

the **Key**

KAPPA
KAPPA GAMMA

VOLUME 118, No. 4
WINTER 2001

United We Stand

- Kappas Did Their Part in WWII
- Tribute to September 11 Victims
- Live Your Best Life
*Kappas Share Tips for Health
and Financial Success*
- Apply Now for KKG Internships



We Are the World

And to Care for It, We Must Care for Ourselves

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

We are a world of many colors — desert tan, ocean blue, farmland amber, forest green and even city gray — as well as skin tones of yellow, brown, red, white and black.

We are a Fraternity of many individuals — young and old, liberal and conservative, worker and administrator, homemaker and world traveler. We are women of Kappa Kappa Gamma — women who care about each other and our world. Since September 11, 2001, the world has forever changed but each of us will do whatever we can to put it right. In memory of the Kappa sisters and the thousands of others who were victims of terrorism, we include a special tribute in this issue. We also salute Kappas who served their country during World War II.

As women, we are naturally supporters, nurturers and caregivers. We tend to the needs of others — sometimes at the risk of our own needs. There's no quick fix for the series of upsets that can be part of daily life but there is a treatment, if not a cure, for the overall frustration and tension you may feel. The answer: Put yourself first now and then; do your best for you.

You can't do all the things you want to do — need to do — for others if you are not up to par yourself. Take a few minutes to think through your problems and — most important — look for help, or perhaps just a little understanding and sympathy.

Your physical and financial health may be the major areas where you need help, and two Kappas address these concerns in this issue. Eating healthy and managing personal finances satisfactorily relieve a lot of stress and make life easier to deal with. Lunch with a friend provides a sympathetic ear and probably a few laughs to lighten your spirits.



Illustration by Susannah Levin

We tend to say, "Oh, I'm OK," in times of stress as we continue to deal with a crisis or just the everyday load of mini crises that make up our lives. We need help, but we seldom admit it. I remember writing to a Kappa friend, moaning about a series of things that had gone wrong and saying, "I think I just need someone to pat my back and say 'Poor baby.'" This was way before e-mail but a "real" letter arrived by return mail and it began, "Dear Poor Baby." And I did feel better!

Life is full of choices. Many of them involve doing what is best for you. You chose the college with the best program in your field of interest. You chose to join a Greek organization and narrowed the choice down to Kappa Kappa Gamma. Knowingly, or by just being lucky, you chose "...an organization of women which seeks for every member throughout her life bonds of friendship, mutual support, opportunities for self-growth, respect for intellectual development, and an understanding of and an allegiance to positive ethical principles."

That initial choice follows you throughout life. That friendship continues. That support is there. Don't ever say, "I was a Kappa." You are a Kappa and you continue to have all the benefits you signed up for when you wrote your name in the pledge book.

We are a world of many colors, a Fraternity of many individuals, a group of women who give of themselves to the benefit of others. We must include ourselves as beneficiaries of our giving. Let Kappa Kappa Gamma help you live your best life!



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On the Cover

The Key Editorial Board dedicates this issue to the September 11 victims and their loved ones. The strength of our sisterhood is more evident now than ever before. Let us continue to stand proud and united as women of Kappa Kappa Gamma.





The Key is the first college women's fraternity magazine, published continuously since 1882.

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President's Message

"We are assured that, as the coming years shall widen the fields of usefulness for those who follow us, so will the influence of Kappa be found on the side of those forward movements which enlist the hearty support of every true and loyal woman, and which are so vital in these days of unrest and danger to our homes, ..."

These words of Founders MARY LOUISE BENNETT BOYD and HANNAH JEANETTE BOYD are as applicable today as when they were penned in 1926. These sisters-in-law and sisters in Kappa Kappa Gamma exemplify family and friendship.

The presence of family and friends has taken on a new meaning, especially in the wake of September 11. It was a day of tremendous sorrow and unspeakable grief that left an indelible mark on each of us. And it reminds us of just how precious life is, how important it is to cherish every moment and to reflect on what is essentially important.

Kappa Kappa Gamma was not untouched by the events of September 11. We lost members of our organization in the destruction of that horrific day. Many other members have been affected by the loss of loved ones or haunted by the knowledge of friends losing loved ones. Each of us plays a vital role in the lives of many who may not have family close at hand and who are in need of support. Our Kappa family serves as a caring network for one another as we each deal with the effects of that catastrophic occurrence.

Our resolve to face this challenge with courage and conviction is strengthened. News of great cooperation and compassion is evident. Kappas have reached out to their communities to provide support and services. One alumnae association suggested sending an extra donation with the payment of member annual dues which was then given to the American Red Cross on behalf of the members of that association. Another association offered support to members, active or alumna, directly affected by this tragedy through the Rose McGill Holiday Sharing program.

Chapter members from all parts of North America have donated blood, sponsored food drives and sold patriotic ribbons with the proceeds presented to the Red Cross. We are proud of the thousands of Kappa volunteers assisting with the recovery efforts as each act exhibits courage, compassion and care of others so typical of our membership, which has given dedicated leadership to humanitarian and philanthropic endeavors throughout the years.

Traditionally the holiday season is a time when the spirit of giving is most apparent — when people reach out a little more often to help others. It is this spirit of giving that has made our organization so outstanding and respected. Treasure this tradition and the freedom to be able to give without restraint.



Loyally,

ANN STAFFORD TRUESDELL
Ohio Wesleyan
Fraternity President

Fraternity Welcomes 129th Chapter

Kappa Kappa Gamma proudly announces the colonization of its 129th collegiate chapter at John Carroll University in Cleveland, Ohio. Kappa Kappa Gamma was successfully matched with the local sorority, Kappa Delta Gamma, on September 30, 2001. Kappa Delta Gamma was founded at John Carroll University in 1998 and is one of five local sororities on campus that sought and obtained national affiliation.

The future **ETA ZETA CHAPTER** was colonized on October 21, 2001, in conjunction with the **CLEVELAND ALUMNAE ASSOCIATION'S** Founders Day and 100th anniversary celebration. Installation occurred on November 17, 2001. Details of Eta Zeta's Installation will be highlighted in the Spring 2002 issue.

John Carroll University is one of 28 Jesuit colleges and universities in the United States. Founded in 1886, JCU is a private, Catholic, co-educational university.



Eta Zeta Colony members.

Paid Education Internship Available

Join the Education Department of Kappa Kappa Gamma Fraternity Headquarters in Columbus, Ohio, for the summer of 2002!

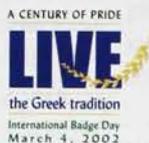
- Twelve weeks of work experience
- A stipend of \$7 an hour for the twelve weeks
- Up to \$500 of college course credit will be sought

- A housing allowance
- A trip to the General Convention in Orlando, Fla.

Contact Marla Williams, Director of Education and Training, at Kappa Kappa Gamma Fraternity Headquarters with questions or to request an application at mwilliams@kappakappagamma.org or 866/KKG-1870, ext. 132. Kappas of all ages and backgrounds are encouraged to apply. **Applications are due by February 1, 2002.** This internship is funded by a grant from the Kappa Kappa Gamma Foundation. (See Page 33 for information on the Heritage Museum Internship.)

Wear Your Badge with Pride!

Monday, March 4, 2002, is International Badge Day. The National Panhellenic Conference asks sorority women to honor their Greek affiliations by wearing their badges or letters and by participating in volunteer activities. Whether you're at the office, out of town, on campus or in your neighborhood — show your Greek pride by wearing your key, and tell others why you're proud to be a Kappa!



Updates to Fall Directory

PROVINCE DIRECTORS OF ALUMNAE (PDAs)

Delta (S): (IN) SUZANNE (SUSIE) TARDY MAXWELL, Δ (Howard), Park Tudor School, 7200 N. College Ave., Indianapolis, IN 46240-3016

Mu (S): (FL-S) LISA WERNER WIGGINS, Εφ (Tom), 500 NW 101 St., Gainesville, FL 32607

Pi (N): (OR, CA-N) DIANE KOHLMETZ REULAND, Η (William), 1329 Hwy. 395 N., Suite 10 PMB 311, Gardnerville, NV 89410

Rho: (ME, MA, NH, RI, CT, VT) CLAIRE ST. MARTIN COLLINS, ΕΕ (Bill), 345 Kearney Cir., Manchester, NH 03104

PROVINCE DIRECTORS OF CHAPTERS (PDCs)

Beta (C): (ΔΑ, ΔΦ, ΕΩ) JENNY YIM, ZM, 306 Beatty Rd., Media, PA 19063

Beta (W): (ΓΕ, ΓΡ, ΔΞ, ΖΛ) KELLY MATYAS MAGYARICS, ΓΕ, 1525 Lincoln Way Apt. #303, McLean, VA 22102

Eta (E): (BM, ΔΖ, ΕΒ) MEGAN DAVIS SCHNEIDER, ΓΜ, (Robert), 1582 Jonquil Place, Corvallis, OR 97330

Theta (N): (ΒΘ, ΔΠ, ΕΑ, ΖΞ) KAREN (KATIE) SMITH LAMBERT, ΒΘ (Robert), 2522 Walnut Rd., Norman, OK 73072

Iota (E): (BK, ΓΗ, ΓΥ, ΕΙ) SARA SANDERS BRUINS, BK, 1809 Senator St., Boise, ID 83709

Nu (E): (ΔΒ, ΕΓ, ΖΨ) AMANDA (MANDY) J. EADS, ZM, 103 Essex Dr., Chapel Hill, NC 27514

CHAPTER CONSULTANT:

(Campus address)

ΔK: HOLLY HIHATH, ΖΠ, to University of Miami, P.O. Box 248106, Building 21E, Coral Gables, FL 33124

COORDINATOR OF CHAPTER DEVELOPMENT

HZ: John Carroll: JILL HUGHES MEALY, Ω, 369 Judith Ave., Akron, OH 44313

KAPPA KAPPA GAMMA FOUNDATION

President: PATSY BREDWICK LEVANG, ΓΤ, (Gary), 10683 Highway 73, Keene, ND 58847-2094

FRATERNITY HEADQUARTERS

Associate Executive Director: LAUREN SULLIVAN PAITSON, ΔΑ (David)

Meeting Planner: BETH BONNEAU, ΖΚ
(Annual Fraternity Directory appears in the fall issue. Visit www.kappa.org anytime for complete directory information.)

Toll-Free Number for Fraternity Headquarters

A toll-free telephone number has been established to ease member communication with Kappa Kappa Gamma Fraternity Headquarters. The new number is **866/KKG-1870**. This number was selected to serve as a reminder of our organization's founding year, 1870.

What Is Your Networking Know-How?

Questions:

Have you ever asked one or more of these questions?

I'm making a career change after 20 years in the same job. Is there any way to find out if there are Kappas willing to share their career experiences with me?

I'm a graduating senior preparing to move to Phoenix to take a position in a marketing firm. Are there any Kappas in Phoenix with careers in marketing?

My daughter is moving abroad to study for a semester. Are there any Kappas in England whom she could contact?

My family is relocating. Are there Kappas in my new city that I could contact about neighborhoods and schools?

I am on the Advisory Board for our local Kappa Kappa Gamma chapter and am in need of more alumna volunteers. Do you have a list of interested Kappas in my city?

Answers:

The Kappa Connection can answer all these questions and more!

Kappa Connection is a database of members who are willing to share their interests, experiences and skills with other Kappas.

- Look up Kappas in other countries and cities worldwide.
- Identify contacts that may help in relocating to a new area.
- Identify a potential mentor.
- List area Kappas with special skills and interests who could help with short- or long-term projects, become new volunteers, chapter advisers and House Board members.

- Identify area Kappas with special skills and interests who could speak at a chapter or association meeting.
- Connect with professional women who will share their career experiences.

Here's How

Contact the Membership Services Department at Fraternity Headquarters at 866/KKG-1870 or kkghq@kappa.org with your detailed request. To register for Kappa Connection, please fill out the form below.

Here's what Kappas are saying about Kappa Connection ...

TINA TRACY, *Bowling Green* — "Information I received from alumnae about a possible career change was thorough and helpful."

PAT FLANIGAN, *Cal. State Fresno* — "I used Kappa Connection to locate a financial planner to speak at an alumnae association meeting. The computer printout listed many possible Kappas in our area. This is a wonderful program!"

LENA COHEN, *Emory* — "Upon graduation, I e-mailed Headquarters for a list of Kappas in marketing in Portland, Ore., and Atlanta, Ga., two places I was considering moving to. Every Kappa I talked to was willing to help me with advice and interviewing tips. Even though I had never met them, they treated me like an old friend."

KRISTEN BLANKENSHIP, *Virginia Tech.* — "Wonderful Kappas helped me prepare my résumé and they provided me with important information about my field of interest. These alumnae are excellent resources and they continue to keep in touch."

Please complete this form to register with Kappa Connection.

Have you previously completed the Kappa Connection fact sheet? Yes _____ No _____

Name: Last _____

First _____ Maiden _____

Home Address: _____

Is this a new address? Yes ___ No _____

E-mail: _____

Home Phone: _____ Work Phone: _____

Chapter: _____ Year of Initiation: _____

Member#: _____ (See your Key mailing label)

Interests/Skills: _____

I Want to Be a Volunteer _____

Areas of Interest: Alumnae Association _____,
Chapter Adviser _____, House Board _____, Assistance
with Initiation _____, Assistance with Membership
Recruitment _____, Social Chaperoning _____,

Leadership Development and Training _____,
One Day/Single Event Volunteer _____, Province Officer
_____, Other _____

I Want to Be a Mentor _____

Areas of Interest: Career Mentor _____, Relocation (to a
new community) Mentor _____, Other _____

Occupation: _____

Job Description: _____

Employer: _____

I understand that this information may be released to any
Kappa who requests the information.

Signature _____ Date _____

Return to: Kappa Kappa Gamma Headquarters, P.O. Box
38, Columbus, OH 43216-0038 or Fax: 614/228-7809

Questions? Contact SALLY SPENCER, Volunteer Services
Chairman, at 866/KKG-1870 or kkghq@kappa.org.

The Million-Dollar Question: What IS Kappa's Philanthropy?

The correct answer is ... **There is no single philanthropy.**

If this were a real contest, you could have won \$1,000,000! Rehabilitation services or helping the injured, handicapped and aged through rehabilitation was adopted as the Fraternity's philanthropy in 1952. This broad focus enables each alumnae association and chapter to develop a program that serves the local community and provides its members with the opportunity to participate in community service, fund raising and collaborative community projects.

So, what are chapters and associations actually doing in the area of philanthropy? The answer is LOTS! Last year alone — chapters and associations donated more than 137,000 volunteer hours and thousands of dollars to make life better for those in need. People whose lives have been touched by Kappas include children, cancer patients, the elderly, physically and/or mentally challenged individuals, and battered women and their children.

Kudos to all chapters and associations for what you do to make a difference in the lives of those who need help. Below is a list of some of the projects done last year by chapters and alumnae associations.

Chapter	Project	Chapter	Project
A ^Δ — Monmouth	Kids Roller Skating	B ^Δ — Michigan:	Booth for Kids at Fair
BΘ — Oklahoma	Art in the Park	ΔA — Penn State	AIDS Walk
ΔΣ — Oklahoma State	Into the Streets	ΔT — Southern California	School Reading Program
ΔY — Georgia	Boys & Girls Clubs	EA — Texas Christian	Zoo Volunteers
EΓ — North Carolina	Youth Baseball & Soccer	EI — Puget Sound	Pediatric Ward
EM — Clemson	Habitat for Humanity	EO — UC Davis	Girl Scout Troop
EΠ — UC Riverside	Women's Shelter	EA — Furman	Adopt-A-Highway
ΓO — Wyoming	Haunted House	K — Hillsdale	Angel Tree (jailed mothers)
Ω — Kansas	Soup Kitchen	ZB — Lafayette	Clothing Drive
ZI — Villanova	Canned Food Drive	ZK — Bowling Green	Dance Marathon

Association	Project
Arcadia, Calif.	Operation School Bell, Foothill Unity Center
Atlanta, Ga.	Atlanta Day Shelter for Women & Children
Champaign/Urbana, Ill.	Lifeline Pilots, Generation of Hope
Charlotte, N.C.	Carolina Raptor Center, Alexander Children's Home
Dallas, Texas	Meadows Museum, Bryan's House
Desert, Calif.	Guide Dogs
El Paso, Texas	El Paso Rescue Mission
Greenville, S.C.	Camp Spearhead
Huntsville, Ala.	Huntsville Hospital Pediatrics
Lawrence, Kan.	Big Brothers, Big Sisters
Mobile, Ala.	Friends Interested in Neurological Disorders
Naperville, Ill.	Loaves & Fishes Food Pantry
Northeastern Mississippi	Faith Haven (children's shelter)
Northern New Jersey	Shelter Our Sisters

Associations donated the following to:

COLLEGIATE CHAPTERS:	
<u>2000-2001</u>	<u>1999-2000</u>
\$63,400	\$85,800
LOCAL COMMUNITIES:	
<u>2000-2001</u>	<u>1999-2000</u>
\$ 553,900	\$313,000
KKT FOUNDATION:	
<u>2000-2001</u>	<u>1999-2000</u>
\$ 142,300	\$130,400

As the Fraternity Chairman of Philanthropy, I would love to hear from every chapter and alumnae association this year! Send photographs and news of Kappas volunteering in the community. Let me know all the great things you are doing. I'm looking forward to sharing your philanthropic endeavors with the Kappa family and our publics.

So now the million-dollar question is — What philanthropy projects are you doing this year?

— By CAROL LASH ARMSTRONG, *Miami (Ohio)*, Chairman of Philanthropy

Don't Miss the Convention in Orlando!

Mark your calendar for Kappa Kappa Gamma's 64th Biennial Convention, June 19-23, 2002, at the Hilton in the Walt Disney World Resort in Orlando, Fla. Join 1,000 Kappas at this luxurious resort close to the Magic Kingdom.

The Fraternity Council, Convention Committee and Regional Directors of Alumnae and Chapters are busy planning informative programs and workshops. A highlight this year is a social track for the Convention visitors to attend.

Special Resort Features:

- two outdoor heated swimming pools
- tropical outdoor spa
- complete fitness center
- preferred tee times at the five championship PGA Walt Disney World courses
- guaranteed access to the Walt Disney World Theme Parks
- within walking distance of Downtown Disney
- a variety of shops
- 1,000 smiling Kappa sisters!



How to Register:

If you would like to join the fun, please complete and return the form below. All alumnae associations, chapters, house boards and advisory boards will receive registration packets in February 2002. Full-time and part-time packages will be offered. Association and chapter delegates must attend full time. Information will also be available at www.kappa.org.

Cost and Travel:

The registration fee is \$145. Hotel and meals are \$680 per person (Wed. dinner through Sun. breakfast). Airport shuttles to and from the resort are included if flight reservations are made through Century Travel, the Fraternity's official travel agency. For more information, return the coupon below, call 866/KKG-1870 or e-mail BETH BONNEAU, *Bowling Green*, Meeting Planner, bbonneau@kappakappagamma.org for a registration packet.



Yes, I am interested in attending the 64th Biennial Convention, June 19-23, 2002.

Full Name: _____ Chapter/School: _____

Address (February 2002): _____

Phone: _____ E-mail: _____

Return this form to:

Convention Assistant, Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 38, Columbus, OH 43216-0038.

Who Will Lead the Fraternity in this New Millennium?

Every Kappa is invited to participate in the nominating process.

RESPONSIBILITIES

Council Members

The members of the Fraternity Council are responsible for the management of the Fraternity. They set policy, determine the direction of the Fraternity and deal with Greek issues. They must attend regular Council meetings, Province Meetings, General Conventions and assist in Foundation efforts. They also are called upon to attend other Fraternity functions and visit alumnae associations and chapters.

PRESIDENT: presides over all meetings of the Fraternity and the Council. She supervises Fraternity operations and administration, and oversees relations with colleges and universities. She presides at the Installation of new chapters. She is an *ex officio* member of all committees except Nominating, and appoints individuals to fill vacancies with the approval of the Council.

VICE PRESIDENT: presides in the absence of the President and assists her in all ways. She oversees all publications, public relations projects and educational programs.

TREASURER: reviews the Fraternity's financial operation and develops a fiscal plan for the future. She oversees all areas of Fraternity and Foundation finance, directs the work of the Finance Committee, prepares the budget and reports on finances to the Council and the General Convention.

DIRECTOR OF ALUMNAE: supervises the organization and administration of alumnae associations and participates in the alumnae association extension program. She directs the work of Fraternity volunteers involved with the development and management of the alumnae associations.

DIRECTOR OF CHAPTERS: supervises the organization and administration of all collegiate chapters and is responsible for the annual review of chapter management and needs. She directs the work of those volunteers involved in the development and management of the chapters.

DIRECTOR OF MEMBERSHIP: directs the program of selection of new members. She is in charge of membership policies and procedures and is responsible for the maintenance of permanent membership rolls. She assists in the annual review of chapter needs.

DIRECTOR OF STANDARDS: works with the chapter Standards Committees and participates in a review of chapter needs. She is responsible for standards policies and procedures.

Regional Officers

REGIONAL DIRECTORS OF ALUMNAE AND DIRECTORS OF CHAPTERS: oversee the work of the Province Officers in working with alumnae associations and chapters. These women are responsible for program development, implementation of policies and procedures, and training. Regional Officers meet at least once as a Regional Council between General Conventions. 

At the 2002 General Convention, the voting delegates will elect the leaders of Kappa Kappa Gamma Fraternity for the 2002-2004 Biennium. Every Kappa is invited to become part of the process by submitting recommendations to the Nominating Committee.

Who is elected at the General Convention?

The Fraternity Council, the Regional Directors of Alumnae and the Regional Directors of Chapters will be elected in Orlando, Fla., June 19-23, 2002.

Who can recommend a candidate?

Any Kappa may recommend a candidate. Suggestions are also solicited from chapters and alumnae associations. Individuals are also encouraged to submit their own names to the Nominating Committee if they are interested.

Whom may I recommend?

Any alumna in good standing who has served the Fraternity within the past 10 years as a member of Council, as a Regional or Province Officer, as a Traveling Consultant, as a chairman of a Standing or Special Committee, or as a Council Assistant is eligible for any Council or Regional position.

