

the Key

KAPPA
KAPPA GAMMA

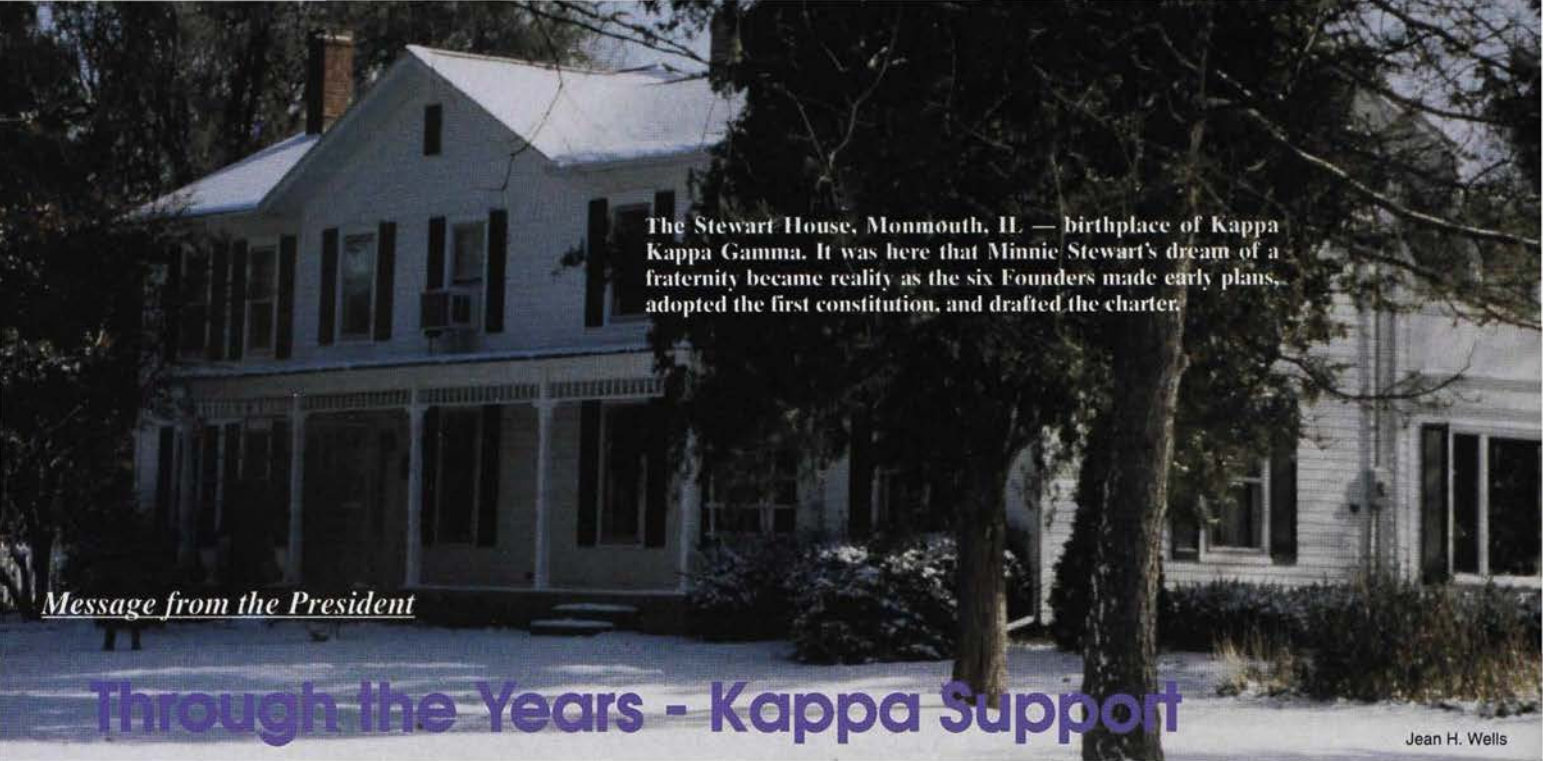
Volume 109, No. 1 Spring 1992

Our Shining Star

Phyllis Brinton Pryor,
NPC Delegate 1971-1991



We Look to Kappa for Support



The Stewart House, Monmouth, IL — birthplace of Kappa Kappa Gamma. It was here that Minnie Stewart's dream of a fraternity became reality as the six Founders made early plans, adopted the first constitution, and drafted the charter.

Message from the President

Through the Years - Kappa Support

Jean H. Wells

In 1870, a group of women enrolled at Monmouth College, IL, felt they needed the support of women supporting women. They knew that the men on campus had their secret societies with Greek names. What they wanted was a fraternity, a Greek letter fraternity, just like the men had . . . and just for women.

The need for women to support women continues today on our college campuses and in our communities. It was stated recently by the National Panhellenic Conference public relations company that "conditions are such on college campuses today and in society in general that if women's fraternities had not been founded, they would be in the founding process today." There is a very clear need today for the single-sex organization for women.

Women's fraternities play a significant part in the lives of many college women today. This issue highlights the support all members receive from Kappa Kappa Gamma and the Fraternity's support of the National Panhellenic Conference. Women supporting women.

One hundred years ago, the first meeting of fraternity women was called by Kappa Kappa Gamma. From that fountain of seven groups eventually sprang forth the largest Greek women's organization in existence today. Early histories of cooperation and assistance have grown into the umbrella organization we know today as the National Panhellenic Conference (NPC). Let us applaud the strength and vision of those who began this wonderful journey and who have been joined along the way by more than 2.6 million women.

Let us also applaud and thank Phyllis Brinton Pryor, *Colorado*, as she retires after 20 years of serving as Kappa's NPC Delegate. She has provided support for

untold numbers of chapter and alumna delegates to campus and alumnae Panhellenic organizations. She has been the perfect role-model for Panhellenic cooperation, consideration, and understanding which has strengthened the Greek system during challenging times and has laid a strong foundation for the future. We thank her for her dedication, inspiration, and support.

Women's fraternities at the undergraduate level continue to enhance and support the academic mission of the university and to assist each member develop her full potential both personally and professionally. Young women's roles after college have evolved significantly in the past years. Today, almost all college-educated women enter the work force, most in professional fields. It is necessary that they be well-trained academically for the profession of their choice. The major goal of most college fraternity women is to prepare for a professional career. Academic achievement is primary to this goal.

A woman's fraternity provides support for the academic goals of its members. Additionally, women's fraternities provide programs for character building, career development, leadership skills, self-esteem enhancement, organizational training, and personal relationships. Kappa Kappa Gamma supports its members as they learn to know themselves and bring forth the woman's voice. The Fraternity provides the opportunity for young women to know that what they think is important.

The pressures on young women today, especially college women, have never been greater. As a result of economic pressures, most young college-educated women no longer can or will depend solely on financial support of a partner or parents. There are other areas in which

severe pressures can occur and where women can benefit from assistance in dealing with these pressures. Each member of Kappa Kappa Gamma will benefit from networking, financial advice, and role modeling which can come from membership.

Women's fraternities provide support and specialized programming to help members recognize personal pressures as well as the pressures from the changed roles of women and to identify strategies to attain personal goals and self-fulfillment. Women's fraternities continue to fill a need. They facilitate personal growth and empowerment through leadership opportunities, academic support programs, self-esteem enhancement, friendships, and caring. They are the invisible outstretched hand pulling each of us to heights we'd never have considered.

Anne Wilson Schaefer states that "Being a woman isn't always the easiest thing in the world There are so many aspects of ourselves that merit self-respect. We are unbelievably competent at what we do. We are flexible and strong and can be both simultaneously. We have good ideas that are practical and creative, and we can articulate them well. We have the ability to deal with several tasks simultaneously and attend to each one. We are organizers, creators, and doers and we have a great capacity for being. We have much to contribute including a perspective on life that is different from that of the men around us. We are here to stay, and we and others need to accept that fact." Kappa Kappa Gamma stands by her members, supports their dreams, their endeavors, and their risks as they learn who they are and develop their pride in being women.

— Kay Smith Larson, *Washington*
Fraternity President

the Key



ON THE COVER

KKΓ's "Shining Star" Phyllis Brinton Pryor, BM, served with distinction as NPC Delegate for 20 years.

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SUPPORT Series:

"Keeping something secure and stable; assistance; aid; help; succor" – all combine to equal Kappa's enduring support

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*The first college woman's fraternity magazine,
published continuously since 1882.*

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We Look To Kappa

Striving for independence, we do not embrace isolation. Being alone need not mean feeling lonely. Requiring one's own "space" is not equivalent to leading a solitary existence. We are social creatures. We want to share our lives...joys and sorrows, triumphs and failures. We need others...their approval, companionship, and, most of all, support.

We chose to join a sisterhood and by mutual selection became members of Kappa Kappa Gamma . . . "an organization of women which seeks for every member throughout her life, bonds of friendship, mutual support . . ." (from the Mission Statement). We recognize the strength of our unity and the depth of our commitment to support each other. We expand the security of that support to encompass our community. As part of it all, "We look to thee, Kappa Gamma."

In the dormitory or Kappa house the weepy tale of an impossible exam or villainous boyfriend brings soothing words and sharing a favorite music tape or stuffed animal. Finding a terrific job or gaining admission to graduate school are occasions for mutual celebrations. The hazards of balancing a career and marriage are shared at an alumnae meeting. Personal safety issues are addressed in Fraternity programs. The busy days of a new mother are eased when a Kappa casserole delivered to the door makes supper a snap. The ups and downs of child rearing are explored over coffee during an alumnae organized play group. Moving a family means finding a new doctor, school, and aerobics class and the alumnae association is there to help. Divorce or death are heartbreaking events but comfort is offered by "friendships loyal and loving."

Alumnae associations work hard to provide funds and personal service for local philanthropies and the Kappa Kappa Gamma Foundation. Chapters conduct campus rallies and events to benefit

worthwhile causes. Alumna and chapter magazine subscriptions benefit the Rose McGill Fund and volunteers help Kappas and their families through the Holiday Sharing Program. The Kappa Kappa Gamma Foundation provides funding for educational programs and scholarships for members through the hard work and generosity of thousands of Kappas. We all share in creating and accepting "deeds that are thoughtful and kind."

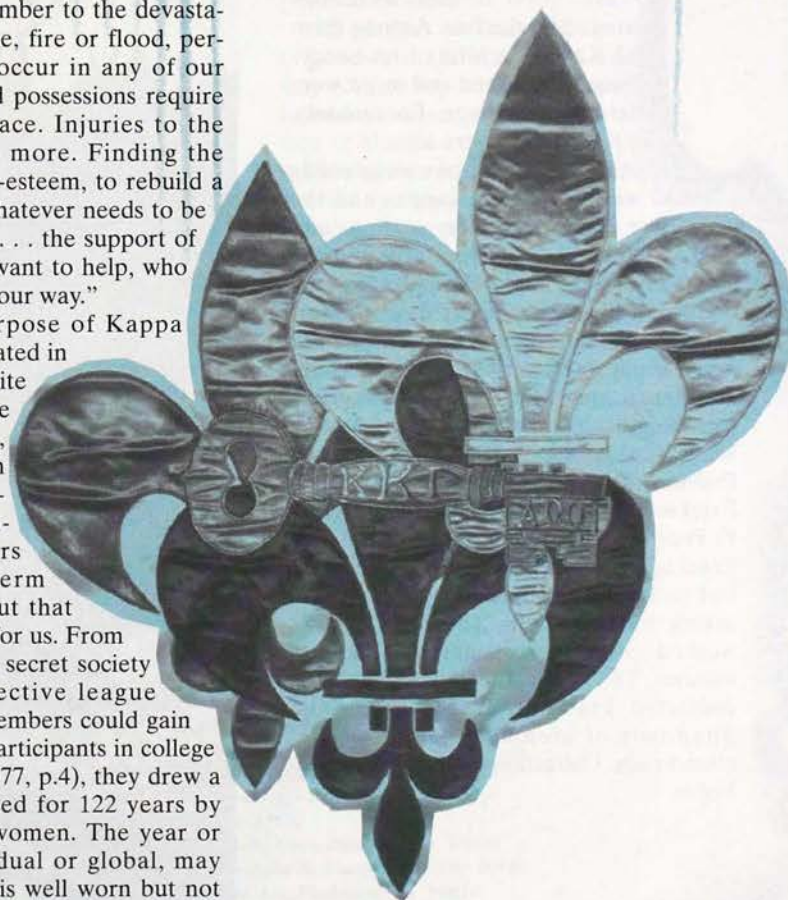
But the world does not always treat us with kindness. From the loss of a job or death of a family member to the devastation of an earthquake, fire or flood, personal tragedy may occur in any of our lives. Belongings and possessions require only money to replace. Injuries to the spirit require much more. Finding the strength to build self-esteem, to rebuild a life, to get on with whatever needs to be done, needs support . . . the support of those who care and want to help, who want "to cheer us on our way."

The primary purpose of Kappa Kappa Gamma, as stated in our *Bylaws*, is "to unite its members in a close bond of friendship, seeking to instill in them a spirit of mutual love and helpfulness." Our Founders never heard the term "support system," but that is what they created for us. From their own need for a secret society "as a kind of protective league through which the members could gain acceptance as valid participants in college life" (*The History*, 1977, p.4), they drew a pattern to be followed for 122 years by more than 150,000 women. The year or the problem, individual or global, may change. The pattern is well worn but not worn out. One member draws strength from her sisters; many sisters depend on

the continuing strength of the pattern that is the Fraternity. In 1870 six young women had an inspiration which continues "to guide us day by day."

For applause when we succeed, for consolation when we are in need, for the warmth and support of others who understand, for all that is meant by friendship and sisterhood, it is no wonder that we look to Kappa.

—Lois Catherman Heenehan, *Adelphi*



Staircases to Nowhere

by Christine Erickson Astone, Wyoming

Sunday, October 20, 1991. Like many other San Francisco 49er fans, Kappas were watching the football game on TV (49ers vs. Detroit Lions). It was annoying when the television camera cut away from the field at Candlestick Park to a cloud of black smoke hovering over the nearby area of San Francisco East Bay. "Get back to the game," many thought. "Don't waste time on smoke from a brush fire." It wasn't until the television stations interrupted their broadcasts of the game for the first of many reports on the fire raging through the East Bay hills that the full magnitude of the devastation hit. Athletic competition did not compare to nature's awesome power.

And now for the rest of the story. It happened in our own Pi Province. By midnight that Sunday more than 5,000 residents had been evacuated from the foothills. According to the American Red Cross, at least 3,000 homes were destroyed by the fire. Among them 12 Kappa families lost everything they owned and more were victims of damage. Fortunately, no Kappa lives were lost.

As always, Kappas were ready and willing to help Kappas and the machinery was immediately put into motion. Letters and faxes were sent and the phone lines were kept busy as Kappas nationwide rallied to support their California sisters. Among those who got the project under way were Director of Alumnae Vera Lewis Marine, *Colorado College*; Regional Director of Alumnae Sue McGinty Riches, *Oregon State*; Pi Province Director of Alumnae Christine Erickson Astone, *Wyoming*; and former Pi Province Director of Chapters Joanne Pennington Kelly, *Whitman*. Flyers went out to Pi Province alumnae Presidents asking for their help. The two Pi PDCs worked with their six chapters to plan assistance. The "official Kappa Family" was contacted. Fraternity Headquarters supplied lists of area alumnae as well as memo pads. Collection for the fire victims began.

"As we dug through the ashes Ken, my husband, found the teapot the alumnae gave me after my year as President and I was so thrilled when it was whole! . . .

Kappa has given me a great feeling of belonging when I have so little belonging to me. I feel greater love for Kappa right now than I did 40 years ago when I was a giddy, thrilled pledge." Jean Senour

The Holiday Sharing Program of the Kappa Kappa Gamma Foundation immediately moved into high gear with a project of "Kappa Love Baskets" under the supervision of chairman Lynn Latham Chaney, *LSU*. Lynn contacted alumnae groups who had expressed a desire to participate in this Rose McGill program. Her letter to alumnae groups said, "Although insurance can rebuild houses and replace home furnishings, it cannot replace valued family mementos or provide the sense of caring and sharing that is greatly needed



Sentinels of devastation after the Oakland/Berkeley Firestorm

at this time. We, as Kappa sisters, can help fill that need." She suggested filling a basket with small essentials such as notepaper and pens, address book, cookbook, soap, scissors, a 1992 calendar. The baskets were sent to a Bay Area Kappa for distribution. Alumnae from Tucson, Champaign-Urbana, Cape Cod, Hinsdale, Southern New Jersey, Peoria, Pittsburgh, Hartford, Memphis, and Cheyenne responded, as did Delta Lambda Chapter - Miami University. Generous Kappas donated several hundred dollars worth of goods for each basket.

A Kappa from Sonoma called to say her husband had died recently. In a choked voice she offered his beautiful wardrobe which included cashmere coats, tuxedo, sportcoats, shoes, etc.



... the only things left standing were chimneys and staircases.

A committee of East Bay and San Francisco Bay alumnae and Pi, Calif., Berkeley members set out to locate the burned-out Kappas, determine their immediate needs and plan a method of delivering assistance. They offered help in locating temporary housing, household items, referrals, and support. The types of help requested were sometimes unusual.

One Kappa fire victim was asked by her insurance company to provide details on her silver pattern, among other things. The committee did some telephone re-

search and came up with the pattern numbers, replacement prices, etc. Another Kappa needed referrals regarding rebuilding her home. The committee supplied a list of architects and builders in the area. When asked why she came to the Kappa committee for these referrals she stated, "I totally trust a Kappa and no Kappa is a stranger." The committee members, on the other hand, found their own rewards in helping these Kappas.

The stories of loss were varied and individually poignant. One alumna had just taken the manuscript of her new book to the printer. Everything else she owned went up in smoke. Another had just bought a new house and held the housewarming the previous Saturday. One member returned to her smoke-damaged home and was touched by the imprint of birds' feet in the soot on the porch. Another surveyed the wreckage of her neighborhood where the only things left standing were chimneys and staircases. "They were staircases to nowhere," she said. The East Bay Alumnae Association President was fortunate to find her home standing amid the ruin around it. And in a gesture that demonstrated their faith in the future, two Kappas gave a baby shower for a member of the Pi Chapter Advisory Board, seven months pregnant, who lost everything to the capricious whims of the fire storm.

Legacy Emily Glaessner arrived 12/24/91.

Kappa help and caring reached out into the whole community. Alicia Walker, Pi Chapter President, knew that her young cousins had lost everything. Realizing that other children were victims of the disaster to the extent that they no longer had a neighborhood in which to "trick or treat," she rallied the chapter to help. All the sororities on the Berkeley campus were contacted and joined in preparing a special event for the little ones. Donations

of candy and balloons were obtained from local grocery stores; signs were put up in public places; schools were contacted; letters went out to families and the fire department helped spread the word. On Halloween night, thanks to the efforts of Pi Kappas, the little children had a variety of homes where they could hold out their bags for treats.

"The fire took from me a great many treasured possessions. However, it also gave back, in a startling way, significant gifts . . . none more beautiful than the reaching out to me of so many Kappas . . . The message that I wasn't alone helps in giving me the courage to put my life back together."

Margaret Ramsay

The feeling of devastation suffered by those who lost everything in the fire has been described as similar to the feeling of loss suffered by the death of a loved one. An initial numbness is followed by great pain. Getting on with life takes a tremendous effort. Two years ago Kappas in this same area experienced yet another tragedy . . . the San Francisco earthquake. In both instances Kappa sisters responded with emotional, financial, and physical support.

As pledges we learn that acts of goodwill to help others is one way to develop what the Kappa Founders called "the finer feelings of the heart." When Kappas work together it gives each member a true feeling of sisterhood. Pi Province Kappas were reminded of the first phrase of the stated purpose of Kappa Kappa Gamma . . . "to unite its members in a close bond of friendship, instilling in them a spirit of mutual love and helpfulness." Kappas across the nation came forward in a spirit of volunteerism and dedication to help other Kappas in need as they remembered their pledge "to stand by each her whole life through."

Current addresses of Kappa Kappa Gamma alumnae who lost their homes in the Oakland/Berkeley fire:

Linda Allio Balin, U.C.L.A., 3377 Pacific, San Francisco, CA
 Barbara Poe Chichester, Georgia, 6 Captain Drive, Watergate #501, Emeryville, CA 94608
 Joan Bolz Cleary, Northwestern, 497 Tharp Drive, Moraga, CA 94556
 Alison Thomson Crist, Berkeley, 1840 Tice Creek Drive, #2407, Walnut Creek, CA 94595
 Katherine Parker Glaessner, California, (Emily Claire, born 12/24/91) 2901 Lincoln Avenue, Alameda, CA 94501
 Febe Forster Harrington, Texas, 497 Tharp Drive, Moraga, CA 94556
 Elizabeth Jason Kibbey, Berkeley, 2803 Forest, Berkeley, CA 94705
 Amy Larson, Colorado, 4021 Lyman, Oakland, CA 94602
 Margaret Hupp Ramsay, Michigan State, 105 Evergreen Lane, Berkeley, CA 94705
 Jean Myers Senour, San Jose State, 4609-A East Anaheim St. Cong Beach, CA 90804
 Mary Ellen Bailey Snee, San Jose State, 316 Jerome Ave, Piedmont, CA 94610
 Stewart, Nancy Haven - Berkeley, 856 Bird Haven Court, Lafayette, CA 94549
 Sweetland, Nancy Seeliger - Berkeley, 244 Lakeside Drive, Oakland, CA 94612

Sing We

Kappa Sisterhood Flourishes Because of the Support Added by Each Individual

"... Here's to all the girls who wear the golden key!" Here's to all the Kappas of all ages who are there when we need them. Reaching out to touch someone is not an exclusive quality unique to the telephone company. Kappas have a way of doing that easily and frequently. And there's always someone at the other end of the line who is ready to help.

Some years ago an alumna planned a trip to Europe with her husband and three children. She worried that one of the children might become ill while traveling and was concerned about obtaining quality medical care in cities where she knew no one and did not speak the language. Her solution was to write to Fraternity Headquarters listing each city on their itinerary and requesting the names and addresses of Kappas living there. The response came promptly and she went happily off on her trip armed with the list. Everyone remained healthy but think of the peace of mind she received from Kappas she never met.

A Kappa's daughter was traveling through Ohio when her car caught fire on an interstate highway near Columbus. She was able to obtain emergency help but wanted to be sure she went to a reputable dealer for the needed repairs. A call to Fraternity Headquarters turned up a Kappa who happened to have the same make car. A dealer was recommended, repairs made, and the daughter travelled on. Kappa connections had saved her trip.

Distance, age, personal contact... there are no restrictions on Kappa support. A Kappa attending Colorado College was rendered a permanent paraplegic as the result of a diving accident. The financial strain was eased by the Colorado Springs alumnae who donated the proceeds of their flower basket sale to help with her enormous medical expenses.

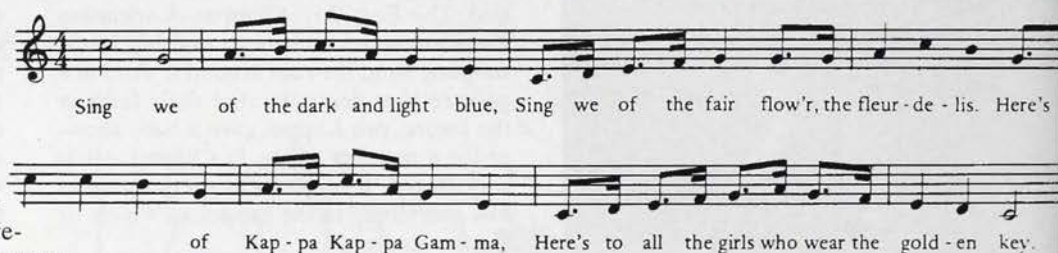
"My life and dreams of a college degree were threatened," wrote another young Kappa. The serious effects of a kidney disease forced her to leave school. Recovery was slow and she ex-

perienced an emotional low in spirits. Finally able to return to school, she transferred to the University of Connecticut. A new student at a large university, two years older than most of her class, she found the transition difficult until she was introduced to Kappa. Being the oldest member, but still a pledge, was not awkward since the chapter members were extremely sensitive and supportive in her time of need. "Kappa was an umbrella for my rainy days," she wrote.

