTERS

Adrian C.-Ξ

Anderson, Hazel Frasch, '23, d. 11/89
Lutz, L. Helen Rankin, '20, d. 12/90
Williams, Alberta, '25, d. 10/90

Boston U.-Φ

Smith, Marjorie Coles, '16, d. 10/90

Manitoba, U. of-ΓΣ

Altamus, Dorothy Bains, '32, d. 3/91

Middlebury C.-ΓA

Hesselgrave, Ruth Avaline, '23, d. 1/91
Swanson, Mildred Ross, '26, d. 12/89

North Dakota State U.-ΓT

Kendrick, Mary Kostecky, '30, d. 1/90
Thams, Helen Hoover, '30, d. 11/90

Pennsylvania, U. of-BA

Arnold, Margaret Ashbrook, '16, d. 9/90
Rapp, Martha Tinker, '26, d. 12/90

Swarthmore C.-BI

Oviatt, Charlotte Speakman, '18, d. 7/90

In order for names to appear in the "In Memoriam" section, verification and date of death must be sent to FRATERNITY HEADQUARTERS, P.O. Box 177, Columbus, OH 43216.

The **KEEP SAFE** Program:

Another Reason To Be Proud

"Another reason to be proud of being a Kappa . . . for 49 years. — (Jackie Downey, Colorado Springs, CO)

This quotation from a Kappa alumna, expressing her feelings, came with a note attached to the news clipping below upon reading about **KEEP SAFE**.

"**KEEP SAFE** seminars were recently held on four successive nights at Colorado College. Participants included members from the college's eight fraternities which represented nearly 600 of the university's 1,900 students." — (*Gazette Telegraph*, Colorado Springs, CO, Friday, January 18, 1991)

Campus crime is a national issue of growing importance; news stories, popular magazines, and first-run movies do not allow us to forget that our college campuses are places where dangerous lessons are learned. Brought to the attention of the Fraternity by the tragic death of Jeanne Clery, daughter of Howard and Constance Benjamin Clery, Massachusetts, Kappa took a hard look at what could be done to help educate members about personal safety issues. **KEEP SAFE** is the result.

In 1989 **KEEP SAFE** was introduced to our undergraduate members in a two-part program. A presentation is given to every new member within one month after pledging. This program on social issues and date acquaintance rape uses surveys, myths, and case studies to encourage discussion of issues and attitudes so prevalent in college life. Every new member also received a copy of **KEEP SAFE . . . Wherever You Are**, a pamphlet of common sense tips on how any woman can take steps to insure her own safety . . . whether on campus, at home, in the workplace, or while traveling.

KEEP SAFE moves into its second year reaching far beyond the bounds of one chapter and Kappa's newest members for which the program was planned. A variety of Panhellenic and campus-wide seminars have been sponsored by a growing number of chapters for their campuses. One such

program was planned early in the year by Delta Iota Chapter at Louisiana State University. The headline tells the story:

KEEP SAFE LSU

Keep Safe, LSU, Safety/Rape Awareness Week, co-sponsored by Kappa Kappa Gamma with the Student Health Center Wellness program, presented the social issues of Date/Acquaintance Rape to the campus of Louisiana State University. — (*The Daily Reveille*, August 30, 1990)

"The women of our Kappa chapter have been working with staff members in Student Health Center to tailor this program to the needs of our campus. The local chapter of Kappa Kappa Gamma was integral to the overall success of the program. [Members] manned information tables, attended the program, and some participated in the presentation." — (Linda B. Rome, wellness coordinator, Louisiana State University.)

Increasingly, Kappas feel that the program, utilizing discussion as a vehicle for understanding, is far and away the best means to tackle a tough subject like rape — especially date/acquaintance rape. **KEEP SAFE** can be tailored to give men and women the chance to consider together myths about rape, the difference between the attitudes of men and women toward rape, and the factors paramount in the prevention of rape.

One such program occurred at Bowling Green State University in Bowling Green, OH, in November when 800 men and women attended Greek 101, a series of educational

workshops for new students. Kappa's **KEEP SAFE** program was presented to educate all participants about rape and to increase awareness about personal safety.

Student Affairs administrators are unanimous in their praise for the worth of **KEEP SAFE** and its value to their campuses.

"The Greek system greatly needs the kind of leadership exhibited by Kappa Kappa Gamma." — (Jim G. Carleton, vice president for student affairs, Northwestern University)

"We deeply appreciate Kappa Kappa Gamma's concern for the safety of our students . . . and all students . . . and the excellent compilation of materials to raise awareness of safety in all situations." — (Beth Saul, assistant director of Greek life, University of Southern California)

Judy Preston, Greek coordinator at the University of Connecticut, adds, "The project is a noble idea." "Goals for the project are to continue to heighten the awareness of students, particularly females, of common sense issues that very often we forget." — (*The Daily Campus*, February 4, 1991.)

At a time when elements of Greek life are closely scrutinized and Greek organizations find publicity all too often negative and critical, reports about **KEEP SAFE** counter the trend. Indeed our Kappas' **KEEP SAFE** programming is leading the Greek and campus communities in taking a hard



look at campus safety and doing something about it.

During the last four years there has been progress in the area of campus safety. Escort services are common on most college campuses; at The Ohio State University, university funds made possible the purchase of a van which is used by the escort service for getting students to off-campus housing.

Attention to the physical environment of our campuses has come under careful scrutiny by administration officials on some campuses where lighting has been improved, isolated areas identified, and emergency telephones installed. Men's Greek fratern-

nities, understanding the measure of responsibility expected of them, have undertaken educational programs and magazine articles to make their members acutely aware that rape will not stop until men stop raping.

And in November of 1990, President Bush signed the Student Right-to-Know and Campus Security Act, requiring schools to disclose murder, rape, robbery, and other crimes on campus. The new law takes effect on September 1, 1991, and is the result of the four-year effort of Howard and Connie Clery who have worked tirelessly to achieve this legislation.

But despite the sharp focus by indi-

viduals like the Clerys, organizations like Kappa, and the efforts of many campuses to improve safety procedures, campus crime, and especially date rape continues.

What is the next step? Kappa Kappa Gamma must continue to help each of its members understand that it can happen to her. No one is immune. Only when every woman understands what the dangers are and takes conscious steps to prevent the opportunity for crime will Kappas truly BE SAFE.

— Sally Moore Nitschke, Ohio State Educational and Leadership Program Development Chairman

Honoring Ourselves: We Deserve It!

Working. Women. We're all working women these days. The term means something different to each of us. Maybe even more different six months from now. What ARE our plans? Where are we going?

The CHOICES program attempts to show Kappas that throughout our lives there will be changes — and there are options. Nothing is static — and we need to prepare ourselves to take advantage of options. We can't be afraid.

Says Dr. Richard Baum, a psychologist and vice president of the Behavioral Science Center in Cincinnati, OH, "We move, we change jobs, we get married, we break up, have children, lose old friends, make new ones. Change provides stimulation and challenge in our lives but it can also bring stress and discomfort. The frequency and speed at which change occurs today requires a lot of skill to manage."

Learning management skills is part of the Kappa experience. These skills may be applied to managing nutritious meals, attractive decor, gracious hostessing and efficient car-pooling as CEO for husband, children, and home. These skills may also be applied to chairing the fund drive to build a new library, organizing volunteers at the local hospital, or restructuring and strengthening the Kappa alumnae group. The domestic management engineer, the community project coordinator as well as the teacher, accountant and banker share



something special — management skills transferred from Kappa, choices supported by Kappas, and the strength of knowing that changes in their lives offer broader options rather than narrowing corridors. Change. Choose. Investigate. Plan.

Sandy (not her real name) is a Kappa who worked after college until she married and had children. Her husband is successfully employed but when the children were comfortably situated in school, she decided to pursue a full-time job outside the home again.

"I had different aspirations this time," Sandy recalled. As an art history major, Sandy had earned a graduate degree in personnel which prepared her for work in banking where she handles customer relations, cross-sales services, and staff training. "After having been out for ten years,

I feel good about my job. It's challenging but satisfying and requires some special skills that I'm glad to have developed over the years," she reported. She added, "I can't tell you that it was a simple decision — I had a lot of anxiety as I thought about taking this kind of step." But, she's glad she did!

And what has Sandy learned from this experience so far? To go with the tide as your life is changing. Women especially, have to keep things in perspective and know when to focus on differing priorities. Is she glad she undertook such a big change in life? "Definitely," Sandy said, "It was a challenge worth waiting for."