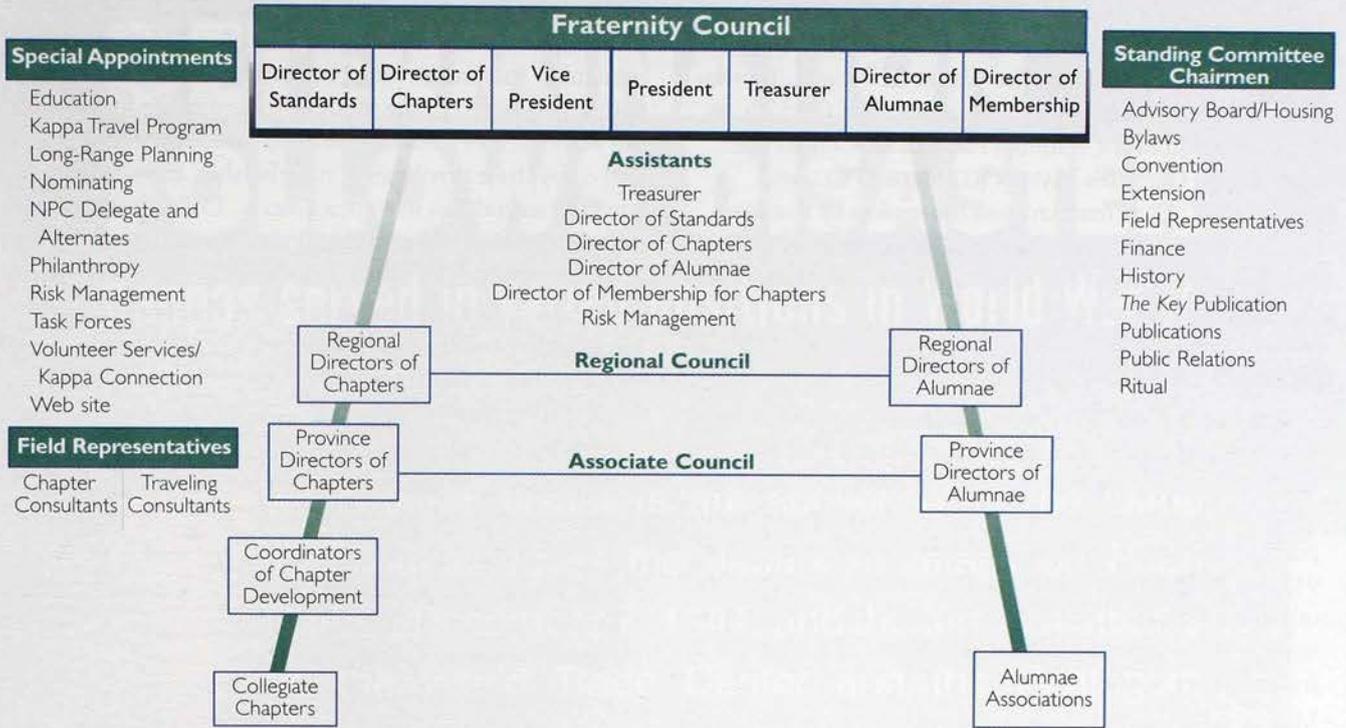
What other qualities are important?

The candidate should have demonstrated leadership ability and good managerial, communication and analytic skills. She should be mature, a good team-player, self-motivated and able to relate well to people. She should be a role model—someone who will represent the Fraternity well.

What is the term of office?

Fraternity Council members and Regional Officers are elected by a majority vote to a two-year term at the close of each General Convention. No one may hold the same position for more than two terms.

Kappa Kappa Gamma Fraternity Organization Chart



Kappa Kappa Gamma Recommendation for Fraternity Position

Mail to: JAN HARENBERG STOCKHOFF, 6917 Rosewood N.E., Albuquerque, NM 87111, Deadline: March 1, 2002. Form will be available at www.kappa.org after January 15, 2002.

Recommendation for: _____
First Name Middle/Maiden Last Husband's First Name

Street Address City State/Province Zip

Telephone: _____ E-mail: _____

Chapter: _____ College: _____

Alumnae Association: _____ Province: _____

Position(s) for which this Kappa is recommended: _____

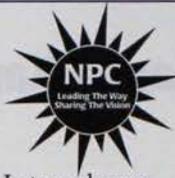
Reasons for recommending this Kappa: (e.g., Fraternity experience, achievements, skills, qualifications) _____

Recommendation submitted by: _____
First Name Middle/Maiden Last Husband's First Name

Chapter: _____ Alumnae Association: _____

Recommended by: Chapter Association Individual Other

NPC ... Leading the Way, Sharing the Vision



Delegates and representatives of the 26 NPC member groups convened at The Westin La Paloma, Tucson, Ariz., October 19-21, 2001, to conduct the 57th Biennial Session of the National Panhellenic Conference. Kappa Kappa Gamma's **MARIAN KLINGBEIL WILLIAMS**, Missouri, NPC Chairman, opened the session by thanking attendees for their willingness to join in Panhellenic sisterhood during this tragic and uncertain time. Below are highlights of Marian's message.

Biennial Session Highlights:

- Minutes of the 1951 Conference, including questions posed by then Conference Chairman, Kappa Kappa Gamma **EDITH REESE CRABTREE**, *Wooster*, were revisited. Topics addressed in 1951 included: membership techniques, our place on campus, how to fit into the orientation program, whether fraternities are too expensive, public relations, and questions such as, "Did we over-expand?" and "How can we work with college administrative officers who have no fraternal experience?"
- Marian reflected upon how topics explored through a town meeting format in 1951 are relevant today. She challenged the Conference to deal with three vital issues: 1. Whose chapter is it? 2. Advantages and challenges of working with men's groups 3. Recruitment concerns.
- Alcohol remains the number one problem. NPC continues to support Alcohol-Free Housing for men. Marian's hope: all 26 member groups will unite with a well-defined alcohol policy on co-sponsored activities.
- An alarming statistic is the decreased number of organized alumna groups. This affects the number of alumnae serving our collegiate chapters as advisers and house corporation board members. Recruitment and training of alumnae volunteers must be priorities.
- NPC has been cultivating relationships with Latino/Latina, Asian and Native American brother and sister groups, and recognizes the need and advantages of coming together for dialogue and support.
- NPC educational program sponsorships of "Something of Value," "Drug Education," "Women and Girls, Tobacco and Lung Cancer," "College Women and Depression," "Something to Talk About — Confrontational Skills," and "Academic Excellence" are positioned for success and are creating a lasting impact.
- Membership statistics increased in 2000-2001, but 1999-2000 showed a decrease in total membership numbers for the biennium. With women accounting for 53 percent of college enrollment, an all out effort to attract more women is necessary.

Marian's closing remarks included: "... Let us always remember that we are here because those before us kept the faith and believed in the ideals of fraternity life for women. We will endeavor to do the same so future generations will also enjoy these privileges of membership. It is said that adversity introduces us to ourselves ... Collectively, we have unlimited power and resources to accomplish great things. Most important — we have a commitment to one another."

As Marian reflected upon her term, family and many Kappas in attendance looked on with pride. Her son, Steve, a Lt. Colonel in the Army at the Pentagon, surprised Marian with a fitting tribute:

"Mom — when you were addressed as Madam Chairman during today's meetings, that brought back memories. As children, that's what we had to call you.

"I also remember a personal tragedy for me 35 years ago. When I was 5, Mom burst my bubble and told me I didn't have the qualifications to be a Kappa. You see, I always wanted to be like my mom.

"In my job, I have to find the weaknesses of our enemies. In looking at the Taliban, I saw the factor that will lead to their downfall, and that is their subjugation of women. As I look out to the incredible leaders in this room, I see what is America, and why we prevail.

"In my career, I have had to rise to the ultimate test of leadership in many countries — weighing decisions that meant life or death, including evacuating people from the Pentagon after the attack several weeks ago. I took my lessons of leadership, not from my four years at West Point and study there of the great leaders of our country, nor from the many exemplary leaders I have worked for and with in the Army, Navy and Air Force. I did not need to. My mentor was Marian Williams. From her, I learned to treat all people equally, about empathy, and how to be committed and driven. To this day, like that 5-year-old, I continue to walk in the footsteps of a great Kappa. Thanks, Mom."



Outgoing NPC Chairman **Marian Klingbeil Williams**, Missouri, and her family: daughter **Debbie Williams Volk**, New Mexico, sons Steve and Ken, and husband Chuck.

DETERMINATION FOLLOWS DISASTER

Kappas served in varied positions in World War II

— By LOIS CATHERMAN HEENEHAN, *Adelphi*

Two national disasters are spoken of in the same shocked tones — the Japanese attack on Pearl Harbor, December 7, 1941, and the terrorist attacks on the World Trade Center and the Pentagon, September 11, 2001. Almost 60 years apart, both events changed lives forever. Whether affected directly or indirectly, people everywhere reacted with horror, but also with determination.

In the 1940s — they didn't think of themselves as part of "the Greatest Generation." They just knew there was something important to do and they pulled up their socks and did it. Men went to war — and so did women. From serving donuts and coffee at canteens or becoming "Rosie the Riveter" in defense plants, to serving in newly created branches of the Women's Service Corps, women did their part in World War II. Many of them were Kappas.

In May 1942, SARA BOSWELL, *Oklahoma*, and ELIZABETH THOMPSON, *Oklahoma*, were featured in the *Ada Evening News*, the local newspaper of Ada, Okla. They, along with several other young women, joined the Red Cross Motor Corps, completing a 16-hour motor mechanics course, 30 hours of first-aid training and lectures on traffic regulations. The duties of motor corps members are to serve during peacetime as well as during war or disaster, to take review courses in training and to serve voluntarily, without compensation.

Sara served as chairman of the local motor corps, and Elizabeth served as vice chairman. "Someone said the girls couldn't do it because it was not a girl's job," the newspaper article reported. Nevertheless, the "girls" learned to change tires, replace bulbs, check wiring and fuel trouble, clean carburetors, unlock starters, adjust battery cables and handle other common car problems.

JANE EMIG FORD, *Ohio State*, was employed at Fraternity Headquarters when she was called by the Red Cross and interviewed for a position driving a clubmobile. These vehicles transported anything and everything to GIs stationed at remote outposts. Along with delivering mail, shaving materials and even ping-pong balls, the clubmobiles brought a touch of home in the persons of two American women drivers who organized parties at the camps. Jane was stationed at Red Cross Clubs in China and Japan and drove a clubmobile in India, Burma and Korea. In Burma, she drove across the Burma Road, a supply lifeline that was often under bombardment or construction and repair. Coffee and donuts for the engineers were among the items delivered by the clubmobile. Jane and a partner also staffed a 24-hour clubmobile at the base from which pilots flew supplies "over The Hump" to China.

In Korea, Jane lived in Seoul and was stationed at the Red Cross post that served the 38th parallel, the dividing line of the divided country. At one point she and



Jane Emig Ford, *Ohio State*, drove a Red Cross Clubmobile transporting supplies to GIs stationed at remote outposts.



Elizabeth Thompson, *Oklahoma* (first row, far left), and Sara Boswell, *Oklahoma*, (first row, far right) served as officers in the Ada, Oklahoma chapter of the Red Cross Motor Corps in 1942.

another worker gathered all the American women they could find, including Red Cross workers, nurses, etc., and took them to the parallel for a dance to boost morale.

Overseas two and a half years, she met three Kappas during her service — one was her partner in India and another shouted from a boat in Inchon, "I saw your picture in *The Key*. I'm a Kappa, too!"

VIRGINIA TUCKER JONES-HEISS, *William and Mary*, was the first chairman of the Army and Navy Association. She developed Kappa's Service Women's Centers, with the first one opening in time to greet the first Women's Army Auxiliary Corps (WAAC) class of officer candidates at Fort Des Moines, Iowa, a class that included 11 Kappas. Eventually 1,200 Kappas staffed additional units, which served 300,000 American women in uniform.

Service flags were displayed in the windows of homes where a family member was in the armed forces, including 600 Kappa homes. Four stars appeared on the flag at Fraternity Headquarters, known then as Central Office, for staff members serving their country.

EVELYN WATTAM HINSHAW, *North Dakota State*, joined the Special Services Department of the Army as cafeteria manager of the Enlisted Men's Club at Salina Army Airbase, Kan. When these clubs were later turned over to the Post Exchange, she joined the American Red Cross as a snack bar manager, serving in Iran and Egypt, then in several posts in Germany. As manager of the ARC Dining Room in Egypt, Evelyn was responsible for serving more than 1,500 people per day. ARC clubs were later turned back to Special Services and Evelyn wrote home for her old uniform and stayed in Germany until 1949, appreciating the opportunity to see more of Europe. She also remembers teaching home economics in North Dakota before the war where

her pay was \$900 yearly; teachers were not allowed to be married and could only leave town one weekend per month, "How times have changed!" she says.

FRANCES STEEN SUDDETH JOSEPHSON, *Goucher*, was a college senior in 1942 when she was secretly recruited for communications intelligence work. She led a secret life in the world of highly classified cryptography doing work that could not be revealed to anyone for 50 years. Commissioned a Navy ensign, she was part of the first group of about 150 WAVES (Women Accepted for Volunteer Emergency Service). With other handpicked American women, Fran deciphered enemy codes during the time when the U.S. Navy was being battered on two fronts — by Japan in the Pacific and Nazi Germany in the North Atlantic. Fran has maintained active participation in several military organizations, and in 1998 she received Kappa's Alumnae Achievement Award.

MIRIAM CROWLEY MCCUE, *Wyoming*, enlisted in the Navy in 1944, received officer training at Smith College and was commissioned an ensign. With a back-



Frances Steen Suddeth Josephson, Goucher, led a secret life in the world of highly classified cryptography.

ground in psychology, she was assigned to the Philadelphia Naval Hospital for "training in psychiatry." Later assigned to Hunter College, she taught psychology to a class of 100 hospital corpsmen who were being trained to work with the blind, deaf and amputees expected to come from the invasion of Japan. With the release of the atomic



Evelyn Wattam Hinshaw, North Dakota State, joined the Special Services Department of the Army — Evelyn then ... and now.



Miriam Crowley McCue, Wyoming, served as an ensign in the Navy.

bomb, that invasion never occurred. Separated from the service in 1949, she donned her uniform again — and it fit! — in 1995 to take part in the Lexington, Mass., Patriot's Day Parade honoring World War II veterans. (Patriot's Day, celebrated in early April, is unique to Massachusetts and includes the Boston Marathon.)

MARY ELLEN (MOLLY) CARNEY NIELSEN, Michigan, enlisted in the WAAC at the end of her junior year. Assigned to the Aircraft Warning Center in New York City and working out of the New York Telephone Company offices, the WAACs lived in hotels and were to report suspicious enemy activity. Next assigned to General Eisenhower's Headquarters, Molly served in Algiers, North Africa, and Caserte, Italy. The WACs (the title had been shortened) lived in a palace but without heat. Many top-secret messages came through Molly's hands and she was one of the few who knew in advance of the timing of the invasion of Normandy.

Returning to Michigan to complete her degree at the end of the war, Molly was the first woman in the United States to enroll on the GI Bill of Rights, causing the university some confusion about how to handle her enrollment.

JOSEPHINE TAGGART SHOEMAKER, Penn State, volunteered to join the U.S. Navy with her husband. He became a lieutenant, she an ensign. She resigned when he was to be shipped out, hoping to meet him in

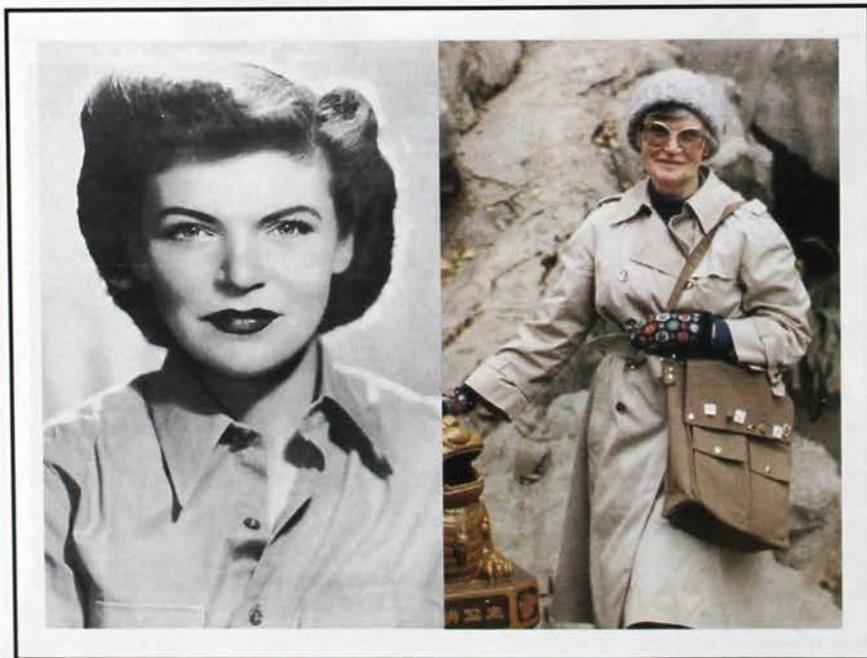
California. However, his ship sailed before she could reach him as he began three years of service in the South Pacific. She remembers Christmas morning 1943, serving at the U.S. Naval Auxiliary Air Station in Green Cove Springs, Fla., when an alert stated that Germans were coming. As Officer of the Day, she was responsible for seeing that all planes were ready, all leaves were cancelled,



Josephine Taggart Shoemaker, Penn State, joined the U.S. Navy with her husband.

all hands within an 80-mile radius were called back and all posts were doubled and machine guns manned. The invasion did not occur.

KATHERINE SUTTON TUOHY, Boston; **LETITIA SPEER YABLONSKY**, Monmouth; **PATRICIA (PATTY) BERG**, Minnesota, and **KATHRYN ADE SPRINKLE**, Purdue, were in the seventh class of officer training candidates of the Marine Corps Women's Reserve, Camp Lejeune, N.C., in November 1943. Katherine is wearing the button everyone wore for identification during the training period. Patty Berg later became a world-renowned golfer and a recipient of the Fraternity's Alumnae Achievement Award (1956).



Molly Carney Nielsen, Michigan, enlisted in the Women's Army Auxiliary Corps (WAAC) at the end of her junior year and was assigned to the Aircraft Warning Center in New York City — Molly then ... and now.



Katherine Sutton Tuohy, *Boston*; **Letitia Speer Yablonsky**, *Monmouth*; **Patricia (Patty) Berg**, *Minnesota*, and **Kathryn Ade Sprinkle**, *Purdue*, were in the seventh class of officer training candidates of the Marine Corps Women's Reserve, Camp Lejeune, N.C.

ELIZABETH ZANE McCULLOCH WESTON, *Washington*, was executive secretary of the Red Cross in Bay St. Louis, Miss. She was on 24-hour call and her daughter, MARY LEIGH WESTON, *Mississippi*, recalls many meals interrupted by a phone call pertaining to service needs, including the unpleasant task of bringing telegrams to families. Despite concerns about her son serving in the army in France, Elizabeth never faltered in her loyalty to those she served.

HELEN A. WILSON, *Missouri*, was commissioned as a second lieutenant in the Marine Corps in June 1943 in Massachusetts where the U.S. Navy conducted her training. Then stationed at Camp Lejeune, she served as an instructor and later as a company commander. When women were permitted to go overseas, "which at that time was Hawaii," she was assigned to the staging area in San Diego. She returned to inactive status at the end of World War II but saw active duty

again during the Korean War. Assigned to the Marine Corps Air Station, Cherry Point, N.C., she found that there was "some fear and trepidation on the part of some of the male officers that the presence of women would cause many problems." The commanding general told Helen that she would be held personally responsible if anything happened to any of the women.

Rising through the ranks to become a lieutenant colonel in 1958, Helen had reached the highest rank permitted to women in those days. Ten years later, however, Congress passed a law permitting women to attain the same rank as male Marines and she was promoted to Colonel in the Marine Corps Reserve, one of the first women to attain this rank. Helen says, "Being a very small and insignificant part of the 'Greatest Generation' is an honor I could never have hoped for. My few years in service to my country were to me the most meaningful days of my life."

On the home front, overseas, or at a general's headquarters, the experiences of women during World War II were unique. They went to places they might never have journeyed to otherwise. They saw sights they might never have seen — or ever wished to see again. They succeeded in jobs they might never have thought to tackle but recognized the need to try. They dressed in uniforms, slacks and coveralls and were delighted to enjoy nylons and release their hair from "snoods." They touched the lives of people they would never meet again but were proud to help and know. They were Kappa women eager to support women and men, part of the "Greatest Generation."

It was — and is — the best of times, the worst of times. With determination, dedication, work and prayer, a new great generation rebuilds from the rubble. 



Helen A. Wilson, *Missouri*, was one of only a few women promoted to Colonel in the Marine Corps Reserve.

EDITOR'S NOTE: The Key appreciates the letters and articles that were submitted for this segment and apologizes that not all submissions could be used.



Kiss the Bag Lady Goodbye!

A Kappa turns tragedy into triumph — now she helps women of all ages take charge of their finances.

— By PATSY PIERCE ACERS, *Oklahoma*

I was comfortably married for 23 years. Then my husband left me for another woman. At age 47, my financial picture changed almost overnight. I became a frightened figure suffering 3 a.m. anxiety attacks over the reduction of my income and the obvious loss of my “retirement.” I quickly realized I had spent most of my life building a career for someone else. I had been out of the workforce for more than 20 years rearing four daughters. I woke up one morning in a cold sweat realizing I had no retirement plan.

When I actually met a “bag lady,” a college graduate living off the refuse of the streets, I was consumed by a gnawing fear that I might become a bag lady too. However, I was better equipped than most of my friends to confront the financial, emotional and social devastation that frequently accompanies life changes induced by death or divorce because I had learned to budget on very little income during my husband’s medical school years.

I began to put my financial affairs in order. Soon I was advising other women, friends and business acquaintances. I quickly saw the need for women of all social and economic levels to have better financial counseling. From my own experience, I knew that often the financial advisers (tax accountants, bankers) swing support to the husband because he has a job and usually the largest income. Statistics collected by the University of Michigan point out the average divorced woman's standard of living declines 73 percent while the divorced man's standard of living increases 73 percent. Through my work with a charitable medical organization, I met families whose financial lives were changed by life-threatening diseases. These experiences spurred me to continue my research.

“Find out where wills are kept, what insurance policies are in force, what assets you have and what retirement plans have been made.”

I did extensive research with insurance companies and financial planners to determine how to help women achieve a state of financial well-being. The result was “Bag Lady” seminars. The bag lady is an icon of all we do not wish to become. I come dressed as a bag lady to the seminars and proclaim, “I hate financial planning. I hate investments.” After a pause, I say “And that’s how I ended up this way.” I know many of the people in my audience are in a state of denial and believe, “that could never happen to me.” Then I introduce **Devoted Dora** with no retirement and no job skills; **Clinging Ivy**, a widow with no idea of her assets or how to manage them; **Later Linda**, also a widow with no plans and no money to educate her children; and **Sally Spend-it**, who never saved a dime. With the audience’s attention riveted on these financially wayward characters, I share facts with them about tax and divorce issues, retirement planning options and Social Security benefits. All of the stories told by various

characters illustrate the folly of not getting serious about your financial future. Too many of the women who come to see me for help come when it is almost too late. The seminars are strictly educational with the purpose of motivating financial planning.