Moving across town, across the country, or across an ocean is made easier when Kappa sisters are there to offer a welcome and assistance. Kap-

young college graduate became a new Navy wife. Her husband was at sea much of the time. They maintained a small apartment in San Francisco and she returned there when his ship was in port. When he was away, she traveled around the United States and Canada as a Fraternity Field Secretary, now called Traveling Consultant.

Martha Galleher Cox, *Ohio Wesleyan*, has wonderful memories of those years... memories that are reinforced by the friendships made then that continue today. Wartime travel was not easy and to visit Kappa chapters she journeyed on crowded trains and busses. "There was very little social ac-



pas in London and other foreign cities are happy to help students, visitors, and those whose employment has taken them abroad. In a move to Hawaii, one Kappa expressed her appreciation for alumnae help with job interviews and meeting other women her age. "It was especially nice to have people I can trust in a new city so far from home."

Kappa support is not limited to our own members. It is freely given to anyone or group in our communities or in the world. Individuals as well as Kappa chapters sent letters and packages to service personnel in the Gulf War. Undergraduate members are spending cold nights out in the open as they strive to fully understand the plight of the homeless. Programs such as **KEEP SAFE** and **INSIGHT** on Domestic Violence are shared with campus communities in support of women's issues. Alumnae associations give support to shelters for women and children as well as hospitals. The list is endless.

That which is given comes back in full measure as each of us receives support from our Kappa membership. It happens, sometimes in unexpected ways. When World War II began, a

tivity but I don't recall anyone being upset about that. Many young men were away in military service and women assumed leadership roles on campus. There was more time available, allowing deeper friendships to develop."

Despite having a husband involved in dangerous fighting, Marty remembers good times, specifically because of the lasting friendships made. "Of course the fact that it has been my good fortune to continue in Fraternity work all these years has made it possible to count large numbers of those 'friends of a lifetime.' Being constructively busy during the fighting was a blessing for which I shall be forever grateful to Kappa."

If there is, indeed, strength in numbers, the strength of our membership is beyond imagination. We draw strength from each other and from the sisterhood that continues to flourish because of the support added by each individual. To the individuals who advocate its principles, sing we! Here's to all the Kappa Kappa Gamma 'girls' of all ages.

— Lois Catherman Heenehan, *Adelphi*

That First Drink

She wanted to be like everyone else . . .

(This is the true story of a collegiate Kappa — a sophomore at a highly competitive liberal arts university in the Northeast. Diane is not her real name, but her story is all too real.)

"I started drinking and stopped growing up."

Bright-eyed, intelligent, lively, very pretty—it seems inconceivable that this young woman could be describing her life a few years ago.

In the sixth grade, at about age 10, Diane attended an outdoor party where the parents of one of her peers served alcohol. She wanted to be like everyone else and accepted a drink.

"I LOVED IT!" There was immediate relaxation. I felt it 'elevated' me." That was the beginning. There really is no end, since a recovering alcoholic is just that . . . recovering, but never "cured." Diane continues to build her life on a day-to-day basis.

Her story is not all that unusual, unfortunately. The older daughter in the family, living in an "upper middle class" suburb of a mid-size city, Diane describes herself as "super responsible." She was an honor student, musical, artistic, involved in numerous school activities, set high goals and expectations for herself and wanted her family to be proud of her.

"Everyone drank. We were all friends and we covered for each other. It was normal to drink." Beer and wine coolers were the usual choice. Drinking was confined to weekend parties when everyone wanted to relax.

"I always wanted to please. It was hard to be a perfectionist and I felt like it (drinking) was solving my problems," Diane says now. Instead of a solution, her problems got worse. As a high school sophomore she dated a senior . . . someone she looked up to and admired. However, he drank quite a lot and taught Diane to "do shots" and "funnel."

Diane admits now that during this time of dating her behavior was based on continuing the relationship. She lied in order to take part in his plans and forged notes to skip school. Finally, in her junior year, it all came to a head.

There was a keg party . . . in a cemetery. Diane remembers that she suddenly felt awful about what she was doing. It was 11:45 p.m. and she had 15 minutes to get home before her midnight curfew. She took off at a run, but the large amount of alcohol that she had consumed disoriented her and she almost lost her way.

Metal tore her arms and legs as she clumsily climbed over the fence. It was past midnight when she reached home and her mother was waiting at the door. This had never happened before and Diane could only hurry past to the bathroom. Her body urgently needed to rid itself of all she had consumed. The next day, barely able to function, she had to drive to the city and fly to a college interview.

Her mind and stomach told her this had to stop.

"I had committed enough social blunders. I had hurt friends. I had humiliated myself. I had enormous guilt about the lies I had told. I realized I couldn't achieve anything on

this path." So Diane decided to stop drinking as she entered her senior year. At first she took the "just one drink" approach, but it didn't work. One led to another and soon she was drunk again. Knowing she couldn't manage alone, Diane began attending meetings of Alcoholics Anonymous and found that keeping a journal of her activities and thoughts also helped.

The college campus scene is a big challenge now. Only one out of five students chooses to be sober; the rest party hard. Diane attends parties, but likes to leave when she's not having fun. No one pressures her to drink . . . including her new boyfriend. She continues to attend AA meetings at least three times a week and focuses on taking care of herself — staying on top of her school work and making sure she exercises daily.

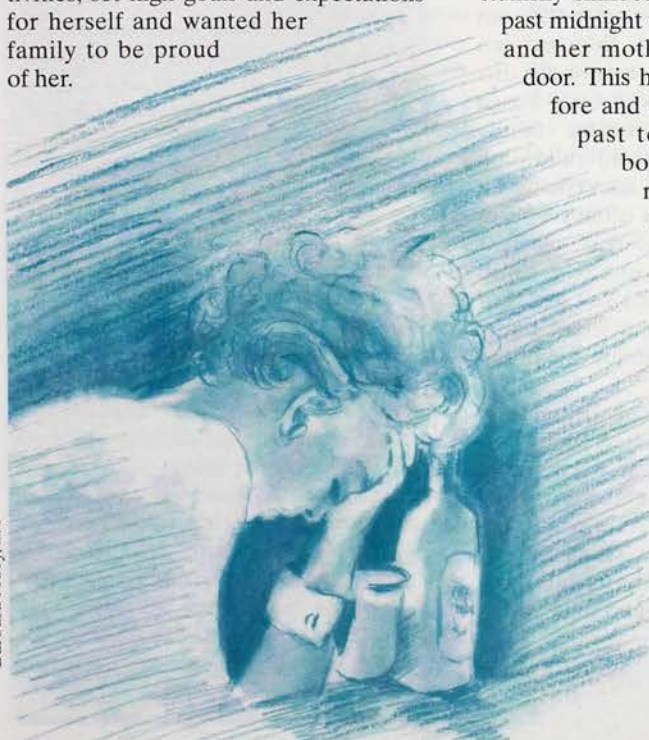
"Before I chose to be sober I tried to plan my whole life. Now I take one day at a time and try to make the most of that day, to do the best I can.

Life is so full now! There's so much I can do that was inconceivable before. I felt like I was 'my final self' then and there was no more growing to do."

The thought of joining a sorority caused some anxiety for Diane. She felt it was something of a risk, but quickly became happy with her choice of Kappa and appreciative of chapter support. As sophomore member of the Personnel Committee, she volunteered to tell her story as part of the standards/alcohol workshop. The chapter was impressed with her openness and thoughtfulness in sharing her experiences with them. Some have since come to talk with her about concerns for themselves, family members, other Kappas. One sister joined Diane at an AA meeting. For Diane, it was therapeutic to let people know "I'm fragile" and to help others in whatever way she could.

"I think I was an alcoholic before I picked up my first drink," Diane says now "I wanted to keep up that 'perfect' image and couldn't." She knew that there was the danger of becoming an alcoholic, but thought, "I'm too young. It won't happen to me."

But it did. It could happen to you.



BARBARA AUCY, ΔΔ

ΑΩΟ

ΚΚΤ

Learning to Swim: My Story

by *Melanie Patrick Cohen, Carnegie Mellon*

*Thought I knew my mind like the
back of my hand,
The gold and the rainbow, but nothing
panned out as I planned.*
—Emily Saliers, Watershed

The opening to this song by the Indigo Girls speaks very plaintively to me. The mind that I thought that I knew, however, was only the carefully controlled facade that I would show to the world. Behind this facade was my real truth: that I had an eating disorder; that nothing I alone could do could cure this eating disorder; and that I needed help if I ever wanted to stop. I shared my truth with my husband on February 11, 1990, four days before my twenty-fifth birthday, and more than nine years after I had begun to obsessively binge and purge.

HOW IT STARTED

Where do I start? It's hard to sort out what isn't relevant. I am the youngest child of three children, and there is a significant gap in age between me and my siblings. My parents both worked very hard so that we could live in a town with an excellent school district. My father died when I was 15. I was musically gifted, and considered to be a very bright child. I skipped second grade, and was placed in honors classes in junior high and high school. I finished my bachelor's and master's degrees in an accelerated program at a highly competitive university. I worked for three years, before returning to school. I am currently in a graduate program at an Ivy League school, working toward a Ph.D. These items are factual, and not subject to too much dispute. The items that would not appear on my résumé include the fact that I grew up in a substance-abusing family; that I was often left alone as a child; and that I grew up surrounded by emotional and verbal abuse.

I think my bingeing behavior goes back to a very young age. When I was in kindergarten or first grade, I used to enjoy coming home to have lunch with my father. One day, I asked my father, probably facetiously, why he had more food than I did. From that day on, he served equal portions. I was probably

eating an enormous amount for a seven-year-old, but I really liked eating lunch with my father and seeing if I could eat as much as he did. Within a year or so, my mother had enrolled me in Weight Watchers, because she believed that I had gained too much weight. From then on, food became an object of control.

For me, food and eating were objects of abuse. When on Weight Watchers, I ate my meals alone. Many people speak of how they learned to equate food with love when they were growing up. In my case, meals had been a time of closeness with my father; as my food intake was restricted and monitored, my meals became a time of isolation.

Food had been a symbol of sharing and community, and it became a symbol of shame and isolation. I was an early "latch-key" child, so I was often lonely after school. I sometimes ate to try to console myself, and perhaps to rebel against my diet. When my "cheating" was discovered, I would be punished. Diets are supposedly about being able to "control" yourself; but at that young age, it was more about someone else controlling my eating behavior.

My weight fluctuated during grammar school and early high school as I grew and matured, but it always seemed that the scale only read "fat." I look back at pictures of myself from those days, and I realize that my own sense of my body was extremely distorted. My problems with body image are the result of many factors: family pressures; low self-esteem; childhood teasing; and consumer advertising all played their part. I was often preoccupied with food. Food was my best friend and my worst enemy. Food could console me when I felt bad, but then it would betray me when I surveyed my (to me) enormous size in the mirror.

My father was an alcoholic, and my family was greatly affected by his addiction. Neither of my parents was able to cope with daily troubles, but they were great in a crisis. As a result, my family became very crisis-oriented. This is typical of alcoholic families. Crises both result from and feed addictive behavior.

My obsession with my eating behavior intensified very soon after my father died. My father had been disabled by a heart attack when I was 13, and had not worked since then. He and I had been able to grow close during the last years of his life, because he would often be home when I got in from school or rehearsal. We would talk about the news, or school, or the events in our days, as we prepared dinner.

After he died, I felt as if I had lost my best friend, and that I had no one else to turn to. My siblings were living in a distant city, and at the time we were not close. My mother was also devastated by the loss of my father, but she did no better than I at expressing her feelings or experiencing her loss.

I believe that the grief that I expressed after my father's death helped fuel the onset of bulimic behavior. I was constantly alone, after school especially, and I began to use food to try to fill the emptiness, as I had done when I was a child. My lonely binges would be accompanied by horrible feelings of fear and shame . . . fear that I would gain weight, and shame about eating in secret. In addition, my father had been very critical of my weight fluctuations during early adolescence, and his absence did not diminish my shameful feelings about my weight.

On Good Morning America, ABC, February 14, 1992, Dr. Joel Yager, a professor of psychiatry at UCLA Medical School stated that younger and younger children are showing concerns about weight and image. Eight and nine-year olds can be seen in supermarkets pleading with parents to buy diet foods and liquid meal products.

Peter Jennings, ABC Evening News anchor, reported in a February 1992 health segment that 3 million women under age 40 have some eating disorder. Thirty percent of intercollegiate female athletes use pills or other weight control devices. The NCAA (National College Athletic Association) has produced a video, "Afraid to Eat." Many colleges are no longer allowing coaches to be present when athletes are weighed in.

Sometime during the fall or winter before my 16th birthday, my binges began to be followed with purges. At first, I would only force myself to vomit after high-calorie, high-quantity binges. Within a few months, I was vomiting after meals, as well. I began to choose strenuous gym classes at school, in order to extend the self-punishment. Pretty soon, my food intake at meals was minimal, but I would binge in secret several times a week.

*For you, I would tattoo me
With lines crossing into a hand,
And a heart that would never bleed.
The twilight and the horse
Drawn on my arm
Standing for an addiction
Pray we go unharmed.
—Amy Ray, Keeper of My Heart*

I DO NOT KNOW IF THE QUESTION OF "WHY" CAN BE COMPLETELY ANSWERED. I believe that eating disorders are addictions, just as serious as alcoholism and drug abuse. Food and purging do not impair your senses in exactly the same way, but their role in perpetuating self-abuse is similar.

I've often said that bingeing and purging serves to put miles between you and your emotions. At the root of most addictions is an inability to cope with your own reality. As an emotion emerges (fear, anger, grief, joy, anything), your "self" feels as if it cannot possibly cope with this change or feeling. As you wrestle with your urge to binge, as you binge, as you contend with your desire to purge, and then as you experience extreme feelings of remorse and self-hatred, you don't have to deal with the original emotion that began the binge. That emotion has been lost in a sea of self-hatred. Eating disorders are an effective, although very self-destructive, defense mechanism.

My most acute phase of bulimia lasted during my last two years of high school and my first year of college. There was an enormous difference between what I would eat or do in public, and what I would eat and do in private. My opportunities to continue my behavior were diminished when I moved into the Kappa house my sophomore year. For the next three years I lived in group housing without much privacy. During the summers I had jobs where I could not be alone very often. My obsession did not end, but it did take a different manifestation. I was constantly obsessed with food — controlling what I ate, how much I ate, etc. I would still occasionally binge, as well. My feelings of self-hatred continued, but I felt as if I couldn't share them with anyone.

The feelings were so immense and powerful, I was certain that no one would be able to understand.

*I allowed myself to be seen as an object;
to be discovered as a person was too
frightening . . . but not with many
Kappas. I really opened myself to
them—and even was hurt in my
vulnerability by some of them. I
reveled in being myself—opinionated,
concerned, loyal and loving. There were
some people who took my openness
and abused it. But I toughed out many
relationships and felt the rewards.*

The bingeing intensified during my last year of college/graduate school, when I was finishing my master's degree. The purging started again, as well. I had moved into an apartment off-campus, that I shared with two other women. My bingeing and purging did not occur with the same frequency as it had when I was younger, but it still didn't seem to go away. My eating disorder persisted after I graduated from college; as I took my first job; as I moved on to a better job; and after I was married. This last phase scared me the most. My husband and I had lived in different cities for two years before we were married. It was difficult to continue my behavior after we were married. I didn't feel good that I was making myself hide something from my husband.

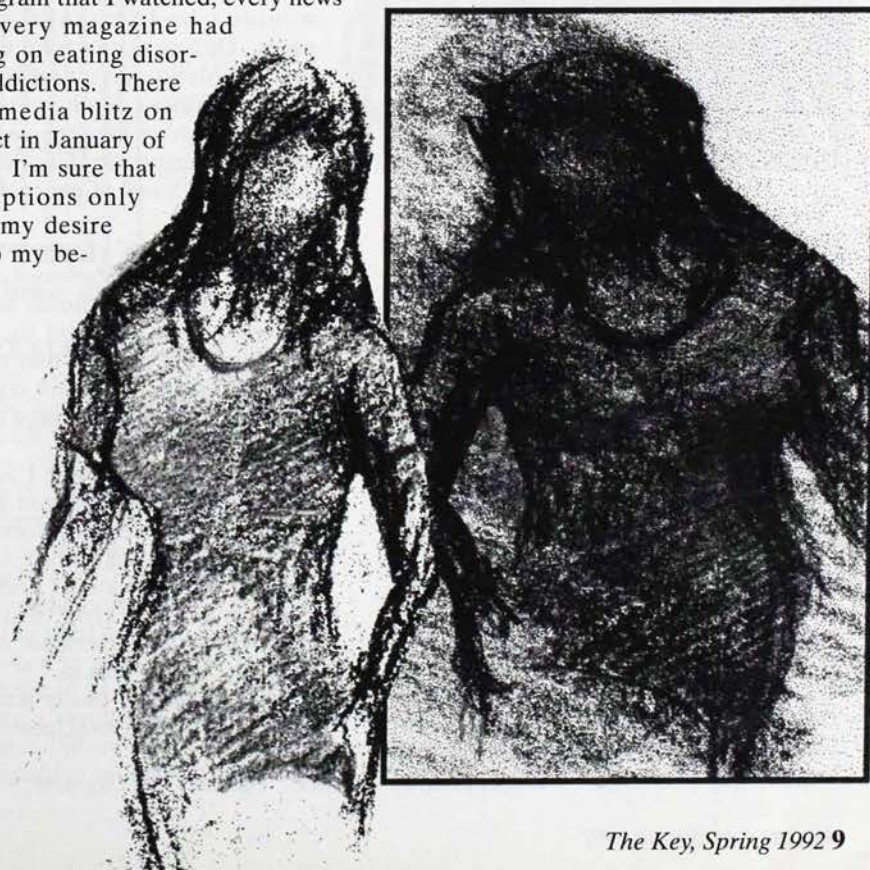
I told my husband about my bulimia less than six months after we were married. For several weeks before that day in February 1990, it seemed that every television program that I watched, every news report, every magazine had something on eating disorders or addictions. There wasn't a media blitz on this subject in January of that year. I'm sure that my perceptions only reflected my desire to give up my behavior.

I mentioned earlier that I believe that eating disorders are a form of defense. They are also a signal, or a symptom, that something is not well in your psyche. If I had not developed an eating disorder, I never would have started my journey toward recovery. I would have been unable to identify the emotional damage that I had experienced, and that I was perpetuating. Further, I might not have realized that I needed to work through my grief over my father's death. Grief is a powerful emotion that can only be experienced, and never avoided. I attempted to avoid my grief about my father's death for nine years, and it was still waiting for me when I was ready to work through it.

*And they say only milk and honey's
gonna make your soul satisfied!
Well I better learn how to swim
Cause the crossing is chilly and wide.
—Emily Saliers, Watershed*

"Learning how to swim" means, for me, learning how to accept the pain that sometimes goes along with life. I spent a great deal of effort on my attempts to control my emotions. What I had to learn was that I was unable to control or obliterate my emotions, and that my attempts to do so had carried a high cost. In learning how to experience pain, though, I also learned how to experience joy.

My recovery continues, after nearly two years of individual therapy and support group attendance. My eating behavior has improved immensely. My approach



to life has also changed radically, although the changes have occurred very slowly. My feelings of self-hatred have diminished, but I still have work to do on body acceptance.

I went back to school about six months after my recovery began. The first year was a little rocky, because, for the first time in my life, I was trying to be a student without relying on obsessive or addictive behaviors. Further, I was trying to face the world without my "perfection monster" controlling my interactions with other people. I have finally accepted that my goal is not to entirely remove my defenses, but to give up my unhealthy defenses and try to replace them with more

healthy responses. I'm into my second year now, and things are going very well.

Whenever I have spoken with my Kappa sisters over the last few years, I have been amazed at how well they know me. I am often tempted to write-off those nine years as being a time of complete emotional and social withdrawal. Kappas have shown me that I was never able to completely hide my true self from others. I always felt that if I gave up my controlling behavior, everyone would be able to see how hateful and bad I really was. Kappas have helped me to learn that what they saw was the real me, and that I needed to accept and get to know how talented and special I really am.

From My Journal:

Hi Bulimic! An Internal Dialogue May 30, 1990

Me: Hi, Bulimic.

B: Hi.

Me: Why do you always try to take over!

B: Why do you always rely on me when things don't go well?

Me: Because I'm so sure that I can't handle things. But it's scary to think that I've let you take over.

B: I can't take over everything — I only know how to stuff your face, and then scare you into a panic so that you purge. Then it's easier for you to hate yourself.

Me: I guess that's what I want — to make the problem disappear into self-hatred. In some ways, I met you because my life was so intolerable — I was in so much pain. I wanted to turn it into something only I could control. I knew I could handle self-hatred — so I decided to turn up the self-hatred volume control.

B: You also thought that I was the answer to your weight problems.

Me: Well, I also thought that my weight was my only problem. It was the outward evidence of my internal failures. I had so many "if onlys" — if only I wasn't

fat, my parents would have loved me more; I would be more popular; I wouldn't be frightened around my peers. Of course, the truth was that my real problems were unresolved grief over my father's death, and not having anyone to share my feelings with. But acknowledging these things was, I think, impossible. So all of my problems were labeled "fat."

B: In some ways, I came from a whole persona that you developed. You were perfect, and could handle anything. I was your dark side, and the only ones who knew the truth — that you weren't perfect, that you couldn't cope. That's why you wanted to get rid of me.

Me: That's right — once I admitted to my problems, I wanted you to go away. Once I introduced or revealed you, it was so hard to acknowledge and work through what you knew. Perhaps by accepting and working through these problems with my therapist, etc., I won't only have you to turn to.

B: I think you've finally learned that I can't help much. Good luck!

Me: Thanks — bye for now.

August 12, 1991:

A HIDDEN ROOM

It feels as if I now understand what my pain is. I remember last (1990) spring when I discovered how deep my internal pain was, for the first time. Now I know that it's my central, controlling knowledge that my core being is flawed, worthless, and false.

—I've been imagining opening this door to a room I'd hidden from myself. The room is filled with thick, black tar-like gunk. I don't like it. I've been trying to hide it, but the stuff always manages to seep out, and gets on my shoes, or in my hair, or somewhere (all over my writings, in my computer; it even clogs the music that I make). It sometimes releases an odor when I talk, or move. I actually created this gunk. Oh, I had help — my parents, my church, my sisters, my family — but I stored it away, and kept it around. As a child, I didn't know any better. As I grew up, I didn't know any other way.

I believe that underneath all the gunk, there's some little spark that represents who I really am. I think my goal is to learn ways to nurture this spark — to feed it, to not extinguish it. Soon, the spark will grow, and you know what — I'll find out that all the gunk I've been carrying around is *flammable*! My work now is to just clear a path to the spark, so that it can get oxygen. I don't have to move all of the gunk out — I don't think I can.

IN A VISUALIZATION EXERCISE I HEARD ONCE, you begin by imagin-

ing yourself at the entrance to a cave. Just inside the cave, you see someone who beckons to you. He leads you into the cave, deeper and deeper. You feel terrified — this is the scariest cave you've ever encountered. You've seen it before, but have never dared to enter it. But, strangely enough, you're calmed by the presence of your guide. You pause before entering the darkest, scariest chamber. You've heard, from previous explorers, that this is the last chamber — the only one you have not been in yet. Your guide leads to inside. As you stand inside the chamber, the guide reaches out to you, to show you something in his hand. As he opens his hand, you are startled by the brilliance and beauty of the object he holds. It is the most brilliant and perfect diamond you've ever seen. He hands it to you, and you are startled by the warmth and strength it gives off.