In the past century, the number of women in the total labor force has grown from slightly more than 2.5 million to more than 43 million. According to the Women's Bureau, perhaps the most noteworthy increase in participation has been among women 25 to 34 years of age. In the past, many women in this age group typically stopped working outside the home when they married or had their first child. They no longer are doing so. Why?

Changes in life . . . that's what prompted Sally to re-enter the work force five years ago. She had married shortly after college, been a mother and an active volunteer. But in the early eighties, she and her husband divorced, and as her son grew older, Sally began to think about her future.

This education major decided now

to study accounting and spent nearly two full years back in school preparing for the CPA exam. While taking classes, she also worked part-time at the state art museum as a bookkeeper and sales person for the museum shop. Now Sally's son is 15 years old and his mother is a successful accountant.

"I knew I wanted to try for CPA but I also knew there would be some difficult times in the transition," Sally explained. As many of us know, it would have been much simpler to continue what she was doing and not rock the boat. But Sally is a capable, hard-working individual who realized that it's never too late to take control of our lives and head in a new direction.

From *Megatrends 2000 — Ten New Directions for the 1990s*, by John Naisbitt and Patricia Aburdene, we see that women in white collar posi-

tions are just hitting their stride. They report, "Women have reached a critical mass in virtually all the white-collar professions, especially in business. Twenty years ago, women who worked as executives, lawyers, and doctors were decidedly in the minority." But these authors show how more women were educated for leadership positions in the 1970s and consequently, "Women have achieved, if not a majority, a substantial proportion of the previously male-dominated careers in the information and service industries, the jobs from which business and social leadership emerges." What does that mean? Simply that we have more options open to us than ever before.

Most of us are like Sally and Sandy. We have times in our lives when we recognize a need for change. Many of us find it's simpler to do nothing. We must remember that we always have

choices — a chance to enhance our skills. As Kappas, we can contact CHOICES Chairman Dorothea Bitler for information on Kappa contacts in particular fields, specialized reading lists, or other resources for our stage of life. You may not be interested in heading to the job market work force — you may be at a point in life where you have more time to volunteer and want ideas on how to "invest" it meaningfully. It's your choice.

We're always going to be working women. It's a fact of life. Be it at home, in the community or in an office — our lives are too short and too important not to give ourselves the best opportunities we can.

— Dorothea Lowendick Bitler,
North Carolina,
CHOICES Chairman
805 Yarmouth Road
Raleigh, NC 27607

Highlights of the Trustees' Meeting

A summary of decisions made by the Board of Trustees of the Kappa Kappa Gamma Foundation and the Fraternity Council at the January 1991 meetings.

FRATERNITY NEWS

NPC Resolution:

The Council re-affirmed support of the National Panhellenic Conference Resolution on the use and abuse of alcohol.

Chapters:

The Director of Chapters recognized the following chapters for their campus, community, and chapter activities:

Duke-Delta Beta, for babysitting regularly at a women's center in Durham, NC.

Lafayette-Zeta Beta, for the weekly soup kitchen they run for the homeless.

Butler-Mu, for the successful scholarship program they have implemented.

Licensing:

The decision was made to offer chapters and alumnae associations a rebate for minimum orders of \$1,000 on merchandise purchased from licensed vendors. The rebate would be calculated at the licensed vendors royalty percentage.

Educational Programs:

The Council agreed to produce an educational program on domestic violence to inform our members and increase their awareness of this complex issue. The program is currently available to alumnae associations and will be available to chapters in the fall.

FOUNDATION NEWS

Mission Statement:

The mission of the Kappa Kappa Gamma Foundation is to raise money to support the philanthropic and educational activities of the Fraternity.

Financial Policies:

The Board of Trustees considered and adopted financial policies to ensure stability and consistency in the handling of Foundation funds.

Heritage Museum:

In reviewing the mission of the Heritage Museum, the Board of Trustees accepted the following statement: The mission of the Heritage Museum is to use the history of

Kappa Kappa Gamma as background and continuity for educational programs about the changing societal role of women in higher education; and to preserve the architectural integrity and provide period interiors according to the highest professional standards for the 1852 Italianate house.

Financial Assistance:

Because of an increase in the number of requests for confidential assistance for Kappas in need, and because current funds are inadequate to meet all the requests; the Board of Trustees asked the Director of Alumnae to pursue offering local information on sources of financial assistance and referral agencies through our alumnae associations.

Business Plans:

The Board of Trustees accepted the business plans of the four Foundation Committees as presented by the Foundation Chairman.

— Juliana Fraser Wales, Ohio State,
Fraternity Vice President

Position Statement on Alcohol

Because of our concern for the health and well-being of our members, the presidents of all 26 National Panhellenic Conference (NPC) groups have agreed to the following:

1. that we are opposed to the misuse of alcohol;
2. that all college chapters, all individual members, and all guests must abide by federal, state/provincial, local, college/university laws and regulations;
3. that it is inadvisable to host a party involving alcohol when the majority of guests attending are under the legal drinking age;
4. that no college chapter funds may be used to purchase alcohol. (Co-sponsors of social events are potentially liable regardless of how the expenses are shared.)

Each NPC group has an alcohol policy and is expected to abide by it. In addition, the presidents expect their chapters to respect the regulations of any NPC co-sponsoring group.

We hope that this agreement will give college chapters the courage and ability to initiate discussion and formulate a Panhellenic stand on the subject of alcohol.

ALPHA CHI OMEGA	<u>Ellen L. VanderBrink</u>	DELTA ZETA	<u>Marvona Gasley Lawlin</u>
ALPHA DELTA PI	<u>Margaret Anne Bundy</u>	GAMMA PHI BETA	<u>Jolene L. Stiver</u>
ALPHA EPSILON PHI	<u>Dana Parkers</u>	KAPPA ALPHA THETA	<u>Jane L. Peters</u>
ALPHA GAMMA DELTA	<u>Lillian L. Llanoyan</u>	KAPPA DELTA	<u>Patricia B. Nieman</u>
ALPHA OMICRON PI	<u>Barbara D. Hunt</u>	KAPPA KAPPA GAMMA	<u>Kay Smith Larson</u>
ALPHA PHI	<u>Virginia B. Stueble</u>	PHI MU	<u>Lynne M. King</u>
ALPHA SIGMA ALPHA	<u>Wiane Y. James</u>	PHI SIGMA SIGMA	<u>Rita A. Nethered</u>
ALPHA SIGMA TAU	<u>Patricia L. Nays</u>	PI BETA PHI	<u>Carole H. Liestenberg</u>
ALPHA XI DELTA	<u>Jayne K. Anderson</u>	SIGMA DELTA TAU	<u>Karen J. Braverma</u>
CHI OMEGA	<u>Roselyn T. Satta</u>	SIGMA KAPPA	<u>Sheila A. Barnes</u>
DELTA DELTA DELTA	<u>Angela Galletti Winer</u>	SIGMA SIGMA SIGMA	<u>Ann B. Williams</u>
DELTA GAMMA	<u>Marilyn M. Jordan</u>	THETA PHI ALPHA	<u>Theresa M. Kirsch</u>
DELTA PHI EPSILON	<u>Harriette Kirsch</u>	ZETA TAU ALPHA	<u>Sherry L. Tilley</u>

Kappa for a Lifetime

by Laura Young Palmer, Auburn

Several months ago, my father showed me a letter from Frances Fatout Alexander, Fraternity President 1964-68, which he received in 1966 as the parent of a new Kappa pledge. I re-read the letter with a special feeling that I have received all it promised — and more!

It was a sunny Bid Day in September 1966 at Auburn University. I was thrilled to accept a Kappa Kappa Gamma pledge pin! Little did I know this would be the beginning of a long, satisfying odyssey!

In addition to the suitcases I brought with me to college, there was some additional good “baggage.” Growing up, I was often reminded: “Act enthusiastic and you’ll be enthusiastic!” and “You’ll never get out of something more than you are willing to put in!”

And so it was . . . I would try to be enthusiastic and give it “my best shot” — with every piano lesson, each examination, everytime our military family moved and I settled into a new school, and every other challenge.

What was it that Fran Alexander’s letter promised?

“We welcome your daughter . . . She believes now that her affiliation is with this one chapter of friends on her college campus. Beyond this small circle are thousands of other Kappas who claim her proudly.”