Single women, whether they are divorced, widowed or never have married, are faced with the same financial problems as married women. If all you have to live on is Social Security, you will be living well below the poverty level. If you don’t take care of your finances today, you just might wind up as a bag lady tomorrow.

Using worksheets and other tools, I encourage women to find out where wills are kept, what insurance policies are in force, what assets they have and what retirement plans have been made. I cannot stress enough how important it is that women and their children become more financially aware. Too many women are not thinking about saving money for the person they will become a few years later.

Some women do not think they need to plan because their husbands keep saying “you’re going to be richer with me dead than alive.” That may be a favorite response to your financial questions, but you should say, “Forget the diamonds honey, just make sure you’ve got enough insurance to cover my future.”

Here are some financial tips for each stage of a woman’s life beginning with the all-important legal age of 18.

Age 18: Credit Cards

Credit card temptation arrives in the mail every day. Credit card companies want your business and you want the prestige of a good credit rating. You only need two cards, one that you use regularly and another card for emergencies. Pay off your balance on time each month. If you cannot erase the entire balance, pay as much as you can every month. Some credit card companies have cut the monthly minimum payment from 3 percent of your balance to 2 percent. It would take 30 years to pay off an outstanding balance of \$2,000 just sending the minimum amount and you would end up paying the credit card company more than \$8,000.

Age 23: Life Insurance

You should be the owner of the life insurance policy on your husband, not merely the beneficiary. The person who owns the policy is the only one who can cancel it. Carry enough life insurance on your husband to pay all debts, loss of income if you have children or other financial dependents and any final expenses. About 80 percent



of widows now living in poverty were not poor before their husbands died. If you divorce, you may want to continue the life insurance policy to replace child support payments in case something happens to your ex-husband.

Establish an emergency savings account to cover your expenses for three to six months. This will give you financial security for those unexpected bills or unemployment. Do you both work outside the home? Protect yourself and your husband from disability. Some employers offer disability insurance. Find out if you have this protection.

Make sure you have a will. You must name a guardian for your children. State law makes this decision for you if you both die without a will. If your children are minors, the court may administer their money until they become adults.

Age 30: Retirement

Make retirement planning your top priority. Begin with the end in mind. It is not how much you make, but how much you save that makes the difference for financial independence during your retirement. Take advantage of tax-deferred investments like an IRA or a 401-K or a 403-B plan where you work.

Age 50: Home Health Care & Trusts

Consider purchasing a long-term care policy that covers home health care, assisted living centers and nursing home benefits. It is inexpensive at this age. You need a policy before you develop any health problems. People are living longer and this protection is necessary.

Trusts are not just for the rich. If you have any assets at all, a revocable trust will protect your assets. One of the

greatest gifts you can give your family is a detailed list of your financial assets. Where are you keeping your important financial information? Your family needs to know. It is important for women to take charge of their financial future. Discover what you have so that you can build the security you deserve and kiss the bag lady goodbye! 

About the Author

PATSY PIERCE ACERS, *Oklahoma*, graduated with a triple major in psychology, sociology and social work. She served as President of BETA THETA CHAPTER and is planning a 50th Kappa reunion in 2002. Patsy is a member of the National Speakers Association and has conducted more than 900 seminars. She is also a member of the American Business Women's Association and the Million-Dollar Round Table. Patsy was named "Professional of the Year in Finance & Banking" by *Who's Who of International Women*. "Blue Salute" selected Patsy Acers as one of three people in the past 150 years who has "changed the financial industry." Patsy serves as a consultant for *CNN Financial News* and has been featured in 15 national magazines. For more information, visit www.bagladypat.com.



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MAIL TO: Christine Astone, 4113 Zephyr Way, Sacramento, CA 95821 (kappaowls@kappa.org)

HEALTHY EATING: *The Key to Your Dreams*

A journey from eating disorders and despair to happiness and success.

— BY JANIE WERTZ QUINN, *Ohio State*



Janie Wertz Quinn, *Ohio State*, teaches others how to change their lives through healthy eating habits.

As a newly initiated Kappa in 1974, I was 30 pounds overweight and well on my way to achieving a core belief that growing older involved becoming heavier and unhealthier. Being surrounded by slender, healthy-looking young women motivated me to start climbing what I now call “diet mountains.” After all, going on a diet is like climbing a mountain; once you get to the top, you realize how far removed and deprived the environment is while you gaze down upon the comfort of the world below where you can breathe ... and eat.

Climbing Diet Mountains

While living in the BETA NU CHAPTER house, I climbed my first mountain — the Purging Diet Mountain. Despite my eating problems, I served as chapter President, and later served as a Kappa Graduate Counselor at Cornell University, as well as an adviser to ZETA NU CHAPTER, *UC San Diego*.

Fortunately, I didn't like the act of purging and proceeded to climb myriad other diet mountains. You name it — I climbed it. I was a terrible dieter. Just hearing the word diet made me gain weight. Even excessive exercise didn't allow me to maintain my ideal weight. My relationship with food was terribly unhealthy.

During my diet-mountain climbing days, I found the Low-fat/No-fat Diet Mountain that enabled me to maintain a reasonably normal weight at the expense of my health.

Hitting Bottom

After graduating, I pursued a career in marketing and opened five luxury resorts in Southern California. I married and moved to Pennsylvania where I established my own marketing firm. Life was good. Then, I hit bottom.

Eight years into my marriage, I had three miscarriages, buried an unborn child and endured numerous surgeries and drug treatments for infertility. It was then that I hit a wall. I was numb with pain. The diagnosis was unexplained infertility.

Although there were no tests to confirm my belief, I knew in my heart that my infertility was a direct result of my “dieting.” Our society often judges a person's health based on her size. To others, I appeared healthy, but I was not. I believe that my eggs lacked the vitamins and minerals needed to sustain a pregnancy. My dream was shattered.

A Quest for Health

With time, I learned that when a life-changing event occurs you have two choices. You can make this event your defining moment and remain stuck there or you can change the reality as you know it and move on. I was

infertile and unhealthy. Being unhealthy was something I could change. I chose to move on and improve my eating habits and health.

That is when I began my quest to learn how to fuel my body for better health. My journey started one night while I was having dinner with a Kappa colleague and she introduced me to a woman who simply exuded health. I asked what her secret was. She responded that a nutritional counselor, Shelley Summers, had restored her health by teaching her how to eat. I was intrigued with the concept, and I called Shelley. If we stop and think about it, we all have people in our lives who help us with things we cannot do for ourselves from hair stylists to tax accountants. Why don't we have someone advising us on an activity we do several times a day to sustain life? Shelley's concept of eating for better life performance appealed to my intellect.

"When the student is ready the teacher appears," says one philosophy. Oh, how true. I became a student of a real-foods eating lifestyle. To share this eating lifestyle with others, Shelley asked me to write a book on the subject. Me, an author? Isn't it amazing how when one door closes another opens?

Family Matters

As my health was returning, another door opened — the adoption of four siblings, 9 to 14 years old. It became immediately apparent that my 13-year-old daughter had a serious eating disorder. Her "diet" on some days consisted of a cup of coffee. Having struggled a lifetime trying to develop a healthy relationship with food, I recognized the symptoms. I knew firsthand the battles with weight, shame and health that accompany an eating disorder.

Some of the thoughts my daughter would share with me years later painfully express the turmoil that accompanies disordered eating: "I felt a sense of accomplishment going to bed at night with an empty stomach," "I was afraid to eat for fear of gaining weight," "My life was out of control and the only thing I could control was my eating," "I deprived myself because of my low self-esteem."

I have learned that disease is often the touchstone for behavioral changes. When my daughter found herself face to face with suicide, she surrendered to whatever it would take to manage her eating disorder. I knew it was no coincidence that I had just restored my own health by learning how to eat. She agreed to do the same. I knew then that this book was divinely inspired.

The best gift I ever bestowed upon my children was to teach them how to properly fuel their bodies for good health. They all know what, when and how much to eat, including dessert! Best of all — they know the joy of living in a healthy body.



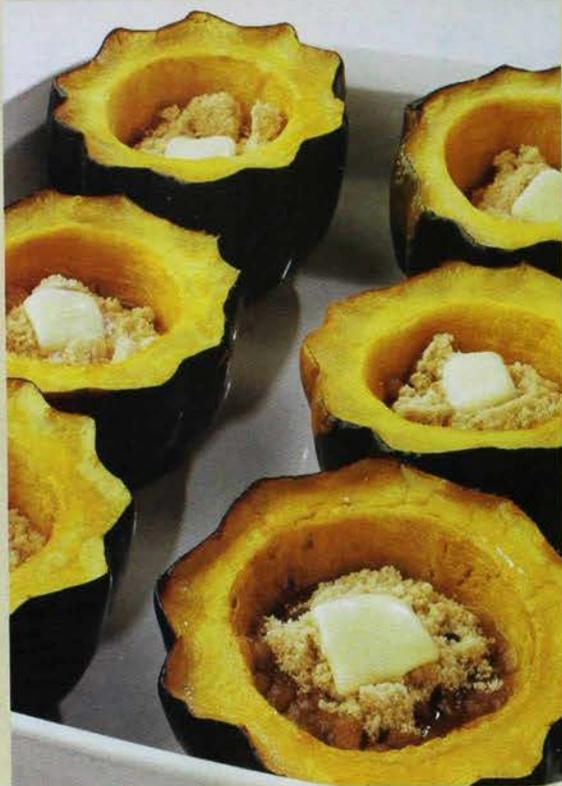
Soup is a great way to increase cooked vegetable intake and cut down on fat. Plus, it's versatile and convenient! Pictured: potato leek soup and tomato florentine soup.

Potato Leek Soup

Ingredients:

- 1/4 cup butter (less for lower fat)
- 2 pounds leeks, white portions only
- 6 cups chicken stock (or vegetable stock)
- 2 pounds russet potatoes, cubed (peeling is optional)
- 1/4 cup fresh chives, finely chopped
- 1/2 teaspoon onion powder
- salt and white pepper

Cut leeks in half lengthwise and carefully wash; slice 1/2-inch crosswise. In large saucepan, melt butter over medium heat. Add the leeks and sauté just until they begin to soften, 3-5 minutes. Meanwhile, cut potatoes into bite-size pieces. Add stock and potatoes, bring to a boil, reduce heat to low and simmer until the potatoes are very tender, about 20 minutes. Season to taste with onion powder, salt and pepper. Ladle into bowls and garnish with chives. (45 minutes, 8 servings)



Maple acorn squash is a colorful and delicious accent to any meal.

Maple Acorn Squash

Ingredients:

- 1 acorn squash
- 4 tablespoons maple syrup, or to taste
- 2 teaspoons butter

Preheat oven to 425 degrees. Wash and cut squash in half crosswise and remove seeds. If needed, slice a tiny piece off the bottom of each half to prevent squash from rolling when placed on a flat surface. Fill a small baking pan with 1/4-inch of water; place halves in pan, cut side down. Bake 25-35 minutes, or until tender when pierced with the tip of a sharp knife. Remove pan from oven, turn squash over and place 2 tablespoons syrup (or maple sugar) and 1 teaspoon butter in each squash half. Allow butter to melt. Serve. (40 minutes, 2 servings)

Fuel Your Body for Health

My quest materialized in the book, *Essential Eating, A Cookbook: Discover How to Eat, Not Diet*, which was released last year. Already in its second printing, it has won a national Benjamin Franklin Award for one of the best new books. With 50 million Americans currently on a diet and 40 billion dollars being spent annually on weight loss, it is apparent that this is a needed message. The word cookbook was put on the cover to make it user friendly, but it outlines a complete real-foods eating lifestyle that you can easily follow forever.

I maintain my ideal weight by eating essentially and not depriving myself. Adopting an eating lifestyle that supported my body instead of breaking it down was the solution. From my experience teaching the *Essential Eating* concepts, I know that many people do not want to eat fast food nor do they want to diet — but they are unaware of their alternatives and how to begin.

For a moment, think about the human body as a machine. Just like our automobiles, it is programmed to run on a certain kind of fuel. You would never think of filling your gasoline tank with water just because it is more convenient and less expensive. Obviously, your car would not perform well on a tank of water. Yet all day long we fuel our bodies with foods that our bodies cannot run on — foods that our bodies are not programmed to break down and use for health and well-being.

Since the inception of prescription drugs, the two most prescribed drugs are not for cancer or the common cold. They are for indigestion. Antacid commercials advise us to take their preparations before eating — in anticipation of indigestion! This is reverse prevention — masking the malady.

There has been a slow but definite erosion of healthy eating in America. We have gone from a farm-based healthy diet to a fast-food marketing diet. Approximately 75,000 chemicals have been introduced into our air, water and food and ultimately our bodies, over the past 55 years. We have the most advanced medical technology in the history of the world, yet serious illness is skyrocketing. As a result of disordered eating, six out of 10 Americans are overweight.

Eat Real Food

What can you do? First, forgive yourself. Food marketing has lulled us into a sense of security that eating “healthy” products will keep us fit and healthy. In fact, quite the opposite is true. We continue to add more chemicals than our bodies can handle. Supermarkets are filled with hundreds of brands of supposedly healthy food items that are marketed to help you keep weight off and maintain your health. Take a moment to read what is actually in the box. Healthy food? I think not. Some of the meals have more than 80 different ingredients, most

of which are chemicals and additives. We are not eating food. We are eating chemicals and flavorings that our bodies may retain as disease and excess weight.

Begin to eat real food — food that is chemical- and preservative-free, in season and grown in your region if possible. Labeling for certified organic food has become standardized recently and is more dependable. Learn what foods are easiest/hardest for the body to digest. (Such a chart is featured in *Essential Eating*.) If you are trying to restore your health or reduce stress in your life, remove hard-to-digest foods for a while. As your body heals, you can gradually add them back into your diet. It's that easy!

Let's Get Cooking

Now, here's the catch you were waiting for — you have to cook a little. While cooking may have become unpopular as many women pursued careers outside the home, it is evident that cooking is a needed activity in our lives. It connects us with ourselves and more importantly, with our families and friends. It is great therapy and it's inexpensive!

Because few of us have the time to cook from scratch, I came up with the concept called the "Continuous Kitchen." With the Continuous Kitchen, cooking once or twice a week allows you to have ingredients ready to put meals and snacks together in minutes. With the average American watching about 26 hours of television weekly, couldn't we find some time to cook?

Most of us eat the same foods each week with a little variation. So, I recommend picking a recipe in *Essential Eating* that you can substitute for one of your food items and make it to your liking. When you feel comfortable with that recipe, add another one and in a few months you will be making better food choices — at home and when eating out.

Key Ingredients

I would be remiss if I didn't mention one food item that dramatically changed my life: Sprouted grain. A sprouted grain digests like a vegetable. If you eat one hundred percent sprouted grain bread and bake with sprouted spelt (a wheat grain high in vitamin B) flour you are actually getting more vegetables in your diet. And, you don't even have to ask your doctor if you should get more vegetables into your diet — that's a given!

Wheat is one of the most difficult foods for the body to break down. But, foods made with sprouted wheat or grains are easy for the body to digest. So waffles, pancakes, cookies, crackers, muffins, pastas and breads made with one hundred percent sprouted flours are wonderful.

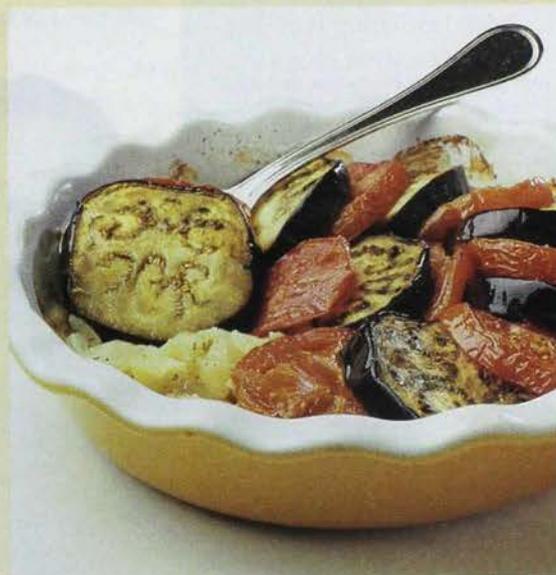
One hundred percent sprouted grain bread is sold in most health food stores and at some grocery stores. "Essential Eaters" began to create a demand for sprouted

Eggplant, Tomato and Onion Gratin

Ingredients:

- 1 large sweet onion, finely diced
- 1 clove garlic, minced (optional)
- 1 teaspoon dried thyme
- 1 bay leaf
- 2 tablespoons melted butter, divided
- salt and pepper to taste
- 1 medium eggplant sliced crosswise 1/4-inch thick
- 2 large tomatoes, sliced 1/4-inch thick

Preheat oven to 400 degrees. In a large skillet over medium heat, sauté onions, garlic, thyme, bay leaf, salt and pepper in half of the butter until soft, about 5 minutes. Remove bay leaf from mixture. Grease shallow 9-inch baking dish with cooking spray. Spread onion mixture over bottom of dish. Cover with overlapping rows of alternating eggplant and tomato slices. Each slice should cover 2/3 of the preceding one. Season with salt and pepper and drizzle with remaining melted butter. Cover and bake until eggplant is soft enough to cut with a spoon, about 30 minutes. Uncover and bake an additional 15 minutes. The gratin should be moist but not watery. (1 hour, 4 servings)



Eggplant, tomato and onion gratin will melt in your mouth.

flour. There was only one source for sprouted flour in America and they sold it only to distributors. In response, the Essential Eating Sprouted Flour Company opened last year and is now providing organic sprouted spelt flour directly to the consumer (see "Sources" in Chapter Seven).

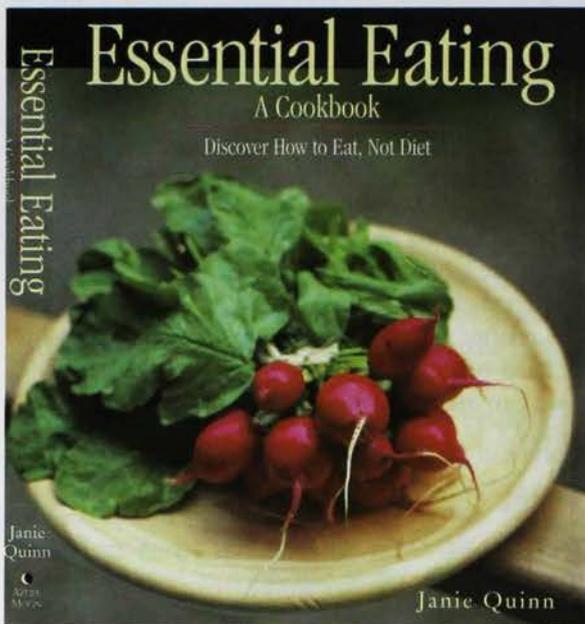
Other venues have opened to help diners to eat essentially. The Essential Eating Cooking School has trained cooking guides throughout the United States to teach this eating lifestyle to others. Visit essentialeating.com for more information.

You're Worth It!

The most rewarding door that has opened since embarking on this journey has been the *Essential Eating* results that others have shared with me. Their stories exude excitement about more energy in their lives, lower cholesterol, weight loss, freedom to know what to eat, a life without depression, improved senses, better sleep and more!

Essential Eating is a time-honored way of eating that teaches us what our bodies can and cannot digest. By eating easy-to-digest foods, our bodies can easily absorb the nutrients and eliminate the waste. Losing weight is a result of *Essential Eating*, but living in a healthy body is the reward! I am healthier today in my 40s than I ever was in my 20s. I only wish I had known all of this years ago.

Converting to *Essential Eating* can be satisfying both physically and mentally. Remember — no meal is the "last supper," for tomorrow is another eating opportunity. Do not place guilt or shame on yourself for what you eat. Just start over right now making better food choices. Your body is ready. It's easy and you're worth it. 

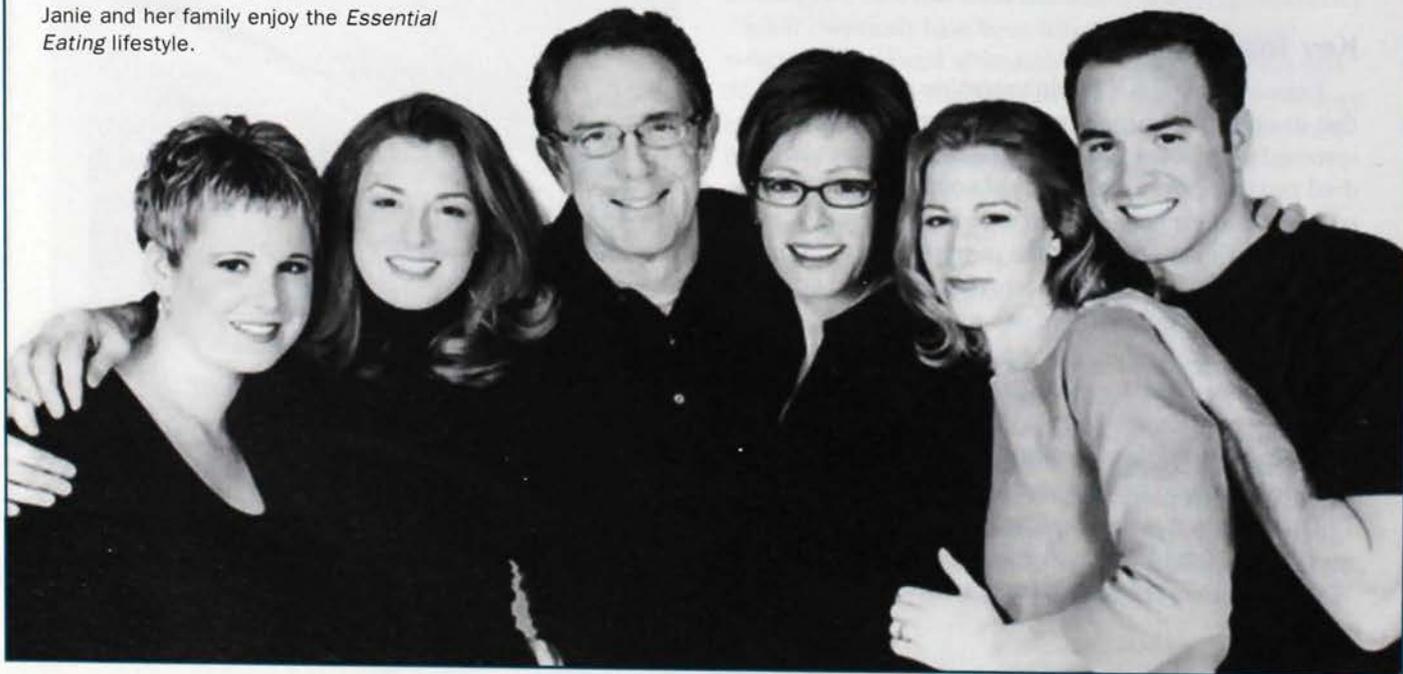


Essential Eating, A Cookbook: Discover How to Eat, Not Diet

By JANIE WERTZ QUINN, *Ohio State*
Azure Moon Publishing
328 pgs., \$24.95

JANIE WERTZ QUINN, *Ohio State*, is an award-winning author and a frequent speaker, radio and television guest. She teaches *Essential Eating Cooking Classes™* at *Marywood University in Scranton, Pa.* Janie is also the founder of *Feng Shui Transformations*, a marketing consulting firm specializing in creating no-stress environments. For more information about *Essential Eating Cooking Classes™*, *Essential Eating Sprouted Flour Company™*, secure online ordering and upcoming events, visit www.essentialeating.com.