In this visualization, the "guide" is God, or your higher power. The dark cave is the essence of yourself — the place you've been hiding from yourself and others for so long. The diamond that the guide reveals and gives to you is your beautiful, wonderful, strong self.

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Kappa Warns Early of "Deadly Diet"

by Eloise Moore Netherton, Texas

It began slowly. In the late seventies Kappa Field Representatives began noticing it. Early clues included Personnel reports of stealing. But the real problem was not theft; it often was a related problem: an eating disorder.

As concern grew, it was determined that research must be done and steps taken to make our members aware of the dangers of anorexia nervosa and bulimia. *The Key*, Fall 1979, carried an article "Anorexia Nervosa," by the late Hilde Bruch, M.D., a recognized authority in the field. In the Spring 1982 issue, "Eating Disorders Affect Millions" provided information from ANAD, the National Association of Anorexia and Associated Disorders, and other sources.

At the 1984 General Convention in Scottsdale, AZ, the continuing concern was addressed with workshops on eating disorders given by Dr. Laurie Lee Humphries, Emory. Chapter officers, advisers, and House Board members received timely information and had the op-

portunity to discuss specific eating disorder-related problems faced by chapters and housing units.

At the same Convention it was announced that the Fraternity was donating \$1,000 to ANAD in grateful appreciation of that organization's help and cooperation in providing our chapters and alumnae groups with educational materials.

In 1983, under the supervision of the Directors of Personnel and Philanthropies, the Fraternity approved an educational/philanthropic program to help our members learn to intelligently and sensitively address chapter and family life concerns associated with anorexia and bulimia. These devastating disorders, often life-threatening, had long been hidden or spoken of only behind closed doors, if at all. In small group discussions, Kappa officers and chairmen had become painfully aware of how many of their own lives had been touched personally by these disorders.

Kappa was a leader in the fraternity world in bringing our concerns out into

the open, providing education for members, both undergraduate and alumna, and encouraging financial support of ANAD for research and educational programs. A number of Kappa groups made ANAD the recipient of their philanthropic dollars, recognizing the benefit of their educational materials and supporting continuing Fraternity programming in this area.

Recognizing the contributions of a Kappa in the field of eating disorders research, an Alumnae Achievement Award was presented to Laurie Lee Humphries at the 1986 General Convention in Philadelphia.

Anorexia and bulimia continue to wreak havoc in the lives of many young women, but thanks to the assistance of Laurie, ANAD, and others, the Fraternity continues to intelligently and compassionately address the subject of eating disorders to the benefit of individual members, chapters, and alumnae.

Eating Disorders: Reflections of Personal Unhappiness

by Laurie Humphries, M.D., Emory



What are eating disorders? Anorexia Nervosa, Bulimia Nervosa, and Eating Disorders Not Otherwise Specified are the three diagnostic syndromes that are called Eating Disorders as a group. These syndromes represent a major public health issue for collegiate women in the Western hemisphere. Each of these disorders is called a syndrome because there is no single etiology for these conditions, unlike a disease like pneumonia where there is a specific agent that causes the disease, the pathology. Some of the issues that influence the etiology are genetics, individual psychology, family dynamics, culture, nutritional patterns, and peer relationships. These syndromes are severe and unfortunately chronic in nature for many women.

What exactly are these? three syndromes ●

ANOREXIA NERVOSA has been known since the latter part of the 19th century. The condition was named by Sir William Gull who was a Harley Street physician and the physician to Queen Victoria. Modern anorexia nervosa is defined by four criteria. The first is the failure of the patient to maintain a normal weight for height and age. The second criterion is a fear of being fat even when the patient is very thin. The third criterion is a feeling of being fat when in actuality the patient is very cachectic (a general wasting of the body during a chronic disease). The last criterion is a failure to menstruate for three consecutive months. This is often

missed by physicians since anyone taking birth control pills will produce a menstrual flow. In effect, these patients would be amenorrheic if they were not taking drugs to simulate a menstrual period. While anorexia nervosa has been known for more than a century, bulimia nervosa is a much newer condition.

BULIMIA NERVOSA was first described in the late fifties and was only placed as a diagnostic category in 1980. Bulimia is characterized by binge eating, behaviors that counteract the binge, feelings of loss of control when eating, over concern about weight and appearance, and a particular frequency of binges. Not only does the bulimic binge, but normal eating patterns are also disrupted. A bulimic will usually eat approximately 300 calories per

meal as compared to a normal meal which has between 700 and 800 calories. In addition to anorexia nervosa and bulimia nervosa, there is a third category called eating disorders not otherwise specified.

EATING DISORDERS NOT OTHERWISE SPECIFIED is used to identify patients who do not meet full criteria of either anorexia nervosa or bulimia, but who have some of the behaviors, attitudes, and/or physical symptoms seen in anorexia nervosa and bulimia. For example, a patient may binge eat and self-induce vomiting at a frequency of once a week which is below the threshold of bingeing and vomiting twice a week. Another example is a patient who has the first three criteria of anorexia nervosa but is still having menstrual periods at a frequency of every two months which is below the threshold of the loss of periods for three consecutive months.



Who tends to be afflicted

Predominantly, adolescent women in Western cultures become victims of eating disorders. For anorexia nervosa, the young woman is more than likely a high achieving perfectionist who comes from an upper class family. On the other hand, patients with bulimia nervosa tend to come from families that are internally chaotic and frequently abusive and/or neglectful. The onset of anorexia nervosa occurs in two peaks, one at fourteen years old and the second at seventeen years old. The average age for onset of bulimia is sixteen years.

Why do certain young women become anorectic or bulimic

Most studies show that bulimic or anorectic behavior occurs in the context of some life stressor. The most frequent stressors are family divorce, loss of a boyfriend, problems with academic life, loss of a friend, a family move, or the death of a friend or family member. The potential anorectic or bulimic has often experienced some loss of self-esteem because of stress. In an effort to bolster her self-esteem, the patient hits upon dieting.

In our present culture, dieting is almost universally praised as an appropriate activity for young women. Approximately 40 percent of women in the collegiate age group report themselves to be on a diet. But with so many young women on a diet, only about three percent of collegiate age women develop bulimia nervosa and only about one percent will develop anorexia nervosa.

Scientific information points to certain genetic factors in the onset of anorexia nervosa. These factors may have to do with metabolic control of the body set point. If a sister, mother, aunt, or grandmother has had anorexia nervosa, the dieter is much more at risk for developing the syndrome than someone without a family history. While genetics have not been directly related to the syndrome of bulimia nervosa, dieters who have a family history of alcohol abuse may be more at risk for developing this syndrome. Genetics represent only one factor in the etiology of these syndromes.

Psychologically, both the anorectic and the bulimic use their restrictive eating habits and behaviors as coping mechanisms. The anorectic often lacks a coherent self-identity and molds her life around meeting the expectations of others. Consequently, she feels out of control of her own destiny. The anorectic sees dieting as something in her life that she can control and feel good about. Control is also a major factor in bulimia. The bulimic's restriction and dieting make her feel in control and good about herself. She frequently receives positive regard from her peers for her appearance, which reinforces her bulimic behaviors. If the individual psychology of both the patient with anorexia nervosa and bulimia has similarities, the detection of the syndromes is a very different process for these two conditions.

Anorexia nervosa is easily spotted by anyone who is an observer of human behavior. The anorectic is very skinny. Often the collarbone, backbone, and ribs are easily seen. In the face of such obvious weight loss, the anorectic often comments about feeling fat and being fat. But if the anorectic is easy to spot, the bulimic is not.

The bulimic is generally of normal weight and her behavior tends to be secretive. It is estimated that a bulimic will be involved in the syndrome for four years before any medical help is sought. Often the first sign that someone is a bulimic occurs when she is spotted going to the bathroom after meals. This trip to the bathroom involves vomiting in most cases. People often feel that these disorders are not serious and see them only as "cheerleader" problems. The truth is far from this.

Anorexia nervosa has the highest death rate of any mental health condition.

Although the data for bulimia nervosa is sparse, the condition is just as serious. Approximately two-thirds of the patients with these disorders do not completely recover. Getting college women to seek help is a critical issue in the recovery rate. But getting people to recognize the need for help is sometimes a difficult task.

This is particularly true with anorexia nervosa. The anorectic will deny her problems. **One serious problem in getting patients to obtain help is that their friends and sorority sisters ignore these behaviors.** If your sorority sister or friend has signs of anorexia nervosa or bulimia, immediately go to your chapter adviser and seek her advice and help. **Do not keep the knowledge of the disorder to yourself.** Frequently, patients with bulimia and anorexia nervosa beg their friends not to tell their parents, but often one of the most important interventions that can happen is having the families told about the disorders.

In approaching a patient with anorexia nervosa or bulimia, it is important to focus on the fact that these behaviors reflect personal unhappiness. It is important not to specifically focus on weight and eating as a cause of intervention. Know your local resources for the treatment of anorexia nervosa and bulimia and refer your friend or sorority member to the appropriate treatment facilities.

SUGGESTED WEIGHTS FOR ADULTS

HEIGHT (1)	WEIGHT IN POUNDS (2) (19 to 34 years)
5'0"	(3) 97-128
5'1"	101-132
5'2"	104-137
5'3"	107-141
5'4"	111-146
5'5"	114-150
5'6"	118-155
5'7"	121-160
5'8"	125-164
5'9"	129-169
5'10"	132-174
5'11"	136-179
6'0"	140-184
6'1"	144-189
6'2"	148-195
6'3"	152-200
6'4"	156-205
6'5"	160-211
6'6"	164-216

(1) Without shoes.

(2) Without clothes.

(3) The higher weights in the ranges generally apply to men, who tend to have more muscle and bone; the low weights more often apply to women, who have less muscle and bone.

Source: Derived from National Research Council, 1989

A healthy eating pattern consists of three meals a day which include all the major food groups. Unhealthy weight maintenance practices lead to personal tragedies like eating disorders and cause major public health problems.

Treatment for these disorders is multidimensional. An essential part of the treatment plan for any anorectic or bulimic is individual and/or family counseling. The counseling focuses on the irrational beliefs both in regard to eating and to interpersonal relationships. Nutrition also plays a major role in the treatment. Many of the complaints that bulimics and anorectics voice, such as constant thoughts of food, are an integral part of starvation. In order to improve, the patient must engage in a healthy eating plan.

Work at the University of Kentucky, supported by the National Institute of Mental Health and The McKnight Foundation, has shown that patients with anorexia nervosa and bulimia often have the medical problem of zinc deficiency which causes abnormal eating patterns. Zinc deficiency is one of the medical con-

sequences of these illnesses and it must be addressed in any treatment plan. Electrolyte abnormalities and osteoporosis are also major medical consequences of these disorders.

It is important that all young women know what their healthy body weight is. Healthy body weight means a body weight range in which the person does not experience adverse health consequences. The table published in 1990 by the National Research Council lists the healthy body weight ranges for women 19 through 34. Although society is well familiar with the diseases associated with obesity, such as diabetes and cardiovascular complications, the consequences of maintaining a weight *below* the healthy range are not as well known but just as severe. The best course of action for eating disorders remains primary prevention.

Who Am I?

by Peggy Gouge Bradley, Oklahoma State

Who am I? What do I want? Am I adequate? How do I relate to others? These are questions which hover in the periphery of a college student's mind. College years are a time of increased academic stress, even for superior students, and of increased pressure to define oneself vocationally. More important, there are these deeper issues of identity as the collegian enters a formal period of transition out of the family and into the world of full independence. These are high risk years.

Symptoms of anorexia or bulimia often manifest themselves during college years, although the precursors of eating struggles begin earlier in life. Milder, but still problematic, is the preoccupation with eating and looks which is almost endemic to college life. Although less severe than a full-blown eating disorder, this preoccupation is emotionally painful and self-defeating.

Preoccupation with weight and excessive control around eating can represent the concerns of identity brought to more tangible and concrete form. Focus on weight and body image can reflect deeper concerns about personal as well as interpersonal adequacy. Control of eating can provide the perfection and success desired, but unattainable, in other areas of life. Similarly, loss of control over eating can represent temporary abandonment of needs for perfection and provide what is wanted but denied — nurturance, limitless satiation and a return to the innocent years of childhood.

Guilt and recriminations follow periods of loss of control because all women know that a return to the softness and simplicity of childhood is impossible. Thus, the girl or woman with an eating disorder is stuck in an ambivalent and poignant dilemma, fearing both independence and regression, and caught painfully in the middle.

WHY ARE EATING DISORDERS SO PREVALENT NOW FOR WOMEN?

Women have more opportunity than ever before in history to control their own destinies. Women are free to choose their own identities, life directions and life styles. These freedoms, which many of our mothers and grandmothers encouraged during years of gradual cultural reform, bring tremendous unknowns and fears of separation. Women of this era are forging paths never before tread in terms of professional challenges, geographic possibilities, motherhood or non-motherhood choices, and identities which are equal to men in breadth and scope. Today's choices allow limitless possibilities, but also create intense anxiety about how to actualize potential and feel safe within the process.

Perhaps if college women, or women of any age, can appreciate the tremendous pressures of this era, we can begin to talk about, understand, and resolve anxieties rather than act them out through preoccupation with eating. Open and ongoing dialogue about these dilemmas can create a community of empathy and awareness and, eventually, a sense of safety about

the freedoms and responsibilities we face.

In terms of sororities' involvement, leadership bodies must strike a balance between too much and too little supervision and guidance.

With eating disorders, it is difficult to know when to intervene and when to leave issues up to each member and her family. To intervene too quickly or prematurely is intrusive and likely to be ineffective. To allow too much freedom fosters the problem by not addressing it openly. Because anorexia and bulimia can be life-threatening, they must be treated as potential medical emergencies.

Each Kappa chapter has guidelines for approaching members with obvious eating problems. It can be assumed they are either sending signals for help or are so out of control that help should be provided whether the member wants it or not. This guideline is true in regular life as well. If a friend is showing overt signs of an eating disorder, confrontation is a painful but caring statement.

Professional treatment is required for eating disorders ranging on a continuum from less to highly directive and structured. Treatment "approach" must be individualized to match each client's personality and style of interacting with the world. Individual, analytically oriented psychotherapy allows a person to explore issues and to understand them slowly with no immediate pressure to make behavioral changes. This method may be effective with people who resist

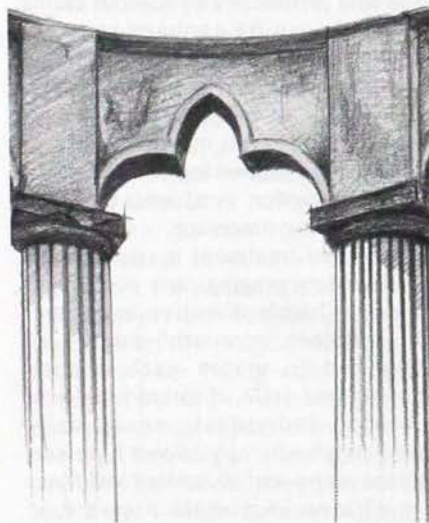


direction or who would be overwhelmed by structure and intensive intervention. It may also be effective with girls who have some degree of control over their symptomatic behaviors. This kind of therapy must be conducted by a professional who understands deep issues related to personality development and does not approach eating problems superficially or naively.

More structured, active programs constitute an immersion in therapy and include nutrition counseling, group therapy, individual therapy, behavioral contracting, and physical monitoring. These programs are more intensive and are typically conducted in a hospital or outpatient setting. This type of program, although it is intense, has the advantage of directly defining and confronting problematic behaviors.

With either approach, group therapy is important at some point in the treatment and growth process. The group provides a safe environment in which to explore issues of self-esteem, identity, interpersonal trust, and interpersonal relationships. Once specific eating problems are under control, universal issues of emotional growth and health must be addressed. The group, as a laboratory for life, is a creative setting in which to explore newly found hopes, dreams and choices.

Similarly, the fraternity experience has been described as "a microcosm of life." The members of each chapter offer each other support and a home port during this voyage of self-discovery. A difficult road is easier to travel when the path is lined with friends who care.



Kappas Care and Offer Help

The concern of Kappas nation-wide with preventing the onset and combating the effects of eating disorders is evidenced by the contributions to this issue. We would like to thank all who shared aspects of their involvement, expertise, and interest to help others.

Laurie Lee Humphries, M.D. Emory, is an Associate Professor of Psychiatry at the University of Kentucky College of Medicine and Director of the Eating Disorders Clinic. A nationally recognized authority of anorexia nervosa, bulimia, and adolescent mental health, she is a recipient of the Fraternity's Alumnae Achievement Award and the University of Kentucky's Distinguished Alumnus Award for her outstanding personal and professional achievements.

Peggy Gouge Bradley, Ph.D., Oklahoma State, is a clinical psychologist in private practice in Austin, TX, who has worked with a number of women who are struggling with eating disorders.

Eloise Moore Netherton, Texas, former Fraternity Vice President and Director of Philanthropies was instrumental in focusing attention on eating disorders.

Melanie Patrick Cohen, Carnegie Mellon, Ph.D. candidate in Political Science and Public Policy at Brown University is a recovering bulimic who offered to share her story with other Kappas.

"The majority of those with eating disorders are white, upper-middle-class teen-age girls and young women. Three to five percent of women between puberty and age 30 are seriously afflicted with bulimia and one percent suffer from anorexia nervosa. Bulimics can consume 5,000 or more calories at a time."

Jane E. Brody, *The New York Times*

Sources of Help:

Hot Line . . .

National Anorexic Aid Hot Line
(614) 436-1112
Regular business hours.
Referrals for support groups.

National Organizations for Eating Disorders:

American Anorexia/Bulimia Association
133 Cedar Lane
Teaneck, NJ 07666
(201) 836-1800

Anorexia Nervosa & Related Eating Disorders (ANRED)
P.O. Box 5102,
Eugene, OR 97405
(503) 344-1144

National Anorexic Aid society (NAAS)
550 S. Cleveland Avenue,
Suite 15
Westerville, OH 43081
(614) 436-1112

National Association of Anorexia Nervosa & Associated Disorders (ANAD).
P.O. Box 2771. Highland Park, IL 60035
(312) 831-3438

A Kappa For All Generations

by Marian Klingbeil Williams, Missouri

"NPC has provided a unique opportunity to expand my horizons, recognize the similarities and differences of our fellow Greek organizations, build interfraternal relationships of lasting worth, and share ideas for our common good. It has been a time for building trust, holding to tried and true values, exercising common sense and goodwill in making judgments, and collecting friends . . . the most gratifying reward of all. My pride in Kappa knows no bounds. I shall be forever grateful for this special appointment."

Service to others is a constant thread woven throughout her life. Because she is the very essence of all that the word panhellenism represents and a role model for the ideals expressed in The Panhellenic Creed, in 1971 the Fraternity Council appointed Phyllis Brinton Pryor, Colorado, as our First Alternate Delegate to the National Panhellenic Conference delegation and named her Delegate later in that year.

In presenting the Loyalty Award to Phyllis in 1986, the most coveted award given by Kappa Kappa Gamma, I spoke of her as "a Kappa for all generations, for the love and respect she has gained transcends all ages. She is the epitome of graciousness in all she does. Above all, she is a role model. Her very presence makes you want to emulate her standards and her very high ideals. She is the tower of strength in very difficult situations, and to all of us a very calming influence. She is thoughtful and sensitive to everyone's needs. Her sense of fair play and impartial judgment often brings people to call upon her to mediate difficult circumstances, and her work with other organizations has brought her acclaim and recognition not only for herself, but also for the Fraternity. She exemplifies the essence of Kappa to each one of us and to everyone with whom she comes in contact."

Conversation with Phyllis reveals not only her depth of knowledge about panhellenic affairs but also her deep belief in all that NPC represents. She summarizes changes that have occurred during the past 20 years: "To its credit, the Conference demonstrated strength and adherence to purpose and proceeded to develop from that period (the hostilities of the sixties and subsequent apathy, indifference and loss of Greek memberships) into an even stronger organization." She cites interim delegate sessions, updating the history, revising *The Manual of Information*, and producing new publications as important steps, "but most important, NPC now has its own headquarters and employed staff to meet changing and developing needs of the conference it serves."

Asked to name the greatest contributions to the Greek system made by NPC, Phyllis cites fostering legislation which exempted members of social fraternities from the provisions of Title IX and assured the continuation of single-sex organizations. She also includes the counselling and guidance to campus panhellenics by trained volunteers of the College Panhellenics Committee, development of regional advisers to oversee the work of area advisers, and instituting visitation teams to evaluate the operation of selected college panhellenics and provide support for positive changes."

Encouraged by the progress in cooperative relationships between men's and women's fraternities, Phyllis notes they are working to cope with common problems — alcohol abuse, hazing, legal liability, sexual harassment — with positive action and responsibility. She sees "mutual respect, concern, and consideration building into the picture with moves toward dry rush, abandonment of the little sister/big brother practices, and collaboration in programming."



Phyllis Brinton Pryor, National Panhellenic Conference Delegate, 1971-1991

Phyllis' service to NPC began as a member of the College Panhellenics Committee and Area Adviser to the campuses of eight states. From 1979-83 she was chairman of that prestigious committee. The Project Future Committee and the Liaison Committee also reaped benefits from her leadership skills.

Graduating with a BA in English literature, Phyllis married her college sweetheart Wilbur and today they are the proud parents of Susan, Michael and Peter and joyful grandparents to seven. Her family is extremely important to Phyllis, who also extends her spirit of service to her Denver community. She has given selflessly to many community endeavors including the Junior League, and



Kappa hosted a luncheon for the 26 NPC groups to honor Phyllis Pryor during the fall Washington D.C. conference. *Standing:* Marjorie Matson Converse, ΓΔ, 1st Alternate; Jean Hess Wells, ΔΥ, 2nd Alternate; Cathy Thompson Carswell, E, Dir. Personnel; Vera Lewis Marine, ΔΖ, Dir. Alumnae; Marilyn Nichols Bullock, ΓΑ, Dir. Membership; Juliana Fraser Wales, ΒΝ, Vice President; Susannah Erck Howard, ΕΖ, Treasurer; Ann Stafford Truesdell, ΡΑ, Dir. Field Reps. *Seated:* Cynthia McMillan Lanford, ΓΠ, Key Editor; Kay Smith Larson, ΒΠ, President; Phyllis Pryor; Marian Klingbeil Williams, Θ, new NPC Delegate; Jennie Miller Helderman, ΓΠ, Dir. Chapters.

Photo by J. Dale Brubeck, ΓΚ, Executive Director.

A Star Spangled Affair



Leather bound memory books containing special thoughts and remembrances from hundreds of friends are pictured with one of the exquisite centerpieces.



Jean Wells, and Marj Converse sport the latest in fashion headgear!

“Phyllis, She's Our Star” was the theme of the celebration luncheon at the Fifty-second Session of the National Panhellenic Conference in Washington, D.C., November 15, 1991. The star is Phyllis Brinton Pryor, *Colorado*, and the occasion was her retirement from 20 years of service to NPC. The gold, silver, silver and white scene created by Kappa's Capitol area

alumnae was picture-perfect. Exquisite centerpieces of white orchids, freesia, stock, and grasses in crystal vases were centered on mirrors. With twinkling votive lights, the effect was breathtaking. It was a retirement party befitting the honoree and the manner in which she represented Kappa as our NPC delegate. Invitations to the delegations, editors, and central office executives from the 26 inter-

national conference women's fraternities were extended by Kappa Kappa Gamma. Members of the Fraternity Council, NPC delegation, Editor of *The Key*, and Executive Director were luncheon hostesses. In her welcoming remarks, Fraternity President Kay Larson said, “A friend is someone who reaches for your hand and touches your heart!” So it was when I first met Phyllis Pryor in O'Hare Airport

“Generations” (continued)

reading, golfing, and needlepoint fill the spare time of her busy life.

Since her election as President of Beta Mu Chapter, much of Phyllis' energy has been directed toward Kappa and panhellenism. She served as President of her Campus Panhellenic, President of the Denver Alumnae Association, Eta Province Director of Alumnae and then Chapters, and in 1968 she was elected Fraternity Vice President. In 1971 she was selected Denver Panhellenic's first Outstanding Woman of the Year.