This first year, I was most con-



Every Kappa has an extra special “someone.” Pictured are special pairs of Gamma Eta-Washington State during a Big/Lil Sis Look-alike party.

cerned with my own chapter — getting to know the actives and the rest of my pledge class. Not having a preconceived notion of rush or individual sororities, Rush Week, for me, was a fun-filled time and pledgeship, a continuation.

Within a year I had an opportunity to attend a Province Meeting [called ‘Convention’ then] and came into contact with members of other chapters. I met women who were advisers to other chapters and Province Officers. I was beginning to understand the scope of the Fraternity and be impressed by women of all ages who continued to work for shared ideals.

In 1968, I had the privilege of representing my chapter at the General Convention in Columbus, OH. That experience “knocked my socks off!” — Almost five hundred actives and alumnae (articulate, interested and interesting) engaged in seminars, and workshops, formal business meetings and rituals of the Fraternity; tackling tough issues which were facing individual chapters and the Fraternity-at-large.

The 1990 Convention in Dallas brought together more than 1300 Kappas! — to continue dealing with issues of the Fraternity, instilling strong ethics, ideals, and respect for the ritual. I also met, for the first time in more than twenty years, the woman who took the time to write a reference for me when I headed for college — she was receiving her 50-year pin!

“Kappa was founded almost 100 years ago,” [continued Mrs. Alexander,] “to promote ‘intellectual and social excellence’ . . . scholarships for undergraduates, graduate members, and non-members testify to our academic goals. . . . Scholastic excellence begins with good study habits in the pledge class. Your daughter will be encouraged to take advantage of her educational opportunities.”

I am certain my parents liked this paragraph best! After all, their hard-earned money was keeping me in school. They expected me to take full advantage of it.

Within the chapter, there were study halls, encouragement from other sisters, and recognition for good grades. When the chapter’s combined average was not where we wanted it to be, we worked together to raise our campus standing — it was more than an extra hour of studying; it was an ATTITUDE we developed.

Today, in alumna life, many groups provide scholarships to local chapters. Scholarships and student loans in the millions of dollars have been awarded by the Fraternity

“. . . Sororities offer valuable training in group living, leadership development, and practical experience in both. We strive to instill in our young members tolerance, unselfishness, and group participation.”

Since our chapter was unhousted, dorm life was very important. There was always something going on in the dorm! I’ll never forget the great Bridge game marathons!, good natured pranks and meeting a roommate after Friday night dates to discuss the “world situation” and “pigging out” on pecan twirls (with enough preservatives to make one pause — ugh!).

Leadership opportunities were offered in the first weeks of the pledge period. There were projects in which to be involved (football parades, floats) and encouragement for involvement on campus.

After success in managing a campaign for a campus office for a friend, I was encouraged by him to run for



Celebrating — an annual “initiation skate” for big and little sisters; Beta Theta-Oklahoma

office myself. Kappas wore buttons and hung posters across campus and supported me fully. Success? No, but many good lessons were learned, and the short-lived disappointment was eased by many caring sisters!

Kappa did not stifle my friendships across campus, but rather expanded them. And recognition brought personal satisfaction and group pride.

These forays into new activities, challenging projects and leadership opportunities were "building blocks" for successes in my career path. They gave me skills and confidence to begin a banking career (after four years as a foreign language major!); they were all part of the underpinnings to start a new business at age forty.

Like many other alumnae, I have enjoyed working on a committee at

"Kappa Kappa Gamma believes in the highest ideals of womanhood. Each chapter seeks to attain these ideals, helps to build greater integrity and character stability in its members."

"Remember who you are and what you represent," parents said then and now. I'm certain my parents approved of Mrs. Alexander's final words:

"We do not approve of many of the relaxed social customs today and we do not sanction unsupervised and unchaperoned housing for our members. Kappas are required to live in Kappa houses or approved university housing and to abide by Kappas house rules and policies designed for their welfare and protection. We shall expect much from your daughter: her wholehearted enthusiasm, her best efforts in all she undertakes, her cooperation and loyalty. In return, we offer valuable experience and lessons in group living, training in maturity which will equip her for adult life, ideals to guide her path and help her become a fine woman."

While society and campus housing rules have changed, House Directors and house rules still abide in Kappa facilities. Her words still ring true.

There are many issues which have come full circle. In light of increased personal freedoms, we continue to stress the importance of ethics and moral values. As some of the restrictions which were to "protect us" disappear, we are evermore aware of po-



Seniors, after the brief years of undergraduate life, are welcomed into ranks of alumnae . . . for a lifetime. Gamma Pi-Alabama.

tential liabilities and group responsibilities. Today's campus is not always a safe cocoon so programs have been developed by the Fraternity to address these potential problems.

And, Mrs. Alexander has, in different words, reiterated the same things that were instilled in me earlier in life . . . that Kappa would expect my ENTHUSIASM and MY BEST EFFORTS. In short, without these two ingredients, why bother?

"... for the Fraternity is founded upon friendship and we offer your daughter this gift for life."

Little did I know in 1966 that my affiliation with Kappa would last for more than four years. I'm happy to say that it looks like it will be "Kappa for a lifetime."

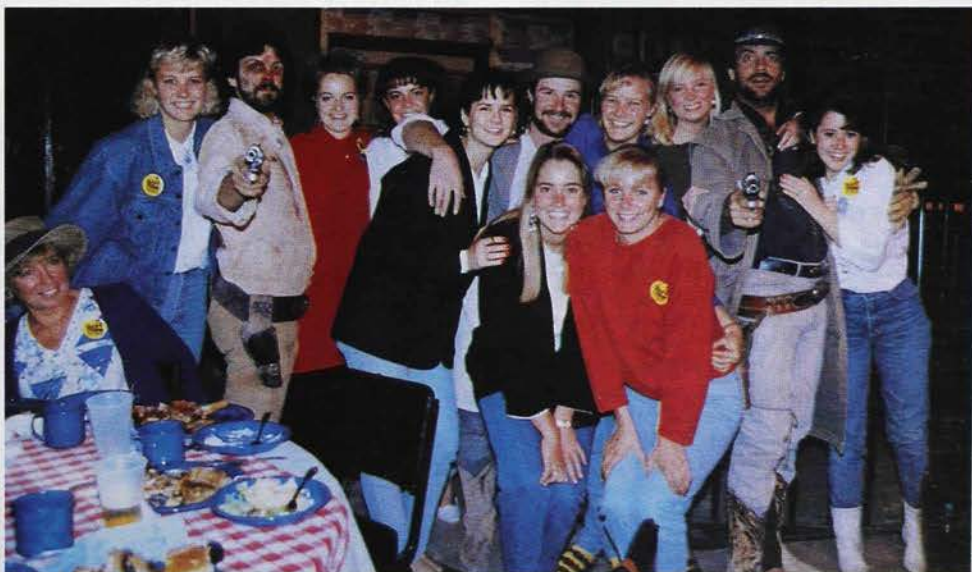


Sharing the joy of Kappa — getting ready for Rush. Zeta Upsilon-Georgia Southern.

province level, and derived much satisfaction (and lost a little sleep!) serving as a chapter adviser at Emory, Auburn and University of Southern California.

Kappa has helped to develop many leadership skills, but in addition to roles as a "chief," I believe I have the learned the value of being a good "Indian," realizing that personal interests must sometimes be put aside for the good of the whole.

Is "Kappa life," then and now, perfect? No, it is a microcosm of life and one learns early that "you can't please all of the people all of the time!" There are ideals and traditions and rituals and values, however, which have stood the test of time. Kappa has maintained a proud reputation as a result of the work of many before us.



Mom's Weekend — a lot of planning goes into this annual event for Gamma Zeta-Arizona. A highlight this year was touring a movie set in old Tucson. Moms watched while daughters joined a "cast."

by Elizabeth Phillips Runkle, Monmouth

Glowing Keys



HONOR YOU — HONOR KAPPA by being the best you can be; by letting your light shine; by passing the torch to others; by making a difference in your world; and by having the personal courage to move forward toward your dreams. These are just some of the alumnae who do indeed, **HONOR KAPPA**.

Linda Eckard, Butler, appeared recently in the College of Charleston musical program, *North/South Connections*. A mezzo-soprano, Linda studied at the University of Kansas, Butler University, and The Juilliard School. Her numerous performance credits include soloist with the Spoleto Festival.