Janie and her family enjoy the *Essential Eating* lifestyle.



Carob Pound Cake with Maple Caramel Frosting

Ingredients:

6 tablespoons butter, at room temperature
1-1/4 cups maple sugar
1 cup sprouted spelt flour plus 2 tablespoons
6 tablespoons carob powder
1/2 teaspoon baking soda

1/4 teaspoon baking powder
1/4 teaspoon salt
1 large egg
2 large egg whites
6 tablespoons yogurt
1 teaspoon vanilla
2 tablespoons water

Preheat oven to 350 degrees. Spray 6-to-8 cup bundt pan with cooking spray. In medium bowl, combine flour, carob, baking soda, baking powder and salt. In small bowl, whisk egg and egg whites until blended. Combine yogurt, vanilla and water in a separate bowl. Using electric mixer, beat butter and sugar until blended, about 3 minutes. Gradually add egg mixture, beat until smooth, about 3 minutes. At low speed, add flour mixture alternately with yogurt mixture in 3 additions. Beat until combined. Transfer to prepared pan. Bake 35-40 minutes, until tester inserted in center comes out clean. Cool in pan on rack 10 minutes. Turn out cake onto rack, cool completely. (1 hour - 15 minutes, 12 servings)

Can be made three days ahead. Cover tightly and let stand at room temperature. Serve with maple cream or maple caramel frosting drizzled on top if desired.

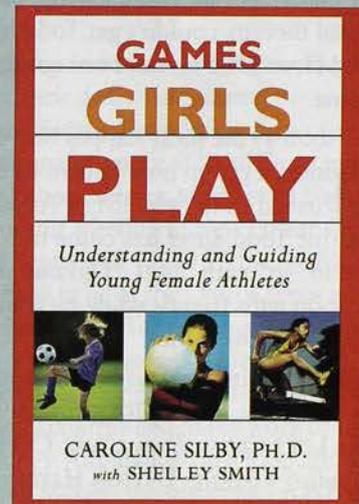
Maple caramel frosting:

1 cup maple syrup
5 tablespoons yogurt

In a 10-by-12-inch heavy frying pan, over medium heat, slowly pour in maple syrup until it just covers the bottom. Adjust amount based on the size of the pan. When it is warm to the touch, add 5 tablespoons of yogurt. Stir constantly until it thickens. Immediately spread it on top of cake as a quick glaze. It is not intended to cover the cake entirely.

Games Girls Play

Learn more about health and self-esteem issues relating to young women in the book, *Games Girls Play — Understanding and Guiding Young Female Athletes* (St. Martin's Press, \$24.95, 292 pgs.), by CAROLINE SILBY, Syracuse, Ph.D., M. Ed.



The book covers such topics as finding the right sport, keeping it positive, parental guidance, the changing body, eating disorders and “the dark side” — other serious issues relating to young women in sports.

A former nationally ranked figure skater, Caroline earned a master's and doctorate in sports psychology at the University of Virginia. She specializes in performance enhancement with adolescent athletes and has worked with Olympians in gymnastics and figure skating. Caroline served as President of BETA TAU CHAPTER, Syracuse.



Carob pound cake with maple caramel frosting will satisfy any sweet tooth.

When Illness Strikes, Sisters Are There

— By ALLISON GREINER, *Ohio State*

In 1979, when NANCY EARLY SCHLEMEIER, *Iowa State*, and her husband, Todd, retired to Scottsdale, Ariz., Nancy contacted the SCOTTSDALE ALUMNAE ASSOCIATION. "That was the smartest thing I have ever done," says Nancy. Little did she know that a few years later, these new friends would be by her side when she needed them most.

In 1985, Todd was diagnosed with Parkinson's disease. After many falls, he broke his hip. Surgery and months of physical therapy couldn't get Todd back on his feet. Since March 1994 he has been confined to a hospital bed at home.

As soon as the local Kappas heard that Todd was bed ridden, a group now known as the "Todd-sitters Club" rushed in to help. Every Tuesday afternoon since 1994, one Todd-sitter has come to Nancy and Todd's home to "sit" with Todd. "I go out and enjoy an afternoon with friends while he is in capable Kappa hands," explains Nancy.

The following Kappas are the Todd-sitters: JEAN CAMPBELL, *Butler*; JOAN CARLSON, *Hillsdale*; JANNA LORY CROSS, *Drake*; ANN CATTO FRANCIS, *Southern Methodist*; VIRGINIA DALTON HAVERMALE, *Purdue*; DOROTHY CUNNINGHAM JAEGER, *Washington State*; PAM HUDSON KREWSON, *Denison*; BARBARA PAYNE LOCKHART, *New Mexico*; RUTH MALEK MINARIK, *Iowa State*; JANE HAWK PARFET, *Kentucky*; JOYCE MILLER PAUER, *Idaho*; JOYCE SHELTON SACKETT, *Missouri*; and JOANN WEAKLY WHITEMAN, *Monmouth*.

To celebrate this relationship, every December at "Todd's House," Nancy holds a luncheon for his "pretty women," as Todd calls them. As a thank you, Nancy gives each of her special Kappa sisters a Spode Christmas coffee mug to mark that remarkable year. This December, the Todd-sitters will receive their eighth mug.

In a Scottsdale association newsletter, she thanked the Todd-sitters for their support. A local alumna whose husband had just been diagnosed with Parkinson's read about these women and Todd. She called Nancy and asked her if they could get together. Nancy quickly met her for lunch, and thus the "Parkinson's Lunch Bunch" began. Once a month a group of Kappas whose husbands have this disease get together to discuss everything from new medications to how to care for their ailing husbands. "One of the women lost her husband recently and she still joins us," says Nancy. "We are foremost a support group for each other." To learn more, contact Nancy at 480/998-0514 or nancy998@webtv.net.

Todd's Kappa support does not stop with the Todd-sitters. He also has two Kappa daughters, SARA SCHLEMEIER ARNOLD, *Arizona State*, and MARTHA SCHLEMEIER MILLER, *Arizona State*. "They are a tremendous support in every way," says Nancy.

The Todd-sitters story is just one example of the truth, goodness and beauty within every Kappa. "I hope it will inspire other Kappas to look within their groups and help a sister who needs support," urges Nancy. "These 12 women will be my dearest friends forever. They truly have made a difference in our lives." 



Nine of the 13 Todd-sitters.

Sisterhood ...

I never understood the true meaning of the word until recently when my husband was diagnosed with lymphoma (a form of cancer). My Kappa sisters never missed a beat. These women are my best friends whom I met when I joined ZETA OMEGA CHAPTER, *Waterloo*, in 1994.

Shortly after the diagnosis, they arrived with enough lasagna and stew to feed a small army. Offers to baby-sit our infant daughter have been numerous; shoulders to cry on and ears to listen have been many. Accepting help is difficult because I am used to being independent, but they are making it easier to ask.

Recently, these incredible women showed us the true meaning of sisterhood when they figured out what we needed before we realized it ourselves. Since my husband will be off work for several months, and I have been on maternity leave, finances are stretched. Without saying a word, our friends purchased grocery gift certificates — enough for several months worth of food and supplies.

We are overwhelmed by their generosity and support. My husband's prognosis is positive after months of intense chemotherapy, and I know we will make it with the help of modern medicine, family and my special Kappa sisters.

— By LESLIE HEUBACH STADLBAUER, *Waterloo*

Kappa Kidney Camp Brightens Lives

Gamma Province Receives National Award from Kidney Foundation

— By ELIZABETH (LIZ) SELBY CRAMER, *Bowling Green*,
Gamma Province Liaison to the National Kidner Foundation of Ohio

Do you remember making new friends at summer camp? Many of us take these memories for granted. But not the children at Kappa Kidney Camp in Bellefontaine, Ohio. This is a special place where children suffering from kidney disease experience a week of summer camp adventures surrounded by campers with similar needs.

Imagine taking 40 different pills a day or enduring dialysis three days a week just to stay alive. For the children attending Kappa Kidney Camp, this is part of their weekly routine. But you'll never hear them complain about their medical needs at camp because they're so happy to be with children who understand. Countless times I've heard campers say, "This is the one week that I feel normal."

This unforgettable experience is made possible in part by the collegiate chapters and alumnae associations of Kappa Kappa Gamma in Ohio (Gamma Province). Thanks to these Kappas, the dream of attending summer camp came true once again for 36 campers this past summer. Children ages 8 to 18 attended the YMCA Camp Willson Outdoor Center. Many were veteran campers from past summers at Kappa Kidney Camp, an annual program of the Kidney Foundation of Ohio for the past 21 years.

Unlike typical camps, the Kappa Kidney Camp is staffed entirely by volunteers. These "angels," as the children call them, are actually dialysis nurses, doctors and technicians who give up vacation time to ensure that these campers have a safe week. In addition to medical volunteers, many activity volunteers supervise swimming, boating, horseback riding, bowling and crafts.

A highlight of the week is "Kappa Day," a tradition since 1995. Members from Gamma Province are invited to volunteer as well as enjoy a "Kappa Cookout" with the children. The campers appreciate every detail of their week from a pizza party to individually made "Britney Bears" from the RHO⁵ CHAPTER, *Ohio Wesleyan*. In addition, LAMBDA CHAPTER, *Akron*, provides decorated mini mailboxes, water bottles and journals for the campers.

ZETA KAPPA CHAPTER, *Bowling Green*, has not only donated money, but stationery, bug catchers and decorated buckets for each camper as well. The children also bask in the smiles and hugs of support that Kappas and other volunteers show them. They never take a day for granted because they understand the preciousness of life. Volunteers who spend time at Kappa Kidney Camp come away with this same appreciation.

The Kappa chapters and associations of Gamma Province have been recognized for their dedication during the past two decades. The National Kidney Foundation presented

Gamma Province with an Outstanding Volunteer Service Award at its National Summit Meeting in New Orleans, La., on September 7, 2001. This award is a tribute to all of the Ohio Kappas who helped raise \$145,000 during the past 21 years. The award is presented to individuals or groups who have significantly contributed to the work of the Kidney Foundation on a local affiliate level. Making the presentation even more special was NKF Secretary and Volunteer Committee Chairman and Kappa alumna CHRISTINA (CHRISTIE) MURRAY FAIRES, *Oregon State*, who helped present the award.

Through various fund-raising projects, chapters and associations in Gamma Province have raised an average of \$9,000-\$12,000 per year to support Kidney Camp. From golf tournaments held by BETA NU CHAPTER, *Ohio State*, and DELTA

LAMBDA CHAPTER, *Miami (Ohio)*, to association garage sales and selling stationery or candy like the COLUMBUS ALUMNAE ASSOCIATION, the list goes on. The largest donation given annually is from the CINCINNATI ALUMNAE ASSOCIATION through its tremendous wrapping paper sale. This province-wide effort is unique to the Fraternity. To find out more, contact LIZ SELBY CRAMER at 614/430-8435, or the Kidney Foundation of Ohio at 800/242-2133 or www.nkfofohio.org.

Brightening the lives of these special children has been incredibly rewarding. Join me in congratulating Gamma Province and the Kidney Foundation of Ohio on this well-deserved recognition. 



Liz Selby Cramer, *Bowling Green*, Gamma Province Liaison to the National Kidney Foundation of Ohio (right) accepts the Outstanding Volunteer Service Award from NKF Secretary/Volunteer Committee Chairman **Christie Murray Faires**, *Oregon*

This Golden Girl Is No Couch Potato

Grandmother of 10 Is the Oldest Woman to Complete the 1.5-Mile Alcatraz Sharkfest Swim Challenge

— By BETTY RISSE HEENAN, *William and Mary*, and JULIE KROON ALVARADO, *Arizona State*

An active swimmer throughout her life, 71-year-old NANCY SMART MOORE, *Kansas*, completed a 1.5-mile swim from Alcatraz Island to San Francisco's mainland in 60-degree water this past July 29.

Nancy wanted to do something special for her birthday, and her trainer, Bill Crawford, encouraged her to try this grueling race. Completion of the race would make her the oldest woman ever to swim the annual "Sharkfest." Preparing for the swim challenge meant a great deal of upper body weight training and a rigorous swimming regimen.

There has never been a documented escape from the infamous Alcatraz Island, the site of a maximum-security federal prison from 1934 to 1963. "The Rock," as it has been called, was the subject of several movies and was featured on the television show, *Unsolved Mysteries*. As The Rock appears so close to San Francisco, many wonder why it was not an easy swim for the convicts stationed there. The water is very cold — it requires a wetsuit — and the current is very swift (kayaks were in the water to protect the swimmers.) Sharks, however, are not a real issue, rather more of a marketing spin. The main attractions are the 600 to 800 entrants who attempt to complete the swim each year.

Although Nancy planned a low-key entrance, the race coordinator announced that a 71-year-old woman would be swimming in the challenge along with a 73-year-old man and a 12-year-old boy. That announcement combined with the local media coverage made Nancy's swim far from low key.

Claude "Bud" Moore, Nancy's husband and training partner of 50 years, was by her side as she took on this Herculean task. Also present were her daughter and son-in-law, Jennifer and Fred Unger, and sons David and Paul. Ten grandchildren were cheering her on, and the

memory of daughter SARAH MOORE SABER, *Kansas*, was present as well. Nancy's trainer, Bill, and his family also traveled to San Francisco.

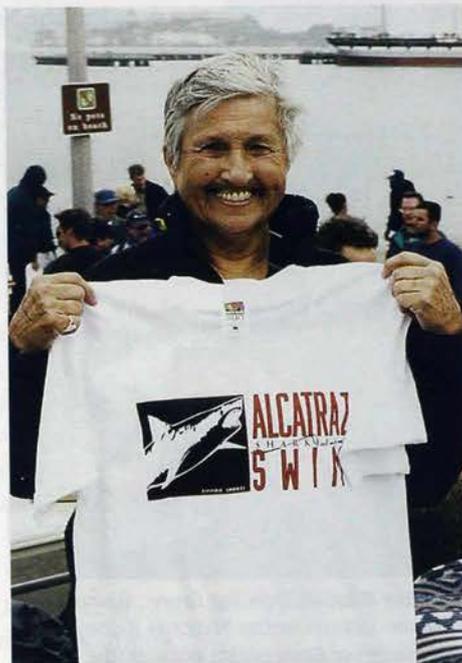
Nancy's fans admired her attire from Speedo and did everything possible to cheer her on. She was quite a sight with paddles, gloves, earplugs, hat, hood, booties, fins and towels. She commented to onlookers, "At my age you need all of this!" After the swim, the same spectators came up to congratulate her.

"The waves were huge!" declares Nancy who had to reach up to take each stroke. She wondered if she would become sea sick but never thought of giving up. She only hoped she would finish in the allotted hour and a half. After that, they start to pick up swimmers to get them out of the cold water. Nancy arrived a bit unsteady and with green slime on her face to find out her time was under an hour. The 58-minute-and-32-second-swim put her at 115th out of 217 entrants in the women's wetsuit division. The last person to finish was an hour and 45 minutes. Her grandchildren hugged her despite the wet and slime.

Nancy calls her feat a dream come true. Upon her return, she wrote a letter to her many Kappa sisters, friends and fans saying, "I am so high still and hope I can come down

for fear others will be sick of all this hype!" She hopes her adventure will encourage other seniors to be more active and healthy.

Nancy is a member of the SCOTTSDALE ALUMNAE ASSOCIATION and has served as a board member and fund-raising chairman. An active community volunteer, Nancy has enjoyed meeting Kappas through alumnae associations in several other states where she and Bud have lived. Her Kappa friends and supporters consider Nancy a hero. 



71-year-old Nancy Smart Moore, *Kansas*, completed the 1.5-mile "Sharkfest Swim Challenge" from Alcatraz Island to San Francisco's mainland in 60-degree water. She is the oldest woman ever to swim in this event.

Three Kappas Are Olympic Bound

— By JOANNA SCUNGIO, *Washington and Jefferson*

While the United States' best skiers and snowboarders prepare themselves for their quest for Olympic gold in February 2002, three Kappas work to make these athletes' dreams come true. JULIANN FRITZ, *Washington & Jefferson*; JANINE ALFANO, *Dickinson*; and LISA BENNION, *Utah*, work for the U.S. Ski and Snowboard Association (USSA) — the national governing body for Olympic skiing and snowboarding.

Residing in Park City, Utah, Juliann, Janine and Lisa are members of the business team behind the U.S. Ski and Snowboard Team. Similar to their athletic counterparts, all three are trained in their specialty, working behind the scenes to allow these athletes to shine. They funnel their competitive natures through the areas of fund raising, marketing and public relations. Janine and Lisa raise money for the team's athletic endeavors and Juliann raises public awareness.

Each of these young women has already set a rigorous career course, training themselves for these high-profile positions. Juliann Fritz, the public relations director, received a B.A. in art history and studio from Washington and Jefferson College and a master's in communications and public relations from the S.I. Newhouse School of Public Communication at Syracuse University. She joins the USSA after gaining public relations experience at the Office of Public Liaison at the White House and for the GCI Group in Atlanta.

Janine Alfano, the director of major giving, earned a B.A. in American studies from Dickinson College and served as EPSILON OMEGA CHAPTER President her junior year. Before joining the USSA, she was sales manager for the *Denver Post* in Colorado.

Lisa Bennion, an account executive, received a B.A. in organizational communications from the University of Utah and served as President of DELTA ETA CHAPTER her junior and senior years. Before joining the USSA, she interned on Capitol Hill and most recently worked in sales in San Francisco, Calif., before her passion for snow sports led her back to Park City.

All three of these energetic young women are fervently preparing the U.S. Ski Team for the upcoming Olympic games in Salt Lake City. As the public relations director, Juliann is busy coordinating media programs and generating awareness about the team's fund-raising activities. Her public relations efforts take her to world-class ski areas including Whistler, Canada and St. Anton, Austria. During the Olympics, she will spend the 17 days of the games as a press officer based at the Deer Valley venue.

As director of major giving, Janine raises money through individual giving programs, direct marketing and special events. She travels often to meet donors and prospects, balancing her travel time among New York, Boston, Chicago, Los Angeles and San Francisco while entertaining donors in ski resorts such as Aspen, Vail, Park City and Sun Valley. She also plans the Olympic hospitality programs.

Lisa, an account executive in the marketing department, is working to ensure that sponsor contracts are fulfilled with compelling marketing programs and on-site sponsorship opportunities. Lisa travels extensively to USSA events, held at top ski resorts, managing the on-site aspects of sponsor programs as well as VIP hospitality programs. For the 2002 Games, her goal is to continue development of new sponsors.

As all three Kappas work to create a memorable experience for their athletes and the United States, they acknowledge the monumental event that is coming soon to their back door. "I can't describe the excitement around our athletes as they prepare for the Games. For me, this is a once-in-a-lifetime opportunity — an awesome and very patriotic experience," says Lisa. Janine adds, "It's so much fun to travel and have people ask us about what's going on for the Games. You feel like you're on the inside."

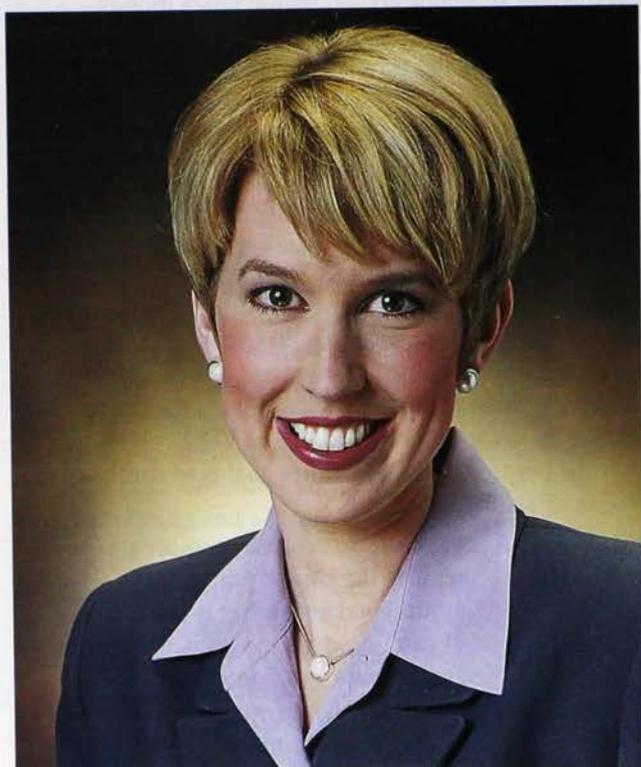
Chatting in the hallway at work one day, these USSA co-workers were delighted to learn that they shared Kappa bonds of sisterhood. Now they continue to strengthen these bonds while working hard to help make Olympic dreams come true. 



Juliann Fritz, *Washington & Jefferson*; **Lisa Bennion**, *Utah*; and **Janine Alfano**, *Dickinson*, work together for the U.S. Ski and Snowboard Association to prepare for the upcoming Olympic Winter Games.

News Anchor Gets the Job Done

— By ANN GRAHAM SCHNAEDTER, *Missouri*



Brittany Layton Suddith, *Mississippi*, is an anchor for the Norfolk, Va., ABC affiliate, WVEC-TV.

BRITTANY LAYTON SUDDITH, *Mississippi*, an anchor for the Norfolk, Va., ABC affiliate, WVEC-TV, knew she wanted a career in broadcast journalism at age 16 after she attended a media workshop at UCLA.