Elected as a director of the National Interfraternity Foundation, Inc. in 1980, Phyllis has served as vice president and last December she was elected president. NIC is composed of Greek leaders, men and women, who raise funds for presentations of interfraternal scholarships and supervise the Balfour Lecture Series.

Kappa Kappa Gamma's pride in Phyllis Pryor knows no bounds. We shall be forever grateful for her outstanding service to Kappa and to the fraternity world.

Newly appointed National Panhellenic Delegate, Marian Williams and granddaughter Christie



in June 1967. I had no idea that day when I introduced myself, this newly elected Province Officer who was making her first trip from Seattle to Mecca . . . Columbus, OH, and Kappa Kappa Gamma Headquarters . . . that for the next almost 25 years this special woman would touch my heart and those of her many friends and associates in the Greek world."

In keeping with the decor, a sparkling tribute to Phyllis' service and accomplishments was presented by Marjorie Matson Converse, *Purdue*, and Jean Hess Wells, *Georgia*. Leather bound memory books compiled by Marian Klingbeil Williams,

Missouri, were filled with special thoughts and remembrances from hundreds of those with whom Phyllis has served throughout the years. A rising toast to Phyllis by the entire gathering concluded the program by voicing the appreciation and esteem in which Phyllis Pryor is held by her NPC sisters.

"Phyllis - Our star light, our star bright, Our brightest star we see this night. We wish we may, we wish we might grant our wish to you tonight. Eternal thanks, good health, happiness, And God bless you for ALL you have given."

Trademark: Enthusiastic Service

by Martha Galleher Cox, Ohio Wesleyan

The first thing one notices is that she sparkles with the joy of living. Her energy and enthusiasm are boundless. Try, for example, to keep up with Marian Klingbeil Williams, *Missouri*, while hiking in the mountains of her beloved state New Mexico. On a Sunday afternoon Marian and her husband, Chuck, are likely to be found in the high country overlooking Albuquerque surveying her "Land of Enchantment."

Her ready smile and hearty laugh have endeared Marian to Kappas across the land, for her travels have been extensive. Elected in 1969 as Eta Province Director of Alumnae, Marian next served as Chairman of Chapter Public Relations, followed by election to the Fraternity Council in 1972. She has traveled coast to coast in her positions as Director of Personnel, Field Representatives, Membership, and Chapters, culminating in the Fraternity Presidency from 1984-88.

Known for her boundless energy, great sense of humor, and delightful story telling, she has a wonderful collection of Kappa travel stories. A particularly enjoyed one concerns an undergraduate's shaky sense of geography which prompted her to ask if Marian encountered any difficulty in crossing the border.

Another found her explaining to a startled chapter that the Traveling Consultant coming to visit was not being sent by the Fraternity to plan vacation travels.

Fraternal spirit was not diminished by 16 years of service on the Council; rather, Marian continued Greek service with her Council appointment in 1988 as Kappa's Extension Chairman and First Alternate Delegate to the National Panhellenic Conference. Appointed to succeed Phyllis Pryor as NPC Delegate, Marian assumed this position in November 1991 at the Conference's Biennial Session. She is chairman of NPC's Alumnae Panhellenics

Committee for the biennium and her vigor and enthusiasm are already being felt by Alumnae Panhellenics. Interest in Panhellenic dates back to her college days when Marian served as delegate to the Missouri's Campus Panhellenic and as Theta Chapter President.

The Albuquerque Junior League, regional Girl Scout Council, and numerous civic projects have benefited from her leadership skills. Named as 1958 Outstanding Woman Athlete in college, Marian continues her interest in sports and is a nationally-rated referee in field hockey and basketball. Community and Kappa time have been solidly interwoven with the family and gatherings are a regular occurrence for the Williams clan. Marian's travels include visits to son Steve's army posts, also enjoying the company of his Kappa wife and, of course, grandchild Christie who now has a baby sister, Kelly, who greeted the world in February. Kappa daughter Debbie and son Ken complete the group.

In reflecting on the question of what she believes is the greatest service of woman's fraternities to a college campus, Marian says they serve "in so many ways it is difficult to select just one aspect. I would say sororities promote campus involvement through participation and leadership, foster academic excellence, and through their support of various college activities enhance the quality of collegiate experience. This creates a loyalty to the school which lasts for a lifetime. Asked what she sees as major benefits individuals receive from their membership, she answers, "the all around development of women in a group setting which provides friendship, support, self-esteem, and reinforces their belief and allegiance to values and ethics."

For Greeks to provide a greater service and a more positive influence, Marian

suggests that members be living examples of the ideals expressed in their rituals, role models of the principles stated in their purposes, and to share their programming with other students," thus expanding their concepts of service.

"In order for NPC to be effective in the 21st century we must refine external public relations, and demonstrate that 'We are what we say we are'." To this end she suggests that "the Conference be proactive in:

- addressing issues critical to the standards of excellence expected of our undergraduates,
- combining resources to create programs vital to the overall development and well-being of women,
- establishing a solid partnership with faculty, Greek advisers, and the administration,
- fostering a bonding relationship between NPC, its member groups and the College and Alumnae Panhellenics in promoting and living a positive woman's fraternity experience."

During her first year on Kappa's delegation, Marian was given "the awesome responsibility" of developing a public relations program for NPC which was adopted by the Conference.

From Kappa to NPC public relations, from campus to alumna concerns, there are no boundaries to the vitality, enthusiasm, joy, and humor that Marian Williams shares with every group she serves. There are no "borders" she cannot cross. As Kappa's Delegate to the National Panhellenic Conference she will continue to display her personal trademark of service with a smile.



Marian Williams speaks at the NPC luncheon for Phyllis Pryor

One Hundred Years of Friendship

One hundred years of friendship. One hundred years of successful cooperative effort. One hundred years of Kappa support of the panhellenic spirit, let us begin the second hundred years

When a need is recognized, a fulfillment will be found. The early days of women's fraternal organizations suffered from similar problems on the campuses where these groups flourished: competition for pledges, for honors, for achievements. The need for cooperation was evident. "In 1883, magazine editors of fourteen fraternities did meet in Philadelphia, and on individual campuses inter-fraternity compacts were sometimes signed for the peaceful regulation of rushing. And in 1891, at the call of Kappa Kappa Gamma, the seven women's fraternities met in Boston." (*The History of Kappa Kappa Gamma*, 1976, p. 206) It was the beginning of 100 years of friendship.

As many fledgling groups experience, the early days of efforts to achieve cooperation proved to be somewhat rocky. Member groups sometimes refused to ratify parts of the recommendations of the convention. Finally, at the 1902 Conference, now considered to be the first, member groups committed to the concept of mutual growth and cooperation. Rejecting the idea of a legislative body with powers superseding those of its members, the Conference was designed to have advisory powers, recommending action to the indi-

vidual fraternities for their adoption, an interpretation supported by Kappa. Panhellenic remains today a conference body. Each participating member retains its own autonomy." (*The 1976 History*)

A number of Unanimous Agreements have been adopted over the years, among them the Panhellenic Compact, College Panhellenic Agreement, Panhellenic Creed and Standards of Ethical Conduct.

By 1933 there were 23 member groups and in 1945, after having tried several names, National Panhellenic Conference became the accepted title.

The 1940s were years of expansion and turning outward. Members of the Association of Education Sororities became active members of Panhellenic, bringing the total membership to 31

fraternities. Entering the fifties under the chairmanship of Edith Reese Crabtree, *Wooster*, NPC stressed the positive elements of American citizenship and developed its Declaration of Freedom as another Unanimous

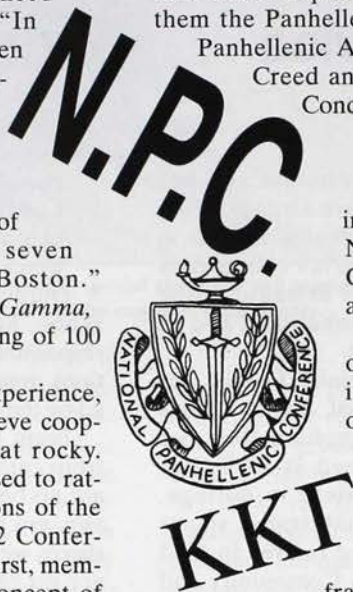
Agreement. The Declaration and the Panhellenic Statement of Rights, adopted in 1957, proclaim members' rights under the U.S. Constitution to peaceful assembly as voluntary organizations.

The troubled years of the sixties affected college campuses and Greek organizations as part of the social, political and cultural upheaval. Yet many felt that the fellowship and group experiences offered by Greek organizations were just what was needed in a time when "campuses (were) rife with such individualism that the individual too often became lost." (*The 1976 History*)

Changes came slowly; the concepts of NPC survived. Some groups merged . . . we are more alike than different . . . and in 1975 there were 26 Panhellenic sororities, from a high of 32 in 1957. Celebration of the Interfraternity Bicentennial and the development of a Committee on Ethics brought NPC to the eighties. Alcohol abuse, hazing and stress management were current concerns. Nevertheless, the Greek system grew and strengthened, with more than 30 campuses establishing new Panhellenics in a two-year period and a 96 percent increase in total NPC membership during a twenty-year time span.

Kappa continues to be a leader in the Panhellenic world, with members of the delegation serving as NPC area advisers and on numerous committees, Greek advisers, Campus Panhellenic officers and Panhellenic office. Most recently the Alpha Tau Omega/Kappa Kappa Gamma joint program "Lead to Succeed" offers the first ever cooperative venture into leadership training by a man's and woman's fraternal organization. The dedication of women to cooperative efforts for mutual benefit continues to prove its worth. Fraternity women face issues and devise solutions which are arrived at through mutual respect and helpfulness.

In her closing remarks to the 52nd Session of the National Panhellenic Conference Louise Kier, Phi Sigma Sigma, Conference Chairman said, "our mission statement includes the goal: ' . . . to provide a forum for the discussion of questions of interest to institutions of higher education and the fraternity world' . . . "Let us begin."



The Phyllis Brinton Pryor NPC Scholarship

Introducing the presentation of the first Phyllis Brinton Pryor Scholarship, Fraternity President Kay Larson, *Washington*, said "For the past 20 years Phyllis Brinton Pryor has exemplified the National Panhellenic Conference at its very best as she has worked in the cooperative spirit of fairness which is the goal of our Conference. Phyllis is a shining example of the trust we all must have in each other." The citation continues "Because of her objectivity, intellect, poise, warmth, and graciousness, she earned the respect and affection of her colleagues in the National Panhellenic Conference and the Greek world. Phyllis has been a positive influence in her service to NPC. She has exemplified the spirit of

cooperation necessary for the growth and survival of the Greek system, while helping to lay a foundation for the future. She continues to be an inspiration and mentor to the members of Kappa Kappa Gamma Fraternity and her many NPC friends. It is with pride, love, and admiration that Kappa Kappa Gamma honors Phyllis today with the official announcement of the Phyllis Brinton Pryor Scholarship, to be awarded annually by the Kappa Kappa Gamma Foundation." It will be awarded to an undergraduate Kappa who recognizes the importance of Panhellenic cooperation, exemplifies leadership and has made a meaningful contribution to her College Panhellenic.

Kappa Kappa Gamma Fraternity

Takes Great Pleasure in Announcing
the establishment of

Zeta Phi Colony

at
Princeton University
Princeton, New Jersey

Formal Pledging, February 8, 1992
Installation, the Weekend of April 10-12, 1992

Greeting may be sent to:

Courtney Guyton

501-1903 Hall

Princeton University • Princeton, New Jersey 08544



Convention Resolution Leads to Change in Kappa's Election Process

by Jean L. Schmidt, Miami (OH)

At the General Convention in 1990, a resolution was passed directing the Council to study the Fraternity's nomination and election process to determine if changes needed to be made. The resolution was prompted, in part, by the fact that for the first time in 1992 the Convention would be electing Regional Officers, as well as the Council, and the responsibilities of the Fraternity Nominating Committee would, as a result, be substantially increased. To carry out the resolution, the Council appointed a Nomination and Election Task Force to conduct the study. The members of the Task Force are Sandy Barksdale, Nan Boyer, Patsy Levang, Suzanne Morgan, and Jean Schmidt, the Fraternity's Nominating Chairman.

The Task Force developed a comprehensive questionnaire regarding the nomination and election process which was sent to approximately 300 Kappas, including current Fraternity officers and other volunteers. The questionnaire asked for comments and suggestions regarding the composition and selection of the Nominating Committee; the nominating process; and the election process. The Task

Force met in October to review the process and procedures and analyze the responses to the questionnaire. The following is a summary of the Task Force's report and recommendations to Council. These recommendations have been approved by the Council, and those which require an amendment to the By-laws will be presented to the Convention in June.

Composition and Selection of Committee

The overwhelming majority of Kappas responding to the questionnaire felt strongly that the Committee should continue to be composed of Convention delegates, rather than non-delegates, because the delegates represent the alumnae and the actives. They also felt that the delegates on the Committee should continue to be selected at random and be representative of the entire membership because that is the most fair and open method.

However, it was felt that the Committee as now constituted, with one delegate from each Province (15), was too large to be effective. Thus, the Task Force recommended that, in addition to the Chairman,

the Nominating Committee be composed of one active and one alumna from each region (for a total of 12) to be selected by random drawing.

Given the increased responsibilities of the Nominating Committee, the Task Force also recommended that a new position be created – Nominating Vice Chairman. The Vice Chairman will be appointed by Council to serve for two years as Vice Chairman and then become the Nominating Chairman. She will serve on the Nominating Committee without vote. The Task Force felt that having a Vice Chairman will be beneficial for several reasons. First, it will provide an additional experienced person on the Committee. Second, it will enable the person who will ultimately serve as Chairman to learn the nomination process and become familiar with the individuals who might be interested in Fraternity Council or Regional Officer positions. Third, she can assist the Nominating Chairman with the Fraternity nominating process and the province nominating process as well.

Nominating Process

The responses to the questionnaires indicated that Kappas felt that the nominating process worked well and was effective in identifying quality leadership for the Fraternity. With respect to any changes or improvements that might be made, the responses focused on three areas: more education about the process should be made available to the members; the process should be as open as possible; and the Committee should have the best possible information upon which to base its decisions. Based on the responses and the comments of the members, the Task Force has made the following recommendations regarding the nomination process:

1. that educational information concerning the nomination and election process be included, along with recommendation forms, in a January mailing to chapters, alumnae associations, Advisory Boards, House Boards.
2. that individuals who are interested in serving on the Fraternity Council or as a Regional Officer be encouraged to submit their name to the Nominating Chairman.
3. that the Nominating Chairman distribute the names of those who are willing to be considered for a Fraternity Council and/or Regional Officer position to Fraternity Officers for the current and previous biennium, along with a letter asking for comments regarding the individual's qualifications.



Nominations and Elections Task Force members, Nan Kretschmer Boyer, BM; Jean Lee Schmidt, ΔΔ; Sandy Ramsey Barksdale, ΓN; Patsy Bredwick Levang, ΓT; and Suzanne Morgan, BY.

This will give those who have worked with the individuals being considered the opportunity to make specific, focused comments on the individuals' qualifications, and thereby provide the Nominating Committee with the best and most complete information upon which to make its decisions.

4. that the Committee come to Convention two to three days early to provide time for the Chairman to educate the Committee members about the Fraternity, the responsibilities of the Council and Regional Officers and the individuals being considered.
5. that the names of the Nominating Committee, along with a list of those willing to be considered and a brief description of their qualifications, be included in each delegate's Convention packet. This will enable the delegates to know who is being considered and to provide input to the Nominating Committee.
6. that an "early bird" session led by the Nominating Chairman and the other members of the Nominating Committee be provided for Convention delegates the morning of the first full day of Convention to give the delegates an opportunity to ask questions regarding the process and become familiar with the Committee members.

Election Process

As with the nomination process, the members responding to the questionnaire

were generally satisfied with the election process. The one change which the vast majority of respondents requested was to provide more time between the presentation of the slate by the Nominating Committee and the call for nominations from the floor. The Task Force recommended that the slate be presented at a business

meeting in the morning, the call for nominations from the floor scheduled for a business meeting late in the afternoon of the same day, and that the elections take place immediately after that business meeting. It is felt that this procedure will afford delegates sufficient time to consider the slate.

An Invitation for Every Kappa to Participate in the Election of Officers

Every Kappa can participate in the election of the Fraternity's officers by submitting recommendations to the Nominating Committee.

Who is elected at the General Convention?

The Fraternity Council and the Regional Directors of Alumnae and the Regional Directors of Chapters. There are currently six regions.

Whom may I recommend?

Any alumna in good standing who has served the Fraternity within the past ten years as a member of the Fraternity Council, as a Regional or Province Officer, as a Traveling Consultant, as a member of a Fraternity Standing or Special Committee or as a Council Assistant is eligible for a Fraternity Council or Regional Officer position.

What other qualities are important?

She must have demonstrated leadership ability and have good managerial, communication, and analytical skills. She should be mature, a good team player, self-motivated, able to relate well to people. She should also be a role model: someone who will represent the Fraternity well.

What do I do next?

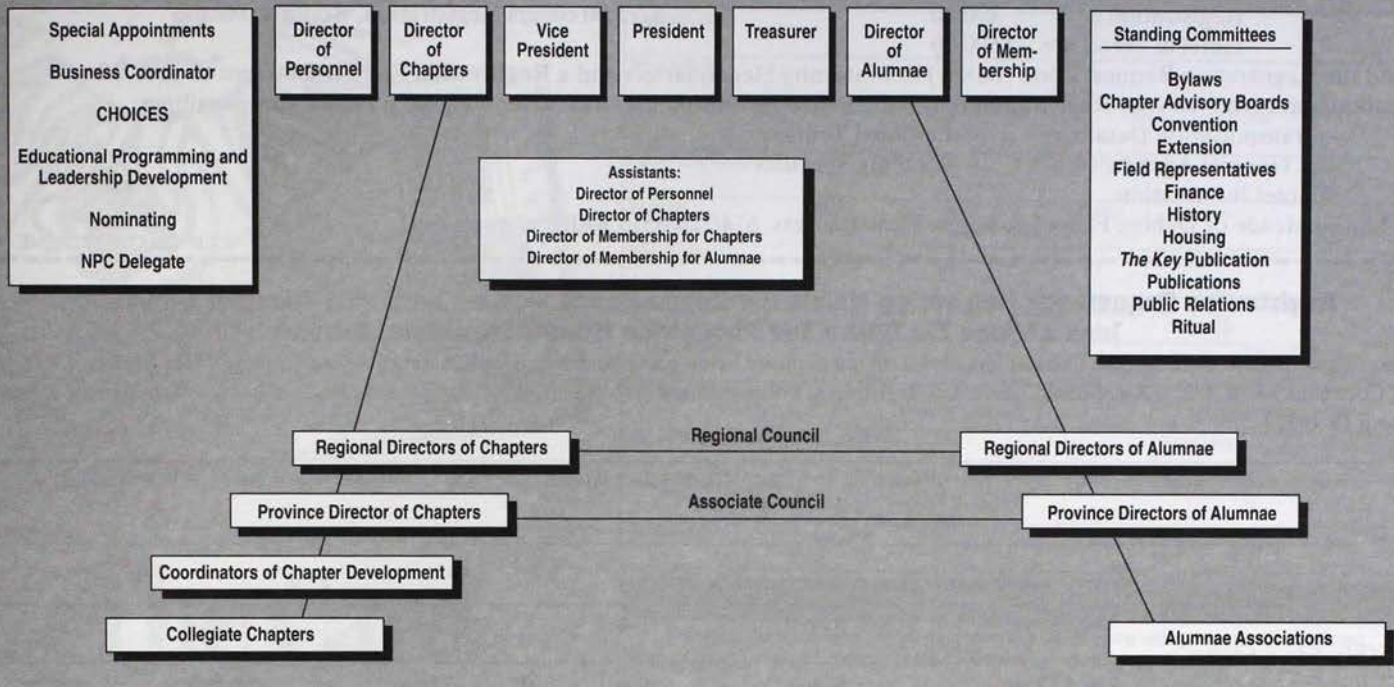
Take this opportunity to sustain the vitality and quality of Kappa's enviable history of outstanding leadership by identifying Kappa's future leaders. Send your recommendation(s) using the form on page 21.

Mail to the Fraternity Nominating Chairman: Jean L. Schmidt

310 W. 107 St.

New York, NY 10025.

Fraternity Organization Chart



- **Fraternity Council:** The members of Council are responsible for the management of the Fraternity. They set policy, determine the direction of the Fraternity and deal with issues affecting the Fraternity as a whole. They must attend regular Council meetings, Province Meetings, General Convention, assist in Foundation efforts, and are called upon to attend other Fraternity functions and visit chapters and alumnae associations. Each Council member also has specific areas of responsibility, including the following:
- **President:** Fraternity operations and administration, Convention, Fraternity Headquarters, legal matters, college

- and university relations, extension, Foundation.
- **Vice President:** Publications, public relations, new programs and special projects, *The Key*, province nominating chairmen.
- **Treasurer:** Fraternity, Foundation and chapter finances; housing, Finance Committee.
- **Director of Alumnae:** Regional Directors of Alumnae, Province Directors of Alumnae, organization and management of alumnae associations, alumnae extension.
- **Director of Chapters:** Regional Directors of Chapters, Province Directors of Chapters, organization and management of the chapters, Advisory Boards.

- **Director of Membership:** Rush, Membership Advisers, Alumnae Reference Chairmen. membership policies and procedures.
- **Director of Personnel:** Personnel policies and procedures, chapter Personnel Committees and Advisers.
- **Regional Officers** are responsible for overseeing and directing the efforts of the Province Officers in working with the chapters and alumnae associations in their region. Their areas of responsibility include program development, implementation of policies and procedures, and training.

CLIP ON DOTTED LINE.

Kappa Kappa Gamma Recommendation for Fraternity Position

Recommendation For:

(First Name)

(Middle)

(Last)

(Husband's First Name)

(Number and Street Address)

(City)

(State)

(Zip)

(Telephone No.)

Chapter:

College:

Alumnae Association:

Province:

Position(s) for which this Kappa is recommended:

Reasons for recommending this Kappa: (e.g., Fraternity experience, achievements, skills, qualifications)

Recommendation Submitted By:

(First Name)

(Middle)

(Last)

(Husband's First Name)

Address

(Telephone No.)

Chapter:

Alumnae Association:

Recommended By: ☐ Chapter ☐ Alumnae Group ☐ Individual ☐ Other(specify) _____

Convention Information

• **The Phoenician Hotel:** 6000 E. Camelback Road, Scottsdale, AZ 85251

• **Dates:** Tuesday, June 23 - Sunday, June 28, 1992

• **Prices: For the Week** (Tuesday afternoon through Sunday)

Registration is \$90.00

Hotel & Meals are \$500.00

For the Weekend (Friday afternoon through Sunday Breakfast)

\$225.00 covers Registration, Room & Meals!

• Send the Registration Request Form (below) to Fraternity Headquarters and a Registration Form will be sent to you. When Headquarters receives your Registration Form, the following information will be sent to you in two separate mailings:

—Transportation Details

—Optional Tours

—A General Agenda

—Clothing Specifics

—Hotel Information

Call Marjie Meade or Debbie Faupel at Kappa Headquarters, 614/228-6515 with any questions!

CLIP ON DOTTED LINE.

Registration Request For Non-voting Members • Kappa Kappa Gamma Fraternity Biennial Convention June 23-June 28, 1992 • The Phoenician Hotel • Scottsdale, Arizona

If you are interested in attending the Convention, please fill out the form below and return it to Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 2079, Columbus, Ohio 43216. An official Convention Registration Form will be sent to you. (Official Registration Form must be returned to Headquarters by April 15, 1992.)

Name:

(Last)

(First)

(Maiden, if Married)

(Husband's First Name)

Chapter:

School:

Initiation Year:

Home Address:

(No. & Street)

(City)

(State)

(Zip)

(Phone No.)