Miriam Austin Locke, Alabama, has received one more honor to add to her collection. The University of Alabama, citing her many years of faithful service, named her Doctor of Humane Letters. "Doc" (Ph.D. from Northwestern), professor emeritus of English, is a Fraternity Loyalty Award recipient, 50-year and Adelphe Society member.

Judith Vandel, Wyoming, was selected for the Presidential Award for Excellence in Science and Mathematics Teaching. She was honored at a White House awards ceremony for her work in secondary science education in the state of Wyoming.

THE WHITE HOUSE GOES BLUE AND BLUE



Pictured on the steps of the White House are members of the Washington, D.C./Suburban Maryland Association who are helping to keep the capitol Red, White and Blue and Blue! Lisa Howard, Colorado (Office of Management and Budget); Katharine Kim, Westminster College (Office of Media Relations with the Office of Communications); Debra Amond, Iowa (Special Assistant to the President for Communications); Lindley While, Michigan, (Appointments and Scheduling); Drucillia 'Drucie' Scaling, SMU, (Administrative Officer, Office of Communications); Kimberly Kleine, Bucknell, (Office of Presidential Personnel). Not pictured is Annie Bracken, DePauw (Office of Presidential Personnel). The gentleman in the white hat is NOT a Kappa!

Martha Phillips Hupp, Duke, was recently named the Morgantown (WV) Business and Professional Women's Association "Woman of the Year" recognizing her achievements in career and community service. A state certified knitting teacher, Martha ordered yarn from DuPont after seeing the Winter 1989 Key article "Knitting Kappa Kaps" and taught members of Beta Upsilon-West Virginia to knit. Their caps were do-

nated to the Ronald McDonald House and Head Start. In addition to serving on the chapter Advisory Board for many years, this retired first grade teacher also currently serves as health coordinator for the Rock Forge Neighborhood House and tutors foreign children in English. In addition to her numerous volunteer activities she is studying for a Ph.D.



Cynthia Henry Thielen, Calif., Los Angeles, was elected to the Hawaii House of Representatives in the November election. An environmental attorney, she was active on the recently successful campaign to stop the bombing of Kaho'olawe Island. Illustrative of her environmental involvement was her appointment to the Hawaii Earth Day Advisory Board by Senator Daniel Inouye.

Rosanna Chambers, Idaho, is an engineer at the Idaho National Engineering Laboratory in Idaho Falls. Her work there is involved in increasing the safety of generating nuclear energy. A former math instructor at the University of Idaho, she continues to remain committed to teaching and the belief that women have a place as "viable and respected members of the scientific community."

Ruth Heinlein Stockstill, Cincinnati, wears jeans, boots and a broad smile. Her hair is pulled back in a ponytail — and she is 65 years young! At a time when most women are thinking about grandchildren, Ruth has a burgeoning career as a building contractor! Several years ago Ruth was looking for ways to make her Hilton Head home more energy efficient. A course on energy efficient homes convinced her that there was no hope for hers — she had to start from the ground up . . . and did so — literally. After building her own home, she saw a new career ahead, completed the contracting course at a local Technical College, and took the state licensing exam. She now has two partners and a great future.

Jean Eisenbeis Betschart, Pittsburgh, is president-elect of the American Association of Diabetes Educators, an independent organization of more than 6,000 healthcare professionals dedicated to increasing the quality of diabetes education.

Coordinator of the Diabetes Program, Children's Hospital of Pittsburgh, Jean holds a master's degree in nursing care of children and a bachelor's degree in nursing from the University of Pittsburgh. She is currently serving as the Philanthropy Chairman of the Pittsburgh South Hills Alumnae Association.



Golf Coach of the Year

Diane Hertel Thomason, Iowa State, has been named the 1990 National Golf Coach's Association Coach of the Year. Women's Golf Coach at the University of Iowa, she was 1990 Midwest Golf Coach of the Year and holds the 1990 and 1991 titles of Big Ten Golf Coach of the Year.

In addition to her duties at the University of Iowa, Diane coached the USA National Golf team at the World University Golf Championship in France last fall. Diane is in her 16th year of coaching.

Jane Geddes, Florida State, top Ladies Professional Golf Association player was honoured with a reception by the Kappas when she returned to Tallahassee, FL, to play in the Centel Classic. Jane was clearly thrilled by being remembered. "When I found out about the tournament, my first thought was to get in touch with [Epsilon Zeta] and tell them to come on out . . . then they did this for me!" Approximately 100 Kappas, actives and alumnae, plus lots of golf-minded husbands, attended.

Helen Hoskinson Jones, Swarthmore, is receiving praise and gratitude for her contribution to the Morton Plant Hospital, Clearwater, FL, of a speech and hearing center, which has been named for her. Helen's lifetime commitment to children and less fortunate individuals has been remarkable. "Children need helping hands and caring hugs," she says. Those words have been backed by her welcoming children into her home and encouraging young people to develop their special abilities.

Ann Mullis Presley, Missouri, was selected to attend the 1990 American-Swiss Association Young Leaders conference in Zurich. U.S. Senator Christopher S. "Kit" Bond chose Ann as an exceptional young leader in Missouri. Conferees tackled subjects such as global warming, power generation industries, gene research, and nuclear war.

Ann is director of marketing and retail sales at the American Italian Pasta Company in Excelsior Springs, MO.

Emily Geeseman Sutter, Pittsburgh, was a recipient of the University of Houston's 1989 Distinguished Faculty Award for Professional Service. She was also recently elected president of the Texas Psychological Association, one of the largest state psychological associations in the nation. She has served as president of the Houston Psychological Association and been an officer of Southwest Psychological Association.

While at the University of Houston, Emily developed the School Psychology Program, now accredited by the Texas Education Agency and the National Association of School Psychology.

CORRECTION



The Key, spring 1991, contained errors in the name of Helen Wagner Willey, Monmouth, and we apologize. Helen, a.k.a. Nancy Hughes, is the matriarch of *As The World Turns*, CBS-TV. The stage of Monmouth's new Wells Theater is named (correctly spelled!!) in her honor. She is pictured with Alpha^Δ-Monmouth undergraduates.

Pet Lovers' Ann Landers . . . Mary Ellen Gorham

Meet Mary Ellen Gorham, Washington State. She's a wife, mother, grandmother, prolific writer on the topics of pets and pet care, and recipient of a 1990 Alumni Achievement Award from Washington State University.

Mary Ellen resides in Pullman, WA — most of the time. The rest of the year she travels around the world with her husband John, a researcher and faculty member of the WSU College of Veterinary Medicine.

It's her traveling experiences and great love for animals that have given her the ability to spin a good tale — such as the story of a friend who trained at Glasgow Veterinary College in Scotland. Before returning to the United States, he agreed to fill in for a Scottish veterinarian who was going on vacation. Heading for a meeting to discuss the coming week's work, the American and his wife drove through a terrific thunderstorm. The large shaggy dog that greeted them at the entrance to the lovely Scottish home had obviously been caught in the storm; he was soaking wet.

They were welcomed, and during the discussion of cases that might need to be dealt with, the Americans admired the beautiful carpets and antiques in the elegant home. Meanwhile, the shaggy dog tracked mud everywhere and rubbed itself dry against upholstered settees as well as the yellow silk wallcovering. The Americans were appalled, and when they could stand it no longer, asked the Scotsman if he realized what his dog was doing to the beautiful room.

The Scotsman's reply was memorable. "MY dog? I thought it was YOUR dog!" and the shaggy beast was promptly and forcibly ejected.

Mary Ellen grew up in Olympia, WA, in a political family. She went to Washington State and pledged Kappa in 1942. It was in college that she met John, who was in veterinary school. She left school in her sophomore year to get married, and worked in the campus library while he finished school. "Thirty-five years later, I graduated with a degree in business administration and home economics."

These between years were not idle.

In addition to raising two children, Mary Ellen served on the Gamma Eta Advisory Board for 17 years, was Vice President of the House Board, as President of the Pullman Alumnae Association and Iota Province Director of Chapters. In the mid 1970s, Mary Ellen and a friend opened their own company which distributed federally licensed vaccines for small animal (feline and canine) diseases. "We ran our company for 13 successful years, until we discovered we were too tied to it, and it was impossible to get away. There was so much more in life that I wanted to do!" Always seizing new opportunities, Mary Ellen then hosted a talk show on KWSU radio.

"I had all this material, so I wrote a story for the *Seattle Times* and one for *D.V.M., The News Magazine of Veterinary Medicine*. They liked it and wanted me to do more . . . now I'm a contributing editor." Her material is also published in veterinary medicine publications in Tokyo and London.