Throughout her four years at Ole Miss she worked at the campus television station, starting as assignments editor, moving up to executive producer, and finally to news director, doing everything from weather to news to sports. During her junior year, she interned at WREG-TV in Memphis, and in her senior year at WTVA-TV in Tupelo, Miss. On the college station, she was the feature reporter on *The Billy Brewer Show*, a football post-game show seen on a number of network affiliates throughout Mississippi, southwest Tennessee and western Alabama.

With all that experience behind her, she accepted a producing job at WLOX-TV in Biloxi after graduation. A year and a half later, she moved up to the larger market in southeast Virginia, where she was a producer at NBC affiliate WAVY-TV in Portsmouth, Va., for three and a half years. She has been at WVEC since 1996, working her way up from producing to anchoring the morning and noon newscasts.

In addition to her anchoring duties, she runs the station's intern programs and is extremely proud of the program she has built over the past five years. She loves watching tapes her interns send her from markets all over the country and feels like a proud mother.

Highlights of her career in the heavily military Hampton Roads area include covering the visit of President Bill Clinton when he came to Norfolk for the commissioning of the aircraft carrier, *USS Harry S Truman*. She also has spent two days on deployment aboard the carrier *USS John C. Stennis* for a story, and last fall interviewed the doctor who treated the wounded sailors aboard the *USS Cole* following the deadly terrorist explosion in Yemen.

Her reporting travels have taken her to sea with the Navy, to the Outer Banks of North Carolina to cover hurricanes and to Florida for a story on the National Hurricane Center.

One of the stories started her on a three-year project to build a park in a low-income neighborhood in Norfolk. She made it her personal project to get old unsafe playground equipment removed and new equipment donated. She enlisted her interns to help her mow grass, prune trees and dispose of trash, in order to make the park a safer place for children to play. She says that after three years, the city is stepping in to help. The project even attracted the attention and contributions of companies like Wall-Mart and Recycled Surfaces. In July the new playground equipment was installed.

Brittany is also serving a second year as President of the NORFOLK/VIRGINIA BEACH ALUMNAE ASSOCIATION. She has been instrumental in the reorganization of this group, which went several years without leadership. She is also on the board of directors of the Ole Miss Alumnae Association in Hampton Roads — quite a long list of accomplishments for a Kappa just now planning her 10-year reunion with her DELTA RHO pledge class. 

EDITOR'S NOTE: The Key welcomes the writer of this article, ANN GRAHAM SCHNAEDTER, Missouri, to her first term as a member of The Key Editorial Board. Ann replaces former Alumna News Editor NANCY VOORHEES LAITNER, Purdue, who has retired from this position, which she held from July 1996 to July 2001. The Key thanks Nancy for her outstanding service and dedication.

KAPPA TRAVEL FOR ALL AGES

NEW: RADISSON TAHITI CRUISE

**Jan. 26 -
Feb. 2, 2002**

Deluxe, small ship-320 passengers, excellent service, prepaid tips, complimentary beverages, \$100 per person on board credit, if booked and deposited same day. FREE air from Radisson

gateway cities! \$2,355 pp. dbl. occ. deluxe outside categories at F&E. Sail on the luxury Paul Gaugin ship visiting Tahiti, Bora Bora, Moorea and Papeete. **Call Nancy Grow 800/654-4934.**



TREASURES OF CHINA AND THE YANGTZE RIVER

March 21 - April 5, 2002

See the Yangtze River before it's too late! In 2003, the dam that is now under construction will flood the scenic Yangtze gorges forever! This fabulous all-inclusive river cruise and land tour visits the best of China and the upper

Yangtze river. See Shanghai, Suzhou, Wuhan, Xi'an (terra cotta warriors) and Beijing. Roundtrip air from West Coast gateways included with unusually low air add-ons from other gateways. Meals, land tours and cruise shore excursions plus transfers included. This 16-day travel treasure, aboard an American managed ship, is exceptionally well priced at just \$2,898 pp. dbl. **Call Linda Singleton 800/522-8140.**

FLORIADÉ AND THE CHELSEA FLOWER SHOW

May 14-25, 2002

Experience Floriade 2002 – the famous international horticultural exhibition held only once per decade! Spend five nights in Amsterdam and see the best of the horticultural world including the world's largest bulb display at the Keukenhof Bulb Exhibition, private garden visits, a flower auction and much more. Stay in London five nights and see the equally famous Chelsea Flower Show; enjoy garden visits and more! If you've a passion for flowers, this trip is a must for you. Land package, \$3,391 pp. dbl. occ., single supp. only: \$698. Book early! Very limited space for this rare opportunity.

Call Linda Singleton at 800/522-8140.



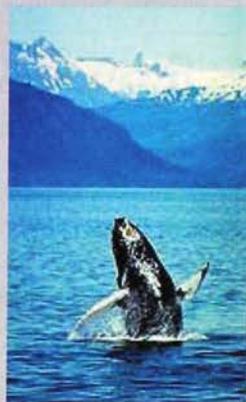
ALASKA CRUISE

**June 29 -
July 6, 2002**

Make this your year to see big, bold, beautiful Alaska. Sail aboard the deluxe *Ocean Princess*, which features personal

choice dining. Our 7-day cruise will delight you with wildlife, glaciers, fjords and charming seaside ports including Skagway, Ketchikan and Juneau. See College Fjord and Glacier Bay. Great 3rd and 4th person rates and a wide variety of shore excursions make for a wonderful family vacation. Prices start at \$1,129 pp. dbl. occ. Optional land tour to Denali Park available.

Call Nancy Grow 800/654-4934 for best cabin selections.



ITALY'S MAGNIFICENT LAKE DISTRICT

July 22-30, 2002

Journey with Alumni College Aboard to northern Italy's Lake District and live among the famous Lakes Maggiore and Como with their breathtaking natural beauty, wonderfully situated among the soaring, snow-capped southern Alps. Stay in a village off the beaten path,

enjoy lectures by the locals and have everything taken care of in one price – sightseeing, meals, accommodations, airfare and lectures all for \$2,395.

Call 800/323-7373 for further information.



CALLING ADVENTURE SEEKERS! If you're a soft adventure enthusiast, you'll love these excellent trips next summer! **BICYCLE** through France's Loire Valley on a 10-day sojourn from just \$3,245, inc. air. Easy to moderate. **RIVER RAFT** — a true American experience on the Colorado River. Camp at pristine river beaches, hike at your leisure and ride the rapids on this 5-day journey. Great for families too. From approx. \$979. **Call Linda Singleton 800/522-8140.**

For more information contact Kappa Travel Coordinator VERA LEWIS MARINE, Colorado College, at kkgtrav@aol.com or call 626/446-3870 or

614/228-6515.

**KAPPA
TRAVEL**



If you would like to receive the KAPPA TRAVEL newsletter via e-mail, please send your request to kkgtrav@aol.com. Keep up to date with complete details on our latest travel selections plus helpful travel tips. Be the first to know — stay connected! (You may disconnect at any time.)

The Foundation Is Here for You

As President of the Kappa Kappa Gamma Foundation, I was shocked and outraged, just as you were, with the horrifying events of September 11. Despite these tragedies, I am looking forward to tomorrow with hope and confidence.

As Kappas, what will we do in the days to come? We will be ready, and we will be alert. If a sister has fallen and is no longer able to meet the demands of life, we will step in and bring help. The Rose McGill Fund is prepared to meet the needs. But we can only help if we know where the needs are.

I have met and corresponded with many of you recently. I know that it will take some time for many of you to

know what the needs really are. Just remember, through these next passing days of uncertainty, your Kappa sisters, who are the volunteers and staff of the Kappa Kappa Gamma Foundation, want to help you if we can.

If you know of a sister who does need help, please tell her we have assistance available. I want each of you to know that you are in our thoughts and prayers. For those of you living close to ground zero, we are standing behind you. I know that the sun is shining again in your lives as you characteristically demonstrate the kind of tenacity of spirit that will never be defeated. You are women who possess the steel will to overcome whatever challenges

you face. I hope it is comforting for you to know that we, your Kappa sisters, care about you. I know that you will continue to look for all that is good, true and beautiful in life.

Loyally,



Patsy Levang

PATSY BREDWICK LEVANG,
North Dakota State
Foundation President

Rose McGill Fund Helps Sisters in Need

The Rose McGill programs help members in times of severe financial distress. You do not need to be directly affected by the events of September 11, 2001, to apply for Rose McGill programs.

This program was established in 1922 to give confidential aid to deserving Kappas of all ages who unexpectedly find themselves in financial need due to misfortune or illness. The idea for this aid was the inspiration of BETA PSI CHAPTER, Toronto, when one of its members, ROSE MCGILL, became ill and found herself in dire financial need.

Aid Categories: Rose McGill Confidential Aid for Undergraduates —

Recipients are chapter members who find themselves suddenly in severe financial need. This aid is given for a one-time emergency or for an

extended period, depending on the severity of the need. It is designed to help those Kappas facing termination of their pursuit of higher education.

Rose McGill Confidential Aid for Alumnae —

Recipients are Kappa alumnae facing challenging situations such as a mother raising a family alone, a member suffering from short-term financial need, an elderly Kappa who has no family to help, or other Kappas in severe financial need. Aid is confidential and may be given one time or for on-going care.

Emergency Assistance Grants of \$500 - \$1,000 are provided from the Rose McGill Fund to initiated Kappa undergraduates who face a sudden but short-term financial emergency. A recipient must be a full-time student and active in her chapter. Applications are available during the school

year and are processed from August 1 to April 1.

Circle Key Alumna Grants provide assistance for alumna members who are pursuing part-time continuing education for career advancement or re-training. Grants are awarded based on need, merit and individual goals for study at a college, university, vocational or technical school. They are designed for part-time study, usually for a specific course. Applications are accepted and processed throughout the year.

Holiday Sharing —

The Rose McGill Holiday Sharing Program began as a Kappa "family" support system for Rose McGill Confidential Aid recipients. Chapters, alumnae associations and individuals are invited to participate in this program where they are matched with a Rose McGill Kappa to help fill her needs and wants and to make the holidays a happier time.

Kappas Receive \$433,750 in Scholarships

- A total of 155 Kappas have been awarded academic scholarships from the Foundation for the 2001-2002 academic year. These awards total \$433,750 in support from the Foundation.
- More than 330 Kappas applied for the scholarships. This is a 50 percent increase from the previous year.
- Applications for the 2002-2003 academic year are due by February 1, 2002.

Applications for scholarships or Rose McGill programs are available by contacting:

- Kappa Kappa Gamma Foundation, P.O. Box 38, Columbus, OH 43216-0038
- By calling the Foundation office at 866/KKG-1870
- Downloading from the Web site: www.Kappa.org
- Contacting your chapter or association President
- On the 2001 Fraternity Resource CD (supplied to chapters and alumnae associations)

Stewart House Dedicates Restored Charter Room

On October 12, 2001, The Stewart House in Monmouth, Ill., dedicated the Jean Hess Wells Memorial Charter Room. Letters from one of the Fraternity's Founders, LOU STEVENSON, report that the Constitution and Charter of Kappa Kappa Gamma Fraternity were signed in the front parlor of Founder MARY "MINNIE" MOORE STEWART's family home.

The Stewart House Committee has restored the "charter room," to what it may have looked like during the late 1800s. The room was named and dedicated in memory of JEAN HESS WELLS, *Georgia*, former Fraternity President (1976-1980). "Jean was the first liaison between the Fraternity and The Minnie Stewart Foundation in the early 1990s during which she provided guidance and inspiration for the preservation of our founding home. During this time, she visited The Stewart House many times and the parlor held a special place in Jean's heart. She looked forward to the day when the parlor could be restored to its prairie-style Victorian beauty where our Kappa Founders so gallantly organized the beginning of our great sisterhood.



Portraits by Buff

Jean Hess Wells Memorial Charter Room

Upon Jean's death, she bequeathed a substantial amount to be used toward the restoration of the parlor, for which The Stewart House was truly grateful. With her spirit in mind, the parlor restoration began and with great excitement the culmination of Jean's vision was celebrated with the dedication of the Jean Hess Wells Memorial Charter Room. We encourage all Kappas to visit The Stewart House and become immersed in Kappa history," says SUSAN BOWMAN FARR, *Texas Christian*, Museums Chairman.



New Foundation Appointments

The Foundation Board of Trustees has appointed CAROL MACARI BOWMAN, *Monmouth*, as The Stewart House Chairman; MARY KENDALL MHOON MAGINNIS, *LSU*, as Development Chairman; and SUSAN BOWMAN FARR, *Texas Christian*, as Museums Chairman.

Kappa Kappa Gamma Receives Award of Merit

In September 2001, Kappa Kappa Gamma was honored as a recipient of the 2001 Ohio Historic Preservation Office Award of Merit for the preservation and restoration of 530 East Town Street in Columbus, Ohio, as the Heritage Museum of Kappa Kappa Gamma.

The Ohio Historic Preservation Office is part of the Ohio Historical Society and annually recognizes the outstanding contributions to the preservation of Ohio's historic, architectural and archaeological resources. The Ohio Historical Society is a nonprofit organization incorporated in 1885 "... to promote a knowledge of archaeology and history, especially in Ohio."

Apply Now for the 2002 Heritage Museum Internship

The Heritage Museum of Kappa Kappa Gamma in Columbus, Ohio, is now accepting applications for the 2002 CATHERINE SCHROEDER GRAF SUMMER INTERNSHIP. This is a 12-week paid internship available to members who have an interest in the field of museum studies, history, art, women's studies or other related field. Please contact Archivist/Curator, KYLIE TOWERS, *Simpson*, at 866/KKG-1870, ext. 129, or at ktowers@kappakappagamma.org. Applications are due by February 1, 2002.

In Case You Missed Them on TV... Meet Our Two Miss America Contestants

And the new Miss Ohio 2002 is ...

When NATALIE WITWER, *Miami (Ohio)*, heard her name, she could not believe she had won. As the former Miss Teenage America 2000, she was on her way to the Miss America Scholarship Program (formally known as the Miss America Pageant).



Miss Ohio 2002 **Natalie Witwer**, *Miami (Ohio)*, made her state proud when she appeared in the televised Miss America Scholarship Program in September.

With the excitement came a little sadness. Natalie realized that being crowned Miss Ohio would prevent her from going back to school in the fall. "This is going to be hard for me ... I have close relationships with all of my friends," says Natalie. A dean's list student, Natalie felt the bonds of sisterhood immediately. "When I walked into the Kappa house during recruitment I felt really warm and accepted."

According to Natalie, the Miss America directors have strived to change the image of the pageant, including changing the name to the Miss America Scholarship Program. "It takes a lot of substance for each young woman to compete. The interview is the most important part." Natalie's experience with Kappa membership recruitment helped to sharpen her conversation and interview skills.

Natalie began entering pageants three years ago to promote her passion for helping young people. She also welcomed the opportunity to serve as a role model. As Miss Ohio, Natalie's platform, "Youth Ministry Starts at the Core," focuses on helping youth rise above social pressures. She emphasizes prevention and treatment of eating disorders, coping with terminal illness, drug and alcohol abuse prevention and abstinence.

Natalie's life has changed dramatically but the one thing that won't change is the support of her Kappa sisters. "The chapter's encouragement has played a really important role in my success. You need people who love and support you from all angles of your life and it was great to have that support from my chapter."

No Ordinary Saturday Night

One Saturday night this past July, STACY JAMES, *Baylor*, found her life forever changed when she was crowned Miss Texas 2002. "This is going to give me so many opportunities and open so many doors for me," said Stacy, who has participated in pageants since age 16.

Stacy began competing in pageants due to her love of singing and entertaining. She had also become involved with the Alzheimer's Association — creating and selling three CDs with proceeds benefiting the organization. It's no surprise that Stacy has made "Alzheimer's Awareness — Educate a Nation" her platform. As Miss Texas, she is educating people about the disease. In honor of Stacy's dedication, the Alzheimer's Association gave her a community service award in her hometown, Texarkana.

Stacy feels that today's pageant system is a place where the modern woman must be incredibly well rounded. The interview and platform have taken on primary importance, which she considers a positive change from the past.

(continued next page)



Miss Texas 2002 **Stacy James**, *Baylor*, had many fans cheering her on when she made it to the top 20 Miss America contestants in September.

Kappa has played an important role in Stacy's success. "I have acquired so many skills through Kappa: communication skills, working together with a group, and leadership abilities." Some of her best supporters are Kappa sisters. In fact, a group of Kappas traveled to the Miss Texas Pageant to cheer her on. "Without all of these people I would not have had the strength to go on," Stacy says.

After her reign as Miss Texas, Stacy plans to attend law school at the University of Arkansas at Little Rock. But for now she is reflecting on her life and the changes before her. One thing that won't change is her love for Kappa. "I have made so many wonderful friends whom I will stay in contact with for life," says Stacy.

— By ALLISON GREINER, *Ohio State*

Working Together for Good

BETA ETA^A, *Stanford*, coordinated a 3.2-mile walk/run entitled "Kappa Krusiers Walk for Women!" Fueled by Krispy Kreme donuts and coffee cake, the Kappas raised \$5,000 for the Support Network for Battered Women in Mountain View, Calif.



Beta Eta^A members pause for a picture during the Kappa Krusiers Walk for Women.

ZETA SIGMA, *North Texas*, is on a roll with philanthropic activities. The women began the semester by dancing the night away at Heritage Nursing Home. Before hitting the dance floor the Kappas took time to beautify some of the senior guests who were interested in a touch of color to the face and curl to the hair. Members also rode horses with the children of Riders Unlimited, a therapeutic solution for children, and sponsored the Adopt-A-Spot program, to rehabilitate highways.

EPSILON PSI, *UC Santa Barbara*, helped educate women about their sisters around the world with the "Women Unite" program. Three women from different countries (India, Japan and Lebanon) came together to discuss their personal experiences. The guests also highlighted the political implications of women's actions in

countries around the globe. The Epsilon Psi members rallied students with fliers and pleas for support. The women succeeded in getting the chancellor's ear—they were awarded \$100 to help fund the talk.



Epsilon Psi members pose with "Women Unite" speakers.

GAMMA OMEGA, *Denison*, used membership recruitment events to decorate folders for the children attending Kappa Kidney Camp in Ohio. The folders were designed to help the campers keep their stationery and artwork organized while at camp. (See Page 27.)



Kappas from central-Ohio area chapters enjoy team-building exercises with children at Kappa Kidney Camp.

Perseverance Pays

For the tenacious women of ZETA MU, *Virginia Tech*, less than the best wasn't good enough. The relatively new chapter—founded in 1985—didn't feel it was getting the recognition it deserved. So, two years ago the chapter set out to win awards and succeeded by bringing home four trophies from the annual Greek Awards. And that number has continued to grow. Just recently the women earned seven awards, including Most Improved Scholarship, New Member Scholarship, Outstanding Scholarship, Oak Lane House of the Year, Honorable Mention for Panhellenic Participation, Internal Programming and Athletics, and two awards for individuals.

Sharing Kappa History

The women of ZETA CHI, *Marist*, enjoy the distinction of being able to share the rich heritage of their chapter with the students and faculty of the university. Kappa is the first fraternity at Marist to have a display case with a copy of the book, *History 2000 ... Kappa Kappa Gamma Through the Years*, a copy of *The Key*, a bowl given to Zeta Chi upon its installation and awards garnered at the Province Meeting.



Zeta Chi members at an Alzheimer's Awareness Walk.

SIGMA, *Nebraska*, was singled out by the university newspaper recently with a feature article. Founded in 1884 — just 15 years after the university was founded — Kappa was the only women's fraternity on campus. At the time, most universities were open only to men. The article points out that Kappa Kappa Gamma was a refuge for strong women seeking a congenial group of peers. Today, with 12 sororities on campus, Sigma Chapter feels a great deal of satisfaction in being the first. Member WENDY HICKS was quoted as saying, "It's a source of pride. Our house is an historic landmark now."

Secret Recipe Wins Big

EPSILON ALPHA, *Texas Christian*, won \$350 with its secret "Kappa Recipe" during the Kappa Chili Cook-Off. The money was donated to the Fort Worth Youth Shelter. After soaking up the exhilaration of winning, members enjoyed the sounds of Cary Pierce and his band.



Epsilon Alpha members pose with recording artist Cary Pierce of the band, Jackopierce, at the Kappa Chili Cook-Off.