Active Only: School Address:

(No. & Street)

(City)

(State)

(Zip)

(Phone No.)

Don't be an owl all alone . . .

COME JOIN THE GROUP

You, too, can enjoy the privileges, friendships, and fun that come with participation in an alumnae group. Please take a moment to complete the information form and send it to Barbara Granat.

She will put you in touch with your PDA and closest alumnae group.

YES, I WANT TO KNOW MORE ABOUT KAPPA ALUMNAE OPPORTUNITIES.

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Social Security Number	Date of Birth	Business Phone ()
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Employer	Years Employed	Position
<input type="checkbox"/> Self-Employed †		

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Alumnae Directory Postponed

Plans for publishing the second Kappa Kappa Gamma Alumnae Directory have been postponed for at least a year, as there was not an indication that enough members were interested to justify publishing one at this time.

The last directory, which was published in 1987, was very well received among our members, and it is hoped that we can publish another in 1993. If you were among those who responded favorably by ordering a directory, please be assured that all checks will be returned, and no charges authorized to your Visa or MasterCard will be processed.

When the decision is made to publish our next directory, members will be notified via announcements in *The Key*.

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KKΓ Headquarters Request Form

Several often-requested items are available directly from Fraternity Headquarters.

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There will be one less beautiful
flower in our garden,
but there will be one more bright
star in our heavens.



Teryl Rhodes Rogers 1947 - 1992

Terry Rogers served Kappa Kappa Gamma as a member of Headquarters staff and Fraternity Registrar from 1968 to 1992. With dedication, she inscribed every Kappa since 1870 on the permanent membership rolls. With affection, she recorded each initiation, marriage, change of address, and death, while with loving care she issued all 50-year, 65-year, and 75-year certificates, new chapter and alumnae association charters, and galley sheets upon request. In the words of Betty Sanor "Seetie" Cameron, *Ohio State*, former Executive Director, "Terry made a difference and had a profound effect on the success of Kappa. She was a value to the Fraternity and the heart of Fraternity Headquarters."

When Terry was first hired at Headquarters, Clara O. Pierce, *Ohio State*, Executive Secretary 1929-1969, was still in charge and she knew she had the right person in the right place at the right time. Terry became responsible for nurturing and guiding the Fraternity into the present era of computer-based record-keeping. She modernized Kappa with a skillful blend of know-how and patience, tact and forbearance, expertise and common sense,

resolve and wit. She knew us better than we knew ourselves, as she gently but determinedly led us to understand and appreciate the wisdom behind technological innovation and the need to change.

Initiated into Chi Omega at Rollins College, Terry shared our love and respect for the fraternity way of life. As a Greek she easily identified with chapter concerns over initiation petitions, the chronological index, and a myriad of report forms. As one who balanced a career with family (wife, step-mother, and grandmother), she readily grasped the demands placed on Kappa alumna volunteers and responded quickly in simple terms to their questions and requests. As an interested life-long resident of Columbus, OH, she enthusiastically enjoyed working in the historic building which houses our Headquarters; frequently, Terry stepped in as a cheerful museum guide, warm hostess to visitors, and knowledgeable educator on Fraternity operations. At General Conventions, she was everyone's personal assistant, generously giving her administrative skills to the entire assembly, as well as providing oft-needed advice.

Terry's unselfish gift of the self to Kappa Kappa Gamma is a testimony to all that is good and noble in life and womanhood. Her sudden death on February 14 leaves us all bereft of a true counselor and friend. There is some consolation in the knowledge that we were fortunate to have been a part of her world for 23 years. She chose to share her entire professional life with us, and we are profoundly grateful for that privilege. We are all the richer for her presence among us. While we may never fully realize her importance to the Fraternity and have only just begun to be aware of how she touched so many lives in so many ways in such a short period of time, all we really know is that we sorely miss her. Perhaps in our grieving we may discover a truth which Terry knew instinctively and translated daily into loyal service — ultimately, the strength and success of an organization may only be measured by the hearts of those who serve. May that spirit of love embrace us all in the bonds of friendship, henceforth, even forever.

— Virginia Anding La Charité
William and Mary



Because of You . . .

A few months ago I had an emotional, heartwarming experience that I want to share with you.

When the Foundation Committee met at Fraternity Headquarters in November, the Traveling Consultants were meeting there at the same time . . . it is a big house, plenty of room for all. What fun to be with these young women who serve the Fraternity so worthily. One of the Travelers who hails from my neck of the woods down in Texas, is from my chapter, Delta Psi, Texas Tech, and I was touched when she made a special effort to seek me out and introduce herself. As the weekend progressed, I learned that Debbie was not only from my chapter, she was also the recipient of the Janet Jones Burford Memorial Scholarship, an Adelphe Scholarship endowed by the Dallas Alumnae Association.

It just happens that I was Chairman of the Christmas Homes Tour, Dallas' biennial fund raiser, the year the scholarship was established. In fact, it was decided upon in my living room at a tour meeting. So . . . you can imagine my delight upon meeting this perfect recipient under these circumstances. Her words, as we unraveled the threads of our interlocking Kappa experiences, will always be etched in my mind. She said, "Because of you (the Dallas Alumnae) I am here! Because of you I was able to graduate on time and apply to be a Traveling Consultant. . . so that I could give something back to Kappa."

Needless to say, I felt that I had come full circle. . . from needlepointing those pillows and stockings, making wreaths and sweaters to be sold at our homes tour, to being involved in allocating the money to the Fraternity in the form of an ongoing scholarship, to meeting this young woman who epitomizes everything of which we seek in the recipients of our scholarships . . . now I knew for whom I had done all that needlepointing! I asked Debbie to tell you her story, so here it is.

"For upperclass members of Kappa Kappa Gamma, who are fulltime students on campus with at least a B average and no F's, in good standing, making an important contribution to their chapter and the campus, and in need of financial help." As I read this and decided to apply for the Kappa Kappa Gamma Foundation Undergraduate Scholarship, I hoped that I would qualify to receive one because I had no idea how to pay for my remaining college courses.

My name is Debbie and I attended Texas Tech University in Lubbock TX. As many other students in college, I assumed the financial responsibility of my college education. I did this, not because I wanted to or was trying to prove a point, but because the economic situation in my hometown and state had caused a monetary strain on my family.

Making ends meet meant having a job during school, breaks, and summer, and applying for any financial aid available. However, my junior year I realized that my scholarship money was depleted, and waiting tables was not adequate to cover tuition, books, dues, and other college expenses. Because of my responsibilities with school, Kappa and other campus organizations, I did not want to lessen class hours or postpone graduation. Fortunately, my Chapter Council Adviser encouraged me to apply for an Undergraduate Scholarship. I anxiously awaited the outcome of my application.

Today, I am proud to say that I did receive assistance, the Janet Jones Burford Memorial Scholarship. This paid for my senior year including tuition, books, and dues. Lifting

this financial burden enabled me to work fewer hours and contribute more of my time to school, Kappa, campus activities, and just being a college student! I cannot adequately express my gratitude and appreciation for receiving help from Kappa. What I can do is encourage any of you who need financial assistance, and if you meet the criteria, to apply for an Undergraduate Scholarship!

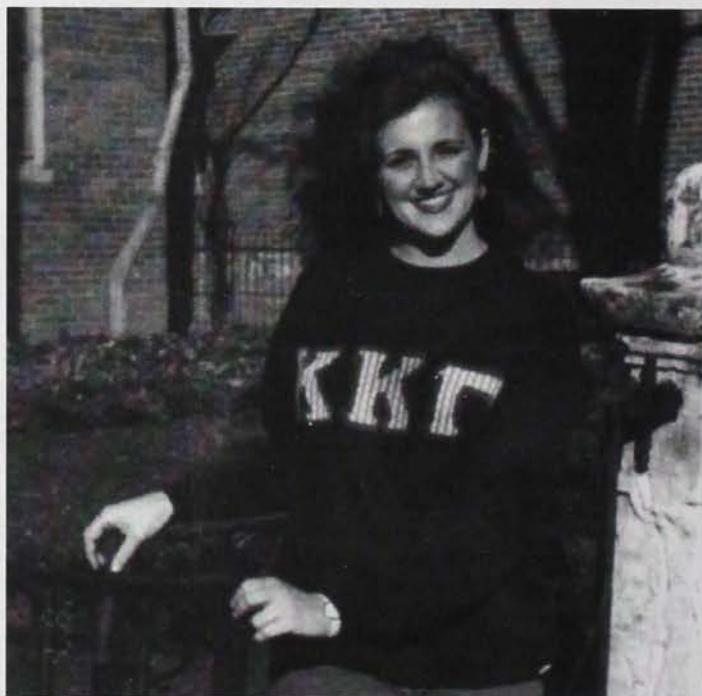
Thank you, Dallas Alumnae Association, and all of you who contributed to this scholarship. If I had not received it, I would not have been able to graduate and would not have been given the wonderful opportunity to represent Kappa as a Traveling Consultant.

May these Kappa Kappa Gamma Foundation Scholarship Awards continue to help members meet their obligations and fulfill their dreams!!!

— Debbie Keneda, Texas Tech,
Traveling Consultant 1991-92

This is what it is all about, folks . . . there are hundreds of "Debbies" out there in Kappaland who need our help. The Foundation Financial Assistance Program offers graduate scholarships as well as undergraduate, there are Circle Key Grants for alumnae, there is financial aid for Kappas in need. . . but all there is . . . is what YOU and other generous Kappas give in support. All financial assistance, the Heritage Museum, and educational programs such as Keep Safe and Lead to Succeed (leadership school), comprise Foundation activities. . . YOUR Foundation activities. So, when your alumnae association is allocating its philanthropic funds, remember Dallas and the impact its alumnae association had on the life of Debbie Keneda. When you receive a request from the Loyalty Fund, Kappa's annual appeal, remember all the other worthy collegians and alumnae whose lives could be affected, even changed forever, with your help. If you Accept the Challenge . . . the Foundation will flourish . . . because of you . . .

— Robin Whitfield Brown, Texas Tech,
Foundation Chairman



Debbie Keneda, Texas Tech, Janet Jones Burford Memorial Scholarship recipient.

Columbus Discovers America—1492

America Discovers Columbus—1992

April 20 - October 12, 1992, Columbus, OH

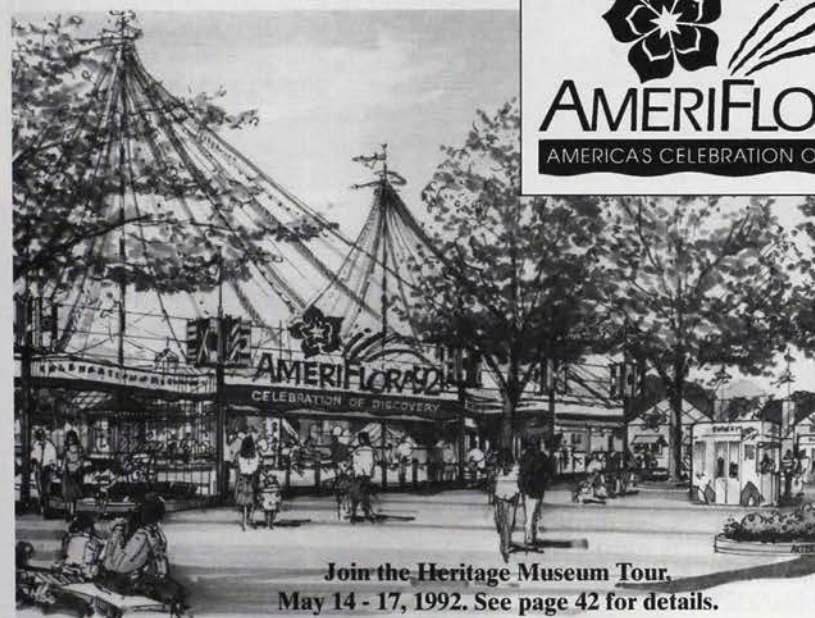
It all began with three small ships and a dream. Today, a detailed replica of the Santa Maria, Christopher Columbus' flagship, is anchored in the Scioto River near downtown Columbus, OH, symbolizing the courage to explore the unknown. As the world's largest city bearing the great explorer's name, Columbus has planned a dramatic, world-class exposition of cultural, educational, and recreational events to celebrate the Quincentennial anniversary

expected to draw more than three million Americans and 160,000 foreign visitors.

The crown jewel of this six-month tribute to Christopher Columbus' maiden voyage and the New World's discovery is AmeriFlora '92, the first internationally sanctioned floral and garden festival ever held in the United States. In its 88-acre setting in historic Franklin Park, this out-

Five "Themed Activity Zones," are designed to please the whole family — GATEWAY TO DISCOVERY, OLDE WORLD TRADITIONS, COMMUNITY OF NATIONS presenting live shows by 50,000 entertainers representing 15 nations, AMERICA PRESENTS! which includes American folklore, art, and history exhibits, and AMERICA'S BACKYARD which will focus on intriguing home gardening ideas and contain a treasure chest of enriching and creative activities especially for children.

First Lady Barbara Bush will serve as the Honorary Patron of AmeriFlora '92. A glorious hybrid rose, selected by Mrs. Bush, will rise majestically among nearly 4,000 other rose varieties. PBS will be broadcasting amidst the blooms of its own Victory Garden! With the first hints of spring, AmeriFlora '92, like a flower itself, has already begun to radiate from its center, early blooms bursting forth into the first stages of the exquisite floral tapestry that will cover the city of Columbus. One center of Quincentennial attractions will be Deaf School Park Topiary Garden, of special interest to Kappas be-



Join the Heritage Museum Tour.
May 14 - 17, 1992. See page 42 for details.

©Denise Tessier



AMERIFLORA '92: GATEWAY TO DISCOVERY COLUMBUS, Ohio — More than four million visitors will pass through the exposition turnstiles guiding them into the once in a lifetime experience of international sights and sounds at AmeriFlora '92. International culture, education, entertainment and cuisine await the visitor in a setting of floral beauty. AmeriFlora '92 — America's Celebration of Discovery — opens April 20, 1992 and closes October 12, 1992.

of the discovery of the New World. A spectacular variety of activities will bring together people from more than 35 nations, united by the single goal of joining in commemorating this most historic American event. Officially designated by President Bush's Quincentenary Jubilee Commission as "the centerpiece of all U.S. festivities," the lavish exposition is

door extravaganza, endorsed by the International Association of Horticultural Producers, will feature landscape and floral designs, international and domestic exhibits, along with thousands of exciting performances. World cuisine, from Japanese teahouse to Irish pub, will tempt every palate. With the flavor of an old world emporium, an international bazaar and garden marketplace will offer unique shopping experiences. The highlight of AmeriFlora's variety of science and technology exhibits will be a spectacular 60,000 foot conservatory destined to become one of the leading climatrons in the world with nine authentically controlled environments from a tropical rainforest to an Alpine meadow.

Deaf School Park Topiary Garden, Columbus, OH, brings AmeriFlora display to Headquarters' back door.

cause of its location — one block from Fraternity Headquarters. Sculptor J. T. Mason has designed a topiary landscape recreating the masterpiece of Georges Seurat, French Pointalist: "A Sunday Afternoon on the Island of La Grande Jatte," (1884-86).

Colour Columbus, a non-profit organization founded in 1987, in cooperation with the Department of Landscape Architecture at The Ohio State University, is dedicated to bringing flowering color and landscaping excellence to the city. The program is the brainchild of Kappa Cherie Lucks, *Ohio State*, who serves as president

of the volunteer organization which is providing neighborhood assistance in procuring plants for public areas and sponsoring the Colour Columbus Landscape Design Competition. In addition to her Colour Columbus

Committee tasks, Cherie has accepted the responsibility for supervising the authentic Victorian design for Fraternity Headquarters and the Heritage Museum front lawn in keeping with 1852 Italian villa architecture. Cherie's dream is for visitors to remember Columbus, OH, as the Flower Capitol of the Midwest.



GIFTS OF SECURITIES AND PERSONAL PROPERTY:

Giving securities instead of cash may help you make a larger gift at less cost. Special incentives are offered in the tax laws for gifts of non-cash property that have increased in value.

For appreciated securities which have been held for a year and a day, an outright gift to Kappa Kappa Gamma Foundation would mean significant tax savings to you. The full market value of the gift is deductible for tax purposes up to 30 percent of adjusted gross income and no capital gains tax need be paid. Any excess may be deducted over the next five years.

To make a gift of appreciated securities, you should send the unendorsed stock certificate and a signed stock power in separate envelopes to Kappa Kappa Gamma Foundation. The gift will be complete on the date of the postmark of the stock power.

If the securities are held by your broker, they may be transferred directly to Kappa Kappa Gamma Foundation. In this instance, the gift is complete on the date of transfer.

Gifts of tangible personal property such as art, rare books, antiques, and equipment may also be given.

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It is your responsibility to acquire a qualified appraisal for gifts of non-cash property having a claimed value of more than \$5,000. Publicly traded securities are an exception to this.

KKTs AND ATΩs OWN THE EDGE!



KKTs and ATΩs as they set about "Owning the Edge."

Kappa collegians were busy at the Lead to Succeed seminars on the weekends from January 31 to March 6. The program, held in 14 cities across the nation in conjunction with the men's fraternity Alpha Tau Omega, helped chapter members understand the importance of being leaders and how to use leadership skills.

Each weekend program got off to a flying start on Friday evening when chapters formed teams with Kappas and ATΩs from other schools. Each team was given a container of Tinker Toys, and asked to build the tallest free-standing structure in an allotted amount of time. As the Tinker Toys swayed recklessly in the air, the teams started to take shape. The born leaders took over and everyone else followed, sometimes reluctantly, sometimes willingly. Later that evening, each team created its own university, complete with coat of arms and fight song, and made humorous presentations to the rest of the group. All the while, these men and women learned how to successfully work with a group of people they hardly knew, something they may face frequently in the "real world."

A true test of participants' personality was completed on Saturday afternoon, with the BEST Instrument. They completed questionnaires which indicated their personality type: B (Bold), E (Ex-

pressive), S (Sympathetic), or T (Technical). Each became aware of how his or her personality and leadership style affects and influences others.

Saturday ended up with SportsFest, an indoor Olympics of sorts where teams competed against one another for points. Afterwards, teams got together and planned "The Greatest Party Ever!" This was a particularly valuable exercise, as teams had to plan a party with a defined budget and within Kappa and ATO standing rules. Participants learned how to plan a fun party while abiding by national fraternity rules.

Each Lead to Succeed weekend was a little different from the others, but all were successful. Participants learned how to be better leaders and how to improve their chapters with positive leadership and motivation. Kappa and ATΩ chapters across the nation now feel they "own the edge!" of campus leadership.

— Debbie Berwanger Faupel, *Michigan State*



A leaning tower of Tinker Toys is constructed in Nashville during a Lead to Succeed session.

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Actual letters are 4 3/4" high, and placed as shown in above photo. Foreground fabric is satin stitched to background fabric, heat applied and stitched through shirt for long life. Samples shown here are approximately 1/3 actual size.



Celebrating the Arts

by Chari Beaudry, Washington



Kicho of the Owari-Ya by Cynthia Kubina.

.... ART

Cynthia Craig Kubina, *Ohio State*, specializes in direct silk painting combined with Japanese Ukiyo-e. Direct silk painting, a new art form invented only 30 years ago in France, employs the application of resist lines called "gutta" which separate colors and stop the flow of paint on pure silk. Since then special synthetic dyes have been created in traditional French colors to apply directly to fine China silk resulting in a combination of rich fabric texture and vibrant colors.

Japanese 17th and 18th century woodblock prints, Ukiyo-e, have been influencing the Western world since their discovery by Gauguin and Van Gogh. This art form of Edo (Tokyo), popular during the Tokugawa period of 1615-1868, portrayed imitations of upper class leisure by the newly affluent merchant class for

which leisure was forbidden in that structured, feudal society. "Pictures of the floating world" reveal a life of pleasure graced by the presence of highly esteemed courtesans. Cynthia's representations and translations of images involve an intricate balance of delicate black lines to capture the essence of the human experience—the fall of a snowflake, exotic raising of an eyebrow, the touch of a hand. She says, "I see lines as the pivotal aspect of my work. In using the minimum of lines, I must express the maximum of affect."



Cynthia Kubina displaying her silk painting.

Florence Lonsford, *Purdue*, former Arts Editor of *The Key*, and **Jeanne Huber Butler**, *Penn State*, were among the many artists whose works were featured in the 25th Anniversary Exhibit given by **Clare Spitler**, *DePauw*, at her gallery in Ann Arbor, MI. The artists featured in this exhibit have all lived in the Great Lakes region and have achieved regional, national, and international reputations.



Liz Shea's uniquely designed fabrics lend themselves to clothing and fashion accessories.

Elizabeth "Liz" Shea, *Nebraska*, is highly sought after for her unique designs in textiles. Beginning her career as a special education teacher, Liz always loved designing her own needlepoint canvases



Kathryn Asahino, *U. of Wisconsin*, president (and talent behind) Kathryn Asahino Originals, with some of her one-of-a-kind, hand-painted designs.



**"Looking Down," oil on canvas
by Jeanne Huber Butler, Penn State.**

which eventually led to her returning to school for a master's in textiles, clothing, and design. Her thesis was published in *Nebraska Quilts and Quiltmakers* and can be found in the Smithsonian. She has designed table linens, a screened chair seat, handpainted and screened wall-hangings, fabrics, and jackets. A member of the Lincoln Alumnae Association, Liz is currently instructing Lincoln and Omaha children in the fundamentals of silk-screen printing.

"From the Garden..."

The Latest Collection of Kathryn Asahino Originals

Just as a mighty oak from a small acorn grows, so has a gloriously brilliant garden bloomed from tiny seeds of just eight years ago when Kathryn Asahino was designing and hand-painting sweatshirts for her Kappa sisters at the University of Wisconsin.

Having intended to become an orthodontist like her father, Kathryn changed her career plans when, as an exchange student in France, she was first exposed to the vibrant colors and shapes in the country gardens of France and England. Today, those colorful blends are seen throughout the world in her hand-painted custom designs on active sports and resort wear for all ages, as well as on home furnishings for the kitchen, bath, and tabletop.

Kathryn first put her talents to work by creating "Sweats à la carte," using unique combinations of colors and designs for basic sweatsuits. Securing space at the Orange County Marketplace in Costa

Mesa (CA), she began a market test which indicated her business was ready for the wholesale trade. She found a warehouse in Huntington Beach (CA), built a showroom and production facility, and launched Kathryn Asahino Originals.

Among the first orders for her custom apparel were those from exclusive resorts. Specialty accounts were soon acquired, now overseas markets have also been opened in Japan, Guam, Puerto Rico, in addition to Saudi Arabia, and Kathryn Asahino Originals are featured in a number of popular publications.

Such phrases as "superb colorist," and "one of the brightest harbingers for spring" are linked with Kathryn and her designs. Her talents and skills are in full bloom and should continue to cover the world with brilliant beauty. One may never know what will grow from tiny seeds nourished with great character, hard work, and a desire to succeed.

— Mitch Hiett Pflugh, Colorado

Finding the Right Balance... Zelma Reed Long

Believed to have existed before the dawn of history, wine is the beverage often noted through the ages as the finest of spirits and/or the root of all evils. As fraternity members and responsible citizens we are vigilant about alcohol abuse, however we appreciate the fine art of winemaking.

Zelma Reed Long, *Oregon State*, is such an artist. She has been involved in the trade for more than two decades and is currently entering her third year as president and CEO of Simi Winery in Hearaldsburg, CA. Zelma's move into management is a natural step from years of formal education and experience in the field of oenology, the study of winemaking. She has earned a highly respected and widely known reputation as an intensely innovative and dedicated winemaker, and now faces the difficult task of combining the delicate art of winemaking with the harsh realities of running a business.