Mary Ellen also writes a column, "For Pet's Sake," which is produced for newspapers by the Washington State Veterinary Medicine Association. "It's sort of an Ann Landers for pet lovers," she explained. "You wouldn't believe the letters I get!"

Initially, Mary Ellen didn't consider herself primarily an animal story writer. She produced articles about her interests in collecting dolls, stamps, and antiques. But the animal pieces sold

and she gradually decided to concentrate on them. Her columns cover a broad range of animal life. There's the story of "Lonesome George." He is "not a singing cowboy pining for his past loves (but) a single male tortoise that is apparently the last living specimen of his subspecies of Galapagos tortoises." Unfortunately, he was not interested in females of similar species and none of his own species have been found.

She tells of being "raked over the coals" by a reader about a column on ferrets in which she suggested that they not be kept as pets. Her reader, defending the ferrets, urged Mary Ellen to read articles by an expert in the field, one Dr. John R. Gorham. Mary Ellen enjoyed responding that she had been living with that "expert" for forty years!

She is also known as the unofficial Garlic Queen of Pullman! Her love for gardening led her to grow garlic . . . she and John have been known to fill two garbage cans full of garlic in a season. She also likes to fish, and at Christmas time she makes and sells bread-dough art Christmas ornaments.

What exciting projects does her future hold? Mary Ellen has visited more than 55 countries and continues to travel abroad frequently. "I've just begun to write more travel articles," she says.

We can look forward to those and other ambitious Gorham projects.

— Linda Schink Frizzell, Washington State

Mary Ellen Gorham with her arms full of golden retrievers



Getting the Message Out . . . Geraldine Rasmussen

When Geraldine Rasmussen, Miami (FL), has something to say, she says it with a passion. But in order to appreciate the message, we must understand the woman, a woman with many talents. Her musical credits alone are substantial. An honor graduate with a BA in music education, for more than four decades she has performed with the University of Miami Orchestra, Fort Lauderdale Symphony, and both the Hollywood (FL) and Miami Beach Civic Orchestras, playing the piano, organ, violin, viola and mandolin. She currently performs, conducts, and composes for Morning Musicales of Fort Lauderdale, Inc., also serving on the board of this organization.

But Geraldine's muse takes many forms. She is also a painter whose portraits of world leaders, scientists, and composers are included in collections across the country and around the world. Her portrait of Dwight D. Eisenhower hangs in the collection of Julie and David Eisenhower, while her rendering of Herbert Hoover is displayed at the American Academy of Political Science in Philadelphia. Her landscapes and still lifes are sold in chic galleries in South Florida and she still takes an occasional commissioned assignment.

A Florida native, Geraldine is also a published author whose works include, among other things, historical novels of the colorful early days of her home state. Her current literary subject, Thomas Edison, kept a winter home in Fort Myers where Geraldine was born. In fact, much of this amazing woman's accomplishments can be traced to her family and the experiences and values she gained while growing up.

Writer/artist/musician. While impressive, this is only the most easily capsulized view of an independent, outspoken, and enormously creative woman. The driving force behind all this creative energy is Geraldine's insatiable thirst for knowledge and an abiding love for this planet and the people who inhabit it. As she tells it, her views on health — and the necessity for a healthy planet — were probably formulated around the family dining table. Her father was a doctor,



Geraldine Rasmussen while the focus of her creative talents is painting.

and she and her brothers were taught the basics of nutrition from a "natural" point of view . . . what goes into the environment goes into the food chain and ultimately into the body. She awoke to the deadly truth of this premise one day many years ago while boiling fresh Florida fish. The stock, "which any good cook knows should be practically clear," was a vivid orange. Geraldine immediately recognized a basic sign of radiation poisoning from her studies of Marie Curie's work. She promptly joined the vanguard of the environmental protection movement, becoming an activist and environmentalist long before it was fashionable.

An honorary member of the International Association for Hydrogen Energy, she founded Citizens Against Radioactive Pollution in the early seventies and published that association's newsletter until 1981. Deeply concerned about the effects of nuclear energy upon our planet, she has devoted years to researching the subject. That research culminated in the publication of her documentary novel, *The Invisible Force*, which reveals radiological dangers, describes safe alternatives in fuel and energy, and explores possible solutions.

Sitting at her dining table in a quaint old South Florida bungalow one afternoon in February, she tried to explain some of these alternative energy sources — "Hydrogen, of

course, is totally clean and inexhaustible, a peaceful gas in itself and an obvious choice. Then again, solar collectors strategically positioned in space could effectively provide enough energy to power the entire planet. And we've only begun to explore the possibilities of harnessing wave energy." Geraldine presents positive hope for the future, believing that "unless the majority are informed fully of the dangers, the majority can never be right nor cast an intelligent vote."

This is the thread that runs through all her work. Portraits of great leaders emerge from fervent study of their lives and ideals; witness the portrait of Dr. Zhores Medvedev who first revealed the Ural nuclear disaster in the Soviet Union. Musical compositions are inspired by sincere admiration for great deeds, such as Geraldine's *Bataan Death March*, which is dedicated to Lt. Alexander Nininger, the first soldier of World War II to receive the Congressional Medal of Honor. In all her creative outpourings, her goal has always been to learn, to teach, and to inspire others to action.

Geraldine Rasmussen speaks her mind . . . today, tomorrow, always. She is a "renaissance woman" for whom knowledge and communication are the keys to a better future.

— Lucy Quist Mullins, Cincinnati
— Elizabeth Phillips Runkle, Monmouth

Mostly She's Like Other Mothers . . . Sally Hobart Alexander

"I entertained my son Joel with tales of *Robin Hood* and *Treasure Island*," says Sally Hobart Alexander, Bucknell, "and when my daughter Leslie arrived three years later, I was experienced and could concoct a story within seconds about any characters they supplied, even a grape and an apple." Telling stories to her children does not compare with being a published author, but Sally has made that big jump with the publication of two children's books this year.

Remembering her childhood in a small town in Pennsylvania's Pocono Mountains, Sally says she and her friends hiked, swam, and acted out classic stories, as well as others of their own making. Television channels were limited, so the children used nature and their imaginations to create circuses, haunted houses, and plays for the neighborhood.

Encouraged by several adults, the children wrote stories and read them to their classmates. "Our most dramatic work," Sally recalls, "was *The Lone Egg*, patterned after *The Lone Ranger*, a popular TV show at the time. The cast of characters included each class member. I was 'Sweet Country Girl Sal,' the *Lone Egg's* girl friend." Expanding their horizons, the group tried composing songs, but soon learned that "they showed neither talent nor taste" and abandoned that field of creativity.

Imagination accompanied Sally to Bucknell where she says, "I made deep friendships that last today. Together we spun dreams and defined our ideals. I grew to appreciate learning and acquired a thirst for travel." A teaching job in California followed and Sally spent three happy years leading third graders on hikes through orange and avocado groves and investigating the tidepools along the beach.

It was then that her visual problems began and she returned home to Pennsylvania. At the age of twenty-six, blood vessels inside her eyes began to rupture and eventually she became totally blind. She entered an excellent training program for newly blinded adults and for a year after taught at the Greater Pittsburgh



Sally and Leslie during a Semester at Sea safety drill.

Guild for the Blind. (Kappa alumnae in the Pittsburgh area have been active in the Guild, volunteering as mobility training instructors. See *The Key*, Summer 1973, p. 37 and Fall 1983, p. 38.) Sally then entered graduate school, earned a master's degree in social work, and married.

After success in creating stories for her children, Sally joined a writing workshop and began to put her stories on paper. It was hard work and she admits to many rejections, but finally Macmillan Publishing Company bought two books, *Mom Can't See Me* and *Sarah's Surprise*, both published in 1990. *Maggie's Whopper* will come out in 1992.

Told from the point of view of Sally's daughter Leslie, now eleven, *Mom Can't See Me* tells how Sally, her husband, and children handle Sally's blindness. The story is told with dignity, humor, and most of all, love. Sally refuses to allow her life to be limited and her family assists and supports her in every endeavor.

The photographs which accompany the text are the work of noted photographer George Ancona, who is also a writer of children's books.

Sally types her stories on a personal computer with a standard keyboard but with special software — the computer electronically "speaks" her

words. She uses a braille note pad and stylus for re-writes and corrections, and then enters them into the computer.