Collegiate Scholarship Report

Spring 2001 Results

Chapters at or Above All-Sorority GPA

REGION 1:

Alpha Province
Colgate

Beta Province
Allegheny
Carnegie-Mellon
Penn State
Pittsburgh
Washington and Jefferson

REGION 2:

Gamma Province
Akron
Miami (Ohio)

Nu Province
Centre

REGION 3:

Mu Province
Clemson
Emory
Georgia Southern

Xi Province

Arkansas
Tulane

Theta Province
Southern Methodist
Texas

Texas A&M
Texas Tech

REGION 4:

Delta Province
DePauw
Indiana
Purdue

Epsilon Province
Minnesota
Wisconsin

Zeta Province

Kansas
Kansas State
Nebraska
Simpson
Westminster

REGION 5:

Iota Province
Idaho
Washington
Washington State

Eta Province
New Mexico
Colorado State
Wyoming

REGION 6:

Pi Province
Cal. State, Fresno
UC Davis

Kappa Province
Cal. State, Northridge
San Diego

Scholastically Ranked 1st on Campus

REGION 1:

Alpha Province
Colgate

Beta Province
Allegheny
Carnegie Mellon
Penn State

REGION 2:

Nu Province
Centre

REGION 3:

Mu Province
Emory

Theta Province
Texas Tech

REGION 4:

Zeta Province
Kansas State

REGION 5:

Eta Province
Wyoming

Iota Province

Washington State

REGION 6:

Kappa Province
Cal. State, Northridge

Members with 4.0 GPA

REGION 1:

Alpha Province
Colgate
Caroline Olson
Barri Shorey

Beta Province

Carnegie Mellon
Kelly Caranchini
Cheryl Ciesielski
Rebecca Frederick
Elissa Lapide
Elizabeth Page-Gould
Saskia Schneikart
Maria Simos

Penn State

Caroline Curammeng
Jeris Cox
Emily Murphy
Leslie Parker

REGION 2:

Gamma Province
Cincinnati
Michelle Holley

Miami (Ohio)

Annamaria Aguirre
Carrie Gilson
Margaret McRedmond
Kerry Mueller

Lambda Province
Virginia Tech.
Heather Lowman

Nu Province

Kentucky
Natalie Beaven
Julie Cianella
Rebecca Colley
Kristin Dawkins
Rachel Dunaway
Katherine Fitzpatrick
Libby Green
Kelly Harris
Shelley Hays
Michelle Lefebvre
Jenny Lynch
Danielle Malluche
Stacy Martinez
Kathy McDonald
Laura Menne
Sara Merten
Amy Poston
Elisabeth Ray
Michelle Ribling
Sandy Schomaker
Annie Warnock
Jaclyn Wilson

REGION 3:

Mu Province
Florida State
Rebecca Brosch
Suzanne Clark
Lindsay Holmes
Nicole Ryals
Amanda Stein
Jennifer Vogias

Furman

Kaye Brownlee
Marisa Poston
Beverly Roberts
Jenna Wilson

Georgia

Evelyn Brewer
Margaux Charbonnet
Catherine Coan
Kasey Drew
Cynthia Fulenwider
Meaghan Goodwin
Jessica Harrison
Kristin Jolly
Jessica Manning
Whitney Nations
Amanda Penn
Lauren Powell
Jennifer Rigamer
Katherine Swope
Laura Taylor
Kristen Vorhoff
Kimberly Williams
Georgia Southern
LeighAnne Ferguson
Julie Gresham
Mandy Sayer
Sara Sellers
Malinda Vest

KAPPAS *On Campus*

Miami
Danielle Breslof
Kara Cressey
Melissa Zappile

Xi Province

Arkansas
Erin Bednarz
Katie Bell
Amanda Billingsley
Laura Bunten
Amelia Burton
Taylor Caldwell
Margaret Depper
Jennifer Duty
Catherine Eldridge
Jamie Fotioo
Mitzi Hardy
Sommer Huff
Amanda Manatt
Jessica Maxey
Emily McCoy
Joy Moore
Candace Nobles
Lauren Peterson
Anna Reed
Sammi Shadid
Leigh Shirey
Sommer Steifer
Meredith Switzer
Lauren VanBebber
Jordan Walden
Rachel Whaley
Sarah Wilcox
Patricia Willis
Ashley Younger

Mississippi

Marlene Bown
Lauren Covert
Dottee Dupuy
Lauren Ephgrave
Jennifer Gibson
Bea McCrosky
Meghan Nadeau
Ann Taylor
Emily Webber
Jenny Zeleskey

Tulane

Ellen Goldberg
Winifred Harrington
Tara Klein
Rachel Sweeney

Theta Province

Oklahoma State
Jennifer Buckley
Regina Bussey
Corey Farrell
Andrea Frederick
Sarah Gareis
Sarah Hedges
Erin Hurst
Amanda Hyden
Janie Johnson
Jennifer Roof
Lisa Schilt
Brooke Schultz
Alana Smith
Carrie Steelmon
Sara Wirt

Southern Methodist

Molly Brock
Elizabeth Heard
Hadleigh Henderson
Melissa Lee
Margaret Peavy

Whitney Roberts
Jennifer Roy
Carrye Rudolph

Texas

Alyson Alexander
Christy Badgewell
Carrie Bass
Hayley Buck
Mary Clark
Allison Colley
Katherine Cook
Lindsay Crossin
Carly Evans
Sara Ferguson
Haley Florsheim
Mary Rose Getschow
Allison Hunt
Carolyn Lee
Leigh Leshin
Lacey Luckett
Katherine McCrary
Molly Meyer
Morgan Miller
Jacquelyn Nacol
Rise Orsini
Lauren Pruitt
Sarah Robinson
Patricia Rudd
Frances Shanks
Susan Simons
Caroline Snell
Brooke Stephens
Kate Thompson
Erin Trimble
Kelly Vanderploeg
Lizzie Wagner
Melissa Watson
Chamlee Williams

Texas A&M

Robin Hughey
Kelly Jons
Amanda Jost
Cory Langston
Alicia Lippold
Marissa Lopez
Lucy Marsh
Andrea Mohan
Jennifer Montgomery
Amanda Reece
Tracey Roark
Reagan Rutherford
Laura Speck
Liz Wardlaw
Beth Weynand
Lindsey Whitt
Kacie Wilcox
Kelln Zimmer

Texas Christian

Abbe Boeka
Shelley Corder
Kirsten Craig
Whitney Farrar
Nicole Felt
Courtney Grand
Tracy Haverty
Emily Hennessey
Ann Hollimon
Kathryn James
Katrina Kanetzky
Laura McClure
Olivia Mitchell
Rachael Petterson
Paige Reeve
Sasha Richards
Rachel Shirley

Summer Sides
Banner Winans

Texas Tech.

Whitney Ashby
Madeline Boles
Abigail Clark
Jennifer Conn
Shannon Corkery
Kasey Dunnihoo
Abigail Frances
Rachel Gray
Katie Green
Heather Halbert
Amy Keffler
Molly Lunsford
Emily McMahon
Tawny Mertes
Krista Miller
Adrienne Moose
Kristen Perry
Ashley Sorenson
Kristen Spillman
Brooke Swallow
Kristen Tarbox
Denise Vest
Janey Veteto

Tulsa

Christine Bergeron
Nadine Bissonette
Laura Dillon
Jen Geffert
Caroline Johnson
Megan Papenfuss
Sara Ryser
Jennifer Smith

REGION 4:

Delta Province

Michigan

Heather Bruce
Brooke Kirchner

Michigan State

Nicole Golda
Kristi Nohl

Epsilon Province

Illinois

Traci Galvanoni
Kristina Grant
Megan Jackson
Purva Kelkar
Shannon Moore
Katherine Morris
Rebecca Triska

Illinois Wesleyan

Emily Erhart
Allison Friedrich
Katherine Roth
Michelle Stone
Cindy Thorson

Wisconsin

Virginia Bartleson
Erika Wilson
Jessica Wood

Zeta Province

Iowa State

Hilary Coffman
Tara Goedjen
Lindsay Mueller

Kansas

Erin Brower
Simmy Lancaster
Kari Miller
Megan Murphy
Alicia Peterson

Ruthie Ramseyer
Nikki Richardson
Crissa Seymour
Ashley Souders
Kate Weber

Kansas State

Kristen Anderson
Ashley Becker
Elizabeth Bergkamp
Jessica Boileau
Leslie Bolz
Lindsay Bose
Karen Bowser
Kelly Burton
Kendra Ceule
Megan Christensen
Gretchen Dieckhaus
Heidi Dieckhaus
Ashley Dunbar
Rayanna Ezell
Lindsey Fair
Terra Frieling
Suzanne Goering
Jennifer Grecian
Erica Guries
Jessica Koran
Marissa Krug
Amanda Lewis
Carolyn Pirtle
Lauren Posladak
Julie Quackenbush
Laurie Quaife
Emily Ramsey
Emily Ripple
Linsey Roth
Leslie Small
Monica Stafford
Andrea Stiens
Kendra Strandmark
Kara Wallace
Julie Williams
Amanda Wolken

Nebraska

Christina Crowe
Kristin Cunningham
Jessica Holmes
Brooke Jambor
Rebecca Kling
Kelly Knolla
Sara McClean
Chrissy Mruz
Jennifer Norman
Patricia Peterson
Jennifer Quandt
Margaret Reichmuth
Elizabeth Saunders
Sara Schlichting
Jamie Shada
Allison Stangel

Washington Univ.

Erica Davenport
Jennifer Devitt
Amy Druckemiller
Jessica Marrero
Yael Mizrahi
Jessica Newman
Megan Schraedley
Karin Testa
Laura Yates
Eve Agna
Michelle Elson
Elizabeth Fowler

Westminster

Katherine Clouse
Devon Hawkins

Brooke Haygood
Ruchi Kalra
Ellen Marting
Sarah Marting
Stacey McDowell
Pamela Miranti
Sarah Morff
Valerie Stuart
Amber Thompson

REGION 5:

Iota Province

Idaho

Alyson Bookey
Jill Coles
Marni Hayes
Leanne Henzelka
Kathryn Jonakin
Andrea Julian
Melanie Kreizenbeck
Kelsea Kuntz
Kaye Moore
Sidney Strong

Washington State

Amanda Anderson
Liz Divers
Rachel Rutz
Amanda Tews

Washington

Jennifer Bild
Kelsey Brewer
Rachel Conte
Jennifer Jones
Carin Selm

Eta Province

Colorado State

Jenny Cavnar
BreeAnn Gallegos
Katherine Robinson
Sarabeth Shimanski

New Mexico

Allison Audette
Ashley Leach
Marcie Leininger
Amy Weber

Wyoming

Stacy Cunningham
Joanna Morris
Christine Robinson
Ellen Rutherford

REGION 6:

Pi Province

Stanford

Akhila Kosruju
Sara Herman
Erin Maurer
Kate Reilly
Meagan Lansdale
Christy O'Connor

Cal. State, Fresno

Brooke Boone
Taryn Shillings

Kappa Province

Southern Calif.
Jessica Pagano
Kate Healy

Based on reports received at Headquarters by October 8, 2001.



The **Denver Alumnae Association's** "Night Owls" hosted a carnival at Children's Hospital. Activities included face painting, coloring contests, games and finger painting, along with cookies, candy and juice. The response was heartwarming. One child had refused to talk or eat during his hospital stay. By evening's end, he was laughing, eating and talking to everyone.



Tyler, Texas, area alumnae celebrate the holiday season with a mother-daughter tea. The event also honors newly recruited collegians. Pictured are **Jennifer Moore Gaston**, *Texas A&M*; **Jane Hartley Coker**, *Southern Methodist*; **Elizabeth Lilly** and **Ann Johnson Lilly**, *Texas Christian*.



These **Rho**, *Ohio Wesleyan*, 65-year Kappa best friends formed a round-robin group in 1936 and have been getting together since then. They have remained friends as couples throughout the years and hold reunions, such as this one at Amelia Island Plantation in Florida, whenever possible.

JoAnn Barr Harris, *Kansas State*, left, and **Georgia Johnson Chandler**, *Kansas State*, entertained the **Wichita Alumnae Association** with an original song to celebrate 75 years of their association.

Sung to the tune of "Dearie," it hilariously recounted the association's history — mishaps as well as successes.



The "550-Year Club" of New Mexico is so named because each of the 11 members pictured are 50-year Kappas and are active in their alumnae associations in **Albuquerque** and **Santa Fe**. They plan several "get-togethers" every year to celebrate friendship and loyalty.





Edmond (Okla.) Alumnae Association members host a holiday cookie party for Kappa moms and daughters. The theme last Christmas was "A Teddy Bear Tea Party." Guests brought teddy bears to donate to the Edmond Police Department for use with children in difficult situations. Pictured are association President **Laura Crawley Barber**, collegian **Shanna Deakins** and her mother, **Sherilee Fisher Deakins**, all *Oklahoma State* Kappas.



The **Sandhills Alumnae Association** in Pinehurst, N.C., used Kappa symbols on its entry in the local "Festival of Trees." Members collected old door keys then painted them gold. Heart-shaped cookies, gold fill-gree heart-shaped lights and tinsel completed the "Key to Our Hearts" theme. The auction of trees raised \$115,000 for the Children's Center in Sandhills.



Members of the *UCLA* pledge class of 1963 gather in Santa Monica. They spent a Saturday at the **Gamma Xi** chapter house having lunch and visiting their old rooms. After a weekend of laughter, catching up and reminiscing, plans are underway for the next reunion.



Commencement at the University of South Carolina was especially significant for a collegian as she was welcomed as a Kappa alumna. Shown, following the May ceremonies, are **Patricia Carter Smith**, *Alabama*, **Mary Livingston Gray**, **Suzy Rasheed Brown**, **Kathy Kaiser Stafford**, and graduate **Olivia Stafford**, all *South Carolina*.

Surprise Meeting at Inaugural Ball

KATHERINE DANIELSON SANDERS, *Northwestern*, and MELISSA MURER, *Drake*, members of the NORTHERN VIRGINIA ALUMNAE ASSOCIATION, were surprised to find themselves side by side at the Texas-Wyoming Inaugural Ball in Washington, D.C., as they waited for the president and first lady to arrive. Neither knew the other would be among the 10,000 attending. Melissa met President Bush when he was governor of Texas. Katherine had attended the Republican Convention and served on the inaugural planning committee.



Katherine Danielson Sanders, *Northwestern*, and **Melissa Murer**, *Drake*.

Volunteer of the Year

AMELIA GRINER WILLIAMS, *Georgia*, was named "Volunteer of the Year" by the Brevard Symphony Orchestra in Melbourne, Fla. She has served on the board of directors for 18 years, and was cited for "sustained significant contributions, which have helped ensure the continued success of the Brevard County Orchestra."

A member of the BREVARD COUNTY ALUMNAE ASSOCIATION, Amelia serves on the boards of WMFE, Orlando's Public Broadcasting Station, the Brevard Cultural Alliance, and the King Center for the Performing Arts, a facility serving 500,000 Brevard-area residents. In addition, Amelia owns and operates cotton farms in Georgia. She and her husband, John, have two daughters and two grandchildren.



Amelia Griner Williams, *Georgia*, is named "Volunteer of the Year" by the Brevard Symphony Orchestra.

Friendship Renewed Through Travel

SUE ANN ZIMMERMAN LEHMKUHL and her Kappa "little sister," NANCY BURKE BICKFORD, *San Jose State*, discovered this iris painting in their hotel room in Paris last March, a fitting finish to a trip that took them through the South of France. This was their second journey abroad together. Though they had kept in touch through the years via Christmas cards, it was when Sue Ann learned of Nancy's recent widowhood that the two teamed up for a trip through Italy in 1999. Their renewed friendship has come at a stage in their lives when it is especially cherished.



Sue Ann Zimmerman Lehmkuhl and **Nancy Burke Bickford**, *San Jose State*, discovered this iris painting in Paris.

Panel Explores Women's Challenges

Alumnae associations finding difficulty planning programs that appeal to a wide range of ages and interests might take a lesson from an event held by the CHARLESTON (S.C.) ALUMNAE ASSOCIATION. Though many alumnae are busy career women with families, leaving little time for meeting attendance, four of them shared their time and experience by presenting a panel discussion on the challenges facing professional women in 2001.

This panel on business success was moderated by ALYSON WISE STEELE, *DePauw*, a 50-year Kappa who had recently retired after 35 years as owner and president of



Charleston Alumnae Association members **Teresa Morrill Lynch**, *Hillsdale*; moderator **Alyson Wise Steele**, *DePauw*; **Laura Hoke Skatell**, *Clemson* and **Melissa Mole Westerhold**, *South Carolina*, lead a forum on "Mapping the Road to Business Success for Women."

Uniform Staffing Service. She had been the recipient of many business awards and was honored as one of the top 50 Michigan businesswomen of the 1990s.

Panelists were TERESA MORRILL LYNCH, *Hillsdale*, an insurance defense lawyer; LAURA HOKE SKATELL, *Clemson*, owner and marketing director of Skatell Jewelry; and MELISSA MOLE WESTERHOLD, *South Carolina*, a pharmaceutical sales representative.

Panelists discussed whether there would be a woman elected as U.S. president or a woman CEO of companies such as GM or IBM. They explored why more women than men own small businesses, why women are paid 72 percent of men's salaries for doing the same job, and if this might change in the future. The panel talked about projected growth areas for business in the new millennium. Part of the discussion focused on streamlining life and managing work and home commitments, plus how to search out "women friendly" industries.

After the presentation, the moderator asked for audience feedback, allowing the women to share experiences and challenges, and retirees to explain how they had solved similar problems. This type of meeting obviously appealed to all age groups, from recent graduates to 50-year Kappas and beyond. It was Charleston's best-attended meeting in several years.

A Passion for Volunteering

A firm believer in the importance of giving time in one's community, NAN HAYNES WHEELER, *Wisconsin*, is the current president of Sun Health Auxiliary, Sun City West, Ariz. In this position, she oversees the activities of more than 3,000 volunteers. The organization provides service in 250 positions at health facilities in Sun City and has contributed \$5.2 million for medical equipment since 1970.

A member of the SUN CITIES ALUMNAE ASSOCIATION, Nan has also served as president of the PASADENA (CALIF.) ALUMNAE ASSOCIATION and as House Board President at Pi^α CHAPTER, UC Berkeley. She is also a supporter of the Symphony Guild and the West Valley Art Museum. She is responsible for starting a docent program at the museum. When asked about the benefit of volunteerism, she says, "I think it is good for the community, but I think it is better for the individual. People enjoy being needed."



Nan Haynes Wheeler, Wisconsin, is an active community volunteer.

Alumna Crowned Ms. Senior Oregon



Dora Moore Eldred, Idaho, is Ms. Senior Oregon.

IDORA LEE (DORA) MOORE ELDRED, *Idaho*, was crowned Ms. Senior Oregon, a competition open to women age 60 or over. She will compete for the title of Ms. America Senior in December. She has also competed in Senior Olympics, winning a gold medal in shot put, silver and bronze in javelin and discus. A realtor, owner, broker for 30 years, she has served as president of the Salem, Ore., Association of Realtors and the Salem Chamber of Commerce.

Then and Now ...



The **Delta Tau, Southern Cal.**, pledge class of 1950 met in Palm Desert 50 years later and duplicated the pose from their pledge picture. Back row: **Helen Rollow O'Mara-Larson, Rita Harris Hilton, Marilyn Alexander Green**. Seated in front, **Marilyn Merkle Turner and Shirley Littrell Myers**.

Friend to Friend

Friend to Friend is a local crisis center for women who suffer from domestic violence. THE SANDHILLS (N.C.) ALUMNAE ASSOCIATION accepts donations during each meeting and delivers them to the crisis center's office. The center keeps the alumnae informed as to their current needs.



Virginia Lopez and Heather Trevarrow of Friend to Friend Crisis Center (left) accept paper products from association President **Claire Chamberlain Bryant**, *Colorado College*.

Silent Auction Helps Teens

Four BETA UPSILON, *West Virginia*, alumnae relived college memories while overseeing a silent auction at the Georgetown Pediatrics Gala in Washington, D.C. Proceeds benefit two programs run by Georgetown's Pediatrics Department: Teens in Recovery, which provides substance abuse education, and an anti-violence program, which works with schools and communities to promote positive social behavior.



Adrienne Taylor, Meegan Mills, Denise Hupp and Mary-Kay Brewer, all *West Virginia*, volunteer during a silent auction to benefit pediatric programs.

Angel Tree Wins First Place

JACKSONVILLE (FLA.) ALUMNAE ASSOCIATION members show off their award-winning "Angel Tree," which won first place in the club/organization category during the annual "Festival of Trees." These Kappas have participated in this philanthropy since its inception three years ago. They vote on their theme in October and decorate in November. Sales of the trees benefit a local food bank that provides food and personal care items to migrant workers, plus groceries for 100 families a year. Proceeds also benefit Grove House, a refuge for young adults with developmental disabilities, providing them with skills training and vocational support as well as housing.



Jacksonville (Fla.) Alumnae Association members show off their award-winning "Angel Tree."

Senior Send-Off

The AUSTIN ALUMNAE ASSOCIATION annually holds a "Senior Send-Off" to bid farewell to graduating seniors. This year the newest BETA XI, *Texas*, graduates were invited to participate in the centennial celebration of their chapter on May 3 and 4. Festivities were held at the new Bob Bullock State History Museum and the Texas campus.



Event co-chairmen **Debby Russell Burns** (left) and **Debbie Merritt Willson**, *Texas*, (far right). Chairmen for their Pledge Class are graduating seniors **Lizzie Wagner Perry** and **Eloise Wiley** (cen-

Volunteer Honored

ERIKA ESSER SHORNEY, *DePauw*, a member of the OAK PARK-RIVER FOREST (ILL.) ALUMNAE ASSOCIATION, was recognized recently for her community contributions with the Margaret R. Houck Award for Volunteerism and Stewardship.



Erika Esser Shorney, *DePauw*, (center) receives an award for volunteerism and stewardship from Margaret Houck (left) for whom the award is named. On the right is last year's recipient, Ruth Blankshain.

During her 24 years of service to the Auxiliary of West Suburban Hospital Medical Center, Erika has donated 5,600 volunteer hours of service. Starting with the coffee shop and craft cart, she also worked as gift shop chairman and buyer, on up to foundation board member and auxiliary president. She has served as chairman or member of every committee during 17 years of "Celebration," an annual event that has raised \$14 million for the auxiliary. The auxiliary's recent support for hospital projects includes \$1 million to the Center for Breast Care and Women's Health.

Erika's energies don't stop with the Hospital Auxiliary. She has served as PTO president, on the Oak Park-River Forest Community Foundation Board, president of the Oak Park-River Forest Community Associates of the Art Institute of Chicago, and president of Children's Memorial Hospital Guild. She is also a member of Infant Welfare and Ravinia Women's Board (for cultural events).

Other interests are golf, a book club and an investment club for women that she helped form. Her friends say her "greatest strength is that she draws others in with her enthusiasm."

"Bring A Bachelor Event" Helps Children

The ATLANTA ALUMNAE ASSOCIATION not only knows how to have a successful fund-raising event but how to turn it into a Panhellenic event as well. Members raised \$4,500 for Make-A-Wish Foundation, and invited all the

other Atlanta Panhellenic alumnae associations to get involved.

The goal of the "Bring A Bachelor Event," now in its second year, was to raise money for Make-A-Wish, and increase membership for all Atlanta-area Panhellenic alumnae associations.

Twenty-one different Panhellenic alumnae associations participated in this "mixer." Publicity was free, and a Chi Omega alumna promoted the event on a local radio station. Others set up a Web site and an e-mail address. Sorority alumnae were asked to bring a bachelor to this social event. Participants could pre-register or pay at the door, and all proceeds came from entry fees.

About 400 attended and the women were asked to fill out sorority alumnae information forms. These were later forwarded to presidents of the various area alumnae associations so they could get these young women involved in their associations.

Make-A-Wish Foundation volunteers manned the registration table so all the participants could enjoy the music and refreshments. This crowd of young professionals had an evening of fun, worked together to contribute to a worthy cause, and enjoyed friendships in the Panhellenic sisterhood.



The **Atlanta Alumnae Association** raised \$4,500 for Make-A-Wish Foundation with the help of other Atlanta Panhellenic alumnae groups through the "Bring A Bachelor Event."

Honored by Girl Scouts

The Girl Scouts of Cottaquilla Council, Anniston, Ala., honored JULIETTE PERSONS DOSTER, *Alabama*, with its Women Committed to Excellence Lifetime Achievement Award. *The Anniston Star* refers to her as "the original steel magnolia" for her tenacity in fund raising. She has steered a local hospital from near bankruptcy, helped launch the Alabama Shakespeare Festival and co-founded the Hospice of East Alabama.



Juliette Persons Doster, Alabama, received the Women Committed to Excellence Lifetime Achievement Award from the Girl Scouts.

going somewhere. She admits, "If I have any attribute, it's that you can't get rid of me."