The company Zelma took on has a rich history. In 1876, Pietro and Giuseppe Simi, two brothers from Tuscany, founded

a winery in San Francisco. Five years later they moved to Sonoma County, where the winery operates today. In 1904 at the age of 14, Isabelle Simi, Giuseppe's daughter, assumed ownership when both brothers died. She managed the winery for 66 years until her retirement. Before Zelma arrived in 1979 the company had changed hands twice under the auspices of Schieffelin & Company, a New York marketing and distribution firm. Since 1981, the French conglomerate Moët-Hennessy/Louis Vuitton, known for luxury products such as Hennessy Cognac, Moët Champagne, Vuitton leather goods, and Givenchy and Christian Dior fashions, has owned Simi along with other wineries on four continents.

"The move (to new ownership) has been good for Simi," Zelma explains. "MH/LV maintains a long term view of the business and they allow us to operate relatively independent of the other companies." Zelma points out that MH/LV maintains a more European cultural approach to winemaking and emphasizes a high quality product, rather than immedi-

ate profit. MH/LV's vast business expertise and winemaking insight has enabled Simi to expand through the purchase of 175 acres in the Alexander Valley. "This is a capital-intensive business and Moët's backing has allowed us to make substantial progress in vineyard development," Zelma adds. The association with MH/LV also benefits Zelma as she moves away from her formal oenological training and takes on challenges as president of a small business.

"Now I feel as if I have a clear idea of the business components," Zelma reflects. "I've learned that business parallels winemaking in that both require a strong vision of what you want." Jumping the fence into the office required a change in focus for Zelma, but she feels that processes are similar. "Both aspects (winemaking and business operation) involve controlling variables and integrating ideas. In wine making, some factors are the grapes, top-notch people, and the nuances of the process, whereas running a business involves sales, marketing and efficient administration . . . it's always a

KAPPA FOR A *Lifetime*



Zelma Reed Long, Oregon State

matter of adjusting factors and finding the right balance."

Twenty years of winemaking experience following a brief career as a dietitian prepared Zelma for assuming the helm of Simi. She graduated with honors from Oregon State University with a degree in general science, majoring in chemistry and microbiology and minoring in nutrition. She interned at the U. of California Medical Center in San Francisco and worked independently as a dietitian before moving to the Napa Valley and marrying Robert Long, whose family was involved in the wine industry.

Her scientific background and interest in the area led to earning her degree in the master's program for Oenology at U.C. Davis. During the 1970 harvest at Robert Mondavi she so impressed her coworkers as a part-time laboratory technician that they hired her as an oenologist. Within two years, her tenacity and cre-

ative approach propelled her up the ladder, and she became Robert Mondavi's head oenologist, a position she held for eight years. In 1979 Zelma accepted an offer to be head winemaker for Simi Winery and quickly made her presence felt with the development of a state-of-the-art fermentation cellar, installation of a "must" (new wine) chiller and stainless steel fermentation tanks, and the introduction of small French oak barrels for the aging process.

The role of Simi spokesperson often takes Zelma from the vineyards in Sonoma County to vineyards, conferences, and informal meetings around the world. "I really get a feel for the developments and direction of the market." Business demands also include a few weeks annually of intense technical travel. Last year she studied vineyards specializing in Burgundies and Bordeaux in New Zealand, Germany, and Australia.

Zelma's vision also has been an undeniable force in the industry. She has served as the first president of the American Vineyard Foundation and as director of the American Society for Oenology and Viticulture. She continues her education and influence in viticulture, the study of grape growing, through her memberships in the North Coast Viticulture Research Group, the U.C. Davis School of Agriculture Policy Advisory Committee and the Advisory Committee to the U.C. Davis Department of Oenology and Viticulture. She was the first recipient of the Wine and Food Achievement Award in winemaking given by the American Institute of Food and Wines.

Zelma spends a lot of time in the office but is often on the road promoting Simi. In her limited spare time, she operates Long Vineyards with her former husband and chats with visitors and friends at Simi. She proudly relates that she and Simi's chef are Kappa sisters with Kappa mothers, and she has enjoyed the comradery of the Sonoma County Kappas.

Controlling variables, integrating ideas, and finding the right balance, Zelma Long has a strong vision of what she believes is right in the delicate art of wine making and the rugged world of business.

— Lisa Morris, *Allegheny*

... BOOKS ...

American Paradise, Westcott Cove Publishing, P.O. Box 130, Stamford, CT 06904
June Wilcoxon Brown, Maryland. A humorous account of life on St. Thomas (U.S. Virgin Islands) with short stories and previously published non-fiction articles.

Museum Store Management, American Association for State and Local History, 17 Second Ave. N., Nashville, TN 37201, **Mar Miley Theobald, William and Mary.** All aspects of planning and operating a successful museum store are included in this guide.

Gift Giving from Him to Her (What Every Woman Wishes He Knew about Gifts), Sunkist House Publishing, 196 Sunkist Lane, Los Altos, CA, 94022, **Rita Howell Rochte Akron,** co-author. Three years of interview and research are represented in this reference book to aid men in selecting gifts.

The Myth of the Bad Mother (subtitled The Emotional Realities of Mothering), Doubleday, 666 Fifth Avenue, New York, NY 10103. **Jane Swigart, Michigan,** discusses the difficult decisions women must make concerning parenting and their lack of preparation for the critical emotional aspects of motherhood.

Kappa Support and Help Goes Around . . . and Comes Around

An undergraduate rarely sees the impact of Kappa membership on each individual. An alumna may have more opportunity to observe or be involved in the tremendous support system. As an undergraduate Jackie Koch Trout, *Missouri*, received Kappa scholarships to complete her degree in the field of rehabilitation. As an alumna and a physical therapist, she found herself using her knowledge and skills to help another Kappa alumna recover from a stroke. And so in the summer of 1990 Jackie's path joined with that of outpatient Patsy Piller Shelton, *Kansas*.

Heritage Museum Chairman from 1987 to 1990, Patsy has always been active in Kappa, including service as a Graduate Counselor, Zeta Province Director of Chapters, and Fraternity Housing Chairman.

Patsy's stroke left her with greatly diminished capacities. She speaks tearfully of the great outpouring of support and encouragement from Kappa sisters, a catalyst which increased her determination to get better. One facet of her recovery was completely relearning to walk. Jackie was her teacher.

As assistant manager of rehabilitation services at St. Luke's Hospital in Kansas City, MO, Jackie is responsible for the supervision of occupational and physical therapy for outpatients. Jackie explains that "Our department deals with outpatients as they enter the fine-tuning or most advanced states of therapy."

Jackie, who as an undergraduate wanted to do something in the medical field and had a strong interest in exercise, saw physical therapy as a natural spot for her. She feels she can motivate her patients via transferring her enthusiasm and

interest in exercise to help them regain optimal function.

Generally, physical therapists work with patients who have orthopedic or neurological impairments. Orthopedically a patient may have a fractured hip, joint replacement, or arthritic changes. The neurological patient, whose therapy tends to be longer because of the need to rebuild strength and endurance, may have had a stroke, suffered head trauma or undergone medical complications such as those brought on by advanced stages of diabetes.

The biggest misconception patients may have is that physical therapy will return them to their previous level function, Jackie states. Such is not always the case. The goal is to regain optimal function.

Jackie Trout assists Patsy-Shelton in the "fine tuning" stage of her rehabilitation therapy.

With the orthopedic patient, the therapist may work on strengthening an affected limb, or perhaps gait training on level ground and stairs. Pain control is effected with heat, ice, or electrical stimulation. The neurologically impaired may receive gait training, balance activities or even use an aerobic video to challenge strengthening.

Last year, Jackie had an opportunity to practice what she preaches as she recovered from knee and foot surgery and participated in her own physical therapy program. She says it made her most appreciative of what her patients experience.

... And Patsy? On the move and on the mend, she recently enjoyed a European journey. Her recovery is noteworthy.

... Kappa support surely goes around.

— Carol Lash Armstrong, *Miami (OH)*

The Heart of Kappa

A Sisterhood for All Ages

Kappas of Alabama, gathered in Birmingham on February 29, 1992 for a "State Day" planned by Sarah Jane Mabry Knott, *Alabama*, Nu East Province Director of Alumnae; MiMi Stein Morton, *Northwestern*, Region 2 Director of Chapters; Betty Hines Bloore, *Mississippi*, Region 2 Director of Alumnae; Suzanne Wade, *Mississippi*, Nu South Province Director of Chapters; and Jennie Miller Helderman, *Alabama*, Director of Chapters.

Alumnae of many college generations joined those who represented the earliest years of both Alabama chapters, Gamma Pi-Alabama and Epsilon Eta-Auburn, and members who went to college in California, Washington, Ohio, Wisconsin, Illinois, and Mississippi. It was a day of reunions, actually meeting "Rush telephone friends" for the first time, making new friends, and catching up on lives as well as Fraternity news and activities.

At the program's conclusion Betty Bloore said, "We did not come together today because we are a part of the same car pool or bridge club, or because we share the same astrological sign. We are here because sometime in the past each of us gave our name and interest to a chapter of Kappa Kappa Gamma."

"Kappa is a circle of friendship based on shared focus, shared principles, and shared ideals — all that is beautiful in life and thought and character. Kappa is more than a PTA meeting, another contact for business, another party or fund raiser. A sisterhood for all ages, Kappa bridges the gap that seems to exist in other aspects of our lives. We are one in spirit."

Accent on Alumnae Activities

by Carol Lash Armstrong, *Miami, (OH)*

CREATIVE PROGRAMMING ideas bring Kappas to alumnae meetings. Many Alumnae Boards are known for their ingenuity in delighting members with a wide variety of speakers and events. Notable association occasions this year include:

Brevard County, FL, — hosted the annual Kappa—Pi Phi Monmouth Duo Brunch and invited as guest speaker astronaut Fred Haise who shared his Apollo 13 experiences.

Champaign-Urbana, IL, — enjoyed an afternoon reception and tour of the University of Illinois President's mansion, learning highlights of the 1929 mansion's history.

Rhode Island — learned tips for "expert antiquing" from 50-year member Mildred Florence Smith's workshop, "Everything You Always Wanted to Know About Silver."

New York City — dedicated the year to education about issues confronting the region. Highlighting the fall was a current events night entitled "New York City's Quality of Life: Will It Ever Change?" which featured panelists including the Manhattan borough president and the publisher of *Crain's New York Business*.

INSPIRING PHILANTHROPY PROJECTS, aimed toward meeting community and Fraternity needs, continue to unleash the boundless energy of creative alumnae associations throughout the world.

A live silent auction benefitted the **Westchester County (NY)** Domestic Violence Center where a new room will be Kappa-decorated this spring.

In **Seattle (WA)** the Kappa Paper Caper reaped expanded sales at the University of Washington Alumnae Association's Holiday Fair, profits going to Childhaven, a center for abused and neglected children.

Proceeds from the 40th (!) Anniversary Holiday House Tour of **Kansas City (MO)** went to a variety of area charities and Kappa philanthropies.

Thanksgiving found **Contra Costa (CA)** alumnae hard at work sorting delectable contributions to the local food bank.

During the growing season a **Delaware** produce collection point was staffed by Kappas each Monday morning to accept deliveries for their food bank. Each week averaged a bountiful 200 lbs. of fresh vegetables from local gardens.

Baltimore (MD) devoted fundraising efforts to "Our Friend's Place," a support center for homeless women and children, and victims of physical and substance abuse.

Celebrating its 60th anniversary, the **London** association teamed with the British Red Cross for their London Branch Walkathon. Along with raising money for an excellent cause, Kappas enjoyed the 10-mile journey which led them past St. Paul's Cathedral, Charles Dickens's Old Curiosity Shop, the Houses of Parliament, and Buckingham Palace.

The Ronald McDonald "Casita" in **Tucson (AZ)** is known in some circles as the "Kappa Kasita" because it was decorated and landscaped by Tuscon Kappas. While staying there, a bone-marrow patient wrote, "Having our own house . . . provided a quiet refuge from the noise of the hospital and the city . . . it also made it possible for me to get myself mentally and emotionally prepared for what I was about to undergo."

**Kappa
Supporting
Panhellenic . . .**

**KKΓ
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PH**

ALUMNAE PANHELLENIC PRESIDENTS—1991-92

Nancy Lee Gadd Blackwood,
Pittsburgh — Pittsburgh (PA)

Megan McCarthy Bobbitt,
Texas — Hill County (TX)

Judith Heckerman Carmichael,
Cincinnati — Indianapolis (IN)

Mary Catherine Daley,
Syracuse — Albany (NY)

Gloria Garcia DeAlba,
Southern Calif. — San Mateo (CA)

Patricia Downs,
Utah — Clark City (NV)

Suzy Lamaster Box,
Texas — E. Fort Bend County (TX)

Maureen Milligan Marcucci,
Cincinnati — Rhode Island

Carol Heyer Tumser,
Clemson — S. Brevard (WA)

Toni DeBiose Weaver,
Washington — Olympia (WA)

— as reported to Nancy Voorhees Laitner,
Purdue, Panhellenic Affairs Committee

Picture yourself in an Alumnae Panhellenic.

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- information on current trends
- improved Panhellenic image
- promotion of the fraternity system
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Affiliation with NPC provides:

- Assistance with organizational procedures
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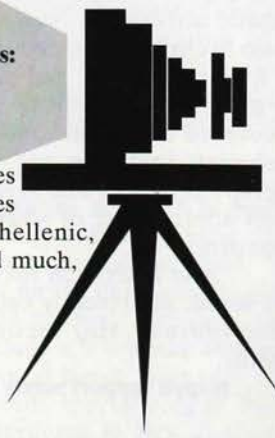
Get the picture?

Contact the Adviser for Prospective Alumnae Panhellenics:

Mrs. Robert Stafford
2044 Pinehurst Dr.
Ames, IA 50010

You'll be picture-perfect when she provides a Guidelines for Prospective Alumnae Panhellenics manual which gives step-by-step information on forming an alumnae panhellenic, including model bylaws, suggested meeting agendas and much, much more.

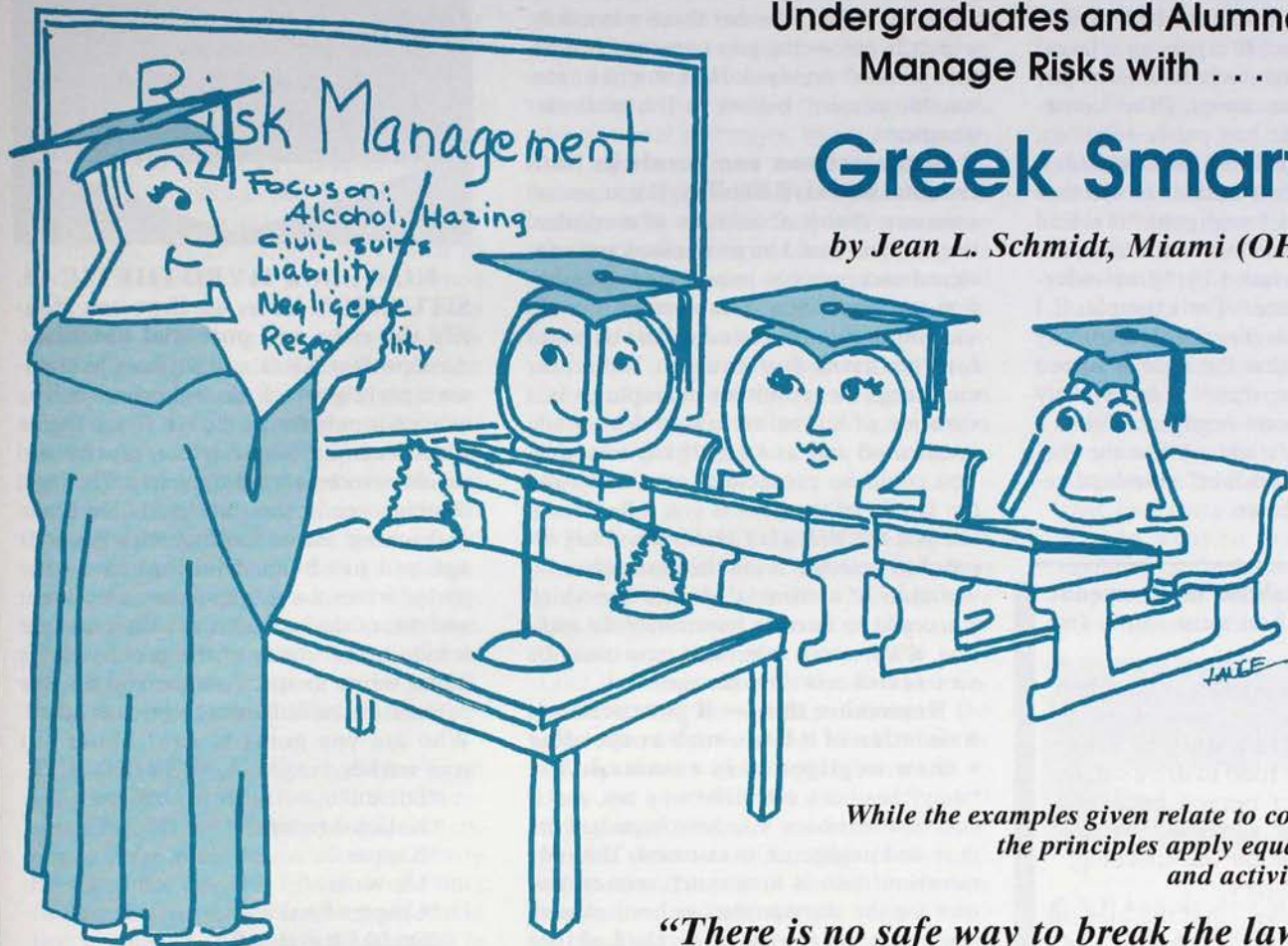
- **Snap to it!**
- **Develop the Panhellenic spirit!**
- **Focus on NPC!**



Undergraduates and Alumnae Should
Manage Risks with . . .

Greek Smarts

by Jean L. Schmidt, Miami (OH)



*While the examples given relate to college situations,
the principles apply equally to functions
and activities of alumnae.*

“There is no safe way to break the law.”

The scene is a college campus, early in the fall. Bucknell University is a small, highly competitive, liberal arts college in Lewisburg, PA, nestled amid the rolling hills and farmlands that characterize the center of the state. It's a “picture book” campus. About 60 percent of the students are members of Greek chapters, involved in the same leadership opportunities, pleasures, and problems that concern Greeks nation-wide.

Kappa Kappa Gamma has asked Sigma Chi to co-sponsor a speaker on risk management. They have gone to the Interfraternity and Panhellenic Councils to request attendance by all campus chapters and have received enthusiastic support. Several officers and pledges from each of the 20 campus Greek chapters gather for the program.

Jean L. Schmidt, a partner in the law firm of Roberts and Finger, New York City, is the speaker. A Kappa from Miami University (OH), her knowledge of Fraternity policies equals her legal expertise. She has presented risk management workshops at province meetings, for Associate Council, at Kappa Convention, Northeast Panhellenic Conference, and at several universities. She stimulates her audiences to think more carefully about risk management factors relating to serving alcohol or hazing. Profiled in *The Key*, Winter

1990, Jean said, “I always enjoy dealing with the younger members and keeping in touch with their concerns.”

Following are excerpts from the Bucknell program.

How can we as members of Greek fraternities be smart about managing the risks and liabilities we face? First we identify the risks.

Risks are situations which give rise to legal liability; situations which create potentially unsafe conditions for our members, our guests, and/or third parties; situations where someone may be harmed physically or psychologically; situations where the chapter as a whole or the Fraternity is harmed.

We need to look at what those risks are and know what the potential liabilities we have as individuals and as Greeks. Once we know the risks and liabilities, we can then determine how best to manage the risk; that is, how best to minimize the risk, lessen the liability, lessen the likelihood that something will go wrong, that someone will get hurt.

Risks associated with alcohol and hazing will be our focus today. The goal is not to make you legal experts, but rather to give you a framework which you can

use to recognize and assess the risks you face as individuals and fraternity members, and also to make you aware of the types of preventative steps you can take to minimize the risks.

We begin with an overview of our legal system. As you are probably aware, our legal system has two sides – criminal and civil. Let us compare the two. On the criminal side are the laws, established by the legislature, which define criminal behavior; behavior which the society considers wrong, acts against the society. Examples are murder, theft, assault. The laws are enforced and offenders prosecuted by the state. The consequences of violating a criminal law are fines and/or imprisonment and acquiring a criminal record. There are two broad categories of crimes – felonies and misdemeanors, with felonies being the more serious types of crimes and carrying greater punishment. In order to be found guilty of a crime, a jury must be convinced “beyond a reasonable doubt” that you committed the crime.

The civil system is essentially a set of mores or standards of behavior developed over the years to govern relationships between people. One broad category of civil actions is called “torts.” Torts involve injuries to people – physical, emotional, reputation (libel, slander) – and injuries to

property. In contrast to the criminal system, civil suits are prosecuted by individuals, not by the state. If a person is found liable, the consequence is having to pay money for the harm caused. Other consequences can include bad public relations, having to pay court fees, attorneys fees, etc. The issue in tort actions is whether the individual was "negligent." To find that someone is liable in a civil action, the jury must be convinced by "preponderance of the evidence." For example, if I am suing you for negligence, I need only convince the jury that the scale is tipped slightly in my favor; that it is more likely than not that you were negligent. This is a much less stringent standard than the "beyond a reasonable doubt" standard required in criminal cases.

How do you establish that someone was negligent? You must show five things:

- 1) that the other person owed you a duty – for example, someone driving a car owes a duty to other people on the road to drive safely;
- 2) that the other person breached the duty – for example, the person driving the car was speeding;
- 3) there was an injury;
- 4) proximate cause – that the breach of the duty caused the injury; and
- 5) that the injury caused by the breach was foreseeable – I can foresee that if I drive recklessly, I could hurt someone else on the road.

In determining whether someone was negligent — i.e., whether there was a duty, a breach, etc. — the jury uses the "reasonable person" standard. How would a "reasonable person" behave in the particular situation.

Some actions can result in both criminal and civil liability. If you assault someone, that is a violation of a criminal law and you could be prosecuted and convicted and possibly imprisoned. In addition, the individual you assaulted could sue you in civil court and collect damages for the harm you caused. Vehicular manslaughter is another example. It is a violation of a criminal law to drive while intoxicated and as a result kill someone. You could be prosecuted criminally and the family of the person you killed could sue you for wrongful death. Providing alcohol to a minor is another example of a violation of a criminal statute for which you could be fined or imprisoned. In addition, if the minor is harmed, you could be sued in civil court for damages.

Remember this — if your action is a violation of a law — such as speeding — then negligence is assumed. The "duty" has been established by law, and if you violate the law you have breached the duty and negligence is assumed. The only question then is how much money you owe for the damage that has been caused. For example, if you serve alcohol to a minor, you have been negligent because you have violated the law. If that person is injured, the question is not "Were you negligent?" because you were. The only question is how much are you going to have to pay.

Risk and Liabilities associated with alcohol

NOW, in a HYPOTHETICAL SITUATION let us see if we can identify the risks and potential liabilities.

Assume that KKG and Sigma Chi sponsor a party at which alcohol is served. The alcohol is paid for by the KKG and Sigma Chi treasuries. There is no security and no chaperones attend the party. The legal drinking age in the state is 21. Everyone is drinking. An individual who is under age and has been drinking leaves the party, drives a car, gets into an accident and one of the individuals in the other car is killed. The family of the person who is killed wants to sue. Assume you are the parents of the individual who was killed. Who are you going to sue? Shout out your answer.

"Driver."

"National groups."

"Kappas."

"University."

"Chapter Presidents."

"Social Chairmen."

"Anybody you possibly can."

"Advisers."

We are going to look at these people to see whether there is any liability. **But the first thing to remember is ANYBODY CAN BE SUED. Even if you are not liable, you can still be sued.**

The injured party is going to go after "the deep pocket" — the person who has money. The individual who is suing often will not know who is responsible for the damage, thus he or she will sue everyone.

A substantial amount of damage is done to you and your fraternity at the time the accident occurs and the lawsuit is filed.