Last fall Sally's thirst for travel was given a few good swallows. Her husband, Bob, taught literature and writing classes for the Semester at Sea program sponsored by the University of Pittsburgh. The family tagged along, setting sail on the S.S. Universe from Vancouver, British Columbia, in September and returning in December. Meeting Kappa collegiates from Denison, Bucknell, and the University of Kansas, among others, was an added bonus.

Sally Alexander's warm, funny, inspiring story, told from her daughter's viewpoint, says that she does some things differently, "but mostly she's like other mothers." However, when Leslie was a little girl she wore jingly bells on her shoes so that Sally knew where she was. But when Leslie wanted to stay longer at nursery school, she took her shoes off so that she could not be found! She admits to still doing things that Sally doesn't know about, like switching the light back on to read after bedtime. But Leslie knows she can't get away with sneaking a chocolate chip cookie before dinner because Sally can smell it on her breath! Leslie dances and Sally plays the piano. The family swims and rides bicycles together and Sally volunteers at Leslie's school.

A warm, funny, inspiring story, *Mom Can't See Me* tells of a woman who lives with anticipation and enjoyment, not dread or fear; of a family that helps each other, not because of a handicap but because of their mutual love and concern.

Just before they left for the Semester at Sea, Sally lost her beloved guide dog Marit to cancer. As this issue reaches you and her, she will have completed training with a new companion. This is a challenge she will have faced with spirit, determination, and good humor . . . the way Sally Alexander lives all the days of her life.

— Lois Catherman Heenehan, Adelphi

Mom Can't See Me

Not everybody understands about having a blind mom. I wish they did. My friends always nod or point when they talk. Since Mom can't see what they're doing, I have to explain. I feel like a translator.



Mom and I take tap dancing lessons together. At my cousin's wedding we tapped to the tune of "Tea for Two."



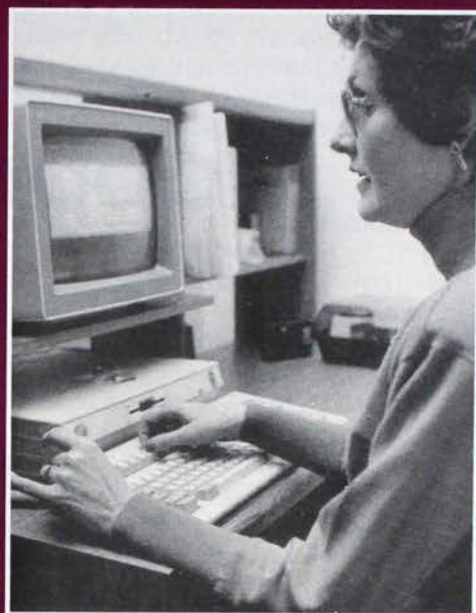
I also dance when Mom plays the piano. There's braille sheet music, but Mom plays by ear. Sometimes Mom and I play duets, the way she and her dad did years ago. I always open the front door so the people on my street can listen.



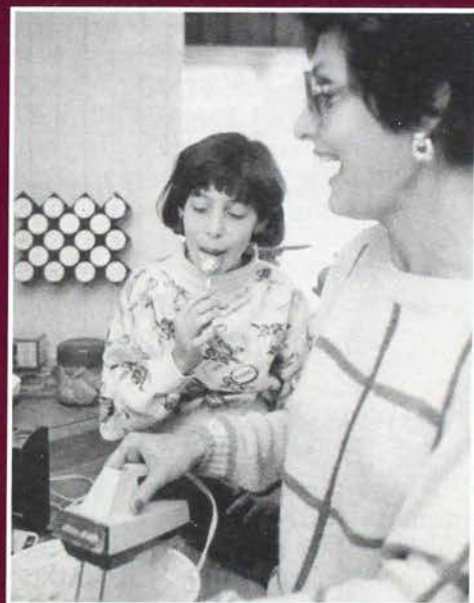
Nine years ago, when I was born, Mom could pick me out of a bunch of babies. I had the biggest feet. Mom had to find me that way because she can't see.



I'm glad that Marit can go everywhere with us — on buses, to restaurants, to school, even on a canoe.



Until Mom got the computer, she used a regular typewriter. I read her chapters onto tape. Once Mom typed a story all over my math homework. Luckily my teacher could find my answers, and she read Mom's story to the class.



Mom uses braille recipes and braille labels when she cooks. For baking, we use a braille timer so that our cookies don't burn. "May I lick the bowl?" I always ask. "Of course, Leslie," Mom says. She doesn't know how much of the batter I've already eaten.

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The Kappa Kappa Gamma Foundation



• *To educate and train, to care for those in need*

• *To cherish the past, to manage the present with competency and efficiency*

*This is the Kappa Kappa Gamma Foundation.
Explore the new vision!*

All gifts to the Kappa Kappa Gamma Foundation for educational and charitable programs are tax deductible to the donor as allowed by law

Project 2000

At the General Convention last summer, a significant Resolution which was a direct outgrowth of the Adelphi Campaign was unanimously endorsed:

RESOLVED: To encourage chapters to contribute toward an endowed undergraduate scholarship in the name of the chapter...

PROJECT 2000, the embodiment of this Resolution, is now underway giving chapters the opportunity to become involved in the endowment efforts of the Kappa Kappa Gamma Foundation. With the Foundation now fully operational, chapters can support the continuing growth of the Fraternity scholarship endowment by underwriting an undergraduate schol-

arship in the chapter's name to honor a chapter member.

A few facts about PROJECT 2000:

- For an endowed scholarship to be a NAME scholarship, it must be in the amount of \$10,000 or more.
- Funding of the scholarship should be complete by or before 2000; then the accrued **interest** can be distributed in the form of an undergraduate scholarship.
- Chapters may encourage their alumnae to contribute to or co-sponsor the effort toward endowment of the scholarship.

PROJECT 2000, a project of the Kappa Kappa Gamma Foundation, is trendsetting. Chapter participation will increase the pool of funds available for undergraduate scholarships and heighten awareness and apprecia-

tion of Foundation philanthropic activities.

To learn more about PROJECT 2000, contact Jane Steiner, Foundation Coordinator, Kappa Kappa Gamma Foundation, P.O. Box 2079, Columbus, Ohio, 43216, or call (614) 228-6515.

If Queen Victoria Had Been a Kappa

Oh, if only we could inherit her étagères, center tables and overmantle mirrors! They were similar to the wish list.

To achieve one of the goals of the Heritage Museum — the goal of preserving the architectural integrity of the 1852 Italianate house which hous-

es the Heritage Museum as well as Fraternity Headquarters — Martha Erwin, Chairman of the Foundation's Heritage Museum Committee, is seeking gifts from your grandmother's parlor to begin sorely needed refurbishing of the period rooms, beginning with the grand parlor.

If your family's treasured possessions include any of these pieces and you are willing to consider parting with them, send pictures and written descriptions, including some information concerning age and condition to the Heritage Museum Director, Kappa Kappa Gamma Foundation, 530 East Town St., Columbus, OH 43216-2079. Within the Heritage Museum, these treasures will be cared for, loved, and appreciated. And, in 1991 *only*, the law allows a deduction for all charitable contribution purposes of the full fair market value of this type of gift. Also, for those tax payers subject to the alternative minimum tax, in 1991 contributions of this type of property which has appreciated in value are not items of tax preference. So act without delay! A treasure for the Kappa Kappa Gamma Foundation and a tax benefit for the giver. Consult your own tax adviser for further information.

The furniture and artifacts within the Heritage Museum tell the story of Kappa, of who we were, and who we are. They tell of where we have been and embellish our present with symbols of gracious living.

Do consider sharing your treasures. Questions? Just write to the

committee - or drop by for a tour of the Museum in Columbus, Ohio. It will make you proud of your heritage in Kappa Kappa Gamma.

Double Your Dollars! Give Your Gift a Lift!

Such catchy phrases suggest a new vehicle for giving. Remember when we used to ask major corporations or small local companies to support a charity benefit, a local fund raising? Today, many corporate entities have dissolved the committees which formerly decided on charitable donations in favor of allowing their employees to choose the recipient.

It is now common for a corporation to budget an annual amount to match employee gifts, enabling the employee to select a favorite charity. Some corporations double or triple the employee gift and use the simplest possi-

ble mechanism to enable a small or large gift to become even more meaningful. Many young Kappas have family obligations which prevent major gifts during the early years of marriage or professional life - but a \$50 dollar gift to the Kappa Kappa Gamma Foundation becomes a \$100 or \$150 gift when matched.