A Flair for Holiday Decorating

MARY LOU GRIFFITH GARDINER, *Missouri*, is known in her Spokane, Wash., neighborhood for her extensive holiday home décor. She starts decorating her home near Comstock Park in mid-November and it has become, over the years, such a huge display that she's never surprised when even repairmen who have worked at her house stop by to see it.

She has traveled the world and has bought nativity figures from practically everywhere. She doesn't know exactly how many sets she has, but they adorn every surface in the house. Over the last 25 years, the decorating has just snowballed. For instance, an area rug featuring the 12 days of



Mary Lou Griffith Gardiner, Missouri, is known for her extensive holiday home décor.

For five decades, this ANNISTON ALUMNAE ASSOCIATION member has been involved with activities such as delivering lunches to Habitat for Humanity volunteers and helping a local fifth grader with reading. She led the local chapter of the League of Women Voters in the 1950s and has served on the Civil Service Board. She says that when bank presidents see her name on their schedule they know some money will be

Christmas anchors the living room. Santas, choirboys, teddy bears, and other Christmas figures fill couches, chairs, counters and tables, and poinsettia lights arch over the front porch. One would have to see it all to believe it.

So that her friends may enjoy her efforts, she holds several dinner parties in December. But when the holidays end, Mary Lou finds she's so fond of some of the choirboys, ceramic singing nuns and nativities, that a few stay out year-round for her to enjoy.

Outstanding Principal Honored

The Idaho Association of Secondary School Principals has recognized DR. KATHLEEN BRASSEY MCCURDY, *Idaho*, a middle school principal in Boise, as the Outstanding Mid-Level Secondary Principal in the state.

She has been instrumental in bringing the concept of team teaching to a 65-year-old inner city school. A core of instructors teaches the same group of students in different subjects. They meet daily to discuss their students' progress and can easily ferret out any potential problems. While some parents don't like this new system, and a few teachers have left, the teachers staying in the program have high praise for it and feel it gives them more options for instruction and discipline. They have seen standardized test scores increase at this school and the number of detentions and suspensions decrease.



Dr. Kathleen Brassey McCurdy, Idaho, a middle school principal in Boise, as the Outstanding Mid-Level Secondary Principal in the state.

Kathleen's school, North Junior High, is Boise's oldest public school for middle grades, dating back to the Depression. Now a city landmark on North End, it may not have some of the advantages of Boise's newer junior high schools, but she started this team teaching concept partly because she knew she would have to address the needs of a less affluent student body.

Her leadership skills are geared to empowering people, not dictating, and her vision and leadership have made a distinct mark on this school, its teachers, and most important of all, their students.

Alumna Honored by University

MARTHA GARNER ALBERS, *Denison*, was one of five alumni of her university honored for their contributions to their professions, their communities and their school. Denison has awarded these alumni citations since 1949.

Martha was instrumental in the founding 14 years ago of Haven House in her hometown of Poplar Bluff, Mo., after several years of fund raising, intensive organizing and advocacy.

This shelter for battered women now serves 950 people each year, providing childcare classes, counseling and employment assistance.

After graduating Phi Beta Kappa from Denison, Martha earned a master's in theology from Vanderbilt University Divinity School. She spent many years teaching at several colleges and currently serves as a volunteer chaplain at a local hospital. Her volunteer activities



Martha Garner Albers, Denison, was one of five university alumni honored for contributions to their professions, communities and school.

include several other organizations, including Vanderbilt and Denison, where she is on the 50th Reunion Committee for the Class of 1951.

Martha's contributions to her community were recognized in 1988 when Southwestern Bell Telephone Company and the Greater Poplar Bluff Chamber of Commerce honored her as "Bell Volunteer of the Year."

Three Kappas Among 10 Honored

Three University of Utah Kappas were among 10 alumni honored last spring with their university's Emeritus Association Merit of Honor Award.

EDNA ANDERSON-TAYLOR, Utah, a radio and TV personality, may be remembered as "Miss Julie" on Romper Room, and from several national television commercials. Besides her media work, she was a founding member and president of American Women in Radio and Television. She has been a fund-raiser for several charitable organizations and made many monetary contributions to various organizations, including Kappa Kappa Gamma. She and her husband, Jerold M. Taylor, have established the Edna Anderson-Taylor Department of Communications Scholarship fund to be awarded bi-annually to a non-traditional student.

LORNA HIGGS MATHESON, Utah, is immediate past-president of the University Alumni Association Board of Directors and is currently chairman of the Alumni Association Capital Campaign. Her long list of accomplishments includes serving as President of the SALT LAKE ALUMNAE ASSOCIATION, chairman of the Foster Family Program for the University of Utah's Athletic Department, vice-president of the Salt Lake School



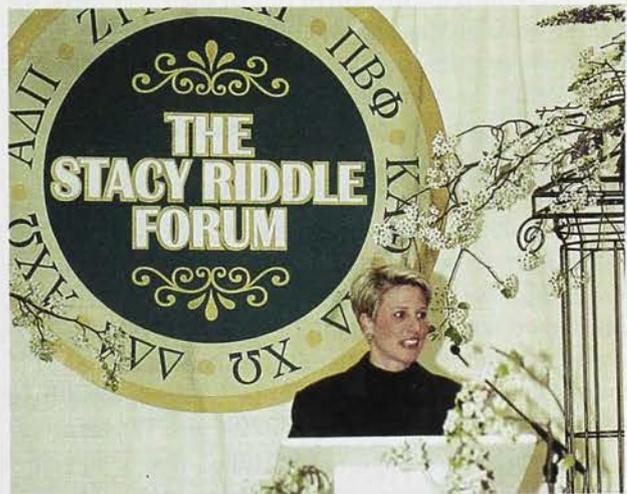
Edna Anderson-Taylor, Lorna Higgs Matheson, and Janet Horsley Nelson, Utah, are honored by the University of Utah.

District Board of Education and more. She also has managed her husband's dental office for 30 years.

As an undergraduate, **JANET HORSLEY NELSON**, Utah, was Phi Beta Kappa and President of DELTA ETA CHAPTER, Utah. For the past 30 years, she has been a community advocate, volunteer and philanthropist. She was involved with the development of Alliance House in the 1970s, including being its first board president. This psycho-social rehabilitation facility assists adults suffering from serious mental illnesses and works to return them to productive lives in the community. She has served on the Utah State Board of Mental Health and assisted in drafting the Utah Plan for Services for the Seriously Mentally Ill. For this work, she and her husband, Norman D. Nelson, were named 1999 recipients of the Norman S. Anderson, M.D. Award.

Chapters Enjoy New Panhellenic Center

Thanks to the foresight and tenacity of **STACY RIDDLE BAUMGARTNER**, Baylor, the Baylor University campus now has a Panhellenic building where all the sororities finally have a central meeting place and storage facilities.



Stacy Riddle Baumgartner, Baylor, speaks at the groundbreaking ceremony for the Stacy Riddle Forum, a Panhellenic facility at Baylor University.



Epsilon Upsilon, *Baylor*, members join other Panhellenic groups to wield ceremonial shovels at groundbreaking for their new building.

Stacy first learned about the building project from a flyer sent to alumni. She enlisted the help of her father, Don Riddle, also a Baylor alumnus, her husband and the family's Riddle Foundation in becoming the major contributor to the project.

Baylor has more than 1,600 women in nine sororities with no housing and storage. Stacy and her father, with the support of University President Robert Sloan, spearheaded a successful fund-raising campaign. Now, the Stacy Riddle Forum stands as a tribute to this Kappa and her strong belief in the Panhellenic system. The sororities now have a place to meet and a facility where they can work on Homecoming floats or all-university sing acts.

Alumnae Fund Grief Counseling Center

PHILADELPHIA ALUMNAE ASSOCIATION members have been instrumental in funding Peter's Place, a new facility on the Main Line offering grief support to young people. This philanthropy recipient is near and dear to these alumnae. Named for the son of one of their members, the center opened in May and will offer comprehensive help to children experiencing the death of a parent, sibling or friend. Volunteer counselors will help in three age categories: Ages 3-5, 6-12 and teens, addressing different developmental stages.

The idea for the facility began in 1999 after the death of 10-year old Peter Morsbach. ELEANOR MCGRORY MORSBACH, *Southern Methodist*, and her husband, Dick, were instrumental in organizing the center as a memorial to their son. It is patterned after a nationally renowned bereavement center in Portland, Ore., known as the Dougy Center, more than 100 similar establishments have been started in the United States in the past 17 years.

The association's major fund-raising event, a cocktail buffet and silent auction called "The Party," also raised funds for Kappa Kappa Gamma scholarships and the Rose McGill Fund, as well as three other organizations.



Participating in "The Party" fund-raising effort are four former **Philadelphia Alumnae Association** Presidents. **Gay Chuba Barry**, *Penn State*, (left) presently serves the Fraternity as Chairman of Publications. She is a former Fraternity Council member and Loyalty Award recipient. Next to her is **Linda Harrison Dutton**, *Miami (Ohio)*, chairman of "The Party," **LaVon Gehrke Arms**, *Colorado College*, and **Eleanor McGrory Morsbach**, *Southern Methodist*, Peter's mother and co-founder of Peter's Place.

But, the main recipient was Peter's Place, and these Kappas were proud to be initial donors.

Greek Gala Celebrates 150 Years

RUTH BRANNING MOLLOY, *Pennsylvania*, represented Kappa at the first Greek Gala at the University of Pennsylvania, celebrating 150 years of Greek-letter groups on the campus. Kappa was the first women's group, established in 1890. The University established a Greek Honor Roll to recognize annually "...those Greek alumni who have demonstrated outstanding leadership, service and loyalty to their national fraternal organization or to the local Penn chapter while achieving success in their chosen vocation." Ruth was the recipient of the Year 2000 Philadelphia Panhellenic Award.



Ruth Branning Molloy, *Pennsylvania*, and **Carol Ann Trimble Nordheimer**, *Pennsylvania*, at the University's Greek Gala. Above Ruth's head is a photo of the former **Beta Alpha Chapter** house.

Recipient of the University of Pennsylvania's Alumni Award of Merit in 1964, RHEVA OTT SHRYOCK, *Pennsylvania*, was selected as a member of the Inaugural Class of the honor roll. Rheva was a nationally noted parliamentarian and served the Fraternity in a number of positions, including Fraternity President from 1936-1940. She received the Fraternity's Alumnae Achievement Award in 1962 and the Loyalty Award in 1968. It is in her name that the Shryock gavels, donated by the Philadelphia Alumnae Association, are presented at Kappa's biennial General Conventions.

Getting the Railroad on Track

She may not have made the trains run on time, but she made them run faster and on newer, better equipment. ELIZABETH (LIZ) SNOW SOLBERG, *Michigan*, oversaw the removal of dozens of underground storage tanks to pave the way for a cleaner environment, better traffic safety and improvement of downtown business zones, which border the Wabash River and Purdue University. It took this capable and determined Kappa to carry through on a plan developed almost 30 years ago to remove 41 grade crossings in Lafayette, Ind.

Described as enthusiastic and passionate about her work, Liz also possesses technical knowledge, a knack for future planning and the ability to get all kinds of people working together successfully. She admits that some might find her "obsessive about details." As assistant proj-

ect manager of the railroad relocation project — the most expensive city project Lafayette has ever undertaken — her attention to detail must have been a plus.

Always a concerned environmentalist, Liz had spent 10 years heading up a statewide water quality task force funded by the Environmental Protection Agency. Joining the railroad relocation office in 1980, she became manager and city department head just seven years later. She also supports the community as a founding board member of Leadership Lafayette, president of the Greater Lafayette League of Women Voters, chairman of the West Lafayette Environmental Commission and currently co-chairman of Vision 2020, a strategic planning process for Greater Lafayette.

Association Celebrates 50th Holiday House Tour

Congratulations to the KANSAS CITY (MO.) ALUMNAE ASSOCIATION on its 50th annual Holiday House Tour, December 4-5, 2001. The idea for the holiday house tour was brought back from a General Convention more than 50 years ago. Tickets for the first house tour were \$1, which included tours through six homes. Since then, approximately 250 homes have been decorated and opened to the public, and more than \$1,117,000 has been raised.

Two-thirds of the house tour proceeds have been distributed locally while one-third has been given to the Kappa Kappa Gamma Foundation. To learn more about this successful event, contact JANICE WEBER TALGE, *Missouri*, via e-mail at jwthstcam@msn.com.

Kappa Authors

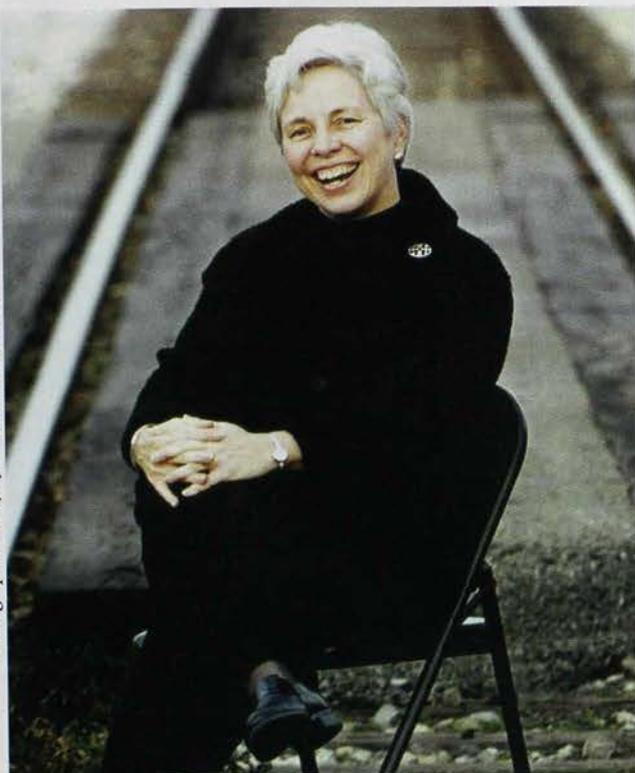
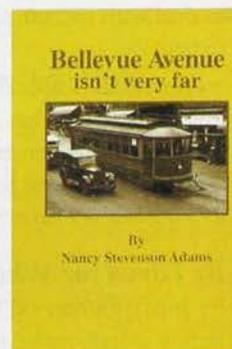
Bellevue Avenue Isn't Very Far

By NANCY STEVENSON ADAMS, *St. Lawrence*
Dirty Creek Publishing Company
133 pgs., \$6

Remembering what life was like for a child growing up in the 1930s, Nancy describes a small girl's attempt to understand the rules adults impose on their children. With warmth and humor, she recounts incidents that remain unspoiled by the troubles of the Great Depression.

Saying, "I spent the first 10 years of my life learning how not to behave," Nancy nevertheless titles two chapters "You've Got to Be Careful with Pea Shooters" and "By George, I Did as I Was Told."

A sequel to *All the Way Down to Bellevue Avenue*, Nancy also wrote *The Big Fat Cardboard Year*.



Elizabeth (Liz) Snow Solberg, *Michigan*, oversees major city improvements.

Social Work in Public Health and Medical Care

By VIRGINIA INSLEY, *Washington*
Syracuse University Library
146 pgs., \$15



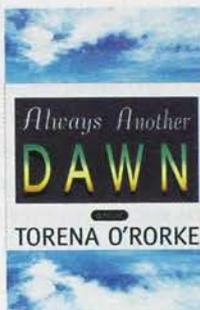
Referred to variously as a “life story,” a “personal memoir” and a “professional biography,” this book describes one woman’s pioneering work in the development and enhancement of service, to families, especially women and children.

Retired Chief of Medical Social Work for the Bureau of Community Health Services, U.S. Public Health Service, Virginia worked in Washington State, Boston, Richmond, San Francisco and Washington, D.C., emphasizing the importance of preventive care through early detection and intervention. She believes that social workers must be vigilant in providing services, especially in using diverse methods to meet the needs of a diverse population.

Always Another Dawn

By TORENA O’RORKE, *Washington*
Sterlinghouse Publishing
218 pgs., \$11.95

This first novel tells a coming-of-age story based in Seattle during the Great Depression and World War II. It is historical fiction and features a young woman who, like the author, is a member of Kappa Kappa Gamma at the University of Washington. Two young women from culturally diverse backgrounds share a close friendship through adolescence and young adulthood and in the Women’s Air Service Pilots (WASP) program. They learn to deal with racism, chauvinism, nationalism and family dynamics.



A mental health therapist who says she has an active imagination and has always loved to write, Torena has other books under contract including *Flight from Gomorrah*, *Queen for a Day*, *Chasing the Moo* and *On a Wing and a Prayer*.

Be Loved for Who You Really Are

By JUDITH SHERVEN, *UCLA*, Ph.D., and
James Sniechowski, Ph.D.
Renaissance Books
288 pgs.; \$24.95

Pointing out that there inevitably will be “challenges in any long-term romantic love,” this married psychology team considers the growth process required by love. Subtitled “How the Differences Between Men and Women

Can be Turned Into the Source of the Very Best Romance You’ll Ever Know,” the book describes the four passages of what they call “the arc of love.” Beginning with “A Glimpse of What Is Possible,” through “The Clash of Differences” and “The Magic of Differences” to “The Grace of Deep Intimacy,” the couple presents a vision for life-long romance and spiritual fulfillment.

Hosts of their own radio show, with appearances on *Oprah*, *The View* and numerous other radio and television shows, this is the third book published by the couple and reviewed in *The Key*. It is available in hardback and audio book.

Kate Spade – Contents

By KATE BROSNANAN SPADE, *Kansas*, and Andy Spade
Kate Spade, New York, N.Y.
118 pgs., available in select kate spade stores

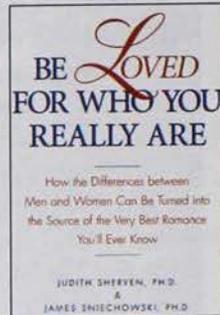
“While the outside of a handbag, backpack or briefcase has seemingly infinite aesthetic possibilities — its material, shape, handles, zippers, seams and pockets — isn’t it what’s inside the bag ultimately more compelling?” ask Andy and Kate Spade in their recently published book, *Contents*. In it, you’ll find page after page of photographs and descriptions of the contents of handbags belonging to actresses, editors, writers, singers, painters, poets, athletes, photographers and politicians.

“We’ve spent the past six years designing a line of handbags made out of everything from basic nylon to seersucker to authentic Harris Tweeds. Now we’d like to shift our focus from the outside of the bags and look inside.”

Shown here is one of the photographs. The description reads, “Art Dealer: Orange and gold Cartier ballpoint pen; green leather Hermés agenda with gold-edged paper; two yellow leather Hermés eyeglass cases with green leather straps; lime green Nokia cellular phone; dark green lizard Hermés envelope-shaped passport holder: U.S. passport, Mary Boone Gallery business cards and purple Post-its; lime green alligator wallet; yellow leather Hermés key holder:



Two keys; green leather Hermés Post-it holder: Small melon Post-its; Chanel Intensity 3 light beige double perfection makeup compact spf 8; Chanel tawny lipstick; Chanel aqua crayon color stick; Chanel cognac color stick; light blue Morgenthal-Frederics sunglasses.”



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Honoring Those We Have Loved and Lost

Let us, made richer by their memory, made stronger by their strength,
now live to a nobler purpose.

— From the Kappa Kappa Gamma Memorial Service

Kappa Kappa Gamma honors the following members who were lost in the September 11 attacks on the World Trade Center and the Pentagon. The Fraternity extends its deepest sympathy and encouragement to the loved ones of these Kappas and any victims about whom we have not yet been notified.

- **JEAN ROGER**, *Penn State*
Flight attendant on American #11
- **JEN KANE**, *Villanova*
Worked in the WTC
- **KALEEN PEZZUTTI**, *Cornell*
Worked in the WTC
- **NORMA LANG STEUERLE**,
Carnegie-Mellon
Worked in the Pentagon

Heartwarming responses to this tragedy have occurred across the continent. Candlelight vigils on campus, memorial services, moments of silence at Founders Day

gatherings, distributing and wearing pins made of red, white and blue beads, volunteering for Red Cross blood drives, and fund-raising events to benefit victims and families are just a few of the ways collegians and alumnae have been reaching out to each other and their communities.

Fraternity Headquarters has been notified of a number of Kappas who have lost family members and close friends in the September 11 attacks. As we all try to deal with the horror of recent events, the staff and officers of Kappa Kappa Gamma encourage members across the continent and around the world to offer support to one another and to stand united. Now more than ever will the strength of our sisterhood shine.

The Rose McGill Fund of the Kappa Kappa Gamma Foundation has been in existence since 1926 to aid or assist members who are in financial need,



Michelle Dudley, *North Texas*, washes cars for the September 11 Fund to help victims and families. A total of \$2,012 was raised.

including those who are affected by catastrophe. If there are Kappas who find themselves in need or if you know a Kappa in need, please contact the Foundation office at 866/KKG-1870 or dbrubeck@kappakappagamma.org.

I N M E M O R I A M

Names in this list are from information received by Fraternity Headquarters, June 22, 2001, through Oct. 4, 2001.