Even if 10 years down the road, and it could very well take that long, you are not found liable, the result is not going to be reported in the newspaper or on television. What will be reported is the fact that a person was killed by a minor who was driving while intoxicated after leaving a party sponsored by KKG and Sigma Chi. That is what will be remembered. In addition, your group will obviously be affected by the substantial emotional trauma associated with any serious accident. Finally, from the moment the accident occurs and/or a lawsuit is filed, your group will be forced to spend substantial amounts of time and money to resolve the



Jean Schmidt speaks on Greek Smarts

situation. Thus our goal should be not only to lessen the risk of liability, but also to lessen the likelihood that anyone will be injured.

Now, look at which persons are likely to be found liable? You be the jury. The standard you must apply to determine liability or negligence is the criteria we outlined before, what I will call our "template." We're going to apply that to each of the people and groups you named and you're going to tell me whether each should be held liable for wrongful death and required to pay damages. How do you measure damages in a wrongful death action? Let's assume that the individual killed was a 23 years old, in law school with a promising future, and over his lifetime would have made x thousands or millions of dollars. That is what those judged responsible would have to pay in damages. We measure the value of what this person would have earned over a lifetime. That value translates to the terms of damages. The question for you, as the jury, is, "who is going to pay it? Who is liable?"

THE DRIVER? Absolutely. There is no question that the driver would be held responsible. He had a duty to drive safely, not to drive while intoxicated, he clearly breached the duty, his breach of the duty caused the harm, and it was foreseeable that his breach of the duty could result in injury. But, the driver probably doesn't have any money, so the person suing is going to be looking to someone else.

WHAT ABOUT THE KAPPA CHAPTER AND THE SIGMA CHI CHAPTER? Are they liable? You are the jury. What do you think? Shall we award damages against them? Should the chapters be responsible for paying say a \$5 million verdict? Yes, they are liable. Why? Because by serving alcohol to someone underage they violated the law, breached their duty. If the money used to purchase the alcohol did not come from the chapter treasury, would that make a difference? Would the chapters still be liable? Yes. The law prohibits *serving* alcohol to a minor. It does not make any difference who purchased it; it's who served it. Because the two chapters were jointly sponsoring the party, they are both responsible for what went on at the party.

WHAT ABOUT THE NATIONAL GROUPS - KAPPA KAPPA GAMMA FRATERNITY AND SIGMA CHI FRATERNITY? That is where the money is. If you are the person suing, you would like to hold them liable. Will the jury find them liable? Did they have a duty to make sure their chapters obeyed the law? It will depend upon the facts of the individual case. A jury has found the national

fraternity responsible when the national fraternity has involved itself in the affairs of its chapters and represented that it set standards for its chapters' behavior and monitored their behavior. In those cases, the national fraternity, by its statements and representations, set the standard for what its duty was. The question then was whether the national fraternity was aware the particular chapter was violating the standards. If it was, it was on notice and should have done something about it. In short, if the national fraternity involves itself in the affairs of its chapters and establishes requirements for its chapters, it can be held responsible for failing to insure that the chapters have met the requirements.

WHAT ABOUT THE UNIVERSITY?

Can we hold it liable? It's another deep pocket. What do you think? Did it have any duty to make sure its students and Greek organizations obeyed the law? Like the situation with the national fraternities, the answer depends upon the particular situation. Did the University have policies which required students to obey the laws? Did the University say it was going to monitor students' behavior, require them to register their parties, require them to adhere to the University regulations and enforce the regulations? If the University takes that position, it could be held responsible if it does nothing to enforce the regulations; if it knew that underage students were drinking at parties and did nothing about it. If the University or a national fraternity states that it is going to do something, it has established its duty, and if it breaches that duty, it can be held liable for the harm caused by the breach.

WHAT ABOUT THE PRESIDENT OF THE SIGMA CHI CHAPTER?

What is his responsibility? If he is sued, it would probably be in his capacity as president of the chapter and not as an individual. What was his duty as president? Did he have any greater responsibility than any other member of the chapter? A jury might find that as president he was responsible for insuring that the members of his group obeyed the law. However, in most cases, unless it was shown that the president was the person who served the alcohol to the minor, he probably would not be held personally liable.

Note, however, that the president of a chapter could be arrested if the chapter violated a law. In one case, a fraternity and sorority co-sponsored a party at the fraternity house which was open to the campus and they charged \$3.00 to get in. Both the president of the fraternity and the president of the sorority were arrested for selling alcohol without a license.

WOULD THE SOCIAL CHAIRMEN BE LIABLE? What was their duty? Unless they were the ones who actually served the alcohol, it's unlikely that they would be held personally responsible.

Let's change the facts. Would it make any difference if the person who was driving, who left the party intoxicated, was over 21? Would that change the liability? It depends upon how intoxicated the person was. You have a duty not to serve alcohol to someone who is already intoxicated. If it can be shown that the person was drunk and was served more alcohol, the person or group serving the alcohol can be held responsible for the harm. Keep in mind that your party may be the last one the person went to that night and you could be on the hook not only for what happened at your party, but also for what the individual drank all evening.

Commonly Asked Questions about Alcohol and Risk

Q *What do you do in a situation where someone comes drunk and they are not actually served alcohol at your party, but yours happens to be the last party they attend before they have the accident?*

A You are definitely at risk. So what you have to do is minimize the risk. Minimize the likelihood that that will happen. How do you do that? First, you do not let people into your party who are already intoxicated. That is difficult to do if you do not control who has access to your parties. This is one of the reasons you should never have open parties. If you do, you open yourselves up to tremendous exposure because you then give up control over your party. The other thing you must do to lessen the risk is not let anyone who is intoxicated leave your party and drive.

Q *What kind of legal right do you have to stop someone from getting in a car if they are drunk?*

A Let's go back to the template. What is your duty? What would a reasonable person do in that situation? You can say, "Don't get in the car or we'll call the cops." If the person drives, you report him. That is reasonable. You obviously cannot physically restrain someone. You can however take steps to make it less likely that someone will get hurt. You can collect all the keys at the



door and not give them back to someone who is drunk. You can provide alternative transportation.

However, nothing is 100 percent fool-proof. Remember, if you have underage drinkers you are automatically at risk. ***There is no safe way to break the law.*** Thus, you better be very careful that your parties are under control. Hire security guards. They can escort someone out if he gets out of hand and keep out individuals who have not been invited. Do not have the members of your group dispense the alcohol. It is too difficult for a member to refuse to serve other members of his or her group. Hire bartenders and give them strict instructions: "Don't serve people who are underage. Do not serve people who are intoxicated."

Again, the fact that you act in a reasonable, responsible way is your best defense. You are minimizing the likelihood that something is going to happen or that someone is going to be hurt. At the same time you are maximizing the likelihood that you will not be liable.

Q Does it make a difference if someone is serving the alcohol as opposed to an open bar where it's come and get it when you want?

A Absolutely. If you have an open bar or a keg where people can serve themselves, you don't even have to ask the question about liability. You have a duty not to serve someone who is already intoxicated and a "reasonable person" with that duty would not have an open bar or keg where people can get a drink at any time no matter how old they are or how drunk they are. On the other hand, if you hire a bartender and instruct the bartender not to serve people underage or someone who is intoxicated, then you have acted reasonably.

Q How does this pertain to us since our campus has BYOB? Are you ever liable in that situation, if someone is drinking their own booze?

A Yes. It does not matter how the booze got to the party, whether you bring your own or you buy it. If alcohol is there, no matter what the source, and is being served to people who are under 21, you are violating the law and can be liable. To the extent that only people 21 and over are allowed to bring booze and only people 21 and over are served the booze, you have lessened the risk and lessened the likelihood that you will be held liable.

However, you must also understand that separate and apart from the issue of whether or not you are legally liable, there is the issue of controlling your parties. Remember that anyone can be sued and the fact that you have followed all the laws and acted responsibly does not mean that you will not be sued. Nothing is 100% guaranteed. So, you must also focus on making sure that your parties are safe, that you minimize the likelihood that anyone will be hurt. Know the people who are invited to your parties. Don't let people into your parties who are already intoxicated, be sure that the people who are driving are not drunk, etc.

Q What about a situation with fraternity men living in an apartment off campus. They serve alcohol and someone is harmed. Would the chapter be involved?

A It depends upon whether this could be considered a chapter function. That will depend in part upon how many chapter members are present, whether this is a regular part of the chapter's activities, etc. Remember, however, that even if it is not a chapter function, it is likely that the chapter and the national fraternity would be sued because they have the deep pockets.

Q What happens if a person under 21 comes to a party, bringing her own beer and has a very good fake ID. She gets drunk, leaves and is killed or kills someone in a car accident. Is the chapter liable?

A If you can prove that the fake ID was not obviously fake and that it was not obvious this person was intoxicated when served even more alcohol, then the chapter would probably not be liable. However, if this woman was a member of one of the groups sponsoring the party or was a frequent visitor to this fraternity house, it would be difficult to establish that you did not know the person was underage. Remember too that only a small percentage of university students are of legal drinking age and fake IDs are the norm, so you may not be successful in relying upon that as a defense.

You should also remember that offering false identification to obtain alcohol is illegal and you can be subject to criminal prosecution.

Risks and liabilities associated with hazing

Hazing is defined as any activity or action taken with or without consent of the individual involved, which produces mental, physical or emotional discomfort, embarrassment, harassment or ridicule. Almost every state now has a law prohibiting hazing. Thus, if you haze you are violating the law and are exposing yourself to both criminal and civil liability.



LET'S LOOK AT THE FOLLOWING SCENARIO:

The big sister says to her little sister, a pledge, "We have this great fun activity we want you to do. You go around to all the fraternity houses with this t-shirt and get signatures on the t-shirt." The pledge does not want to do this, but feels that she has to. At the first fraternity house the men require her to drink shots of tequila before they will sign the t-shirt. This continues at each of the fraternity houses. By the time she is done, she is clearly drunk. Unbeknownst to anyone, the pledge has a medical sensitivity to alcohol. She collapses and is rushed to the hospital and dies. This event actually happened. Her parents are going to sue someone for wrongful death. The question is, who is liable? Certainly the big sister and the fraternity men who served the alcohol, most likely the chapters of both groups, and possibly the national groups as well.

Does it make any difference that she had a particular sensitivity to alcohol that no one knew about? Was her death foreseeable? You're the jury. What do you think? The answer is it does not make a whit of difference. There is a principle in the law called "you take your victim as you find him or her" which is also referred to as "the eggshell plaintiff." It means that even if someone has a particular susceptibility or sensitivity which results in a greater injury than you would expect, you are still responsible because your actions caused the harm. It does not make any difference that you could not foresee the extent of the harm. If you caused the injury, you are responsible. This point is one reason why hazing exposes both you individually and the chapter to such tremendous risk and exposure.

You have no idea what an individual's sensitivities are physically, psychologically, emotionally. If what you do causes them harm, you are responsible regardless of the extent of that harm.

Let's go back to the pledge who died. Was she hazed? Yes (from the audience). Okay, we all agree it was hazing.

- The big sister violated the law, so she's negligent, she breached a duty she owed to the pledge. So the only question is how much the big sister will have to pay in damages.
- What about the chapter? Would it be responsible? Yes? Why? Did the chapter have a duty to the pledge? Probably yes – a duty to educate the members to ensure that hazing does not take place and to discipline those who haze. Let's assume that the chapter had a policy prohibiting hazing and did educate its members. To what extent is the chapter responsible for this one big sister's actions? The answer depends upon whether the chapter lived up to the duty it established by its policy. If this had happened in the past and was in fact a "tradition" in the chapter, then the chapter would likely be liable as well. In any event, you can be sure that the chapter and the national fraternity would be sued.
- What about the fraternity men who insisted that the pledge drink tequila? Any liability? Yes, because they served alcohol to someone under 21 and were hazing her and their actions resulted in her death.
- The other aspect of this situation is that sending the pledge into the fraternity houses by herself exposes her to poten-

tial harm beyond the drinking. She could be subjected to harassment which can cause psychological damage, she could be assaulted, raped. In fact there is now pending a \$10 million law suit against a fraternity at Colgate on behalf of a woman who attended a party at the fraternity house and was raped.

What about other situations – scavenger hunts, treasure hunts, kidnaps, required calisthenics. Are these hazing?

Isn't this just harmless fun? The answer is, "Yes, they are hazing" and "No, they are not 'harmless fun'." Each of these situations can produce mental, physical or emotional discomfort, embarrassment, or ridicule. Each of the situations can also cause harm. A pledge sent on a scavenger

hunt was hit by a car and seriously injured; another pledge collapsed and died after being forced to do push ups, and so on. In short, hazing always involves risk.

Q If the pledge agrees to go on the scavenger hunt or to drink the tequila, why is that hazing? Why would the chapter be responsible for the injury if the pledge consented?

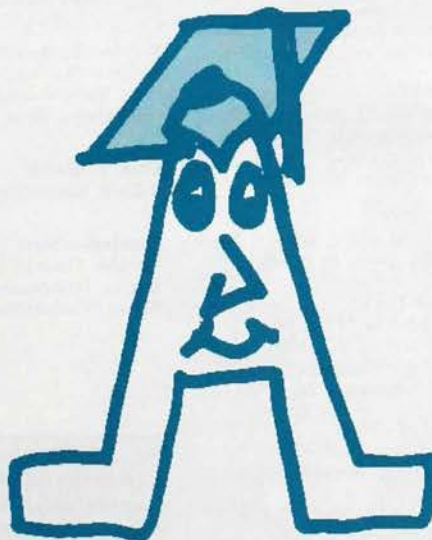
A First, the laws which prohibit hazing define it to include activities or actions taken with or without the consent of the individual. Second, is the pledge's "consent" really voluntary? Isn't the situation coercive? Do you really give your pledges a choice? Isn't it understood that if the pledge wants to be initiated he or she has to go along? Of course.

Remember, hazing is against the law. There is no safe way to haze – no safe way to break the law. If you haze you automatically expose yourself, your chapter and your fraternity to tremendous risks and both civil and criminal liability.

So why do it? Hazing serves no purpose whatsoever, and is contrary to everything that fraternities and sororities stand for. In short, there is nothing to be gained by hazing and everything to lose.

In conclusion, a final reminder — Be Smart. Know what your risks are and manage them. It really could happen to you, to your chapter; one of your chapter members could be injured; you and your chapter could be sued. Take the steps necessary to minimize the risks and lessen the likelihood that there will be problems, that someone will be hurt and that you will be liable.

As a trial lawyer, let me tell you that no one, and particularly not a jury, is going to believe that the pledge has consented, has agreed to be hazed. I will win that issue before a jury every time. In addition, the fact that the pledge may have agreed does not relieve you of your obligation to obey the law and your duty not to put other people at risk, not to injure others.



**USE YOUR
GREEK
SMARTS!**

In Memoriam



Honoring those we have loved and lost.

Names which appear in this listing are from information received by Headquarters from October 1, 1991 to December 31, 1991.

Akron, U. of - A
Watters, Mary Tschantz, '37, d. 9/91

Alabama, U. of - FI
Drury, Lucia Jones, '41, d. 5/90
Matthews, Jane Day, '35, d. 11/91

Allegheny C. - GP
Moore, Alice Graham, '23, d. 5/91
Todhunter, Elizabeth Boyd, '36, d. 5/91

Arizona, U. of - IZ
Barton, Elizabeth Mertz, '51, d. 12/91
Eubank, Blanche Foster, '21, d. 6/91
Lambert, Linda E., '48, d. 12/86
Reid, Barbara Kortz, '70, d. 9/91

Arkansas, U. of - FN
Clausing, Dorothy Farrior, '25, d. 9/91
Dunlap, Zillah Peel, '28, d. 5/91

Butler U. - M
Brown, Margaret James, '20, d. 3/91
Carlson, Eunice Bickel, '17, d. 9/91
Haskens, Mildred Stiltz, '22, d. 9/90
Howland, Katherine Kinnaird, '28, d. 10/91

California, U. of, Los Angeles - IZ
Taggart, Harriet Andrews, '25, d. 10/91
Zahn, Eleanor Frances, '26, d. 10/91

Cincinnati, U. of - BP^Δ
Bishop, Eleanor Heuck, '28, d. 10/90
Cecil, Merrie McGlaughlin, '48, d. 12/91
Fox, Sadie Edwards, '19, d. 11/91
Irvin, Anne Semple, '27, d. 4/91

Colorado, U. of - BM
Prentiss, Jean Keith, '33, d. 11/90

DePauw U. - I
Blumberg, Jane Allen, '34, d. 5/91
Higgins, Eleanor Dunlap, '27, d. 1/88
Tibble, Mary Geoghegan, '33, d. 12/91

Drake Y. - IO
Churchill, Marjorie Mahaffa, '29, d. 11/91

Duke U. - ΔB
Davis, Marian Vantrine, '44, d. 12/91

Georgia, U. of - ΔY
Benton, Dolores Cole, '56, d. 11/91

Hillsdale C. - K
Corradi, Virginia Roberts, '34, d. 10/91
Fort, Edwina Pasmore, '31, d. 3/90
Reece, Bernice Crisp, '20, d. 9/91

Idaho, U. of - BK
Christensen, Virginia Newton, '41, d. 12/90
Clements, Barbara Spaeth, '45, d. 9/91
Jones, M. Louise Clambey, '16, d. 2/90
Mason, Barbara Bailey, '40, d. 7/90
Olmstead, Annabel Charrier, '30 d. 6/91
Thornhill, Geneva Dyer, '28, d. 11/91
Vaupel, Margaret Friedman, '18, d. 9/91

Illinois, U. of - BA
Davis, Marion Rich, '34, d. 9/91
Drish, Dorothy Gillick, '40, d. 12/91
Friedewald, Florence Jacobsmeyer, '42, d. 6/90
Lippincott, Joan Ralston, '43, d. 1/91
Park, Betty Millan, '57, d. 11/90
Quayle, Ruth Hackley, '35, d. 8/91

Illinois Wesleyan U. - E
Beveridge, Ann Nichols, '36, d. 10/91

Indiana U. - Δ
Honan, Miriam Keller, '25, d. 5/91

Iowa, U. of - BZ
Moss, Lori Kay, '80, d. 10/91
Myers, Mary Voss, '31, d. 10/91

Kansas State U. - ΓA
Lashelle, Ingovar Leighton, '22, d. 8/91
Webb, Gwen Woodard, '62, d. 11/90

Kansas, U. of - Ω
Gordon, Elizabeth Hipple, '23, d. 12/89
Hall, Doris Sheppard, '43, d. 12/90
Jackson, Twilla Stowers, '21, d. 6/87
Stevens, Etta Poland, '18, d. 10/91

Kentucky, U. of - BX
Gaillard, Josephine Blackman, '30, d. 11/91
Gorman, Ann Phelps, '52, d. 10/91
Wesner, Laura Hickman, '33, d. 11/91

Louisiana State U. - ΔI
Shaw, May Goldman, '43, d. 4/90

Maryland, U. of - ΓΨ
Getman, Frances Gunby, '29, d. 7/91
Kuhns, Helen Simmonds, '29, d. 9/91

Massachusetts, U. of - ΔN
Briana, Kathleen, '76, d. 12/87
Malloy, Norma Deacon, '42, d. 3/91

Miami U. - ΔA
Bennett, Harriet Hall, '40, d. 6/91

Michigan State U. - ΔΓ
Davis, Mary Lyle, '44, d. 11/89
Marling, Katherine Langley, '30, d. 11/91
Plant, Nancy Fisher, '50, d. 8/91

Michigan, U. of - BA
Branch, Mary Travis, '34, d. 9/91
McPhail, Helene Torrey, '20, d. 11/91
Wooleyhan, Ann Winters, '39, d. 2/88

Minnesota, U. of - X
Chaney, Mary Sheldon, '36, d. 3/91
Neu, Eleanor Irons, '30, d. 10/91

Missouri, U. of - Θ
Allen, Helen Daniels, '31, d. 7/91
Turner, Katherine Conley, '20, d. 9/91
Warten, Mary Chenoweth, '36, d. 9/91

Northwestern U. - Y
Bealmear, Eleanor Berger, '32, d. 6/91
Hanna, Mar jorie Iredale, '33, d. 10/88
Sexauer, Mae, '12, d. 9/91
Warner, Anne Locher, '25, d. 4 /91

Ohio State U. - BN
Shelds, Arlene McIntire, '40, d. 11/91
Taylor, Barbara Jones, '43, d. 10/91

Ohio Wesleyan U. - P^Δ
Stroh, Elizabeth Else, '45, d. 1/89
Weed, Esther Scaife, '31, d. 10/91
Woodruff, Rebecca Bangham, '31, d. 7/90
Wright, Mary Schatzman, '28, d. 9/91

Oklahoma, U. of - BΘ
Bass, Nancy Bacon, '26, d. 7/90
Brownlee, Margaret Brennan, '45, d. 11/91
Dawson, Margaret-Lee West, '22, d. 11/91
Griffin, Lydia Pace, '23, d. 9/91
Hulings, Mildred Marr, '18, d. 8/91
Lundburg, Susan Kupka, '61, d. 7/91

Oregon State U. - ΓM
Norton, Jean Gardner, '41, d. 2/89
Sanders, Sue Stanbery, '35, d. 12/90

Oregon, U. of - BΩ
Hull, Penelope Gehr, '22, d. 9/91
Keizer, Joanne Morrissey, '57, d. 10/91
Patton, Mary Irving, '17, d. 9/91

Pennsylvania State U. - ΔA
Carroll, Marguerite Zollinger, '43, d. 11/90
Conklin, Patricia, '76, d. 2/91
Linder, Claribel Nisley, '32, d. 10/91

Pittsburgh, U. of - ΓE
Cameron, Louise Pennywitt, '20, d. 3 /91
Horrocks, Erma Meerhoff, '27, 12/91

Purdue U. - ΓΔ
Adams, Linda Eskridge, '35, d. 8/91
Haller, Louise Spake, '19, d. 11/91
Milligan, Elizabeth Taggart, '22, d. 11/91

Rollins C. - ΔE
Rose, Stelle Smith, '32, d. 7/91
Wattles, Mary Brownlee, '32, d. 3/89

St. Lawrence U. - BB^Δ
Brown, Patricia Arms, '43, d. 3/91

Southern Methodist U. - ΓΦ
Andries, Anita Davis, '36, d. 7/91
Boyd, Ann Buchanan, '51, d. 2/91

Stanford U. - BH^Δ
Moffatt, Jean Jamison, '29, d. 9/91
Roth, Dianna Hunter, '39, d. 5/91

Texas Christian U. - EA
Friyell, Bonnie Hamilton, '77, d. 9/91

Texas, U. of - BΞ
Craddock, Catherine Carnrike, '33, d. 11/91
Lee, Edith Brooke Wilkerson, '57, d. 9/91
Powers, Helen Knotts, '27, d. 8/91
Smith, Mary-Frances Vogtel, '37, d. 9/91

Toronto, U. of - BΨ
Marjorie Fenwick, '21, d. 6/91
Hays, Roberta Johnston, '38, d. 10/91
Huff, Helen, '26, d. 11/91

Utah, U. of - ΔH
Ballard, Muriel Gibson, '43, d. 5/85

Washington State U. - ΓH
Gardner, Dorothy Brennan, '45, d. 9/91
McGee, Jean Munro, '29, d. 11/90
Rouse, Winifred Ramsey, '30, d. 11/91

Washington U. - FI
Swearingen, Janice Harris, '58, d. 8/91
Wilbur, Martha Bugbee, '31, d. 11/90

Washington, U. of - BFI
Clise, Eunice Padelford, '25, d. 11/91
Ghering, Bonnie Rothford, '46, d. 3/91
Heard, Elizabeth Finn, '32, d. 9/91
Lamson, E. Colleen White, '49, d. 11/91
Von Zeuthen, Ann Rasmusen, '31, d. 4/91
Williams, Dorothy Thomas, '18, d. 6/91

West Virginia U. - BY
Ratcliff, Nancy Wilson, '50, d. 11/91
Tinker, Frances McCamic, '26, d. 8/86

Whitman C. - IT
Marsh, Dorothy O'Neil, '24, d. 1/91

William and Mary, C. of - ΓK
Batty, Marjory Miller, '34, d. 10/91
Mills, Louise Klinge, '38, d. 11/91
Page, Mary Dunlap, '28, d. 1/91

Wisconsin, U. of - H
Kieser, Frances Wright, '30, d. 10/91
Mason, Martha Sheridan, '36, d. 9/91
Wilcox, Dorothy Boswell, '19, d. 5/91
Zimmerman, Clara Eshelman, '37, d. 5/89

Wyoming, U. of - IO
Flora, Mildred Beck, '27, d. 10/91
Hartzell, Patricia Cranney, '45, d. 9/90

INACTIVE CHAPTERS

Adelphi C. - BΞ
Wentz, Barrie Wildner, '41, d. 9/91

Adrian C. - Ξ
Farrow, Esther Coe, '28, d. 10/91
Shaffer, Frances Heckert, '35, d. 12/91

Boston U. - Φ
Lovell, Mary Trafton, '27, d. 4/90

Goucher C. - ΔΘ
Patterson, Lucy Nye, '33, d. 7/87

Middlebury C. ΓA
Couperus, Ruth Duffield, '35, d. 3/88

Pennsylvania, U. of - BA
Spiers, Anne Bonnell, '43, d. 12/91

San Jose State U. - ΔX
Hill, Emma Wishart, '49, d. 10/91

In order for names to appear in the "In Memoriam" section, verification and date of death must be sent to FRATERNITY HEADQUARTERS, P.O. Box 177, Columbus, OH 43216.