Today, the Kappa Kappa Gamma Foundation and its multi-faceted programs represent opportunities for giving with educational and charitable programs which should be of interest to every age group within our membership. Leadership programs, scholarships and fellowships, CHOICES, KEEP SAFE, programming in the areas of date rape, alcohol and drug awareness, and ethics and values workshops are giving the members of the Fraternity much needed skills for survival in an ever changing world. Take your pick! But support these wide ranging goals through the Foundation — all gifts are tax deductible as allowed by law.

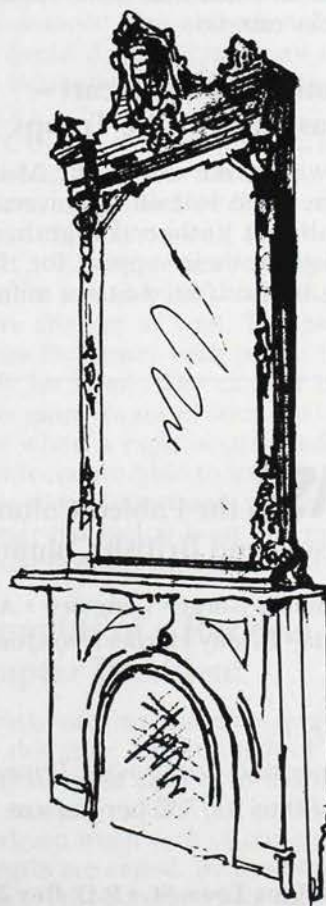
Check with your company's personnel office, or that of your spouse, to see if your corporation will double *your* dollars. AT&T Foundation, ARCO Foundation, Dow Corning, General Electric, IBM, and Arnold Palmer's favorite, Penzoil, are among a *long* list of corporations and foundations which have provided matching funds to other sorority and fraternity foundations. Give Kappa a lift with your gift. Just make your check payable to The Kappa Kappa Gamma Foundation.



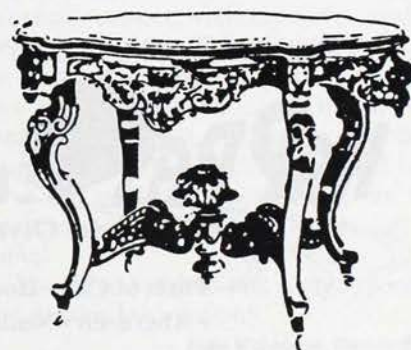
Heritage Museum Wish List



Étagère



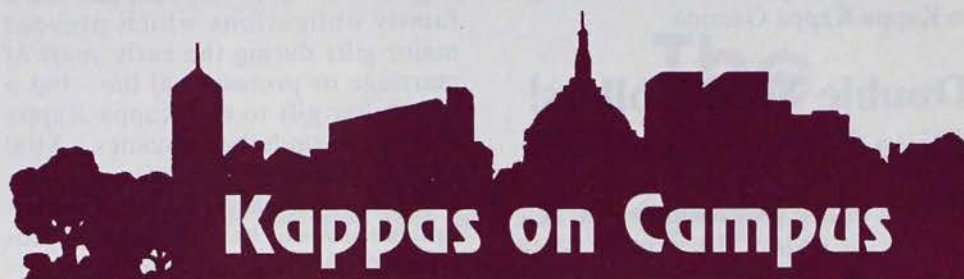
Overmantle Mirror



Center Table

Kappa Kappa Gamma Foundation
Chairman — Robin Whitfield Brown,
3600 Lovers' Lane, Dallas, TX 75225.
Coordinator — Jane Ketchum Steiner,
Fraternity Headquarters.

Chapter CHRONICLES



by Martha Timmins, Colorado

Alabama-ΓΠ

A "Greek Library Support Fund" has been created at the University of Alabama and Gamma Pi was an initial supporter of this unprecedented campus project. Twenty-two Greek organizations donated either \$500 or \$1,000 which will make possible a new "American Biographies" collection for the Amelia Gayle Gorgas Library.

"The bad news about Greeks usually makes the headlines, while the good things are usually ignored. This is a noteworthy gift and is a sterling example of students helping other students," said history professor and project coordinator Russel Bryant.

Idaho-BK

Amy Anderson is one of four selected students to work for NASA at the University of Idaho. Along with her co-workers, Amy is converting an engineer's design of a computer chip onto a computer. She works several hours each week in the NASA Space Engineering Research Center on the

campus. Amy says that her work in the center helps her see how concepts she learns in the classroom are applicable in "real life." She hopes to be "active in what's going on at the cutting edge of technology." With this unique experience, Amy is well on her way to accomplishing this goal.

Kentucky-BX

Jennifer Archdeacon became "Miss Christmas Seal" for raising the most money for the charity in a recent campus-wide contest. Jennifer, a marketing major, raised \$1767, quite a large portion of the \$7674.86 contributed to Christmas Seals from the Kentucky campus.

Operation Desert Heart – Kappas Support the Troops

As war broke out in the Middle East, men and women at universities and colleges gathered together to demonstrate their support for those serving in the United States military.

Kappa chapters were among those which led the way in this demonstration. Saying goodbye to brothers, fathers, boyfriends, and friends spurred many chapters to unite to give love and friendship to many soldiers.

LSU-ΔI adopted a troop and sent words of encouragement and many care packages. These packages contained surprises of candy and cookies, but perhaps even more important, the presents sent the troop friendship and a link to home.

Southern Cal-ΔT inspired the campus of University of Southern California to demonstrate support for the troops' efforts. The chapter organized a Christmas card campaign. Every member sent a note to a soldier overseas. Delta Tau decorated the front of its chapter house with yellow ribbons and flags which encouraged the rest of the Greek chapters and others on campus to do the same. USC soon became a sea of yellow.

William and Mary-ΓK chose to work with the Theta chapter on William and Mary's campus to lift the spirits of the troops serving in the Middle East. For their annual Kite and Key winter dance, these two groups created "Operation Desert Heart." During the dance each member of the two chapters brought a Valentine's Day card to be sent to a soldier. At the dance, a video camera was available so that members could tape a special message to the soldiers.

Thankfully the war has ended and

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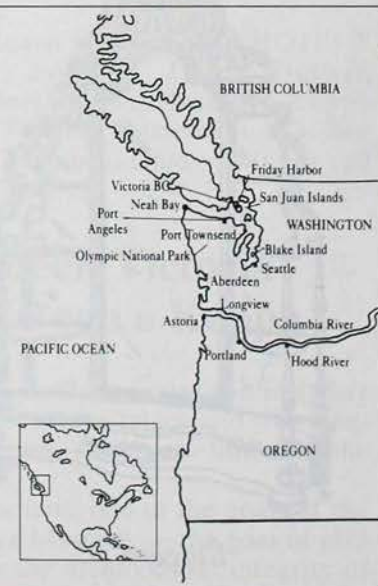
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our troops are returning. Kappa is proud of these chapters and many more including Michigan State-ΔΓ, Connecticut-ΔM, Tennessee-EΛ, and Georgia-ΔΥ who contributed to the



The Rho Reunion, many years in the planning, took place during Ohio Wesleyan's Fallfest weekend. Funds were raised for a Kappa Kappa Gamma Foundation scholarship in the honor of Martha Galleher Cox, 1984 Loyalty Award recipient. Highlights of the weekend — a Kappa reception following the football game, singing, viewing all the composite pictures to sounds of “did we really look like that?” and “do you remember?” — were topped off by a group of Phi Delta Thetas from the “fabulous forties” marching down the street, lining up on the sidewalk, and serenading in four-part harmony the Kappas who spilled out onto the steps and balcony.

war effort by sending their love and friendship to those who were involved in Operation Desert Storm.

TCU Holds Acquaintance Rape Mock Trial

“The jury has reached a verdict of not guilty,” announced District Judge Robert Wright at an October mock trial held on the Texas Christian University campus in Fort Worth. The fictitious acquaintance rape trial was presented by the Acquaintance Rape Prevention Committee as a part of Health Enrichment Week. About 1,000 students, faculty, staff, and members of the community attended the trial. Innocence or guilt was not the point. The purpose was to correct misconceptions men and women have about each other and to provide better information about rape.

Two local lawyers represented the defendant and plaintiff, both played by TCU theater majors. The jury was selected from the audience. While the jury deliberated, attendees had group discussions which dealt with issues of acquaintance rape and what the campus could do to increase awareness and educate the community about rape.