AKRON, UNIVERSITY OF
Edwards, Sally Worthington, '51, d. 08/01

ALABAMA, UNIVERSITY OF
Joy, Penelope Mc Lain, '31, d. 05/01
Poynor, Helen Worrell, '30, d. 12/00

ALLEGHENY COLLEGE
Collins, Elizabeth Ling, '39, d. 09/01

ARIZONA, UNIVERSITY OF
Dodd, Charlotte Loe, '34, d. 09/00
Ogg, Mary Frances Wilson, '43, d. 10/00

CALIFORNIA, U. OF, BERKELEY
Wright, Dorothy Storey, '23, d. 06/91

CALIFORNIA, U. OF, LOS ANGELES
Harper, Dorothy Mc Lester, '42, d. 07/01
Smith, Virginia Love, '26, d. 01/95

CARNEGIE-MELLON UNIVERSITY
Steuerle, Norma Lang, '68, d. 09/01

COLORADO, UNIVERSITY OF
Blakey, Vera Thompson, '36, d. 06/01
McDowell, Louise Sanborn, '18, d. 07/01
Underwood, Isabel Macalister, '31, d. 08/01

CONNECTICUT, UNIVERSITY OF
Baxter, Colleen Scott, '46, d. 08/01
Rippe, Harriette Smith, '46, d. 08/01

CORNELL UNIVERSITY
Cameron, Jane Allison, '38, d. 06/00
Geeseman, Cora Glasgow, '30, d. 09/01
Lansing, Alice Kendrick, '47, d. 09/01
Pezzutti, Kaleen, '92, d. 09/01

DEPAUW UNIVERSITY
Altman, Marian Angster, '54, d. 03/01
Brown, Carolyn Carlisle, '43, d. 01/01
Kirages, Betty Speropoulos, '55, d. 08/01
Marchese, Polly, '98, d. 05/01
Rogge, Pauline Van Horn, '22, d. 07/01

DENISON UNIVERSITY
Austin, Evadne Cragin, '35, d. 01/01
Davila, Margaret Scheibla, '43, d. 08/01
Kerr, Dorothy, '41, d. 04/01
Paul, Dorothea Miner, '38, d. 06/01

DRAKE UNIVERSITY
De Vries, June Smith, '45, d. 06/01
McConney, Polly Fagen, '50, d. 08/01

DUKE UNIVERSITY
Lawrence, Laura, '31, d. 07/01

GEORGE WASHINGTON UNIVERSITY
Cecil, Laurretta Slocum, '42, d. 03/00
Dancu, Constance McDavitt, '56, d. 07/01
Mitchell, Elaine Berry, '39, d. 03/01
Stoddard, Marcia Stauffer, '31, d. 08/01

GEORGIA, UNIVERSITY OF
Doub, Margaret Miller, '48, d. 03/01

***GOUCHER COLLEGE**
Whiting, Anne Wright, '33, d. 02/01

HILLSDALE COLLEGE
Drake, Patricia Killam, '32, d. 07/01

ILLINOIS WESLEYAN UNIVERSITY
Harrington, Melissa Forshey, '83, d. 09/01

ILLINOIS, UNIVERSITY OF
Lindsay, Nancy Phalen, '39, d. 08/01

INDIANA UNIVERSITY
Baker, Elinor Sieber, '35, d. 05/01
Smith, Susan Hussey, '33, d. 08/01
Stevens, Ruth Campbell, '49, d. 09/01
Van Valer, Suzanne Cauble, '43, d. 07/01

IOWA STATE UNIVERSITY
Gottschalk, Carol Grenawalt, '66, d. 04/01

IOWA, UNIVERSITY OF
Thompson, Mary, '25, d. 01/98

KANSAS STATE UNIVERSITY
Hill, Amy Partridge, '81, d. 08/01
Sealey, Jane Currier, '35, d. 07/97
Stone, Joyce Pennington, '31, d. 07/01
Weidlein, Nina Harris, '26, d. 05/01

KENTUCKY, UNIVERSITY OF
Ellison, Sarah Gaitskill, '36, d. 07/01
Hail, Mary Turney, '56, d. 05/99
House, Virginia Alsop, '36, d. 09/01

LOUISIANA STATE UNIVERSITY
Peck, Marie Bomke, '36, d. 04/01
Toledano, Juliana Woodfin, '57, d. 10/00
Walker, Nancy, '61, d. 12/00
Warren, Malloy Wright, '47, d. 07/01

***MANITOBA, UNIVERSITY OF**
Leslie, Helen Grant, '43, d. 07/01
McCurdy, Grace, '35, d. 07/01

***MARYLAND, UNIVERSITY OF**
Buckwalter, Eleanor Jenkins, '43, d. 04/01

MASSACHUSETTS, UNIVERSITY OF
Behrmann, Marion Piper, '44, d. 01/01

MCGILL UNIVERSITY
Muir, Mary Beth Cowper, '50, d. 02/01

MIAMI UNIVERSITY
Deinhardt, Elizabeth Coffman, '43, d. 08/01
Graham, Anne Rathbun, '53, d. 07/01

MICHIGAN STATE UNIVERSITY
Griffin, Joan Coghill, '53, d. 07/01
Knappen, Martha Kelly, '42, d. 08/01
Simpson, Helen Mc Laren, '33, d. 06/01

MINNESOTA, UNIVERSITY OF
Cressy, Janette Merrill, '41, d. 07/01

MISSOURI, UNIVERSITY OF
Allardice, Patricia Sullivan, '42, d. 09/00
Lilley, Mary Collins, '40, d. 07/01
Price, Alice, '27, d. 04/01

MONMOUTH COLLEGE
Massengill, Diana Burgess, '55, d. 09/01
Merwin, Elizabeth Quay, '36, d. 06/01
Robb, Margaret Rathbun, '34, d. 09/01

MONTANA, UNIVERSITY OF
Maxey, Patricia Torrance, '28, d. 07/01

NEBRASKA, UNIVERSITY OF
Allen, Sarah Traub, '79, d. 07/01
Lecron, Harriett Gibson, '30, d. 07/01
Milliken, Nancy Moore, '50, d. 11/00

Monson, Louise Thygeson, '35, d. 05/01
Scott, Mildred Sandall, '27, d. 09/00
Stone, Jane Stein, '32, d. 05/01
Thiel, Cynthia Scouler, '62, d. 02/01
Thompson, Irene Hansen, '44, d. 06/01

NEW MEXICO, UNIVERSITY OF
Jourdan, Ann Chisholm, '43, d. 08/01
Kelley, Anne Robertson, '36, d. 09/01
McCanna, Virginia Shirley, '39, d. 05/01

NORTH CAROLINA, UNIVERSITY OF
Chamberlain, Claudia Estep, '75, d. 08/01

NORTHWESTERN UNIVERSITY
Dobyns, Jean Simpson, '29, d. 07/01
Horsting, Ruth Johnson, '37, d. 11/00
Plante, Barbara Barnes, '47, d. 07/01
Wilson, Caroline Cooper, '26, d. 06/01

OHIO STATE UNIVERSITY
McGavran, Marion Jaeger, '31, d. 01/01

OHIO WESLEYAN UNIVERSITY
Reed, Emily, '29, d. 05/00
Ross, Marjorie Bangham, '28, d. 08/01

OKLAHOMA, UNIVERSITY OF
Revard, Patricia Biddick, '47, d. 07/01
Robinson, Shirley Nelson, '48, d. 01/01

OREGON STATE UNIVERSITY
Davis, Carolita Hazeltine, '32, d. 05/01

OREGON, UNIVERSITY OF
Greenwood, Patricia Griffin, '44, d. 07/01

PENNSYLVANIA STATE UNIVERSITY
Roger, Jean, '96, d. 09/01
Waldmann, Arloa Betts, '46, d. 08/01
Dunn, Virginia English, '30, d. 06/01

***PENNSYLVANIA, UNIVERSITY OF**
Brumbaugh, Elizabeth Paul, '29, d. 08/01
Pope, Sidney Frick, '31, d. 08/01

PITTSBURGH, UNIVERSITY OF
Hess, Dolores Groke, '32, d. 07/01
Rowe, Jeanne Blackwood, '61, d. 02/96

PURDUE UNIVERSITY
Clark, Treva Berry, '37, d. 04/01
Lonsford, Florence Hutchinson, '33, d. 06/01
Paul, Mary Vannatta, '31, d. 07/01
Reif, Jeanne Charles, '44, d. 07/01

ROLLINS COLLEGE
Mulloy, Julia Bright, '50, d. 07/01
Thomas, Myra, '32, d. 06/01

ST. LAWRENCE
Coe, Mildred, '34, d. 05/01

SOUTHERN METHODIST UNIVERSITY
Garth, Janet Jones, '52, d. 05/01

STANFORD UNIVERSITY
Holbrook, Anne Page, '40, d. 08/01
Nisbet, Helen Downing, '28, d. 02/01

SYRACUSE UNIVERSITY
Connelly, Jean Cavanaugh, '44, d. 01/01
Melvin, Kathleen O'Hara, '48, d. 08/01

TEXAS, UNIVERSITY OF
Breithaupt, Antoinette Clemens, '28, d. 05/01

Lynch, Betty Stratton, '34, d. 10/00
Richards, Virginia Daniels, '37, d. 05/01
Smith, Mary Birdwell, '33, d. 08/01
Thomason, Patience Chance, '36, d. 04/01

TORONTO, UNIVERSITY OF
Mac Donald, Carol-Ann Duthie, '57, d. 08/01
McCrossan, Margaret Howell, '47, d. 08/01

TULANE UNIVERSITY
Cox, Mary, '53, d. 04/01

TULSA, UNIVERSITY OF
Burton, Kelli, '83, d. 07/01
Johnson, Cynthia Sellers, '59, d. 06/01
Wilson, Carol Hockenson, '52, d. 06/01

UTAH, UNIVERSITY OF
Adix, Shauna Mc Latchy, '50, d. 08/00
Burbidge, Grace Kirkham, '34, d. 09/01
Clark, Karen Petersen, '55, d. 08/01
Gallacher, Florence Hayes, '32, d. 07/01
Shields, Louise Ramsey, '41, d. 07/01

VILLANOVA UNIVERSITY
Kane, Jen, '97, d. 09/01

WASHINGTON STATE UNIVERSITY
Smith, Jean Paulsell, '30, d. 08/96

WASHINGTON UNIVERSITY
Baron, Marion Van Buren, '25, d. 01/99
Dean, Louise, '53, d. 07/01
Dee, Martha Jane Clark, '39, d. 07/01
Graff, Marjory Verser, '46, d. 08/01
Hamsher, Ann Armstrong, '32, d. 09/01
Neher, Virginia Smith, '30, d. 05/01

WASHINGTON, UNIVERSITY OF
Abbott, Edna Roth, '06, d. 09/01
Dunlap, Harriett Tibbals, '38, d. 06/01
Forsythe, Cathy Jensen, '69, d. 05/99
Storey, Helen Campbell, '40, d. 01/01

WEST VIRGINIA UNIVERSITY
Hill, Mary Pritchard, '45, d. 03/84
Honor, Mary Mc Enteer, '37, d. 08/01
Sines, Kathryn Bonham, '36, d. 03/99

WHITMAN COLLEGE
Henderson, Helen Huntington, '29, d. 06/01
Lindquist, Virginia Neace, '35, d. 07/01
Ludders, Barbara Bell, '40, d. 12/01
Reinbold, Margaret Ashlock, '57, d. 05/01

WISCONSIN, UNIVERSITY OF
Fox, Lorna Quarles, '30, d. 06/00

WYOMING, UNIVERSITY OF
Mauney, Lisa Cook, '86, d. 09/01
Sarvey, Cara, '93, d. 05/01
Taggart, Adele Shields, '38, d. 10/98
Williams, Margaret Sonnichsen, '37, d. 01/01

*Indicates inactive chapters.

In order for names to appear in "In Memoriam," verification and date of death must be sent to Fraternity Headquarters and Foundation Office, P.O. Box 308, Columbus, OH 43216-0308. Memorial gifts may be sent to the KKT Foundation.



Warm Memories

The photograph of the Boyd headstone [of KKT Founder LOUISE BENNETT BOYD] on Page 37 of the Spring 2001 Issue sent me into a warm cocoon of memories. Mr. J.C. Penney built a community for retired ministers and developed an experimental farm in conjunction with it. My father was a professor of Poultry Husbandry at this Institute of Applied Agriculture. We lived in Penney Farms (Fla.) from 1927-1930.

My mother, ELIZABETH WALKER LANSDEN, (Missouri, 1908), and Kappa Founder LOUISE BENNETT BOYD, *Monmouth*, became good friends during those years. I remember Mrs. Boyd as a beautiful and kind lady who kept small gifts of candy for my brother and me. When my family left Penney Farms in 1930, Mrs. Boyd gave my mother a novel, entitled *The Key*, in which she inscribed a loving thought and wishes for a safe journey.

In 1988 when I attended the General Convention in Florida (and received my 50-year pin), I took the book with me in order to donate it to Kappa's Heritage Museum in Columbus, Ohio. I thought it an appropriate place for a book from Mrs. Boyd's library and signed by her.

Kappa Kappa Gamma has had the single most profound impact upon my life. From the cradle to maturity, Kappa has been there for me. I always look forward to *The Key* and congratulate the Editorial Board for a superb publication.

— MARY CLARE LANSDEN CARRUTH, *LSU*

Correction

The profile on MITZI COLLINS, *Southern Methodist*, in the Fall 2001 issue (p. 29) credits an author incorrectly. The original article came from BEVERLY KNAPP PULLIS, *St. Lawrence*, Alpha Province Director of Chapters. In the process of editing for space limitations, Beverly's name was omitted as author. *The Key* apologizes for the mistake.

CLASSIFIED ADS



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Minnie Stewart Bears and Bunnies

Proceeds from the sale of these bears/bunnies support the restoration of The Minnie Stewart House, home of a Kappa Founder. Bears available in several sizes. Hand-knitted sweaters customized in any color with KKT, school letters, child's name, birth date — an ideal holiday gift! For information/order form, call CATHY WILLIAMS, *Monmouth*, at 703/0743-5010, or write: 6700 Bugle Call Place, Gainesville, VA 20155. Please send self-addressed stamped envelope.

JEWELRY COLLECTION

	14K	10K	GK	SS
1. Pin-On Badge Charm.....	\$157.00	\$112.00	\$52.50	\$--
2. Pierced Pin-On Badge Charm.....	125.00	90.00	50.00	--
3. Imperial Onyx/Crest Ring w/4 Pearls.....	222.00	161.00	--	74.00
4. Imperial Onyx/Crest Ring w/out Pearls.....	210.50	149.50	--	62.50
5. Dangle Ring.....	96.00	60.50	--	28.00
6. Round Signet Crest Ring.....	166.00	124.00	--	57.00
7. Wide Band Crest Ring.....	185.00	137.00	--	62.50
8. Mini Monogram Ring.....	121.50	86.00	--	39.50
9. Philly Swirl Ring				
All Syn. Sapphire.....	229.50	168.50	--	--
All Pearl (not shown).....	210.50	149.50	--	--
Alternating Syn. Sapphire/Pearl (not shown).....	223.00	162.50	--	--
Alternating Pearl/Diamond (not shown).....	286.50	226.00	--	--
Alternating Syn. Sapphire/Diamond (not shown).....	293.00	232.00	--	--
All Diamond (not shown).....	325.00	264.00	--	--
10. Vertical Incised Letter Ring w/out Enamel.....	172.50	118.00	--	45.50
11. Scottsdale Incised Key Ring.....	159.00	111.50	--	39.50
12. Blue Enamel Marquis Ring w/ Crest.....	159.50	118.00	--	51.00
13. Oval Raised Letter Ring.....	172.50	118.00	--	45.50
14. Oval Incised Letter Ring.....	172.50	118.00	--	45.50
15. Key Ring.....	172.50	118.00	--	45.50
16. GF/SS Oval Filigree w/ Engraved Vertical Letters.....	--	30.50 (GF)	--	31.50
17. GF/SS Large Round Filigree with Crest.....	--	55.50	33.00	34.00
18. GF/SS Small Round Filigree Charm w/Crest.....	--	50.50	28.50	29.50
19. GF/SS Heart Filigree w/ Engraved Horiz. Letters.....	--	20.00 (GF)	--	25.00
20. Crown Pearl Vertical Letter Lavalier.....	120.00	90.00	67.50	69.50
21. Vertical Letter Lavalier.....	45.00	30.00	10.00	15.00
22. Mini Vertical Letter Lavalier.....	30.00	18.00	10.00	15.00
23. Key Lavalier.....	43.00	30.00	15.00	15.00
24. Ingot Lavalier w/ Enamel.....	80.00	65.00	15.00	15.00
25. Staggered Letter Lavalier.....	45.00	30.00	10.00	15.00
26. Crest Lavalier.....	50.00	35.00	15.00	15.00
27. Heart Lavalier.....	45.00	33.00	15.00	15.00
28. Circle Lavalier.....	45.00	33.00	15.00	15.00
29. Mini Staggered Letter Lavalier.....	30.00	18.00	10.00	15.00
30. Horseshoe Keyring FOB.....	--	--	21.50	--
31. GF/SS Single Link Bracelet.....	--	14.50 (GF)	--	14.50
32. GF Festoon Bracelet w/1 Key.....	110.00	79.50	33.50	33.50
33. Key Bracelet w/Crest (7).....	370.50	232.00	91.50	91.50
34. Plain Double Letter Guard.....	--	35.00	16.50	--
Plain Single Letter Guard (not shown).....	--	30.00	14.50	--
35. Crown Pearl Single Letter Guard.....	--	65.00	36.50	--
Crown Pearl Double Letter Guard (not shown).....	--	80.00	53.50	--
36. Chased Double Letter Guard.....	--	40.00	20.00	--
Chased Single Letter Guard (not shown).....	--	30.00	16.50	--

Please specify chapter letters when ordering guards.



	14K	10K	GK	SS
37. Recognition Key Pin.....	\$--	\$22.00	\$6.50	\$--
38. Plain Special Award Key.....	--	62.00	--	--
39. Plain Bar Pin w/Greek Letters.....	--	62.00	25.00	--
40. Mono Recognition Pin.....	--	30.00	10.00	--

BADGES

For enameled letters add \$1.00 to the badge prices below.

41. Crown Pearl Badge.....	--	82.00	--	--
42. Alternating Pearl/Diamond Badge.....	--	162.00	--	--
43. All Diamond Badge.....	--	252.00	--	--
44. Plain Badge.....	--	45.00	--	--
45. Close Set Syn. Emerald Special Award Key.....	--	112.00	--	--
46. All Sapphire Badge.....	--	77.00	--	--
47. Alternating Syn. Sapphire/Pearl Badge.....	--	75.00	--	--
48. Alternating Syn. Sapphire/Diamond Badge.....	--	172.00	--	--
49. 65 Year Pin*.....		(thru HQ only)		
50. 50 Year Pin*.....		(thru HQ only)		
51. Fleur de Lis Pin.....	47.50	31.50	15.00	15.00
Fleur de Lis Pin w/3 Pearls (not shown).....	53.50	37.50	21.50	21.50
52. Staggered Letter Stick Pin.....	--	--	18.00	--
53. 50 Year Stick Pin*.....		(thru HQ only)		
54. New Member Pin.....	--	--	5.50 (WF)	--
55. Glass & Mirror Box w/Crest.....	--	--	29.00	--
56. Oval Metal Trinket Box w/Crest.....			(Discontinued)	
NOT SHOWN				
Official Recognition Dangles.....	25.00	18.00	8.00	--

(GK) Goklad is a 14K electroplate.

* Available through headquarters only.

NOTE: Subject to shipping and handling charges (5% of total order, minimum of \$2 and maximum of \$9). The prices above do not include neckchain; add \$5.00 to above prices for 18" gold-filled or sterling silver neckchain. Colored stones are synthetic; pearls and diamonds are genuine.

KKT



Individual badge orders may be placed directly with Burr, Patterson & Auld Company but cannot be entered into production without all engraving information (initials, Chapter and Initiation date). Please make sure that information is available when ordering. Chapter orders for badges MUST be prepared by Chapter Corresponding Secretary on official order forms obtained from Fraternity Headquarters.

NOTE: Returned or cancelled orders are subject to penalty. Prices are subject to change without notice. Prices are subject to state sales tax for Indiana and New York residents. Please allow four to six weeks for manufacturing. Subject to shipping charges.

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(Your occupation/interests will be added to the "Kappa Connection" database, which is only available to other Kappas.)

Send to Kappa Kappa Gamma Fraternity Headquarters, P.O. Box 308, Columbus, OH 43216-0308; kkgkq@kappa.org.

- web specials
- holiday, initiation express
- web gift registry
- group gifts & tees
- gift certificates

b. Traditional athletic design in choice of hooded sweatshirt (\$35), sweatshirt premium (\$27.50), sweatshirt 50/50 \$23, long sleeve tee (\$19), or short sleeve tee (\$14.) XXL: +\$5. Tell us what you want "in the circle" (see choices at right)



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- DAD
- MOM
- ALUM
- SIS
- GRANDMA
- GRANDPA
- MAN
- KID

a. 2001 ornament \$14 ea. 3 for \$36



h. Lined anorak sizes S-XL* \$49.00 Navy solid or with stripes in gold, green, red, orange or white School name in bars:: add \$5 2X+\$5



v. Flip flops full sizes 6-11 \$19.95

l. Athletic shorts, navy or heather \$12.50 S-XL, very trim fit.

Design your own letter shirts!

#3. GREEK LETTER OPTIONS! 9 oz sweat-shirt: \$29, High cotton sweatshirt: \$37, tee long sleeve \$27, short sleeve \$21 Premium Hoody \$48 Colors: navy, heather, oxford, more colors on web Size S-XL, (2XL +\$5)



Coupon "TWO SWEAT" \$5 off any lettered hood & sweatpant combo ordered together (thru 1/30/02)

more on line order on line or by calling 800-441-3877 we're here to help!

#4 Arch Letter: Premium Sweatshirt \$44, Hoody \$52 Garment color choices: Navy, heather, oxford



#5 Kappa Script Hood \$45, pullover hood \$42 or Prem. Sweatshirt \$39 Color choices: Navy, heather, oxford, Junior S-L (shorter length) or unisex S-XXL* add \$5 See web for measurements.

#6. Sweatpants 9 oz weight, no pockets: \$25 Higher cotton, with pockets: \$32 Unisex S-XL Colors: Navy, oxford, ash Other sweatpant colors & patterns on web.

z. Blue & blue fleece jacket regularly \$52 Special price \$37 Vest reg \$32 Now \$25. Both XS-XXL Run very large

d. bar kappa style hat in white or blue \$15.50 add school name between bands+\$2.00

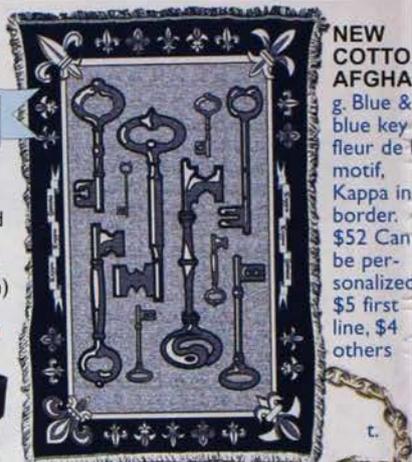


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Special 1-2-3 savings!
1. Microfiber tote "c"
2. Your choice of limited edition ornament from year 2001 ("a") '97,'98,'99, '00, (see web for selection)
3. hat "d" or visor "k"
Package regularly \$50 'TIL FEB. 1: \$42!

c. Microfiber tote with KKG panel \$22

k. Navy visor \$13



p. Lavalier
q. Horizontal key
r. Vertical key
All of the above Sterling \$14.50 10K gold \$28 14K gold \$42

t-s Tiffany style bracelet, heart or circle \$53

j. 9" blown glass blue irises, leaves, & vase \$10.50
Special welcome to Kappa card w/ blue ribbon add \$2.50.



Limoges boxes with KKG inside e. bows & keys design \$106 f. lattice design \$102



n. Handmade needlepoint pillow 10" \$29.50

Total tote deal!

- u1. new 13 x 14 gusseted tote with micro Greek letters: \$11.95
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