Oh! The Night Was Terrible!

On July 6, 1881, a terrible storm hit the town of Moingona, IA. Five hours of torrential rain and almost constant flashes of lightning were terrifying but the courage and determination of a young girl saved the passengers on a seven-car train, and the legend of Kate Shelley became part of railroad history.

Kate Shelley came to America when she was less than a year old, the first child of poor Irish immigrant parents who settled on a small farm near Moingona, IA. When Kate was 13 her father died, and a few months later, her 10-year-old brother drowned in the Des Moines River.

As the oldest of five children, Kate took on adult responsibilities in running the farm. On the night of the storm Kate watched the water rise and swirl until waves rolled and lashed over the banks of Honey Creek, sweeping away the farm fences. Despite the noises of rain and wind, Kate heard the sound of a nearby train. It was a "helper" . . . an engine which checked the tracks and bridges before the night express came through with a load of passengers. Hearing a hissing sound, Kate realized that the boiler had struck the water; the engine had gone under.

"I knew the terrible water had washed the piers from under the bridge. I must go to the aid of the drowning men. We could hear their cries for help," said Kate in an interview with the *Boone County Democrat* some days later.

With only an old oil lantern to light her way, the courageous 15-year-old set out to reach Moingona Station and warn the midnight express, due in less than an hour.

"Oh! The night was terrible!" Frequent brilliant flashes of lightning were followed by total blackness. Great trees torn up by the roots tossed and raged in the angry waters around her. But the passenger train had to be saved.

The swollen stream stopped Kate in one direction; in the other, the bridge was gone. She had to make her way through thick, dark woods and underbrush to again pick up the railroad tracks which crossed the five-hundred-foot bridge over the Des Moines River . . . the same river where her brother drowned not two years earlier!

Hearing cries from the creek, she swung her lantern to reveal two men clinging to fallen trees, survivors of the engine wreck. Kate swung her lantern again to signal that she was going for help and set off for Moingona. Her lantern flickered and sputtered. As she reached the bridge the flame went out! Getting down on her hands and knees, Kate

clutched the track rail as a guide and crawled across "that long and dreadful space," through the raging storm. A flash of lightning showed a huge tree being swept along upright in the water. "I thought the end had come . . . By the mercy of God, the tree swept under, only the branches brushing my feet."

Despite feeling she must give up, Kate went on, gaining strength as she ran. She burst into the Moingona Station crying, "Stop the passenger train! The bridge has gone out; the engine gone down!" Then she fainted. The people on five passenger coaches and two sleepers were saved.

The Iowa State Legislature presented Kate with a commemorative medal in recognition of her bravery. The conductors of Burlington Railroad gave her a gold watch and chain. The employees of the Chicago Northwestern Railroad gave her a silver lantern. Her fame spread far and wide — school children of Dubuque gave her a gold medal and a Dubuque citizen erected a drinking fountain in her honor. The new railroad bridge at Honey Creek was named for her. Kate was a heroine.

Kate Shelley dreamed of obtaining an education and her dream was brought to the attention of the Women's Christian Temperance Union. Aided by the generous funding of the W.C.T.U., Kate enrolled in Simpson Centenary College in the fall of 1882 and a few weeks later

"became a sister in the bonds of KKG. She has proved a diligent and earnest student." (*The Golden Key*, 1884)

Kate attended college for only one year, but she cherished her experience and ties with Kappa. Her badge and Omicron Chapter guard are still in the possession of her family along with her treasured honors. Appropriately, in 1904 Kate Shelley became the station agent at Moingona. She died at an early age after an appendicitis operation in 1912.

The legend of Kate Shelley is known world-wide through children's books, the latest of which is *Kate Shelley and the Midnight Express* by Margaret K. Wetterer, illustrated by Karen Ritz. It was featured on the PBS television series "Reading Rainbow." Although Kate's story has appeared in *The Key* several times, her modesty and bravery were best expressed by her Omicron sisters in the 1884 article.

"Heroism in any form always demands and receives universal admiration and respect. . . . The pages of history offer no more striking example . . . of heroism than that displayed by our noble sister Kate Shelley! . . . Though her name has been sounded all over the land in praise for nearly three years, there is not a trace of ambition or pride about her. She is, and we believe always will be, a true, unselfish, noble-hearted woman."

— Diane Mallstrom, *Fraternity Archivist*
— Lois Catherman Heenehan, *Adelphi*

Her lantern flickered and sputtered . . .



Karen Ritz, *Kate Shelley and the Midnight Express*

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It's All Here in Black and White and some color. If you are seeing red
or feeling blue that full color pages have been reduced in recent issues, so
are we. But the postage increases during 1991 dealt *The Key* budget a
staggering blow and sacrifices had to be made . . . color had to go . . . be
washed out, bleached.

For many years *The Key* was mailed third class non profit, the rate
which had the greatest increases. Postage for us went up by \$28,000 or 54
percent over the last year! The Fraternity has applied for a second class
permit which is now more economical.

If reading this issue made you think it was time for an eye examina-
tion, you can wait. The type is reduced, magically creating more space for
less expense.

As the television channels say, "We are experiencing temporary diffi-
culties. Do not adjust your set." Our goal is to publish your magazine in
the most economical way possible without sacrificing features you enjoy
and appreciate. We hope for a more colorful future.

Elizabeth Phillips Runkle's piece on "Superdom" was wonderful. Let's
see more debunking the lie that we can have it all in perfection - a lie com-
pounded by some of the other articles in this issue pushing women into ca-
reers. The most important career for anyone is to manage the "human
resources" of their own children.

—Susan Foy Spratling, Auburn
Birmingham, AL

As a single parent, I had to work to provide my children's roof. I toler-
ated harassment and unequal pay but never dreamed of torching my un-
derwear. Feminism, redefined in one word by Kim Padulo - **EQUALITY**
- makes me sorry I didn't stand up like our brave Founders who were
"hooted" for their endeavors by college men and the Monmouth College
newspaper!

—Carol Craig Cowan, Arizona
PDC Kappa South
Tucson, AZ

Another stellar issue of *The Key*. Buzz words of the '60's come to
mind: current and relevant . . . The Key now portrays more of the sub-
stance which pertains to a 121-year-old organization of vibrant women . . .
and is now one of the best fraternity publications in my office.

—Judith Farnham Preston, Boston
Coordinator of Greek Life
University of Connecticut

I have really enjoyed my Kappa years and I'm in a newly formed
alumnae group. I feel that it (*The Key*, Winter 1991) was a very feminist
edition and I disagree that Kappa is a feminist organization. I also dis-
agree with affirmative action . . . I feel that a woman's place is in the
home. I have a master's degree in mathematics and I will be teaching a
class at a local university in the Spring. I personally believe women should
get equal work for equal pay but I do not feel that women should be pro-
moted because they are women. . . I hope in the future that Kappa will
not reflect these ideas and values.

—Twila Gregory Horne,
Mississippi State
Slidell, LA

For the first time I read *The Key* from cover to cover. The picture of
Donna deVarona on the front was part of the bait. I, too, am an Olympic
medalist, a swimmer in the 1956 Games in Melbourne. The article "Why
Not" was wonderful. I had to go on and it was well worth my time. Thank
you.

—Joan A. Rosazza, Purdue
Carlisle, MA

Kappa Memories



Alumnae enjoy journeying back in time via college yearbooks and
scrapbooks during the Alabama State Day.

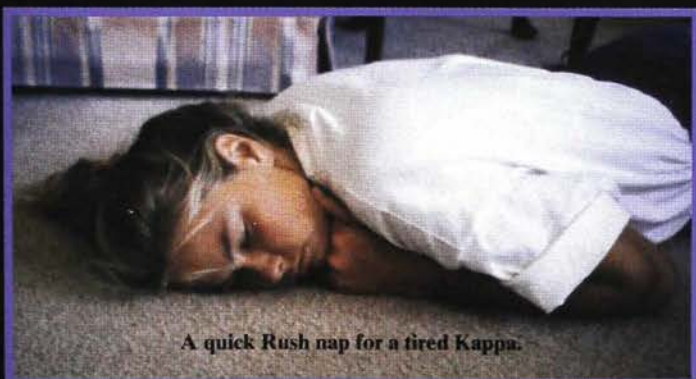
Kappa Memories



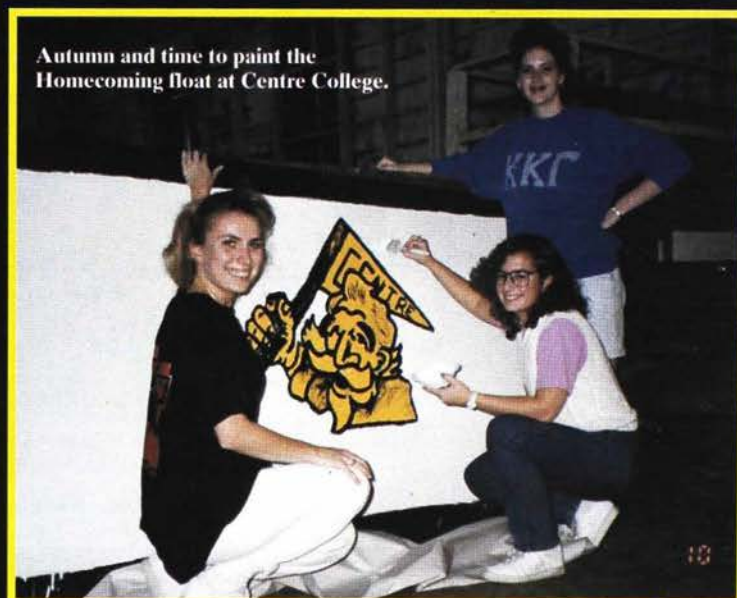
Homecoming at SMU means Kappa reunions.



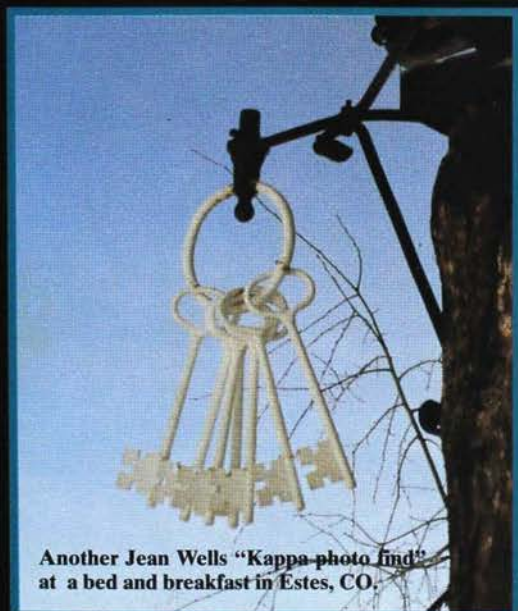
New chapter officers "twisting and turning" through a leadership exercise at Miami (OH).



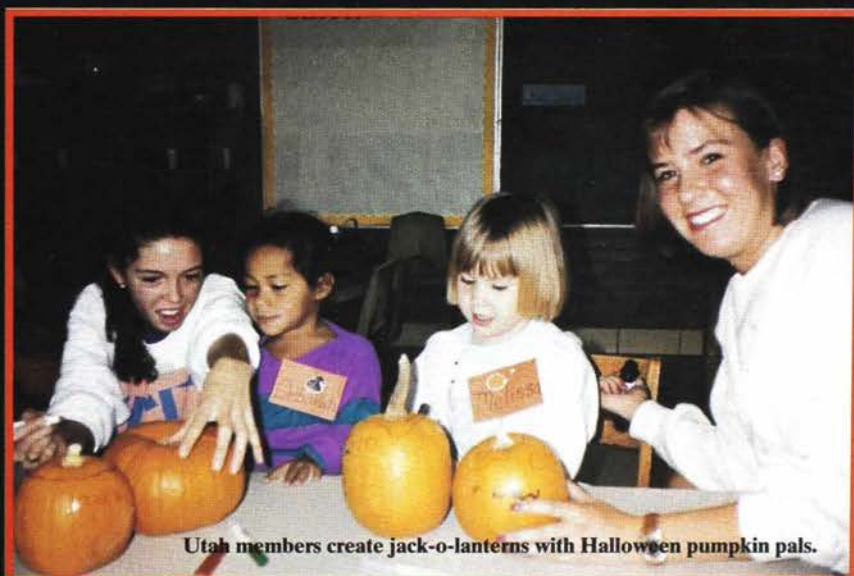
A quick Rush nap for a tired Kappa.



Autumn and time to paint the Homecoming float at Centre College.



Another Jean Wells "Kappa photo find" at a bed and breakfast in Estes, CO.

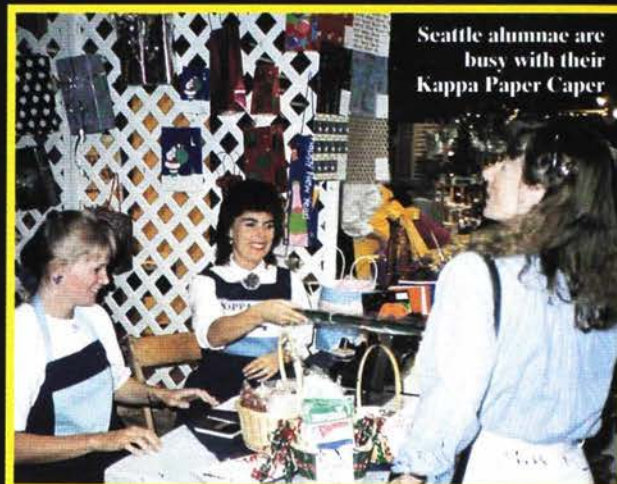


Utah members create jack-o-lanterns with Halloween pumpkin pals.

Kappa Memories



Hinsdale (IL) alumnae
with Love Baskets for
Oakland Kappas.



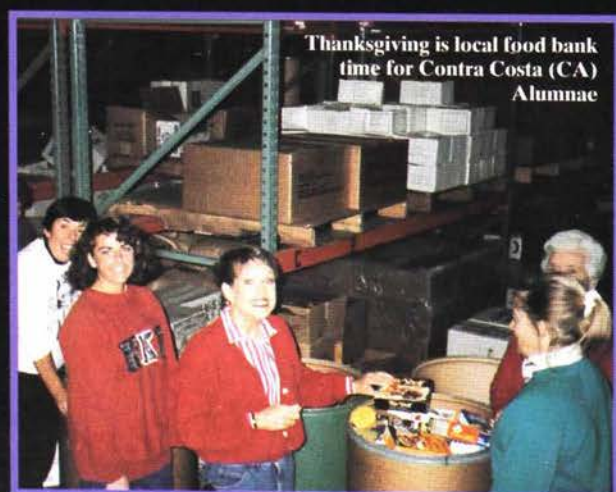
Seattle alumnae are
busy with their
Kappa Paper Caper



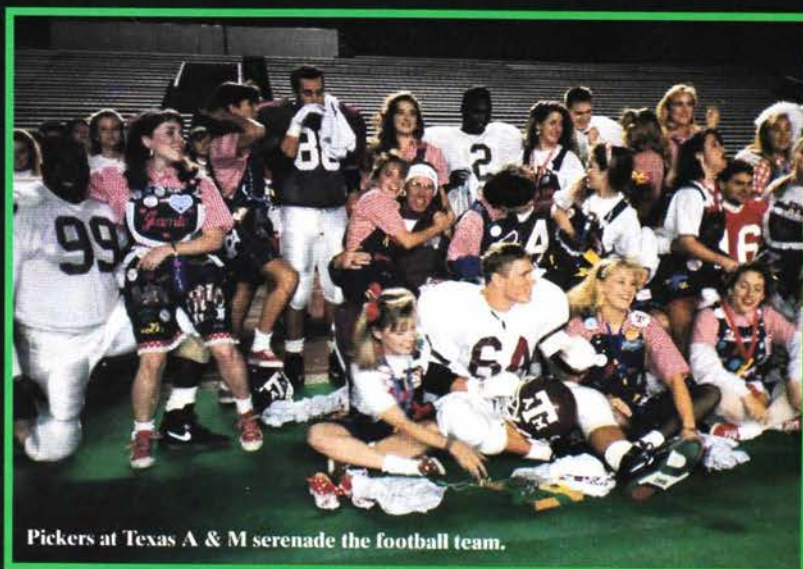
Miami (OH) members care and share by filling Baskets of Love



Sweat shirts, sweat
shirts, sweat shirts,
never too many!



Thanksgiving is local food bank
time for Contra Costa (CA)
Alumnae



Pickers at Texas A & M serenade the football team.

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5. Alternating Pearl/Diamond Badge	-	155.00	-	-
6. Alternating Sapphire/Diamond Badge	-	167.00	-	-
7. Crown Diamond Badge	-	240.00	-	-
8. Special Plain Award Key	-	56.00	-	-
Special Award Key with Pearls (not shown)	-	92.00	-	-
Special Award Key with Sapphire, Garnets or Rubies (not shown)	-	94.00	-	-
Special Award Key with Diamonds (not shown)	-	450.00	-	-
9. Special Award Key with Emeralds	-	108.00	-	-

NOTE: For Enameled Letters, add \$1.00 to the above prices.
(GK) Goldplated is a 14K electroplate.
(SS) Sterling Silver.

GREEK LETTER CHAPTER GUARDS

Please specify chapter letters

10a. Plain Single Letter Guard	-	25.00	11.00	-
b. Plain Double Letter Guard	-	32.00	13.20	-
c. Chased Single Letter Guard	-	28.00	13.20	-
d. Chased Double Letter Guard	-	34.00	16.50	-
e. Crown Pearl Single Letter Guard	-	56.00	31.90	-
f. Crown Pearl Double Letter Guard	-	73.00	48.40	-

NOTE: Guards available in ruby, sapphire, emerald and diamond stone combinations.
Price available on request.

LAVALIERES

11. Crest Lavalier	44.75	30.25	12.10	12.10
12. Crown Pearl Straggled Letter Lavalier	105.25	81.05	60.50	-
13. GF Small Round Filigree Charm with Crest	-	43.55	24.20	25.30
14. GF Oval Filigree Charm with Greek Letters	-	46.00	26.40	27.50
15. Vertical Letter Lavalier	36.30	26.60	7.70	12.10
16. Heart Lavalier	37.50	27.85	12.10	12.10
17. Circle Lavalier	37.50	27.85	12.10	12.10
18. Key Lavalier	36.30	26.60	7.70	12.10
19. Pin-on-Badge Charm	149.80	107.00	50.00	50.00

Note: The prices above do not include neckchain; add \$5.00 to above prices for 18 inch gold-filled or sterling silver neckchain.

BRACELETS

20. Key Bracelet with Crest	14K	10K	GK	SS
	-	211.75	82.50	82.50

RINGS

Please specify ring size

21. Wide Band Crest Ring	157.30	121.00	55.00	
22. Round Signet Crest Ring	139.15	108.90	49.50	
23. Imperial Onyx/Crest Ring without Pearls	181.50	133.10	55.00	
24. Imperial Onyx/Crest Ring with Pearls	192.50	144.10	66.00	
25. Blue Enamel Marquis Ring with Crest	133.10	102.85	44.00	
26. Mini Monogram Ring	96.80	72.60	33.00	
27. Vertical Incised Letter Ring without Enamel	145.20	102.85	38.50	
28. Scottsdale Incised Key Ring	133.10	96.80	33.00	
29. Philly Swirl Ring				
a. All Sapphire	199.65	151.25	-	



b. All Pearl (not shown)	181.50	133.10	-
c. Alternating Sapphire/Pearl (not shown)	193.60	145.20	-
d. Alternating Pearl/Diamond (not shown)	254.00	205.70	-
e. Alternating Sapphire/Diamond (not shown)	260.15	211.75	-
f. All Diamond (not shown)	290.40	242.00	-
30. Oval Incised Letter Ring without Enamel	145.20	102.85	38.50
31. Oval Raised Letter Ring	145.20	102.85	38.50

PINS

32. Fleur de Lis Pin	-	39.90	18.70	19.80
a. Fleur de Lis Pin with 3 Pearls	-	42.35	20.90	22.00
33. 65 Year Pin	-	-	12.00	-
34. 50 Year Pin	-	-	6.00	-
35. Pledge Pin	-	-	3.00	-
36. Recognition Key Pin	-	20.00	5.00	-
37. Monogram Recognition Pin	-	-	3.60	-

KEYCHAINS

38. Horseshoe Fob Keychain	-	-	17.60	-
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Individual badge orders may be placed directly with Burr, Patterson & Auld Company. Chapter orders for badges MUST be prepared by Chapter Corresponding Secretary on official order forms obtained from Fraternity Headquarters.



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Intricate handpainted keys are displayed on these brilliant porcelain pieces.



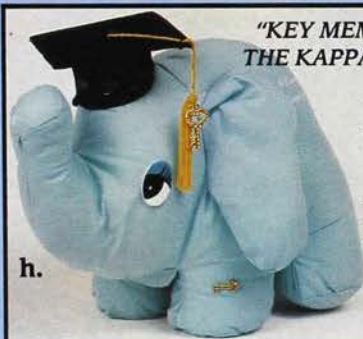
- a. Candlesticks (4 in.) \$ 49 pr. —bl—gr* (2 lb)
- b. Covered Box (7 in.) \$39.00 —bl—gr* (2 lb)
- c. Square plate (9 in.) \$36.00 —bl—gr* (3 lb)
- d. Key covered bowl (8 in.) \$76 —bl—gr* (4 lb)
- e. Tall Vase (8 in.) \$49 —bl—gr* (3 lb)
- f. Square fleur de lis bowl (9 in.) \$125 —bl—gr* (6 lb)
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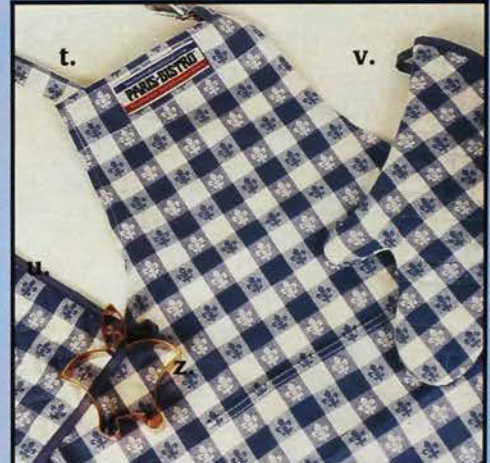


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