TCU-EA chapter members Sarah Howell, Melissa Maestri, Millie Shivers, and Ruth DePee are rape crisis volunteers on call two nights a week. It has been an eye-opening experience not only for them but for the entire chapter as well. The personal stories they carry back to the chapter really hit home. The chapter has become more aware of what really happens when a rape occurs and these volunteers are able to explain procedures which follow such violence. The chapter has had at least one rape crisis volunteer for the last six years.

Thoughts of a Retiring Chapter President

Each sister is responsible for our success this year. The strength of Kappa lies first within each of us individually, and secondly within the bonds of our sisterhood when each of our individual strengths are united. We have shared so much . . . the good and bad, the fun and serious, the late nights and the early mornings, the visible events and the in-



Michigan State-ΔΓ Kappas are enthusiastic participants in the Rubber Duck Regatta — the largest campus philanthropic event of the year. Each \$5.00 donation sponsors a rubber duck in the annual big race down the Red Cedar River; proceeds go to the American Cancer Society. Pictured are two cheerleaders who are quite in the spirit of the regatta.

visible emotions which result in a stronger spiritual bond.

Looking back on the year, I find the real meaning of Kappa. I think of our advisers giving so much of their time because they sincerely want to. I think of officers and sisters giving of themselves and their time happily, knowing that it is worth every minute. I think of all the willingness to give through participation. Every time I needed volunteers, hands were raised. This year has been a continual act of giving, the reward being an invisible gift I call the spirit of Kappa.

It has been an exceptional year for me. I've learned interdependence of giving and receiving. I've learned about mutual respect, sisterly love, and a deeper meaning of friendship. You have given me the opportunity to be myself, and you have all educated me in the meaning of Kappa, her true worthiness. Kappa lives within each of us and I believe our years together have given us one common thing: a light within. Let it shine!

You have touched me; I have grown, and for this I thank you!

— Jean Robinson, Bucknell,
Chapter President 1990-91

PLANNING YOUR ESTATE?

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Sheila Wright-Rovelstad, GRI, CRS, Broker

NYC BOUND?

Meet new Kappa friends in the N.Y. Alumnae Assoc. We have an active group and wide diversity of programs. Contact Marci Means (212 930-1261) or Susan Harper (201 868-9701) for fall schedule information.

CLASSIFIED ADS in *The Key* are being accepted. For rates and further information contact **SUSAN SCHMITT**; 4001 WETHERBURN WAY; NORCROSS, GA 30092; (404) 441-0946.



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CONTRIBUTING WRITERS AND ARTISTS NEEDED

Interested in volunteering a bit of time to *The Key*? We need you and would welcome your contributions. Please contact Cynthia Lanford, Editor. (address and phone on page 1).

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Kappas and Alumnae Panhellenics

The keys of Kappa Panhellenic Delegates are shining as they represent their associations and the Fraternity. Alumnae Panhellenics have an important role in the Greek world...

- TO INFORM fraternity women of current trends
- TO PROMOTE the fraternity system
- TO IMPROVE the Panhellenic image
- TO STIMULATE a continuing interest in Panhellenic affairs

ALUMNAE PANHELLENIC PRESIDENTS 1990-91

Carol Sarver Basch (David), Bucknell
El Paso, TX

Margaret Mitchell Brady (Richard),
 San Jose State
Sonoma County, CA

Frances Barbour Booth, Toronto
Toronto, Ontario, CA

Franne Tyrrell Gathright (Cary),
 Texas
Tulsa, OK

Becky McKnight Muse, IL
 Wesleyan/Northwestern
Montgomery County, TX

Joanne Amorsi Oxley, Maryland
 Washington, D.C./Suburban
Maryland

Marilyn Martin Smith (Kevin),
 Kansas
Springfield, MO

Sue Sather Woods, Washington U.
Houston, N.W., TX

SCHOOL DAYS AFLOAT



Kappas aboard the S.S. Universe — a cargo ship converted to a floating university — for the Semester at Sea, sponsored by the University of Pittsburgh. The program takes approximately 500 students around the world each fall and spring semester. Students attend classes daily while the ship is at sea and choose from a wide variety of travel opportunities when in port. Front: Jenny Seem, Bucknell; Anne Moelk, Denison; Middle: Stephanie Pierce—Santa Barbara; Merryn Van Ostrand—Butler; Mimi Flinn, Rollins; Back: Erin Lail, Colorado; Ashley Whittaker, Colorado College; Nichol DesJardins, Santa Barbara; Tricia Parker—Colorado State; Christina Bradley, Rollins; Niki Stone—Denison; Meghan Hobbs, Colorado.

The whole [spring] issue is interesting, informative, and well-written. I particularly liked the articles about Stephanie Maynor in Saudi Arabia and "Touching the Future." It brings me great satisfaction to know that Kappas, from the Persian Gulf to Alaska, are contributing positively to the stress and pressure of our modern world. *The Key* has become an inspiration to Kappas to live up to our goals and make the planet a better place to live. Bravo!

— June Wilcoxon Brown, Maryland,
St. Thomas, USVI

I was delighted to see Loretta McCarthy's article "Get Involved in Your Financial Future" in the Spring 1991 issue of *The Key*. I agree wholeheartedly that each one of us is responsible for our own financial success, or failure.

One important point [to be added] is the need to protect ourselves from the unexpected. With more women in the work force, more single mothers, and more independent single women in America today, the need for life, health, and disability insurance on our lives is greater than ever. Setting money aside on a regular basis . . . is a wonderful idea, but . . . what happens when the paycheck stops because of a disabling illness or, worse, because of death?

I am licensed to sell investment products, but before I can recom-

mend any investment, my conscience dictates a thorough review of someone's insurance program. If a death or disability strikes, no greater "return on investment" can be made than when a well planned insurance program steps in to provide the dreams we were saving for . . .

— Jennifer Thorp Nolan, Cornell,
Yorktown Heights, NY

It is not often that a hotel writes a sorority (or any student organization) thanking them for their business (more often they are trying to assess damage). Your chapter [Beta Xi-Texas] however was great to work with [for the formal] and one with whom I look forward to working again. With all of the bad press the Greek organizations generally receive, your sorority stands out as an excellent example of how fun can be combined with maturity. That is a tribute to your organization and the way it does business. Congratulations on your chapter — it does justice to the Greek system.

— Lisa Deschamps
Wyndham Southpark Hotel
Austin, TX

Thanks to all Kappas who dedicate so much time to our magazine. Congratulations on another spectacular issue!

— Betty Jo Murray,
President, ΔΛ-Miami (OH)

Congratulations — the Spring 1991 issue was the best ever published. The articles were interesting and timely. I had my high school daughter read the article on Hazing. My husband, a stockbroker, read the article on women preparing for their financial future. As an ex-teacher, I laughed at the English "bloopers." Finally, I copied and mailed to my international business major son the global "Do's and Don'ts." Keep up the good work. I look forward to each issue.

— Jean Wiltshire,
Oklahoma,
Denver, CO

DOLLS 'N DOLLS:



Kappas in Bloomington, IL, got "dolloed" up for a meeting with Province Director of Alumnae, Kathy Alexander, Monmouth. Of course, the subject of the program was dolls — Madame Alexander Dolls, to be specific. Pictured are Linda Sternberg Shirk, SMU, Marjorie Petty, speaker, and Donna Johnson Naylor, Illinois Wesleyan.

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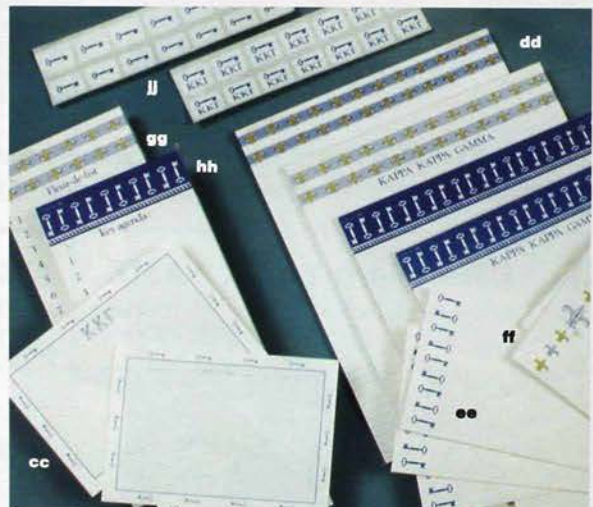
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